



Recent Changes

By W. E. READ

I WISH to take this opportunity of expressing my joy at being privileged once again to join hands with my fellow-workers and the believers in the Advent message in the work in the British Isles. It is almost ten years since I was called by the General Conference to work in connection with our far-flung mission fields in Africa and other lands. This work meant many journeys to the Dark Continent, but the years have been filled with rich blessings. It has been encouraging to see the work in these needy lands develop, and it has certainly been a great pleasure to me to enjoy such a happy association with our missionaries and our African workers in all these fields.

The action taken at the recent Union session called me to responsibility here in the Union, and while being conscious of my own limitations, I am reminded of the fact that it is not by human might or power that the work is accomplished, but by the Spirit of God. My confidence is in Him and I have the assurance in my heart that as we unite our interests in the work here in these islands, and keep close to Him, God will abundantly bless us. We must have large expectations and come to the Lord pleading for greater things than we have ever seen before, for surely the time has come for God to do a great work in the earth. He will finish His work and cut it short in righteousness. We must lay hold of this by the arm of faith and never let go until the showers of the latter rain fall in all their fullness.

A number of changes were made at the Union session. Some of these were made necessary on account of sickness, others on account of the fact that the number of years specified by a recent action of the General Conference had been spent by some of the workers in caring for their fields. These changes mean other changes, and as was reported in the previous number of the MISSIONARY WORKER, you will observe that there is a new president to the North England Conference and new superintendents for the Welsh, Scottish, and Irish Missions.

The Northern European Division made an urgent

call for the services of Brother W. T. Bartlett to act in the capacity of field secretary in the Division. Brother Bartlett's long years of experience at home and in the mission fields make him eminently qualified for this work, and while we are sorry to lose him, yet we know he is being called to a larger sphere of usefulness. The Union session recommended Brother F. A. Spearing as president of the North England Conference. He comes back to us now with renewed health and vigour, having recuperated very well indeed from the illness he had some time ago.

Brother H. W. Lowe being called to care for the departmental work in the Union meant that someone of necessity should be appointed to care for Wales, and so the Union session voted that Brother G. D. King, who has been labouring in North England for some years, should take the oversight of the work in the Principality. Brother J. Harker, who has done such splendid service in building up the departmental work, goes over to Ireland, and Brother L. Murdoch, one of Scotland's sons, takes over the supervision of the work in our most northern field.

Brother F. W. Goodall for some time connected with the Union departmental work, particularly in the interests of the Good Health League and the Missionary Volunteer work, goes to the North England Conference in charge of the departmental work in that field.

Brother Maudsley, who has cared for the work in Scotland for some years, goes to the North England Conference to engage in evangelistic work, while Brother Joyce, from the Emerald Isle, joins our force of workers in the land north of the Tweed.

Let us pray that God may abundantly bless these brethren as they take hold of these new responsibilities, that under His divine help and blessing the work may march forward to glorious victories.

There is still another change about which we should write, but that was effected after the close of the Union Session. It was really done the next day at a meeting of the Union Committee following the meetings of the four legal associations. This

change affects our publishing house. For a long time Brother A. S. Maxwell has been carrying very heavy burdens. In addition to his work as manager of the Press, he was responsible for the editorial department. Then, as we all know, during the past twelve months he championed the cause of religious liberty, not only here in the homeland, but at the League of Nations in Geneva in connection with the Calendar Reform question. In addition to all these activities he has been leading the workers of the publishing house in an evangelistic effort at St. Albans, not far from Watford. But even this was not all, for there were many other duties that pressed in upon his time and called for his attention. Brother Maxwell has carried very heavy work indeed, and the brethren felt that it was hardly justice to ask him to continue shouldering such a heavy load. We all appreciate the splendid help he has given to our publishing work and also the noble efforts he has made in connection with the cause of freedom.

As the brethren gave careful consideration to this matter, they felt that the time had come when

Brother Maxwell should be free to give more of his time to the editorial work. Apart from the periodicals there is the urgent need at the present time of a new book for our colporteurs, but it would be impossible for him to plan on writing this with all the other duties devolving upon him. Brother Maxwell appreciates the kindly thought of the brethren in thinking of him in this way and he united heartily with them in the plan for his release.

