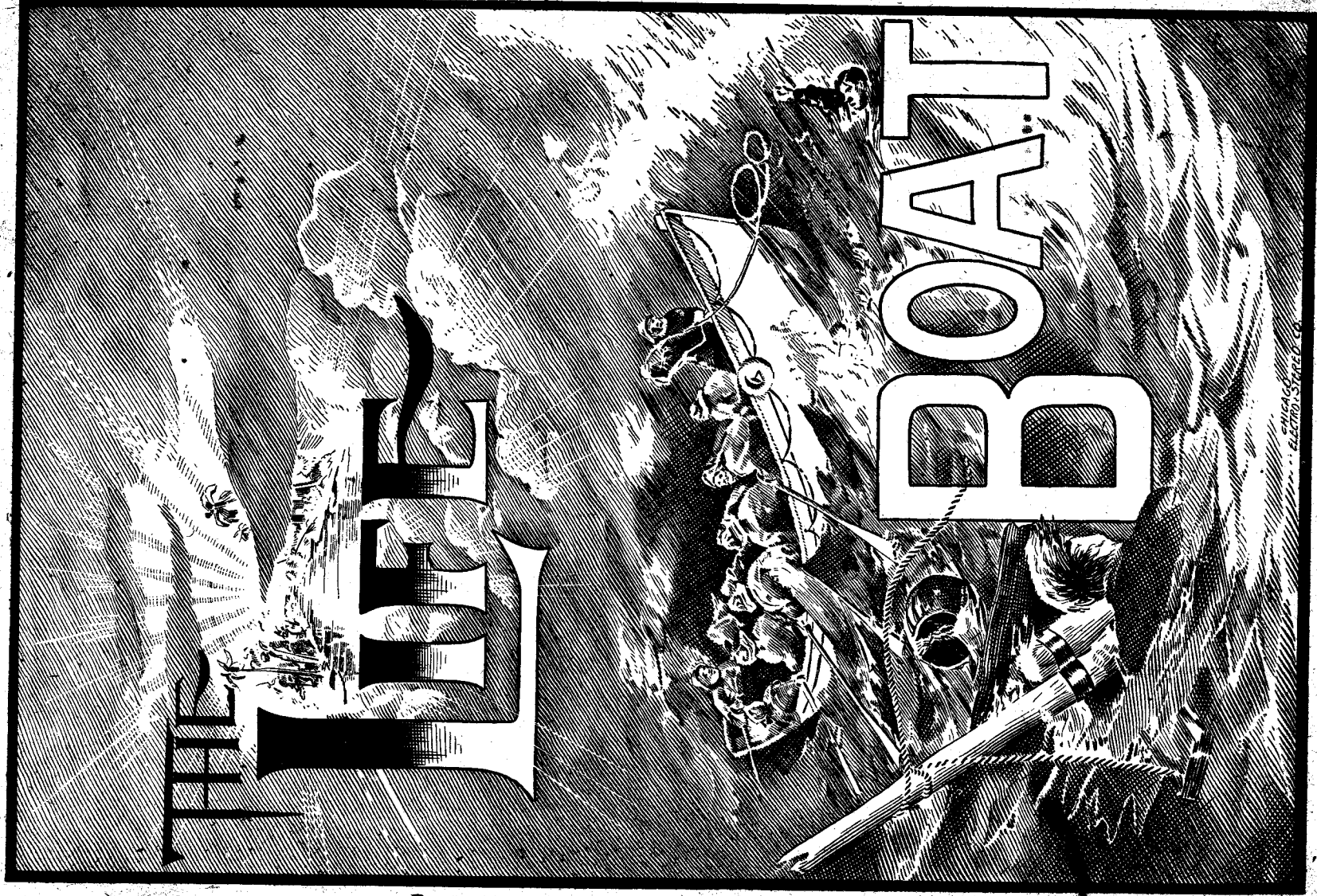


3-8, 44, 12



Chicago Ill., * March, 1899 * Price, 5 Cents

CHICAGO
PUBLISHED BY
ELECTROTYPE CO.

THE CHICAGO MEDICAL MISSION

Established 1823

Under the supervision of the International Medical Missionary and Benevolent Association

J. H. Kellogg, M.D., Superintendent W. S. Sadler, Secretary
E. J. Hibbard, Chaplain A. P. Grohens, Treasurer
Mrs. M. S. Foy, Matron

Resident Physicians

W. B. Holden, M.D. Mrs. H. E. Brighthouse, M.D.
Chicago headquarters, 1926 Wabash Avenue
Telephone South 835.

BRANCH INSTITUTIONS IN CHICAGO

The Workingmen's Home, 1341 State St.

W. E. Williamson in charge.

Star of Hope Mission, 33 West Madison St.

T. F. Mackey in charge.

Life Boat Mission, 436 State St.

W. S. Sadler in charge.

The Maternity, 3265 Rhodes Ave.

Mrs. Lizzie Aldridge in charge.

Children's Christian Home, 2408 S. Park Ave.

Miss Thekla Black in charge.

Visiting Nurses' Settlement, 1926 Wabash Ave.

Miss Nellie Church in charge.

The Dispensary, 1926 Wabash Ave.

W. B. Holden, M. D., in charge.

The Rescue Station, 49 Hubbard Court.

**American Medical Missionary College,
1926 Wabash Ave.**

**Chicago Medical Missionary Training-School,
1926 Wabash Ave.**

The Sanitarium 28-33rd Place.

While the Sanitarium is not a branch of our mission work, it is directly connected with it, and is under the same general supervision.

All calls for assistance and reports of needy cases should be made by telephone or mail to 1926 Wabash Ave.

Telephone South 835.

DO YOU WANT TO _____
_____ HELP OUR WORK?

Donations of Money, Food, New and Second-hand Clothing, etc., will be gratefully received and used according to the wishes of the donor.

Donations of Corn Meal, Dried Beans, and Canned Fruit, will be very acceptable.

Send us your old Ingrain carpets. We can make them up into rugs, and in this way give much needed employment to worthy men.

In sending donations be careful to comply with the suggestions which appear below, and also specify which department of the work you desire your donation to go to.

To These Sending Donations

Clothing, Food, etc., should be forwarded by freight, prepaid, to the Chicago Medical Mission, 1926 Wabash Avenue, Chicago, Ill. Do not fail to mark each box or package with the full name and address of the sender. Compliance with these suggestions will save much delay in acknowledging receipt of your donations.

Cash donations, remit by P. O. Money Order, Express Order, or Draft on Chicago. If money is sent, the letter should be registered. Make all Orders or Drafts payable to the Chicago Medical Mission, 1926 Wabash Avenue, Chicago, Ill.

DIRECTORY OF CITY MISSIONS

OUTSIDE OF CHICAGO

CALIFORNIA.—*San Francisco*, Helping Hand and Medical Mission, 641 to 647 Commercial Street, B. F. Richards, Supt.

COLORADO.—*Denver*, Medical Mission and Workingmen's Home, 1431 Fifteenth Street, F. J. Hartman, Manager.

IOWA.—*Clinton*, Good Cheer Mission, 116-120 N. Second Street, Thos. S. Jackson, Supt. *Des Moines*, Beacon Light Mission, 119 W. Walnut Street, Jas. H. Dorcas, Supt. Rescue Home, 1834 Eleventh Street.

INDIANA.—*Evansville*, Helping Hand Mission, 914 Main Street.

KANSAS.—*Kansas City*, Kansas City Mission, 557 Grand Avenue, L. H. Teller, Supt. *Topeka*, The Workingmen's Home and Medical Mission, 629 Quincy Street, D. P. Ziegler, Supt.

KENTUCKY.—*Louisville*, Helping Hand Mission, Elder W. H. Saxby, Supt.

MICHIGAN.—*Detroit*, Star of Hope Mission, Corner St. Antoine and Clinton Streets. *Battle Creek*, Star of Hope No. 3, 57 W. Main St., H. B. Hanna, Supt.

MISSOURI.—*Kansas City*, Medical Mission, 557 Grand Avenue.

MONTANA.—*Butte*, Workingmen's Home, corner Main and Platinum Streets, Elder C. M. Martin, Supt.

NEW YORK.—*Brooklyn*, Greater New York Medical Mission, 43 and 45 Fulton St., A. B. Smith, Supt.

NEBRASKA.—*Lincoln*, Lincoln City Mission, 235 S. Ninth Street, James A. Skinner, Supt. *Omaha*, Omaha Christian Help Mission, 1515 Burt Street, Luther Warren, Supt.

OHIO.—*Cleveland*, Helping Hand Mission, 84½ Michigan Street, J. H. Collie, Supt. *Toledo*, Light House Medical Mission, 120 S. St. Clair Street.

OKLAHOMA TERRITORY.—*Guthrie*, Bethel Mission.

OREGON.—*Portland*, Medical Mission, 1 N. Fourth Street, Warren J. Burden, Supt.

PENNSYLVANIA.—*Philadelphia*, Gospel Help Mission, 210 N. Second Street, E. A. Merrill, Supt.

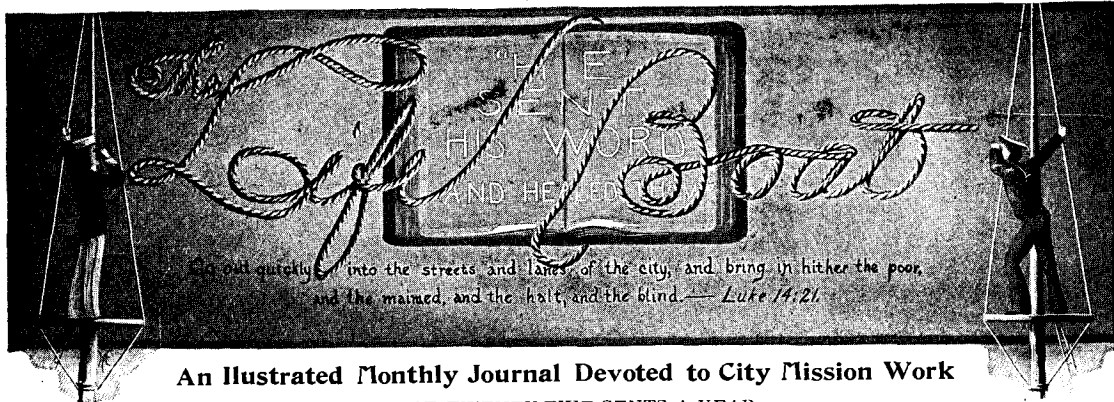
TENNESSEE.—*Chattanooga*, Helping Hand Mission, 119 E. Ninth Street, O. N. Whetsel, Supt. *Nashville*, Christian Help Mission, 611 North College Street, L. A. Hansen, Supt.

TEXAS.—*Fort Worth*, Haven of Rest, 1307 Main Street, A. G. Bodwell, Supt.

UTAH.—*Salt Lake City*, Medical Mission, 33 Commercial Street.

WASHINGTON.—*Spokane*, Workingmen's Home, 46 Main Street.

WISCONSIN.—*Milwaukee*, Helping Hand Mission, 163 Reed Street, Elder Covert, Supt.



