MCHILDREN'S ISSION

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Your Offerings at Work





Three years ago, the Thirteenth Sabbath Offering helped build dormitories for boys and girls at Nagaland Adventist School in Dimapur, Nagaland state. You can read stories from Dimapur on pages 26-30 and download the above photos and other Thirteenth Sabbath project photos on our Facebook page at: bit.ly/fb-2mq.



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Dear Sabbath School Leader,

Andrew McChesney *Editor*



Opportunities

The Thirteenth Sabbath Offering in fourth quarter 2020 will help the Southern Asia Division construct the following projects in India:

- Boys' dormitory, Garmar Academy, Rajanagaram, Andhra Pradesh state
- Five classrooms, Flaiz Adventist College, Rustumbada, Andhra Pradesh state
- Church building, Amritsar, Punjab state Church building, Ranchi, Jharkhand state
- Dormitory, Seventh-day Adventist School, Varanasi, Uttar Pradesh state
- Second phase of school building at Roorkee Adventist College, Roorkee, Uttarakhand state
- New buildings for Central Kannada and Savanagar Tamil churches in Karnataka state
- Two classrooms, Seventh-day Adventist English High School, Azam Nagar, Karnataka state
- Boys' dormitory, E.D. Thomas Memorial Higher Secondary School, Thanjavur, Tamil Nadu state
- Labs and library, Thirumala Seventhday Adventist Secondary School, Thiruvananthapuram, Kerala state
- School building, Spicer Adventist University, Aundh, Pune, Maharashtra state

This quarter we feature the Southern Asia Division, comprised of four countries: Bhutan, India, The Maldives, and Nepal. Its headquarters is in Hosur, India.

The region is home to 1.4 billion people, including 1.6 million Adventists. That's a ratio of one Adventist for 872 people.

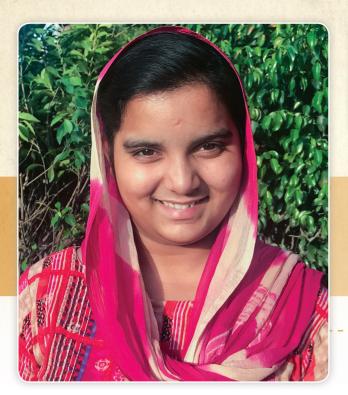
Reaching 1.4 billion people is an enormous challenge that can only be accomplished with God's help. As part of the effort, the Southern Asia Division has chosen 11 projects in India to receive the Thirteenth Sabbath Offering this quarter. The projects are listed in the sidebar.

If you want to make your Sabbath School class come alive, we offer a variety of photos, videos, and other materials to accompany each mission story. More information can be found in the sidebar with each story. For stock photos from India, try a free photo bank such as pixabay.com and unsplash.com.

You can download the PDF version of the *Children's Mission* magazine at bit.ly/childrensmission and the youth and adult *Mission* magazine at bit.ly/ adultmission. Mission Spotlight videos are available at bit.ly/missionspotlight. A printable mission bank image, which the children can color, can be downloaded at bit.ly/bank-coloring-page.

If I can be of assistance, contact me at mcchesneya@gc.adventist.org.

Thank you for encouraging children to be mission-minded! (\$\\$)





INDIA | October 3

Breathing Easy

Aradhana, 14

Fourteen-year-old Aradhana noticed that one of her eighth-grade roommates in the girls' dormitory had trouble breathing when fall turned to winter and the weather became cold.

Her roommate, Jyotsana, also had trouble breathing when winter gave way to spring and the flowers started blooming.

Jyotsana had asthma.

Even though Jyotsana used asthma spray and took pills every day, she still struggled to breath when the weather changed. Aradhana felt sad because she and Jyotsana were friends. Aradhana came from an Adventist home, while Jyotsana's family belonged to a world religion that does not worship God.

One night when Jyotsana was taking her medicine, Aradhana decided to talk to her about God. She sat beside Jyotsana on the bed. "You should pray, and you should read the Bible," she said.

Jyotsana thought for a moment.

"OK, I'll try," she said.

Both girls went to bed.

The next night, Aradhana saw Jyotsana sitting on her bed and reading from an open Bible in her hands. Aradhana felt happy to see her friend reading the Bible. She decided it would be a good time to have her own evening worship, so she went to her own bed and read a chapter from the Bible. Then she went to sleep.

After that, Aradhana saw Jyotsana reading the Bible every night. She also saw her praying every night, either sitting on her bed or kneeling beside the bed. One night, Aradhana suggested that the two girls pray together. They knelt, and Jyotsana prayed first. "Dear Heavenly Father, thank you for this day. Thank you for protecting us from harm and danger. Be with our parents who are far away from us. Be with us. Help us study well in class. Be

with our deans and teachers. Be with me also. Give me strength to read the Bible and help to recover from my breathing sickness. Be with us as we sleep. In Jesus' name, Amen."

Then Aradhana prayed. "Dear Heavenly Father, be with Jyotsana. Help her to follow Your path and be with her family and my family."

After a while, Aradhana noticed that Jyotsana was making God a major part of her life. She prayed at meals and before doing her homework and taking exams.

Her health also improved. Her asthma didn't bother her so much, and the physician said she could take less medicine. Jyotsana excitedly told Aradhana the good news.

"I'm so happy that the doctor decreased my medicine," she said. "I am getting tired of taking so much medicine."

"God helped you to decrease your medicine," Aradhana said.

Aradhana had been praying for her friend every night, and she thanked God for hearing her prayers.

Jyotsana no longer goes to Aradhana's school, but Aradhana hasn't forgotten her. She prays every night that her good friend will give her heart to Jesus.

"God help her to recover fully from her breathing sickness wherever she is studying," she prays. "Help her to go on Your path so that she may meet You in heaven."

Part of this quarter's Thirteenth Sabbath Offering will help construct a new church in Amritsar to replace an old, overcrowded church building. This is the church where Aradhana worships on Sabbaths when she is not studying at Seventh-day Adventist Inter College

Story Tips

- Find Amritsar in northwest India, near the border with Pakistan, on the map.
- Pronounce Aradhana as: arad-NA.
- Know that Aradhana means "praising." She goes by only one name.
- Pronounce Jyotsana as: JO-tsana.
- Know that Aradhana recently became an orphan after her mother died of diabetes.
- Understand that the prayer that Aradhana has for her friend — "Help her to go on Your path so that she may meet You in heaven" — is the same prayer that her own mother once prayed for her. Her mother told her daughter that she hoped that she would one day give her heart to Jesus and join the Seventh-day Adventist Church.
- Pray for Aradhana as she considers this important decision. Pray for her friend, Jyotsana, to also know God.
- Aradhana has a special message for children who read her story. She says, "I want everyone to pray to God every day and read the Bible."
- Ask the children whether they have prayed for a friend to be in heaven. Challenge them to pray for a friend daily.
- Watch Aradhana on YouTube: bit.ly/Aradhana-Mission.
- Download photos on Facebook (bit.ly/fb-mq).
- Download mission posts and fast facts from India at: bit.ly/SUD-2020.

in Roorkee, a town located about 15 miles (25 kilometers) from Amritsar in northwestern India. Thank you for planning a generous offering so Aradhana can worship in a nice, new church.





INDIA | October 10

Ruchi, 32

A Sarah in India

Ruchi was very sad. She had been married for three years and didn't have a baby.

She and her husband, Deepak, visited doctors, and they prayed to gods of wood and stone. They did everything they could think of, but nothing worked.

