



CHILDREN'S MAGAZINE

ADVENTIST MISSION



2012 • QUARTER 3 • SOUTHERN AFRICA-INDIAN OCEAN DIVISION



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Your Offerings at Work



Going up! The new library at Rusangu University (formerly Zambia Adventist University) will soon become a reality, thanks to your Thirteenth Sabbath Offering three years ago. The university has 2,800 students enrolled as full-time or part-time students. Many are government workers seeking to upgrade their qualifications.



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Dear Sabbath School Leader,

This quarter features the Southern Africa-Indian Ocean Division, which includes the countries of Angola, Botswana, Lesotho, Malawi, Mozambique, Namibia, South Africa, Swaziland, Zambia, and Zimbabwe, the island nations of Comoros, Madagascar, Mauritius, Reunion, Sao Tome and Principe, Seychelles, and several small islands.

More than 164 million people live in this region, of which almost 2.6 million are Seventh-day Adventists. That means that about one person out of about 63 is an Adventist.

Special Yearlong Celebration

This year marks the centennial of the mission quarterlies, which were first produced in 1912. Throughout the year we will feature at least one story that appeared in *Children's Mission* over the years, and some additional stories relating to the history of the mission offerings. This quarter's story is on page 26 and features one of the first mission schools in southern Africa.

Opportunities

This quarter's Thirteenth Sabbath Offering will help provide:

- MP3 Players containing Bible stories for the Himba and Herero people of northern Namibia
- a classroom block for Riverside Adventist School in Cape Town, South Africa
- a multipurpose building for Zurcher Adventist University in Madagascar
- an orphanage for girls in Antananarivo, Madagascar
- a classroom block for a school in eastern Madagascar
- CHILDREN'S PROJECT: a worship center for children in Ingwavuma, South Africa.



Language Fun

Words and phrases in Otjiherero, the language of the Herero and Himba people in Namibia, and Zulu, a major language of South Africa, are featured in the quarterly or on our website. An audio version of Otjiherero is available in a feature called "See It, Say It." It contains the phonetic pronunciation of words and an MP3 file containing a voice pronunciation. Go to www.AdventistMission.org and click on "Resources" and "Children's Activities."

Offering Device

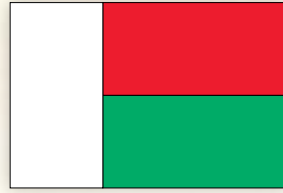
The special children's project this quarter will help provide a children's worship center for a new church being built in northeastern South Africa. The children now worship under a tree. Draw a simple building that is open at the front. Nearby draw a large tree. Every week the children are able to reach their mission offering goal, move a figure of a child from under the tree into the building.

Special Features

- **Adventist Mission DVD** this quarter contains several stories from the Southern Africa-Indian Ocean Division, including a story just for the children. Ask the adult Sabbath School superintendent to make a copy of the DVD for you to share with your children.
- **Decorate the Room** with flags of Madagascar, Namibia, and South Africa from the mission quarterly or the website and invite the children to color them.
- **More Activities**, including recipes, games, and puzzles, are available on our website at www.AdventistMission.org. Click on "Resources" and "Children's Activities." Click on the current quarter.

Yours for the kingdom,

Charlotte Ishkanian



MADAGASCAR | July 7

Charline

The Disobedient Granddaughter

Today's story comes from the highlands of Madagascar, an island nation off the eastern coast of South Africa. [*Locate Madagascar on a map.*]

The Children's Meetings

Charline hung her head as her grandfather scolded her. "You cannot go to those meetings after school," he said. "You have chores to do; there's no time for meetings. Do you understand?"

Ten-year-old Charline nodded her head, but she didn't look into her grandfather's eyes. She loved her grandparents and didn't want to disobey them. But she didn't want to miss the children's meetings sponsored by the Adventist church, either. She loved the joyful songs and the stories about Jesus. After school the next day she and a friend hurried to the meeting. When the meeting ended, Charline ran home to do her chores.

Charline's grandparents tried to reason with her. "You're too young to be going to meetings alone," her grandmother said. But Charline kept attending the meetings. Even when she was punished, she went to the meetings. She tried hard to do her chores quickly so her grandparents wouldn't be angry.

One evening the Adventist pastor visited the family. He thanked them for letting Charline attend the children's meetings, and he invited them to attend the meetings for adults. After the pastor left, Charline's grandparents didn't say any more about the meetings.

The Invitation

When the children's meetings ended, the teachers invited the children to Sabbath School on Sabbath morning. Charline wondered if her grandparents would let her go.

“Please, Grandmother,” Charline said, “may I go to Sabbath School with my friend? She says that it is like the meetings I’ve been attending.”

To Charline’s surprise, her grandparents agreed to let her attend the Adventist church. The family had no church of their own, and they were glad that Charline was learning good values in Sabbath School.

In time Charline’s grandparents went with her to the Adventist church. They studied the Bible with the pastor and gave their hearts to Jesus.

Charline was so happy that her grandparents had decided to follow Jesus. But other family members were not at all happy about it. They wouldn’t talk to them and didn’t invite them to any of the traditional feasts in honor of their ancestors.

A New Home for Charline

Charline’s grandparents were getting

old, and it became hard for them to provide her with a good education. They didn’t want her to live with aunts and uncles who didn’t believe as they did. Grandmother talked to the pastor about her concern, and he told her about an Adventist children’s home not far away. “Charline can live in a Christian home and study at an Adventist school,” he said.

“I don’t want to leave you and Grandfather!” Charline cried when her grandparents told her of their decision to send her to the children’s home. But in her heart she knew that her grandparents were right. They wanted only the best for her.

At first Charline was lonely in her new home. But she quickly made friends and realized that God had provided her with a whole new family. “The older children teach the younger ones how to wash their clothes and clean their rooms. They help the younger children with their homework, just like one big family,” Charline says. “Now I have 25 brothers and sisters! Imagine that!”

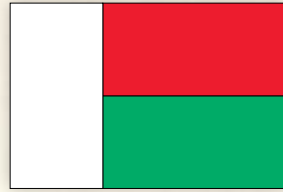
Hope and a Future

Charline looks forward to school holidays when she can visit her grandmother. “My grandfather died,” Charline says, “and Grandmother is so lonely without him. I miss him too, but I know that one day Jesus will come to take us to heaven, and we’ll spend forever together again. Thinking of that gives Grandmother and me hope and courage.

Boys and girls, let’s pray for the thousands of children like Charline who live in orphanages and children’s homes because their families can’t care for them. And let’s give our mission offerings so that more people can learn that Jesus loves them. 🌍

Fast Facts

- Madagascar lies off the eastern coast of southern Africa. It is the fourth-largest island in the world. Because it is isolated from other large regions of land, about 80 percent of its plants and animals are found nowhere else in the world.
- The people of Madagascar originally came from what is now known as Indonesia and the eastern coast of Africa. Later, people from India and Arab regions settled here. The earliest settlers brought with them their culture of ancestor worship, which is still practiced today.
- About 20 million people live on the island today.



MADAGASCAR | July 14

Reluctant Believer

Sabathine

My name is Sabathine [sah-bah-TEEN]. It means that I was born on the Sabbath. I didn't always like my name, but I do now.

I grew up in a small village. Our little congregation met in a room in a member's home. We had just five children from babies to teenagers, and there was no class just for us. A woman tried to teach the children a Bible lesson, but she didn't know how.

My school friends went to other churches that worshipped on Sundays. I learned that these churches had classes for children. When my friends invited me to go with them, I wanted to go. But my parents didn't want me to go. However, they allowed me to go to the Christmas Eve program to see the children act out the story of Jesus' birth.

A New Family

Then my mother died. Our pastor knew that it would be difficult for my father to care for my younger sister and me, so he suggested that Father send us to an Adventist orphanage, where we could get a good education and have a stable home.

Family is very important in Madagascar, so my father asked our extended family to let us go to the orphanage. They didn't like the idea and wanted to raise us in their homes. But they weren't Adventist, and my father wanted us in an Adventist environment. He decided to send us to the orphanage. My sister, Sabine, was just 6 years old when we left home.

At first I didn't like the orphanage. I didn't want to attend worship every day and dreaded going to church on Sabbath. But then I realized that the church has Sabbath School classes for all ages of children.