Following his resignation as manager of the Stanborough Press, Brother A. Warren, who has had charge of the circulation department for some years, was unanimously appointed manager of our publishing institution. Brother Warren spent several years in this phase of our work in South America and a number of years also in the Oslo publishing house. He has been well prepared for the task that now rests upon him. We feel that he will have the whole-hearted co-operation of our entire constituency. Let us pray that God may bless him as he takes up his new responsibility and that the publishing work in these islands may grow to proportions hitherto unrealized.

Can Geneva Save the World?

(Continued from "Missionary Worker" No. 4.)

By A. S. MAXWELL

THE consequences of failure are too terrible indeed to contemplate. Sir John Simon said: "Many of these Conferences have failed before this, and the consequences of their failure are written in letters of blood in the history of the world. But failure now means nothing short of an unmeasured and immeasurable calamity. We have to proceed in our task through many weeks and months conscious of the doom which is in store for mankind if some practical results are not achieved."

Mussolini, the Dictator of Italy, has said: "Not only the existence of the League of Nations, but the fate of mankind is at stake. I would draw the attention of public opinion to the enormous stakes. The year 1932 will bring us either destruction or progress. Western civilization must look to itself or lapse into chaos."

Mr. Henderson, in his opening address to the Conference, concluded with these warning words: "If we fail, no one can foretell the evil consequences that might ensue. But of this we may be certain: the world would again be in danger of falling back into the vain and perilous competition of rapidly expanding armaments. That is the inexorable alternative to success. Are we ready to face our task?"

To read such statements is enough to make the most sceptical wish the Conference success.

But can it succeed?

The difficulties are very great. I will mention some of them that have been freely discussed at Geneva.

There is, first of all, the strife in the East.

Nearly every speaker referred to it. It was indeed impossible to ignore the subject, with the League Council meeting every other day in a vain endeavour to settle the dispute. The presence of two members of the League of Nations—both of whom have signed the Pact of Paris in renunciation of war—at a conference on Disarmament while their soldiers were fighting to the death at the other side of the world, will rank as one of the most astonishing paradoxes of history. It was noticeable that nearly all the speakers found it necessary to make a mild apology for proceeding to discuss disarmament in the circumstances.

Secondly, there is the French demand for "security" in the shape of an armed League of Nations. Unless this international force is created there is little likelihood that France will make any serious reduction in her war equipment. But how could Britain bind herself to any such plan? It would be the sheerest folly. And can it even be imagined that the United States would agree to join in it? As one American said here, the whole Senate would need to be brought over to Europe first!

Thirdly, there is the German demand for "equality." In an interview with Dr. Bruening, he said that his people were inflexible on this point. Germany had disarmed and the other nations must keep their promise to do the same: otherwise Germany must be free to possess whatever armaments she may consider necessary. With this attitude both France and Poland are known to be in total disagreement.

Fourthly, there is the mystery of Russia. No one knows with certainty what is going on beyond her fast-closed frontiers. Strange stories of large armies drilling and vast preparations for war send an uncanny dread through the nations on her borders. They feel that they must be prepared for all eventualities.

Fifthly, there is the Polish-German antagonism—and indeed all the similar troubles resulting from the treaty of Versailles. Poland, with her newly acquired territories, is like a hen sitting on eggs she has not laid, with the rightful mother pacing frantically round the nest.

What the world needs to-day even more than material disarmament is a disarmament of the spirit.

The degree of suspicion that exists between the nations is appalling. There is an awful lack of confidence and real goodwill.

Much of it may appear in the speeches of the leading delegates, but it does not get into the national papers the next day.

Every nation views the utterances of the leaders of other nations with the gravest doubts of their sincerity. The most lofty and pious suggestions are credited to evil or selfish motives.

Can any body of men hope to solve such problems as these?

As I write these words, I am on my way back to England, hurtling along in a rocking, rattling carriage through the snow-covered fields of France. Geneva has long ago receded from view. As I look back to that great Conference hall, I seem to see not only the faces which have now become so familiar to me, but, hovering over all, the faces of others, creatures of another world, set for the destruction of mankind. And I remember the words of the apostle John, when, beholding the events of our time, he saw the spirits of devils, working miracles, "which go forth unto the kings of the earth, and of the whole world, to gather them to the battle of that great day of God Almighty." Rev. 16:14.

Though they understand it not the good men at Geneva—for such I believe many of them to be—are wrestling not against flesh and blood but against "principalities and powers in heavenly places" and "the rulers of the darkness of this world." The forces arrayed against them are beyond the power of man alone to overcome.

