THE

Welcome Visitor

"Surely I Come Quickly. Even So, Come, Lord Jesus."

Vol. 7, No. 16. Weekly, 25 cts. per Year.

THE OHIO GONFERENGE.

"It is only as God sees his professed people eager to be laborers together with him, that he can impart to then light and grace; for then they will make every interest secondary to the interest of his work and cause."

∽ OHIO CAMP-MEETING RATES.

EXCURSION rates from all points in Ohio are granted to those attending the Ohio camp-meeting, on the following conditions:---

1. Each person desiring the excursion fare must purchase a first-class ticket (limited or unlimited) to the place of meeting, for which he will pay the regular fare of not less than seventy-five cents; and upon request, the ticket agent will issue a printed certificate of purchase of the standard form.

2. If through tickets cannot be procured from the starting point, tickets should be purchased to the nearest point where such through tickets can be obtained, and there purchase through to the place of meeting, and a certificate from the ticket agent at the point where each purchase is made should be requested.

3. Tickets for the return will be sold by the ticket agent at the place of meeting at one-third the first-class limited fare, only to those holding certificates signed by the ticket agent at point where through ticket to place of meeting was purchased, countersigned by signature written in ink by the secretary or clerk of the association, certifying that not less than one hundred persons holding standard certificates are present, and that the holder has been in regular attendance at the meeting, and vised by the special agent of the lines of the railway association.

4. It is required that a certificate be procured, indicating that full fare of not less than seventy-five cents has been paid for the going journey. It likewise determines the route via which the ticket for return journey should be issued.

5. Tickets for the return journey will be furnished *only* on certificates procured not more than *three days* before the meeting assembles (except that

ACADEMIA, OHIO, JULY 8, 1903.

when meetings are held at distant points to which the authorized transit limit is more than three days, the authorized transit limit will govern); nor more than two days after the first day of the meeting, and will be available for continuous passage only; no stopover privileges being allowed on tickets sold at less than regular unlimited fares. Certificates will not be honored unless presented within three days after the adjournment of the meeting. It is understood that Sunday will not be reckoned as one of the three days either before the opening date, or after the closing date of, the meeting.

6. A fee of twenty-five cents will be collected by the conference secretary upon presentation of each certificate to him, to pay the special agent for vising the same.

7. Tickets are not transferable.

Very Important Notice.

1. No refund of fare can be expected because of failure to obtain certificates, or to have them properly vised by special agent on date or dates arranged for him to be at the campground.

2. The date set for the vising of certificates by the special agent of the railways is Aug. 13, 1903.

3. If you arrive at the meeting before the special agent is there and leave before he arrives, or if you arrive after he has left, you cannot have your certificate vised, and will have to pay full fare for return trip.

4. Elder D. E. Lindsey is the Conference Secretary and will receive the certificates and fee of twenty-five cents. Present them as soon as possible after arrival at the meeting. The Secretary will be located in his tent, the same to be indicated by his name.

Now, dear brethren of the Ohio Conference, I entreat you by all that is desirable in the Third Angel's Message, and the appearing of our Lord Jesus Christ, that you immediately lay plans to attend this very important meeting. Let us make this the banner meeting of the Ohio Conference, in numbers present, in the outpouring of the Holy Spirit, and in the conversion of souls.

D. E. LINDSEY, Conf. Sec.

Application Made for Entry As Second-Class Matter.

SPECIAL NOTICES.

THERE will be a meeting of the patrons of the Mount Vernon Academy on the lawn near the building, Tuesday, August 11, at 9 A. M. The election of officers and other necessary business will be transacted.

H. H. BURKHOLDER, Pres. C. E. WELCH, Sec.

THE Ohio Conference Association of the Seventh-day Adventist church will hold its annual meeting for the election of officers and to transact such other business as will be necessary at that time, on the lawn at the Mount Vernon Academy, Mount Vernon. Knox County. The first meeting will be held Monday, August 10, 9 o'clock A. M. H. H. BURKHOLDER, Pres.

D. E. LINDSEY, Sec.

THE forty-second annual session of the Ohio Conference will be held in connection with the camp-meeting at Mount Vernon, Knox Co., Aug. 6-17, 1903. The first meeting of the session will be held Friday, August 7, at 9 A. M.

In our present Constitution, Article IV, I read: "All members of the Seventh-day Adventist Church, of the State of Ohio, in attendance at any regular session of this Conference, shall be delegates thereat." We trust that a goodly number of delegates will be present at the opening meeting.

