

"I like MESSAGE MAGAZINE because it has the message for right now?" declares Charles Galley of Huntsville, Alabama. "The magazine deals with contemporary issues. That's the important thing."

#### THE CHURCH NEEDS MORE PEOPLE LIKE CHARLES GALLEY.

Charles Galley teaches business administration at Oakwood College. He believes in MESSAGE MAGAZINE.

He carries his enthusiastic support of the MESSAGE into his teaching. Believing that today's businessman must be knowledgeable in every field, he includes the MESSAGE as required reading for students taking his course in Introduction to Business.

During the summer months Brother Galley attends the University of Pittsburgh, where he is doing graduate studies. He takes with him a liberal supply of the MESSAGE which he distributes to fellow students, faculty, and neighbors. Charles Galley is proud of MES-SAGE MAGAZINE. He feels that the contents are timely and speak to contemporary issues. He believes that the whole purpose of the magazine is to present the message and lead the reader to know Jesus Christ.

He uses Sabbath afternoons to call on neighbors and leave a copy of the magazine with them. These visits have become so regular that the children say, "Here comes the man with the books."

To round off his missionary program Brother Galley sends annual subscriptions to his university associates and to members of his family. Charles Galley believes in MES-SAGE, and more than that, he believes in letting others know about it. He is looking with confidence to the time when the harvest will be ready. He knows for certain that "he which soweth sparingly shall reap also sparingly; and he which soweth bountifully shall reap also bountifully."

So with joy in his heart, a smile on his face, and MESSAGE in his hand he sows bountifully. And what Charles Galley does, we can do, too. The law of returns is unchanging. Sparse sowing, sparse reaping. "Sow bountifully, and you will reap bountifully."



Official organ of the North Pacific Union Conference of Seventh-day Adventists 10225 E. Burnside Box 16677, Portland, Oregon 97216 255-7300 (Area 503)

April 2, 1973 Volume 68

Number 7

Cecil Coffey Editor Assistant Editor Judith Fouts Helen W. Cross Copy Editor Production Editor Larry Canaday

Contributing Editors: J. C. Hansen, Alaska; D. G. Albertsen, Idaho; Don MacIvor, Montana; D. G. Matthews, Oregon; R. E. Eckerman, Upper Columbia; J. D. Everts, Washington.

Design	Tim Larson
Production Manager	John D. Wohlers
Printer	Color Press

#### Contents

The Healing Ministries	4
The Challenge of Leadership	6
Laymen Training Classes	6
News of the Conferences	7
News by Dateline	12
General News	12
Weddings	16
Obituaries	17
Futurevents	17
Classified Advertisements	21
Sunset Table	22

#### Cover

On a recent visit to Loma Linda University Hospital, General Conference President Robert G. Pierson examined all aspects of the hospital's operation, including the pediatrics department. Photo from Loma Linda University.

#### In This Issue

David J. Bieber ("The Healing Ministries") is president of Loma Linda University ... R. E. Eckerman ("The Challenge of Leadership") is stewardship and public relations secretary of the Upper Columbia Conference.

#### When Your Address Changes

Send your new address with zip code number to North Pacific Union GLEANER, Color Press, College Place, Washington 99324. Include your name and old address as it appeared on previous issues (if possible, send address label). Allow four weeks for change to become effective.

Second-class postage paid at College Place, Washington. Published semimonthly at the Color Press. Subscription price \$4.50 per year. CP18700

POSTMASTERS: Send Form 3579 to North Pacific Union GLEANER, Color Press, College Place, Washington 99324.

## readers agh letters

NOTE: Our readers frequently request information on various church people and organizations. If you have a question, send it to us. We'll try to get the answer. Your name will not be used. Eds.

I have been told that an action was taken recently to better inform church members and to make more laymen a part of church governing bodies. Can you explain what this means?

The action, voted at the 1972 Annual Council, is self-explanatory. Here it is in full: "Voted, to accept the following report entitled 'Building Confidence in the Church':

WHEREAS, Conference sessions and constituency meetings in North America reveal a growing concern on the part of our laity for information, communication and the opportunity for greater involvement in policy decisions within the church, we recommend that study be given to the following suggestions:

"1. That the General Conference publish annually in the Review and Herald a condensed financial report with appropriate comments, and that the union and local conferences in North America make financial information available annually to their constituencies through their union papers or other adequate means.

"2. That study be given to adequate lay representation on the various policy-making committees of the organization, especially on the union and the General Conference levels

"3. That all conferences plan for active lay advisory committees to meet not less than once a year to make recommendations to the conference committee in the planning and operation of their conferences and academies.

"4. That local, union and General Conference officers be encouraged to hold informative sessions, including dialogue, with church members, students, staffs of institutions and other constituents.

"5. That selected Seventh-day Adventist professional personnel, such as educators, hospital administrators, etc., employed outside the framework of our denominational system be invited to participate in departmental meetings."

Letters on non-theological topics are welcomed by the editors. Right is reserved to edit for continuity and space limitations. Your name, address and name of home church are required, but will not be published if you request anonymity.

have been very unhappy with the GLEANER since it has been changed. It used to be when the GLEANER arrived it was just like a "dear" friend dropping by. Now, it causes me to wish it never dropped by. It's always late. There have been several programs featured throughout the Union but we never know about them till they have been passed a week or sometimes two. Just this week there are three announcements at least that have already happened ... the GLEANER arrived today.

Really, if you can't do better than this, why bother? It wasn't like this before.

Also, I have the feeling it's more of a photographer's paper than church paper. This is not what we want. Please, people, do something. You are destroying it.

Millie Wolcott Salem, Ore.

Usually, dated news and advertising is read in the GLEANER "after the event" because of slow postal delivery or, more likely, because the information should have been submitted for a preceding issue.

Always enjoy the GLEANER and wishing to thank you for mailing it. Mary J. Lloyd

Mitchell, Ind.

We sure like the new format of the GLEANER. Keep up the good work.

C. E. Mohr Puyallup, Wash,

We enjoy reading the GLEANER and appreciate having such a paper to keep us informed on the activities of Adventists in our North Pacific Union.

However, would you please explain to me how such a paper dated Jan. 15, carrying information pertaining to events we would like to attend on Jan. 19, 20, and 10, arrived at our home in Salem on Jan. 27. This seems to be a regular occurrence. Of all the other similar papers, the GLEANER is the only one we receive that has this particular defect.

We would appreciate the GLEANER even more if we could have such information prior to the events. Thank you.

Mrs. David R. Copeland Salem, Ore.

See comments following a similar letter. For some unknown reason, **GLEANERS** are sometimes delivered a week to ten days later in certain areas of western Oregon and Washington than in some other areas. (Postal records show that Mrs. Copeland's GLEANER took nine days.)

One recent issue of the Review arrived at the GLEANER office a week after publication date, and one paper from another union dated in mid-December arrived in mid-January. Other publications seem to have these problems, too.

Mrs. Copeland and other readers may have noticed that both March issues, and the continued on page 16

# The Healing

David J. Bieber

In this post-industrial age, computers and automation are competing more and more with human hands and minds. Jobs traditionally performed by people are done by machines. While new jobs requiring new skills are created, many of these fail to provide the sense of satisfaction that once came from undertaking and completing a task.

In their search for meaningful values, many perceptive youth are taking a fresh look at professions that bring them into direct contact with elementary human needs. The healing ministries rank high in this category.

Fortuitously, this growing desire for relating to basic human need coincides with Christ's commission to teach, preach and heal. Furthermore, it is flowering at a time when people everywhere are crying out for physical, emotional and spiritual help.

For nearly 70 years, Loma Linda University has been the educational hub of a worldwide health and healing complex including thousands of hospitals and clinics. Many of these are managed directly by the Church. All are committed to representing the restorative, redemptive power of God,

Recent years have witnessed unprecedented growth in each of the University's schools. But that growth, impressive as it seems, has not kept pace with the growth of the Church. It surely has not kept up with humanity's need for health care services. Nothing causes University administrators more distress than the closing of doors to Adventist youth who, on the basis of education and motivation, would make successful medical evangelists. Yet hundreds applying to the Schools of Medicine and Dentistry are turned away each year.

Loma Linda University is a General Conference institution. Every Seventh-day Adventist, by virtue of his membership, is a stockholder. This educational center will fulfill its Godgiven destiny only as it is cherished and sustained by its constituency. Members everywhere have an opportunity to give substance to their concern when the Loma Linda University Offering is received Sabbath, April 14.



Student missionaries in dentistry and dental hygiene treat patients at an outdoor clinic in central Honduras. Volunteer dental teams serving in four overseas countries last year learned much about human needs among the disadvantaged.

# Ministries



Thoughtfulness and courtesy come naturally as this dietitian explains nutritional values to a patient.



Modern technology gives diagnosticians vital information in seconds rather than in hours or days.



A nurse from Greece works with a University nurse to save a newborn baby at the University Medical Center.



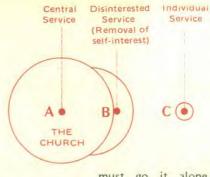
Students in occupational therapy develop skills used in rehabilitating victims of disabling strokes and accidents.



Relationships between patients and practitioners of the healing arts sometimes lead to rewarding friendships.



#### The Challenge of Leadership



R. E. Eckerman

The challenge of leadership will never be greater. In every church of the conference, our people are looking to their leaders to move out on the "cutting edge" of service for God. They want a sense of direction which will provide maximum soul-winning outreach. This will demand their dedication and earn their support.

Those chosen as church leaders must evaluate their effectiveness. What position do they hold before the congregation? Note carefully the following diagram for the three positions of leadership.

\*Reprinted from the Upper Columbia Conference Public Relations Newsletter.

