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COVER

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EDITORIAL

BY WALTER L. WRIGHT, LAKE UNION CONFERENCE PRESIDENT

Families and Faith

There is nothing so precious as the family—no social unit, civic organization, or charitable operation. I suppose that is because God, Himself, established the family. His divine wisdom observed, "It's not good for man to be alone; I'll make a compatible helper for him" (Gen. 2:18). And along with marriage, God gave us the privilege of joining Him in His work as Creator.

Starting a family is an awesome responsibility, with the possibility of joys as well as heartaches, and certainly is not to be entered into lightly. It carries with it the responsibility of transferring our faith to our children.

Scripture has the formula. We are instructed in Deuteronomy 11:18–21 to lay up God's words in our hearts and souls and make them a part of our everyday living, bringing them into our conversations so that we and our children will be blessed. In other words: *Believe it, then live it*.

Research shows that modern adults are often spiritual, but not religious. Naturally, you want your children to follow in your footsteps of faith and grow very close to the Lord in the same way you did. Though they may believe in God and a higher power that lays claim to their lives, sometimes their expression of faith doesn't look exactly like ours. And as frightening as that is, it is their right.

Our job is to teach them God's words through our own personal relationship with Him, making it practical, attractive, desirable, and meaningful. That is where many of us fail. We can have different styles of parenting as long as they are couched in unquestionable love and affirmation. To accomplish this, we need divine help. God is eager to help us. He created family, and knows how to best lead us to become families of faith.

Jackie and I recently celebrated 50 years of marriage. Our children, along with their children and children's children, all came to celebrate this special occasion with us. During the several days that followed, we had opportunities to reminisce and rehearse many situations and memories—some happy, some sad, and some tragic. That's the way it is with families.

The one fact that kept arising in our conversations was how we were always there to lift each other. But the question that plagued Jackie and me was: "Did we do enough to give our children a good foundation of faith?" We had a lively discussion about it, because Jackie and I were questioning our effectiveness. The consensus was that our progeny had more than adequate spiritual modeling. Reassured that God's promises are true we continue to live our faith, entrusting each of them to the watchful care of our loving Father. YOUTHIN

Hinsdale Youth Discover a Mission Field in Their Backyard

BY ANGIE GROZDIC

ne Sabbath afternoon last fall, a motivated youth group from the Hinsdale (Illinois) Church set out to help make a difference. A team of approximately ten teenagers decided they wanted to reach out to those in need who are living in

Kenneth Parker, Hinsdale's pastor for children and youth, made a few phone calls and asked what the youth could do to help. Interfaith House leaders informed him they needed groups to come in and cook for their residents. The The Interfaith House has been very welcoming and grateful for the Hinsdale group. The first time they volunteered, the kitchen staff was right there to help them learn their way around. Now the group feels comfortable enough

the inner city of Chicago. They decided to volunteer their time at the Interfaith House, located on the west side of the city.

The Interfaith House is the only shelter in Chicago dedicated to providing comprehensive respite care to ill and injured homeless



Homeless people got a taste of traditional Adventist cuisine when Hinsdale Church youth served haystacks at the Interfaith House in Chicago's inner city.

adults. The organization's aim is: "Restoring Health, Rebuilding Lives." Many adults who cannot care for themselves turn to Interfaith House for help. It is a place where they can stay for a while and be fed and cared for until they are able to get back "on their feet."

idea appealed to the teenagers, so they planned their menus. One of the meals served was haystacks an old favorite in the homes of many Adventists. Each member of the group brought some of the ingredients needed. After church was over, they loaded the van with the food and headed off into the city. to do everything themselves. While part of the group works in the kitchen preparing the meal, the others visit with residents in the lobby. Many are lonely and cannot wait to recuperate so they may be independent again. Some have also had difficult lives and have lost touch with their church or faith.

The Hinsdale youth are grateful

to assist in a mission field that's right in their "backyard." They have discovered there is much joy in being a blessing to others.

Angie Grozdic is a member of the Hinsdale Church.

JEW MEMBERS

Illinois

My journey to know God began when a friend gave me my first Bible. During the following years, I (Kim Karban) would have periods of reading it and then times of leaving it alone. This went on for years.

My next encounter with God was when I wrote Him a letter asking for a good husband and a couple of children. He answered by giving me a wonderful husband, Mike Karban, and two precious children, Alex and Abbey. I wanted to take good care of them and always watch over their progress.



Kim Karban

I began to realize that God was the only One who could help me accomplish this dream, and that I really did not know Him very well. I told my husband of my desire to study the Bible and expressed a need to find someone to help me. He was a paramedic firefighter and was frequently at Hinsdale Hospital, where he was acquainted with David Mayer, a physician there. Learning of his Bible study class, my husband related my desires to Mayer, who invited me to his class. I have enjoyed getting to know the Lord through the Bible courses Mayer taught; which included the Voice of Prophecy Daniel and Revelation lessons, It is Written Bible lessons, and lessons from Amazing Facts.

While I was studying, I began attending the Hinsdale Church and met some wonderful people. I learned Alex was on the same baseball team as some of the members' sons, and Abbey was being supplied with good reading materials from the Sabbath School teacher.

These events lead me to contemplate making a decision to become baptized. As I pondered that decision, I received a telephone call from a Hinsdale Church member asking how my Bible study was progressing and questioning if I had been baptized. We did not personally know each other, but I discovered we were both attending the same church. I was amazed at how God was caring for my future.

When our family drove to Wisconsin for a vacation, my husband was paged to call Hinsdale Hospital, which resulted in a parttime job he needed. While he was on the telephone at the rest area, I picked up some pamphlets with a card inside to return for more information. Later, I sent it in and two literature evangelists visited me. Now I own a set of Arthur Maxwell's Bible stories that I really wanted for our home. I believe God sent all these nice events and people as His way of telling me it's time to make a decision and not to be scared.

Even though my journey has been somewhat long, it seems short to me because I have been through some fascinating times and learned so much. I have met terrific people, made new friends, and have taken on tasks I thought I could never do.

It was a beautiful Sabbath day on May 22, 2004, when I was baptized by Pastor Ramon Ulangca, and became a member of the Hinsdale Church family. It is my prayer that I will be a blessed light in the lives of my family and friends.

Kim Karban as told to Bruce Babienco, Lake Union Herald volunteer correspondent

Wisconsin

Gena O'Day and **Carolyn Walker** were baptized in the spring of 2003. Both ladies are legally blind, but their spiritual vision is sharp. They learned more about God's plans for their lives through the *Hope for the Homeland* meetings and both have been blessed by Christian Record Services' ministry.

I first met Gena O'Day in 1992. Her older brother had been attending blind camp at Camp Wakonda for several years, but she was very timid and didn't care to attend. Eventually, she decided to go to camp with her brother and has been attending annually since 1998.

She attended church sporadically for a couple of years, but in the fall of 2002 decided to attend the Hope for the Homeland evangelistic series. It was difficult for her to complete the lessons because of her sight limitations she must read with her eyes about two inches away from the paper. Despite this, Gena was eager to learn and poured over the material. She attended the meetings nearly every night. Gena is very bright and has been attending North Central Technical College in Wausau, completing studies in printing and art. Gena had a Catholic background, but her diligent study of the Scriptures shed new truth



Gena O'Day joins the Wausau (Wis.) Church by baptism. From left: Gena O'Day and Bob Mills, pastor.

and lead her to a decision for baptism in April of 2003.

I learned of Carolyn Walker when I met her mom at a business in Marshfield, Wis., where she worked. She mentioned that she had a daughter who was legally blind. I made some attempts to reach Carolyn, but her mom didn't respond and I lost contact with the family.

A few years later, one of our church members mentioned that a blind girl was living next door to her. It was Carolyn. She also learned of the services available through Christian Record Services, including information about blind camp at Camp Wakonda. She attended camp there for six years and later made a decision to attend church. After visiting church for quite some time, she made a decision to be baptized in March of 2003. Carolyn is so excited to be a member of our church. Sabbath is her favorite day.

She recently won a rock climbing award designated for persons with disabilities. Carolyn loves to climb the 45-foot climbing wall at Camp Wakonda, and in a recent competition received third place among 80 entries in her Special Olympics category. She also made the headlines of the *Wausau Daily Herald* with her wall climbing activities.



Bob Mills, pastor of the Wausau (Wis.) Church, baptizes Carolyn Walker.

Gena and Carolyn need your prayers as they walk with the Lord in their new faith. Praise God that they have been blessed with spiritual vision!

Fran Fisher is a representative for Christian Record Services in Wisconsin.

Wisconsin

As 2003 came to a close, members of the Menomonie Church planned for the 2004 Year of Evangelism. They focused on the slogan, "Each One—Reach One."

Their desire to be used by the Holy Spirit paved the way for David Guerrero, Menomonie pastor, to train them. Guerrero conducted classes on giving personal Bible studies, as well as how to hold effective small groups in their homes. Immediately, Joylynn Ward began a small group in her home, assisted by Lowell and Rose Saxton.

Ignacio Martinez also caught the vision of the slogan, "Each One— Reach One." He desired to share the beauty of Christ's love and the blessings of the Bible Sabbath with friends. One friend he shared these truths with was **Lorel Sorenson**. She began attending church services at Menomonie, and because everyone was so friendly, she became enamored with Jesus, new Bible truths, and the church family.

Lorel next began attending the small group meetings at Joylynn's home. Six months later she accepted the Bible doctrines taught and believed by Seventh-day Adventists, andwas filled with joy at her baptism in May of this year.

Today, her warm smile and friendly personality reveal Christ's love to others. "We need to take the Bible's message to everyone," she says. "It is our responsibility!" Lorel's love for Jesus is contagious, and whenever it's possible, you will find her sharing the teachings of Jesus with others.

Bruce Babienco, Lake Union Herald volunteer correspondent, as told by David Guerrero, Menomonie Church pastor



From left: Marica Edmund, Lorel Sorenson, Ignacio Martinez, Pastor David Guerrero, Rose Saxton, Lowell Saxton, Joylynn Ward, and Dominique Sorenson



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Anticipating the Sabbath

ooking forward to the Sabbath, and getting ready for it to begin, holds special significance for the Adventist family. The Sabbath is one of the most important and obvious differences between Seventh-day Adventists and other Christians. And learning to celebrate the Sabbath can be an interesting adjustment for new Adventists.

Some people think of the Sabbath primarily as a badge of honor or a sign of loyalty. For others, the Sabbath is less an obligation than an opportunity. As they see it, the Sabbath is much more than something we **have** to do to be in complete harmony with God's will; it is something we want to do because it brings us release from the stress and cares of the week and lets us rest and fellowship with God, our families, and friends. It is true that God commands us to keep the Sabbath holy (Exodus 20:8). But He also wants us to find the experience a delight (Isaiah 58:13).

It is not unusual for people to think about things that we shouldn't do on Sabbath. After all, the Bible mentions a number of them. But the challenge of Sabbathkeeping is not to avoid doing things that would break the fourth commandment. The real challenge is to discover the full potential of the Sabbath to bless and enrich our lives.

Anticipation

In order to discover the Sabbath's full potential, God knew it would take some advance preparation. That's why He said to "Remember the Sabbath day to keep it holy." Looking forward to something increases our enjoyment of it. Important social events like weddings and graduations mean a great deal to us, partly because we dream about them and plan for them so long. For the Sabbath to become everything it can be for us, we must keep it in our thoughts every day of the week.

Preparation

Anticipation naturally leads to preparation. A happy Sabbath means more than looking forward to the day. It also means getting ready for it. A rewarding Sabbath doesn't just happen, any more than something like a banquet just happens. It is the result of careful planning. We clean our homes, prepare our Sabbath clothes, plan and prepare our Sabbath dinners, and contemplate how and where we will spend the day. Then as the sun sets on Friday evening, the family gathers together to celebrate the opening of the Sabbath with a special worship time. Many families light candles and eat a traditional Friday evening meal.

This planning pays off in many ways. Have you ever experienced a Sabbath morning when the children were crying, Johnny couldn't find his Sabbath shoes, Dad was honking the horn in the car, and Mom was totally frazzled trying to get everyone ready for church? Without adequate preparation and planning, Sabbath can turn into an *unhappy* day, and we can miss the blessing God has in store for us.

As we anticipate our Sabbath rest, we tidy up all the details of work during the week so that we can spend time enjoying the Lord's company on Sabbath. Experienced Sabbathkeepers have learned to block out the cares and worries of the work week and relax in God's presence for 24 hours each Sabbath. I think that is one of the main reasons Adventists live longer and enjoy healthier lives.

So, as we anticipate our next Sabbath, let's put some extra time and effort into preparation. Let's be ready to rest and celebrate with our Creator.

Portions of this article were adapted by Ann Fisher, from Welcome to the Family, an out-of-print book published jointly by Home Study International and the North American Division, and used with permission. Ann Fisher writes from Walla Walla, Washington.

BEYOND OUR BORDERS

REFLECTIONS OF A YOUTH PASTOR Changed in Botswana

Heaven is counting on us." As we huddled in prayer, the impact of these words hit me with the force of a hurricane. They came from the heart of a teenager as he pleaded with the Lord. He prayed that we would continue to trust in the Lord and rely on His power, so men and women would hear the message of the gospel and give their lives to Jesus.



