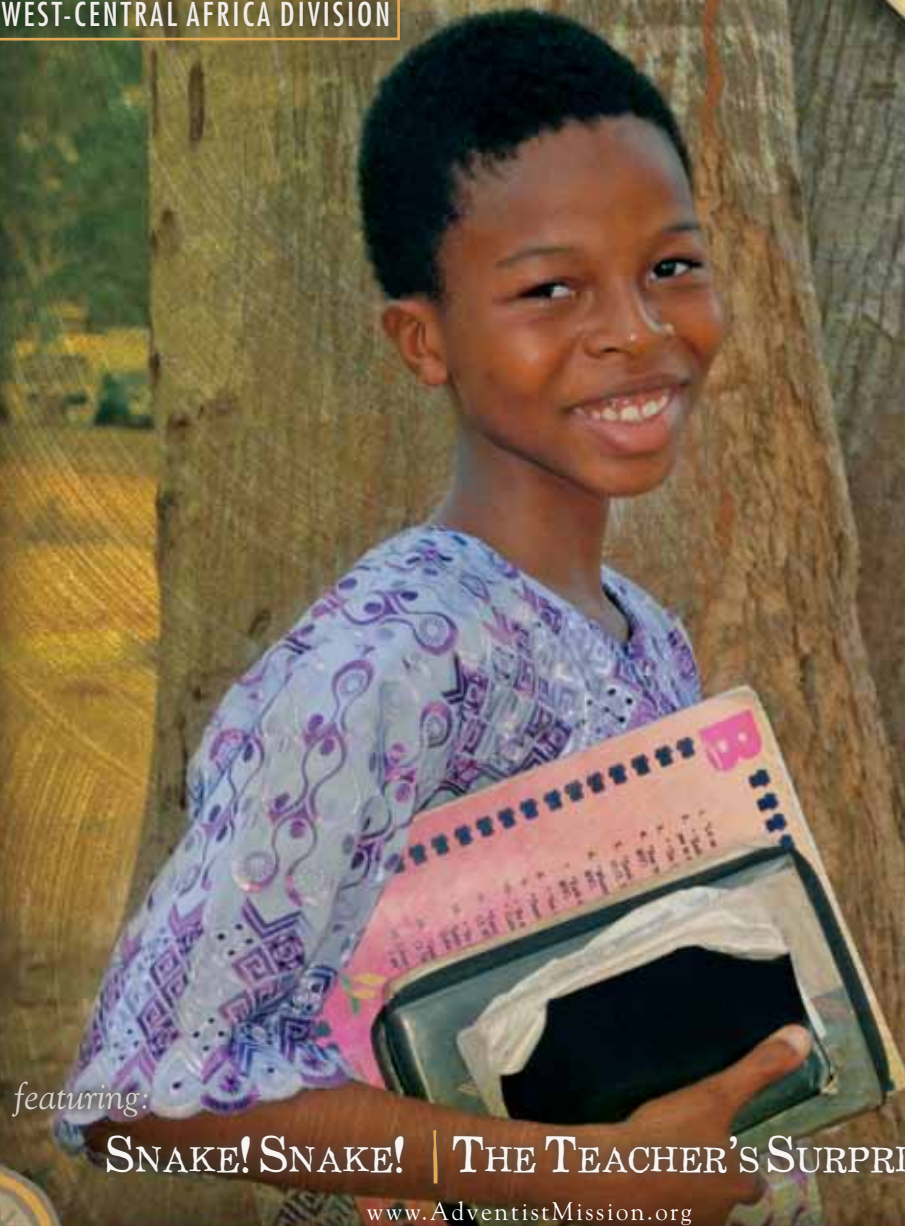


ADVENTIST  
**MISSION**

CHILDREN'S  
**MAGAZINE**

QUARTER 3  
**2011**

WEST-CENTRAL AFRICA DIVISION



*featuring:*

**SNAKE! SNAKE! | THE TEACHER'S SURPRISE**

[www.AdventistMission.org](http://www.AdventistMission.org)

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*On the Cover: Mawuli [mah-WOO-lee], dressed in traditional African clothes, stops to say hi on his way to Sabbath School in Ghana.*

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# DEAR SABBATH SCHOOL LEADER,

This quarter features the West-Central Africa Division, which includes the countries of Benin, Burkina Faso, Cameroon, Cape Verde, Central African Republic, Chad, Cote d'Ivoire, Equatorial Guinea, Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Liberia, Mali, Mauritania, Niger, Nigeria, Republic of the Congo, Senegal, Sierra Leone, and Togo.

The West-Central Africa Division is home to about 329,647,000 people, almost 835,000 of whom are Seventh-day Adventists. That's a ratio of one Adventist for every 395 people.

The Thirteenth Sabbath Offering this quarter will go to help:

- build a church at Valley View University in Ghana;
- provide a science building at Cosendai Adventist University in Cameroon;
- provide children's school supplies to give out as an evangelistic tool throughout the division.

## Language Fun

Songs and words in French (spoken in Cameroon) and Akan (Ghana) are featured in the quarterly and on our website, [www.AdventistMission.org](http://www.AdventistMission.org). Click on "Resources" and "Children's Activities" to access more.

## Offering Device

Use a natural, dried gourd bowl or make a bowl from papier-mâché to use as an offering device. Directions

for the bowl can be found in the Children's Activities section on the website. Because one of the projects is a church, you might wish to make the church banks featured on the website to encourage the children to save for the Thirteenth Sabbath Offering all quarter.

## Special Features

- **Adventist Mission DVD** features stories from the featured countries of the West-Central Africa Division. Ask your adult Sabbath School superintendent to make a copy for you to share with your children.
- **Invite a guest** who has lived in one of the countries featured this quarter to visit your class and speak to the children. Encourage your guest to wear traditional African clothing and bring appropriate items for the children to see and touch.
- **Decorate** the room with pictures cut from magazines or travel brochures, or silhouettes of African animals cut from black paper.
- **More Activities.** Visit our website at [www.AdventistMission.org](http://www.AdventistMission.org). Click on "Resources" and "Children's Activities." Click on the current quarter to find pages of crafts, language activities and songs, recipes, games, and activities to download or print for use in your Sabbath School. Check out "See It, Say It," an audio file that helps you pronounce some of the words featured this quarter.

Yours for the kingdom,



Charlotte Ishkanian

Editor, *Children's Mission*



July 2

C A M E R O O N | VANESSA

## THE TROUBLE WITH GLADYS

Vanessa and Gladys live in Cameroon, a country in western Africa [*locate Cameroon on a map*].

Vanessa was sad. Her best friend, Gladys, had invited her to her birthday party. But when Vanessa didn't eat the unclean food that her mother served at the party, Gladys's mother was upset. Even Gladys seemed angry with Vanessa.

Then Vanessa had an idea. She took her Bible to school to show Gladys why she didn't eat pork. "God doesn't want us to eat unclean food," Vanessa explained. Then she showed Gladys several verses about unclean foods. But Gladys didn't want to listen.

### FAST FACTS

- Cameroon lies on the Atlantic Ocean very near the equator. It has a tropical climate.
- Many kinds of wildlife live in the jungles and on the plains of Cameroon, including monkeys, chimpanzees, gorillas, antelopes, lions, elephants, and many species of birds and snakes.
- Most people in Cameroon speak a local dialect, but the official languages are English and French.

### Children's Sabbath

Children's Sabbath was coming, and Vanessa practiced her memory verses and the songs the children would sing. She invited Gladys to come to the program. "The children put on the whole program," Vanessa said. It sounded like fun, so Gladys asked her mother if she could go.

Gladys was impressed that the children led the singing and read the scripture, and some children even preached! After the program Vanessa found Gladys. "Did you like the

program?” she asked eagerly.

“Oh, yes,” Gladys said. “I’ve never seen children take part in a church program before.”

The girls walked to Gladys’s home. “Oh, Mother,” she said, “the program was great! The children recited Bible texts and sang songs, and some children even preached! I want to go to Vanessa’s church again!” Then she thought for a moment. “Mama,” she said, “why doesn’t our church ask the children to take part in the adult program?”

Gladys’s mother wasn’t happy that Gladys liked Vanessa’s church more than her own. She told Gladys that she could not go to church with Vanessa again. In fact, she told Gladys that she shouldn’t be friends with Vanessa any longer—and she could not talk to her about religion.