#### A POSITION:

Leadership in this position is looking for security. It seeks to please the people. Its aim is likely to be more social than spiritual. It risks very little and thus has little or no impact on the congregation and the community in which it lives. Activity is not too meaningful or challenging and certainly not disturbing. It is best described as Laodicean.

#### C POSITION:

This leader is unable to effectively guide the church. His position has removed him from the church and he has little influence and can receive but little support. An independent, he must go it alone, without help. B POSITION:

The true leader will be found at the "cutting edge" of the church circle. He possesses contact with the church body, and also provides a sense of direction. The majority of members will respond; however, the leader will be threatened by the few who will object. These are usually the unconverted in the church. They represent those who do not wish to be disturbed from their lethargy and spiritual slumber. True leadership is not a popularity contest, but is motivated by principle and renders "disinterested service."

Reach Out For Life Laymen Training Classes



Elder R. E. Eckerman.

It has been said, "The church is a sleeping giant," and it is the work of the spiritual leaders to motivate, organize and provide techniques whereby the church may be aroused to fulfill her divine destiny.

The entire departmental staff of the Upper Columbia Conference, under the direction of Elder E. C. Beck, conference secretary, united to provide specialized training classes for laymen in Walla Walla, Spokane, Wenatchee and Yakima.

Other conference personnel participating in the program included Elders O. L. McLean, William Geary, A. R. Lodahl, Ed Royer, Pastor Don Hall and Robert Reiber. Elder McLean emphasized the spiritual responsibilities of Dorcas Welfare societies. Elders Geary and Lodahl gave guidance for activities of young people. Pastor Hall discussed health education topics and ways of influencing the community. Bob Reiber presented the challenge of providing Christian literature for community distribution.

According to Beck, the objective for the Mission 73 training classes can be summarized in the following statement: "That which is needed now for the upbuilding of our churches is the nice work of wise laborers to discern and develop talent in the churches; talent that can be educated for the Master's use. There should be a wellorganized plan for the employment of workers to go into all our churches, large and small, to instruct the members how to labor for the upbuilding of the churches, and also for unbelievers."- 97, p. 117.

We found much talent eager to be employed in the Master's service, says R. E. Eckerman, conference public relations director. It is our prayer that



Elder E. C. Beck presents a threefold challenge in reaching lost souls.



Providing a clear, concise outline for public evangelism, Elder Ed Royer taught a class in lay preaching.

pastors and church officers will also unite in making possible a wellorganized plan of service for all who desire to witness for God.

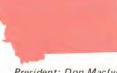
## news of the conferences





**IDAHO** 

President: F. W. Bieber





President: Don Maclvor



OREGON



UPPER COLUMBIA

President: R. C. Remboldt



WASHINGTON

President: James Chase

## montana

#### Hardin Members Active In Community Projects

Members of the Hardin church have been active during recent months in community witnessing.

During the holiday season, Dorcas ladies prepared 125 Thanksgiving and Christmas baskets for elderly people in the area. Baskets included cookies, cupcakes and fruit. This has been an annual service of the Dorcas for several vears.



Dorcas members prepare Christmas baskets for elderly people in Hardin.

Mrs. Ed Lautt has been going through the Hardin telephone directory in alphabetical order and calling people to invite them to enroll in the Voice of Prophecy Bible course. To date, she has signed up 21 individuals for Bible lessons.

Mrs. Ron Dasher has organized a story hour for neighborhood children. The young people enjoy Bible guizzes,



Enrolling people in the VOP Bible course has been the work of Mrs. Ed Lautt.



Mrs. Ron Dasher illustrates a Bible story for neighborhood children.

object lessons and games. They are also learning new songs, which they have shared with residents in area nursing homes. The program began with five children and now has 13 enrolled.

Ron Russell, Conference youth activities secretary, recently conducted a leadercraft course in which five Hardin members received their senior leadercraft certificates. An investiture service was also conducted March 3. Members report this was the first investiture service in the church for several years.

## idaho

#### **1972 Proves Year of Progress** For Baker Congregation

The tragic, year-end death of Darlynn Darby, daughter of Baker Pastor Harry E. Darby, saddened and depressed the congregations of the Baker and Richland churches. But the unfaltering devotion, courage and dedication of Pastor Darby, his wife and daughter, Cynthia, have become a source of inspiration for church members. They look back and see 1972 as a year of progress.

Seventeen members were added to the Baker church through baptism and profession of faith. The new sanctuary is nearing completion, and funds have been raised to cover costs as work progresses.

The church school, closed for two years, reopened under the direction of Glen Fleming and his wife, Barbara. Moving to Baker from Redding, Calif., they teach 13 children in grades one through eight.

Both the Baker and Richland churches exceeded their Ingathering goals. The Baker program broke previous records with a total of \$1,271.96. Individual projects and the annual November auction sale contributed greatly to this amount.

"Truly the Lord is good, and we are grateful," says Baker Public Relations Secretary, Mrs. Stella Carter.

#### Gem State Riding Club Plans Horse Pack Trip for June

Now is the time to plan for an exciting horse pack trip into the Owyhee Mountains of Idaho. The Gem State Academy Riding Club, in cooperation with the Idaho Conference Youth Department, is planning a one-week ride June 19-26.



This scenic mountain trail shows Twin Buttes in the distance.

Participants will recapture the spirit of the pioneer West as they ride through the ghost town of DeLamar, which was founded by a former sea captain in 1888. They will skirt the edge of Cinnabar Mountain and see the site of Afterthought Mine, which has produced more than \$8 million in minerals.



Trail riders will visit prospectors' cabins such as this one located near Silver City.

Each will ride his personal horse. He will enjoy camp food, evening campfires, singing and spiritual and social fellowship. All this for only \$75.

Horses should be brought to Gem State Academy; and from there, they will be trucked to the trail by the club.

Only 20 applications can be taken. Reservations can be made by writing the Gem State Academy Riding Club, Route 8, Box 185, Caldwell, ID 83605. A \$50 deposit should accompany the application.

#### Conference Report Shows Membership Increase

The annual audit and Conference committee meeting in February showed encouraging signs of growth and development in the Idaho Conference.

According to figures released by Conference President F. W. Bieber, members gained by baptisms and profession of faith have more than doubled during the last seven years and total membership has increased.

Bieber attributes the increase in baptisms partially to an increased number of pastors placed in the field during recent years. "About five new districts have been developed with their own pastors," he explains. "It has been our continuing conviction that more attention needs to be given to the field work, more pastors with fewer churches in some of the large districts."

Because of a liberal gift from an Idaho layman, the Conference was able to place a worker in Burns for a year to assist in the building of church membership there. Burns is almost 80 miles from John Day, where the pastor lives, and it has been difficult for him to serve the church adequately from that distance.

Bieber also contends that increased baptisms in 1972 resulted from the Mission 72 program. "Every Conference worker and some laymen con-

#### JUNE 8 to 16, 1973, IDAHO CONFERENCE CAMP-MEETING HIGHLIGHTS

A fast-moving, streamlined program is in store for YOU. Less preaching-more dialogue and discussion.

- Morning devotions—to start the day right
- Four special classes conducted each day:
  - 1. Spirit of Prophecy. Is it relevant today?
  - Revelation. A study of the rise and development of the Christian church as outlined by the Revelator.

  - Your Family and Health. How do you know what to believe? The drug scene and Seventh-day Adventists. Understanding your teenager and more.
    - You select the class you think will fit your needs and interests best and attend this class one hour in the morning and one hour in the afternoon beginning Sunday and ending Friday.
- "Marriage and Family Life Series"
- Interesting Youth and Children's meetings
- Enlarged Adventist Book Center facilities
- Daily Departmental Nugget (10:45 a.m.)
- Daily Inspirational Preaching (11:00 a.m.)
- Voice of Prophecy Group
- Faith for Today
- EXTRA-SPECIAL FEATURE. World War II bomber pilot tells about his bombing missions, his being shot down over enemy territory, his concentration camp experiences and final escape. You can't miss these two hours of action-packed experiences.
- Evening series. Nobody can preach like a black preacher. The prediction is that the auditorium will be packed every evening.

Names and pictures of the various speakers and teachers will appear in a later issue of the GLEANER. I sincerely hope that you will make every effort to attend camp meeting this year—not just for weekends, but for the entire week. Plan your vacations to coincide with camp-meeting dates. A more leisurely program is offered so you will have time to relax. I shall look forward to meeting you at camp meeting.

F. W. Bieber, President

ducted meetings or assisted in some way during the year," he adds.

Two ministerial interns have been called from Walla Walla College, and another individual has been asked to work in Burns. "Even though there has been an increase in tithe, the Conference has needed this to take care of the enlarged corps of workers," says Bieber. "Cost of living and operating a Conference has gone up in every way."

#### Ingathering Campaign Sets Conference Record

Church members raised \$43,211.20 during the recent Ingathering campaign, a new record for the Idaho Conference. This amount represented a gain of nearly \$1,000 over last year, according to D. G. Albertsen, conference lay activities secretary.

The Boise church raised the largest amount. Its \$9,652.64 contribution represented more than 20 percent of the amount raised by the entire Conference. "This took many hours of door-to-door singing in record-breaking cold weather, business solicitations and giving by faithful members unable to participate in other ways," says Albertsen.

Two other churches, Caldwell and Elgin, caught the true missionary spirit of Ingathering. According to Albertsen, these members conducted unhurried house-to-house solicitation and visiting, telling residents of our world-wide work. Both churches reported pleasant campaigns, with greater funds received than ever before and increased spirit of evangelism among members.

The Idaho Falls church raised the largest amount per capita, \$28 per member. Faithful members, under the direction of Roger Bierwagen, raised nearly \$2,000.