I was surprised to find myself enjoying the Sabbath School Bible class. It was interesting, and the teacher made the Bible stories come alive. I even liked the sermons. Most important, I felt loved there.

Following God

I began thinking about whether I wanted to follow God and become an Adventist. I knew my parents had wanted us to obey God. I thought of my name, Sabathine, and its meaning, “Sabbath.” I thought of the love I was experiencing in my new home and at our new church that God had provided for us.

I asked the pastor to help me show my family and the world that I wanted to follow His plan for me, just as my parents had wanted when they named me Sabathine.

Some of my mother’s family still ask me why I went to the orphanage rather than live with them. I tell them that it’s part of God’s plan for us, that God is working out His plan in our lives.

Mission Post

- Among the 20 million people who live in Madagascar, some 117,648 are Seventh-day Adventists. (That’s one Adventist for every 170 people.) They worship in more than 650 churches.
- The church has many schools and one university on the island. Part of this quarter’s Thirteenth Sabbath Offering will help add a classroom block to the Mahajanga Adventist School in eastern Madagascar and will help provide a multipurpose building for Zurcher Adventist University.

I’m so glad that God has given my sister and me a good place to learn to follow Jesus. This quarter your Thirteenth Sabbath Offering will help other children like me have a chance at a better life and learn to follow God. Thank you. 🌍

Speak Malagasy

Malagasy is the official language of Madagascar. Vowels are pronounced as follows: *ah* as in father; *ee* as in bee; *eh* as in bet; *ih* as in tip; *oh* as in toe; *oo* as in boot; *uh* as in cup. The accented syllables are written in capital letters.

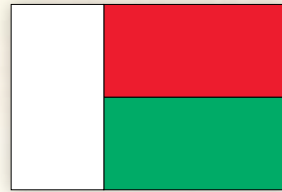
COMMON PHRASES

Hello
Please
Thank you
Yes
No
Goodbye

PRONOUNCE IT

SAH lah muh
Ah ZAH fahd-eh*
MEE sa’oh trah
Eh nee
Tsee
VEH loom uh

*Barely sound the final eh at the end of this word.



MADAGASCAR | July 21

Natu and Nome

For a Better Future

Today's story comes from the island nation of Madagascar [mad-ah-GAS-car], off the coast of eastern Africa. [*Locate Madagascar on the map.*]

In any large city there are rich people and poor people. In the capital city of Madagascar many are poor—very poor. Many parents can't afford to give their children good food or to send them to school. These children have little hope for a better life when they grow up. Let's meet some of these children.

Natu and Nome

Natu* and Nome are 5-year-old twin girls. They live with their father and six brothers and sisters in a tiny house. Their mother died, and their eldest sister cares for the family. Their father can't earn enough to give the children what they need.

The family eats mostly rice and some cassava leaves or cabbage. Sometimes they can have beans.

Natu and Nome like to make mud pies that they pretend to serve to the rag doll that their sister made for them. The girls' older brothers and sisters have been to school for a few years, but their father can't afford to buy the school uniforms and books the twins need to attend school.

Avotra and Kandu

Avotra is 4 years old. She has no father, but lives with her mother and three brothers and sisters. She likes to pretend that she's cooking with her mother. She makes pretend cakes from mud and water. "But I don't eat them," she says.

Kandu is 5 years old and has five brothers and sisters. She likes to play school with her friends. She's usually the teacher, even though she's not the oldest. Kandu has a slate on which she writes pretend lessons with chalk. She would like to be a teacher someday, but her mother can't afford to send her to school.

Mission Post

- Many people living in Madagascar are poor. And in the large capital city hundreds of children don't get enough food and won't be able to go to school because their families cannot afford it.
- Part of this quarter's Thirteenth Sabbath Offering will help to build a children's home for girls so that they can have a chance to live a better life and learn about Jesus.

Hope for a Better Life

Women from the Adventist church in the city have seen these children's difficult lives and want to help the families. Each of these children—and many more like them—has lost at least one parent. They are poor, and their greatest needs are good food and an education.

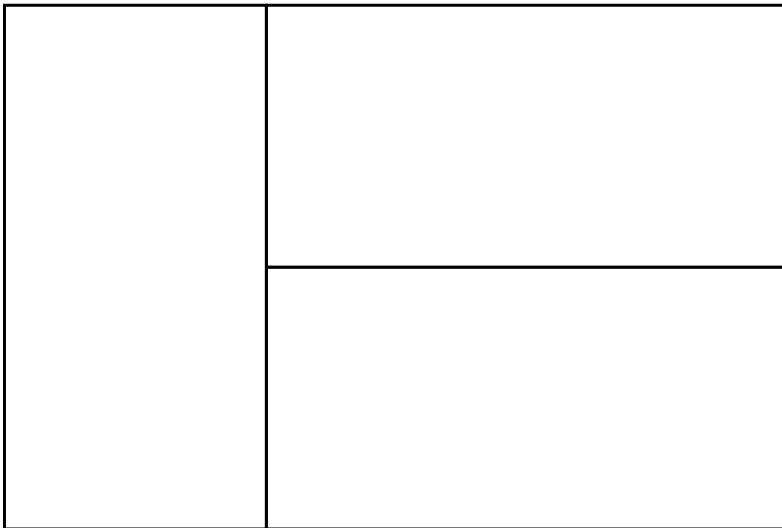
The women are working with a group of these children, teaching them simple health rules such as washing their hands and brushing their teeth. They are teaching the parents how to care for their children. But they need so much more help.

The women want to start a children's home so that the most needy children can have good food and health care. They will attend a nearby Adventist school and get an education that will give them a chance at a better future. But they need help to make their dream a reality.

Part of this quarter's Thirteenth Sabbath Offering will help build a children's home so that at least some of these children can have a chance at a better life. Let's pray for these children and give a big offering on Thirteenth Sabbath. 🌍

*Children's names have been changed to protect their privacy.

Flag of Madagascar



MADAGASCAR

Left stripe: white | Top stripe: red | Bottom stripe: green



SOUTH AFRICA | July 28

Mbali's Story

Mbali

Today's story comes from Cape Town, South Africa. [*Locate South Africa on a map.*]

Riverside Adventist School is a real mission school. It's located in a busy part of the city of Cape Town, South Africa. [*Locate Cape Town.*] The school was started about 80 years ago, and some of the original buildings are still in use. The neighborhood around the school has changed a great deal, and today more than half of the students come from non-Adventist families. Most of the students speak little or no English when they arrive. They must learn English in order to understand their teachers.

Mbali

Mbali [em-BAH-lee] is in the second grade at Riverside Adventist School. Her family is not Adventist, but her mother wanted her to study in a Christian school

that teaches in English. When Mbali started first grade, she spoke only her family's traditional languages—Zulu and Xhosa [KOH-sah]. She knew only a few words of English. Mbali worked hard to learn English and is doing well in school.

Fast Facts

- South Africa is the southernmost country on the continent of Africa. It has a population of more than 50 million.
- South Africa has many different cultures and languages. English, Afrikaans (a language brought by the Dutch to South Africa 350 years ago), and nine other languages are official languages of the country.
- Almost 80 percent of South Africans are of African ancestry. The two largest African groups are the Xhosa and Zulu. The majority of students at Riverside Adventist School came to the school speaking Xhosa or Zulu.

Helping Teacher

Mbali remembers how she felt when she first came to Riverside and listened to her teacher speak in English. She didn't understand what the teacher was saying, and she felt lost. But her teacher was kind and understood that the children were all struggling to learn a new language. She spoke clearly and carefully, and soon the children began to understand the new language.

Now when Mbali sees a child who is having difficulty with English, she wants to help. One girl in her class spoke only Xhosa when she entered the school. Mbali helped her learn English by explaining in Xhosa what the teacher was saying in English. Then she asked the girl to repeat the English words after her. Mbali helped the girl to learn English quickly. "I like helping other students," Mbali says.

The Special Story

The teachers and students from Riverside Adventist School often put on programs in Adventist churches in Cape Town. The children enjoy taking part in these programs. Some sing in the choir, and others pray or read Scripture.

When the teacher was planning a program for one church, Mbali asked if she could read a Bible story to the congregation. The teacher was surprised, for Mbali was just in the second grade, and English was not her mother language. But the teacher agreed and chose the story of the little maid, Naaman's servant girl, from *My Bible Friends*.