An Illustrated Monthly Journal Devoted to City Mission Work

PRICE TWENTY-FIVE CENTS A YEAR

Volume 2

CHICAGO, ILL., MARCH, 1899

Number 1

A BRIEF REPORT OF THE WORK OF THE VARIOUS INSTITUTIONS AND DEPARTMENTS FOR THE PAST MONTH

THE unusually severe weather of the past month has occasioned much suffering and sore distress among the homeless and destitute. The facilities of all our institutions have been taxed to the utmost to meet the demands which have been made upon us by those in distress. The following brief summary of the work of the institutions and departments of work will give the reader some idea of what was accomplished last month by the Chicago Medical Mission and allied charities:—

The Star of Hope Mission

This mission has been largely attended during the month, and excellent results have rewarded the efforts put forth. Brother Mackey has been present most of the time, and every night from eight to fifteen men have made a start to serve God. A large number of Testaments and Gospels by John were given away, while thousands of scripture cards and gospel tracts have been distributed.

Many worthy cases have been sent to the Workingmen's Home for food and lodging, while others have been referred to our dispensary, connected with the Training-School at 1926 Wabash avenue, for medical attention. The nightly attendance has averaged from 150 to 200 men.

The Life Boat Mission

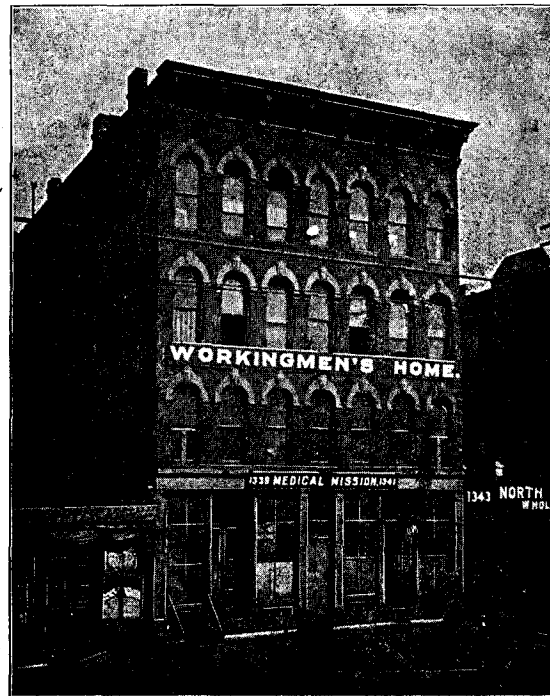
The work has gone forward as usual during the month. Over one hundred Testaments were given away. There was a total attendance during the month of 4,500. The work of this mission in many respects is very similar to that of the Star of Hope Mission. Both of these missions co-operate with the Workingmen's Home by selecting needy and worthy cases which are referred to that institution for help.

The converts' meeting held each Sunday morning at half-past ten has been more largely attended than at any time in the history of the mission. Many of the converts are developing nicely, thus proving to those who are skeptical that these poor souls of the slums are worth saving, after all.

The Workingmen's Home

The Workingmen's Home has been filled to overflowing during the entire month. Not only has every

bed been occupied, but scores of men have been allowed to find shelter for the night by sitting in the waiting-room, office, etc. This institution is the home of the men who make a start to do better as a result of the evangelistic efforts put forth in our missions and by means of cottage-meetings held in different parts of the city. Here the men are surrounded by an atmosphere which will prove beneficial to them



in their efforts to lead a better life. A personal interest is taken in these men, and an effort put forth to lead them onward and upward.

Every night about one dozen men from both the Life Boat and Star of Hope Missions are sent to the Workmen's Home for lodging. These are men whom we have reason to believe are worthy of this temporary assistance. It is not the policy of the Workmen's Home to harbor an indolent class of loafers. Its energies are devoted to the work of assisting worthy men who are without friends, without employment, and oftentimes without hope and courage.

The rug and carpet industrial department connected with the Home has been running full force during the month, and has furnished employment to scores of men, thus enabling them to earn an honest living.

The following statistical report for the past month serves to indicate the work accomplished by this institution:—

Number of men lodged, 7,127.
 Number of penny lunches served, 50,279.
 Number of men using laundry, 4,572.

Of the total number of lodgings given about one-third were free.

The Visiting Nurses' Settlement

During the past month this has been one of our busiest departments. The nurses, about twelve in number, have been called upon to go in all directions both day and night. Could the reader follow one of these nurses on one of her missions of mercy to the poor and distressed of the city, his heart would be both pained and touched by the sights which he would behold. Deserted mothers, destitute children, sick, hungry, cold, and shivering, to whom food must be carried, garments distributed, and treatments given. The most serious, of course, are turned over to our physicians, the nurse administering the treatment which the doctor prescribes.

In addition to the usual work of visitation, 182 full days of nursing have been put in, 212 treatments given, and ninety-four garments given away by this department (this item does not include the garments given at the head-quarters of the work at the Medical Missionary Training-School).

The Children's Christian Home

Sister Black, the matron, reports the home full. Thirty-three homeless little ones were cared for during the month, and of this number fifteen were charity cases. In one week, twelve children had to be refused admittance on account of lack of room. Some children have left during the month and have gone to Christian homes. Thinking that some of our readers may not be familiar with the object of this institution, we will add a little note of explanation:—

The Children's Home is designed to care for children under the age of eight years who have only one parent—either mother or father being dead. The majority of the cases are children of widowed and deserted mothers who have to work hard as scrub women for their daily bread, and who have no home. It is the object of the home to take such children as these, care for them, teach them, and otherwise lighten the burden of the mother in the struggle of life.

The Maternity

This institution has been doing its usual work the past month, caring for unfortunate and deserted girls, and otherwise carrying forward such a line of work as its name would indicate. Many a poor girl is left in this great city, homeless and friendless, deserted by the one who has wrought her ruin under the cover of false promises. These poor unfortunate creatures hail with joy and gladness the helping hand which is extended them in this their dark hour of trial and discouragement.

Sister Aldrich, the matron, reports an excellent spirit present in the maternity; also that the girls are

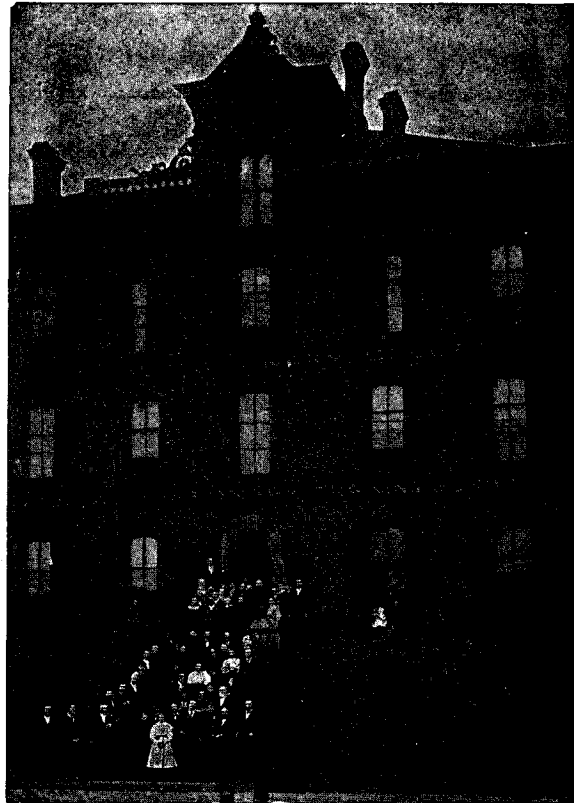
busily engaged in making aprons and other garments which are offered for sale, the proceeds of which go to the support of the home.

The Dispensary and Surgical Wards

As will be seen by reports elsewhere, these departments were crowded with work during the past month. Both the gentlemen's and ladies' wards are full. A great number of applications are daily made for treatment, as well as other help for the physical man. The doctors and nurses are kept busy with their work. No one is turned away; something is done for every applicant. This work of ministry to the sick and needy is not confined to the institution alone, as a large out-of-door service is carried on, by which means scores of poor and suffering men and women are relieved.

The Training-School

The class work, gospel cottage-meetings, and various other lines of Christian work carried on in connection with this institution have gone forward as



usual the past month. This institution is what might be termed the home of the majority of the medical missionary workers of this city. It is from the Training-School that they scatter every afternoon and evening to their various fields of labor. Various classes are held in methods of Christian work, Bible study, music, physiology, treatment of disease, etc.

Cottage-Meetings

About thirty cottage-meetings have been carried forward the past month. We usually have a larger number, but owing to the fact that our laborers are few, and that various other lines of work have seemed to be in such need of help, the cottage-meeting work has dropped below the average. These meetings are held largely with those who have no church privileges; in fact, as a rule, those who attend these meetings are not in the habit of attending any church services

whatever. A number of interesting conversions are reported in the meetings of the past month. Many people can be reached by the cottage-meetings who can not be influenced by any other department of the work.

The Life Boat Rescue Station

Through the kindness of Mrs. Shields, a portion of the building located at 49 Hubbard court has been fitted up for a rescue station. As this work has just been opened up, we can but report that two girls are in the institution, and that things are moving along very satisfactorily. This institution is located in the very heart of that section of the city most frequented by the strange women. We hope that this work will be the center from which many saving and reclaiming influences will be exerted.

The Rescue Service

By means of personal visitation, street work, etc., this work is carried on and has resulted in the reclaiming of a number of precious souls. Owing to the severely cold weather, the midnight work upon the street was suspended during the month. This work will be resumed with the return of more favorable weather.

The Greater New York Medical Mission

I AM glad to say that the Lord is blessing the work in the Greater New York Medical Mission. We are having gospel meetings every night. The Holy Spirit is softening hearts, and precious souls are being won for God. Yesterday in our meeting for young converts there were twelve present, and each gave a straight testimony to the saving power of God. The Spirit honored us with His presence, and we enjoyed a precious time together.

On the night of our opening a sick man passing by saw the name of the mission, and was led to come in. Dr. Nicola found him a nervous wreck, to whom it was necessary to give watchful care for about a week. Drink had nearly ruined him, body and soul. He was on his way to commit some act of desperation, he cared not what. He had been thrown out of work, had threatened his wife, and had gone forth reckless as to what became of himself. But the watchful eye of a loving Father was upon him, and he was guided to the mission, where he found Jesus as a personal Saviour.

When he was able to work again, he went to see his former employer, who had given him a number of trials, and had come to feel as if there was not much chance for him. But God went before him, and he was kindly received and given work. His testimony from night to night, as he tells of the saving power of the gospel, and counts the days and weeks that God has kept him, is a source of encouragement to many souls.

Another case may be mentioned. A young man who was a vegetarian, was directed to the mission as a place where he could get good food properly cooked. For about seven months he had been employed at Roosevelt Hospital as a nurse. He gave up his work in the hospital, and came to Brooklyn in order that he could be near the mission. Coming in for his meals, he became interested in our mission work, and soon began to attend our gospel meetings. The Holy Spirit moved upon his heart, and he was led to open the door, and the blessed Saviour came in. It does one good to see his happy, smiling face, and to hear his words of testimony. Before coming to the mission he was a student of Theosophy. He said to the writer the other day, "There is nothing in Theosophy to

help a man when he is in trouble. He is a faithful worker in the mission, and is giving all his time to the work. He was made happy when Dr. Kellogg gave him permission to come to Battle Creek; but he has become so interested in our work that it is not likely he will go very soon.

One night a young man walked into the mission. The Spirit of God was striving with him. He arose and went out, but soon returned. This happened three times during the meeting. Coming back the third time he broke down, and cried to God for mercy. He said he had been trying to get away but could not. He felt as if it was his last chance. The Lord heard prayer in his behalf, and he found peace in Jesus.

