

VISITOR



CONNECTING COLUMBIA UNION SEVENTH-DAY ADVENTISTS

AUGUST 2011 • VOLUME 116 • ISSUE 8

**Rev
It Up!**

**Ohio Conference
Hosts Motorcycle
Camp Meeting**

Contents

AUGUST 2011



News & Features

6 | Bikers “Rev it Up” for Christ

Taashi Rowe

They ride into town atop Harleys, Kawasakis and Suzukis, the plangent roar of their engines interrupting the quiet Mount Vernon, Ohio, afternoon. As they file into Mount Vernon Academy’s cafeteria wearing jeans, T-shirts, leather jackets, pins, bandanas, tattoos and piercings, it quickly becomes evident that these are not your stereotypical bikers, and this is not going to be your grandmother’s camp meeting. Read more about this unique Ohio Conference camp meeting.



About the Cover: Some 80 motorcycle enthusiasts gathered in Mount Vernon, Ohio, for a biker camp meeting. Photo by Jeremy Kester.

In Every Issue

3 | Editorial

4 | Newsline

10 | Potluck

13 | Healthcare News

Newsletters

17 Allegheny East

19 Allegheny West

21 Chesapeake

23 Highland View Academy

25 Mountain View

27 Mount Vernon Academy

28 Spring Valley Academy

29 New Jersey

31 Ohio

33 Pennsylvania

35 Potomac

37 Takoma Academy

39 Washington Adventist
University

44 | Bulletin Board

47 | Whole Health

Lilly Tryon

STAY CONNECTED



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On the Web



Video – After you read this month’s cover story, watch our coverage of Ohio Conference’s “Rev it up Revival”

Camp Meeting. Some 80 motorcycle enthusiasts participated, including Columbia Union president Dave Weigley. Go to columbiaunion.org and click on Videos or scan this barcode using a free QR Code Reader App to view it on your mobile phone or iPad.



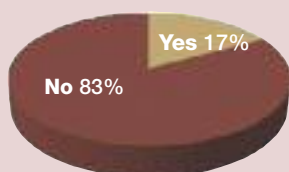
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Facebook – Are you a fan of our *Visitor* Facebook page? Connect with us at facebook.com/ColumbiaUnionVisitor and click the “Like” button. Then, share your church and school news and photos, promote your upcoming events or vote on next month’s question: What’s your favorite book by Seventh-day Adventist co-founder Ellen G. White and why?

Visitor Facebook Poll Do you ride a motorcycle?



Source: facebook.com/ColumbiaUnionVisitor

VBS: Where MacGyver Meets Moses

When I was a kid, Vacation Bible School (VBS) was simple. You had singing and Bible stories, and then you made something endearing out of Popsicle sticks. Nowadays, it’s more like an off-Broadway production with stage plays, videos and crafts that are so clever, even Martha Stewart would whistle.

I’m not complaining. As a parent, I appreciate all the creative ways these people teach the Bible. My son went to VBS at the Frederick (Md.) church where they made a convincing time machine out of a piece of mosquito netting. Another program called KGCN (developed to teach Adventist beliefs) actually features a television studio made from aluminum foil and Christmas lights. We’re probably not that far from someone making a space station out of old oatmeal containers.

It’s not just the kids; parents have also come to expect a high level of showmanship. One night during a VBS where I was helping out, a mother came in to inquire about our program. “We’re on our way to go swimming, but I thought we’d stop and see if you had anything good,” she said.

I was defensive about being evaluated in this way. “We have a whole lot of animals. Do your kids like animals?” I asked with a little more snarkiness than is recommended by the church manual.

“Yeah, they like animals,” she shot back. “Are they *real* animals?” At this point, I didn’t care how much fundraising it would take. I was determined to hire the entire cast of Disney on Ice for next year’s VBS. The church sign will read, “Who wants to go to the swimming pool now, huh?”

BETTER THAN SWIMMING

Did you help with a VBS this summer? If so, you deserve a big round of applause. Your efforts make a difference. Candace DeVore, who develops VBS programs for the Review and Herald Publishing Association in Hagerstown, Md., says she constantly runs into people who tell her, “The first time I heard of Jesus was at a VBS.”

This month we’re taking our son to VBS at the Hagerstown (Md.) church. I want to say to the leaders of their program how grateful I am for their willingness to teach children about Jesus. Most nights, it’s better than swimming.

Kim Peckham, a member of the Willow Brook church in Boonsboro, Md., wrote Stop Laughing: I’m Trying to Make a Point.



PHOTO BY DENNIS CREWS



Newsline

BETH MICHAELS

AUC Students Invited to Enroll at WAU

After signing a memorandum of understanding and obtaining support from constituents of both the Atlantic Union Conference and Columbia Union Conference during the spring, leaders of Washington Adventist University (WAU) have been working to secure approval from required federal, state, regional and church accrediting agencies for the establishment of a branch campus in South Lancaster, Mass.

At this time, the Massachusetts Department of Higher Education is still processing the application. As a result, WAU will not open this month in South Lancaster. Because Atlantic Union College's accreditation was not renewed, its students have been invited to enroll at WAU's Takoma Park, Md., campus for the fall 2011 semester.

"We're working through the process and are optimistic that we'll be able to operate soon after permission is granted by the commonwealth," said



Weymouth Spence, EdD, president of WAU, in a statement. "Moving this process forward

keeps our commitment to serve the educational needs of students in 15 states in the mid-Atlantic and Northeast United States and the islands of Bermuda."—*William Jackson*

CORRECTION: The Seabrook church, mentioned in last month's "Blogs From the Mission Field" feature (see page 17), is part of the Potomac Conference.

News From the Office of Ministries Development

NAD Investment Offering Benefits Local Projects

Every year the North American Division (NAD) returns Sabbath School Investment donations to two unions to help them fulfill the Seventh-day Adventist Church's God-given mission. The 2010 investment offering, more than \$42,000, helped sponsor two Columbia Union projects. Life Skills Academy is an outreach ministry of Allegheny East Conference's Montclair (N.J.) church targeting impoverished and at-risk youth. The WGTS 91.9 chaplaincy outreach program, led by Terry Johnson (below), enables station staff to personally connect with radio listeners and help connect them to local Adventist churches.



Youth Witness in Philadelphia

Nearly 30 full-time students are enrolled in the Pennsylvania Youth Challenge, a nine-week, intensive door-to-door program directed by Pastor Tara VinCross. Participants hope to visit 70,000 homes in Philadelphia, sell 11,000



Tara VinCross, pastor of Pennsylvania Conference's Chestnut Hill church in Philadelphia, baptizes Kaury Allen, a three-time Pennsylvania Youth Challenge participant.

books and collect as many as 14,000 requests for prayer and personal Bible study.

"This summer has been so amazing," shares Pastor VinCross. "I have never seen this many *Great Controversy* [copies] sold in the first two-and-a-half weeks of the program! I can definitely see the effects of what's going on in our world and people's hunger to understand end-time events."

Lillian Torres, Pennsylvania Conference's Bible instructor trainer, helped prepare area Seventh-day Adventist churches to work with the students and equip laypeople to give the Bible studies. Activities will culminate next month with a student-led evangelistic meeting in Kenya, East Africa, in partnership with ShareHim. Read more at payouthchallenge.org.

—*Frank Bondurant*

CAN YOU MAKE A DIFFERENCE IN MINISTRY?

ABSOLUTELY!

Since the Columbia Union Revolving Fund (CURF) started 42 years ago, its assets of small deposits from Columbia Union members has grown. CURF has used these funds to help build and expand hundreds of churches, schools, conferences and other entities across the union's eight-state region, including Allegheny East Conference's Metropolitan church, Chesapeake Conference's Baltimore First church, Mount View Conference's Friends-R-Fun Child Development Center and Community Health Education Center, Ohio Conference's Walk of Faith Fellowship Community Center and Washington Adventist University's Halcyon Hall.

That's why, with help from members, CURF truly is "Making Ministry Possible."



**MAKING
MINISTRY
POSSIBLE**

COLUMBIA UNION
REVOLVING FUND
(866) 721-CURF

BIKERS

Taashi Rowe

They ride into town atop Harleys, Kawasakis and Suzukis, the plangent roar of their engines interrupting the quiet Mount Vernon, Ohio, afternoon. As they file into Mount Vernon Academy's cafeteria wearing jeans, T-shirts, leather jackets, pins, bandanas, tattoos and piercings, it quickly becomes evident that these are not stereotypical bikers, and this is not going to be your grandmother's camp meeting.

A friendly, petite, red-headed, freckled woman sports a patch on her leather vest that gleefully announces, "These are my church clothes." A towering man with a black goatee and nary a smile on his face, wears a red bandana and a T-shirt inscribed with Isaiah 40:31: "They shall mount up with wings as eagles. They shall run and not be weary and



PHOTOS BY JEREMY KESTER AND TAASHI ROWE



“REV IT UP” FOR CHRIST

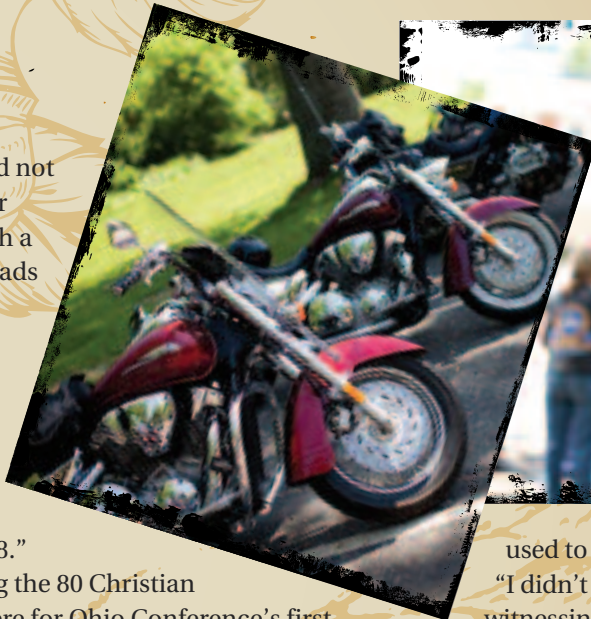
they shall walk and not faint.” Others wear leather jackets with a large patch that reads “Sabbath Keepers, Seventh-day Adventist, Revelation 14,” accompanied by the verse “Jesus is also Lord of the sabbath. Mark 2:28.”

They are among the 80 Christian bikers gathered here for Ohio Conference’s first “Rev it up Revival” camp meeting. They came from Ohio, Maryland, as far west as California and as far south as Florida to enjoy four days of evangelism training, games, rides in the countryside, devotionals, Sabbath worship and testimonies from speakers who openly share their journey to Christ and their love for Him.