I do not mean by this that men should not strive and pray for peace, and assist every noble endeavour to preserve it. I recall that it was when Jeremiah was foretelling the coming doom of Babylon that he told the captive Jews to pray for the peace of the city. (Jer. 29:7.)

But at the same time we cannot but remember that the Babylon of to-day is doomed. The world that has rejected God cannot enjoy the peace that He alone can give. It marches on to its doom, and all the conferences, all the pacts, all the leagues, cannot save it.

The most amazing feature of the prophecy in Isaiah (chapter two) is that it immediately precedes

a description of the coming of our Lord. Following the picture of the gathering of the nations to discuss the beating of their swords into ploughshares occur these heart-thrilling words: "Enter into the rock, and hide thee in the dust, for fear of the Lord, and for the glory of His majesty. The lofty looks of man shall be humbled, and the haughtiness of men shall be bowed down, and the Lord alone shall be exalted in that day. . . . And they shall go into the holes of the rocks, and into the caves of the earth, for fear of the Lord, and for the glory of His majesty, when He ariseth to shake terribly the earth." Verses 10-19.

From all the terror and anguish of these tragic scenes, now not far ahead, we cannot entirely escape. No doubt God will care for His own in some special way as He has ever done, but it is imperative that we store up reserves of courage and fortitude now and make ourselves strong in the Lord of hosts.

"Come, My people," is His loving invitation to us to-day, "enter thou into thy chambers, and shut thy doors about thee: hide thyself as it were for a little moment, until the indignation be overpast. For, behold, the Lord cometh out of His place to punish the inhabitants of the earth." Isa. 26:20, 21.

How appropriate also is the exhortation of the prophet Zephaniah: "Seek ye the Lord, all ye meek of the earth, which have wrought His judgment; seek righteousness, seek meekness: it may be ye shall be hid in the day of the Lord's anger." Zeph. 2:3.

SITUATION required by girl of eighteen as nurse-housemaid or general where other maid is kept. Sabbath privileges. Write: Rachel Owen, 9 Cwm Craig, Dowlais, South Wales.

WANTED.—Cook general, comfortable home, Sabbath privileges given. References essential. Apply: Mrs. D. Bernard, 15 Avenue Mansions, Finchley Road, Hampstead, N.W.3. Tel: Hampstead 5574.

HOLIDAY apartments. Rooms to let in quiet country home. Near bus route and within short distance of sea. Terms moderate. Apply: Mrs. P. E. G. Nash, 1 Council House, Crocombe, Nr. Wells, Somerset.

TO LET.—Furnished bed-sitting room in London suburb, overlooking lawn, also two rooms adjoining, one fitted as kitchen. Electric light, own gas meter. Easy access to City. Moderate rent. Apply: A. R., c/o MISSIONARY WORKER, Stanborough Park, Watford, Herts.

TO LET.—Two furnished rooms for a married couple or as bed-sitting-rooms for three young ladies. Moderate terms. Write: A.C.G., 4 Aldenham Road, Bushey, Herts.

WANTED.—Young man, cabinet-maker by trade, seeks situation—anywhere—anything—willing to improve by study—Sabbath-keeper. Write: F. Weaver, c/o 395 Holloway Road, London, N.7.

UNIVERSITY MAN, Sabbath-keeper, seeks employment on a farm. Willing to work for board and lodging with small remuneration. Can drive car. Write: D. I. Pope, 75 The Vale, Acton, London, W.3.

WANTED.—Girl just left school to help with housework. Sabbath privileges. Fare paid. Apply: Mrs. Batterjill, 14 Bushey Grove Road, Bushey, Herts.

YOUNG man of twenty requires position as motor-driver. Garage, assembly work, and driving experience. Good references. Write: Heath View, Loudwater, Bucks.

GIRL wanted. Sleep in. Good home, food, and outings. Every help given. Apply, stating experience and wage required, to Mrs. G. Herman, 77 Mount Pleasant Road, Brondesbury Park, N.W.10.

POSITION wanted on dairy farm by single man. Many years' experience. Understands dairy business thoroughly. Does majority of own veterinary work. Graduate of Graham Scientific Breeding School (U.S.A.). Excellent references. State wages and other particulars in first letter. Percy Foote, 16 Carr Street, Ramsbottom, Nr. Manchester, Lancashire.