Another home has been made happy, another wife rejoices in seeing husband come home sober, and the children are no longer frightened when they hear the steps of their father. Last night both father and mother were made glad to see their little boy stand up and give a testimony for Jesus. It all came about in this way. The man who stands at the door and gives out tickets, handed one to this man, and invited him in. He said: "I can not come to-night, but I will come later." His wife had been attending the meetings of the Salvation Army, and he went with her that night and resolved to give his heart to God. The next night when they went to the hall, the door was closed, and the man remembered that he had been invited to the mission. There he found Jesus, and both never stop praising God that the mission was open to them.

The workers in the mission feel very grateful for the encouragement and instruction given by Brethren Sadler and Mackey, of Chicago, who spent a short time with us helping in our work. Brother Sadler's practical talks on the different lines of work were very helpful. The Holy Spirit applied the instruction given to the hearts of the workers, and it has already brought forth fruit. The first cottage-meeting has been appointed.

The workers have taken quite naturally to the instruction given, and are to be seen in different parts of the mission on their knees reading the Bible and praying with those seeking the Lord.

The Lord also richly blessed the work of Brother Mackey. As he told of his wonderful salvation, the Holy Spirit moved upon hearts, and many precious souls were won for God. We shall long remember the visit of our brothers, and the meetings enjoyed with them.

The Spirit of the Lord led the writer to speak to a man the other day who was eating lunch. He said he had been well off, and had had a prosperous business, but the appetite for drink had gotten the mastery over him, and had brought him down to where he was glad when he could get a day's work. He said he had been coming to the mission for a few days, had stopped drinking, and felt better than he had for a long time. He said that when he listened to Brother Mackey and heard him tell what God had saved him from, he felt encouraged to come to the Lord. That night he raised his hand for prayer, and received the assurance that Jesus had saved him. The following day he went out to look for work, and found a good job.

Any donations of cash, provisions, clothes, or fuel will be thankfully received. Any one sending freight will please address it to Medical Mission, 43 and 45 Fulton street, Brooklyn, N. Y., care of Fulton Terminal.

A. B. SMITH.

x

"Four weeks ago, I came into this mission intoxicated. Brother Mackey gave me a ticket for a bed that night, and to-night I can say that I am saved. How thankful I am that God can save a poor sinner like me."

Testimonies from the Greater New York Medical Mission

NO matter how good a speaker the Lord sends us, the best part of the nightly service at the mission is the testimony meeting, when men stand up with faces full of joy and eyes overflowing with grateful tears and tell how God has wrought in their lives. A few testimonies are given herewith, but these are only the words; the givers must be seen and heard to get the spirit of them. Nothing can be more inspiring than to hear a whole family praising God,—the father for His saving and keeping power; the mother, for His love which has been manifested in giving them a new, clean home,—a home with a father and love and prayer in it. Even the little ten-year-old boy has become a soldier of the cross, and valiantly stands up for Jesus, reading the Bible and talking the Gospel to some unsaved one. His father remarked to me on seeing him earnestly talking to a man from his Bible after the meeting: "I can't fall as long as that boy keeps after me. Why, he keeps me on my knees half the time when I am home."

(The Father)

A DRUNKEN WRECK

"I thank God for His saving and keeping power in my life. In my early days I was what you call a *mean* thief. I would steal a man's hat or his coat and vest, and would even put my hands into drunken men's pockets. I have been behind the bars of six different prisons, sometimes for short and sometimes for long terms.

In later years I became a hard drinker, my life was a complete failure, my home was a wreck, the lives of my wife and children were blighted. My boy, ten years old, knew nothing but a drunken father and saloons. Many a day I kept him busy running to the saloon and back, carrying the accursed drink for his drunken father.

But thanks be to God! Jesus can save even such a wreck as I was. On November 20 I went into the Medical Mission at 43 Fulton St., and when I heard the testimonies, I said: 'If God could save those men, He can save me.' From that day to this I am all for God."

B. S. BOURNE.

(The Mother)

A NEW HOME

"O, it is wonderful—yes, more than wonderful—what God can do for people. He has done everything for us; He has given us not only new hearts, but a new home. He took us out of the old house, where rum had ruled so long, and gave us a comfortable home in a good neighborhood. Best of all, it is a praying home. Now, when I come home late from my work, I find a kind husband in place of a drunkard, and I find him at home instead of in a saloon. My children are happy instead of trembling with fear at his presence. I have everything I need for the house. Sometimes when I sit in the meetings at the mission, and think of the days of misery and suffering we have had, and then hear my husband stand up and testify for God, and my little boy testifying for God, I can hardly realize that it is true. I sometimes fear it is all a dream, but God has done it all, and He is going to do still more. Praise His holy name!"

KATE L. BOURNE.

(The Son)

SAVES ME, TOO

"I am the 'beer boy' that never went to Sunday-school, but all he had to do was to carry beer and whisky. Now I am thanking God for saving me, too; now I go along the streets, and instead of carrying a

pail of beer or hiding a whisky bottle under my coat, I carry the Bible and work for Jesus in the street and everywhere that I can. I have a good papa now, who sends me to the store for good things to eat, instead of up to the saloon, and he says God has done it all."

BENNIE S. BOURNE.

On the very first night the mission was opened, a man was led almost miraculously, as we could see afterwards, into the mission. He had been on a debauch for weeks; had caused his wife and children to flee for their lives, and that night, on the verge of delirium tremens, he had resolved to end his life. Thank God, he did, but in a strangely different way from what he expected. Any one who comes into the mission now, and sees the new light that has come into Brother Hill's face, and hears him singing, and praising God, will say surely the old life has indeed been destroyed, and he is now living a new life in Christ Jesus.

We would like to tell the readers of THE LIFE BOAT about all of the converts in the mission but there is not room in this number; still we are praying that you may meet them all a little later in the Master's kingdom, where you may get personally acquainted with each one and hear the story of what Jesus has done for them over and over again.

C. C. NICOLA, M. D.

There Came a Time

I AM glad that there came a time in my life when I realized that I needed a Saviour. I know that He is able to keep that which I have committed unto Him to that day. I love Him far better than in days of old. I do as He bids me, and I will die at my post. A little over two months ago I strolled into the Medical Mission and found the Lord Jesus, and asked Him to be merciful to me a poor sinner. He has accepted me. Just a little while before I came to New York, I had been stealing some money to go where I wanted to go, but the first thing I knew, I was caught in the gospel net.

When I was in the city of Philadelphia, I became very reckless. I began in drinking rum, and chewing and smoking tobacco. I remember the time that I used to be a gambler and play cards some times all night and day; but praise God! I do not do it any more since I have been converted and am a changed man in Christ Jesus.

Do you know that since I began to read the Bible, I have been getting ahead in my life, and it seems to shine clearer and brighter than before. "This poor man cried, and the Lord heard him, and delivered him out of all his trouble." I am so glad that He did hear my cry, and I listened to His voice and He took me in.

Brother Mackey, I am going to meet you on the corner of Glory and Hallelujah street.

AUGUST KERN.

"God Works in a Mysterious Way His Wonders to Perform"

"MEDICAL MISSION." The word "medical" changed the whole course of my life. November 6, 1898, I was a mental and physical wreck on my way over to New York to try to continue a three week's debauch I had been on, when the sign "Medical Mission" in the window of what used to be a large store attracted my attention. I

heard the singing, but I had had enough of missions, and I was afraid to call upon God. Seeing the word "Medical" I resolved to step in and learn if there was a doctor there who could help me.

Thank God! words were spoken that night that gave me strength to wait till the end of the meeting. God's spirit worked upon my heart; it whispered, "There is hope," and I found myself at the front asking the prayers of those Christian people who led the meeting. Never shall I forget the kindness I received. The prayers were answered, and through the kind attention of Dr. Nicola (who treated me at home, for my nervous system was completely broken up) and his wife, and other Christian friends who treated me with such kindness, I was restored to health. Since that time, I have been faithful, and have kept my covenant with God and man.

For thirty years I had a terrible experience. Having had a drunken mother, I claimed it was hereditary; but God, who is able to do all things, heard my cry, delivered me from this awful curse, and has kept me for twelve weeks, a free man in Christ Jesus.

A. F. HILL.

What One Bible Did

LAST July a Bible was taken into a family that was entirely unacquainted with its sacred contents. The man, seeing it, wanted to know what the book was, and being advised to read it, he began to look it through. Soon he became very much interested and shortly declared that there was something in that Book that he wanted. He read the Book all the afternoon. From that time on he was a changed man, and exceedingly happy that he had found out he could be forgiven of sin by going direct to "Head-quarters." For years he had been cut off from his church and from all hope of the future. But in the sacred Word he discovered that salvation was free. Immediately he wanted to tell his neighbors. Being told of how cottage-meetings were conducted, how a few people are gathered together to pray and study the Bible, he determined to gather in his neighbors, who were like him ignorant of God's word. Accordingly he began to invite them in and to teach them from the Bible. These people began to buy Bibles and to read and study for themselves. This man had a son who was in prison. The Lord turned his thoughts to him, and he bought a Bible, marked it and sent it to him. The boy was converted, and when he was released from prison a few weeks later, he began to work for his former companions.

At the present time the company has grown to sixty-five who meet regularly to read, study, and pray. With no one to teach them but the Spirit and the word of the Lord, they yet show by their fruits that God has taught them. It is not without severe opposition that this work has grown.

One dear old lady can not speak or read one word of English, yet she comes every night to the meeting, and enjoys the simple lessons. Occasionally they interpret to her, but whether she understands or not she is happy to be at the meeting and kneel down with them in prayer.

The young man whose father took him from prison, has remembered his companions and through him two are now free in the Lord. He is caring for them until they can get work. One night while they were praying, a young man came into the meeting and asked for prayers. He was drunk and on the verge of delirium tremens, but in his despair he appealed for help. He was delivered from his bondage to drink, and gives the following as a brief history of his life. He had served two terms in states prison for

robbery. For four years he was scarcely ever sober, and served six months in the county jail for whipping his mother. He thought there was no help for him. No matter how hard he tried to do better, he only failed. He could not get any remedy from his own church for he had not suitable clothes to go to confession. He became so addicted to alcohol, too, that when deprived of it he was known to drink kerosene. In desperation he contemplated suicide, but was advised by one who had been helped by the meetings to go there and seek for divine help. So at his last extremity, with the police after him, and on the verge of delirium tremens, he wandered into the meeting and cried out for mercy. Now he is so happy that no power can dissuade him from working for the salvation of others. His friends say he is crazy and have turned him out of home, yet he knows that he is now free from the appetite for drink, and that the band that held him a slave for so many years is broken.

The testimony of one who has visited the company is: "They are so happy." Truly, the fruits of the Spirit are there. One can not but exclaim: "See what God hath wrought!"

H. E. BRIGHOUSE, M. D.

(To be continued)

The Maternity

THE work at the Maternity is progressing. Every day we receive reports and see results from the work which awaken in us new courage to go forward. I will mention a few cases which may be of interest to the readers of THE LIFE BOAT.

Miss — was considered almost an unmanageable case. She was brought to us because they could not do anything with her at other places. The religious meetings held here every day from two to three o'clock as well as the singing of the Gospel, have melted her heart, and we find her very docile.

