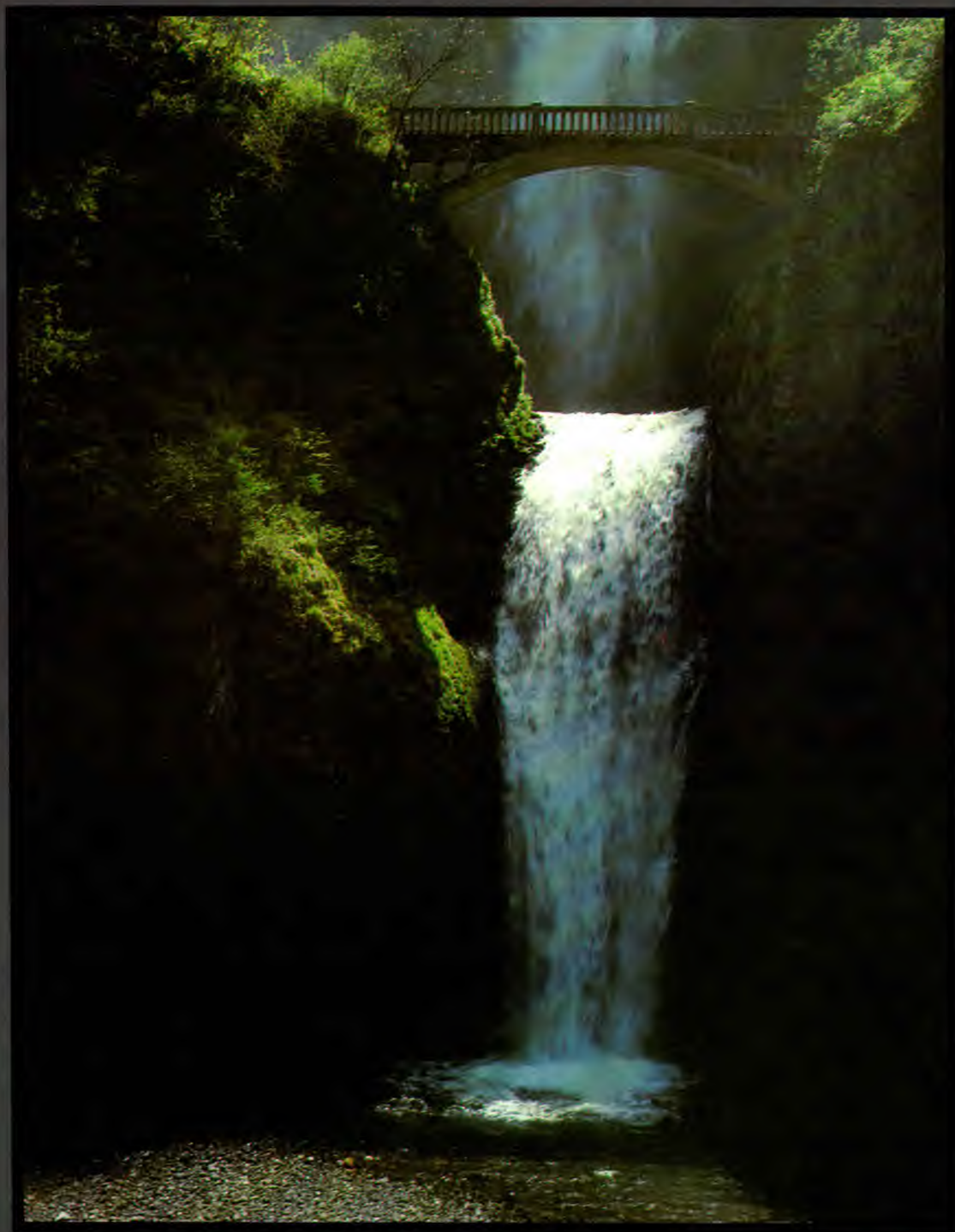


JUNE 20, 1977

GLEANER

NORTH PACIFIC UNION CONFERENCE



Target 81 Update

R. C. Remboldt

New Conference Offices Progressing. Plans for two new conference offices are going forward. The Washington Conference is waiting for the adoption of an area Comprehensive Development Plan by the county. This in turn will lead to an application for rezoning. No difficulties are anticipated. Groundbreaking for the new Upper Columbia office is scheduled for Sunday, July 17. The property is located three miles west of Spokane on I-90.

NPUC Addition. Construction has started on an addition to the North Pacific Union Conference office. The



R. C. Remboldt

structure is being built on a lot just east of the present location at 102nd and Burnside streets. Built with the same color brick and style to match the existing building, the new addition will join the existing building by a covered walkway. Trust services will occupy one floor, while the publishing and home health education departments will be on the other. Space is also provided for two large meeting rooms.

Health/Temperance as Evangelistic Tool. Gerald Brass, health services director of the Washington Conference, sees health and temperance as an important evangelistic tool in his conference. In a practical demonstration of his belief he was joined by three lay members in the presentation of a Century 21 meeting at the Oak Harbor church. In these programs the health/temperance message is presented along with the evangelistic themes.

Joining Brass in his presentations were Bill and Nona Gish. He is a pharmaceutical salesman; she is a nurse employed by the U.S. Government. Song director was Bob Spies, who is the president of a paint company in Seattle. The group worked every Friday, Saturday, Sunday and Wednesday night for three weeks in close cooperation with the pastor, Rolf Lindfors. At the conclusion of the meetings two were baptized and another five made their decisions to follow the Lord.

Live-in Five-Day Plans have been held in Washington with much success. This has proved to be another way of reaching men and women. One lady who came to the live-in was not a smoker but was overweight. She enjoyed the Adventist way of living and expressed a desire to learn more about the church. She and her husband, who is a dentist, were invited to meetings being conducted by Elder Arthur Bushnell, Jr., at the Volunteer Park church. Both have made their decisions to join the church.

Work Among the Indians. Scattered throughout the territory of the North Pacific Union are many Indian reservations, but not much is being done by the Adventist church in reaching this segment of our population. An exception, however, is the work being done by members of the Blue Mountain Valley church in the Upper Columbia Conference. Each Sabbath a group from this church, joined by some from Pendleton, goes to Mission, which is a settlement on the Umatilla Indian Reservation. They conduct a story hour for the children. Attendance fluctuates, depending upon special events held in the community.

Working closely with the pastor, D. C. Perry, are Mr. and Mrs. Lee Clay. They have a special interest in the story hour because some years back they saw the Blue Mountain Valley church

formed in a similar manner. It began as a story hour, grew into a Branch Sabbath School and today is a thriving church of 270 members.

The Publishing Department at Work. A tradition in the publishing department is the annual "Big Week." At this time the publishing department directors go out in the field with their coworkers and all seek to place as many books as possible in the homes. This year the sales total of \$44,032.46 was the largest in the history of the NPUC Publishing Department. Topping the list in sales achievements was Bill Whitely, whose sales total was \$3,117. Sales for the year are showing a healthy gain over 1976.

However, sales are not the only criteria for measuring success, though it is important to place Adventist books in homes. Through mid-May NPUC literature evangelists had distributed 67,659 pieces of free literature. They enrolled 9,511 people in a Bible course and found 177 interested people and 162 former Adventists. Prayer was offered in 7,796 homes. All of this led to 623 Bible studies being given. In turn, the cumulative effect of this witnessing had resulted thus far in 53 people in the North Pacific Union Conference being baptized as a result of contacts by literature evangelists.

Activity in Renton. A note from Clarence Shepherd, pastor of the Renton church in the Washington Conference, indicates that he was planning a baptism for eight candidates, with the possibility of 12. Four of the candidates who were to be baptized came from laymen's Bible studies. To meet the needs of some of these new members, a Five-Day Plan is being conducted at a local high school. Assisting the pastor in this endeavor are physicians Glen Patchen and Gerald B. Myers.

Sales Clinics in Inter-America. Del Sudds, who is associate director of the North Pacific Union Conference Publishing Department, recently visited two academies and one college in Mexico. His purpose was to conduct sales clinics for the student body, and the request to do so came from the Inter-American Division. Elder Sudds reports that there are close to 6,000 literature evangelists in that division and they are doing much to make this one of the fastest growing areas for Adventism today.

Lacey (Wash.) Church Organized. A new church of 24 members was organized at Lacey, in the Washington

Conference, on Sabbath, May 21. This group has "swarmed" from the Olympia church. They have taken action to support Christian education and to be sure their children will have the advantages of a Christian education. They also directed their newly established church board to begin laying plans for a new church building.

Washington Conference President Chase also reports that a number of folk in the Morton and Onalaska churches are giving Bible studies under the direction of their pastor, R. A. Wolcott.

Annual Black Convocation. The Annual Convocation of Black Churches in the North Pacific Union was held at Sunset Lake May 20-22. Emphasis during the convocation was placed on soul winning. Some 500 were in attendance. The lay members were challenged to return home and together with the conference workers go out and proclaim the Good News in the spirit and power of Elijah.

In view of this, plans are already under way to have the '78 convocation in larger quarters. Pray with us to this end. —



GOOD READING

HELP FOR TROUBLED MINDS. By Ruth Jaeger Buntain. *Back to God Series.* 64 pages. R&H. 75 cents.

Contemporary man, more than any other generation of his race, is haunted by worry, fear, discontent, guilt and other similar problems of the mind. These corroding, emotional conditions not only make life unpleasant but if they become chronic, they may cause disease of mind or body.

In *Help for Troubled Minds* Mrs. Buntain describes cases and suggests practical approaches to solutions.

Mrs. Buntain is a careful researcher who does not begrudge time spent in documentation. A skillful writer, she has a love for people that inspires her to write with their needs in mind, and with the goal of helping to solve the problems faced by Christians who live in a turbulent world.

THE GOLDEN EIGHT. By Leo R. Van Dolson. 96 pages. R&H. \$3.50.

At a time when people everywhere are becoming interested in and excited by the growing emphasis on holistic health, it is essential to take a new look at the basic principles involved in total well-being. Long ago Ellen White wrote, "Health, strength, and happiness depend upon immutable laws." *Healthful Living*, p. 18. She urges that we educate the public in these laws. In order to do so we must understand what these laws are. For the first time, an attempt has been made to not only list but clearly explain how the laws of life apply to the health of the entire being—physically, mentally, socially and spiritually. Developed as a text to be used with the "Golden 8" health evangelism program, *The Golden Eight* is so readable and significant that it should also be circulated widely to assist the general public in better understanding the basic principles involved in God's program for holistic health.

Dr. Van Dolson holds a master of public health degree as well as a doctorate in philosophy. For a number of years he was an associate professor of health education in the Loma Linda University School of Health. Presently he is executive editor of the *Ministry* magazine.

UNMASKING THE SPIRITS. By Theresa A. Whelpley. *Back to God Series.* 80 pages. R&H. 75 cents.

After being in relative eclipse for decades, the occult in varied forms is once again catching the attention of multitudes, and the allegiance of many thousands who are almost totally ignorant of its source. In this book Theresa Whelpley relates many experiences that demonstrate the nature behind the movement and presents Biblical evidence that it is evil, and only evil.

The author has led an active life as teacher, Bible instructor, conference educational and MV secretary and minister's wife. Motivation for writing *Unmasking the Spirits* grew out of her own contact with the occult and her concern that many are being deluded by it. Mrs. Whelpley and her husband live in North Carolina.

EARTH STORY. By Department of Education, General Conference. 192 pages. R&H. \$4.95.

How are volcanoes formed and how do they fit into the Biblical account of creation? Does science provide any evidence of a worldwide flood? Do fossils really have a message? Scores of questions regarding our planet and its history are answered in *Earth Story*, a book designed to present the creationist viewpoint in layman's terms. Written in the vocabulary of the young, the book will also please older readers.

GLEANER

NORTH PACIFIC UNION CONFERENCE

In This Issue

Ken Parsons ("Big Jon") wrote as a student at Columbia Adventist Academy, Battle Ground, Wash. Jim C. Weller ("The Colorful Science Method"), a WWC student majoring in education, wrote his article as an assignment in a magazine article-writing class. Larry Jackson, M.D. ("Exercise") is a physician practicing in Eugene, Ore. Jim E. Brackett ("Water—Marvel of Nature") is a Montana pastor living in Silesia. Donald Reiber ("Balance Wheel of Health") is a pastor in Spokane. Muriel Fairchild and Suzanne Fessler ("A Second Look at Meribah") are registered nurses in Walla Walla and Portland respectively. George Alden Thompson ("Nature's Remedy—Sunlight") is a Clarkston, Wash., physician. R. W. Knapp ("Jonathan's Cafe") is pastor of the Hamilton district in Montana.

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BIG JON

Ken Parsons

"You'll like it here, Jon. Camp is a lot of fun." His mother threw his shabby suitcase on the top bunk and sighed. "Well, it's about time we left. Kiss your Grandma and me goodbye." He grudgingly pecked each of them on the cheek. "Have a good time. And be good." The door slammed, and we were alone.

I looked at him; he glared at me. Time to break the ice. "You want to look around the camp?"

"Naw, I've been here before. I know the place." But as an afterthought he said, "Might as well. Nothin' else to do."

I opened the door and we walked out into the mountain sunshine, Jon a little behind. Since it would be at least an hour until the buses arrived, bearing hordes of eager kids, we had plenty of time.

We traversed the camp, and I ran the gamut of first-day-at-camp questions: school, hobbies, pets. Meanwhile, I was surveying him out of the corner of my eye. Quite unique looking, to be sure. I could tell he probably wouldn't blend in well. He was short, 5'3" perhaps, and close to 230 pounds. Atop his head a meager crop of light hair clung close to his scalp. Signs of frustration, resentment and fear clouded his features. He trudged heavily along the trail, growing sweaty and answering my questions curtly, trying to keep to himself.

Soon we were back at Cabin 3, our home for the next week. Jon plopped

down on a bed, trying to catch his breath.

"Mind if I smoke?"

"Yes."

"Why?"

"Because you're my friend, and I don't like dead friends."

"I'm not a Christian," he countered.

"You're still my friend. Maybe you'll find that Christianity isn't so bad after all."

"Doubtful."

The conversation stopped. The buses had arrived.

The next half hour was chaos, but at supper the dust cleared and I found myself guardian and big brother to thirteen 10- to 12-year-olds. It was my first full week as a counselor and I was a bit nervous. Jon wasn't helping any. He was already shoving, yelling and just letting off steam. The trouble was the steam he was letting off was burning those around him. I asked him to simmer down and he said he'd think about it. I told him to think hard.

Fourteen people crowded around one picnic table isn't exactly spacious, and Jon made it worse by repeatedly swatting the other kids with the spatula provided to scrape trays with. I took it away from him.

My 13 cherubs had signed up for water skiing, and the next morning we all trooped down to the lake. The sun was shining, but it was early and a bit chilly. Jon was extolling his finesse behind a speeding boat. "You should see me ski! I could teach this class!" The others, it was obvious, regarded him dubiously.

We had come to the dock, and instruction began. Someone had to go first, and Bill finally volunteered. He was older and had been to camp many times. He wasn't a bad skier, either. When he was through all the others were eager to try it, and most of them

caught on quickly. Jon, however, never got more than five feet before his legs gave out and he fell into the water. I told him not to worry. No one does well the first day. What I didn't tell him was that by the fourth or fifth day most people were able to ski at least once around the lake. He couldn't.

The boys regarded Jon as a bitter poison to be avoided, which partially contributed to his disposition. He played the bully role to cover up the ugly, fat kid I knew he felt himself to be. He sprayed the cabin and its occupants with model spray paint. He spat. He unleashed streams of words bluer than the lake. The only time he ever smiled was when the dinner bell rang.

Halfway through one especially trying day I called Jon aside to talk to him. A greater number of kids than usual were crying because of him, and I thought I smelled something on his breath. I asked him why he was mean to the others.

"Because they're so mean to me!"

"Maybe that's because you're so mean to them, Jon."

"But that's because they're so stinkin' mean to me!"

"Do you want to have a good week, Jon?"

"Yes."

"Do you think you could have a better week if there were no fighting?"

"Maybe." He was close to tears.

"How about if we call a truce? You be nice to them and they'll be nice to you. Deal?"

"Okay."

"Have you been smoking, Jon?"

"Yes."

"Do you still have the cigarettes?"

"I threw 'em in the lake. I knew you didn't want me to smoke. It won't hurt the fish, will it?"

"No. Thanks, Jon."

Several times Jon tried to be nice, but it never lasted long. He would soon be kicking, painting and smashing anyone and everyone within his reach. The week dragged on, slower and slower it seemed, until Sabbath. I knew what was coming, and it did.

The Colorful Science Method

Jim C. Weller

Jon didn't want to go to church. Period. I'd had a hard time getting him to vespers, and I told him he had to go. He said he wasn't a Christian and he wasn't going. I informed him that he was going if I had to drag him there. I did.

Keeping a cluster of 12-year-olds quiet during church is hard enough, but trying to keep them from sneaking off is something else. Once again "Big Jon," as he was now called, was the culprit. He just wouldn't stay put. The minute my head was turned he left. We went through this three or four times until, with the help of the camp director, we got him to sit still.

That afternoon Jon, rowdy as usual, was teasing the girls. I wasn't there for a moment and Jon got a little too rough. One of the girls was crying. The girl's counselor, Armetta, was there, and after calming her girl down, she called Jon aside. "Why did you make her cry, Jon?"

"Cause I wanted to."

"Why?"

"Cause nobody loves me."

"I love you, Jon."

"You do?"

"Yeah."

He cried.

Sunday! Glorious Sunday! The kids were going home! Especially Jon, and I was glad. It made me feel guilty to think that way, but I did. All week he'd been telling me that he couldn't wait to "get out of this dump," and that he was never coming back. Now was his chance.

The buses were filling. Most of the kids were anxious to see their parents again, but not Jon. "All they do is send me from summer camp to summer camp. They don't love me," he had told me once.

The engines rumbled. I was saying goodbye to Jon. "Well, Jon, now that you're going, I wish you weren't."

"You'll get over it."

"You think you might come back next summer?" A smile slowly rounded his face.

"Yeah, I guess so. Tell that girl counselor I think she's nice."

The bus was beginning to roll, so I got off. It drove away, and the dust from the road soon hid it from me. He was gone. I felt bad.

There were six tables. Around each sat three or four students. The teacher quietly set a tomato and an orange on each table. The students immediately began to examine the fruit. Some rolled, bounced and poked them. A few began cautiously to bite them. Soon the teacher added a potato, a cucumber and an apple. These met the same fates.

Next the silent teacher deposited a large brown shopping bag on each table. Opening the bags, the students found "Yech! A green pie!" The crust looked like brownish-green Play-Doh. The shocked students momentarily wavered between curiosity and revulsion. Then, resolutely, they split the ugly crust to reveal yellow-green chunks smothered in slimy, dark-green sauce.

A few of the bolder students placed the foul-looking mixture in their mouths. "Hey! It tastes great! Here, have a bite. It's apple pie!"

An unusual classroom experience? Certainly! But maybe it's time to consider new ways of teaching science. After all, think about your elementary school science course. Was it stimulating? Did it make you want to learn more? Can you remember it at all?

"Methods of Teaching Science and Health in the Elementary Schools" is a one-quarter course offered at Walla Walla College. In this course, education students learn to teach using the new "sciencing" method. Mrs. Jean Prest, the instructor, believes that young students can be responsible learners. They can think creatively and act responsibly. These two traits need to be developed. Mrs. Prest believes that "sciencing" is a way to do this. The "sciencing" method attempts to make learning exciting and rewarding. When a student senses the excitement and personal reward of learning, he finds the highest motivation for learning.

Mrs. Jane Kenny, an intelligent, soft-spoken mother of four, is a student of "sciencing." Jane says, "If my children, especially my two boys, could be exposed to this way of learning science, they would just light up."

What is "sciencing"? "Sciencing" is a recently coined word that describes a child's activities of investigation and discovery. As a method, it is composed of two parts: investigation and colloquium.

Investigation

The investigation is conducted by dividing the class into groups no larger than six students each. Carefully selected materials are quietly presented to each group. The children freely manipulate the materials with minimal guidance and suggestion from the teacher. It is important that they use their own resourcefulness while investigating. The children take pride in their own discoveries.

The teacher's biggest job, time- and thought-wise, is choosing the materials. Here are some guidelines:

1. The materials must help the children discover the chosen science concept.



Water and food coloring = molecular action

cept. (In the "green pie" class, it was the importance of the senses.)

2. They should offer many possibilities or directions of investigation. (Don't expect a blank piece of paper to raise the children's curiosity or hold their attention.)

3. There should be enough materials for every student.

4. The materials should suggest as few extraneous activities as possible.

A good example of well-chosen materials: A cup each of hot, tepid and cold water, and one small vial of food coloring for each group. Dropping food coloring in the three different glasses, the students soon see that it dissipates at different speeds according to the water's temperature. From this they readily learn the concept of molecular motion.