ENTERING WEDGE

Tom Hughes (above) is one of them. Standing 6 feet 4 inches tall, Hughes, pastor of the Newark (Ohio) church and coordinator of this camp meeting, strums his guitar as he leads song service. He can identify with some of those who have lived the outlaw biker lifestyle. Before he became an Adventist, Hughes always thought he was too bad to be saved. “I had a lot of shame, hatred, self-anger ...” he says. “I thought, *If God knows anything about me, He wouldn’t want anything to do with me.*”

Now through his Bible Biker Ministries, Hughes has witnessed to bikers in all 50 states. “As a biker I



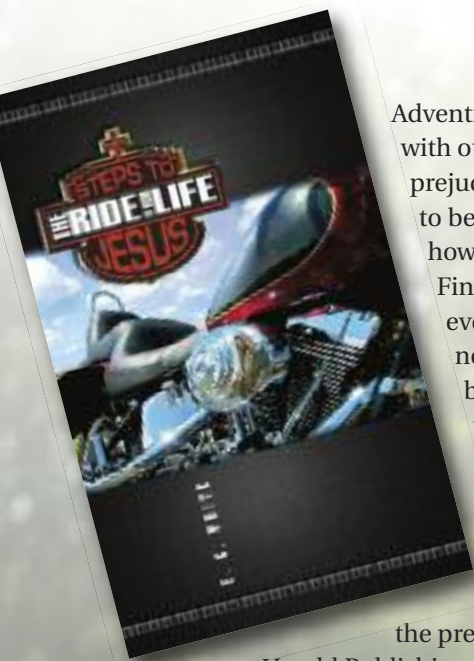
used to keep that side private,” he explains. “I didn’t want to be criticized.” Now he sees witnessing to all people, even at unsavory biker gatherings, not as an option but as a mandate.

“To say that we shouldn’t go to places like that because they are sinful ... there’s a really twisted logic there,” he says, shaking his head sadly. “I say the whole world is a cesspool and, yet, Jesus came here to witness to us. Isn’t ground level the foot of the cross?”

Monte Sahlin, Ohio Conference’s director of Research and Special Projects, is always on the lookout for unique ways to minister to underserved groups. With 400,000 bikers in the state of Ohio, he needed an entering wedge to reach them, but realized that “many bikers are not interested in conventional church.” That’s where Hughes’ long history of ministering to bikers became helpful. With support from the Columbia Union Conference and Ohio Conference, the pair designed this revival as a way to reach unchurched bikers.

“We have several goals for this weekend,” Sahlin notes. “One is evangelism. We are hoping that several people come who are unchurched. [Secondly], about a third of the speakers are Christians but not





Adventists. We want to connect with other Christians, break down prejudices. Thirdly, we want this to be a training event and show how they can reach bikers.

Finally, this is a networking event. We are trying to connect with other Adventist bikers and bring them together in a larger, more visible ministry presence.”

The training component is a key part of this camp meeting. Howard Scoggins, assistant to

the president at the Review and Herald Publishing Association in Hagerstown, Md., came bearing copies of *Steps to Jesus: The Ride of Your Life* (above). With Hughes’ help, the Review revamped the Ellen White classic *Steps to Christ* to gear it toward bikers. The Review has already printed 250,000 copies, which came as a surprise to them.

“We had no idea there was an army of Bible bikers waiting for this tool,” admits Scoggins, also an avid

biker. “In the last 12 months, we had an amazing number of people asking for this. We are just thankful the Lord has people out there waiting for a tool like this, and they are taking it to the streets.”

FOSTERING A SENSE OF COMMUNITY

This kind of ministry is what Dave Weigley, president of the Columbia Union Conference, calls “recreational evangelism.” Weigley, who rode his 2003 Harley Davidson Ultra Classic more than 300 miles from his home in Maryland to speak at the event, says bikers have an instant rapport that creates opportunities for Adventists to reach some unexpected candidates for Christ. Following his sermon at the worship service, Weigley shares his hope that “people will leave here with a sense of community, that they belong to a large fellowship of Christian bikers who are in love with Christ and have the joy of experiencing His new life.”

For Marc Kopocs, a member of the Carrollton (Ohio) church, it’s already happening. “It’s nice to meet people who I have more in common with—people who have similar backgrounds, are turned on by Christ and can still enjoy life,” he says. “I’m really glad I came.”





Clockwise: Doug and Rose Henderson of the Kettering (Ohio) church appreciated the spiritual aspect of the camp meeting; Dave Weigley, Columbia Union president, leads bikers in prayer; Kirk S. Ewing of the Shiloh church in Cincinnati, Ohio, rode more more than 130 miles to the event; Kellye Simpson of the Ceres (Calif.) church, participates in biker games; Marc Kopocs of the Carrollton (Ohio) church enjoyed the fellowship.



Potluck

BETH MICHAELS

What's New?

Book > *I Am Completely Led* Christine Angela

Pulling from a personal journey of learning to wholly submit to God and His will, writer, speaker, teacher and musician Christine Angela hopes this book will inspire



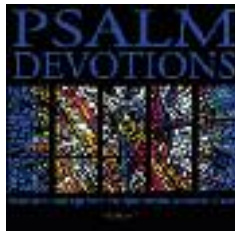
readers “to completely surrender their lives to Jesus Christ and allow Him to lead us where He wants us to go.” Angela, a member of Allegheny East Conference’s Emmanuel-Brinklow church in Ashton, Md.,

adds, “God will take you into places you never imagined.” Read more and order copies at completelyledministries.org.



CDs > *Psalm Devotions* Spencerville Church

“The CD includes live concert recordings interspersed with our four pastors reading some of their



favorite Psalms,” explains Mark Willey (above), director of music for

Chesapeake Conference’s Spencerville church in Silver Spring, Md. “Music and Psalms have been intertwined from the very beginning. It all works well together.” Compositions include Handel, Bach and Fauré, with performances by area musicians like the New England Youth Ensemble and Columbia Collegiate Chorale, both from Washington Adventist University in Takoma Park, Md. For a complimentary copy, call (301) 384-2920.

A Way Out 3 A.M.

This talented young trio from Chesapeake’s Westminster (Md.) church believes they have been “commissioned to finish our charge of sharing God’s message through music.” Dominique Wilson, Hakeem Wilson and

Martha Harris—all aged 21 and under—wrote the album’s 14 tracks filled with Christian jazz, soul and “a little something new.” Through songs like “Delilah” and “What Do I Give?” they hope “to inspire the listener’s soul and uplift their spirit in times of struggle.” Read more and order at reverbnation.com/threeangelsmessage.



From the Pulpit

The church developed a Christian education system so that our children would have the benefits of not only academics but spiritual education.

—Dave Woodruff, Pastor,
York (Pa.) Church

PHOTO BY RUTH COLLINS



What's Going On?

We’d love to hear about your latest project or ministry, find out what’s happening at your church, meet a recently baptized member or hear what you’re chatting about—and so would our readers.

We can’t wait to hear from you:
bmichaels@columbiaunion.net

On the Web

Retweets >

WashAdventistU



Medical Laboratory Science & Bioinformatics are 2 new programs

this year at WAU. Find out more @ tinyurl.com/waums.

—Washington Adventist University, Takoma Park, Md.

Facebooked >

Ria Dakanay



One goal in mind, baby! I can do all things through Christ who gives me

strength!—Breath of Life Church, Fort Washington, Md.

John Ehrlich



Another thing no one can take away from someone determined to “hold” onto

God—praise! When we remember and focus on what we “know” rather than what we feel or fear, then our sense of loss can turn into a song of praise! Reminds me of one of my favorite kid songs: “Jesus loves me, this I know, for the Bible tells me so!” Trust it! —Mifflintown (Pa.) Church

Luanna Campos



Revive your soul today by taking time to sit in God’s creation outside. Sit or

walk and breathe deeply, make a decision to be still and thankful to the Lord for all that He is doing in your life. In doing this you will find rest [for] your soul and restoration if you are at the end of your rope.—Chase City (Va.) Church

In the Spotlight > Worthington Adventist Academy



Worthington, Ohio

worthingtonadventistacademy.com

Once Upon a Time: Worthington Adventist Academy (WAA) started as a one-teacher, eight-student school in 1926, six years after Adventists organized the Worthington church. Classes were taught in the nurse’s living quarters of the Columbus Rural Rest Home, which later became the Ohio State University-affiliated Harding Hospital—a well-respected mental health facility started by Adventists in the Columbus area. Several growth spurts sparked name changes, building additions and three years of joint operation with another local Adventist school. Their newest school building (and local church) was completed in 2006. Today WAA serves nearly 60 students in grades K-8.

One of a Kind: WAA celebrates their diversity. Nearly half of their student population is not Adventist, and last year’s graduating class included students from four continents!

The school also strives to provide a welcoming, relationship-building atmosphere for its students, and encourages missions, which was the Week of Prayer focus last school year. As a result, WAA conducted fundraising projects to benefit ADRA and the American Heart Association, reports principal Suzanne Juarros (above). They also honed in on the components of NEWSTART, a program that emphasizes the importance of wholistic education for mind, body and spirit.

On Their Way: The school’s future plans include implementing a parent-driven robotics program and establishing a school reading garden to connect with the community about gardening, health and wellness. Juarros isn’t too worried about trying to convert community parents and students into the church. “We don’t think about the harvest,” she states. “We’re just the seed planters.”—Elizabeth Anderson

LET'S MOVE! DAY

Sunday, September 25, 2011



HELP US REACH OUR 1 MILLION MILE GOAL IN ONE DAY!

Register at www.AdventistsInStepForLife.org ▶▶

Whether you host a 5K run/walk, join a community event, or organize other activities, consider how your team can involve as many people as possible in physical activity. Invite your community to join your church, school, or hospital as we move together and promote a healthier lifestyle.



Find resources and information at www.AdventistsInStepForLife.org ▶▶▶



Let's Move Day is an event of Adventists InStep for Life
Sponsored by the North American Division Health Ministries Department



Profiles in Caring



Bill Robertson (first from right), President & CEO of Adventist HealthCare, and other of the organization's leaders presented the 5th Annual Community Partnership Awards to members of IMPACT Silver Spring, National Capital Dog Therapy, Inc., Kaiser Permanente and community member Adrian Miller.



Washington Adventist Hospital
Shady Grove Adventist Hospital
Hackettstown Regional Medical Center
Adventist Rehabilitation Hospital
of Maryland
Adventist Behavioral Health
Adventist Home Care Services
The Reginald S. Lourie Center for Infants
and Young Children
Adventist Medical Group
LifeWork Strategies
Cytology Services of Maryland

Health, Cure and Healing

A long time ago, speaking to the troubled inhabitants of a city under siege, the prophet Jeremiah sought to reassure the people of God with a promise that still brings us hope today. “Behold, I will bring it [Jerusalem] health and cure, and I will heal them, and will reveal unto them the abundance of peace and truth” (Jeremiah 33:6). As I reread this text the other day, I began to realize how much it applies to our work in Adventist HealthCare.