### Trouble With Gladys

The next time Vanessa saw Gladys, she saw her friend’s sad look. “My mom won’t let me play with you or talk to you about religion,” Gladys said. And then Gladys sat up straight, as she often did when she had an idea. “I know!” she said. “If I beg and beg, my mother will let me go! I know she will!” Gladys was an only child, and she often got what she wanted. And this time she wanted to go to Sabbath School!

Now it was Vanessa’s turn to get a worried look on her face. “You mustn’t talk to your mother that way,” Vanessa said. But Gladys was determined.

Vanessa invited Gladys home to talk to her mother about the importance of obeying. Mother gently told Gladys that she must speak respectfully to her mother and obey her. Then Vanessa’s

mother offered to go with Gladys to talk with her mother about attending Sabbath School. Vanessa went too. The girls asked Gladys’s mother to forgive them for making her unhappy. “I’m sorry if Gladys spoke disrespectfully to you because of something I’ve done,” Vanessa said. Gladys told her mother that she was sorry for being disrespectful too.

### Surprising Changes

How happy Gladys was when her mother allowed her to attend church with Vanessa! Gladys started learning Bible verses and could tell her mother the Bible stories she had heard in Sabbath School. Gladys’s mother noticed how respectful and obedient Gladys had become. She wondered what Vanessa’s church was doing to help her daughter become such a different person.

One day Gladys’s mother told the girls that she wanted to attend church with them. The girls hugged Gladys’s mother and told her that she would like going to Vanessa’s church.

Gladys’s mother went to church with the girls several times. And when the youth held evangelistic meetings, Gladys’s mother gave her heart to God.

Vanessa is so happy that she shared her faith with Gladys, for now both Gladys and her mother have learned that Jesus loves them and wants to be their friend forever.

We are missionaries when we tell others about Jesus and when we give our mission offerings, for they help others learn about Jesus, too. And we are being missionaries when we pray for others to give their hearts to Jesus. That’s three ways we can be missionaries today. 🌍



July 9

C A M E R O O N | C L A U D I A

## SNAKE! SNAKE!

Claudia is 8 years old. She lives on the campus of the Adventist university in central Cameroon. The school is located a few miles from the nearest town, right on the edge of the jungle. And living in the jungle often brings unexpected surprises.

### FAST FACTS

- Most people living outside the larger cities eat what they can grow. The most common foods include maize (corn), cassava (a root vegetable that when cooked tastes a lot like potatoes), peanuts (called groundnuts), yams, and plantains (a form of banana).
- Grains and starchy roots are often cooked and mashed and served with a spicy sauce made from vegetables. Meat and rice are luxuries that most people living in villages have only seldom, even if they raise cattle or goats.
- Children in villages help their parents. Girls carry water from the village well, and boys herd the family's goats or cattle.

### Snake!

One evening Mother went to close the door of the family's house. Behind the door lay everyone's shoes. As Mother pulled the door shut, she saw something move in the pile of shoes. Suddenly she shouted, "Snake! Snake!"

Claudia and her brothers were reading at the table. When Mother screamed, they jumped onto their chairs just in case the snake was poisonous. Mother grabbed a stick and hit the snake, but it didn't die.

A neighbor heard Mother shout, and he came running with a cutlass, a long, sharp knife that people use to cut grass. He opened the door and asked, "Where's the snake?" The children pointed to the pile of shoes behind the door. The man stepped inside and told Mother to get back.

Mother stepped back from the pile of

shoes while her neighbor raised the cutlass and swung it at the snake. With one blow he killed the snake. He scooped up the snake with his cutlass to carry it outside.

Mother realized that it was a poisonous snake. She thanked her neighbor and then closed the door behind him.

### The Dangerous Serpent

Mother was still trembling as she looked at the children. “That snake could have killed one of us,” she said. “It must have slithered in through the open door. We can’t leave the door open anymore.”

The children nodded as they climbed off their chairs. “But God protected us,” Claudia said. “He helped you see the snake and helped the neighbor kill it before it could hurt us.”

A few minutes later Papa came home, and the children eagerly told him of their scary encounter with the snake. Then the entire family knelt and

thanked God for keeping them safe.

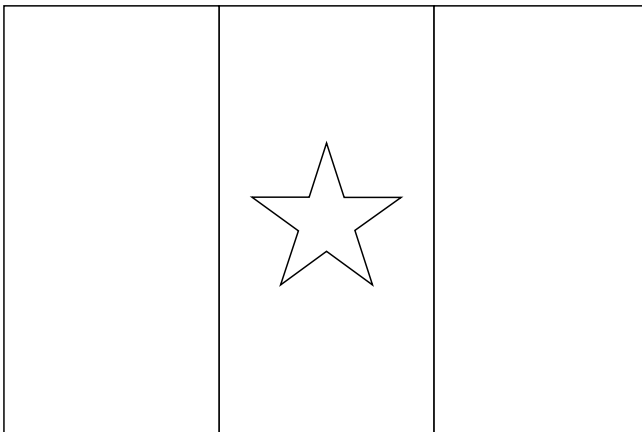
### An Important Lesson

“We have lots of snakes in Africa,” Claudia says. They live in the jungles and hide in the tall grass. They eat pests such as mice and rats, but their poison makes them dangerous to people. So we must watch out for snakes all the time.

“We must watch out for the devil, too. He tries to sneak up and bite us with the fangs of sin. Jesus will save us from Satan if we choose to live under His protection. We must always watch out for Satan so he can’t catch us and tempt us to sin.”

Claudia is right, boys and girls. Satan is even more dangerous than a poisonous snake. We must be careful to avoid him and warn others about him, too. And we must tell others that Jesus can protect them from Satan’s harm. We do that by telling our friends about God and by giving our mission offering every week. That way many children and adults can find protection in Jesus’ arms. 🌍

## COLOR THE FLAG OF CAMEROON



Left stripe: green

Center stripe: red

Right stripe: yellow

Star: yellow



July 16

C A M E R O O N | P A T R I C I A

## PATRICIA'S PRAYER

Patricia lives in central Cameroon. [*Locate Cameroon on a map.*] She's a lot like other girls. She likes to jump rope and talk with her friends. But in some ways Patricia is different from other children. She has HIV, a serious disease that often makes her sick. Two years ago Patricia's mother died of AIDS, a disease related to HIV.

### Difficult Life

When Patricia's mother died, she and her sister went to live with their grandmother. Her father couldn't pay the girls' tuition at the Adventist school, so he sent them to the public school near their home.

### MISSION POST

- AIDS is a serious disease that kills thousands of people every day in Africa and around the world. Many children are orphaned by the disease.
- Often children who have AIDS or HIV are shunned by other children who fear getting the disease. Patricia is grateful that the teachers and children at the Adventist school she attends want to help her instead of shun her.
- Pray for Patricia and her classmates as they seek to follow Jesus in difficult circumstances.

But Patricia begged her grandmother and father to let her study at the Adventist school. "The children in the public school shun me because I'm sick," Patricia said. "But the teachers and children in the Adventist school don't tease me. They pray for me. If I don't feel well or need help, they will help me or get the teacher. Please, please, let me go to the Adventist school."

Father and Grandmother allowed Patricia to return to the Adventist school. "I love my school," she says. "When I'm feeling well, I'm just



one of the children in my class. “And when I’m not well, the teachers and the children help me.”

Patricia’s father can’t always pay her tuition. So Patricia prays that God will make a way for her to remain in school.

### Lessons Well Learned

Patricia enjoys attending Sabbath School, too. She likes the Bible stories the most. “My favorite story is about Moses,” she says. “When he was born he was hidden in a basket and found by the pharaoh’s daughter. God saved him from death because his mother prayed for him.

“God loved Moses very much,” Patricia says with a smile. “He gave Moses a special work to do. I know that God loves me and He has something special for me to do, too. God can use me to help people come to Jesus. I don’t know how He will do that, but I know He will.”

### Our Work for Jesus

Patricia wants to tell her story so that we will know that even if we have problems in life—if we are poor or sick or have other troubles—God is with us and will help us. “Trust God and worship Him,” she says. “Obey your teachers and your parents. Help those who care for you. Whatever you do, do it for Jesus. That way others will know that Jesus lives in your heart.”