From left: Jeremy McIntyre and Jeffrey Habenicht are preparing to go to their meeting sites.

And who were we? We were not experienced evangelists. Half of our team were young people. Jeffery Habenicht and Jeremy McIntyre were academy students. Nougen Grant had just graduated from Andrews University the weekend prior to our departure. One member of our apprehensive team was Rita Seay, an elementary school vice principal. Laurence and Lois Burn and I led the group, but none of us had preached in an evangelistic series before. We had traveled halfway around the world to the African country of Botswana, to participate in one of Robert Folkenberg's Global Evangelism projects. We arrived in Garborone on Thursday, June 3, 2004, and were a mess! Our first messages would be preached the next night and no one felt ready.

The project included 16 different meeting sites and we had just been informed that a speaker was needed for one extra. God impressed Jeremy McIntyre, who had only come to sing, to fill that

need. To our surprise, and his, he volunteered to preach. Rita Seay had also decided to be a speaker just two weeks earlier. The rest of us, who had been preparing for months, realized that no amount of preparation was enough. We were all nervous wrecks.

It wasn't until the beginning of our last week

of preaching that the urgency and the enormity of our calling was impressed upon us. We began to plead with the Lord on behalf of the people of Botswana. And as we prayed, there was something noticeably different about our group. We had changed. We were still anxious, but no longer for ourselves—now we had a passion for souls.

I had become involved in this mission project because I wanted



to give our youth an opportunity to preach in their own evangelistic campaign. I had no idea the transformation I would see in their lives—or mine. I found myself surrounded by young people who were pleading in prayer for God to change hearts.

Scripture tells us that when people turn to the Lord, it is as if a veil is lifted and they see Jesus. And as we work to remove that veil from the eyes of others, God removes the veil from our own faces (see 2 Cor. 3:18).



Two hundred eighty-four precious souls were baptized.

For some reason, God hasn't given the task of finishing His work to the angels. He has chosen *us* to to do *His* work in *His* power. His power changes not only those who hear the message, but it changes those of us who preach it. Heaven is counting on us.

Oliver Archer is pastor for youth and children's ministries at Pioneer Memorial Church, Berrien Springs.



In a Perfect World

BY SUE E. MURRAY

Nost of us have dreamed what it would be like in a perfect world...on Earth. The love between husbands and wives would be pure and overwhelmingly satisfying. Tires would last forever. The paycheck would always be more than sufficient. People would write and send thankyou notes. Kids would not only like all kinds of casseroles and vegetables, they would be an absolute joy all the time.

Expectations of the joy of parenting is one of the reasons why couples choose to have children. As with any expectation, it is really an illusion. An illusion is what we wish and hope an experience, or person, to be. Living in a less-thanperfect world, our reality often brings disillusionment.

An area of considerable disillusionment for parents is children's behavior. It may be helpful to recognize that much of troubling behavior is symptomatic of deeper issues. One of the realities today is the apparent rise in childhood developmental disorders. When parents have a working knowledge of developmental milestones and learn how to distinguish typical behavior at a particular age, when they really "know" their child, they can recognize and face the reality of rearing that child, and perhaps facing their child is coping with a disability.

Developmental disorders in children are increasing. Although

specialists are not certain why, the identified contributors include environmental toxins, environmental trauma, genetic disposition, teen pregnancy, older mothers giving birth, premature babies surviving, and prenatal drug and alcohol use.



Major developmental disorders include: Asperger's Disorder, Autism, Rett's Disorder, Bipolar Disorder, ADHD, Obsessive Compulsive Disorder, Tic and Tourette's Disorder, PANDAS (Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal Infection), Fetal Alcohol Disorder, Nonverbal Learning Disability, and Dysgraphia. These all emerge due to the factors identified above. They are not due to a child's desire to make our lives more difficult.

Let me share briefly about Dysgraphia and PANDAS. Dysgraphia shows itself in slow, labored, and awkward writing. Children evidence poor organization on paper, they cannot write and think at the same time, cursive is harder to achieve, and writing is exhaustive for them. These challenges result in loss of self-image and academic confidence, their self-expression is limited, and they avoid writing. This is associated with other motor or learning problems and does not occur in isolation. Because this evidences itself when a child is progressing in school, it is often misunderstood and seen as a lack of desire for learning or a child being lazy.

PANDAS is especially perplexing because it occurs after a beta hemolytic streptococcal infection, bringing with it a set of communication, social, and cognitive disruptions that effect a child for the rest of his life.

If you suspect your child may have a developmental disorder, it is imperative not to take a "wait and see" attitude. Our children are born into this less-than-perfect world, and they need us to seek to understand their behavior and to provide every opportunity for them to live full and enriching lives on this earth.

Sue Murray is an assistant professor of behavioral sciences at Andrews University.



Family Changes Everything

BY JULENE DUERKSEN KAPAO

he morning started like many others: my alarm blaring into a cobweb of dreams and reality, roosters shouting at the sun, all reminders that another day has started. But today was different. For a moment I sat thinking on the edge of my bed, what was it I was supposed to be remembering? Ah, ves! Reality flooded through my mind and I was certain life would never again be the same. Forget alarm clocks; I'd be waking up regardless of the sunshine, roosters, or electronic machines. Forget the carefully planned schedules; I'd now be living on another's time. Life has changed forever. I'm pregnant.

I think back to the earliest moments I can remember as a child: happy laughter, playing with my siblings, and no worries. My heart tightens as I consider the new child I'll be bringing into this world. Will he have similar happy moments to treasure? Will she love books as I do? Will my child play from sunup to sundown and grow wild imaginations? Will our child enjoy every moment of life, yet look forward to heaven as I do?

Family certainly does grow and change. At the moment I discovered I was pregnant, I realized I'd finally grown up! I was not the same person I had been 20 minutes before the test came back positive. I now had to be different, responsible, and mature. I thought about that awhile, wondering at all of the changes it would bring. Then I smiled. I am now a parent!

Again, childhood memories filled my mind. I wonder, what hopes and fears ran through my own parents' minds when they discovered this same reality, pregnancy? Were they frightened? Hopeful? Joyful? Excited? Anxious? Or maybe they felt a bit of all these emotions?

Imagine the first recorded pregnancy of history, Mother Eve. How did it feel to be a first-time mom with no mother or other women to provide tips on morning sickness, stretch marks, and feeding? How did she feel about the movement in her middle, the lightness in her head, and the kicking

inside her ribs? Especially without ever knowing what the end result would be? Sure, she had the Creator to talk with, but He had never given birth either!

Family truly changes everything, and I know my life will never be the same. Just as my parents experienced years ago, I am now moving into life's greatest adventure. Even though my folks are half-aworld away, the Creator is still a local call.

I feel a tiny hand waving "Hello," and thank the Lord that I have family to surround and support me in this tumultuous and exciting time of my life. Yes, my life will be different. My life will be better!

Julene Kapao teaches Bible and English at Longburn Adventist College in New Zealand. She is the daughter of Lake Union Herald columnist, Dick Duerksen.



Addiction-Free Eating

BY VICKI GRIFFIN

A re you a junk food junkie? A food addict? Although research is still in its infancy, there is some indication that bingeing on foods high in fat and sugar can cause changes in the brain associated with addiction to drugs.

Powerful short-term sedative and mood-elevating effects of certain foods (especially caloriedense sweet or fatty foods) cause some people to fall into the trap of using them to avoid experiencing the pain and challenges of everyday life. As with drugs, these foods can become a substitute for unmet needs for love, security, acceptance, or happiness. Snack cakes can become the antidote for loneliness, rejection, abuse, and anger.

Not all people who have emotional problems become addicts, and not all addicts have emotional problems. Addictions more readily occur in individuals who have not learned how to deal with unmet needs in constructive ways. Once those addictions occur, for whatever reason, emotional



problems are on the way. By their very nature, addictions are isolating, disabling, and destructive.

Bingeing on these foods can also hijack hormones that govern appetite. New research suggests that large concentrations of sweet and fatty processed foods have powerful effects on hormone signals that control appetite. According to Peter Havel, an endocrinologist at the University of California-Davis, the more fat and fructose from concentrated, processed foods you have in your diet, the less effect certain long-term appetite stabilizing hormones like leptin, insulin, and ghrelin have on the body.

Fortunately the brain is highly adaptable, and what we learn, we can unlearn. New habits, associations, and choices help reroute neural pathways and establish new connections. Forming positive habits can establish new "neural neighborhoods" to counteract and override dysfunctional ones!

Our creeping corpulence and food fixations may have as much to do with ignorance about what we are eating as any other factor. The good news is that reintroducing nutritious plant foods into the diet can help curb those cravings, satisfy hunger, and break food addictions. They will provide energy, boost your mood, improve your thinking, and help you cope with stress. Hearty whole grains, delicious fresh fruits, plenty of leafy green vegetables, wholesome beans, legumes, nuts, and seeds—these are the delicious alternatives to addicting snack foods.

The next time you feel like you need a candy bar, grab a fresh bowl of strawberries and a few raisins instead, and watch your cravings and extra pounds melt away.

Vicki Griffin is the Michigan Conference health ministries director.



The attractive Lifestyle Matters kits include books, audio CD's, and videos designed to help you incorporate God's principles into your life. These principles deal with issues such as stress sensitivity, immune function, memory, learning, behavior and mood. They are simply presented and easy to share with others. You are also encouraged to include the Lifestyle Matters ministry modules in your church's comprehensive evangelistic plan for 2004. Visit www.lifestylematters.com or call 866-624-LIFE (5433).



Preparing the Way in Kokomo

BY LAURIE OUSLEY

n the summer of 2003, Gianni and Katia Zampolli were praying for the Lord to lead them in the path they should follow. Originally from Venezuela, their visas were to expire soon, they had a baby due to arrive in November, and were unsure of the direction they were to take. They desired to do the will of God—wherever that might lead.

Aware of their dilemma, members of the Kokomo Church in Indiana tried to figure out a way to keep this young, energetic family in their community. In August of 2003, Jim Hickey approached them about the possibility of becoming Bible workers in Kokomo. The church supported this idea and the couple accepted their offer. In November, Gianni and Katia began their Bible worker ministry.

A local company was hired to print Bible study request cards, offering studies in both English and Spanish. Gianni began distributing the cards, along with *Steps to Christ* books, and brochures about healthy living in hospitals, laundromats, doctors' offices, and anywhere else he could put them. But there had to be a way to reach more people.

Next, over 15,000 Bible study request cards from the Discover Bible School were mailed in Howard County. What would be the results? Typically the response in Kokomo had not been positive, but in the first four days after the cards were mailed Gianni received



From left: Gianni, Nathan, and Katia Zampolli with Jim Hickey

65 requests for Bible studies! We are still receiving requests from that initial mailing. There are now 117 studies in progress. Some have just started working on lesson one, while others are progressing rapidly through the studies and are up to lesson 10 as of this writing.

During Sabbath Celebration, held at Indiana Academy on March 6, 2004, Kokomo members learned the Indiana Conference had boxes of *Sow 1 Billion* cards available for members to distribute. It was decided that the rest of Kokomo needed to receive the opportunity for Bible studies! More cards were picked up that day and were mailed to another 20,000 homes in Howard County. Anyone can say that something needs to be done, but it is up to each of us—individually and as a church family—to do the work that lies at hand. Don't wait for someone else. Move forward in the power of the Lord! In Kokomo, we are seeing His Power at work. The Spirit is moving across our community. We are praying, and we invite you to pray with us for a special outpouring of the Spirit upon the people of His church, that we might be prepared to receive each of these special lambs into the fold of God.

Laurie Ousley is a correspondent from the Kokomo Church.



Turning a Job into a Mission

AHS Program Energizes Midwest Region Staff as Spiritual Ambassadors

New Spiritual Ambassadors, from all parts of Adventist Health System Midwest Region (AHSMR), learned about the importance of their wholistic mission during training sessions conducted by regional pastoral care staff and visiting staff from Florida Hospital in Winter Park, Florida.

During the sessions last June, Spiritual Ambassadors learned skills to become more sensitive to the spiritual needs of staff within their home unit or department, while working with pastoral care resources to provide spiritual support and services. In addition to pastoral care staff from the various Chicago-area sites, the originators of the Spiritual Ambassadors Mission at Florida Hospital, Marti Jones, Jay Perez, and Greg Ellis, helped guide attendees through the various training topics.

Among the topics discussed during the sessions were the history and mission of the Spiritual Ambassadors, the spirituality of care, the ministry of friendship, and how spirituality and friendship work within the Adventist Health System mission.

"It was a wonderful day for the advancement and affirmation of mission in Adventist Health System



Trainers included the originators of the Spiritual Ambassadors program at Florida Hospital, (from left) chaplains Greg Ellis, Jay Perez, and Marti Jones, pictured with Jonathan Leach, AHSMR regional director of ministries and mission.



Regional participants learned firsthand the comfort and value of touch during a backrub break in Spiritual Ambassador training.



