

#### ON CELLULITE AND SALVATION



WANDA KAY KNIGHT Freelance Writer Oak Harbor, Washington

THE YOUTH AND YOUNG ADULT RESOURCE AND RESPONSE LINE:

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t all started one April

when I needed a new swimsuit.

At the store I looked through the racks, picked out a cute outfit and tried it on in the dressing room. It looked fine from the front, but when I checked out the backside, it was not a pretty sight.

It looked like little cellulite globs had somehow climbed up the back of my legs and stationed themselves near the tops. In exasperation and disgust, I looked away from the devastation in the mirror and glanced up at a picture on the wall. In it, a girl wore a similar suit, though her legs were perfect, with no signs of puckered, fatty skin.

Well, that did it. My cellulite was going to have to go. I started working out like crazy. After a week of sweat and hard work, I took a closer look at my new, improved body. I was shocked! Not one little glob was gone.

Since it was now war on cellulite, I looked at the way I was eating. No more sweets or fats for me! And pure water—I drank and drank.

I was a changed person. My money went to new places, my time was spent differently, the way I dressed changed, and I felt a sense of elation every time I started sweating during exercise. My conversation became salted and peppered with expressions that dealt with exercise, herbs and fat.

I became healthier, my temper seemed to diminish, and I had a better sense of well-being. I barely noticed all of this, though, because my eyes were focused on the ideal that I had seen on the dressing room wall.

Now tell me, if all these changes can happen after a backward glance at knotted-up flesh and one long look upward at a picture on the wall, what could happen after one truthful look at a sin-ridden soul and a daily look at the image of Jesus?

When we catch sight of the character and love of Jesus, things will change, not because we are "working our way to heaven," but because we will have seen a better way. We will long to be like Him.

COVER: The photographs on the cover represent 16 North American Division churches that are serving as pilot congregations for Baby Boomers. Each participating church sent four representatives to a special planning weekend at the Columbia Union office in Columbia, Maryland, April 16-18. Five of these pilot churches are in the Columbia Union. For more information, see the feature story on page 6. Photos by Dick Duerksen.

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The VISITOR is the Seventh-day Adventist publication for people in the Columbia Union. The different backgrounds and spiritual gifts of these people mean that the VISITOR should inspire confidence in the Saviour and His church and should serve as a networking tool for sharing methods that members, churches and institutions can use in ministry. Address all editorial correspondence to: Columbia Union VISITOR, 5427 Twin Knolls Road, Columbia, MD 21045. One-year subscription price—\$7.50.

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Printed by the Review and Herald Publishing Association in Hagerstown, MD 21740

June 1, 1993

Vol. 98, No. 11

## **200**

#### Because Jesus Christ is both our Lord and our Saviour:

- The local church will be the central focus and the driving force of the denomination.
- The joy and celebration of worship will attract people to our churches, allowing the Sabbath to become a major evangelistic tool.
- Church fellowship will be so vibrant that retention of members will improve and conflicts over lifestyle issues will decrease.

# Academy students conduct outreach

Students from Mountain State Academy in Pennsboro, West Virginia, in the Mountain View Conference showed that age is no barrier to spreading the gospel when they held their own Revelation Seminar.

While Jennifer Knight, Heather Ripley, Jimi Ripley and Darlene Wightman led out during the meetings, other pupils from MSA provided child care, ran the overhead projector and kept records. The seminar began on February 21 and ended on April 18 with a banquet and graduation exercise.

Plans for the series developed as a result of the students' conviction that they should "have a real outreach ministry" in their community. The youth spent the morning of February 15 inviting people to their seminar. "Everyone wanted to talk," junior Brian Maulden said. "They really seemed to appreciate the invitation." Then on February 21, the students

and academy staff spent time praying that the Holy Spirit would bring people to the series. Some fasted in anticipation of God's blessings.

The seminar got underway later that day with 23 people in attendance. And though local church members supported the meetings, the non-Adventists were the most consistent in attending. "All of the students at MSA have been praying for our Revelation Seminar participants," said Darlene Wightman, a senior. "It was exciting to see them so interested and enthusiastic about studying the Bible with us."

The MSA students invite everyone to pray for the series participants. "Our seminar students told us they believe Saturday is the true Sabbath," Heather Ripley said, "but they are not sure how this will affect their families. We know God will help them make a decision. Your prayers will help, too."—RH

## FACE TO FACE: Profiles of newly baptized people



Sarah Carey, Piqua, Ohio. Sarah was baptized by Pastor Dave Hutman during October of 1992 after she attended a series of outreach meetings held by conference Evangelist Don Barnt.



Sylvia Dande, Allentown, Pennsylvania. Thirteen-yearold Sylvia studied Adventist doctrines with her parents and then was baptized during October of 1992 by Pastor Dan Francisco.



Eric Kelley, Allentown, Pennsylvania. As a result of studying the Bible with his parents and Pastor Dan Francisco, Eric, who is 11 years old, was baptized in August of 1992.



