

EASTERN CANADIAN MESSENGER

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SERVICE

"I wonder if we'll help Him, you and I;
Or shall we look across His work with care-
less eye?
Shall we not offer some dear service in His
name?
Set burning in some heathen heart God's
flame?
Or better yet, our truest, best lives give
That He who died on Calvary, may live
In some sad heart—perhaps not o'er the
sea,—
That heart may wait next door to you and
me."

MISSIONS RALLY SABBATH

We trust that our churches in the Eastern Canadian Union Conference will observe the Rally Sabbaths on the dates set apart by the General Conference, and that they will, as far as it is at all consistent, carry out the program recommended by the mission board. The first Rally Sabbath of 1924 will give us some idea of how the plan is working, and how our people are co-operating. The plan is not to press anyone to give more than he can, or even necessarily to give more than he is now giving, but rather to bring about a more steady and systematic giving, so as to enable the mission board to answer the most urgent calls with the assurance of help coming.

God "will finish the work, and cut it short in righteousness: because a short work will the Lord make in the earth." Rom. 9:28. Just as the walls of Jericho fell down by the power of God in the old time even so will great victories come to our work through systematic and united effort on the part of all consecrated believers in this message. Of the benefits of systematic giving we read: "Some may not be able to give a large sum, but all can lay aside each week something for the Master." Testimonies, Vol. 9, page 55.

The calls are coming from all over the world for help, and the mission board cannot tell

how many of these calls may be answered unless they know something of what the income from our people will be. Last year's gifts do not furnish a proper measure because there are more Seventh-day Adventists this year, and some are increasing their offerings this year. Many perhaps hesitate to make a pledge of the amount they plan to give, but all should plan to give a definite amount week by week, and if greater prosperity comes, make special offerings throughout the year. Many mission problems would be solved if our people would adopt the systematic plan and make an earnest effort to reach their goal. Square Up Day, which is known as Missions Rally Sabbath, is our opportunity as individuals and as a church to make up whatever may be lacking on our quota to missions. This would eliminate any perplexity and delay in answering calls from needy fields.

It is good to cultivate habits of forethought and system in meeting our reasonable obligations. We are all inclined to be very much like children who usually wish to do something that is beyond their reach and skill, but at the same time are very unwilling to do the little useful things that they can. Try the General Conference plan recommended at the Fall Council, and after setting the weekly goal ask God to help you to keep your offerings up to date. Church officers and ministers are earnestly requested to co-operate that Rally Sabbath, February 16, may be a success throughout our field.

C. F. McVAGH

DID YOU KNOW

—That God is the author of the reporting plan? With unfailing accuracy, Moses, at God's dictation, has given us the wonderful records of creation, the fall of man, and God's merciful provision for his redemption. Then follows the brief account of the reformatory measure in the visitation of the flood. The thrilling events connected with the Exodus,

Israel's murmurings and rejoicings, discouragements and triumphs, warfare and peace, apostasies and repentance, all are faithfully revealed by the pen of inspiration in Moses' hand.

—That the historical records of the Old Testament writers which follow Moses are but God's *reports* of man's determination to follow the leadership of the enemy and the Father's constant efforts to save him from the results of his folly?

—That the prophetic utterances are advance *reports* of the great controversy between Christ and Satan, with the assurance of the ultimate triumph of right over wrong?

—That the gospels are simple, tender, winning *reports* of the earthly life of the Son of God who became flesh and dwelt among us, that we might behold the glory of the Father, and beholding, become changed?

—That in the book of the Acts the world has been given the missionary *report* of the first church of the Christian dispensation? The apostles set the example at Antioch. "And when they were come, and had gathered the church together, they rehearsed all that God had done with them, and how he had opened the door of faith unto the Gentiles." Acts 14:27.