Further Reports of

The British Union Conference

February 29th to March 6th

The Good Health League

Pastor F. W. Goodall

"EVERY Church a Health Centre," and "Every Member a Health Worker." With these objectives we reorganized the Good Health League just two years ago. The charter containing the principles of the Health movement, however, was proclaimed in the Garden of Eden, when God instructed our first parents concerning what they should eat and how they should regulate their lives. The laws that govern every relationship of life were laid during the early years of the history of this world. These laws, though transgressed, yet remain with us today. Through disobedience the harmony of life was broken.

Christ the great Emancipator of humanity came to live a life of obedience to the laws of heaven. Where man failed Christ became victorious. During His ministry He demonstrated the value of health, and as He went about doing good He ministered to the needs of the people, restoring them to health and teaching them the principles that should govern their lives.

To-day there is great need throughout the world for a full restoration of the principles of healthful living. God has entrusted this movement with these principles. The Good Health League has been organized to bring before our members and others the great principles of life. The year 1932 marks the thirtieth birthday of the Good Health League, for it was in the year 1902 that the health movement was launched in this field. In spite of war conditions, indifference, and extreme views, the League has gone steadily on its way. It has certainly had its ups and downs and, like every other good cause, without support it is liable to languish.

It was in this condition that we found the Good Health League in the year 1929. There were just a few enthusiasts, however, who had kept the flame alight. It was in the home of our present medical secretary, Dr. F. C. Shone, one July afternoon in that year, with Pastor W. T. Bartlett in the chair, that the new charter of the Good Health League was drawn up. Since then we have never looked back.

We have pressed steadily on toward our objective, seeking to bring to every church and every member the priceless principles of health. The rally call was sounded throughout the land. We enlisted the support of our doctors and nurses, editors, and leaders. A committee was formed and definite plans

were laid so that we might greatly strengthen the health movement throughout the churches.

We have kept before us the counsel given through the writings of Sister White, remembering that "lectures should be given explaining *why* reforms in diet are essential" (*Special Testimonies*, page 113), and that "many transgress the laws of health through *ignorance* and need instruction." (*Ministry of Healing*, page 126). And again, "Christ is no longer in this world in person to go through our cities and towns and villages healing the sick, but He has commissioned us to carry forward the medical missionary work that He began. In this work we are to do our very best." (*Testimonies*, Vol. 9, page 168).

With this good instruction before us we have carried on our programme. We are happy to be able to report good results. The lectures given by our doctors and others have been greatly appreciated. Our cooking demonstrations have been a tremendous success and have been well attended by members and friends.

Other societies, such as the Health and Cleanliness Council, and well-known health firms have given us their whole-hearted support. The Stanboroughs and Granose Foods Limited have co-operated with us, and we are happy to have such good support as you see here on the platform before you.

Up to the present, special health lectures or Home Nursing classes have been held in thirty-four of our churches and companies. In the remaining churches some work has been done by our local leaders and literature has been sent out to every centre. We have greatly appreciated the good help of our two capable nurses, Nurse Crooks and Nurse Handysides, who have rendered splendid service in the churches. During 1929 we had one class in South England. During 1930 we held seven classes, also in South England. During 1931 we held seven classes in South England and ten in North England. The total enrolment of these twenty-five classes was 309. Out of that number 188 passed the test successfully and received certificates. These classes have been open not only to members but also to their friends, and quite a number have taken advantage of this and have also received certificates. We would like to mention here that some of these friends have been interested in the message through attending the classes, and two or three have already been baptized.

In addition to the Home Nursing classes we have

given upwards of 300 health lectures, we have held six good health demonstrations, and one Health Week, all of which have been very successful.

We have recognized the importance of giving simple instruction to the children, and in March of last year we started the junior section of the Good Health League, which is now known as the Children's League of Health. Interest in this section of our work has grown, and to-day we are able to report between 400 and 500 children definitely enrolled in this branch of the League. We invite you to visit Healthland Castle and become acquainted with our junior work.

In all the promotion of our health work we have endeavoured to co-operate with the evangelists and workers, remembering that this department is to be the right arm, giving support, or an entering wedge, opening up the way. We would like to place on record our appreciation of the splendid support that we have received from our workers.

In the promotion of our health work we have made good use of the *Good Health* magazine, the organ of the League, and each month we have had an article published showing the activities and the progress of the League. The October number last year was a "special" and wholly devoted to Good Health Cookery. We have also been able to place in the hands of our leaders in the churches a series of lessons on health through the medium of the *Leader*. In addition special pamphlets have been printed.