Every year as part of our planning for the Spring Conference, each of our institutions participate in creating a story that is shared with all of the conference participants—a story that communicates something of how our mission is being fulfilled each day through our work. Each year the story set is slightly different—shaped by the overall theme of the Spring Conference. This year the theme was “The Patient Experience,” so the stories provided examples of some of the ways that our patients have experienced their care with us. But that’s not really what the stories are about.

Previewing the stories the other night, I thought about Jeremiah’s words: about health and cure and healing. Those are the real stories we tell one another, and that permeate the way we work together and what we most value about our endeavors to be a “ministry of healing.”

Some of the stories are about health, and helping people return to health. Some of the stories are about cures—about people getting well, or about how we work together with patients and their families to confront the challenges they face as a result of an accident or disease.

All of the stories are about healing. They are about what happens when we look beyond the cure, even look beyond the goal of being healthy or restoring something that has been lost, and focus on that third word in Jeremiah’s statement: “I will heal them.”

It’s not the first time that God has made that pronouncement. Centuries earlier, during the Exodus, He had made a direct proclamation about His character: “I am the Lord, who heals you” (Exodus 15:26).

That is why it’s in our mission statement. “We demonstrate God’s care by improving the health of people and communities through a ministry of physical, mental and spiritual healing.” Health and cure are close to the heart of what we do, but healing is our mission and our goal.

William G. “Bill” Robertson
President & CEO
Adventist HealthCare



Adventist HealthCare Honors Community Partners at Conference with 5th Annual Partnership Awards

Adventist HealthCare focused on “The Patient Experience” for its 5th Annual Spring Conference on May 23 in North Bethesda. The event included speakers from the health care field who spoke about the importance of compassion and caring, values reflected in patient stories from Adventist HealthCare entities and presented throughout the day.

Providing compassionate care is a vital component of the mission of Adventist HealthCare “to demonstrate God’s care by improving the health of people and communities through a ministry of physical, mental and spiritual healing.”

The event also honored four community partners with Adventist HealthCare’s 5th Annual Partnership Awards: IMPACT Silver Spring, Kaiser Permanente, Nan and Craig Duerling of National Capital Therapy Dog, Inc., and community member Adrian Miller.

“This award recognizes the vision for service that Adventist HealthCare shares with our partners, and provides us with the opportunity to express appreciation for their contributions,” said William G. “Bill” Robertson, President & CEO of Adventist HealthCare. “The Adventist HealthCare Partnership award comes from the very heart of our organization, with gratitude and appreciation.”

IMPACT Silver Spring

IMPACT Silver Spring has been an important partner of Adventist HealthCare for many years since the community-building organization was founded in 1999. IMPACT exists to bring businesses, individuals, and government together toward a community that is accessible to all. This includes recent immigrants and those at or below the poverty level as well as those who seek to belong to the community but lack access due to barriers, such as economic or language limitations.

A special recognition was given to Frankie Blackburn, former Executive Director of IMPACT and a member of the Washington Adventist Hospital Governing Board, for her role in helping to expand access to care.

Kaiser Permanente

Kaiser Permanente was honored for its commitment to Limited English Proficient populations, a focus shared by the Adventist HealthCare Center on Health Disparities. Through its Qualified Bilingual Staff (QBS) Program, Kaiser trains bilingual staff to interpret in a medical encounter.

Last year, Kaiser Permanente partnered with the Center, the Maryland Hospital Association and the State Department of Health and Mental Hygiene to sponsor a Train the Trainer

program attended by staff from nine health care systems across Maryland, Virginia and Delaware. By sharing expertise, and support, Adventist HealthCare and Kaiser increased organizational capacity to provide health care that is culturally and linguistically appropriate, ensuring medical accuracy and building community trust.

National Capital Therapy Dog, Inc., Nan and Craig Duerling

National Capital Therapy Dog (NCTD), Inc. is a non-profit, volunteer-based organization that provides pet therapy for children and adults. Through NCTD, Nan and Craig Duerling have been bringing their therapy dogs, Ada and Bently, to Adventist Behavioral Health Eastern Shore on a weekly basis for the past two years.

The Duerlings and their therapy dogs have demonstrated caring and devotion to the population of life-challenged boys that are in treatment at the Eastern Shore facility by providing a unique opportunity for motivation, socialization, education and rehabilitation.

Mr. Adrian Miller

For the past 10 years, community member Adrian Miller has asked for and received a Christmas wish list of toys from the Pediatrics Unit at Shady Grove Adventist Hospital. Mr. Miller, who works as a newspaper deliveryman, has fulfilled that list by purchasing thousands of dollars’ worth of toys to be given to the children who may be in the Peds Unit during the holidays.

Mr. Miller was honored as a wonderful example of how Adventist HealthCare’s mission of compassion is shared with members of our community and to demonstrate the difference that just one person can make.

For more on how Adventist HealthCare partners with the community and expands access to care, please see our 2010 Annual Report to the Community at www.AdventistHealthCare.com/report



Joyce Portela (first from right) presented the Adventist HealthCare Community Partnership Award to IMPACT Silver Spring staff (from left) Alix Nunan, Technology and Engagement Coordinator; Frankie Blackburn, Senior Strategic Advisor; Jayne Park, Senior Strategic Advisor; Laura Steinberg, Board Chair; Mary McCurty, Lead Facilitator; and Ronnie Galvin, Executive Director.

Adventist HealthCare In The News

Adventist HealthCare Welcomes Terry Forde As New Executive Vice President and Chief Operating Officer



Forde recently served as the president of Parker Adventist Hospital in Colorado. At Adventist HealthCare, he is responsible for overseeing the organization's Maryland entities and operations

as well as providing direction to selected Support Center services, such as Human Resources and the Education Institute.

Terry joins at time when there are significant changes being made in health care due to government reform, as well as an increased presence of large health systems in the Maryland area. He has a track record of engaging employees and physicians to deliver world-class clinical, patient experience and financial performance and has helped expand the community's access to health care in his previous roles.

Terry has served with great success in a variety of health-care leadership roles during his 19-year career. His experience includes leadership in faith-based/non-profit, for-profit and governmental health-care organizations, and he has an extensive background in finance, operations and executive leadership. For the past eight years, Terry served as a senior leader for Centura Health, a faith-based organization jointly sponsored by Catholic Health Initiatives and Adventist Health Systems. During his tenure with Centura Health, Terry served as the Chief Operating Officer and Chief Financial Officer of 368-bed Porter Adventist Hospital and as president of rapidly growing community hospital Parker Adventist Hospital.

Stroke Symposium Offers Latest Treatment Options to Patients, Medical Community

Community members and medical professionals learned about the latest treatment options for stroke and heard about the personal experiences of stroke survivors during the first "Stroke Symposium: Pathways of Innovation, Hope and Recovery," hosted by Adventist Rehabilitation Hospital of Maryland in Rockville, Md. and the Montgomery County Stroke Association. The daylong event, held in conjunction with National Stroke Month in May, took place on May 19 at the Johns Hopkins University Montgomery County Campus in Rockville.

Each year, nearly 800,000 Americans suffer a stroke, which is the third leading cause of death behind cancer and heart disease, according to the American Stroke Association. In 2010, Americans paid about \$73.7 billion in medical costs for stroke-related conditions and disabilities.

The Stroke Symposium offered separate tracks for the community and medical professionals. The event featured keynote speaker Jacqueline Mayer, Miss America 1963, who suffered a stroke in 1970 at age 28.

Care for stroke patients is just one type of rehabilitation available at Adventist Rehabilitation Hospital of Maryland, which celebrates its 10th anniversary this year. The facility offers comprehensive rehabilitation programs for a wide range of conditions including traumatic brain injuries, spinal cord injuries, amputations, orthopedic injuries and surgeries, sports related injuries, work-related injuries, cardiopulmonary conditions and neurological disorders.

Additional information about the hospital's rehabilitation programs is available at www.AdventistRehab.com

Washington Adventist Hospital Obtains Quality Stroke Designation

Washington Adventist Hospital in Takoma Park, Md., has obtained an important designation from the Maryland Institute of Emergency Medical Services Systems (MIEMSS) that highlights the hospital's high-quality care to patients suffering from a stroke.

The five-year designation as a Primary Stroke Center from MIEMSS was granted following a detailed review of key clinical processes demonstrating enhanced care and a coordinated approach for stroke patients. In the U.S., stroke is the third leading cause of death, killing around 160,000 people each year, and the leading cause of adult disability. Published research has shown that the rapid and coordinated team approach provided by Primary Stroke Centers leads to the best outcomes for stroke patients.

Hospitals that are Primary Stroke Centers must establish a number of key elements to enhance care to stroke patients, including an acute stroke unit, an integrated emergency response system, and 24-hour neurosurgical and neuroimaging services. They must also develop and implement evidence based stroke pathways of care.

For more information on the quality programs at Washington Adventist Hospital, go to www.WashingtonAdventistHospital.com

Please Join Adventist HealthCare on Facebook and Twitter



Un nuevo Vicepresidente Ejecutivo y COO se incorpora a Adventist HealthCare

Adventist HealthCare le da la bienvenida a Terry Forde como nuevo Vicepresidente Ejecutivo y Gerente General (Chief Operating Officer).

Forde recientemente se desempeñó como presidente del Parker Adventist Hospital en Colorado. En Adventist HealthCare, él es responsable de supervisar las entidades y operaciones de la organización en Maryland así como de proporcionar la dirección a los servicios de Centro de Apoyo selectos, como Recursos Humanos y el Instituto de Educación.

Terry se integra en un momento en que se hacen importantes cambios en el atención médica debido a las reformas del gobierno, así como una mayor presencia de sistemas de salud grandes en el área de Maryland. Él tiene antecedentes probados de hacer participar a los empleados y médicos para entregar un desempeño clínico y financiero, y una experiencia del paciente, de clase mundial; y ha ayudado a ampliar el acceso de la comunidad a la atención médica en sus roles anteriores.

Terry se ha desempeñado con gran éxito en una variedad de roles de liderazgo en la atención médica durante su carrera de 19 años. Su experiencia incluye el liderazgo en organizaciones de atención médica con base religiosa/sin fines de lucro, con fines de lucro y gubernamentales. Durante los últimos ocho años, Terry se ha desempeñado como líder principal de Centura Health, una organización con base religiosa auspiciada de manera conjunta por Catholic Health Initiatives y Adventist Health Systems. Durante su desempeño con Centura Health, Terry se desempeñó como el Gerente General (Chief Operating Officer) y Gerente Financiero (Chief Financial Officer) del hospital de 368 camas Porter Adventist Hospital y como presidente del hospital comunal de rápido crecimiento Parker Adventist Hospital.

