

| I reasurer                               |
|------------------------------------------|
| Assistant Treasurer                      |
| A.S.I                                    |
| Auditor                                  |
| Communication                            |
| Data Processing                          |
| Education                                |
| Health                                   |
| Lay Activities A. W. Bauer               |
| Publishing                               |
| Religious Liberty                        |
| Religious Liberty Associate C. N. Eckman |
| Sabbath School F. L. Jones               |
| Stewardship                              |
| Temperance                               |
| Trust Services                           |
| Youth E. Wayne Shepperd                  |
|                                          |

ILLINOIS: J. L. Hayward, president; Bernard L. Cook, secretary-treasurer. Office address: 3721 Prairie Ave, Mail address: Box 89, Brookfield, IL 60513. Phone: (312) 485-1200.

INDIANA: G. W. Morgan, president; R. R. Rouse, secretarytreasurer. Office address: 15250 N. Meridian St. Mail address: P.O. Box 1950, Carmel, IN 46034. Phone: (317) 844-6201.

LAKE REGION: J. R. Wagner, president; R. C. Brown, secretary: Isaac Palmer, treasurer. Office and Mail Address: 8517 S. State St., Chicago, IL 60619. Phone: (312) 846-2661.

MICHIGAN: Charles Keymer, President; James L. Hayward, secretary; G. H. Carle, treasurer. Office Address: 320 W. St. Joseph St. Mail Address: Box 900, Lansing, MI 48904. Phone: (517) 485-2226.

WISCONSIN: R. L. Dale, president; W. H. Dick, secretarytreasurer. Office Address: 802 E. Gorham St. Mail Address: Box 512, Madison, WI 53701. Phone: (608) 257-5696.

Entered as second-class matter in the Post Office, Berrien Springs, Michigan, Printed weekly, 48 times a year (omitting one issue each quarter as follows: the last week of March, the week of July 4, the week of Labor Day, and the week of December 25), by the University Printers, Berrien Springs, Michigan. Yearly subscription price, \$4.50. Single copies, 15 cents.

Postmaster: Send all notices to Lake Union Herald, Box C Berrien Springs, MI 49103.

### COVER

Senior nursing student Susan Singh represents a corps of dedicated young people involved in community health programs. See story pages 6 and 7.



# The Highest Calling

Some years ago a busy merchant in London, overwhelmed with the daily grind and tension of business transactions, determined to take a two-week vacation. He instructed his confidential clerk to send him only telegrams and cablegrams, opening and answering such letters as he deemed important.

In the hundreds of letters, circulars, and papers pouring in through the mail, there was an unstamped envelope which the clerk placed among the unimportant correspondence.

After his vacation, the merchant, feeling he had leisure, decided to look through the pile of rubbish mail. He opened this unstamped envelope and was shocked to find in it a communication from the Queen of England, offering him a barony. He would from the time he received it be Lord So-and-so and have a place in the House of Lords.

He had 30 days to answer. Twenty-eight days had already passed, and only two remained. You can imagine how he hastened to answer this communication and see that his acceptance reached the royal palace. Soon he received the honor with thankfulness. How near he came to missing what he considered the greatest honor of his life!

In the Bible we find a wonderful heritage offered to us far beyond the value of a membership in the House of Lords. Isn't it possible that some of us might turn away from the heavenly land, from the joys of serving Christ here, for something that brings us only sorrow and disappointment?

Every day we should think for a little while about Calvary and about Jesus there upon the cross, and why He did it—to save us from our sins and assure us a home in heaven. The prophecies of the Word of God fill us with hope and we look forward to seeing Him in His coming glory. The God who "spared not his own Son, but delivered him up for us all" will not spare His wisdom and power in seeing that the prophecies are fulfilled.

May our labors be not just earning a living, just doing a routine job for a paycheck. Rather, may we be filled with the Holy Spirit and realize our work may be done in such a way that God is glorified, even though we may not be preaching a sermon, or giving a Bible study, or working as a missionary in a foreign land.

Everyone can represent Christ. Every sort of work for Jesus is important, and people are important who do it. Not one will be forgotten by the Lord.

H. M. S. Richards, Sr. Voice of Prophecy eerily from chimneys to punctuate the scene. And if one travels on a summer's day, he will thrill to the gross greenness of the corn and soy fields that stretch like checkerboards on and on.

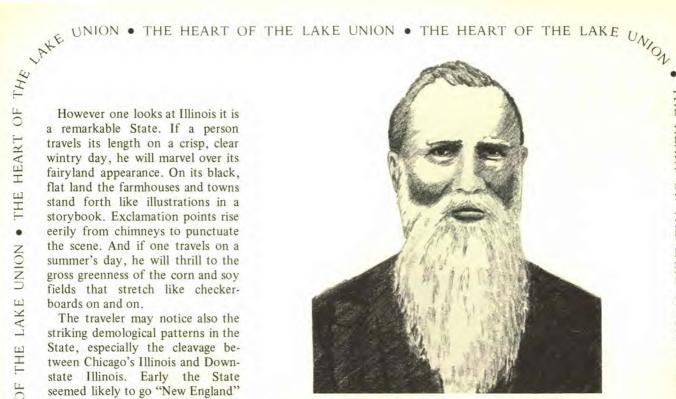
.

• THE HEART OF THE LAKE UNION • THE HEART OF THE LAKE UNION

The traveler may notice also the striking demological patterns in the State, especially the cleavage between Chicago's Illinois and Downstate Illinois. Early the State seemed likely to go "New England" (by 1850 New York had sent in 67,180 settlers, and Virginia, 24,756), but as that lakeside hamlet, Chicago, developed as the port and railhub of mid-America, polyglot peoples from Southern and Eastern Europe entered. So for awhile Illinois emerged a difficult field in which to raise churches and a conference.

The first conference leaders of the Seventh-day Adventists in the State were William S. Ingraham (president 1862-63), Isaac Sanborn (1863-67), and Robert F. Andrews (1867-75; 1879-85).

Ingraham was a bushy-faced man, square, rugged, farmerlike. Sanborn, on the other hand, was mostly clean shaven, slim-faced, wiry. Andrews (not to be confused with his contemporary, John N. Andrews) sits among his family, dignified, pleased, patriarchal. One suspects that he imagined himself the builder of a "dynasty." Any-OF THE LAKE UNION . way, two of his daughters, as married women, became "first ladies" of Emmanuel Missionary College, Roberta as the wife of Otto J. Graf (president of the college 1908-17), and Elsie as the wife of Clement L. Benson (president of the college 1917-18). One



Robert F. Andrews

## The Heart of the Lake Union

by Emmett K. Vande Vere Illustration by Nadine Dower

of his sons, George Gordon Andrews, became a well-known instructor in history at Union College.

