



Key Note

Volume 1

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No. 13

BECAUSE OF THY GREAT BOUNTY

By Grace Noll Crowell

Because I have been given much,
I, too, shall give;
Because of thy great bounty, Lord,
Each day I live
I shall divide my gifts from Thee
With every brother that I see
Who has the need of help from me.

Because I have been sheltered, fed,
By Thy good care,
I can not see another's lack
And I not share
My glowing fire, my loaf of bread,
My roof's safe shelter overhead,
That he, too, may be comforted.

Because love has been lavished so
Upon me, Lord,
A wealth I know that was not meant
For me to hoard,
I shall give love to those in need,
The cold and hungry clothe and feed,
Thus shall I show my thanks indeed.

COURTESY = AT HOME FIRST

Is courtesy growing passé? Or is it just a case of thoughtlessness on the part of so many of us when we forget that some folks may want to rest in the lounge provided for this purpose?

A Keeper of the Keys has been making some observations about the Rest Room on the second floor, and has passed them in to the Key Note. We feel that all the Keepers would like to know what one has seen. We quote them below:

"Here are some things I have observed General Conference girls doing:

- "1. Going through the rest room to the wash room, instead of directly to the wash room from the hall.
- "2. Leaving the rest room doors into the hall, or wash room, wide open.
- "3. Banging doors of the rest room.
- "4. Talking in the rest room, and loud talking in the wash room.
- "5. Walking noisily about in the rest room.
- "6. Thinking it necessary to move the chairs in the rest room in order to sit down.

"Please, may a word to the wise be sufficient, and as the motto on the M. V. Bulletin Board says, 'Do unto others as though you were the others.'"

It may be that others have observed these same things--yes, and some more. For example, such little things as dusting the glass-top table, putting the soiled paper towels in the container rather than dropping them onto the floor, not forgetting to tidy the blanket on the cot, etc.

"It's just the little homely things
The every-day-encountered things
The done-and-then forgotten things
That make us happy quite."³

All it takes is just a few Keepers blazing the trail of thoughtful deeds, for who would dare continue to leave untidy a place always found orderly?

MY HOBBY —

COLLECTING STAMPS

What is my hobby?--Collecting stamps. Before starting this hobby, I was not conscious of the fact that there are so many different issues. When I received letters, I was eager for the contents, and gave little heed to the stamp on the envelope. I am still eager for the contents, but my second consideration is--the stamp!

In times past, the Szechwan stamp was surcharged with the name of the province. One day when a letter came to C. C. Morris, I noticed there was something strange about the Chinese characters on the stamp, but did not observe closely its position. I thought, Here is an opportunity to make a fortune if I can secure some of those stamps. I asked Mr. Morris for it; but imagine my disappointment when I learned that the only unusual thing about it was that it had been placed on the envelope upside down.

When I started my hobby, I was so enthusiastic at first to secure new stamps that I decided to try an experiment. I wrote to all the consulates in Shanghai with a request for stamps. I had the pleasure of replies from several, sending stamps, but the French consulate gave best attention to my request. One day, long after I had written to him, a Chinese "chit" boy came to my office with a large envelope. I signed for it, and to my great delight found the envelope full of French stamps. The consulate knew it was not safe to send stamps through the mail, for often they are confiscated by some philatelist.

Friends, if you wish to help in the pursuance of my hobby, remember me when you have extra stamps. I may even be able to help you at times perchance your hobby is collecting stamps, too!

--Hazel Irene Shadel.





THE SPONSOR

CICYLING TIME IS HERE AGAIN!

For the past three months or so the enjoyable sport of bicycling has rather taken a back seat while summer sports and other activities have occupied our time and attention. But with the arrival of ideal autumn weather our enthusiasm has again been aroused for this pedaling activity which gives such a feeling of exhilaration and sense of freedom as one spins along the road.

On the evening of October 11 seven enthusiastic cyclists, which included Mable Hinkhouse, Helen Stolz, June Bender, Mildred Davis, Alice LaBonte, Elsie Winders, and Dolly Long, took advantage of the lovely full moon and mild weather to pedal around Hains Point. It was a perfect evening, and we regret that every one who is interested in this sport could not go with us. However, we hope to arrange for another cycling party soon, and if there are others who would enjoy this activity, your bicycling sponsor will be glad to know who you are. Whenever arrangements are made for a cycling party, we endeavor always to extend an invitation to all who are interested, but if any have been missed who would like to go some time, please let me know.--Dolly Long (Bicycling).