While the children are investigating, the teacher should be watching for discoveries that can be discussed during the colloquium. He should also offer an encouraging word or appreciative smile to those who need support. Most important, he should know when the materials have been spent and the investigation should be ended. Restlessness and play are the first signs of the children's waning interest in the materials. When these signs appear, the teacher should quickly begin the colloquium.

Colloquium

The students put away their materials and sit in a circle or semicircle. They talk about what they did and what they saw. Hearing about other groups' activities and reciting their own, the students begin to make comparisons and generalizations.

A segment of the "green pie" colloquium went like this.

Kim: My apple and potato tasted the same.

Jill: They didn't either!

Kim: Yes they did! I plugged my nose and ate some and they tasted the same.

Tom: They did. I tried it too. When I couldn't smell them they tasted the same.

Ann: Maybe when you can't smell, you can't taste good either.

Jill: Yeah, an apple and a potato don't taste the same. Maybe you just couldn't taste them good.

Terry: Maybe they just felt the same

when you chewed them. And you thought since they feel the same, they must taste the same too!

An observation, often a disturbing one, is reported by one of the students. (An irritant, perhaps.) It is tackled by the members of the colloquium; and through discussion an idea is developed and polished. In its finished state it glows like a rare pearl. (Hopefully not too rare!) In this instance the pearl was the linking of taste with smell. During the same colloquium the students also began to realize that we judge things by what the majority of our senses tell us. The pie smelled, felt and tasted great. Due to food coloring it only *looked* ghastly. Many interesting comparisons among the original five fruits and vegetables were also made.

The colloquium is also a child-dominated event. The mental discoveries, like the physical investigations, are made by the children. However, the teacher, though inconspicuous, is far from inactive. Here are a few of his colloquium-time chores.

1. He helps the children perceive accurately, and
2. Express their thoughts clearly.
3. He creates an atmosphere of psychological safety for *all* students. This means ignoring a student's attacking remarks and bandaging the self-image of the intended victim. It also means treating each observation as though it were made by a serious scholar. Sometimes a facetious remark is a student's insurance against the pain of being wrong.
4. The teacher points out conflicting



Colloquium—a talk about discoveries

statements for the students to resolve.

5. He redirects thoughts when the students reach moments of impasse.
6. He notes group interests which suggest follow-up activities.
7. And last, but probably most important in the student's eyes, he arranges for the recording of the "investigators' log" (explained later).

The colloquium is a real challenge to the teacher. Since the students are free to make observations or to question as they please, a napping teacher's ignorance may quickly be revealed. The teacher has to fully understand the particular science concept himself before he can successfully handle a roomful of quizzical human minds.

In the investigators' log each entry is composed of statements confirmed by the colloquium members. "If you can't smell, you can't taste good either," is an example. The comments are recorded exactly as the students state them. This happens near the end of the colloquium and helps summarize the whole experience. The comments may initially be written on the blackboard, but always they are recorded in a book that is kept throughout the year. The children are encouraged by looking over old entries and realizing how much the new ones have improved.

Basically, that is the "sciencing" method: the investigation, and the colloquium with its resulting record. Undoubtedly some readers have or will have questions about the application of this method. This article is barely an outline of a total program well developed by Lansdown, Blackwood and Brandwein. They are the authors of the textbook used by Mrs. Prest's class. Mrs. Prest would highly recommend their \$8 book (*Teaching Elementary Science Through Investigation and Colloquium*, published by Harcourt Brace Jovanovich, Inc.) as a guide for those seeking more information.

Those who are used to every class being teacher-dominated may think this method leaves the teacher uninvolved. Actually, "sciencing" demands more thought and ingenuity from both students and teacher. It also creates a lifelike setting in which to learn. The students, like scientists, investigate, observe and discuss in an effort to discover and learn. The teacher, like life, doesn't offer them ready-made answers to all problems. The students, like you and me, have to search for similarities and differences within an ordered universe. From these they try to reach conclusions and construct models from which to predict.

In this way students not only acquire scientific knowledge; they also glimpse scientific method. They not only learn to investigate and discover on their own; they also experience the excitement and personal reward of learning. These are the elements needed to encourage them to learn continually, even after their school days are far behind them.



More than hot air

Exercise

Larry Jackson, M.D.

Except for the Apostle Paul's analogies to the popular Greek athletic contests of the day, the Bible contains very little on the subject of exercise. Much is said, however, about honest productive labor. The Sabbath commandment, for example, includes the injunction, "Six days shalt thou labor."

For thousands of years mankind had little need for additional vigorous exertion from labors necessary to provide food and shelter for the family. But as Daniel prophesied, "Many shall run to and fro and knowledge shall be increased." What Daniel did not spell out was that the running wasn't on athletic tracks but in cars and planes.

Over a hundred years ago God, foreseeing increasing sedentary deterioration of His human race, sent prophetic messages through His servant, Ellen White. "Physical exercise is very essential. This will strengthen . . . body and mind." *Testimonies*, Vol. 2, p. 428. "There is no exercise that can take the place of walking." *Testimonies*, Vol. 3, p. 78. "The health cannot be preserved unless some portion of each day is given to muscular exertion in the open air." *Child Guidance*, p. 342.

Further references include: "The exercise called for in climbing hills is often a great benefit to our ministers, physicians, or other workers who are in danger of failing to take sufficient exercise." *Evangelism*, p. 38. "There the wide-spreading plains swell into hills of beauty, and the mountains of God rear

their lofty summits. On those peaceful plains, beside those living streams, God's people, so long pilgrims and wanderers, shall find a home." *The Great Controversy*, p. 675. It appears we shall never, even in heaven, escape the need for physical condition to travel between mountain and plain. It is unlikely God would have us rely on any mechanical contrivances there. "Recreation in the open air, the contemplation of the works of God in nature, will be of the highest benefit." *Testimonies*, Vol. 4, p. 653.

In *Counsels on Health*, p. 564, Mrs. White writes, "Brethren, when you take time to cultivate your garden, thus

gaining the exercise you need to keep the system in good working order, you are just as much doing the work of God as in holding meetings." "They [housewives] should go out and exercise every day, even though some things indoors have to be neglected." *Testimonies*, Vol. 2, p. 531.

"Morning exercise in walking in the free, invigorating air of heaven, or cultivating flowers, small fruits, and vegetables, is necessary to a healthful circulation of the blood." *My Life Today*, p. 136.

From the Bible and the Spirit of Prophecy let us move to modern science to see if it agrees. Like food faddism, America has many exercise programs purported to build fitness on virtually no time or effort—like exercise at one's desk. Some programs like yoga may induce relaxation. Isometrics may build individual muscle-group strength.

It has generally been accepted, especially since 1965, that only vigorous, regular exercise such as brisk walking, jogging, running, cycling or swimming builds true cardiovascular fitness and endurance. It took the popular books



HEALTH

Aerobics, by Dr. Ken Cooper, and *Adult Fitness*, by Drs. Fred Kasch and John Boyer, to impress the true facts on the public.

After a physical examination from one's doctor, with appropriate cardiac stress testing if indicated (i.e., over age 35, risk factors such as male, smoker, high blood pressure, high cholesterol, family history of heart attacks, obesity and prior sedentary life-style), one can be cleared to being in Dr. Ken Cooper's program in New Aerobics. Depending on one's initial exercise prescription, one can either start walking in the lowest fitness category 1, or run for a distance covered in 12 minutes.

The results place one in a category from one to five, and he must strictly adhere to the conditioning schedule for his age. In 16 weeks even the over-50 age group in initially poor condition moves from one 18.5-minute mile walked five times per week, to four miles covered in 57 minutes three times per week. At that point one is earning 33 "points" per week, or what Dr. Cooper considers adequate.

One can then move to a running program and move slowly and progressively from category 1 to 4 or 5. Eventually, good to excellent cardiovascular fitness may be maintained by walking three miles per day in under 43.5 minutes for five times per week, or running one mile per day in eight minutes for six times per week.

The emphasis is on physical examination to start and gradual progression in the program. Note that this is not athletic training but simple maintenance of your body and the exclusion of heart disease. Fatigue and/or chest pain are reasons to slow the program.

A simple check is to take your carotid pulse in the neck—on one side only—before, during and after exercise. Pulse rates during exercise should not exceed the simple formula: $220 - \text{your age} \times .70$. Example at age 50: $220 - 50 \times .70 = 119$. Occasional maximal short periods up to $220 - 50 = 170$ pulse rate later in the program might

be tolerated but should be limited. The benefits are attained from exercising at the moderately elevated pulse rate for 10 to 20 minutes from seven to three times per week respectively.

One can readily see that if all that is needed is regular elevation of the pulse, then gardening, shopping and other useful activities can be utilized. Personal honesty and purposely doing the job more briskly than normal are needed. Housework and millwork often don't qualify, as we learn how to save energy at these familiar tasks. Take your carotid pulse to verify this. The resting pulse should decrease to less than or equal to 60 as an indicator of fitness. Less work for the heart can save it 28,000 beats per day by dropping the resting pulse from 80 to 60.

There are other benefits from activity. Dr. Jean Mayer, one of America's foremost nutritionists at Harvard University, feels that vigorous exercise is as important as eating less food to lose weight. Many people say when they go on a walking or jogging program they are less anxious or depressed and have fewer headaches. These are often the reasons people overeat in the first place.

As Dr. Norman Vincent Peale suggests in his *Power of Positive Thinking*, we often need to break the vicious cycle of our problems by simply starting a program instead of waiting to feel like it. The victories come from small skirmishes won with our will.

As a church we need to allow time for and encourage vigorous exercise at camp meetings, administrative functions, all levels of our educational institutions, and Sabbath afternoons with walks. Exercise clubs ought to be started in churches, schools and conference offices. Just as we might well learn from our Mormon friends and their emphasis on family night, so we might adopt the exercise policy of Oral Roberts University, which requires a daily one-to-one-and-a-half-mile run by each student.

God will not develop that which we will not cooperate with by exercising. Let us in love encourage one another to be active. "More people die for want of exercise than through overfatigue; very many more rust out than wear out."

Testimonies, Vol. 2, p. 526. —

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Water— Marvel of Nature

Jim E. Brackett

The difference between what God creates and what man makes is more and more remarkable when each of their handiworks is examined on an ever-diminishing scale. Of course, God's creations have a grandeur on any scale. From the breathtaking size and magnificence of a galaxy in limitless space with its 100 million suns, on down the vast scale to the mysterious interior of an atom, His works are past finding out. Truly, the closer the scrutiny of His work, the most beautiful the scene; whereas with our human endeavors, beauty seems to disappear in proportion to the magnification used to study what we have made.

No exception is that marvel of nature, the sustainer of all life—*water*. This delightful liquid is so simple and everyday, and yet is complex and useful beyond finding out. We propose to excite a deeper understanding of and interest in God's plan for our use of this "natural remedy." One can hardly engulf himself in the subject of its proper use, however, without pausing to see the Creator, undoubtedly with twinkle in eye, commission so much in seemingly so little.

Twenty-five hundred years ago, Thales of Miletus founded his school and the beginnings of Greek philosophy on the premise, "All things are water." He may not have known God, but he nearly found out His secret. Indeed, this amazing liquid would cover the entire earth to a depth of more than a mile and a half if our sphere home had a smooth surface.

Water is interestingly the only liquid naturally occurring on our planet. Its enormous capacity for storing heat energy is nearly without a peer. This design by the Creator allows water to be used as a great thermal equalizer throughout the seasons all over the earth. Yet this same property of heat capacity is also largely responsible for the marvelous results of hydrotherapy. The hot fomentations with their moist heat would otherwise give scant rewards in the increased bodily circulation.

There would simply be no life of any

kind as we know it, even if the chemical substance H_2O existed, were it not for the unpredicted surprise built into each molecule. Beyond the scope of writing here is the all-wise and infinite design to be found in these spinning, vibrant, tumbling, infinitesimally small nuts of matter we call water molecules. Water simply did not fit into the scheme of things. It shouldn't be a liquid, it shouldn't expand and contract as it does, it shouldn't take so long to boil away, it shouldn't make thunderstorms, and on and on. Some insight has been gained more recently in explaining the multitudinous properties of water.

Without the unusual planning the Lord hid in water molecules, there would be no snow and its resulting vast storage of water. The miracle liquid would boil away at $-60^\circ F$. There would be no weather, no colorful sunsets, no rivers, no waterfalls, no anything. Truly the Father is a master designer.

Let us leave this arena of God's use of water on such large scales and ponder its use as a natural remedy for our bodies. Most Adventists have a somewhat complete understanding of the uses and necessity of water, but as in many areas of care for our physical and spiritual health, we do not apply what we already know. Perhaps another look will help to inspire a better use of water.

Our bodies, over 60 percent water by weight, would need an intake of approximately 40,000 glasses of water every day were it not for the recycling systems operating largely in the kidneys. In the process of providing nutrients for human cells and in the general control of fluid in the body, it is possible for water to pass through some cells at 100 times their volume each second! Ultimately all this water must be processed by the kidneys for reuse. Nearly 4.5 glasses of water pass through the kidneys for treatment each minute. Yet, thanks to these efficient sanitation plants, less than one percent of this fluid is used to pass the waste products out of the body. Thus we lose only 6 glasses of water through our kidneys each day instead of nearly 3,000 gallons which would have

to be drained from our bodies without these marvelous organs. We lose an additional 4.5 glasses through the skin, lungs and feces each day, totaling altogether about 10.5 glasses.

Our intake, on the other hand, comes from the food we eat (4 glasses) and the water produced when the food is "burned" (nearly 1.5 glasses), in addition to what we drink outright. Other factors being equal, we would need each day to drink 5.5 glasses of water to make up the total that is lost. Do you drink this much water each day?

Most of us get this amount of water with our meals as milk, juice, pop, water itself, etc. Even if we refrain from washing the food down by drinking only after our food is chewed well and swallowed, we are told that the extra liquid must first be absorbed before proper digestion can commence. Drinking liquids with meals also slows the natural salivation. Drinks that are extremely hot or cold also retard digestion.

If you are interested in changing your habits of drinking to conform to the most healthful plan, try drinking one to three glasses some time before the meal (30 minutes, more or less). Many who have regularly tried this testify that the ravenous thirst at mealtimes is immediately diminished and soon disappears altogether.

Some have asked if it is permissible or wise to drink fruit juices with meals. The argument is that since juices are food, they would be suitable to take the place of ordinary beverages such as water, punch, pop, etc.

We might note in dealing with this question that these fruit-juice drinks are in fact "fractionated"—that is, some constituents have been removed to some degree. To eat the fruit itself, when the rest of the meal makes this appropriate, would certainly be the most desirable. This practice is suggested in place of our usual desserts. The least objectionable course might be to use fruit juices, if anything, and to include as much of the whole fruit as possible in the drink.

We hope the reader will recognize that taking fruit juices between meals is not an alternative or viable approach. Any way you slice it, the fruit is still food which shouldn't be taken between meals.

Milk is often mentioned as a possible drink, since we are told that natural foods used with milk or cream make the most healthful diet. Draw your own conclusions from the principles laid down as to the amount of milk or cream to use. We get the impression it is not being suggested for the large amounts

consumed as a beverage provided with a meal.

It is helpful to realize that natural thirst is generally active only when we are well below liquid intake requirements. We need to develop a plan to drink the amount necessary instead of depending on our thirst to guide us. A study done at Harvard with well-acclimatized athletes walking rapidly up inclined terrain (treadmill) in a hot environment yielded the remarkable result that one-third more water must be taken above thirst requirements to replace body water lost during exercise. Those athletes who drank this additional amount indicated they could continue the exercise indefinitely, whereas the others became exhausted with their body temperatures leveling at much higher points after relatively short time periods.


Try it. You may not relish all that water at first, but drinking this much will soon be very natural and you will receive the promised benefit.

Most of us do not receive all the advantages available from water properly used on the outside. The counsel is that two baths (presumably showers) each day—morning and evening—would be beneficial. Not only is this practice required to keep our pores cleansed, but the benefit to circulation and muscle tone is also great. Take time to peruse the sections in the books *Counsels on Diet and Foods* and *The Ministry of Healing* on this subject. You may be

surprised how the warm or tepid bath is better than sleeping aids.

These actions are only the smallest part of the positive benefit to be received from the general use of hydrotherapy. A wide variety of scientifically sound procedures may be performed simply and easily in the home—hot fomentations, Russian baths, heating compresses and cold-mitten friction, to name a few. Many varieties of illness and generally poor condition are helped, at least, and more often than not, dramatically so. Write the Loma Linda School of Health for information on their water seminar syllabus which is one of the best guides available on practical uses of water. (You should enclose a stamped, self-addressed envelope.)

In summary, most of us should drink much more water than we presently do, give up drinking liquids with meals, and use the shower or tub more (as consistent with the water shortages of the times). While we teach our families the great benefits of water therapy, we may also save visits to the drugstore in the process.

Try it—you will feel like new. And more important, the grandest purpose of the so-called health message will be yours: The heightened ability to commune with the Father and His Son and to receive a clearer and deep understanding of the atoning sacrifice of Jesus. 

and functions and our susceptibility to disease, especially in advanced age, are to a large degree traceable to unwise eating and drinking. The fact that a considerable time lapse may occur between planting and harvest lulls people into a false sense of well-being. Hence, the incentive to be abstemious is reduced.

Furthermore, modern medicine focuses most of its attention and resources on dealing with the problems spawned by the harvest instead of tackling the planting and thereby preventing many of the problems. Consequently, the voice that ought to be raised in correction and warning is muted.

Soaring inflation has not affected the exchange rate between prevention and cure. An ounce of the former is still worth a pound of the latter.

Aside from its impact on health, abstemiousness has spiritual implications as well. The battering our bodies absorb from unwise physical habits borders on being criminal. In fact, suicide on the installment plan—which such abuse is—does indeed tread on the sixth commandment. This spiritual implication is readily apparent.

Less apparent is the spiritual implication of abstemiousness as a temptation fighter. If Eve had been abstemious, sin might not have entered. This is not idle speculation. Physical hunger could hardly have been a factor in her decision to eat the forbidden fruit. To be like God was the bait in the serpent's trap. This appealed to her spiritual hunger, but the physical served as an avenue to subvert the spiritual.

Since Eve's defection, Satan has exploited physical drives and desires as avenues to attack the souls of men. His success has been phenomenal. Being abstemious gives one a strong first line of defense. The door is closed to much temptation.

We should understand that spiritual hunger is divinely implanted. God wants us to be like Him. But sin results when we attempt to satisfy this hunger outside the provision God has made to fill it.

The spiritual implications of abstemiousness have not lessened with the passing of time. It was never more important than today. Why? Because of the influence it has on spiritual discernment.

As we come to the close of human probation, only the keenest spiritual discernment will enable the "very elect" to distinguish between truth and error, between the workings of God and the deceptions of the great apostate. Good health—in which abstemiousness has a vital role—is the whetstone for

Balance Wheel of Health

Donald Reiber

Abstemiousness is a word seldom used today and a principle even more seldom practiced. For many people it suggests restrictive activity not altogether pleasant, a sterile life-style lean on fun and pleasure. Webster defines the word as the sparing use of or indulgence in something, especially eating or drinking.

Among the eight natural remedies given to us by Sister White, abstemiousness is listed third. Her order of listing these remedies does not imply their order of importance. This list is an interlocking, cohesive unit. All eight remedies need to be followed if optimum health is to be secured and maintained. Omitting one or overemphasizing one would erode the beneficial effects of the others.

In a sense, abstemiousness serves as

a balance wheel for the entire list. Healthful living is more than avoiding that which is harmful; that which is useful must be used in moderation. Too much of even good things can produce detrimental results. The role of abstemiousness is to apply the brakes. It puts sinew and muscle on the bones of temperance and self-control.

The restrictive connotation of the word fits our natural inclinations uncomfortably tight. We much prefer to follow pampered tastes and perverted appetites without regard for other considerations, physical or spiritual. Which is precisely why this principle is on the list of natural remedies.

Following the opposite principle, unregulated indulgence sows seeds of ill health which will produce a certain harvest. The breakdown of body organs

making and keeping discernment sharp. Physical health and spiritual discernment are as closely connected as the two sides of a coin.

Abstemiousness also has telling influence on spiritual growth. Christian maturity requires that we master our emotions and control our thought

processes. Growth in these vital areas will be retarded as long as Satan can manipulate us through our physical drives and desires. Abstemiousness is God's knife with which we can cut the strings connecting us to this evil puppeteer, and leave him with his strings dangling empty. —

A Second Look at Meribah

Muriel Fairchild, R.N., and Suzanne Fessler, R.N.