Gem State Academy was also active. Students and faculty collected nearly \$1,900 by singing Christmas carols from door to door.

"No one will ever know how much this campaign will help spread the preaching of the gospel around the world," concluded Albertsen.

## washington

#### Mission 73 Meetings To Continue in Anacortes

Mission 73 meetings, which began March 23, are continuing in the Christian Reform Church, 11th and O Streets, in Annacortes, Washington.

Elder Kegley is anxious to receive names of friends or relatives in Anacortes who might be interested in attending. Send your list to 1018 Longview Ave., Anacortes, Washington.

#### Book Center Plans Giant Food Sale in April

The Washington Adventist Book Center recently announced plans for one of the largest food sales it has ever conducted. Manager Gordon Harris expects to sell more than 22 tons of food during an eight-day period from April 22 to 29.

This once-a-year sale will carry discounts up to 33 percent on case lot foods, according to Harris. Loma Linda and Worthington Foods will have displays of vegetarian products. "Worthington Foods," says Harris, "is planning a special bubble packet of variety items, which regularly sell for \$12.00, for only \$7.95."

In addition to Loma Linda and Worthington Foods, specialty items, lardless crackers, vegetarian beans, gluten flour, Smokehouse Almonds, Adams peanut butter and Montana honey will be on sale.

A brochure containing a list of specials and their prices will be mailed to churches for distribution one week before the sale.

#### Volunteer Social Workers Schedule Local Meetings

Ralph Watts will be guest speaker for local community service meetings to be conducted by volunteer social workers of the Washington Conference. The schedule is as follows:

Federation	Date and Place
Greater Seattle	Monday, April 16
	Kirkland Church
Western	Tuesday, April 17
	Sequim School
South Central	Wednesday, April 18
	Auburn City Church
Southern	Thursday, April 19
	Centralia Church
Northern	Sunday, April 22
Contraction (Contraction)	Oak Harbor Church

All federations will meet from 10:00 a.m. to 2:00 p.m., with the exception of the Western meeting which will begin at 10:30 a.m.

Luncheons will be served at the Northern, Western and Southern meetings. Delegates to the South Central and Greater Seattle meetings are requested to bring sack lunches. The host society will provide beverage and dessert.

#### Members Dedicate Onalaska Church to Service of God

Members of the Onalaska church gathered Feb. 24 to dedicate their new building to the cause and service of God.

M. C. Torkelsen, North Pacific Union Conference secretary, presented

## ADVENTIST ROOK CENTER AND THE SARRATH SCHOOL DEPARTMENT

SENT	
OPS FOR 19	73
April 15, Sunday	1:30 to 3:30 p.m.
April 22, Sunday	2:00 to 4:00 p.m.
April 23, Monday	7:00 to 9:00 p.m.
April 29, Sunday	10 to 12 noon
	April 22, Sunday April 23, Monday

All Northern Oregon churches

Come prepared to buy and take home what you will need for your 1973 VBS.

Through our fantastic bulk buying of crafts this year it will cost only \$1.75 for each child for the ten crafts used. We will have finished samples for you to see. We prefer you buy in sets of 50 crafts for they are packaged that way, but we will break them into multiples of 25 if that would help you.

the dedication message, reminding members and guests that as a building must have a good foundation, so must Jesus Christ be the true foundation of God's church. Washington Conference President James E. Chase challenged members to service for God.

Speaking earlier in the day, B. L. Cook, conference secretary-treasurer, called the congregation to dedicate their lives to God anew with the dedication of the church building.

Stephen Dinkmeier, local elder,

read a history of the congregation, which was organized in 1931 by Wilbur St. John. Successful evangelistic meetings by A. V. Bentz in 1938 prompted the building of the Jackson Prairie Church, which was followed by a church school in 1941.

By 1960, members felt that a new church was preferable to remodeling the old building. The new church is a simple rural structure constructed by the industry of a congregation that refuses to extinguish its light, even in hard times.



Marcel Leggett (left) and Ken Iverson, Richard Kawecki and Frank Leggett work on produce for Investment.

#### Investment - Everett 1971-1972

Enthusiasm has been the "key word" for Investment, under Richard and Frank. Variety was displayed at our sale with "mice," puzzles, handwork and baked goods.

Every member has been contacted and urged to set a personal goal.

Reporting our progress and encouraging us every month keeps us going.

Encouragement has been the second "key word" here in Everett.

To reach our goal in money was second to reaching our goal in blessings.

Thanks to God and thanks to our members, we did reach our goal in both.

In the early hours of the morning, the Investment crew\* piled into their cars.

- Nothing could keep them from picking apricots (2½ tons), apples (180 boxes), peaches (260 boxes) and pears (20 boxes).
- Very hot weather found them gathering tomatoes (250 boxes), green peppers (900 pounds) and eggplant (1 crate).

Energy abounding, they also gathered cauliflower (2 tons), broccoli (8 crates) and squash (6 crates).

Sweet and juicy were the watermelons (400 pounds) and cantaloupe (350 pounds) they brought back.

Tons, about five tons of fun, they all had, so they said!

- Meanwhile, there were walnuts (400 pounds) to be sold, plus pecans (100 pounds) too.
- Ending a grand time of harvesting, they again went forth and made cider (235 gallons).

Not finished, they made a tree, covered it with \$1,300 one-dollar bills from tip to trunk.

The total for the year was \$3,222.29 and for the past three years it's been \$9,158.

\*Investment crew included the Jerry Burke, Frank Leggett, Ken Iverson, Leon Ringering and Jim Parkos families besides Richard Kawecki, Nancy Daugherty, Robert and Karen Thelin, Jody and Cindy Torgeson, Carl Mayall, Jr., and Mary Weeks.



INVESTMENT PROJECT. Loreen Peabody, Seattle Volunteer Park church member, made holly-trimmed Christmas boots which could be filled with homemade candies and cookies as an Investment project. She raised \$42 toward the church's 1973 Investment goal.

## alaska

#### **Missing Persons**

Robert Pooley, pastor of the Anchorage church, has requested information concerning the following individuals: Ralph and Judy Archer, Winifred Banks, Karen Britton Hermans, Elvis Kirchmeier, Mrs. Doris Savage, Larry Webb, Manley Willis and Mr. and Mrs. Richard Miller.

Anyone knowing the location of any of these people is asked to contact Pooley at 637 A St., Anchorage, AK 99501.

## upper columbia

#### Sabbath School Superintendent Celebrates 85th Birthday

An octagenarian great-grandmother, who has the distinction of being the oldest member of the Juliaetta, Ida., church, celebrated her 85th birthday and her tenth consecutive year as superintendent of the local Sabbath School on February 19th.

Mrs. Tillie Peterson, who has been a Seventh-day Adventist since 1935, has read her Bible through at least 30 times-nearly once a year-since she first joined the church at Deary, Ida. She was a charter member of a congregation raised up by Elder R. J. Kegley



Mrs. Tillie Peterson

following his evangelistic campaign there.

Mrs. Peterson is the mother of Donald I. Peterson, M.D., assistant professor of neurology and associate professor of pharmacology at Loma Linda University School of Medicine in California, and of Mrs. Kiefford Laurence of Council, Ida.

#### Valentine Visitors Brighten Harmony House

Individual cupid place cards for dinner trays were delivered on Valentine's Day to residents of the Harmony House Nursing Home in Brewster. The tokens of friendship were presented by children from grades one through four at the Brewster Seventh-day Adventist school.

Accompanied by their teacher, Mrs. John Lamberton, the children sang songs, with well-prepared messages of love, in the dining room and halls of the 73-bed home.

Patients expressed delight in the lunchtime visit of these children, whose own day was brightened by the sunshine they shared.



Dee Dee Magnuson, Jill Swain and Keith Hanson brighten the day for this Harmony House resident.



Mrs. John Lamberton accompanies the Brewster schoolchildren as they pay a Valentine's Day visit to Harmony House.

#### Protein Extractor to Help Feed Poor in Underdeveloped Countries

Pendleton physician John de Romanett, M.D., recently presented a scientific exhibit on "The Extraction and Use of Leaf Protein" at the Loma Linda University Alumni Convention.

The exhibit, which demonstrated the conversion of green leaf protein into protein for human consumption, attracted attention from doctors and missionaries who expressed interest in using such a process to supplement diets of malnourished people in underdeveloped countries.

"In some areas of New Guinea," says de Romanett, "the usual diet contains only 10 grams of protein per day, a shocking deficiency. By adding only 25 grams of leaf protein, the whole outlook and future of these people could be changed." He points out that protein is readily available in New Guinea's green foliage.

Green, immature leaves, harvested at a suitable stage of growth, can contain as much as 40 percent protein. The average is 20 percent. This protein, however, is not suitable for human needs because of the great amount of plant fiber. De Romanett's extractor eliminates the fibers and produces a high-protein material.

Leaf protein concentrate is manufactured in a three-step process. The



Dr. and Mrs. John de Romanett

method consists of pulping the green material, expressing the juice and precipitating the protein by heat. Leaf juices are run into a heating kettle containing water kept at a constant temperature of 80°C. The protein immediately coagulates and is skimmed off the surface of the water.

The finished product emerges as a green, cheeselike substance. It contains 60-70 percent protein and 20-25 percent unsaturated fat.

Gasoline and electrically powered extractors can produce enough protein in a few hours to contribute substantially to the daily needs of a village of 1,000 people. De Romanett is developing an animal or water-driven type pulper to be used in extremely primitive areas.

## news by defeling

#### Teaching Literature Workshop Planned at Andrews U.

BERRIEN SPRINGS, Mich.—A workshop featuring "New Directions in English Teaching" will be held at Andrews University, June 18 to July 27. The coordinator is Dr. Edith Stone, professor of English at AU.