Mbali can read well, but like most African children, she speaks softly and finds it difficult to read loudly enough to be heard, even using a microphone. Mbali

practiced reading the story until she could read it well. Then she practiced reading it loudly enough so that everyone could hear her.

Mbali invited her mother to attend the program and hear her read the story. Mother was excited and glad to attend the worship service to hear Mbali and her schoolmates present their program.

After church Mbali's mother spoke with her teacher. "I'm so pleased at how well my daughter is learning," she said. "I'd like to attend more programs like this." Mbali's teacher told the girl's mother when the next program would be and invited her to come. Mbali's mother has attended several programs that the school has put on in various Adventist churches.

Mbali's Dream

"I love Jesus so much," Mbali says. "I love to hear Bible stories and mission stories. One day my teacher talked about a time when she taught school in another country. She was a missionary there. I would like to be a nurse one day and care for people who are sick, and tell them about Jesus. Maybe I can serve as a missionary, too."

Mbali would like to tell us something: "If your teacher asks you to do something in Sabbath School or church, don't be afraid to do it. God blesses us when we bless others."

This quarter part of the Thirteenth Sabbath Offering will help replace those old classrooms at Riverside Adventist School with new, safer classrooms. Let's plan now to give a big offering so that the children at Riverside Adventist School can learn about Jesus in a safe and comfortable school. 🌍



SOUTH AFRICA | August 4

The Missing Glasses

Valerie walked slowly toward her classroom, tears streaming down her face. Her best friend walked with her as her classmates ran ahead so they wouldn't be late for class.

The Lost Glasses

Valerie is 11 years old. She studies at Riverside Adventist School in Cape Town, South Africa. During recess she and her classmates had been playing netball, a form of basketball. Valerie had laid her glasses where they would be safe while she played. But when recess ended, Valerie couldn't find her glasses. She dropped to the ground, searching with her hands for her glasses. Her best friend saw her and urged her to return to the classroom and tell the teacher what had happened.

The teacher listened as Valerie told of her lost glasses. "Let's pray that God will

help us find your glasses," the teacher said. Then the teacher sent the other children out to search for the glasses. "Walk carefully so you don't accidentally step on them," the teacher warned.

The children searched the netball area for the missing glasses while Valerie waited in the classroom. Tears threatened to fall again, and the teacher prayed with her again. But 20 minutes later the students returned to the classroom without the glasses.

The students returned to their studies, but they felt sad for their classmate who couldn't read without her glasses.

Recess Discovery

Time for recess came, and the children went out to play. Several minutes later three girls came running to their teacher. One girl was waving something in her

hand. “We found the glasses! We found them, Teacher!” they shouted. “We knelt down on the playing field and prayed again that God would show us where to find Valerie’s glasses. Then we walked toward the soccer field on the far side of the building, when we saw something shining in the grass. It was Valerie’s glasses!”

The teacher took the glasses from the girl. “The glasses were near the soccer field?” the teacher asked.

“Yes, ma’am,” they answered.

“That’s nowhere near where you girls were playing. The boys could have trampled on the glasses while they were playing soccer earlier. But there’s no sign of damage.” The teacher smiled at the girls. “The Lord surely has answered our prayers!”

The teacher gently washed the dust from the glasses and gave them to a grateful Valerie. Then the students prayed again, this time thanking God for protecting their friend’s glasses.

Valerie isn’t from an Adventist family. But her family’s faith has grown stronger as they’ve seen that God truly does answer prayer.

Riverside Adventist School is filled

Mission Post

- Riverside Adventist School is located in Cape Town, a large city in South Africa. Students attend the school to learn English so they can work toward a better future.
- Many of these students come from non-Adventist homes. They find Jesus as their special friend and Savior at Riverside.
- The government has told the school to replace an aging classroom block if they wish to remain open. Part of this quarter’s Thirteenth Sabbath Offering will help provide new classrooms for Riverside Adventist School.

with boys and girls who want to study in a Christian school. One of its classroom blocks is old, and the government has said that it must be replaced. Part of this quarter’s Thirteenth Sabbath Offering will help replace the classroom block so that students can study in safer classrooms. Thank you for giving your offerings every week and especially on Thirteenth Sabbath. 🌍

Let’s Speak Zulu

Zulu is one of the most widely spoken African languages in South Africa. Vowels are pronounced as follows: *ah* as in father; *ee* as in bee; *eh* as in bet; *ih* as in tip; *oh* as in toe; *oo* as in boot; *uh* as in cup. The accented syllables are written in capital letters.

COMMON PHRASES

Happy Sabbath
Hello
Goodbye

PRONOUNCE IT

ee sah-BAHT eh-lee-khleh
n’gee yah nee been geh LEH lah
SAH lah nee GAH sheh



SOUTH AFRICA | August 11

The Runaway

Sibono

[Ask a primary-age boy to present this first-person story.]

I am Sibono [sih-BOH-noh]. I live in a town on a hilltop in northeastern South Africa. *[Locate South Africa on a map.]*

My mother and I attended church every Sunday. Then one day Mother told me that we were going to a church on Saturday. I liked church, but I didn't want to miss my playtime with my friends on Saturday. So after breakfast on Saturday morning, I slipped out of the house and ran to my friend's house to play.

Mother called for me, but I didn't answer. Eventually she went to church alone. My friends and I played soccer all morning. We don't have a real ball, so we make one by stuffing an old sock with plastic bags. It works pretty well. And

when it wears out we just find another old sock and stuff it with plastic bags.

We played until we got tired, and then we played with the toy cars we had made out of bits of wire. We made pretend roads in the dust and ran our cars through pretend towns and over pretend mountains. I had lunch with my friend, and then we played some more.

About sunset I saw my mom coming, and I ran to her. I had forgotten all about church until she told me to come into the house with her. "We were supposed to go to church together," she said. "Why did you run off to play?"

"My friends wanted me to," I answered quietly.

Mother told me the story she had learned

Mother called for me,
but I didn't answer.
Eventually she went to
church alone.

in church that day. It was about Joshua, who led the people of Israel into the Promised Land. She told how God parted the waters of the Jordan River to let them pass. I was amazed at this story, and I promised to go to church with her the next week.

Sibono's New Church

On Sabbath, instead of running off to play, I went to church with my mother. The children don't have their own classroom, so we meet under a shady tree. They sang lots of songs, and then the teacher told us a Bible story.

After church Mother and I ate our small lunch under the big tree. Then while the adults had a Bible study, we children sang more songs and had more stories. It was fun!

When my friends asked me why I hadn't come out to play on Saturday, I


told them that I had gone to church. "You should come too," I said. "We sing great songs and hear exciting stories about God." Two of my friends went with me the next Sabbath, but after that they decided to stay home and play soccer. I felt bad that they didn't want to come to church with me.

Sibono Shares God's Love

Sometimes when I return from church my friends are outside playing. I call them to my yard and tell them the Bible stories I heard that day in church. They like hearing the Bible stories. But when I invite them to come to church, they don't want to give up their playtime. So I just keep telling them Bible stories, even if there's only one boy who comes to hear them.

Some of my friends' parents don't trust a church that meets in the community hall. The community hall is not such a nice place to worship, but I know that God is there.

Our pastor encourages us to bring a special offering to help build a church of our own. The church will have a special room for the children to worship in. We've been saving money for the church for a long time, but still we don't have nearly enough.

This quarter part of the Thirteenth Sabbath Offering will help our church members build a new church. I think that when we get our new church with our children's worship center, my friends will come. Please save your money this quarter so that we can have a big Thirteenth Sabbath Offering. It means so much to us. 

Fast Facts

- Ingwavuma [EEN-gwah-VOO-mah] is a town in northeastern South Africa. It lies close to the borders of Swaziland and Mozambique.
- Most of the people are farmers. They raise tomatoes, sweet potatoes, maize (corn), and some cattle. Most raise just enough to feed their families. They're not a wealthy people.
- HIV/AIDS is a serious health matter in the region surrounding Ingwavuma, where about one in three people are believed to have or carry the disease.



SOUTH AFRICA | August 18

Nokwanda

Nokwanda's Hope

Today's story comes from a small town in northeastern South Africa called Ingwavuma [in-gwah-VOO-mah]. [*Locate Ingwavuma on the mission map.*]

Nokwanda [noh-KWAHN-dah] sings her favorite song ("Angels are watching over me; I am glad, I am glad") as she sweeps the floor in her granny's little house. Nokwanda is 8 years old and in the second grade. She and her cousin live with Granny. They keep the little home clean and neat, and her cousin helps Granny prepare meals, too.