Patricia is wise for a young girl. She knows that God didn’t make her sick, but He can use her sickness to help other people learn to love others more and be kind to one another. That’s part of being a light for Jesus. Another way we can be a light for Jesus is by giving our mission offerings every week. Our offerings help build schools such as the one Patricia attends. That way many more children can learn how to love God and serve Him. 🌍

## LET’S SPEAK FRENCH

French and English are the official languages of Cameroon. Vowels are pronounced as follows: *a* as in cat; *ah* as in water; *eh* as in yet; *i* as in seen; *o* as in oh; *oo* as in noon; ’ signifies a sudden stop—do not hold vowel sound out. Accented syllables are capitalized.

### Phrase

Happy Sabbath  
Hello  
Please  
Thank you  
Yes  
No  
Goodbye

### Pronounce it

bohn SAH-bah  
bohn-JOOHR  
seel-tuh-PLAY  
mayr-SEE  
wee  
no  
oh’r -VWAHR



July 23

C A M E R O O N | RODRIG



## RODRIG'S NEW SCHOOL

Rodrig [roh-d-REEG] grew up in a family that seldom attended church. One day Rodrig learned that his father had taken a second wife. Mother was so angry that she moved away. She sent Rodrig and his sister to live with their uncle.

Rodrig missed a year of school because his mother couldn't pay his school fees. In spite of this, he passed the year-end exam and was promoted to the next grade. His mother arranged for him to live with a family on the campus so he could study there.

### MISSION POST

- Cameroon has about 108,400 Adventists. Its population is about 19 million. That means that one person out of every 175 is an Adventist.
- That is a good number, but it means that a lot of people still need to hear that God loves them and accept Jesus as their Savior.
- Pray that the believers in Cameroon will share their faith with everyone they know. Pray that teachers in Adventist schools will reach out to those children and their families who don't yet know God's love.

### Surprise Prayer

Rodrig knew nothing about Adventists, and the first time he attended Sabbath School someone asked him to pray. The only prayer he knew was the Lord's Prayer, so he recited it. He was relieved when no one laughed at him.

Rodrig wanted to learn how to pray before he was asked to pray again! He watched others as they prayed, and he asked the people he was staying with to help him learn how to pray. They were happy to help him. They invited him to worship with them every evening, and soon Rodrig was learning a lot about Jesus.

Rodrig began praying. First he prayed for his family—his parents and his sisters.

As he saw God answering his prayers, his confidence in God grew.

### Lots to Learn

One day Rodrig realized that the family he lived with didn't eat pork. He asked them why, and the father opened his Bible and showed Rodrig verses that talk about clean and unclean meats. Rodrig read the verses, and his host explained what they meant. Rodrig understood that some foods are not good to eat.

During holidays Rodrig went to his mother's house. While there she cooked pork, and Rodrig felt funny about eating it. Mother asked Rodrig why he wouldn't eat the food she had prepared, so Rodrig showed her in the Bible that pork was unclean.

Rodrig had been at the Adventist school for two years when his mother

died. Rodrig felt bad that he no longer could share his faith with her. He felt alone, but in his heart he knew that he wasn't really alone. He has a family who cares for him and treats him as one of their own children. He has classmates and teachers who love God and form a family around the children at the school. Rodrig has given his heart to Jesus.

When Rodrig goes to see his father and sisters on school holidays, he talks to them about what he's learned about God while at school. "I teach my sisters some of the songs I have learned in school," he says. "I'm just now getting closer to my father. I would like to share with him what I'm learning, but I'm not sure he will listen yet. Please pray that my father and sisters and stepmother will give their hearts to Jesus." 🌍

## COUNT IN FRENCH

Vowels are pronounced as follows: *a* as in cat; *ah* as in water; *eh* as in yet; *i* as in seen; *o* as in oh; *oo* as in noon; ' signifies a sudden stop—do not hold vowel sound out. Accented syllables are capitalized.

one	uhn
two	duh'
three	trwah'
four	KAT'ruh
five	sank
six	sihs
seven	seht
eight	weet
nine	nuhf
ten	dees



July 30

C A M E R O O N | DANIEL



## DANIEL'S ADVENTURE

Daniel is 8 years old. He was born in the country of Togo [*locate Togo on a map*], but his family moved to Benin where his father served as a pastor. [*Locate Benin, directly east of Togo.*] Then the mission asked Daniel's father to go to Cameroon to study theology, so the whole family needed to move again. [*Locate Cameroon on the map.*]

### Journey of Faith

"My father had lots of faith," Daniel says. "It costs a lot of money for us to live in Cameroon while Father studies. But Father said that God would provide for us, and He has.

### MISSION POST

- The school that Daniel attends is near the Cosendai Adventist University. It's located in the heart of Cameroon near a small city.
- The university is new and doesn't have many classrooms yet. The people are building as fast as they can, but they need our help. Part of our Thirteenth Sabbath Offering this quarter will help the university build a science building so that students can learn better and prepare to serve God.

"The journey from Togo to Cameroon by bus takes four or more days, and many dangers lie along the way. [*Trace the journey from Togo to Benin to Cameroon.*] Then God helped my family fly to Cameroon.

"I had never been in an airplane before, and I was excited. But I was nervous, too, especially when the airplane went through some rough air and we bumped around. I thought we might crash, so I prayed really hard that God would hold the airplane up. I was glad when the plane finally landed! But someday I want to fly again.

## New Home

“I’ve made lots of friends at my new school. We speak French in class, and I understand French. But sometimes when we’re playing, the children start talking their own dialects, and I can’t understand them. But they’re not trying to be rude. If I ask them what they are saying, they tell me. I’m learning a few words in their dialects, so now they can’t keep secrets from me.

“Because my school is near the campus of the Adventist university, most of the children who study here are Adventists. But a few of my classmates live in the nearby community, and they’re not Adventists. I know one boy in my class who isn’t an Adventist, and I’m praying that he’ll see the love of Jesus in my life and will want to come to

church with me when I invite him.

“When I lived in Benin I told a friend that Jesus loves him and invited him to church. He asked me about my church, and I invited him to come and see for himself what it’s like. He came, and he liked it. After that he came to church by himself. God helped me to share His love with my friend in Benin, and now that I’m in Cameroon I want to do it again.”

Daniel has the right idea. People can tell by our words and actions if we really love God. If we are kind and loving as Jesus is, others will listen when we share our faith. And when we give our mission offering we are helping to tell people about God’s love. Let’s share God’s love this week through our lives and through our offerings. 🌍

## BANANA FRITTERS

### WEST AFRICA

12 cups flour	1 cup milk
3 tablespoons sugar (optional)	5 to 6 medium-sized ripe bananas, mashed
¼ teaspoon ground ginger	1 cup peanuts (optional)
2 teaspoon ground cinnamon	oil for frying
2 or 3 eggs	confectioners’ sugar (optional)

In a large mixing bowl combine flour, sugar, ginger, and cinnamon. Beat in the eggs, one at a time, with a sturdy wire whisk. Gradually add milk, continuing to beat until batter is smooth and satiny, about 5 minutes. Stir in the bananas and peanuts and let mixture sit for 10 to 15 minutes.

Heat oil to 350-375°F. Pour about ¼ cup of batter quickly into the hot oil. Let it brown 2 to 3 minutes, then turn with a slotted spoon. Remove fritters when they are a rich golden brown and drain on absorbent cloth. Continue frying until all batter is used. Sprinkle with confectioners’ sugar and serve while still hot. Makes about 20 fritters.



August 6

CHILDREN'S PROJECT

## "FOLLOW ME"

Today's story comes from a school in the West-Central Africa Division. [*Locate the countries of the division on a map.*]

It was the first day of classes at an Adventist school in western Africa. Children gathered around a table standing under a shelter on the playground. The table held neat piles of school supplies—pencils, erasers, copybooks, crayons, and bookmarks, and some cards with a picture of Jesus and the words "Follow Me."

### CHILDREN'S OFFERING

- Many families in Africa can't afford to buy school supplies for their children. This quarter's special Thirteenth Sabbath Children's Offering will help buy school supplies that Adventist children in West-Central Africa Division can give to their friends who need them.
- As Adventist children give out the school supplies, they will invite the children who receive them to visit Sabbath School with them and learn that God loves them.
- Start saving money now and bring your offering on September 24 to make this special project a success.

Nine-year-old Joyce joined the other children who were whispering to one another. "Are these supplies for us?" "What are we going to do with them?" "This looks like fun!" The teacher arrived and Joyce and her friends stood quietly as the teacher spoke.