They had been walking for days. Memories of deliverance from their enemies and the miraculous parting of the waters soon fled their thoughts as they murmured from hunger. A white substance that tasted like honey was a part of God's providence and became an object lesson of His love and care. Now they faced a situation with no water to drink. The people chided Moses, who turned to God for help. Why were they led out in the wilderness to die? Was God forgetful of their needs? No! He only wanted to ask them a simple question: Will you trust me?¹

How many times do we find ourselves in a no-water (no-work, no-friendship . . .) situation? What is our reaction? Do we cling to God as Moses did, or do we try to solve the problem by relying on ourselves? When we become discouraged and confused we become vulnerable to the invasion of the enemy of our souls. If he can invade our minds and break down the trust relationship we have with God, he has an avenue to our bodies as well. We need to know that "Trust in God brings holier qualities of mind, so that in patience we may possess our souls."² The confidence we lack in God is reflected in our own insecurity and stems from a lack of knowledge of Him. We need constant exposure to God's thinking to produce changes in our behavior. Too often we settle for the monotonous reiteration of a few abstract truths and remain unchanged.

Pure air, sunlight, abstemiousness, rest, exercise, proper diet, the use of water, all contribute to health of body and mind; yet it seems that the eighth

requirement—trust in divine power—provides true meaning or the *raison d'être* for the use of the other seven. The use of the first seven can produce a physically fit person but not necessarily one whose mind is completely at ease. The minds of the Israelites at Meribah were certainly not at ease. Somehow their trust relationship with God had been broken down.

"Not all that this world bestows [or that we can do for ourselves] can heal a broken heart, or impart peace of mind, or remove care, or banish disease. . . . The love which Christ diffuses through the whole being is a *vitalizing power*. Every vital part—brain, the heart, the nerves—it touches with healing. By it the highest energies of the being are aroused to activity. It frees the soul from the guilt and sorrow, the anxiety and care, that crush the life forces. With it come serenity and composure. It implants in the soul joy that nothing earthly can destroy—joy in the Holy Spirit,—health-giving, life-giving joy."³ (Emphasis supplied.) "A contented mind, a cheerful spirit, is health to the body and strength to the soul."⁴ "We should encourage a cheerful, hopeful, peaceful frame of mind for our health depends on our doing so."⁵ (Emphasis supplied.)

Another most precious promise is found in Isaiah 26:3: "Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee." "Through the Spirit the believer becomes a partaker of the divine nature. Christ has given His spirit as a divine power to overcome all hereditary and cultivated tendencies to evil, and to im-

press His own character upon His church."⁶

God wants us to be so stable that we can take what life has to offer, whether difficulty or prosperity. He wants us to be living proof that Christ is the answer.⁷ The pressure and pain of life situations will then cease to consume our energies.

Just as Moses struck the rock in obedience to God's instruction and the water flowed freely as a gift of God's grace, so we will find in our Meribah situation the ability to obtain strength from the peace that comes from simply trusting. This peace and strength will be the enabling power to build better physical and mental health. "Nothing tends more to promote health of body and of soul than does a spirit of gratitude and praise."⁸ A grateful, happy person is a trusting person. "If you will seek the Lord and be converted every day; if you will of your own spiritual choice be free and joyous in God; if with gladsome consent of heart to His gracious call you come wearing the yoke of Christ,—the yoke of obedience and service,—all your murmurings will be stilled, all your difficulties will be removed, all the perplexing problems that now confront you will be solved."⁹

What a glorious promise to warm our hearts and renew our minds! "How excellent is thy loving kindness, O God! therefore the children of men put their trust under the shadow of thy wings." Psalms 36:7.

The water supply is as plentiful for us now as it was at Meribah after Moses struck the rock. Jesus has struck the rock for us; the water (solutions to problems) runs freely. Let us "taste and see that the Lord is good: blessed [happy] is the man that trusteth in him." Psalms 34:8. —

Thieme, R. B., Jr. *The Faith Rest Life*, pp. 6-9. Berachah Tapes and Publications, Houston, Tex., 1961.

White, E. G. *The Desire of Ages*, p. 331.

The Ministry of Healing, p. 115.

Ibid., p. 241.

Testimonies for the Church, Vol. 3, p. 13.

The Desire of Ages, p. 671.

Thieme, *op. cit.*, p. 28.

White, *The Ministry of Healing*, p. 251.

Thoughts From the Mount of Blessing, p. 101.

Nature's Remedy-Sunlight

George Alden Thompson, M.D.

Our sun is a dwarf star among some 10 billion in our Milky Way galaxy that is rushing through space at 140 miles per second. It is the center of our solar system and the immediate source of earth's energy, for it is a thermonuclear furnace of some 11,000°F. on the surface, converting 675 million tons of hydrogen gas into 653 million tons of helium every second, discharging the remaining differential en masse as radiant energy. Planet Earth receives only two-billionths of this energy, but that is enough in one year to melt 114 ft. of ice over its entire exposed surface.

Sunlight is the cause of wind and weather and the transfer of ocean vapor to the land as rain or snow. It is the indispensable ally for all living things, for through photosynthesis vegetation grows, the air is purified and food is provided for animals and man. Its light is the origin of our visible spectrum and its radiations from beyond ultraviolet and beyond infrared provided electromagnetic phenomena which we use in industry, science, medicine and entertainment.

Physically, sunshine not only provides the heat for a comfortable environment favorable to life processes, but its ultraviolet radiation stimulates conversion of skin steroids into vitamin D, which is essential for health and the prevention of rickets. This same radiation helps to destroy disease germs, and through both light and heat the formation of molds and mildews is retarded or prevented. It is truly one of nature's most healing agents, but like anything else must be used in moderation. Its effects on unprotected skin, especially of light-skinned people as those of Scotch-Irish descent, can be very harmful.

One readily learns this from an immoderate skin exposure without proper tanning or the use of sunscreens. Looking directly at the sun without eye pro-


tection can cause irreversible blindness in even a short exposure, and over years of time sunlight darkens the lens of the eye and paves the way for cataractous changes. Glare of the sun from water or snow may be 10,000 times greater than on land, and tinted glasses must be worn to preserve the retina from "snow blindness." Those modern "sun worshipers" who lack both gumption and grace, exposing their nude bodies to the sun even with proper tanning, will learn too late that this exposure dries the skin, ages it prematurely and causes thickening and unsightly blemishes. What is of more concern, however, is the fact that chronic sun exposure is cancerogenic and lethal. When God clothed man's nakedness in Eden, he was showing a loving concern for his hide. To those who are ill, Ellen White admonishes going out into the warmth of the sun and sharing with vegetation its life-giving, health-dealing power.

Sunshine does something for man mentally. This is hard to measure but it is common experience to the observant that the warmth and light of day somehow are more conducive to mentation. This is reflected in the many expressions we have in language which allude to the thinking process as "enlightenment" or the "shedding of light" on a subject. When one gets a "bright idea," he is being stimulated by both radiant and light energy from the sun.

Christopher Morley wrote, "April prepares her green traffic light and the world thinks 'go,'" so even subconsciously or emotionally the sun's influence profoundly affects us. Contrast the moods evoked between a cold, cloudy, dreary day and that of the springtime warmth which brings out the green of grass and awakens the buds of bulb and

bush. When Whittier wrote, "The melancholy days have come, the saddest of the year," one wit with apology appended, "We tell by frequent sneeze and cough, the time for colds is here." It is a physiologic fact and psychologic truth that gloominess or depression lowers our resistance and makes us more susceptible to viral infections. Ellen White states: "If you would have your homes sweet and inviting, make them bright with air and sunshine." *Counsels on Health*, p. 196. So good, sunshiny weather heightens our spirits and braces us for the day's activities and problems.

Another sunlight benefit we take for granted is the effect that the visible spectrum has on our lives. Not only does this color our perceptions, but it can shape our moods and affect our tastes as shown by an interesting experiment recently performed on a group of people. A bizarre party was arranged and delicious food provided. However, when the guests were served under lights that made the steak look gray, the celery pink, peas black and coffee yellow, the majority could not eat. The few who did became violently ill. So when God created the sun and moon and made it possible for us to see the stars, He was touching our psyche with "signs," with "seasons" and with sense stimuli that are a savor of life unto life. Wrongly used, however, prostituted by man or devil through psychedelic art or by lude, impressionistic painting, color can affect us adversely for time and eternity.

Lastly, the sun not only sets the stage physically, mentally and emotionally for man's spiritual experiences, in a very real way it is the source of energy that keeps the "soul" functioning properly if we cooperate with the laws of health and recognize the hand of the Creator in all these things. Fittingly, it is the symbol for the Son of Righteousness who will arise, bringing healing in His wings. There is more than just poetic inference in the expression by John (chap. 1, verse 9) which states that He is the true "light, which lighteth every man that cometh into the world," for when we allow the sunshine of His love to enter our hearts, every spot of defilement is made painfully distinct. By appreciating what that love does for us, we can be born anew—physically, mentally, emotionally, socially and spiritually. We will be able to sing meaningfully, "There is sunshine in my soul today, more glorious and bright, than shines in any earthly sky, for Jesus is my light." 

PEOPLE IN TRANSITION

Idaho

Elmer Unterseher, pastor of the Lents (Ore.) church, has accepted a call to the Caldwell church. Born in South Dakota, he received his early education in Minnesota and graduated from Maplewood Academy in 1947. He attended Walla Walla College, receiving a Bachelor of Theology Degree in 1952. He was stationed with the Walter Reed Army Medical Center in Washington, D.C., during his military service until 1955.

Unterseher began his denominational work in the Oregon Conference in Longview, Wash. He has also served as a teacher at Mountain View Academy in central California and has pastored eight Oregon churches.

Mrs. Unterseher, the former Betty Walters, is a native of Hillsboro, Ore., and is a 1953 graduate of Walla Walla College with a Bachelor of Arts Degree in Secretarial Science. The Untersehers have two children: Randy, 20, and Marla, 14.

Oregon

Benjamin David Schoun, a pastor in Monmouth, Ill., has been named associate MV director of the Oregon Conference. Benjamin is a native of Coldwater, Mich. He attended Andrews

University. Since completion of college in 1973 he has served as a pastor to various churches in the Illinois Conference. Mrs. Schoun is the former Carol June Freuchtel of Cleveland, Ohio.

John Warren Ford, presently pastor of the Rockford (Ill.) church, has accepted a call to pastor the Salem Central church. Previous to his pastoral work in Illinois he pastored churches in Virginia and Maryland.

Mrs. Ford, who is the former Evelyn Marie Dougherty, and her husband have four children.

James R. Cox, who has been serving in a pastoral capacity in Cookeville, Tenn., has accepted a call to pastor in the Oregon Conference at the Molalla church. James is a native of Wytheville, Va. Mrs. Cox is the former Carol Hudson from Pulaski, Va. They have two boys, James and Michael.

Contrary to a previous announcement that he would become chaplain at Union College next year, Oregon's associate youth director, **B. J. Christensen**, has been elected to head Oregon's MV Department. He succeeds Jere Patzer who was recently elected to head the North Pacific Union Conference Youth Department.

Christensen had been associate director since 1975 and had served under two youth directors, Ron Wisbey and

George Chudleigh. His experience with youth programs extends back to his college years when he served as boys' director at Pine Springs Ranch summer camps in the Southeastern California Conference.

He came to Oregon as a ministerial intern in 1971 and is a candidate for ordination at the July Oregon Camp Meeting.

Willard George Loewen, who has been involved in evangelism in Minnesota, has accepted a call to pastor in the Oregon Conference. Previous to this he has pastored in Iowa and Missouri.

Willard is a native of Jamestown, N.D. The Loewens have two sons, Roger, 16, and Roy, 13.

The Loewens will be pastoring the Laurelwood Village church in Gaston.

Ruben Dario Sanchez, who is presently serving a pastoral internship in the Lake Union Conference, has accepted a call to pastor the Woodburn church.

A native of Argentina, he worked as a Bible instructor at the Bolivia Mission in La Paz. In 1964 he became dean of boys and a teacher at River Plate College in Entre Rios, Argentina. This was followed by literature evangelism work in southern California.

Mrs. Sanchez is the former Lina Alcira Tabuenca, also of Argentina. The family includes two children, Adrian and Vivian.

Marvin Wray, who has been pastoring in Sioux City, Iowa, has accepted a call to pastor the Coos Bay church.

Elsewhere

Robert A. Strickland has been appointed the business manager of Pacific Union College. He has been the college's acting manager for the current school year and has been at PUC for nearly 25 years.



The Elmer Unterseher family



John Warren Ford



Carol and Benjamin Schoun



The James Cox family



Audrey, Willard and Roy Loewen

An open letter from J. Randall Sloop

Larry Claridge, Project Director



NEW INDUSTRIAL TECHNOLOGY CENTER

WALLA WALLA COLLEGE • COLLEGE PLACE, WASHINGTON 99324 • PHONE (509) 527-2717

June 3, 1977

Dear friend of Adventist young people:

As you perhaps know, we are now retired after some forty-five years of active service in our Seventh-day Adventist schools. We have always been extremely interested that our young people have the opportunity to receive a practical education -- to learn a useful trade or occupation as well as the scholastic. It has been our most rewarding privilege to follow thousands of students in their successes as they serve humanity in many, many capacities around the globe.

Our work must continue to advance through the efforts of each one of us. The Lord has ordained that you along with His schools accomplish this objective. At the turn of the century Ellen White wrote in Counsels to Parents, Teachers and Students, page 315, "A much larger number of young people need to have the advantages of our schools. They need the manual training course, . . ." You can think of many other such directive statements.

Walla Walla College has outgrown its present training facilities. We must continue to heed the counsel of the Lord and I'm extremely happy to see that something is being done. A new facility is being constructed that will provide our young people with the opportunity for excellent Christian training in many lines of occupational and technical education.

There are problems, of course, especially with today's spiraling costs. In the book Education, page 218, the counsel of the Lord is, "The objection most often urged against industrial training in the schools is the large outlay involved. But the object to be gained is worthy of its cost. No other work committed to us is so important as the training of the youth, and every outlay demanded for its right accomplishment is means well spent. Even from the viewpoint of financial results, the outlay required for manual training would prove the truest economy."

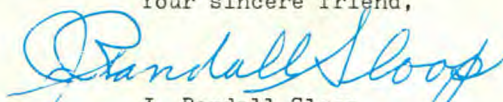
There are several ways we all can help, and that's why I'm writing to you. I urge you to choose one or more from the following list:

1. Join us at Walla Walla College as volunteer workers on the project like many others are already doing. (Room and board are provided.)
2. Sponsor a paid skilled worker by money donations.
3. Donate building materials -- or money with which to buy them.
4. Donate equipment -- or money to buy it.

You will find a form across from this letter to make your answer easy. You won't have to compose a letter. But please let the people at the Industrial Technology department know right away that you want to help, and in what way, so that they can plan intelligently.

The Lord is anxious to pour out that special blessing upon your participation in this project.

Your sincere friend,


J. Randall Sloop

We want to help make **IT*** grow!

☐ You can plan on us (date) _____

☐ We cannot set a specific date yet, but you can plan on us to come. We will let you know as far in advance as possible.

☐ No, we cannot come due to responsibilities, but we will sponsor a student worker for:

_____ one day, \$25.00

_____ one week, \$125.00

_____ longer period (please specify)

Or skilled worker for:

_____ one day, \$50.00

_____ one week, \$250.00

_____ longer period (please specify)

☐ We are unable to come and cannot sponsor a worker, but would like to purchase _____ bricks for the building. (Giant bricks are 85¢ each. There are 85,000 bricks in the building, plus 48,000 concrete blocks.) Our children also want to buy bricks. (Please list child and number of bricks he/she will buy.) _____

☐ We would like to donate \$_____ for the equipment needed for the new IT* Center.

We understand that Walla Walla College will provide all volunteer workers and their immediate families with free meals at the cafeteria, trailer hook-ups and camping space, limited dormitory rooms and/or apartments, day camps and other programs for children, and access to all college recreational facilities.

If you are coming, please give us the following information: number in your family _____; ages of any children _____; what kind of accommodations needed (trailer or camper space) _____; (dorm room) _____; and what kinds of work you are most prepared to do _____. Skilled labor is needed, but unskilled people are most welcome, too. Bring tools of your trade, as far as possible.

If you donate \$100.00 or more toward the construction of the building (or the equivalent in labor) your name will be placed on a plaque in the hallway. If you donate an individual piece of equipment for the facility, or the money to purchase it, your name will appear on a plate on the equipment. Of course, if you wish to remain anonymous, your wish will be honored.

[IF YOU WISH, PHONE (509) 527-2717 or (509) 525-0324]

NAME _____

ADDRESS _____

_____ ZIP _____

MAIL COMPLETED FORM TO:

Walla Walla College

C/O LARRY CLARIDGE

ITC PROJECT DIRECTOR

COLLEGE PLACE, WA 99324



CONFERENCE NEWS

UPPER COLUMBIA

A New Church for Farmington

Morten Juberg

Farmington, Wash., having a population of only 126, is an unlikely place for a large, thriving Adventist church. This, however, has not deterred the 130 members of the Farmington church as they dedicated their house of worship on Sabbath, May 7.

This is not a small-town church. The new sanctuary would be a credit to any metropolitan area. Two large wings make up the church. The main sanctuary with the nave covers 4,000 sq. ft., with a minimum seating capacity of 165. Auxiliary rooms in this wing include the pastor's study and a dressing room for choir members or baptismal candidates. These latter rooms also serve as Sabbath School classrooms. There is a balcony with seating for 50, storage rooms and a family room at the rear of the building.

The educational wing houses three large departmental rooms for the children, the main foyer, cloakroom, rest rooms, the lay activities section and three storage areas. The floor space in this wing is approximately 3,000 sq. ft. The cost of the structure was \$200,000.

Eight former pastors were present for the weekend services and took part in the dedicatory ceremonies. A baptism and a musical program opened the weekend. Theodore Carcich, retired General Conference vice-president, taught the Sabbath School lesson, and NPUC President Max Torkelsen spoke during the morning worship services.

Referring to the experience of Elijah at Mount Carmel in rebuilding altars, Elder Torkelsen noted that "the fire and power of God does not fall on altars that are in disrepair."

"We need to look into our own lives, seeking out the loose and scattered stones and build up our altars," he continued. "Only then will we be ready to receive God's power."

Richard Fearing, president of the Upper Columbia Conference, presented the afternoon dedicatory sermon, and the pastor, Wayne Byers, led out in the act of dedication.

The Farmington church has a history reaching back 93 years. In April 1882, Elder A. T. Jones purchased two lots in

Farmington for his home. He began holding meetings in the local schoolhouse. With the addition of members work began on a church.

The deed for the original church property was dated Aug. 15, 1884, and was signed by J. N. Loughborough, president of the Upper Columbia Conference in the Washington Territory.

This fertile area of eastern Washington, in what is known as the Palouse Hills, was settled by German immigrants. Many of these joined the church and the congregation functioned with both German and English services.

In 1893 a German-language church school began, with Karl Kunkle as the teacher. The English counterpart opened in 1910 with some 35 students attending. For some years no school was held, but in 1947 the school was reestablished and since then has been continuous.

Before 1918 members built an addition on the south side of the original church for a schoolroom. Twenty-two years later this church was torn down and a new church built on the same location. This was dedicated on May 3, 1941.

The interest in education continued, and in 1950, logs from members' woodlots were cut and planed into lumber for a school auditorium. The 48x80 ft. structure has two levels, the lower one housing the two schoolrooms, the Dorcas room and the kitchen. The upper level provides ample space for an auditorium.

Members felt the need for a new church. With the acquisition of lots across the street south of the original church, plans went ahead for a new sanctuary. Groundbreaking ceremonies were held May 29, 1974, and members moved into the new church Jan. 4, 1975.

Linda Schoepflin in her Sabbath School secretary's report vividly depicted changes in the American econ-



Farmington Church



Former pastors present for the dedication services included: (left to right) Merle Smith, Brent Border, Reinhold Patzer, Lyman Shaw, Douglas Horton and J. Norvill Brown.



Host pastor Wayne Byers (right) checks over the program with UCC President Richard D. Fearing.

omy. Reading from the report of May 9, 1925, she noted the church had a membership of 54. The offering that Sabbath was \$6.29 plus 30 cents for the birthday offering. The offerings for the quarter totaled \$81.

The new Farmington church, carefully constructed with loving care, will continue to be a lighthouse for truth in eastern Washington.

CVJA Is Dedicated

Central Valley Junior Academy at Wapato, Wash., was dedicated debt-free on Sabbath, May 7. The facility was purchased just two years ago by the Wapato, Toppenish and Granger churches from the Wapato Catholic Parish at a cost of \$324,000.

Representing the Upper Columbia Conference at the day-long "service of thanksgiving" were James Davis, UCC education superintendent, and Clarence Gruesbeck, conference executive secretary. Elder Davis led in a discussion of the Sabbath School lesson and offered the prayer of dedication. Elder Gruesbeck gave the morning sermon, "Axheads Do Float," in which he paralleled the miracles which attended the establishment of the schools of the prophets with those which were evidenced in the purchase of CVJA's modern facility.