Washington Adventist Hospital obtiene el nombramiento de calidad en derrames cerebrales

Washington Adventist Hospital en Takoma Park, Md., ha obtenido un nombramiento importante del Maryland Institute of Emergency Medical Services Systems (MIEMSS) que resalta la atención de alta calidad del hospital a los pacientes que sufren un derrame cerebral.

El nombramiento por cinco años como centro primario para derrames cerebrales (Primary Stroke Center) de MIEMSS fue otorgado después de una revisión de los procesos clínicos claves detallados demostrando una atención mejorada y un enfoque coordinado para los pacientes con derrames cerebrales.

En los EE.UU. el derrame cerebral es la tercera causa líder de muerte, matando a aproximadamente unas 160,000 personas por año, y es la causa principal de la discapacidad en adultos. La investigación publicada ha mostrado que un enfoque de equipo rápido y coordinado proporcionado por los centros primarios para derrames cerebrales conduce a los mejores resultados para los pacientes de derrames cerebrales.

Los hospitales que son centros primarios para derrames cerebrales deben establecer una cantidad de elementos claves para mejorar la atención a los pacientes con derrames cerebrales, esto incluye la unidad para derrames cerebrales agudos, un sistema de respuesta integrado para emergencias, y servicios de neurocirugía y de neuroimágenes las 24 horas. Ellos también deben desarrollar e implementar vías de atención para derrames cerebrales en base a pruebas. Para obtener más información sobre los programas de calidad de Washington Adventist Hospital, visite www.WashingtonAdventist-Hospital.com

El Simposio Sobre Derrames Cerebrales ofrece las últimas opciones de tratamiento para pacientes, y la comunidad médica

Los miembros de la comunidad y los profesionales médicos aprendieron sobre las opciones de tratamiento más recientes para los derrames cerebrales y escucharon las experiencias personales de sobrevivientes de derrames cerebrales durante el primer "Simposio sobre Derrames Cerebrales": Vías de Innovación, Esperanza y Recuperación" auspiciado por el Adventist Rehabilitation Hospital de Maryland en Rockville, Md. y la Montgomery County Stroke Association. El evento de todo un día, efectuado juntamente con el mes nacional del derrame cerebral en mayo, se efectuó el 19 de mayo en el Johns Hopkins University Montgomery County Campus en Rockville.

Anualmente, 800,000 americanos sufren un derrame cerebral, que es la tercera causa líder de muerte después del cáncer y las enfermedades cardíacas, de acuerdo a la American Stroke Association. En 2010, los americanos pagaron aproximadamente \$73.7 mil millones en costos médicos relacionados con las condiciones y discapacidades relacionadas con los derrames cerebrales.

Para obtener más información sobre el Adventist Rehabilitation Hospital de Maryland, visite www.AdventistRehab.com



1801 Research Blvd. Suite 400
Rockville, MD 20850
301-315-3030

www.AdventistHealthCare.com

Fourth Street Pastor Receives Military Promotion

Andrew R. Harewood, DMin, a lieutenant colonel in the United States Army, was recently promoted from deputy Pentagon chaplain to Logistics, Information and Resources manager for the United States Army Reserve Command Chaplain's Office. In this global role, he has offices in North Carolina and at the Pentagon. Harewood also pastors the Fourth Street Friendship church in Washington, D.C.

His family, friends and church members recently gathered at the Pentagon Memorial Chapel in Washington, D.C., to celebrate his proud accomplishment. At the ceremony, Harewood called each guest by name and thanked them for their support. He also spoke of quiet consistency and basked in the experience of walking in the supreme will of God. Barry Black, the U.S. Senate chaplain and a Seventh-day Adventist minister, presided over the ceremony.

Since he enlisted in 1990, Harewood has made constant climbs in his military status; deployed to Central America, Iraq and Afghanistan; and received many awards.

A family man with four sons and an accomplished wife, Harewood wears many hats. He is also an ordained pastor in the Adventist Church and holds a Doctor of Ministry from Howard University in Washington, D.C.

"I am very proud to have him as my pastor and to lead me. I thank God for sending him to Fourth Street," remarked Deborah Stewart, a faithful member of the thriving church family.—*Lauren Davis*



Andrew R. Harewood, DMin, a lieutenant colonel in the United States Army and a pastor of the Fourth Street Friendship church, is surrounded by his wife, Karen Harewood, MD, and sons at his promotion ceremony.

Conference Hosts Retreat for Ministers' Wives

Nearly 100 women recently gathered in Virginia Beach, Va., for the Ministers' Wives Appreciation Weekend Retreat. Allegheny East Conference (AEC) Women's Ministries planned the special weekend with the sponsorship of the conference administration.

When the ladies arrived, their welcome included notes of appreciation from their churches, selections from the devotional *FEAR NOT, Is There Anything Too Hard For Me?* and a Bible in their native tongue inscribed with the retreat theme "Apple of Mine Eye," which Charles Cheatham, AEC president, signed. Each lady was also given one talent (a dollar) to multiply.

Throughout the weekend, the ladies received many special gifts. The program booklet was indeed a souvenir containing letters of appreciation from presidents, Shepherdess directors and Women's Ministries and Ministerial departments from each level of the Adventist Church.

The real gift was what God was doing in the hearts of the ladies through fellowship, praise and heavenly manna. Mary Maxson, associate pastor at the Paradise (Calif.) church, provided Friday night and Sabbath manna. One attendee said the first session, "How Great is Our God," made real the awesomeness of God.

The ministers' wives of the Allegheny East Conference departed rested and revived with a new awareness of their identity as the apple of God's eye.—*Lolethia Kibble*



Josette Moise of the Pisgah church in Bryans Road, Md., spends time with Diane Brewer of the Irvington (N.J.) church.

Camp Meeting Brings Allegheny East Family Together

With the theme “Experiencing God Through Revival, Reformation and Renewal,” Allegheny East Conference members enjoyed two weeks of fellowship at the conference headquarters in Pine Forge, Pa. Below are a few highlights from the “best camp meeting this side of heaven”:



Henry Fordham, Allegheny East Conference's vice president for administration, makes a point.



Alvin Kibble, a vice president at the North American Division, preaches on the topic “Divinity in Residence.” He asks attendees, “Which prescription, faith or law led to your receiving the Spirit and salvation? [There is a] difference between trusting and trying, faith and law, human effort and God’s grace.”—NAD NewsPoints



Right: David Franklin is assistant pastor at Berea Temple in Baltimore.



Far right: Donald McKinnie, assistant pastor at Sharon Temple in Wilmington, Del., is pictured with his wife, Lahai, and son, Nathan.

Allegheny East Exposé is published in the Visitor by the Allegheny East Conference ■ PO Box 266, Pine Forge, PA 19548
Phone: (610) 326-4610 ■ myalleghenyeast.com ■ President, Charles L. Cheatham ■ Communication Director, Robert Booker ■ Editor, Taashi Rowe

PHOTOS BY KEITH S. GOODMAN, SR. AND LAUREN DAVIS

Camp Meeting Prepares Members for “The Appearing”

At this year’s Allegheny West Conference Camp Meeting, themed “The Appearing,” leaders zeroed in on the imminence of the second coming of Christ. Several seminars even demonstrated how attendees can prepare their lives and witness. Below are some highlights:

Chris Thompson, pastor of the Rock of Faith church in Pittsburgh, plays the part of a Nazarene shopkeeper.



Pastor Calvin Preston speaks for the second Sabbath service.



Above: Conference officers pray for Elwin St. Rose, pastor of the Central Columbus (Ohio) church and an Army chaplain, who is headed to Afghanistan.

Left: Nathaniel Lyles, pastor of the Melrose church in Roanoke, Va., leads song service.



First Sabbath speaker G. Russell Seay



PHOTOS BY BRYANT TAYLOR

Camp Meeting Faces



Left: Ruey Bruce, a member of the Central church in Columbus, Ohio, wins the 100-yard dash.

Fredrick Russell (right), conference president, recognizes Edward Brown (pictured with his wife, Minnie), pastor of the West Side church in Cleveland. Brown was one of four pastors to announce retirement.



Tara Taylor demonstrates a strength-training move in her health seminar.

THE CHALLENGE

chesapeake conference newsletter

AUGUST 2011

Called to Come, Commissioned to Go

Healthy Christianity is elliptical. It polarizes around two opposing, harmonious forces. One is centripetal—the invitation, “Come!” The other is centrifugal—the commission, “Go!” Either without the other produces the eccentric. Together they put the Christian in orbit.

Jesus said, “Come unto me.” And the Christian life begins with a sincere response to this invitation. But that is just the beginning, as there is also the commission—“Go into all of the world.” A person must know Christ to serve Him. It is pointless to go to others until you have first come to Jesus yourself. The coming and the going are held together in dynamic tension. Either without the other creates a distortion of true religion. The one who comes to Jesus and abides in Him, and then goes in His strength and love to others is a blessing to everyone in their orbit. Their lives, filled with the resources of grace, are constantly channeling those resources to others.

It was for this reason that we named our renewed camp meeting emphasis “The Gathering.” It was our hope that, having gathered together to focus on Christ, His message and mission, we would be challenged to return to our own personal worlds with renewed commitment to know Him and to make Him known.



Rob Vandeman
President

Hispanic Camp Meeting Inspires Attendees

Reavivados en Su Espiritu” (“Revived in His Spirit”) was the theme for the Chesapeake Conference Hispanic Camp Meeting held on the campuses of Highland View Academy and Mount Aetna Camp and Retreat Center in Hagerstown, Md. The meetings drew some 700 people. Below are some highlights from the weekend:



Left: Idania Torres, a member of the Hagerstown Spanish church, was one of 57 graduates of the Columbia Union School of Discipleship in partnership with Andrews University (Mich.). Far left: Raúl Rivero, pictured with his wife, Flordemaria, is ordained during the worship service. Rivero is the pastor of the Washington Spencerville and Bowie Spanish churches in central Maryland.



Hermes Tavera-Bueno, pastor of the Orlando Central Spanish church (Fla.), offers the morning message.



Rick Remmers (left), conference executive secretary, and Rob Vandeman (right), conference president, join participants on the front porch of the Highland View church.

PHOTOS BY JOSUE SANCHEZ AND SAMANTHA YOUNG

THE CHALLENGE

Camp Meeting Participants Gather to Focus on Christ

The Gathering,” the conference’s renewed camp meeting held at Highland View Academy in Hagerstown, Md., focused on mission and building a deeper relationship with Christ. Special features included a GLOW outreach literature distribution outing and the Sabbath afternoon “Music and Mission” program that showcased projects Chesapeake churches are doing locally and abroad.

