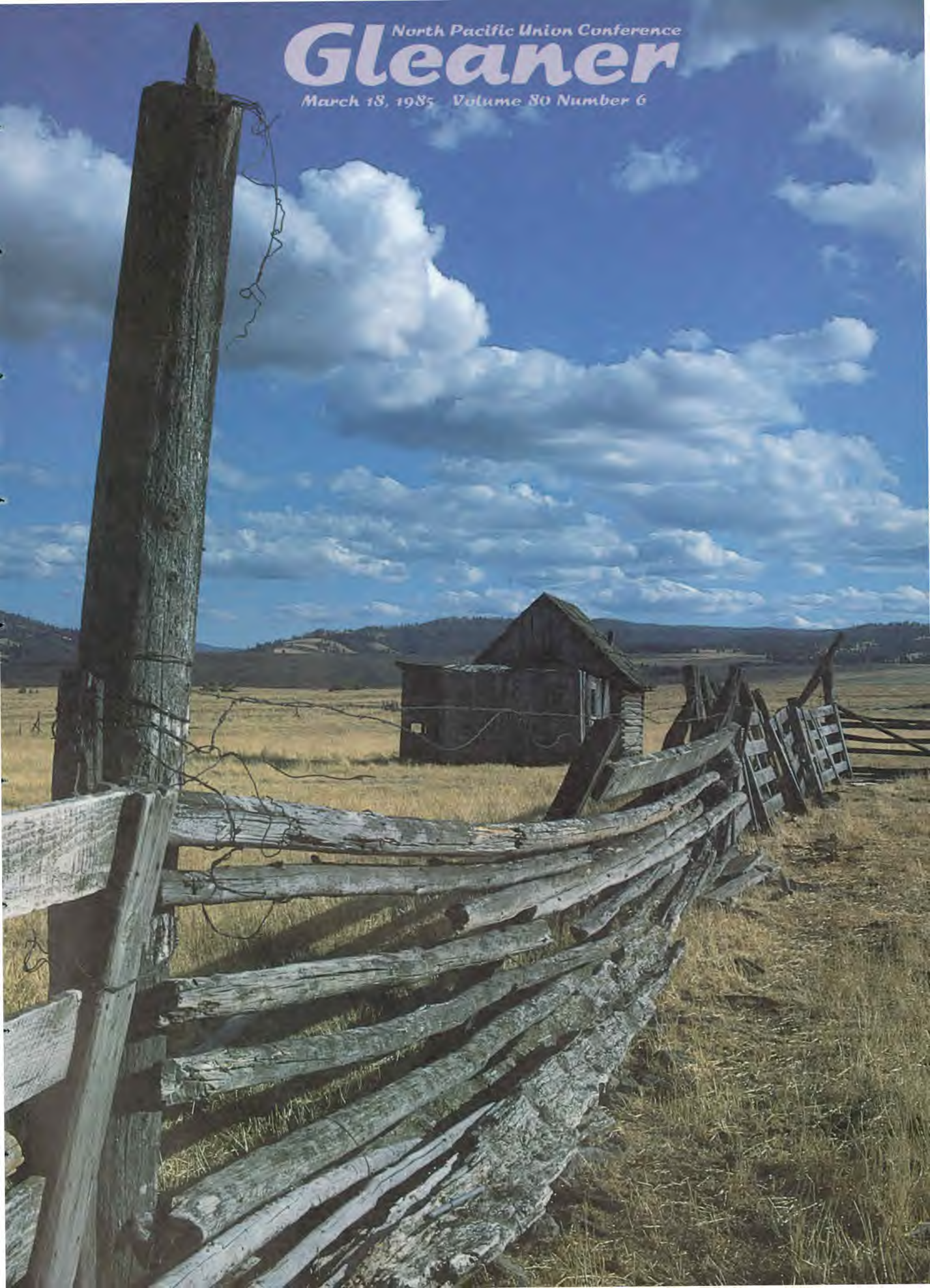


North Pacific Union Conference
Gleaner

March 18, 1985 Volume 80 Number 6



A Journey of Faith

By Rhonda L. Potts



The other day as a friend and I sat talking, the subject of human emotions and behavior was brought up. As we talked of man's faith and doubts in God, my friend recalled a folk story about a very poor man.

This man needed a wagonload of straw which he could take to a nearby city and sell for enough money to pay his property taxes. His own crops had failed for the third year in a row and the farmer knew that if he didn't pay his taxes this year he would lose his farm. The people in his small town knew

of his plight, but were unable to help, having just barely enough for themselves.