—That they carried their *report* to the headquarters of the work? "When they were come to Jerusalem, they were received of the church, and of the apostles and the elders, and they declared all things that God had done with them." Acts 15:4. "He declared particularly what things God had wrought among the Gentiles by his ministry." Acts 21:19.

—That the remnant church must have its *report* in the books of heaven, bearing record to its activity and spiritual standing? The church of God today needs the inspiration of your rehearsal of what He is doing through you. For this reason the church missionary secretary will collect your report each week, making a summary for the church once a month. This will be forwarded promptly to the Conference Home Missionary Secretary, and thus find its way to the General Department for the monthly report.

—That "They that feared the Lord spake often one to another; and the Lord hearkened, and heard it, and a book of remembrance was written before him for them that feared the Lord, and that thought upon his name"? Mal. 3:16.

J. L. WILSON

ONTARIO

D. J. C. Barrett, Pres. Jeannette Donaldson, Sec.-Treas.
Office address 8 Awde St., Toronto

NEWS ITEMS

At a recent meeting of the Ontario Conference Committee the following named persons were appointed as delegates to the Union Conference Session, to be held in Kingston, February 14-21:

Elder J. Capman
F. G. Hill
N. C. Nelsen
M. Hillyard
A. McConnell
E. A. Jones
P. E. Horton
G. L. Sather
F. E. Thumwood
J. H. Donaldson

Brother Donald Mackintosh spent a week with the St. Catharines church, a short time ago, holding meetings and assisting them in their Harvest Ingathering Campaign. The meetings were well attended and it is hoped that the seed sown in that place may bring forth fruit for the kingdom.

On account of poor health it has been necessary for Elder Errington to give up active work in our field. While laboring in Windsor sometime ago he was taken seriously ill with ptomaine poisoning, and has not been strong since. Our sympathy goes out to Elder Errington because we know his greatest joy is in active service for the Master and it is hard for him to give this up. He has done a noble work for the members of our conference and we know he will meet many in the new earth who have been led to Christ because of his faithful ministry. His untiring efforts are greatly appreciated by us and we trust the MESSENGER readers will unite with us in earnestly praying that health and strength may be his portion in order that he may continue to labor in the Master's vineyard, as we know this is his only desire.

Those who are acquainted with Elder and Sister George Belleau will be pleased to know they have accepted an invitation extended by us, to connect with the work in this conference. These earnest workers have recently returned from laboring in Brazil. At present Elder

and Sister Belleau are visiting the members of the Iroquois Church, and holding meetings with them.

Brother Watchorn who has been laboring in our field for some months has been compelled to give up his work on account of poor health. He is receiving treatment at the Muskoka Hospital and will be there for some little time. In a letter received from him this morning he states he is doing nicely and making a steady gain. He is anxious to do what he can in giving the truth to the patients at the hospital and we are confident the Lord will bless his efforts. Let us remember this faithful worker in our prayers.

MARITIME

F. W. Stray, Pres.
Office address

Frank Vansickle, Sec.-Treas.
Memramcook, N. B.

WHAT IS THE TITHE?

(Concluded)

If a man neglects or refuses to pay tithe what is his relation to God?

"Will a man rob God? Yet ye have robbed me. But ye say, Wherein have we robbed thee? In tithes and offerings." Mal. 3:8.

If a man lacks faith to pay tithe, what is his condition?

"Whatsoever is not of faith is sin." Rom. 14:23.

What does God promise?

"Bring ye all the tithes into the storehouse, that there may be meat in mine house, and prove me now herewith, saith the Lord of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it." Mal. 3:10.

Who are the blessed of God?

"So then they which be of faith are blessed with faithful Abraham." Gal. 3:9.

Suppose a man knows he ought to pay tithe, but does not?

"Therefore to him that knoweth to do good, and doeth it not, to him it is sin." James 4:17.

If a man sees his duty, but does not yield to the claims of God, what remains in him?

"Jesus said unto them, If ye were blind, ye should have no sin; but now ye say, We see; therefore your sin remaineth." John 9:41.

