

MAY 1, 1996

# Visitor

COLUMBIA UNION

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*Church checklist*

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**Reading Kenhorst  
produces Abundant Life**

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He *loves* me!

page 4



**Hamlet Canosa**  
Vice President for Education



"To be, or not to be?" This renowned question of Shakespeare's *Hamlet* initiates my namesake's best known, brilliant soliloquy. As far back as I can remember, however, it was not Hamlet's question that became my preoccupation, but another.

Undoubtedly, many have wondered, and some have even asked, "Why Hamlet?"

How in the world would one be given such a name? Many times in my life, particularly in my youth, have I wondered, explained, and on occasion, defended it. So it is.

Laurence Olivier's 1948 Broadway portrayal of Hamlet was deemed to be one of that season's finest performances. His inspirational acting moved my grandfather to offer the name to my parents as his suggestion for his first grandson. If "Grandpa," as he was lovingly known, could only know the challenging consequences his grandson would experience with that naming, perhaps he would have chosen differently.

Far be it for me, however, to deny the right granted to him to name me or to question his judgment. Surely it could have been worse. He could have chosen the name Antipholus or Dromio—which would have been a real "comedy of error."

I now welcome the shorter version of the name, "Ham." Be assured, lest you wonder, I am "kosher" through and through. I would have it no other way!

Every name has a meaning. This is evidenced in Scripture. Remember Naomi's request to be called Mara (bitter), for reasons of her experience? Some of the most meaningful given names come from God's Word.

One's name is established more by what one "is"—the inner core—than what one might be called. Our value, our identity, comes from the Father. While it is true that "a good name is rather to be chosen than great riches," it is not our name, but *His* name, that gives us worth and empowers.

It is *His* name that calls us to the deeper, richer experience of faith and assures us that He attends to our every need. "Verily, verily, I say unto you, whatever you shall ask the Father in my name, he will give it to you,"—*John 16:23*.

Named and claimed by Christ, our Lord, shall we each be, I pray.

**COVER:** This cluster of bright purple crocuses was photographed by Visitor Editor Dick Duerksen for the new eighth grade science textbook, which is being used this year in most Adventist elementary schools across North America. For a look at other beauties God opens to us in springtime, see the colorful array on page 4.

2000  
VISITOR

**Because  
Jesus Christ is both  
our Lord and our Saviour:**

- The local church will be the central focus and the driving force of the denomination.
- The joy and celebration of worship will attract people to our churches, allowing the Sabbath to become a major evangelistic tool.
- Church fellowship will be so vibrant that retention of members will improve and conflicts over lifestyle issues will decrease.

**Brandon Walekar, Sligo,**

Potomac. Brandon, a sixth-grader at Forest Oak Middle School, was baptized in November of 1995 by Pastor Norma Osborn.



**Sarika Walekar, Sligo,**

Potomac. Sarika Walekar, an eighth-grader at Rosa Parks Middle School, was baptized in November of 1995 by Pastor Norma Osborn.



**Face**  
Baptism Profiles  
*Face*

**Amit Walekar, Sligo, Potomac.**

Amit, a seventh-grader at Forest Oak Middle School, was baptized in November of 1995 by Pastor Norma Osborn.



**Name, church affiliation, conference.** Description of when the person was baptized and by whom; along with information leading to their decision to be baptized.

Parents, teachers, students, pastors, send your baptismal photos in today!

**Profile:**

Dr. Yvette Weir-Gladstone has always been a trendsetter. As the youngest of three children, she graduated from high school at the age of 15 and was the youngest of her dental class at age 19.

Following graduation and an internship, she did a six-month missionary service to Camaroon, West Africa, with the General Conference.



Learning a new language and culture made her more sensitive and aware of different people. The people she encountered each day broadened her vision of service.

To this day, she has continued her service to the church as A.Y. Leader, a role that she considers challenging yet exciting.

She is married to Don Gladstone, and together they have a 16-month-old son, Ariel.

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Resource and Response Line



# Amazing Facts program piques curiosity

"Debbie and I didn't wait to find out what church was behind the *Amazing Facts* program," said Larry Barker with a smile. "When we heard about the Sabbath, I went to the public library to do some research. We wanted to know which church or churches kept the Sabbath the way Joe Crews told us about."

First, Larry and his wife, Debbie, checked encyclopedias to see which religions kept holy the seventh-day Sabbath. After they had narrowed the field down to Seventh-day Adventists, they found *Questions on Doctrine* and in *Defense of the Faith* and read them.

As they continued to study and listen to *Amazing Facts*, they decided to visit a Seventh-day Adventist Church in Erie, Pennsylvania, where they lived.

In the telephone book, Larry found the names of two Adventist churches and the Community Service center. After they called the community center to learn the time for the

church worship hour, they attended services at both churches.

At one Erie church, they met Millie McCullum, Community Services director. After learning of their interest, she asked if they would like to receive Bible studies. They agreed and Wayne Moyer studied with them each week.

Soon they were attending Sabbath school and church every Sabbath.

For a number of years, Larry had no qualms about working on either Saturday or Sunday. But now, since he knew that the seventh-day Sabbath was God's day, he talked with the industry officials, wondering if he could continue his job without weekend work.

Since this could not be arranged, Larry quit his job. The very next week, he began working with an agency that

provides temporary workers for factories and offices.

After a short time of temporary work, Larry was hired full-time by the company.

"At first, Debbie and I wondered how we were going to get along with a 25 percent pay cut, plus returning 10 percent to the Lord. But we're still doing fine," Larry stated.



"The main difference in our lifestyle is that we don't eat out as often as we used to. It's hard for somebody who is trying to eat right to eat at a restaurant anyway. Since we've been eating a more healthful diet, we feel better. I lost 25 pounds, and Debbie lost 20. God is keeping His promise to take care of us."

In 1995, when Pastor Finne-man asked for those who would like to be baptized to go to the front of the church, Larry walked down the aisle. He was baptized in January of 1996.

Debbie, a member of the United Methodist Church since childhood, continues to attend her church, and worships with Larry every Sabbath.