One day, a 75-year-old woman named Shakina came to visit family members living in the same house as Ruchi. She heard that Ruchi wanted to have a baby and spoke to her.

"I believe in Jesus, who is the true God," Shakina said. "Let me pray for you."

Ruchi had never heard about Jesus, but she was delighted that someone wanted to pray for her. "I need your prayers," she said. "I have been married for three years, and we have no children."

"Children are the heritage of God," Shakina told Ruchi and invited her to kneel on the floor to pray. Ruchi was used to kneeling to gods of wood and stone, and she sank down beside Shakina.

"Lord, let Ruchi's womb be fruitful because Psalms 127:3 promises that 'Children are the heritage of God," Shakina prayed.

The next week, Shakina returned to pray with Ruchi. She came again the week after that. "You know, you also should pray," Shakina said. "You should have faith in Jesus just like Abraham did."

"Abra-who?" Ruchi asked. She had never heard Abraham.

Shakina told the story of how Abraham and Sarah prayed for a baby. God answered their prayers by giving Sarah a baby boy when she was 90 years old.

Ruchi thought, "Wow, if God could give a baby to Sarah when she was so old, then He can give me a baby. I'm only 24!"

Ruchi began to pray every day for a baby. "Jesus, You gave a baby to Sarah.

Give me a baby, too," she prayed.

One day, Shakina told the story of Hannah praying for a baby and God giving her Samuel. Ruchi's faith grew when she heard the story. She thought, "If God could give babies to Sarah and Hannah, then He can give me a baby, too."

She began to read the Bible on her own. She continued to pray. A year passed. Two years. Three years. Four years. Ruchi kept praying and reading the Bible.

One day, she felt something unusual in her tummy. She immediately went to the doctor, and he announced that she was pregnant! Ruchi joyfully thanked God and called Shakina to tell her the news.

"I'm going to have a baby!" she exclaimed.

"Jesus has answered our prayers!" Shakina said.

Ruchi gave birth to a baby girl named Cash. A year later, she had another baby.

Today, Ruchi happily brings her two children to the Amritsar Seventh-day Adventist Church every Sabbath.

"Jesus is more powerful than anything else in the world," she said. (§)

Part of this quarter's Thirteenth Sabbath Offering will help construct a

Story Tips

- Find Amritsar in northwest India, near the border with Pakistan, on the map.
- Pronounce Ruchi as: ru-CHI. She only goes by one name.
- Ask the children why the story is called "A Sarah in India." Review the story of Abraham and Sarah. Challenge the children never to give up praying for important things.
- Consider Ruchi's advice for children who wonder why their prayers seem to go unanswered: "Believe in God and have faith in Jesus," she says. "He is the provider of children. As the Bible says, 'Children are the heritage of God."
- Download photos on Facebook (bit.ly/fb-mq).
- Download mission posts and fast facts from India at: bit.ly/SUD-2020.

new church in Amritsar to replace an old and overcrowded church building. This is the church where Ruchi and her children worship. Thank you for planning a generous offering so Aradhana can worship in a nice, new church.

By Andrew McChesney



Tradition teaches that the apostle Thomas preached the gospel to the people of India and established the Nestorian Christian church in the south. Historical evidence indicates that national Christians existed in India since the fourth century.

It is not known precisely when Seventh-day Adventist teachings were first introduced into India or when evangelism began. In 1890, S.N. Haskell and P.T. Magan crossed India from Calcutta to Bombay on their mission-survey journey around the world.





INDIA | October 17

Saint Kim

Dash for the Train!

The big bus bumped along a rough mountain road in the dark of night. Indian music from the bus driver's radio filled the bus. Many passengers slept soundly.

But a 11-year-old boy named Saint was wide awake. He and others on the bus had just finished volunteering at a one-week medical clinic in a remote Indian village. Saint had seen many sick people receive free medical help. He wasn't old enough to be a doctor, but he had been happy to run errands and play with sick children. Now the bus was taking the group of volunteers to the train station to go home.

Someone spoke up.

"Please, stop the bus. Lavinia has motion sickness. She is going to throw up."

That was true. As soon as the driver stopped the bus, 20-year-old Lavinia vomited everything that was in her stomach.

Actually, Lavinia was not the only person struggling with motion sickness. Everybody was now awake and felt like

vomiting. But the group didn't have time to be sick. They had to travel five more hours to reach the train station on time.

The doctor in charge of group didn't want any more sick stops. He took nausea medicine from the first-aid kit and passed it around. The bus resumed its trip on the winding road.

Now the time seemed to pass quickly. Somebody spoke up.

"We should go faster. Otherwise, we will miss our train."

The passenger was right. The group had to reach the train station before their train departed. The bus driver realized the urgency, and he drove faster. But the time was running as fast as the bus.

Unfortunately, the bus had left the remote village late, and the stop for the sick passenger had only caused a greater delay. It seemed impossible to reach the train station on time.

Saint's father checked the train's

Story Tips

- Know that the story's author, Daisy Jung, is Saint's mother. Names have been changed to protect the work of the volunteers serving in a sensitive part of the world.
- The photo with the story shows a girl who received help at the medical clinic where Saint and his parents volunteered.
- Download photos on Facebook (bit.ly/fb-mq).
- Download mission posts and fast facts from India at: bit.ly/SUD-2020.

departure time on his cell phone. The app showed that the train would depart on time.

"That's strange," he said. "Usually, the train leaves late, but this time it is on time."

Saint's father looked back at his cell phone and checked and rechecked the train's time. He seemed so sorry about the situation.

"We may miss the train," he said, sadly.

Now everyone was worried. No one could sleep.

At that moment, Saint spoke up.

"The train will be waiting for us," he said. The adults did not agree.

"You know, Saint, this app that tracks

the train's time is always correct," his mother said. "So the train may depart before we reach the station."

"No, Mommy," Saint said firmly. "God will hold the train for us."

The bus arrived at the train station. 30 minutes late. Everybody was worried about the sad situation. Saint's father and another man, Roshan, went to find out how long the group would have to wait for the next train. Suddenly the two men came running.

"Hey, everybody!" Saint's father shouted. "The train hasn't left yet. Hurry!"

There was no time to rejoice. Everyone grabbed their luggage and ran as fast as they could to the platform where the train was waiting. The moment everyone entered the train, out of breath from running, Saint whispered, "Mommy, I told you that God would hold the train."

He gave her a big smile. When everybody had been worried about the train, Saint had remembered that his heavenly Father always answers prayer. He had prayed. (\$)

Thank you for your mission offerings that help children like Saint learn about Jesus and the power of prayer.

By Daisy Jung



Traditionally the beginning of official work in India dates from 1893, when William Lenker and A.T. Stroup, two colporteurs from the United States, landed in Madras and began canvassing for Adventist subscription books among the English-speaking inhabitants of major Indian cities. However, Lenker subsequently reported a number of Adventists known to be working in various cities in India.





INDIA | October 24

Spanked For Sabbath

Anusha Nagappa, 14

Fourteen-year-old Anusha Nagappa weeps when she speaks about Father.

The reason is because Father is furious that she became a Christian. He is determined to make her change her mind.

The trouble started last year when a Seventh-day Adventist neighbor introduced Mother to Jesus.

"Idol worship is not right," the neighbor said. "You should give your heart to Jesus."

After hearing the neighbor urge her to accept Jesus many times, Mother started to go to an Adventist church in her village. She took her daughter with her, and the girl enjoyed the singing.