Life With Granny

Nokwanda's mother has gone to another town to finish her high school studies and work so she can provide a better life for Nokwanda. In Africa students often miss a year of school because they can't pay their school fees or because the school is too far away to

attend. When Nokwanda's mother had the chance, she left her daughter with Granny and went to the big city to study and find work. She sends money to Granny whenever she can.

Mission Post

- The Adventist church in Ingwavuma was first established about 12 years ago when a young pastor who had lived in the city during secondary school felt a burden to return and help raise up a congregation.
- The people of Ingwavuma are mostly farmers and cannot afford to build a church.
- Part of our Thirteenth Sabbath Offering will help build a church and a children's worship center for the believers in Ingwavuma.
- See the Adventist Mission DVD for Nokwanda's story and the children who worship God under the tree.

Nokwanda likes living with Granny. “Our house is small, and our food is simple,” she says. “Most days we eat mealie meal (ground corn) that we cook to make a porridge called *oputu* [oh-POO-too] that we eat with a spoon. When we cook the *oputu* thicker, we eat it with our fingers. We make a small ball with the *oputu* and push our thumb into it to form a little bowl. Then we dip the *oputu* into a sauce made of beans or vegetables and curry. It’s good, and it keeps our tummies filled,” she says.

Every Sabbath Granny takes Nokwanda and her cousins to the Adventist church. The church doesn’t have its own building, so it meets in the community center, a building that belongs to everyone in the town. It has only one room, so the children meet outside under an old tree for worship. But Nokwanda doesn’t mind. She likes going to church. “There are so many children in this church!” she says. “We like to sing a lot of songs, and then our teacher tells us Bible stories. Sometimes she shows us pictures with the story.”

It was during Sabbath School class under the towering old tree that Nokwanda learned that Jesus loves kids. “I know He loves me, and when I do something wrong and say I’m sorry, Jesus forgives me,” she says.

A Problem and a Promise

Nokwanda invites her friends to come to Sabbath School with her. Some come, but others say their parents won’t let them because the church doesn’t have a proper building.

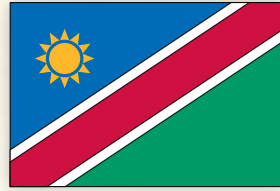
Then one day in church the pastor announced that part of this quarter’s Thirteenth Sabbath Offering will help their congregation build a church—with a big children’s worship room! “I’m so happy that the children around the world will give their Thirteenth Sabbath Offering to help us build a children’s worship center,” says Nokwanda. “Then the children in our community can come and learn about God and sing praises to Jesus together!” 🌍

Count in Zulu

Zulu is one of the most widely spoken African languages in South Africa. See page 13 for a pronunciation guide.

one	GOOH-nyeh
two	koo-BEE-lee
three	koo-TAH-too
four	GOO-neh
five	koo-SCHAH-noo)

six	yes-TOOL-kah)
seven	see-kohm-BEH-sah
eight	poh-SCHLAWN-go
nine	lee-TOH-bah
ten	ee-SCHOO-mee



NAMIBIA | August 25

Under the Mopane Tree

Our story today comes from the country of Namibia [nah-MIH-bee-ah] in southwestern Africa. [*Locate Namibia on a map.*] Much of Namibia is dry savannah, or grasslands. And part of the country is desert.

Northwestern Namibia gets a little rain, and a few trees and shrubs can grow there, but still it is very dry. This is the land of the Himba people. They raise cattle, sheep, and goats and grow corn, squash, and melons in their small gardens. When there is no rain, there is no food for the animals, and the people must take their herds to another area to graze. Because the Himba move often, they build simple houses made of mud and thatch to live in.

Wauta

Wauta (wah-OO-tah) is a Himba boy. The children in Wauta's settlement do not go to school. The boys help care for the cattle, and the girls help their mothers carry water, prepare meals, and care for the baby goats and sheep.

Wauta was about 6 years old when a missionary couple, Mr. and Mrs. Petersen, visited his village. Wauta loved the stories they told, and whenever he saw the cloud of dust that their old pickup kicked up,

he ran to greet them.

Then he called the other children to come to the mopane [moh-PAH-nee] tree to hear stories about Jesus. He made it his job to see that the children—even ones

Even though the people don't have a church, their place of worship under the tree is special to them.

older than he was—stayed quiet while Mr. Petersen talked.

The Mopane Tree Church

The Himba people don't have a church in which to worship. They meet under the mopane tree. While it's not a big tree, it offers some shade from the hot African sun. Even though the people don't have a church, their place of worship under the tree is special to them.

One day the children decided to make their tree church more beautiful. They cleared the area of branches and rocks, and swept away all the leaves and twigs. Then they gathered large stones and placed them neatly in a large circle, outlining what they thought should be the church's boundary. Then the children waited eagerly to show the missionaries their beautiful church.

The Mopane Tree School

Because the children must help their parents care for their family's animals

and help prepare food, they don't go to school. Imagine the excitement when the children learned that the missionaries were going to hold a school for them under the mopane tree! When it was time for school to start, someone would honk the horn in the missionary's truck, and children would come running from all directions.

The children learned to write by using sticks to make letters in the dirt. Then some children in South Africa learned about the Himba school under the mopane tree. They wanted to help these children learn to read and write, so they donated copybooks to write in. The missionaries bought pencils, and soon the children learned to write in their workbooks. The pastor translated Bible stories into their language and began teaching the children how to read them. The children were so excited to have a book in their own language!

Others Want to Come

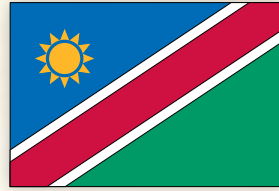
The mopane tree church and school is near another settlement, and the children of this settlement wanted to learn about Jesus too. They begged the missionaries to wait to start teaching until they could run to the mopane tree and not miss anything. Sometimes the missionaries found the children waiting near the road when they passed. Then the missionaries stopped and picked them up on the way to the mopane tree school.

The Himba children of northern Namibia are just beginning to learn about Jesus. Let's pray that God will make a way that they will soon give their hearts to God and that their parents will want to learn more about Jesus as well. 🌍

Fast Facts

- Namibia is located on the southwestern coast of Africa. The name of the country comes from the Namib Desert, which lies along the entire Namibian coastline. It is considered the oldest desert in the world and contains the highest sand dunes on earth.
- About 2.1 million people live in Namibia. It is the second-least-populated country in the world. The majority of the people living there are of African descent. Traditionally these people were nomadic, following rains that provide grass for their livestock. These people have learned to live in very difficult climates and under difficult circumstances.

Gideon and Pam Petersen were missionaries among the Himba people of northwestern Namibia.



NAMIBIA | September 1

Kina

In Grandmother's Village

Kina is 6 years old. She lives with her mom and dad and younger brothers in a town called Opuwo [oh-POO-who], in Namibia. [Point to Namibia on a map.] Kina likes to play with her 4-year-old twin brothers while Mother does her housework. "Sometimes I help Mother wash the dishes and sweep the floors," she adds.

Kina's daddy is the Adventist pastor in town. Every night the family shares Bible stories before bedtime. "My father asks me to tell him a story, and then he tells me a different one," Kina says. "That way I learn lots of Bible stories."

Grandmother's Village

Kina often visits her grandmother, who lives in a traditional village far out of town. Like everyone else in the village, Kina's grandmother's house is just one

room. It's built of straight tree branches and plastered with mud. The roof is made of a thick layer of long grass called thatch, and the floor is packed earth. Namibia gets hot, but the mud house stays cooler.

The house is mostly a bedroom and a storage room. Grandmother's pots and pans are stacked neatly in one corner of the room, clothes hang on pegs pounded into the mud walls, and a fire circle stands in the middle of the floor. It gets cold at night, and the fire helps keep the little house warm. Grandmother sleeps on a large animal skin, and Kina and her brothers sleep on a straw mattress in the same room.

Everyone Helps

Everyone in the village has chores to do. Early in the morning the children

walk to the community well to fill their jugs with clean water for cooking and drinking. They also collect dead branches from trees for firewood. “We tie it in bundles of wood with string and carry them home on our heads,” Kina explains. “This is the way we do things in Africa.”