### Fun Mission Project

"We have a special mission project today," she began. "We will make packets of school supplies to give to children who don't know Jesus." A flutter of excitement rippled through the cluster of children.

The teacher gave each child a bag and told them to walk around the table and

pick up one item from each pile. “Be sure to put the card with the picture of Jesus in last,” she said. “This card is an invitation to Sabbath School.”

Joyce and her classmates filed around the table choosing what they would put into their bags as the teacher explained that some children in their own village didn’t have the money to buy school supplies to do well in school.

When everyone had finished filling and sealing their bags, the teacher bowed her head to pray. “Dear God,” she said, “please show each child the person You want to receive their bag of supplies. And bless those who will receive the bags. Help them to want to know more about You. In Jesus’ name, amen.”

### Who Gets the Bag?

“Children,” the teacher added, “If you ask Him, God will help you find the person He wants you to give the bag to. And when you give the bag to the child,

tell them that Jesus loves them and wants to be their friend. Invite them to go with you to Sabbath School this week. And offer to walk them to the church if they are willing.”

When school ended Joyce picked up her book bag and the bag with school supplies and walked toward home. Every student on the street held a bag of school supplies. “Dear Jesus,” she prayed, “please help me to find someone who needs to know You love them. Amen.”

Joyce looked at the packet in her hand. She wished that she could keep it for herself, but she knew that God had a special plan for it. *Who will I give it to?* she wondered. *Who do I know who needs school supplies and doesn’t know Jesus?*

Joyce looked up from the packet to see a boy walking toward her. It was Theo. Suddenly Joyce smiled, for she knew she had found the person God wanted her to give the packet to. 🌍

## MAKE A SCHOOL CARE PACKET

Gather enough simple school supplies such as rulers, pencils, erasers, copybooks or spiral-bound notebooks, religious bookmarks (homemade or purchased), and large plastic bags (zip-close bags work well) so that each child in your Sabbath School class can make a packet. Make or purchase postcards on which you can write “Come with me to Sabbath School” and add the church address and hours of worship at the bottom of the card.

Let the children each make a bag and decide who they will give it to. Urge the children to be sure to invite the recipient of the school supplies to Sabbath School, and explain that they may need to arrange transportation so the child can attend church. When the bags are filled, pray that God will bless the children who will receive the bags. Ask children to come next week prepared to tell who they gave the bag to and what the person’s response was.



August 13

G H A N A | MAWULI AND ELORM

## BEING A GOOD EXAMPLE

Today's story comes from Ghana. [*Locate Ghana on a map.*]

Elorm [EH-lorm] and her brother, Mawuli [mah-WOO-lee], live on the campus of Valley View University, the Adventist university in southern Ghana. But they must attend school in the community because there is no Adventist primary school on the campus.

### FAST FACTS

- Ghana lies on the Atlantic Ocean between Côte d'Ivoire (coht duh-VWAH, or Ivory Coast) and Togo. For many years Ghana was called Gold Coast because it produced a great quantity of gold.
- Ghana was the first country in Africa to gain independence from colonial rule. The country led other nations in their fight for independence.
- The people of Ghana belong to more than 100 different ethnic and language groups. The people have worked hard to live together in peace.

### Elorm

When Elorm started attending a new school, some of her new classmates noticed that she was different from other children. They noticed that she didn't wear earrings and asked her why. "I told them that God says that we don't need jewelry to be beautiful," Elorm says. "God wants us to be beautiful from the inside, not just on the outside. It must come from our hearts."

One day Elorm's teacher announced that he would start holding classes on Saturday, and Elorm explained to him that she would not attend because she is a Seventh-day Adventist. He urged her to come to the classes so that she would do well on her year-end exams.

When her friends realized that Elorm



didn't attend classes on Saturdays, they asked her why. She explained to them that she attends church on Saturday, her Sabbath, and she invited them to visit her church. To her surprise and joy, one of her classmates came to the university to attend church, and she brought several of her friends with her.

### God Honors Her Faith

After the Saturday classes began, Elorm asked her classmates to lend her their notes from Saturday. They asked her why she didn't just come and take her own notes. Again Elorm had a chance to tell them that she worships God on Saturday, her Sabbath. Her friends shared their notes with her.

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*" I know that if I have faith in God, He will help me."*

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When the teacher learned that Elorm was borrowing notes from the other children, he asked her, "How are you going to study if you don't understand the notes?" She explained that God would help her to understand the lessons.

At the end of the semester when the children took their exams on all the subjects, Elorm scored very well. "I know that God helped me to do well because I honored Him and His Sabbath," she says. "My friends realize that God helped me do well, even when I didn't come to class. I know that if I have faith in God, He will help me."

### Mawuli's Example

Mawuli enjoys his family's devotions. He also likes to have his own devotions.

"My parents gave me a book of devotions for children my age," he says. "That book has helped me share my faith with my cousin Rosina.

"Rosina stays with us during her school breaks. One day she saw me reading my devotional book and asked me what it was about. I told her, and she was surprised that I was so interested in a book about God. She asked to read it too, so after I read it for my devotions, I gave it to her to read. She liked it as much as I do.

"Rosina isn't a child; she's 21. But her family doesn't go to church very often, and she grew up feeling that religion wasn't important. But when she stays with us she goes to church every Sabbath. And when we go on Friday evenings, she goes with us too. And when we stay home on Friday evenings, she joins us for our family worship.

### Catching the Joy of Jesus

"At first Rosina found it strange that we have devotions every morning and every evening. But she joined us, and I began to see her change. She became happier and more joyful. I notice that now she prepares for the Sabbath on Friday. We didn't say anything to her about these things; we just do what we always do, and she is catching the joy of Jesus from us. I've learned that my actions can have an effect on people, so I must always behave well."

We will hear several stories in the next few weeks from children who live at or near the Adventist university. Part of this quarter's Thirteenth Sabbath Offering will help build a church on the campus so that many more people can worship God. 🌍



August 20

G H A N A | AUDREY

## THE TEACHER'S SURPRISE

Today's story comes from Ghana. [*Locate Ghana on a map.*]

Audrey lives on the campus of Valley View University in southern Ghana. There is no elementary school on campus, so Audrey and the other children who live at the university attend school in the community.

Audrey was the only Adventist in her class. But a surprise invitation changed that.

The school held classes on Sabbath, and Audrey explained that she worships God on Sabbath and wouldn't be in class. The teacher urged Audrey to attend the classes,

saying it would help her do well on her exams. But Audrey explained that the Sabbath is God's idea, and she wants to obey God. Even some of Audrey's classmates teased her when she didn't attend classes on Sabbath.

### Fast Facts

- Ghana has about 23 million people and is one of the most densely populated countries in Africa. About half of the people in Ghana farm for a living.
- The official language of Ghana is English, but most of Ghana's people also speak an African language. The most widely spoken African language in Ghana is Akan, which is spoken by the Ashanti people of central Ghana.
- The Ashanti people are known for their carving ability and the beautifully woven kente cloth, which is made on looms and features golden-yellow, brown, dark red, and black colors.

### Surprise Invitation

Audrey's religion teacher knew that she was Adventist, so he wasn't surprised that she never attended classes on Saturday. But he was surprised that she scored well on all her tests. One day he asked her how she knew so much about the Bible. Audrey answered that she studied the same Bible stories in Sabbath School.

One day Audrey's teacher was talking about a Bible test that several children had not done well on. Then he said, "If you want to do better in religion class, perhaps you should attend Audrey's church. She knows the Bible very well." Audrey was surprised and pleased. Some of her classmates asked her whether they could attend her church.

Audrey lived too far away to invite her friends to her church. Then she remembered an Adventist church close to the school. She invited her friends to attend that church, and several of them did.

The church was holding evangelistic meetings, and some of Audrey's friends went to the meetings. Several of them were baptized.

One boy's mother didn't want him to take the bus to church, so she took him to church. She stayed for the worship service, and the sermons touched her heart. This boy and his mother still attend the Adventist church.