In addition to meetings and seminars, attendees could participate in a late evening SONscreen film festival, a watermelon feed sponsored by Washington Adventist University in Takoma Park, Md., a Derma Scan health screening provided by Adventist HealthCare and enjoy stories and songs by the campfire. View more photos and video at ccosda.org or [Facebook.com/ChesapeakeConference](https://www.facebook.com/ChesapeakeConference).



Dick and Ardis Stenbakken bring the Bible to life as Boaz and Ruth during the morning family worship.



Teens sing by the late evening campfire. More than 100 people turned out for stories, singing and a marshmallow roast.

PHOTOS BY JOSUE SANCHEZ AND SAMANTHA YOUNG



Featured speaker Dick Duerksen, “storycatcher” for Maranatha Volunteers International, invites the group to follow God’s leading.



Katia Reinert, North American Division Health Ministries director, presents a seminar on treating and preventing depression and anxiety.



Women enjoy the Sabbath morning breakfast, which the Women’s Ministries department sponsored.

The Challenge is published in the *Visitor* by the Chesapeake Conference ■ 6600 Martin Road, Columbia, MD 21044
 Phone: (410) 995-1910 ■ ccosda.org ■ President, Rob Vandeman ■ Editor, Samantha Young

Focusing on Reverence

This year the faculty and staff at Highland View Academy (HVA) selected “Reverence” as our primary focus and theme. We believe everyone on this campus should understand the gravity of being in God’s presence. Throughout His Holy Book, God shows us how to approach His throne, and this will be reflected in our school assemblies, worships and other events. “Put off thy shoes from off thy feet,” He commanded Moses at the burning bush, “for the place whereon thou standest is holy ground” (Ex. 3:5).

Ellen White writes of the importance of reverencing our God when she says, “True reverence for God is inspired by a sense of His infinite greatness and a realization of His presence. With this sense of the Unseen, every heart should be deeply impressed. The hour and place of prayer are sacred, because God is there. And as reverence is manifested in attitude and demeanor, the feeling that inspires it will be deepened. ‘Holy and reverend is His name,’ the psalmist declares (Ps. 111:9). Angels, when they speak that name, veil their faces. With what reverence, then, should we, who are fallen and sinful, take it upon our lips” (*Prophets and Kings*, pp. 48-49). Please join us in daily prayer as we share our experiences and thoughts on what reverence is to God.



Deborah Treviño
Principal

NEWS

Dual Credit Program Starts This Semester

A new partnership with Washington Adventist University (WAU) in Takoma Park, Md., is allowing HVA juniors and seniors to earn college-level credits for taking certain courses at Highland View Academy. The courses include personal finance, chemistry and Western Civilization.

“This is a great way for our students to get a head start in their collegiate experience at a more affordable rate,” explains Deborah Treviño, principal. “This also provides them with that extra academic challenge at the high school level.”

Treviño explained that with many HVA faculty members holding advanced degrees, they are able to teach the courses using the syllabi that would be offered at WAU. She also noted that students who enroll in this dual-credit program are more likely to enroll in college, enter the workforce sooner and make a dent in their college expenses.

Split Schedule Allows Students to Lower Tuition

A return to a split schedule this fall will allow HVA students to combine studying and working. Seniors and sophomores will attend school in the morning and work in the afternoon, while freshmen and juniors will work in the morning and attend classes in the afternoon. For students aged 16 and older, the hours worked can lower tuition by as much as 50 percent.

“We have about 40 new jobs for HVA students,” Treviño says. “This makes our school more affordable than it would be with a traditional schedule.”

Students can work in different places on campus, including the business office, the Maintenance Department and the Davita Bakery.



With the new split schedule, seniors like Emily Bankes, who works in the business office, will attend classes in the morning and work in the afternoon.

How Literature Evangelism Strengthened My Faith

At the beginning of the summer literature evangelism program, I was scared to canvass, scared to go door to door and scared to talk with people. I also thought that participating in the program was going to be very boring. But the Lord started blessing me, and I found it easier to actually go up to people without being scared. It ended up being fun!

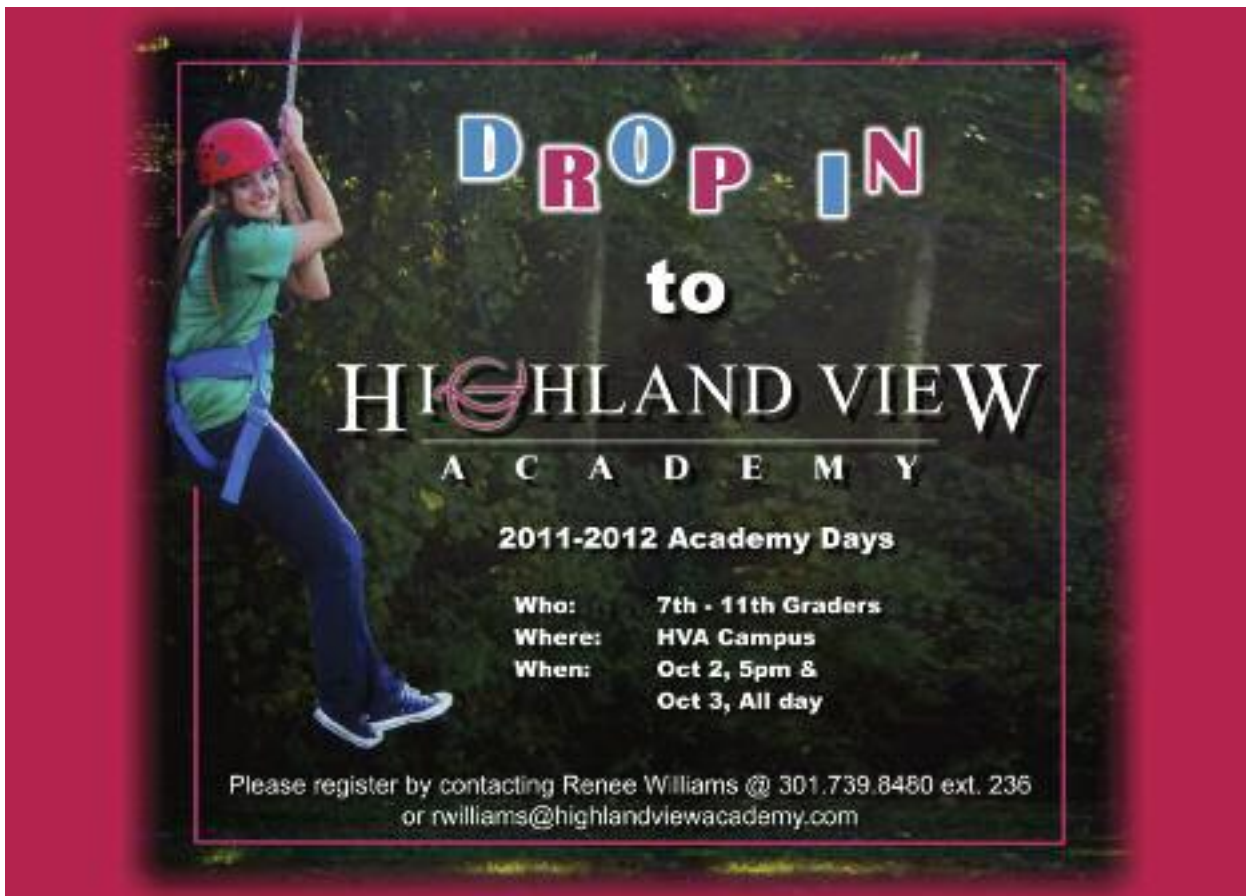
This spring HVA hosted a Literature Evangelism/Bible Workers training and invited trainers from Oakwood University (Ala.), Southern Adventist University (Tenn.) and the Review and Herald Publishing Association in Hagerstown, Md., to show us

how to canvass. Attending the classes improved my canvassing. In addition to sharing various strategies for successful canvassing, they also taught us how to give personal testimonies and made us see how literature evangelism goes hand in hand with Bible work.

Over the summer, my faith grew stronger, and I ended up with money that helped with tuition. Toward the end of the program, I found that God really was helping me the entire time. It was nice to help pay my tuition and have the school match my portion. The Lord truly blessed me during this experience.



Jeffrey Pride ('13), who participated in a literature evangelism program two summers in a row, saw his faith grow.



DROP IN
to
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ACADEMY

2011-2012 Academy Days

Who: 7th - 11th Graders
Where: HVA Campus
When: Oct 2, 5pm &
Oct 3, All day

Please register by contacting Renee Williams @ 301.739.8480 ext. 235
or rwilliams@highlandviewacademy.com

MOUNTAIN VIEW POINT

AUGUST 2011

Members Revived at Camp Meeting

For nine days, Mountain View Conference members came from all corners of the conference for their annual camp meeting at Valley Vista Adventist Center in Huttonsville, W.Va., and brought friends and family too! With the event's theme "Revive Us Again, O Lord," attendees had ample opportunities to rest and reconnect with friends and the Lord. Listen to the presentations online at mtviewconf.org. Below are a few highlights:



Kindergartners and primaries sing during adult Sabbath School.



Lucy Scoulas (left, with Edna Pepper) was recently baptized at the Charleston (W.Va.) church. "To be with brothers and sisters with so much love among them has been a wonderful thing," she said.



Sarah Volpe of the Grafton (W.Va.) church, shares a laugh with Taramayne Christopher from Miracle Meadows School in Salem, W.Va. "I saw a new picture of God this week in a good way!" Volpe says.



"We are very excited to be joining the Mountain View Conference team as we pastor in the Logan and Williamson (W.Va.) district," say Cesar and Mari Quispe, who enjoyed their first camp meeting at Valley Vista.

PHOTOS BY VICTOR AND MONICA ZILL



"I've always wanted to come to camp meeting, and this year we were able to due to the new [wheelchair-accessible] cabin. The spiritual atmosphere has been wonderful. My life has been touched," said Mike Ellis (pictured with his wife, Margaret). Both are members of the Toll Gate (W.Va.) church.



Betty Dudley from Kingwood (W.Va.) stands with daughter, Diane; granddaughter, Hannah; and son-in-law, Jeff Mayer. "It was beautiful to see my daughter and granddaughter re-dedicate their lives to Christ," Dudley said. Hannah says, "I'm going to work for the Lord full time!"

MOUNTAIN
VIEWPOINT

Scenes From Camp Meeting



Dave Weigley, Columbia Union president, goes down the zip line. He agreed to go if the Mountain View Conference president's "pocket fund" reached \$10,000. Attendees donated \$18,000 to the fund, which will be used to replace the pavilion roof and update the sewer pond.