H. H. BURKHOLDER, Pres. D. E. LINDSEY, Sec.

FORMER CAMP-MEETINGS HELD IN OHIO.

CLYDE, 1869; Clyde, 1870; Mansfield, 1871; Mansfield, 1872; Lexington, 1873; Bowling Green, 1874; Bowling Green, 1875; Norwalk, 1876; Newark, 1877; Tiffin, 1878; Spring Mills, 1879; Clyde, 1880; Plymouth, 1881: Delaware, 1882; Galion, 1883; Columbus, 1884; Springfield, 1885; Mount Vernon, 1886; Cleveland, 1887; Columbus, 1888; Mt. Vernon, 1889; Marion, 1890; Mount Vernon, 1891; Cleveland, 1892; Mount Vernon, 1893; Newark, 1894; Newark, 1895; Findlay, 1896; Springfield, 1897; Tiffin, 1898; Akron, 1899; Dayton, 1900; Canton, 1901; Coshocton, 1902.

FROM THE WORKERS.

"OURS is the seedtime: God alone Beholds the end of what is sown: Beyond our vision, weak and dim. The harvest time is hid with him." ---Whittier.

FROM JAPAN.

DEAR WELCOME VISITOR: Your visits are indeed welcome to those of us who have left friends and home and native land. To many it seems a wonderful thing to cross the ocean and give one's life to the heathen. But the novelty of the experience soon wears off, and only a true love for souls can sustain the missionary and keep him earnestly at his work. We are glad to report that we are well and of good courage in the work that brought us here.

We had baptism again last Sunday, June 7. There were five candidates. This is the second baptism we have had this year, making eleven candidates in all. All these have begun to obey during the past few months. There are others who have begun to obey, and who, we hope, will be ready for baptism soon.

The young men who have accepted the truth lately seem to have the true missionary spirit, and are letting their light shine. The universal complaint among the other churches in Japan is that there is a dearth of native laborers. The world offers so many inducements, that it is difficult to persuade young men to give up their lives to the work of the gospel. We are thankful for a truth that separates us from the world and closes the door to worldly ambition. So we have been glad to observe this spirit of labor among our young men. But our great need is a school where they can be trained for this work. We are doing what we can for them, but labor at a disadvantage. We should be able to offer them work that will furnish them some means of support while they are pursuing their studies; for they have given up all for Christ, and are dependent upon their own efforts for a living and an education.

The medical work was opened in Kobe the first of this month with a force of five workers. They report that they are getting settled in their new home, and are much pleased with the prospect for work there. Kobe is several hundred miles southwest from Tokyo. It is an important port, and contains over a quarter of a million inhabitants. The foreign population numbers about nine hundred, mostly English and Americans. The beginning of this work in Kobe will plant the truth in another large center, from which it can extend to the regions adjacent.

Again we ask that the friends in Ohio will remember us in their prayers. And we trust also that the needs of this field will not be forgotten. We were made glad by the reports from the General Conference of plans to greatly extend the work in the regions beyond. The work is one; and may the Lord help us all to labor heart and soul and strength until the work is completed. Then those who have gone to the ends of the earth with this message will enjoy a glad re-union.

F. W. FIELD.

Tokyo, June 11.

Springfield.

SABBATH, June 27, the Springfield church was favored with an able discourse by Elder W. H. Cottrell, of South Lancaster, Mass., based on Matthew 20, the call for laborers in God's vineyard, emphasizing the *last* call, near the close of the day, at the eleventh hour, and the last message of Rev. 14: 6-12.

In addition to our regular Sabbath service, we are now having young people's meetings on Sunday evenings at 6:30 P. M., followed at 7:30 by a sermon or Bible reading on the "Sure Word of Prophecy." Several from the outside attend these meetings and the interest is increasing.

J. G. WOOD.

Mount Vernon.

THE quarterly meeting held July 4 was conducted by Elder C. A. Smith and Prof. N. W. Lawrence. Although the weather was very warm, there was a good attendance, with an earnest spirit of devotion from first to last. The reading prepared for the day was first read, and a collection of about sixty-six dollars taken up for the Australasian field. The ordinance services followed, attended by the manifest blessing of the Lord.

During the past quarter, fourteen names have been added to the church roll, and none dropped. A sum of \$574.94 has been paid in tithes and offerings. A good club of the Signs of the Times, and of The Family Bible Teacher is taken by the missionary Considerable sewing and society. other work for the poor has also been done. For some time back, parents' meetings have been held, and the different periods of childhood and youth are being studied with an excellent interest. N. W. f.,

ELDER WATKINS, Piqua. O., writes: "Several are arranging to attend camp-meeting from Piqua and Laura. I am corresponding with others in District No. 6."

