

The cover features a photograph of two young children, a girl on the left and a boy on the right, both smiling broadly. They are standing in front of a large tree with thick, textured bark and large green leaves. In the upper right corner, a portion of a globe is visible, showing the African continent. The entire scene is framed by a decorative border with a repeating pattern of small orange and brown squares.

ADVENTIST
MISSION CHILDREN'S
MAGAZINE QUARTER 1
2010

EAST-CENTRAL AFRICA DIVISION

featuring:

IT'S EASY! page 4 | **SUCH A LITTLE THING** page 16

www.AdventistMission.org

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On the Cover: *Rosette and Larissa are best friends. They live in Bujumbura, Burundi.*

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DEAR SABBATH SCHOOL LEADER,

This quarter features the East-Central Africa Division, which includes the countries of Burundi, the Democratic Republic of Congo, Djibouti, Eritrea, Ethiopia, Kenya, Rwanda, Somalia, Uganda, and Tanzania.

The division is home to more than 286 million people, more than 2.4 million of whom are Seventh-day Adventists. That's a ratio of one Adventist for every 116 people.

The Thirteenth Sabbath Offering this quarter will go to help build a hospital in Burundi, complete a multipurpose/church building on the campus of the University of Central Africa in Rwanda, and train children's ministries leaders in Rwanda and provide them with supplies. The special children's project will help provide school uniforms for children in Rwanda.

Language Fun

Songs and words in Kinyarwanda (Rwanda), Kirundi (Burundi), and Swahili (eastern Africa) are featured on our website, www.AdventistMission.org. Click on "Resources" and "Children's Activities." Look for a new feature called "Say It, Sing It" to help you pronounce the words in Swahili, the trade language of much of eastern Africa.

Make a Mission Scene

Make a mural scene featuring a safari theme, using photos from travel brochures or drawings of African animals interspersed with animal tracks (see the "Children's Activities" section of the website). As people arrive, let the children greet people in one of the languages featured this quarter. After the meal, invite the children to sing a song or

two they've learned this quarter.

Mission Potluck

If you host a mission potluck this quarter, find recipes and cultural items on the website. Label the foods with their country of origin. Decorate the church fellowship hall using a safari theme (see mission scene ideas, above).

Offering Device

Use a tightly woven basket as an offering device this quarter.

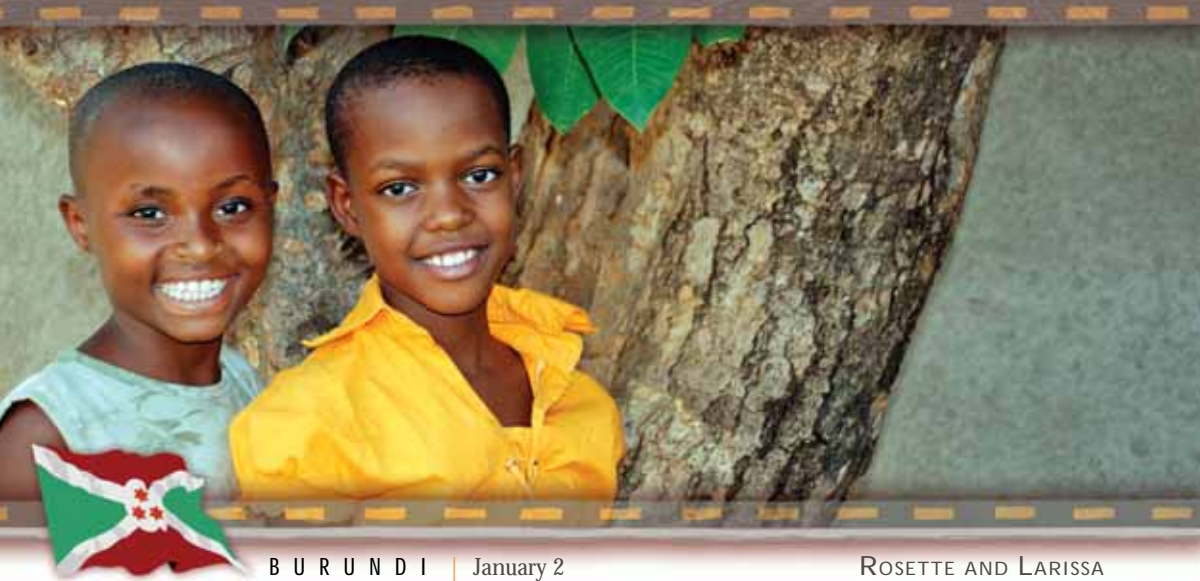
Special Features

- **Adventist Mission DVD** has at least one video feature specifically for children. Ask your adult Sabbath School superintendent to make a copy for you to share with your children.
- **Invite a guest** who has lived in eastern Africa to visit your class and speak to the children. Invite them to bring appropriate items for the children to see and touch.
- **More Activities.** Visit our website at www.AdventistMission.org. Click on "Resources" and "Children's Activities." Click on the current quarter to find pages of decorating ideas, crafts, additional language activities and songs, recipes, games, and activities to download or print for use in your Sabbath School.

Yours for the kingdom,



Charlotte Ishkanian
Editor, *Children's Mission*



BURUNDI | January 2

ROSETTE AND LARISSA

IT'S EASY!

Larissa and Rosette live in the tiny country of Burundi in eastern Africa. [*Locate Burundi on a map.*] Larissa is 8 years old, and Rosette is 7. The girls live near each other and are best friends.

FAST FACTS

- Burundi is a tiny country in east-central Africa. It lies east of the Democratic Republic of Congo, west of Tanzania, and south of Rwanda.
- Although it is one of Africa's smallest countries, it has a large population for its size—8.9 million people. However, nearly 90 percent of the people live in small settlements, where they farm or raise cattle.
- The capital city is Bujumbura [boojuhm-BOO-rah], located in western Burundi along the shore of Lake Tanganyika. Its population is about 325,000.
- Meet Larissa and Rosette and hear their story on the Adventist Mission DVD. Go to <http://MissionDVD.org>.

Larissa's Invitation

Larissa and her family are Adventists. One day while the girls were playing together, Larissa's mother called her to come into the house for family worship. Larissa looked at Rosette and said, "Come on! It's time for worship!" Rosette followed Larissa into the house. The family sang a song about Jesus, then Mother read a Bible story and they all prayed.

"I liked Larissa's family worship," Rosette says. "My family doesn't have worship together, and I wanted to worship with Larissa's family again."

Come to Sabbath School

"Then Larissa invited me to Sabbath School," Rosette says. "I told my parents about Larissa's family worship. I told them that Larissa wanted me to go to Sabbath School with her. I'm so glad that they said

I could go. I love Sabbath School!”

Rosette has been attending church with Larissa for three years now. “I really like Sabbath School,” Rosette says. “I like the songs we sing and the Bible stories that we hear. We also memorize Bible texts, and I like learning those too.”

Rosette often told her mother about what she was learning in Sabbath School. Sometimes she recites the Bible texts that she’s learned, and sometimes she sings the songs she has learned in church. Her mother listened as Rosette talked about the fun things she did in Sabbath School. Rosette even liked the worship service that followed Sabbath School.

Rosette’s Invitation

One day Rosette invited her parents to go to Sabbath School and church with her. At first they didn’t want to go, but Rosette kept inviting them. “Please, come at least once,” she begged. Finally Rosette’s mother agreed to go to Sabbath School with her.

Rosette was so excited! “I’m so glad you’re coming, Mama!” Rosette said. “I would like it if you would come all the time.”

Rosette’s mother couldn’t always come because she was taking some classes. But whenever she had no classes, she went to church with her daughter. And last year she finished the Saturday classes and could come to church more often.

Praying Together

Rosette wanted her family to pray together like Larissa’s family does. So when her mother started going to another Adventist family’s home to have

family worship, Rosette went with her.

Rosette learned that her mother and father wanted to have a baby. So she began praying for a baby. A few months later Rosette learned that her mother was expecting a baby.

Then Mother had another surprise for Rosette. She had decided to be baptized. But Rosette’s baby brother was born just about the time that Mother had planned to be baptized, so Mother has had to wait to be baptized.

