



VOLUME 3

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# Division Senior College Opens September 15, 1953

By A. F. Tarr



FOR many years the Northern European Division has looked forward to the time when it could make available to its youth a Senior College that they could call their very own. We rejoice that these cherished hopes have at last been realized, and that on September 15th the doors of this College will swing wide before the ambitious youth of every part of our Division field.

It was at the first council of the reorganized Division in Skodsborg in December 1950, that on the recommendation of the General Conference and with Elder W. H. Branson, president of the General Conference with us, the foundational steps toward this happy event were taken.

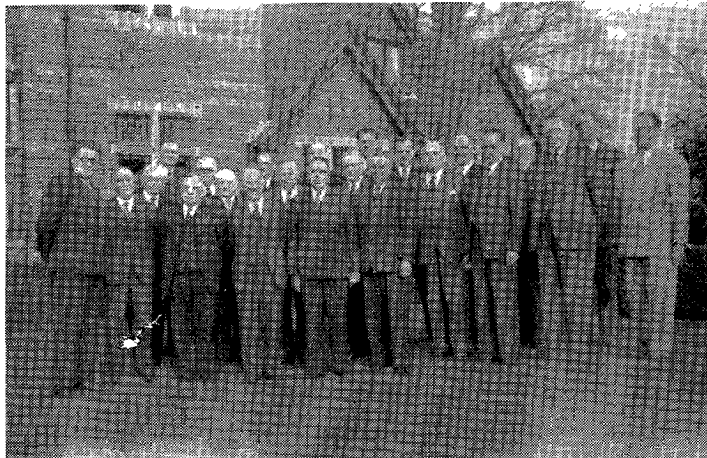
● Much planning and effort have followed this early action, and in it all, Dr. L. Mark Hamilton, educational secretary of the Division, and Pastor W. R. A. Madgwick, principal of Newbold College, have taken a leading part.

In the selection of a site for the college it has

been felt by the field at large that no more suitable place could be found than the present Newbold College, and in this suggestion the British Union Conference has manifested a spirit of understanding and of goodwill that has greatly aided in the outworking of the proposals. Pastor Madgwick has worked assiduously in placing at the disposal of the various committees such technical and general information as could guide them in their decisions.

In addition to some of the past staff members of Newbold College, including Principal Madgwick, a very carefully selected group of new members is being secured for the Senior College. Among these are:

1. A well-qualified Bible teacher of wide experience and with a background of sound denominational training, especially in secondary school and senior college work. We expect to announce the name of this



*Division Senior College Board.*

teacher in the next issue of the NORTHERN LIGHT.

2. P. Schuil, Ph.D. (London University), an old student of Newbold and its predecessor, Dr. Schuil comes to us with high academic qualifications and a wide experience of teaching in continental schools. Dr. Schuil will teach modern languages and Greek.

3. P. T. Gibbs, Ph.D. (University of Washington), an English teacher of many years of experience in the U.S.A. Dr. Gibbs comes to us on loan from Emmanuel Missionary College. Dr. Gibbs is spending the present summer at the Middle East College and will proceed directly from there to the College at Newbold.

4. A Latin teacher of outstanding qualifications and experience is being secured to coach those students who plan to proceed to the University of London for their B.A. examinations.

With the addition of these experienced and admirably qualified teachers to the already existing staff at Newbold, and under the able principalship of Pastor Madgwick, B.A., B.D., we are confident that the Senior College will provide an invaluable education for the youth of Northern Europe and will play a great part in the future work of our Division.

From the angle of the physical plant, additional property has already been acquired, and further buildings are to be erected that will adequately house both staff and students and provide also for all classroom and social and administrative needs.

With great satisfaction, therefore, we make this announcement to all of our youth who desire a sound education in a senior Seventh-day Adventist college, and to all who seek preparation for denominational service either in the home or foreign fields.

We are confident that there are many who will wish, from the very first year, to avail themselves of the benefits of our Senior College and we bespeak for it the hearty support of workers and members and especially the youth of every union. We ask, too, for your prayers that the rich blessings of Heaven may attend this institution, its godly staff of teachers, and all of the students who henceforth will study within its walls. On behalf of the administration we extend a very hearty welcome to all who can possibly arrange to come.

For full details apply to Principal W. R. A. Madgwick, Newbold Missionary College, Binfield, Bracknell, Berks., England.



Members and friends gathered outside the Gbangbama church during the dedication service.