Father didn't want to go to church with Mother and Anusha. Even worse, he was determined to stop Mother and Anusha from going to church. He pointed to the 20 wooden and stone idols in their home.

"Our gods have helped us for so many

years," he said. "Our gods have taken care of us and protected us. Why do you want to go to church to worship another God?"

Mother didn't say anything. Anusha didn't say anything. There was nothing that they could say to calm Father. When Father saw that they kept going to church anyway, he spoke unkindly to Mother. He even spanked Anusha, saying that she was being disobedient.

Making matters worse, other neighbors made fun of Anusha and Mother.

"You worshipped our gods for so long," said one. "What went wrong so you have to worship the Christian God?"

Even the local priest, who was not a Christian, mocked them.

Just when it seemed that things couldn't get worse, Father had a bad accident. He was riding a bicycle on a busy road, and a truck hit him. He was hospitalized in critical condition.

"Only God can save him," the doctor told Mother.

Mother and Anusha prayed to Jesus to save Father's life. The Adventist friend also prayed.

To the doctor's surprise, Father recovered and was able to go home in three weeks. Father reluctantly acknowledged that the God of heaven had saved his life. But soon his anger returned, and he ordered Mother and Anusha to stop going to church. Mother and Anusha had to sneak out of the house on Sabbath morning.

This year, Anusha was able to move to an Adventist boarding school to study. She is thrilled that she can worship Jesus without being scolded or spanked. She received her own Bible at the school. When she goes home on vacation, she reads the Bible to her friends. She has taught several friends to pray. More than anything, she would like to read the Bible and pray with Father. She asks that children around the world would pray for her father to know the true God. (§)

Part of this quarter's Thirteenth Sabbath Offering will help Anusha's

Story Tips

- Find Azam Nagar on the map.
- Pronounce Anusha as: a-nu-SHA.
- Download photos on Facebook (bit.ly/fb-mq).
- Download mission posts and fast facts from India at: bit.ly/SUD-2020.
- India is one of the largest democracies in the world.
- With the majority of the population of India following Hinduism, 30-40 percent of the people are vegetarians.
- India is the second-largest Englishspeaking country. Second only to the United States, about 10 percent of India's populace are fluent in English, with the percentage expected to quadruple within the next decade.

school — Seventh-day Adventist English High School in Azam Nagar, in India's state of Karnataka — construct two new classrooms so more children can learn about the true God. Thank you for planning a generous offering.

By Meena Prabhakar, a teacher at Anusha's school



Although cows are considered to be sacred and it is illegal to kill them, Indians still use cows for milk. Most of India's milk, however, comes from buffalos.







INDIA | October 31

Bhimakshi Koiaooe, 15

Refusing Stone Idols

hen Bhimakshi was 10, she bravely refused to pray to her parents' gods.

The story began when Bhimakshi came home for summer vacation from the Seventh-day Adventist boarding school. She was happy to see Mother and Father after many months apart.

In the morning, Bhimakshi woke up and took a bath. Then Mother called her to the family shrine to worship their gods. The shine consisted of six photos of stone gods. The photos were hung low on a wall in the house. Under the photos was a wooden shelf with a lamp, incense sticks, and red powder to dab on the forehead.

Bhimakshi reluctantly approached the photos. Mother and Father were already seated cross-legged on the floor. With them was Bhimakshi's 9-year-old sister. Father rang a small bell, indicating that prayer time had started. He and Mother began chanting the name of one of the

gods. They didn't close their eyes.

Mother saw that Bhimakshi was standing, and she stopped chanting. "Sit down with us," she told the girl.

Bhimakshi refused. "I don't want to do these kinds of things," she said.

Mother looked angry. She knew that Bhimakshi had been learning about Jesus at the Adventist boarding school for five years. She knew that the school also had a morning worship where the children worshipped Jesus instead of traditional gods. Mother didn't mind Bhimakshi worshipping Jesus at school. "When you are at school, you can be like the Christians," she said. "But when you come home, you have to do what we do."

Bhimakshi still refused. Now Mother was furious, and she turned to Bhimakshi's little sister. "Pray for yourself and for your sister," she snapped.

Bhimakshi slipped out to another room

Story Tips

- Find Azam Nagar on the map.
- Pronounce Bhimakshi as: bee-mak-SHI.
- Download photos on Facebook (bit.ly/fb-mq).
- Download mission posts and fast facts from India at: bit.ly/SUD-2020.

as her family prayed. After the prayers ended, Mother found Bhimakshi and spanked her for being disobedient.

Bhimakshi prayed silently for Jesus to help.

The next day, Mother called Bhimakshi to pray with the family. Again, Bhimakshi refused. Again, she was punished.

The same thing happened day after day that summer. Bhimakshi would not change her mind. She refused to pray to idols.

Finally, the new school year started and she returned to the Adventist boarding school. She was happy to be back among her friends and the kind teachers. She was happy that she would not be spanked for refusing to pray to idols. Most of all, she was happy to be able to worship Jesus

freely. She told the girls' dean what had happened that summer. The girls' dean was proud of Bhimakshi for standing firmly for Jesus.

At the next morning worship, the girls' dean said God honored people who refused to pray to idols in the Bible.

"Idols made of wood and stone have no life," she said. "We have just one God who is our Creator, and not many gods. Satan is trying to deceive us with idols."

Bhimakshi understood that God was proud of her, and she resolved never to worship idols again. And she hasn't. Today, she is 15 and still refuses to pray to idols at home. Mother is no longer angry and has even started praying sometimes to Jesus. Bhimakshi hopes Mother will pray only to Jesus one day.

"Jesus is the true God," she said. §

Part of this quarter's Thirteenth Sabbath Offering will help Bhimakshi's school, Seventh-day Adventist English High School in Azam Nagar, in India's state of Karnataka, construct two new classrooms so more children can learn that Jesus is the true God.

By Meena Prabhakar, a teacher at Bhimakshi's school



Indian cuisine is popular around the world but varies greatly depending on region. This variation is often not reflected in the Indian restaurants outside India, where diners expect certain well-known dishes such as dal, samosas, naan, and tandoori chicken.







INDIA | November 7

Karthik Sukaram, 13

Worship Mischief

Tesus is the true God," Teacher said at the front of the room.

Eleven-year-old Karthik turned to friends seated nearby for morning worship at the Seventh-day Adventist boarding school in Azam Nagar, India.

"No, He isn't the true God," he whispered. "Our gods are the true gods."

The other boys nodded silently, agreeing with him but not daring to speak out loud for fear of punishment. Anyone who interrupted worship would get no breakfast, and they wanted to eat delicious *upma* porridge.

Teacher noticed that Karthik was whispering, and she stopped speaking.

"What did you say, Karthik?" she asked.

The boy refused to answer.

Teacher looked at the boys seated near him. "What did Karthik say?" she asked.

After awkward silence, one boy spoke.

"Karthik doesn't agree that Jesus is the true God," he said.

Teacher didn't say anything more and returned to the worship talk. But after worship finished, Karthik was not allowed to eat breakfast for interrupting worship.

Even though he didn't like being punished, he continued to interrupt morning and evening worship.

To understand why the boy interrupted worship, you have to understand something about his home life. Karthik grew up in a Indian village without a school that taught English. So when he was 11, his mother sent him to the Adventist boarding school, located about 25 miles (40 kilometers) away, to learn English.

Karthik was not a Christian, and he didn't like the Christian school. He especially didn't like the worship programs.