Faith Lawson, Piqua, Ohio. October of 1992 was when Faith became a member of the Adventist church (along with her mother, Barbara Elmore) through baptism by Pastor Dave Hutman.



Barbara Elmore, Piqua, Ohio. One of 17 people to join the church after a crusade held by Don Barnt, Barbara and her daughter, Faith Lawson, were baptized during October of 1992.



Calvin Kilmer, Tunkhannock, Pennsylvania. After completing studies of the Good News for Today Bible lessons with Pastor Darrow Foster, Calvin was baptized in January of 1993.



Katie Galbraith, Waynesboro, Potomac. A sixth-grade student at C.F. Richards Junior Academy, Katie was baptized during July of 1992 after she studied the Bible with Pastor Richard Greve.

# DICK DUERKSEN

Old Way of Law

#### **External Code**

 The moral precepts of God are only an external code of conduct. The law commands obedience but provides no inclination or desire to obey.

#### Commanding

The law commands but gives no enabling power for obedience.

#### Hostility

 Because of our hostility to God's law before our conversion, the commands of the law actually provoked and inclined us to sin.

#### Fear

 The law produces a legalistic response to God. We try to obey because of a fear of punishment for disobedience or in order to win favor with God.

#### Working

Under the law, we perform in order to be accepted by God. Since our performance is always imperfect, we never feel completely accepted by Him. Thus, in our Christian life, we always work from a position of weakness. We work to be accepted but feel we never quite make it.

But now, by dying to what once bound us, we have been released from the law so that we serve in the new way of the Spirit, and not in the old way of the written code.

Romans 7:6

#### FROM

On Sabbath, June 24, the New Jersey Conference is hosting a special camp meeting Sabbath for young adults. The theme of the day, Pharisees R Us, focuses on the tension that exists between law and love, performance and grace, Pharisees and Christians. Messages from the Pharisee/Apostle Paul will be the entree for a feast of discussion, biblical preaching, singing, sharing, prayer and fellowship.

The statements on this page, "Old Way/New Way," come from the book *Transforming Grace* by Jerry Bridges. Before joining us at Hackettstown, please consider prayerfully the impact these thoughts could have on your life as a Christian. A biblical study on the words Pharisee, law, grace and love would also help prepare you for this day of spiritual fellowship and regeneration.

Dick Duerksen, Vice President for Creative Ministries, works particularly with adults of the boomer generation.

### Some Pharisee, grace, love and hope texts for your study

Romans 5:20, 21 Romans 3:22-24 Galatians 2:20, 21

Titus 3:5

Titus 2:11-13 Romans 12:2

Second Corinthians 3:18

Second Corinthians 5:14,15

Philippians 2:12,13

First Peter 2:16

# PHARISE

#### New Way of Spirit

#### **Internal Desire**

 The moral precepts of God are written on our hearts as well as being an external code. The Spirit inclines our hearts and gives us a desire to obey.

#### Enabling

The Spirit enables us to obey the law's commands.

#### Delight

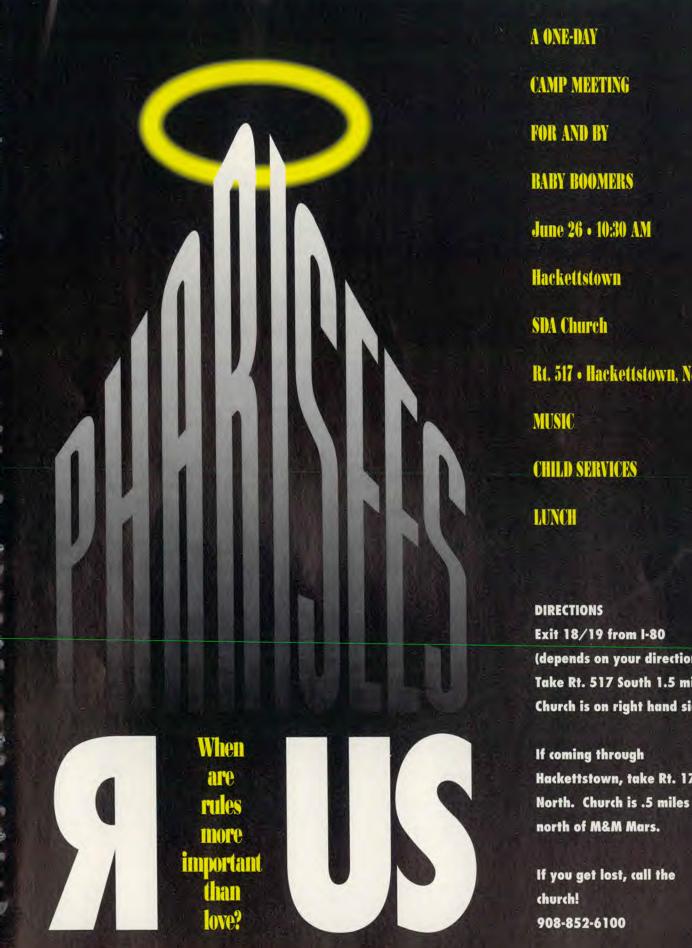
The Spirit, by removing our hostility and writing the law on our hearts, actually causes us to delight in God's law.