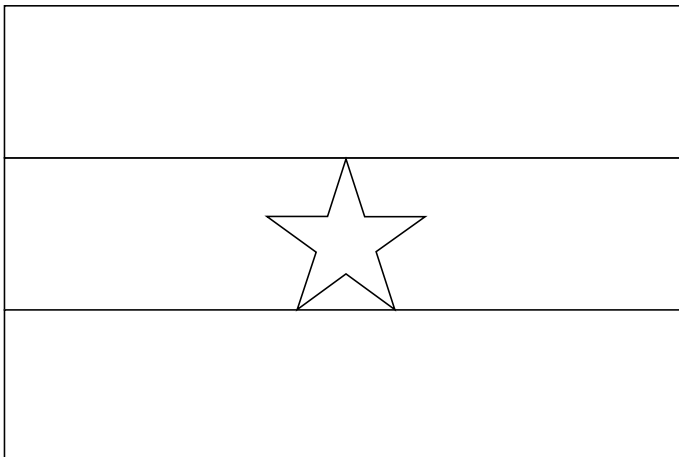
## Cancelled Classes

The teacher noticed that the children who were attending the Adventist church were doing much better in religion class than those who didn't attend. So he canceled Saturday classes so all the children who wanted to could attend the Adventist church. Audrey prays that one day her teacher will come to church, too.

God turned a difficult situation into a big blessing for Audrey and her classmates. Now everyone in her class knows about what the Adventist church teaches, and several of her friends are members.

Part of our Thirteenth Sabbath Offering this quarter will go to help build a new church on the campus of Valley View University so that more people who live on the school campus and in the community around the school can come and learn that God loves them. 🌍

## COLOR THE FLAG OF GHANA



Top stripe: red

Center stripe: yellow

Bottom stripe green

Star: black



August 27

G H A N A | ELIKEM, KOFI, AND DAVID

## OUR MISSION FIELD

Today's story is another one from Ghana. [*Locate Ghana on the map.*]

Kofi and David and Elikem [EH-lee-kehm] are friends. They attend the same school. All three boys like to share their faith with others at school. It's their mission field.

### MISSION POST

- Almost 350,000 Adventists live and worship in Ghana. That's about one Adventist for every 69 people. The church supports many elementary schools, some high schools, and a large university—Valley View University, located just outside of the capital city, Accra.
- The university has grown rapidly in the past few years. Everywhere on campus new buildings are going up to house classrooms, dormitories, a new cafeteria, and offices. The one building that's missing on campus is a church.
- Part of this quarter's Thirteenth Sabbath Offering will help build a church in the heart of the campus.

### Kofi

Kofi's friend Stephen is a Christian, and the boys like to talk during recess about God. "I tell Stephen about the Sabbath," Kofi says. "I explain to him that God gave the Sabbath not just to Jews but to everyone, starting with Adam and Eve. I explain that God wants us to do our work on the other six days so we can spend the Sabbath with Him, worshipping and doing things with our families for God.

"Stephen doesn't understand the beauty of the Sabbath yet, but he has come to church with me and likes it. He wants to come again. I pray that God will help me have the spirit of patience with Stephen so that God can speak to Stephen's heart about what it means to really follow God."

## David

David talks to his teacher about God.

“During our religious education class, our teacher told us that Jesus made all the unclean animals in the Bible clean,” David says. “She used Peter’s dream about the animals on the sheet\* to prove that everything is now clean. After class I told her that Peter’s dream was not about clean and unclean animals. I read the texts from my Bible and explained that God was trying to show Peter that the Gentiles were not unclean, as Jews believed. When I read the verses to her, she realized that she had misunderstood the story.

“I wanted to talk to her about the Sabbath too, but some other children came to her and I didn’t get a chance. I hope God gives me another chance to tell her about the Sabbath. She knows that my friends and I don’t come when she has classes on Sabbath. I want to tell her why—because Jesus wants us to spend time with Him.”

## Elikem

Elikem likes to sing, so he joined the school choir. But when the choir practices or performs on Sabbath, he doesn’t go. Another boy in the choir, Eli, is Adventist, and usually he doesn’t attend practices on Sabbath either. But not long ago the choir sang for a special school program, and Eli’s father told him that he should go to the program. So he went. Afterward Eli said he felt bad missing church. “I was glad I chose to listen to my parents and go to church instead of to the school program,” Elikem said.

Boys and girls, there are many ways we can share our faith, and many people we can tell about Jesus. That’s part of being a missionary. Another way we can be a missionary is by giving our mission offerings. Our offerings help people all around the world learn that God loves them and wants them to live with Him forever in heaven. 🌍

\*Acts 10:11

## LET’S SPEAK AKAN

Akan (ah-KAHN) is the language of the Ashanti people of central Ghana. Vowels are pronounced as follows: *a* as in cat; *ay* as in say; *ih* as in fit; *eh* as in bed; *ee* as in bee; *oh* as in oh; *u* as in foot; *aw* as in hot; *oo* as in boot.

### Phrase

Happy Sabbath  
Welcome  
Please  
Thank you  
Yes  
No  
Goodbye

### Pronounce it

hoh-MIH-dah pah  
ahk-WAH-ah-ba  
mih-pah wu-choh  
mih-dah wu ah-SEE  
Aa-nee  
DA-bee  
bai-bai (same as bye-bye)



September 3

G H A N A | MARY, MOTHER, AND JOSEPH

## JOSEPH AND MARY'S QUEST

Joseph and Mary live in a poor neighborhood in Accra [ah-KRAH], the capital city of Ghana. [*Locate Ghana on a map.*] When Joseph was old enough to start school, his parents sent him to the nearby Adventist school because they wanted him to have a good education.

Joseph loved his new school, and when he learned that the children attended Sabbath School on Sabbaths, he wanted to go too. His mother walked him to the church on her way to work.

### MISSION POST

- People of Ghana belong to many different religions. About 24 percent, or one person in four, follows traditional beliefs that may include ancestor worship and witchcraft. About 20 percent, or one person in five, follows the Muslim religion, and almost as many are Protestant Christians. Some Christian churches mix faith in God with faith in traditional religions.
- Almost 350,000 Seventh-day Adventists live in Ghana. That's one Adventist for every 69 people. Pray that Adventists in Ghana will be able to help their friends and neighbors understand that it's important to worship only God and not idols or ancestors.

### Adventures With God

Joseph loved Sabbath School. He loved how his teachers made the Bible lessons so interesting. When his mother came to get him late on Sabbath afternoon, he bubbled over with excitement about what he had learned that day.

Joseph invited his parents to come to church with him, but they said that they had to work, so he went alone. He felt lonely when he saw his friends sitting with their parents. "Please, Mom

and Dad,” he would plead, “let’s go to church together.”

Joseph joined the Adventurers Club, which met on Sabbath afternoons. Whenever the Adventurers had a special program, Joseph invited his parents. But they always had to work, so he went alone.

### **“I Won’t Go Either”**

When Joseph’s sister, Mary, was 3 years old, he began taking her to church. Mother walked the children to church and returned for them late in the afternoon. Then Mary began begging her mother to go to church with her.

One day when Mary was 5, she again asked Mother to stay for church. Again Mother said she had to work. “OK,” Mary said, “if you won’t go to church, then I won’t go either.” Mary’s words hit Mother hard. Mother tried to reason with Mary, saying, “If I go to church with you, what will you eat? I must work on Saturday so we’ll have food to eat the rest of the week.” But Mary kept asking her mother to come to church.

Mary and Joseph weren’t the only ones to invite Mother and Father to church. Church members often visited the family to invite the parents to church. But still the children’s parents didn’t come.

Then one day when the children begged their parents to go to church, Father said he’d go. Mary and Joseph were thrilled! When they arrived at church, Joseph introduced his father to many members. The children sat next to him in church. And the elders greeted Father warmly, for they had been trying to get Father to attend church.

Father returned the next week, but

then his boss told him that he had to work the following Sabbath. The children again asked their mother to go with them, but she didn’t.

### **Mother’s Surprise**

Then one Friday Mother told the children, “Tomorrow I will go to church with you.” Mary and Joseph were stunned. Did Mother really mean it? Would she really go? Or would she just drop them off at church on her way to work?

On Sabbath morning Mother helped the children prepare for church. Then she put on her best dress and walked with the children to church. As the family neared the church, instead of saying goodbye, Mother walked into the church yard with them.

Mary was so happy that she refused to leave her mother and go to her own Sabbath School. Several times during Sabbath School Joseph left his class to see that his mother was still in church.

Mother realized that she had missed worshipping God. She continued attending church with the children. One day Mother realized that when she stopped working on the Sabbath, God blessed her and gave her the same amount of money from five days’ work that she had been earning in six days.