Lee Roy Holmes, former pastor of the Wapato-Toppenish district and now pastor of the Stateline church, returned to give the dedicatory address. Entitled "Rediscovering Our Objectives," his remarks emphasized the need to "reassess and reaffirm our commitment to the purposes for which our schools were established."

A historical sketch of the former

Yakima Valley Academy was given by Lloyd Cowin of Granger. Edith Haley reviewed the history of the Toppenish school, where she and her husband had taught for 14 years. Ervin Weijohn traced the development and operation of the Wapato school from its founding until its sale to the Yakima Indian Agency last year.

The three schools were sold for a total of \$115,000, and the Upper Columbia Conference contributed approximately \$65,000. This left \$144,000 for the Wapato, Toppenish and Granger churches to raise. The three small churches, with an active membership of less than 300, lifted the indebtedness in two years. Many accounts of the Lord's blessing and sacrificial efforts of the members have been related.

The new facility includes eight large classrooms, gymnasium, well-equipped kitchen, paved and lighted parking area for 70 cars and a seven-acre landscaped campus. The three churches have already voted to purchase 23 acres of adjoining farmland, which they have held under a lease option, for use in teaching agricultural classes.

The staff consists of Ray Cummings, principal and teacher for grades 7-9; Sharon Waymire, grades 5-6; and Edith Haley, grades 1-4. Archie Devitt teaches music; Mel Peterson is bus driver and custodian. About 50 students are currently enrolled.

'Rock 'n Roll Jamboree'

Students from Rogers and Stateline elementary schools and Walla Walla Valley Academy cheered Whitman Manor residents and at the same time helped raise money for the annual Heart Fund drive.

Each student chose a "Grandpa" or "Grandma" for an afternoon and encouraged him or her to walk, rock in a rocking chair or wheel in a wheelchair for as long as the participant chose. Sponsors donated money to the Heart

Fund for each hour that the elderly people continued.

Billed as a "Rock 'n Roll Jamboree" and set in Garrison Junior High gymnasium, 13 Whitman Manor residents walked, rocked and wheeled long enough to raise over \$300 for the campaign.

Approximately 45 residents from Walla Walla area nursing homes had a part in the campaign and raised almost \$1,000 for the Heart Fund.



SMALLEST PATHFINDER. You might have had to look twice to see her, but she was there at the unionwide Pathfinder Fair on May 1 at College Place, Wash. Kaniesta Ehrlich may be tiny, but her enthusiasm for Pathfinders is great. No staying at home with a baby-sitter for her. Eight-month-old Kaniesta goes right along with mother and daddy to each Pathfinder meet in her full uniform (even to regulation black shoes). Parents Joan and Paul have been leaders of the Yakima Pathfinder Club for two years.



Elva Nelson, 90, first teacher at the Toppenish school when it was founded, came to view the new CVJA facility.



Central Valley Junior Academy, Wapato, Wash.

WASHINGTON

Olympia Church Update

During winter and spring the Olympia church conducted a full health activities schedule. The comprehensive program began with health hazard evaluation testing, a health profile which gave 72 participants their "health age" as determined by tests of weight, blood pressure, pulmonary function and blood testing. Dr. Loren Cooper, Chehalis, supervised the program.

In February over 25 participated in a stop-smoking clinic. A weight control clinic, attended by some 60 people, was presented by Harri Harris, dietitian.

Around 100 attended a vegetarian cooking school in March. A nutrition lecture, food samples and demonstrations, a nutrition-related movie and an

exercise session comprised each of the four evenings of the session.

The total health program included a session on cardiopulmonary resuscitation presented by Tomi Glenn, R.N.

Olympia members participating in the health programs report having found new areas for growth as well as new avenues for witnessing.

Ballard's Mothers' Day

The Ballard Sabbath School said it with flowers and tributes to their mothers on Sabbath, May 7.

Mrs. Viola Mohr remembered her mother teaching her fairness and honesty. Said Mrs. Mohr, "When she promised me something I got it, whether it was a 'fun' thing or a licking."

Pastor Gregory Ziegler told of his early interest in photography and of how his mother wanted to buy him a good camera. He knew the sacrifice it would mean, he said, but her words won him over: "Son, long after I am gone the pictures you take will win souls for Christ. Would you deny me this privilege?" He has taken thousands of pictures, he said, in his Christian work.

Mrs. Emma Grossbeck and Mrs. Debbie Nepstad, the eldest and youngest mothers, were honored.

Auburn News Note

● Joel L. Tompkins, president of the New Jersey Conference, conducted the spring week of prayer at AAA.

OREGON

Astronomy Club Meets

The recently organized SDA astronomy club, Alpha Beta Delta, held its first outing at Clarno in eastern Oregon the weekend of Apr. 16 for star observation.

A group of 20 members and friends met at Shelton Park Friday evening near Fossil, Ore.

After Sabbath School and worship services were held the group toured the Hancock fossil area and OMSI's facilities, then visited the fossil beds at the town of Fossil where many varieties of leaf prints were found.

Telescopes were set up Saturday evening for observation of stars, planets, galaxies, nebulae and other wonders of the sky. The planet Saturn was the outstanding show of the evening with its rings clearly visible through the

several telescopes available for viewing.

The club provides an opportunity for members to learn more about God and His universe by the study of astronomy and the Bible and through celestial observations.

Regular meetings, field trips for viewing and monthly newsletters are provided for members. Individuals interested in participating in club activities and enjoying the benefits of club membership may write to Wilma Tuttle, 3505 S.W. 182nd, Aloha, OR 97006, or telephone (503) 649-4277. July's meeting will be held at the Gladstone Campground Saturday evening, July 16, at 9 p.m. during camp meeting. The meeting place will be posted on the campground bulletin board.

Spanish Witnessing

When Frances Gonzalez and her husband joined the Spanish Seventh-day Adventist church a member of her family remarked that he would give her and her husband exactly one year to remain members of such a church. Frances and her family have been members of the church for more than a year.

Frances was asked recently how she felt about the church and her experience as a member. "I haven't tired of attending every Sabbath," she replied. "I enjoy every moment of it. I don't seem to get enough of my church and messages it proclaims. I seem to want more and more and more."

The Gonzalez family now serves the church by witnessing to friends and relatives. Today there are seven people who meet at their home for weekly Bible study, and Frances herself is launching out on her own on other weekdays to

give Bible studies to friends and acquaintances.

Frances is one of the many active members of the Woodburn Spanish Seventh-day Adventist Church. Many other members are active in reaching out, searching and finding others with whom they can share the news of Jesus Christ.

Applying the "Phil Dunham" approach (Elder Dunham is Oregon Conference lay activities director), the members visited literally every Spanish home in Woodburn, Dividing into groups as is done at Ingathering time, each group was assigned to a zone. With the aid of the Community Survey Sheet and "Four Spiritual Facts" tracts, they introduced themselves, entered many homes and initiated 20 Bible studies.

Eman Collins, Spanish pastor in the Upper Columbia Conference, conducted evangelistic meetings last winter and 17 persons were baptized.

The same family that told Mrs. Gonzalez that she and her family would not remain in the church came one day to her and asked for her assistance in a very difficult situation. For the first time in years they accepted prayer in their home and they are attending church services, the church has reported.

Outdoor Survival Studied

What's it like to subsist on meals composed of edible wild herbs? If you found yourself stranded in a forest with only a compass and a jackknife, how would you use them to protect yourself from the elements and eventually find your way to safety?

Techniques designed to cope with these and other problems were studied in detail by 40 6th grade students from



Woodburn Spanish Church

Portland Adventist Elementary School in April during a week-long outdoor school at Silver Falls State Park east of Salem, Ore.

Guiding the program were the two regular teachers, Mrs. Beverly Russell and Mrs. Eleanor Nelson, and physical education teacher Gary Force. Two key personnel recruited for the classes were Mrs. Don Kirkman of Auburn, Wash., who has had extensive experience in teaching nature classes, and Terry Bolton, a Walla Walla College senior and former Taskforce worker for Pathfinder clubs in the Oregon Conference.

One of Mrs. Kirkman's first class assignments was a mud walk. This called for children to wear old shoes and jeans and wade into a shallow swamp to experience a new environment. They tested the water temperature, took samples of water and sedimentary material for closer examination and conducted other assignments. Although somewhat fearful and negative to the idea at first, most of the children found the experience something they wanted repeated and found that their preconceived ideas that

such a project was distasteful need not have been valid, Mrs. Russell explained.

A problem with the water supply on the first evening forced the school to move to different quarters the second day. But through this problem the children learned that survival techniques often mean being flexible, Mrs. Russell noted. "There was no fuss and the children maintained a positive attitude," she said.

Dallas Dull, McMinnville church pastor, guided the students in such campcraft techniques as choosing and using correct camping tools, finding fuel, fire building and preparing dinners.

Another class emphasized the use of a compass and cross-country hiking through previously laid courses led by Mrs. Kirkman and Terry Bolton. Gary Force designed an obstacle course which the students learned to negotiate.

Although they did not expect enjoyable results, the children learned to identify a large variety of edible plants and were required to prepare their own meal from what they could forage. "They all seemed to enjoy these foods and they had plenty to eat," Mrs. Russell recalled.

Prior to the final night's episode certain foods were prepared with these plants and added to the regular diet. Among them were such delicacies as elderberry blossom fritters, bracken fern tips with cheese sauce and a salad composed of waterleaf, candy flower, oxalis, bedstraw, spring beauty and yellow violet.

A representative from the Oregon Museum of Science and Industry in Portland presented a class in first aid and survival techniques.

More than classwork, the experience

also had a spiritual emphasis. Portland Adventist Academy students who served as counselors contributed to devotions of the children and regular worship services were held each morning and evening.

Looking back at the week, Mrs. Russell said that the staff is looking forward to conducting similar classes again next year but with less emphasis on survival techniques and more on preparation of shelters and wilderness foods.

As an example of enthusiastic parent reaction to the course, she quoted one child's father, a dentist, as saying, "I learned something from my kid about techniques and wild foods."

Puget Island Progress

Construction of the new Puget Island church took a giant step forward on Apr. 17, a step that gave the 24-member church a new life for their project.

Since breaking ground for the church on Aug. 8, 1976, progress had been slow. Members had excavated and contracted the foundation and basement



The Puget Island church goes up.

cement work. The basement partitions were set, the floor joists and subflooring were placed and the basement windows were set.

On Apr. 16 the brother of the building committee chairman and four of his friends arrived from Sequim, where they had recently completed their new church, and offered to help for one day



LAURELWOOD IMPROVEMENT. New wiring is installed in renovated boys' dormitory rooms at Laurelwood Adventist Academy by volunteer workers W. R. Watson, Roger Watson and George Irwin.



Diane Enslow, Instructor Bolton: Some pointers on reading the compass



PAES students Carolyn Hessong, Joseph Duong and Diane Enslow wield the carving knife.

on the Puget Island church.

"And help they did!" remarked Pastor Randy Hesgard. "All the men are builders. They joined our 10 men, and with the strength and protection of the Lord the upper level of the church was born."

The next day the men gathered in the fog to begin work. By 9 a.m., when the sun broke through the fog, the wall facing the highway had been erected. Working on through the day, they succeeded in constructing and erecting all the exterior and interior walls and covering the exterior with sheeting.

The new church is designed to seat over 100 persons in the sanctuary and will provide adequate Sabbath School facilities for each division. Estimated building cost is less than \$85,000. It is located on Puget Island, which is in the Columbia River near Cathlamet, Wash.

Needlepoint Donated To Tabernacle Church

For two years and eight months James Shanks, now 82, worked in his home stitching his last masterpiece. Friends came and went, admiring his work. Among them was the wife of his church pastor, Gerry Fisher of the Tabernacle church in Portland, Ore.

When Mrs. Fisher saw the work in its nearly finished state she commented that it would be an excellent contribution to the church, where it could be hung and enjoyed by hundreds of people who come and go each week.

So on Sabbath prior to Easter, Mr. Shanks unveiled his latest art piece, a needlepoint rendition of *The Last Supper*.

Containing more than a million stitches, the art piece is 69 inches long

and 24 inches wide. All areas with flesh tones are done in petitpoint, a smaller stitch than regular needlepoint, using a finer thread than the regular wool of which the remainder of the scene is composed.

An Adventist since 1935 and a Scotsman by birth, Shanks began needlepoint while working as a prison guard. But he depends on the land of his birth for the thread, of which he has thousands of hews. He has produced scores of needlepoint pieces but has given away all but 20.

The piece contributed to the church was valued at about \$7,400 by a local jeweler. It will be mounted in a special case in the church foyer, said Elder Fisher.

Made at the suggestion of his wife, the needlepoint was produced from a picture postcard to which he referred for each color. Many times when the colors didn't seem to match, Shanks would take out a section and restitch it with a more appropriate color.

Because of his interest in Bible scenes, Shanks is now working on a Gethsemane scene.

PAA Utilizes Library-Classroom Addition

Since late 1976, students at Portland Adventist Academy have enjoyed an expanded media center and two new classrooms. With several months of construction, noise and confusion in the past, Edward Norton, Portland Adventist Academy principal, and Mrs. Andrea Furber, media specialist, agree that "It's hard to imagine the limitations that existed before."

"Now that the library is finished, I

want it to be a place with materials to serve each student by filling his recreational and leisure-time multimedia needs as well as those related to class assignments and demands," announced Mrs. Furber.

The addition includes a Bible classroom and an all-purpose room as well as extra library space. Being more than twice the size of the original, this library has 1) a formal study area with research books, study carrels, a microfilm reader and reference files; 2) an informal reading area housing the circulation desk, all periodical material and cushioned furniture for leisure reading; 3) a conference area with chalkboards and long table for small meetings; 4) a small typing room



PAA's new library

soundproofed by carpeted walls; 5) a storage area for audio-visual equipment.

"The new library puts you into a better mood to study because it's bright and new," said Sue Janke, sophomore.

Stained-glass windows and carpet in the Bible classroom promote reverence and lend a spiritual atmosphere to Bible classes. The new plan also includes adequate counseling facilities. The Bible teachers' offices are designed so readers may work in the front part of the office at the same time the teacher privately counsels in the rear office.



GLENDOVEER BAPTISM. Recently baptized were Portland Adventist Academy students Merlin Dickman, Karen Casen, Joanne Bauer, Cheryl Nichol and Bill Richard. At right is Glen Greenwalt, Portland area youth pastor.



James Shanks: More than a million stitches

Luggage Contents

F. W. Bieber

Montavilla Church in Action

Armed with a special issue of *Signs of the Times* and a handful of business-reply cards featuring the free services the church is offering in its community during 1977, an estimated 75 to 80 members of the Montavilla church began going door to door last month in a campaign to take the gospel of Jesus Christ to the church's immediate world of approximately 11,000 homes.

Bill Osborn and his wife, Ruthan, are two laymen who are coordinating the outreach with the help of some 30 group leaders, says Mike Jones, Montavilla pastor. "The impact of our laymen getting involved for Christ has been wonderful," says Jones, who noted the church growth in recent months has necessitated a move to two worship services.

Community services Montavilla is offering include Five-Day Plans to Stop Smoking, child management seminars, vegetarian cooking classes, marriage enrichment seminars, free Bible studies, Revelation Seminars and a choice of one of four books.

"We are emphasizing two points," says Jones. "One is to take the gospel to every area where our members live

In a recent automobile accident my wife's sister was instantly killed. Upon examination of her suitcase the following items were discovered: her Bible, and within its covers, a Sabbath School Lesson Quarterly, the previous Sabbath's church bulletin, and a tithe envelope.

This is a rather significant list of important materials for a traveler to have in the suitcase. The Bible means so much to the Christian. Whether traveling or being at home, it cannot be neglected. This Book of books contains precious promises that apply both in life and in death. How it saddens me to hear Seventh-day Adventists argue over the fine



F. W. Bieber

points of this wonderful Book when it is intended to be a book to be loved and cherished and shared. It must have first place in the abundance of reading materials available.

The Sabbath School Lesson Quarterly is a guide for systematic Bible study. It is a blessing to the thousands of Seventh-day Adventists who use it every day for their Bible study. Most certainly it is symbolic of habitual Bible study in whatever form that Bible study may be.

The church bulletin stands for so much. It is suggestive of the Christian's daily experience. How the true Seventh-day Adventist loves his church with all of its activities! Barely is the Sabbath over and we already look forward to the next Sabbath. The genuine Seventh-day Adventist lives daily in anticipation of the blessings that come with the next Sabbath. How much people lose when they deny themselves this blessed privilege!

The genuine Seventh-day Adventist does not waste his time in tearing down the church. The genuine Seventh-day Adventist constantly seeks for ways in which he can help to build up his church. In my opinion more Seventh-day Adventists will be barred from entering the pearly gates because of their critical attitude than from any other one thing. In fact, a critical spirit threatens to encompass just about everything the church

stands for. Some are critical of their local church brethren, local church leadership, local conference, union conference and General Conference leadership. Some can see nothing in their brethren but their eating habits, and if these do not strictly conform to their own they are doomed. Who has appointed such to be judge over the rest of us?

People who could otherwise make a real contribution to the welfare of the church waste their substance in riotous criticism. And, like the prodigal, they literally starve themselves spiritually by this way of life. Hopefully, like the prodigal they will come to their senses and return to the better way of life. But like the prodigal, even if they do return they do so after having become undernourished and with the recognition that they have wasted their spiritual heritage by idle gossip and criticism. Husks of criticism are not very fattening. The church bulletin, however poorly printed it might be, stands for the church at its best. I love the church. Did not Christ say, "Upon this rock [referring to Himself] I will build my church?" Tear down the church and you deny Christ. Build up the church and you glorify Christ.

Another important part of the luggage contents was the tithe envelope. The tithe envelope is symbolic of worship in its highest form. We use it to express our love and adoration for Christ. We use it to return to God the portion of our income which rightfully belongs to God. But more than that, we use it to express our desire to see our Lord return to make an end of sorrow, pain and death. Thus we give liberally to support all phases of God's program.

We feel good all over when we have helped in a worthy cause. I would much rather give to some suffering individual than be that suffering individual and be the recipient of the gift. It is more blessed to give than receive. More and more of our people are sharing their means with God while they are still among the living. A part of our love for the church is expressed by how well we use the tithe envelope.

Frieda loved her Bible, the study of the Bible; she loved her church. She served her large church as head deaconess for 20 years. She loved the membership of the church, ever being on the lookout for someone in need of physical or spiritual help. In doing so she expressed her sincere love for Christ, for "Inasmuch as ye have done it unto one of the least of these . . . ye have done it unto me," stated the Lord. She supported her church with her means. In doing so she surely helped spread the good news of a returning Christ. In my opinion there will be an abundant entrance into the kingdom for such.

What does your luggage contain?



Bill Osborn (center) with Montavilla witnessing group

through the sponsorship of *Signs* to their immediate neighbors.

"The second is to make at least two friendly contacts with every home in the Montavilla world during 1977. Already the business-reply cards are being returned and our members are following up each request for our services. Since we believe that Jesus is returning soon, we decided to conduct ourselves accordingly," he added.



AFTER 32 YEARS. Visiting Payette in May were Elder and Mrs. R. E. Adams. They served the Payette congregation 32 years ago. Now residents of Warsaw, Va., they have served 12 years as missionaries in South America.

MONTANA

Witnessing Training

The Miles City church was involved in a witnessing training seminar during May under the direction of Elder John Bridges.

Contacts were made initially with parties who had received subscriptions

to *Signs of the Times*. After an hour of making contacts, seminar members met to share encouraging reports on the friendliness of their neighbors and appointments made for Bible studies. Church members are eager to follow through on study appointments in preparation for an evangelistic series in the fall.

Montana ABC Completes Spring Visitations

The Montana Adventist Book Center has completed its most successful spring visitation of churches within the Montana Conference in the three-year history of this program, according to manager Ed Lindsay. He said that while this program was established with the hope of better serving the scattered constituents throughout the State of Montana with book, record and food items, he had not envisioned such enthusiastic response by the members throughout the state. Some had to make special work arrangements to be present, Lindsay related, while others came out in less than ideal weather conditions.

The totally mobile display allows the ABC to visit as many as three church

groups during one day. This year's program visited 26 of the 41 organized churches and companies in the conference during a two-week period. Lindsay stated that he wished to express his thanks to Montana members for their support of this program throughout the conference.



MEA BENEFIT. A scene from "Twelve Angry Men," Mount Ellis Academy senior class benefit play.