Praying for Father

Rosette’s father doesn’t attend church with the family, but he is glad that the rest of the family attends church. Rosette knows what to do. She has begun praying that her father will join the family in worshipping God on Sabbath. Then she invites him to come with them to church. She wants the whole family to be members of God’s family, just like Larissa’s family. “I want my family to have family worship, just like Larissa’s family does,” Rosette says. “Maybe I’ll start leading worship myself!”

It’s Easy!

Larissa says it was easy to invite her best friend to become a friend of Jesus. Larissa wants other children to invite their friends to Sabbath School to learn to love God too. “First, pray for them,” she says. “Then invite them. If they say yes, that’s great. And if they say no, you can keep praying for them and inviting them to come to church with you. One day they’ll be glad that you asked.”

Rosette is glad that Larissa invited her to church. Now Rosette is thinking of inviting one of her classmates to come to church with her. After all, that’s what missionaries do. 🌍



BURUNDI | January 9

LADOUCE

LADOUCE SHARES HER FAITH

Today's story comes from Bujumbura, the capital city of Burundi. *[Locate on a map.]* Ladouce [la-DOO-ceh] sat thinking. "Mother," she said thoughtfully, "May I go to the central church? I like the Sabbath School class better."

Mother stopped stirring their stew and thought for a moment. Mother had been visiting the Adventist church for several months and had made friends there. She wasn't a church member, but she liked the church and didn't want to go to the other church in town. Finally she said, "You may go if you find someone to take you."

FAST FACTS

- Burundi is one of Africa's smallest countries, with a large population for its size—8.9 million people.
- Nearly 90 percent of the people live in small settlements in the countryside, where they raise cattle or farm small plots of land and grow the foods they eat.
- Burundi is one of the world's poorest countries, and the average life expectancy is about 52 years. One reason is that the country has one of the highest incidences of HIV/AIDS in the world.

Ladouce's New Church

The pastor of the central church lived near Ladouce's home. He agreed to take her to church, and on Sabbath morning Ladouce rode to church with the pastor's family.

After church she told her mother, "I like this church! Will you come to church with me? I think you'd like it too!" Mother didn't go with Ladouce, but she allowed her daughter to attend church with the pastor's family.

Sharing God's Love

The Adventist churches in her city held a large evangelistic series in the city stadium, and Ladouce asked her mother to go with

her. Mother agreed, and the two went to the meetings together. Ladouce asked to be baptized, but her mother said she was too young. Ladouce's shoulders drooped in disappointment. Then she brightened. "Even if I can't be baptized, Mother, you should be!"

To Ladouce's joy, her mother gave her heart to Jesus and asked to be baptized. Mother invited Father to attend, and he agreed. He seemed happy that Mother had joined the Adventist Church, and Ladouce hoped this meant that he would start going to church too.

Mother and Ladouce began praying together that Father would give his life to Jesus, and they both invited him to church. But Father always answered that he must work on Sabbaths.

Small Steps to God

"I'm glad that I invited my mother

to attend the evangelistic meetings," she says. "I'm glad that she has been baptized. Now my mom and I have family worship together. And when Father is home, we invite him to join us. We ask him to read the Bible to us. Our prayer is that my father will invite Jesus to live in his heart. That would make me happy, so happy!"

"I tell my parents what I learned in church each Sabbath. I hope that Jesus will use my words to help Father love God."

Ladouce is being a missionary in her own family. We can be missionaries too. We can invite our family and our friends to church or to our family's worship, and we can give our mission offerings so others who live far away can learn that Jesus loves them. Let's all be missionaries this week! 🌍

SPEAK KIRUNDI

Following are some words and phrases in Kirundi, the traditional language of Burundi. Vowels are pronounced as follows: *ah* as in father; *ai* as in eye; *ay* as in hay; *ee* as in bee; *eh* as in bet; *oh* as in toe; *oo* as in boot; *uh* as in cup. The accented syllables are written in capital letters.

Common Phrases

Happy Sabbath
Welcome
Hello
Good morning
Thank you
You're welcome
Yes
No
Goodbye

Write it

Isabato nziza
kaze
amahoro
mwaramutse
murakoze
murakaza
ego
oya
murabeho

Pronounce It

EE-sah-bah-toh n'zee-zah
KAH-zeh
ah-mah-HOH-roh
mwah-rah-MOOT-seh
mooh-rah-KOH-zeh
mooh-rah-KAH-zah
EH-goh
OH-yah
moo-rah-BEH-hoh



I'M NOT ASHAMED

Lawrence* lives in the hills outside the capital city of Burundi. [Locate Burundi in east-central Africa.] Ever since he can remember, his parents have taught the children to pray and use their talents for God. Lawrence and his older sister enjoy singing in church, and sometimes they go with their father to visit neighbors and tell them that God loves them. Some people thank them for coming, but others don't want to hear about God. But Lawrence has decided that it's important to tell people about Jesus, even if they don't accept Him as their Savior.

MISSION POST

- About two thirds of the people living in Burundi are Christians, primarily Roman Catholic. One third follow traditional African beliefs and worship spirits.
- Burundi has almost 114,000 Seventh-day Adventist Christians, or one Adventist for every 78 people. This is a higher ratio than the East-Central African Division, which has one Adventist for about every 116 people.
- Most of the Adventists living in Burundi live in the countryside, where they farm or raise cattle. The largest city, Bujumbura, has a lot fewer Adventists for its population of 325,000.

Spreading the Word

Lawrence shares his faith with his classmates and invites them to church. "Today I brought three friends to church with me," he says. "Other times other boys come with me."

Lawrence's parents worship in a church close to home, but Lawrence likes the church in the center of town. So he and his friends walk 45 minutes to church. But the boys don't mind the long walk. "Some of my friends think it's strange that we worship on Sabbath instead of Sunday," Lawrence says. "So while we're walking I

can explain why we do things differently from other churches. I tell them what I think Jesus wants them to know. Then on the way home we talk about what we learned in church that day.”

One of Lawrence’s friends attends church with him and has joined the children’s choir. But his parents weren’t happy that he was going to church on Sabbath. They told him that if he kept going to church with Lawrence, he would have to find another place to live. So the boy went to stay with Lawrence’s family for two weeks. Then one day his parents told him to come back home and promised that he could attend church. Lawrence’s friend loves Jesus and doesn’t want anything or anyone to stop him from worshipping on Sabbath.

Standing for the Sabbath

Several Adventist children attend school with Lawrence. Soon they’ll take the national exams to determine who can go on to seventh grade next year. The teachers hold special classes

on Saturdays to help the students prepare for the exam. The children tell the teachers that it’s more important to worship God than to go to school. Although the teachers and principal could make it difficult for the students who skip classes on Sabbath, the children praise God that so far the teachers understand and allow them to miss the classes. Sometimes their friends ask them, “Why don’t you come to school on Saturday? You can go to church after classes.” Lawrence tries to explain the importance of obeying God’s laws.

Not Ashamed

“I’m not ashamed to share my faith,” Lawrence says. “I will tell my friends about God, even when they laugh at me.” Lawrence is a missionary. We can be missionaries too as we tell our friends that we love Jesus and invite them to worship God with us. Will you be a missionary this week? 🌍

**His name is Loinçon [LOY-sohn] but has been simplified for ease of presentation.*

SING IN KIRUNDI

(See page 7 for pronunciation guide.)

Jesus Loves Me

Ndazi ko Yes’ ankunda
Vyanditswe mu gitabo
Nd’uwo mu bana biwe
Kand’arambungabunga

n’dah zee ko yeh san hoon dah
vyahn deet sweh moo gee tah boh
n’doh woh moo bah nah bee weh
kahn dah rah m’boo n’gah boo n’gha

Yes’arankunda
Yes’arankunda
Yes’arankunda
N’Umukiza wanje

yeh sah rahn hoon dah
yeh sah rahn hoon dah
yeh sah rahn hoon dah
noo moo kee zah wahn jeh



BURUNDI | January 23

BELLA

THE PRECIOUS SABBATH

Today's story comes from Bujumbura [boo-joom-BOO-rah], the capital city of Burundi. Who can find Burundi on the map? *[Let a child try.]*

MISSION POST

- Most of Burundi's almost 114,000 Adventist Christians live outside the cities. It's important that we reach the people in the cities where political leaders, business people, and educators live.
- The Adventist Church operates a small clinic in the capital city, Bujumbura [boo-juh-BOO-rah]. This small clinic serves many people and is helping make people aware of the work of the Adventist Church.
- Recently plans were laid to replace the clinic with a hospital. Part of this quarter's Thirteenth Sabbath Offering will help build the first phase of this hospital. For more information on the medical work in Burundi, watch the Adventist Mission DVD.