La Grange Memorial Hospital Spiritual Ambassadors (from left) Chaplain Tricia Treft, Frieda Bertello, and Joyce Smyers gather food and personal products donated by employees for the homeless as one of the hospital's Spiritual Life outreach ministries.

Midwest Region," said Jonathan Leach, regional director of ministries and mission. "We are truly blessed to have so many staff answer the call to become Spiritual Ambassadors to not only their coworkers, but also to our patients and visitors as well. With God's help, this mission will continue to grow."

"Nothing is insignificant if it's happening in your life, but AHSMR is a team ministry, and we want all our employees to feel empowered to minister to each other as well as our patients," said Delora Hagen, Glen Oaks Hospital chaplain.

According to new Spiritual Ambassador Merle Salazar, a Hinsdale Hospital recovery room nurse, "Spirituality starts with us, and we aim for all employees like a domino effect."

Jay Perez likened Spiritual Ambassadors to a tube of toothpaste. "What you are filled with will come out under pressure. Will it be Christ's love when you are squeezed by the world?"

Lynn Larson, Adventist Health System Midwest Region Lake Union Herald correspondent

Andrews 🔕 University



New students and their parents were invited to enjoy a banquet with President Andreasen during orientation.

Let's Be Amazing

"Let's Be Amazing" was the theme of this year's new student orientation week, Aug. 22–29. The campus came alive on Sunday when entering freshmen and transfer students began arriving in loaded-down cars, ready to start their college careers.

The first part of the week was devoted to helping students get ready for classes and adjust to life at Andrews University, including a special new addition to the program, "Student Success Day." Students had the chance to equip themselves for college life when professionals from Monster.com, as well as Andrews faculty and staff, gave a variety of seminars. Topics included: "Taming the Test-Taking Monster" and "Landing the Right Career."

After a few days taking tests and settling in, students were ready to get "All Fired Up" for a weekend of fun concerts, food, and events. On Thursday students competed in "The Amazing Race," enjoyed a haystack picnic, and an evening of comedy improv. Friday brought a chance for students to learn that service is an important part of being amazing during "Street Fest," an exciting new addition to this year's events. In cooperation with Benton Harbor's Parks and Recreation department, Benton Harbor Soup Kitchen, and Pioneer Memorial Church (PMC), students devoted their day to helping out in a variety of different local service projects.

Other weekend events included the annual Faculty Home Supper, a special welcome Sabbath at PMC, Saturday night bowling, and a day at the beach on Sunday.

It was truly an *amazing* week, and Andrews University is very excited about the class of 2008!

Beverly Stout, University Relations news writer

Paulsen Gives AU Youth a Voice

Andrews University will host Jan Paulsen, General Conference president, and a production crew for the second edition of "Let's Talk," on Sept. 13, 2004. The onehour conversation, called "Let's Talk—Again," is being described



Jan Paulsen, General Conference president

as an "open, no-holds-barred discussion on issues of concern to Adventist young people." The telecast will be broadcast live by the Hope Channel to the Americas, and will be rebroadcast later in Europe, the South Pacific, and Africa.

A diverse group of fifty Andrews University students will have the opportunity to ask Paulsen anything about the denomination, its beliefs, and their role in today's church. "I recognize that many, many of our young people feel distanced from the church—they feel as if they don't have a voice, they don't feel that they have been heard, they don't feel that they have been understood," said Paulsen. "But I want them to know that the church cannot be defined and cannot survive without them."

Andrews University is excited to host this important program. Pat Spangler, acting director of University Relations and Andrews University site coordinator for "Let's Talk—Again," has been working to inform the students of this rare opportunity. "The students are very excited about being able to participate in such a candid discussion," Spangler said. "Young people today want to feel a part of their church, and for it to come from the top like this will speak volumes to our youth."

Paulsen will also take the opportunity during the Sept. 13 broadcast to launch the "Let's Talk" Web site, designed to continue the dialogue between his office and Adventist young people. The site will provide a way for youth to send their questions or comments to the Office of the President and receive a reply. The site will also link visitors to a wide range of online resources. Look for it at www.letstalk.adventist.org.

"Let's Talk—Again" will be broadcast live, Sept. 13 at 2 p.m., on the Hope Channel. Information on downlinking the program for your campus or church is available at www.hopetv.org.

> Katie Shaw, University Relations news writer, and Mark Kellner, Adventist News Network assistant director for news

Homm Planting ng Seeds of

BY DIANE THURBER

Forwsing through a bookstore a number of years ago, my eyes were drawn to a book title—*Mommy Appleseed*.¹ The book came home with me and helped this new mother realize my important role in our children's spiritual development.



In the book, author Sally Leman Chall reminds readers of the story of the curious wilderness traveler, Johnny Appleseed, who crossed the Midwest, clearing land in order to plant

the small brown apple seeds he carried with him in his pouch from his Massachusetts home. He had a vision for the future, and a determination to prepare orchards for the settlers who would head west. He toiled with resolve chopping, clearing, cultivating, and planting—as he wandered from place to place.

In the first chapter, I read Chall's words of challenge to parents: "Just as Johnny buried his treasured apple seeds in the fertile heartland of a new nation in preparation for the harvest still many years in the future, so parents can plant seeds of faith in God deep in the hearts of their children. With Godempowered cultivation and nurture, those seeds can grow into fullflowered personal relationships with God through His Son, Jesus Christ, in God's own and perfect time."

How do you plant seeds of faith in your children? Where do you

start? First, a foundation must be laid in the parents' lives.

1. **Partner with God**. Pastor Ray Stedman emphasized the importance of this first step when he stated, "We can't expect our children to be changed unless something has changed us. We can only communicate what we ourselves have discovered." Discover God's life-changing love for yourself and ask Him to guide you.

2. **Decide on an absolute roadmap**. Much like a recipe for chocolate chip cookies, or an automobile manufacturer's handbook, the Bible instructs us how to operate our lives. By searching the Scriptures diligently, we will understand the path we are to follow. Have confidence in God's plan.

3. **Establish priorities**. Millions of American adults feel trapped by demands that do not reflect their personal priorities and preferences in life. Schedule family time first. "As workers for God our work is to begin with those nearest. It is to begin in our own home. There is no more important missionary field than this" (*Child Guidance*, 476).

4. Develop personal growth plans for mom and dad. Dr. John C. Maxwell once stated, "Any growth plan for your family must begin with you." If married, encourage free time for your spouse to pursue a personal relationship with God.

5. Develop personal growth plans for your children. Begin with the end in sight. What do you hope for your children? What does a mature faith look like? Develop a family mission statement to help you establish your family's spiritual heritage. Evaluate your children periodically. By taking time to evaluate, you will naturally know where to focus areas of instruction.

After a foundation has been laid, and growth plans have been sketched out, it is time to put your plans into action. God gives us a variety of methods and venues to use as we instruct our children: role modeling, family traditions, faith talks, music, memorization, prayer, nature activities, church events, service opportunities, spiritual retreats, and daily events that turn into teachable moments.

I believe teachable moments provide mothers with the most frequent opportunities to deposit seeds of faith in their children. Be on the lookout for teachable moments where you can insert God's view into the questions that arise in your children's lives.

It was a typical morning for me, the mother of preschoolers—typical yes, uneventful, no. My three-yearold son awoke long before I was ready, and bounded into my room to say "Good morning, Mommy!" as he smothered kisses on my closed eyelids. I knew the next words out of his mouth would be "I'm hungry, what's for breakfast?" And so the day began.

At breakfast, the orange juice spilled-twice. With breakfast completed, I began my morning routine only to discover our new "house-trained" puppy had left a few "presents" for me to clean up. A cry of alarm from the bathroom announced the toilet water was nearing the top and ready to spill. Racing to the bathroom, I could see a roll of paper swirling in the basin. Next, the telephone rang and I knew I would spend the next half hour with a church member who wanted to send a message through me to my pastor-husband. Ending the call, I was ready to relax for a few quiet moments, but a wail coming from the basement erased that possibility.

I scooped up my tearful boy and placed him on the bathroom counter to examine his new "boo-boo." As I tenderly swabbed his knee I was startled with his innocent inquiry. "Are you Jesus?" he asked, searching my face for an answer. How would I find the words for *that* question?

I often read stories to him that illustrated Jesus' love and care for His children. But at that moment, I could sense my child wanted to understand more. He saw me demonstrating the love we had talked about so many times. And he was internalizing that love, connecting it to his friend, Jesus. This was a teachable moment-one that demonstrated what I had tried to tell him so often. After my silent prayer for help, he learned through this experience that if Jesus were in his heart, others would see Jesus through his actions. I had planted a seed in his heart to further develop his faith in Jesus.

Just as an apple seed is nourished beyond the view of the human eye, God has a way of working silently in the hearts of His children. Remember, no one can grow an apple tree overnight. So it is with children. It takes time—sometimes more time than we wish—for the unseen fruit to develop in their hearts.

Paul encourages us: "Let us not grow weary in doing good, for in time, we will reap a harvest if we do not give up" (Galatians 6:9).

I encourage you to be a "Mommy Appleseed" in your child's life. Then, watch how God develops the seeds you plant.

Diane Thurber is managing editor for the Lake Union Herald and a certified family life educator.

1. *Chall, Sally Leman,* Mommy Appleseed: Planting Seeds of Faith in the Heart of Your Child, (*Harvest House Publishers:* 1993).

Maximizing Jamily Vine BY WILSIE AND ELAINE OFIVER

One of the greatest challenges to relationships today is the high value Western society places on individualism. However, family clinicians and sociologists have recently shifted their focus from the individual to the family system.

From the beginning of time, God created family systems. The Genesis story records the drama. Adam was alone, and that was *not* good. Everything else in Creation *was* good.¹ As Adam

began his first work by naming the animals as God's appointed representative,² he became aware of his solitude. "Then the Lord God said, 'It is not good for the man to be alone; I will make him a helper suitable for him.'"³

The Bible records the design and creation of man and woman, then establishes and defines the institution of marriage. God intended husband

and wife, male and female, to be a spiritual, functional unit—walking in integrity, serving God, and keeping His commandments in relational unity. When we choose by God's Spirit to live in this harmony, society prospers. When this model is not in place, society suffers multiple and compounded negative consequences. Eve was created by God's design as a suitable (complementary) helper for Adam, thus establishing the first family system. The word translated *helper*, is not a demeaning term. It is most often used in Scripture to describe God.⁴ God's method of creating Eve from the bone and flesh of Adam's side⁵ teaches that men and women share a common identity. They are equals—each fully participating in God's gift of His image and likeness. They complement each



Elaine and Willie Oliver

other in order to bond together as husband and wife—meeting each other's deepest needs for intimacy, lifelong commitment, and mutual support.⁶

"God blessed them; and God said to them, 'Be fruitful and multiply, and fill the earth, and subdue it; and rule over the fish of the sea and over the birds of the sky and over every living thing that moves on the earth.⁷⁷ The principal role assigned to Adam and Eve was to populate the earth and manage it.⁸ Created in God's image, they were to represent His nature as Creator and Ruler by reflecting the nature and graces of their distinctive genders.

We were created to reflect God's social nature. Our gender reflects a dimension of God's infinitely deep character as the potent Creator, and the perfectly wise,

> loving, and nurturing Person. We were created for intimacy (closeness) and community (togetherness). It is amazing how far we have come from God's ideal for the human race.

> In order for intimacy and community to develop, there needs to be a significant commitment of time. Meaningful interaction needs to take place in order to identify meaningful relationship.

Media, and all the electronic gadgets that

deliver them, can rob families of valuable personal and intimate time together in meaningful interaction. Left unchecked, families will naturally drift apart in this fastpaced, disconnected environment. Many husbands and wives work in different careers outside of the home, while children are left after school to fend for themselves as best they can.



Face-to-face time is important for building meaningful relationships and transmitting important values. To remain close and together in our family relationships, we need intentionality. Being intentional about having daily family worship is a wonderful way to stay connected to Jesus and to each other. During this time we catch up with each other's lives and pray together for the challenges of the day ahead. This daily spiritual oasis connects us to each other.

Another way our family is intentional is by having dinner together as often as possible. As a bonus to the meal, each one shares one thing they appreciate about each person in our family circle of four. This is a wonderful way to make emotional deposits in each other's lives, creating an environment of support and intimacy in our family system.

There are no perfect families. But being intentional about developing family systems that are nurturing, supportive, protective, and caring will help us survive the ups and downs that every family will experience.

Not all family situations are ideal. And the task of parenting is comparatively much more taxing on single parents. However, being intentional about connecting positively every day with his or her children is a goal every parent should have. When children feel close to their parents through BRIDGING THE GAP OF ALIENATION AND SEPARATION IN RELATIONSHIPS IS THE GREATEST CHALLENGE FACING FAMILIES TODAY.

mutual trust, disciplinary problems remain at a minimum. Ellen White observes, "One well-ordered, welldisciplined family tells more in behalf of Christianity than all the sermons that can be preached."⁹ Order and discipline are virtues that are only evident when we make time with our children a high priority.

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The Apostle Paul cautions against forms of abuse by instructing us not to use our authority to frustrate or injure our children.¹⁰ He urges that discipline (discipling) is to be loving, consistent, and fair while providing physical, emotional, and spiritual nurture.