# Visitor COLUMBIA UNION

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The VISITOR is the Adventist publication for people in the Columbia Union. It is printed to inspire confidence in the Saviour and His church and serves as a networking tool for sharing methods, members, churches and institutions can use in ministry. Address all correspondence to: Columbia Union VISITOR, 5427 Twin Knolls Road, Columbia, MD 21045. Free to Columbia Union members. Non-member subscription—\$7.50 per year.

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Printed by the Review and Herald Publishing Association in Hagerstown, MD 21740.

May 1, 1996

Vol. 101, No. 9

## Looking ahead...

The *Visitor* staff would like to hear your thoughts and stories to include in the following issues:

### June 15

A day in the life of a college student

### July 1

Christmas in July

### July 15

Freedom: Are we really free?

### August 1

Voicemail? The web? Are we becoming isolated?







"He loves me."

"He loves me not."



"He loves me."



No matter

how many petals



I pull, it always comes up,

"God loves me."





The legacy of Adventist Laymen's Services and Industries is rich and long in its contribution to the Seventh-day Adventist mission. Back in the 1800s, God was calling for action regarding mission service by early Sabbathkeepers. Self-supporting entrepreneurs were encouraged by Adventist pioneer Ellen White.

Today, ASI members are encouraged to make practical applications of our religious convictions and responsibilities. Brenda Street, a second-generation ASI member,

## The category is business and ministry

Brenda Street (right) admires the handiwork of a resident in Elesy Manor, Street's senior-assisted home.

"Providing a loving home for the elderly is my business and my ministry"



Ann Sampson (left) and Brenda Street discuss what's on the menu for residents of Elesy Manor, a business member of Adventist Laymen's Services and Industries.

the elderly. Our motto is 'Quality Care for Special People,' which means all of its residents are very special and deserve the very best care."

Street's mother had joined ASI in 1963 and maintained her membership until her death. After taking over the business, Street joined ASI in 1983. "Alonzo Bethea, director

of the ASI organization for the Allegheny East Conference, provided the information about the association that was helpful in the management of my business," Street says. "Then I attended the ASI convention in Dallas, Texas, in 1994. It was a thrilling and worthwhile experience. I'll never forget the testimonies by many of the ASI members on how they spread the gospel in their businesses. I left the conference with more enthusiasm and determination to allow God to control my personal and business affairs."

Street and her husband, James, work together in their business. "It is a major feat to work closely with your spouse in a business setting as Brenda and James do," says Bethea. "They also hire Adventist staffers. A critical bonding experience takes place when employing Adventists that cannot be duplicated."

Street says that ASI has helped her understand the ministry aspect of her business. "Providing a loving

home for the elderly is my business and my ministry," she says. "I now realize better than ever that providing the little things like going the extra mile, giving a hug, listening and even praying with the residents and/or for them is the ministry aspect, and providing meals and a place for my residents to sleep represents the business aspect."

"For those interested in finding out more about ASI," says Harold Otis Jr., president of the union's organization, "the national convention will be held in Providence, Rhode Island, this year from July 31 through August 3."

For further information, contact Otis at the union office, or Alonzo Bethea, general vice president for the Columbia Union ASI, at (301) 384-2072; or write to him at 15203 Peach Orchard Road, Silver Spring, Maryland 20904.

Charlotte Pedersen McClure is the managing editor of the Visitor and associate director of communication for the Columbia Union Conference.

### What I learned during an ASI Convention

"I learned many important principles at the ASI Convention that really helped me. Some of them are:

Pray for guidance on a daily basis.—Psalm 16:7.

Practice the Golden Rule.—Matthew 7:12.

Trust in the Lord.—Proverbs 3:5.

Accept God as a partner in business endeavors.—Romans 8:28.

Be honest and upright in all business dealings.—Isaiah 33:15 and 16.



# Union "heroes" carry Olympic torch

*"As a torchbearer for the 1996 Olympic Torch Relay, you have the honor of carrying the Olympic Flame on its journey to Atlanta, Georgia. Very few in history have been bestowed this honor.*

*"The Olympic Flame will arrive in Los Angeles on April 27, 1996, and begin its journey through the United States toward Atlanta. The route will cover more than 15,000 miles and travel through 42 states in 84 days..."*

KIMBERLY LUSTE



Twenty-five out of 340 Seventh-day Adventist nominees were bestowed the honor of serving as torchbearers for the 1996 Olympic Torch Relay.

Following a stringent qualifications process, the final selections were made public on the Internet. The qualifications required that the individuals have a track record of community service. Four representatives from the Columbia Union, chosen for their dedication to ministry

through community outreach, will participate in the relay.

## Kenny Catlett

Kenny Catlett, a sixth-grader at Oakland Elementary School (Cambridge, Ohio) won the AAA Ohio Auto Club Safety Patrol Distinguished Service Award, being one of only three children recognized in 1995 (out of 15,000 eligible students) for his bravery, compassion and quick thinking when he rushed into a street near his school and pulled a kindergarten boy to safety—out of the way of two approaching vehicles.

## Marcus Giddings

Marcus Giddings has been active in feeding the homeless in Washington, D.C., with two churches' programs. Marcus



**Active Pathfinder Marcus Giddings is one of the torchbearers.**

hasn't missed a "Loaves and Fishes" Sunday afternoon in the past three years at the Beltsville, Maryland, church. He also initiated a drive in 1994 within the Beltsville Broncos Pathfinder Club to collect old eyeglasses. The glasses were donated to the Lions Club so that those who couldn't afford them would benefit.

## Michael Gibbons

Michael "Chris" Gibbons actively volunteers in schools and community organizations, motivating youth to excellence. Chris and his wife recently founded the U-Turn Foundation, Inc., to help youths turn their lives around. Even with all his community support and activity, Chris still manages to excel as a young physician at Johns Hopkins Hospital.