Ever since Bella was little, her parents have taught her to love God and the Sabbath. But when she started school, she realized that not everyone loves God or the Sabbath as she does.

Bella's school held classes six days a week, Monday through Saturday. When school started each year, Bella's parents helped her explain to her teachers that Bella worships God on the Sabbath and would not be in school that day.

Standing Alone

Her first and second grade teachers allowed Bella to be absent from classes, but her third grade teacher told her that she wouldn't receive any credit for the tests she missed on Saturdays.

Bella told her parents, and they spoke with the school principal. The principal said that it was up to the teacher whether or not

Bella could be excused. Bella's parents urged her to pray about the problem, and finally the teacher agreed to let her take the Saturday exams on Monday.

Saturday was a half day of school, and the teachers almost always gave quizzes to be sure that students understood the work they had covered that week. So every Saturday they had three quizzes, and every Monday Bella had to take these quizzes early in the morning or during recess.

Other students noticed that the teacher wasn't happy that Bella was absent from school on Saturdays. They began mocking her, and some said she was lazy for not being in school. Bella often felt alone in her stand to keep the Sabbath, but her family supported her and told her she was obeying God rather than people.

Community Service

Then the government made a law that everyone, even children, must work to clean up the community every Saturday morning. Because of this law the government no longer required primary schools to hold classes on Saturday. But

Bella knew that when she entered the seventh grade, she would be expected to attend classes on Saturday again.

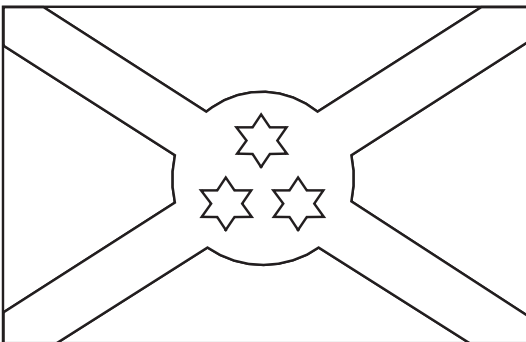
Bella and her family began praying that God would make a way for her to study in a school that didn't require Sabbath attendance. Bella studied hard to get good grades and high marks on her tests, and when children took their national exams, she scored well enough to choose the school she wanted to attend. She applied to study in a school that didn't hold classes on Sabbaths.

Precious Sabbath

"The Sabbath has become more precious to me because I have had to struggle to keep the Sabbath," Bella says. "I urge children to be faithful to God, to honor His will and His laws, even when those around you make it hard. Being faithful gave me chances to share my faith with others and let them know that God makes a way for those who trust Him."

Bella is right. When we honor God in things big or small, He helps us. And others see our faithfulness and may want to obey God too. 🌍

FLAG OF BURUNDI



Left and right triangles: green

Top and bottom triangles and stars: red

Stripes and circle: white



R W A N D A | January 30

NATASHA AND CHARITY

A FAMILY AFFAIR

Charity and Natasha are sisters. They live in the tiny country of Rwanda, in eastern Africa. *[Locate Rwanda on a map.]* For Charity and Natasha, sharing God's love is a family affair. Everyone gets involved.

FAST FACTS

- Rwanda lies directly north of Burundi and between Uganda, Tanzania, and the Democratic Republic of the Congo. Like Burundi, Rwanda is a small country with a high population, with almost 10 million people.
- Rwanda is a hilly country with farms on all but the most rugged land. During the growing season Rwanda looks much like a green patchwork quilt has been tossed across the landscape.
- The equator runs just north of Rwanda, but because of the country's elevation, it maintains a temperate climate year round
- The capital and largest city is Kigali, with a population of 656,000.

Charity is 10 years old. She remembers when she was involved in a serious automobile accident and then seconds later another car almost hit her while she still lay dazed on the road. "When I think of the day that I could have died," she says, "I want to tell others about Jesus."

And she does. During breaks at school Charity talks to her classmates about the great things Jesus did in Bible times and explains that He can do great things in their lives too. She tells them that Jesus is her Savior and invites them to let Jesus be their Savior, too. Then she invites them to attend church with her family.

Charity has learned to help her friends be glad they came to church. "I introduce them to my teacher and some of the other children, so they will feel welcome. I also share my Sabbath School lesson with

them so they'll know what the lesson topic is," she says. "This helps them feel that they are part of the class."

Pauline Shares the Good News

One girl Charity invited is her friend Pauline, who now comes to church regularly. A few months ago Pauline invited her mother to attend church with her. Charity's mother talks about God with Pauline's mother, and that helped Pauline's mother choose to worship God. Now Pauline's mother regularly attends church with Pauline. She's studying the Bible on her own so she can find answers to questions about God.

Recently Pauline's mom asked Charity's father to call Pauline's father and invite him to come to church. The two fathers have talked on the telephone several times. "The whole family is involved in sharing God's love with my friend and her family," Charity says. "My dad talks to Pauline's dad about the Sabbath and what that means. Pauline's dad told my dad that one day he would come to church with Pauline. I'm praying for Pauline and her family. I know how important it is to me that my family loves God and worships Him as a family. And I want that for my friend, too."

Natasha Shares Her Faith

Natasha is Charity's younger sister. She's determined not to be left out when it comes to sharing God's love.

"I tell my friends at school about Jesus," Natasha says. "I invite them to come to church with me. If they want to

come, I ask my mom to get permission from their mother. If they live near us, we take them to church with us. Sometimes my friends spend the whole Sabbath day with us."

So far four of Natasha's friends have come to church with the family. Natasha invited her cousins to come, and they did. "Their dad has come to church a few times too, but their mom hasn't come yet," Natasha says. "We pray for them and for their parents. We want them all to worship Jesus together."

A Family Affair

Charity and Natasha's parents are happy that the girls invite their friends to church.

They want their friends and cousins to learn about God and love Jesus as they do. "I want my friends to be in heaven with me," Natasha says. "I want to urge all the children in Sabbath School today to invite their friends to Sabbath School," she adds. "That way more children can learn about God."

Charity agrees. "Children around the world can invite their friends to Sabbath School, and in this way they can share God's love with many other children. God wants them to share His love with everyone they meet. Invite your friends to church. You might be surprised. They may come—and bring their families."

Boys and girls, let's share God's love with someone this week and try to invite someone to come with us to Sabbath School next week. That's one way to tell the world that Jesus loves them. 🌍



PRAYER WORKS

Today's story is from Kigali [kee-GAH-lee], Rwanda.

Abigail and her brothers live in a family that loves God. She enjoys Pathfinders. One day Abigail's Pathfinder leader announced a Pathfinder camporee in Tanzania, a

large country east of Rwanda. [*Locate Rwanda, then locate the southern tip of Lake Victoria in Tanzania.*]

Pathfinders from all over eastern Africa were invited.

Abigail's parents decided to send Abigail and her brothers to the camporee. Abigail was excited at the chance to go to another country and meet Pathfinders from many places.

The Camporee

After a long bus ride, the Pathfinders arrived at the camporee site. Some 12,000 Pathfinders gathered from all over eastern Africa—from Rwanda, Burundi, Tanzania, Uganda, and Kenya. [*Locate these countries on a map.*] The Pathfinders made many new

FAST FACTS

- Most Rwandans live in round huts with thatched roofs on their farms scattered among the hills. Principal crops are sweet potatoes, beans, bananas, corn, grains, and fruits, which provide the families' primary source of food.
- Rwandans express their culture through poetry and crafts. They are most known for their pottery, their basket making, their wood carvings, and making gourds into containers for use around the house.
- The two main people groups in Rwanda are the Tutsi and the Hutu. In 1994 war broke out between these groups, and almost a million people died. Thousands fled to refugee camps, where they remained for years before returning to their homeland.

friends. They had craft classes and skills seminars, such as learning sign language. And they had spiritual meetings.

“Teach Us to Pray”

The theme of the retreat was “Teach Us to Pray.” During daily devotionals and classes the children learned new ways to pray. “I learned that it’s important to praise God for who He is, not just thank Him for what He has done for me,” Abigail says. “Thankfulness is important, but praising God because He loves us is even more important.” Abigail and the others learned how to ask in faith for what they need and to know that God listens to our every word when we pray in faith.