The poor man's problem wrinkled many a brow, puzzled brains worked, striving for a solution. With no immediate answer the man spoke with his family, preparing them for the loss of their home.

That night as the family readied themselves for evening worship, the man gave his problem to the Lord, saying, "Oh my Heavenly Father, my head is weary and my heart is heavy for worries of this earth. I give to You, my dear Lord, this problem for which I know of no solution." With this surrender, his load was lightened as he went to his bed.

The next morning he arose and went to his wagon, going about the task of harnessing the horse for his journey of faith. As he bent his worn body to kneel in prayer, his hand closed about one small piece of straw. When he lifted his head to gaze about the barnyard he saw many such pieces.

Then walking about, he carefully picked up the pieces of straw. After he had gently placed the small handful of faith in his wagon, he grasped the reins and started for the city.

Along the road he spoke with many people. Feeling very optimistic, he said, "I'm going to the city to sell my wagonload of straw."

At the confused expressions of the people, he went on to explain about the dilemma in which he had found himself, and in giving his problem to the Lord, he had then found peace in faith.

The loving hearts of the townspeople met him on his journey of faith, thrusting into his wagon a handful of straw, or maybe only one small piece of straw. Word spread of the poor man going to the city with a very small amount of straw and a very large amount of faith.

All along the road were many people to meet him with a handful of straw or maybe only one small piece. Needless to say, soon the man's wagon was so full his horse could scarcely pull his load to the market in the city.

When the story was over and my friend had left, I wondered. . . ? Is my faith as strong as this farmer's? He searched for an

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Rhonda Potts writes from Coeur d'Alene, Idaho.

About the Cover

Frank LaSage, Eugene, Ore., took the cover picture along State Highway 244 between LaGrande and Ukiah, Ore. Recognizing the picture potential, he and his wife, also an amateur photographer, took three rolls of film of the deserted ranch and the rail fence.

LaSage has been a painting contractor in Eugene for 30 years. He uses a Pentax MX Camera loaded with Kodachrome 64 film.

answer, and finding none, he turned to God.

Should we not also follow the teaching: "Casting all your care upon Him (God); for He careth for you" I Peter 5:7, KJV. It's hard to believe that the same Father who "gave His only begotten son," (John 3:16, KJV) for mere mortal mankind would in fact ignore us in our times of trouble.

Why do we find it so hard to have faith? Is it because our prayers (or are they demands) are not answered our way? Maybe we feel that with wars, famines and all the problems in the world, maybe our problems are insignificant.

"Are not two sparrows sold for a farthing (penny)? And one of them shall not fall on the ground without your Father. But the hairs of your head are all numbered. Fear ye not therefore, ye are of more value than many sparrows" Matthew 10:29-31, KJV.

When I feel my faith has collapsed, when I doubt His love and feel as if I am alone, one thought will run through my brain:

HE DIED ON THE CROSS FOR YOU AND FOR ME.

The Pharisees laid Christ on the cross: taking His precious hands, which he had laid upon thousands of people, healing them with his love; and His precious feet, that had walked many miles to carry His word; they looked upon His gentle face, placed the nail onto His flesh, raised the hammer and. . .

I think this and I wonder how? How could I doubt? How could I not know? How could I have been so unsure? How could I have lost my faith? How?

In every word Christ spoke there was love, plain and simple love. His teachings are His love story to you and to me. The love of our Father was present when He sent Christ here for us; the love Christ gave to us in His life, His works, on the cross in His death, and in His resurrection. He was the Lamb of God, being the supreme sacrifice for you and for me.

Faith without love is weak and vice versa. But in giving myself to Jesus I am sure in my love and faith. For He has strengthened my weaknesses and made me whole. My question is now answered. Yes, my faith as well as my love is strong and sure. Is yours?



Letters

Letters are welcomed for publication. The editor reserves the right to reject letters and where necessary, to edit for continuity and space requirements. Letters must be signed and should not be over 250 words in length except, where, in the editor's discretion, more space is available. Address letters to Editor, Box 16677, Portland, OR 97216.

Fund Established

Inquiries have been coming to us from throughout the Pacific Northwest regarding the progress of Cheri (Nystrom) Stowers, who was seriously injured in an accident last Oct. 24. Cheri continues to be hospitalized at Sacred Heart Hospital in Spokane, where she is undergoing intensive rehabilitation therapy in order to regain some use of her hands and arms.