Miss —, the first girl ever admitted into this Home, has written to us this month, and her letter is one of courage. Her heart goes out to this Home and to God for the help she received while here. She is now leading a straightforward Christian life.

Miss —, a girl who was with us for a time, but has left us now. Although she has left our Home, she never forgets us. The other day she called and said: "This is a place I can never forget, for it was to me a bright spot while my life was all darkness and gloom."

Miss — came to the Maternity and asked if she might stay with us. She was far away from home, without friends, money, or comfortable clothing. She had tried to get work but without success. She was heart-broken, and thought everything was against her. She said: "If I can not stay here, I will have to stay out on the side-walk all night. I have tried to get in at several places, but I was refused on account of lack of money. She was taken in and has since accepted the Lord Jesus as her friend and Saviour. This is some mother's daughter.

Miss — came to the Home about eleven o'clock in the morning. It was a very cold day, and she was sick and thoroughly chilled with the cold. She asked if she could be taken in. We took her in, and after receiving treatment for about four hours she was made warm and comfortable. Her baby arrived at eight o'clock that evening. Mother and child are doing nicely in spite of the severe chilling.

Miss — has been with us now about four months, and has been a good faithful girl. The influence of the Home has been moulding her character. Her baby girl is five weeks old.

Miss —, who was taken into the Home nearly two years ago, writes from her home in the Province of Ontario. She says: "I was in your Home three months, and I can never thank you enough for what you did for me while there. I will never forget the lessons I learned in your good Home, and the motherly kindness shown to me by all. What would have become of me I do not know, if it had not been for your kindness. My stay there has had a lasting influence on my life. I pray that every girl that comes to the Home may be helped as I was. May God bless you all."

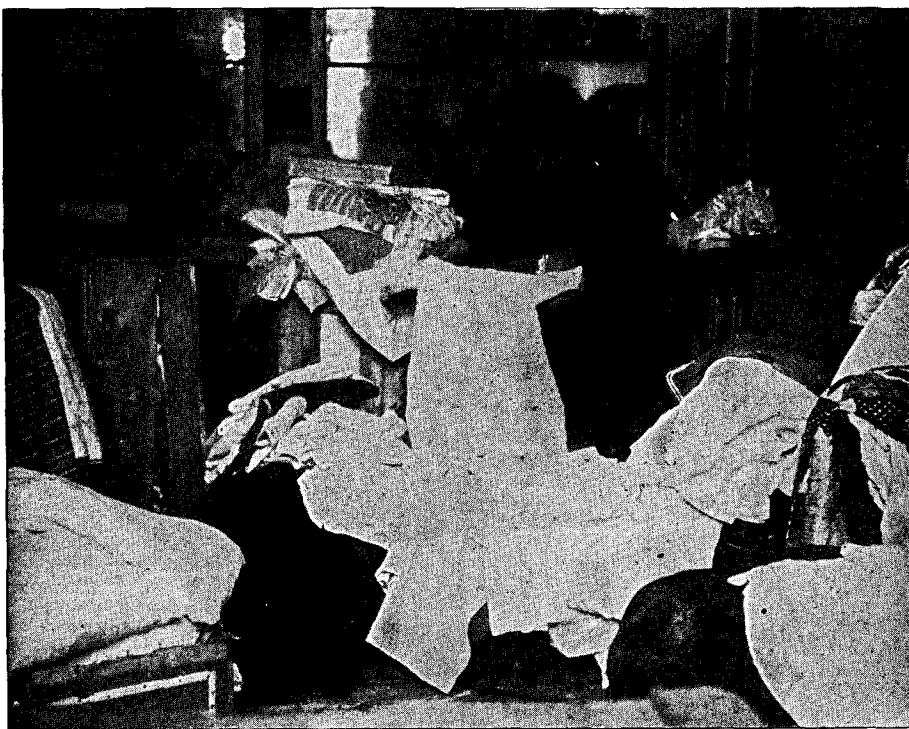
"Him that cometh to Me I will in no wise cast out." John 6:37.

The Maternity has many calls for charity, and must rely on the generosity of those sympathizing with the work in order to keep its doors open to such ones. It is in constant need of coal, fruits, provisions, sheets, towels, and other household necessities. Its immediate need is money to meet the expense incurred by having an unusually large number of inmates not able to pay anything for their care.

MRS. LIZZIE ALDRIDGE.

killed in a machine-shop two years ago, leaving her alone in the world with these two little ones to care for and support. How do you suppose she does it? It is by carrying a heavy basket of matches, pins, needles, thread, etc., etc., on the street and trying to sell to the hurrying passers by. The wind is piercing, the snow is blowing, and it is so cold that no one wants to be stopped to buy a paper of pins or a box of matches of a poor woman in order that she may earn a few pennies to buy food and fuel with which to warm and feed her boys. She, nevertheless, struggles on and when she came into the Training-School the other evening for some treatment (for she is not a strong woman), and told us how impossible it was to get enough ahead to get warm clothing for her boys, you should have seen her eyes shine as I gave her a little bundle of underclothing for the boys and a cloak and dress for herself.

Another mother with seven children and an invalid husband was sent to us by one of our visiting nurses for some *old clothes*, and again we were able to help clothe these little ones as well as to find a few pieces for the father and mother.



AMONG THE OLD CLOTHES

Among the Old Clothes

DEAR FRIENDS: As many of you have personally answered our call for worn and cast-off clothing, I thought you might be interested to know what becomes of it. Many times we have felt like having a praise meeting when on opening the box we would find just *what was needed* for some poor child, mother, or man. I have thought so many times, How I wish you might step in and see the anxious faces light up as we would give them a little bundle of much needed clothing, nicely mended and clean. Let me tell you of some of these cases:

Here is a poor Syrian mother with two little boys, five and seven years of age. Her husband was

found a new-born babe, but has no clothes for it, so we go again to the *old clothes* room and find just what the nurse wants.

We might give you many more cases, but time and space forbid. While what has been sent to us has been very gratefully received, yet we are in constant need, as the demands are great.

God will bless you, for "He that giveth to the poor lendeth to the Lord," and we can find no safer party to open up a loan account with than the Lord Jesus Christ, who has done so much for us.

Now, anything is acceptable, but we especially need underclothing for men, women, and children, old sheets for bandages, old soft cloths, towels, etc. In fact, we need everything.

MARY S. FOY.

"Inasmuch"

BY MRS. M. E. AVERY

O PITY the perishing, out in the cold,
Straying afar from the Shepherd's fold;
Clothed in rags the shivering form,
Drenched with the pitiless, wintry storm,
Faint with hunger, homeless and poor,—
O who will open a friendly door?

Ah! see the rich, in his haughty pride,
Like the Priest and the Levite, turn aside,
As the aged crone, with outstretched palms,
Vainly, eagerly, begs for alms.
His ears are deaf, his heart so dead,
That he heedeth not her cries for bread.

O wretched wanderer, turn thy feet;
There's a Mission Home down yonder street.
Help and comfort and friends are there;
Food and raiment they freely share:
They heal the bruised, the sick, the lame,
And bind their wounds in the Master's name.

They point the sin-sick soul above,
They speak of a Saviour's wondrous love,
Of the blessed balm that freely flows
From the cleansing Fount, to heal their woes,
Of the mighty power of the Healer's name
That saves from death and sin and shame.

Here, helpless souls find peace and rest,
By guilt and sin no more oppressed;
With joy they find the better way,
They learn to hope, they learn to pray,
Their stains are washed, their sins forgiven,
They find the glorious hope of heaven.

Ah! noble souls are they who seek
To lift the fallen and help the weak;
Who feed the famishing, clothe the poor,
And open wide a welcome door,
For "Inasmuch", hath the Master said,
"As ye feed these least, then I am fed."

Items from the Children's Home

A FEW days ago, on a cold and stormy evening, a poor man with a very discouraged face called at the home. He had in his arms a little boy almost two years old, and led another of about four years by the hand.

His case was similar to many others. His unfaithful wife neglected home and children, and again and again ran away to spend her time in bad company. A couple of days before he came to our place, she had left him again, taking along a hard week's earnings. The little boys were found in a cold room crying for want of food and sympathy. The poor father, who is a laboring man and a Catholic, went from one institution to another trying to get the little ones placed somewhere, as he was unable to care for them, but without result.

He said that when he called at a Protestant institution, he was told to go to the Catholics, to whom he belonged, and when he came to the Catholics and they found out he had no money, being a poor laboring man, they said they were too crowded to take in his children.

I am so glad that we have a heavenly Father whose love extends equally to the Catholic, Protestant and heathen. Although our home was crowded, we dared not send these two little boys away, for they so much needed kind attention and love. It makes our hearts sad to see how many children have to suffer for their parents' sins. Thomas and Patrick are at home

among us now, and are so attached to Sister Walde, in whose care they have been placed, that they cry every time they lose sight of her, thinking that she also is going to leave them like the one they used to call mamma, but who constantly disappointed them and told them so many untruths that it now seems hard for the little fellows to believe anybody.

Two little sisters who lately came to us, sat down by me the other evening and told their sad story, which I know to be true. Their mother, if we dare call her by this most sacred and holy name, is living a vile, sinful life, a victim to drink and almost every known sin.

Fathers and mothers can you imagine one of those innocent children saying to me: "Mother used to be drunk most all the time. She would make my brother get out of bed night after night, and go to the saloon after beer. One stormy evening he refused to go. It was so cold and windy, he was afraid of the dark, and he was but a little boy. Then mother took a broomstick and hit him, and chased him all around the room, and kept on hitting him, so that we children had to go and call the neighbors. We often had to sleep out under the side-walk, which was full of rats and mice, because we were afraid to stay in the house with our mother. She used to treat my father so mean and hateful, and one evening she threw the clock at him, and hit him in his forehead. Since then he never came home any more, and lots of times we had nothing in the house to eat. My father is an awful good man." An aunt of the little ones is now taking charge of their case. The mother was compelled to give up her five children, but she does not care, as she seems to be sunken too deep in sin and disgrace to have any mother love left.

We are corresponding with four families who have adopted children from our home. They write encouraging letters, telling what a blessing they have experienced in unselfishly opening their homes for these homeless little ones. A little Catholic boy, seven years of age, who was with us all summer, left lately to go and live with a friend of his mother. We hear that he is true to principle as was Daniel. He positively refuses to do anything that we have taught him is wrong, and talks health principles at the table as often as he has an opportunity. The lady who is caring for him seems very much amused that he so firmly refuses to eat "dead animals".

Another boy who has been with us since last winter, has become quite a little missionary. He is always the first one to make the newcomers feel at home, and is anxious for the privilege of teaching them to pray. This boy has also learned to do his domestic work very well. He washes dishes, cleans the dining-room, and makes beds as well as anybody. Now he is begging for a chance to learn to cook. It would be well if other boys would spend their time in as profitable ways as this little fellow who has learned to love work. He is nine years old and has a good mother, who works hard for him. THEKLA BLACK.

