

Missionary Worker.

Vol. 6.

LONDON, WEDNESDAY, APRIL 30, 1902.

No. 17.

THE KETTERING GOOD HEALTH SCHOOL.

THE Good Health School held in Kettering, April 14 to 17, was well attended from the start, and successful to a marked degree in awakening the public attention. We trust that it is only the beginning of a very extensive movement in bringing the principles of health before the masses of the people.

Dr. A. B. Olsen and Mrs. Homer R. Salisbury conducted the school. Two sessions were held daily, the programme of work being as follows:—

MONDAY, April 14, 2:30—

"Foods, their value, preparation, and combination."

A cookery demonstration showing how to prepare fruit toasts.

Mrs. Wm. Meadows presiding.

8 P.M., Lecture on "Diet,"

Rev. Lusty, presiding.

TUESDAY, 2:30—

Lecture, "Unleavened Breads: their Advantages."

Demonstration showing how to prepare Rolls and Puffs; also Caramel Cereal.

Lecture on "Healthful Dress,"

Mrs. F. R. Lane, presiding.

8 P.M. Lecture on "Digestion,"

Rev. A. I. Greaves, presiding.

WEDNESDAY, 2:30—

Lecture, "Wholesome Substitutes for Flesh Foods."

Demonstration showing the preparation of Lentil Roast and Protose Roast.

Talk on the use of fomentations, and demonstration showing how to prepare and apply them.

Mrs. G. Page, presiding.

8 P.M. Lecture, "Physical Culture."

Rev. G. Hepplewhite, presiding.

THURSDAY, 2:30—

The harmfulness of pastries as usually made.

Demonstration showing the preparation of hygienic cakes and pastries,

How to catch a cold, and how to cure it, with demonstration of treatment.

Miss Lammie, presiding.

8 P.M. Lecture, "Rational Remedies: How to Use them,"

Mr. Owen Robinson, presiding.

These meetings were held in the Temperance Hall, centrally located, and with a seating capacity of two hundred. The attendance at both afternoon and evening meetings was good from the start, and steadily increased. There were seventy ladies present the first afternoon, and twice that many the last afternoon. The hall was full every night, and packed the last night, with some standing.

As will be seen from the programme, the general aim of the school was to set forth in a simple, practical manner the most important principles underlying the Good Health movement, and to show the public how these principles may be carried out in the daily life. The evening lectures were given by Dr. Olsen; the afternoon exercises were in the charge of Mrs. Salisbury, assisted by the Doctor. The demonstrations in healthful cookery, which gave the ladies an opportunity to see just how the foods were prepared, and also to sample them, were highly appreciated, as well as the instruction showing how to treat simple ailments by the use of the fomentation and other hydropathic remedies. Mrs. Salisbury's training as a nurse in the Battle Creek Sanitarium enabled her to give very efficient help in these matters.

It should not be overlooked that the splendid success of this school was due in large part to the thorough-going preparations made for it by the friends of the health principles in Kettering, notably Brother D. Redhead, and his friend, Mr. G. Archie Smith. These gentlemen took hold of the matter in earnest, giving freely of their time to visiting prominent citizens and laying the enterprise before them. Thus they secured as Chairmen some of the leading people of the place, who could give character to the school. In fact they inaugurated a systematic campaign for bringing the Good Health School to the notice of the citizens of Kettering, and their efforts were highly successful. The hearty response on the part of the people speaks

well for the interest of the British public in health principles. Not only was the attendance good, but the collections taken up were sufficiently liberal to meet the expenses. Moreover, aside from the education received in the general carrying out of the principles, quite a number of disciples were made as a result of the school. Some joined the ranks of the total abstainers; others went still farther and decided to give up tea and coffee and flesh meats.

GLASGOW, SCOTLAND.

THE work is still moving forward here. Sabbath, April 5, we celebrated the ordinances of the Lord's House, and all present found the promised blessing in doing these things. The Lord came very near to us, and taught us that the way to true exaltation is through the door that opens into the service of humility.

On the Sunday following we had a good attendance at our evening service. We are studying the Gospel according to Daniel, and the Lord is revealing to us the power of His salvation.

Monday, April 7, Brother O. A. Olsen visited us, and during his stay conducted three services, and visited many of our people and interested ones. The Lord blessed in a special way, and came very near to us as His servant unfolded the sacred truths of God's Word.

We are arranging for a baptismal service in two weeks from now. Several precious souls who have repented and turned from their sins, are desirous of following their Lord in this Divine ordinance.

HARRY ARMSTRONG.

NORTH LONDON AND FOREST GATE.

THURSDAY, April 17, I returned from my Northern tour, grateful for the blessings experienced on the tour and glad to find the work prosperous at this important centre.