“Talking to God is like talking to my closest friend,” Abigail adds. “I can open my heart to God and tell Him how I feel about things. My parents had taught us how to talk to God, but this retreat opened my mind to new meaning in prayer.”

The children returned excited about what they had learned. They shared

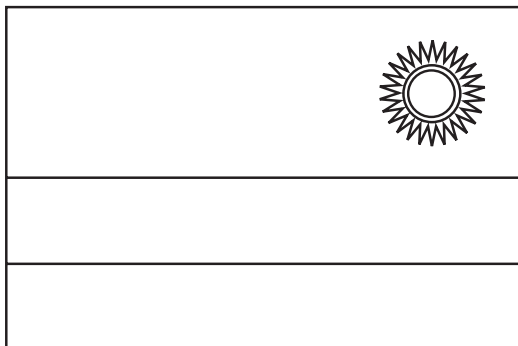
their insights into prayer with their parents, and they put their new insights into practice. “I’m so glad my parents love us enough to sacrifice to send us to Adventist schools and to retreats, where we can learn to be better Christians,” Abigail says.

Putting Faith to Work

A few months later a thief broke into the family’s little shop and stole a bag containing some money and invitations to Abigail’s sister’s wedding. Losing the money was serious, and there was no time or money to reprint the wedding invitations. The family wasn’t sure what to do, so they prayed that God would help them meet their bills and still have the wedding. They invited their friends to the wedding by phone, and God provided enough money to hold the wedding and pay their other bills. “Prayer works!” Abigail says.

Prayer *does* work. Let’s pray now and thank God for loving us and wanting to hear our concerns. *[Close in prayer; pray especially for children of the East-Central Africa Division.]* 🌍

FLAG OF RWANDA



Top stripe: light blue

Center stripe and sun: yellow

Bottom stripe: green



R W A N D A | February 13

SUCH A LITTLE THING

FAST FACTS

- Learning to read and write and do math makes children better citizens. They learn the skills they will need when they grow up.
- The government of Rwanda wants every child in school. They provide free education, but their parents must pay for their children's school supplies and school uniforms. A school uniform may cost about US\$15 to \$20. However, even this small amount is too much for some parents to pay.
- This quarter part of our Thirteenth Sabbath Offering will help the children in Rwanda get the uniforms they need so they can go to school.
- Look for more about this special project on the Adventist Mission DVD this quarter. If you don't have your own copy, ask the adult superintendent to make you a copy.

Today's story comes from Rwanda, a tiny country in eastern Africa. [*Locate Rwanda on a map.*]

Yvette walked along the dusty road with careful steps. Her hand steadied the plastic water jug that she had balanced on her head. The jug was heavy, and she didn't want to spill even a drop of precious water. Every morning as the sun rose behind the hills near her home, Yvette awoke, dressed quickly, and slipped out of the house. She picked up the water jug and hurried to the well. The wait at the well would be shorter if she arrived early. She arrived and waited her turn to fill her water jug. Then she lifted it to her head and started toward home.

As she returned home, she often passed children walking to school. The students were dressed in dark skirts or trousers, white shirts, and dark neckties. *They look so smart in their uniforms*, she thought as

they passed. Yvette's steps slowed as she thought about the children learning to read and do math and recite their lessons aloud in the little school. She sighed heavily and walked faster. Her mother was waiting at home. There were meals to prepare, a garden to water, and clothes to wash.

Jean Claude

Jean [John] Claude walked along the narrow path behind the family's cow. He guided her with a branch he had broken from a low tree. It was his job to keep the cow out of the neighbors' gardens as she searched for fresh grass. He kept her away from the road that passed nearby and protected her from the cars and trucks that whizzed by.

Jean Claude looked up at the hills that surrounded his family's small plot of land. When the rains came, as they had this year, the fields turned many shades of green. Their well-tended gardens spread up the hills to the top. They looked like the patchwork quilt that his mother had made for him from pieces of cloth she had sewn together. *Rwanda is so beautiful*, Jean Claude thought.

The honk of a large cargo truck stirred the boy from his thoughts, and he hurried to catch up with the cow. The warm afternoon sun made him feel lazy, and he was always hungry, it seemed.

He heard the tinkle of happy voices calling to one another, and he looked up the path to see children hurrying home from school. He used his branch to nudge the cow from the pathway so the children could pass without getting dirty. He watched them and wondered

whether he would ever be able to go to school. Already he was 10 years old, and still his family couldn't afford to send him. His father explained that their little garden didn't bring in enough money to pay for school supplies. But in his heart Jean Claude continued to hope that someday, perhaps, he could go.

Such a Little Thing

Yvette and Jean Claude are two of many children in Rwanda who aren't in school because their parents cannot afford to buy them their school supplies. While most schools in Rwanda no longer charge tuition, parents must provide school uniforms and supplies. And if their parents cannot afford these supplies, these children cannot go to school. And without an education the children will not be able to break free from poverty when they grow up. So they in turn won't be able to send their own children to school.

This quarter part of our Thirteenth Sabbath Offering will help buy school uniforms for children in Rwanda so they can attend school. Some children are from Adventist homes. Others are not, but they will attend an Adventist school in their village or town. We as children can make a big difference in the lives of the children of Rwanda. A school uniform is such a little thing, but it would make a world of difference to a child who hasn't had a chance to go to school.

Let's save our money this quarter so that we can give a special offering to help children learn about God's love and tell others. It's one way we can be missionaries for Jesus. 🌍



R W A N D A | February 20

ARSENE

MISSIONARY TO LOUISE

Today's story is about Arsene [ar-SEEN], a boy who lives in Kigali [kee-GAH-lee], Rwanda. *[Locate Rwanda on a map.]*

Arsene's family is Adventist, and he attends an Adventist school. The government wants every child in Rwanda to attend school, so it pays teachers' salaries, even in church schools. And parents can choose the school that they want their child to attend. So lots of children in Arsene's Adventist school are not from Adventist homes. This makes the school truly a mission school.

MISSION POST

- Of the nearly 10 million people in Rwanda, 445,556 are Seventh-day Adventists. This means that one person out of every 22 people in Rwanda is a Seventh-day Adventist.
- Training children and young people to share their faith and serve God as adults is important. Part of this quarter's Thirteenth Sabbath Offering will help train children's leaders and provide them with materials to teach children how to share their faith and live for Jesus. Our offering will also help build a church/multipurpose building at the Adventist university in Kigali.
- For more information on these projects, check out the Adventist Mission DVD at <http://MissionDVD.org>.

Louise

One of Arsene's classmates is Louise, whose family didn't follow any religion or attend any church. So Arsene asked Louise to attend church with his family. He told her about the interesting things children do in Sabbath School, and Louise agreed to go. On Sabbath morning Arsene walked with Louise to church. It wasn't very far.

Arsene introduced Louise to some of the children in Sabbath School. They greeted her with smiles and told her they were glad she had come.

Louise really liked Sabbath School with its cheery songs and stories from the Bible. She asked Arsene if she could attend again. Of course, Arsene invited her back.

In time, Louise joined the church's children's choir. Louise loved church and was learning to love God, too.

Even after Louise's family moved to another neighborhood, Louise still found a way to attend church. And Arsene or his sister or one of their friends sat with her. Her parents were happy that she was attending church and learning about God.

Needing God

Then something really sad happened. Louise's parents died. Louise went to live with her older sister. But she was able to continue attending church, where she had friends and where she had met Jesus.

Today Louise studies in a boarding school far from home. The school is sponsored by another religion, so Louise can't attend the Adventist church during the school year. Arsene doesn't get to see her except during school holidays, but he realizes that God put the thought into his heart to invite Louise to attend church with him. "I'm glad I invited her," he says. "At least she had a chance to learn about God before she had to go away to school."

Arsene and his family pray for Louise; he asks us to pray as well. Let's pray that Louise will continue to love Jesus and want to follow Him, even though she cannot attend church while she's in school. That's one way we can be missionaries to someone far away. What's another way we can be missionaries? *[Let a child answer.]* Yes, we can give our mission offerings. *[Close with prayer.]* 🌍

LET'S SPEAK KINYARWANDA

Following are some words and phrases in Kinyarwanda, the language of Rwanda. Use these in your program to make missions come alive for your children. Vowels are pronounced as follows: *ah* as in father; *ay* as in hay; *ee* as in bee; *eh* as in bet; *oh* as in toe; *oo* as in boot; *uh* as in butter. The accented syllables are written in capital letters.