But one Sabbath he heard a sermon

that touched his heart. The preacher called Jesus the true God who saves people from their mistakes. Karthik wanted to know more, and Teacher gave him a small New Testament. He started to read a few verses every day and to pray.

But then bad things began to happen. Karthik slipped broke his chin while playing outside. Then he had to go to the hospital for a hernia operation. He wondered whether his family's stone gods were punishing him for praying to Jesus.

At the end of the school year, he fell while jumping on a school wall, badly injuring both of his legs. He had to go to the hospital again.

He announced that he didn't want to go to the Adventist school ever again.

"I'm not coming back here," he adamantly told Mother. "Bad things happen there."

But Mother wanted him to go back. She also wanted to send his younger sister to the school.

Teacher spoke with the boy.

"I really would like you to come back," she said. "Come, and things will be better."

Karthik returned at the start of the school year with his little sister. He

Story Tips

- Find Azam Nagar on the map.
- Pronounce Karthik as: kar-THIK.
- Ask the children if they think bad things happened to Karthik because he read the Bible. Ask why bad things might have happened. Possible answers include: "he was careless" or "Satan wanted to discourage him from reading the Bible."
- Download photos on Facebook (bit.ly/fb-mq).
- Download mission posts and fast facts from India at: bit.ly/SUD-2020.

promised to give Jesus another try.

"I will read the Bible more and get closer to God," he told Teacher. "I want to stand for Jesus no matter what and for my family to know Him." (\$)

Part of this quarter's Thirteenth Sabbath Offering will help Karthik's school, Seventh-day Adventist English High School in Azam Nagar, in India's state of Karnataka, construct two new classrooms.

By Meena Prabhakar, a teacher at Karthik's school



Bengaluru is the Silicon Valley of India. A number of multinational companies have established their business hubs here, resulting in an influx of IT engineers and expatriates into the city.



AdventistMission.org BigStock





INDIA | November 14

Rashmi Rajesh Gollar, 15

Grandmother Finds Her Voice

Fifteen-year-old Rashmi didn't like being at home alone with Grandmother in Baihongal, a small town in south-central India.

Whenever Mother stepped out of the house to shop for food or to visit neighbors, Grandmother marched up to Rashmi.

"You are leaving our ancestral gods and going after an unknown God!" she shouted.

Grandmother couldn't understand why Mother had started taking Rashmi to a Christian church every week after learning about Jesus from a neighbor. Grandmother worshipped gods made of stone and wood. She didn't believe in Jesus. She didn't say a word when Mother was at home. But as soon as Mother left, she scolded Rashmi for going to church.

"There is a small temple near our house," she said. "You can worship there instead of at the Christian church."

Rashmi tried to explain that the

Christian church was nice.

"Why are you scolding me?" she said. "If you came to church with us, you would understand."

Rashmi never told Mother about the scoldings. She wasn't afraid of Grandmother, but she didn't want to create any trouble in the family.

One day, Grandmother began to lose her voice. She only spoke softly. She couldn't raise her voice to shout at Rashmi for going to church, but she remained angry.

"Even though you left our gods, our gods are not going to leave you!" she whispered fiercely.

Nobody was worried about Grandmother losing her voice. Everyone thought it would come back on its own. Rashmi enrolled in a Seventh-day Adventist boarding school and left home to study. But when she returned home for vacation four months later, Grandmother had lost her voice completely. She couldn't talk at all. When she wanted something, she had to gesture with her hands.

Rashmi was happy that Grandmother was no longer shouting, but she felt sorry for her.

Mother was very worried.

"We should go to the hospital," Mother said.

The doctor said Grandmother needed to undergo surgery to repair her voice box. Now Grandmother was afraid. She didn't want an operation. Rashmi wanted to help, and she remembered Grandmother's strong faith in her gods of stone and wood.

"Why don't you pray to your gods to heal you?" she suggested. "Then you won't need an operation."

Grandmother had already been praying to her gods for many months. She understood that her gods had no power. She couldn't speak to Rashmi, so she simply smiled.

Mother told church friends about the upcoming operation, and they prayed for Grandmother. Churches in other parts of India also heard about the operation and prayed. Rashmi prayed with Grandmother.

"Dear God, help Grandmother to stop worshipping idols and to believe in Jesus, the true God," she prayed.

Tears streamed down Grandmother's cheeks when she heard the prayer.

After the operation, the doctor declared it a success. Three months later, Grandmother was back at home and able to speak.

Story Tips

- Find Azam Nagar and Baihongal on the map.
- Pronounce Rashmi as: rash-MI.
- Download photos on Facebook (bit.ly/fb-mq).
- Download mission posts and fast facts from India at: bit.ly/SUD-2020.

Grandmother no longer scolds Rashmi for going to church on Sabbath. She no longer tries to convince her to worship the family gods. Instead, she goes to church with Rashmi and Mother every Sabbath. She gave her heart to Jesus a month after the operation.

"I praise God!" Rashmi said.
"Grandmother now comes to church with us every Sabbath. Earlier we used to hide from her and go to church. But today she comes to church with us."

Part of this quarter's Thirteenth Sabbath Offering will help Rashmi's school, Seventh-day Adventist English High School in Azam Nagar, in India's state of Karnataka, construct two new classrooms so more children can learn about Jesus.

Rashmi is happy to study at the school.

"We have morning and evening worship in our dormitory," she said. "I thank God for this school which has been a light to many like me. I would like to give my heart to Jesus forever."

By Meena Prabhakar, a teacher at Rashmi's school





INDIA | November 21

Astonished Physician

Renita Caroline, 22

The physician thought Renita would never survive.

The 13-year-old girl was unconscious, and her heart was barely beating, when she was hospitalized in Bengaluru, India.

"She could die at any time," the physician told her parents. "But we'll try our best."

About 100 Adventists from Renita's church rushed to the hospital. They comforted the parents outside the intensive care unit where Renita lay on a bed. Many church members knelt on the cold hospital floor and prayed. Others traveled to the church to pray.

The next day, pastors and church members from all 15 Adventist churches in Bengaluru came to the hospital to pray for Renita. Among them was Renita's aunt, Ruth Mary. She had a lot of faith in God.

"You do your job," Ruth Mary told

physician. "My God will take care of everything."

The physician did not believe in God, and he looked annoyed at Ruth Mary's words.

Renita's friends prayed at school. The school principal organized student prayer bands to lift up Renita in prayer.

On the third day, the physician still wasn't sure whether Renita would live. Ruth Mary, however, had no doubts.

"You do your job," she said. "My God will take care of everything."

Now the physician was really annoyed. He wondered how Ruth Mary could have so much trust in an invisible God.

Church members continued to pray. Four days passed. Five days. Ten days. On the eleventh day, Renita opened her eyes.

Ruth Mary, who had been fasting and praying for 10 days, was delighted.

"You keep doing your job," she told the physician. "My God will take care of everything."

Story Tips

- Find Bengaluru on the map.
- Download photos on Facebook (bit.ly/fb-mq).
- Download mission posts and fast facts from India at: bit.ly/SUD-2020.

The physician was more than annoyed. He felt a little angry.

Renita gradually grew stronger. On the fifteenth day, the physician decided to perform a small operation on her throat to help her eat better. Ruth Mary didn't like that idea.

"She sings to God in church," Ruth Mary told him. "If you do that, she will lose her singing voice."

The physician decided to wait. The next day, he couldn't believe his eyes. Renita was recovering so well that she didn't need the operation.

Turning to Ruth Mary, he said, "You were always talking about your God," he said. "Now I see that your God has saved

Renita. Go give thanks to your God."