Sabbath I enjoyed the privilege of meeting with the North London Church, and spoke to them of some of our experiences on the tour, and the present demands for earnest and consecrated activity in the work.

Sunday I went over to Forest Gate, where a special meeting for prayer and seeking the Lord had been called by Brother Champness. The meeting was well attended, especially in the afternoon and evening. The place was solemn on account of the presence of the Holy Spirit. Many bore testimony to the praise of God in deliverance from the power of sin. I was glad to be present during a part of the time, and rejoice in the good work that is in progress at Leytonstone and Forest Gate.

In the evening I returned, and led the meeting at Duncombe Hall. Here, too, we had an interesting and profitable meeting.

O. A. OLSEN.

SISTER EMILY GRESSWELL (Darby) writes to Brother Sisley: "I have just told a few of my subscribers about the material fund for C. O. L., and have been surprised to see the readiness with which they respond. Inclosed find ten shillings gathered in this way." Possibly others may have similar experiences.

A GOOD TIME.

DURING the past four weeks Brother Ballenger has been holding meetings at Wellingborough, and we as a church have been grateful to God for sending him, as we had about lost our first love, and a deadness had come over us, so that our spiritual life was at a very low ebb. Brother Ballenger toiled on faithfully for almost three weeks before anything very definite was seen. Then God in His mercy began to give us a spirit of confession. Little things that had been a great hindrance to us were gladly put away, and the spirit of love and harmony came in.

As I am well known by many of our people, I wish to bear my humble testimony to God's power to save. I have never seen the truth with such force as in these last few weeks. I have often wondered if, after all, it was possible to be dead to self, and alive in Christ. Now I know it is, and praise His blessed name that He is able to keep that which we commit to Him. I am trusting my all to Him, and He fills me with His love. There is no place now for hatred or evil thoughts; nothing but love for the brethren and sisters. Indeed all things are become new. Now I know what Acts i. 8 means as never before, and that as I go to speak to others beside our own people. Only a week ago I had the privilege of speaking to between four and five hundred people, and God gave freedom in presenting His word on that occasion. About two hundred stayed to the after prayer meeting. O, that I had received this blessing before! It has been waiting for me.

Now we had what I call our first meeting last Sabbath. We desire to forget many of the things of the past. God came very near to us, and it seemed as though heaven was nearer than ever before. Testimonies were borne of victory through the keeping power of God. I am convinced that the truth is going to advance with greater power, and as a church we must keep step with it.

May God bless His faithful worker as He goes forth with His heart filled and yearning for the salvation of souls. And when the work is all over, may many from Wellingborough be among those who shall say: "Lo, this is our God; we have waited for Him, and He will save us."

GEORGE HAWKINS,
Leader Wellingborough Church.

Canvassers' Weekly Report.

Territory.	Agent's Name.	Hrs.	Ordrs.	P & P	Gt. C.	B. R.	H H B	Man.	Guide	C.O.S.	Steps	C.O.L	Lig'ts	Small Books	Total Value. £ s. d.	Books Del.
Kirkcubrightshire Hamilton,	Brown, Wm. Bleasby, J. G.	26	32							30		2			4 3 0	
Falkirk, Newport, I.W. Chelmsford,	Cair, Miss E. Loal, Mrs. Brown, Miss M. Sparkes, Miss A.	23	12													
Belfast, Neath, Ulceby, Barnsley, Birkenhead, Merthyr, London, N.	Hanna, Miss M. Parry, Mrs. Short, G. W. Freeth, A. E. Gillatt, J. Roach, A. Nickels, G. Niner, Miss Rodd, A. Brown, E. Brown, S. Joyce, Mrs. Shorley, H. A. Pike, Thos. Mussen, R. Longstreeth, L. Buxton, W.	58 11		11										58	2 18 0 4 6 6	
	Warnock, Miss E. McClelland, D. Johnson, A. C. Wood, A. King, W. Pickard, J. Buchman, E. Hastie, A. Crick, Miss A. O'Mara, P. Dyer, C. Liney, G. H. Lamie, R. M. Lake, W. L. Buckland, R. Strope, A. T. Hart, R. G. Hussey, M. Howard, C. J. Clarke, H. D. Johnson, J. Sundry,	12 7 13			12		13					7			4 10 0 1 8 0 12 8 6	
Lisburn, Maesteg, Shildon, Ebbw Vale, Pontnewynydd, Swansea, Larkhead, Birkenhead, Bells Hill,	McClelland, D. Johnson, A. C. Wood, A. King, W. Pickard, J. Buchman, E. Hastie, A. Crick, Miss A. O'Mara, P. Dyer, C. Liney, G. H. Lamie, R. M. Lake, W. L. Buckland, R. Strope, A. T. Hart, R. G. Hussey, M. Howard, C. J. Clarke, H. D. Johnson, J. Sundry,	5 34	6 41							41					1 4 0 4 8 3	9
Lanarkshire, Portsmouth, Middlesboro' Newport, Mon. Rhondda Valley, Ystradgynlais, Ton-ye-efail, Sheffield,	Johnson, J. Sundry,	29	53 105 5												6 12 6 13 2 6 13 3 2 4 3	
Total,		183	420	11	12		13			267		27	1	77	65 14 9	12

"Present Truth" Agents' Record.