MONTANA CONFERENCE CAMP MEETING July 8-16, 1977

SPEAKERS:



J. W. Lehman



Royce Williams



E. E. Duncan



Ron Graybill



Ron M. Wisbey



Gary B. Patterson

J. W. Lehman, Pastor
Campus Hill Church
Loma Linda, Calif.

H. M. S. Richards, Jr.
Del Delker
Voice of Prophecy

Royce Williams
It Is Written

E. E. Duncan
Faith for Today

Ron Graybill
E. G. White Estate

Dr. Clifford Sorensen
Walla Walla College

M. C. Torkelsen
North Pacific Union

Drs. B. E. Baldwin &
Marjorie V. Baldwin
Loma Linda School of Health

Elder and Mrs. Ken Smith
Missionaries from New Guinea

Ron W. Wisbey
Montana Conference

Gary B. Patterson
Montana Conference

Burt Pooley
Montana Conference

Arthur Lickey
North Pacific Union

The Messengers
Walla Walla College

The Sojourners
Portland, Ore.

15 Years to the Church

Mrs. John Aitken

It's been 15 years since Mr. and Mrs. Charles Lambrecht first became acquainted with the Seventh-day Adventist church, but as members of the Butte, Mont., church today, they say they've never been happier.

Chuck and Hilde Lambrecht were both reared in Catholic families. As an adventurous girl of 20, Hilde left her native Germany and came to Montana to live with an aunt. Her marriage to Charles Lambrecht shared a common bond—their church. The young couple never missed a Sunday mass and high days were special.

As the children came along, Hilde became disillusioned with her religion. Usually quiet and soft-spoken, she became more frustrated each week and very vocal following mass. "I thought all that ritual would drive me out of my mind," she said, "and finally I could see no practical sense in it." Her husband, however, couldn't understand her attitude. Religion, though ritualistic, had always been an integral part of his life.

The family, now with two small children, moved to Butte in 1960. Their son quickly made friends with the youngster down the street, Carlton Moore, the son of a Seventh-day Adventist minister. The family became curious about Adventists and their beliefs.

A neighbor lady across the street had recently joined this unusual church, and Hilde did not hesitate to ask her questions. Then disaster struck the little family. They learned that their 3-year-old daughter had cancer. The kind minister stopped by and prayed for Bambi.

Chuck remembers vividly when

Bambi died. The Adventist neighbors tried to comfort the family, but Chuck wanted to close them out. He couldn't understand their version of heaven. He wanted to think his small child was in heaven now.

A magazine, *Signs of the Times*, soon began appearing in their mailbox each month. To the searching Hilde the articles made sense. The years ticked by. Then other things started going wrong. Chuck says, "We just couldn't get ahead financially—constantly in debt to doctors and hospitals. Everything I tackled seemed to go wrong." Tragedy struck again. In July 1966, exactly four years after Bambi had died, another child blessed their home, but at three days of age little Melissa died.

Hilde started to read her Bible in earnest. By this time the Adventist neighbors had moved away, but Hilde felt a strong conviction to be baptized. She quit attending mass with the family, over her husband's strong objections.

They heard of a young evangelist having revival meetings at the Ad-



The Charles Lambrecht family

ventist church. They attended, and at the end of the week Hilde decided to be baptized by immersion. Chuck followed her example, mostly to please her. It wasn't until later that they realized they had been baptized into another faith. The group had rented the Adventist church for a week's series of meetings!

But Hilde decided to go to the Adventist church each week. Hesitant Chuck followed. It couldn't do any harm, he supposed. In the summer of 1973 Hilde began taking Bible studies from the pastor. She presented her husband with a copy of *The Living Bible*, hoping he would begin reading. He finally decided to sit in on the studies. Fascinated, he began enjoying the learning experience.

In late 1974 a sermon on tithing was presented. Chuck didn't see how he could afford to pay tithe but decided they would try. Smiling, he says, "Ever since I began tithing I have had so many blessings, and I feel that God has put His arms around us."

The family attended a Theater of the Universe series in early 1975. "Everything seemed to fit into place," Chuck comments. Then Hilde made her decision to join the church in May 1975. Chuck told the pastor, "I'll come to you when I'm ready."

John Aitken, pastor of the Butte church, says, "I knew, however, that Chuck was pretty committed. He even served on a planning board for evangelistic outreach in early 1976 and showed much enthusiasm in making the program a success."

Chuck did make his decision and approached Pastor Aitken. On Dec. 17, 1976, Charles Lambrecht became a member of the church.

No, Chuck and Hilde Lambrecht didn't decide to become Seventh-day Adventists overnight, but the Lord's guiding in their lives can be seen in many wondrous ways.

Hamilton News Note

● The church board of Hamilton, Mont., recently met and unanimously voted to begin building a new church because of the lack of adequate space in the present building. The new church building will be located just out of Hamilton where the Adventist school was recently built. The five acres will be more than adequate for both buildings, according to Pastor R. W. Knapp. Plans include the sale of the current church building.

Change of Address

When your address is about to change, notify the GLEANER at P.O. Box 397, College Place, WA 99324. Send your old address label and your new address at least four weeks in advance.

GENERAL NEWS

Walla Walla General Hospital Sets Opening

The grand opening for the new Walla Walla General Hospital is scheduled for Sunday, July 10, at 1:30 p.m., according to Ronald L. Sackett, hospital administrator.

Culminating eight years of effort, the ceremony will take place at the hospital's main entrance at 1025 S. Second Ave. in Walla Walla.

Sackett will welcome the guests to the function, followed by the invocation which will be given by Herbert H. Friese, a Walla Walla attorney who

headed the fund drive for the new facility.

Mardian J. Blair, chairman of the WWGH board of trustees, will present a history of the hospital project and will then be joined by Sackett in the introduction of the other program participants.

Richard D. Fearing, president of the Upper Columbia Conference and vice-chairman, WWGH board of trustees, will speak on the hospital's commitment to service.

Fearing will be followed by the principal speaker of the day, Ray L. Pelton,

associate director of the General Conference Department of Health.

After Pelton's address Harold "Nig" Gradwohl, mayor of Walla Walla, will make some remarks, followed by the prayer of dedication by Fred R. Bennett, Ph.D., a Walla Walla College professor who served on the hospital building committee and currently serves on the board of trustees.

Presentation of a commemorative plaque will be made by Phillip R. Balsiger and Ronald Shewbridge, both representing the architectural firm for the building, Balsiger, Petersen, Shewbridge & Associates of Wilsonville, Ore.

The keys to the hospital will be presented by Carl Campbell, president of Campbell Homes, Inc., the contracting agent for the construction of the facility.

Fred B. Moore, Jr., M.D., hospital chief of staff, will preside over the cutting of the ribbon.

Tours for the public will be conducted following the ribbon-cutting.

Philosda Has Spring Mini-Camp Meeting

As a single adult where do you go for Adventist Christian companionship? If you have children, are there other single adults with children with whom you can share your problems and find common answers? What do other singles do with their spare time?

These and other questions were explored by members who attended the Philosda Mini-Camp Meeting Apr. 22 and 23 at the Oregon Conference Gladstone Campground. Nearly 200 persons gathered for the event, including International Philosda Club President Floyd Miller, Baltimore, Md.

Featured speaker for the weekend was Noel Gardner, a ministerial intern student at Andrews University. Gardner pointed out that neither being single nor married is the answer to happiness in one's life, but rather a complete relationship with the Holy Spirit.

New Package Design For Loma Linda Foods

Consumers across the country are seeing a change in the appearance of Loma Linda Foods.

All cans of vegetable protein products, as well as boxes in the recently introduced frozen food line, now carry a new logo which depicts an old-fashioned farm scene. It is designed to convey the wholesome, natural way of life to which Loma Linda Foods is committed, according to marketing director W. Robert Daum.

Accompanying the new logo is a complete redesign of labels on nearly all Loma Linda canned products. The new look is expected to aid product visibility among competitive products and product identification within the Loma Linda line. "Our new labels have different background colors for each product group," Daum says.

"We feel that it is our primary responsibility to produce foods that are both healthful and economical," says Daum. "We plan to continue our policy of aggressive research to meet consumer needs while at the same time increasing our marketing effort in order to reach both our church public and the general consumer market."

The Church Board

Note: The following report of a church board meeting was taken from "The Hoodview-er," monthly newsletter of the Hood View church, Boring, Ore. Editor is Glenna Mote.

To the church which is at Hood View, Greetings and Salutations. And it came to pass that when the elders and brethren had gathered together in solemn assembly, they read from the Scriptures and prayed.

And the clerk, Ruth Pestes, did speak and saith, "Many hath been added to the church that is at Hood View, and presently, that company doth number 499 souls."

And straightway the elders began to

discuss among themselves the plan to have two preaching services each Sabbath day.

And some saith one thing and some saith another, and many there were who liked not this plan.

Then Howard Radke lifted up his voice and saith unto them, "Some of our company doth leave after Sabbath School, and they are angered because there are not seats found for them, and they are wearied of the crush and press of much people."

And another elder saith, "We like not this plan, but we know not what else to do." Therefore the assembly hath voted that an early assembly of the congregation shall meet at the hour of 8:15 a.m., beginning on the Sabbath of February 19.

Then appeared before the elders one Lynn Creitz, who doth report on the Hood View school. And he saith, "The debt which is so great hath now been reduced to 49,000 shekels and presently, we hope, there shall be an audit. There is at this time a company of persons who doth reason together to prepare some laws and bylaws for the Home and School organization. Now that a new chariot hath been purchased, a new route hath been added to include the town of Estacada. The personnel committee doth also reason together at this present time, to furnish teachers for the next school year. And it shall come to pass that soon there shall be laws concerning the use of the school gym, and each church shall be required to

Ranchi Nursing School

W. H. Mattison

Ranchi is located in one of the envied places of northern India. The climate here is pleasant all year round. Our hospital at Ranchi is also one of the most active institutions in the division. No appropriation is required for general operation because of the efficient management and operation of the hospital under Dr. C. K. George, and that is unusual in a mission field such as India.

A medical college close by makes specialized instruction possible for nurses. The community has considerable industrial and commercial activity to make sufficient income at the same time. The rural area is one of tribal people who need a great deal of medical attention, and in 1976 over Rs.55,000 in charity was given by the hospital.

The 14,565 outpatients and 2,596 inpatients make it possible to supply plenty of work for nurses in training. In 1977 this outpatient load is to be greatly increased, and facilities recently added will double the inpatients. Over 1,534 operations were performed in 1976.

Another reason why Ranchi is an ideal location for a school of nursing is that evangelistic possibilities are so bright in the area, especially among the tribals. These semi-hill people are a landed and fiercely independent people who make excellent Adventists. The hospital supports the evangelistic activities of the local church and section (conference) with funds and personnel in holding one or two evangelistic campaigns a year.

The government also is interested in a nursing school here and is willing to appropriate a considerable sum to get it started. They awarded over Rs.100,000 last year to Dr. Lizzy George, wife of the medical director, for her rural public health work. Her name appeared in the papers as a person whose example government workers might emulate.

So, when you give on 13th Sabbath in June for this project in Ranchi, you are giving to a going concern which will add its local means to your help. What else but success can be expected when this is the spirit!

render unto the school a certain sum as a deposit against its use. And it shall be that if the gym is misused, that sum shall be forfeited." And Lynn Creitz made an end to speaking and sat down.

Then standeth Dan Edge before them, to impart to them the ways and sayings of that band which doth work upon the plans of the building of the church. And he doth show to them two plans for the third building. And he saith, "If it shall be that we shall begin to build the third building, in the third month, and if the Lord shall bless in the building, peradventure it shall be finished in the autumn of the year."

And Ruth Pestes raiseth a question. "What shall be done with the shack?" Some saith that we shall build around it. Another saith, "Verily it shall be in the front courtyard of the third building." And one of the elders, Neil Pestes by name, doth propose "posies shall be planted around about it." Then the assembly did vote that on the 20th day of the second month, which is February, 6 o'clock at eventide there shall be a business meeting. And a great multitude of the people of the congregation of Hood View shall verily decide upon one plan. Then it shall be that the elders of the church shall present this to the brethren that be at Oregon Adventist headquarters. If these men of God agree, then shall the plans pass to the apostles at the union conference, and if it shall come to pass that they shall approve, beloved, our loan from the money changers shall verily be co-signed.

An accusation was made, by the brethren, of Joan, wife of Mardian Blair, who hath been guilty, they saith, of seconding her own motion, to expedite matters. Accusation albeit with merri-ment.

It also came to pass that the physician, Schafer, also wishing to hasten the progress of the meeting, doth often remind the assembly of the number which cometh next on the agenda. And, thus he saith, "Number 6," "Number 7 next," "Now let's get on to Number 8." And someone did recall the former assistant shepherd of the flock, David Schmidt and his wife, Donna. And the assembly agreed that their names shall not be removed from the Hood View membership scrolls and their membership shall not be changed, so that they must needs return to Hood View when they shall return from Andrews School of the Prophets.

Peace be unto you all.

The Scribe of Hood View

General Conference News

Of Hospital and Satellites. As population increases, so does the need for medical care, and Adventist organizations study ways in which they can effectively provide Christian health care through additional facilities. With this in mind the General Conference (GC) has taken action that proposals for new hospitals receive careful study by the Board of Health-Care Services at the GC. Of primary importance is the ability of the new facility to find staffing by Seventh-day Adventist personnel. A satellite hospital—one being established by an existing Adventist hospital—should have Adventist staffing equal to or higher than the percentage of Adventists on the staff of the parent institution, according to the recent action.

World Exposition—1981. World headquarters has appointed an *ad hoc* committee to study the feasibility of participation in the anticipated 1981 World Exposition, currently planned for Ontario, Calif. At present the location of the exposition is not finally established. Should it be held in Ontario, as proposed, the General Conference, the Loma Linda facilities, the Radio, Television and Film Center and the Pacific Union may work cooperatively in the preparation of an exhibit at the exposition.

Nurse Data Bank. Because of the great demand for Adventist nurses in the church's hospitals, approval has been given to the establishment of a nurse data bank. The Adventist Hospital Association and the North American Division are sharing equally in providing a fund of \$5,710 to set up the service. Nurses now in the employ of public hospitals may contact the association at the General Conference if they wish to be included in the bank.

Shorter General Conference Session—1980. The General Conference Session in 1980 will be briefer than in past years, running from the evening of Apr. 20 to the evening of the 26th. Location will be the Convention Hall in Dallas, Tex., with business and evening meetings scheduled for the arena during the week, and the large auditorium occupied for the Friday evening and Sabbath services. This means there will be only one weekend for the session. The large hall seats around 25,000; the arena, around 11,000. Committees are already at work planning details, which will be reported as the time draws nearer.

Home and Family Counseling. Thousands have enjoyed and profited by the presentations of Dr. and Mrs. Delmer W. Holbrook as they have visited camp meetings and other gatherings and discussed the foundations of Christian family life. Now this special service provided by the General Conference is being expanded.

To the present time Home and Family Service has been limited to the members in the North American Division. Now it is reaching out into other divisions of the church. The service has developed its materials to the point where this is possible. In an era when family ties are falling away and the home stands on the brink of disaster, it is the responsibility of the church to make a strong contribution to this bulwark of Christian living, and recent action by the General Conference brings life to this responsibility.

Student Center in Guadalajara. For many years Seventh-day Adventist young people seeking to enter the medical profession have enrolled at the University of Guadalajara, because Loma Linda University could not accommodate everyone who sought such training. As this is not a Seventh-day Adventist university, the young people found themselves pretty much on their own so far as their relationship to the church was concerned. And some have slipped away from the Adventist fellowship.

Now plans are in operation to help remedy this situation, to make possible continuing fellowship with those of like faith while students are studying in an otherwise secular atmosphere. An Adventist student center has received General Conference and Inter-American Division approval and is under construction at Guadalajara. A pastor will be assigned to this center to help provide spiritual food for the students. Parents may know that their young people are no longer alone when they begin their studies at this non-Adventist university.

Dental Clinic Under Construction. Last year was the first year of the new medical school in Mexico—at Montemorelos. It was a good year. But now something new is being added.

North American Seventh-day Adventist Dentists, a laymen's organization, is erecting a dental clinic on the campus of the Montemorelos University.

The Adventist church has been operating a school of dentistry at Loma Linda University for many years, and often students from the school would slip down into Mexico on field trips to conduct dental clinics. Such visits into old Mexico brought to the attention of

participating students a keen awareness of the need for such service there.

Although the denomination did not feel that it could afford to open another dental school, it was happy to learn of the interest of dedicated Adventist dentists in establishing a dental clinic in connection with the work of the church and the health of the people in that part of the world.

Purchasing Service Restricted. For some years the denomination has operated a purchasing service for members, missionaries and institutions of the church. This was known as Institutional Service/ESDA. Through this organization the purchase of almost any kind of material could be made or ordered—from rugs to olives, from cameras to automobiles.

Originally IS/ESDA had been established to serve only missionaries and church institutions. Now it is returning to that restricted service. The reasons are twofold: The church did not find it possible to operate economically on an unrestricted basis; and it had genuine qualms about competing unfairly with commercial retail concerns.

Council on African Affairs. Scheduled for early June is a Council on African Affairs to meet in Cairo, Egypt. Representatives from four divisions will participate along with General Conference officers including President R. H. Pier-son.

The divisions involved are Northern Europe-West Africa, Euro-Africa, Afro Mideast and Trans-Africa.

Objective of the conference is to study ways better coordinating the work on the continent of Africa. Attending will be national workers as well as division administrators.

Small Schools Center

Pacific Union College has been designated the first small schools training center in the Seventh-day Adventist denomination following approval by the Pacific Union Conference.

According to Dr. Eugene Gascay, chairman of the education department, the center will provide guidance in school administration, finance, curriculum development and classroom organization for teachers in small schools.

Small schools in American public education are generally regarded as those with enrollments of under 300 pupils.

Gascay says there has been a "considerable effort" made in public education in recent years to consolidate small schools, while Adventist schools have

continued to remain small since the church's educational philosophy promotes the opportunity for all SDA youth to obtain a Christian education, a factor which fosters small schools.

He points out that small schools have strengths as well as weaknesses. Some of the limitations include a meager curriculum, remoteness and inadequate facilities, equipment and materials.

On the other side of the ledger, small schools permit individualized guidance, organizational flexibility and opportunities for student involvement in community activities.

"Critics of small schools frequently point to the limitations and say the students are educationally malnourished, but I see no reason why any of our small schools should graduate students who are deprived, if we can overcome the limitations and capitalize on the strengths," Gascay asserts.

Two features of past small-schools projects which Gascay feels would be valuable for Adventist use are shared services and multiple class teaching.

Small Adventist schools could share students, facilities and teachers which would give the pupils a variety of educational opportunities and services found in larger schools.

The center will be available to teachers on weekends and holiday periods so they can benefit from continuous inservice assistance.

In the multiple class technique, a teacher would conduct two or more subjects in the same room within the same

block of time, a method which requires a variety of technological aids such as tape recorders and filmstrip projectors.

"By using these and other methods, a curriculum can be designed to meet the needs of our youth in small schools. Ultimately, however, the principals and teachers are the only ones who can really do anything about true improvement," Gascay notes.

LLU Scientists Study Diet and Growth of Girls

A study of the relationship between diet and growth in girls between the ages of 9 and 15 is currently being conducted by the department of biostatistics and epidemiology of the Loma Linda University School of Health. This is a five-year research program sponsored by the National Institute of Child Health and Human Development.

"The study is important because of possible health effects in later life," says David G. Kissinger, Ph.D., principal investigator and associate professor of epidemiology.

Aimed at determining whether classes of nutrients or specific foods have an effect on growth and development, the research will be conducted mainly at Seventh-day Adventist elementary schools and junior academies in southern and southeastern California and at public schools near Loma Linda. Approximately 5,000 girls will be asked to enroll in the study dur-



METRO MINISTRY. David R. Willis (left) and Harold C. Brewer have joined Metro Ministry of Seventh-day Adventists as associate evangelist and evangelist, respectively. The Brewer-Willis team is part of the Metro Ministry program in the metropolitan New York area sponsored by the General Conference, two union conferences and five local conferences. Metro Ministry is engaged in various forms of evangelism in an area which has about 20 million people.

ing the five-year period.

The results of the study of SDA girls representing low use of meat, poultry and fish will be compared to results from a group of girls at public schools, representing standard American dietary habits.

"Many studies currently investigating Adventist life-styles are dealing with mortality rates and specific causes of deaths, such as cancer, heart attacks, etc.," says Kissinger. "We feel a study of children is long overdue, especially since this is an age when dietary habits are changing dramatically."

School Enrollment Is Up

Enrollment in the nation's second largest Protestant school system increased this year despite a decline in the school-age population, according to a current report.

In its annual report the Education Department of the General Conference of Seventh-day Adventists says the 1976-77 academic year saw an increase of 1.41 percent in the number of students from kindergarten to 12th grade. Opening registration in September 1976 for the accredited schools in the church's North American Division (U.S., Canada and Bermuda) was 76,342.

The students are enrolled in 1,084 elementary schools, 131 junior academies (grades 9 and 10 only) and 91 senior secondary schools (grades 9-12). Of the 22,534 students in grades 9-12, 8,740 are in boarding academies. In some areas, as many as 25 percent of the elementary school population comes from non-Adventist families.