#### Gratitude

The Spirit, by showing us God's grace, produces a response of love and gratitude. We obey, not out of fear or to earn favor, but out of gratitude for favor already given.

#### Relying

5. The Spirit bears witness with our spirit that we are accepted by God through the merit of Christ. By relying solely on His perfect righteousness, we feel accepted by Him. Thus, in our Christian life, we work from a position of strength because we have been accepted through Jesus and through Him we have "made it."



June 26 • 10:30 AM

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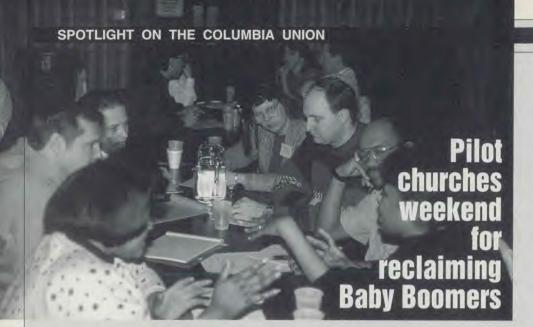
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t the Columbia Union headquarters, a large delegation from the Columbia Union joined pastoral and lay delegates from each union in the North American Division for a "Pilot Church Launching Weekend" April 16-18. Pastor Melvyn Hayden and lay representatives Charles

Reynolds, Clive Cameron and Sandy Crank of the Emmanuel Brinklow

church; Pastor and Mrs. Ken Struder and delegates Mr. and Mrs. Marcus Capps, Mr. and Mrs. Michael Williams and Mary Reasor of the Cleveland, Ohio, First church; Pastor David and Candace Huber with Glenn Gibb and Hercules Pinkney of the New Hope church and Pastor Tony Moore of Pittsburgh's Shadyside church were all in attendance.

Each union conference president has selected at least one "pilot church" to experiment with more effective ways of reclaiming former Adventists among the Baby Boom generation-those born from 1946 through 1964, now in their 30s and 40s. Hundreds of thousands of Adventists in this generation have left the church.

The pilot churches and their experiments are one element in Project Reclaim, an effort to reach out to 500,000 former and non-attending Adventists in the United States, Canada



ANN CALKINS



and Bermuda. The project is being managed for the NAD by the Baby Boomer Ministries Resource Center in Portland, Oregon.

The pilot church weekend provided the opportunity for a team of pastor and lay leaders from each church to get acquainted and discuss in detail their unique contributions to Sabbath school, church worship and outreach. Ron M. Wisbey, president of the Columbia Union Conference, hosted the

weekend. He is chairman of the NAD committee overseeing the pilot churches.

Paul Richardson, BBMRC director. notes: "This time is a buy-in session to highlight the key elements known from research and lay out goals." Four pressing questions formed the outline for the weekend:

If the Baby Boom generation isn't at church presently, where are

If Boomers aren't being attracted by the present programming of the church, what will get their atten-

If changes need to be made in the local church, how is that accomplished with the least amount of

conflict?

If modeling a ministry to Boomers is the best way to get other churches on board with this important reclaiming strategy, what's involved in being a pilot church?

Wisbey's keynote sermon on Sabbath morning focused on "Baby Boomers: Hopes and Dreams." He and Dick Duerksen, vice president for creative ministries in the Columbia Union, will be working in close consultation with the Baby Boomer Ministries Resource Center (BBMRC) throughout 1993 and 1994.

The BBMRC is committed to help in this vast Project Reclaim throughout North America. Informational resources and consultant services are available for local church projects.

Ann Calkins is a contract reporter for the North American Division reclaiming project.

## Developing Strong relationships

The Christian and Sexuality . Grief/Divorce: Loss and Recovery . The Young Black Male • Parenting Teens • AIDS • Spouse Abuse • Sex and the Single

If these titles pique your interest, you'll want to read on to find out what you missed so vou won't miss it next time.

anting to assist in developing strong relationships, the Sligo church planning committee in Takoma Park, Maryland, started a home life committee to look at ways of helping their members. "We wanted it to be called a home life committee instead of a family life committee as other churches have titled it," said Norma Osborn, Sligo church associate pastor, "because we wanted single people to feel included as well since they also deal with relationship issues.'

To kick off their plans, the home life committee organized the Faith & Friendship Convention held at the

Sligo church May 21 and 22. The convention focused on building and strengthening relationships with seminars for everyone from the single person to the black male.

Florence Littauer, author and wellknown speaker, was the keynote and plenary session speaker for the convention. She discussed various subjects such as "Dealing with Difficult People," "Dare to Dream" and "Different People with Different Expectations.'

"In planning the convention," said Osborn, "it was obvious that Florence Littauer would be the perfect speaker for our convention since she speaks and writes on various ways of strengthening relationships."