When he was 19, Andrews with his Scotch-Irish family emigrated from Ulster to America and to Whiteside County, Illinois. To this neighborhood came J. N. Loughborough to teach him Seventh-day Adventism. Whereupon Robert went forth likewise to "make disciples."

In 1885, Andrews went also on mission to England and Ireland with Sands H. Lane. Of necessity he left his wife home at Onarga to care for their children. One of the converts of this effort however was H. M. J. Richards, the progenitor of the later radio evangelists, H. M. S. Richards, Sr. and Jr., who in the next century served many camp meeting and radio audiences in the Lake Union.

Being himself intellectual, Andrews aften advised the youth to get all the Christian education they could. That his own young people might be so educated he retired to the Union College community in 1901.

In 1875, the Illinois Conference stood third among the Lake States in membership (with 350), but in 1900, she stood last (with 1,950). Since 1925, however, she has consistently ranked second among the State conferences (with 3,861 in 1925; 5,113 in 1950; 7,947 in 1975).

Admittedly, then, Illinois did not develop comparably until the dawn of institutionalism; that is, until the founding of Hinsdale Sanitarium, Broadview College, and the Brookfield Branch of the Pacific Press.

"'How remarkable! What an amazing thing the Lord has done.' " (Matt. 21:42, The Living Bible)

ARABH BHT • NOINU AND THE LAKE UNION • THE HEART OF THE LAKE UNION • THE HEART



How to Read the Bible Part 2

by Walter F. Specht

A here are sincere persons who seek help from the Bible by allowing it to open at random. Then they blindly place their finger on a verse, or allow their eyes to fall on the first words that come into view. But as a way of ascertaining God's will for a human life, this random method may prove very disappointing, as the following story illustrates.

There was a young man who was in search of guidance for his lifework. He opened his Bible at random and placed his finger on the supposed answer which read that Judas "went and hanged himself" (Matt. 27:5). He tried again and was more alarmed when he read, "Go and do likewise" (Luke 10:37). Perhaps if he had tried a third time he would have read, "What you are going to do, do quickly" (John 13:27).

The random search may often lead to helpful passages, but this is not because of the method. It is only because the words of the Bible are so meaningful. Would it not be much better to become familiar with the great teachings of the Scriptures which can then, under the guidance of the Spirit, be applied to specific problems? In gaining an overall knowledge of the Word there is no better way than reading the entire Bible.

But where should one begin in reading the Bible? Many would-be readers have become discouraged by a wrong start. On the surface it seems logical to begin reading with Genesis 1:1 and continue right through to Revelation 22:21. Isn't this the sensible and logical way to read a book?

But the Bible is not just a book. It is a library of books, and how does one go about reading a library? Certainly not by reading the books in the order in which they appear on the library shelves, or the order in which they are listed in the card catalogue. Experienced readers may well read the books in the order in which they appear in our English version, but a first-time reader would do better to begin with the New Testament. This is so because the New Testament immediately sets before him the Gospel.

And what is the Gospel? It is "the joyous proclamation of God's redemptive activity in Christ Jesus on behalf of man enslaved by sin." It is the good news that God has sent His Son to redeem us. It is no wonder that William Tyndale, the real father of our English New Testament, wrote in his prologue that the word "Gospel" signifies, "good, mery, glad and joyfull tydinge, that maketh a mannes hert glad, and maketh hym synge, daunce, and leepe for joye." The new reader should let his soul thrill with the gospel story of Jesus-His life, His work, His teachings, His death and resurrection.

But with which book in the New Testament should he begin? Experienced Bible students suggest that the ideal book with which to begin is the Gospel of Mark. But why Mark? This gospel is not only regarded as the oldest of the four gospels, but it is the shortest, the simplest, and the most narrative of the four. "Every scene is one of life, of action, of vigor." It

### Every scene in the Gospel of Mark is one of life, of action, of vigor.

presents a thrilling story with zest and enthusiasm. Its style is clean, vigorous, direct, simple, concise, and vivid. Many see behind it the keen-eyed observations and personal reminiscences of one of Jesus' leading disciples, Simon Peter. No wonder it contains such vivid touches of realism.

If you have never had the thrill of reading this gospel through at a single sitting, try it today. You can read it aloud in about an hour and a half. You can read it silently to yourself in half that time. And what a story it tells of the life of strenuous activity of Him who "came not to be served but to serve, and to give his life as a ransom for many" (Mark 10:45)!

You are now ready to read the Gospel of Matthew, the gospel that emphasizes Jesus' teachings. It contains 1,068 verses and 644 of these, more than half the total, contain sayings of Jesus. These sayings of Jesus had authority from the earliest Christian times. Those who regarded Jesus as Lord and Messiah could not but place His words on as high a level as anything the prophets of old had said. The whole of Matthew is built around five of Jesus' great discourses. The first of these is the Sermon on the Mount. which Dr. Edgar Johnson Goodspeed called "the most striking and compre-

hensive statement of Christian ethics ever made."

Matthew's gospel contains fifteen of Jesus' matchless parables, ten of which are found only in this gospel. Of all the gospels, Matthew has the strongest emphasis on last-day events, especially in the Olivet Discourse (chapters 24, 25), which foretells the destruction of Jerusalem and the end of the present

Matthew has the strongest emphasis on last-day events.

age, and gives signs of the nearness of both events. And so for a marvelous account of Jesus' matchless teachings, read the Gospel of Matthew. In it you can listen to the world's greatest Teacher!

You are now ready for the most literary of the gospels written by a Greek physician, Luke. A noted French writer called his gospel, "the most beautiful book in the world." Luke's literary artistry is revealed in his charming nativity stories and the tale of Jesus' visit as a boy to the Temple in Jerusalem. Nearly half of his gospel consists of material not found in any other gospel. In this material are thirteen matchless parables, including the Good Samaritan, the Lost Sheep, the Prodigal Son, the Rich Man and Lazarus, and the Pharisee and the Publican. We also owe to Luke some of the earliest Christian hymns. What a charming gospel this cultured physician has given us!

In actuality Luke's gospel is the first volume of a larger work which traces the rise and spread of Christianity

Acts-the most exciting piece of history ever written.

from Jerusalem to Rome. Scholars refer to the complete work as Luke-Acts of which the third gospel is volume one, and the Acts of the Apostles, volume two. Acts has been called "the most exciting piece of history ever written." "Luke was the first historian of Christianity and the founder of church history." The book of Acts shows how Christianity began as a Jewish sect which gradually broke through its Jewish limits and spread in ever-widening circles until it reached Rome. But this did not come about by human planning, but through the direction of the Holy Spirit who filled the Christian community with light and life from above.