A Visit to the Dispensary and Surgical Ward

WHEN I took charge of the surgical ward about a month ago, we had only one patient who was taking regular treatment. It did not seem right to have a warm room with a lot of empty beds in it when there are so many sick and suffering ones in Chicago who need just such help as we are able to give them. So we took the matter to the Lord in prayer, and asked Him to fill our beds with those who needed physical and spiritual help. In the course of a few days, the ward was full, and we had to put in

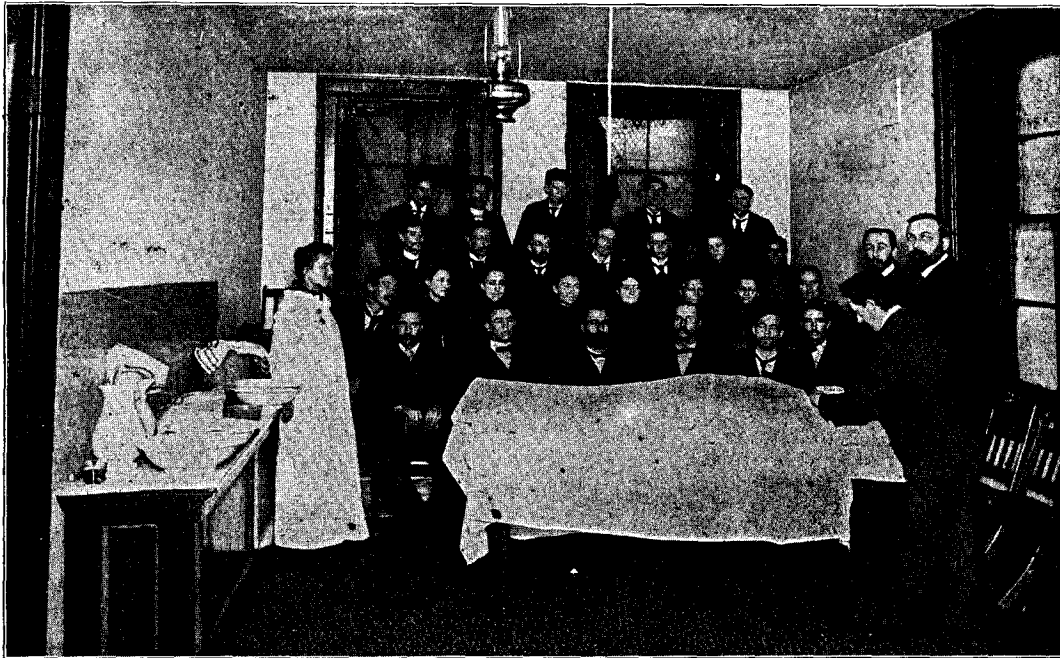
an extra bed, and now there is an overflow of four, who have to be made comfortable elsewhere in the building. The same patients have not been with us right along, but as soon as one is ready to be discharged, another comes in to occupy the bed.

Mrs. — was operated upon for gall-stones, has made a good recovery, and has just gone home where she will soon regain the full measure of her strength. She is a dear Christian woman whose bright face we miss very much.

Mrs. — came for the purpose of undergoing an operation, but was advised by Dr. Kellogg to try rest-cure treatment. She has been with us for four weeks, making remarkable improvement. She is a hard working woman with three children to support,

perfectly that we did only what was necessary, and cheerfully submitted to the treatment day after day. One day her mother was feeling so badly about her that the tears came to her eyes, and then the baby said: "Don't cry mamma; ask Jesus, He will make it gooder." She is now entirely well, and we all rejoice with her.

Miss — was brought in on a stretcher one night groaning and suffering the most intense pain. She had inflammatory rheumatism, and was not able to move even a finger. We applied fomentations to all of the joints, followed by a cold compress covered with cotton. The next morning she was almost entirely free from pain. Then we gave her a hot blanket pack, after which she was very comfortable, and able to sit



THE DISPENSARY OPERATING ROOM

and we believe she is anxious to bring them up in the fear of the Lord.

Little Mrs. — came into the dispensary one morning feeling weak, sick, and discouraged, and the very expression in her large brown eyes seemed to say, "Help me." We decided at once that rest in bed with daily bath-room treatment, and a pure, nutritious diet would very soon make a new woman of her. Her husband is poor, and has been out of work for six months; yet when I asked him to leave his little wife with us for a few weeks, he put a dollar and a half in my hand, and with tears in his eyes said: "I'll do anything. I'll sell my coat or anything I have if she can only be made well again." One week's treatment has already made a great change in our little patient. She is now able to attend the Bible classes held for the Training-School, and although she can neither speak nor understand the English language very well, we trust the Holy Spirit will do its office work, and make the truth of God plain to her.

Little Gladys, our baby patient, taught us many lessons of patience and confidence. She had an abscess on her neck which had to be lanced, curetted, and packed with gauze to drain it. The wound had to be washed out and dressed every day for two weeks, and this was a very painful proceeding. The child is only four years old, and yet she seemed to understand

up and move about some. We continued the fomentations and massage, and encouraged the patient to drink large quantities of water, and in less than a week she was entirely well, with the exception of a slight swelling in the fingers of one hand.

Mrs. — was brought in late one evening to have a wound dressed. She was out in an alley in a rough part of the city, and some one threw a broken bottle out of a window which struck her on the head, leaving a large bloody wound. She is doing very nicely, and we think has an earnest desire to be a better woman. When asked if she wished to live a different life, she answered: "Yes, but how can I do it down there surrounded by such an influence?"

Dear reader, pray for this woman that she may surrender all to Jesus, and receive His full and free salvation.

EVELENE HELMAN.

"I came into the Star of Hope Mission a hopeless drunkard. Now, I have no desire for liquor. God has taken the desire all away. I have everything to be thankful for. My family has been restored to me, and we now have a happy home. My only desire is to work for Christ."

From Brother Ziegler

LEAVING Topeka, Kan., in the early part of October, I went to Chicago, and spent that month and part of November at the Training-School, seeking for a better knowledge of how to conduct mission work successfully. Although the greater part of our life had been spent in this line of work, we learned many new lessons which are proving a real blessing to us now. The one thing for which we praise God most is that we learned more fully than ever before what it is to have a living connection with our heavenly Father, and to come into that close relationship with Him where we feel that we can now talk with Him face to face, as friend talks with friend.

Coming back to this city in November, we at once began work preparatory to opening a Workingmen's Home and Gospel Medical Mission. The fitting out of our mission has cost some \$400. We threw our doors open to the public about the middle of December. The blessing of God has been with us from the very start, and the work has advanced beyond our expectations.

On New Year's day we gave a dinner to the poor. Between four and five hundred people partook of the repast, which consisted of bread, baked beans, mashed potatoes, sweet potatoes, vegetable soup, canned corn, tomatoes, canned fruits, cereal coffee, pie, and cake. We had a most enjoyable time and our hearts were made to rejoice as we saw the lame, the blind, the maimed, and the halt enjoying the good food. After the dinner about one hundred baskets were sent out to the homes of the poor who were unable to come to the dinner. Our lunch-counter is being well patronized by all classes of people with the best of satisfaction. Our beds are filled almost every night.

Gospel services are held each evening at eight o'clock in the dining-hall with a fair attendance. The spirit of God is working upon the people. Already some have been caused to rejoice in His love, while many more are feeling the awful burden of sin which is resting upon them.

Hoping and praying that the blessings of God may attend the medical missionary work everywhere, and that each of THE LIFE BOAT readers will remember us when talking to our Father, I remain, yours in Jesus' love.

D. P. ZIEGLER.

Fallen Among Thieves

"A CERTAIN man went down from Jerusalem to Jericho, and fell among thieves, which stripped him of his raiment, and wounded him, and departed, leaving him half dead. And by chance there came down a certain priest that way: and when he saw him, he passed by on the other side. And likewise a Levite, when he was at the place, came and looked on him, and passed by on the other side." Luke 10:30-32.

In this parable we have represented that class of men who leave good homes to enter our large cities. Starting out with flattering prospects they are perhaps unsuccessful in securing work, fall among confidence men and thieves, and finally they are left wounded and crushed in spirit, if not in body; stripped of their raiment, without friends, and they say, "Nobody cares for my soul." These men are passed on the streets by professed representatives of Christ, without a word being spoken to them. We forget when we see such a man that he was at one time some fond mother's boy; little lullabies were sung to him the same as to us, and he was once dandled upon the knee of an affectionate, loving father.

Recently while passing along the streets of Chicago I saw one of the most pitiable objects. A poor fellow with bloated, unshaven face, clothed in rags, was walking along the street with hands in his pockets, shoulders drawn together, shivering with cold. There was nothing about the man externally to be admired. The hard lines of sin were visible in his countenance. The only thing that could appeal to any one was the man's great need. I thought, "How would the mother of this man feel if she could see the boy for whom she once pictured a prosperous and happy future as he is now, dead in trespasses and sin."

Jesus, while passing at one time along the street, noticed a funeral procession. They were carrying a young man, the only son of a widowed mother, to the grave. Jesus seeing the mother's tears *was moved with compassion*. He touched the coffin and the bearers stood still. Then he said, "Young man, I say unto thee, Arise." "And he that was dead sat up and began to speak, and *He delivered him to his mother*." As we pass along the streets and see these men, let us think of the bitter tears that are being shed by fond mothers, to whom they are virtually dead; let our hearts be moved with compassion, and let us do everything in our power to restore such a one to a life of usefulness and deliver him to his mother.

Not long ago I witnessed a scene I shall never forget. At one of our meetings a strong, well-built man, measuring over six feet, weighing probably over 200 pounds, who had formerly been a drunkard, gave his testimony. It was a most wonderful testimony. When he sat down, his mother, a small spare woman of about sixty-five and a widow, got up and leaning upon the shoulder of this stalwart son, her only child, she said in a broken manner with tears running down her cheeks, "This is my son. For years I have been praying for him; I knew that sometime God would restore him."

This man is now preaching the gospel to others and providing for his aged mother. Is it not a great source of satisfaction to be instrumental in rescuing these men, and delivering them to their mothers or to an anxious wife and a helpless family? No wonder that there is joy in the presence of the angels over one sinner that repenteth. Let us continue to labor for these classes; let it be truthfully said of us that we are friends of the publicans and sinners. The command for to-day is, "Go out quickly into the streets and lanes of the city and bring in hither the poor, and the maimed, and the halt, and the blind."

D. H. KRESS, M. D.

My Testimony for God

DEAR BROTHER SADLER: Thinking that my testimony may be of some good to a poor wandering soul, I send you these few lines. I have been a switchman and longshoreman on the Chicago river, and for the past twenty-three years have been mixed up with men of tough characters.

On the third of last October, Brother Mackey met me coming out of a saloon. I was then in very bad shape, bordering on delirium tremens, or, in West-side language, "in the horrors." He stepped up to me, shook my hand, and invited me to come to the Star of Hope Mission, saying that they were having good times there. I promised that I would come, but Satan still had power over me, and that night I was drinking again. Two days later I met Brother Mackey at the corner of Madison and Jefferson streets. Again I promised to come to the mission; God be thanked, I kept my promise this time. The consoling words and earnest exhortation I heard at the mission satisfied me that I had at last got into a

place where there was some true religion. On the invitation being given for sinners to raise their hands for prayer, I raised mine, sincerely believing I was one of the worst in the room. Brother Mackey and Brother Connerly afterwards spoke kind and inspiring words to me, and I fully gave my heart to God.

Although not actually destitute, I decided to go to the Workingmen's Home, and after having worked a few days in the carpet department, I took up work at the Training-School. Drink had made me a very shabby and wretched man. The first day there I spent in the laundry. The room was nearly full of clothing, so I asked the lady in charge if she was paid for all this work. She replied that most of the washing was for orphan children that were then at the Training-School, and that in doing this work she was not only helping them but pleasing the Lord. This simple statement touched my heart, and I may say, truthfully, that whatever work I did in the department, both helping to remove the children and clean up their new abode in South Park avenue, was done trusting and praying that it would be pleasing in God's sight.