Now that the convention has ended, the home life committee plans to follow up with small-group meetings. To determine people's needs, evaluation forms were given to participants at the convention. Besides

> evaluating the convention, they were given space to indicate the type of support or discussion group they would be interested in attending.



Florence Littauer

ing place to learn ways to help their small-group ministry. Around a dozen church members attended the convention and took back new ideas to try at their church.

"We hope this will be an annual event," stated Osborn. "We are grateful to our sponsors for their enthusiastic support to this project." The Faith & Friendship Convention was sponsored by the Sligo church, Potomac Conference, Columbia Union Conference, Columbia Union College, Silver Spring Adventist Community Services and Potomac Adventist Book and

For more information on future conventions and support groups, contact the Sligo church office at (301) 270-6777. If you would prefer to write, the church address is 7700 Carroll

Avenue, Takoma Park, MD 20912.

Health Food Center. The Jackson Heights church in Woodside, New York, used the convention Michalenko. as a train-

Tamara Michalenko is assistant director of communication at the Columbia Union and a new member to the Visitor staff. Photos by Tamara

## 

#### Looking back-

#### Ohio's peak experiences

- · Six Ohio teachers are Zapara Award winners.
- Ohio Conference Trust Services Department is awarded Class A rating by NAD.
- Development of three mission churches— Dublin, Abundant Life and Fairfield. Fairfield doubled membership in the past three years.
- \$1 million endowment goal met and \$2 million more pledged.
- Record number of applications to conduct evangelistic seminars and crusades in 1993, reversing the downswing in evangelism in recent years.
- New church ministries department includes skilled and experienced lay people.
- New youth resource director to be added in July.
- Model summer student literature evangelism program conducted in 1991 and 1992.
- Creative ministries provided by Ohio churches and schools.
- · Ohio members contribute \$30,000 to India.
- More than 200 baptized and 400 in attendance every week in Lithuania after Evangelist Don Barnt conducts meetings. New meetings in Siberia being presented by Bill Davis, pastor of Newark church.

Photos by Dick Duerksen and Jeanie

Haldeman

ore than 350 delegates attending the Ohio Conference 35th Regular Constituency Session on May 2 demonstrated an interest in the future of the Ohio Conference and in Christian education.

In the Mount Vernon Hill Seventhday Adventist Church, delegates were challenged by the call to gospel ministry presented by Harold Baptiste, North American Division secretary. Diana Mirek, a member of the Ohio Conference Executive Committee, led in a corporate prayer for God's presence and guidance.

Following the call to order by Raj Attiken, conference secretary, President Ed Motschiedler introduced Walter Carson, a Columbus attorney and parliamentarian for the session, and other special guests. Ron M. Wisbey, Columbia Union president, assisted by Attiken, introduced the nominating committee members and the organizing process.

During the president's report, Motschiedler presented the tremendous challenges faced by the Adventist church, specifically in Ohio. He shared concerns of the past triennium, including: tithe not keeping up with inflation; necessary staff reductions; declining membership; and the growing challenges for funding Christian

education. Also included was a review of many exciting developments during the past three years.

Wisbey and Merlin Burt, chairman and secretary, respectively, of the nominating committee, presented the report of the committee. Motschiedler was re-elected as conference president and Attiken as conference secretary. Since Russell Lucht had earlier announced his resignation as conference treasurer to assume another position in the conference office, Lyle Litzenberger from the Michigan Conference was elected as Ohio Conference treasurer.

Ohio delegates expressed a deep interest that adequate study be given to the issue of Christian education in Ohio. An additional constituency session is planned for this fall to specifically address the subject.

The constituency representatives voted to adopt a plan for churches and members to share the vision for ministry over the coming triennium. By adopting "A Shared Vision for the Future," delegates reflected a commitment to develop and implement steps toward a revitalized faith in Jesus Christ and a more united approach to ministry in Ohio.

ing challenges for funding Christian

Jeanie Haldeman is editor of Mission Ohio.

#### COLUMBIA UNION

#### New faces, new places;

#### tasks and transfers

- Marcellus Robinson becomes the new pastor at the church in Bladensburg, Maryland, for the Allegheny East Conference. He and his wife, Maryann, arrive from the Lake Region Conference, where they served the Sharon church in Inkster, Michigan.
- Gerry Chapman leaves his post as associate director of trust services for the Ohio Conference to become the new trust services director with the Illinois Conference.
- Ron Gladden moves from his position as ministerial director for the New Jersey Conference to a similar post with the Oregon Conference.
- Walter Maier leaves the pastorate of the Coshocton and Zanesville congregations for the Ohio Conference. He and his wife, Mabel, move into the Florida Conference, where they will lead out at the Lake Wales and Lake View churches.
- Harvey Allison retires as a campus service worker at Mount Vernon Academy in the Ohio Conference after more than 26 years of service to the church.
- Robert Clements, who has served as a builder in the Potomac Conference, retires after nearly 22 years of service.
- Maurice Crandall, librarian at Blue Mountain Academy in Hamburg, Pennsylvania, retires after almost 37 years of denominational service.
- Harold Curtis, industrial education teacher at Blue Mountain Academy in Hamburg, Pennsylvania, becomes assistant production manager of the Adventist Publishing House in Russia through Adventist Volunteer Services.
- Magdalene Jones, principal as well as teacher for the seventh and eighth grades at the Shenandoah Valley Academy elementary school in New Market, Virginia, retires after almost 26 years of service to the church.
- Larry Kurtz retires as pastor of the Konnarock and Marion churches for the Ohio Conference after almost 24 years of denominational service.
- Anita Mayers, teacher for grades three and four at the Hadley Acres elementary school in Gaithersburg, Maryland, retires after more than 36 years of church service.
- Edward McWilliams, head teacher and instructor of grades one through eight for the Ridgeville Union elementary school in Danville, Pennsylvania, retires after more than 36 years of service to the Adventist church.