Our families are caught in the great controversy between good and evil. Unless we choose Jesus every day, Satan is going to win. When we fall short of God's ideal, rather than beating ourselves down with guilt for our mistakes, we need to remember that God is willing to forgive and help us to rearrange our priorities.

Jesus is coming soon, and He will help us to be ready with our families for this wonderful and blessed event. By spending meaningful time together, we can develop intimacy and cohesion that will bring health to our family relationships and spiritual health to share with our neighbors. This is the reality we pray for, for our family, and for yours as well. Maranatha!!!

Willie Oliver is director of Family Ministries for the North American Division of the Seventh-day Adventist Church. Elaine Oliver is director of Financial Aid at Columbia Union College and a marriage and family consultant for the North American Division. They write from Silver Spring, Maryland.

- 3. Genesis 2:18, NASB95
- 4. Psalm 33:20; 70:5; 115:9
- 5. Genesis 2:21
- 6. Genesis 2:24–25
- 7. Genesis 1:28, NASB95
- 8. Genesis 1:28

9. Ellen G. White, The Adventist Home, (Hagerstown, Md.: Review & Herald Publishing, 32) 10. Ephesians 6:4

^{1.} Genesis 1:4, 10, 12, 18, 21, 25

^{2.} Genesis 2:19–20

re Lor IANE THURBER R

od's plan for our children is perfect. He devised a family unit where children receive a foundation of faith, knowing they need to be connected to Him to steer through life's decisions and challenges.

What happens when your children reject what they've been taught and live a lifestyle that breaks your heart to pieces? Have you agonized as your child, whom you raised to love God, now laughs at your faith or mocks God's Word in determined rebellion?

Numerous parents have had to come to grips with the reality of errant children. For many, just the mention of their child's name is an embarrassment. Others see their children as a puzzle to fix if they can just find the missing piece. Worrying about their children's eternal salvation is exhausting. So God beckons us, "Come unto me, all you who are weary and burdened and I will give you rest" (Matthew 11:28, NIV).

> God can offer us rest because He is familiar with wayward children. "We're all like sheep who've wandered off and gotten lost. We've all done our own thing, gone our own way" (Isaiah 53:6, MSG). One thing is certain—God never leaves the side of wayward children or their broken-hearted parents. He understands a greater depth

of pain as the parent of the first wayward children and every child since.

In the final chapter of her book, *When Your Child Turns from God*,¹ author Dorothy Watts speaks from personal experience as she outlines seven reasons parents of prodigals should hope for the return of their children:

- God's ability to work depends on His resources, not ours.
- God can use anything to accomplish His purpose for our children.
- Whether we see Him or not, God is working.
- Our children cannot stray beyond the reach of God.
- God doesn't view time as we view it.
- We serve a God who gives second chances.
- God will keep on working, even after we are gone.

Watts also shares research by author Tom Bisset and Focus on the Family, that offers hope to parents of prodigals. Bisset refers to several peak times in the "returning curve."² One occurs during their mid-20s, when young adults are establishing career, home, and family. Watts shares how Bisset's discovery is substantiated by a Focus on the Family survey which also revealed that 85 percent of wayward children return to their parents' religious faith and values by their mid-20s.

Bisset found the next stage of return is around the age of 40, as the children of prodigals enter their teen years. It is a time when parents are challenged to re-evaluate the direction of their own lives and look again into spiritual values.

Illness or other tragedy causes individuals to be introspective. The reality that they are not going to live forever hits home, maybe for the first time. A parent's death also offers an opportunity for re-evaluation.

An anonymous story circulated on the Internet a few years ago about a young man who grew weary of the life he had chosen for himself. He longed for the comfort and security he remembered from his childhood—comfort in the arms of loving parents, and comfort surrounded by the assurances of a caring and forgiving heavenly Father.

Day after day, the young man's mother made trips to the mailbox, hoping beyond hope for a letter from her precious boy. Opening the box one day, she squinted inside. There was a small envelope in the back. She reached for it, not letting her heart be hopeful, for it had been broken so many times. As she retrieved the plain white envelope from the mailbox, tears began to flow as she recognized the almost-forgotten penmanship of her boy.

Eagerly she tore open the envelope and then fell to her knees with prayerful thanksgiving as she read the words, "I want to come home." Through tear-filled eyes she read his humble request for readmittance into the family. He identified a time when he would be riding the train that passed the back of their property on its way through town. He would look out the window for a sign that he was forgiven—a white streamer tied around the largest oak tree in back of their home.

The mother had forgiven him long ago, and now it was time to make sure he got off that train. She ran from door to door with hands full of white streamers, sharing the story of her son's return.

As the train approached the boy's hometown, he knew what lay ahead would shape his future. Anxiously he rose and stood by the window looking intently so he would not miss the big oak tree. He was not prepared for what he saw and was overcome with joy. Home after home diplayed signs of forgiveness as hundreds of white bows and streamers fluttered in the wind. He was home. All was forgiven.

Parents of prodigals, *never* give up hope. God is planning a wonderful homecoming, and He wants each of your children—His children—there with you. Bring your painful petitions to a Father who understands. Rely on the promises found in His Word. Then wait on the Lord. He will give you peace and strengthen your broken hearts. "Wait on the Lord; be of good courage, and He shall strengthen your heart, wait, I say, on the Lord" (Ps. 27:14, NKJV).

Diane Thurber is the Lake Union Herald managing editor and a certified family life educator

1. Dorothy M. Watts, When Your Child Turns From God (Hagerstown, MD: Review & Herald Publishing Association, 1996), 99-106.

2. Tom Bisset, Why Christian Kids Leave the Faith (Nashville: Thomas Nelson, Inc., 1992), 146-151.

Bible Promises for hope and courage as you pray for your wayward children:

Acts 16:31 Isaiah 44:3 Jeremiah 32:17 *Ieremiah* 24:6, 7 2 Peter 3:9 Philippians 1:6 Isaiah 49:15, 16 Acts 2:39 Mark 10:27 Ephesians 3:20 2 Timothy 1:7 John 16:7,8 Psalm 119:90 Isaiah 49:25 1 John 5:16 1 John 2:1 Isaiah 43:1 Malachi 4:5, 6 Hosea 14:4 Matthew 18:14 Numbers 23:19 Proverbs 22:6 Hebrews 10:23 2 Timothy 1:12 James 1:21

hey fored the Enough Will Our Faith Make it to the Next Generation? she

BY H. JEAN WRIGHT, II

Vou've heard people say, "She has her mother's eyes," or "He's a chip off the old block." Most of us are just familiar enough with genetics to understand that features such as hair, eye color, height, and certain personality traits can be passed down from generation to generation. But what about something as nebulous as "spirituality?" Is it possible to pass on a belief in God? Is it possible to inherit "godly" traits or Christian beliefs? It seems parents can pass down negative traits, such as substance abuse, violence, and racism, etc. What about a Christian belief system?

Psychologists specializing in childhood development suggest that there is a *critical period*, between birth and six years of age, when children are most susceptible to learning and developing their personalities. Call it the hard *wiring* phase, if you will. During early development children are like sponges, absorbing anything and everything around them both good and bad. This is the most crucial time for spiritual development because the parent is seen by the child as all-knowing and all-powerful. Parents are the only "god" children know, until they are introduced to the real God of the universe.

Parents have a huge, and often daunting responsibility. They are to provide their children with the lessons and tools that will help them develop a sense of spirituality, including a belief system that establishes their identity—they and everything in the universe were created by God and have purpose.

God has provided instruction for parents on how to pass down spirituality to their offspring. Deuteronomy 4:9; 6:6, and Ephesians 6:4, outline what is expected of a parent. The underlying theme in these texts is that parents are to teach and nurture their children by providing what is good for them. This suggests more than providing basic physiological needs such as food, clothing, and shelter. They are to pass on their faith so their children can come to know Jesus as a friend and Savior.

Parents create the spiritual foundation their children can use as a springboard to develop a more sound and mature spiritual connection with the Divine Creator. This becomes especially important as children enter adolescence and young adulthood.

Child development experts suggest that a new *critical period* occurs during adolescent growth one that is not only physical and emotional, but also spiritual.

During this stage of development, young people face many challenges that impact their spirituality. They have one foot stuck in childhood, while the other foot is rushing to get to adulthood. At this time parents need to remember Solomon's counsel in Proverbs 22:6: "Train up a child in the way he should go: and when he is old, he will not depart from it." Notice that Solomon did not say "and when he is old he will have lived a perfect life." Nor did he say, "she will not make bad decisions," or "she will not stray from the path you set when she was a child." What Solomon is saying is that when you do what God instructed you to do, and teach your children about Him, He will make sure that they never forget it. God provides assurance for parents who pass down spirituality and Christian beliefs to their children. I am a witness that God keeps His promises.

> My personal testimony demonstrates that God comes through for parents who instill spirituality in their children.

"I did all that I could to forget what my parents had taught me."

I am the son of a minister. I was raised from day one to believe in all that God is. My parents provided me all things necessary for a safe and happy childhood. They followed God's directive to teach Christian values to my brothers, my sister, and me.

But, as I entered my late adolescent/young adult years, I became rebellious and strayed far from the spiritual teachings of my parents. Many years went by as I continued to live contrary to what my parents instilled in me, and contrary to what pleased God. My parents were concerned about my lifestyle, of course, but more importantly they were worried about my soul salvation.

They discovered you cannot force a grown man to come to his senses, so my parents did what they knew to do—they continued to follow God's blueprint for raising children. My parents loved me unconditionally. They also presented me to God in prayer, daily. They were counting on God's promise that if they did their part, He would do His.

During my young adulthood, I did all that I could to forget what my parents had taught me. There were many rough spots along the way. At no time, however, was I ever able to shake the memory verses that I learned in Sabbath School. There was never a time I could sleep calmly after I once again went against the principles of my upbringing. Even when I was afraid to pray, I knew that they were praying for me. There were many situations that I should not have survived, but I have. That's what having praying parents will do. Today, God has blessed me with the opportunity to enjoy a much better life than the one I so anxiously rushed off to seek as a "prodigal" son.

My belief in God is stronger now than any time in my life. My prayer life is what gets me through each day and keeps me connected to God from week to week. The compassion I now bring to my job as a psychologist stems directly from the compassion God showed me on my worst days of rebellion against Him.

I am far from perfect. As the words of my Aunt Eleanor's song say, "I have a long way to go to be like my Lord." Yet I am so thankful I am back on track, knowing that one day I will embrace my Lord and Savior, Jesus Christ. This would not be possible if I did not have Christian parents committed to instilling spiritual values in their children.

Thanks, mom and dad, for loving me enough to present me before the Lord the moment I opened my eyes—and again each day of my life.

H. Jean Wright, II, is the son of Walter Wright, Lake Union Conference president, and his wife Jackie. Jean has earned his doctoral degree in psychology and works with young people for the City of Philadelphia as a clinical and forensic psychologist.

Hope for the Mounded

What would be the appropriate response from a teacher, pastor, elder, Pathfinder leader, or friend who becomes aware of a destructive family situation? Perhaps there is someone you know who lives with some form of domestic violence.

It is never appropriate for an aggressive, destructive relationship to continue unabated. To turn a

blind eye and ignore the situation is irresponsible when eternal consequences are at stake. Help is available.

Some spiritual leaders have felt it their God-given duty to advise individuals to remain and submit in hopes of preserving a marriage. In reality, a time apart may be not only redemptive, but necessary for serious intervention to take place. We must educate ourselves, and become aware of resources that offer redemptive help. The suggestions below may help your understanding and better equip you to be a support.

Dorothy Hayward is director of WellSpring Ministries, Village Church, Berrien Springs, Mich.

Resources for Abuse Prevention and Healing*

Books and Training Resources

Battered Into Submission (Barnes & Noble) A look at why wife abuse is so prevalent in Christian homes. Practical suggestions for intervention and ministry.

Breaking the Silence (AdventSource) A series of six brochures defining physical, emotional, sexual, and child abuse. Each brochure provides a Biblical basis for the reason why abuse is wrong.

God's Reconciling Love (FaithTrust Institute) A pastor's handbook on domestic violence.

Understanding Intimate Violence

(Adventist Book Center) Contributing authors are Seventh-day Adventist clinicians who desire to educate our church in the area of intimate violence recognition, prevention, and treatment.

What Every Congregation Needs to Know About Domestic Violence (FaithTrust Institute) A pamphlet for distribution to both laity and clergy. Includes information for victims and batterers. Available in Korean, Laotian, Spanish, Traditional Chinese, and Vietnamese translations.

Videos

After Sexual Abuse (Mennonite Central Committee) A 52-minute video and discussion guide identifying common religious misunderstandings which contribute to a survivor's pain.

Bless Our Children: Preventing Sexual Abuse (FaithTrust Institute) The story of one congregation's process to educate their children about abuse.

Broken Vows (FaithTrust Institute) Religious perspectives on domestic violence told by six formerly battered women. *Available in Spanish*.

Domestic Violence (FaithTrust Institute) Outlines actions a church can take to help victims.