Now Mother has joined the children as they pray that Father will give his heart to God. Let’s pray for Father, too. We know Jesus wants whole families to be together in heaven.

Our mission offerings help support schools such as the one that Mary and Joseph attend. There many children first learn that Jesus loves them and wants to be their friend now and forever. 🌍



September 10

G H A N A | CLIFFORD, CARRINGTON, AND HENRY

## SHARING GOD'S LOVE

*[Ask three junior-aged boys to present this program. One boy will be the narrator and take Henry's part; the others will take the parts of Clifford and Carrington.]*

**Henry:** My name is Henry. This is Clifford [*point to Clifford*], and this is Carrington [*point to Carrington*]. We all live in Accra, the capital city of Ghana. [*Locate Ghana on a map.*] Clifford and I come from Adventist families. In Sabbath School we learned to tell our friends about Jesus and invite them to church.

### MISSION POST

- Adventist schools are truly mission schools. Many children who attend are not from Adventist homes. The children learn to love God, and invite their parents to attend church with them. In this way many children have helped lead their parents to Jesus just by inviting them to church.
- Children also invite other children. This quarter the special children's mission project is to make and give out packets of school supplies along with an invitation to attend Sabbath School. This will help train Adventist children to share their faith with others.

**Clifford:** When I was 8 I invited my friend Robert to church. He liked it and came for several weeks. Then his parents decided to go to church with him, and they liked it too. They kept coming to my church until they moved to another town. Now they attend another Adventist church. I feel good that I helped Robert and his family learn to love God.

**Henry:** When I lived in another town, I invited a friend to church. He came and brought his family. They still come to church, but we moved away, so I don't get to see them. Now that I know how to invite others to church, it's easy!



**Clifford:** Then Carrington moved into my neighborhood and enrolled in my school. We became friends. One day after chapel at school, Henry and I asked Carrington whether he went to church anywhere.

**Carrington:** My mother got a job working at the Adventist school, so she enrolled me to study there. She likes the school, and I do, too.

Clifford and I became friends right away. When he and Henry asked me about my church, I told them that we were still new, and we hadn't found a church yet. Then they invited me to come to church with them. My mom said I could go, so I agreed.

I was a little nervous at first because I had not been to an Adventist church before and didn't know what to expect. But Henry and Clifford were with me, so I wasn't alone.

As we walked to church, they told me about the children's Sabbath School. We would read a Bible story and talk about it. Then we would sing songs. I'm glad they told me what to expect, because it made church more fun.

I liked Sabbath School, and I wanted to go again. Just as Clifford and Henry said, I made some new friends there. I told my mother what we'd learned and invited her to come to church too. But she has been taking classes on Sabbath so she can't come with me to church yet. But some day I hope she will.

I'm glad my friends invited me to church. They introduced me to their friends, and everyone made me feel welcome. I like the church, and I want to come back.

**Henry:** See? It's easy to tell someone about Jesus. And when we give our mission offerings, we're helping others learn about Jesus, too. 🌍

## LET'S COUNT IN AKAN

Vowels are pronounced as follows: *a* as in cat; *ay* as in say; *ih* as in fit; *eh* as in bed; *ee* as in bee; *oh* as in oh; *u* as in foot; *aw* as in hot; *oo* as in boot.

### Numbers

one  
two  
three  
four  
five  
six  
seven  
eight  
nine  
ten

### Say it

ba'uh-KOH  
mee-ehn-OO  
mee-ehn-SAH  
nahn  
noom  
n'SEE-ah  
n'SOHN  
n'waw-CHIH  
n'KROHN  
doo



September 17

G H A N A | E M M A N U E L L A

## TESTIMONY TIME

It's Sabbath in Ghana, just as it is here. *[Ask child to find Ghana on a map.]* The children at Valley View University meet for Sabbath School and church in a classroom on the campus of the university.

Sometimes children tell what God has done for them. Today a boy and a girl will share God's special blessings with their Sabbath School and with us.

### MISSION POST

- Next week is Thirteenth Sabbath. Adults and children around the world will bring a special offering to help build a church in Ghana and a science building at our university in Cameroon, and to help children make and give away school-supply packets along with an invitation to attend Sabbath School.
- If you have not already seen it, watch the special children's video on the Adventist Mission DVD.

### Emmanuella's Prayer

"My name is Emmanuella, and I'm 9 years old. For many years I've prayed for a baby brother or sister. My mom had told me that after I was born she couldn't have another child, and when I asked whether I could pray for a baby, she said yes. So I prayed that if that was God's will we could have a baby.

I prayed every day and whenever I saw a baby on the street. I didn't give up. I just kept praying.

Then one day my mother met me when I came home from school. She was smiling. She told me that we were going to have a baby! I'm so thrilled that God answered our family's prayer for a baby. And I know that my parents are happy too. They both smile all the time.

My baby sister has been born. I'm helping Mother any way I can, for she is busy caring for

my prayed-for baby sister. When she's a little bigger, I'll carry her on my back as we do in Africa. And when she gets older, I'll read to her every day and teach her songs about Jesus and Bible verses I've learned.

I thank God for answering my prayer—and my parents' prayer—for a baby. God is so good to us!

### David's Testimony

"The school I attend works hard to have higher grades than other schools. So to help students score better on tests, the school holds classes on Saturdays. My teacher wanted me to attend classes too, but I told him I wouldn't come to class that day because it's the day that God as set aside to spend with Him. We must keep it holy as He says. I explained that I don't want to work or do anything

that will take my mind away from God on that day.

Some of the children ask me why I'm not in class on Saturdays, and I tell them what I told my teacher—that Saturday is God's holy day, a day that we are to spend with Him, to worship Him and attend church.

I invite my teacher to visit the Adventist church, and he says he will. I pray that he will learn to love God as I do.

### Appeal

Boys and girls, when we tell others what God is doing in our lives, we're being missionaries. Another way to be a missionary is to give our mission offering every week in Sabbath School. Through our offerings many people we don't even know will learn that God loves them. 🌍

## SIMPLE FUFU WEST AFRICA

Fufu is traditionally made from cassava, yam, or any similar starchy vegetable, and is work intensive. Try this simple recipe to give your children a quick and easy taste experience that is remarkably similar to the traditional taste.

¼ cup dehydrated potatoes      2 cups water

Mix the dehydrated potatoes and half of the water in a small pan until it forms a smooth paste. Cook over a low heat, stirring constantly. As it boils, add additional water until the paste becomes thick and goey. Cook for five minutes, stirring to prevent sticking. Let cool slightly then serve each child a spoonful along with a zesty sauce or use a jar of spaghetti sauce for a quick sauce.

Encourage children to pick up a teaspoon of the fufu paste with the fingers of their right hand and form it into a ball. Dip the ball into a small amount of sauce and eat directly from the fingers.

# THIRTEENTH SABBATH PROGRAM

If your class will present the Thirteenth Sabbath program for the adults:

- Practice one or more songs from the quarterly or the website ([www.AdventistMission.org](http://www.AdventistMission.org)) to sing during the program or as an offertory.
- Send home a note to remind parents of the program and to encourage the children to bring their Thirteenth Sabbath Offering on September 24.
- As you collect the Thirteenth Sabbath Offering, remind everyone that their offerings are gifts to spread God's Word around the world, and that one fourth of our Thirteenth Sabbath Offering will go directly to the West-Central Africa Division to help complete the projects

listed on the map on the back cover. In addition, remind the children of the special children's project, school supplies for children in western Africa.

**If your class will not join the adults** for a special program, present the following children's project story during the mission time.

- Remind the children to bring their Thirteenth Sabbath Offering. Count the money and let the children know how much they have brought for missions during the quarter and how much they gave for Thirteenth Sabbath today. Praise them for what they have done and let them know that their offerings will make a big difference to children like them around the world.

*[If you wish, prior to Sabbath School fill a plastic bag with new school supplies—pencils, an eraser, crayons, a copybook or spiral-bound notebook, some stickers, and a bookmark with a photo of Jesus on it. Be prepared to show this to the children at the appropriate place in the program.]*

## A GIFT FOR YOU

For the past three months we've heard stories from where? *[Let a child answer.]* Yes, from the West-Central Africa Division. *[Locate the division on a map. Name some of the countries that make up this division.]* Our stories this quarter have come from two of these countries. Who can name one of them? *[Let children respond until they've named Cameroon and Ghana. Locate these countries on the map.]*

Our stories have been about how children shared their faith with others.