Two positions in the Columbia Union Communication Department have been filled with talented young women. From the Pacific Union Communication Department in California, where she was a communication intern. Tamara Michalenko (left) comes to be an assistant director of communication and project editor. Hers will become a familiar byline inside the Visitor as well. Ann Owen (right) comes from Raleigh, North Carolina, to be the administrative assistant to the communication and creative ministries departments. A 1987 graduate of Mount Vernon Academy in Ohio who attended Southern College in Collegedale, Tennessee, and North Carolina State University, Owen replaces Joan Davis Flynn. Flynn leaves to join her husband, Tom Flynn, who is a professor at Loma Linda University in California.—CPC

- Vera Ritter retires after 30 years of church service. She has been principal and teacher for kindergarten through the eighth grade at the Lakeside church school in Niles, Ohio.
- Eugene Smith retires as treasurer of Spring Valley Academy in Centerville, Ohio, after more than 28 years of service to the denomination.
- Phyllis Willard retires after more than 15 years of church work. She had served as a laundry worker in the Ohio Conference.

- Myrtle Pohle, who has been principal and teacher of kindergarten through second grade for the Stanley, Virginia, church's elementary school, retires after more than 28 years of service.
- Ronald Seeley retires as pastor of the Altoona, Everett and Six Mile Run churches for the Pennsylvania Conference after 40 years of service.
- Lenwood Shull, who has served as a print shop worker in the Potomac Conference, retires after 30 years of working for the church.

RANDY HALL Visitor Assistant Editor

CUC

#### WGTS raises \$95,000 during pledge drive

WGTS, the FM radio station at Columbia Union College in Takoma Park, Maryland, raised a total of \$95,000 from 1,200 people in its spring pledge drive, according to Don Wheeler, the facility's general manager.

Thirty-five dollars gets a membership in WGTS. For a donation of \$91.90, which corresponds with the frequency of the station, listeners can be a member of the 91.9 Club and host an hour-long program.

The station's biggest response to "I Love WGTS Week" came from individuals who called in matching challenges, Wheeler said. Other people really respond when that portion of the drive comes, and many persons wait specifically until then.

WGTS is operated entirely on funds brought in during I Love WGTS Week and the Fall Fund Festival, which is usually held near the end of September.

#### COLUMBIA UNION RELIGIOUS LIBERTY

### Religious liberty advances lead to new challenges

The success achieved in the present Congress for the Religious Freedom Restoration Act is a tribute to what can be accomplished when there is an effective coalition.

To advocates of religious liberty, this is significant, and our efforts must now be turned to the need for an amendment to Title VII, specifically with reference to an acceptable understanding of what constitutes "reasonable accommodations" and a proper definition of the word "religion."

Garnering the support of religious organizations, industry leaders and labor unions will require more than tact. It demands the intercessory prayers of the saints. Please join us in this endeavor.

ADRIAN WESTNEY Religious Liberty Director



Students from the third through sixth grades at the Frederick, Maryland, school watch as the nearby Adventist church, which received extensive fire damage this past February 28, is demolished.

#### CHESAPEAKE

#### Frederick school moves ahead despite church fire

Even though the church in Frederick, Maryland, was destroyed by fire during this past February, leaders of the nearby church school are planning to make the 1993-94 academic year the best ever.

Along with offering courses for grades one through eight, the school will emphasize a half-day kindergarten program in a special room built and decorated for this class. Prospective kindergarteners and their parents are invited to visit the school by appointment. Free developmental screenings for potential students are being provided.

Next year the school plans to continue its solid academic program, which

features experienced Christian teachers, computer-aided instruction, a music program with vocal and bell choirs, a YMCA swimming program, field trips and one week of outdoor school at the Mount Aetna youth camp located in Hagerstown, Maryland, for youngsters in grades five through eight.

For families enrolling new students at Frederick and to help the school board better plan for next year, a special registration offer has been made available. Any pupil who pre-registers and pays the \$30 pre-registration fee by August 1 will receive \$60 in credit on the final registration day that month.

Anyone who desires additional information should contact the school office at (301) 663-0363.