She will be confined to a wheelchair, so plans must be made to purchase a specially equipped van and to equip her home with specialized facilities so that she will be able to function to her maximum potential. Her husband Craig has been working toward this goal in order to be able to bring Cheri home as soon as possible.

Because of the expenses involved, and the fact that both Craig and Cheri are church school teachers, the Upper Columbia Conference has agreed to be custodian of a special fund for Cheri. Anyone wishing to show their love for Craig and Cheri by making a donation may send funds to the Upper Columbia Conference Cheryl Stowers Rehabilitation Fund, P.O. Box 19039, Spokane, WA 99219.

Please continue to pray for Craig and Cheri, as this tragedy has placed tremendous physical and emotional (as well as financial) burdens on these young people. God bless you as you do what you can to help lift the load.

Annette K. Chase
Pastor's Wife
Toppenish, Wash.

*Further information about the project is on the back cover.

Child Abuse

I am writing in response to Dora Sturm's letter in the Feb. 4 issue.

I was a sexually abused child myself, so I can understand the great need to state the fact that Bill had been sexually abused.

A sexually abused child has very special needs that the prospective family must be made aware of. This way, they can help the young person overcome the pain, guilt, shame and anger that is their cross to bear.

Also, it is difficult, at first, to face your peers, but your real friends will treat you no differently.

I am a grown woman now, happily married, and with a child of my own, but I still have to deal with the emotions and scars of what happened to me.

People, especially those in the church, have to be made more aware of child sexual abuse and its results, so they will better know how to deal with its victims.

The people of the church dealt very poorly with me. Because of their lack of understanding, I was shunned. At that point in my life, what I needed, and wanted, was understanding and friendship.

I applaud the GLEANER for printing the little they did. I just wish they could print a more detailed article.

(Name withheld)

Teacher Needed

I am writing this "Letter to the Editor" in hopes that I may inspire an Adventist school teacher to come to the mission field of Montana. We need your help. We have a very small church school in Bridger, and we are losing our teacher when school closes in the spring.

Bridger is a nice little town, population about 800, just 50 miles south of Billings, Montana's largest city. If you should happen to be an outdoor type, our area has a lot to offer. On a clear day we can see the mountains of Yellowstone Park from Bridger, and Yellowstone Lake and the Bighorn Canyon are practically in our front yard.

We have just seven students, and the school is held in the basement of our church. Our church membership is around 70.

If you are interested and want more information please contact Lee Lucas, Box 462, Bridger, MT 59014. Phone: (406) 662-3296.



In the morning, at 1 1/4 hours before sunrise, look for Jupiter close to the horizon (ESE), Saturn in the SSW (more than 1/4 way up), Spica (SW — 1/4 way up), Arcturus (WSW — 1/2 way up), Antares (S — 1/4 way up), Vega (E — 3/4 way up) and Altair (ESE — 1/2 way up). In the northern skies look for Capella (N — very near horizon), Regulus (WNW — near horizon), Deneb (ENE — 1/2 way up) and, of course, the Dippers and Cassiopeia.

About 1 1/4 hours after sunset, look for Mercury (W — near horizon, if visible), Venus (W — a little higher above the horizon), Mars (W — almost 1/4 way up) (Mars will be close to the moon on March 24), Aldebaran (WSW — 1/2 way up), Rigel (SSW — 1/2 way up), Betelgeuse (SSW — 1/2 way up) (both of Orion), Sirius (S — 1/2 way up), Castor (SSE — near sky center), Pollux (SSE — 3/4 way up), Procyon (SSE — 1/2 way up) and Regulus (ESE — 1/2 way up). In the northern skies look for Capella (WNW — 3/4 way up), Arcturus (ENE — quite near horizon), Deneb (NNW — near horizon) and, of course, the Dippers and Cassiopeia.

Information supplied by Earl L. Shepard, Pendleton, Ore.

American
Red Cross



**We'll Help.
Will You?**

Former Worker Provides Impressions of Conditions in Ethiopia

EDITOR'S NOTE. Recently the GLEANER interviewed Irwin Dulan, who has just returned from nearly nine years of mission service in Ethiopia. A native of California, he is a graduate of Oakwood College and has a master's degree from Andrews University.

He began his work in Ethiopia in 1976 as a Bible teacher at Ethiopian Adventist College. He later became president of the College and more recently has been the Education and Youth director of the Ethiopian Union Mission. Following are excerpts from the interview.