Grandmother prepares food outside her house on a cooking fire. She builds a fire and puts a pot of water on it to boil. She grinds corn into meal on a large flat stone by rolling a smooth round stone over it. Then she adds the cornmeal to the boiling water and stirs it until it thickens into porridge. When it’s ready, she serves it with fresh milk from her own cows.

Every family has cattle and sheep and goats. At night the animals stay safe from wild jackals and lions inside a corral made of thorn bushes. During the day the older boys take the cattle out to eat the tall grass that grows around the village. Grandmother’s goats like to eat the leaves of the mopane [moh-PAH-nee] trees that grow in the area.

Family Time

“I have lots of cousins,” Kina says, smiling. “They live in the same settlement as Grandmother, so we never have to look for a playmate when the work is done. The girls play dolls. We make pretend dolls from pieces of rags. They don’t look like a real baby, but we pretend. Sometimes I tie a doll onto my back like the mothers do, and pretend that I’m a mother.”

The villages don’t have electricity, so no one has a television. They don’t need one. As night falls, the family gathers around a fire to tell stories and talk about the day.

“Grandmother doesn’t know stories

Fast Facts

- Fewer than 50,000 Himba people live in northern Namibia. Most follow a traditional way of life, caring for their cattle, sheep, and goats, and raising maize (corn) and vegetables in their small gardens.
- Their homes are made of branches of the sturdy mopane tree that grows in the dry climate. They cover the mopane sticks with mud and often decorate their homes with colored mud.
- The Adventist Mission DVD features more information on the Himba way of life and how they are finding Jesus. Ask your Sabbath School superintendent or download the DVD from the Adventist Mission website.

from the Bible,” Kina says. “So I like to tell her a Bible story. I love my grandmother, and I hope that one day soon she and all my cousins will know that Jesus loves them.”

Boys and girls, we can help Kina’s grandmother, and many others living in northern Namibia learn that Jesus loves them. Part of this quarter’s Thirteenth Sabbath Offering will provide small radio-like players with Bible stories on them in the language that Kina’s grandmother speaks. The people can listen to God’s stories while they work or while they rest. Let’s help the people of northern Namibia learn how much God loves them by giving a big offering on September 29. 🌐



NAMIBIA | September 8

Lucia Loves Learning

Lucia Shihombo

Lucia [loo-SEE-ah] is 5 years old. She lives in the little town of Opuwo [oh-POO-who] in northern Namibia. [*Locate Namibia on the map.*]

Lucia is the youngest of several children. Her parents work in their small shop in a Himba village several hours away. They can't come home every day, so Lucia's oldest sister takes care of the family.

Once a month Father and Mother return home for the weekend. It's always an exciting time when Mother and Father come home. The family worships together and laughs as they eat meals together. Then on Sunday, Mother and Father say goodbye to their children and return to their business.

Lucia studies at the Adventist preschool near her home. She has just started

kindergarten, and she enjoys school a lot. She learns such practical skills as washing and drying dishes, sweeping the room, and measuring out ingredients for a recipe, as well as math and basic reading skills.

Talking Time

The children in Lucia's school don't talk while they are doing their assignments unless they have a question. But during language class and talking time, they may talk freely. "After lunch we have a talking time," Lucia explains. "We can talk about anything we want. Some children talk about what happened to them or tell about their pet."

But Lucia likes to tell Bible stories during talking time. Her favorite story is about Daniel. "Daniel and the king were friends," she explains. "Some of the king's

Mission Post

- Many Himba do not read or write. They pass stories from generation to generation around a family fire at night. Their culture is rich in traditions, but they don't relate to Bible stories as we know them.
- This quarter part of the Thirteenth Sabbath Offering will help provide Bible stories told in the Himba tradition. They will be made available to families on MP3 players that are powered by the sun.
- For more on the Himba and this special project, watch the Adventist Mission DVD.

helpers didn't like that the king shared secrets with Daniel, so they set a trap. They knew that Daniel prayed three times a day, so they convinced the king to make a law saying no one could pray to anyone but the king. The king liked the idea; he didn't think about Daniel

when he signed the law. The next day the servant told the king that Daniel was praying to his God. The king was sad when he realized that his servants had tricked him, but he couldn't change the law. So he had to put Daniel into the lions' den that night.

"But God sent angels to protect Daniel. The next day the king ordered the servants to take Daniel out of the lions' den. Then he told the people that they must stop praying to idols and pray only to Daniel's God in heaven. Even the king prayed to Daniel's God."

Lucia loves learning about God in school and in Sabbath School. She says, "It's important to know about Jesus so we can tell our friends. Some of my friends don't know God as I do. They need to hear that God is mighty and powerful and that He loves us," she says.

Part of this quarter's Thirteenth Sabbath Offering will help tell the Himba people of northern Namibia about Jesus. 🌍

Sing in Otjiherero

Otjiherero is the language of the Himba and Herero people of northern Namibia.

JESUS LOVES ME

Jeh soo wend jee soo veh rah
Oh maht jan gwah mah yeht jah
Eem boh vah naht jeh oh veh
Oh woht jeer oh ving oon dee

Wehnd jee soo veh rah
Wehnd jee soo veh rah
Wehnd jee soo veh rah
Maht jahn gwah mah yeht jah



NAMIBIA | September 15

Charlotte

A Friend Indeed

Charlotte lives with her uncle in a small town in northern Namibia. *[Locate Namibia on a map.]* Her family sometimes goes to church, but Charlotte knew almost nothing about Jesus or why she should love and worship Him. Then she met Kaisa [kah-EE-sah], The girls became best friends.

Kaisa didn't go to school. She spent her days selling things to tourists who passed along the main street of town. When Charlotte wasn't in class, she would find Kaisa and spend time with her. She helped Kaisa sell things. And when no customers came to the street to buy, the girls often played simple tag or hide-and-seek.

Charlotte's Discovery

Kaisa invited Charlotte to her house one day. Charlotte found other children there. They were singing songs that Charlotte didn't know. She listened

carefully to the songs and tried to follow along. She enjoyed singing and clapping in time to the music. The songs were glad songs about God's love.

The children stopped singing and told one another Bible stories. Charlotte marveled that the children knew so many stories so well and could tell them in such an interesting way.

A Fun Place to Learn

"Where did you learn all these Bible stories and beautiful songs?" Charlotte asked Kaisa.

"Have you ever seen a White man with a white car?" Kaisa asked in reply. Charlotte thought a minute, then nodded. Yes, she had seen this young man driving around town or at the market.

"He's my friend," Kaisa said. "His name is Charlie, and he's a missionary. He leads the young people's programs at the little

Fast Facts

- Much of Namibia's land is desert or semidesert grasslands. These grasslands provide food for the Himba people's cattle. The grasslands are also home to many wild animals such as the kudu, lion, elephant, zebra, and giraffe.
- Tourists come to Namibia to see the wild animals and to learn more about people such as the Himba and others who still live in the same way their ancestors did.
- The Adventist Church has been working to reach the Himba people for 15 years. We can help tell them about Jesus by giving a big offering on Thirteenth Sabbath.

Adventist church in town. I learned the songs and Bible stories from him.”

Charlotte thought about a church where kids had fun learning about God. Before she could ask her friend to take her to church, Kaisa invited Charlotte to a Pathfinder meeting.

“I'd love to go!” Charlotte said. So the girls went to the next Pathfinder program together.

Life-changing Program

“That was the most amazing program!” Charlotte said to Kaisa as the girls left the Pathfinder meeting. “I'm so glad you took me!”

Charlotte slipped into silence as the girls walked together toward their homes. It wasn't the fun of meeting new friends and hearing Bible stories that had inspired her. It was realizing that God loves *her* and He cares for her and goes with her every day. She felt as if God had

taken her hand and led her from darkness to light that day.

Charlotte continued to attend Pathfinders. She joined the children's Sabbath School class and learned even more about God's plan for her life. One day she told her parents that she wanted to join the Seventh-day Adventist Church. They weren't angry that she wanted to become a Seventh-day Adventist. They were glad.

Camping With Jesus

One thing made Charlotte sad, however. The church youth planned campouts and retreats during school vacations. But her parents expected her to come home to the village, so she couldn't attend. She loved her church family and missed these special times together.