DONNA WISE Public Relations Representative Worthington Foods Inc. is the world's largest company solely dedicated to producing and marketing meatless and other healthful foods. More than 18 million Grillers are sold annually in supermarkets throughout the United States.

FRANK POSTON Correspondent

CUC

#### Congressman speaks at college graduation

Albert Wynn, congressman for the 4th District in Maryland, spoke during commencement exercises at Columbia Union College in Takoma Park, Maryland, on Saturday, May 1.

Wynn gave a three-fold challenge to the graduating seniors and stressed the importance of selfless community involvement as a means of being successful in the world today.

Before his recent election to the U.S. House of Representatives from the district that includes Takoma Park, Wynn had been involved in state government since 1982.

The Class of 1993 had 196 graduates, 102 of whom were traditional students and 94 came from the Adult Evening Program. Twenty-one bachelor of arts and 182 bachelor of science degrees—or a total of 203—were awarded, as well as 21 associate of art degrees.

The graduation weekend exercises also featured Richard Fredericks, a former religion teacher at the college, and William Loveless, former president of CUC from 1978 to 1990. Fredericks set the tone on Friday night by focusing on the cross of Christ and salvation, then Loveless, who is now pastor of the Loma Linda University church in California, spoke at the baccalaureate service.

The graduating class gave \$2,000 to the *Columbia Review*, the college's scholarly journal. The *Review* was started in 1991 by Kirk Mitchell, a graduating senior, to publish the best student writing from various departments on campus.

The graduates also donated \$2,000 in scholarship money, which will be used as a one-time disbursement to students during the 1993-94 school year who have a financial need, though academics will be taken into consideration. "We want to support CUC students who are working hard to succeed in college, just as many supported us," stated John Stoddart, senior class president.

STARLA CRANDALL News Writer

OHIO

#### Burger King test markets Grillers

Worthington Foods has entered into an agreement with Burger King Corporation to test its meatless burger, Morningstar Farms Grillers, at a restaurant unit in Watkins Glen, New York. Flamebroiled Grillers replaced a product called Bean Burgers at this site in late April.

Grillers offer the same taste as hamburger without the meat, animal fat or cholesterol. Like all Morningstar Farms products, Grillers are comparable in protein to their meat counterparts and are lower in calories. With the recent reformulation of Grillers, Worthington Foods has been able to reduce the fat to less than half that in an all-beef hamburger.

There are more than 12 million vegetarians in the United States, plus many other people looking for healthy, meatfree foods in restaurants. A recent Gallup poll showed that about 20 percent of adult Americans look for restaurants offering meatless foods on their menus.

#### **ALLEGHENY EAST**

#### Ebenezer church holds Women's Ministries Day

The Ebenezer church in Philadelphia recently celebrated its first annual Women's Ministries Day. Even though this department has been in existence for several years, the women from Ebenezer are currently under the leadership of Peggy Paramore.

The guest speaker for the day was Sandra Hayden, a former member at Ebenezer who now is women's ministries director for the Allegheny East Conference. She spoke on "The Blessing" of peace Christians receive when they share God's love by doing such things as giving encouraging words and attaching high value to loved ones as God does to all.

Another highlight of the service was the presentation of the "Woman for Christ, Caring for Life" awards to three ladies: Doris Coleman for dedicated service to the Sunday brunch program, Maria Cureton for visiting nursing homes for the past seven years and Annie Moore for her culinary contributions to the church family.

The day culminated with a seminar on building relationships, which was conducted by Hayden. One essential point she left with those who attended is that they are not to be controlled externally, but rather internally by God's strength and love.

CHERYL LYNCH Communication Secretary

#### PENNSYLVANIA

#### Fair booth communicates Adventist message

Through the combined efforts of the Allentown, Bethlehem, New Tripoli and Slatington churches, Seventh-day Adventism was visible in a positive perspective at the annual Lehigh Valley Community Fair in the Whitehall shopping mall April 2-3.

The churches' booth was in a good location and was staffed by volunteers from all four congregations between 10

a.m. and 9 p.m.

Emphasis was given to many areas of church work. More than 200 blood pressure readings were taken, along with health-age analyses that were obtained from questionnaires filled out by the participants and then fed into a computer.

"Smoking Sue" fascinated many mall walkers as she puffed a cigarette that collected tar in a test tube. Videos depicting the work of the Adventist Development and Relief Agency were shown, as well as videos on nutrition and an introduction to *Listen* magazine by Ron Halverson.

No Adventist booth would be complete without the offer of free literature. *Happiness Digest*, *Steps to Christ* and a brochure inviting the reader to enroll in a Bible course were picked up by shoppers.

While in uniform, the Allentown Soaring Eagles Pathfinders took advantage of the Easter season to sell homemade candy prepared by the youth and their leaders to benefit club activities.

Vonnie Reeser of the Allentown congregation, who coordinated the mall project, said: "It was nice to experience all of this, especially the cooperation between the churches." And Pathfinder Christina Daley captured the feelings of everyone who participated by stating: "It was a good way to witness."