## A "Stranger" Who Guarded a Church

By T. J. Bradley *Ministerial Association*

THE sacred forest was alive with screeching monkeys as we prepared for our Sabbath procession through the African village of Gbangbama. "A Sabbath procession?" you say. Yes! A neat new church was to be dedicated and members and friends from far and near had assembled amid a buzz of African excitement. It was February 9, 1952. Our little wayside village was deep in the heart of Sierra Leone. The Mohammedans had worked vigorously to erect a mosque before we could complete our Adventist church, thus hoping to establish the Moslem faith before attention could be drawn to the truth for today. But in spite of the embarrassments of unfulfilled promises with regard to the roofing materials, the loyal hands of our own dear members completed the neat, white chapel in the woods and now the day of its dedication had arrived. With hymns enthusiastically sung we marched in our hundreds along the dry, dusty village road and assembled before the closed church doors. The introductory service was an impressive one and was shared, we trust, with a helpful interest by many Mohammedans among whom was an "Alhagi" who is a holy man because he has made a religious trek to Mecca. There was a hymn sung lustily from happy hearts, for our African brethren love to express themselves with both harmony and purpose. A Scripture reading, prayer, and musical item followed and then a tall impressive figure in a long, black, flowing robe, was invited forward. It was Paramount Chief Kpange and he was to open officially the front door of the church.

There seemed to be a religious silence in the African forest at that moment as with dignity, the friendly chief, surrounded by his supporters, turned the key and this monument of the true God was declared open for His worship. Soon the little church was packed with worshippers and those unable to gain entrance peered in at the windows. From the spotlight remini-



Door to Gbangbama church being opened by Paramount Chief Kpange.

EVANGELISM IN ACCRA

By H. D. Wilson

scences of our mission work through that area told so appealingly by Pastor J. B. Terry, to the benediction some two hours later, everyone was spellbound with interest. Three hundred people went to their homes that day with hearts aglow for the faith they had followed and trusted through the years. They remembered the prized example of Pa Johnny, a former chief in the district, who had accepted the truth with his family. He was loved and honoured in death as well as in life, for this church dedication incorporated his memory.

the past seventeen months this little church had been a witness and a testimony to the truth in that far-away forest area. And now comes a thrilling story of God's providence and care. A few days ago I received a letter from Pastor E. Keslake, superintendent of the Sierra Leone Mission, with this news about our Gbangbama church. I will quote his letter.

"You may remember our trip to Gbangbama and Sembahun where we dedicated that little church erected to the memory of Pa Johnny. Recently the entire village burned to the ground with the exception of a very few houses. Among those that remain is the little church which we dedicated that evening. The Mohammedan mosque which the Moslems tried to complete before our little church, was also destroyed.

"Now there comes to me the story which is related by more than one person in the town, that on the night of the fire a stranger was seen at the entrance of our little church, apparently guarding it. One man who was removing his belongings from the burning village to the outskirts, seeing the stranger guarding the entrance to the church, asked his permission to put his things into our little church for safe keeping. Without saying a word the stranger permitted him to enter. When he was leaving, after putting his things inside, the man turned to the stranger and said, 'Do not take my things,' but the stranger did not reply. When the fire was over the stranger had disappeared, but none of the things that were left in our little church were removed or damaged. It is the feeling of many in that area that an angel was sent to protect our little church at that time."

Surely the Lord has a personal care for His own. His "ministering spirits" are ever ready and near to aid the trusting children of God. What we need is faith that can measure to the challenge of our task and accept without doubting the divine promises of aid and protection.

EVANGELISM is the call of the hour, the aim and purpose of every department of the organized work. It is a "must" in the spiritual life and progress of the Advent people everywhere. Especially should this be true in the West African Union, where there are vast unentered areas and thousands of towns and villages yet untouched. There are many hundreds in the large coastal towns who are hungering and thirsting for the truth, but who have not yet had the opportunity to study and understand God's last message to a perishing world.

This town of Accra, with its mixed population of 150,000, presents a serious challenge to our workers and believers in the Gold Coast Mission. During my three months' stay here for eye treatment I have had the happy privilege of seeing for myself just what is being done, how it is done, and how richly the Lord is rewarding the efforts of His servants.