For what purpose did Jesus come?

"And ye know that he was manifested to take away our sins; and in him is no sin." 1 John 3:5.

What is the end of sin?

"Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death." James 1:15.

If a man is saved from his sins by the gospel of Christ what course will he then pursue?

"Again, when I say unto the wicked, Thou shalt surely die: If he turn from his sin, and do that which is lawful and right; if the wicked restore the pledge, give again that he hath robbed, walk in the statutes of life, without committing iniquity; he shall surely live, he shall not die. None of his sins that he hath committed shall be mentioned unto him: he hath done that which is lawful and right; he shall surely live. Yet the children of thy people say, The way of the Lord is not equal; but as for them, their way is not equal.

"When the righteous turneth from his righteousness, and committeth iniquity, he shall even die thereby. But if the wicked turn from his wickedness and do that which is lawful and right, he shall live thereby.

"Yet ye say, The way of the Lord is not equal. O ye house of Israel, I will judge you every one after his ways."

F. W. STRAY

THE BOOK WORK

We were glad to receive reports from Brother Crooks showing a steady gain in our literature sales during the autumn months compared with the same period last year.

Recently we received an encouraging letter from Brother Rans of the Canadian Watchman Press, showing that their sales to Maritime in December 1922 was \$33.42, and for December 1923 it was \$504.81, a gain of \$471.39.

The first week of the New Year our faithful colporteurs gathered at Memramcook for a three days' council.

While times are hard in the cities of Maritime this winter, which has an effect upon the large book work, we have some regulars in the field, and we are rapidly approaching Spring, when we hope for further additions to the ranks.

Brother Crooks, our Field Secretary plans to report each month, through the columns of

the MESSENGER, the progress being made in the distribution of the printed page.

Pray for the colporteurs.

F. W. STRAY

ITINERATING ON THE ATLANTIC COAST

Wednesday, January 9, in company with Brother Longard, we left Halifax for the home of Brother and Sister Blakney, near Musquodoboit Harbor, along the eastern shore. This district was the scene of the early labors of Brother Longard, who carried the blessed truth from house to house in the printed page as well as in his public ministry.

We arrived at our destination after dark. The next day Brother Longard and Brother Blakney visited the neighboring homes, inviting the people out to a meeting to be held that evening at the latter's home. All hearts were warmed as we opened up the purpose of God in sending Emmanuel to interpret just what God would do under the same circumstances that confronted our Saviour. We had a splendid attendance and hearts were moved as the unfolding of God's great sympathy and love was laid before them.

The following day Brother Blakney rowed us across the harbor. The little boat danced quite lively on the crest of the wind-tossed waves. However, we reached the shore three miles distant, where we did some visiting. Resuming our trip in the boat we reached the hospitable home of Brother and Sister Peter Maskell, where we arranged for a meeting that evening. Using the phone and visiting the people, the community was soon notified. In spite of rain clouds and icy roads the two rooms were crowded with interested friends of the family. This speaks well for the influence of our people in that neighborhood.

Rowing back after dark in the rain, we were impressed how easily we might miss our heavenly goal, if we do not know the landmarks. As Brother Blakney was well acquainted with each island and headland we glided on our way to his home, and reached there safely in less than an hour's time. We believe that our visit was timely and helpful in both places.

W. C. YOUNG

THE CHILDREN'S PART IN THE CLOSING WORK

When the Advent message began in 1844, the children had a very active part in it. When older people were silenced the children stood up and preached such sermons that the parents could not help but be convinced that the thing was of the Lord. As time draws to a close many of us who are older will not be permitted to talk about the things of God. Many will suffer persecution for the truth's sake. Then, once more, the children will be used to proclaim the gospel.