Then in 2009 Charlie, the youth director, announced an all-Africa Pathfinder camp that would be held in neighboring South Africa. The children chattered happily about such an exciting event. Later Charlie told Charlotte, “We want you to go with us.” Charlotte was thrilled! She had never traveled far from home and had never been to a camporee.

“It was an amazing event,” she says. “But the best part is that I was baptized there with hundreds of other Pathfinders, my brothers and sisters in Jesus.”

Praying for Kaisa

Charlotte's best friend, Kaisa, hasn't made a commitment to God yet. “We're still best friends,” Charlotte says, “but now I invite her to church. So we've reversed our roles. Please pray for Kaisa. And invite your friends to come to church and Pathfinders to see how great it is to be an Adventist youth.” 🌍



CENTENNIAL | September 22

The Sudden School

W. H. Anderson

Today's story comes from the country of Zambia. [Locate Zambia on a map.]

In 1905 W. H. Anderson and his wife traveled to Zambia in a wagon pulled by sturdy oxen. After long days of bouncing over bumpy, dusty roads in the wagon, the Andersons arrived at the land the local chief had given to the Adventist Church on which to start a school.

While Mrs. Anderson prepared dinner over a fire, Mr. Anderson walked around the property looking for a place to build the new school. There was so much to do. He had to learn the local language, Chitonga [chee-Tong-ah], and then find helpers to cut trees and saw them into timber to build the school. And he wanted to learn how the local people farmed, so he could start a school farm. *If I work hard*, he thought, *I can*

“The students fill the floor when they sleep now! The rainy season is coming, and there is no grass for thatching a roof.”

open the school in two years.

The Sudden School

But that very day a young man walked up to Anderson and said in another language Anderson understood, “I have come to study in your school.”

“School!” Anderson exclaimed. “We have no school yet.”

“Are you not a teacher?” the boy asked. Anderson nodded. “Then teach me.” The boy wouldn’t leave Anderson and even followed him to the ox wagon where Mrs. Anderson had dinner waiting.

“This boy wants to go to school,” Anderson told his wife. “He won’t go home.”

“Did Jesus ever send someone home?” Mrs. Anderson asked. Anderson shook his head.

The next day four more boys came

asking to study. Anderson put the boys to work tilling land for a garden and preparing to build the school. After working all day, the boys and their teacher sat down around a campfire to study. Word by word Anderson learned Chitonga from the boys. He wrote each word down sound by sound. Then he copied the words onto the blackboard and told the boys to write them and speak them.

Soon Anderson could piece together a simple Bible story to tell his students, and they in turn could read a few words of their own language.

The Growing School

A month later more than 40 boys had come to enroll in the new school. Girls came as well. Within a year Anderson had written and published the first reading book in the Chitonga language. It was made up of Bible stories. The children read the first books so often that they had memorized them before a second reader could be printed.

The students continued working on the buildings and the farm. They planted corn and vegetables, and helped build the first dormitory, which had mud walls, a dirt floor, and a grass roof. Anderson built a table that extended the length of the building. At night the boys slept on the floor.

No More Room

But this dormitory would not hold all who came. One Sabbath, after church, the director found five new boys sitting near his home. He knew they wanted to study, but there was no more room. But when he learned that they had walked 150 miles to attend the new school, he threw up his hands.

“What shall we do?” Anderson asked

Mission Post

- Rusangu Adventist School still stands, and its teachers still teach children about Jesus. The original mud-and-thatch building has been replaced by a concrete building with a metal roof.
- On the same land stands a large secondary boarding school and Rusangu University (formerly Zambia Adventist University), which received part of our Thirteenth Sabbath Offering three years ago to help build a library. Thank you for helping children in Africa grow in Jesus.

Detja [DET-jah], his African teacher. “The students fill the floor when they sleep now! The rainy season is coming, and there is no grass for thatching a roof. We can’t take any more students!”

Detja thought a minute and then said, “Teacher, the floor is full of boys, but no one sleeps on the table.” And so for five months the table served to eat on, to study on, and to sleep on.

Miracle of Grace

The children learned quickly, and the stories of God’s love filled them with joy and changed their hearts. David Livingstone, the famous missionary to Africa, once said that if ever the Bitonga people’s hearts were changed, it would be a miracle of grace. And it happened. The Bitonga children changed completely as they learned about Jesus in the little mud-hut school they helped build.

Those eager children were the first students of the Rusangu Mission School, a school that continues to teach children about God’s love even today. 🌍

Thirteenth Sabbath Program

If your class will present the Thirteenth Sabbath program for the adults:

- Practice the Otjherero song on page 23 or the Zulu song from the website (www.AdventistMission.org) for this quarter to sing during the program or as an offertory.
- Remind parents of the program and encourage the children to bring their Thirteenth Sabbath Offering on September 29.
- As you collect the Thirteenth Sabbath Offering, remind everyone that one fourth of their Thirteenth

Sabbath Offering will go directly to the projects in the Southern Africa-Indian Ocean Division. Remind the children of their special children's project to help build a children's worship center in northeastern South Africa.

- **If your class will not join the adults** for a special program, ask some juniors to present the following program on Thirteenth Sabbath. The children don't have to memorize their parts, but they should be familiar enough with their story to present it with confidence and conviction.

The Worship Tree

Narrator: This quarter we've met children from three countries. Can you name them? [*Let children identify Madagascar, Namibia, and South Africa. Point to each country on the map.*]

Today is Thirteenth Sabbath. Today we give a special offering to help the people in Madagascar, Namibia, and South Africa share God's love through several specific projects.

But one of those projects is especially for children, and today _____ [*name of storyteller*] will share that story with us.

Storyteller: The aging tree stands on the corner of the property near the road. Its bark has been peeled off by years of weather and a few curious hands. Its roots are worn smooth from providing seats for children and weary adults. But the tree's

heart is strong, and its branches provide cooling shade for those who sit under it. This tree is a special tree; it is the children's place of worship every Sabbath. Here they sing songs to Jesus and listen as their teacher tells them Bible stories. The tree is their Sabbath School classroom.

No Church in Ingwavuma

The growing congregation in the town of Ingwavuma [ihng-gwah-VOO-mah] in northeastern South Africa worships in the community hall, a one-room building. Because there's no classroom for the children, they worship under the big tree in the dusty yard. When it rains, they crowd into the community hall and worship with the adults.

The church members share the community hall with many other groups.

One day the women may gather to knit and talk. Another night the town council discusses important matters in the community.

Early on Sabbath morning several Adventist believers prepare the community center for worship. They arrange the chairs for worshippers and set a table and four chairs in the front for worship leaders. Soon the worshippers gather, singing songs of love to Jesus as they arrive. No piano accompanies them as the melody of their strong voices flows through the windows and into the community, beckoning others to hurry to Sabbath worship.

Time for Worship

The children gather under the worship tree a few feet away. They too sing their songs to Jesus, and their sweet voices rise above the adults in joyful praise. They clap along with their singing to keep time. After much singing, the teacher leads the children in prayer, asking God to be with them during Sabbath School.

“Who can recite last week’s Bible text?” the teacher asks the children. Eager hands wave as if to say, “I can! I can!” One by one the children recite the Bible text they have learned. Then it’s storytime. The teacher tells the children a Bible story. She shows them a picture from a book, and the children lean forward from their perch on the tree’s roots to see. She asks a question about the story, and again hands shoot into the air to answer.

God Shall Supply

When the teacher finishes the story, she recites the day’s Bible text. “Today’s text is important,” she says. “It’s found in Philippians 4:19 and says: ‘My God

shall supply all your need according to his riches in glory by Christ Jesus.’ Let’s say it together,” she encourages. “My God... [*encourage children in class to repeat after teacher*] shall supply all your need... according to His riches in glory... by Christ Jesus.” The children and the teacher repeat the verse together several times.

“Who can tell me what the verse means?” the teacher asks.

“It means that when we are in trouble we can ask God, and He will help us,” one boy says.

“It means that if we don’t have food to eat, we can ask God, and He will provide food,” a girl says quietly.

“It means that God is telling us that we don’t have to worry about things we need, because Jesus knows, and He will give us what we need,” another boy answers.

“These are good answers,” the teacher says with a smile. “God does know our needs, and He will provide, just as He provides grass for our cattle and sunshine and rain to grow the rice and vegetables we need to eat. He sees our needs and will provide.”

A Special Place

The teacher paused for a moment before continuing. “Today God is asking children around the world to help meet a special need. What is that need?”