Many of those who have attended our lectures and demonstrations have expressed their appreciation of the work. In one instance it was in the form of a cheque for five guineas, in another case two guineas, and just recently at Nottingham a lady and gentleman came forward expressing their desire to become members, and each placed in the envelope a 10s. note. These friends had long been acquainted with health principles, but they said that they had never attended meetings where these principles had been so clearly and practically expressed.

The activities of the League reach beyond the bounds of Great Britain, and inquiries have come in asking for particulars from America, India, and other places. Quite frequently we receive letters from people who are interested, and who desire further information. We believe there is a great future before the health movement. What has been done only proves how much yet remains to be done.

We would like to emphasize, however, the importance of bringing the principles of our health work before the people in a practical form. The Good Health League programme is a constructive one. We want to give good sound, sane, sensible health instruction, and thus make the health movement a real force for good in connection with our work. The year 1931 has passed, 1932 has started, and we feel that it is a call to greater service and still greater advancement. Our two nurses are kept busy at the present moment with Home Nursing classes and lectures among new members, and yet

other places are calling for their help. May the year 1932 be a real leap year for the health work that it may be strongly established in this field. What the future holds in store can only be ours as we march on to victory.

With a word of thanks to all who have helped, and with an earnest request that you will still continue your good support, we look forward and press on with our task. Let the Good Health League show you the better way to health and happiness. This will be possible as we keep before us our motto, "Health for Service."



The Stanboroughs

N. H. Knight

BEFORE the next quadrennial session of the British Union Conference The Stanboroughs will have celebrated its twenty-fifth anniversary. Since its establishment in 1910 the institution has grown considerably, and we believe much good has been accomplished. The purpose of this report is to tell you something of the achievements during the past four years.

During that time almost 2,500 people have visited The Stanboroughs either as patients or guests, with an average length of stay of approximately three weeks. Through the years there has been a steady increase, during 1931 there being 200 more visitors to The Stanboroughs than in 1928. Of the total number, 635 were our own people, over one hundred of whom received the privileges of the Endowed Bed Fund.

Undoubtedly our best advertisement is the testimony given to others by patients who have visited The Stanboroughs and left entirely satisfied. It is a pleasure to report that with very few exceptions visitors to The Stanboroughs always express their appreciation of the entire staff, the service rendered, and benefits received. The figures indicate that 567 out of the 2,500 visitors to The Stanboroughs during the past four years had previously visited the institution. One would naturally assume that they were satisfied on the occasion of their former visit. Approximately the same number, 555 to be accurate, came to The Stanboroughs as the result of direct recommendation by friends or others who had previously visited us. You will observe, however, that of our own churchmembers there were many more than either of these classes, viz., 635, who visited The Stanboroughs during the period under consideration, but there were only ninety-nine who were recommended by our churchmembers. Suppose all the 635 had been successful in getting a patient to The Stanboroughs, we should have well exceeded the 3,000 mark for the four years. May I take this opportunity to ask our people here to do some advertising for us, recommending The Stanboroughs, whenever you get the opportunity, to those whom you think might benefit by a visit.

We believe that advertising pays, but it cost us a

large number of pounds to get the 274 visitors who came to The Stanboroughs as a result of advertising. We are glad to report that a number of outside doctors have gained confidence in our methods and are sending us their patients.

From a financial standpoint the year 1930 was the most successful; 1931 shows a slight decrease, but in spite of the national crisis of which we have heard so much, 1931 was far ahead of the years 1928 and 1929. We do not believe that there can be any crisis in the Lord's work, and we look forward to greater successes during this and the ensuing years.

During the past four years The Stanboroughs has made certain developments, and patients returning frequently remark on the various improvements. The addition of large treatment rooms now makes it possible for ladies and gentlemen to be treated simultaneously. It has been remarked by those frequenting similar establishments in various parts of the country, that The Stanboroughs' treatment rooms are the best in this country, and we believe them.

It should be mentioned that the new facilities provided by the enlarged treatment rooms have resulted in an increase in our out-patient clientele. The number of patients treated during 1929 was more than doubled last year.