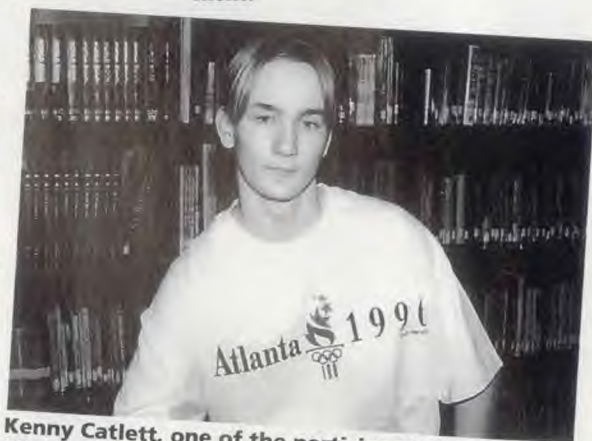
## José Rojas

José Rojas has been involved in community action for the past 13 years. He has worked for immigrant educational needs, as well as helping gang members discover options that free them from the cycle of violence. Jose, North American Division youth director, currently works with youth across the country to mobilize them in a newly established Youth Service Network, whose purpose is to place trained youth in towns and cities serving people's needs.

These four torchbearers will join more than 10,000 individuals in the 1996 Olympic Torch Relay. They will carry a torch designed specifi-

cally for these games that weighs about three and a half pounds.

The Olympic Games in Atlanta marks the centennial of the modern Olympic Games. More countries and athletes will participate in Atlanta than in any other Olympic Games in history. And four Columbia Union "community heroes" will be a part of this unique, historic event that celebrates America, community care and service and the Greek traditions that are "the very foundation of the Olympic movement."



**Kenny Catlett, one of the participants in the Olympic Torch Relay, awaits the event wearing an Atlanta 1996 centennial T-shirt.**

.....  
Kimberly Luste is a communication intern at the Columbia Union Visitor.



# Paint, plants & pulpits

RANDY HALL

## *Keeping your church beautiful*

Now that the Winter of 1996 is *finally* over, many people's homes are undergoing the annual tradition known as "spring cleaning." This is also a good time of year to take care of any repairs or extra cleaning your church home needs, too.

Here's a list of things each congregation should check when making your church home suitable for visitors—and regular members. Of course, every item won't apply to every church, and there may be a few things not mentioned here that you'll want to fix up. Still, this listing should make a good starting point:

### Shrubby and plants

Take a look at the landscape, shrubby and plants around your church. They also preach!

### Lawn

A well-trimmed, freshly mowed, neat lawn is always inviting. Regular maintenance is essential.

### Identification sign

Size, design, lighting and readability of the identification sign is always important. A poor sign is probably worse than no sign at all.

### Curbs and sidewalks

Broken concrete in parking lots, sidewalks and curbs should be repaired or replaced to give a neat, clean appearance.

### Exterior paint

Painted areas need annual attention. Proper undercoating and a good paint are many times more economical than frequent repainting.

### Entrance doors

Peeling paint gives an immediate run-down impression. People who are passing by usually judge the

congregation by the things they see on and around the church property.

### Exterior lighting

Good lighting shows pride and enthusiasm and a desire to share what we have with others. Study your needs, and let your lights shine!

### Foyer

What about your church foyer? Does it speak for an ambitious group of church members?

### Hymnals and racks

Take a look at the songbook racks. Are the hymnals in good condition? These are always noticed by guests.

### Rostrum

The rostrum can easily be in disarray, leaving the impression of disorganization. The furniture should be uniform and in neat arrangement.

### Pulpit

The last thing your minister sees before he stands up to speak is the back of the pulpit. Keep it clean, not cluttered.

### Pastor's study

This room in your church should be conducive to clear thinking and study. Make it attractive and give it a warm, welcome appearance.

### Supply rooms

These rooms need to be organized and give a neat appearance. Clear out all old supplies that have no use from one year to the next.

### Store rooms

Supply areas can be a fire hazard. Make sure cleaning equipment and other church items are all in good repair and proper order for use.

### Carpet

Is the carpet worn out? Or dirty? There's an answer for this. Make definite plans in your church budget each year for replacement when needed.

### Interior paint

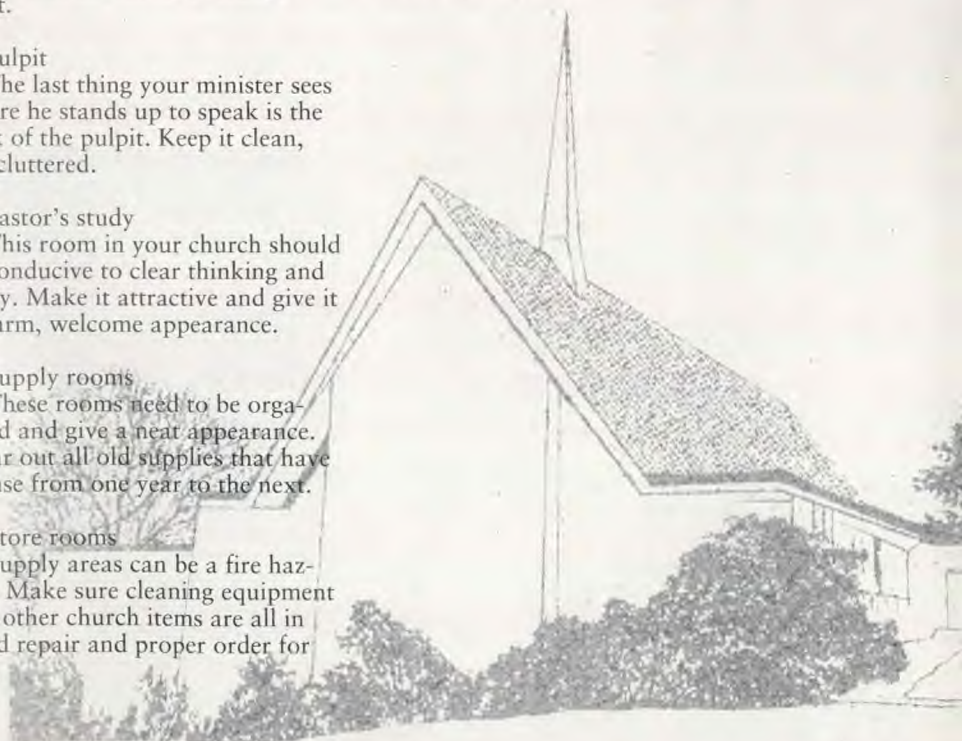
Anyone can sling a paint brush—but not everyone can paint! Use only painters who care what the finished product looks like.