After you have read Mark, Matthew, and Luke-Acts, in that order, you would do well to turn to the Gospel of John-the most prized book in all the Bible by many people. This simple gospel is nothing less than sublime. In writing it, the apostle John had a central purpose in mind which he clearly states in John 20:30, 31: "Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in his name."

By "signs" John means especially Jesus' miracles. A sign is a visible evidence of the presence and purpose of God. Jesus' signs were acts through which He showed forth the mystery of who He was. They were manifestations of meaning of His ministry, and showed forth His glory (John 2:11). Exclusive of the post-resurrection miracle of the catch of fish in John 21,

The Gospel of John is rich in words of comfort, guidance, and revelation.

there are only seven miracles given in this gospel. John selected these seven because they were in a special way signs, by which those who had eyes to see were brought to faith in the full significance of Jesus as the Savior of the world.

One of the purposes of these signs was to inspire faith-faith in Jesus as the Messiah and Son of God. The result of such faith is life-eternal life through Christ. What a rich spiritual feast awaits the careful reader of this gospel. It is rich in words of comfort, guidance, and revelation.

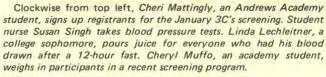
In summary, these five books in this order: Mark, Matthew, Luke-Acts, and John, constitute the best way to begin reading the Bible.

All Bible references are taken from the Revised Standard Version.

March 2, 1976 - Lake Union Herald - Page 5











# **God's Simple Plan**

he most complete system that men have ever devised, apart from the power and wisdom of God, will prove a failure, while the most unpromising methods will succeed when divinely appointed and entered upon. with humility and faith."— Patriarchs and Prophets, p. 554.

Gideon, who held no leading position in Israel, was visited by the covenant angel who had instructed God's chosen people in the past. When the divine messenger touched the food that Gideon had placed before him, a flame burst from the rock, consuming the sacrifice. After Gideon tore Baal down and erected an altar to Jehovah on the rock where the sacrifice had been burned, God had further instructions for His servant.

The army Gideon gathered together numbered 32,000 men. Many of these men really didn't want to be camped across from their enemies. Those who were afraid or unwilling to face hardship were sent back home. Gideon ended up with 300 men against "the Midianites and the Amalekites and all the children of the east lay along in the valley like grasshoppers for multitude; and their camels were without number, as the sand by the sea side for multitude." Judges 7:12.

There was one thing about the 300 men-they trusted God. What God wanted everyone everywhere to know was that He, through consecrated men, could do great things for people. No less than 120,000 of the enemy per-ished, and it all began with a few torches and trumpets.

"No words can describe the terror of the surrounding nations when they learned what simple means had prevailed against the bold, warlike people."—*Patriarchs and Prophets*, p. 553.

"Christ declared that He came to recover men's lives. This work is to be done by Christ's followers, and it is to be done by the most simple means. Families are to be taught how to care for the sick. The hope of the gospel is to be revived in the hearts of men and women."—Medical Ministry, p. 29.

Still today we need men and women who have the courage and integrity to bring Christ to the world through the simple principles of health. Why is it that many Seventh-day Adventists do not know what these principles are? Is it because the great deceiver knows that "the transgression of physical law is the transgression of God's law. Our Creator is Jesus Christ. He is the author of our being. He has created the human structure. He is the author of physical laws, as He is author of the moral law. And the human being who is careless and reckless of the habits and practices that concern his physical life and health, sins against God."-Counsels on Diet and Foods, p. 43.

God needs messengers who will herald to all the world the importance of obedience to both the physical and moral law.

For more than three years the nursing department of Andrews University has been teaching a course called Community Health Programs. A screening is done for the public early on a Sunday morning. Simple tests are given to determine possible risk factors predisposing to coronary, cancer, and C.V.A. (stroke).

For eight Monday evenings follow-

ing the evaluation, health education classes are taught by the youth in the department. These lectures are designed to help participants lower their risk factors. The audience includes many professional people, but they are being taught by young people, some of them still in high school. People come from as far as 70 miles or more to take advantage of the program. Ninety to 100 people are being screened every three months.

At present Adventists who have taken the program are contacting nonmembers who have participated in the 3C's Risk Evaluation. This person-toperson contact is very important.

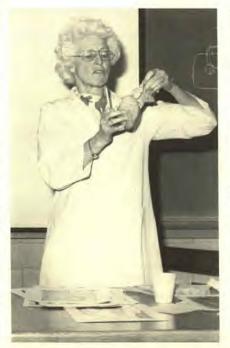
From September 10 to 16 the Department of Nursing is offering a Health Leadership Workshop. It is designed for physicians, nurses, teachers, ministers, all paramedical persons, and others who are interested in coordinating health programs in their own churches.

During this week-long period, lectures and demonstrations will be given in the morning. Afternoons will be donated to laboratory experience in which those attending will learn how to prepare visuals, learn methods for public relations, and learn the general organization of community programs. Also at this time students will prepare and practice ten-minute informative talks to be given later to the public Monday through Thursday evenings following the screening Sunday, September 12. Actually performing in a real life situation has proved very helpful in teaching students how to educate the public on health. The general theme of the workshop is "God's Simple Plan to Recover Men's Lives."

Speakers for the general session will be Herald Habenicht, M.D. His topic is "Health Must be Taught in a Simple Manner to Children and Their Habits Changed Early in Life." Charlotte Hamlin, R.N., M.P.H., will be presenting the subject, "Conducting Screenings and Teaching Health in Schools." "God's Plan for You" will be a presentation by Carl Coffman, Ph.D. "The Minister's Role in Teaching the Laws of Health" will be given by Stoy Proctor, Illinois Conference health educator. Jeanne Hall, R.D., M.A., will speak on "Foods Simply Prepared."

Other subjects to be covered during the workshop will be "Nondrug Therapeutics," "Heart Disease Prevention," "Present Trends in Cancer Prevention," "Predictive Medicine," "The Physician as a Health Educator," and "The Layman as a Health Educator."

Tuition costs and registration information can be obtained by writing: Dean, School of Graduate Studies, Andrews University, Berrien Springs, MI 49104.





Left, Charlotte Hamlin, director of community health programs, shows the plaque formation in the aorta of a human heart. Above, Debbie Salisbury shows a movie on breast self-examination.