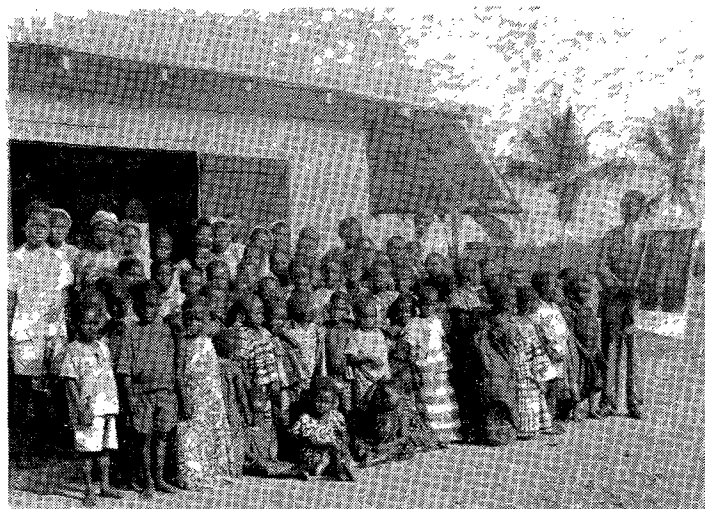
Because of the extreme difficulty in securing a suitable hall, large public evangelistic meetings cannot be held. But Pastor Gibson has found a solution to this problem, a solution that is even better and more suitable to local conditions and which could well be tried in other large coastal towns. It is the method of organizing branch Sabbath schools and study groups in different parts of the town.

In this article I shall endeavour to share with you some of the thrilling experiences I had one Sabbath afternoon when Pastor Gibson took me round to visit these interests.

The first place we visited was an old army chapel where Teacher Okai and his assistant are holding a day school. I was happily surprised to meet about a hundred children studying their Sabbath-school lesson from a picture roll. I was told that sixty-five of these children are pupils of the day school and the rest were visitors. Over on the other side of the house there was a group of adults studying the senior lesson. How thrilled I was to hear these children sing! As I watched their happy, smiling faces my mind ran back to the time when I as a little boy of thirteen became a member of the first organized Sabbath school in Sierra Leone. From the depths of my heart I offered a silent prayer that God may bless these dear little ones and make them light-bearers for Jesus.

Our next visit was to the prison where Brother Chappell had organized a branch Sabbath school. Seated before us was a group of eighty-five men and I was to speak to them for fifteen minutes. It was a serious problem to me to find a suitable topic for a sermon in a place like this and for this type of people. In answer to my prayer, the Spirit directed my mind to the experience of the apostle Peter on the night of our Lord's betrayal and arrest. My text was Mark 14:72. I was very fortunate to have a good interpreter in the person of Brother Amponsah, a local evangelist.

As I unfolded the story of Peter's shameful denial of his Master, the Saviour's look of love and compassion and the apostle's repentance and conversion, the men became increasingly attentive and I could feel that the Spirit was reminding them of the error of their own way. In the appeal they were urged to



One of West Africa's branch Sabbath schools. Teacher Okai of Accra holding picture roll.



Pastors J. O. Gibson and H. D. Wilson seek entrance at the prison door to meet the prison branch Sabbath school.

accept the Saviour who still loves them and is willing to save them to the uttermost if only, like Peter, they would come to Him in tears of genuine repentance.

But has there been any conversion as a direct result of this line of endeavour? Here is a story. One day a young man came in to see Pastor Agboka. He lives over forty miles away and runs a transport lorry. He had come to pay his tithe of £1, 2s. 6d. But who is this faithful steward? I asked. A few years ago he was convicted of a serious offence and sentenced to a term of imprisonment. While in jail he gave his heart to the Lord through the efforts of Brother Chappell, and became one of the foundation members of the prison Sabbath school. He is now a free man, a good, well-behaved citizen, and a faithful witness to the saving power of the Gospel. I understand that some still in prison have requested baptism and are now in the baptismal class.

Let us pray that the Lord may continue to bless this new line of soul-winning endeavour here in West Africa.

But we must hurry on to another section of the town several miles away. This is a place called Christiansborg. Here we have a branch Sabbath school of thirty-six members who had met for worship and study earlier in the day. Now we are visiting the preparatory class composed of twelve members. Four have already completed the first half of the course and are now promoted to the baptismal class. Half an hour was spent in singing. Pastor Cowin led out and taught us some very

inspiring choruses. It thrilled my heart to hear these dear people sing with their faces lighted up with the joy of their new-found faith. After this the important subject of tithing was discussed.