Common Phrases

Happy Sabbath
Welcome
Hello
Yes
No
Goodbye
My name is . . .
What is your name?

Pronounce It

EE-sab-bah-toh n=ZEE-zah
moh-rah-kah-ZAH neh-zah
moh-RAH-hoh
YAY-goh
oh-yah
moh-rah-BAY-hoh
ee-zee-nah dyah n=geh nee . . .
weet-kwahn-deh



ESCAPE TO HOPE | PART 1

Today's story comes from southern Kenya. [*Locate Kenya on a map.*]

“Cheetah!” Shinai [shin-AI] gasped. “Quick! Get under the bed!” Namu pushed his little sister under the bed in their mud-and-stick hut. Little Naeku [nah-EH-koo] scooted against the rough wall. The bed, made from a cow’s hide stretched over some branches, didn’t offer much protection, and the children shuddered as they heard the cheetah’s low guttural growl near the hut’s open doorway.

MISSION POST

- The Maasai people are a nomadic, cattle-herding people who live in southern Kenya and northern Tanzania. Their cattle are their wealth, and they move from place to place in order to find fresh grazing land for their cattle. Often women and girls remain behind while the men and boys follow the animals to new grazing land.
- Most Maasai live in small houses, called *kraals* or *bomas* (Swahili), made of sticks and plastered with dung. The kraal has a doorway but often no door to protect its occupants from wild animals.

The children eventually fell asleep under the bed, and the cheetah moved on. When Naeku awoke the next morning, she crawled out from under the bed and stood shivering next to her brother. Her thin shirt couldn’t ward off the early morning chill. Her stomach growled, but she knew there was no food in the house.

Shinai and Naeku are Maasai [mah-SAI] children. They lived in a small hut called a *manyatta* on the plains of southern Kenya. Life for the Maasai is never easy. Ever since their mother died in childbirth, Father often left the children alone for days as he tried to lose his sorrow in strong drink. The children cried for lack of food, and sometimes a neighbor brought them a little milk from their cow.

Naeku's New School

Then one day when Naeku was 5 years old, a man came to talk to Naeku's father. The men talked for a long time. Then Father called Naeku from the shadows of the hut and said, "Go with this man. He will take you to school."

Naeku obediently followed the man to his vehicle. She wondered what would happen to her, but she was too frightened to ask. The man sensed her fear and told her, "You will like your new school. Life will be easier there."

Dust billowed as the vehicle bounced over the rough roads. Naeku was hungry and thirsty, but she didn't complain. Soon they arrived at a cluster of buildings. The vehicle stopped, and a woman came out to greet them. The man introduced Naeku to the woman, the headmistress [the principal] of the school. The little girl shyly stepped forward with her head bowed to receive the woman's soft touch on her head, the common greeting in their culture. Then the headmistress gently invited Naeku to come and see her new home.

New Experiences

They entered a large building and stood in a large room. Rows of beds lined the walls and the middle of the room. They weren't like her father's cowhide bed at home. These beds had mattresses and soft covers on them! "This is your bed," the woman said, smiling. The little girl placed her meager belongings in a box and slid it under the bed.

Then she followed the woman to another room where she found

a plate of boiled cassava, *matoke* [mah-TOH-keh],* and some greens. The headmistress smiled and nodded, and Naeku sat down and ate hungrily. For the first time in months her belly was full.

Next the headmistress walked with Naeku across the courtyard toward another building. Naeku could hear children chanting a lesson loudly in unison. She wasn't sure what the chanting meant. They entered the room, and Naeku stared at her bare feet as the headmistress introduced her to her new teacher and classmates. The simple concrete block building was filled with simple wooden benches and desks, but Naeku had never seen anything so fine!

Bitter Loneliness

Naeku quickly grew accustomed to her new home and new schedule. She loved school and quickly caught up with the other children. But during quiet time at night she often felt a bitter lump of loneliness rise up within her as she thought of her brother, alone in the family hut, and her little sister who lived with their aunt. Often when she thought no one saw her, she wept quietly. She wished they could study and have a better life, as she now did.

Next week we'll learn what happened to Naeku at her new school. In the meantime, let's pray for the Maasai children whose lives are difficult and who often don't have the opportunity to study that you do. *[Close with prayer.]* 🌍

*Matoke is a plantain-like banana that is cooked and usually mashed. It's a common food in Kenya and most of eastern Africa.



K E N Y A | March 6

NAEKU

ESCAPE TO HOPE | PART 2

[Review last week's story briefly before continuing with the story.]

Naeku loved her new school, where she learned to read and write and to love God. But she missed her brother and sister. During school break, Naeku was allowed to

return home for three days. She was happy to see her brother and sister again and happy to know that her brother was attending school too. However, he had to walk many hours every day just to get to school, and often he was hungry.

As she learned more about Jesus, Naeku realized that she could take her worries to God. She began asking God to help her brother and sister have a better life.

In time, Naeku's father realized that he couldn't properly care for his children. He allowed his son to study at another boarding school. And when Naeku's little sister arrived at the Adventist boarding school, Naeku's heart almost burst with joy!

FAST FACTS

- Among the Maasai people men often have more than one wife and sometimes as many as five or six. Girls are married at age 12 or 13, and sometimes even earlier. When a girl is married, her husband or his family pays a dowry of several head of cattle. Therefore a girl is valued for the wealth she can bring her family.
- Many Maasai parents don't see education as important for girls, so few attend school. Often girls are rescued from early marriages and taken to a boarding school where they will be safe and can study. Only after parents see the benefits in their daughters learning to read and write will they agree to allow her to stay at the school.

Busy Helping Others

Naeku remembers how afraid and homesick she was when she first arrived at the school. It took time to understand that the school is her home, where she is loved and protected. So when a new girl arrives at the school, Naeku befriends her and helps her learn the routine. "I try to help them because I remember how lonely I was when I first came," she says quietly.

The students learn responsibility by washing their own clothes, keeping the campus clean, and by caring for a single plant. And during morning and evening worship and on Sabbath the children learn that Jesus loves them and wants the best for them. In time they learn to love Jesus as well. "I'm so glad that Jesus brought me to this school," Naeku says shyly. "Here I have learned to love Jesus, and I trust Him to keep me safe. Now I know that it was Jesus who saved my brother and me from the cheetah when I was little."

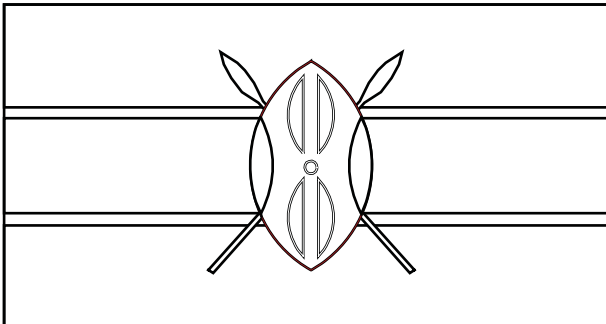
Dreaming the Impossible

Naeku is doing well in school. "I want to go on to secondary school and then to college. Someday I want to become a pilot," Naeku says. And although she has never even seen an airplane up close, no one discourages her dream. At the Adventist school, the Maasai girls learn that with God's help anything is possible, even becoming a pilot.

But Naeku remembers that back home in her village, and in many other Maasai villages in eastern Africa, many children still don't attend school. And many girls are forced to get married at a very young age, some before their twelfth birthday. For them life is very hard. "I can look forward to a better life because God has rescued me and given me hope," she says. "I want that for every Maasai child."

Our mission offerings help bring hope to the Maasai and to boys and girls throughout Africa and the world. 🌍

FLAG OF KENYA



Top stripe and left and right of shield: black

Center stripe and shield: red

Bottom stripe: dark green

Design in shield, spears, and narrow stripes: white



K E N Y A | March 13

DIXIE

THE LITTLE TEACHER

Today's story comes from Nairobi [nai-ROH-bee], the capital city of Kenya.
[Locate Kenya on a map.]