Of 4,434 graduates in June 1976, 74 percent (3,269) went on to college. The church operates 13 fully accredited institutions of higher education in North America, two of which are universities.

Copies of the report are available from the Education Department, General Conference of Seventh-day Adventists, 6840 Eastern Ave., N.W., Washington, D.C. 20012.

SDA Services, Industries Represented at Meet

Adventist businessmen from throughout the Pacific Northwest gathered for a weekend of spiritual emphasis and to form a new chapter of the Association of Seventh-day Adventist Services and Privately Owned Industries May 20-21 at the Gladstone (Ore.) Campground.

They elected Henry Martin of Grants

Pass, Ore., to serve as president and Carol Wallewein of Creswell, Ore., to serve as secretary for the first year. Other officers who will serve two-year terms included Don Hiersche, Pendleton, Ore., vice-president, and Wilbur Farquerson, Beaverton, Ore., treasurer.

According to the bylaws of the newly adopted constitution, a board of directors was elected which included one member and the conference ASI director from each conference within the North Pacific Union Conference. Those elected include Hiersche from the Upper Columbia Conference; Al Paulson, Roseburg, from the Oregon Conference; Dr. Alfred Twiss, Chehalis, from the Washington Conference; Dennis Clayville, La Grande, Ore., from the Idaho Conference; Keith Bloom, Wrangell, from the Alaska Mission; and Nancy Page, Bozeman, from the Montana Conference.

At the conclusion of the meeting Martin encouraged each member to recruit another member and challenged them to personally witness for Jesus Christ.

Approximately 70 members from the Oregon, Washington and Idaho conferences participated in the organizational meeting. Currently there are over 100 members in the North Pacific Union Conference.

VOP Print Is Available

The "Lord of Space" painting that appears on this year's Voice of Prophecy calendar is now available as a print suitable for framing.

The painting by Clyde Provonsha was commissioned by the Voice of Prophecy for the broadcast's 1960 calendar. The print, surrounded by a white border, measures approximately 19"x23" overall.

The painting is also featured on stationery notes. Both the print and the note paper are available through Adventist Book Centers and direct from the Voice of Prophecy.

Lutherans Hit IRS

A joint Lutheran declaration states that the Internal Revenue Service is making "an unwarranted intrusion into the affairs of the church." The statement on behalf of the American Lutheran Church and the Lutheran Church in America describes new IRS regulations as "theological judgements." Released by the Lutheran Council in the USA, the statement says that state has "no right to define [the term] 'church'." At issue is the filing of informational

returns by integrated auxiliaries of churches. The IRS regulations also have been opposed by Baptists, Roman Catholics, Mormons, Seventh-day Adventists and the National Council of Churches.

Mainline Churches Lose, Conservatives Grow

For the most part, "mainline" Protestant churches lost members last year, while conservative and Pentecostal churches grew faster than the population—a trend that began in the late 1960s, reports the 1977 *Yearbook of American and Canadian Churches*. The fastest growing religious body last year was the Salvation Army, which reported a five percent increase in membership. Other rapidly growing religious groups are the Jehovah's Witnesses, the Baptist General Conference, Seventh-day Adventists and Church of God congregations.

Adventist Missionaries Return to Zaire

A dozen Seventh-day Adventist foreign missionaries who had been evacuated from Zaire have now returned to that country. The missionaries had moved to Zambia when it appeared that the mission where they were stationed might be threatened by fighting. Songa Mission is located near the area where Zaire has been invaded by rebels. The mission includes a hospital, school, a small leper colony and church office headquarters for that region. A telex to Seventh-day Adventist world headquarters in Washington, D.C., reports the situation has "returned to normal."

Retirement Communities Launched by Churches

Retirement communities seem to be growing in popularity these days. Now, churches are getting into the act. A Baptist church in Florida plans to establish a model community program for senior citizens centered around a church complex. Residents of the complex will buy their way into the community. What would normally be the profit from the operation will be used to build a one-million-dollar sanctuary and multipurpose complex. The pastor of the First Baptist Church in Boynton Beach, Fla., has founded a corporation to get that project under way. A similar Christian senior citizens' community is being developed in California by the Stoney

Brook Full Gospel Temple of Fremont. The Seventh-day Adventist church in Ohio plans a retirement center in Miamisburg.

Associated Church Press Hands Out Top Awards

The independent Anglican journal *Canadian Churchman* swept the newspaper awards at the annual Associated Church Press convention in New Orleans. *Canadian Churchman* received six awards, including the general excellence award in the newspaper category. Five magazines took general excellence awards in their category, among them *Liberty*, published by the Review and Herald Publishing Association. Besides a general excellence award, the Seventh-day Adventist-sponsored magazine received two merit awards.

Mail Order Ministers Granted Tax Exemption

The Town Assessor of Hardenburgh, N.Y., has agreed to award property tax exemptions to the estimated 85 percent of the residents of his community who claim to be ordained ministers. Some 200 Hardenburgh residents joined the Universal Life Church to protest tax rates. Tax rates have skyrocketed in recent years as religious

and nonprofit groups have taken large tracts of land in the area off the tax rolls. Officials in the small Catskill Mountain community support the tax exemption to create a test case for the California-based Universal Life Church. Founded in 1962 by Kirby Hensley, the church offers mail-order degrees and ordinations.

Salvation Army Pulls Out of USO

The Salvation Army has announced that it will no longer participate in the United Service Organizations. The army is pulling out of the USO because of that agency's decision to permit the serving of liquor at its centers. A spokesman for the Salvation Army said the decision was made with "deep regret" but in keeping with that army's standard of abstinence from alcoholic beverages.

Gallup Tells Press: USA Is 'Spiritually Hungry'

Pollster George Gallup believes Americans are "spiritually hungry." He expressed his views recently at a banquet during the 1977 convention of the Catholic Press Association and the Associated Church Press. He urged his listeners to increase their attention to an emerging interest in mysticism, meditation and prayer. He also announced that Gallup International is setting up a center for religious research to monitor the world religious community.

331 Million Bibles Distributed in 1976

World distribution of the Holy Scriptures by the United Bible Societies reached a new high last year. Nearly 331 million Bibles, New Testaments and smaller portions of the Scriptures were distributed worldwide, according to the annual report of the American Bible Society released last week. The society is one of 59 national organizations that belong to the world fellowship of the United Bible Societies.

Silent Prayer, Sunday Closings Urged in N.Y.

Parents in Schenectady, N.Y., have launched a campaign seeking legislative support for prayer in public schools, restoration of Sunday laws and stronger anti-pornography laws in New York

State. A series of rallies kicked off the effort, supported by a self-styled "Christian Civil Liberties Union" founded by Rita Warren of Massachusetts. Mrs. Warren said the New York campaign is part of a nationwide plan to bring about "improvements in the quality of social-cultural life."

WALLA WALLA COLLEGE

History Books Donated

About 200 history books have been donated to Walla Walla College by Lucy Ann and E. Malcom Hause.

Dr. Hause is a former Atlantic Union College history teacher and is professor emeritus of history and political science at the University of Idaho. He has researched extensively and written a book on seventeenth-century England. The books he has allocated WWC include both rare and popular books on the Cromwellian period of English history.

4 Students to Enter LLU Dietetics Program

Four Walla Walla College students have been accepted to the dietetics program at Loma Linda University's School of Allied Health Sciences, Loma Linda, Calif., announced Dr. Kathleen Zolber, director of dietetics at LLU.

Beginning classes in dietetics this fall are Laurel Butler, Missoula, Mont.; Brenda Donesky, New Westminster, British Columbia; Melinda McKinney, Paradise, Calif.; and Pat Ringering, Everett, Wash.

Walla Walla College is affiliated with the LLU School of Allied Health Sciences' dietetics program, with students completing two years of predietetics on the WWC campus and two years at Loma Linda University.

Scholarships, Awards Announced at Assembly

Twenty-seven Walla Walla College students were honored for their inclusion in *Who's Who Among Students in American Universities and Colleges* and 39 students received special awards and scholarships during WWC's annual awards assembly Monday, May 9.

Among those listed in the *Who's Who* are six local students: William Hazelton, Walla Walla; Bruce Boyd, Daniel Herzberg, Donald Kurtz, Eric Olson

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and Ronald Schultz, College Place. Others selected for this honor include Andrew Arkusinski, David Bannister, Kevin Burrill, Jane Carnahan, Miriam Chang, Shane Dresen, Jane Fleischer, Murlan Grise, Roxanne Gulck, Norman Henry, Roger Hurlburt, Alan Jacobson, Karen Kay, Sheila Knecht, Karen Lindsay, William Marshall, Terry Parks, Michael Remboldt, Craig Reynolds, Michael Schrenk and Marcia Tinlin.

A \$1,000 Hart Fund Scholarship was presented to Erich Breikreuz as the first annual award to a student with excellent scholarship, financial need and outstanding potential for the profession of social work.

Three Kretschmar Scholarships were presented: a \$700 scholarship to Edward Jull, a \$600 scholarship to Richard Rogers and a \$300 scholarship to Douglas Johnson.

Ron Schultz received the Luurt and Jeanette Nieuwenhuis Award of \$600 for being a theology senior with superior scholastic standing. Jeff Kinne was also awarded a \$600 gift from the Bellingham Seventh-day Adventist Church, Bellingham, Wash.

Rotary scholarships of \$500 each were awarded to Judy Womack and Gene Jacobson.

The *Wall Street Journal* Award was given to Robert Hurlburt, and the Adventist Association of Certified Public Accountants Award of \$350 was presented to Kathy Johnstone.

The class of 1965 presented their annual \$300 scholarship to junior students Dan Frickle and Delores Ramirez. The award was based on scholarship, financial need and potential contribution to the chosen profession.

Four students received a \$300 scholarship each from the Walla Walla College Alumni Association: Bobbi Coila, Robin Davidson, Suzanne Oliver and Debbie Opitz.

Conrad Gren and Myron Krause both received a \$300 scholarship for being outstanding accounting scholars.

The Dr. Matiko Award of \$300 was presented to Shane Dresen for being an outstanding senior ministerial candidate.

Nancy Corliss was chosen to be the recipient of a \$200 scholarship donated by the WWC class of 1950.

Kathy Jonstone was awarded the Mehling Accounting Scholarship and a special cash award of \$100 for scholastic excellence.

The Freshman Achievement Award Certificate and a \$50 tuition stipend was presented by the math department to Kristie Weber for having the highest av-

erage in the beginning calculus sequence.

Paul Pancoast was chosen as the outstanding chemistry senior. Copies of *Handbook of Chemistry and Physics* were awarded to Deanne Ho-a-shoo and James Englehart for being outstanding freshmen chemistry students. These were awarded by the Chemical Rubber Company.

Two communications students, Roxanne Gulck and Mark Robison, were chosen for the Senior Award in Communications.

DeLona Lang was named the outstanding first year journalism student. Recognized for his achievement in radio was Brad Hoffer. Jan Keile received the Communications Faculty Scholarship.

David Bannister and Brent Hildebrand were chosen for their scholarship, citizenship, spirituality and extracurricular activities to be outstanding senior engineering students of 1977. They were awarded engraved plaques.

The Columbia Section of the American Society of Civil Engineers awarded David Bannister the outstanding senior civil engineering student for 1977. Chosen for his satisfactory scholarship and positive involvement in civil engineering activities, he was awarded an *Engineering Handbook*.

The WWC Student Chapter of the ASCE chose Timothy Otis to be awarded an *Engineering Handbook* for his membership and participation in ASCE, satisfactory scholarship and his projection of a positive image of civil engineering.

Gary DeHaan and Jae Pudewell were awarded a Certificate of Award (ASTM) and a year's subscription to *Materials Research and Standards* by the American Society of Testing Materials.

Kenneth Peters was chosen by the WWC Student Chapter of the ASCE as the freshman engineering student who shows the most scholarship, citizenship and potential as a civil engineer. Paul Christensen received the Faculty Advisor Award for outstanding contributions in the activities of the ASCE WWC Student Chapter.

Mavis Dearing was named outstanding home economics student and awarded a one-year subscription to *Home Economics Research Journal*. Home economics departmental gifts were given to Debra Orr and Patti Perrin.

The music department awarded the John Philip Sousa Band Award to David C. Wyman, outstanding band member of the year, in recognition of outstanding musical achievement, loyalty and citizenship.

Elaine Okimi was named Secretary of the Year and received the Award of Merit for Outstanding Achievement in Business Education by the National Business Education Association.

A two-year clerical certificate in office administration was presented to Carol Kooreny and Hiroko Funabashi.

The Gregg Shorthand Award was presented to Candy Candler, Becky Pearson and Lynn Serrano. They were chosen on their ability to take 120 words a minute from dictation for five minutes and transcribe it with 95 percent accuracy.

Brenda Sloan was recognized by the department of sociology and social work for her community service; Joyce Arndt and Corrine Heitz for their scholastic achievement; and Mary Ann Buckles for her student involvement.

The department of art honored Carmen McWilliams and Ronald Schultz for their excellence in art.

Leon Bock Joins IT* Builders

Lewis Canaday

The staff of the industrial technology department was pleased recently to learn that Leon Bock, long-time builder, has agreed to join the group constructing the new Industrial Technology Center. He will be coordinator on the three buildings now in progress on campus, but his help will be especially appreciated on the "biggest barn-raising project ever."

Bock's building know-how and skill in organizing and directing workmen will be a special asset in the light of the large percentage of volunteer help being used. Both Lawrence Claridge, project director (whose main work is to line up volunteer workers and see to their care and keeping), and Richard Hensel, builder, look forward to this addition to the organization.

Now finishing the job of coordinating construction on the Walla Walla General Hospital, Bock will join the college crew early in July. To his many friends in the building trades throughout the Northwest he sends this special invitation: "Come and join us for the 'big rush' this summer. Your help, for a few days or a few weeks, will put us on top and finish the IT* Center by the end of January."

Especially needed are bricklayers, but carpenters, electricians, plumbers, sheetmetal and sheetrock workers, truck and forklift drivers and general laborers are all in demand. Workers and their immediate families are cared for by the college.

Inform Claridge as early as possible in advance of your coming so he may plan accordingly. If you can't know in advance of your coming, come anyway. Bring the tools of your trade and come and help us. You'll be glad you did!

*Industrial Technology Center

ANNOUNCEMENTS

Union College Potluck

A Union College alumni potluck will be held at noon on the first Sabbath of the Washington Conference Camp Meeting, Auburn Adventist Academy, Auburn, Wash. A business meeting will be held following the evening meeting the first Saturday night (June 25). For further information, contact Elder Bill Wilson, 1849 Aliston Lane, Burlington WA 98233, (206) 757-0494, or Mrs. Judy Bennett, Rt. 2, Box 580, Sultan WA 98294.

WWC School of Nursing Personnel To Meet

The 1972 graduating class and faculty of the Walla Walla College School of Nursing will meet for a reunion at 1 p.m., July 15, at the home of Verlene (Fischer) Meyer, 12985 Noblewood Ave., Oregon City, Ore., phone (503) 655-9097. Food for the luncheon potluck will be provided by Portland-area nurses. For further information, contact Marva Mitchell, (503) 667-6740.

Upper Columbia Office Sets New Hours

In the interest of energy conservation, the Upper Columbia Conference office will be open from 7:30 a.m. to 5:30 p.m., Monday through Thursday, and will be closed on Friday.

AU Sets Home Nutrition Instructors' Workshop

To reach the goals of nutrition emphasis set by the church, every local church needs a certificated home nutrition instructor, according to Alice G. Marsh, Sc.D., professor of home economics at Andrews University.

Andrews is offering a five-day workshop June 30 to July 5, at the end of which the student is awarded a home nutrition instructor's certificate from the General Conference Department of Health. The course consists of 30 clock hours of instruction in nutrition and demonstration techniques.

The course will be presented by Dr. Marsh and Mrs. Sylvia Fagal, SDA Dietetic Association resource dietitian for the Atlantic Union Conference. For further information contact the Assistant Dean, School of Graduate Studies, Andrews University, Berrien Springs, MI 49104.

Amateur Radio Operators Sought by Review

It is time to update the listing of Adventist amateur radio operators for the *Review* and *Herald*. Many have moved, some have become silent keys, some have let their licenses run out, while others have just become licensed, etc. The new list will appear sometime in a late September issue of the *Review* and *Herald*. The deadline for changes will be Aug. 15. Send all information to: Ed Peterson, Review and Herald Publishing Assn., 6856 Eastern Ave., N.W., Washington DC 20012.

Work Day in Astoria

Members of northern Oregon churches are invited to participate in a building day June 26 at the Astoria (Ore.) church. Workers are needed to assist in sheetrock work, paneling, sanding benches, landscaping and other tasks. Dinner will be provided.

The new church is located in the southern area of the city. To reach the church, leave U.S. Highway 26 at West Marine Drive. Turn north at Hanover and go two blocks to Nehalem, turn right and go one block to the church.

Nurses Organize Chapter For Puget Sound Area

On Mar. 13 at the Double Tree Inn in Seattle, the Puget Sound Chapter of the Association of Seventh-day Adventist Nurses (AS-DAN) was organized. The first meeting was a "brunch meeting" to allow everyone to become acquainted, as well as to elect officers and decide a future basis for the organization. The officers chosen at the meeting

were: Patricia Billingsley, president; Virginia Myers, president elect; Jehad Akar, secretary-treasurer; and Margaret Burrus, editor, public relations. Elected to the board of directors were Nona Gish, Jackie Walker, Loretta Wasse, Jean Thornburn and Beverly Riter.

The next meeting is set for June 25 at 1:30 p.m. in the academy chapel at Auburn during the Washington Conference Camp Meeting.

Further information about the local chapter may be obtained by calling Pat Billingsley, 485-8017 (Woodinville) or Margaret Burrus, 772-1715 (Seattle).

Week of Prayer on Tape

The Week of Prayer readings scheduled for Oct. 29 to Nov. 4 are being made available on tape again this year. The tapes may be used in churches or in homes where members will gather for this special week of devotion. The tapes will also enable shut-ins and others who may not be able to attend the gatherings to listen at their own convenience.

The subjects for the week center on the great subject of the advent of our Lord. They will include "The Person of the Advent," "The Certainty of the Advent," "The Nearness of the Advent," "The Purposes of the Advent," "Preparation for the Advent," "Proclaiming the Advent," "Prepared for the Advent" and "Beyond the Advent."

The eight messages are available on two C-90 cassettes or on one five-inch reel (1 7/8 RPS). Information is available from Tape Service, Ministerial Association, General Conference of Seventh-day Adventists, 6840 Eastern Ave., N.W., Washington, DC 20012.

Services for Sightless

More than 100 full-time field representatives are searching out blind persons on a day-to-day basis throughout the towns and cities of North America and Canada. They offer these free services:

- * Over 40 national camps for blind children and adults each summer
- * Full-vision books with braille pictures and ink print (for blind parents with sighted children)
- * Lending library of tapes, cassettes and records (books, magazines and music)
- * Braille Bibles and Bible study courses
- * Subscriptions to *Review* and *Herald* and *Life and Health*

If you have a blind friend whose life would be enriched by these services, call toll free (800) 228-4189 or write Christian Record Braille Foundation, 4444 S. 52nd St., Lincoln, NB 68506.

The annual CRBF offering is July 9.



Bill McVay
Evangelist

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WEDDINGS

Perry Cole and Delores Short, Apr. 24, 1977, at Tillamook, Ore., where they are making their home.

David Dickerson and Gail Hentschel, May 29, 1977, at Pasco, Wash., where they are residing.

Dennis Granrud and Sandra Bryson, Apr. 23, 1977, at Kalispell, Mont., where they are residing.

Elmer Holweger and Rose Ruth Klein, May 8, 1977, at College Place, Wash., where they are making their home.

Jeffery Hunter and Janis MacKie, Apr. 8, 1977, at Walla Walla, Wash., where they are residing.

Doug Luttrell and Lorna Larson, Mar. 6, 1977, at Milton-Freewater, Ore. Residing in Walla Walla, Wash.

Carl H. Spencer and Hazel E. Logan, Mar. 6, 1977, at Battle Ground, Wash., where they are making their home.

John Cecil Stout and Ameryllis Louis Sapp, Oct. 10, 1976, at Portland, Ore., where they are residing. (Notice received May 4, 1977.)

OBITUARIES

HOWELL—Edward Howell was born in 1882, and died May 4, 1977. Survived by three brothers: William, Buckley, Wash.; John, Lacey, Wash.; and Dewey, Mason City, Iowa.

HUNT—Ina Virginia Hunt was born Feb. 23, 1889, at Prattville, Ala., and died May 1, 1977, at Graham, Wash. Survivors include a daughter, Evelyn Peterson, Graham.

JOHNSON—Edith I. Johnson was born Apr. 25, 1913, at Portland, Ore., and died Apr. 23, 1977, at Portland. Survived by a son, Jay, Riverside, Calif.