Designed for both beginning and experienced secondary English teachers, the workshop will concentrate on denominational standards in the instruction of literature, the attitude of the teacher toward language variety and the development of a student-centered environment.

The workshop will be divided into three sections. Denominational standards for the teaching of literature will be taught by Dr. John O. Waller, chairman of the English department at Andrews. Problems of usage, bilingualism, and bidialection in contemporary English will be taught by Dr. Stone.

The workshop offers eight quarter credits on the graduate level, and an additional two credits may be earned in a special section on introductory transformational grammar, taught by Dr. Stone.

All inquiries should be directed to the Dean, School of Graduate Studies, Andrews University, Berrien Springs, Michigan 49104.

#### Food Service Supervisors Workshop To Be Held in July

BERRIEN SPRINGS, Mich.—The 1973 Food Service Supervisors Workshop at Andrews University will be held July 8 to July 26, under the direction of Mrs. Fonda Chaffee, assistant professor of home economics at AU.

Nutrition, modified diets, menu planning and special functions will be covered in class lectures and in laboratory experiences at the Andrews University Food Service facilities.

Any person presently employed or interested in food service production for institutions such as schools, hospitals or nursing homes may apply for the workshop.

The course leads to a diploma from Andrews University and eligibility for membership in the Hospital, Institution, and Educational Food Service Society upon the completion of two summers' workshop programs plus nine months' in-service training at the student's own institution.

For further information and applications, write: Dean, School of Graduate Studies, Andrews University, Berrien Springs, Michigan 49104.

#### Elementary Math Teachers Workshop Scheduled at AU

BERRIEN SPRINGS, Mich.—A Mathematics for Elementary Teachers Workshop will be offered at Andrews University from June 18 to July 23, according to Dr. Harold Jones, chairman of the mathematics department at AU and director of the workshop.

The workshop is designed for elementary teachers who have not studied "modern" mathematics or those who would find a second exposure to it profitable. Assisting Dr. Jones in class presentations will be other members of the mathematics department at AU.

Teachers will study logic, set theory, operations and relations in number systems, systems of numeration, and congruence and similarity in geometry. The workshop will include a demonstration class of elementary school pupils taught by one of the staff using the discovery method.

The workshop offers five quarter hours of credit.

Further information and application blanks are available by writing: Dean, School of Graduate Studies, Andrews University, Berrien Springs, Michigan 49104.



#### Pacific Union College Slates Art Trip to Hawaiian Islands

Vernon Nye, Pacific Union College professor of art, will conduct a twoweek "Watercolor Adventure to Hawaii" this summer.

Up to 20 participants will receive two hours of upper-division credit for

#### Correction

The news item in the March 19 GLEANER referring to the Republic of Niger carried erroneous identification in the headline. The Republic of Niger is distinctly separate from Nigeria. the Aug. 5-19 tour. Nye, who is a member of the American Water Color Society, describes the trip as "a golden opportunity to learn to watercolor, or to travel with other aspiring artists."

Painting will occupy half of each day, according to Nye, with the other half left for individual activities such as surfing, swimming, shopping or sightseeing.

A \$500 package fee will include round-trip plane fare, inter-island flight transportation, first-class hotel accommodations and bus transportation. Food, art supplies and other extras are not included. Tuition for the two-hours' credit will be \$88.

Because of the individual attention given to each art instruction session, the size of the group is limited. Inquiries concerning the tour should be sent to Vernon Nye, Pacific Union College, Angwin, CA 94508.

#### Attention, Ex-medical Corpsmen and Physicians

MEDEX, a training and placement program for physician assistants, is seeking applicants who are Seventh-day Adventists. The program has requests for its Spring class from SDA physicians to train and hire qualified candidates of the same faith. Applicants should have military medical corps experience, preferably a minimum of 91-B schooling, two years' experience in direct patient care and independent duty experience.

Applicants should write or call directly to MEDEX Northwest, 444 NE Ravenna Boulevard, Seattle, Washington 98115, (206 543-6483), either requesting or submitting an application or informing the office that an application is on file with the MEDEX Communication Center. (The latter is necessary since applications do not designate religion or otherwise identify SDA members.) Applications should be sent by April 8, 1973.

The GLEANER will have a complete article on the MEDEX program in the near future. Any doctors interested in training and hiring a physician assistant or desiring more information about the program prior to the publication of the article can write directly to MEDEX at the above address.

## Signs Campaign Offers Low Subscription Rates

Church members can subscribe to *Signs* for the low missionary rate of only \$3.25, during the *Signs* crusade beginning April 7. The regular retail rate of \$6.00, according to A. R. Mazat, Pacific Press periodicals manager.

The gospel prophet, speaking for God, said, "My word shall not return to me void." This power-packed promise has been fulfilled in lives of many of our readers, says Mazat.

He cites the example of a family from New Cuyama, Calif., who wrote

#### ABC Mailing Service

A few months ago the Adventist Book Centers of North America joined in a new service to make ordering by mail much easier for their customers. Future advertisements will carry the address ABC Mailing Service, 2621 Farnam, Omaha, Nebraska 68131. Rather than ask the customer to look up the address of the particular Adventist Book Center serving his area, we have chosen this address to serve all 50 Adventist Book Centers in North America.

When you order from the ABC Mailing Service in Omaha, Nebraska, your order will be forwarded the same day it is received to your own local Adventist Book Center. If you know the address of your Adventist Book Center, you may certainly send your order direct there if you wish.

When ordering from the ABC Mailing Service in Omaha, please be sure to include sales tax for your state as the order will be processed and filled from your local Adventist Book Center.

J. C. Kinder, Manager ABC Mailing Service 2621 Farnam Omaha, Nebraska 68131 him requesting a list of Adventist schools in California. They were not members of the church but were interested in putting their children in church school. They had learned of our schools by reading *Signs* in their eye doctor's office.

"God's promise contains the same power for you as you read the *Signs* monthly and share them with others," says Mazat.

Church lay activities secretaries will help process *Signs* subscriptions this week. Isolated members can send their orders to their conference Adventist Book Center or directly to Pacific Press, 1350 Villa St., Mt. View, CA 94040.

#### Faith for Today News Notes

• "Prescription for Better Health" is what author Roy Naden calls it. The purpose this new lesson will serve is to bridge the gap between the "Living for Real" brochure series and "The Bible's Answer" series, both of which are presently being offered on the Faith telecasts. Those who request the "Living for Real" course will automatically move into "The Bible's Answer" by way of this new lesson.

• A new feature this year of Faith for Today's telecasts is the telephone response program whereby viewers are invited to phone a local number to request a brochure offering. Presently, the "Living for Real" brochures by John F. Knight, M.D., and "The Bible's Answer" series by Ron C. Naden are the hottest items being offered. On February 11 alone, a total of 1,190 phone responses was registered. Beyond this total will be an

#### Final Report Reveals Ingathering Record

A final Ingathering report compiled by the North Pacific Union Conference revealed that more than \$534,000 was raised by Northwest Adventists during the 1973 campaign, according to D. E. Caslow, Union lay activities and Sabbath School secretary.

"Every conference in our union

exceeded last year's attainments to give a gain of more than \$20,000 over last year's final report," commented Caslow. "Surely this has been the greatest Ingathering by our people in the entire history of the Northwest."

The conference breakdown is as follows:

Conference	Total Last Year	1973 Goal	Total This Year	Percent of Goal
Alaska	\$ 12,679.50	\$ 12,000	\$ 17,041.54	142%
Idaho	42,299.66	34,000	43,211.20	127%
Montana	39,298.20	27,000	39,611.77	147%
Oregon	210,350.30	152,000	215,699.22	142%
Upper Columbia	106,199.09	85,000	112,807.27	133%
Washington	103,256.91	90,000	106,512.23	118%
Union	\$514,083.66	\$400,000	\$534,883.23	134%

even greater number of people who will respond by letter.

• "The all-new Faith for Today 'The Bible's Answer' brochure series is a stunning success," reports Pastor Gordon Dalrymple, head of Faith's Bible School and Field Services. "As of February 1, over 6,000 requests for the series came into the Bible School through our telecast telephone response program and by written request. Slightly under half of the inquiries came by telephone alone."

It should be kept in mind that "The Bible's Answer," written by Pastor Roy Naden, producer of Faith's telecast, is yet to be fully promoted outside of the telecast itself. This vacuum will be filled as soon as finances are available.

## walla walla general hospital

#### Spring Fair to Raise Money For Hospital Building Fund

There will be something for everyone at the third annual Walla Walla General Hospital Auxiliary Spring Fair this month, say auxiliary leaders.

The biggest fund-raising event for the auxiliary is planned for April 15 at the Youth Center in College Place. Doors will open at 5 p.m. No admission will be charged.

Several booths, ranging from plant booths to picture-taking, are part of the overall plan to raise more than \$1,000, according to Grace Hallsted, director of volunteers. The money raised at the fair will go towards the \$10,000 pledge the auxiliary made to the new hospital building fund drive.

Along with the various food booths, fairgoers can test their golf skills, ride a merry-go-round and horses. Other booths include a fish pond, an arts and crafts display with items for sale and many more.

Door prizes will be given and an auction will top the evening. Jim Roberts, assistant administrator, will auction off gifts contributed by local merchants.

"For this event, the entire auxiliary, including Blue Stripers, are working. We really appreciate the way hospital personnel are backing us up this year with their willingness to help with booths and planning," says Mrs. Hallsted.

## **Fund Drive Passes Halfway Mark**

At GLEANER press time in mid-March, Walla Walla General Hospital's new hospital fund drive had surpassed the \$400,000 mark and was steadily climbing towards the campaign goal of \$750,000, reports J. A. Dailey, administrator.