Our most recent acquisition is, of course, the former Stanborough Park Missionary Training College building. In July last year we adopted this and transferred our nurses and helpers there. Accommodation is available for workers in the sister institutions on Stanborough Park, and I am sure if opportunity was given for them to do so, a number would testify to the maternal as well as paternal care bestowed on them by Brother and Sister Leigh. Certain rooms are set aside for patients, and during the six months in which the Hydro Annexe has been in operation as such, we are glad to report that there has been no financial loss. This building provides a great opportunity for our people to take advantage of The Stanboroughs' treatment at very nominal rates, and I would refer you to a recent statement in the WORKER concerning this.

Before concluding this report I would like to mention the purpose of our sanitarium. The Stanboroughs was not established as a commercial enterprise but as a means of spreading the great message of salvation. The health work is the right arm of the message. It is not the body, it is not the head; the right arm is, however, a useful member, and a body or a head without a right arm is seriously handicapped.

We shall hear much of evangelism during this Conference. Let us all support this most important branch of the work, but let us not forget the right arm.

While not many of those who receive benefit at these institutions at once embrace the truth, they leave the institutions with improved health and a knowledge of how to live. They have higher ideals

of life. Favourable impressions have been made. Later many of these will take a decided stand for Christ and His truth.

At The Stanboroughs we have a staff of sixty. We wish they could all be present at this meeting. Most of them must, however, stay behind to conduct the work we represent. But this report would be incomplete without an expression of the faithfulness of the staff. Without doubt they deserve the praise so often expressed by the patients. I am sure they will join me in the sentiment that what has been done is only a foretaste of what we are determined to accomplish by the blessing of the Lord.

The Ministry of Literature

Wielding a Mighty Influence

WHAT do you think of this? Pastor Bailey has just come across a man who bought a copy of *Our Day in the Light of Prophecy* some years ago. He thought it such a wonderful book that he felt constrained to lend it to his friends. And, talk of our books having a widespread influence! That book has now been lent out to no less than *thirty families*.

Isn't that an inspiration?

There were 17,000 bound books sold by our colporteurs last year. Just think what would happen if every book should be read by thirty people!

England Emerging Into the Sunshine

DID you see the new *Present Truth* map of England at the recent Union Conference meeting? A copy is being sent along to every church, and extra copies can be had on application.

"Flood England With Sunshine Through *Present Truth*."

Aberdeen Knows Good Value

THROUGH perseveringly knocking at the doors in Aberdeen—Brother David McCrae has now ninety regular readers of *Good Health*. Perhaps, as another magazine says of itself, a copy of this paper is as good as a holiday!

Show The Stanboroughs Picture

THE best *Good Health* workers make a point of showing customers the picture of The Stanboroughs on the back page. It is then explained that the magazine explains in simple language how the same treatment can be given at home. Try this!

Can You Dodge the Dentist's Drill?

HAVE you ever been mystified at the decay of one of your precious teeth after you have faithfully used the tooth-brush for years?

A new discovery has been made and it solves the mystery. Read "Dodging the Dentist's Drill" in the April *Good Health* and then let us have your opinion on it.

Reaching the Farthest Corners

Two thousand miles up the Amazon, at Acre, people are calling for a minister. Their interest was awakened by literature left by visitors to this far corner of Brazil.

A.W.

Seeking the True Knowledge of God

(Continued from page 8.)

and time again when he went astray. It was this one thing that helped him to relate himself to the counsels of God in all the experiences of his life. Once we get a real taste of the beauty of the things of God we shall have found the one thing that will keep us at all times and in all circumstances.

It is necessary for us to search after truth. God has not left the beautiful things of His Word lying about on the surface.

Our search must be continuous. New circumstances arise in our lives that call for a new application of truth. We must learn to apply truth to new circumstances and new experiences.

What is truth? Where is truth to be found? What is the way to truth, and how can we test it and know that it is genuine? These are questions that should be answered.

The foundation of all truth lies in Jesus Christ. "I am the . . . Truth." John 14:6. He came into the world to reveal truth (John 18:37; 1:14, 17).

The way of truth leads not through paths of impure speech, impure thoughts, and selfish actions. It leads along the paths that Christ trod. "I am the Way," He says. "Follow Me."

The test of truth lies in "the law and the testimony" (Isa. 8:20); in the witness of our own experience and guidance of our lives, and in the witness of the Holy Spirit. (1 John 5:6.) There is keeping power in truth. (Eph. 6:14; Psa. 40:11.) There is light and guidance in the truth (Psa. 43:3), and there is understanding in the truth (Psa. 73). If we make Christ our all and in all, and through Him be led to receive the counsels of God, we shall be led safely to His tabernacle to rejoice in His glory for evermore.