FOOD FASHIONS - "A toast to the ladies"

Cinnamon Toast Anglaise. Spread halves of muffins (or bread slices) with butter; sprinkle with cinnamon sugar (1 tsp. cinnamon to 1 cup sugar). Garnish with pecan halves and toast. (Cinnamon sugar in handy shaker containers may be purchased at your grocer.)

Quick Bread Cases. Quick bread cases for creamed mushrooms, etc., may be made by pressing thin slices of bread into muffin cups and toasting.

Coconut Toast. Cut white bread in slices $\frac{3}{4}$ in. thick; remove crusts and cut in strips $\frac{3}{4}$ in. wide. Dip strips in shallow plate containing a little sweetened condensed milk; roll in coconut and toast until delicately browned. (A nice accompaniment to a cup of creamy hot chocolate.)

--LaVerne B. Case (Household Arts).

S SPEAK



INFLUENZA AND THE COMMON COLD

Help "Keepers" to be free from epidemic!

Juice of $\frac{1}{2}$ lemon in one glass of water, each morning.

Eat regularly, avoiding sweets, and including plenty of fruit and coarse vegetables in your diet.

Regular daily attention to elimination of body wastes.

Drink 6 glasses of water daily, between meals.

Dress warm. This means well-covered extremities so there will be a regular and easy flow of blood to all parts of the body at all times.

Scrupulous hand hygiene--wash hands immediately before handling or eating any food.

Get 8 or 9 hours sleep daily, and avoid excessive fatigue or worry.

Gargle and rinse nasal tract morning and evening with normal saline water. (Normal saline-- $\frac{1}{2}$ teaspoon of salt to one glass of water).

Avoid crowds or people with colds or influenza symptoms.

--Dorothy Steinman (Health).

HEAR YE! HEAR YE! MUSIC AND BOOK LOVERS!

Dwellers in Washington need have no fear of not having sufficient entertainment of an interesting and uplifting sort, even though the pocket book may be pitifully flat. There are organ concerts three times a week in the Mormon Church on Sixteenth Street, and all during the winter the District Organists Guild gives organ concerts at the different churches.

In addition, there are book review nights at the Takoma Park, Md. Library Tuesdays at 8 p.m. where the most challenging non-fiction and fiction books are presented by able reviewers. This Library has an admirable collection of books, most of which are the highest type and of genuine quality.

Occasionally the purse strings may stretch to an orgy of delight in one of the symphony concerts at Constitution Hall, or in the voice of some well-loved singer such as John Charles Thomas, Richard Crooks, Gladys Swarthout, and many others.

Be sure to hear Brahms' magnificent "Requiem" as it resounds through the Washington Cathedral, Nov. 2, sung by the voices of the Washington Choral Society.

There is no thrill quite equal to that of the glorious waves of sound reverberating through cathedral aisles. --Thelma Wellman (Liberal Arts).

A BUSY MISSIONARY

Word from former employees of the office always gives pleasure. This paragraph from a letter from Esther M. Adams, stenographer in the Inter-American Division office, will be of interest. For the information of those who are not acquainted with Esther, she was at one time connected with our Department of Education.

"Somehow I cannot visualize working back in the United States, for I have learned to love it here. This is really a beautiful spot, and I enjoy so much my line of work, and my association with the church people, both colored and Spanish. I am busy, as usual, for in addition to being church pianist (which necessitates my being at church both Sunday and Wednesday nights, as well as Sabbaths, and often leading the choir and playing for it), I am now church treasurer in the Spanish church. I direct also the choir practices on Friday nights for the English church, and that means selecting the music. I have found, however, great delight in bringing new beauty out of old hymns. Strangely enough, they do not care for a director to lead them during their rendition, so my being unable to be at their church Sabbath is no handicap. And now we are able to start a cantata! Vacation comes soon, and I anticipate going to Jamaica again."

WHICH WOULD YOU RATHER HAVE--A COLD OR TWO NEW HATS?