In order for the children to be able to do efficient work for the Master, God has a plan whereby they may receive such a training as will prepare them to be workers in His cause. This training is to be secured in the church school, and it is the duty of every parent to see that the children committed to his care are placed in such a school. Here they will not see the evils nor hear the idle talk of the public school boy or girl. The basis for the teaching is the precious truth that God has for all those who hearken to His voice. The seed sown in the school room may not be seen growing immediately. There may be some weeds that must be uprooted, but take courage, the seed planted by God will grow and bear fruit.

This is a time when the children need protection as never before. Temptations are lurking on all sides. Satan realizes that he has but a short time to work, and will endeavor to ensnare all he can. He is clever enough to know that the youth may become his strongest allies, and he is untiring in his efforts to win them.

God will have workers in all parts of the world when He comes, and they will receive the reward which He has promised those who are faithful. Amongst the faithful ones will be mothers who have stayed at home, guiding the footsteps of the children into straight paths that they might be of service to the Lord. Such mothers will hear the "Well done." Amongst the most important methods of doing home missionary work is that of training the children by parents and teachers.

GLADYS FORWARD

"The joy of heaven will begin as soon as we attain the character of Heaven, and do its duties."—Gay.

"He who gives what he would as readily throw away gives without generosity; for the essence of generosity is self-sacrifice."

QUEBEC

F. G. Lane, Pres.

W. F. Wilson, Sec.-Treas.

Office address 280 Villeneuve St., W., Montreal, Que.

DAILY LESSON STUDY

My Sabbath School lesson
 I study each day,
 When morning has welcomed
 Another glad day.
 How sweet to my soul,
 Are the thoughts which I draw
 From the lessons each quarter
 On love and God's law!
 Fresh courage they summon
 For duties unknown;
 And daily more precious
 My Bible has grown.
 Since learning to study
 The lesson each day,
 The Sabbath School hour
 Flies too fast away.
 And this I resolve,
 With New Year begun—
 My lesson I'll study,
 And hear the "Well done."

EMMA LANDRY

By studying the Sabbath School lesson each day I find a blessing in it, and I also find that it is just what we need for the present time. By neglecting it we do not know what we lose.

B. BOISVERT

As a family we study the Senior, Youth's, and Children's Sabbath School lessons every day. We would not wish to miss this study. It makes us conversant on the Scriptures, as well as giving us spiritual food for each day.

MRS. P. WILSON

The DAILY STUDY of the Sabbath school lesson has proved a great blessing to me. I have not been as faithful in it as I should have been, but by God's help I intend to study my lesson every day during 1924. This is one of the many ways by which we make a daily study of our Bibles and thus have the truth of God planted firmly in our minds, so that we may stand firm for God in the hour of temptation.

EDNA LEVY

I have practised the DAILY STUDY of the Sabbath School lesson for several years, because I have found that it is the only way by which I am prepared to come to the recitation hour with the lesson clearly in mind, laid out in a logical order, and its proper relationship to other truths. Then I can come to the class ready to give to the other members the best points which my study has brought to me, and receive and appreciate the best points which others have found in their study.

E. W. THURBER

Last Sabbath I heard a talk on DAILY LESSON STUDY which impressed me very much. I must say that I received a great blessing from it. Up to this time I had been studying my Sabbath school lesson in the evening just before retiring. As I listened I resolved then and there, to rise earlier and spend a little time in study before beginning the day's work. This I have done, and I have received a blessing from my study such as I had never received before.

Brothers and sisters, try this plan. May it bring to you the same blessing that it has brought to me!

MRS. E. M. SMITH

I have been very much benefited by the DAILY STUDY of the Sabbath school lesson. It is wonderful how clear the studies appear to me. They help me to live a Christian life. God helping me I intend to study my lesson daily and find the great truths that are in the Bible for me.

MRS. WM. H. COX

We cannot say enough for DAILY LESSON STUDY. As a family we study the Sabbath school lesson every morning together with our Morning Watch text, and we find it a great help in our spiritual walk. We would not want to get along without the help it gives.