GLEANER: Is there starvation in Ethiopia?

Dulan: There is starvation. This is no myth; it is a fact. I visited one of the camps, where in one month's time 90,000 people were processed. These people have come from the drought area in Wollo Province, where there has been no rain for several years. The people are being evacuated and relocated in provinces where there is more of a chance of survival.

However, many of the people die on the way to the camps. Only the strongest make it to the stations.

GLEANER: Are conditions as bad as they are depicted in our news?

Dulan: Yes, but they are not the same in every area. There are differing degrees of famine. You see only the worst cases. The camps are pitiful sights. People are herded together like animals.

I walked into one room, the size of your office, and asked, How many people are staying in this room? They said about 45. Can you imagine 45 people in a room 15x15 feet? They have to lie body to body, like a mat. Consequently disease goes quickly through the whole group. This is why they have to have medical assistance at the camps to treat the diseases.

GLEANER: Is the Ethiopian government attempting to help these refugees?

Dulan: The government is doing all they can with their limited resources. One-third of their national budget goes for war purposes because there is so much warfare with surrounding countries.

GLEANER: Are American relief efforts helping? Are materials getting through?

Dulan: Materials are getting through, though not as fast as we would like them. Sometimes not everything gets through because there are anti-government rebels



Irwin Dulan

who waylay the shipments. The Ethiopian government is being very careful that they guard the commodities as they are going to the needy areas.

GLEANER: What can we do as Adventists in America to aid the Ethiopians?

Dulan: The biggest thing we can do as a church is to support our efforts through ADRA (Adventist Development and Relief Agency). They see that the money goes to the places designated. Often when money comes into a country, it is reallocated to other lines. There is a fear by many that this is being done with relief funds. But we know ADRA is putting the money in the proper places.

GLEANER: What has caused the problems in Ethiopia?

Dulan: Drought is the major factor. But it is also drought coupled with the lack of education in agricultural lines. There are great variations in elevation in Ethiopia. There are areas that look like the Grand

Canyon in Arizona, with tremendous gorges and sheer cliffs. To grow food crops on these slopes is an impossibility.

Where the land is more or less level, it has been denuded of greenery and wood because the people use wood to cook with. When the rains did come, they washed away the topsoil. Vast areas are now covered with boulders and rocks. It seems when there are no trees, rain doesn't come to those areas.

GLEANER: Is agriculture quite primitive?

Dulan: Yes, many are still plowing with oxen. In some places they dig with a sharp stick and turn the soil. In other sections they dig with a hoe. They plant grain crops such as corn, sorghum, wheat and barley.

GLEANER: Is this a temperate climate?

Dulan: Most of the country is a high plateau. The government is working in the lowland areas that are hot. They are experimenting with cotton and citrus and are quite successful.

GLEANER: Is there a future for the refugees?

Dulan: There are many problems with the relocation efforts. The government agencies are putting them in areas where they are mixing tribal groups, and this is a great problem. Tribal groups are closed societies. It is difficult for rural tribal groups to accept members of another tribe into their society. This is causing friction.

The best technique would be to move a tribe into an area where they could be by themselves, but there are no empty spaces. There are people everywhere.

GLEANER: Does Ethiopia have natural resources?

Dulan: Yes, it has many natural resources, especially water power, but it is relatively untapped.

GLEANER: How can you have water power and drought?

Dulan: This is always a big question. If we had the same water power here that they have, it would be highly developed. There isn't education toward technology, and so you have people living next to a large body of water, on the brink of starvation, because they don't irrigate with that water. They don't know how to irrigate. It has never been done in their area before. The famine is bringing new dimensions in development. The government is sending out individuals to train rural people.

GLEANER: What is the status of the Adventist Church in Ethiopia?

Dulan: The church is accepted by the government, but it is being curtailed in many ways.

GLEANER: How?

Dulan: In one conference — we call it a field there — we had 235 churches before the 1974 revolution. Since then only three are open and operating.

GLEANER: Is this typical?

Dulan: No, this is probably the hardest hit of any of the fields.

GLEANER: What is the membership?

Dulan: About 33,000.

GLEANER: Does the government inhibit evangelism?

Dulan: Evangelism has to take on a totally different approach to be successful. Instead of running long public meetings, everything has to be in a church or a school, and it can be for only a week or two.

GLEANER: Is the college still in operation?