Millfield.

DEAR WELCOME VISITOR: Although you have not made us a visit since we started out in the tent work, yet we are persuaded that you are still making your weekly visits to others in the State and would be glad to carry them some information concerning the work in this part of God's vineyard.

We held our first meeting at this point on the evening of June 23, and from the first a deep interest has been shown by all. Our tent has been almost full every night. And all listen attentively and are thinking, as is shown, by the number of questions asked after services. The congregation is made up of the same people every night, which is an encouraging feature to us. Our prayer is to see sould start in the service of God. Pray for the work at this point.

> JAMES H. SMITH. F. M. FAIRCHILD.

Akron.

JULY 4 was a good day for our church. We were cheered by the presence of Elder Burkholder on this quarterly occasion. The first service of the morning was the baptism of two dear young people, and they with four others, who were baptized the previous Sabbath, were taken into church fellowship. This was followed by the ordination of one of our deacons, this being the first opportunity since his election.

Among the sixty who attended our quarterly meeting were two who recently started anew in the service of God; and another, a Servian, who is investigating our faith, met with us.

The Akron church is prospering and the work is onward in this city and some of the other towns where our members are located. A branch Sabbath-school has been organized in Barberton, and one will soon be organized in Ravenna: The Home Department has been added to our Sabbath-school, and thus we hope to take in every member of our church and others as well.

I praise the Lord for blessings upon us all. I am thankful for a part in giving this message. I have more readers than I can properly look after. Three who have not yet united with us are keeping the Sabbath. Pray for the work here.

ELLA M. TALMAGE.

HEALTH AND STRENGTH.

LESSON IX.

Thursday Breakfast.

Steamed Oatflakes Nut Fish Balls Breaded Tomatoes Poached Egg on Toast Bread Baked Apples Stewed Raisins

Graham Puffs

RECIPES.

Steamed Oatflakes.

Measure rolled oats into a kettle or basin and pour on three fourths as much salted boiling hot water; cover and place at once in the steamer to cook four hours; this is to be done in the afternoon. In the morning, without stirring, reheat in the steamer and serve. Thus treated the grain is much lighter and drier than when cooked as an ordinary mush.

Nut Fish Balls.

4 cup canned protose, 1 cup mashed potatoes, 1 tablespoon shredded cocoanut, salt, sage, and perhaps a little onion to season. Some light white bread may also be crumbled in if liked. Mash all together, form into balls and broil on both sides in an oiled frying pan. These balls may be formed in the afternoon or evening ready for breakfast.

Graham Puffs.

2 cups rich milk (cold as possible), 2 eggs, 3 cups graham flour, 1 cup white flour, $\frac{1}{2}$ teaspoon salt.

Break eggs into the milk, add salt, and, mixing the flours, beat in sufficient to make a batter that will readily pour from a spoon, yet stiff enough to pile up a little. Beat the batter until full of air, then pour into hot oiled gem irons and bake in a good oven for about 50 min., until dry inside and having a good erust.

F. O. RAYMOND.

WHY NOT EAT MEAT?

THIS question is often asked by persons who sincerely desire to know the truth, that they may be found doing right. It is a question too that Seventh-day Adventists should no longer treat with indifference, as not essential, but it should be considered as one that concerns our present and future salvation. Neither will it be denied by anyone who is correctly informed, that eating and drinking does affect our usefulness in the work of God. For it is written, "Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God. Give none offence, neither to the Jew, nor to the gentiles, nor to the church of God," 1 Cor. 10: 31, 32.

The manner in which Paul, the apostle, disposed of this question in his day may be not only interesting, but profitable to the readers of this article. "Wherefore, if meat maketh my brother to stumble, I will eat no flesh forevermore, that I make not my brother to stumble."—1 Cor. 8:13 (Revised Version).

Let us now consider some of the reasons why flesh meats should not be eaten.

1. The food that God gave man in his state of innocency, consisting of grains, fruits, and vegetables, we regard as the best food for man. Gen. 1:29, 30.

2. Those beasts which God pronounced clean, even before the flood, Gen. 7:2, are a second class diet.

3. The beasts which God pronounced unclean are third class diet. Their coarse and unclean habits make them far more unhealthful than clean beasts.

4. The practice of eating the flesh of animals came in consequence of sin. God did not permit man to eat meat as a common article of diet till after the flood. Gen. 9:3.