MR. & MRS. FRED J. LUCE

MR. & MRS. A. W. DAY

I believe that to study God's Word DAILY is our duty to ourselves and to God.

JOHN KNUTSON

GET YOUR SHARE

You will want to get your share of the limited edition of the French *Signs* magazine for the first quarter of this year. Miss Emma Landry, working in the city of Montreal,

writes that she has been able to interest two Catholic families through the French *Signs*. It is beautifully printed, with an attractive cover that makes it easy to sell, and it is something you may be proud to hand out to your neighbors or to the French-speaking people within your reach. Here is a brief description of the contents :

La Priere—A beautiful poem on prayer by Lamartine.

1924—A timely editorial on the new year.

Nos Missions—A report of the Fall Council and its relation to the world-wide field.

Le Riche et Lazare—A clear and concise interpretation of the parable, The Rich man and Lazarus, by Prof. E. A. Curdy.

Au Japon—An article on the Japanese disaster, illustrated by good photographs.

La Liberte Religieuse—A splendid religious liberty article from which we quote, "We claim liberty for truth, but we claim also, none the less imperiously, liberty for error, for the latter is the guarantee of the former."

Every one of these, as well as shorter articles on "God's Creed of Economy," "The Right Way to Give," and "My Conversion" carry a definite spiritual message to the reader. Those who employ the French magazine, *Les Signes des Temps* for missionary work employ a trusty servant. Single copies 20c, yearly subscription 75c. A supply of the first quarter's issue may be secured for only 10c per copy in quantities.

H. H. RANS

HEALTH-HABIT TALKS FOR PARENTS AND TEACHERS

By THE COLLEGE NURSE

THE FIFTH HEALTH HABIT EATING REGULARLY AND SLOWLY, AND NOTHING BETWEEN MEALS

The question has been asked, "Why is there so much more sickness now than there used to be?" The answer is given in an article by Hans S. Anderson, in the *Signs of the Times* for November. He says, "Our forefathers subsisted upon whole grains; wheat, corn, and rice being ground entire, conserving all the

rich food mineral as yet unknown to them. They also ate freely of vegetables, berries, fruits, and milk. Within the last century man has made a very free use of the refined and demineralized cereal foods, deprived of the roughage and most of the mineral salts, with a consequent mineral starvation, a sluggishness of the body processes, an increase of disease and the development of diseases before unknown.

"Human beings can not thrive when subject to a diet that is too refined and concentrated. There is a French proverb that says: "Spinach is a broom that sweeps the stomach." The large amount of fiber contained in greens and fresh vegetables not only encourages thorough mastication of food, but this bulky, undissolved material mechanically stimulates the intestinal muscle to contract and thus prevents constipation, one of the common disorders resulting from a faulty diet.

"Some raw green foods, such as lettuce, water cress, tomato, celery, cabbage, carrot, cucumber, radish, et cetera should be eaten daily, as these pass through the system largely as bulk, and from them we receive the valuable organic salts and vitamins unchanged by heating."

It is much easier to give a drug for the purpose of increasing the appetite or to stimulate the action of the bowels, or to relieve that headache which comes as a result of auto-intoxication, than it is to study what food is best suited for the individual needs of your family.

Children do not naturally eat what is best for them. If left to themselves they will eat what they naturally like the best. The appetite must be trained just as any other part of the body is trained. The time to begin this training is with the baby before he has formed bad habits of eating, but if you have neglected to do this, it is not too late to begin now, though the work will be much harder. Do not let your child lose interest in his food. The food he eats will do him little good and you will wear yourself out trying to feed him.

It is not natural for a child not to want his food. If your child will not eat look for the cause and then proceed to remedy it. There are several reasons why children will not eat, very often piecing is the cause. If a child eats all the time and at no regular time he most assuredly will not eat properly, so first of all, give him his meals regularly three times a day every day of the week. Never give a child too much to eat one time. Let the child have the

enjoyment of asking for more. This will also teach a good lesson in thrift for he must never leave his turnips, or carrots, or raw salad on his plate to eat his desert.