I was connected with several labor unions and I trust that some of my old associates will read this testimony, and thank God that while the man who signs his name to it was for over twenty-five years a hard drinker and a sinner of the deepest dye, yet, with the help of God, all the desire for drink has been taken away from him, and he is to-day a saved man. Previous to October 6, 1898, I had no use for the Bible, but now I am ever eager to hear it praised, and most desire to learn the great truths it contains. My going into the Star of Hope Mission, and hearing Brother and Sister Mackey and the converts singing and praying, was the "bright star" in my life, and I am now feeling altogether a new man. It is my prayer that the Almighty may direct some poor long-shoreman or railroad employe hither, that he may obtain these great advantages for the simple asking of them.

PATRICK LEHAN.

He Appreciates The Life Boat

DEAR BROTHERS IN CHRIST: I have the January number of THE LIFE BOAT and must say I think I never read a paper in all my life that does my soul so much good. A kind brother loaned me the paper to read; no one but a poor, redeemed drunkard can tell what power there is in the testimonies given in THE LIFE BOAT every month. O, the redeeming love and the keeping power of Christ! He can save and keep from a drunkard's life. I commenced to drink at the age of fifteen years, and drank hard for eleven years; then by the help of God I quit drinking for five years, when I fell and drank hard for eight years. This time the Lord has saved me in a wonderful manner. The taste of whisky is gone, and when I read THE LIFE BOAT I just weep for joy and praise the Lord from the depth of my heart. My prayer to God is that the very richest blessings of heaven may rest on THE LIFE BOAT and that God may send holy angels to stand by the dear sisters and brothers who are in the rescue work in Chicago.

Now I have had it impressed on my mind that I ought to try to do something for the dear boys that are in jails and prisons. THE LIFE BOAT did my soul so much good I pressed it to my heart and asked God to bless the paper and the mission workers. I want to send THE LIFE BOAT to a friend in the Chester penitentiary and also a few copies every month to the jails. May God bless THE LIFE BOAT to the saving of many dear boys and girls who have fallen. Your brother in Christ,

D. S. SPEAR.

"I'm Afraid I Can't Hold Out"

IN mission and rescue work, we constantly meet those who really want to forsake their lives of sin and turn to God, but at the very moment when they are about to surrender all into the hands of a faithful Creator and a merciful Saviour, they falter and stagger as the enemy urges: "You can never hold out," or "You can't live up to it."

Yes, the discouraged sinner thinks of his past efforts to do better. He recalls how he failed in every instance. His courage fails, and he says: "I am afraid I can't hold out."

Dear reader, this story of failure may all be true. No doubt you have tried and failed many times. You have resolved again and again that you would turn over a new leaf and do better. You have no doubt promised your nearest and dearest friends—perhaps a mother or a wife—that you would reform and lead a different life. In all these efforts to do better you have utterly failed, and I do not wonder that you despair of ever succeeding; but, my friend, please listen while I read from the Bible: "For when we were yet without strength, in due time Christ died for the ungodly. Rom. 5:6. He came "to seek and to save that which was lost." Luke 19:10. "Wherefore He is able also to save them to the uttermost that come unto God by Him, seeing He ever liveth to make intercession for them." Heb. 7:25. Jesus is seeking for you. Jesus wants to save you. He knows all about your weaknesses, for He himself lived and died for you right here in this sinful world. Listen to what God says: "For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin. Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need." Heb. 4:15, 16.

Brother, sister, don't be afraid any more. Come right along, and take God at His word. Of course you are weak, but Jesus is *strong*; you can't keep yourself, but, thank the Lord, Jesus can save you and keep you too. Turn to your Bible again, and read Phil. 1:6: "Being confident of this very thing, that He which hath begun a good work in you will perform it until the day of Jesus Christ."

Instead of trying to "hold out", just give in—give up—right now. Tell God the truth; tell him you have tried and failed. That's all He asks you to do, for He says: "He looketh upon men, and if any say, I have sinned, and perverted that which was right, and it profited me not; He will deliver his soul from going into the pit, and his life shall see the light." Job 33:27, 28. Ask Him to "keep you from falling." This is the promise: "Now unto Him that is able to keep you from falling, and to present you faultless before the presence of His glory with exceeding joy." Jude 24. He can do it, and He will, too, if you ask Him in earnest. This is what His word says: "For I am persuaded that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord." Rom. 8:38, 39.

You will be able to "hold out" and serve God just as long as you realize that you "can't hold out" yourself, and trust God to keep you by *faith*: "Who are kept by the power of God through faith unto salvation, ready to be revealed in the last time." 1 Peter 1:5. Jesus said: "And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand. My Father, which gave them Me, is greater than all; and no man is able to pluck them out of my Father's hand." John 10:28, 29. Don't you think that is promise enough to keep you? Don't try to "hold out" at all, just *trust* God!

to do what He says He is both willing and able to do, and leave yourself entirely out of the question.

Yes, you'll be tempted, of course you will, but that won't hurt you. Remember, Jesus said that no man is able to pluck you out of the Father's hand. He says, too, "Count it all joy when you fall into divers temptations, knowing this, that the trying of your faith worketh patience." Jas. 1:2, 3. Dear reader, God knows your heart; He knows your weak points; He will not allow Satan to press you too hard. "But the Lord is faithful, who shall stablish you, and keep you from evil." 2 Thess. 3:3. See also 1 Cor. 10:13.

Look up, friend, the night is almost over, and the day of hope is dawning. Hold your hand up high for help, and God will clasp it and lead you Himself: "Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of My righteousness. . . . For I the Lord thy God will hold thy right hand, saying unto thee, Fear not; I will help thee." When God takes hold of a man, and that man will only allow Him to have His own good way, He always fulfills His promises to forgive and "to cleanse us from all unrighteousness." He says again: "And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work." 2 Cor. 9:8. The Lord will also keep you. He purposes to finish the good work of grace which you have allowed Him to begin in your heart. I am sure you are willing that He should: "For the which cause I also suffer these things: nevertheless I am not ashamed: for I know in whom I have believed, and am persuaded that He is able to keep that which I have committed unto Him against that day." 2 Tim. 1:12.

Now, I know you are not afraid about not being able to "hold out," are you? You know you can't begin with; but thank the Lord! you know of One who is both willing and "able to keep you from falling, and to present you faultless before the presence of His glory with exceeding joy." Jude 24.

"O that men would praise the Lord for His goodness and for His wonderful works to the children of men." "Come, for all things are now ready," and "Him that cometh to Me I will in no wise cast out." "Now is the accepted time." "If we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness." 1 John 1:9.

W. S. S.

It Pays to be Faithful

ONE cold, rainy evening some time ago, a young lady, one of our mission workers, stood in her accustomed place on the street corner, handing out tracts with the invitation to attend the gospel services to be held in the mission near by. That evening, when the gospel had been presented, and an opportunity given for personal testimony, a certain man arose and said that the reason he was there was that he had received a tract on the street corner, and he thought a religion that would induce a lady to stand out in the cold and rain to hand tracts to fallen men, was a religion worth having, and one he desired to know more about. When those who desired the prayers of Christian workers were asked to raise their hands, this man's hand went up, and what the result of that night's experience will be, time and eternity alone will reveal.

This worker might have reasoned thus: "It is damp and cold this evening, and as my service does not amount to much anyway, I think I will remain at

home. Perhaps some one else will be there to helping and pray and work for the unconverted, and it will not matter if the tracts are not distributed just this once." But had she not been there at that particular time, that soul might not have been reached, and with whom would the responsibility lie? It often seems inonotonous to us to perform the same round of small duties day after day, and we are liable to grow careless and indifferent, thus losing much of God's blessing. It is the work of faith that meets the approval of God. He simply asks us to do our best, and then adds His blessing, no matter how small the duty, nor how imperfectly performed.

It always pays to be faithful in small and seemingly unpleasant duties. W. S. S.

Witness-Bearing at the Star of Hope Mission

MANY redeemed men praise God for full deliverance from sin.

"I am drinking at the well of full salvation. Won't you come along and have a drink with me?"

"I thank God that I am drinking at the well to-night. I was converted one week ago, and this has been the happiest week of my life. It is my determination to follow God throughout the endless ages of eternity. I believe God, by the power of the Holy Ghost, led me to this place."

One man came into the meeting drunk, and before he left he gave the following testimony: "I am the fellow that came into this meeting drunk. I want you to pray for me." We all knelt, and Brother Mackey prayed for the brother, and he arose a free man in Christ Jesus. Surely, Christ saves to the uttermost.

"The Lord has shown me to-night why you 'love to tell the story.' It is because you have a love for souls. I feel that I must have that love for souls in my heart. I want the Holy Ghost to come upon me, so that I may receive power from on high. I know that if we do not work, the Holy Ghost will go away."

"I can sanction all the brother has said. I have backslidden seven or eight times, and every time it was because I stopped working for others. I need that divine love to restore unto me the joy of this salvation. If we have the love of God in our hearts, and study the Word, we will want to work for souls, and will not backslide. I know we should count the words of God more than our necessary food; I have not done this. Pray for me that I may do so in the future."

"Three years ago, I was a drunken wretch. Thank God I heard the words: 'Come unto me, and I will give you rest.' Since that time, I have been kept by the power of God."

"I am head over heels in love with Christ. He saved me from a drunkard's grave. I am saved by the power of God. Let me say to every man here to-night: You are not too low for God Almighty to save you."

"My friends, I know that Jesus Christ is able to save to the uttermost. I love Christ and love His words."

"I was brought up a Jew. I have three brothers and three sisters in New York who are wealthy. I have not a cent, but I have Jesus Christ, who is worth more than many millions. I would not exchange this love of Christ for anything in this world."

THE LIFE BOAT

Editorial Committee

W. S. SADLER
M. E. OLSENW. B. HOLDEN, M. D.
ELDER E. J. HIBBARDPublished monthly by the International Medical Missionary and
Benevolent Association, at 1926 Wabash Avenue, Chicago, Ill.

PRICE 25 CENTS A YEAR

*Entered in the post-office at Chicago, Illinois, as second-
class matter.***To Subscribers**

Write names and addresses plainly.
Remit by P. O. Money Order, Express Order, or Draft. Personal checks are not desired.
Make all Orders and Drafts payable to THE LIFE BOAT, not to the editors, or any other individual.

Change of Address

When writing to have the address of your LIFE BOAT changed, be sure to give your *old address*, as well as the new one.

Address all communications for this paper to THE LIFE BOAT, 1926 Wabash Avenue, Chicago, Ill.

* * * * *

AN OPPORTUNITY.—The twelve weeks' course of study and practical mission work which was begun at the Training-School last December will soon be over. At its expiration, we will be able to accommodate from twenty-five to fifty students during the summer months. Those who can possibly arrange to spend a few months in Chicago in connection with the city mission and rescue work during the present summer, will be able to enjoy many advantages, as well as acquire a practical knowledge of the various lines of work which are carried on. The expense will be about two dollars a week for board, room, etc. Those who contemplate taking advantage of this offer should write to us at once. We will not be able to receive any one to work for their board and room. There will be, however, abundant opportunity for all energetic workers to make their way, at least partially, by selling THE LIFE BOAT, *Good Health*, etc. Further information will be given upon application. Address, Chicago Medical Missionary Training-School, 1926 Wabash Avenue, Chicago, Ill.