Another well known writer speaks upon this subject as follows: "Meat is not essential for health or strength, else the Lord made a mistake when he provided food for Adam and Eve before their fall. All the elements of nutrition are contained in the fruits, vegetables, and grains."—*Review and Herald*, No. 19, 1883.

"The mortality caused by meat eating is not discerned. If it were, we should hear no arguments and excuses in favor of the indulgence of the appetite for dead flesh."—Unpublished Testimony, Nov. 5, 1896.

"The liability to take diseases is increased tenfold by meat eating."--"Testimonies," vol. II, p. 64.

"The fact that meat is largely diseased should lead us to make strenuous efforts to discontinue its use entirely. ... It will be hard for some to do this, as hard as for the rum drinker to forsake his dram; but they will be better for the change."— Unpublished Testimony, Nov. 9, 1896.

"Again and again I have been shown that God is trying to lead us back, step by step, to his original designthat man should subsist upon the natural products of the earth. Among those who are waiting for the coming of the Lord, meat eating will eventually be done away with: fiesh will cease to form a part of their diet. We should ever keep this end in view, and endeavor to work steadily toward it. I cannot think that in the practice of flesh eating we are in harmony with the light which God has been pleased to give us."-"Christian Temperance," p. 119. H. H. BURKHOLDER,

THE SABBATH-SCHOOL.

AN isolated Sabbath-keeper writes: "Please find enclosed my report for the quarter, and also donation. It is small, but I do not feel so lonely since I joined the Home Department of the Sabbath-school. God bless us all, and keep us faithful." We believe that many more experiences similar to this will be reported at the close of this quarter. The Lord tells us to "prove all things and hold fast that which is good." B. E. R.

PREPARATION FOR TEACHING.

NATURAL aptitude for teaching is a gift to be coveted, but will never do away with the necessity of careful preparation. The keenest blade will soon dull and lose its edge if it is not sharpened. There are many who fail, either wholly or partially, as teachers, and plead in extenuation that they possess neither knack nor fitness for this service, when in reality their lack is that of thoughtful preparation.

The kind of genius that achieves success in-Sabbath-school work, as in other things as a rule, has its root in faithful, persistent labor. "Helps" are excellent in their place, but they need to be mixed with individual brain thought and prayerful meditation, in order to become available. A hurried reading of the verses on Sabbath morning, or a mechanical asking of the questions from the lesson leaf, is not teaching. Back of that service there must be both mental and spiritual preparation.

The study of the lesson should begin early in the week. If the verses are read thoughtfully on Monday, and recalled as there is opportunity during the week, they will become more and more luminous with truth and illustration, and the great difficulty will be to choose what is the most important to bring before the class.

This method of preparation, if faithfully pursued, is sure to kindle an enthusiasm and interest that make the work of teaching a joy and privilege. Those who are under the pressure of heavy and varied responsibilities in home and business life, find that in adopting this plan they secure in odd moments of leisure the necessary time for study and gain spiritual strength for every-day duties. . . . Preparation for teaching includes much more than a general knowledge of the lesson. Adaptation, clearness in statement, and simplicity of definiton are $essen_{\bar{i}}$ tial to success in the instruction of children, and this power is the result of study, and not of any happy gift or inspiration. - Sel.



Adventists

Price, 25 Cents a Year in Advance.

N. W. LAWRENCE - Editor.

Sabbath begins July 10 at 7:32 P. M.

ELDERS H. H. BURKHOLDER, R. R. Kennedy and Prof. C. E. Welch spent Sunday at Academia.

ELDER J. O. MILLER spent Thursday, July 2, with his family at Academia. He reports encouragingly of the tent effort near Lebanon.

MARRIED. — On Tuesday, June 30, 1903, at 4 P. M., in Oberlin, O., Mr. Calvin LeRoy Sauder and Miss Ethel Irene Behner. The happy couple left at 6 P. M. for Ravenna, O., their future home, taking with them the best wishes of a large number of friends and invited guests who were present on the joyous occasion. H. H. B.

It has seemed advisable to defer the special **Educational Number** till next week. We trust that any disappointment caused by this change will be more than made up by the extra value of the paper when it does appear. Continue to plan to give it a wide circulation. It is desired that every family of Sabbath-keepers in Ohio may have at least one copy.

CONSIDERABLE space is given this week to matter concerning the coming camp-meeting. Take time to read it all carefully at once, then place the paper where it can be referred to often. The purpose of it all is to save you trouble, time, and expense. Now we have done our part in sending you the necessary information, see to it that no disappointment results from neglect on your part.

A TEACHERS' INSTITUTE.