E.R.H.

Lost Property

THE day after the annual legal meetings held in the Union office, Stanborough Park, the following items were found in the lobby: one attaché case, one gent's umbrella, one gent's glove. Will the owners kindly communicate with A. Carey, Stanborough Park, Watford, Herts.

At Rest

WHITE.—Many readers of the MISSIONARY WORKER will be sorry to hear of the death of Miss Maud White at the home of her sister, Mrs. Wilson, Nr. Lewes. Miss White was well known to our churches in Sheffield, Bournemouth, and Bristol. She accepted the message of Christ's soon return in Leicester in 1915, was baptized by Pastor W. H. Meredith, and has since remained true to her Lord and Saviour. Our sister had been poorly for some time, yet her going, though peaceful, was unexpected. We laid her to rest in the quiet cemetery at Chailey to await the call of her Master at the resurrection. The service was conducted by the writer.

O. M. DORLAND.

WANTED.—Baker with good knowledge of common bakery or health food factory can receive immediate appointment. Best references required. Apply: "Baker-Energy," Skandinaviska Förlags-expeditionen, Tunnelgatan 25, Stockholm.

DON'T FORGET. We are ready for those "quick despatch" printing orders for next effort. Also commercial printing. Electric Press, Bentham, Lancaster.

SUPPORT expert Adventist tailor. All classes ladies' and gents' bespoke and ready-to-wear garments. Patterns and self-measurement forms. A. J. Wilcox, 137 Crwys Road, Cardiff.

Open Warfare for Better Health

"It needs a brave man to trespass individually against a well-established social custom, and an even braver to wage open warfare upon a convention to which whole nations own allegiance." This sentence is from a leading article in *The Times* and, as a business institution connected with a health movement that has waged "open warfare" against a world-wide custom, we commend it for consideration to the great body of Seventh-Day Adventists.

In the infancy of this movement, our voice was small, but it was lifted up with courage to proclaim the health virtues to be found in a meatless diet. And, as must follow when "the few" attack "a convention to which whole nations own allegiance," these pioneers teaching food reform were dubbed, because they were "different" from other people, as faddists.

The health reform movement has grown to manhood, it has manly strength, but it took brave men to stand firm to its principles against the storm of ridicule and opposition. We have never held, nor as a business house will we inculcate it as a part of our policy, that mere "difference" in itself, is meritorious. We believe in being "different" when we have unbounded confidence and faith that the light of our "different" opinion will one day be accepted as truth by the majority.

Every year fresh converts are added to the ranks of those who see the health value and mental force which true diet reform brings. To-day some of the keenest minds in the country acknowledge health reform principles and follow them out carefully. Great writers, scientists, statesmen, and artists now number themselves with those who live better, work better, and enjoy life better because they pay careful attention to those things that lay the foundation of good health.

Nothing is more tragic than the "sheer hulk" of a wrecked human body. It calls forth instant sympathy. Maybe it is one of the lowest of the low, a hopeless and pitiable failure, degraded and debased, or it may be the millionaire with nurse and physician in constant attention. He has made a great success of his career, he is honoured, exalted, and esteemed, but he is too much of an invalid to enjoy life. He cannot eat or drink those things he desires; he cannot travel, but must rest quietly. In both cases the analysis of the cause of the excessive deterioration of the body shows the inherent failure to live rightly. The youthful and approaching middle-age years have been spent regardless of cost and the end is ruin.

To keep healthy man must take care and everything is on the side of the health reformer. His food is cleaner, his body healthier, and his mind clearer. The fresh sweetness of nuts supplies more wholesome nourishment than the very best of flesh-meats. The GRANOSE nut preparations enable the housewife to prepare as many, even more, appetizing dishes than can ordinarily be prepared with meat. The chemist and dietitian have shown that more than twenty-five per cent more nutriment is contained in nut-meats than in flesh-meats, and that in a more balanced form and free from animal poisons and deterioration.

GRANOSE FOODS LTD. prepare foods that more than adequately replace flesh-foods. We were organized as an institution solely to prepare foods that bring health and strength in Nature's perfect way, to silence the complaint that flesh-foods are a necessity and that people must have them to live. The right diet will bring good health, and right thinking will develop right habits of living, and so lay the foundation of a bright, enjoyable life.