### Interior lighting

Nothing gives a more worshipful atmosphere than a well-lighted sanctuary. Keep awake and alert!

Remember that the first impression people often get of your congregation is what they see when they look at your church building and property. Make it a good one!

*Randy Hall is assistant editor of the Columbia Union Visitor.*





# CUC students work for Adventist Community Services

TAMARA WOLCOTT FISHER



CUC freshman Alejandro Garcia-Barbon (left) and Freshman Sara Sidmore are "energetic and enthusiastic" workers, helping needy clients says Lisa Hollinger (right), ACS executive director.

**T**his semester, three Columbia Union College students are exemplifying the CUC motto, "Gateway to Service," by working at the Adventist Community Services Center in Silver Spring, Maryland. These students, Sara Sidmore, a freshman pre-physical therapy major from New Mexico; Alejandro Garcia-Barbon, a freshman theology major from Puerto Rico; and Wesley Robinette, a sophomore biology and pre-physical therapy major from Maryland; all say they enjoy their work at ACS and like helping the people who come into the center.

"These energetic and enthusiastic students are refreshing to all who work and visit ACS," says Lisa Hollinger, ACS executive director. "The CUC students are hard workers and good at dealing with clients. Most ACS clients are from low- to non-income families who need help with food, clothing and finances. The students treat the customer with respect, and that makes them feel good."

Sara Sidmore is the center's secretary Tuesday through Friday and handles receptionist duties like answering the telephone, working on the computer and creating bulletin boards for new programs. Sidmore

also greets clients and coordinates furniture pick-up and delivery. "I really like working with the staff at ACS. They are a lot of fun, and I also enjoy helping others."

Students who work at ACS are paid under the federal work-study program coordinated by the CUC financial aid office.

The federal government provides CUC with federal work-study funds that are to be used to pay student wages. "The law says that CUC must spend five percent of our allocations, or funds, that we receive on community service work," says Don Tucker, CUC director of financial aid. "If we do not spend this money, we lose it and are in violation of the law. But this year, we are spending our five percent—that is about \$4,000 to \$5,000."

Alejandro Garcia-Barbon and Wesley Robinette pick up and deliver furniture for ACS. They say they average about three pick-ups per day and never lack for work. Garcia-Barbon speaks Spanish and English, and that is a great asset to ACS, for many of their clients' first language is Spanish.

"Last month we went to an apartment in Chevy Chase for a pick-up, and it was full of furniture," says Garcia-Barbon. "It took six hours to complete the job." He also says that working at ACS is great job experience for a future pastor.

"I think working at ACS helps me better understand CUC's motto 'Gateway to Service,' and I am excited to serve others and provide them with a service they can't get anywhere else," says Robinette.

Tamara Wolcott Fisher is the director of public relations for Columbia Union College in Takoma Park, Maryland.



Sophomore Wesley Robinette moves donated furniture from an apartment to help stock needed supplies at the Adventist Community Services Center in Silver Spring, Maryland.



# Mount Carmel members get serious about health

On November 12, a group of anxious individuals sat in the surgical waiting room of Nanticoke Memorial Hospital in Seaford, Delaware, as the first "victim" went under the needle. Thus began the "putting your money (or in this case, your brachiocephalic vein) where your mouth is" part of the health initiative of the Mount Carmel church in nearby Harrington, Delaware.



**Michele Parker's blood pressure is checked by a nurse at Nanticoke Hospital as part of the Mount Carmel church's health initiative.**

This unusual event was a result of what happened on Sabbath, September 16, which was Heritage Day in Harrington. The streets were packed with people as early as 9 a.m.

Meanwhile, members from Mount Carmel were busily posting signs and setting up tables with sacred literature, vegetarian dishes and recipes. Nurses and other medical professionals were setting out health literature and testing instruments. Pathfinders and Adventurers in dress uniform were tightly clutching bunches of literature and rehearsing their canvasses. The church had

joined the townspeople in what has become an annual opportunity to witness and show the members' community spirit.

The Adventist Youth program that afternoon was led by Gwen Foster, Allegheny East health and temperance director, who spoke about what great things God is doing with a health program in the Philadelphia area and concluded with a challenge for Mount Carmel members to put their convictions regarding the church's health message to the test.

This challenge was accepted, and the health initiative was born. More than 45 members signed commitment letters, promising to abstain from meat, drink eight glasses of water each day, get five servings of fruit and vegetables each day, get six to eight hours of sleep every 24 hours and exercise for 20 minutes a minimum of three times a week.

Many also chose one or more additional options, such as reducing sodium intake, eliminating solid fat and sucrose, reducing or eliminating TV viewing and avoiding egg yolks, all for 10 weeks.

On October 9, Health and Temperance Leader Murli Cooper and Pastor Oliver Cheatham met with Ed Hancock, president of Nanticoke Hospital, and the institution's public relations director, Joanne Collison. These hospital administrators could hardly let the team from Mount Carmel finish describing their health initiative before they agreed to donate the laboratory testing, amazed at the extent of the program and the dedication of the church members.

From that point until November

12, the congregation began a series of programs on health. Everyone survived the initial blood collection, which took place on the day the changes in dietary habits were to begin. These samples were evaluated for glucose, cholesterol, triglycerides and other elements. Non-invasive tests included checking height, weight and percentage of body fat.

And everyone survived the entire 10-week period and follow-up testing on January 21. Participants reported feeling better, having more energy and losing weight and inches. Many members have continued some form of the health program to date.



We know we can be healthier people if we'd only heed God's instructions. What we don't know is just how much healthier we can be. Try this yourself! The results will surprise you; they surprised us!

.....  
Geneva Spence is the church clerk of the Mount Carmel congregation in Harrington, Delaware.