## Hinsdale Sanitarium and Hospital



#### LPN CAPPED

Kay Block, a LaGrange, Illinois, student of the School of Licensed Practical Nursing at Hinsdale San, was recently capped by Jeanette Brichacek, LPN, at the hospital. Twenty-six other nurses were capped in the ceremony at the Hinsdale Church.



## CURRICULUM COMMITTEE DISCUSSES

The Illinois Conference Curriculum Committee consisting of representatives from the elementary schools and Broadview Academy met February 8 at Broadview. The topic of discussion was communication skills. The committee is chaired by Margaret Best.

Among other recommendations, the committee feels that a continuous progress reading program in the elementary school is of the most benefit to the child. The program takes the child where he is and builds a solid foundation from there, regardless of the grade level in which he finds himself. Learning differences are thus taken into consideration. This program would necessitate a high level of communication between parents and teachers so that parents have an awareness of the reading level of their child at all times and can assist in the progress of their child's reading program.

It was also stressed that there should be a continuity

of the program from the elementary level through the academy level. The academy should be made aware of the reading level of the student at the time he enrolls and thus be able to build a strong reading program.

It is hoped that with the use of this continuous progress reading program, each individual student will be able to develop to the full extent of his ability.

> Jeannine Engle, Secretary Curriculum Committee

### ADVENTIST BOOK CENTER SALE

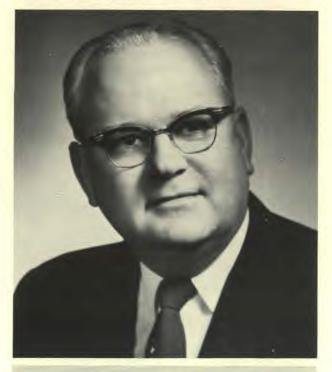
The Adventist Book Center announces an eight-day extravaganza sale. The schedule is as follows:

### BROOKFIELD

Besides book, record, and food specials, you may enjoy browsing through the expanded bargain section and the nutrition center. Come and see the exciting new titles and visit with food company representatives who will be on hand to answer your questions and assist you.

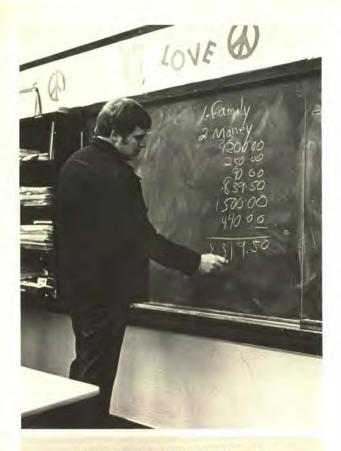
In addition to wholesale prices on all foods in case lots, many items have been further reduced to camp meeting prices.

Be sure to keep these dates in mind. Don't miss this once-a-year, money-saving event. Your Adventist Book Center staff will be pleased to serve you.



### MCKEE COMES TO HINSDALE

Elder A. C. McKee, world director of Trust Services, will be the guest speaker at the 11 o'clock worship hour at the Hinsdale Church, March 20. He will show a color film at the 5 o'clock vesper program. There will be a question-and-answer period for anyone interested in learning more about wills and trusts.



### 5-DAY PLAN AT HIGH SCHOOL

Dennis Meyers, youth pastor at the Hinsdale Church, adds the total amount of money spent for cigarettes by high school students at a Five-Day Plan to Stop Smoking held at Downers Grove North High School in January. The plan was coordinated by Donna Meyer, health educator at the Hinsdale Sanitarium and Hospital, and was promoted by local voluntary agencies.

Indiana Cliff Hoffman, Correspondent



TURPINS CELEBRATE 50TH WEDDING ANNIVERSARY



Mr. and Mrs. Floyd C. Turpin

Mr. and Mrs. Floyd C. Turpin recently celebrated their 50th wedding anniversary. A special reception was held on October 19 at the home of their daughter, Barbara Hainey.

One hundred fifty friends and relatives attended the reception.

The Turpins were married October 17, 1925, at Danville, Indiana, and they have lived in Owen County since 1942.

The Bloomington SDA Church is their home church where they have been active for many years. Mr. Turpin served as deacon and Mrs. Turpin has worked as a deaconess and a teacher in the children's Sabbath School departments.

Through the years many young people have enjoyed their fiddle and guitar music at Timber Ridge Camp.

The Turpins are the parents of Jeanette Hainey of Mooresville, Indiana, and Barbara Hainey of Spencer.

They have three grandsons.





Fred Williams, Correspondent

JOSEPHINE SMITH-A TRUE CHRISTIAN



Josephine Smith

The life of Josephine Smith is an example of true Christianity. Service to the Lord brings her the greatest joy. She raised \$441.51 and \$230.05 for Ingathering in 1974 and 1975 respectively.

Determination is a way of life for Miss Smith. She graduated from Inkster High School at the age of 52 and became a Master Guide at age 72. Today at the age of 73, she has completed her honor in beginning swimming and last month began taking lessons in roller skating.

She gave these reasons for her mental alertness: Studying the Bible daily, putting her full trust in God, following a daily physical fitness routine, and being avegetarian.

Miss Smith drives her own car, maintains her own yard and home by doing the yard work, plastering, painting, etc.

For 13 years she has been a captain in the YMCA membership drive and has received an award each year for the past 11 years.

As a 10-year member of the Sharon Church in Inkster, Michigan, she has served in many capacities. She was a teacher for Vacation Bible School, story hour, and the kindergarten and junior divisions of the Sabbath School.

Miss Smith has been vice president of the Dorcas society and is still active in the community by helping to supply the neighbors with food and clothing.

Her only family is the Sharon Church members. Although she has no relatives, God has blessed her with good health, many friends, and a love for people.

> Howard Coleman Communication Secretary

### SCHOOL WELCOMES HUSBAND-WIFE TEAM AND NEW PROJECTS

Michael Joel Chiles is presently teaching at the Capitol Avenue School in Indianapolis. His wide variety of responsibilities include social studies, science, and physical education. Born and raised in California, his elementary and high school education were obtained there.

Mr. Chiles wants his students to stand "head and shoulders" with any student nationwide. He wants to help his students make an unselfish contribution to society.

Mr. Chiles and his wife, the former Ruth Ann Dawkins, graduated from Oakwood together in July of 1975. Both majored in elementary education and minored in history. They have continued their teamwork by accepting teaching positions in the same school.

Other teachers at Capitol Avenue School are Miss Jacqueline Galloway and Principal W. Lionel Williams. The enrollment this year is 103. Last year the enrollment was 68.