DOES THIS MEAN YOU?—During the months of February and March several hundred subscriptions to THE LIFE BOAT expired. We have sent a notification to all whose subscriptions expired with the February issue. We are doing the same thing this month.

We will greatly appreciate it if our readers will be prompt in sending in their renewals. You can not afford to even miss one issue of the paper for the price of a year's subscription.

The special prisoners' number of THE LIFE BOAT, as will be seen by announcement elsewhere in this issue, has been postponed until May. In the meantime, we trust that our readers will rally to the support of this great undertaking. The assistance of one and all will be appreciated.

In the United States there are 80,329 prisoners in various State prisons. There are 14,846 juvenile offenders—youths, in reform schools and similar institutions. This does not include the 100,000 paupers who are in various institutions as county charges. Who would like to assist in sending THE LIFE BOAT to these thousands of prisoners?

Jottings from the Life Boat Crews

WE have only encouraging words with reference to the Life Boat Crew work. Some of the Crews are not as prompt in reporting as would be desirable, and it is partly on this account that we have not presented any summarized reports of labor in THE LIFE BOAT. But the Crews report informally, and seem to be of the best courage. We have received two excellent reports from a Crew organized recently at Grand Rapids, Mich.

Brother Thomas Egan, one of the earliest members of Crew No. 1, is with our gospel wagon in the South. He writes letters of thrilling interest, showing how the Lord is leading in the work of bringing wandering souls into the fold of safety. In his last letter he tells of a visit of some days at Graysville, Tenn., where he and the other workers in the wagon have been able to organize seven new Crews among the young people in the academy. One of these calls itself the Junior Life Boat Crew, and contains six members, all of whom are under fourteen years. We welcome this band of boys, and trust that they will continue the work in the same enthusiastic spirit in which they have entered it, and grow up into the fulness of our Saviour Jesus Christ. Some of our best workers with THE LIFE BOAT are boys of this age.

Our street meeting Crew here at the Sanitarium has held several meetings on pleasant nights in the last few weeks, and has seen fruit of its efforts. We have in our family of workers to-day some men that have been saved through these meetings.

Members corresponding with prisoners have received some very warm letters in reply. It is refreshing to find in these penal institutions men, and young men at that, who are earnestly desirous to make thoroughgoing reforms, and are so grateful to know that somebody cares for them. The gospel story must go to every one of the 100,000 prisoners in the United States. Let us pray and work to this end.

We have been pleased with the faithfulness shown by some of the Crews in working for THE LIFE BOAT. This is certainly an important part of Crew work. The city should be carefully canvassed. Taking THE LIFE BOAT from door to door is an excellent means of finding out the poor and destitute, and of helping people spiritually. Best of all, the paper will continue to preach the most effective kind of sermon once a month in that household, and only eternity will reveal the result.

The Life Boat Crew needs heroes. Half-hearted work won't do at all. Discipline must also be maintained. Every member should be faithful in reporting the work to the secretary. Let us close up the ranks, and move steadily forward, presenting an unbroken front to the enemy. "Watch ye, stand fast in the faith, quit you like men, be strong." "Thou, therefore, endure hardness as a good soldier of Jesus Christ."
M. E. O.

That Special Prisoners' Number

FOR a number of reasons, we have decided to postpone issuing the prisoners' number of THE LIFE BOAT for another month. We had hoped to be able to get out the special number in the month of April. This gave us but little time, also allowed our friends but a short time in which to interest themselves and others in its circulation. We have, therefore, for this and other reasons, decided to defer this matter until the month of May. In the meantime, we ask our friends and readers to do all they possibly can to assist in making this number a success.

As will be seen from a statistical report which follows, there are over 80,000 souls confined behind prison bars of our various State penitentiaries, and it must be remembered that this does not include the juvenile offenders or the many thousands of youths who are detained in the various reform schools throughout the country.

We will again call your attention to the fact that this special prisoners' number of THE LIFE BOAT will be filled very largely with matter from the pens of converted prisoners, some of whom now have their liberty, and others who are serving the Lord behind prison bars. There are few channels through which we can reach these 80,000 prisoners. We hope that this opportunity will be appreciated by all of our readers.

On the last page of this issue may be found a blank which will be understood at once as calling for financial assistance to enable us to place this special edition of THE LIFE BOAT in the hands of every prisoner in the United States. We hope to be able to send it to every jail reformatory, and State prison in this country.

WHAT YOUR DONATION WILL ACCOMPLISH

The publishers of THE LIFE BOAT propose to send for every dollar donated 100 copies of this special issue of THE LIFE BOAT into the prisons. The paper will be furnished the prisoners at the cost of *one cent* a copy. Five dollars will send 500 copies. Pause and consider for a moment, reader, what you can accomplish by sending a small donation to the Prisoners' Fund. This special number of THE LIFE BOAT will be endowed with great possibilities for helping prisoners. It will be adapted to helping the prisoner *right now—right where he is*. How much can you afford to invest in some prisoner's soul? May we not expect an immediate response to this appeal for those, who, because of their situation, are unable to make an appeal for themselves? Can you not interest your friends and neighbors in this project?

Donations should be sent to THE LIFE BOAT, and in each instance it should be specified that the same is for the "Prisoners' Fund."

The total number of prisoners in the United States is shown, by States, in the following table, which is compiled from the last census report:—

Alabama	2,518	Michigan	2,155
Arizona	250	Minnesota	1,041
Arkansas	1,473	Mississippi	1,177
California	3,398	Missouri	2,833
Carolina, South	1,184	Montana	432
Carolina, North	2,033	Nebraska	655
Colorado	902	Nevada	152
Connecticut	1,026	New Hampshire	321
Dakota, North	97	New Mexico	205
Dakota, South	178	New York	11,468
Delaware	139	New Jersey	2,455
District of Columbia	496	Ohio	2,909
Florida	667	Oregon	440
Georgia	2,938	Pennsylvania	6,489
Idaho	150	Rhode Island	560
Illinois	3,939	Tennessee	2,451
Indiana	1,988	Texas	4,747
Iowa	1,016	Utah	269
Kansas	1,928	Vermont	200
Kentucky	2,110	Virginia	2,000
Louisiana	1,608	Virginia, West	450
Maine	512	Washington	452
Maryland	1,502	Wisconsin	1,118
Massachusetts	5,227	Wyoming	74

W. S. S.

Mission News and Notes

WHY not get your neighbors to subscribe for THE LIFE BOAT?

Elder W. B. White spoke to the Training-School, February 11.

Has your subscription expired? Can you afford to be without THE LIFE BOAT?

The sophomore medical class from Battle Creek began a five weeks' course in Chicago, February 1.

Elder G. W. Reiser, of College Place, Washington, spoke at the Life Boat Mission a few evenings ago.

The Life Boat Mission is now being conducted by the faculty of the Training-School, Brother Sadler having general oversight.

Dr. A. B. Olsen, has returned to Battle Creek. His services are missed in all lines of work, especially at the Star of Hope Mission.

Dr. Addie C. Johnson, formerly of the Medical Mission at Guadalajara, Mexico, is spending a few weeks at the Training-School.

Dr. J. F. Byington and wife and Dr. W. A. George, from Battle Creek Sanitarium, have come to take up work with the medical students.

Dr. J. H. Neal and family and Mrs. Morchisio, of Guadalajara, Mexico, stopped at the Training-School on their way home for a vacation.

There seems to be a great and growing interest in the foreign mission work among the medical students and others at the Training-School.

Brother and Sister Iliff, of the Training-School, have taken up work in connection with the Life Boat Rescue Station at 49 Hubbard court.

Brother and Sister Cooper, from Oweca, Mexico, are in the city. Brother Cooper spoke to the Medical College Foreign Mission Band a few weeks ago.

Mrs. Lathrop and family and Brother and Sister Garrett, all students of the Training-School, have gone to Springville, Tenn., to engage in missionary farming.

Dr. David Paulson, of Battle Creek, Mich., recently paid us a visit, stopping while en route to Ohio. He visited our various institutions and spoke to the students of the Training-School.

Doctors Arthur and Ida Herr left February 15 to connect with the medical missionary work in Cleveland, O. They have been spending two months in post graduate work in Chicago.

The Foreign Mission Band of the Medical College was recently favored with an address from Dr. Hitt, a returned missionary from India. Dr. Hitt is especially interested in work for the 250,000 lepers of India.

Dr. Lou Cleveland, who has been for some time connected with the Sanitarium in Lincoln, Neb., spent two weeks in Chicago looking into various lines of mission and rescue work. Dr. Cleveland has accepted a call to go to the Hawaiian Islands as a medical missionary.

The free dispensary is greatly in need of soft cloths for bandages. Old sheets and pillow slips make the best ones. We are sure the readers of THE LIFE BOAT will be glad to help us in satisfying this need. Send by mail, post paid, to the Medical Missionary Training-School, 1926 Wabash avenue, Chicago, Ill.

Our Needs

THE needs of the Chicago work are many. Open doors are before us on all sides. Many of these openings for work can not be entered for lack of funds. Many of the lines of work now being carried on are seriously crippled for this same reason. There never was a time in the history of this work when so much was being accomplished as at the present time, neither has there been a time when we were in such need of financial assistance as just now.

The readers of THE LIFE BOAT are certainly acquainted with the practical nature of our work, also the economical basis upon which it is being conducted. We appeal to one and all who are interested in this mission and rescue work to help us in this present hour of our need. Rent must be paid. Those who are rescued from the meshes of vice and crime must be helped upon their feet; they must be given a start; as a rule, they can not at once become self-sustaining. We have seven institutions in this city for which we are obliged to pay rent. This item alone is one of considerable importance. While some phases of our medical missionary work are self-supporting, and others very nearly so, there remains the gospel, evangelistic, and rescue work which has no earning capacity or means of support whatever. It is for the support of this phase of this great work that we appeal to our friends.

Send donations to Chicago Medical Mission, 1926 Wabash avenue, Chicago, Ill.

Donations to the Chicago Work

CHICAGO MEDICAL MISSION

ILLINOIS.—*Chicago*, Francis Beidler, \$5.00; S. B. Chapin, 25.00; Reid, Murdock & Co., 50.00; G. P. Roath, 5.00; J. P. Rumsey, 10.00; Mrs. E. B. Van Dorn, 4.00. *Yorkville*, Mrs. C. Bromley, 1.00.

IOWA.—*Exira*, Friends in, per A. C. Sornsen, box of clothing.

MICHIGAN.—*Eaton Rapids*, H. O. Stoddard, box of clothing. *Edmore*, Edmore Christian Help Band, per Mrs. A. J. Bartet, box of clothing.

NEBRASKA.—*Crete*, J. Biron, \$5.00.

PENNSYLVANIA.—*Shingle House*, Mrs. Stella McNamire, \$1.05.

WISCONSIN.—*Granton*, N. S. Hallock, \$5.00. *Madison*, Mrs. H. G. Dodge, 1.00. *Racine*, P. C. Johnson, box of clothing. *Snow*, William Lindon, 5.00.

A Friend, \$10.00. Total, \$127.05.

LIFE BOAT MISSION

DAKOTA, SOUTH.—*Corona*, Geo. Hook, \$5.00.

STAR OF HOPE MISSION

VERMONT.—*Weston*, C. Hale, \$1.50.