**Health and Temperance Leader Murli Cooper tries to keep the wind from blowing away literature during the church's participation in Heritage Day.**



**Pathfinders, Adventurers and Eager Beavers prepare to hand out literature during the Heritage Day celebration in Harrington, Delaware.**



# TV Program Abundant Life leads lives to Jesus

LEE SCHAPPELL

The *Abundant Life* television program, now into its third year, continues to develop as a productive branch on the Master's vine. Under the faithful stewardship of co-founders Frank Gonzalez and Ed Betack, the Reading, Pennsylvania-based ministry is gently growing and maturing, with the promise that, through careful nurturing, it will bear much fruit for the final harvest.

From its humble beginnings at Reading's ACTV in October of 1992, *Abundant Life* has sprouted into 11 surrounding counties, encompassing an approximately 3,900 square-mile area via Reading's WTVE-TV, Channel 51. In addition to TV 51's over-the-air coverage, *Abundant Life*, a self-supporting independent ministry that relies primarily on advertising sponsors and private benefactors, is broadcast by the 14 cable systems that carry WTVE across south-central and southeastern Pennsylvania and into parts of New Jersey with further coverage provided throughout the Harrisburg-Hershey-Carlisle

market by station W65AV, which picks up and re-transmits the TV 51 signal over the air to an estimated 125,000 households. *Abundant Life* is currently being aired to a combined market in excess of 1,350,000 potential viewers. While marking its second anniversary on the air during the latter part of 1994, the broadcast was the recipient of a free ride lasting several weeks on the Three Angels Broadcasting Network. This brief bonus exposure brought a rich response as many first-time viewers from across the United States and Canada requested the books and materials offered during each telecast. Moreover, as a direct result of the success of this initial "test drive," negotiations are presently underway that would make *Abundant Life* a regular part of the Three Angels Broadcasting Network's weekly programming.

One of *Abundant Life*'s most memorable programs to date was an unbelievably exciting three-segment feature on ex-Navy frogman and former Cousteau Society chief diver Steve Arrington.

Why has *Abundant Life* been so successful? To what does this budding young branch attribute its phenomenal growth? Every angle of this endeavor is refreshingly unique. From *Abundant Life*'s executive staff to its volunteer production team, all agree that the Master is the true source of its power and direction.

According to Executive Producer Ed Betack, *Abundant Life*'s overall mission and sole purpose is to spread the gospel with a clear voice and to minister to the needs of the people in accordance with the example that Jesus set for those who would labor in His vineyard. "Whatever we've achieved has come through His grace and enabling power. We've accomplished nothing without Him," testifies Betack.

"The success that *Abundant Life* enjoys is a direct result of following the Lord's leading," said staunch supporter Fred Morgan, "coupled with a burning desire to finish His work and see Him come in the clouds of heaven."

All who comprise this blossoming spring acknowledge with joy that the branch cannot bear fruit of itself. Christ is the Vine, and we are His branches.

## A production crew miracle

*Abundant Life* exists for the express purpose of winning souls for God's kingdom—even when the individual is a member of the production crew.

Mike Weslowsky had not attended church for quite some time. The struggle for daily survival that can gradually consume even the very elect had so thoroughly encroached on his time and energy that Jesus was crowded right out of the picture.

One Sabbath morning, however, Mike awoke with the strongest impression that he should go to church. He tried ignoring it in the hope that it would go away, but the impression became stronger and more persistent.

"Go to church," it prodded. "You need to go today."

Without further hesitation, Mike got dressed and went to church.

Just before the sermon, Pastor Gonzalez delivered his customary report on the progress and success of the *Abundant Life* program, which was then being broadcast only on Reading's ACTV cable outlet. Then, he asked the congregation whether anyone present could edit videotape. *Abundant Life* had an urgent need for someone with professional experience in this area.

Mike was working at WTVE-TV and had professional experience in editing videotape. Immediately after church, Mike stepped forward and offered his services to the television ministry. A short time later, through this association, the *Abundant Life* program was picked up by station WTVE and added to their repertoire.

Lee Schappell heads religious liberty activities at Reading Kenhorst Boulevard church.



G. Edward Reid shares insights with Host Frank Gonzalez



Host Frank Gonzalez poises a question to Pastor Jerry Finneman

aired to a combined market in excess of 1,350,000 potential viewers. While marking its second anniversary on the air during the latter part of 1994, the broadcast was the recipient of a free ride lasting sev-

eral weeks on the Three Angels Broadcasting Network. This brief bonus exposure brought a rich response as many first-time viewers from across the United States and Canada requested the books and materials offered during each telecast. Moreover, as a direct result of the success of this initial "test drive," negotiations are presently underway that would make *Abundant Life* a regular part of the Three Angels Broadcasting Network's weekly programming.

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## COLUMBIA UNION

## New faces, new places; tasks and transfers

- Paul Johnson becomes the new assistant treasurer for the Columbia Union Conference. Previously a staff auditor with the General Conference Auditing Service assigned to this union, he is replacing Randy Terry, who left this post to become associate treasurer of the Chesapeake Conference.
- Alvaro Diaz joins the Family Enrichment Resources staff at the Columbia Union office in Columbia, Maryland, as a junior accountant. He formerly served at the FER facility located in Thousand Oaks, California, in the areas of accounting and shipping.
- Kathy Sutton replaces Caron Oswald as the director of advancement with Blue Mountain Academy in Hamburg, Pennsylvania.



Paul Johnson



Alvaro Diaz

RANDY HALL  
Visitor Assistant Editor

## COLUMBIA UNION

## Union gains new family in Colombian Union

The Columbia Union joyfully hosted 10 visitors from the Inter-American Division for nine days in March.

They came from Colombia, South America, and are now a sister union to ours. In addition, each of their six conferences are sisters to our eight conferences. The 10 visitors were the union officers, conference presidents and university president. They came to see how our union conducts church business and to establish a working relationship between the two unions.

During the next five years, the two unions will exchange evangelistic meetings, student missionaries, building projects, lay training instructors and ideas for spiritual growth and other methods to advance God's church.