Currently the school is involved in a federally funded project called Systems Directed Reading, a "program to develop work-attack skills and reading comprehension."

Miss Galloway, the kindergarten teacher, has assumed her duties in newly renovated kindergarten facilities. She is being trained in "strategies in early childhood education" through federally funded innovative projects.

Pastor Randolph Stafford, Mrs. Thomasine Wright, school board chairman, and the members of the Capitol Avenue Church value their school as a place where their children will receive progressive Christian education. This philosophy is admirable and all involved in the school are to be commended for their desire to prepare youth for fulfilling lives on earth. R. D. Barnes

Superintendent of Education



### VEGETARIAN COOKING SEMINAR AT BATTLE CREEK SAN HOSPITAL

To help people cook more healthfully and tastefully, the Department of Preventive Care at Battle Creek Sanitarium Hospital sponsored a vegetarian cooking seminar on Sunday, January 25.

Focusing on meals low in saturated fats, sugar, and cholesterol, the seminar featured four 50-minute cooking demonstrations, each embodying one of the major food groups. The different preparations, according to Wayne Griffith, D.H.Sc., the department's director, represented an inexpensive, yet nutritionally sound diet. After each period, the participants sampled the different dishes.

Persons leading out in the food preparations were June Omans with breads, cereals, and other breakfast foods; Evelyn Franklin with vegetables and vegetable salads; Donna Patt with entrees and protein foods; and Dovie Knecht with fruits, desserts, and foods including sugar.

Following the last 50-minute period, there was a general demonstration on the preparation of tofu, a soybean cheese, which can also be prepared as a substitute for scrambled eggs. Participants were encouraged to ask questions during all of the demonstrations as well as during two scheduled question-and-answer sessions at the beginning and end of the seminar.

The vegetarian cooking school was the fourth program in the health education series on the prevention of coronary heart disease. Earlier ones featured the Heartbeat screening, the smoking cessation plan, and dietary control of cholesterol.

PEARSON RETIRES FROM SAN



Donald J. Pearson, M.D.

After 30 years of practice at Battle Creek Sanitarium Hospital, Donald J. Pearson, M.D., has retired. He was board certified with the American Board of Colon and Rectal Surgery.

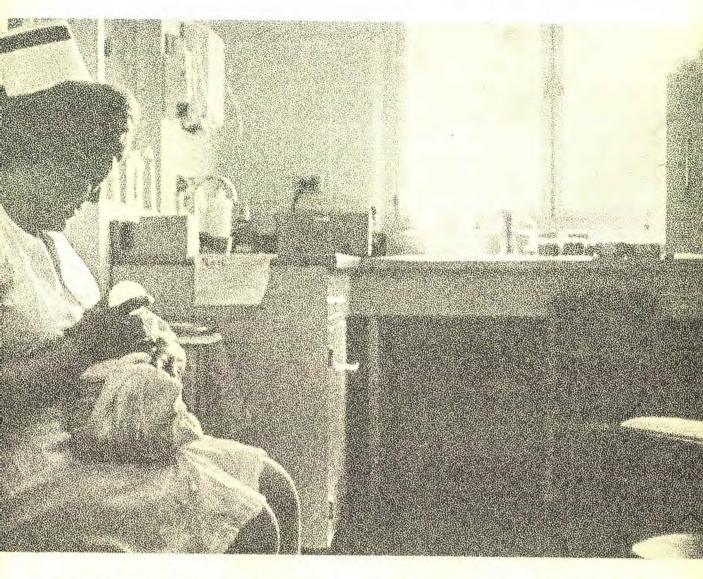
Looking back over his years at the San, where he admitted 95 percent of his patients, Dr. Pearson said he was fortunate to have worked "at such a high caliber hospital" as the San. His patients, he added, received good care from considerate nurses and were never subjected to "treadmill treatment."

Dr. Pearson's wife, Ruth, was one of the four founders of the Sanitarium Hospital Auxiliary. She will continue as a member and will participate in this year's celebration of the organization's 25th anniversary.



### HYLANDALE ACADEMY SINGERS VISIT EVANSVILLE AND MADISON

Sabbath, January 24, the Hylandale Academy Singers presented a program of sacred music in the Evansville Church during the Sabbath morning worship hour. After a good fellowship dinner served by the ladies of the



# **MOMENTS LIKE THIS**

Y ou can have a rewarding career in a rapidly expanding profession as a practical nurse. To help meet the demands for dedicated health professionals, Hinsdale Hospital offers a one-year course in practical nursing that provides direct involvement in all phases of modern nursing care.

If you are interested in embarking on a stimulating and rewarding career as a practical nurse, write to the director of the School of Practical Nursing at the address below or call collect:



120 NORTH OAK STREET-HINSDALE, ILLINOIS 60521 (312) 887-2865 Evansville Church, the group made their way to Madison to present the vesper hour program there.

The program was under the direction of Mr. Lawson, principal of Hylandale, and the singers were accompanied by Mrs. Boyd Jones.

### PLANS FOR NEW OFFICE APPROVED

The General Conference has just approved the plans for the construction of a new office building for the Wisconsin Conference. The old house, which was once the home of a prominent citizen of Madison and has been used for many years as the conference office, has been sold and construction of the new office building will begin as soon as the ground can be worked in the spring.

The financing of the new building will come entirely from nonoperating funds, largely from the sale of property and special appropriations from the Lake Union Conference. The building will be of frame and brick construction, one story with a basement. A new open concept will be featured in the office and secretarial portions of the building, which will increase the efficiency and functional aspect of the building.

The Adventist Book Center will be housed in the same building with more room for display of books, Bibles, and health food than is possible presently.

Pictures, maps, and directions to the new location in northeast Madison will appear in future issues of the *Herald*.



Vegetarian foods were exclusively featured at a final evening banquet for participants in the Marshfield Convalescent Center's Five-Day Plan to Stop Smoking. Most people were amazed at the tastiness and attractiveness of the food. For nearly all, it was the first time they had ever eaten a vegetarian meal.

### KICKING THE HABIT

"I choose not to smoke."

Twenty-seven people said that Sunday night, January 18. Five nights later, 24 of them had kicked the habit completely; the remaining three had cut their smoking significantly.

While the choice was theirs, a team from the Marshfield Convalescent Center, a health-care facility operated by Mid-American Health Services, provided them with the opportunities and the information necessary to stick with their decisions. Sessions were held in the Convalescent Center Chapel. Four employees were successful in stopping smoking by attending the classes. How did the people who went through the five days feel about the plan? Here are some comments:

"Very good program. I feel it will help me stop smoking for the last time."