BETTY GRIDER Communication Secretary

#### CUC

#### Master's in teaching courses offered during summer

Teachers can come to Columbia Union College in Takoma Park, Maryland, this summer to take classes offered in Andrews University's master of arts in teaching program. Columbia Union teachers can also take a series of five one-week accelerated undergraduate religion courses.

As part of a program enabling educators to receive a master's degree in four summers, CUC is offering courses in psychological development, learning styles, cooperative learning, independent study and special methods in elementary teaching of religion.

In one-week courses from June 22 to July 30, teachers can cover the following undergraduate religion subjects: special methods in elementary teaching, Adventist heritage, Daniel and Revelation, Jesus and the gospels and the principles of the Christian faith.

For more information about the teaching courses, call Mel Wolford, advisor for secondary education, at (301) 891-4062 or Elisabeth Wear, chair of the education department, at (301) 891-4060. For further details regarding the religion classes, contact the Adult Evening Program office at (301) 891-4143.

MARK YOUNG News Writer

#### The Family Column

### Dr. Kay's Q&A

Stay out of your children's hair



Kay Kuzma

Question: My daughter is only 8, but her ideas of what she should wear to school are quite different from mine. I'm sorry, but plaids and stripes just don't go together. And I am embarrassed about the way she wants to style her hair. It has become

quite an issue in our household, but my child's appearance in public reflects on me as her mother, so I think I should have a say in how she looks.

Answer: As long as the child's clothing or hair style doesn't conflict with school standards or your family's modesty standards, I think the child should have a right to choose.

I got a letter from a mother recently who wrote: "For some reason, at the age of 6 my son decided that he wanted to tuck his pants into his socks, much to the dismay of his teacher. His dad asked the teacher two very important questions: (1) Is our son doing well in his reading and writing? And (2) Is our son naughty or mean to other children in school? Our son was tops in his reading and writing class and was very well liked by everyone. As long as he was doing well, we as parents felt we should allow him to tuck his pants into his socks. And do you know what? By the time he started second grade, he no longer tucked in his pants!

"A number of years later, when our son wanted to get a flat-top, I almost fainted. His dad again asked, 'How are your grades, son?' He was at the top of his class. So his dad said: 'Then you should be able to make a good decision about what kind of hair style you would like to wear.'

"From the day our daughter could reach her clothes or open the drawer to pull them out, she has been picking out her own clothing. I have had parents ask me if it bothers us that our daughter will only wear dresses. Why should it? That's what she wants to wear. When it gets cold, believe me, she will put on something warmer."

I appreciate the sound advice from this mother and would summarize it by saying that certain things like grades and social relationships are much more important than hair or clothing styles. If your child is too far off base, the consequences of social rejection and ridicule have a way of encouraging conformity. And the weather can have a lot to do with common-sense decisions about what to wear. Why is it that we get so upset with how our children look? There are much more important issues in life.

[Read more from Dr. Kay Kuzma in the Family Times newspaper. For a free year's subscription, write to: Family Matters, P.O. Box 7000, Cleveland, TN 37320; or call (615) 339-1144.]

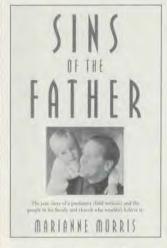
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A Family Crisis.

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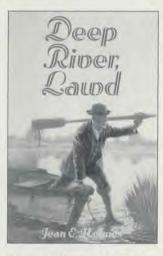
#### God's Soviet Miracles

by Mikhail Kulakov

In the former Soviet Union, atheism reigned supreme and sought to make God a distant memory. No new Christian school had been built for a thousand years.

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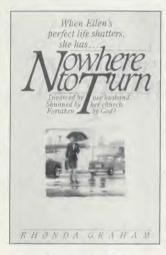


#### Deep River, Lawd by Jean Holmes

As rumors of secession from the Union grow stronger, the Weldons begin to feel the strains of tradition and conscience on their decaying way of life. The Gullah people, who bend their backs in servitude on the Weldon Oaks plantation, also feel something—the winds of change and the promise of freedom!

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ADVERTISING RATES

Minimum charge: \$15 for 50 words or less for ads originating within the Columbia Union and \$20 for all others. Additional words, 25 cents each in the union. 40 cents each outside the union. Ads may be placed up to four weeks before the issue date by mail or phoning (301) 596-0800 or (800) 438-9600 toll-free. The Visitor does not guarantee the integrity of any advertising or the product or service advertised.