Dixie is just 5 years old, but already she's teaching other children. Her neighbor Glenn is 8 years old, but he didn't know how to play nicely with other children. Sometimes he would push them, and other

times he grabbed things from them or hurt them. When Glenn behaved this way, it wasn't fun to play with him. One day when he treated a child badly, Dixie told him to say he was sorry. Glenn obeyed, and eventually he learned to be kind. Dixie was glad, Glenn's mother was happy, and Jesus was happy, too.

FAST FACTS

- Kenya lies along the eastern coast of Africa. Its capital city is Nairobi, which lies on a plateau in the south of the country. Nairobi is a modern city of more than 2 million people. Like most large cities, Nairobi has both rich and poor people, and many of the poorest people in Nairobi are children without homes or parents to care for them.
- Kenya has about 32 million people and more than 600,000 Seventh-day Adventists. That's one Adventist for every 76 people. However 75 people out of every 76 are not Seventh-day Adventists, so there's a lot of work still to do here.

The Little Teacher

Dixie doesn't just help children on the playground. She also helps teach the children in Sabbath School. She leads the singing and sometimes, when her mother is telling a story, Dixie holds up the lesson book so that the children can see the pictures. And when a child forgets to be quiet during Sabbath School, Dixie quietly points to the child with a sad face. The children know

that this means they must be quiet so everyone can hear the teacher.

One day Dixie invited Glenn to go with her to Sabbath School. Glenn liked Sabbath School and asked Dixie if he could attend the next week. Dixie welcomed him to come.

Vacation Bible School

Dixie invited Glenn to attend Vacation Bible School. Glenn attended and invited his cousin too. Glenn listened quietly and helped his cousin to be quiet, too. The boys attended every day and continued attending Sabbath School after Vacation Bible School ended. Dixie was proud of Glenn for the changes he was making in his life.

Glenn's family moved away, but he found an Adventist church near his new home. Dixie is happy to know that Glenn wants to continue attending Sabbath School.

Kindergarten Leader

Dixie doesn't just teach in Sabbath School. In kindergarten she helped to

teach the children to sing. Her teacher was glad that Dixie was a good example to the other children in her class. Even some of the children's parents saw Dixie leading out in her class, and they were glad that their children were in this school.

Dixie has a secret for her happy-to-lead spirit. "I like to talk to Jesus," she says. "I talk to Him in the morning before going to school and again at night before I sleep. And during the day I talk to Jesus. I know that Jesus loves to hear children pray, and I love to make Jesus happy.

"I am the only Adventist in my neighborhood," Dixie adds. "My friends aren't Adventist, and sometimes other children invite me to come and watch videos on Sabbath. Instead of saying no, I took some Christian videos with me to share with my friends. They liked the videos, and we had a good time together doing what would make Jesus happy."

Dixie is right, boys and girls. When we share God's love with others, it makes Jesus very happy. 🌍

SING IN SWAHILI

Roho Wa Mungu Wangu

Roho wa Mungu wangu, Nakuhitaji!

Roho wa Mungu wangu, Nakuhitaji!

Uniunde, na unijaze;

Roho wa Mungu wangu, Nakuhitaji!

(Spirit of the Living God)*

roh hoh wah moon goo wahn goo nah
koo hee tah jee

roh hoh wah moon goo wahn goo nah
koo hee tah jee

oo nee oon deh nah MM oo nee jah zeh
roh hoh wah moon goo wahn goo nah

koo hee tah jee

*Seventh-day Adventist Hymnal, No. 672



U G A N D A | March 20

KENNETH

LITTLE BROTHER LEADS

Kenneth was bored. His best friends had gone away to a boarding school, and he didn't have anyone to play with. All his brothers and sisters were older than he was and didn't want to play with him.

Then he had an idea. He asked his parents to let him study at the Adventist boarding school where his friends were studying. Two of his sisters also urged his parents to send Kenneth to the boarding school. Finally his parents agreed, and Kenneth eagerly joined his friends at boarding school.

FAST FACTS

- The East-Central Africa Division includes the countries of Burundi, Democratic Republic of Congo, Djibouti, Eritrea, Ethiopia, Kenya, Rwanda, Somalia, Uganda, and Tanzania. The division headquarters is near Nairobi, Kenya.
- Some 2.4 million Adventists live in eastern Africa, or one person for every 116 people.
- The division serves people from hundreds of ethnic groups and who speak hundreds of different languages; however, the three most-used languages are English, French, and Swahili, the trade language of eastern Africa.

Discoveries in School

“At first I liked the school because my friends were there,” Kenneth says. “But I like the teachers and the Bible classes, and I enjoy the daily worships that we have. I especially like Sabbath School because my church doesn't have a fun class for children to learn about God.”

As Kenneth studied his Bible lessons he began to notice some differences between what his family's church teaches and what the Adventist church teaches. “In

my family's church, the teachers tell us something about God, but they don't show us where it says that in the Bible," Kenneth says. "At school my teachers tell us something and then read it from the Bible so we'll know it's true. I began to realize that what my family's church teaches isn't all true."

Sharing With the Family

When Kenneth went home for vacation, he talked to his parents about some of the things he was learning at school. His parents weren't angry that he was learning more about the Bible. But when his father asked him if he wanted to become an Adventist, Kenneth didn't answer because he didn't want his father to be angry with him.

Kenneth eventually told his mother that he wanted to become an Adventist, and she told him to think carefully before making a decision. The next day Kenneth told her that he was sure that he wanted to become an Adventist. His mother was glad, so

now Kenneth is studying the Bible and preparing to be baptized.

Kenneth has invited his mother to attend church with him when he's home during school breaks. But his father works on Saturdays and isn't interested in changing religions.

Adventist Education Pays

Kenneth's older brother studies in an Adventist high school and is also preparing for baptism. "We are the only two in our family who have studied in Adventist schools, and we're the only ones who want to become Adventists," Kenneth says. "That shows that Adventist education pays!"

"We have a good faith," Kenneth says, referring to the Adventist Church. "And God wants others to know it too. It's up to us to tell them. Please pray that my brother and I will have the wisdom to know how to share God's love with our family and friends."

Kenneth is being a missionary. Let's pray for Kenneth and his brother right now. *[Close with prayer.]* 🌍

SING IN LUGANDAN

Yesu ye anjagala (Jesus Loves Me)

Yesu ye anjagala
Bw'atyö bwe yayogera
Abaana (a) bato babe
Beyaw (a) omukisa gwe

Yeh soo ye ahn jah gah lah
Bwaht yoh bweh yah yoh geh rah
ah ba'ah nah bah toh bah beh
beh yah oh moo kee sah gweh

ayagala nze
Ayagala nze
Ayagale nze
Yayogera bw'atyö

ay yah gah lahn zeh
ay yah gah lahn zeh
ay yah gah lahn zeh
yah yoh geh rah bwaht yoh

THIRTEENTH SABBATH PROGRAM

If your class will present the Thirteenth Sabbath program for the adults:

- Practice one or more songs from the quarterly or the website (www.AdventistMission.org) to sing during the program or as an offertory.
- Send home a note to remind parents of the program and to encourage the children to bring their Thirteenth Sabbath Offering on March 27.
- As you collect the Thirteenth Sabbath offering, remind everyone that their Offerings are gifts to spread God's Word around the world, and that one fourth of our Thirteenth Sabbath Offering will go directly to the East-Central Africa Division to help complete the projects

listed on the map on the back cover. In addition, remind the children of the special children's project, to help provide school uniforms for children who otherwise couldn't attend school in Rwanda.

If your class will not join the adults for a special program, present the following children's project story during the mission time.

- Remind the children to bring their Thirteenth Sabbath Offering. Count the money and let the children know how much they have brought for missions during the quarter and how much they gave for Thirteenth Sabbath today. Praise them for what they have done and let them know that their offerings will make a big difference to children like them around the world.

A DREAM COME TRUE

Desiree stood near the front door of her mother's small house. She tugged nervously at her new white shirt and dark-blue skirt as she watched for her friend Yvonne. Just then Yvonne turned the corner and hurried to Desiree. "Hurry!" Yvonne said happily. "Let's get to school early so we can sit together in class!"

Today is Desiree's first day in her new school. She is older than most of her first-grade classmates because she wasn't able to attend school last year. Her father had died, and her mother worked very hard to feed Desiree and her little brother, Fabrice [fah-BREES]. Yvonne

grabbed Desiree's hand and pulled the girl along toward the school just up the hill from her home.