WORKINGMEN'S HOME

ILLINOIS.—*Chicago*, Dr. Brighthouse, \$5.00.

INDIANA.—*Marion*, Clara B. Turner, \$1.00.

WISCONSIN.—*Richford*, Mrs. Anderson, one barrel of clothing. Total, \$6.00.

CHILDREN'S CHRISTIAN HOME

NEBRASKA.—*Crete*, J. Biron, \$5.00.

THE MATERNITY

COLORADO.—*Boulder*, Mr. J. D. Turner, per Elder Warren, \$15.00.

DAKOTA, SOUTH.—*Corona*, Geo. Hook, \$5.00.

ILLINOIS.—*Chicago*, Dr. Brighthouse, \$15.00.

MICHIGAN.—*Battle Creek*, Mrs. Whitney, \$1.00.

Total, \$36.00.

THE LIFE BOAT RESCUE STATION

TEXAS.—*San Saba*, Mrs. T. A. Murray, \$2.50.

PRISONERS' FUND

DAKOTA, SOUTH.—*Webster*, Mrs. Olina Hanson, \$1.00.

ILLINOIS.—*Chicago*, A friend, \$.25; A friend, .60; Miss J. R. Archibald, 5.00; B. E. Connerly, 1.00; Mrs. Dodge, .50; Mrs. T. C. Douglass, .25; W. T. Lloyd, .75; Mrs. Swoope, .80; E. B. Van Dorn, 1.00. *Sheridan*, Mrs. George Foreman, .50. *Warrenville*, Mary E. Woodworth, \$.25; A friend, .60; Roy Lichenbill, .08.

INDIANA.—*Grass Creek*, Mary E. Harrison, \$1.75.

IOWA.—*Mount Pleasant*, B. C. Chandler, \$.50.

KANSAS.—*Climax*, Barbara Reese, \$.25.

MICHIGAN.—*Avis*, Mariette Drake, \$5.00. *Battle Creek*, Mrs. E. C. Franklin, .25.

MISSISSIPPI.—*Yazoo*, Mrs. F. W. Halladay, \$1.00.

NEW HAMPSHIRE.—*Catskill*, Mrs. Fannie Cassell, \$1.00.

NEW YORK.—*Wellsville*, Wm. Lienkin, \$2.00; Mrs. L. E. Lienkin, 1.00.

OHIO.—*Columbus*, Mrs. Cynthia Bush, \$1.00.

RHODE ISLAND.—*Woonsocket*, no name, \$5.00.

TEXAS.—*Alvin*, Louise M. Chatfield, \$.25.

WISCONSIN.—*Eureka*, C. M. Potter, \$.75. *Madison*, Mrs. Dodge, \$.50. Total, \$30.83.

Total cash donations to Chicago work, \$213.88.

[Other donations received but too late for this issue. They will appear in our next.—ED.]

Monthly Summary of the Chicago Work

Treatments given.....	460
Baths given.....	2500
Examinations.....	250
Surgical operations.....	15
Admitted to the surgical ward.....	
Received into the Children's Home.....	
Visits by visiting nurses.....	85
Days' nursing.....	182
Garments given away.....	290
Cottage-meetings held.....	30
Meals served (penny lunches).....	50,279
Lodgings given.....	7127
Newsboys given baths.....	
Using free laundry.....	4572
Attendance at gospel meetings.....	9500
Gospel meetings held.....	106
Bible classes conducted.....	34
Testaments and Bibles given away.....	220
Pages of literature distributed.....	240,000
Requests for prayer.....	518
Total earnings of the various departments.....	\$1942.64
Total cost of the work.....	\$2460.63

**THE LIFE BOAT
FOR ONE YEAR**

FREE!

WE have a limited number of copies of the **Life of GEORGE MUELLER**, *By F. G. Warne*. This interesting book concerning the life of this remarkable man of faith, will be sent post-paid for 75 cents, and in addition we will give to all ordering the book, one year's subscription to **THE LIFE BOAT**.

The book is nicely **Bound in Cloth**, and **Beautifully Illustrated**. Among the illustrations being one of Mr. Mueller on his **Ninetieth Birthday**.

Address:

THE LIFE BOAT,
1926 Wabash Avenue,
CHICAGO, ILL.

The Life Boat Series

The *Life Boat Series* of tracts are especially adapted to mission and rescue work. The following numbers are ready for delivery. A special discount from these prices will be made to tract societies, missions, and individuals who desire large quantities for free distribution.

No.	<i>Price postpaid a hundred</i>
1. What Must I Do to be Saved?	.20
2. Waiting for You	.10
4. A Message of Love	.10
5. Personal Work	.20
6. Some One Cares for Your Soul	.20
7. What Must I Do to Grow in Grace?	.20
8. Whosoever Will	.10
9. Look Up	.10
10. Are You Willing?	.10
11. Prepare to Meet Thy God	.10
12. My Sister	.20
13. Unexpected News	.20
14. An Open Letter	.20
15. The Holy Spirit	.20
16. How One Sinner Was Saved	.10
17. Not Hopeless	.20
18. Bible Helps	.20
19. Why Are You Not a Christian?	.10
20. He Will Abundantly Pardon	.10
21. Helpful Rules for Young Converts	.20
22. Come	.10
23. A Confession	.20
24. God Loves Sinners	.10
25. "I'm Too Greater a Sinner"	.20
26. "I'm Afraid I Can't Hold Out"	.20

(Numbers 6, 12, 13, 14, and 23 were written especially for use in rescue work among fallen women.)

Address **THE LIFE BOAT**, 1926 Wabash Avenue, Chicago, Ill.

**Bound Volumes OF
* The Life Boat**

Would you like to have **VOLUME I** of this paper neatly **BOUND IN CLOTH**?

MANY of our subscribers have asked for **back numbers**, but we could not supply them. The demand for back numbers far exceeded our expectations. We have a limited number of **Volume I** of **THE LIFE BOAT**, neatly Bound in Cloth and Stamped in Gold.

Order early. We have only a limited number. Price Postpaid **\$1.00**

Address, **THE LIFE BOAT,**
1926 Wabash Ave. CHICAGO, ILL.

**THE VISITING NURSES'
SETTLEMENT**

Is prepared to furnish

Trained Nurses

From the

Battle Creek Sanitarium

on **SHORT NOTICE**

Address,

NURSES' SETTLEMENT,
1926 Wabash Ave., Chicago.

Telephone South 835.

The earnings of the Settlement nurses are devoted to the support of the visiting nurses, who spend their time in caring for the sick poor.

SPECIAL PRISONERS' NUMBER OF THE LIFE BOAT

Do you want to help the prisoners?

WE are in constant receipt of requests for THE LIFE BOAT from individuals who are confined within the various penal institutions of this country. We are doing our utmost to fill these requests for THE LIFE BOAT, but our resources are limited. We hope to be able to send the May LIFE BOAT (the matter in the May LIFE BOAT will be written by ex-convicts and those who are serving God behind prison bars) into every

Jail, prison, penitentiary and reform school

In the United States

DO YOU WANT A PART IN THIS WORK? If so, send your contribution to the "Prisoners' Fund" in care of THE LIFE BOAT, 1926 Wabash Avenue. Let us hear from you at once. Any sum will be acceptable.

Name of Contributor.....

Address.....

Amount Enclosed.....

Please make remittances for the "Prisoners Fund," payable to THE LIFE BOAT

CUT THIS BLANK OUT AND RETURN TO US WITH REMITTANCE FOR YOUR RENEWAL

SUBSCRIPTION BLANK

x x x x

THE LIFE BOAT,

1926 Wabash Avenue, CHICAGO, ILL.

Enclosed find twenty-five cents, for which please send THE LIFE BOAT for one year to the following address:

Name.....

Street.....

Town.....

County.....

State.....

Send Money by Post Office Money Order, or Bank Draft. Personal checks not accepted.

**EVERY
MOTHER**

Should
possess
a copy

of **Studies**
In Home and Child Life

It contains the information parents need to know.
There would be less need for Life Boat Crews if more
consideration were given to this question.

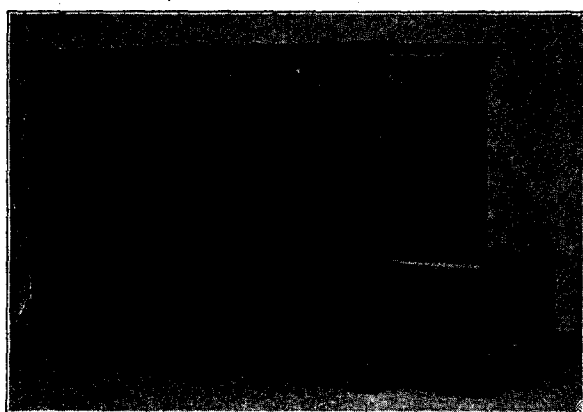
*For a limited time, we will give one year's subscription to The Life Boat,
together with a copy of the illustrated edition of this valuable work, postpaid,*

For the
regular price
of the Book

\$1.50

Address,

GOOD HEALTH PUB. CO.,
Battle Creek, Mich.



ELECTRIC LIGHT
is resuscitated

Sunlight

Light is the most powerful of all the
forces of nature. It is the source of
all life. Of all tonics it is the most
potent.

EFFECTS ARE

**POWERFUL
PENETRATING
PLEASANT**

The Electric Light or Radiant Heat Bath

Electric light baths can be had
from 9 A. M. to 1 P. M. and 4 P. M.
to 7 P. M. daily except Saturday at

THE CHICAGO BRANCH OF THE
BATTLE CREEK SANITARIUM
28-33rd PLACE, CHICAGO



TWENTIETH CENTURY
FOODS

WE manufacture the most unique, delicate, and toothsome line of foods on the market. These foods are so readily digested as to be adapted to the stomach of the feeblest invalid or the youngest infant. They are prepared from the choicest edible nut meats.

A perfect substitute both in quality and taste, for meat, butter, and milk, yet possessing none of their objections.

Send four cents in stamps for Sample, twenty-five cents for postage on Assorted Samples, or fifty cents for postage on a Full Line of Samples.

.....

Sanitas Nut Food Co., BATTLE CREEK, MICH.
[LIMITED] CHICAGO BRANCH, 28-33rd place,
Chicago, Illinois.

Battle Creek Sanitarium

Health Foods

GRANOLA
A delicious, digestible, fattening food

GRANOSE
Cures dyspepsia and constipation

CRACKERS
Nut-shortened, crisp, and toothsome. Nothing can equal them

CARAMEL CEREAL
A most wholesome beverage. The original coffee substitute

Superior Canned Goods
Sweet Wrinkled Peas, Tomatoes, and Fruits. *Warranted pure*

Have imparted health, strength, and vigor to thousands suffering from weak digestion and stomach troubles, and the greatest luxury to the well and robust.

With these thoroughly cooked health foods, a most delightfully appetizing meal can be served in one minute. What a blessing to housewives in hot weather; no fire. We do the cooking, you the eating.

Certainly Dr. Andrews struck the key-note when he said that "if the Sanitarium had done nothing else than to produce health foods, its name should live forever."

Ask your grocer for them. If he can't supply you, drop us a postal, sending his name, and we believe we have inducements to offer which will certainly interest him. Also ask for our **FREE Health Food Book.**

**BATTLE CREEK SANITARIUM
HEALTH FOOD CO.,**
BATTLE CREEK, MICH.