AN institute for church school teachers will be held at Academia, O., beginning August 18 and continuing three weeks. All whose minds are turning toward this branch of the Lord's work are invited to attend. We believe that the Lord has greater blessings for us all in this line, and that he desires to make us greater blessings to the world because of these schools.

Let all who are interested in church school work, whether you are desirous of teaching, or whether you have children whom you wish to place under the influence of Christian schools, write me, and I will endeavor to assist as far as possible, by way of advice or suggestion, in making the most of this work. At the same time I shall be thankful for any suggestions I may receive from your communications.

Yours in the Master's service, C. E. WELCH, Supt. of Schools.

1529 Walsh Ave., Columbus, O.

DEDICATION.

THE new church building at Akron, O., is to be dedicated July 18, 19. A Sabbath-school convention is also to be held in connection with these services. Elders H. H. Burkholder and N. W. Lawrence are expected to attend, and possibly Elder A. C. Shannon also. All interested in the prosperity of the Akron church are invited to be present.

J. K. SAUDER, Elder.

CAMP-MEETING INSTRUCTION.

Time and Place.--The annual campmeeting will be held August 6-17, on the Academy grounds near Mount Vernon, O.

Railroad Rates. The Central Passenger Association has granted a rate of a fare and a third on the certificate plan from all points in Ohio.

How to Reach the Ground.--- Electric street car service can be had from both depots to the grounds for five cents.

Baggage.—The Conference will transfer baggage to and from both railroad stations to the camp-grounds for twenty-five cents round trip.

Freight.— To secure the safe delivery of freight on the ground, observe the following: Write your own name on the freight you ship; bill it to R. R. Kennedy, Mount Vernon, O., and be sure to mail him the bill of lading.

Tents.—The Conference will pitch and rent tents as follows: 12x14 feet, with 5 foot wall, best quality, \$2.50. The same size tents, second quality, \$2.00.

Rooms.—Those who desire rooms in the Academy should correspond as soon as possible with Prof. J. W. Loughhead, Mount Vernon, O.

Lumber.— There will be lumber on the ground for sale at \$2.35 per hundred feet for pine, and \$2.00 for hemlock. Lumber will be rented at 50 cents per hundred.

Board.—There will be a grocery, dining-hall and restaurant on the ground for the accommodation of the campers.

Straw.— Straw for bedticks will be supplied at the usual prices.

In General.— The Conference will take pleasure in making arrangements for the comfort of the campers as far as possible.

TITHE RECEIPTS.

JUNE, 1903.

Akron	\$ 30.27
Alliance	. 12.51
Barnsville	. 10.80
Bellville	. 22.85
Brokaw	. 2.60
Bellefontaine	2.00
Camden	. 5.75
Canton	. 18.47
Chagrin Falls	. 3.47
Cincinnati	. 32.37
Cleveland	125.69
Columbus	. 366.51
Conneaut	. 6.48
Coshocton	42.86
Dayton	56.75
Delaware	. 4.75
Dunkirk	3.60
Geneva	
Grand River	. 1 50
Hamler	. 32.48
Lagrange	
Mansfield	. 2.00
Marion	
Mount Vernon	
Meigs	
Newark	. 62.71
Norwalk	
New Antioch	
St. Clairsville	. 44.00
Springfield	. 36.17
Toledo	. 39.95
Waterford	. 3.10
Wengerlawn	. 5.00
Wheelersburg	. 39.15
Wilmington	
Youngstown	. 15.80
Isolated Sabbath Keepers	. 34.79
Total	1 991 04

C. V. LIAMING, 170

TOTAL RECEIPTS, ALL SOURCES, JUNE, 1903.

•	
Tithe	\$1,331.94
Ohio Tract Society	624.22
First Day Offering.	41.64
Sabbath-school Donations	42.98
Mission Board Offerings	2.23
Haskell Home	75
Washington, D. C., church	5.00
Missionary Acre Fund.	7.43
Australia	. 6.50
	·

CANVASSERS' REPORTS.

(For week ending June 26.)

J. E. Osburn, Jackson County.—Blble Readings: value of orders, \$26.50; value of deliveries, \$66.25.

Raleigh French, Van Wert County. —Coming King: value of orders, \$31; helps, \$10; total value, \$41.

Mrs. C. T. Redfield, Guernsey County.-Miscellaneous: value of orders, \$16.50; cash sales, \$9.50.

James E. Shultz, Guernsey County. --Miscellaneous: value, \$11.50.

Fred C. Webster,* Guernsey County. -Miscellaneous: value, \$123.25.

*For thirteen days