The Columbia Union Executive Committee voted for our administrators to return the visit to the Colombian Union in 1998. At that time, we will review the progress the two sister unions have made in growing the Seventh-day Adventist church in both North and South America.

Pastors and church members desiring a part in the exchange of missionary activities should contact Frank Ottati or Dick Duerksen, coordinators of this project, at the Columbia Union office.

RALPH MARTIN  
President

Officers from the Colombian Union take a break during their visit to the Columbia Union office in Columbia, Maryland.

## Dr. Kay's Q&amp;A

## Affair can devastate teen



**Question:** For a number of months, I've known our 14-year-old daughter had a crush on her 37-year-old married coach. This past week, my husband became suspicious and listened in a phone conversation when the coach was expressing his sexual desire for our daughter. All contact with him has now been severed, and my daughter is grieving. She has lost everything meaningful to her—the opportunity to be trained by the best in the state and the rewards that would bring, plus the love of her life! How can we help her overcome this?

**Answer:** Parental decisions like this are painful, but the consequences of allowing an unhealthy relationship to continue would be even more painful, perhaps destroying not only your daughter's self-respect, but also the coach's marriage.

Many adults don't realize that a psychological affair with a child can be as abusive as a physical affair. To express one's love and verbally talk about sexual matters can arouse the child prematurely and cause fantasies that can interfere with school work and healthy social relationships with peers. Also, psychological intimacies can quickly move into physical intimacies.

Your daughter needs to grieve her loss. She needs to talk about it and work through her tangled emotions: sexual desire, hurt, anger and disappointment. It's going to take time. It would be good if she could talk to a counselor, but she may be too embarrassed to say much right now. Leave that option open for the future.

Don't press her to talk by asking questions. Instead, give her openings such as: "I know your coach was probably your closest friend ... ." "It's tough when you feel your opportunity to reach the top has been snatched away because your coach acted inappropriately." Or: "It wouldn't surprise me if you're angry at us for stopping this relationship." "You might even be thinking that we've destroyed your chance of winning a championship." Then listen. Unless she's able to get her emotions out, she's likely to harbor them, and bitterness or depression will likely increase.

Don't try to give her platitudes, such as "You'll make new friends," "We'll find a better coach," and "This was just an infatuation." All of these things are true, but pushing information on a person who's emotionally devastated denies the reality of that person's emotions and is usually counterproductive to healing. And don't be tempted to try and put her life back together for her. Working through these issues herself, with your support and understanding, will make her a stronger person in the future.

What your daughter needs most is your unconditional acceptance and willingness to listen, positive social relationships with respected adults and peers that will build her self-respect and something special to look forward to.

**[Read more from Dr. Kay Kuzma in the Family Times newspaper. For a free year's subscription, just write to: Family Matters, P.O. Box 7000, Cleveland, TN 37320; or call (615) 339-1144.]**



## ADVERTISING RATES

Minimum charge: \$15 for 50 words or less for ads originating in the Columbia Union and \$20 for all others. Additional words, 25 cents each in the union, 40 cents each outside the union. Ads must be placed at least four weeks before the issue date by mail or calling (301) 596-0800 or (800) 438-9600 toll-free. The Visitor does not guarantee the integrity of any product or service advertised.

**MARYLAND SDA PODIATRIST:** Dr. Scott Nutter—highly trained, experienced and board-certified—is available in several locations to help your foot/ankle problems, including arthritis, heel pain, spurs, diabetes, callouses, ingrown nails, sprains, fractures, warts, bunions, etc. Surgery, if it's needed, at Adventist hospitals. Columbia, MD: (410) 531-6350; Laurel, MD: (301) 725-5652; or College Park, MD: (301) 441-4400. (1215)

**CANADIAN UNION COLLEGE** seeks applications for a faculty position in the business and economics department to begin on September 1. The applicant must have a doctorate in business or a related field, be prepared to undertake research, possess strong skills in current information technologies and management science and be committed to the mission of the college as well as the Adventist church. Send curriculum vitae to: Vice President for Academic Administration, Canadian Union College, 235 College Ave., College Heights, AB, T4L 2E5. (51)

**COMPUTER CD-ROMs** for spiritual enrichment and witnessing. New: *The Bible Notebook*, Version 1.0, the complete Bible with commentary on Daniel and Revelation. More than 125 hypertext doctrinal study chains (more). Also: *E.G. White on CD*, Version 4.1, with 287 titles of complete books, pamphlets and periodicals (more). Call MLI Software at (800) 382-9622. (61)

**EXECUTIVE SECRETARY** to the president: Must have excellent organizational, computer and people skills. Send your resume, including salary history or requirements, to Ann at Ann's House of Nuts, Inc., 8375 Patuxent Range Rd., Jessup, MD; or fax them to (301) 317-6248. (515)

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**IN HIS BOOK MY DREAM,** George Vandeman mentions the longevity of the Hunzas who commonly live to be over 120 years old. Due just to their mostly vegetarianism? It's also their mineral source. Our extraordinary, all-natural product is derived from that same source. Purchase it wholesale from our toll-free number. Share this opportunity with others. When they purchase the same product wholesale from the toll-free number, we send you commission checks. SASE for info to: Whelma Simmons, 6050 Melody Ln. #179, Dallas, TX 75231. (51)

**URGENTLY NEEDED:** Missionary volunteers in Korea. College graduates with bachelor's degrees or higher to teach conversational English and Bible for one year or more at the SDA Language Institutes of Korea. (Teaching experience is not necessary—we train you.) Retirees welcome. Benefits include airfare, housing, utilities, stipend and severance pay. For more information, write to: Ray James, 40 Pleasant Dr., Sutter Creek, CA 95685; call (209) 267-0416; or send a fax to (209) 267-0342. (61)

**ARTHRITIS, OSTEOPOROSIS, CANCER,** etc., reversed naturally. Results seen with 30 years of experience in using God's remedies. I have written four health booklets; one is on cancer. Send a self-addressed #10 envelope with two 32-cent stamps for literature on herbs to Joyce Trout, Rt. 1, Box 179J, Martinsburg, WV 25401. (51)