Sounds silly, doesn't it? But it isn't! Colds are a luxury. They cost you about \$15 apiece. Can you afford them? To learn how to do without them, listen in on Wednesday, November 23, to the program on "Weather and Wearing Apparel," which will be broadcast by the American Medical Association and the National Broadcasting Company. -- Hygeia, November, 1938.

The girls at Autumn Council had a varied experience. Working hours were from about eight in the morning until--well, when they got through at night, and that wasn't always so early. They took dictation sitting, standing, and sometimes almost in their sleep; learned to unscramble English, German, Australian, Scandinavian, and American accents; took committee minutes by the hour; ate too much and slept too little. All in all, they found life very strenuous.

THE KEY NOTE

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THE KEEPERS OF THE KEYS

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INTRODUCING

Dorothy M. Ford, who has joined the staff of the Sabbath School Department. She was formerly connected with the British Columbia Conference as conference Sabbath school secretary, working in that capacity for three years. Miss Ford attended school at the Oshawa Missionary College, from which she was graduated. While attending college she worked in the Canadian Watchman Press as stenographer for C. L. Paddock. Her home is at Hamilton, Ontario. We are happy that Miss Ford is one of our office workers, and the Keepers of the Keys give her a hearty welcome.

HONORABLE MENTION will be made in the next Key Note to all who hand to the editors a correct transcription of "Heard at the Office" from either the Graham or the Gregg Shorthand:

[Handwritten cursive text, likely a transcription of "Heard at the Office" from the Graham or Gregg shorthand systems.]

[Handwritten cursive text, likely a transcription of "Heard at the Office" from the Graham or Gregg shorthand systems.]

THIS 'N THAT

Alice's friends happily surprised her Sunday noon at the office with an ice cream feed, to celebrate her birthday which was on Oct. 22.

Through the kindness of Mable Hinkhouse, a group of Keepers was privileged to go through the Government Printing Office one day.

Ruth Conard found that birthdays even follow people to Autumn Council. The girls in the G.C. office at the Battle Creek Sanitarium helped her celebrate her birthday, Oct. 7, with an ice cream cone feed.

There was a little respite in the grind of work for Katie Farney over the week-end of Oct. 15 when she went to Grand Ledge, Michigan, to visit a former schoolmate, Mrs. Henry Tyler. Katie enjoyed making the acquaintance of two little Tyler daughters, whom she had never seen.

Following the Autumn Council, Mrs. Grace D. Mace is on a ten-day itinerary in Michigan and Illinois, attending the Federated Dorcas Societies in our larger cities, in the interest of the Home Miss'y Dept.

Louise Surface spent the Sabbath preceding the Autumn Council visiting her cousin in Watervliet, Mich. Louise was also happily surprised to meet again a former roommate of college days--Mrs. Thelma Smith, on furlough from China.

Fried potatoes, mock hamburger sandwiches, baked beans, postum, grapes, ice cream, and cake--the plate luncheon served to twenty keepers the evening of Oct. 20, at Thelma Wellman's, when we were supposed to picnic in Rock Creek Park. The reason for not doing so? Rain at 5 o'clock, and then more rain!!

Mrs. Lottie Quinn, Mrs. Mary Scott, Kathryn Haynal, Dorothy Ford, Genevieve Melendy, and Edna Edeburn motored to "Monticello" via the Skyline Drive on a recent Tuesday. Others who also enjoyed the beauties of the Skyline Drive were Mrs. Peter, Elsie, Dolly and Alice, Gene and Mildred, Peg and Gwyn, Mrs. Case, Misses Ginther and Weir.

Vacations are still in vogue among the girls. Hazel Shadel is spending a week at her home in Whitewater, Wisc., visiting her family, and of course, to see Wrangle. Harriett Richardson spent an enjoyable two weeks at home in Mount Vernon, Ohio, during October. Helen Miller spent the month of October visiting her brother, Dr. William Miller, Guthrie, Okla. Marjorie and Frank Marsh are somewhere in California.

Grace Thrall went to California this summer and liked it so well she decided to stay. She is working for Doctors Rees and Bradley at Monterey Park, near Los Angeles. She has lots of work and responsibility, but it is heaps of fun, she says. Four hours a day at a reception desk, and four hours working for the credit manager make a full day.