Perhaps I should tell a little of what I learned concerning a few of these people. Here is an elderly gentleman, a soap maker. He was once highly interested in politics, but has now given it up to learn of the soon-coming King and the conditions of citizenship in His everlasting kingdom. And who is this young man? He was working in one of the stores, but because he could not get Sabbath privileges he gave up his job a few weeks ago. Has he got another job? No, but he is not worrying about that. He is seeking first the king-

dom of God. Here is another bright, intelligent looking young man. Who is he? He is a clerk in another firm and is married. What is he doing about Sabbath privileges? He tells us he has seen his European chief more than once on the matter, but could not get any statement from him. Presumably he is not very anxious to get rid of him and so is delaying the issue. But our friend has decided not to wait any longer. He will bring the matter to a head at the end of this month by putting in his resignation. Like the other young man he is not worried about the future. His greatest concern is to obey his Master. Surely we have heard and seen enough to convince us that the Spirit of the Lord is blessing the efforts of His servants and we are satisfied.

But Pastor Gibson has a Bible class in the Community Centre and this we must visit. This class meets on Monday and Thursday each week. We are now in rooms one and two and before us is a group of about thirty men and women. The lesson for tonight is "The Three Steps to Heaven." The texts are written on slips of paper which are distributed among the group. As the lesson progresses these texts are called for and read out aloud, and comments are made upon them by the leader. It is really a Berean study group. The appeal is based upon these texts. "Today if ye will hear His voice harden not your hearts," and, "How shall we escape if we neglect so great salvation?" Heb. 3:15; 2:3. May the Lord help these dear people to make full and complete surrender to Jesus ere it be too late.

I feel certain you would like to know what has been accomplished through this Bible class. Come with me to the Sabbath



Africans in the baptismal class in Accra, West Africa.

morning services in the Accra church. Here we see a good number of the people we met at the Community Centre. Many are now keeping the Sabbath and attending services regularly. Here is a druggist friend. Perhaps you would like to hear his experience. This man married many years ago, but because his wife had no children he soon put her away and went into polygamy. Now that the message has reached him he has dreaded to change over to a new life. He has already sent away his two women, giving each one £50 in cash. With the assistance of kind friends he has been reconciled to his wife who is willing to forgive him and return to her home after a separation of twenty-one years. This man is anxiously looking forward to the day when he can be buried with his Lord in baptism to rise and walk in newness of life.

But there are many others present who have already received baptism as a result of last year's efforts, and we must also meet them. Over here is a man who has had a very interesting experience. This good brother was a chief clerk in one of

the government departments, drawing a salary of £505 per annum. When he found the truth he petitioned the heads of his department for Sabbath privileges. There was a long correspondence on the matter, but they would grant him no such concession. He therefore decided to resign. Just then they offered him a senior appointment on a much higher salary scale. This came as a great temptation to our brother, but he gave it all up for Jesus who loves him and gave His life for him. He is now happy in the truth and has the assurance that the Lord will surely provide for him and his family even though the future looks dark.

There are many other thrilling experiences of struggle, sacrifice, and victory that we could hear from these dear people; but those already narrated will suffice to demonstrate the power of the Gospel and the triumph of the cross even in this centre of gain and worldly pleasure. Let us pray that the Lord may bless Pastor Gibson and his co-workers with an ever increasing harvest of souls as they continue their labours in this part of the vineyard.

the new recruits. We noticed that nine of these came from a single church. Surely the worker in that church has the right attitude toward literature work. One of the recruits, a father of a large family, had left a good job and was now engaged in the colporteur work.

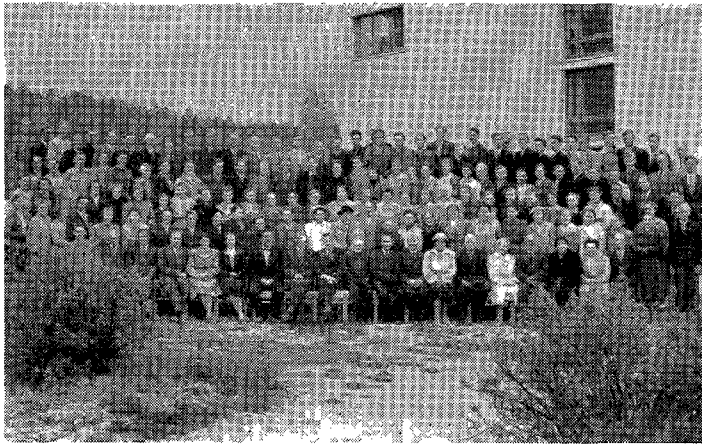
We felt that the Spirit of the Lord was present from the very first evening when Pastor A. Arasola gave his opening address on "Righteousness by Faith." In a day's programme there were B.ble studies, instruction hours, practical training, and so forth. Our Division colporteur leader, Pastor G. D. King, shared with us his experiences and knowledge in this highly specialized line of God's work. The president of the Finnish-Swedish Conference, Pastor R. Svenson, and Pastor T. Seljavaara from the West Finnish Conference, also spent a day at the institute. Even our busy union president, Pastor C. Gidlund from Sweden, honoured our gathering by a three-day visit.