Sweets are another thing which destroy the appetite for good plain food. A certain amount of sugar is needed by the body but it is not needed in the form which most people take it. There is very little food value in refined sugar. Let no sweets be eaten between meals and let the desserts consist of nuts, raisins, dates, figs, fresh fruits, custards made with eggs, and occasionally a bit of home made candy. You and your child will profit in many ways by following this program. Many a woman spends much money, time, and her own strength, which is of more value, in making pie and cake which are hard to digest and of little real food value.

(To be continued)

PANSY E. PALMER, R.N.

EVERY ADVENTIST SHOULD HAVE

The March issue of *Life and Health*, because it gives more sound, helpful, up-to-date information about foods and eating than any single periodical we have ever printed. It is just such matter that you want to help plan a wholesome, nourishing, and balanced dietary.

Without attempting to give even a brief summary of the material contained in this Food Special we will say that it embraces many fundamental food facts, on food values, combinations, balanced bills of fare, vitamin sources, etc. After reading you will agree that it is an unusually valuable number.

About a year ago announcement was made of a change in size and policy of *Life and Health*. This change has met with approval, as the circulation is now about 45,000,—three times as great as a year ago, and it is gaining each month.

If you are not a reader of our health journal you would benefit greatly by sending your Conference Tract Society 75 cents for a year's subscription. Perhaps you can help by circulating *Life and Health*. Single copies sell for 10 cents. They cost in lots of ten or more, 4 cents each. The March issue is now ready. Better order at once as each issue for three years has been over sold. Send the order to your Tract Society.

Missionary Volunteer Personal Touch Corner

MARITIME MISSIONARY VOLUNTEER GOAL FOR 1924

Conversions	19
Standard of Attainment Certificates	6
Reading Course Certificates ...	46
Bible Year Certificates	14
Studying Spirit of Prophecy ...	16
Reporting	100%
Mission Offerings	\$650

Some very attractive goal charts have been provided for us this year. These have already been sent out to the societies. They consist of four lighthouse towers which are to be built in as the goal progresses. Also at the side is an oblong space reserved for marking the percentage of membership reporting each quarter. For every young person added to the church a shaft of light is sent out from the top of the tower.

Let us "All work together, in all kinds of weather, and see what can be done." May God help us to build our towers upon the solid rock, Christ Jesus, so that we may be able to stand through the perils which surround us.

MRS. EFFIE CHAPMAN,

Missionary Volunteer Secretary

PASSING IT ON IN INDIA

When you have a good thing, pass it on. Many of our people follow this slogan after reading their copy of the *Canadian Watchman*. Much good is accomplished by passing on to our neighbors a magazine filled with so many goods things as the *Watchman* contains.

Pastor E. D. Thomas, Superintendent of our mission for the Tamil people of India, writes the publishing house as follows:

"Your good magazine has been very regularly received. I enjoy reading it. Very often, I translate some articles from it and use them in our Tamil *Present Truth*. They are very much appreciated by the public.

"Kindly accept my sincere thanks for the prompt despatch of your good magazine, month after month. It is indeed very kind of you. I am, under separate post, sending

Eastern Canadian Messenger

OFFICIAL ORGAN OF THE
EASTERN CANADIAN UNION CONFERENCE OF
SEVENTH-DAY ADVENTISTS

Office Address - - - - - Oshawa, Ont.
Miss Amy Frank - - - - - Editor

Entered as second-class matter. Price one dollar a year in advance.

you a copy of my Tamil magazine."

So the influence of our good magazine extends to the regions beyond.