Too Close to Home (Adventist Media Center) A Christian perspective on issues surrounding abuse and family violence for education among church leaders and members.

Wings Like a Dove (FaithTrust Institute) Offering healing for the abused Christian woman.

Web Sites

North American Division Womens Ministries Abuse prevention resources in English and Spanish. Web: www.nadwm.org

Project C.A.R.E.

A caring ministry to provide Seventh-day Adventist pastors and church leaders with a broader understanding of situations their parishioners may experience, like abuse. Guidelines to assist in making appropriate referrals to professionals. Web: www.project-care.org

*Inclusion in this list does not represent endorsement by the *Lake Union Herold*.



Resources for Reconnecting With Friends and Family

A million or more inactive and former members are estimated to be missing in North America. Time is short. Let's do our part to reconnect them to Jesus.

Books and Training Resources

HeartCall (AdventSource) A reconnecting ministry resource to help active members reach out to women who no longer attend church.

Lord, Keep Your Mansions—

Just Save My Children (Adventist Book Center) A personal story from a father's heart sharing how he moved through the emotions that arose when his children wandered from God.

Safety Zone Kit (AdventSource) An eight-part seminar designed to help members create safe places to rebuild friendships with former Adventists.

Searching (Adventist Book Center) A sharing book that has been instrumental in reclaiming many inactive members.

Ten Who Came Back (Adventist Book Center) Stories of those who have returned to membership.

Ten Who Left (Adventist Book Center) Stories about why people become inactive and leave the church.

We Can Keep Them in the Church

(Adventist Book Center) Success stories and ideas that really work. How to love our children so they won't leave.

Welcome Home (AdventSource) A guide book and CD with resources to help you set up a ministry to former members in your church.

When Your Child Turns From God (Adventist Book Center) Stories of more than 65 prodigals and their parents who prayed for them unceasingly. Learn how parents cope with their hurt and practical steps to restore relationships.

Why Our Teenagers Leave the Church

(Adventist Book Center) Learn what the youth of your church are not telling you. Valuable research and testimonies of teenagers—some who left the church and others who didn't.

You Are My Witness (Seminars Unlimited) A DVD and 96-page manual featuring an excellent section on how to get names of former and missing members and how to bring them back.

Newsletters

Getting In Touch (Voice of Prophecy)A quarterly newsletter created to let dear ones know they're not forgotten.

Special Offer: Send in 15 names and receive a free new video, **The Fine Art of Connecting** (see description in video section).

Together Again (Center for Creative Ministries)A free quarterly newsletter providing current research, strategies, book reviews, and other articles on helping friends reach friends who quit attending church.

Specialists

Learning to Care Instructors A network of specialists trained in reclaiming missing members, providing instruction for conferences and churches. Phone: (301) 680-6438 E-mail: maxsonb@gc.adventist.com

Training Seminars

Reconnecting Ministries Training Events (Center for Creative Ministries) Learn how to connect with people we know and love who are now taking a break from active church attendance. Events taking place throughout North America. *Coming to the Lake Union, April 23, 2005, at the South Bend (Ind.) First Church.*

TogetherAgain Roundtable

(Center for Creative Ministries) A satellite training event broadcast quarterly via the Adventist Communication Network. Videos are available of past programs for training congregations to reclaim former members.

Videos

The Rendezvous (AdventSource) A 15-minute video with a discussion guide for helping members welcome those who come back to the church.

The Fine Art of Connecting (Voice of Prophecy) A 30-minute video to help equip your church to nurture these previous children of God when they return.

Purchasing Information

Adventist Book Center www.adventistbookcenter.com (800) 765-6955

Adventist Media Center www.sdamedia.org (805) 955-7777

AdventSource www.adventsource.org (800) 328-0525

Barnes & Noble Web: www.bn.com Phone: 800-843-2665

Center for Creative Ministry,

Reconnecting Ministry Center www.creativeministry.org/resources/ togetheragain/ (800) 272-4664

FaithTrust Institute

www.faithtrustinstitute.org (877) 860-2255

Mennonite Central Committee (717) 859-1151

Seminars Unlimited (800) 982-3344

Voice of Prophecy - reconnectNow www.reconnectnow.org/resources.asp (805) 955-7611

Upcoming Events to Strengthen Relationships

ILLINOIS

September 24–26, 2004

Northern Women's Retreat at the Lindnor Conference Center in Lombard, with guest speaker Gwen Foster. For further information, call Sarah Aragon at (708) 596-2000 ext. 2404 or visit www.illinoisadventist.org.

October 15-17, 2004

Men's Retreat at Camp Akita, with guest speaker Randy Maxwell. For further information call Church Ministries at (630) 734-0920.

INDIANA

September 24–26, 2004

Hoosier Singles' Fall Retreat at Timber Ridge Camp in Spencer. For further information call Marcia Baker, chapter president, at (812) 866-4301.

October 1–3, 2004

Women's Ministries Fall Retreat at the Oakwood Inn in Syracuse, with guest speakers Brenda Walsh and her sisters Linda and Cinda—The Micheff Sisters. For further information call (317) 844-6201.

November 12–14, 2004

Married Couples' Retreat at the Brown County Inn in Nashville. Hosted by Ron and Collene Kelly. For further information, call (317) 984-4376.

February 11–13, 2005

Romance at the Ridge, a retreat for married couples, will be held at Timber Ridge Camp in Spencer. Hosted by Ron and Collene Kelly. For further information, call (317) 984-4376.

March 12-20, 2005

Family mission trip to Peru, South America. Hosted by Ron and Collene Kelly. For further information call (317) 984-4376.

LAKE REGION

September 11-12, 2004

Binding the Wounds, at the Alexian Brothers Pavilion in Milwaukee, Wis. A Christian recovery program designed to bring hope and healing to participants, presented by Nancy and Ron Rockey, Faith for Today co-directors of family ministry. For further information call (800) 732-7587 or visit www.plusline.org/events.php.

November 19-21, 2004

Young Adults/Family Ministry Weekend at the Marriott hotel and conference center in South Bend, Ind. For further information, call (773) 846-2661 ext. 206.

MICHIGAN

October 22–24, 2004

Singles' Retreat at Camp Au Sable in Grayling. For further information, call (517) 316-1500.

October 30, 2004

Michigan Men of Faith conference at Great Lakes Adventist Academy. For further information, call (517) 316-1500.

November 5–7, 2004

Michigan Couples' Retreat at Crystal Mountain Resort in Thompsonville. Guest presenters are Walter and Jackie Wright. For further information, call (517) 316-1500.

WISCONSIN

December 3–5, 2004

Married Couples' Retreat featuring Walter and Jackie Wright at the Olympia Resort and Conference Center. For further information, call (414) 571-5809.

February 18–20, 2005

Parenting in the New Millennium, presented by Abraham Swamidass at the Madison Community Church. For further information, call (608) 246-0974.

April 1–3, 2005

The Secrets of a Lasting Marriage, a conference-wide event. Location to be decided. For further information, call (608) 246-0974.

Directory of Family Counselors and Therapists^{*}

ILLINOIS

Pearl Bryant, M.A. , Homewood, (773) 846-2661

INDIANA

Tony Berardi, Ph.D., South Bend, (219) 232-1405 Jim Brogle, Ph.D., South Bend, (219) 233-3003 / (800) 359-4265 Gary Elliot, Ph.D., South Bend, (219) 282-1700 Mary Flaim, Ed.D., Granger, (219) 277-4985 Richard Hubbard, Ph.D., South Bend, (219) 233-3003 / (800) 359-4265 Conrad Muehling, Psy.D., South Bend, (219) 284-3000 Michael L. Rupley, Ph.D., Mishawaka, (219) 256-2258

MICHIGAN

John Berecz, Ph.D., Buchanan, (269) 471-7792 Nancy Carbonell, Ph.D., Berrien Springs, (269) 473-2222 / (269) 471-3113 Kebede Daka, Ph.D., East Lansing, (517) 372-4700 M. Lloyd Erickson, Ph.D., Battle Creek, (269) 979-4800 Ada Garcia, M.A., Berrien Springs, (269) 473-3481 / (269) 471-6366 Don-Nee Elizabeth German, Ph.D., St. Joseph, (269) 983-1263 Kathleen Gross, M.D., St. Joseph, (269) 983-3885 Betty Lou Hartlien, M.S., Berrien Springs, (269) 473-2272 Dorothy Hayward, M.A., LPC, CFLE, Berrien Springs, (269) 471-7795 Rick Kosinski, Ph.D., Berrien Springs, (269) 473-2222 Kim Logan-Nowlin, Ph.D., Detroit, Phone: (313) 898-8200 Arthur Nowlin, M.S.W., CSW, Detroit, (313) 898-8200 Dennis Padla, M.D., St. Joseph, (269) 983-3885 Ann-Marie Reichert, M.A., Berrien Springs, (269) 473-5121 Conrad Reichert, Ph.D., St. Joseph, (269) 983-3860 Laurie Snyman, M.S.W., CSW, ACSW, CACI, Lansing, (517) 487-1621 Peter Swanson, M.A., Berrien Springs, (269) 471-7000

WISCONSIN

For counselor referrals in Wisconsin call: Abraham Swamidass, M.Div, Family Ministries Director, (608) 246-0974

*The North American Division maintains a counselor directory with information supplied by the counselors listed above. Visit www.nadadventist.org/family/counselors.html for areas of specialty, workshops offered or to submit new or updated counselor information. The Division neither verifies nor guarantees the accuracy of the information given. A listing in the directory does not imply any recommendation of any individual or any warranty, expressed or implied, of the professional competence of a listed counselor.

Hope for Our Day is a Family Affair!





Host one or attend one at a home or church near you. For more information, visit www.hopeforourday.org.



The tornado formation hovered ominously before striking Marengo, Indiana.



The F3 tornado slammed through town severely impacting over 100 homes and businesses.



The disaster team and volunteers distributed donated goods to tornado victims.

Adventist Disaster Response Team Assists Tornado Victims

Marengo was a quiet community nestled in the gentle hills and limestone formations of southern Indiana. On Sunday, May 30, at 3:00 p.m., an F3 tornado slammed through the town and Marengo was forever changed.

Over 50 homes were destroyed in the town of about 800 residents, and nearly 100 homes were severely impacted. In all, about 80% of the town residents were effected. The tornado claimed the life of one man, 83-year-old Robert Laswell, when the tornado picked up his trailer on Murphy Street and flipped it onto its roof.

Hearing reports about the Marengo tornado and others that occurred, the Indiana Adventist Disaster Response Team of volunteers wanted to help. The big decision was, where do we go? Who needs us more? Since Marengo is located in one of the poorest counties in Indiana, we decided they would need our help the most.

Our disaster team arrived ready to work and found a lot of activity already taking place. The team was asked to coordinate distribution of donated goods, an area we specialize

BY KATHERYN RATLIFF

in. We received permission from the school district to use the Marengo elementary school for this purpose. We started with the cafeteria room as a distribution center, and later were given four additional rooms to use as a warehouse. As semi-trucks arrived filled with new and muchneeded donated items, these were unloaded.

When we arrived in the town of Marengo, hardly anyone knew anything about the Adventist Church and its mission. That soon changed. The team, wearing bright yellow shirts and photo identification name badges, were soon easily recognized and appreciated.

A young mother came in to get supplies several times and we visited together. On one occasion she said, "You just don't how much this helps," and threw her arms around me. We *were* helping in this wide-open mission field.

One Sabbath Judy O'Bannon, wife of former Governor Frank O'Bannon, visited with us. She seemed to have knowledge of our program and toured our warehouse and distribution center. She gave us lovely compliments about our work for the residents of Marengo.

A Federal Emergency Management Agency representative came by as we were packing to go home and she remarked, "I have watched you work to help the people and it has been wonderful." She added, "There is an Adventist church not far from where I live; when I get home I'm going to make a donation to them."

The team was able to help 746 individuals during our 18-day stay. We were assisted by 259 volunteers, including 49 Adventists. The total number of hours donated by our organization was 1,715.

Jose Vazquez, Indiana Conference community service director, along with Clarence and Katheryn Ratliff, Indiana Conference disaster response coordinators, would like to thank Union and Conference leadership for their support, and each of the volunteers who gave so much to make the world a little brighter for Marengo residents.

Katheryn Ratliff is the Indiana Conference disaster response coordinator

Scholarship Winner Lives His Dream

Lake Region — It felt as if it were a dream. Perhaps one strong pinch would wrench me back to reality. I was sitting at a luncheon in Chicago while two very prominent men held a dialogue on a stage directly in front of me. One of the men, a passionate Baptist preacher, questioned the other snowy-haired distinguished gentleman. "If you could tell this group one thing," said the preacher, "what would it be?" The acclaimed white-haired gentleman pondered the question for a second.



Alvin Davis, Jr. met Jesse Jackson at an award ceremony where Davis received a \$5,000 scholarship. He is pictured to the right of Jackson shortly after receiving his award.