Let's see if we can remember some of the stories.

### Vanessa

We heard about Vanessa, who lives in Cameroon. She wanted her best friend to understand her faith, so she invited Gladys to visit her Sabbath School. Gladys loved Sabbath School and wanted to go back, even when her mother told her no. But Vanessa told Gladys that she must respect her mother. Gladys's mother was so

surprised when Gladys obeyed that she wanted to visit the church, too. We learned that when we show kindness and respect to others, people notice. Today Gladys and her mother attend church together—with Vanessa’s family.

### **Snake!**

Our second story was about a surprise—and unwelcome—visitor in Claudia’s family home. Can anyone remember what that visitor was? *[Snake.]* When Mother discovered the snake in a pile of shoes, she screamed, and a neighbor came and killed it. The family realized that once again God had protected them from danger. Claudia shares her story so other children will know that when we need help, God is there to help us.

### **Patricia**

We had another story about a girl named Patricia who has a serious illness. When her mother died, her father and grandmother wanted her to go to the public school, but the children there didn’t treat her well. Patricia prayed that her grandmother and father would allow her to return to the Adventist school, where the children treated her kindly. God answered her prayer, too, and now when Patricia doesn’t feel well, her classmates help her; they don’t make fun of her. Patricia’s classmates are showing God’s love by their actions toward Patricia, aren’t they?

### **Rodrig**

Rodrig [roh-d-REEG] couldn’t continue studying in the school where he had been, so his mother enrolled him in an Adventist school. Rodrig didn’t know much about God, but his host family and

his classmates helped him learn a lot very fast. Today Rodrig is sharing his faith with his sisters and his father.

### **Mawuli**

Mawuli [mah-WOO-lee] and his family live in Ghana on the campus of Valley View University. When his cousin, who is much older than he is, saw him reading a devotional book, she asked to read it as well. He finished reading that day’s devotion and gave the book to his cousin. She liked the book and continued reading it. Soon she joined the family in their worship every evening, and before long she was attending church with the family. Mawuli didn’t have to say a lot to convince his cousin to follow God; the example of his actions was enough to convince her that God loves her and wants to be her best friend.

### **Mary and Joseph**

Mary and Joseph are brother and sister. They study in an Adventist school, even though their parents weren’t Adventists when they first sent the children. From the time that Joseph was in first grade he’s loved his school and the church next door. He and his little sister often pleaded with their parents to come with them to church. Finally one day Mother agreed. She was surprised how much she enjoyed worshipping God again. Mother has joined the church now, and the family is praying for Father to join them.

### **A Gift of Love**

Next we heard a story about Joyce, who attends an Adventist school. Something special happened one day at her school. The children gathered

around a large table on the playground. They were given bags and told to put some things into their bag. Who remembers what the children put into their bags. *[Let the children guess.]* Yes, they put school supplies—notebooks, pencils, erasers, crayons, a bookmark, and a picture of Jesus. When the bags were filled, children were told to take them with them when they left school. But what did the children do with these bags? *[Let a child answer.]*

Yes, they were to give the bag to a friend who didn't have the money to buy school supplies. Can you remember what else the child did when they gave the bag to their friend? Yes, they were to invite the child to follow them to Sabbath School, where they could learn about God.

### **Dinah's Bag of Love**

One girl named Dinah prayed about who she should give her bag of school supplies to.

Then she thought of Israel, a little boy who didn't attend her school. The more she thought of him, the more sure she wanted to give her bag to Israel. The next day she found Israel and told him that she had something for him. Israel was curious what it could be. Dinah hurried to get the bag and held it out for Israel.

"This is for you," she said. "It will help you do well in school this year.

And with it comes a message that Jesus loves you and wants you to learn more about him by coming with me to Sabbath School."

Israel's eyes grew wide with excitement as he looked into the bag. It was like a Christmas gift! He peeked into the bag and found a brand-new pencil and a copybook to write his lessons in, an eraser, and some crayons. There was a bookmark that said "Jesus loves you" on it, and on the back was an invitation from his friend to attend Sabbath School with her. He looked up at Dinah and smiled his own thank-you to her.

Just imagine how a small bag with some simple school supplies can make a big difference to a child in Africa. Now we can't send bags with school supplies to Africa, for it would cost a lot of money. But we can give our Thirteenth Sabbath Offering today so that the teachers in Africa can buy the school supplies the children need and let the children there make the bags. Then the children can give them out to their friends, just as Dinah did.

This is one more way you can help children in another country share God's love and make God's family grow bigger. As we take up our offering this morning, let's pray that it will help fill lots of bags with love and invitations to follow a friend to Sabbath School.

*[Close in prayer before offering.]*

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### **Your Offerings at Work**

Your Thirteenth Sabbath Offering today will help children share God's love as they share school supplies with others. *[For photos of this project, visit*

*www.AdventistMission.org. Click on "Resources" and "Children's Activities," and then on fourth quarter. Find the file titled "Project Photos."]*

# SING PRAISES TO GOD

## FRENCH

French and English are the official languages of Cameroon. Vowels are pronounced as follows: *a* as in cat; *ah* as in water; *eh* as in yet; *i* as in seen; *o* as in oh; *oo* as in noon; ‘ signifies a sudden stop, do not hold vowel sound out.

### JESUS LOVES ME

*(chorus only)*

Oui, Jesus m'aime,	wee zeh zoo mehm
Oui, Jesus m'aime,	wee zeh zoo mehm
Oui, Jesus m'aime,	wee zeh zoo mehm
La Bible me le dit.	la bee bluh muh luh dee

*(Let There Be Praise [Hagerstown Md: Review and Herald Pub. Assn., 1988], no. 57.)*

### GOD IS SO GOOD

Dieu est si bon	dee-ooeh eh see bohn
Dieu est si bon	dee-ooeh eh see bohn
Dieu est si bon	dee-ooeh eh see bohn
Est si bon pour moi	eh see bohn poo mwah

*(He Is Our Song [Hagerstown, Md.: Review and Herald Pub. Assn., 1988], No. 33.)*

## AKAN

Vowels are pronounced as follows: *a* as in cat; *ay* as in say; *ih* as in fit; *eh* as in bed; *ee* as in bee; *oh* as in oh; *u* as in foot; *aw* as in hot; *oo* as in boot.

### JESUS LOVES ME

yeh soo doh mee mee nihm yeh  
chreh-ooeh krohn krohn chreh mee sah  
moh tah foh'an soh woh noh  
mee yehm moh nah oh-noh yeh dehn

yew yeh soo doh mee  
yew yeh soo doh mee  
yew yeh soo doh mee  
chreh-ooeh krohn krohn chreh mee sah

*From Singing Hearts, published by Source of Life Publishing House, Euro-Asia Division of Seventh-day Adventists®, Zaoksky, Russian Federation.*

# ELEPHANT PRAYER REMINDER

Make simple elephant cutouts to remind children to pray for the children of the West-Central Africa Division.