Our motto read: "Be ye clean, ye that bear the vessels of the Lord." Is it not true that especially in successful years there is a need to listen to this counsel to be clean, clean from all things, and particularly from low motives in the colporteur work?

The testimony meeting thrilled our hearts when we heard of so many evidences which showed that if the colporteur is under the guidance of the Holy Spirit, God will give him results in his soul-winning—the great aim of the colporteur.

When the blessed Sabbath day was over, we came to the last day of the institute. Colporteurs collected their maps and all equipment required. All seemed to be so inspired and willing to go out and do something for the Lord. I could already picture them going from home to home during the warm summer days in all parts of our country, bringing good news to troubled people. And I tried to believe that not one of these young men and women would fall out and become discouraged. If only these young people would follow the old pioneers and cling faithfully to their Lord, and if only these old colporteurs and pioneers would remember what they have so many times promised, and again at this institute, that they would pray for these new recruits and for all those who feel weak. If this were done then there would be results such as the cause has never seen before.

All agreed that this was a good institute. Colporteur leaders Brethren S. Alftan and U. Hongisto, the last mentioned being



## Colporteur Institute at Toivonlinna, Finland

By Olavi Aarrejarvi

**A**FTER a very successful year, the Finnish colporteurs gathered again to their institute to refresh their minds and gain new inspiration to begin on a new book during the summer. It is an encouraging fact that the responsibility of proclaiming the Advent message and the winning of souls to the Lord Jesus rests equally upon our churchmembers, including the youth. The youngest colporteur present was a boy of fifteen years, the

son of a successful lay preacher, and the oldest was well over sixty.

At this institute there were 143 colporteurs present, just as many as last year. During one of the meetings Pastor A. Y. Rintala, former union president, reminded us of the time when the whole membership of the Finnish Adventists was not much more than one-fourth of this colporteur group.

The first two days were given over to

also the union colporteur leader, have had some very busy days. But God will surely transform their efforts into blessings. We really spent some good days in this beautiful place, and as a student of some ten years ago, I can very well understand the feelings of the young student-colporteur who cannot hold back the freely flowing tears as the last bus pulls out and he leaves this lovely school home.

May God give us great love for His work, that we may always render our service faithfully to Him.

## A COLPORTEUR ERECTS A CHURCH



Colporteur Heikki Lukkanen of Finland.

**H**EIKKI LUKKANEN is the name of one of our many colporteurs who are engaged in the literature ministry throughout the year. In sparsely inhabited north-east Finland the colporteurs' work is separated widely from their homes and so Brother Lukkanen has to leave his wife

and two children for several weeks when going to a new field. No wonder his return is considered a festive occasion at home as well as in the newly erected church at Mätäsvaara. The father has much to ask and the mother much to relate of what God has done during his absence.

All who are acquainted with Brother Lukkanen know him as a man of fervent prayer. In the summer of 1952 he was engaged in a real battle of prayer for the people of his home village, Mätäsvaara. In the surrounding woods he would kneel for prolonged seasons of prayer, asking God to save the dear villagers. It was autumn before the first signs were seen of God's working. This happened after Brother Lukkanen had started his Harvest Ingathering campaign with his 300 ordered magazines. He was doing this work in his home village and on the first day of calling at the homes he noticed that God

had touched the heart of a person. This was enough to convince Brother Lukkanen of the fact that it was now time for him to start giving Bible studies. As a result of his work in the village a church of fifteen members was raised up, thirteen of whom were baptized within a year. Several others are still preparing for baptism.

As it is not possible for Brother Lukkanen to stay and take care of the new church, the responsibilities are carried by his good wife who seems to be doing well with them. Three times a week they gather for a prayer meeting, and once a week as a Dorcas group. On Sabbath, all members come to the Sabbath school, at which they also have a children's class with an attendance of more than twenty children.