Dulan: Yes, but not on a college level. It operates only up to the high school level. All secondary and higher education is under the government Higher Education Commission, and they have stringent guidelines as to how we can run the school. The main disagreement is that the curriculum, budgeting and acceptance of mission policies are under their supervision, if we go into

the higher education level. This we have not been willing to do.

GLEANER: What about the ministry?

Dulan: One of the great needs is for a trained ministry. Most of our workers aren't trained. We have hundreds of workers, but only about five percent have a grade 12 education.

GLEANER: Can they go to other countries for their education?

Dulan: This is difficult because no money can be exported from the country. Unless they are fully sponsored by the denomination or individuals outside of Ethiopia, it is virtually impossible for them to go outside. They all want higher education. They feel that's the solution, and I think it is.

I have been encouraged as I have seen developments through the years in spite of the fact that individual rights aren't always respected as we know them here. Still the people are trying to do their best. I think there is hope for Ethiopia.

GLEANER: Are Adventists affected by the famine?

Dulan: No knowledge has come to us of Adventists starving to death. Most of the drought is in the north, where our membership is small. This is a Muslim section, and we have had few converts there. At the present time we have fewer than 500 members in the whole northern conference, the area primarily affected by the drought.

A Suggestion on Ethiopia

By Glenn Aufderhar

Today's mail brought a letter from one of our Adventist families in the Seattle area, Ken and Phyllis Stream. They enclosed a clipping from the *Adventist Review* listing the help that has been given to Ethiopian famine victims.

It is an impressive list as you see, 75 tons of food, more than 12,000 pounds of medical supplies, 8.5 tons of multivitamins, clothing for 72,000 people, etc.

But the sentence that attracted the Streams' attention was "William Jenson, director for ADRA's Africa bureau, went to Ethiopia in December to help organize an expanded aid program. He says that at present the greatest

need is for funds to use in distributing goods already in the country and to purchase what local food supplies are available."

After reading that brief report, the Streams decided that even though they are

in a building project they have given to heavily, they wanted to see if there weren't 100 individuals across the Northwest who would contribute \$1,000 toward the Ethiopian food distribution project.

The Streams suggest that maybe there are at least a hundred individuals across the North Pacific that might like to join them in this special task. Perhaps there are even more.

It is true we can get irritated at some of the unnecessary red tape that slows some of the supplies. But irritation will not help those who are dying. Since there are capable people in the field such as William Jenson and since there are many of us who have more than we need, I think Ken's suggestion is worth thinking through on an individual, volunteer basis.

ADRA Contributions

Contributions to ADRA can be sent in two different ways. You can turn it in through your church, marking the tithe envelope with ADRA.

Funds can also be sent directly to the ADRA office at the General Conference, 6840 Eastern Ave. N.W., Washington, D.C. 20012. Be sure in all cases to indicate your gift is for Ethiopian Relief.

Glenn Aufderhar is the former president, Washington Conference.

TODAY'S CHRISTIAN EDUCATION

Financial Aid Is Available for Those Planning to Attend Walla Walla College

By Gary Tetz

While most of life's big decisions have financial implications, their importance makes it wise not to base the entire decision on money alone. Cost should never be the sole determining factor in choosing a college. Educational and spiritual goals should take first priority.

The Financial Aid office at Walla Walla College stands able and willing to help students experience a well-rounded Christian education in an environment devoted to a spirit of excellence. A completed financial aid application, on file by April 1, can be the key to giving college dreams some tangible form.

Students Receive \$4.7 Million in Financial Aid at WWC

The value of a Christian education stands head and shoulders above the price tag. In 1983-84, financial aid programs totaling \$4.7 million helped make WWC a more-than-reasonable alternative to a community or public college. For the 1,045 WWC students who received an average award of \$5,485, financial aid bridged the gap.

Financial aid, in the form of grants, scholarships, loans, and work opportunities, is, of course, not intended to pay the entire college expense. The main responsibility still rests with the student and family. But

financial aid can make the difference between college costs and most families' ability to pay.

What Type of Financial Help Is Available?

Need for such assistance is determined by a national College Scholarship Service analysis of a financial aid form, available from most colleges and universities. It is worth noting that a student may qualify for more aid to attend a relatively high-cost institution than might be available to attend a less expensive school.

This enables one to choose a college on the basis of educational needs and goals. Private schools should never be ruled out solely because of their cost, for the availability of aid may make it very feasible for students to choose a college because of its program, not price.