Using a hand-operated smoking machine, Don Buel, left, and Don Kanen, demonstrate how much smoke from a cigarette is retained by the lung.

"I was skeptical at first about quitting in five days, but I was wrong."

"The five days in a row are a big part of the whole secret."

"It taught me the meaning of why good health is important to me and my family."

Assistant administrator Don Buel hosted the programs. Other Convalescent Center employees assisting were Don Kanen, administrator; Ruth Daunes, food service director; and Jim Dalton, physical therapist. Local pastor Larry Grahn, Mrs. Don Kanen, and Mrs. Gary Schroeder also helped in the programs.

### GIBBONS RESIGNS AS DIRECTOR OF EDUCATION

Keith Gibbons has tendered his resignation as director of education of the Wisconsin Conference. He has expressed a desire to return to his former field as a college teacher.

Gibbons has served the Wisconsin Conference for four years and during his term of service many important areas of progress have been noted. Teacher certification has grown, textbook quality has improved, and school finance has been established on a firmer footing.

Gibbons has also been director of the Sabbath School department and statistics in every phase of that department have increased during his term of service. His wife, Elizabeth, has served as assistant in both education and Sabbath School departments.

Many Wisconsin members will miss the Gibbonses as they leave at the end of the present school year to take up new duties in college teaching.



# OPERATION COME BACK

... the way you can reach young people. Your church's leaders cooperate with you to answer the needs of searching, doubting, alienated young minds.

Whether he's your buddy or grandson or husband, whether she's your great-niece or cousin or sister or best friend, OPERATION COME BACK works.

Bring their names to your pastor's attention. Your church, along with the conference and union in which you live, will send INSIGHT magazine to get the door open. Then a group of church youth can approach them, using the thought-provoking material in INSIGHT as a springboard.

For more information and the free OPERATION COME BACK brochure, write: **INSIGNT** 6856 Eastern Avenue NW., Washington, D.C. 20012



works because you care.

### Sunset Tables

|                        | March 5 March 12 |      |
|------------------------|------------------|------|
| Berrien Springs, Mich. | E.S. 6:41        | 6:49 |
| Chicago, III.          | C.S. 5:45        | 5:53 |
| Detroit, Mich.         | E.S. 6:28        | 6:36 |
| Indianapolis, Ind.     | E.S. 6:41        | 6:49 |
| La Crosse, Wis.        | C.S. 5:58        | 6:07 |
| Lansing, Mich.         | E.S. 6:32        | 6:40 |
| Madison, Wis.          | C.S. 5:51        | 6:00 |
| Springfield, III.      | C.S. 5:55        | 6:02 |
|                        |                  |      |

C.S.-Central Standard time. E.S.-Eastern Standard time. Add one minute for each 13 miles west. Subtract one minute for each 13 miles east.

| for dates at left<br>conference offices | t should be in local<br>by dates at right. |  |
|-----------------------------------------|--------------------------------------------|--|
| April 3                                 | March 4                                    |  |
| April 10                                | March 11                                   |  |
| April 17                                | March 18                                   |  |
| April 24                                | March 25                                   |  |

## World Church News

### MEDICAL CENTER SEEKS STORIES FROM PAST

The White Memorial Medical Center, Los Angeles, is taking part in the Bicentennial celebration by tracing its development and looking at those who helped make and shape the Medical Center over the years.

The Medical Center is seeking anecdotes, recollections, photographs, and other items from its past. Individuals who would like to share items or memories are asked to contact the White Memorial Medical Center, Public Relations Office, 1720 Brooklyn Avenue, Los Angeles, CA 90033.



### Announcements

### WISCONSIN

WISCONSIN ACADEMY ALUMNI WEEK-END: April 2 and 3, 1976. Vespers, 7:30 p.m., Audrey Green, student missionary

### LAKE UNION INGATHERING REPORT

| CONFERENCE<br>(Membership) | GOAL      | TO DATE      | PERCENT |
|----------------------------|-----------|--------------|---------|
| Illinois (8,124)           | \$200,835 | \$219,744.05 | 109.4%  |
| Indiana (5,840)            | 144,625   | 153,010.77   | 105.8%  |
| Lake Region (11,618)       | 100,000   | 101,126.00   | 101.1%  |
| Michigan (20,317)          | 395,000   | 386,858.90   | 98.0%   |
| Wisconsin (5,570)          | 100,000   | 104,218.55   | 104.2%  |
| TOTAL (52,469)             | \$940,460 | \$964,958.27 | 102.6%  |

We praise the Lord and thank Him for the successful Ingathering crusade for 1976. We are especially grateful for the spiritual emphasis placed on the Ingathering this year by many of our leaders and church members. We are so happy for the 3,835 interested contacts who clipped the magazine coupon or filled in a local conference card offering Bible study guide sheets.

We are also very grateful for the \$964,058.27 that God gave us to help finish His work. This is a gain of \$13,812.04 over last year. Our friends contributed \$672,108.82 or 70 percent and Adventists gave \$292,849.45 or 30 percent of the total.

Indiana, Lake Region, and Wisconsin went beyond all previous Ingathering achievements. Indiana has a per capita of \$26.20 and Illinois has a per capita of \$27.05. Michigan for the first time fell short a little of reaching their objective, but they worked hard and no doubt still have the largest Ingathering total for any conference in the world.

We appeal to our pastors and local church leaders to carefully and prayerfully follow through on the 3,835 interests who have requested Bible study guide sheets. Ingathering can be a very effective evangelistic outreach for finding Bible study interests that will result in souls added to God's kingdom.

We express our thanks to everyone for the loyal support, hard work, and the many prayers that the Lord through His Holy Spirit used to make this crusade a success. May many precious souls enjoy eternal life as a result of this Ingathering outreach. A. W. Bauer

Director of Lay Activities

to Korea. Sabbath School, 9:30 a.m., Bob Knutson and Sue Hildebrand, student missionaries to Bangladesh and Indonesia. Lesson study, Elder K. R. Davis, director of counseling and testing at Southern Missionary College. Church, 11 a.m., Elder Lowell L. Bock, president, Lake Union Conference. Sabbath afternoon, Wisconsin Academy sacred choir concert. Saturday night, Arizona Adventure, Robert Davis, photographer. Honor classes: '76, '66, '56, '46, '36, '26. There is provision for camper accommodations. Contact Wisconsin Academy, Alumni Association, Columbus, WI 53925. There will be an alumni potluck dinner following church.