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**CREATIVE DIRECTOR** (graphic arts coordinator): Full time, days, bachelor's degree in graphic design with an emphasis in computer-assisted layout. Will consider a fine arts degree if experienced in layout design, print production and computer graphics. Exceptional organizational skills, the ability to manage several projects simultaneously and meet deadlines while maintaining a high standard for creative output are requirements. Serious applicants will have the following skills/abilities: extensive skills in photo retouching; complete mastery of "layers" and "alpha channels" in Photoshop; strong background in typography; strong knowledge of the printing process; mastery of Illustrator, Quark and Photoshop; experienced at art directing video and photo shoots; ability to create strong concepts as evidenced through a portfolio; technical understanding of Macintosh computers and the ability to troubleshoot technical computer problems. To apply, please send your resume to: Florida Hospital, 601 E. Rollins St., Orlando, FL 32803; or send it by fax to: (407) 897-5571. (51)

**CABIN RENTALS** in Greeneville, TN: Enjoy fantastic river and mountain views from the porch of cabins nestled in the woods. Jacuzzi, central heat/air, linens, Asheville, Gatlinburg, historical sites, antiques, fishing and the Appalachian Trail nearby. From \$360 per week; daily rates also. Guided rafting and hiking tours available. For a brochure or reservations, call (800) 842-4690. (121)

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**GC/DA STUDY GUIDE SPONSOR(S) ARE NEEDED** for an Adventist to spend an estimated three to four months creating in-depth printed study guides for *The Desire of Ages* and *The Great Controversy*. Estimated \$1,000/month needed to pay bills and needs while the sponsor devotes full time to this project. The sponsor is a highly computer-literate religion grad with excellent writing skills and a high level of creativity. Examples of already completed chapter study guide worksheets can be faxed to potential sponsor(s). Study guides in worksheet format have the potential to bless thousands. Friend of sponsor is answering machine; leave a message with Lori at (908) 459-9169. (51)

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## MISSION OPPORTUNITY

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addressed envelope. SDA Singles Worldwide Correspondence Club, P.O. Box 694, College Place, WA 99324; (509) 522-2379. Established in 1985. (1215)

**ATTENTION, EBONY SINGLES:** Find companionship through this Adventist singles organization designed with the "Ebony" single in mind. Special introductory rate for a limited time. Confidential, affordable, discreet and exciting. Send stamped, self-addressed, large envelope to The Ebony Files, P.O. Box 163011, Altamonte Springs, FL 32716. (61)

## LEGAL NOTICES

### Allegheny East Conference Triennial Constituency Meeting

Notice is hereby given that the 11th triennial constituency meeting of the Allegheny East Conference of Seventh-day Adventists will convene Sunday, June 16, 1996, at 9:30 a.m. in the General Conference building auditorium at 12501 Old Columbia Pike, Silver Spring, MD.

This meeting is called for the election of officers, department directors and committees; for consideration of revisions to the constitution and bylaws; and for the transaction of any other business that may properly come before the session at this time.

Each church is entitled to one delegate for its organization and one additional delegate for each 50 members or a major fraction thereof.

Delegates-at-large include the following: all members of the executive committee; the president, secretary and treasurer of the Columbia Union Conference, North American Division and General Conference; all department directors and associate directors of the Columbia Union, North American Division and General Conference who hold membership in the Allegheny East Conference; all Allegheny East Conference employees holding ministerial, missionary or commissioned credentials/licenses issued by the conference.

To facilitate procedures, each area organizing committee for the 11th constituency meeting will convene at least three weeks prior to the meeting with the union president or his designee to choose representatives to serve on the nominating committee for the constituency meeting, the standing constitution and bylaws committee and other committees that may be necessary.

The area organizing committees shall be constituted as follows: Each church shall

choose or empower its delegates to choose one member from its membership and one member for each 500 members. The persons thus selected in each area shall constitute the organizing committee for that area. The northern New Jersey, Bay and Delaware Valley area delegation shall meet at Pine Forge Academy in Pine Forge, PA, on Sunday, April 28, 1996, at 10 a.m., and the Virginia, Washington, DC, and Baltimore area delegation shall convene on Sunday, May 5, 1996, at the Dupont Park Seventh-day Adventist Church in Washington, DC, at 10 a.m.

Further to the notice, the nominating committee, with the president of the Columbia Union or his designee serving as chairman, shall meet at least one week prior to the regular constituency meeting for the purpose of nominating the president of the conference and other positions that may be deemed necessary, according to the constitution and bylaws. This meeting will be held on Sunday, June 9, 1996, at the Pine Forge Seventh-day Adventist Church in Pine Forge, PA, at 10 a.m.

ALVIN M. KIBBLE, *President*  
CHARLES L. CHEATHAM, *Secretary*

### Allegheny East Conference Association Constituency Meeting

Notice is hereby given that there will be a meeting of the Allegheny East Conference Association of Seventh-day Adventists in connection with the 11th triennial constituency meeting of the Allegheny East Conference of Seventh-day Adventists on Sunday, June 16, 1996, at 2 p.m. in the General Conference building auditorium at 12501 Old Columbia Pike, Silver Spring, MD.

The purposes of this meeting are to elect a board of trustees for the ensuing three years and transact such other business that

may properly come before the delegates at that time.

Delegates to the 11th triennial constituency meeting of the Allegheny East Conference of Seventh-day Adventists are likewise delegates to the association meeting.

ALVIN M. KIBBLE, *President*  
CHARLES L. CHEATHAM, *Secretary*

### Pine Forge Academy Constituency Session

Notice is hereby given that there will be a meeting of the Pine Forge Academy of Seventh-day Adventists constituency in connection with the 11th triennial constituency meeting of the Allegheny East Conference of Seventh-day Adventists on Sunday, June 16, 1996, at 3 p.m. in the General Conference building auditorium at 12501 Old Columbia Pike, Silver Spring, MD.

The purposes of this meeting are to elect a Pine Forge Academy board for the ensuing three years and transact such other business that may properly come before the delegates.