"There is no telling how many miles you will have to run while chasing a dream, but don't give up! Keep running!" The words coupled with the famous Arkansan accent streamed from the man's mouth and flooded my mind. *Keep running*, I thought to myself. Being an athlete, those words really impacted me. The dialogue continued and the noteworthy gentleman began to describe his humble and modest childhood. Looking around the Sheraton Hotel's ballroom, you would never guess that anything about this guy was obsequious. There were men resembling the "Men in Black" surrounding the stage and guarding every exit.

At the dialogue's conclusion, the Secret Service promptly ushered Bill Clinton, former United States president, off the stage. Then came my inauguration. Jesse Jackson called me and approximately 40 other students to the stage, and top executives from AT&T, Toyota, and McDonalds applauded us for being the recipients of \$5,000 college scholarships. At the program's conclusion, I spoke with Reverend Jackson. He congratulated me and told me to "keep pushing for excellence." I promised him that I would, and then I told him that he "would be hearing from me." His curious facial expression gave away the surprise that my statement caused. He reached to shake my hand, and when our hands embraced they did so in such a manner that the skin on my hand got pinched. I then knew that I wasn't in a dream. Instead, I was living my dream.

Alvin Davis, Jr. is a sophomore at Michigan State University and plans to attend Loma Linda University Medical Center after graduation. A member of the Highland Avenue Church in Benton Harbor, Michigan, Davis credits his achievement to God, quoting, "I can do all things through Christ who strengthens me" (Phil. 4:13).

Battle Creek Academy Student Receives National Honor

Michigan — James K. Quines, Jr., a student at Battle Creek Academy, has recently been selected for membership in The National Society of High School Scholars (NSHSS). The NSHSS invites only those students who have superior academic achievement and are among the top scholars in the nation. Membership to the NSHSS



James K. Quines, Jr.

is by invitation only and includes valuable benefits for members such as scholarships, networking, events, publications, and other unique opportunities. The announcement was made by Claes Nobel, the NSHSS honorary chair and a senior member of the Nobel Prize family.

"I congratulate James on this outstanding achievement and applaud the commitment to academic excellence," said Mr. Nobel. "The hard work and success of these exceptional young people will ensure a future generation dedicated to their communities and world betterment."

Michelle Cain, Battle Creek Academy public relations

Lakeland Church Honors Teachers and Volunteers

Wisconsin — The Lakeland Church in Minoqua, Wis., is the smallest church in the Wisconsin Conference to support a church school, yet it has an abundance of "faculty" for the ten children who make up the student body.

The Lakeland school closed its 2003-2004 school year with a special program to honor everyone who worked so hard to make the school year a success. Honored were: Ronald Wood, principal; Nancy Wood, volunteer;



Nancy Wood received an oak curio cabinet in appreciation for years of dedicated service.

Florence Beisker, volunteer; Jennifer Marquez, Spanish teacher; Angela Ronalds, music and choir teacher; and Sharon Kimball, Pathfinder leader.

Katie Rowe, a teacher at the Rhinelander School in nearby Rhinelander, Wis., was also honored for her dedication to the four children she taught during the 2003-2004 school year.

Nancy Wood, wife of Ronald Wood, was especially honored for the many years of faithful, unpaid service she has given to all the church schools where her husband has taught. She was presented with an oak curio cabinet from the church body and students.

Diane Petersen, Lakeland Church news correspondent

GRAA Holds First NHS Induction

Michigan — Grand Rapids Adventist Academy (GRAA) held its first annual National Honor Society (NHS) induction service on May 20, when five students were



These students are the first inductees into the newly-organized National Honor Society chapter at Grand Rapids Adventist Academy. From left: (back row) Kellee Krautwurst, Brittany Keith, Katie Hudson, and Nicole Smith; (front row) Eric Shull.

inducted into our local NHS chapter. It was an exciting evening both for the inductees and their parents. These students are starting a tradition for the school and setting an example for the rest of the GRAA students. From past experience, they will be setting the bar high.

> Kris Hatcher, GRAA development department student news writer

Lake Union Students Are Contest Winners

Lake Union — Teachers and education superintendents encouraged students to participate in the annual Healthy Lifestyle Contest sponsored by the North American Division (NAD) health ministries and education departments and *Listen* and *Winner* magazines.

The Healthy Lifestyle Contest is for students in grades 1–12 from schools in the United States, Canada, and Bermuda. The purpose of the contest is to motivate students to learn health principles that will benefit them for a lifetime and to apply their learning to benefit others in their community. Cash incentive awards are made available to winning students and their schools.

Student entries were first judged at the local conferences. Appealing to a variety of creative learning styles, judged categories included: posters, essays, videos, and computer-generated presentations. Winning entries selected were then submitted to the NAD health ministries department for review and winner selection.

The Lake Union was well represented in the final round of judging this year at the NAD. Lake Union winning entries came from three schools: Fox Valley Seventh-day Adventist School (FVS), Wis., Gobles Junior Academy (GJA), Mich. and Great Lakes Adventist Academy (GLAA), Mich.

When the judging was completed, over \$4,000 in prize money was returned to Lake Union students and schools as a result of the students' creativity in the contest.

Lake Union winning entries were:

Poster Winners

Christy Boothby, 3rd Prize, Grades 5-8 (GJA)

Tim Sanders, 2nd Prize, Grades 9-12 (GJA)

Speech/Video/Skit Winners

Audrey Briseno, 1st Prize, Grades 9-12 (GLAA)

"Sugartime" Skit, 3rd Prize, Grades 9-12 (GJA) Eli Tscheech, 3rd Prize, Grades 1-4 (FVS)

Essay Winners

Jessica Axe, 3rd Prize, Grades 5-8 (GJA)

Jerrica Goodrich, 2nd Prize, Grades 9-12 (GJA)

Matthew Mihm, 3rd Prize, Grades 9-12 (GJA)

Staci Shepard, 1st Prize, Grades 9-12 (CJA)

For more information about the contest, visit http://nadadventist.org/hm/shlc.

Diane Thurber, Lake Union Herald managing editor

WOMEN'S NEWS

Single Moms and Children Experience TLC at Timber Ridge Camp

Indiana — Twenty moms and their 36 children traveled from homes in III., Ind., and Mich. to experience a mini-camping vacation at the Indiana Single Moms' Retreat, held at Timber



Horseback riding was enjoyed by moms and their children.

Ridge Camp (TRC) in Spencer, Ind. The moms soon found that the long distance traveled was well worth



David and Marica Neuhauser (back row) volunteered to help the moms make beautiful flower arrangements for their homes.

the time and effort.

For five days, the moms got a break from the responsibilities and stresses they live with each day, while their children experienced all the camp activities with the Christian guidance and supervision of the camp staff. Moms and kids shared play time together and got time away from each other—the best of both worlds.



The children enjoyed meeting new friends at Timber Ridge Camp.

During the retreat the moms enjoyed shopping, dining out at the Olive Garden restaurant, creating beautiful handcrafted flower arrangements, fabric and pine cone wreaths, Christmas ornaments and ceramics for their homes, and other activities geared just for them. The highlight of the retreat for moms was on Friday afternoon when they experienced a "Day at

the Spa" provided by Patricia Thompson and the female camp counselors. They were treated to manicures, pedicures, massages, and facials. During this



Moms enjoyed a quiet meal at the Olive Garden restaurant while their children participated in activities back at camp.

time the TRC food service director indulged the ladies with fruit smoothies and fruit with chocolate fondue.

Moms made friends, found encouragement from one another, and learned how God has been ever present in their lives. Members of the Indiana Conference women's ministries committee shared their life experiences on Sabbath, bringing encouragement to the moms.

Jose Vazquez, an Indiana pastor, was "Camp Dad." He led out in vespers around the campfire each evening and provided the Sabbath morning sermon.

The TRC staff were outstanding examples of Christian love and service, and were positive role models for the moms and kids. We would like to express a heartfelt "Thank you!" to Charlie Thompson, youth director, and the entire TRC staff. To receive information about the 2005 Single Moms' Retreat, call the Indiana Conference at (317) 844-6201.

> Julie Loucks, Indiana Conference women's ministries correspondent

Adventist Addresses National Urban League Conference

Lake Region — Like Daniel of old, David R. Williams, a member of the Ypsilanti (Mich.) Church, has been placed by God among presidents and national leaders to get the word out about the importance of taking care of our bodies.

Williams is one of the nation's leading researchers on health disparities that Black Americans face. In this capacity, he advocates action



David R. Williams

and responsibility on the governmental and individual level by advising presidents, serving on nationally prominent councils, and speaking to professional and community groups.

Most recently, Williams was invited to speak on a panel at the National Urban League Conference, which drew a crowd of over 15,000 people.

Williams believes, "We have a job to do to get the word out that poor health is killing thousands of African-Americans each year."

Williams graduated from the Seventh-day Adventist Theological Seminary at Andrews University before completing studies in public health and sociology at Loma Linda University, and the University of Michigan, where he currently is a professor. He doesn't see a distinction between working in the religious arena and working in public health. He states, "The goal is the same, to improve the quality of life of the individual."

Through speaking appointments and interviews, Williams is able to expound on the value of a healthy lifestyle. In a recent interview he commented, "I grew up in a Christian family that emphasized that your body is the temple of the Holy Spirit. This meant that as a part of my service to God, I should avoid everything that was hurtful to my body and use that which is beneficial in moderation. We avoided the use of nicotine, caffeine, and alcohol and ate a diet that emphasized fruits, vegetables, and whole grains."

In addition to emphasizing what individuals can do to improve health outcomes, Williams highlights the need to improve the social and economic status of Black Americans, believing "the efforts we make to improve the health of one group of people can help improve the health of all."

Dare to be a Daniel in whatever situation God places you.

Portions of this article were adapted by Diane Thurber, Lake Union Herald managing editor, from a recent article in the Detroit Free Press, written by Cassandra Spratling, staff writer.

NAD NEWS

Sixth Annual Adventist Family Conference

The sixth annual Adventist Family Conference was held at the Seventh-day Adventist Theological Seminary at Andrews University, July 21–25. The theme for this year's event was "Families of Faith." Each year the North American Division family ministries leadership, in cooperation with the Adventist Association of Family Life Professionals and Andrews University, provide continuing education unit (CEU) credits and professional certification for lay leaders, pastors, counselors, therapists, social workers, graduate students, administrators, and other members of the community. Presentations are offered in both English and Spanish.

The academic program for graduate certification in family life education prepares professionals to work in church, community, and school settings to strengthen families through group teaching strategies that use redemptive processes and a focus on family strengths. Upon completion of the program, students are eligible to apply for certification by the National Council on Family Relations. CEU credits are also available through Griggs University.

This year's modules included: "Marriage Strengthening," "Communication," "Effective Family Ministries in the Local Church," "Anger and Conflict Resolution," and "Your Family as an Evangelistic Center." The featured speaker was Daniel Trathen, an adjunct professor at Denver Theological Seminary and a clinical member of the American Association for Marriage and Family Therapy.

Those interested may begin planning for the seventh annual Adventist Family Conference, July 21–24, 2005, where Barry C. Black, 62nd Chaplain of the United States Senate, will be the featured speaker. Chaplain Black will present "The Witness of Family."

For registration forms, visit www.adventistfamily ministries.org.

Gary Burns, Lake Union Herald editor

58th Annual General Conference Session

The General Conference Session is just under 12 months away! This gathering, to be held in St. Louis at the America's Center, will be representative of the 13.5 million-strong Adventist family from around the globe and will meet under the theme "Transformed in Christ."

Convening the Session will be Jan Paulsen, General Conference president, who shared his expectation that the meeting will be a "time of wonderful fellowship and spiritual refreshment." Referencing the theme of the St. Louis gathering, he said that it "provides the spiritual focus of the Session—it will be a celebration of what Christ has performed in our lives, and a reminder that we also have been called to be agents of transformation within our communities." In a certain sense the theme "Transformed in Christ" suggests an objective for Seventh-day Adventists to "transform the world," one church leader remarked.

The Session, to be held June 30 through July 9, 2005, is primarily a business meeting for the global church family. Denominational leaders are elected, church business is attended to, and policy decisions are often made. "Because the core 'business' of the Adventist church is proclaiming the Gospel of Jesus Christ, the challenge will permeate activities at the St. Louis 2005 convocation," Paulsen said. He continued, "At the heart of all that we will do, and all our decision-making, there is really only one objective: to better prepare and equip our church for the mission God has given us. We are essentially a witnessing community living in anticipation of the return of our Lord, Jesus Christ."

Organized by the General Conference of Seventhday Adventists, the highest administrative body in the church's worldwide system, the quinquennial world Session will be the 58th since its first General Conference Session in 1863. The St. Louis convocation marks the first time Adventists have held their worldwide gathering in the United States in 15 years. Daily attendance at the event is expected to average more than 10,000 people; on the two weekends, more than 70,000 are expected to attend. Some 2,000 voting delegates from all over the world will gather at the America's Center in downtown St. Louis to participate in meetings that will determine many of the church's administrative actions for the next half decade. They will receive reports on the church's growth in those parts of the world where the Christian message is "reaching the unreached," and have the opportunity to meet fellow believers and church workers from other lands.

The meetings are open to the general public. Join church leaders in prayer for this event, and plan to experience the Session with your family. It will strengthen your faith.