PHOTOS BY VICTOR AND MONICA ZILL



Gavin Hart, Nathan Sipes and Ashlee Goad

Camp staffer Tamara Stockil said she was able to relate to the speakers and "see that they are human too and are allowing God to use them to bless others."



Jane Murphy is a member of the Grafton (W.Va.) church.

Below: Herb Montgomery presents the devotional "Finding the Father."



Isabella Howard



Josephine Jones hangs on for dear life.

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Phone: (304) 422-4581 ■ mtviewconf.org ■ President, Larry Boggess ■ Editor, Monica Zill

SPIRIT

MOUNT VERNON ACADEMY

AUGUST 2011

A Clean Slate

At the beginning of a new school year, everything feels new and ... possible. Think of it, no one has failed a test and no one has been in trouble. We start with a clean slate. There is no place on Earth where every year for four consecutive years we have the opportunity to start anew. The problem is that despite our ability to start fresh, there can be that nagging issue of the accumulative grade point average. But, still, we have this year to start anew without a blemish on our brand new record.

In reality, there is one other place where we can find that kind of reprieve and can recapture that feeling. The question is, do you believe that you can capture that same feeling at the feet of Jesus? Do you remember the fresh, clean, new, do-over experience where anything can be possible? Sometimes, it is hard to believe that Christ is offering us that kind of cleansing.

The joy of the Seventh-day Adventist academy experience is that we offer a full plate of new beginnings for our students. Our students need a fresh start, not just from what ails them in life, but also in spirit. When students come through our doors, they discover the joy of starting over with the grace of Jesus Christ where the accumulated sins of life are completely washed away in the blood of Jesus.



Robert Stevenson
Principal

NEWS



Class of 2011 Graduates 29

After four short years at Mount Vernon Academy (MVA), 29 young men and women commenced their post-academy lives. The Class of 2011 included students with a variety of



talents and backgrounds. Of the 29 graduates, 89 percent made plans

for college. Belinda Cheeseboro (1) received a Columbia Union Caring Heart Award for always helping students and staff and being very active in community service days and outreach projects.

Candace Polley (2) received a nursing scholarship that pays 50 percent of her tuition at Kettering College of Medical Arts in Kettering, Ohio. Monique Hartog (3) received a \$1,000 Renan Sandoval Science Award for students with high honors and excellence citizenship.

Three graduates were exchange students. Jerome Fan (4) returned to China and sent Tina Stevenson the following email when he got home: "I had a great school year in MVA, and I just want you to know how much I have enjoyed my stay [there]! I really feel I have a family in MVA!"



"Do You Know Where Your Child Is?"

Remember this commercial? Even though the parent thought their child was safe and sound in bed, the child was actually in harm's way. If you are looking to place your child in a good, nurturing, safe, Christian environment, consider Mount Vernon Academy, which is truly a protected place! For more information, call (740) 397-5411 or visit mvacademy.org.

Spirit is published in the *Visitor* by Mount Vernon Academy ■ 525 Wooster Road, Mount Vernon, OH 43050 ■ Phone: (740) 397-5411 mvacademy.org ■ Principal, Robert Stevenson ■ Editor, Tina Stevenson

SPRING VALLEY ACADEMY (1984)

CONNECTIONS

INSPIRING STUDENTS TO KNOW FOLLOW SHARE JESUS

AUGUST 2011

Welcome New Staff

The teachers and staff at Spring Valley Academy (SVA) are very excited as we begin the new school year! SVA is not only blessed with a campus designed to enhance our academic program, but equally blessed with a dedicated team of educators and staff committed to our mission of providing a Seventh-day Adventist Christian education. At SVA we strive to maintain our spiritual vision of inspiring students to “Know, Follow and Share Jesus.”

It is for this reason I am pleased to introduce to you our newest faculty members: Michelle Church (kindergarten teacher), Stacy Neria (first-grade teacher), Angie Weems (fourth-grade teacher), Cali Campillo (fifth-grade teacher), Lisa Moller (high school English teacher), Kimberly Bulgin (choral music teacher), Donald Huff (band director), Renee Guthrie (K-12 art), Greta Shull (elementary music) and Jim Johnson (IT coordinator). Please join us as we welcome them to our SVA family! Also, don't forget to check springvalleyacademy.org for the latest news.



Jeff Bovee
Principal

90 Accept Christ During Week Of Prayer

For one entire week, the Great Lakes Adventist Academy (GLAA) Aerokhanas gymnastics team from Michigan, joined SVA's high school Campus Ministries' team in presenting the Week of Prayer services for the elementary, middle and high school divisions. While visiting Spring Valley Academy, they lived on campus, which was no easy feat (they slept on the gym floor). Their efforts were life-changing.

The Aerokhanas helped conduct two Week of Prayer sessions each morning for grades K-5 and 6-12. On Thursday the Aerokhanas performed a play on the life of Christ (right) titled “Who is He?” after which 90 SVA students stood to give their lives to Christ. The next



Ken Knudsen, SVA chaplain, and Ted Webster, GLAA Aerokhanas coach, pray before the performance of the passion play.

evening was just as powerful as everyone came together for a reverent agape feast and shared many personal testimonials. One student remarked, “To be able to see God working in people's lives like that was an awesome experience and a very rich blessing.”

Sabbath morning continued to be a blessing as the GLAA and SVA students led the worship service. The week concluded with an Aerokhanas gymnastics show on Saturday night. “Overall, this Week of Prayer was a powerful demonstration of how hearts and lives are changed when the Holy Spirit is poured out upon young and old alike,” shared Ken Knudsen, SVA chaplain.

Connections is published in the *Visitor* by the Spring Valley Academy
1461 Spring Valley Pike, Centerville OH 45458
Phone: (937) 433-0790 ■ springvalleyacademy.org
Principal, Jeff Bovee ■ Editor, Vicki Swetnam

NEWS

NEW JERSEY

AUGUST 2011

Mission Caleb Teams Pledge to Enter 80 Cities

June 4 was a special day that will live in my memory forever. On that day, I had the privilege of organizing yet another new church—Cape May Court House Spanish. This is the fifth new church (including Belleville Spanish, Port Elizabeth Spanish, Somerville Spanish and Morristown Spanish) that we have organized this year in the New Jersey Conference. We already have plans to organize another new church—All Nations—in October. The organizing of new churches always fills my heart with joy and excitement as I see these new groups joining the sisterhood of churches and engaging in the mission of sharing the gospel in their communities.

During our elders retreats this year, pastors and elders prayed over a map of New Jersey, and then selected 80 cities and towns where we do not have a Seventh-day Adventist church. During camp meeting, we dedicated Mission Caleb Teams. Just as Caleb said to Joshua, “Give me this mountain” (see Joshua 14:12), when Israel was entering the Promised Land, so too will these teams go into these cities to claim them for Christ. They will launch small groups and Bible studies in these communities with the vision of establishing more companies and churches in our conference to the glory of God. My prayer is that all of you will “Proclaim His Grace” as our theme exhorts us to do during this “Year of Evangelism” in our conference. Please join with me in praying for our Mission Caleb teams.



José H. Cortés
President

NEWS



Pastor Alex Pastor signs the document organizing the Morristown Spanish church.

Morristown Spanish Church Organized

The Morristown Spanish church was the fourth new church organized this year in the New Jersey Conference and the 85th church in the conference overall. Under the leadership of Pastor Alex Pastor, they have grown to a membership of 74.

Cape May Court House Spanish Becomes 86th Church

The Cape May Court House Spanish church is the 86th organized church in the conference and the fifth church to be organized in 2011. Pastor Elvis Diaz recently baptized 12 new members, which raises their membership to 83.



Pastor Elvis Diaz, in the presence of conference president José H. Cortés, signs the document organizing the Cape May Court House Spanish church.

Members “Proclaim His Grace” at Camp Meeting

Both camp meeting speakers, Robert S. Folkenberg (for the English weekend) and Julian Rumayor (for the Spanish weekend), spoke on the conference’s theme “Proclaim His Grace.” Camp meeting also featured baptisms and the dedication of Mission Caleb Teams. Eight were baptized during the English camp meeting weekend and 30 more responded to a call for baptism. Ten were baptized during the Spanish camp meeting weekend and 40 more responded to the call. “God is growing His church in New Jersey!” declared José H. Cortés, conference president.

The conference’s mass choir performs during the New Jersey Conference English Camp Meeting.



Below: Pastor Bruce Banner spends time with youth from the Jersey City English church.



Above: Kids listen attentively to a children’s program during Spanish camp meeting.



Kids eagerly volunteer to help during the English camp meeting.



Pastor Mario Thorp baptizes James and Liliانا del Romero.



Mission Caleb teams receive pins during the Spanish camp meeting dedication service.

Camp Meeting Highlights



Mount Vernon Hill Church Hosts Home Town Camp Meeting

Jiri Moskala, ThD, PhD (left), chair of the Old Testament Department at Andrews University (Mich.), presented a three-part series on God's character. The meetings also drew visitors from other area churches, as well as students from the neighboring Mount Vernon Academy.



Friends and family enjoy a meal sponsored by Kettering Adventist HealthCare and friends of the Ohio Conference.

Pastors Organize Intergenerational Camp Meeting

Determined to bring back a conference-wide camp meeting this year, Mike Fortune, pastor of the Toledo First church, a dozen other pastors and some conference staffers, created Ohio's first truly "intergenerational" camp meeting, featuring homegrown Ohio talent. Adults and children came together for worship in the mornings and evenings, then separated into classes. They also spent afternoons together, participating in activities ranging from swimming and bowling to community service projects where young and old alike worked together "For His Glory."



The Gospel Echoes quartet kicked off the week-long event with a concert, and For His Glory, another local group, concluded the meetings with a mini concert. A praise team comprised of pastors, staff and children provided music during the week.

More than 700 came from across Ohio and surrounding states for Sabbath services. That morning Raj Attiken (left), conference president, preached on how God has given fallen humanity the gift of freedom to choose Him or to follow Satan.



Young people attending the camp meeting, as well as students and staff from Kettering College in Kettering, clean up a neighbor's yard.



Ladies Enjoy Tea With Friends

During the camp meeting activities, 125 women took time to enjoy an English garden-themed tea at the Mount Vernon Hill church. They enjoyed a complete menu of homemade delicacies and a worshipful, love-filled message from speaker Chandra Attiken. They also took home flower-filled planters.

COMPLETE in HIM

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Phone: (740) 397-4665 ■ ohioadventist.org ■ President, Raj Attiken ■ Editor, Heidi Shoemaker

Pennsylvania Pen

AUGUST 2011

Members Called to Reveal Jesus, Make Disciples

Each event at this year's Pennsylvania Conference Camp Meeting was designed to go hand in hand with the theme "Revealing Christ, Making Disciples." Below are some of the highlights:



The Earliteen class takes to the streets of nearby Hamburg to collect nonperishable food items for the Hamburg Seventh-day Adventist Community Services Center.