H. H. RANS

OBITUARIES

WALSH—Sister Mary Walsh fell asleep in Jesus December 30, 1923 at Cache Bay, Ontario. She died a triumphant death in full assurance of acceptance with God, and a home in heaven. With her last breath she urged those about her to be faithful to God and meet her upon the sea of glass. She leaves five sons and four daughters, of whom Sister Caulbeck, Brother Robert Walsh, and Brother Forest Walsh, of Ottawa, and Sister William Dugg of Cache Bay, are believers in the remnant church. The writer spoke words of comfort based on Revelation 14: 13 to a large gathering of friends. As the sun was setting New Year's Day we laid her to rest in the cemetery at Sturgeon Falls. Thus another mother in Israel awaits the triumph of the day of life.

H. M. S. Richards

ARMSRONG—Sommerville Armstrong was born in Pittsburg Township, June 11, 1839; and died at his home in Kingston, December 20, 1923. Brother Armstrong moved to Kingston twelve years ago. He fully accepted present truth last February and was baptized June 2, 1923. His faith was strong to the very last. He suffered much, but was patient through it all, ever looking and hoping for that inheritance promised to the saints, and now he awaits the coming of the Life-giver. He leaves to mourn, a wife, two sons, one daughter-in-law, one brother, and six sisters. Sister Armstrong, her son Howard and wife, are members of the faith and they sorrow not as they which have no hope. Words of comfort were spoken from the scriptures by the writer.

W. B. Lindsay

CHAMBERLAIN—Francis Marion Parker was born in South Stukley, Province of Quebec, November 18, 1834. She was converted and baptized into the Methodist church when eight years of age. October 14, 1851 she was married to Bethuel Stone Chamberlain, now deceased. To them were born twelve children, five of whom have been taken away by the hand of death.

In the year 1876 she became identified with the Seventh Day Adventist faith, becoming a charter member of the South Stukley church when organized September 30, 1871. She remained true to her faith until called away by death January 15, 1924, aged 89 years, 1 month, and 28 days. Her's was a long life of unquestioned influence for good. Always happy in the love of her Saviour, she was a real Christian, and a true mother, to which all who knew her bear witness.

Some time before death she chose as the text to be read at her funeral service, 2 Tim. 4: 6-8, as an expression of her own experience. Among her most treasured possessions was her Bible which she has read through eleven times in the last eleven years. Never having been sick in her life, she passed away without suffering, death coming as a result

of old age. For several days before the end she lay in unconscious sleep, and quietly slipped out to rest in Jesus till the morning of the resurrection.

She leaves to mourn, three sons and four daughters, together with many other relatives and friends.

F. G. Lane

NOTICE

The tenth session (third quadrennial) of the Eastern Canadian Union Conference of Seventh-day Adventists will convene at Kingston, Ontario, February 14 to 21, 1924. This meeting is called for the purpose of electing the officers of the conference for the ensuing term, and the transaction of such other business as would properly come before the conference at its regular session. Delegates may be elected on the basis of each conference organization being entitled to one delegate for the organization, and one additional delegate for each hundred members. Members of the Union Conference Executive Committee are delegates ex-officio.

The first meeting will convene at 10 a.m., Feb. 14, 1924, in the Seventh-day Adventist Church, Kingston, Ontario.

C. F. McVAGH, *President*
AMY FRANK, *Secretary*

NOTICE

Notice is hereby given that the Eastern Canadian Union Conference Corporation of Seventh-day Adventists will hold its regular quadrennial session in connection with the quadrennial session of the Eastern Canadian Union Conference, convening at Kingston, Ontario, Feb. 14 to 21, 1924. The first meeting is called for 10 a.m., Feb. 18, 1924. The purpose of this meeting is to elect officers and a board of trustees, and to transact such other business as would properly be considered at this time. All regular accredited delegates to the Eastern Canadian Union Conference session are members of the corporation constituency.

C. F. McVAGH, *President*
AMY FRANK, *Secretary*

"Converting grace puts God on the throne, and the world at His footstool; Christ in the heart, and the world under His feet."