The girls met other children they knew as they walked toward the school, and soon Desiree relaxed and enjoyed the happy feeling of the first day of school. Soon they found their classroom and lined up near the door. As their teacher arrived and invited them inside, the girls held each other's hand tightly. They found a table with two chairs and slid into them.

Desiree rubbed her hand across the table. At last her dream of going to school was becoming a reality. She

touched the uniform she was wearing. It looked like the uniform every other girl wore. She fit in!

Desiree and Yvonne attend an Adventist school in Kigali, Rwanda. About half of the children in this school are not from Seventh-day Adventist homes. This school is truly a mission school, for here the children will learn more than reading and writing. Here these two girls and their classmates will learn that Jesus loves them and wants to be their friend.

Desiree is beginning to understand God's love, for someone learned that she wanted to go to school but didn't have the money to buy a uniform. One day a kind woman knocked at her door, and Mother opened it. The two women talked for quite a long time. Then Mother called Desiree to come into the room. Desiree slipped shyly into the room and sat beside her mother.

The visitor looked at her and smiled. "Would you like to go to school?" the woman asked Desiree.

"Yes, Ma'am," Desiree said in a quiet voice, her eyes fixed on her bare feet.

"Would you like to attend the Adventist school up the hill from here?" the woman asked.

"Yes, Ma'am," Desiree repeated. This time her voice held a note of hope.

"I think we can help you," the woman said, smiling. She asked Desiree to stand up, and the girl obeyed. The woman pulled a thin piece of cloth from her purse and put it on Desiree's shoulder. She measured the distance between her shoulders. Then she measured her waist and the distance to her knees. After each measurement, the woman wrote something down on a

small piece of paper.

"I think we can find a school uniform in your size," the woman said with a satisfied sigh. For the first time during the woman's visit, Desiree dared to look into her face. She saw the smile and wondered to herself, *Can it be true? Will I be able to go to school like the other children and learn to read and write and do math?* The girl looked at her mother and saw a tear in her eye. Desiree smiled.

A week later the woman returned. Mother called Desiree into the room. As she entered, Desiree's eyes grew big when she saw that the visitor carried a parcel wrapped in brown paper and tied with a string.

"This is for you," the woman said, giving the package to Desiree.

"Thank you," the girl barely managed to whisper. She held onto the parcel as if it would break if she dropped it.

"Open it," the woman urged. Carefully Desiree untied the string. She lifted out a white blouse and blue skirt—her new school uniform. Desiree stared at the clothes. *I can go to school!* she thought to herself. *I can learn to read and write! Someday I will be able to help my mother in the marketplace!* "Thank you," she whispered again to the woman who had just made her dream come true. "Thank you for helping me go to school."

Boys and girls, many children in Rwanda and other parts of eastern Africa cannot go to school because their parents can't afford to buy them the required school uniform. But we can help make their dreams of an education come true today. Children around the world will give their Thirteenth Sabbath Offerings today, and part of those offerings will help buy school

uniforms for boys and girls who aren't able to go to school because they don't have a uniform.

Those children who study in Adventist schools in Rwanda share their faith in Jesus with their classmates and their families. So one school uniform can help an entire family learn about God's love. Let's help tell the world that Jesus loves them by helping some children in Rwanda today.

And while we give our offering to help other children, the grown-ups are giving their Thirteenth Sabbath Offering to help other people learn about Jesus. The other offering projects will help

- train children's leaders to teach children about God.
- build a church and multipurpose building at the Adventist University of Central Africa in Rwanda.
- build a hospital in the capital city of Burundi.

Let's pray that our offering today will make a big difference in the lives of children and grown-ups in Burundi and Rwanda.

[Sing "When He Cometh," Seventh-day Adventist Hymnal, no. 218.]

[Offering]

Your Offerings at Work

Your Thirteenth Sabbath Offering three years ago is helping to build this medical clinic at Bugema University in Uganda. It will offer medical treatment not only for students and staff members of the university but also for the community surrounding the school, which has no other nearby medical facility.



SPEAK SWAHILI

Swahili is spoken by 45 million people in eastern and central Africa. Vowels are *a* as in *ah*, *e* as in *bet*, *i* as in *bee*, *o* as in *oh* and *u*, as in *boot* (written *oo*). The accented syllables are written in capital letters in the pronunciation column.

Common Phrases

Hello
Good morning
How are you?
Fine, thanks.
My name is _____.
What is your name?
yes
no
please
thank you
welcome
goodbye

Write it

Jambo
Shikamoo
Habari gani
Sijambo asante
Jina langu ni _____.
Jina lako nani?
ndiyo
hapana
tafadhali
ahsante sana
karibu
kwa heri (to one person)
kwa herini (to many)

Pronounce It

JAHM-boh
shee-KAH-moo
hah-BAH-ree gah-nee
see-JAHM-boh ah-SAHN-teh
JEE-nah LAHN-goo nee _____
JEE-nah LAH-koh NAH-nee
n=DEE-yoh
hah-PAH-nah
tah-fahd-HAH-lee
ah-SAHN-teh SAH-nah
kah-REE-boo
kwah HEH-ree
kwah heh-REE-nee

Days of the Week

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

Jumapili
Jumatatu
Jumanne
Jumatano
Alhamisi
Ijumaa
Jumamosi

joo-mah-PEE-lee
joo-mah-TAH-too
joo-MAHN-neh
joo-mah-TAH-noh
ahl-hah-MEE-see
ee-JOO-mah
joo-mah-MOH-see

Counting

one
two
three
four
five
six
seven
eight
nine
ten
eleven
twelve

moja
mbili
tatu
nne
tano
sita
saba
nane
tisa
kumi
kumi na moja
kumi na mbili

MOH-jah
em-BEE-lee
TAH-too
n-neh
TAH-noh
SEE-tah
SAH-bah
NAH-neh
TEE-sah
KOO-mee
KOO-mee nah MOH-jah
KOO-mee nah em-BEE-lee

RECIPES FROM BURUNDI

RICE PORRIDGE

RUTH HARELIMARA

- | | |
|----------------------------|--|
| 1 cup rice | 3 tablespoons all-purpose flour |
| 2 quarts water | Juice of three lemons |
| 4 tablespoons peanut flour | 4 tablespoons brown sugar (or raw sugar) |

Boil water and add rice. Add about a cup of cold water to peanut flour to make a thin paste. Stir until completely dissolved. When the rice is cooked, add peanut paste and stir until well mixed. Leave on low heat while stirring for three minutes. Add wheat flour and continue stirring. When the mixture begins to boil, add lemon juice. Color of rice mixture will change and look like milk. Add sugar, and stir while bubbles form at top. Continue stirring until bubbles disappear. Serve hot with bread.

BURUNDIAN RICE AND VEGETABLE PATTIES

Serves 2

- | | |
|----------------------------------|---------------------------|
| ½ pound rice | 1 leek, diced |
| ½ large cabbage, chopped fine | 2 eggs |
| 1 teaspoon oil | 3 soup spoons of flour |
| 1 small onion, minced | Salt to taste |
| Leaves from 2 celery stalks | Oil for frying |
| 1 small green pepper, chopped | 3 tablespoons wheat flour |
| 1 whole garlic, peeled and diced | |

Boil rice until tender. While rice is cooking, heat oil in pan and add cabbage, onion, celery, green pepper, garlic, and leeks. Stir constantly until cabbage is tender-crisp and onions are transparent. Remove from heat and add to rice. Add two whole eggs and two teaspoons flour; stir into rice mixture and stir until well mixed.

In a separate frying pan, heat enough oil for deep frying. Form a handful of rice mixture into a patty or scoop by spoonfuls into the oil and let brown. Remove to paper towels and let drain. Cook remaining rice mixture and let drain.

RECIPES FROM RWANDA

"CHICKEN" WITH TOMATO SAUCE

- 2 13-ounce cans chicken-style soyameat cut into bite-size pieces
- 3 to 6 tablespoons oil
- 1 large onion, thinly sliced
- 5 or 6 large tomatoes, mashed
- 4 celery stalks, diced
- 2 teaspoons salt
- 2 hot pimento or chili peppers, minced
(or substitute cayenne powder or Tabasco sauce)

Fry chicken soyameat in hot oil until golden. Remove chicken soyameat and cook onions in same pot until golden. Return chicken to pot and add remaining ingredients. Reduce heat and simmer 15 minutes to blend flavors. Serves 8.