Hands shot up throughout the group. Teacher nodded, and a boy stood up and almost shouted, “A church!” Others nodded in agreement.

“Yes, God has heard our prayers for a church—a building dedicated to worshipping God and sharing our faith with the people in our community. Thanks to God we have the land, and some members have bought bricks to

begin building the church. But we don't have the money to finish it. However, today—this very day—around the world, Adventists are giving their Thirteenth Sabbath Offering so that we will have a church in which to worship. And children are giving their offering so we can have a Sabbath School room just for children!" The teacher's eyes glistened with joy.

An Offering for Ingwavuma

"So many want to come to Sabbath School, but their parents don't want them to meet under the tree. When we have a worship hall of our own, those parents will gladly let their children come to worship and learn stories from the Bible.

Let's pray that as we give our offerings

today God will bless the offerings of children and grown-ups around the world so that we can build our church on the hilltop and it can be a light to our community."

The children bowed their heads as one of the older children prayed for the special offering. Then the children sang another happy song as they gave their offerings to Jesus.

Boys and girls, as we give our Thirteenth Sabbath Offering today, let's pray that the boys and girls in one small town in Africa will bring many others to their new worship hall to learn about Jesus.

[Prayer and offering]

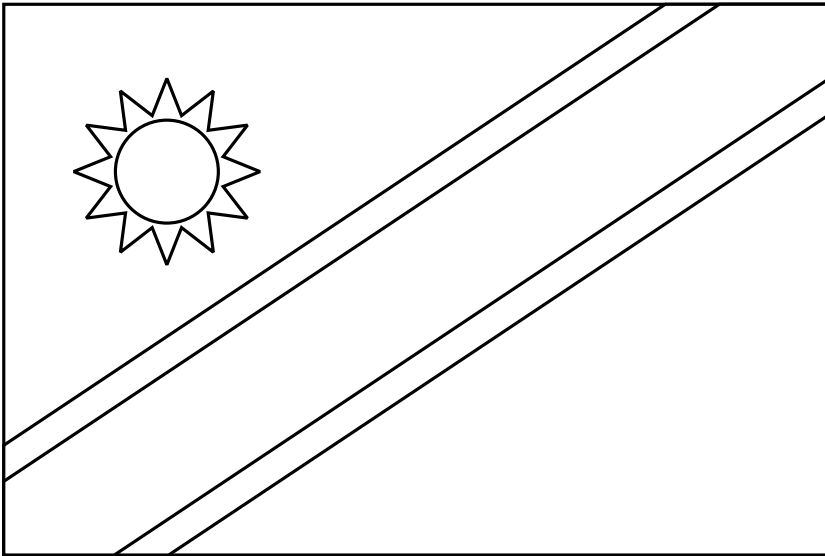
Next quarter the South American

Future Thirteenth Sabbath Projects



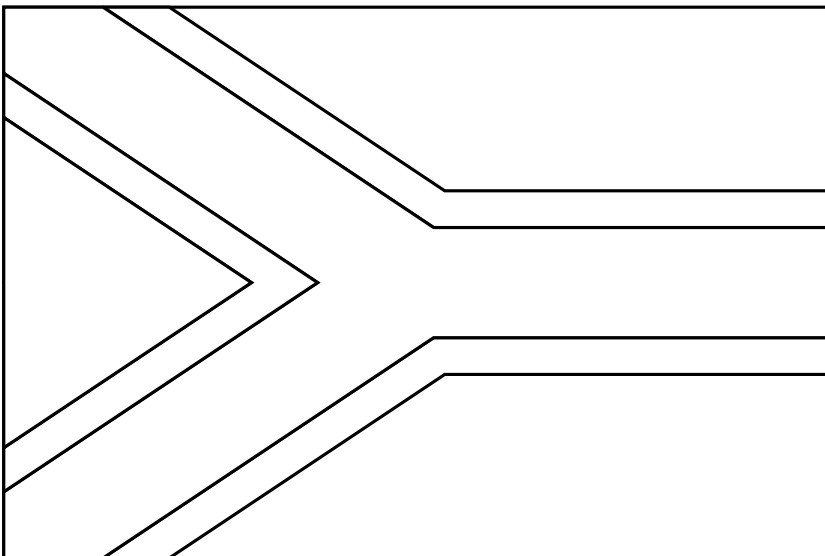
Division will be featured. Special projects include churches in Brazil and Peru. First quarter 2013 will feature the South Pacific Division. Special projects include medical clinics in isolated regions of Papua New Guinea, Bibles and Bible lessons for children in Papua New Guinea, and audio Bible players for several island nations of the South Pacific.

Flags of Namibia and South Africa



NAMIBIA

Top left triangle: blue with yellow sun | **Central stripe:** red with white bands
Lower left triangle: green



SOUTH AFRICA

Top right: red trimmed in white | **Bottom right:** blue trimmed in white
Left triangle: black trimmed in yellow | **Y stripe:** green

Recipes

MEALIE MEAL PORRIDGE

People throughout southern Africa eat mealie meal, or corn meal. Here are two ways to serve it.

2 cups maize meal (cornmeal)
2 cups cold water
4 cups water

½ teaspoon of salt (or to taste)
sugar or golden syrup, to taste
milk to taste

INSTRUCTIONS

Mix the maize meal into the cold water with a whisk until it forms a paste with no lumps. In a nonstick saucepan, bring the cup of water to a boil and turn the heat to medium. Add the mealie meal paste, stirring constantly with a wooden spoon to prevent the porridge from sticking, until it comes to a boil. Turn the heat to low and let simmer, stirring, for five minutes or until the mealie meal thickens. Turn heat off, cover saucepan, and let it stand for 10 minutes.

Serve with sugar or syrup and some milk, to taste.

MEALIE MEAL MUSH *(ALSO CALLED UGALI, PAP, AND SADZA)*

4 cups water
2 teaspoons salt
2 cups white cornmeal, finely ground

INSTRUCTIONS

Bring the water and salt to a boil in a heavy-bottomed saucepan. Stir in the cornmeal slowly, letting it fall through the fingers of your hand. Reduce heat to medium-low and continue stirring regularly, smashing any lumps with a spoon, until the mush pulls away from the sides of the pot and becomes very thick, about 10 minutes. Remove from heat and allow to cool somewhat. Place the ugali into a large serving bowl. Wet your hands with water, form into a ball, and serve.

Mealie Meal is usually served with savory stews or green leafy vegetables. To eat, pull off a small portion of the mush with your fingers and form into a ball. Press your thumb into the center to form an indentation, and use it to scoop up the accompanying stew or cooked vegetables.

Let's Speak Otjiherero

Otjiherero (oht-jee-heh-REH-roh) is the language spoken by the Himba and Herero people of northern Namibia. Many call it simply "Herero." Vowels are pronounced as follows: *ah* as in father; *ee* as in bee; *eh* as in bet; *ih* as in tip; *oh* as in toe; *oo* as in boot; *uh* as in cup. The accented syllables are written in capital letters.

COMMON PHRASES

Happy Sabbath
Hello
Please
Thank you
Yes
No
goodbye

PRONOUNCE IT

EH sah bah tah eh WAH
KOH rah
ah REE kah NAH
OH koo heh tah
EE-ee
KAH-koh
kah rah naw WAH

NUMBERS

one
two
three
four
five
six
seven
eight
nine
ten

PRONOUNCE IT

EE-ee mweh
ee mBAH ree
een dah TOO
ee-ee neh
een BAH noh
eeh hah mBOH oom weh
ee hah bohM BAH ree
ee hahm bohM DAH too
ee moh vyoh
oh moo rohn GOH

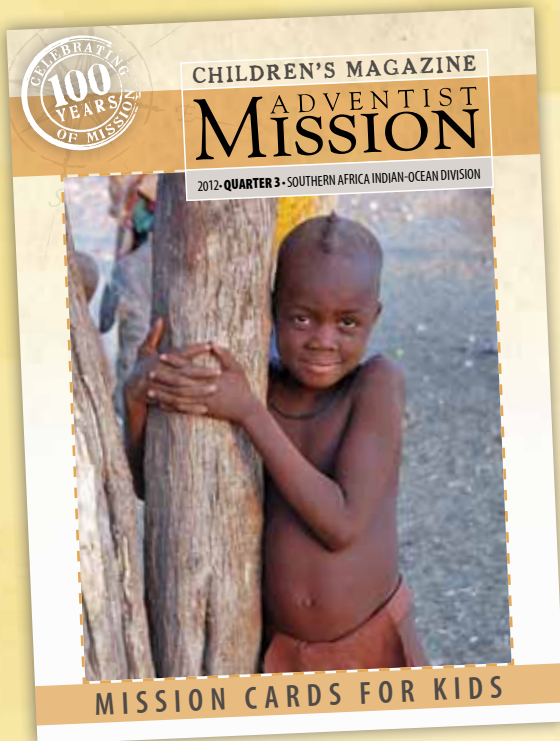
DAYS

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

PRONOUNCE IT

OH sohn dah HAH
OH mahn dah HAH
OH ree cha VAH ree
OH ree cha tah TOO
OH ree cha EE neh
OH ree cha tah NOH
OH roh vee oohn goo RAH

SEND MISSION HOME!