The news about Renita's miraculous recovery spread throughout the hospital. Other patients and their families were astonished to see the amazing answer to prayer, and many asked for prayers.

That evening, Renita was moved to a regular hospital ward. A month later, she was released from the hospital. Afterward, she visited all 15 churches in Bengaluru and shared her testimony.

"I am standing as living witness before you," she said. "It is only through God's grace that I have my life back. Thank you each and every one for your prayers. I am nothing without prayer. With prayer, everything is possible."

Part of this quarter's Thirteenth Sabbath Offering will help construct a new building for Renita's Savanagar Tamil Seventh-day Adventist Church in Bengaluru, India. The current building is old and falling apart, and church membership has surpassed the size of the building. Thank you for planning a generous offering for the church.

By Andrew McChesney



MAZING

The Lifeline Express, or Jeevan Rekha Express, is a hospital train that has been run in India since 1991. It is an outreach program for inaccessible rural areas where medical services are not available, traveling via Indian Railways. The train has two operating rooms with five tables: attached is a six-bed recovery room. The train also has an ophthalmologic testing room, a dental unit, a laboratory, and an X-ray unit. There is a staff compartment with a kitchen and 12-bed dormitory. The staff carries out orthopedic and ophthalmological procedures as well as plastic surgical procedures for cleft pallet and burn scars.





INDIA | November 28

Rishon Pereira, 9

No Time for Video Games

Rather and Mother sat down with Rishon to have a talk about his toys when they moved from the big city to a small house on a mountainside in India.

"You don't need all those big toys," Father said. "You are going to be very busy doing things other than playing with them."

Mother spoke about the children living in the village near their new house.

"The village children are poor and don't have nice toys like you," she said. "Why don't you give them your big toys?"

Rishon was an obedient boy, and he didn't mind giving away his big toys. He gave them to boys and girls in the village. The village children were excited with the gifts. They had never owned such nice toys before. Rishon was happy to see their joy. It felt good to do something kind for others.

As the days passed, Rishon saw that Father and Mother had been right. He was very busy. He went to school at home, with Mother teaching English, Hindi, and other languages. Father taught math and science. When Rishon wasn't studying, he worked in the family garden, planting, weeding, and harvesting corn, potatoes, and other crops. Every day, he memorized three verses from the Bible. After a few months, he could recite many chapters by memory, including Psalms 23, Psalms 51, Psalms 91, John 1, John 2, and Hebrews 11. Rishon didn't have much time to play even with his small toys, so he gave some of them away to the village children.

The village children, especially the little ones, quickly became Rishon's friends. At first they liked him because he gave them toys. But then they began to know him, and they saw that he was a kind, gentle boy. They liked to visit Rishon at his house on the mountainside outside the village.

Rishon liked to play with the village

children. Sometimes they played with Rishon's old toys. But most of the time they played church.

You see, the village children are not Christians. Their parents are not Christians. They didn't know anything about God creating the world or Jesus dying for people's sins. They didn't know anything about praying to God.

But by playing church, Rishon taught the children about Jesus. The children sat on the dusty ground as Rishon told them stories about Adam and Eve, Noah's ark, David and Goliath, and Daniel in the lions' den. He told them about Jesus' dying on the cross to give eternal life to everyone who believes in Him. He invited them to pray to Jesus. Asking the children to stand, Rishon showed them how to pray.

"Dear God," he said. "Thank you for being our very best Friend. Help us to be good. In Jesus' name, Amen."

The other children began to copy Rishon's prayers. They told their parents about the Bible stories. Then some parents have asked Rishon's parents for more information about Jesus.

Rishon doesn't have time for video games or television. He doesn't use Facebook or Instagram. He doesn't even

Story Tips

- Find India's Karnataka state on the map. Rishon lives on a rural mountainside in the state.
- Pronounce Rishon as: rish-ON.
- Ask the children how they can be missionaries like Rishon. Possible answers include giving away toys or spending time praying and discussing the Bible with friends.
- Challenge the children to be like Rishon and memorize three Bible verses every day.
- Encourage the children to be involved in garden work and plant a garden either outdoors or in indoor pots. Ellen White writes about finding God in gardening in "Child Guidance," Chapter Seven, Practical Lessons from Nature's Book. Read online: bit.ly/EGW-Garden.
- Watch Rishon's father, Wilbur, on YouTube: bit.ly/Wilbur-Pereira.
- Download photos on Facebook (bit.ly/fb-mq).
- Download mission posts and fast facts from India at: bit.ly/SUD-2020.

play very often with the few small toys that remain in his home. He is too busy being a missionary for Jesus! §

By Andrew McChesney



Bengaluru is home to more than 25 lakes that provide water to the city and also offer peace, quiet, and entertainment. They are home to a large ecosystem of flora and fauna comprised of, among others, lilies, pheasant-tailed jacana, weaverbirds, kingfishers, and ferns.







INDIA | December 5

Anurodh Barnwal, 19

God Is My Teacher

Father was worried about 11-year-old Anurodh. Even though the boy had finished seventh grade, he had barely passed each class. He couldn't read a word in English, only the Hindi language.

Father noticed that the Seventh-day Adventist pastor in their hometown, Ghazipur, had two children getting top marks at the Adventist boarding school in Varanasi, 35 miles (60 kilometers) away.

"My son is doing poorly," Father told the pastor. "He doesn't care about school." The pastor had an idea.

"Why don't you send your son to the Adventist school?" he said.

Father wasn't a Christian, but he liked the suggestion. Later that day, he announced the plan to his son.

Anurodh didn't want to go to school anywhere, but he was terribly bored. He longed for something new. He was pleased that Father planned to send him away.

But when Anurodh, his parents, and

the pastor arrived at the school, they learned that the dormitory was full. All 80 beds in the boys' dormitory were occupied. The girls' dormitory, which had room for 40 girls, also was full. Anurodh looked at his parents, wondering what to do. His parents looked at the pastor, wondering what to do. The pastor didn't know where to look. No one knew what to do. Anurodh had to stay in the dormitory if he studied at the school. He couldn't live at home and travel three hours back and forth to school every day.

Anurodh was deeply disappointed. He had hoped for a new life, and now it looked like he would have to return to his old life. For the first time, he prayed. He didn't know God, but he thought he would try to talk to Him anyway. Standing outside the dormitory, he prayed.

"God, I want to study here from the bottom of my heart," he said.

It was a simple prayer. He didn't even

ask God to do anything. He only told God about the biggest desire of his heart.

As Anurodh, his parents, and the pastor wondered what to do, a schoolteacher heard about the situation. She came up to the forlorn boy.

"Why don't you live with me in my house?" she said.

Anurodh couldn't believe his ears.

"Can I stay with the teacher?" he asked his parents.

Anurodh was overjoyed when his parents gave their permission. God had heard his prayer.

That evening, he didn't feel so happy after Father and Mother left. For the first time, he would have to live far away from home. Big tears rolled down his cheeks, and he prayed for the second time. Kneeling by his bed, he said, "God, You are my Teacher. Please lead me."

Anurodh liked his new school. He liked learning from the Bible, and he especially enjoyed reading Psalms and Proverbs. For the first time, he got top marks in all his classes. He knew that it was because of God that he was getting good grades. God was answering his prayer to be his Teacher. He gave his heart to Jesus.

Story Tips

- Find Ghazipur and Varanasi on the map.
- Pronounce Anurodh as: anuu-ROD.
- Watch Anurodh on YouTube: Anurodh-Barnwal.
- Download photos on Facebook (bit.ly/fb-mq).
- Download mission posts and fast facts from India at: bit.ly/SUD-2020.