KEENE—Alma Blanche Keene was born Feb. 28, 1896, in Iowa, and died Apr. 19, 1977, at Loma Linda, Calif. Survivors include two daughters: Marjorie Risley and Betty Hill, both of Portland, Ore.

LANE—Frank Robert Lane was born in 1908, at Newport, Ore., and died Apr. 14, 1977, at Redmond, Ore. Survived by two daughters: Phyllis Knapp, Anchorage, Alaska; and Barbara Lane, Redmond; a brother, Ray, Lafayette, Ore.; and two sisters: Myrtle Garrett and Vada Wilson, both of The Dalles, Ore.

LINDSAY—Ruth Merle Lindsay was born Dec. 20, 1909, at Yakima, Wash., and died May 1, 1977, at Newbury Park, Calif. Survived by a son, Phil, Seattle, Wash.; a daughter, Karen Hoffman, Thousand Oaks, Calif.; a brother, Kenneth Vittetoe, British Honduras; and three sisters: Lula Lewis, Bainbridge Island, Wash.; Bernice Hintz, Olympia, Wash.; and June Rowe, Tacoma, Wash.

LUNDIN—Eldora Elizabeth Lundin was born Mar. 12, 1908, at Galena, Ill., and died May 10, 1977, in Salem, Ore. Survivors include her husband, William,

Salem; two sons: Richard, Salem; and Robert, Beaverton, Ore.; a daughter, Rita Bock, Vancouver, Wash.; and a sister, Kathleen Anderson, Chicago, Ill.

MEEKER—Eunice B. Meeker was born May 21, 1886, at Yukon, Okla., and died Apr. 20, 1977, at Redmond, Ore. Survived by a daughter, Margaret Van Buskirk, Madras, Ore.; and two sisters: Joy Boone, Redmond; and Amy Ann Miller, Reedley, Calif.

MEEKER—Frank Leroy Meeker was born Dec. 22, 1896, at Dallas, Ore., and died Apr. 26, 1977, at Redmond, Ore. Survived by a daughter, Margaret Van Buskirk, Madras, Ore.; a brother, Ernest, Long Beach, Calif.; and three sisters: Alma Forsythe, Caldwell, Idaho; Lela Winters and Edna Palmer, both of Cornelius, Ore.

MORGAN—LaFern J. Morgan was born Aug. 24, 1919, at Mountain Top, Ore., and died Apr. 29, 1977, at Enumclaw, Wash. Survived by her husband, Bill, Pacific, Wash.; a son, Byron, Oregon City, Ore.; two daughters: Coralie Randall, Quincy, Wash.; and Burdell Austin, Buriem, Wash.; and a brother, Durwood DeBolt, Auburn, Wash.

RADER—Thomas M. Rader was born in 1905, at Grand Junction, Colo., and died Apr. 18, 1977, at Hendersonville, N. C. Survivors include his wife, Clara; a daughter, Joan Shultz, Hamburg, Penn.; a brother, Orel, Fauquier, Canada; and a sister, Grace Heaton, Rexford, Mont.

RENEWANZ—Mabel Olive Renewanz was born Dec. 4, 1883, at Dayton, Wash., and died May 10, 1977, at Portland, Ore. Survived by two sons: George, Westminster, Calif.; and Fred, Portland; four daughters: Bernadine Newby, Oregon City, Ore.;

Willena Lunsford, Sandy, Ore.; Dorothy Noyes, Laurelwood, Ore.; and Jeanne Soupy, Lincoln City, Ore.; two brothers: Ples Huston, Visalia, Calif.; and Cres Huston, Portland; and three sisters: Cora Elwell and Leona Dodge, both of Vancouver, Wash.; and Lela James, Walla Walla, Wash.

RITTER—Elizabeth Ritter was born Oct. 9, 1888, at Culbertson, Nebr., and died Apr. 29, 1977, at Nampa, Idaho.

ROBERTS—Helena Roberts was born May 24, 1911, and died Apr. 12, 1977, at Seattle, Wash. Survived by a son, Stephen, Lynden, Wash.; and a sister, Annabell Lightel, Ephrata, Wash.

ROWLAND—Adeline W. Rowland was born Sept. 17, 1883, in Oldham, S. Dak., and died Mar. 9, 1977, at Sedro Woolley, Wash. Survived by two sons: Guy, Omak, Wash.; and Kenneth, Sedro Woolley; three daughters: Eleanor Dietrich, Sedro Woolley; Blanch Moore, Penn Valley, Calif.; and Pearl Jensen, Gresham, Ore.; and a half sister, Evelyn Daniels, Seattle, Wash.

SANDERSON—Grace (Betty) Sanderson was born Feb. 11, 1896, in Emporia, Kans., and died Mar. 23, 1977, in Kelso, Wash. Survivors include a niece and several nephews.

SITTSE—Katherine G. Sittser was born July 17, 1892, at Spokane, Wash., and died Apr. 25, 1977, at Eugene, Ore. Survived by four sons: Ronald, Portland, Ore.; Ernest, Boise, Idaho; Arnold, Gladstone, Ore.; and James, Leaburg, Ore.; four daughters: Beryl Marsh, Salem, Ore.; Bernice Buchanan, Blue River, Ore.; Iris Davis, Milwaukie, Ore.; and Sharon Detering, Harrisburg, Ore.; and two brothers: Ray Watts and George Watts, both of Walla Walla, Wash.

SMITH—Myrtle Smith was born Jan. 8, 1894, and died Mar. 7, 1977, at Eugene, Ore. Survived by her son, Merl, Eugene.

THORNTON—Agnes Harris Thornton was born Nov. 5, 1881, at Albany, Ore., and died May 20, 1977, at Eugene, Ore. Survivors include several cousins.

THORP—Wilmot E. Thorp was born May 21, 1894, in Kansas, and died Apr. 12, 1977, at Milton-Freewater, Ore. Survived by his wife, Mollie, Milton-Freewater; two sons: James, Auburn, Wash.; and Earl, Moses Lake, Wash.; and three daughters: Hazel Dupper, Richfield, Idaho; Emma Turner, Milton-Freewater; and Irene Lucas, Yakima, Wash.

TOWN—Lillian Town was born June 19, 1888, in Canada, and died May 1, 1977, at Walla Walla, Wash. Survived by two sons: Frank, Milton-Freewater, Ore.; and Lester, Weston, Ore.; and two sisters: Kate Brown and Lucy Seymour, both of Clatsholm, Alta.

WHITE—Sarah Steptote White was born Aug. 24, 1884, at Colfax, Wash., and died May 17, 1977, at Lewiston, Idaho. Survived by two sons: Ralph Stone, Lewiston; and Lester Seymour, Kent, Wash.

WICKENBERG—George Ernest Wickenberg was born Nov. 13, 1892, in Deadwood, S. Dak., and died May 16, 1977, at Eugene, Ore. Survived by a son, William; and two daughters: Edna and Olive.

WILLIS—Grace Willis was born Mar. 23, 1890, in Corning, N.Y., and died Apr. 1, 1977, at Brookings, Ore. Survived by her husband, Charles, Forest Grove, Ore.; a son, Bernard Arney, Bellingham, Wash.; and a daughter, Verna Anderson, Harbor, Ore.

CLASSIFIED ADVERTISEMENTS

Classified Advertisement Rates: \$5 for 30 words; 10 cents each extra word; 10 percent discount per insertion for three or more consecutive insertions without copy changes. Boxed Ads are \$14.00 per column inch. Send cash or check with ad to your conference office at least four weeks before publication date. Ads reaching the GLEANER office less than three weeks before publication will appear in the following issue. The GLEANER is published the first and third Mondays of each month.

Optometric Technician Returning to Northwest. Desires employment

in eastern Washington, Oregon or western Idaho. Call (503) 932-4803, or write Mrs. Judy Compton, General Delivery, Mt. Vernon, OR 97865. (20, 4, 18)

Large, well-built, older three-bedroom home in College Place. Full basement, fireplace, garden space, garage, large lot, close to everything. \$28,500 cash. 324 S.E. 4th, or phone (509) 529-7433. (20, 4, 18)

Special Discount on Bicycles. All reconstructed bikes guaranteed. Expert bike repair. Complete line of parts. (503) 558-3975. Jim Hanley, Rt. 3, Box 136, Milton-Freewater, OR 97862 (Tum-a-Lum Rd.) (P 16, 6, 20)

Remember — Special prices to SDA members at Newberg Datsun. Call Larry Merklin (503) 538-9416 or call toll-free from Portland, Ore.; 228-7610.

(P 6, 20, 4)

Professional Design Service — Plans and specifications for clinics, stores, offices, custom homes. Planning and construction assistance. Call collect (206) 828-7000. Box 1882, Bellevue, WA 98009. Member: American Institute of Building Design.

(P 20, 4, 18)

Battle Creek Thermophore — The convenient, pain-relieving moist heat treatment you can give anytime, day or night, in your own home. Choose from three convenient sizes now at a 10% discount: Standard 13" x 27", reg. \$49.95 now \$44.95; Medium 13" x 13", reg. \$39.95 now \$35.95; Petite 4" x 14", Reg. \$29.95 now \$26.95. Postage will be prepaid when check accompanies order. QN Health Care Products, Buckhorn Rd., Glide, OR 97443. (503) 496-3980.

(20, 4, 18, 1, 15, 5)

Old-fashioned Battle Creek therapy treatments, hydrotherapy, massage, steam baths, poultice wraps. We teach you how to enjoy better health. "European-trained," licensed corrective therapist. C. E. Miller, 9224 S.E. Foster Rd., Portland, OR 97224. Hours 9-6, Sunday-Thursday. Call (503) 771-3333 or 285-8518.

(P 6, 20, 4)

Alcoholism a Problem? Send \$2 for complete information on caring for the alcoholic from the nutritional approach, to California Institute of Alcohol Studies, Drawer 97, Capitola, CA 95010. Phone 476-0885. Over 60,000 have been helped using this program. It works! Understand why the alcoholic is what he is. (20, 4, 18)

East of Lebanon, Ore. — Approximately three acres, roaring river, blueberries, chicken houses, greenhouse, fruit trees, rural setting on blacktop road, plenty of water. Phone (503) 258-6419.

(20, 4, 18)

R.N. supervisor needed by July 1, 1977, for expanding nursing center. The center is skilled and Medicare certified, and will have a total of 88 beds by August 1977. The position will present a challenge with an excellent future. George V. Novak, Jr., Administrator, Village Extended Care Center, 3955 S.E. 182nd Ave., Gresham, OR 97030. (503) 665-0183.

(20)

Only 11 Days—Average selling time of all our homes sold this year. Each home advertised a minimum average of once a day until sold. For record-shattering results to sell your home in the Portland area at 5% commission on a 30-day listing, call day or night, Mert Allen, Mt. Tabor Realty, (503) 252-9653.

(20)

Moving?? Eugene, Springfield area? Let us help you with your realty needs. Homes, acreages, industrial and commercial properties. If we can be of service in any way, please call or write Al Stiffler, representative. (503) 344-1957. Norm Pohl Realty, 2101 Bailey Hill Rd., Eugene, OR 97405. Phone (503) 342-7752.

(P 16, 6, 20)

L.P.N.s and R.N.s wanted for a 109-bed, licensed skilled nursing home. Located in an attractive river-port area with mountains a few minutes' drive away. Only 100 miles from Walla Walla, Spokane and Upper Columbia Academy. The area has a mild climate and a good growing season. Nine-grade church school available and choice of two churches. If interested, call (509) 758-2523, or write: Rest Haven, 1242 11th St., Clarkston, WA 99403. (20, 4, 18)

The Village Retirement Home— Thinking of getting away from all the problems of today's life? The Village, a community all of its own, with peace and security all wrapped up in 12 beautiful acres of single-story cottages located in a country setting of southeast Portland. Send for a free brochure: The Village, 18001 S.E. Powell Blvd., Portland, OR 97236. Phone (503) 665-3137.

(B 20, 28, 15)

Buying or Selling in Tri-Cities, Wash.? Call Della Pastore, (509) 586-4278, or Shirley Witt, (509) 547-7610. Sherwood & Roberts, Inc., Kennewick office. (509) 586-3111.

P 20, 4, 18)

The Jet Weight Control Plan is possibly the most successful, common-sense plan to date. It's economical and does not involve drugs or chemicals, meetings or dues. An energy-packed meal replacement. No hunger ever. Write Jet Distributing Company, P.O. Box 2547, Pasco, WA 99302, or contact your nearest health food store.

(16, 6, 20, 4, 18)

New Renting — Retirement Center. A perfected retirement center, operated by experienced and dedicated Christians, is now being built in Twin Falls, Idaho. Beautifully landscaped grounds. Completely furnished, keeping the needs of the elderly in mind. Bedding and linen included. Carpeted throughout. Vegetarian meals a regular part of the menu. For ease and comfort, all 90 rooms on one floor. Rooms and lounge areas spacious and tastefully furnished. Planned for single or double occupancy with each room having a private bathroom with marble-top vanity, toilet and full-size bathtub. Luxury living among dedicated Christians. All meals, room service and laundry included in the nominal price. Occupancy Aug. 1, 1977. For additional information, write to Bernard Skoretz, 1828 Kimberly Rd., Twin Falls, ID 83301.

(16, 6, 20, 4, 18, 1)

Camp Meeting Specials June and July! Wholesale prices by the case on all available Loma Linda and Worthington foods. U-Save Nutrition, 4390 Commercial St., S.E., Salem, OR 97302. Phone (503) 364-9757.

(6, 20, 4, 18)

Water Distillers—Make your own pure drinking water by the steam method. Free information and prices. Write or call. Silver Exchange of Idaho, 1134 N. Orchard, Suite 5, Boise, ID 83704. Phone (208) 376-1110. (6, 20, 4, 18, 1, 15)

Skilled Carpenters Needed. Immediate opening in growing area and company. Salary according to skill. Please contact Gary Havens, Havens Company, General Contractor, P.O. Box 570, Cathlamet, WA 98612. Phone (206) 795-3485.

(6, 20, 4)

Did You Know? Laurelwood Academy Press offers quick print service? New photocomposition typesetting, letterpress and offset printing. Call (503) 985-7506 for pickup and delivery service throughout the greater Portland metropolitan area, or mail to Rt. 2, Box 195, Gaston, OR 97119. Price quotes gladly given.

(6, 20, 4)

From the Cradle to Calvary With Krim. New record album of 13-year-old Krim Unterseher. Send \$5.50 (include postage) to Krim, Box 5751, Fruitland Rd. N.E., Salem, OR 97301.

(6, 20, 4)

Trailer space and utilities free for a couple with house trailer for wife to be part-time housekeeper/chauffeur for retired missionary couple. Also salary. Could be single lady and could furnish bedroom if there is no trailer. Country area near Boring. Phone (503) 254-0684 or 667-2224, or write 36 S.E. 69th Ave., Portland, OR 97215.

(6, 20)

New homes — Gresham area near PAES. We have several nice lots available. Will build your plan or you choose one of ours. Homes now near completion. Call Jim Kenney, (503) 665-2625.

(18, 2, 16, 6, 20, 4)

Roofing — Remodeling. Give your home a face-lift. We do roofing, siding, remodeling. Call Jim Kenney, J. K. Construction, for free estimates. (503) 665-2625. Licensed, bonded and insured.

(18, 2, 16, 6, 20, 4)

Announcing a new business, serving the Milton-Freewater/Walla Walla area. Commercial and domestic cleaning with the "feminine touch." Call "The Mopery," (503) 938-6445. Bonded and insured.

(18, 2, 16, 6, 20, 4)

Expanding suburban medical center has an opening for a director of family services. MSW, discharge planning, hospital and supervisory experience required. Competitive salary and benefit program. Write Personnel, Kettering Medical Center, 3535 Southern Blvd., Kettering, OH 45429. An equal opportunity employer.

(P 6, 20, 4)

4% Commission — Active as broker in Mt. Tabor real estate for 35 years. Certified appraiser. Personalized service 24 hours a day. Will handle your residence and income property needs. Just call F. Hays Boyce Realty, (503) 234-1353, or Jerry Vandervort, 233-1510.

(16, 6, 20)

Custodial-maintenance person for Kirkland SDA School. Competent to handle details and repairs associated with upkeep of school plant/campus. Salary negotiable. Contact Mark Olcott, 5320 108th N.E., Kirkland, WA 98033. (206) 822-7554 or 822-1129.

(16, 6, 20)

Student, 18, needs room and board with SDA family, Portland, in exchange for light housekeeping, baby-sitting while attending Northwestern College of Business starting September. Cheryl Woolsey, Box 268, Vernonia, OR 97064. (503) 429-7901.

(16, 6, 20)

Cassette Tapes — Yes, we are still duplicating Morris Venden sermons. An original source at discount prices. Write for free catalog. Dale Rembold, 21370 S.E. Foster Rd., Boring, OR 97009.

(16, 6, 20)

Shaklee Products — Excellent quality natural food supplements, cleaning aids and skin-care items now available with postpaid mail order convenience from SDA distributor. Send 50¢ in stamps or coin for catalog and price list (refundable with order). KPE Sales Co., Dept. SR, Box 3071, St. Paul, MN 55165.

(16, 6, 20)

Newer 3-bedroom, 2-bath, 1600-sq.-ft. Chalet. Top quality — a must to see. 42' X 26' deluxe barn, 30 fenced acres. Commuting distance to Spokane. Owner sacrifices for \$79,500. Walter Tschoepe, 1310 W. Fairview, Spokane, WA (509) 327-5292 (Vawter Realty).

(16, 6, 20)

400-acre mountain hideaway, springs, timber, yellow pine, fir, over 3 million board feet. Manufacturing plant on 5 acres, farm item patent pending, southern Idaho. Moving to Boise Valley? Homes, ranches, acreages. Eagle Realty, Rt. 1, Eagle, ID 83616 (208) 939-6653. Homedale, ID (208) 337-4121.

(16, 6, 20)

Wanted — Donations of old felts, suedograph, old pictures, any Sabbath School supplies, records for new church in dark county. Also, any and all Youth's Instructors, Junior Guides before 1970. Will pay postage. Also, filmstrip projector and 35mm movie projector wanted. Mrs. Rex Conklin, Star Rt. 3, Trout Creek, MT 59874.

(16, 6, 20)

Arizona Home For Sale—1,577-sq.-ft. modular on 90x100 lot between Mesa and Apache Junction. \$17,900, or move to your own location for \$13,500. Call or write Dennis Schlisner, Royal Star Rt., Othello, WA 99344. (509) 346-9504.

(20, 4, 18)

Pisgah Estates — Retired or thinking of retiring? Consider one of 72 2-or-3-bedroom homes near Mt. Pisgah Academy, Asheville, N.C., if 55 or older and would like to work less but enjoy life more. All homes AC, electric heat, carpeted. For further information and brochure, write A. J. Skender, Carolina Conference, Box 25848, Charlotte, NC 28212. (B 20, 18, 15)

Woodland Motel — Double or twin beds, family units, individual room control electric baseboard heat, tiled showers, air conditioned, television, low rates. Master Charge, BankAmericards accepted. Between College Place, and Walla Walla, Wash. Phone (509) 529-2783 for reservations, or write 205 Woodland Ave., Walla Walla, WA 99362 (B 20, 18, 15)

Europe bound? Save on Mercedes-Benz and Volvo. Drive in Europe or ship direct to you. Lowest prices for members/workers. Phone or write Henry C. Martin, Auto Martin, Ltd. (ASI member), 1881 N.E. 6th St., Grants Pass, OR 97526. (503) 479-1881; eves. (503) 479-4411.

(P 16, 6, 20)

Professional Carpet Service — We have leading brand carpets, no-wax cushioned vinyl, tile, formica. Do-it-yourself carpets and vinyls. Roll ends. Free estimates. We will ship carpet anywhere. Easy credit terms. Visit our 3,000-sq.-ft. showroom at 3839 N.E. Killingsworth, Portland, OR 97211, or call Paul Mund, owner, at (503) 281-1167. (P 16, 6, 20)

Cookware sale — Heavy-gauge, triple-thick stainless steel 23-piece set. Why boil your vitamins away? Sold at dinner parties for \$398. Special to Adventists \$169, plus shipping. 10% discount for cash or C.O.D. orders. Ask about our budget plan. Southern Distributors, Inc., Box 758, Purvis, MS 39475. Call (601) 794-6455.