Jeremy Balio, Aaron Buttery, Jeremiah Wibberding and Lonnie Wibberding formed the "Hamburg Helpers" during camp meeting and invited other young people to join them in helping people on campus in practical ways.

"Are the things you are living for worth Christ dying for?" asks Ron Clouzet, North American Division Evangelism Institute director, during Sabbath worship.



Tim Madding (right), Pennsylvania Conference director of Leadership and Spiritual Growth, presents the ordination charge for pastors Andrew Clark (left) and Buddy Goodwin during the Sabbath afternoon ordination service.



Hispanic camp meeting attendees gather at signs representing the areas for which they will pray and plant new churches.

Fairview Village Community Center Leaders Awarded

The Fairview Village church's community center received the Adventist Community Service (ACS) Volunteer Service Award for Excellence at this year's Pennsylvania Conference Camp Meeting. Ruth Ann Christ and her team accepted the award.

The Fairview Village community center has been in operation for 18 years. The community center has a food pantry, kitchen, classroom, docking depot, furniture basement and clothing room. Center volunteers work with other organizations in the area and help 22-30 families each week. "We are humbly working to help others and waiting for Jesus' soon coming," Christ said.—*Ashley Richards*

Carolyn Lord and Ruth Ann Christ, Fairview Village community center volunteers, flank Jeannette Dare, conference ACS director, who presented the award.



10 Complete Lay Pastor Training

During the mission segment of the spring Pennsylvania Conference Camp Meeting, 10 were recognized for completing lay pastor studies. Pastors Jim Wibberding and Mike McCabe led in the graduation ceremony. Over the past year, they met monthly on Sunday mornings to learn the essential competencies for pastoral leadership, including preaching, evangelism, leadership and pastoral counseling. Participants were required to attend class, meet monthly with a mentor, study doctrine and do a “homework assignment” that allowed for practical and immediate

PHOTO BY TAMYRA HORST

application of their studies.

“Each class was very engaging. There was always a lot of lively discussion and good questions,” McCabe shared. “I would recommend any of them as lay pastors under the guidance of a conference pastor. The real growth takes place after they receive the diploma, not before.”

All graduates currently serve in church leadership capacities and will accept lay pastor opportunities as they become available in their areas. Most will also attend McCabe and Wibberding’s Simple Church training, which prepares participants to begin and lead



Pastor Mike McCabe presented graduation certificates to those who completed the lay pastor program.

churches in their homes. Training began last month and will continue for a year.

Pennsylvania Conference of Seventh-day Adventist

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Potomac People

AUGUST 2011

English Camp Meeting Draws 1,000

With the theme “Follow Me,” the Potomac Conference welcomed more than 1,000 people to this year’s camp meeting at Shenandoah Valley Academy in New Market, Va. Some of the highlights came on Sabbath when Dan Jackson (right), North American Division president, preached for the divine service and the Heritage Singers performed a concert. The conference streamed the major programs live at pcsda.org. One member even “attended” camp meeting from California!



From Tuesday through Thursday, Ben Maxson (left), pastor of the Paradise church in California, spoke about salvation, obedience and Christ’s righteousness.



During the week, youth, young adults and others participated in a home makeover project for Glenda and Houston Toman (below), a local family struggling with health concerns. Rick Tyler, a volunteer from the Waynesboro (Va.) church, considered it an honor to help a family in need.

“Everything’s not equal in our society ... and there [are] people who can use our time and talents to help,” he said.

Thanks in large part to Jedamski Contractors and



the help of several volunteers, this group worked tirelessly over a four-day period to build Glenda a new room.

For those who were not able to attend, the major programs, as well as the Tomans’ video story, are still available to watch on-demand on the “Events” page of pcsda.org.

—Adrienne Suarez and Dan Jensen



PHOTOS BY DAVID HITTLE AND ADRIENNE SUAREZ

On Sabbath afternoon, the Heritage Singers performed two concerts to a near-capacity auditorium.

Potomac People

Camp Meeting Scenes



Left: Youth lead song service in their evening meeting.

Joe Fralick, Shenandoah Valley Academy Elementary School principal, enjoys a quick supper with his family.



Youth, earliteens and young adults help with a weeklong home makeover project.

PHOTOS BY DAVID HITTLE AND ADRIENNE SUAREZ



Closing out the week, Bill Miller, Potomac Conference president, shared the experience of his sister, Betty, and her 35-year journey back to Jesus.



Although she is not yet a member of the Seventh-day Adventist Church, Tamika Reid is excited to attend her first camp meeting with several members of the Seabrook church in Lanham, Md. Pictured (left to right) are George and Liz Rampersad, Reid and Mark Wilbur.



William Shea teaches a class on the sanctuary.

Potomac People is published in the *Visitor* by the Potomac Conference ■ 606 Greenville Ave., Staunton, VA 24401
Phone: (540) 886-0771 ■ pcsda.org ■ President, Bill Miller ■ Communication Director, Dan Jensen

In Celebration of Our Teachers

One of the greatest challenges for any institution is handling the element of change. It is often difficult and uncomfortable for individuals to adjust to disruptions to the status quo and new expectations. Early in my administrative career, I was told, "You must inspect what you expect." For an evaluator, this process is fairly non-intrusive and causes little to no anxiety; however, the individuals being subjected to the evaluations have an entirely different perspective.

Takoma Academy (TA) teachers' commitment to fulfill the mission and the purpose of Seventh-day Adventist education has blessed families, students and the school. Over the past two years, faculty and staff have been involved in many transitions, including an increase in the amount of evaluations, coaching activities and required course work. Our initiatives and goals for the future could only be accomplished through their willingness to stretch themselves to become the best possible instructors for their students and the best ambassadors for Christ in the classroom. This continued commitment is what will make TA a school of excellence that develops students for this world and eternity.



David Daniels
Principal

Professional Development Strengthens Academics

During the 2010-11 school year, Takoma Academy participated in the School Enhancement Planning Grant program sponsored by the Commonweal Foundation. Schools involved in the program were invited to present a proposal that would allow the school to apply for a multi-year grant, which TA received. This grant will provide funding for the vice principal of academics position and continued profes-

sional development and training to help Takoma Academy strategically utilize data to make informed decisions about advancing the school's program.

In her first year at Takoma Academy, Amy Soper, vice principal of academics, worked with teachers to develop individual professional development plans, provided feedback to teachers from information gathered in classroom walkthroughs and observations, guided school-wide professional development and implemented a variety of methods to provide data and feedback about instruction. The systems Soper developed continue to provide structure to guide the improvement of Takoma Academy's instructional program.

Linda Natale, a consultant from Teach for Learning, will be facilitating TA's continued focus on exceptional classroom instruction. TA representatives will attend a data analysis workshop that will help direct the school in intentionally collecting and analyzing data to ensure long-term sustainability for the overall school program. "Schools that take part in this type of deliberate analysis of data often times become recognized as national schools of excellence," says David Daniels, principal. "Our goal is to become one of those schools. This type of process is what will allow our school to move from good to great for the benefit of our students' academic and spiritual success."



Amy Soper, vice principal for academics, talks with Jean Togbe, a representative from the Commonweal Foundation.

TATODAY

Graduates Encouraged to Aim High

Takoma Academy completed the school year with 43 seniors participating in the 77th commencement ceremony. The weekend's activities included a parent tribute with personalized videos from the graduates to their families, acknowledging support and expressing appreciation. Each senior also received an inscribed Bible at Consecration—a special gift given from the school, the alumni association and parent association—to remind them of the school's main objective for them: to develop a saving relationship with Christ.

During the Baccalaureate service, Anthony Medley, senior pastor

at the Emmanuel-Brinklow church in Ashton, Md., and an instructor at TA, challenged the class to remain focused, listen to God speaking and let Him guide their paths. He reminded the graduates that the Lord will always put them in a position to receive their desires as they focus on fulfilling His will, as long as they “pray, aim high and stay focused.”

Paul Graham, senior pastor at Restoration Praise Center in Lanham, Md., spoke for Commencement and explained to the graduates that failure *is not* an option. He challenged them to not allow failure to happen and insisted they continue to strive toward success. He encouraged them to remember that their preparation in God's institutions does not allow them to accept failure as an option.

Also during the ceremony, David Daniels, principal, shared the accomplishments of the school:

Left to right: New graduates Leah Daniel, Priscilla Shirsat, Nicole Niere, Christina Rosette, Darlene Tarectecan and Alejandra Campos happily end their high school journey.



Maya Suero (above) was named a National Merit and National Achievement scholar, and several students were accepted into prestigious summer programs.

Two beloved teachers—Laura Benn and Marquita Halstead—who retired at the end of the school year, were also recognized and honored for their dedication and years of service to Takoma Academy.



Calendar

August

- 14 Orientation
- 15 Classes Begin (9th Grade)
- 16 Classes Begin (10-12th Grades)
- 19 Dedication Service, 7 p.m.
- 20 Handshake, 8 p.m.

September

- 5 No School—Labor Day
- 9 Fall Picnic
- 10 Fall Hike
- 15-18 SALT
- 19-23 Week of Prayer
- 25-26 Kettering MedKamp

TA Today is published in the *Visitor* by Takoma Academy ■ 8120 Carroll Ave., Takoma Park, MD 20912 ■ Phone: (301) 434-4700 ■ ta.edu ■ Principal and Editor, David Daniels

Our Core Values

People often ask me what factors contribute to the new spirit of growth and success at Washington Adventist University (WAU). Without hesitation, I respond that the university's success is due to the blessings of the Lord and the demonstration of our core values. At WAU, learning success is our top priority. Excellence in teaching, learning and service comprises the core of our mission. As a learning community, we dedicate ourselves to the continued pursuit of excellence, and we recognize the dignity and worth of our individual members. With these fundamental principles, the following core values guide our path toward excellence:

- **Integration of the Life and Teachings of Jesus Christ.** We will model the life and teachings of Jesus Christ in all aspects of the learning community.
- **Commitment to Quality.** We take personal responsibility for continuous improvement and commitment to lifelong learning as we celebrate innovation, service and the success of our learners.
- **Respect.** We insist on an environment of respect. Our actions reflect the respect we hold for our students, our colleagues, our community and ourselves. We treat each member of our community as an individual deserving kindness, dignity and fairness.
- **Trust.** We honor the trust our students, the community and our colleagues place in us. With trust, we act openly and ethically, motivated by cooperation and a collaborative team spirit.
- **Considerate, Open Communication.** We take responsibility to share information, encourage the exchange of ideas, listen without judgment and speak with candor.
- **Accountability and Integrity.** We hold ourselves and others accountable for professional and personal actions, which means acting responsibly and conducting business with integrity.