### OUTSIDE LAKE UNION

SUC ALUMNI HOMECOMING: Southwestern Union College alumni homecoming weekend will be April 9 to 11. The college extends a cordial invitation to all alumni to attend this gathering. Please let us know as soon as possible if you plan to be present. If you are a former student or staff member of Southwestern Junior College or Southwestern Junior College and are not currently receiving our Alumni Newsletter, please send us your name and address. You may know of SUC alumni who have moved and have a new address. If so, would you kindly notify them of the alumni homecoming dates, or send their address to us. Our address is: Southwestern Union College, Keene, TX 76059.

## Classified Ads

All advertisements must be approved by your local conference office and accompanied by cash. No phoned ads, please. Final ad deadline is Monday noon, 8 days before the date of issue. Money orders and checks should be made payable to the Lake Union Conference, Berrien Springs, Michigan.

Rates: \$4.00 per insertion of 40 words or less, and 6 cents for each additional word, including your address. For repeat ads in consecutive issues, \$3.50 plus 6 cents for each additional word over 40.

The HERALD cannot be responsible for advertisements appearing in these columns and reserves the right to edit classified ads in conformance with editorial policies.

VOLKSWAGEN SPECIALIST. Complete service and repair. Engine rebuilding. VW trained mechanic. Used car sales. All work guaranteed. Adventist owned and operated. THE GALIEN VOLKSWAGEN CLINIC, U.S. 12, Galien, MI 49113. Business hours, 8-5:30, Monday through Friday. Phone (616) 545-8196. -2-48

SANO-CAF. Instant 100% caffein-free coffee alternate, made by our Swiss denominationally owned food factory. Uniquely formulated; mellow flavor all its own. The aristocrat in its field. IMITATED BUT NOT DUPLICATED. At health food stores. Exclusive importer: Select Foods Co., 4240 Park Newport, No. 202, Newport Beach, CA 92660. —4-25

FOR SALE. Reasonable, mobile home, at Eden Gardens, Florida. Retirement community, including lot and all utilities connected. Church and dorcas in Park. If interested, write, Elizabeth Graven, Box 68, Almont, MI 48003. -11-9

CARPETS, LINOLEUM, CERAMIC TILE-We have a full line of floor coverings and can obtain almost any carpet made in the U.S. at considerable savings for you. Quality carpets at wholesale prices. Please come see our samples. Jim Luke, Wholesale Carpets, Erhard Furniture, 2300 St. Joseph Ave., Berrien Springs, MI 49103, or phone: (616) 471-2202 or 471-1855. -20-13

REACH out, save a child: REACH International is a volunteer, tax exempt, organization for sponsoring starving children in SDA schools. More than 300 children in India are now awaiting sponsorship at a cost of \$12 per month. For information write Box 207, Andrews Station, Berrien Springs, MI 49104, or call (616) 471-7460. -27-48

PIANOS AND ORGANS for church or home. Collins Piano and Organ Co., 4369 Lake St., Bridgman, MI 49106. Tel. (616) 465-5677. Closed Sabbath. -29-48

APPEALING... CAPTIVATING... DE-LIGHTFUL... Country charm awaits you in Henderson County, North Carolina. Farms, acreage, homes, building and mobile home sites. Many with lovely views and owner financing. Perfect spot for members of Seventh-day Adventist church. Six churches, two schools, two academies, a hospital, and nursing homes within 25-mile radius. Bob Baldwin or H. Marvyn Baldwin, Brokers. Carland Associates, Inc., P.O. Box 758, Fletcher, NC 28732. Phone: (704) 684-2375. -38-15

BUYING OR SELLING? Do you want a reliable Adventist broker? We will be happy to assist you. "Red" Russell Real Estate, 1401 St. Joseph Rd., Berrien Springs, MI 49103. Phone: (616) 471-7746. -41-48

PROTECT YOUR FAMILY with a sound, low-cost Burial Assistance Plan. Any Seventh-day Adventist up to 70 years of age, in good health, may enroll. No medical examination required. Enrolling before the age of 30 years insures the maximum benefit of \$700. Write today for full schedule of benefits and costs to: GOOD SAMARITAN SOCIETY, P.O. Box 182, Noblesville, IN 46060. -44-13

COUNTRY LIVING, unspoiled environment near Ozark Academy and elementary schools. Spring water, streams, lakes, clean air, beautiful trees, small acreages to large ranches. Send for property list, describe needs. Contact Dick Carlson, WALTER GRAY AGENCY, INC. Complete Real Estate Service, Corner Collins and Main, Gentry, AR 72734. (501) 736-204 office, 736-8774 residence. -48-17

QUALITY TAX SERVICE. Your SDA tax service with more than 5 years experience offers one-stop, year around accounting and tax service. No job too large or too small. In Berrien Springs, call (616) 471-1268; Niles, 684-4383 or 684-6063; and South Bend, (219) 289-5193. —49-14

BIBLES, BOOKS, and periodicals rebound.

One-week service. Cal Vallieres, 201 N. Maplewood, Berrien Springs, MI 49103. Phone (616) 471-7446. -58-12

PLUMBER: Will have completed a one-year apprenticeship at Andrews University as of June 2. Would like to seek employment with an Adventist plumber while working towards master license. Please write or call G. Fenner, Room 339, Meier Hall, Andrews University, Berrien Springs, MI 49104. (616) 471-6624. -80-9

VEGETARIAN FOOD: Now serving northwest Indiana. Les and Mary Wein have a large selection of canned and frozen food. All proceeds are used for local church and school. Look for us just off Kentucky Street by the railroad tracks at 4168 Tennessee St., Gary, Indiana. Phone: (219) 887-0067. -81-9

FOR SALE: 5-bedroom ranch home, fully carpeted, air conditioned, disposal, fireplace, 2<sup>1</sup>/<sub>2</sub> bathrooms, 2-car garage, water softener, private back yard, 2 lots. 1 mile from Andrews University campus. Reasonable price. Call (616) 471-7107 after 5 p.m. -83-9

SECRET OF THE CAVE, by Arthur S. Maxwell: If you could sell a good bound copy, please write C. M. Maxwell, Andrews University, Berrien Springs, MI 49104. Also good bound copies of SIGNS OF THE TIMES, 1937-1950, and GUIDE, 1954-1970. -78-10

AMBITIOUS, WILLING young Adventist couple with farm background but no experience are desirous of obtaining employment with Adventist dairy farmer, preferably in Wisconsin, for the purpose of learning the business. Write to: Darryl Kotanko, 221 Meadow Ln., Berrien Springs, MI 49103. -84-11