Today Anurodh is 19 years old and excited to learn what plans God has for him next. He never expected to finish grade school, and just this year he graduated from high school.

"Our plans are limited," he said.

"But God has bigger plans than we can imagine, and He is ready to guide us." \$\\$

Part of this quarter's Thirteenth Sabbath Offering will help construct a new dormitory at the Varanasi Seventhday Adventist School so there will be more room for children to learn from the best Teacher, Jesus.

By Andrew McChesney









INDIA | December 12

Abhishek Chaudhary, 14

Tumor Changes Hearts

Summer vacation had just started, and 12-year-old Abhishek was happy to be home from boarding school.

But then something happened.

Four days into the summer vacation, Abhishek was playing ball with his 11-year-old sister, Mahima, on the front porch of the house. It was about 4 p.m., a short time before supper.

After swatting away the ball, Abhishek fell to the ground, and his body trembled violently. His hands twisted into knots, and foam formed at his mouth.

Mahima screamed and ran to Mother in the kitchen.

"Come, come!" she yelled. "Come see what happened!"

Mother ran to the porch and saw her son unconscious and quivering on the ground. Mother burst into tears. Collecting her thoughts, she called Father on his cell phone.

"Abhishek cannot walk or talk," she

said. "Please come home."

Father worked as a Bible worker, and he was leading a prayer meeting out of town. He rushed home, arriving two hours later.

In the meantime, Mother picked up Abhishek, still unconscious, and carried him to his bed. Sometime later the boy regained consciousness. But he couldn't speak. He couldn't move. That's how he was when Father arrived.

The government hospital was closed for the night, and Father didn't have the money to go to a private hospital. The family would have to wait until morning to take Abhishek to the doctor.

Father and Mother placed their hands on their son's head and prayed. Mother wept. Mahima stood nearby and listened.

"Lord, You know everything," Father prayed. "You know this unknown illness. I know for sure that You can heal my son."

In the morning, Father and Mother took Abhishek to the hospital. The doctor

Story Tips

- Find Varanasi on the map.
- Pronounce Abhishek as: ab-EE-shek.
- Pronounce Mahima as: ma-HEE-ma.
- Know that Father's name is Rajesh Chaudhary. He is pictured with his son.
- Watch Abhishek on YouTube: bit.ly/Abhishek-Chaudhary.
- Download photos on Facebook (bit.ly/fb-mq).
- Download mission posts and fast facts from India at: bit.ly/SUD-2020.

ran tests and found a small tumor in Abhishek's brain. The tumor had caused him to fall unconscious on the porch. The doctor gave medicine for 15 days.

"If this medicine works, everything will be OK," he said. "If not, he will need to undergo an operation."

That night at home, the family prayed for Abhishek. "God, please help the medicine to cure our boy," Father said.

Church members prayed for Abhishek. Father contacted Abhishek's friends from the boarding school, and they also prayed. For the next 15 days, everyone prayed.

At the end of the 15 days, the family returned to the doctor.

"How is he feeling?" the doctor asked. "He is much better," Father said.

"Let's do one more test to see what has happened to the tumor," the doctor said.

The doctor ran the test — and he couldn't find any sign of the tumor. He was shocked.

"How did that happen?" he asked.

He gave Abhishek another 15 days of medicine and told Father, "If your son is fine after this, he won't need an operation. He will only need to take pills for the next year."

Father and Mother were overjoyed that the tumor had disappeared. It was a miracle! The whole family praised God at home.

"Thank you, God," Father prayed.

The family continued to pray every day for the boy. Church members prayed. Abhishek returned to boarding school after summer vacation, and his classmates prayed.

A year passed, and the doctor ran another test. The results showed no tumor. "There is nothing," the doctor said. "He is fine."

The family rejoiced. God had performed a big miracle.

But that wasn't the end. Neighbors who didn't believe in Jesus heard about the miracle and asked Abhishek's father to pray for them. The neighbors used to make fun of Abhishek and his family for being Christians. But their attitude changed. They became close friends, and they want to give their hearts to Jesus.

Abhishek is thankful to God for good health. He is glad that God answers prayer, and he is happy that God could use his illness to help the neighbors learn about Him. He wants to become a missionary just like his father. "After I complete my studies, I want to work for God," he said. "I will share my story with everyone who doesn't know Christ." (\$\sqrt{\syn{\sqrt{\sqrt{\sq}\sqrt{\sqrt{\sq}}\sqrt{\sqrt{\sq}\sq}\sqrt{\sqrt{\sq}}}}}}}}}}}}}}}

Part of this quarter's Thirteenth Sabbath Offering will help construct a new dormitory at Abhishek's school, Varanasi Seventh-day Adventist School, so more children can learn about Jesus.





INDIA | December 19

Sweet Pain

Marilyn Kamei, 16

Marilyn studied at a Seventh-day Adventist school, so she never had any problems keeping the Sabbath. But she had to take final exams at a government exam center off campus. When she went to sign up for the exams, she learned that one exam could only be taken on Sabbath.

Marilyn didn't know what to do.

A sympathetic teacher at the government exam center had a solution. She suggested that Marilyn leave church for a few minutes on Sabbath morning and come to the government exam center. She could write her name on the exam paper and then return to church.

"The exam is optional, so you can fail it without getting into trouble," the teacher said. "But you have to take it. So just come, write your name, and go back to church."

The idea was tempting. Marilyn had to take the exam to advance to the next grade. But she didn't feel quite right about

coming to the exam center on Sabbath, even just to write her name.

"There is no difference between taking an exam on Sabbath and going to the exam center to write my name on Sabbath," Marilyn said. "Even if I fail my grade this year, I will keep the Sabbath."

Marilyn took all of the other exams and received good marks. But she skipped the exam on Sabbath. As a result, she did not pass her grade. She would have to repeat the same grade the next school year.

Father was happy that Marilyn chose to be faithful to God and His Sabbath. He knew how she felt. Many years earlier, when he was in school, he also had had to repeat a grade because he had refused to take a final exam on Sabbath. But he worried that Marilyn might face the same Sabbath problem next year.

Father took Marilyn to a quiet place to talk. He reminded her that he had had to repeat a grade because of a Sabbath exam. "God loves you, and He has an unlimited

ability to help His children," Father said.

Marilyn held Father's hand as he spoke. Then it was her turn to talk.

"Daddy, don't worry," she said. "Last night, I thanked God for this experience."

Her words surprised Father. She continued.

"When I was very small, I heard mission reports about boys and girls who went through difficult times because they did not want to break the Sabbath," she said. "I admired them. Now God has given me an opportunity not only to admire their decisions but to personally taste it. It is a sweet pain."

Father couldn't keep quiet any longer. "Marilyn, this loss is a gain," he said. She nodded her head.

"I have more joy than disappointment," she said. "Thank you, Daddy, for showing me the importance of God's Sabbath."

Father and Marilyn knelt to thank God together. They believed that the experience was a gift from God.