This aid can be broken into four basic categories: grants, scholarships, loans and work opportunities. Grants are gift aid which don't need to be paid back. Examples of such funds are the Pell Grant, the Washington State Need Grant, the NPUC Employment Grant, or the Supplemental Educational Opportunity Grant. Each award is based on financial need, as determined by the College Scholarship Service.

Scholarships are also gift aid, but usually are distributed based on high academic performance. The Chevron award, the Associated Grocers award, the WWC Merit award, and Entering Freshman Achievement and Leadership awards honor first-year

students with outstanding scholastic performance. Many others exist. Financial need is not a factor in the allocation of these funds.

Student loans are generally typified by interest rates as low as five to nine percent, with payments normally not beginning until six months after the student ceases to be at least a half-time student. National Direct Student Loans, Nursing Student Loans, Guaranteed Student Loans, and PLUS Loans are examples of some available funds.

Work is the fourth crucial component of financial aid. WWC guarantees employment for any full-time student desiring part-time work while in college. By working 10 to 15 hours a week, a student can easily earn \$1,350 per school year to help offset their expenses. Job opportunities range from college industries to academic and service departments. More than 80 percent of the student body has some type of campus employment. No financial-need requirement exists for these jobs.

This is not an exhaustive listing of sources which can help you finance your education. Many local service groups, civic clubs, and churches sponsor various financial aid programs. High school or academy guidance counselors or college deans should know of such programs. The WWC Financial Aid office can also provide additional information.

How to Apply for Financial Aid

Applying for financial aid is an easy process when compared with the potential rewards. Simply complete a WWC financial aid application, available from the Financial Aid Office. A financial aid form (FAF) must also be submitted to the College Scholarship Service. Most important is the April 1 financial aid deadline, the time the application process must be complete for maximum eligibility. Students whose files are completed late will receive aid on a first-come, first-served basis, if and when sufficient funds become available. For more information, write or telephone: Financial Aid Office, Walla Walla College, College Place, WA 99324. Toll-free: 1-800-541-8900; in Washington state: 1-800-572-8964.

Remember April 1 is the deadline for 1985-86.

Gary Tetz writes for the Walla Walla Office of College Relations.



Two of the residents of the Portland Adventist Convalescent Center enjoy their pleasant room.



The old Portland Sanitarium and Hospital is now the home of the Portland Adventist Convalescent Center.

'Portland San' Continues to Serve Area as Convalescent Center

By Morten Juberg

Old hospitals don't die — they just keep on operating.

When the Portland Adventist Medical Center moved from the old location near Mt. Tabor in 1977, many expected the old "San" to die a peaceful death.

But it didn't.

Almost immediately plans were set into motion to transform the structure into a convalescent center, thus continuing healthcare to the community.

According to Bernie Hartnell, the present administrator, growth was small at first, beginning with 30 beds. Today, with further expansion, the Portland Adventist Convalescent Center can handle 175 residents.

Not only does the old structure house the Center, but it is home to the Adventist Adoption & Family Services Agency and the Portland Adventist Home Health Agency.

The Center is under the direction of Adventist Health System/West through its subsidiary Pacific Living Centers. It expands the tradition of healthcare which extends from the hospital to the home to the nursing home and to a retirement complex.

Hartnell notes that the Convalescent Center accepts a wide range of patients including those who are ambulatory to those who need skilled care.


He defines the latter as being "sub-acute, long-term. In years past these patients would have stayed in the hospital for a longer time,



Bernie Hartnell, seated, is the administrator of the Portland Adventist Convalescent Center. With him are, left, Bob Wart, Marketing director, and Roy Golden, administrator of the Weidler Retirement Center.

but under new government rules they are discharged and come under our care," he said.

The Portland Adventist Medical Center at-

tained a solid reputation of kindness and caring during its 92 years of service to the Rose City. The same personalized care continues at the Convalescent Center. 

Morten Juberg is editor of the GLEANER.

Pacific Press Board Has First Meeting in New Idaho Plant

By Bob Gorton

In spite of the cold and dismal weather, Jan. 17 marked a historic occasion in Pacific Press history. Amid unfinished offices and with the sound of construction work all around them, the Pacific Press Publishing Association board heard reports that warmed their hearts.

It was the first meeting of the Pacific Press board of trustees in the new Nampa, Idaho, plant. Special guest Neal Wilson, General Conference president, remarked on the "miracle" that had been accomplished in 13 short months.

On Dec. 8, 1983, a decision was made that set in motion the machinery for rapid change. On that historic day the Pacific Press board voted to move all operations to Nampa, Idaho. Embarking on what was termed a "fast-track" course, Pacific Press began to turn the board's decision into reality.