Delegates to the 11th triennial constituency meeting of the Allegheny East Conference of Seventh-day Adventists are likewise delegates to the Pine Forge Academy meeting.

ALVIN M. KIBBLE, *President*  
CHARLES L. CHEATHAM, *Secretary*

### Allegheny West Conference Regular Session

The 11th regular session of the Allegheny

West Conference of Seventh-day Adventists will reconvene at the Allegheny West Conference campground located at 6470 Oakthorpe Rd. in Thornville, OH, at 9 a.m. on Sunday, June 30, 1996.

The purposes of the meeting are to complete the election of officers, departmental directors and members of the conference executive committee for the triennial and to transact such other business deemed essential, proper and necessary at the time of the meeting.

WILLIE J. LEWIS, *President*  
STEPHEN T. LEWIS, *Secretary*

### Allegheny West Conference Corporation Regular Session

Notice is hereby given that the regular session of the Allegheny West Conference of Seventh-day Adventists will reconvene in connection with the regular session of the Allegheny West Conference of Seventh-day Adventists at the Allegheny West Conference campground at Thornville, OH, on Sunday, June 30, 1996.

The purposes of this meeting are to elect officers and board members for the triennial and to transact any necessary business that may be presented before the corporation.

The delegates to the regular session of the Allegheny West Conference of Seventh-day Adventists are the delegates at this meeting.

WILLIE J. LEWIS, *President*  
STEPHEN T. LEWIS, *Secretary*

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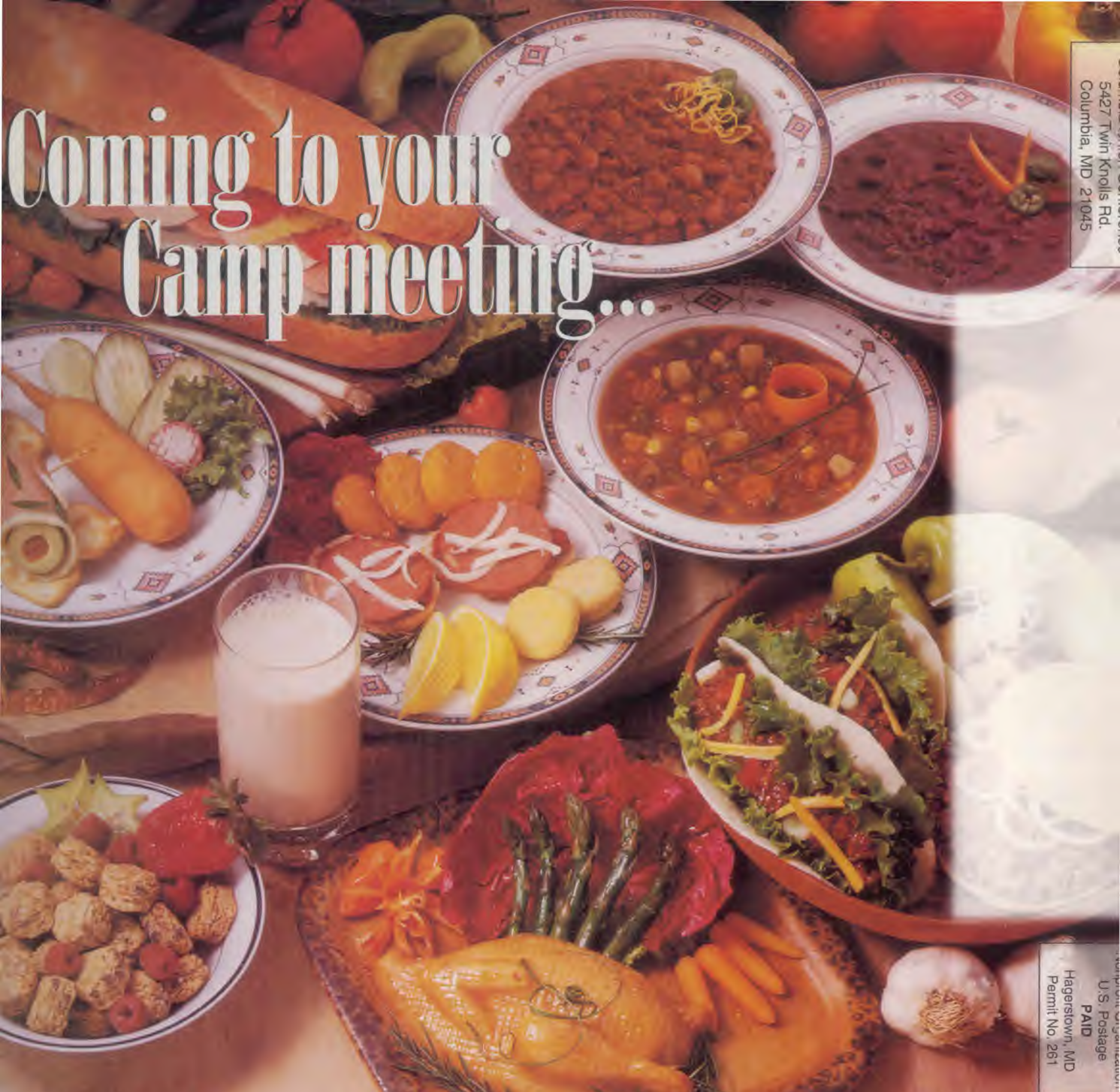
### SUNSET CALENDAR Daylight Saving Time

	May 3	May 10	May 17
Baltimore	8:01	8:08	8:15
Cincinnati	8:33	8:39	8:46
Cleveland	8:26	8:33	8:40
Columbus	8:28	8:35	8:42
Jersey City	7:54	8:01	8:08
Norfolk	7:54	8:01	8:07
Parkersburg	8:21	8:28	8:34
Philadelphia	7:57	8:04	8:11
Pittsburgh	8:17	8:24	8:31
Reading	8:01	8:08	8:15
Richmond	8:01	8:07	8:13
Roanoke	8:11	8:17	8:23
Toledo	8:35	8:42	8:49
Trenton	7:56	8:03	8:10
Washington, DC	8:02	8:09	8:15



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