On April 18th I visited the Mätäsvaara church. At a well-attended meeting we set aside four of these new members for the colporteur work. The remaining local brethren are planning to start building their own chapel while they are continuously praying that the Lord will add new believers to their church.

We read from the Spirit of prophecy: "There are no limits to the good you will be able to do if you take the Word of God as your life's criterion." These words have proved true in the experience of Brother Lukkanen. During 1952 he distributed 1,800 big books and gathered subscriptions for our magazines, while at the same time he raised a church of fifteen members. It is our prayer that God will give us many colporteurs of this kind, so that the ripened harvest can soon be gathered into the barns of heaven.

SAKARI ALFTAN,  
Publishing Secretary,  
East Finland Conference.

## PRESS PUBLICITY IN FINLAND

**F**URTHER word from Pastor G. D. King while itinerating in Finland tells of more good meetings in the East Nordic Union. He writes: "We really have had most excellent meetings. In Stockholm, at the North Swedish Conference, the attendance was very good and the response at the services most encouraging. Elder Harris was there, of course, as he was at West Denmark and West Finland. His Sabbath school instructive talks were very well received and appreciated. At Tampere, West Finland, the attendance seemed to

be exceptionally good and here in Finland, there is always a most enthusiastic evangelistic response.

"Brother Ferren's work relative to newspaper publicity has been most welcome in these fields and you will be interested to know that the practical side of the job has gone on very well. We have had full cooperation from the local newspaper editors who have given very good coverage to all the meetings. In Tampere we had a full report each day in the two local papers, as we did also in Stockholm, with space given also for photographs of speakers. This appears to be quite a "new day" for them up here for news publicity. The brethren have co-operated very heartily and have assigned good assistants by way of translators for Brother Ferren and he has had good time allotted him in the programmes. In Tampere we had a public service on the Sunday and the hall was packed and many non-members were present. We promoted the Correspondence Course and many cards were requested. Several also signed for the course at the hall; about eighty also applied for copies of the synopsis of the address which will be supplied. The folk seemed pleased with the publicity."

## LIBERIA'S PRESIDENT TAKES ADVENTIST PULPIT

**T**HE following is an excerpt from a letter received from C. D. Henri, president of the Liberian mission field in West Africa:

"You will rejoice with us in the opening of our new church in Monrovia. This building is the realization of a dream of many years standing. Already we are beginning to see results in an increased interest in our work in Liberia.

"On June 6th we had our first service in the new church. Perhaps we were a bit unorthodox in the selection of our speaker, but now that it is all over we can plainly see that it was providential. The sermon for that afternoon was given by His Excellency W. V. S. Tubman, President of Liberia. He is a minister of the Methodist church. His opening remarks were these: 'I am sure that we are all glad to be here in this edifice this afternoon to worship with our Seventh-day Adventist brethren and sisters, who believe ardently and correctly, too, that today is the Sabbath and that Sunday is not the Sabbath. And so we recognize and endorse their doctrine in so far as the Sabbath is

concerned, today.' He then delivered a typical Adventist sermon on world peace. Concluding he said: 'I pray that the commandments of God as contained in the Bible and the laws of the Seventh-day Adventist church will be strictly enforced and not allowed to remain a dead letter.' To which we all said a fervent, Amen!

"Our collection for the afternoon was \$960.00 This offering set a record for such a collection in the city of Monrovia. With this amount of money we have paid all our debts and the church is ready for dedication."

## HEALTH REFORM God's Great Gift

By H. Karstrom, Ph.D.

(Continued from July Issue.)

6. MEAT diet is not essential; on the contrary it may be harmful.

The conception that a meat diet is essential may be regarded primarily as an idea that has stayed with us from the last century. In those days they attached too much importance to protein foods, such as meat and eggs, in their relation to the carbohydrates and fats. The modern science of nutrition points out that the protein the human body receives in the daily diet ought to contain a sufficient quantity of the so-called indispensable amino acids. (It is generally well known that proteins are made up of so-called amino acids which are joined together into giant molecules, with hundreds and even thousands to the molecule.)