This year, Marilyn is repeating the same grade. She is not worried about what will happen with her final exams. All she wants to do is obey God, and she believes that He will do the rest. (*)

Three years ago, part of the Thirteenth

Story Tips

- Find Dimapur, India, on the map.
- Ask the children why Marilyn and Father saw the ordeal as "a sweet pain." (A possible answer is that the ordeal gave Marilyn a chance to show her love for God by being faithful.) You can explain the situation to children like this: Ask the children how they show their love to their parents. (Possible answers include giving hugs and kisses, doing chores, giving gifts, and being obedient.) Ask how the children can show their love to Jesus. Jesus answers the question in John 14:15: "If you love Me, keep My commandments."
- Know that the story's author is Marilyn's father, Dhormo Kamei, leader of the Adventist Church in India's Nagaland state, which includes Dimapur.
- Download photos on Facebook (bit.ly/fb-mq).

Sabbath Offering helped construct boys' and girls' dormitories at Marilyn's school, Nagaland Adventist School, in Dimapur, India. Thank you for helping the school expand so more children can learn about God and His Sabbath.

By Dhormo Kamei



AMAZING NATURE Nagaland is the falcon capital of the world. In November 2013, an international team of ornithologists counted over 1 million Amur falcons entering a night roost near Wokha in Nagaland.







13th SABBATH | December 26

Hangbe Poireng, 16

Breaking a Bad Habit

Hangbe Poireng started smoking when he was 12 years old.

He tried his first cigarette while enjoying summer vacation in his home village in northeastern India.

The village was up in the mountains, and the weather was cold, even though it was summer. Hangbe was wearing a warm sweater as he and an 18-year-old friend, Luikelung, hung out in an abandoned hut, chatting about nothing.

Luikelung lit a cigarette.

"Try this," Luikelung said, holding out the lit cigarette. "Smoking keeps you warm."

Without hesitating, Hangbe took the cigarette from his friend. He had never smoked, and he didn't know how to smoke. The smoke tasted nasty, and he coughed.

He didn't want to smoke, and he gave the cigarette back to his friend. Luikelung took it without a word. A week later, Hangbe went out on a picnic with five friends. Reaching a field near a river, the friends sat down and started to smoke. Hangbe looked around and saw everyone was smoking. He felt left out. He remembered the disgusting taste of the cigarette smoke, but he wanted to be part of the group. He asked for a cigarette.

But this time Hangbe decided to be clever. He didn't want to cough and look foolish. So he pretended to smoke without drawing the smoke into his lungs. Nobody seemed to notice that he was faking it. He felt happy to be part of the group.

Hangbe pretended to smoke at other gatherings with friends. Soon he wasn't pretending anymore. He found that it was easy to smoke.

After summer vacation ended, Hangbe went to Dimapur to live with his sister and to study at a Seventh-day Adventist

school. He made new friends who didn't go to the Adventist school. Those friends smoke, and he joined them. He wanted to be part of the group.

But at school, he heard that smoking was bad for his health. He thought about quitting, but he was addicted. He felt sick and nervous every time he tried to stop smoking.

Hangbe needed money to smoke. His friends couldn't give him free cigarettes all the time. So when his sister gave money for food at school, he spent it on cigarettes instead. Hangbe also began to spend more time with his friends and he stopped doing his homework. Back in the village, his parents found out that he was doing poorly in school. They decided to send him to live in the dormitory at the Adventist school, hoping the boys' dean would encourage him do his homework.

Hangbe didn't want to live in the dormitory, but he had no choice. Now he had a problem. He couldn't smoke at school, but he couldn't quit. He decided to buy chewing tobacco, still using money that his sister gave for food.

He didn't chew tobacco for long. A friend caught him and reported him to the teachers. The boys' dean called him to his office.

"Whenever you feel tempted to smoke or to do other bad things, you can pray to God," the dean said. "You also can come to me, and I'll try to help."

The dean prayed with him.

Hangbe liked the prayer, and he decided to try praying on his own. He was tired of being controlled by his addiction to tobacco. He also was hungry. He had been spending so much of his food money on tobacco.

The next time that he wanted to smoke,

Story Tips

- Find Dimapur on the map.
- Pronounce Hangbe as: HANG-bea.
- Pronounce Luikelung as: LUKE-e-loong.
- Download photos on Facebook (bit.ly/fb-mq).
- Download mission posts and fast facts from India at: bit.ly/SUD-2020.

Before 13th Sabbath

- Send home a note to remind parents of the program and to encourage the children to bring their Thirteenth Sabbath Offering on December 26. Remind everyone that their mission offerings are gifts to spread God's Word around the world, and that one-fourth of our Thirteenth Sabbath Offering will go directly to help 11 projects in the Southern Asia Division. The projects are listed on page 3 and on the back cover.
- The narrator doesn't need to memorize the story, but he or she should be familiar enough with the material so as not to have to read it. Alternatively, a children can act out the story, playing the roles of Hangbe, Luikelung, and the dean.
- Before or after the story, use a map to show India, which will receive the Thirteenth Sabbath Offering. Briefly describe how each place will benefit from the offering.

he prayed, "Dear God, please help me to overcome this temptation to smoke."

He repeated this prayer every time he wanted to smoke.

"Dear God, please help me to overcome this temptation to smoke," he said.

He prayed in his dormitory room.

Sometimes he climbed the stairs to the roof of the boys' dormitory to pray. Other times he asked the dean to pray for him.

Three months have now passed since Hangbe last used tobacco. He still is tempted every day, and he wishes that he had never started the filthy habit. But he is glad that God is giving him strength moment by moment to resist the temptation to pollute his body and mind.

He wants to warn other children not to smoke even once.

"You might think that you are happy when you smoke," he said. "But real happiness comes from reading the Bible and praying."

Part of a Thirteenth Sabbath Offering three years ago helped build the boys' dormitory where Hangbe lives at the Seventh-day Adventist School in Dimapur, India. The offering also helped construct a girls' dormitory. Hangbe is thankful for the new dormitory because that is the place where God gave him the power to stop using tobacco.

Just as boys and girls around the world gave offerings to help Hangbe's school build the boys' and girls' dormitories three years ago, today you can help the children at other schools in India with your Thirteenth Sabbath Offering. Thank you for giving a generous Thirteenth Sabbath Offering!

By Andrew McChesney



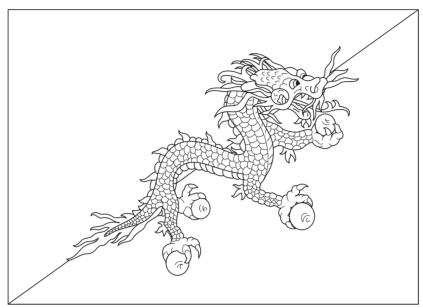
Hangbe Poireng showing the place on the roof of the boys' dormitory at the Seventhday Adventist School in Dimapur, India, where he prayed to God for help in overcoming his addiction to tobacco.

Future Thirteenth Sabbath Projects

The Thirteenth Sabbath Offering next quarter will help the Euro-Asia Division to:

- Construct two-story preschool, elementary school, and high school on the campus of Zaoksky Adventist University in Tula region, Russia
- Construct three-story preschool, elementary school, and high school on the campus of Ukrainian Adventist Center of Higher Education in Bucha, Ukraine

Color The Flag



BHUTAN

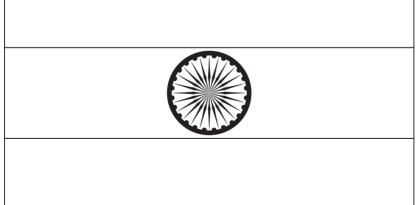
DIRECTIONS:

Color the top-left half yellow and the bottom-right half orange. The dragon in the middle is white.