The fund drive currently in progress is to help raise money to assist in the relocation costs of the hospital to a site adjacent to the Veterans Administration Hospital in Walla Walla.

March has been the most intensive month for the 18-week drive which began in December. According to Herb Freise, general chairman and a local attorney, March has been the busiest month of the drive because most of the area's businesses, industries, organizations and residents were approached then.

Campaign officials estimate that by the GLEANER publishing date, the goal of \$750,000 should be very near. The average gift per pledge is encouraging and spreading gifts over a fiveyear period increases the donation considerably, making it easier on the donor.

Of the pledges received at press time, the hospital administrator says that most represent donations from hospital board members, physicians, employees and volunteers. To date, employees have raised \$43,627 towards a goal of \$50,000.

"The hospital is proud and gratified at the way employees have responded to this project. It truly shows the dedication of our hospital workers and their interest in a community effort such as this," says Dailey. Onehundred and seventy-five employees have participated.

The real problem is that the drug age in which we live is confusing. At times we take stimulants to keep awake, when we should be asleep; then we depress to go to sleep, when we ought to be awake. We drink caffeine to get going, smoke nicotine to keep on the ball, then drink alcohol to relax. We take bennies to combat fatigue, eat tranquilizers to level off, gobble sleeping pills to get our rest, and in between take medicines to combat disease and restore health.

> Francis A. Soper-Listen, January 1973

Physicians on the medical staff and the hospital auxiliary have pledged more than \$100,000 over a five-year period.

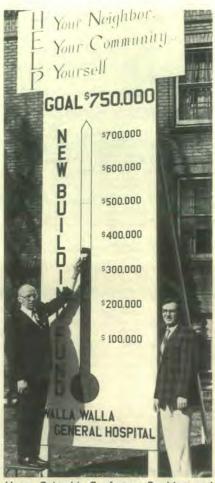
Drives in Walla Walla, College Place and Milton-Freewater are contacting the general public through a volunteer corps of nearly 400. So far more than \$40,000 has been donated through the Milton-Freewater and Walla Walla general drives. The College Place general drive got underway Mar. 11.

A special gifts division of the fund drive is handling businesses, industries and people who might be capable of giving larger donations to the fund drive.

Campaign completion dates are fairly well on schedule and should not affect the hospital's planning and building programs. A preliminary report from building consultants was reviewed recently. Architectural plans should be completed by June, Construction should begin late in 1973.

A construction site has not been finalized, according to Dailey. In January the hospital applied for a new site east of the VA Hospital on land made surplus by the VA. The hospital is now waiting word on its request to the federal government which is expected soon.

Presently, the hospital owns 20 acres of land adjacent to property owned by the Port District and near VA property. The new site would be closer to the VA facility and to Walla Walla's other private hospital.



Upper Columbia Conference President and hospital board chairman R. C. Remboldt takes a turn at painting the mercury past the \$375,000 mark on the new hospital fund drive sign. J. A. Dailey, right, estimates that the campaign goal of \$750,000 should be near by the first of April.



Hospital employees Dee Douglas and Linda Schultz check the departmental progress of the fund drive for hospital personnel. To date, hospital employees have raised more than \$43,000 towards the relocation project.

## walla walla college

#### Graduate Record Examinations To Be Given in June

The Graduate Record Examinations will be given on the Walla Walla College campus June 18, 1973. Friday, May 4, is the registration deadline for this test. If you wish to register for the June 18 testing date, please contact the Counseling and Guidance Center, Village Hall, College Place, Wash., before May 4th to complete the registration forms and pay the testing fee.

#### Soviet Harpists To Play In Columbia Auditorium

There is always something exotic and glamorous about the harp in a symphony orchestra. This excitement comes to Walla Walla College April 7 as Chitiri Arpi, a Soviet ensemble featuring the four leading women harpists of the U.S.S.R., appears in Columbia Auditorium at 8:00 p.m.

Their repertoire, from the pens of leading Soviet composers, has been created for tours of the U.S.S.R. and now North America. It offers a wide cross section of memorable music especially suited to the flowing sound of the harp ensemble.

The four members of Chitiri Arpi were all students at the famous Moscow Conservatory in the late 1950's. Their professor, Ksenia Erdeli, founder of the Soviet school of harp, suggested they form an ensemble and entered them in the Sixth World Youth and Student Festival Competition in Moscow in 1957. They won first prize in an undisputed musical triumph.

The Soviet concert agency is sending the four precious harps, each valued at close to \$12,000, by air to New York. From there, the tour will utilize a specially constructed maxivan with foam rubber cushioned harp beds and an elaborate system of seat belts for the harps.

#### Lilit Gampel Schedules Mid-April Concert

Thirteen-year-old Lilit Gampel, phenomenal success of the 1972 concert season, will perform Saturday evening, April 14, at 8:00 in Walla Walla College's Columbia Auditorium.

This young violinist already has behind her an uncommon number of

successes with major symphonic orchestras, including the New York Philharmonic, Los Angeles Philharmonic, Boston Symphony Orchestra, Seattle Symphony and Vienna Symphony.

The music world became aware of Miss Gampel at age ten, when she won first prize in the Young Musicians Foundation Competition in Los Angeles. Robert Commanday, music critic of the *San Francisco Chronicle* and one of the judges, wrote, "It is necessary to look away while she is playing to realize, unprejudiced by her size, how fully and artistically formed is the music coming from the undersized violin in her hands. History was made when Lilit Gampel stepped on stage."

Miss Gampel is presently a scholarship student at the University of Southern California.

Her concert at Walla Walla College will include Beethoven's "Sonata No. 5 in F Major," Bach's "Adagio and Fuga, from Sonata in G Minor," Piston's "Sonatina" and Sarasate's "Zigeunerweisen."



*Predictive Medicine.* By Emanuel Cheraskin, M.D., and W. M. Ringsdorf, D.M.D. Pacific Press Publishing Association. \$7.95.

The prevention of disease has been a much-talked-about subject in medical circles; however, little has been done to promote such a program. **Predictive Medicine** is designed to remedy this situation.

This book seeks to anticipate disease in man and to foretell illness before it becomes a problem. This volume is also concerned with the primary prevention of disease and the prevention of occurrence. It discusses the proneness profile, age factors, environment, heredity and other facets as they relate to disease prevention. Enhanced with nearly 100 illustrations, charts and graphs.

Last Tiger Out. By Jan S. Doward. Pacific Press Publishing Association. \$4.95.

Last Tiger Out is the story of Dan Mauker, a young Indonesian jet pilot. As one of Indonesia's ten best pilots, he is chosen for secret training in Egypt. As time goes on, however, he becomes disillusioned with his government. Drawn into the political underground, he stages his own rebellion in a runaway jet fighter. At last he discovers that change-constructive, positive change-comes only when Jesus takes control.

Written by Jan Doward, Walla Walla College graduate, this bold adventure has a crisp, fast-paced style.

*God's Happy Children.* Illustrated by Georgina Larson. Paraphrased by Richard W. Coffen. Southern Publishing Association. 95 cents.

The first book in a new series of books for small children from preschool to primary age, *God's Happy Children* is an artistic presentation of the beatitudes in simple, everyday language. Full-color drawings by College Place, Wash., artist Georgina Larson illustrate each text. A sincere love for children and animals and an awareness that children need to realize that the Bible is for their little world inspired her to produce this attractive book.

Four of the 12 drawings in the book have been adapted to 9x12 inch



poster size and the full collection has been reproduced on 4<sup>3</sup>/<sub>4</sub>x6<sup>3</sup>/<sub>4</sub> note cards with matching envelopes. These make attractive, inexpensive gifts for both children and grown-ups.

*Stories of My Grandmother*. By Ella M. Robinson. Southern Publishing Association. \$1.95.

Originally published as a hardbound book in 1967, this well-received book on the life of Ellen G. White has been reprinted in the popular Crown paperback series. Personal anecdotes give a glimpse into the life and times of Mrs. White as seen by her granddaughter.

Stories of My Grandmother contains many little-known happenings and provides a background for a wellinformed appreciation of the gift of prophecy. Young people, who know Mrs. White only as a picture in a school book or a name the minister mentions, will discover that she was a real person whom they would have enjoyed meeting.

Student Power in Christian Action. By Monte Sahlin. Pacific Press. \$1.65. An Agape book.

How do you present Jesus to a 15-year-old hooked on heroin; the beautiful young cheerleader in a suburban high school who's got everything she's ever wanted; the "Who cares?" party boy in the apartment next door; a Black Panther who snarls, "I don't want to hear about your white man's Jesus!"; or the housewife trapped in suburbia, struggling to keep up with small children, the Joneses and a dozen civic demands?

These and dozens of other problems confront people in their desire to actively share Jesus Christ. *Student Power in Christian Action*, by Monte Sahlin, is the story of the ACT movement. The story of how college students obsessed with an idea of Christian service, faced these problems and dealt with them. It's a book describing outreach-beginning in the inner-city ghettos, and spreading to the affluent suburbs.

"The activist life-style is a contemporary imitation of the life-style of Jesus Christ. It is a life-style of ministry and caring; of real personal concern and involvement. Christ's major means of presenting the truth was His life-style, not a series of speeches," writes author Sahlin. "Sometime, somewhere, some generation must actually, really finish the work!"

Student Power in Christian Action introduces the lonely alcoholic, the pregnant 13-year-old, the searching policeman, the rejected child, the old woman with \$4,000,000, and the hatred, bitterness, lostness of a world in need.

Until the stars of tomorrow come, people-sinful, dirty, yet lovable people-keep living; and a Saviour keeps reaching out to them to heal them, to bring peace to their throbbing souls, through His servants. "All in a day's work" for a team of Christian activists in a city in America.