Professor W. C. Rose and his co-workers in America have studied the need of the human organism for amino acids, and have worked out clearly the minimum quantities of eight of the indispensable amino acids an adult requires. In the following table are listed the minimum quantities established by Professor Rose, together with the recommended quantities required per day for an adult. In the table I have also calculated the quantities of these important and indispensable amino acids contained in  $\frac{1}{2}$  litre of milk (about one pint), 250 grammes of oatmeal or wheat flour, and 300 grammes of peeled potatoes. Under Finnish conditions an adult eats at least these quantities of the above-mentioned foods per day. The total quantity of these indispensable amino acids per day, per person, is 6.35 to 12.70 grammes. If another equal amount of amino acids is supplied to the organism, then the nitro-

Amino acids	Essential amino acids in grammes for maintenance of Nitrogen Balance in adult man		Essential amino acids in grammes in					
	Minimum per day	Amount recommended per day	$\frac{1}{2}$ litre milk (350 cal.)	250 gr. wheat* (870 cal.)	250 gr. oats (260 cal.)	300 gr. potatoes (peeled) (290 cal.)	$\frac{1}{2}$ litre milk 250 gr. wheat* 300 gr. potato (1510 cal.)	
Tryptophan	0.25	0.50	0.31	0.35	0.38	0.13	0.79	
Phenylalanine	1.10	2.20	0.95	1.96	2.01	0.43	3.34	
Lysine	0.80	1.60	1.25	0.93	0.96	0.33	2.51	
Threonine	0.50	1.00	0.76	1.14	1.02	0.37	2.27	
Valine	0.80	1.60	1.25	1.24	1.90	0.46	2.95	
Methionine	1.10	2.20	0.46	0.55	0.68	0.09	1.10	
Leucine	1.10	2.20	1.70	2.00	2.32	0.56	4.26	
Isoleucine	0.70	1.40	1.10	1.14	1.55	0.29	2.53	
TOTAL	6.35	12.70	*whole-meal flour.					19.75

gen balance in the body is maintained.

The table shows very clearly that the listed quantities of milk, grains, and potatoes, which foods constitute under Finnish conditions the main essentials of a lacto-vegetarian diet, fill the need for the important amino acids. Methionine is the only amino acid on the border of the minimum quantities. But when we bear in mind that the above-mentioned food values are only equivalent to approximately 1,510 calories, and when a nutrition quantity of about 2,500 calories represents the minimum requirement of an adult, we understand at once that the Methionine also is well cared for. According to statistics in Finland the average milk consumption is one litre per person per day, and this improves further the situation regarding the Methionine supply.

Even these simple calculations convince us that a meatless diet is quite possible in these Nordic countries from a protein point of view.

Flesh diet is generally condemned in the *Testimonies*, the reason being the increasing disease in animals, causing cancer, tumours, and other diseases.

"If, while proclaiming the most solemn and important message God has ever given, men war against the truth by indulging wrong habits of eating and drinking, they take all the force from the message they bear. Those who indulge in meat eating, tea drinking, and gluttony are sowing seeds for a harvest of pain and death. The unhealthful food placed in the stomach strengthens the appetites that war against the soul, developing the lower propensities. A diet of flesh meat tends to develop animalism. A development of animalism lessens spirituality, rendering the mind incapable of understanding truth."—*Counsels on Diet and Foods*, page 382.

"We do not mark out any precise line to be followed in diet. There are many kinds of wholesome food. But we do say that flesh meat is not the right food for God's people. It animalizes human beings."

—*Counsels on Diet and Foods*, page 390.

In the *Testimonies* it is pointed out that flesh diet promotes the animal passions in man and impairs the moral and physical powers, as well as creating a desire for alcohol.

Regarding flesh diet in one of our health institutions Sister White once wrote: "I write to you, my brother, that the giving of prescriptions for the eating of flesh of animals shall no more be practised in our sanitarium. There is no excuse for this."—*Ibid.*, page 412.

Then when the Wahroonga Sanitarium in Australia was opened in 1903, Dr. Daniel H. Kress received the following exhortation: "In regard to flesh meat, do not bring it into the sanitarium. Neither tea nor coffee should be served. You may not at first have a large number of patients at the sanitarium, as you will later on; but do not become discouraged. May the Lord bless you and keep you by His power."—*Youth's Instructor*, Vol. 85, No. 38, page 8, 1937.

When we study the *Testimonies* we find again and again the instruction that we as an Advent people should, both in our homes and in our health institutions, represent a sound and temperate vegetarianism. (To be continued.)

## News Flash from Wales

WRITING from Cardiff, Brother J. M. Howard gives the glad news that the Welsh Mission has at last reached the 500 mark in its membership, a figure they have been working and praying for for many years. Two recent baptisms of twenty-two members are responsible for this.