THE MIDGE SERIES by author Mildred Thompson Olson: The Making of Midge, Midge on Her Own and Midge in Lebanon trace God's providence in transforming a mischievous, super-active kid into His dedicated missionary to Lebanon and Iraq. Humorous, exciting, uplifting. Excellent gifts. Available at ABCs or camp meetings or by calling (800) 765-6955. (61)

ELTERNHAUS: Adventist care for the Adventist elderly and retirees. Family atmosphere in a group of 15 seniors and caregivers. Write to us if you would like to get more information: Diane Crane, 4201 Linthicum Rd., Dayton, MD 21036; or phone (301) 854-2776. (61)

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**Never Good Enough** 

by Carol Cannon

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TEENADVENTURES: Boredom buster! An action-packed week for teens. Swimming, overnight camping, boating, ski tubing, knee boarding, theme parks, go-karts and more. A maximum of four teens per week ensures a personal touch. Ages 13 to 17; \$400 for five days. All expenses are included. References available. Call (410) 637-5590.

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TENURE-TRACK POSITION IN ACCOUNTING available September 1993, Doctorate is preferred, but M.B.A./C.P.A. with teaching/field experience will be seriously considered. Send all nominations or resumes to: Yew-Chong Wong, Business Department, Walla Walla College, College Place, WA 99324; call (509) 527-2096; or send a fax to (509) 527-2962. (61)

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by Keia Spears-Siewari

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## COME HOME

If you've ever worked at the "Review" or "Southern Pub," we want to see you again on homecoming Sabbath, July 24, 1993. We'll be celebrating the 10th anniversary of the opening of the new publishing house in Hagerstown, Maryland. Church services begin at 9:30 a.m. in the plant warehouse, and an afternoon program is scheduled for 2:30. Lunch will be provided. For more information, call (301) 791-7000, ext. 2576.

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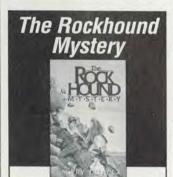
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#### **OBITUARIES**

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other with these words,"—IThessalonians 4:16, 18 NIV. The staff of the Columbia Union Visitor joins the church family in expressing sympathy to those who have lost loved ones.

BOWMAN, Julia M., born May 16, 1891, Patrick County, VA; died March 22, 1993, Luray, VA. She was a member of the Stanley, VA, church. Survivors: sons Clifford and Ernest and daughters Dorothy Nichols, Eunice Yingling, Marguerite LeBeau, Bethena Bennett, Mabel Good and Bonnie Showalter.

CLIFFORD, James H., born February 7, 1918, Scranton, PA; died March 15, 1993, Ridgewood, NJ. He served in many posts during his 30 years of membership with the Hackensack, NJ, Seventh-day Adventist congregation. Survivors: wife Mary, daughter Caroline, son Roger, sister Marguerite Lieseke, brother Eugene McCann and four grandchildren.

EATON, Katheryn, born December 15, 1914, Kenton, OH; died March 27, 1993, Kenton, OH. She served as the first teacher for the Bellefontaine, OH, church school from 1948 until 1950. Survivors: daughter Dixie Baldwin, son Dennis and a number of grandchildren.

HABADA, Paula Jo, born June 26, 1957, Ravenna, OH; died April 4, 1993, Adelphi, MD. She taught school in Pennsylvania for seven years, then transferred to secondary education when she moved to Bass Memorial Academy in Lumberton, MS, to teach English and become guidance counselor. Survivors: parents Paul and Patricia, sisters Beverly and Shirley Harvey, brother-inlaw Don Harvey, nieces Tammy and Ana and nephew Kevin.

QUACKENBUSH, Russell, born July 31, 1906, Dumont, NJ; died April 8, 1993, Bellbrook, OH. He pastored churches in Pennsylvania and Virginia during his early ministry and then pastored in the Washington, DC, area until he retired in 1971. Survivors: son Don and granddaughter Karen Knauss.

SNIDER, Hazel D., born November 19, 1922, Charleston, WV; died March 30, 1993, Altamonte Springs, FL. Survivors: husband Jack, daughters Grace and Suzann, sons LeRoy, Robert, John and David and 18 grandchildren.

#### SUNSET CALENDAR

Daylight Savings Time

	Julie 4 Julie 11 Julie 10		
Baltimore	8:29	8:33	8:35
Cincinnati	9:00	9:04	9:07
Cleveland	8:56	9:00	9:03
Columbus	8:56	9:00	9:03
Jersey City	8:23	8:27	8:30
Norfolk	8:20	8:24	8:27
Parkersburg	8:49	8:53	8:55
Philadelphia	8:25	8:29	8:32
Pittsburgh	8:46	8:50	8:53
Reading	8:29	8:34	8:36
Richmond	8:26	8:30	8:33
Roanoke	8:36	8:40	8:43
Toledo	9:05	9:09	9:12
Trenton	8:24	8:28	8:31
Washington, DC	8:29	8:33	8:36

## **ABC SPECIAL**

ParentWise |



by Len McMillan

How do Adventist parents raise spiritually strong children in spite of the pressures of today's world? Family life specialist Dr. Len McMillan provides the answers you need in this warm and practical book. Learn how to avoid common child-rearing mistakes, find greater fulfillment in parenting, control anger and frustration and instill biblical values in your child. ParentWise provides proven techniques to enhance communication, advice on discipline and suggestions for single parenting. Paper, 138 pages. \$8.95

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