#### Paula's Book Notes

The drug scene is here to stay—an accepted, if frightening, fact of contemporary society. Literature on the subject abounds and ranges from the totally scientific to the exciting and dramatic. The continuing success of the two-year-old magazine, *Enlist in the War Against Drugs*, published by Southern Publishing Association, is ample proof of society's concern for the problem.

One of the most spellbinding stories to come out of the drug culture in recent months is a new paperback called *The Cross and the Needle*. It's an autobiographical account of one heroin addict who kicked it. Although the scenarios are almost horrifying, and the language is distressingly authentic, this book will undoubtedly be a best seller. Don't start it if you have anything important on your schedule—it demands total attention. From Pacific Press, \$1.95.

With the prevailing interest in survival clubs and outdoor living, a book on the subject was inevitable. Just released by Southern Publishing Association, A Field Guide to Wilderness Living, by Catherine Gearing, is a detailed presentation of all aspects of this important subject. Which wild plants are nourishing? How do you purify water? Can you start a fire without matches? How do you build and furnish a shelter in the woods, the desert, or even the snow? Dozens of fascinating questions with equally fascinating and sensible answers highlight this practical book. The author has ample background in her subject. She is a registered nurse who has spent more than ten years in wilderness research. She also serves on the governing committee of the International Wilderness Club. This book at \$3.95, is a "must" for all outdoor enthusiasts.

On the lighter side, we hope you'll visit your Adventist Book Center soon and become acquainted with God's Happy Children. This is a refreshing collection of illustrated beatitudes especially for young children. For example, "Blessed are the peacemakers" is paraphrased to read: "People are happy who help others live and play happily together." The small, colorful book sells for 95¢. A set of four art prints, enlarged and suitable for framing, is \$1.00. Note paper with matching envelopes is also \$1.00, for a set of 12 assorted designs. These items make ideal, inexpensive gifts. Even grown-ups have gotten enthusiastic about them!

Spring is the time of awakening. Why not awaken your awareness with a brand-new book? It could be a refreshing experience.

> Paula Becker Director, Public Relations Southern Publishing Association

### Weddingg

David Edwards and Patricia Strutz, December 21, 1973, in Hermiston, Oregon. Residing in Auburn, Washington.

Scott Kiele and Gail Gratias August 20, 1972, at Auburn, Washington. Residing in Tacoma, Washington.

James T. Soper and Paralee Ann Bradford, March 1, 1973, in Seattle, Washington, Residing in Auburn, Washington.

Michael Wood and Brenda Connelly, February 10, 1973, at Wenatchee, Washington, where they will reside.



continued from page 3

present GLEANER, arrived much closer to the publication date. Tightened printing schedules have also left out some advertisements which would previously have been accepted, but are now too late.

I thought the letter by Mrs. Elfie Edwards (Feb. 5) was valuable for all to read. Your including the copy of her letter will be helpful to many. Her comments about many of the recipes shared and published not being any better than what can be purchased off the bookshelf is worthwhile to contemplate. Should we publish recipes that are not up to A-1 health principles? I think not.

What is needed in cooking is to prepare food as naturally as we possibly can. So often our journals mention the need to go to the natural source of nuts, fruits, grains, vegetables,-but let's have some recipes. After mentioning nuts, fruits, grains and vegetables, we're given an advertisement on Loma Linda or Worthington products. Please don't get me wrong, these products are great and helpful but we, as a people, are not getting a balance. When a manufactured soy product is pushed all the time, we get an imbalance. What about ways to prepare the other legumes, seeds; also nuts and grains, (anything besides wheat, wheat, and more wheat.)

In Mrs. White's day she mentioned that few knew how to prepare nut food properly. She also admonishes us to learn and prepare them, but cautions that some recipes are much too rich. I would like to see our schools of health show us ways to prepare many of the natural foods that have a balance. The latest publication of *Today's Food* mentioned millet (a seed) as being the best in nutrition (surpassing wheat, oats, rye, etc.) and the easiest digested seed. The factual information about millet was very helpful but there weren't any recipes included and this is so often done.

Please accept this as comment and something to think about. I don't know everything about nutrition and diet, neither does my wife. That's why we would like to see some stimulative and helpful cooking classes taught that would include the "sophisticated can to skillet" people and also the "simple natural food" people.

Robert R. Davidson Assistant Pastor Vancouver SDA Church Vancouver, Wash. 98661



BENSON-Norman Benson was born Sept. 24, 1917 in Canada and died Feb. 5, 1973 in Tacoma, Wash. Survivors include one brother, John B., of Seattle, Wash., and one aunt, Maria Peterson, of Seattle.

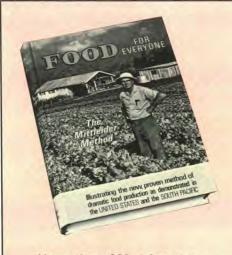
BRADLEY-Mary Alice Bradley was born Jan. 14, 1895 at Clay City, Ill., and died at Sandpoint, Ida., Feb. 20, 1973. She is survived by her husband, Roland, and four sisters.

BROCKMAN-William D. Brockman was born at Pomeroy, Wash., Jan. 22, 1890 and died in Spokane, Feb. 26, 1973. Survivors include his wife, Opal; and two daughters: Mrs. H. K. (Lola) Paisley of Spirit Lake, Ida., and Mrs. I. J. (Mabel) Watson of Deer Park, Wash.

FERGUSON-Earl Ferguson was born in Spooner, Wisc., and died in Tacoma, Wash., Feb. 9, 1973. Survivors include his wife, Myrtle; two daughters: Mrs. Mildred Rice of Sunnymead, Calif., and Mrs. Lucille Burman of Long Beach, Calif.; two sisters: Mrs. Marion Umdahl of Santa Ana, Calif., and Mrs. Wilma Joed of Long Beach, Calif.

HAMMER-Walter James Hammer was born April 8, 1875 in Colfax, Wash., and died Feb. 20, 1973 at Gaston, Ore. Survivors include his son, Arthur, of Oceanside, Ore., and a sister, Eva Holbrook, of Fresno, Calif.

KERTESZ-Frank Kertesz was born in Hungary Mar. 14, 1889 and passed away in Medford, Ore., Jan. 1, 1973. Survivors are his wife, Aurelia, Jacksonville, Ore.; two sons: Frank of San Diego, Calif., and Paul of



More than 600 informationpacked pages. More than 1,000 illustrations of which 200 are in color.

The hallmark of the Mittleider Method is Maximum Production

(This world-famous book is now in its second printing.)

Portland, Ore.; two sisters: Elizabeth Golembesky, Morrisville, Penn., and Esther Endo of Throop, Penn.

MURPHY-Alton Wilburn Murphy was born in Chelan, Wash., Aug. 6, 1904 and died Mar. 3, 1973 in Redding, Calif. He is survived by his son, Richard D., and one brother, Homer.

PHILLPOTT-Cleve B. Phillpott was born Jan. 30, 1884 in Holly, Ore., and died Jan. 10, 1973. Survivors include his wife, Lela; two sons: Dee of Albany, Ore., and Clinton of Loma Linda, Calif.; five daughters: Mrs. Don Garvin, Loma Linda, Calif.; Mrs. O. P. Edmonds, Everett, Wash.; Mrs. Harry Rahr, Honolulu, Hawaii; Mrs. B. W. Bond, Eugene, Ore.; and Mrs. Sam Cummings, Reno, Nev.; a brother: Justin, of Holly, Ore., and a

Coming to UPPER COLUMBIA ACADEMY April 7, 1973 Gil Piger Classical Guitarist

> Doors Open – 7:30 Program – 8:00

Grade School \$ .50 High School \$ .75 Adults \$1.00 Family \$2.50 sister, Mrs. Laurnee Thompson of Sweet Home, Ore.

SMEAD-Augusta Jane Smead was born in 1891 and died Jan. 4, 1973 in Portland, Ore. Survivors include three sons: William M., Robert G., and James W.; two daughters: Mrs. Joseph Prudhomme and Mrs. Vernon Scott and a sister, Mrs. Gertrude Kelly.

TIMMONS-Mrs. Lena Timmons was born Mar. 22, 1880 in Estelle County, Ky., and died Jan. 18, 1973 at Boise, Ida.

## ruburevents

Attention, UNION COLLEGE Alumni.—There will be a Union College alumni potluck supper April 8, 1973, 6:30 p.m., at Rivergate School Gym, 1505 Ohlson Road, Gladstone, Oregon. (Near the campgrounds) See old friends and enjoy a good meal.

MAPLEWOOD ACADEMY Alumni Weekend April 20-21. Alumni are invited to attend Maplewood Academy over their annual weekend, April 20-21. The Maplewood Pioneers are planning a lunch and reunion and Maria Anne Hirschmann will be the guest speaker.

UNION SPRINGS ACADEMY's Tenth Annual Homecoming will be May 4 through 6, Union Springs, New York. Maria Anne Hirschmann will be the featured speaker Sabbath afternoon. She will relate her experiences in Nazi Germany. For housing accommodations, write: Ruth C. Chisholm, Cayuga, NY 13034.

Fight the high cost of food-

## Grow Your Own Garden

#### the proper, intelligent Mittleider method

From the United States to the South Pacific Islands and in Africa, Jacob R. Mittleider has demonstrated that the poorest of soils can produce abundantly—even surpluses—for those who work the land with scientific but simple methods.

#### Only \$15.95 Order your book today from your ADVENTIST BOOK CENTER

If not available, you may order direct from **COLOR PRESS** 312 S. College Avenue College Place, Washington 99324

Add 75¢ for postage and handling. Washington residents, add 85¢ sales tax.