Brother Howard also writes that during the coming autumn, major campaigns are to be held in Cardiff, Swansea, Aberdare, and the Rhondda. He believes that with the Lord's help the present twelve months will be the most profitable soul-winning year that the mission has ever had.

# NEWS FLASH

PASTOR E. B. RUDGE has returned to Division headquarters from an extended visit to Scandinavia. Beginning at Copenhagen he attended meetings in Denmark, Norway, and Sweden, travelling as far north as Hammerfest.

Pastor G. A. Lindsay, in response to an urgent invitation from Finland, is paying a brief visit to Helsinki, Tampere, and Toivonlinna.

Pastor G. D. King, who in company with J. R. Ferren of the General Conference Press Relations Bureau, has been attending annual meetings in Europe, has since left for Scotland and Wales where he will attend the Days of Fellowship. Brother Ferren will also be present at these gatherings.

Pastor A. V. Olson, vice-president of the General Conference, recently spent two days in London *en route* to the Middle East and Southern Asia. His presence at meetings in the Division office was greatly appreciated.

Brother S. Gustavsson of Göteborg, Sweden, has accepted a call to the West African Union, where he will serve as secretary-treasurer of the West Nigerian Mission.

We deeply regret the return to Britain due to ill-health, of Brother and Sister Herbert Lögán and family from Aba, Nigeria. Their service in the mission field was deeply appreciated and their many friends there will greatly miss them.

Pastor R. A. Anderson, *en route* from Washington to Southern Europe, paid a brief visit to London. His Sunday night's address in the Stoll Theatre revived some very happy memories among his old Adventist friends, many of whom in days gone by he won to the message.

A. F. Tarr, returning to the Division office; reports a most inspiring annual meeting of the West Norway Conference held at Haugesund under the presidency of Pastor P. Frivold. Other appointments in Scandinavia included a visit to the Nyhyttan Sanitarium, where a house full of patients were being cared for by a very busy and active staff; also a week-end at Västeräng Youth Camp, where several hundred youth and their older friends were enjoying happy fellowship and worship

together. Following his Scandinavian appointments, Brother Tarr proceeded almost directly to Ireland for meetings in Dublin and Belfast. At Belfast almost the entire membership of Ireland (or so it seemed) were present for the annual gathering, and they together with friends and relatives whom they invited in, had some very happy and profitable times together. At this gathering as well as at the one at Haugesund, a number of new members were added by baptism.



Pastor K. Tilstra (centre) who has accepted a call to the New Guinea Mission and Pastor F. J. Voorthuis (right) the newly-elected president of the Netherlands Union.

The many friends of Pastor and Sister K. Tilstra in the Netherlands and other parts of the Northern European Division, will learn with regret of Brother Tilstra's resignation from the presidency of the Netherlands Union. But the loss of the Netherlands Union will be the gain of the Far Eastern Division, for Brother Tilstra has accepted a call to the superintendency of the New Guinea Mission, which takes him back again to the field of his former mission labours. The prayers of all of our Division workers and members will, we are confident, accompany Brother and Sister Tilstra on their voyage to their new—yet old—field of service. We thank you, Brother and Sister Tilstra, for the years of kind and faithful labour you have rendered to the Northern European Division.

The Netherlands Union Committee, in considering the post rendered vacant by Brother Tilstra's acceptance of the call to

New Guinea, have unanimously invited Pastor F. J. Voorthuis to accept the presidency of the Netherlands Union Conference. We wish Brother Voorthuis the rich blessing of God as he enters upon his heavy responsibilities.

The Northern European Division has been greatly favoured in having Brother J. R. Ferren of the General Conference Press Relations Bureau attend so many of its 1953 annual meetings. In every place that Brother Ferren has visited he has contacted editors and other representatives of the public press. These contacts have already brought very favourable publicity to our work, and we are sure that this is going to be but the beginning of still further fruit in days to come. The church membership also in each place visited have received a new vision of the greater possibilities in press relations.

Pastor V. G. Anderson, president of the Southern Union Conference, has brought much inspiration to our church membership at their annual gatherings in Finland and Scandinavia. Accompanied by their daughter and nephew and Sister H. E. Schneider, wife of the Southern Union treasurer, Brother Anderson is making an extended trip through Northern Europe. He will also attend the South and North England Conference sessions.

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