BEAUTIFUL RESIDENTIAL BUILDING LOTS in Berrien Springs! Finest subdivisions. Prices from \$4,650. We custom build. Call Living Realty (616) 473-1234, 1314 St. Joseph Rd., Berrien Springs, MI 49103. SERVICE IN REAL ESTATE. -85-9

CONSTRUCTION SUPERINTENDENT needed for Adventist owned and operated construction company in southwestern Colorado. Church and grade school nearby. Commercial and residential construction year around. Salary commensurate with experience. Send resume to Box 368, Telluride, CO 81435. —86-9

BUSINESS OPPORTUNITY, Gentry, Arkansas, near Ozark Academy. Retail Prescription Drug Store, including business stock and equipment. \$70,650. Will lease or sell 40 x 80 3-year-old building. Excellent earnings. Contact Dick Carlson, WALTER GRAY AGENCY, INC., Complete Real Estate Service, Corner Collins and Main, Gentry, AR 72734. (501) 736-2204, office, 736-8774, residence. — 87-9

MAINTENANCE—Full-time position for a career oriented individual. Involves electrical and machine repair. Extrudaflex (317) 984-5337. Ask for Marion Inman. —88-10

NEW, attractive 3-bedroom, split level entry home in Berrien Springs, Michigan. Spacious lower level 2-bedroom apartment with separate entrance. Carefully constructed, neatly decorated and luxuriously carpeted. Located in a QUIET location at 310 Park Avenue; 5 blocks from Berrien Springs stores, Municipal water and sewer. Natural gas heat. Surrounded by mature oak and pine trees, Realistically priced at \$43,500. Shown by Living Realty, 1314 St. Joseph Rd., Berrien Springs, MI 49103. (616) 473-1234. SERVICE IN REAL ESTATE. -89-9

BEAUTIFULLY RESTORED "DOLL HOUSE." This charming home is located by the St. Joseph River in Berrien Springs and is ideal for a couple or small family. 2-3 bedrooms, 1½ baths, living room plus cozy family room with wood burning fireplace. Modern country style kitchen. Luxurious carpeting, drapes and decor throughout. Much too unique to fully describe. Must See! Excellent value on today's market for \$24,900. For appointment or information call (616) 473-3541. -90-10

INVESTMENT OPPORTUNITY: First mortgage investments in new and existing residential properties close to Andrews University. Security and highest interest return. Consult Living Realty, 1314 St. Joseph Rd., Berrien Springs, MI 49103. (616) 473-1234. SERVICE IN REAL ESTATE. –91-9

### OPENING FOR ADMINISTRATIVE SECRETARY

NorthWest Medical Foundation, which is responsible for the operation of Seventh-day Adventist Medical Institutions in the Northwest, has an opening for an experienced administrative secretary. Prospects should have a good transcription speed, pleasant telephone manner, an accurate knowledge of English and be well organized. Contact NorthWest Medical Foundation, 6027 SE Belmont, Portland, Oregon 97213. Telephone (503) 235-1555 and ask for Mr. Karlman,

### EXECUTIVE SECRETARIAL OPPORTUNITY

Challenging secretarial opportunity working with top management of church medical institution for highly skilled administrative secretary. Skills required: Excellent transcription speed, good knowledge of English, skill in handling telephone inquiries and arrangements, ability to handle steady work flow. Shorthand preferred but not necessary. Potential for growth and increased responsibilities. Contact Verticare, 6027 SE Belmont, Portland, Oregon 97215 or telephone (503) 233-9911 and ask for Mr. Dixon or Mr. Dodds.

### Giving Is A Reflex Of Love

## Andrews University

David Bauer, Correspondent



Constant Morel, who will be 88 in April, is learning English for the first time in adult education classes held at the Berrien Springs High School. Max Church, development director at WAUS, is his teacher.

### 87-YEAR-OLD MAN LEARNS ENGLISH

Constant Morel, the 87-year-old father of an Andrews University senior, is learning English for the first time in the adult education classes held in the Berrien Springs High School.

Formerly a construction worker in Port-au-Prince, Haiti, Constant Morel came to the United States to live with his daughter and granddaughter while Constance Maxime, his daughter, attended college.

When Max Church, who teaches the evening class in English for foreigners, heard that Morel had never learned to speak English, he arranged for him to join the class.



The class for foreign-speaking students has 15 to 20 students this year, said Church, who works as development director for WAUS, Andrews University's FM station. "I have two Indian students, a Korean, an Ethiopian, Brazilian, Venezuelan, Hungarian, Dutch, Haitian, and a student from Taiwan."

### GOSPEL TRAIN SCHEDULED; EVANGELISM CAMPAIGN UNDERWAY

A seminary field school evangelism campaign scheduled for April in South Bend has already been underway for several months now. Visitation designed to encourage interests began during November.

"During the Bicentennial year, A.U. students are seeking to encourage people in South Bend to study the Bible," said Elder Don Jacobsen, director of the evangelistic series.

February 14, a gospel train of buses, cars, and trucks transported 500 people from A.U. to South Bend to enroll families in the Voice of Prophecy Bible studies.

Personal contacts and Christian fellowship supplemented the work of some students who are already conducting Bible studies.

The series will run from April 11 to May 1, with meetings at 7:30 nightly in the 2,400-seat Morris Civic Center the first week and in the South Bend Adventist Church after that.

The A.U. Gymnics will be performing hourly in Scottsdale Mall the opening Sunday of the series. After each performance, they will witness individually with shoppers, telling them about the crusade.

"The South Bend churches have demonstrated their commitment to their community and have asked us to help them," Jacobsen said.

"Besides what students can learn about evangelism, they make a tremendous impact on the churches where they work. The enthusiasm and dedication they demonstrate makes an impression that church members will never forget," Jacobsen said.

### SOUTH AFRICAN MINISTER SPEAKS AT ANDREWS

Reverend Willie Cilliers, secretary for mission and evangelism of the black branch of the Dutch Reformed Church in South Africa, spoke on the A.U. campus, February 2 and 3. His topics were: "Apartheid: Growing Black Consciousness and the Gospel in Southern Africa," and "Ministry Bridging Black/White Tensions in South Africa."

### LAMSONITES RAISE \$100 FOR CAR FIRE VICTIM

Women in Lamson Hall raised \$100 recently to give to Carol Brown, sophomore/psychology, to help offset the loss she suffered returning from Christmas break.

Brown and four other students were returning from Toronto, Canada. About two hours out of Toronto, the car they were riding in became filled with smoke.

The driver stopped immediately and took two fire extinguishers from the trunk.

The suitcases and belongings in the trunk were spared but the valuables in the car were lost.