(P 16, 6, 20)

Announcement — We have arrived at our new location: 845 S.E. 122nd Ave., Portland, Ore. 97233. Drop by, get acquainted with us and with our extraordinarily fine service available for only 5% sales commission on all home sales. Sapp's Realty, Inc., 845 S.E. 122nd Ave., Portland, OR 97122. (503) 252-3421. (P 6, 20, 4)

Magee Aviation, Inc., franchised Cessna dealer. New and used planes, flight training, maintenance, radio repair, plane rental and charter flights. Pangborn Field, Wenatchee, WA 98801. (509) 884-7166. (P 20, 4, 18)

Portland Willamette Glassfrye Screens, fireplace heat extractors (make a furnace out of your fireplace). Built-in, free-standing wood-burning fireplaces, many models. The Andiron, 11955 S.W. Pacific Highway, Tigard, OR 97223. (503) 620-0262, 775-3181, 246-7281. (P 20, 4, 18)

Help Wanted in the Warehouse. Must be self-motivated. Good wages, fringe benefits. Contact Gordon Lange (503) 246-5433, Nu Vita Foods, 7524 S.W. Macadam, Portland, OR 97219. (2, 16, 6, 20)

Moving to or from Seattle, Bellevue, Kirkland, Edmonds, Everett or Renton? Phone or write George W. Phillips, of Mac Pheron's, Inc., Realtors, (206) 365-7860 (home) or (206) 364-4020 (office), 12733 Lake City Way N.E., Seattle, WA 98125, for your real estate needs. (2, 16, 6, 20)

Corwin Realty is offering property in beautiful Rogue River Valley, mild temperature, four seasons. Special rates for SDAs. 1381 Spring St., Medford, OR 97501. Phone (503) 779-3920. (2, 16, 6, 20)

Openings are now available for experienced sales associates with Corwin Realty, 1381 Spring St., Medford, OR 97501. Phone (503) 779-3920. (2, 16, 6, 20)

19-acre farm with 2-bedroom home with attached garage. Sprinkler system, seeded with alfalfa. Ten miles from WWC. Write Norman Seibold, Rt. 2, Box 170-A, Milton-Freewater, OR 97862. Phone (503) 938-3784.

(2, 16, 6, 20, 4)

Save a child through Reach International, a volunteer tax-exempt organization for sponsoring starving children into SDA schools. Hundreds of children in India, Bangladesh and other countries now await your sponsorship at a cost of \$12 per month. For information, write Box 34, Berrien Springs, MI 49103. Call (616) 471-7460. (2, 16, 6, 20, 4, 18)

315 feet of shoreline, approximately 2½ acres, Ten Mile Lakes. 3-bedroom house, guest house, shop, bunkhouse, greenhouse, covered bathhouse, \$75,000. Tom Mason, Lakeside, OR 97449, (503) 759-3508. (2, 16, 6, 20, 4, 18)

Saftborn Steam Juicer—Extractor of juices from fruits, vegetables and herbs. Its gentle action leaves all natural vitamins intact. \$40 PP. Free literature. Also White metal mineral detectors. Tim Bjelland, 1068 Cascade Dr. N.W., Salem, OR 97304. (2, 16, 6, 20, 4, 18)

TV and 2-way radio service — For expert repair, call Television Specialists, state and federally licensed, same location 23 years. 4314 S.E. Hawthorne, Portland, OR 97215. (503) 234-7589. Owner, Henry Pahls. (4, 18, 2, 16, 6, 20)

Help Wanted—Registered nurses and laboratory technologist for small accredited general hospital (medical-surgical-maternity) in rural Wasco, Calif., 30 miles N.W. of Bakersfield. Pleasant work in friendly, quiet, country community. Adventist church and schools nearby, plus state colleges. Details, call collect: Joe Emmerson, Administrator. (805) 758-5123 or (805) 758-2530. (20, 4)

Wanted—Administrator for skilled nursing facility. 98 beds, modern facility, located in eastern Oregon. Salary and benefits commensurate with experience. For more information, call (503) 364-3393, or write Personnel Manager, 2765 S.E. 12th, Salem, OR 97302. (6, 20, 4)

R.N. house supervisor needed for 11-7 shift. Also general-duty R.N.s needed. New 71-bed hospital located in the beautiful mountains of east Tennessee. 300-member church, 10-grade school. Excellent pay and fringe benefits. Takoma Adventist Hospital, Greeneville, TN 37743. (615) 639-3151. (6, 20, 4)

Lovely, large, nearly-completed home in exclusive area, 6 bedrooms, 4 baths, tastefully decorated, in the \$90,000 bracket. Also for sale: Laundromat. Excellent opportunity for retired person to manage. \$10,000. For particulars, call Carol Ward, Wasser Agency, 309 S. College, College Place, WA 99324. (509) 529-0480 or 525-6721. (6, 20, 4)

Help Wanted—Licensed well driller for cable tool work. Contact Eola Well Drilling, 4510 Dallas-Salem Highway, Salem, OR 97304, or call (503) 362-4057. (6, 20, 4)

Board and Room for Senior Citizens. Lovely country setting, family atmosphere. (208) 459-4597. Lurena McKenzie, 2515 E. Ustick, Caldwell, ID 83605. (6, 20, 4)

For Prompt Shipment—6-horse Troy-Bilt tillers, \$725; electric start, \$835; 7-horse, \$800. All have lug tires. (206) 887-8049, Willie H. Darrow, 1017 289th St., Ridgefield, WA 98642. (6, 20, 4)

Need a Water Well? Call us. Homes, irrigation, commercial, test holes. Operating in the mid-Willamette Valley. Eola Well Drilling, (503) 362-4057 or 364-0382. (6, 20, 4)

Staff required for a new retirement center at Twin Falls, Idaho. Opening date Aug. 1, 1977. Director of food service, cook, housemothers, secretary-bookkeeper, housemaids. Apply by writing, giving complete résumé, to B. Skoretz, 1828 Kimberly Rd., Twin Falls, ID 83301, or phone (403) 782-6691. (6, 20, 4, 18)

Health lectures by Agatha Thrash, M.D. and other health educators. Send stamped, self-addressed envelope for list of available cassettes. Yuchi Pines Recordings, Rt. 1, Box 273, Seale, AL 36875. (20)

Assistant Director for Nursing Research—Excellent opportunity for growth in administration for M.S. degree nurse with research specialty and experience. Send inquiries to: Assistant Vice President for Nursing, Kettering Medical Center, 3535 Southern Blvd., Kettering, OH 45429. An equal opportunity employer. (20)

Could your child use a real boost in reading skills? AVT method gets results. Two-week summer reading camp guarantees results. Also private tutoring and workshops held. Mrs. Ellen Dana, Route 2, Box 136, Sheridan, OR 97378. (503) 876-5124. (6, 20)

Planning a trip to Disney World between June 5 and Aug. 1? Stay in air-conditioned rooms at Forest Lake Academy in sunny Florida. Lighted tennis courts, swimming pool and just 25 miles from Disney World. Write: Forest Lake Academy, P.O. Box 157, Maitland, FL 32751, for details, or call (305) 862-8411. (6, 20)

The Diesel Rabbit is Here! Call (503) 774-1429 or 658-2795 for your test ride in a Volkswagen, Audi, BMW, Subaru, Porsche or VW camper. Overseas delivery available. For prices and information, write Len Bierlein, Oregon Imports, P.O. Box 454, Gresham, OR 97030. Available after June 1: One 240 diesel Mercedes, two diesel Rabbits, one 911 Porsche. (6, 20)

Respiratory Therapist. Shawnee Mission Medical Center, a 400-bed hospital located in a residential suburb of Kansas City, is accepting applications for certified registry-eligible or registered respiratory therapist, evening positions. For further information call (913) 676-2252, or write Personnel, P.O. Box 2923, Shawnee Mission, KS 66201. (6, 20)

Two-Bedroom House in Vancouver, Wash. 20 minutes from Columbia Academy, Franklin stove in family room, den, dishwasher, disposal, refrigerator, range, covered patio with very small easy-to-care-for yard, carport, excellent storage throughout. Easy walking to hospital, medical, dental and shopping. \$37,500. Phone (206) 694-5751. (6, 20, 4, 18)

HOUSE PAINTING

Adventist college student with 5 years' experience. Guaranteed satisfaction. For free estimate, call in Vancouver-Portland area. (206) 693-4018.

Christian Foster Home Association
P.O. Box 1075, Walla Walla 99362
(509) 525-2298

Established to help persons interested in becoming foster parents and enriching present foster-home care through area workshops. Financial support is also solicited from persons interested in the association's endeavors.

Psychiatric Social Worker, M.S.W.—To work in a 155-bed general hospital with a short-term psychiatric unit. Duties emphasize interviews and consultation with patients, families and community agencies. Experience in hospital setting preferred. Salary commensurate with experience. Battle Creek Sanitarium Hospital, Battle Creek, MI 49016. Equal opportunity employer. (20, 4)

Lovely five-bedroom, two-story older home with full basement, on 1.85 acres, fruit trees, space for large garden, large shop, 1½ miles to downtown Dallas, Ore., 15 miles to Salem. SDA school bus stops at front door. You must see to appreciate. Priced at \$52,990. Call Sunday-Thursdays evenings, Carl Kurz, (503) 623-8265. (20, 4)

Physical Therapist, R.P.T.—Challenging position available in new, modern, denominational 155-bed hospital. Located within one mile of K-12 SDA school. For further information, contact Battle Creek Sanitarium Hospital, Battle Creek, MI 49016. Equal opportunity employer. (20, 4)

For Sale—Two 10-acre adjoining parcels or one 20. Fifteen miles from Elgin, Ore., approximately 70 miles from Walla Walla. Level, ¾ wooded, pine and fir trees. Priced for immediate sale by owner. \$895 per acre, would consider trading part for cars or equipment. Call Tom Brown, Sunday-Thursdays night, (503) 437-3461. (20, 4, 19)

Money Short? Write your own paycheck. No union or Sabbath problems. Part time okay. Let us help you help yourself. Include phone number. Roy Price, Rt. 2, Box 244, Tulelake, CA 96134. (20, 4, 18)

A teacher is wanted for grades 5-8 beginning second semester, Jan. 30, 1978. This position is in a small, private, elementary, country day school affiliated with ASI. Applicants should have vocational skills. Certification not essential. Salary approximately \$800 a month. Write: Director, Homestead Ranch School, 46290 Big Fall Creek Rd., Fall Creek, OR 97438. Student applications also accepted, for second semester only. (20, 4, 18)

REGISTERED NURSES NEEDED NOW

Come join our nursing staff and be a part of our primary-care team. Benefits: Excellent pay; professional association; new, modern 204-bed facility opened end of March; and metropolitan-area living convenience. Write or call collect: Portland Adventist Medical Center, Personnel Dept., 10123 S.E. Market, Portland, OR 97216. Phone (503) 257-2553.

Stilko Lifetime Oil Filters—Spin on easily, just like ordinary filters. Replacement filter elements cost pennies—not dollars. Stilko prolongs engine life by filtering out more sludge, rust, acid, varnish moisture—100 times more than ordinary filters. Your oil lasts longer, runs cooler and stays golden clean. The Stilko will not alter the viscosity or effect of additives. Dealership inquiries welcome. Stilko Distributors, Roger Whitman, 755 Simpson Pl., Santa Rosa, CA 95401. (20)

Do You Want a Home in the Country? Away from smog and city pollution? Where your heat and water bill will be less than \$8 a month, very moderate climate, four seasons. We have two homes and one parcel of land for sale in Idaho, in the Thousand Springs resort area. Reason for selling—we need capital for our business. No. 1—Four bedrooms, two baths, open-ceiling living room, large family room, heated 30x24 garage, plus 2880-sq.-ft. living area. Close to tall pine trees. This new home can be bought with 3½ to 10 acres of land. This new home is not quite completed, needs cabinets and inside doors for completion, is all painted and hand textured. With 3½ acres, \$65,000. No. 2—Three-bedroom, two-bath, 26x48 home with full unfinished basement, upstairs completely carpeted. 2.15 acres of very good, sandy soil, wonderful for gardening. \$40,000. These two homes are heated with natural hot water under pressure, also enough hot water for small swimming pools. Lots of cold spring water under pressure. No. 3—One parcel of land of 3½ acres in alfalfa now, permit for three building sites. \$20,000. Kuest Enterprises, Box 110, Filer, ID 83328. (208) 326-4084, or home (208) 543-4897. (20)

Tour Europe in Your New '78 Mercedes Benz. Join next escorted SDA tour Nov. 2, 1977. Air fare \$590, 7 days; \$675, 14 days. Visit historic Martin Luther Reformation site and SDA institutions. Save \$1,500 to \$3,500 off USA prices on your Mercedes Benz. Space limited, please reserve immediately. Contact Henry C. Martin, ASI member, 1881 N.E. 6th, Grants Pass, OR 97526. Day (503) 479-1881, night (503) 479-4411. (20, 4)

Students, Parents—Cost of education too much for the budget? We're putting students to work this summer helping people in many NPUC communities. Write for details giving name, age, grade, experience, address and amount you desire to make. Health Science Enterprises, Rt. 6, Box 275B, Yakima, WA 98908. (6, 20)

Needed! VW Mechanics. Growing SDA church and school in town. Lots of opportunity for missionary work. Send résumé to A & B Automotive, SR Box 20982, Fairbanks, AK 99701. (6, 20)

Country Living—Watchman needed for a mining claim in northern Calif. Primitive quarters or trailer space available. Can have good garden. No hard work. Your own retirement income needed. Small SDA church nearby. Only SDAs need apply. Write to: Drawer WW, Arcata, CA 95521, or call (707) 822-8198. (20)

Head Nurse—New department of psychiatry in suburban medical center has an opening for a head nurse. Progressive program of inpatient, outpatient, day hospital and family therapy services. B.S. preferred, supervision and psychiatric experience required. Good pay and benefits. Send inquiries to: Personnel, Kettering Medical Center, 3535 Southern Blvd., Kettering, OH 45429. An equal opportunity employer. (20)

Looking For Land—One- to five-acre parcel suitable for building in King or Pierce County, Wash. All utilities must be available. Buy direct from owner. 12756 Fremontia Ave., Colton, CA 92324. (20)

Attention! Tacoma Central, Tahoma, South Side churches. Save your shoes at Syd's Shoe Repair. Adventist owned. Under new management. 4605 Pacific Ave., Tacoma, Wash. Phone (206) 474-6588. (20)

Registered Nurses—Expanding, suburban medical center has openings for experienced nurses in most areas. Personalized orientation, continuing education, excellent salary and benefit package. Send inquiries to: Personnel, Kettering Medical Center, 3535 Southern Blvd., Kettering, OH 45429. An equal opportunity employer. (20)

SUNSET TABLE

Standard Time

	June 24	July 1	July 8	July 15
Coos Bay	8:01	8:01	7:59	7:55
Medford	7:52	7:52	7:50	7:47
Portland	8:04	8:03	8:01	7:57
Seattle	8:10	8:10	8:07	8:02
Spokane	7:52	7:51	7:49	7:44
Walla Walla	7:48	7:48	7:45	7:41
Wenatchee	8:02	8:02	7:59	7:54
Yakima	7:59	7:59	7:56	7:52
Boise	8:30	8:30	8:28	8:24
Pocatello	8:13	8:13	8:11	8:07
Billings	8:08	8:08	8:05	8:01
Havre	8:25	8:24	8:21	8:17
Helena	8:25	8:25	8:22	8:18
Miles City	8:00	7:59	7:57	7:52
Missoula	8:35	8:35	8:32	8:27
Juneau	10:09	10:07	10:01	9:52
Ketchikan	9:33	9:31	9:27	9:19
Anchorage	9:42	9:39	9:31	9:19
Fairbanks	10:47	10:37	10:21	10:00

Add one minute for each 13 miles west. Subtract one minute for each 13 miles east.

NORTH PACIFIC UNION CONFERENCE DIRECTORY

10225 E. Burnside
Mail Address: P.O. Box 16677
Portland, OR 97216
Phone: (503) 255-7300

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Secretary R. C. Remboldt
Treasurer Duane Huey
Assistant Merle Dickman
Auditor W. E. Wasenmiller
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Local Conference Directory

ALASKA—Fred M. Beavon, president; Eugene Starr, secretary-treasurer; 718 Barrow St., Anchorage, AK 99501. Phone: (907) 279-2455.

IDAHO—F. W. Bieber, president; Reuben Beck, secretary-treasurer; 7777 Fairview, Boise, ID 83704. Phone: (208) 375-7524.

MONTANA—Ron M. Wisbey, president; Burt Pooley, treasurer; Gary Patterson, secretary; 1425 W. Main St., Bozeman; Mail Address: P.O. Box 743, Bozeman, MT 59715. Phone: (406) 587-3101, 3102.

OREGON—H. J. Harris, president; Rankin Wentland, secretary; Ted Lutts, treasurer; 605 S.E. 39th Ave., Portland, OR 97214. Phone: (503) 233-6371.

UPPER COLUMBIA—Richard Fearing, president; Clarence Gruesbeck, secretary; John F. Wilkens, treasurer; W. 1025 Indiana, Spokane, WA 99205. Phone: (509) 326-1550.

WASHINGTON—James Chase, president; Glenn Aufderhar, secretary; treasurer; 4414 Woodland Park Ave., N., Seattle; Mail Address: P.O. Box 30089, Seattle, WA 98103. Phone: (206) 632-5862.

SABBATH SCHOOL

Jonathan's Cafe

R. W. Knapp

Jonathan Sandquist, 9-year-old son of Dr. and Mrs. Donald Sandquist of Hamilton, Mont., recently opened a cafe a few hours a month as an Investment project.

Jonathan gave a lot of thought to what he would do for Investment during 1977. Perhaps the most significant factor of Jonathan's involvement is that he spent a term of mission service with his parents in Pakistan. He knows the people, the needs, the lack of knowledge of Jesus and its effect on the people of Southern Asia. He knows what it is to be a real missionary in a foreign land. He wanted to have a part in mission giving this year.

Each week as he entered the primary room of Sabbath School he would turn in his food labels and then sit and try to think of a way to get money a little faster than only bringing labels for the Investment fund. Part of Jonathan's enthusiasm stems from the leadership of Mrs. Jay Unrue, who believes that each child should have his own Investment project each year. As she urged the children to think seriously about a project throughout the week, she had no idea that Jonathan would come up with an idea quite like this! The boys and girls were challenging each other to see who could come up with the most Investment money each week. The girls were 44 cents ahead when Jonathan's mind went into action.

He sat down and began to write out his menu. Everybody likes to eat and so they would be happy to come to his cafe, he assumed. He decided what he would serve and how much he would charge. It seemed like a good plan so he approached his father and mother for approval. The response was, "Sure, let's start tomorrow." And so they did. The first day would be a trial run. Not many people knew about it. An announcement was typed up and Jonathan showed it to several families.

The next morning customers began to arrive. Not too many—just a few families who had read the announcement card or had listened to Jonathan's plan. In the empty living room upstairs

tables had been carefully set. Jonathan had gotten up early and was ready to go.

He took the orders, delivered them to the kitchen where his helpers were ready to cook. He then carried the food to the waiting patrons and reset the tables when necessary. He commissioned his eight-year-old brother, Dane, to be cashier. By noon \$27.07 had been taken in for Investment! All he had needed was 44 cents and here he was with \$27.07 to take to Sabbath School. Before opening again, prices were revised and menus were mimeographed with a place for marking items ordered.

On Sabbath, Apr. 16, his announcement appeared in the church bulletin and the crew stood ready to go at 9 o'clock Sunday morning. New things had been added to the menu, more tables moved in and the kitchen had become more workable. Those who had eaten at Jonathan's the week before returned and brought friends. Others who



The proprietor of Jonathan's Cafe



Dane Sandquist: The cashier at breakfast time

had read the bulletin announcement appeared, some bringing neighbors. Even the county commissioner and his wife were guests of an elderly lady in the church. They were so impressed they wanted to know when they could return! Ted Dutt, a local church member, had eaten at Jonathan's Cafe on the day of the "trial run"; he not only returned but got on the telephone early Sunday morning and put on a real campaign for customers. He even went so far as to pay for some of those recruited. Many left tips, paid extra, and all promised to return.

The menu included just about everything one would want for breakfast. Jonathan proudly announced that the potatoes were grown in his garden, the baked goods were all made by his mother and the fruit and juices were homemade or home-squeezed. He even let people know the grapefruit came from Arizona in his own car. "This is a cafe where you KNOW where the stuff comes from," was his sales pitch.

After it was over and a tally was taken, Jonathan learned that 61 people were served breakfast between 9 a.m. and noon on Sunday. He earned \$140.90 for Investment, bringing the total proceeds from his cafe to \$167.07! Needless to say, the primary division leads the Investment campaign in the Hamilton church at this time!

Will Jonathan's Cafe be open any more this year? "Sure," Jonathan states. Mrs. Ralph Hollibaugh, his chief cook, and his mother didn't think so about 3 p.m. Sunday. A few hours later they were figuring out what the next date will be and what to add to the menu. They might even have to stay open a little longer to accommodate all the people planning to be there!

When asked if this is his first Investment project, Jonathan replies, "No. One year I planted carrots, but only one grew." This year his project has surely paid off. He feels the Lord really blessed his effort and he is anxious to continue.



Jonathan and customers

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Sure, our technology and our scientific research are as current as tomorrow's news.

But we remember where we came from too.

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