HAVE YOU TOLD THEM ABOUT CHRIST? IF YOU HAVEN'T HAD THE COURAGE-- IF YOU HAVEN'T HAD THE TIME--IF YOU JUST HAVEN'T--LET SIGNS HELP YOU WITNESS.

SPECIAL SIGNS CRUSADE PRICES: \$3.25 EACH; OUTSIDE U.S.A. \$3.50; EL CENTINELA \$2.75; UKRAINIAN \$1.50. ORDER THROUGH YOUR LAY ACTIVITIES SECRETARY OR YOUR ADVENTIST BOOK CENTER.

## **CHITIRI ARPI**

#### Four leading Soviet harpists on their first tour of the United States



Walla Walla College Columbia Auditorium April 7, 1973 8:00 p.m.

Tickets at: \$2.00 Reserved \$1.50 General \$.50 Children Bendix Music Store, Walla Walla Pendleton Music House Bon Marche, Columbia Center Walla Walla College Public Relations Office Or at the door. For further information, contact Concert Series Chairman Walla Walla College College Place, WA 99324 (509) 527-2631, 2632



"A genius of a kind that comes only once in an era." Robert Commandy, San Francisco Chronicle

# Walla Walla College presents

## April 14, 8:00 p.m. Columbia Auditorium

Tickets at: \$1.50 Reserved \$1.00 General \$.50 Children Bendix Music Store, Walla Walla Pendleton Music House Bon Marche, Columbia Center Walla Walla College Public Relations Office Or at the door. For further information, contact Concert Series Chairman Walla Walla College College Place, WA 99324 (509) 527-2631, 2632

## classified advertisements

Classified Advertisement Rates: \$5 for 40 words; 10¢ each extra word; 10 percent discount per insertion for three or more consecutive insertions without copy changes. Send cash or check with ad to your conference office.

FOR SALE, COLLEGE PLACE.-Nearly new, deluxe home on secluded acre with beautiful view. 3 bedrooms, family room, 3 baths; 4th bedroom in full basement. Corrals and horse run; underground sprinklers. Contact Bea Reynolds at Matthews & Associates, 18 N. 2nd, Walla Walla. 525-0820; 525-3274 Sundays, evenings. (2)

MOTOR HOMES.-King's Highway and Starcraft, safest all steel-fiber glass construction, all sizes and models; also everything in top lines of home furnishings, appliances, floor coverings, pianos, organs. O. Ogden Co., Aurora, Ore. (near Portland and No. 5 Freeway) Ph. 678-5330. (19, 5, 19, 2)

INSURANCE FOR CAR AND HOME.-For PEMCO's lower rates, Washington residents phone or write, giving age of all drivers, driving records for 3 years, year and make of cars. 18 years serving SDA's. Stafford Insurance, 116 Lake St. South, Kirkland, WA 98003. Phone: 822-8823. (A5, 5, 2, 7, 4)

CUSTOM FIRESCREENS ..... C H E A P for Cash. Any Size, Shape, Style. A Glass Firescreen GUARANTEED to Stop Sparks, Smoking, Heat Loss and Protects Your Children. Free Estimate. BUILT-IN or FREE-STANDING FIRE-PLACES INSTALLED IN ONE DAY. (Roger Chinn) Visit our new display room at 10270 SE Hall Blvd., Portland, OR 97223.

(503) 246-1026 - 244-0400 - 775-7574 (P2)

SDA COUPLE WISHES TO ADOPT baby sister for two brothers, age 2 and 5 years. Can give good, loving, Christian home. Would prefer birth to 2 years old. Phone (503) 233-1792, Portland, Ore. (2)

SPECIALS: APRIL.-Loma Linda Vegeburger and Nuteena, 12 No. 2, \$8.80; Worthington Sliced Beef Style Soyameat 12/14 oz., \$8.79; Non-Meat Balls 12/19 oz., \$9.99; Gran-Burger 12/19 oz., \$15.99. U-Save Nutrition Center, 4390 Commercial St. SE, Salem, OR 97302. Phone 364-9757. (2)

PROFESSIONAL CARPET LAYER will sell and install beautiful Shags, Hi-lows, Tweeds, Plushes in many styles and colors. All work guaranteed, at reasonable prices. These carpets can be shown in your home by appointment. Paul Mund. Phone 288-4697 Portland, Ore. (P2)

WATER IS LIFE, most important substance on earth. How safe is your drinking water? Only distilled water is pure. Be prepared for an epidemic such as hit Riverside, Calif., by protecting your family's health with distiller of your own. Write Oregon Water Distiller Headquarters, P.O. 73, Dayton, OR 97114. (5, 19, 2)

WANTED.-Pilot Mechanic. Must have A&P Instrument FI, and must be capable of assuming sales, business and other responsibilities. Call: (509) 525-4190. (2) PURE, SOFT DRINKING WATER distilled by Aquaspring distiller plugged in like toaster with no plumbing hookups. Weight 6 pounds, 2-year warranty. U.L. approved. Free brochure or demonstration, if desired, or see one in operation in our home. Luella Preston, 32 Tremont Dr., College Place, Wash. Phone 525-7558. (19, 2, 16)

THE VILLAGE RETIREMENT HOME offers unusually fine fellowship, cafeteria, health and hospital plan, church and entertainment facilities, a community of singlestory dwellings on 12 beautifully landscaped acres. Send for free brochure. The Village, 18001 SE Powell Blvd., Portland, OR 97236. Phone: (503) 665-3137.

(A 5, 5, 2, 7)

VERY NICE 2-BEDROOM DUPLEX for sale in Battle Ground area near Columbia Academy, by owner. On acre of ground, has carport, w-w carpeting, fireplace, drapes, refrigerator, stove (elect.) Call Vancouver, 693-3792 evenings. Write: Mrs. Elva Fund, 3410 "G" St., Vancouver, WA 98663. \$25,500. (2)

LEADERSHIP OPPORTUNITY.-Openings are now available in a unique Christian organization which employs youth who need financial assistance while completing their education in our Adventist academies. Leaders are needed to work with such youth. For details, write VERSITRON, 4821 Golden Avenue, Riverisde, CA 92505. (2)

BROTHER B. R. SPEARS' PORTLAND CRUSADE LECTURES available in all tape forms-cassettes, reels, or 8-track. Nice for Bible studies, especially the topics "Mark of the Beast" and "Speaking in Tongues." Phone (503) 286-4008, or write Bob Busch, 9129 N. Mohawk, Portland, OR 97203.

(5, 19, 2, 16)

THRIVING COLLEGE PLACE BUSINESS. –Includes property with \$120 monthly income besides business. Some mechanical aptitude helpful. Excellent family businessespecially with willing teen-age boy. \$29,500 plus inventory averaging \$8,000. Some terms. PETERSEN PROPERTIES, 15 S. 1st, Walla Walla, WA 99362; Ph. (509) 529-3211 Clyde Petersen, Broker. (5, 19, 2)

PURE, HEALTHFUL WATER distilled from tap water in your own kitchen for pennies a day. Aquaspring distillers eliminate bad tastes, impurities and harmful bacteria. Plugs in like a toaster; no plumbing hookups whatever. Weighs 6 lbs. 2-year warranty. UL approved. Free brochure: WATER LAB, Box 2000, Escondido, CA 92025. (2)

FOR SALE.-2 lots, 5-bedroom, modernized house in Lonerock, Oregon. City water, mail and school bus service. Write: H. C. Christensen, Rt. 1, Box 84A, Walla Walla, WA 99362. (2)

SOUL-WINNING HELPS.-89 illustrated sermons in beautiful color, double frame slides. Also 24 lessons of "The Bible Says" for home studies in same color slides. Also in Spanish. 14¢ per slide and up plus postage. Send for brochures. All denominationally sound. Global Church Films, Inc., Box 8003, Riverside, CA 92505. (A) NEAR AUBURN ADVENTIST ACADEMYbeautiful tri-level 3 or 4 bedroom home, 3 baths-2,300 plus feet. Terms on equity. Assume VA loan. (206) 939-2915.

(19,2,16,7)

HOUSEKEEPER for one, country home, Battle Ground. Must drive, preferably own car. Easy work. Wages. Good home. Sanborn, 911 SE Date, College Place, WA 99324; (509) 529-5616. (19, 2, 16)

EUROPE TOUR OF 5 COUNTRIES-Concert Accordionist Andy Ferrier is organizing another unique trip to Europe from May 28 to June 29. You will enjoy his concerts and visit with him: the Loire Castles, the Huguenots' Country, the French Riviera, the Principality of Monaco, the Waldensian Valleys, the Charm of Venice, the Glory of the Tyrolian Alps, the Music of Vienna, Austria, the Sport World of Munich, the Remains of Dachau, the Swiss Yodel Festival in Interlaken and much more! Breakfast, dinner and stay in family hotels. Private bus and chauffeur, American Airlines and United Airlines to New York and Swiss Airlines from New York, Departure from Portland or San Francisco. All inclusive \$998. Write to Europe Friendship Tour, Box 663, Ukiah, CA 95482.(19,19, 2)

5% COMMISSION, SAPP'S REALTY. QUICK CASH FOR YOUR EQUITY—we buy equities. Also have several buyers with ALL cash. 8 sales in recent 10-day period have sold us out of \$20,000 and under homes. Have ready buyers at this price range. URGENT! DON'T HESITATE if you need a quick sale on your house. Most of our sales made in 30 days or less from listing date. DESPERATE NEED—HELP! Have immediate cash buyer for 3 or 4 bedroom, \$25-30M any where SE (including Milwaukie, Gresham, etc.). Good sized lot. To sell your house, call 761-7211 or 761-7711. Sapp's Realty, 6432 SE 134th Ave., Portland, OR 97236. P.S. For more information, see yellow pages, 870 & 879. (19. 2)