PINTO BEANS AND POTATOES

If cassava is available, use it; otherwise, white potatoes are an acceptable substitute.

- 2 cups dried pinto beans, presoaked or 4 cups canned pinto beans
- 2 large potatoes, chopped
- 2 celery stalks, chopped
- 1 teaspoon salt
- 1 onion, thinly sliced
- 4 tablespoons peanut oil

Cover beans with water and bring to a boil; reduce heat and simmer until beans are just tender. Add potato chunks, celery, and salt, and enough water to cover. Cook over low heat until potatoes are nearly done. Gently fry onion in oil in a large heavy skillet or stew pot. Using a slotted spoon, add beans and potatoes to the onion pot and stir until mixed well. Serve over rice. Serves 8.

EASTERN AFRICA PUZZLE

Test what you know about the area receiving the Thirteenth Sabbath Offering this quarter. In the word bank find the names of the countries that make up the East-Central Africa Division, the projects our offering will help sponsor, and a word to describe how we can help make these projects happen. How many can you find in this puzzle?

Word Key



Burundi
Congo
Djibouti
Eritrea

Ethiopia
Kenya
Rwanda
Somalia

Tanzania
Uganda
Hospital
Offering

Church
School
Uniforms
Child Training

D	J	I	B	O	U	T	I	H	C
U	E	R	I	T	R	E	A	O	H
N	S	O	M	A	L	I	A	S	I
I	H	R	W	A	N	D	A	P	L
F	B	U	R	U	N	D	I	I	D
O	O	U	G	A	N	D	A	T	T
R	T	A	N	Z	A	N	I	A	R
M	L	D	C	O	N	G	O	L	A
S	A	M	K	E	N	Y	A	S	I
N	O	F	F	E	R	I	N	G	N
G	C	H	U	R	C	H	S	O	I
O	O	N	S	C	H	O	O	L	N
E	T	H	I	O	P	I	A	S	G

Following are sources of information that have proven helpful in preparing programs for *Children's Mission*.

ADVENTIST MISSION RESOURCES

Visit our website for additional photos, recipes, language pages, puzzles, decorating ideas, and other activities that you can download and print to make mission more fun for children. Go to www.AdventistMission.org. Click on "Resources" then "Children's Activities" in the pop-up menu. Go to "first quarter" and select the activity you want.

Adventist Mission DVD is a free video that features stories from the featured countries as well as the worldwide mission of the church. Ask your Sabbath School superintendent to make you a copy of it. Or go online to <http://dvd.adventistmission.org> to download one of the DVD programs.

MISCELLANEOUS

Travel Agencies: Travel agencies often have colorful brochures on tourist destinations in the countries featured this quarter. Call or visit and ask what they have available to help you portray the scenery and culture of eastern Africa. Kenya is a popular safari destination.

Embassies and Tourism Offices sometimes can provide interesting information on their country. In North America, contact:

Embassy of Burundi, 2233 Wisconsin Avenue, NW, Suite 212, Washington, DC 20007. Telephone: (202) 342-2574. Fax: (202) 342-2578.

Embassy of Kenya, 2249 R. Street, NW, Washington, DC 20008. Telephone: (202) 387-6101. Fax: (202) 462-3829. E-mail: information@kenyaembassy.com; Website: www.kenyaembassy.com.

Embassy of Rwanda, 1714 New Hampshire Avenue, NW, Washington, DC 20009. Telephone: (202) 232-2882. Fax: (202) 232-4544. Website: www.rwandaembassy.org.

FIRST QUARTER 2010 EAST-CENTRAL AFRICA DIVISION

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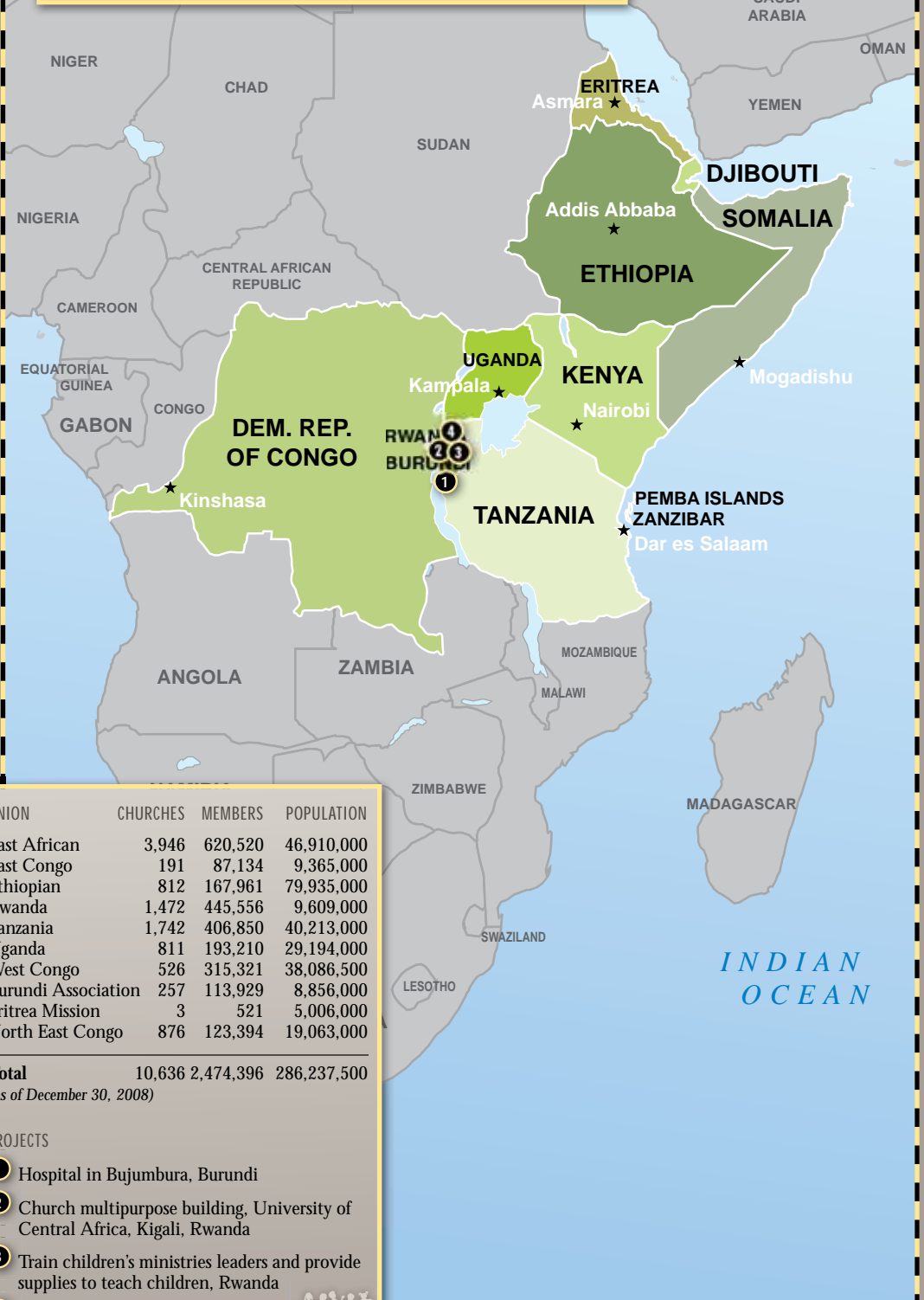
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East-Central Africa Division



UNION	CHURCHES	MEMBERS	POPULATION
East African	3,946	620,520	46,910,000
East Congo	191	87,134	9,365,000
Ethiopian	812	167,961	79,935,000
Rwanda	1,472	445,556	9,609,000
Tanzania	1,742	406,850	40,213,000
Uganda	811	193,210	29,194,000
West Congo	526	315,321	38,086,500
Burundi Association	257	113,929	8,856,000
Eritrea Mission	3	521	5,006,000
North East Congo	876	123,394	19,063,000

Total 10,636 2,474,396 286,237,500
 (as of December 30, 2008)

PROJECTS

- ① Hospital in Bujumbura, Burundi
- ② Church multipurpose building, University of Central Africa, Kigali, Rwanda
- ③ Train children's ministries leaders and provide supplies to teach children, Rwanda
- ④ School uniforms for children, Rwanda