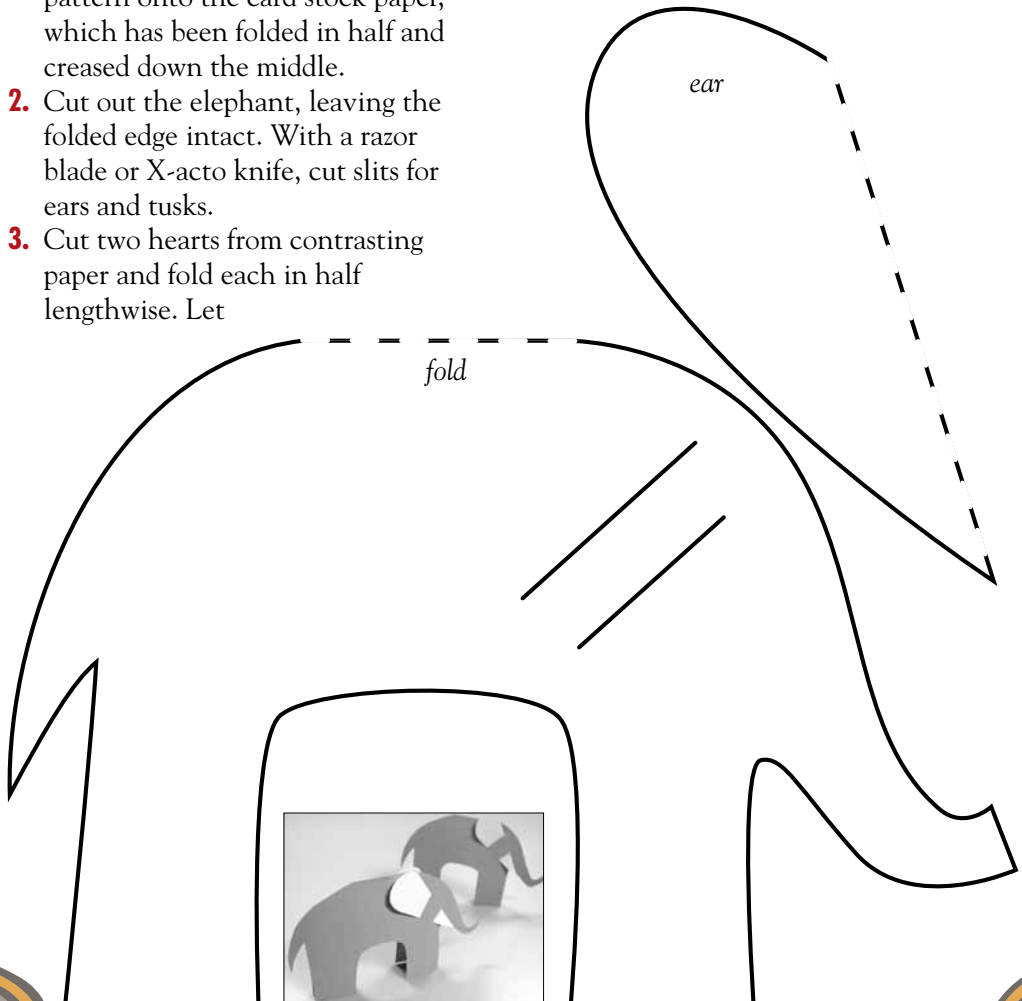
## FOR EACH ELEPHANT YOU WILL NEED:

- 1 sheet of heavy paper stock (80-pound works well), any color
  - 1 contrasting piece of colored paper for ears and tusks
- patterns below

1. Copy the elephant pattern below onto heavy card stock or thin cardboard as a pattern; trace the pattern onto the card stock paper, which has been folded in half and creased down the middle.
2. Cut out the elephant, leaving the folded edge intact. With a razor blade or X-acto knife, cut slits for ears and tusks.
3. Cut two hearts from contrasting paper and fold each in half lengthwise. Let

the children write a message on each of the hearts, then insert one into each side of the elephant's head.

4. Write "Pray for the children of West-Central Africa" on the elephant's body. Send elephants home with the children to remind them to pray for the children of West-Central Africa this quarter.





## YAM BALLS

### WEST AFRICA

Yams are a staple and versatile food in West Africa. The African yam is a tubular root up to three feet long with white to pale-yellow flesh and brownish skin. When steamed or boiled it is remarkably similar in taste and texture to boiled white potatoes. Cassava or white potatoes can be substituted for the yams in this recipe.

4 cups yams, cooked	2 teaspoon salt
1 large onion, finely chopped	1 teaspoon cayenne pepper
3 medium tomatoes	2 eggs, beaten
¼ cup peanut oil	Flour
2 teaspoon dried thyme	12 cups peanut oil

In a large bowl, mash the yams until smooth; set aside. Fry half the onions and half the tomatoes in ¼ cup oil until onions are limp. Add thyme, salt, and cayenne pepper and mix well. Pour cooked onion and tomato mixture over yams and add remaining onions, tomatoes, and beaten eggs. Mix thoroughly. Turn mixture out onto a floured surface. With greased hands, shape yam mixture into one-inch balls. Heat 12 cups oil to 350°-375° F and fry until golden brown, about four or five minutes. Drain on absorbent towels and serve immediately. If you wish to avoid the additional fat, balls can be baked on a greased baking sheet until golden brown. Serves 6 to 8.

## COCONUT RICE

### CAMEROON

4 tablespoons oil	2 teaspoons thyme
1 large onion, chopped	1 teaspoon mixed spices
4 tablespoons tomato puree	2 fresh green chilies, seeded and diced
5 cups coconut milk	3 cups long-grain rice
4 carrots, chopped	Salt to taste
2 yellow peppers, seeded and chopped	Shredded coconut

Heat oil and onion in a saucepan for two minutes. Add tomato puree and cook over moderate heat for five minutes, stirring constantly. Add coconut milk, stir well, and bring to a boil. Add carrots, pepper, seasonings, chilies, and rice to onion mixture. Salt to taste, and bring to a boil. Cover and cook over low heat until rice has absorbed most of the liquid (about 20 minutes). Garnish with shredded coconut and serve hot. Serves 8.

# SEND MISSION HOME



Send a missionary home with the children in your Sabbath School class each week. *Adventist Mission Cards for Kids* contains profiles of 12 children featured in the children's mission quarterly. Each card contains a photo, country information, and fun facts about where the mission offerings go each quarter.

This new product from the General Conference Office of Adventist Mission and Children's Ministries can make mission stories more tangible for kids.

**MISSION CARDS ARE JUST US\$7.49  
PER QUARTER FOR A PACK OF FIVE SETS.**

For more information contact us by visiting [www.AdventistMission.org](http://www.AdventistMission.org) or by calling 1-800-648-5824. Please use the information below to order the cards.

**PLACE YOUR ORDER ON THE NORTH AMERICAN DIVISION SABBATH  
SCHOOL STANDING ORDER FORM OR CALL 1-800-456-3991.**

Following are sources of information that may be helpful in preparing programs for *Children's Mission*.

**For more information** on the culture and history of Cameroon and Ghana, the countries featured this quarter, look in the travel section of a local library or go online and type the name of the country you want information about into your search engine.

**Visit our website** for additional photos, recipes, language pages, and other activities that you can download and print to make mission more fun for children. Go to [www.AdventistMission.org](http://www.AdventistMission.org). Click on "Resources" and "Children's Activities" in the pop-up menu. Select third quarter and choose the activities you want.

**Adventist Mission DVD** is a free video that features stories from West-Central Africa as well as the worldwide mission of the Adventist Church. Ask your Sabbath School superintendent to make you a copy of it. Or go online at [www.AdventistMission.org](http://www.AdventistMission.org) to download the special children's DVD program.

## MISCELLANEOUS

**Embassies and Tourism Offices** sometimes can provide interesting information on their country. In North America, contact:

The Embassy of the Republic of Cameroon, 1700 Wisconsin Avenue, NW, Washington DC, DC 20007. Phone: 202-265-8790; website: [www.ambacam-usa.org/Default.aspx](http://www.ambacam-usa.org/Default.aspx).

Embassy of Ghana, 3512 International Drive, NW, Washington DC 20008. Phone: 202-686-4520; website: [www.ghanaembassy.org](http://www.ghanaembassy.org).

**Remind** Sabbath School members that the ongoing work of the world church depends on the *weekly* Sabbath School mission offerings. On the twelfth Sabbath, report on mission giving during the quarter. Explain that one fourth of the Thirteenth Sabbath Offering is dedicated to the special projects featured this quarter. The remaining three fourths goes into the world mission fund to support the worldwide mission work of the Adventist Church.

### THIRD QUARTER 2011 WEST-CENTRAL AFRICA DIVISION

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# WEST-CENTRAL AFRICA DIVISION



ATLANTIC  
OCEAN

WEST-CENTRAL AFRICA DIVISION	CHURCHES	COMPANIES	MEMBERSHIP	POPULATION
Central African	979	622	128,667	39,553,000
Eastern Nigeria	498	551	161,845	47,311,000
Ghana	1,168	1,657	362,723	23,837,000
North-Western Nigeria	374	582	119,917	105,305,000
Sahel	154	414	44,698	109,009,000
West African	107	137	45,456	11,260,000

TOTAL 3,278 3,963 863,306 336,275,000  
 Statistics as of June 30, 2010

**PROJECTS:**

- ① A church at Valley View University, Accra, Ghana
- ② A science building at Cosendai Adventist University in Cameroon
- ③ CHILDREN'S PROJECT: Children's school supplies