Send a missionary home with the children in your Sabbath School class each week. Adventist Mission Cards for Kids contains profiles of 12 children featured in the children's mission quarterly. Each card contains a photo, country information, and fun facts about where the mission offerings go each quarter.

This new product from the General Conference Office of Adventist Mission and Children's Ministries can make mission stories more tangible for kids.

**Mission Cards are just US\$7.49
per quarter for a pack of five sets.**

For more information contact us by visiting www.AdventistMission.org or by calling 1-800-648-5824. Please use the information below to order the cards.

Place your order on the North American Division Sabbath School Standing Order Form or call 1-800-456-3991.

Leader's Resources

Following are sources of information that have proved helpful in preparing for the mission segment of Sabbath School.

Following are sources of information that have proven helpful in preparing for the mission segment of Sabbath School.

For more information on the culture and history of Brazil and Peru, the countries featured this quarter, look in the travel section of a local library or go online and type the name of the country into your search engine.

Brazil's embassy website (www.brasilemb.org) contains interesting facts about the country, culture, and history. Scroll down on the home page to find a kids' online magazine that contains more information especially for children.

The website of the embassy of Peru was under construction when this publication went to press. However, try their website (www.peruvianembassy.us) to search for information to use in your quarterly. Check the online encyclopedia *Wikipedia*, www.wikipedia.org, choose language, and type Peru into the search box.

Visit our website for additional photos, recipes, language pages, and other activities that you can download and print to make mission more fun for children. Go to www.AdventistMission.org. Click on "Resources" and "Children's Activities" in the pop-up menu. Select third quarter, and choose the activities you want.

Adventist Mission DVD is a free video that features stories from the South American Division as well as the worldwide mission of the Adventist Church. Ask your Sabbath School superintendent to make you a copy of it. Or go online at www.AdventistMission.org to download the special children's DVD program.

Remind Sabbath School members that the ongoing work of the world church depends on the *weekly* Sabbath School mission offerings. One fourth of the Thirteenth Sabbath Offering is dedicated to the special projects featured this quarter. The remaining three fourths go into the world mission fund to support the worldwide mission work of the Adventist Church.

ADVENTIST MISSION

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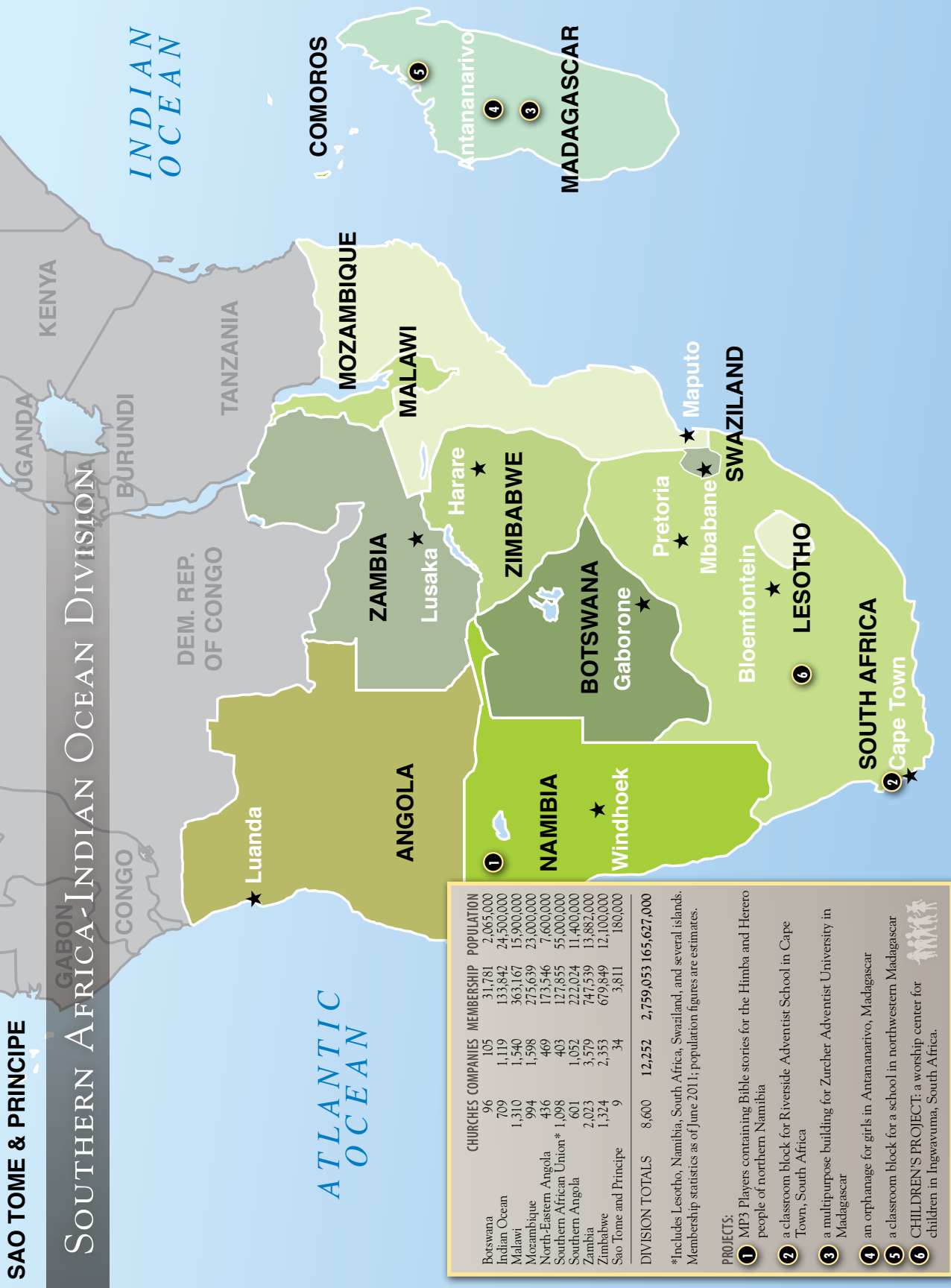
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SOUTHERN AFRICA-INDIAN OCEAN DIVISION



	CHURCHES	COMPANIES	MEMBERSHIP	POPULATION
Botswana	96	105	31,781	2,065,000
Indian Ocean	709	1,119	133,842	24,500,000
Malawi	1,310	1,540	363,167	15,900,000
Mozambique	994	1,598	275,639	23,000,000
North-Eastern Angola	436	469	173,546	7,600,000
Southern African Union* 1,098	403	403	127,855	55,000,000
Southern Angola	601	1,052	222,024	11,400,000
Zambia	2,023	3,579	747,539	13,882,000
Zimbabwe	1,324	2,353	679,849	12,100,000
Sao Tome and Principe	9	34	3,811	180,000
DIVISION TOTALS	8,600	12,252	2,759,053	165,627,000

*Includes Lesotho, Namibia, South Africa, Swaziland, and several islands. Membership statistics as of June 2011; population figures are estimates.

PROJECTS:

- 1** MP3 Players containing Bible stories for the Himba and Herero people of northern Namibia
- 2** a classroom block for Riverside Adventist School in Cape Town, South Africa
- 3** a multipurpose building for Zurcher Adventist University in Madagascar
- 4** an orphanage for girls in Antananarivo, Madagascar
- 5** a classroom block for a school in northwestern Madagascar
- 6** CHILDREN'S PROJECT: a worship center for children in Ingwavuma, South Africa.