Groundbreaking ceremonies were held at the new site in Nampa on March 1, 1984. By July the huge concrete slab covering 145,000 square feet of the 40-acre plot was

poured. Soon giant cranes hoisted large steel beams into place, thus forming the shell of the factory portion of the new complex.

Back in California things were moving almost as rapidly. A buyer for the property was found and employees began putting their homes on the market in anticipation of the upcoming move. To the surprise of many, the Pacific Press management team decided to move all prepress operations into rented temporary quarters in Boise, Idaho. The move began on June 1 with shipping and was completed in early August with the arrival of the editorial offices.

Only the litho, pressroom and bindery departments remained in Mountain View. Moving to the temporary quarters 15 miles away allowed for families with children to get settled in time for school and the quicker sale of the Mountain View property.

Throughout the summer and early fall construction proceeded at a rapid rate. By November portions of the factory operation were able to begin the long move to Idaho, and the last day for Pacific Press operations in California came on Dec. 7, 1984. On that day the last three Pacific Press workers left the Mountain View plant for the last time,

exactly 81 years after the Pacific Press board had voted to accept the Mountain View city council's offer of five free acres of land to move the entire operation from Oakland to Mountain View. Now all operations were in Idaho and families were back together again.

The final phase of the move began in early December with the transfer of the periodical mailing area from temporary quarters in Boise to Nampa. During the Christmas holidays all book and record stock was moved to Nampa, and shipping resumed on Jan. 7. Offices soon followed, and by mid-February all operations were located at the permanent location in Nampa.

The final tally shows more than 14,000,000 pounds of products and equipment moved to Idaho on 269 trucks. Nearly 100 families pulled up stakes in California and relocated. During this moving time Pacific Press was able to make needed adjustments in its production capabilities. A few new machines were purchased and some departmental realignment took place. Production has resumed in all areas.

Sensing the importance of the Jan. 17 meeting, a good portion of the local news media sent reporters to cover the event. As the day drew to a close all Pacific Press employees assembled for the first time ever in the multipurpose room in Nampa. They were gratefully commended for their collective efforts by Lowell Bock, board chairman; Lou Ramirez, General Conference publishing director; Lance Butler, General Conference treasurer; and General Conference President Neal Wilson.

In his remarks Wilson said he had come to see for himself just how much had taken place in 13 short months. What he saw caused him to call the employees "heros" for what they had accomplished. At the conclusion of this historic meeting President Gene Stiles summed up the feelings of Pacific Press employees and supporters when he asked Wilson to tell the world field that "Pacific Press is alive and well."

The scope of the enormous construction project snaps into focus when certain key statistics are considered. The new plant contains more than 180,000 square feet of production and office space. Total construction cost is expected to reach \$6.5 million. At one time during construction five different trades were working at the same time. Even those who were a part of all this are overwhelmed by it all.

Through it all God's guiding hand was evident. In all the trips between California and Idaho no serious accidents occurred. In a year of upheaval, sales remained strong, even outpacing the previous year. Many important new products were brought to the marketplace. Without the move it would have been termed a successful year. But 1984, through the grace of God, was a year when the "impossible" was accomplished.

Bob Gorton is public relations director of the Pacific Press Publishing Association.

Union Committee Actions

The North Pacific Union Executive Committee met in College Place, Wash., Feb. 14. Following are some of the major actions of the committee:

- Accepted the resignation of Marilyn Cramer as the lay representative from the Washington Conference. The committee approved the Washington recommendation of Joyce Fischer from the Kirkland Church as the replacement.
- Approved a list of 60 delegates to the 1985 General Conference Session in New Orleans, La.
- Voted an appropriation of \$1,000 for ADRA for Ethiopian relief.
- Approved the NPUC budget for 1985. Also audited and approved workers' expense reports for 1984.

- Accepted resignation of Lewis Shipowick as Union Personal Ministries and Sabbath school director. Considered a slate of nine names as a replacement.

- Voted to extend a call to Curtis Miller of the Upper Columbia Conference for the Personal Ministries-Sabbath School Department. He has accepted the call.

- Approved plans for an Pan American Youth Congress reunion to be held Nov. 15-17 at Gladstone.

- Approved minutes of the special constituency meeting held Sept. 16, 1984. Also approved the constitution adopted at that session.

- Established a small committee to review the Publishing Department program.