PRE-CUT BUILDINGS.—From our large selection of plans we can furnish you construction plans, and pre-cut your church, gymnasium, home, storage or farm buildings. Our specialty is recreation and retirement homes, offered with cedar, in the Gothic Arch, A-frame and Chalet styles. Ability to custom design and pre-cut your buildings makes it simple to ship and erect. Please direct your inquiries to Stan Chinn, Rt. 3, Box 990, Gresham, OR 97030, or phone (503) 665-1619. (19, 2, 16)



9th GRADE TO 99 INVITED.-Annual Banquet ("April Showers"), Sky Valley Academy, Monroe, 6:00 p.m., April 29, 1973, Live Entertainment, \$3.00 per person. For tickets, write or call Lorraine Wiltse, Rt. 4, Box 256-A Snohomish, WA 98290, 568-4428. (2)

FOR SALE .- Lovely accordion, good tone, \$50. I'll teach you one lesson if you play piano. Ward's steam bath, cost \$240, used very little-\$100. No time to use. Ward's violet ray or sun lamp. Cost \$34. Practically unused, \$10. Call Portland, 244-4816. (2)

LIKE ISLAND LIVING? Must move-job change. Three view acres on beautiful S. Whidbey Island, Wash., with large, cozy, one-bedroom home, w-w carpet, fireplace, sharp guest cottage, small orchard included. Near small church, shopping centers. Boating, swimming, fishing facilities. 28 miles to Seattle, via ferry. A fun place to live! Call (206) 321-5338 or write 5290 South Bercot Road, Freeland, WA 98249. (2)

FOR SALE .- Neat stucco bungalow, 2 bedrooms and sewing room, new roof, new shag carpeting, recently redecorated, much storage, basement, large lot, trees, garden space, paved streets, sewer, 4 blocks from Walla Walla College. Priced \$500 below appraisal. 95% bank financing available, payments less than rent. Call Walla Walla 525-4503, Lila Weir. (2)



Worthington Foods, Inc. Worthington, Ohio 43085 120 ACRES ABOUT one mile of Kettle River frontage. 80 acres irrigated. Sprinkler system. Recreational or Agricultural development easy. Write Blackman, Box 6, Laurie, WA 99146, Phone MU 4-2471. (2, 16, 7)

FOR SALE .- 2-bedroom home in College Place. Clean and warm. W/W carpeting, garage, large lot, \$6,500 cash. Might consider swapping for place elsewhere. Phone (509) 525-7639. 114 SE 9th, College Place, WA 99324. (2, 16)

DELUXE, NEW, 3-BEDROOM, MEDITER-RANEAN HOME, 11/4 hilltop acres, private road, four miles from Columbia Academy, 2 baths, sunken living room with bay window, stone fireplace, 2 patios, large custom-built kitchen and utility, formal dining room, large dinette, double garage. Phone (206) 693-5510. Richard Heyden, 17606 NE 29th Ave., Ridgefield, Wash. (2, 16, 7)

NEEDED.-Farms, acreages and homes in Spokane area. For fast, courteous assistance, call collect 292-2744 or WA 6-1576. If you are planning to move to this area, we can assist you in satisfying your needs. Call Don Priest 292-2744 or WA 6-1576. HEGE Co. Valley, E. 11812 Sprague, Spokane, WA 99206. (2)

CASH FOR TWO-BEDROOM home in College Place area. Must be in good repair. Could have a rental also. Good garden space. Describe completely. Needed soon. Write Box 21, Ferdig, Montana 59437. (2)

FOR SALE, COLLEGE PLACE.-Threebedroom home in excellent location, close to WWC and shopping; new roof, furnace; \$18,000. ALSO 3-bedroom home with lovely yard, garden space, 4th bedroom in basement; large shop-garage; \$17,500. OLDER 2-bedroom home in very good condition; large lot; 3rd bedroom plus rental apartment in full basement; \$16,500. SMALL 2-bedroom home \$6,500. BUILD-ING LOT with water, city sewer; \$2,500. For information on these and other listings, contact Bea Reynolds at Matthews & Associates, 18 N. 2nd, Walla Walla. 525-0820; 525-3274 Sundays, evenings.

	April 6	April 13	April 20	April 27
Coos Bay	6:49	6:57	7:05	7:14
Medford	6:43	6:51	6:58	7:06
Portland	6:45	6:54	7:03	7:12
Seattle	6:46	6:55	7:05	7:15
Spokane	6:27	6:37	6:46	6:56
Walla Walla	a 6:28	6:37	6:47	6:56
Wenatchee	6:38	6:48	6:57	7:07
Yakima	6:38	6:47	6:56	7:06
Boise	7:17	7:26	7:34	7:42
Pocatello	7:02	7:10	7:18	7:26
Billings	6:49	6:58	7:07	7:16
Havre	6:56	7:06	7:17	7:27
Helena	7:03	7:13	7:22	7:32
Miles City	6:38	6:48	6:57	7:07
Missoula	7:12	7:22	7:31	7:41
Juneau	7:51	8:07	8:23	8:39
Ketchikan	7:34	7:48	8:02	8:16
Anchorage	6:58	7:17	7:35	7:53
Fairbanks	6:59	7:21	7:44	8:07

Add one minute for each 13 miles west. Subtract one minute for each 13 miles east.

#### NORTH PACIFIC UNION CONFERENCE DIRECTORY

10225 E. Burnside Mail Address: Box 16677, Portland, OR 97216

Phone: 255-7300 (Area 503)		
President	E. R. Walde	
Secretary	M. C. Torkelsen	
Treasurer	L. W. Crooker	
Auditor	W. E. Wasenmiller	
Associate Auditor	J. W. Griffin	
Departme	nts	
Education	T. W. Walters	
Associate, Secondary		
Curriculum	V. H. Fullerton	
Elementary Curriculur	n and	
Supervision	Elaine Schander	
Institutional Services	J. J. Costa	
Lay Activities, Radio-TV	D. E. Caslow	
Health	M. C. Torkelsen	
Public Relations	Cecil Coffey	
Publishing	C. P. Lampson	
Sabbath School, Religious		
Industrial Relations	T. M. Ashlock	
ASI	L. W. Crooker	
Stewardship, Ministerial	Paul W. Nelson	
Trust	W. L. Massengill	
Youth Activities,		
Temperance	Gerald Brass	

**Special Services** J. R. Hoffman Evangelist

Home Health Education Service 10225 E. Burnside, Portland, OR 97216 Phone: 256-1754

Office Manager Lee Anderson

#### Local Conference Directory

- ALASKA-J. C. Hansen, president; Burt Pooley, secretary-treasurer; 718 Barrow Street, Anchorage, Alaska 99501. Tele-phone, 279-2455.
- IDAHO-F. W. Bieber, president; Sylvester Bietz, secretary-treasurer; 7777 Fariyiew, Bojse, Idaho 83704. Telephone, 375-7524.
- MONTANA-Don Maclvor, president; Warren Dick, secretary-treasurer; P.O. Box 743, Bozeman, Montana 59715. Telephone, 587-3101 and 587-3102. Make wills and bequests payable to the Montana Conference Association of Seventh-day Adventists.
- OREGON-W. D. Blehm, president; H. J. Harris, secretary, Vernon J. Jester, trea-surer; 605 SE 39th Ave., Portland, Oregon 97214. Telephone, 233-6371. Make wills and bequests payable to Western Oregon Conference Association of Seventh-day Adventists. UPPER COLUMBIA-R. C. Remboldt, pres-
- ident; E. C. Beck, secretary; Duane Huey, treasurer; W. 1025 Indiana, Spokane, Washington 99205. Telephone, 326-1550
- WASHINGTON-James Chase, president; B. L. Cook, secretary-treasurer; 4414 Woodland Park Ave. N., Seattle, Wash-ington. Mailing Address: P.O. Box 1585, Seattle, Washington 98103. Telephone, 632-5862.

#### Adventist Book Centers

- ALASKA-718 Barrow Street, Anchorage, Alaska 99501. Telephone, 272-3833. IDAHO-7777 Fairview, Boise, Idaho 83704. Telephone, 375-7524. MONTANA-Box 743, Bozeman, Montana \$9715. Telephone, 587-3101, 587-3102, OFECOM 505 55-30th August Partland

- OREGON-605 SE 39th Avenue, Portland, Oregon 97214, Telephone, 233-6371. UPPER COLUMBIA-W. 1025 Indiana, Spokane, Washington 99205, Telephone, 327-6631.
- WASHINGTON-P.O. Box 1526, Seattle, Washington 98103. Telephone, 632-7656.

# New from Worthingto

The first pure vegetarian product with delectable fish-like flavor

Your family will savor every delicious bite of new FILLETS ... loads of appetite appeal with a flavor and texture to match. They're packed full of bodybuilding nutrition, completely meatless and pre-cooked to a golden brown (just heat-n-serve). Great in sandwiches, too.

Available now in your store's freezer section



Announcing a new low price on



We have cut the price on our #1 product, Veja-Links. to help you S-T-R-E-T-C-H your food budget. Now you can enjoy the finest in meatless "frankfurters" and save, too. Try some soon!

Worthington produces over 50 vegetable protein meatless "meats" ... all rich in protein, free of animal products and with no preservatives and virtually no cholesterol ... naturally good, naturally good for you!

AT YOUR ADVENTIST BOOK CENTER (BOOK AND BIBLE HOUSE) .

Buy any three Panda, Destiny, Crown, Penguin, or Forest Life Series books for the low price of only \$1.95 each and get the fourth one for ONLY 1¢.

Watch your mailbox. It will soon contain a circular showing all of the more than one hundred ten books in the above series. Don't delay.

# OFFER EXPIRE/JULY 31, 1973