G.F.L.

SUNSET CALENDAR

	London	Nott'ham	Cardiff	Edin.	Belfast
April 1st	6.32	6.39	6.45	6.51	7.00
April 8th	6.44	6.51	6.57	7.5	7.13

Young People's Services

at the British Union Conference

In the Days of Youth

It was a magnetic influence that pervaded the very atmosphere on the Wednesday evening of the recent Conference session, when over 700 attended the enthusiastic Rally of Youth at the New Holloway Hall, North London. The fervour and enthusiasm with which these young people sang the songs of the Advent message revealed in unmistakable language the powerful and effective army which our youth may furnish.

Every available seat was occupied and scores were standing. On the platform were seated ministers and special representatives of our Advent Youth Movement, all of whom brought messages of welcome from the various cities and centres of the British Isles.

Behind these representatives, in six tiers, was ranged the London Advent Mission choir, the uniform white and black making a pleasing and impressive contrast. It was a delightful and refreshing service, and happily coincided with the preliminary opening of a fine pipe organ recently purchased by the North London Church.

There were many among the audience who were not of our faith, but who had been attracted to the meeting through advertising and personal invitation. To these Pastor F. W. Goodall made clear the foundations of our faith in Christ and His imminent return, and told of the preparation of a united body of youth to help spread the good news. He then introduced the speaker of the evening, Pastor C. H. Watson, president of the General Conference.

Rising, Pastor Watson said it was a great pleasure to find so large and enthusiastic a gathering to greet him. His interest always was and always would be in young people, and he believed there was a great opportunity for youth to-day. Taking his text from the sixth chapter of Judges, he read of the destruction of Israel under the tyranny of the Midianites and the Amalekites.

The youthful and energetic Gideon was called to take up the cause of Israel, and through an angel he was given his commission to go forth in the strength of the Lord. Smashing to pieces first the family and city idols, he called to his standard the young men from many parts of the country about him. Thirty-two thousand responded to the call, a small army compared with the hosts invading the land. But there were too many.

All who were faint-hearted were ordered to stand out from the rest, and no less than twenty-two thousand turned back on the eve of victory. Yet still there were too many, and only those who, like Gideon himself, were alert enough to pass the test of God were retained. Three hundred remained, vigorous men, unafraid of danger, shoulder to

shoulder. They went to their task manfully, each with a trumpet and a lamp, and in the might of God they overthrew the human grasshoppers that were eating up the land and the nation.

To-day the Israel of God is in a similar plight. God is calling for volunteers to His cause. He wants lion-hearted men and women, with whom He will win the greatest victory over infidelity yet seen in the history of the world. Who would be like Gideon?

It was a solemn and impressive moment. Grippled by the eloquence and weighty thoughts of the preacher, those hundreds, young and old, made silent decisions to serve under the banner of Christ.

Pastor R. A. Anderson carried the appeal still further. "We are in the days of youth," he said, "the days when young men and women are winning more victories in the material world than ever before. Great records for speed on land and sea and in the air are being made daily by youth. In the spiritual realm there are yet wonderful victories to be accomplished by giant youthful vitality coupled with the power of Almighty God. The spirit and godly fear that possessed the Wesleys, sending them forth conquering and to conquer, building up the greatest evangelical movement seen this side of the days of Paul will, I believe, yet come upon the youth of the Advent movement."

A number of those present stepped forward for individual help and guidance, while hundreds stood to their feet in solemn consecration to a greater fidelity. May God cause the youth of this land to rise and finish the work while yet there is time.

C.R.A.

Seeking the True Knowledge of God

"ONE thing have I desired of the Lord, that will I seek after; that I may dwell in the house of the Lord all the days of my life, to behold the beauty of the Lord, and to inquire in His temple." Psa. 27:4.

This was the very fitting text upon which Pastor Rudy based his Bible study at the young people's hour on Friday afternoon. We must face, he said, one of the most vital issues in the lives of our young people that we have ever faced. Many fail to find all that they look for in those who accept Christianity. Too many rely upon their own technical knowledge of the doctrines of the church as they face the world with all its opposition, and finding it insufficient, lose faith.

One of the chief causes of apostasy among us as young people is our failure to seek the beauty of the Lord for our own spiritual benefit. It was this one great aim that brought David back to the Lord time

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