This article was adapted by Diane Thurber, Lake Union Herald managing editor, from GC Session News, the official bulletin issued by the General Conference communication department.

GC Session Web Site Visit the official Session Web site: www.gcsession.org for the following helpful information: 8-page, full color Session brochure Airline discounts Ground transportation Campgrounds and RV Parks Handicapped access Hotel reservations Maps Meals **Medical services** St. Louis-area information Special events and more... _ouis 20(Seventh-day Adventist Church www.gcsession.org

MILEPOSTS

Within the Lake Union the officiating pastor or church communication leader is responsible for submission of information to this column. Forms are available in print format, or they can be filled out and submitted directly online. Milepost forms are available at **luc.adventist.org/herald/herald-submit.html**. Conference addresses and phone numbers are in the masthead on page 43.

WEDDINGS

ERIN M. TARNACKI AND GREGORY B. BLAISDELL were married June 6, 2004, in Warren, Mich. The ceremony was performed by Pastor Paul Larsen.

Erin is the daughter of Conrad and Margie Tarnacki of Sterling Heights, Mich., and Gregory is the son of Warren and Rhonda Blaisdell of Cedar Lake, Mich.

The Blaisdells are making their home in Sterling Heights.

ANN E.J. MOSHER AND WILLIAM H. CORDIS were married July 4, 2004, in East Lansing, Mich. The ceremony was performed by Pastor Roy Castelbuono.

Ann is the daughter of Robert C. and Marijane Mosher of Haslett, Mich., and William is the son of Willard and Artine Cordis of Goldendale, Wash.

The Cordises are making their home in Collegedale, Tenn.

HEATHER C. CLAY AND ALBERTO D. REYES were married July 18, 2004, in Grand Rapids, Mich. The ceremony was performed by Pastor David Glenn.

Heather is the daughter of Donald and Carol Clay of Lowell, Mich., and Alberto is the son of Alberto Reyes of Chicago, Ill., and Charisse and Hesham Risk of Chicago.

The Reyeses are making their home in New Brunswick, Maine.

OBITUARIES

ANDERSON, EDNA J. (TAYLOR), age 79; born Mar. 23, 1925, in Centerville, Tenn.; died May 30, 2004, in Tampa, Fla. She was a member of the Pioneer Memorial Church, Berrien Springs, Mich.

Survivors include her daughters, Jacinta Davis, Kimberlyn Cole, and Pamela Crawford; brother, Richard Taylor; sisters, Rachel Anderson, Mary Graham, and Vinmoor Logan; 11 grandchildren; and one greatgrandchild.

Edna Anderson's body was donated to the Anatomical Board of Florida in Gainesville, which is a part of the University of Florida.

FATTIC, GROVER R., age 89; born Apr. 18, 1914, in Madison, Wis.; died Dec. 29, 2003, in Niles, Mich. He was a member of the Niles Westside Church.

Survivors include his wife, Hazel G. (Hanson); sons, Richard G. and Douglas A.; four grandchildren; and one great-grandchild.

Funeral services were conducted by Pastor John Abbott, and interment was in Rose Hill Cemetery, Berrien Springs, Mich.

GARRETT, BEATRICE A. (WARRICK), age 84; born May 8, 1920, in Des Moines, Iowa; died June 13, 2004, in Markham, Ill. She was a member of the New Heights Church, Markham.

Survivors include her son, Dennis L.; daughters, Donna R. Davis, Norma J. Howard-Lewis, and Ardis W. McGill; sister, Loretta Walker; 15 grandchildren; 22 great-grandchildren; and one great-great-grandchild.

Funeral services were conducted by Robert Tolson, Leon George, and Wayne Odle, and interment was in Mt. Glenwood Cemetery, Glenwood, Ill. HARTMAN, ROSALIND S. (BOND), age 90; born Apr. 2, 1914, in Healdsburg, Calif.; died June 6, 2004, in Berrien Springs, Mich. She was a member of the Pioneer Memorial Church, Berrien Springs.

Survivors include her son, Ronald; daughter, Cynthia Burrill; five grandchildren; and eight great-grandchildren.

Funeral services were conducted by Pastor Dwight Nelson, and interment was in Rose Hill Cemetery, Berrien Springs.

HENN, MAGDALENA (WITTMAN), age 91; born Feb. 1, 1913, in Yugoslavia; died Apr. 26, 2004, in Corunna, Mich. She was a member of the Owosso (Mich.) Church.

Survivors include her sons, Rudy, Phillip, and Helmut; four grandchildren; and six great-grandchildren.

Funeral services were conducted by Elder Marshall McKenzie, and interment was in Pine Tree Cemetery, Corunna.

JORDAN, TODD C., age 33; born Jan. 5, 1971, in Berrien Springs, Mich.; died May 25, 2004, in St. Joseph, Mich. He was a member of the Pioneer Memorial Church, Berrien Springs.

Survivors include his wife, Davka I. (Aparicio); daughters, Karen M., Gabriella N., and Catherine M.; father, James R. Jordan; mother, Carol L. (Nash) Jordan; brother, Michael "Micki"; and sister, Asha M. Jordan.

Funeral services were conducted by Pastor Glenn Russell, and interment was in Rose Hill Cemetery, Berrien Springs.

KELLER, HELEN L. (WOODWARD) HUTTON, COBB, age 92; born Mar. 26, 1910, in Indianapolis, Ind.; died Oct. 12, 2002, in Bedford, Ind. She was a member of the Bedford Church. Survivors include her son, Gary R. Cobb; daughters, Koleeta F. Tonkin and Patsy J. Roberts; nine grandchildren; and several great- and greatgreat-grandchildren.

Funeral services were conducted by Rev. James Woodward, and interment was in Cresthaven Memorial Garden Cemetery, Bedford.

KELLER, STEPHEN, age 95; born Mar. 17, 1905, in Arsodorf, Romania; died Dec. 26, 2000, in Bradenton, Fla. He was a member of the Bedford (Ind.) Church.

Survivors include his wife, Helen L. (Woodward) Hutton, Cobb; stepson, Gary R. Cobb; stepdaughters, Koleeta F. Tonkin and Patsy J. Roberts; nine step-grandchildren; and several step-great- and greatgreat-grandchildren.

Funeral services were conducted by Pastor Robert Helm and Rev. James Woodward, and interment was in Cresthaven Memorial Garden Cemetery, Bedford.

KNIGHTS, STANLEY, age 77; born May 5, 1927, in Kokomo, Ind.; died July 6, 2004, in Kokomo. He was a member of the Kokomo Church.

Survivors include his wife, Kathleen L. (Lorenz); sons, Terry R., Jeff W., and Steve L.; daughters, Jennifer S. Tworog and Diane L. Knights; sister, Minnie M. Wandell; seven grandchildren; and five greatgrandchildren.

A pictorial memorial service was conducted by family members, and inurnment was in Sunset Memory Gardens, Kokomo.

MIKELS, THELMA L. (KIRKMAN) MEADOWS, age 79; born Jan. 24, 1921, in Springville, Ind.; died Jan. 14, 2001, in Bedford, Ind. She was a member of the Bedford Church.

Survivors include her husband, Claude; sons, Dale E., Laverne J., and Jerry Meadows; daughter, Judy Sullivan; brother, Lester Kirkman; sisters, Marjorie Koontz, Bernice Noel, and Mavis Stafford; 12 grandchildren; 36 greatgrandchildren; and five greatgreat-grandchildren.

Funeral services were conducted by Rev. Wendell Phillips, and interment was in Rainbolt-Byers Cemetery, Springville.

PHILLIPS, MURIEL A. (GIBBS), age 89; born Oct. 8, 1914, in Maple Plain, Minn.; died May 29, 2004, in Urbana, Ill. She was a member of the Stewardson (III.) Church.

Survivors include her husband, Frank H.; stepsons, Ray D. and Floyd L. Phillips; stepdaughters, Esther J. Lucas, Frances J. Mehner, and Olive M. Dibble; eight stepgrandchildren; and seven step-great-grandchildren.

Funeral services were conducted by Pastor Tom

Ferguson, and interment was in Dodge Grove Cemetery, Mattoon, Ill.

PROCTOR, EMMA B. (KAYTOR), age 87; born Oct. 12, 1916, in Quinton, Saskatchewan, Canada; died May 19, 2004, in St. Joseph, Mich. She was a member of the Pioneer Memorial Church, Berrien Springs.

Survivors include her sons, Garry and Derrick; brothers, Alex, Gordon, and Tony Kaytor; sisters, Ann Lennox and Susan Dennison; six grandchildren; and seven great-grandchildren.

Funeral services were conducted by Pastor Peter VanBemmelen, and interment was in Rose Hill Cemetery, Berrien Springs.

ROBERTS, PATSY J. (HUTTON), age 68; born Sept. 30, 1934, in Bedford, Ind.; died Nov. 9, 2002, in Bradenton, Fla. She was a member of the Bedford Church.

Survivors include her son, John D.; daughter, Sue Ann Alvord; half-brother, Gary R. Cobb; sister, Koleeta F. Tonken; seven grandchildren; and five great-grandchildren.

Memorial services were conducted by Pastor Robert Helm, and interment was in Goodearth Cemetery, Bradenton.

ROGERS, PATRICIA (ROYALS), age 69; born Feb. 20, 1935, in River Rouge, Mich.; died May 8, 2004, in Wyandotte, Mich. She was a member of the Ecorse (Mich.) Church.

Survivors include her sons, Anthony, Robert, Cyril, and Joel; daughters, Andrea Whitehead, Leslie Smith, and Gretchen Meeks; and 11 grandchildren.

Funeral services were conducted by Pastor William E. Hughes and Elder Fred A. Norris, Jr., and interment was in Westlawn Cemetery, Wayne, Mich. **TUBBS, MARY O. (ALBRIGHT),** age 89; born Nov. 8, 1913, in Kentucky; died Nov. 23, 2002, in Bedford, Ind. She was a member of the Bedford Church.

Survivors include her son, James; one grandchild; and four great-grandchildren.

Funeral services were conducted by Pastor Robert Helm, and interment was in Church of Christ Cemetery, Fayetteville, Ind.

WOLCOTT, NANNETTE, age 54; born July 12, 1949, in Grand Haven, Mich.; died May 12, 2004, in Fort Wayne, Ind. She was a member of the Fort Wayne First Church.

Survivors include her sister, Breta White.

Memorial services were conducted by Pastor Carmelo Mercado, with private inurnment.



CLASSIFIED ADS

All ads must be sent to your local conference for approval. No phoned ads will be accepted. Allow at least eight weeks for publication. Fifty words maximum. No limit of insertions. Rates: \$25 per insertion for Lake Union church members; \$35 per insertion for all others. A form is available on **luc.adventist.org/herald/ herald-submit.html** for printing out and filling in your ad. Ads must be prepaid. Make money order/check payable to the Lake Union Conference. There will be no refunds for cancellations. The *Lake Union Herald* cannot be responsible for advertisements appearing in its columns, and reserves the right to edit ads in accordance with editorial policies. The *Lake Union Herald* does not accept responsibility for typographical errors.

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Lake Union Conference Tithe Comparison Year-to-date

	20	Sappaths endi	ng June 30, 2004, cor	npared to 26	Sappaths ending	June 30, 2003			
Number of Members:					Increase %			Average Tithe Per Member	
/04	12/31/02	Conference	2004	2003		Inc. – Decr.	2004	2003	

	3/31/04	12/31/02	Conference	2004	2003	–Decrease	Inc. –Decr.	2004	2003
	12,483	12,205	Illinois	4,540,869	4,559,861	-18,992	-0.42%	363.76	373.61
	6,702	6,619	Indiana	3,028,879	2,993,202	35,677	1.19%	451.94	452.21
	26,990	26,065	Lake Region	4,960,918	5,424,968	-464,050	-8.55%	183.81	208.13
	24,632	24,489	Michigan	12,550,180	12,537,499	12,681	0.10%	509.51	511.96
	<u>6,706</u>	<u>6,648</u>	Wisconsin	<u>2,790,519</u>	<u>2,728,164</u>	<u>62,355</u>	<u>2.29%</u>	<u>416.12</u>	<u>410.37</u>
	77,513	76,026	Totals	\$27,871,365	\$28,243,694	-\$372,329	-1.32%	\$359.57	\$371.50
Average Weekly Tithe:			kly Tithe:	\$1,071,976	\$1,086,296	-\$14,320	-1.32%		

Sunset Calendar							
	Sep 3	Sep 10	Sep 17	Sep 24	Oct 1	Oct 8	
Berrien Springs, Mich.	8:19	8:07	7:54	7:42	7:29	7:17	
Chicago	7:23	7:11	6:59	6:47	6:34	6:22	
Detroit	8:05	7:53	7:41	7:29	7:16	7:04	
Indianapolis	7:15	7:04	6:52	6:41	6:29	6:17	
La Crosse, Wis.	7:40	7:27	7:14	7:01	6:48	6:35	
Lansing, Mich.	8:13	8:01	7:47	7:35	7:21	7:08	
Madison, Wis.	7:31	7:19	7:07	6:54	6:41	6:28	
Springfield, Ill.	7:29	7:18	7:07	6:55	6:43	6:32	

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ADVENTIST HEALTH is starting an Adventist newsletter for parish nurses/health ministers. The premier issue is planned for fall 2004. To receive your copy, send your name, address, and phone number to Parish Nursing, 2100 Douglas Blvd., P.O. Box 619002, Roseville, CA 95661-9002; phone: (916) 781-4691; or e-mail: BlomeME@rsvl.ah.org.