INDIA

DIRECTIONS:

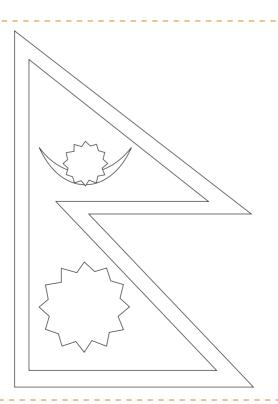
Color the top third orange, leave the middle white, and color the bottom third green. The spinning wheel in the middle is blue.



MALDIVES

DIRECTIONS:

Color the middle rectangle green, leave the crescent moon white. The outside of the flag is red.



NEPAL

DIRECTIONS:

The flag of Nepal is two joined pennants. Color the main part of the flag red and leave the figures white. Color the border dark blue.

Let's Cook!

VEGETARIAN TIKKA MASALA

(INDIA)

INGREDIENTS

14 oz (400 g) firm or extra-firm tofu (well pressed)

MARINADE:

4 oz (120 ml) plain yogurt

1 tbsp (15 ml) oil

1 tbsp (15 ml) lemon juice

½ tsp (2.5 ml) turmeric

½ tsp (2.5 ml) garam masala

½ tsp (2.5 ml) powder

½ tsp (2.5 ml) salt

TIKKA SAUCE:

1 tbsp (15 ml) oil

1 14-oz (400 ml) can crushed tomatoes (do not drain)

½ tsp (2.5 ml) cumin

½ tsp (2.5 ml) paprika

4 oz (120 ml) plain yogurt

(Soy yogurt can be used to make this recipe vegan)

Garnish (optional): Fresh chopped cilantro

INSTRUCTIONS

MAKE THE MARINADE

In a small bowl, whisk together the ingredients for the marinade until well blended. Set aside

PREPARE THE TOFU

Cut the pressed tofu into bite-size cubes and arrange them in a wide shallow pan in a single layer, and cover with the marinade. Allow the tofu to marinate for at least one hour in the refrigerator.

Bake tofu at 175 C (350 F) for about 30 minutes, turning once or twice.

MAKE THE TIKKA SAUCE

Heat 15 ml (1 tbsp) oil in a large frying pan. Add tomatoes, cumin, paprika, and the remaining yogurt. If you have any extra marinade from the tofu, you also can add it to the sauce mixture now. Heat until the sauce is well combined and slightly thickened, about 8 minutes.

Add tofu, stirring just until heated through and tofu is well coated in tikka masala sauce. Serve immediately with steamed white rice or basmati rice.

This recipe is adapted from The Spruce Eats and can be found at bit.ly/SpruceTikka.

Let's Play!

SNAKES AND LADDERS

(INDIA)

MAKING THE GAME BOARD

WHAT YOU WILL NEED

A large piece of paper or cardboard

A ruler

A pencil

Colored pens/pencils (optional)
Eraser (optional)
6-sided dice

Colored counters

GAME INSTRUCTIONS

First, decide how many squares there will be on the board. The easiest way is to make 10×10 or 5×5 square grids. Measure your paper, and divide by the number of squares you want in each direction to discover what size they need to be. Then mark where the lines will be along the top and one side of your paper. Use the ruler to draw the grid lines with a pencil.

Number the squares: Make the numbers small, but readable. Call the first square at the bottom left "Start," and number the squares back and forth across and up the grid, finishing at the top left, "Home."

Now you need to draw on your snakes and ladders. Try to distribute them fairly evenly around the board and make them different lengths. Make sure the heads of the snakes are pointing upward and the tails point downward.

If you have colored pens or pencils, you can go over the pencil lines to make them darker and then color the squares and snakes as colorfully as you like. But even a simple, uncolored board can be fun!

If you want to, you can then erase the original pencil lines.

HOW TO PLAY

- 1. Each player puts their counter on "Start."
- 2. Take it in turns to roll the dice. Move your counter forward the number of spaces shown on the dice.
- 3. If your counter lands at the bottom of a ladder, you can move up to the top of the ladder.
- 4. If your counter lands on the head of a snake, you must slide down to the bottom of the snake.
- 5. The first player to get to the last space, "Home," is the winner.

An image of an old, hand-drawn, Indian Snakes and Ladders Board can be found online here: bit.ly/India-2020-game.

Leader's Resources

Be sure to download your free Mission Spotlight video, featuring video reports from around the Southern Asia Division and beyond. Download or stream from the Adventist Mission website at bit.ly/missionspotlight. A printable mission bank image, which the children can color, can be downloaded at bit.ly/bank-coloring-page.

Online Information

Following are sources of information that may be helpful in preparing for the mission segment of Sabbath School. For more information on the cultures and history of the countries featured in this quarterly, visit:

Websites

Bhutan: government website	bit.ly/BhutGov
Lonely Planet	bit.ly/LPBhutan
India: government website	bit.ly/GovIndia
Adventure in You	bit.ly/AIYIndia
Maldives: government website	bit.ly/MaldGov
US News and World Report	bit.ly/USNMaldives
Nepal: government website	bit.ly/NepalGovt
Welcome Nepal	bit.ly/WelcomeNepal

Seventh-day Adventist

Southern Asia Division	bit.ly/SDASUD
North East India Union	bit.ly/SDANEIU
South East India Union	bit.ly/SDASEIU

An offering goal device will help focus attention on world missions and increase weekly mission giving. Determine a goal for your class's weekly mission offering. Multiply it by 14, allowing a double goal for the Thirteenth Sabbath Offering.

Remind your Sabbath School members that their regular weekly mission offerings will help the missionary work of the world church and that one-quarter of the Thirteenth Sabbath Offering will go directly to the projects in the Southern Asia Division. On the twelfth Sabbath, report on mission giving during the quarter. Encourage members to double or triple their normal mission giving on Thirteenth Sabbath. Count the offering and record the amount given at the end of Sabbath School.

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Tajikistan

SOUTHERN ASIA DIVISION

CONFERENCE	CHURCHES	MEMBERSHIP	POPULATION
East-Central India Union Section	2,595	987,901	111,490,349
Northeast India Union Section	218	53,429	44,294,444
Northern India Union Section	468	182,399	849,685,362
South-Central India Union Section	555	78,032	68,155,847
Southeast India Union Section	459	133,158	78,166,665
Southwest India Union Section	238	37,533	35,106,432
Western India Union Section	257	124,853	184,034,499
Andaman and Nicobar Island Region	_	303	411,404
East Himalayan Field	12	762	817,000
Himalayan Section	56	9,349	29,718,000
Maldives (not included in any field)	0	0	428,000
TOTAL	4,529	1,607,719	1,402,308,000

PROJECTS

- 1 Church building, Amritsar, Punjab state
- 2 Second phase of school building at Roorkee Adventist College, Roorkee, Uttarakhand state
- 3 Dormitory, Seventh-day Adventist School, Varanasi, Uttar Pradesh state
- 4 Church building, Ranchi, Jharkhand state
- 5 School building, Spicer Adventist University, Aundh, Pune, Maharashtra stat
- Two classrooms, Seventh-day Adventist English High School, Azam Nagar, Karnataka state
- 7 Boys' dormitory, Garmar Academy, Rajanagaram, Andhra Pradesh state
- 8 Five classrooms, Flaiz Adventist College, Rustumbada, Andhra Pradesh state
- New buildings for Central Kannada and Savanagar Tamil churches in Karnataka state
- 10 Boys' dormitory, E.D. Thomas Memorial Higher Secondary School, Thanjavur, Tamil Nadu state
- Labs and library, Thirumala Seventh-day Adventist Secondary School, Thiruvananthapuram, Kerala state