Territory.	Agent's Name.	G. H.	P. T.	Territory.	Agent's Name.	G. H.	P. T.	Territory.	Agent's Name.	G. H.	P. T.					
Glasgow,	Bleasby, Miss Monteith, A. Johnson, J. Dyer, C.	3500 75	400 150 100 150	Hull, Manchester,	Johnson, Mrs. Saville, R. J. Carlile, Mrs. Chapman, W. Morton, G.	90 250 1509 1005	70	Emsworth, Lake, W. L. Cosham, Gt. Malvern, Grimsby, Llanely, Pembroke Dk,	Rambart, Miss Treasure, T. Ford, Mrs. Slee, J. Davies, Miss Evans, Miss	50 100 50 505 50 50	150 100 50 100					
Belfast,	Fry, W. McAvoy, J. Marks, Miss Yeates, W. H.	3007	40 176 250	Birmingham,	Jones, M. Davies, C. Campion, H. E. Revers, Miss Mountain, Miss Williams, T. Beavon, M.	250 100 1040 50 270 26 120		Porth, Cowes, London,	Howard, C. J. Sargent, Mrs. Heide, J. School, Spicer, Mrs. R. Eades, J. Cross, Miss R. Aplin, C. Liney, Miss Leytonstone T.S. N. London T. S. Penning, E. Baldwin, H. Golding, Mrs. Mills, G. O. Morgan, Miss Armstrong, E. Eastcote, Miss Hazell, Miss Ochrens, Mrs. News Agents, Mailing List,	200 200 504 1575 381 157 200 36 100 54 648 325 112 36 50 100 100 100 18 36 2210 525	36 400 160 132 124 130 100 54 219 325 150 50 400 100 100 100 18 36 494 475					
Londonderry, Leeds,	Byron, M. D. Wilkinson, W. Musgrave, W. H.	150 705	210 200 200	Bath,	Blackwell, Miss E. Tract Society, Jessup, C. Newnham, J. M. Miles, W. T. Evry, Miss Slate, W. A. White, Miss J. C. King, Wm. Pickard, J. Parsons, Miss Salway, F. Gill, Miss J. McPherson, Mrs. Ethelidge, Mrs. Holt, Miss Henri, L. E. Altman, M. A. T. act Society, Clarke, W. Tract Society, Watson, A. Nicholson, T. Warne, J. W.	24 100 600 48 300 96 60 100 150 50 250 24 24 61 200 200 200 528 791 333 24 60 800 100 100 200 200										
Merthyr, Pontypridd, Ferndale,	Briggs, T. Farina, Miss M. Wilson, C.	72 156 24	260 650 100	Bristol, Worcester, Croydon, Penrhiwceber, Newcastle Tyne Chatham, Ebbw Vale, Pontypool,	Tract Society, Jessup, C. Newnham, J. M. Miles, W. T. Evry, Miss Slate, W. A. White, Miss J. C. King, Wm. Pickard, J. Parsons, Miss Salway, F. Gill, Miss J. McPherson, Mrs. Ethelidge, Mrs. Holt, Miss Henri, L. E. Altman, M. A. T. act Society, Clarke, W. Tract Society, Watson, A. Nicholson, T. Warne, J. W.	24 100 600 48 300 96 60 100 150 50 250 24 24 61 200 200 200 528 791 333 24 60 800 100 100 200 200										
Swansea,	Newbury, W. J. Hancock, H. A. Tract Society, Johnson, Mrs. A. C.	12 1500	175 400	Stockport, Nottingham,	Gill, Miss J. McPherson, Mrs. Ethelidge, Mrs. Holt, Miss Henri, L. E. Altman, M. A. T. act Society, Clarke, W. Tract Society, Watson, A. Nicholson, T. Warne, J. W.	24 24 61 200 200 528 791 333 24 60 800 100 100 200 200										
Maesteg, Treorchy, Liverpool,	Richardson, J. Bell, Mont. Cowley, S. G. Armstrong, D. Broom, Miss Matthews, Miss H. Gresswell, Miss E. Britton, W. A. Borrowdale, R. Parry, Mrs. Caurch, Robinson, J. Casson, H. Buckland, R. McFadyen, A. Johnson, J. Gilbert, A. D.	200 150 311 875 200 60 1498 100 875 200 50 60 48 50	642 600 480 110 100 100 260 432 216 100 250 250 350 100 280 100	Wellingboro' Lincoln, Kettering. Kilpike, Wigan, Southampton,	T. act Society, Clarke, W. Tract Society, Watson, A. Nicholson, T. Warne, J. W.	833 24 60 800 100 100 200 200										
Burton on Trent Derby, Newport, Plymouth, Cardiff,	Parry, Mrs. Caurch, Robinson, J. Casson, H. Buckland, R. McFadyen, A. Johnson, J. Gilbert, A. D.	875 200 50 60 48 50	250 250 350 100 280 100	Wellingboro' Lincoln, Kettering. Kilpike, Wigan, Southampton,	T. act Society, Clarke, W. Tract Society, Watson, A. Nicholson, T. Warne, J. W.	833 24 60 800 100 100 200 200										
Total,															4660 800	306
															35000	20900