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ANDREWS UNIVERSITY seeks accounting teacher, beginning July, 2005. Applicants must be Adventists, hold an accounting doctorate, and be committed to research. Submit résumé to Dr. Leonard Gashugi, School of Business, Andrews University, Berrien Springs, MI 49104-0024; phone: (269) 471-3581; or e-mail: gashugi@andrews.edu.

ANDREWS UNIVERSITY seeks finance teacher, beginning July, 2005. Applicants must be Adventists, hold a finance doctorate, and be committed to research. Submit résumé to Dr. Leonard Gashugi, School of Business, Andrews University, Berrien Springs, MI 49104-0024; phone: (269) 471-3581; or e-mail: gashugi@andrews.edu.

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Ask your Adventist Book Center® About October's Book of the Month

ANNOUNCEMENTS

Churches, schools, conferences, institutions, and organizations may submit announcements to the *Lake Union Herald* through their local conference communication directors. An easy way to do this is to visit the *Lake Union Herald* Web site at **luc.adventist.org/herald/ herald-submit.html** and submit the announcement online. Readers may verify dates and times of programs with the respective sources, as these events are subject to change.

ANDREWS UNIVERSITY

25%

Sept. 19—Junior voice recital of Irina Pica, 4:00 p.m., Howard Performing Arts Center; Oct. 3—The first of our Howard Series will feature Christopher Parkening, one of the world's preeminent virtuosos of the classical guitar, at 4:00 p.m. in the Howard Performing Arts Center. For any further information on the Howard Series, contact the Howard Performing Arts Center at (269) 471-3561; Oct. 10-Second Sunday Series, 4:00 p.m., Howard Performing Arts Center; Oct. 16-A.U. Symphony Orchestra, under the direction of Dr. Claudio Gonzalez, 8:00 p.m., Howard Performing Arts Center.

CAMPUS MINISTRIES AND PIONEER MEMORIAL CHURCH (PMC) WILL BE HOLDING THE SECOND ANNUAL MINISTRY FAIR SEPT. 10-11. Last year's Ministry Fair began as an idea to provide ministry opportunities to the students of Andrews University and quickly grew to include the ministries of PMC as well as local community ministries. In the end, 63 ministries gathered in the church along with a couple thousand potential volunteers. This year the Ministry Fair will be expanded to include other local area church ministries as well as conference-wide ministries. Come visit us and sign up to do God's work. The Fair will be held in the Pioneer Memorial Church **Sept. 10** at 7:30 p.m., and **Sept. 11** at 11:30 a.m.

ILLINOIS

WOMEN'S MINISTRIES RETREAT: "Wellspring," a retreat for your heart, mind, and body, will be held **Sept. 24–26**. The retreat features guest speaker Gwen Foster, the health czar for the city of Philadelphia, and will be held at the Lindner Conference Center and the Embassy Suites Hotel in Lombard, Ill. To register, call Sarah Aragon at (708) 596-2000 ext. 2404; or visit our Web site: www. illinoisadventist.org.

INDIANA

HOOSIER SINGLES' FALL RETREAT: Join Adventist singles from the Lake Union for a weekend retreat at Timber Ridge Camp in Spencer, Ind., Sept. 24–26. For further information, call Marcia Baker, Hoosier chapter president, at (812) 866-4301.

ABC OPEN HOUSE: Stop by the Indiana ABC, located at 24845 State Rd. 19 in Cicero, for special savings **Sun., Sept. 12 thru Tues., Sept. 14.** For further information, contact Lloyd Jacobs toll free at (866) 222-6687; or send e-mail to: Indiana.ABC@verizon.net.

LAKE UNION

OFFERINGS:

 SEPT. 4 Local church budget
SEPT. 11 Fall mission appeal
SEPT. 18 Local church budget
SEPT. 25 Local conference advance

THIRTEENTH SABBATH: Southern Asia Division

SPECIAL DAYS:

SEPT. 4 Men's Day of Prayer SEPT. 5–11 Nurture Periodicals SEPT. 12–18 Family

Togetherness Week SEPT. 19–25 Hispanic Heritage Week

MICHIGAN

THE MICHIGAN BOARDING ACADEMIES ALUMNI ASSOCIATION invites all graduates/attendees and former staff of Adelphian, Cedar Lake, Grand Ledge, and Great Lakes Adventist Academies to the 2004 Alumni Weekend to be held Oct. 8-10 on the campus of Great Lakes Adventist Academy. The honor classes are 1954, '64, '74, '79, and '84. This year's theme, "Learning From the Great Teacher," will celebrate what we have learned in the past as well as look to the future. For more information, please contact Skip Hann, alumni director, at (989) 427-5181; e-mail: alumni@glaa. net; or check our Web site at www.glaa.net.

NORTH AMERICAN DIVISION

BALTIMORE JUNIOR ACADEMY'S 89TH ALUMNI WEEKEND, "Revitalize, Restore," Revamp, will place **Sept**. 24-26. take The weekend features Friday vespers with current academy students and Sabbath services with U.S. Senate Chaplain Barry C. Black. Saturday evening will include a mini-concert and gala social, including an awards ceremony. Sunday morning there will be an alumni constituency meeting. Call (410) 664-0384 for more information.

THE NATIONAL ASSOCIATION OF ADVENTIST DENTISTS (NASDAD) helps provide supplies and equipment to our dental mission clinics overseas, as well as other humanitarian projects. NASDAD will be holding its annual meeting **Sept. 29–Oct. 2**. Dentists and hygienists are invited to attend the meetings and to perhapsjoin our organization. For more information, call (909) 558-4607.

DAKOTA ADVENTIST ACADEMY, BISMARCK, N.D., ALUMNI WEEKEND: Come and reminisce with old school friends from DAA/ PVA/SRA the weekend of Oct. 1–3. Honor classes are 2000, 1995, '85, '80, '75, '65, '55, '50, '45. If you have any questions, contact Roger Boyko, alumni president, at (701) 448-2884.

SUNNYDALE ADVENTIST ACADEMY ALUMNI WEEKEND, Oct. 1–3. Honor classes are 1954, '64, '74, '79, '84, '89, and '94. The Silver Showcase will begin Thursday evening, Sept. 30. For more information, please call (573) 682-2164.

TAKOMA PARK (MD.) CHURCH CELEBRATES CENTENNIAL: All former members and friends are invited to join this special event, Oct. 7–9. Worship services and programs will be held jointly with the General Conference Fall Council, as in days past. Friday evening, 7:30 p.m., will be a musical drama. Jan Paulsen, G.C. president, will be preaching at the Sabbath morning service. There will be a Global Mission presentation in the afternoon. For more information, visit our Web site, www.takomaparksda. com, and better yet—plan to attend!

THE SOUTHERN UNION MEDICAL/ DENTAL RETREAT will be held at the Park Vista Hotel in Gatlinburg, Tenn., Oct. 14– 17. Featured speaker is Doug Batchelor of Amazing Facts. Continuing education credits for physicians, dentists, and optometrists are available. A golf tournament will be held on Friday morning. For further information, call (678) 420-1442. ATLANTIC UNION COLLEGE'S APRIL 2005 ALUMNI WEEKEND includes an AUC Aeolian reunion. If you are a former AUC Aeolian, please contact the Alumni Relations office to make sure we have your address and contact information. Alumni weekend notifications will be sent out soon with all the details. To update your contact information, call (978) 368-2340; or e-mail: aandrade@atlanticuc.edu or hpires@verizon.net.



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Young Adults Speak Their Mind

PREACH THE GOSPEL... And If Necessary, Use Words

BY ANNA PARK

As I walked along the halls of the church, I noticed some posters hanging on the walls. These were not just any posters, they were inspirational posters—posters that had something positive or uplifting to say, posters that portrayed beautiful nature scenes and had words of praise to God on them.

I read each one; some I glanced lazily at, while others I analyzed carefully. Then one caught my attention. It said, "Preach the gospel to all the world and if necessary, use words." This was one that I read and reread. I didn't fully understand the depth of the words but felt there was a hidden meaning. It was not until I went on a mission trip to Mexico that I finally grasped the message of that poster.

I had been on mission trips before, but this one was different. I

"Helping the kids wasn't an easy thing, but it was quite rewarding in the end," stated Anna, pictured in the foreground assisting children with arts and crafts projects.

traveled to Nuevo Laredo, Mexico, with the Chicago-Westmont Korean youth group, to hopefully touch the lives of the people there and share God's love with them.

When we arrived, our goals seemed easier said than done. Most of us had only a few

years of Spanish, with me being the most unqualified to speak it. Throughout the week, the only Spanish words I could understand or say seemed to be at the level of a six-year-old child. Even with the heavy language barrier and my very poor pronunciation of words, we somehow got our message of

> Christ through. It was like a sermon without words. Instead, it was a sermon of actions. Our smiles, hugs, gestures, and even eye signals gave way to what we were trying to tell them.

It was in Mexico that I learned how powerful actions really are. Even with a different language and culture, God's Word and the Gospel of Christ could still be shared. This is what true witnessing to all the world is about. And Jesus knew this, too. He didn't just preach



Anna Park is second from left with other participants and helpers of the Mexico mission trip.

with words all the time. Most of the time, Jesus shared God's love for the people through His very own actions.

This realization hit me even harder when I thought about the message on that poster. This was what the hidden meaning was!

I went back to the church to see the poster that intrigued me, but couldn't find it. It was okay, the words were no longer only on that poster anymore—they were written on my heart.

Anna Park is a senior at Hinsdale Adventist Academy where she has attended since fourth grade. She hopes her article will "help others realize the power of witnessing through our actions." She will receive a \$100 scholarship for having her article selected for this column.

Profiles of Youth

Sherelle J. Palmer has attended Peterson-Warren Academy (PWA) since pre-school. Born in Garden City, Mich., Sherelle is the daughter of Debra and James Palmer, III.





Sherelle has received four Who's Who Among High

School Students awards, the President's Award for Educational Excellence, the Michigan State University Journalism Workshop Head of the Class Award, the United States National Achievement Award for Mathematics, and was inducted into the National Honor Society.

Sherelle's favorite class is journalism, and she has shared her writing skills as a reporter for the PWA *Mustang Express* newspaper and as a participant in the Detroit Journalism Olympics.

Sherelle has served as president of the junior class, vice president of the senior class, and has been involved in community service.

She unselfishly recognizes the assistance of others in her accomplishments and generously grants appreciation to her teachers, her parents, and most importantly to God.



Jonathan Taylor has also attended Peterson-Warren Academy for his entire education. Born in Rockville, Md., Jonathan is the son of Tonya Anderson and Andre Taylor.

Jonathan was the co-president of the Student Association and has been a member of the school band and choir since middle school, participating in Music

Camp at Andrews University for the past four years.

A National Honor Society member, Jonathan is a focused and goaloriented young man. He was awarded a full four-year scholarship to Wayne State University, in Detroit, Mich., and a partial scholarship to Lawrence Technological University in Southfield, Mich. He received the ACT Scholarship and Recognition Award for his performance on the ACT test and the MEAP Scholarship, in addition to monetary awards from Andrews University and Oakwood College.

Jonathan has chosen to continue his Christian education at Oakwood College in Huntsville, Ala., where he plans to pursue a career in music and architecture. Jonathan believes "learning of any kind is very valuable, but learning within a God-fearing, Christian environment is priceless."

Teachers at PWA wish Jonathan and Sherelle continued blessings from God as they venture out, making their mark in this world and in the New Kingdom.

Address Correction

Members from the Illinois, Michigan, and Wisconsin conferences should now contact their local conference membership clerks directly for all *Lake Union Herald* address changes. Members of Indiana and Lake Region conferences and paid subscribers should continue to contact the *Lake Union Herald* office with their address changes. Contact phone numbers are listed below for your convenience, and addresses are listed to the right. **Illinois:** (630) 734-0922, ext. 1203

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A suicidal caller breathes new life into a mission statement.

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Tiffany, Emergency Department night shift coordinator at Colorado's Littleton Adventist Hospital, talked, listened, and even managed to draw a laugh from the woman traveling in the dark. Although she had no formal training in suicide counseling, Tiffany focused on the caller as if she were talking to an old friend.

"I definitely felt like God was behind me, helping me

have a clear head and to know exactly what to say to her," recalls Tiffany. Her concern made an impression and her prayers established a connection. She gave the caller directions to the nearest hospital and kept the stranger occupied until she made her way to safety.

"When you have a conversation that helps save the life of somebody who needs help at the time, it all comes together," says Tiffany. "You realize you don't actually have to read the mission statement every day to have it in your heart."

The love and compassion of Christ's healing ministry

continues each day through the work of Adventist Health System. With a mission like this, there's a place for someone like you.

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