Weymouth Spence
President

These core values make us Washington Adventist University! Read more at wau.edu.

New Provost Named

Susan G. Hornshaw, PhD, joined Washington Adventist University as provost in June. Hornshaw is a graduate of the University of Manitoba in Canada, where she completed a Bachelor of Arts in Psychology and a Master of Arts in Anthropology. In 1982 she received her PhD in Anthropology from the University of Toronto.



Gaspar Colón, PhD, chair of the search committee, notes that Hornshaw's experience and expertise in many facets of higher education uniquely qualify her

to assume the helm of academic administration at WAU. He says, as an accomplished educator with an extensive background in the field, she will add strength to her position on the senior administrative team of the university. "I am very pleased to start at WAU," said Hornshaw. "I am looking forward to serving the students and assisting the faculty."

Weymouth Spence, EdD, WAU president, is thrilled to have Hornshaw on board. "I am confident that Dr. Hornshaw's commitment to faith-based education and academic excellence, her proven innovative problem-solving and her leadership in urban campus-community engagement will provide a solid foundation for guiding the university in the 21st century," he said. "I look forward to working with her in building both the academic departments and the university."

Students Preach in Zambia, Win 331 to Christ

During a two-week trip to Lusaka, Zambia, WAU students joined local church leaders and preached at 11 different locations every evening with one theme: "Searching the Scriptures." Throughout this evangelistic crusade, more than 6,000 people faithfully attended the meetings every night. At the culmination of the meetings, 331 people were baptized.

"We thank you for coming with your mature, spiritual and understanding students," said Pastor Maxwell Muvwimi, president of the Central Zambia Conference. "We love your people and you are welcome to come again."

Not only were many people won to Christ, but the students' lives were changed. Juliana Baioni (pictured), a WAU senior majoring in

music performance and religion, felt that the mission trip had a great impact on her life. "I had a wonderful privilege," said Baioni. "It changed my life. I wasn't sure if I would be able to preach, but God can do anything."

Baraka Muganda, vice president for Ministry, organized the trip and noted a marked change in the students. "I felt the students were empowered by leading out in evangelism," he said. "This experience made a difference in the lives of the students who were there and the people of Zambia. I saw them praying everyday and reading the Bible more than before. At the end, I saw our young people own their faith. They were proud to be talking about their faith. This is the result of young people being active in the church."

In addition to preaching, students visited orphanages and distributed clothing. They also brought Vacation Bible School materials for local churches.



Senior Elected to Town Council

Aaron Wilson, a WAU senior who attends nearby Sligo church, was recently elected to serve a two-year term as a council member for the town of Fairmount Heights, Md. Wilson, a senior history major at WAU, received the second highest vote in the election where voters selected a new mayor and three new council members.

"Having lived in the town for nearly 18 years, I saw the need for competent leadership, and I felt that I could help foster good change for the town," Wilson said.

Wilson is no stranger to leadership roles. While attending WAU,

he served as president of the Black Student Union, parliamentary and executive vice president for both the Student Association and the North American Division's Adventist Intercollegiate Association.

He credits his decision to run for office to the experiences and lessons he encountered while attending WAU. "The emphasis on service, both to God and to community, has left an enduring mark on my life," he says. "[I learned] the importance of being in the community and helping better the quality of life for your neighbors."





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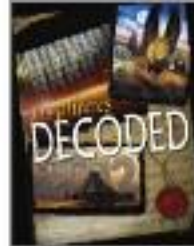
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	Aug 5	Aug 12	Aug 19	Aug 26	Sept 2
Baltimore	8:15	8:06	7:57	7:47	7:36
Cincinnati	8:46	8:37	8:28	8:18	8:07
Cleveland	8:40	8:31	8:21	8:10	7:58
Columbus	8:41	8:33	8:23	8:13	8:02
Jersey City	8:07	7:59	7:49	7:38	7:27
Norfolk	8:08	8:00	7:52	7:42	7:32
Parkersburg	8:34	8:26	8:16	8:06	7:56
Philadelphia	8:10	8:02	7:52	7:42	7:31
Pittsburgh	8:30	8:22	8:12	8:02	7:51
Reading	8:14	8:05	7:56	7:45	7:34
Richmond	8:14	8:06	7:57	7:48	7:38
Roanoke	8:24	8:16	8:07	7:58	7:48
Toledo	8:48	8:39	8:28	8:18	8:06
Trenton	8:09	8:00	7:51	7:41	7:30
Wash., D.C.	8:15	8:07	7:58	7:48	7:37

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DENTIST, David Lee, DDS, FAGD, AFAAID, has practices located in Silver Spring and Ellicott City, Md. He is extensively trained in implant, cosmetic, TMD/TMJ, sedation and laser dentistry. Dr. Lee is an Associate Fellow of the American Academy of Implant Dentistry, as well as having many other certifications. For appointments, call (410) 461-6655 in Ellicott City or (301) 649-5001 in Silver Spring. Mention this ad and receive 10% discount on all services, excluding third-party payers. We welcome new patients.

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ANNOUNCEMENTS

CHESAPEAKE ADULT SINGLES ANNUAL RETREAT

All singles in the Columbia Union are invited to a retreat at Mt. Aetna Camp in Hagerstown, Md., on the weekend of October 7-9.

The retreat is sponsored by Chesapeake Adventist Single Adult Ministries. Arthur Nowlin and his wife, Dr. Kim Logan, a husband and wife team of psychologists from Michigan, will be speaking on singles' issues.

For information, please contact Fred Thomas: (410) 992-9731, or email: fmthomas1950@yahoo.com.

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ASSOCIATION OF ADVENTIST WOMEN'S ANNUAL CONVENTION, La Sierra University, October 13-16, "Total You—Body, Mind and Spirit"; Chris Oberg, keynote speaker. For registration information, visit aaw.cc.

RICHMOND ACADEMY CENTENNIAL CELEBRATION-OCT. 14-16. We are excited to announce to the alumni of Richmond Academy (formerly Richmond Junior Academy) our upcoming centennial celebration! To register and get more information about this event, please go to our website at rasda.org. We can't wait to hear from you!

OBITUARIES

FARLEY, Amos D., born August 21, 1942, in Cleveland, Va.; died February 9, 2011, in Mifflin, Ohio. He was a member of the Fredericktown (Ohio) church. He served in the U.S. Army during the Vietnam War. He was a man of many trades and a tireless worker; owner of Mohican Organic Products. He knew his Bible intimately and was a generous man with a rich sense of humor and a smile that lit up the room. He is survived by his wife, Joyce Dennis Stinehour Amos; his daughters: Darla Stewart, Dana (Greg Pock) Reedy, JoNell (Stephen) Aron, and

Heather Amos; his sons: Daniel Amos, Jeffrey Amos and Carlo Tafur Pardo; and his sister, Nola Amos.

KNAPP, Clarice Homey, born September 28, 1925, in Grasonville, Md., to Clarence Albert and Maggie May Homey; died January 28, 2011, in Centreville, Md. She was a member of the Grasonville church. She attended Washington Missionary College (now Washington Adventist University), in Takoma Park, Md., and worked for a time at Leland Memorial Hospital in Riverdale, Md. She married Richard E. Knapp in 1946 and moved to Middletown, N.Y. In 1952 she moved back to Grasonville to raise her family. She worked at Memorial Hospital in Easton, Md., for 25 years. At church, she was involved in Pathfinders and was a Master Guide. She loved the young people and took them on many hikes, camping trips and Sabbath afternoon activities. She also volunteered weekly at the community services center, providing help for those in need. She also served the church in other capacities over the years. Survivors: her son, Richard Knapp, Jr.; her daughters, Bunny Cump and Jeanne Gahley; seven grandchildren; and 15 great-grandchildren.

MILLER, Ernest (Ernie) L. Jr., born September 5, 1950, in

Hagerstown, Md.; died January 20, 2011, in Hagerstown. He was a member of the Hagerstown church. Ernie was employed with United Masonry for over 20 years. He and his wife, Carol, began attending the Hagerstown church in 1993, and he was a faithful elder for the last five years. He is survived by his wife; a daughter, Misty Durning; two sons, Shawn Durning and Josh Miller; his mother, Lola T. Miller; two sisters; one brother; and three grandchildren.

CORRECTION:

SEHER, William H., born September 24, 1932, in Colonial Manor, N.J.; died November 5, 2010, at his home in Mantua, N.J. He was a member of the Seventh-day Adventist Church of Woodbury in New Jersey. Survivors: his wife of 54 years, Meleta Seher; his children: Mark Seher, Vicki MacNeill and Brent Seher; grandchildren: Jeffrey MacNeill, Ryan MacNeill, Katelynn MacNeill, Mark Anthony Seher and Philip Monckton; great-grandchildren: Frankie Monckton, Samantha Monckton, Anthony MacNeill and Alexis MacNeill.

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Rest

A recent study revealed that regularly working overtime increases the risk of heart disease by 60 percent. Yet, the typical American works 47 hours a week—164 more hours per year than only 20 years ago—and one-third don't use all their earned vacation. The research suggests that it is not the intensity of energy expenditure that produces burnout, but rather the duration of expenditure without recovery.



There are many well-documented benefits of a restful life: increased productivity, a higher level of performance, reduction in stress, a stronger immune system, increased happiness and longevity. But most of us are more careful to refuel and maintain our cars than ourselves. The challenge is to learn how to incorporate dis-



ciplined and regular recovery into our demanding lives.

God foresaw our dilemma and gave us the Sabbath as a weekly gift of physical, mental and spiritual renewal. He modeled this rhythm

of energy expenditure and renewal when He rested after Creation. Genesis 2:2 can literally be interpreted, "And God ceased, sat down, sat still." *God* sat down? When do *we* ever stop, put our work aside, sit down and be still? Without the weekly Sabbath, we cannot truly experience a restful life.

REFLECT - How often do I expend too much energy without recovery? What are the costs to me and others in my life? How can I make the Sabbath a day of physical, mental and spiritual renewal?

RESPOND - O God, the overwhelming demands of my everyday life can so often deplete me. Help me every week to experience the rest you have provided in the Sabbath. Amen.

RELATE - I regularly remember the Sabbath and find rest and renewal in my busy life.

REMEMBER - "... and He rested on the seventh day from all His work which He had done" (Gen. 2:2, NKJV).

RESOURCES - Watch Walter Sackett, vice president of Clinical Services for Kettering Medical Center in Kettering, Ohio, talk more about this topic at [youtube.com/user/ColumbiaUnion](https://www.youtube.com/user/ColumbiaUnion).

Wellness coach Lilly Tryon is the principal contributor for the 2011 Visitor Calendar, expounded upon here each month.

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says the Lord.*

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and not for disaster,
to give you a future and a hope.”*

Jeremiah 29:11

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