The Missionary Worker.

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Address all communications to:

The Worker, 451 Holloway Road, London, N.

BROTHER W. T. BARTLETT, of the Food Company, was down to London for a couple of days last week.

THE circulation of *Present Truth* is steadily growing, having reached the 22,000 mark. This is truly encouraging. The Lord is preparing the hearts of the people to receive the paper, and giving to His workers renewed zeal in carrying it to them. Of course the only thing to do is to go forward. Let us pray for more labourers, and then act out our prayers.

IT is desired to get the names and addresses of all our Sabbath-keeping nurses in Great Britain. Will such kindly write a few lines to Dr. Olsen, 451 Holloway Road, London, N., stating age, extent of experience, whether possessing a certificate, and the amount of hospital training. The Doctor would like to receive these particulars as soon as possible.

THE Food Company will appreciate the help which our brothers and sisters can render the work by inquiring for the health foods at the shops where they do business. In this way the leading grocers will little by little begin to stock the goods. Agents for *Present Truth* and *Good Health* can also assist in the work by calling the attention of their customers to articles relating to diet and to the advertisements of the foods, offering to supply them with anything they need in that line.

BROTHER DANIELS writes that he sails for England the 30th of April. This will bring him here about a week before the opening of our Conference. We have recently learned that Brethren H. W. Cottrell, C. W. Flaiz and N. P. Nelson will also be among the delegates from America. These brethren all hold important responsibilities in that field, and will be able to render valuable help in planning for the extension of the work in Europe. We have already informed our readers that Brother E. R. Palmer of Australia, who is now the general canvassing agent of the denomination, will be here, and will remain in England long enough to give the canvassing work a new start. With him will come something like a dozen canvassers who will take up work in this country.

OUR readers will note with interest the report of the month's work with *Good Health* appearing this week. Of course it is not intended to convey the idea that the person whose name appears opposite a certain number has necessarily sold that quantity personally, but rather, in most cases, that the company in that place have done so. Some of our little companies have done nobly. This is also true of individuals. Let us all try to do a little more. *Good Health* is preparing the way for a Sanitarium, which we greatly need in this field.

"PRESENT TRUTH" ANNOUNCEMENT.

PRESENT TRUTH agents will find the current number an excellent one for canvassing with, because in addition to many good things it contains an exposition of several texts pertaining, or thought to pertain, to the subject of the condition of man after death. Questions that puzzle so many, and that are constantly recurring, are dealt with quite at length.

Next week's issue of PRESENT TRUTH will also contain an article of special interest in the same line. It will be entitled, "Body, Soul, and Spirit," based on 1 Thess. v. 23, on which a question has been asked, and will show the relation of the constituent parts of a complete man. It will also show what full sanctification comprehends. The number will contain other good things that cannot now be named; but this article alone ought to enable agents to arouse an interest on the part of many to secure the paper. We hope that, in anticipation of the ease with which this number will be disposed of, there will be a large increase in orders. Perhaps some who have not heretofore sold any will feel like ordering a few with which to begin the work.

Last week's issue of 22,000 copies was most encouraging. We take it as an answer to our prayers, and an assurance that God will do still greater things. Shall we not allow Him to use us as His instruments in the performance of His great work?

E. J. W.

IMPORTANT NOTICE.

THE time of the European General Conference, May 15-25, is drawing near. We have already arranged for a committee to secure lodgings for those who will attend this gathering. And now we ask that all who decide to come send in their names AT ONCE. This is absolutely necessary. Direct all such letters to Samuel Joyce, 451 Holloway Rd., London N., and do not fail to be prompt.

O. A. OLSEN.