Human Relations Workshop Has Wide Representation

By Morten Juberg



Clad in colorful native costumes, members of the Portland Korean Church sang for the musicale.



Children from the Woodburn, Ore., Spanish Church sang for the Sabbath afternoon musical program.

Representatives from several ethnic groups met at the Gladstone, Ore., Convention Center recently for a three-day Human Relations workshop.

Directed by E. A. White, Human Relations director for the North Pacific Union Conference, the sessions featured contributions from many leaders. Those making presentations included, W. S. Banfield and Eloy Martinez from the Department of Human Relations, General Conference; Robert Connor, ministerial secretary, Lake Union Conference; Anees Haddad, dean, College of Arts and Sciences, Loma Linda University; Ruth Komarniski, Bothell, Wash.; Sakae Kubo, Walla Walla College; Wilfredo R. Martir, Migrant Education Program, State of Washington; and Reger Smith, vice president, Student Affairs, Andrews University.

Among the ethnic representatives were Black, Hispanic, Vietnamese, Korean, American Indian and Filipino.

On Sabbath afternoon many visitors joined the delegates for a cultural music program. This was followed in the evening with a cultural food fair.



Two young Filipino violinists demonstrated their abilities.



Some of the participants in the recent Human Relations Workshop included, from the left, Eloy Martinez, General Conference; E. A. White, program coordinator; Anees Haddad, Loma Linda University; and Reger Smith, Andrews University.

Oregon Special Committee Votes To Close Laurelwood Academy

By C. Elwyn Platner

It seemed as though all the evidence had left only one choice for consolidating Oregon's boarding academies on one campus.

The delegates to a special meeting of the Oregon Conference Lay Advisory Committee, the K-12 Board of Education and the Conference Executive Committee sought God's guidance at their meeting Feb. 24.

As they met at the Oregon Conference headquarters they had prayed earnestly at the beginning of the meeting and then again just before the vote. Just the day before they and church members throughout the conference had observed a special day of prayer and fasting for God's guidance on this day. They had carefully reviewed all the facts gathered by the conference administration and the education department which were bound into a 58-page report and a report of the Academy Futures Committee.

They had heard Conference President Edwin C. Beck remind them that their meeting was carefully prescribed by the Jan. 13, conference constituency meeting action: "that the Oregon Conference have only one boarding academy beginning with the 1985-1986 school year." Further, they had directed that the final decision was to be made by these three bodies at a joint meeting before March 1.

Now the choice was between the Laurelwood Adventist Academy, which had been established in 1904, and the Milo Adventist Academy, which was built in 1953 and 1954 and opened in 1955. Laurelwood at one point had an enrollment of about 450, but during the past 10 years had fallen to about 220. At Milo's high point its enrollment exceeded 300 and now is 179. But either campus could accommodate the present enrollment on the two campuses.

The decline had been blamed simply on the lack of available students and thus insufficient funds to economically operate two boarding academies.

It was acknowledged that the decision would be difficult and the results would cause an emotional impact. But after all the discussion and study, the delegates were ready for their vote. When the ballots were tallied, President Beck announced the results: Laurelwood — 51, Milo — 91.

For many the results were a surprise and

incredible. For others there was rejoicing. But for most there was an expression of thankfulness and relief that finally a decision had been reached after more than 10 long years of grappling with the problems of maintaining a first-class secondary boarding academy program at a time of lagging economy and reduced enrollment.

The conference administration reiterated its determination to provide an opportunity for every Oregon youth to obtain a secondary education whether it is at a boarding or a day school.

At the same time efforts are being made to amalgamate the two boarding school student bodies for the coming year. Plans have been laid to introduce Laurelwood students to the Milo campus and to combine their voting for the selection of student officers

for the coming year.

The Harris Pine Mill, which has provided employment for students for many years, will continue to operate at Laurelwood as long as it is economically feasible for the immediate future or until the school property is sold. At present some 90 students and 70 adults are employed by Harris Pine. According to Charles Fry, president of Harris Pine Mills, Pendleton, continuing study will be given to the transition at Laurelwood and the mill's future in that area.

As the conference moves into a new era in its secondary education program, the administration is determined to maintain a system which will fit the needs of all the constituency, one which will function according to the dictates of the divine plan outlined in the Scriptures and the Spirit of Prophecy.

Two Relief Programs Begin in Sudan, Ethiopia

During January, ADRA (Adventist Development and Relief Agency) began two relief programs for drought-stricken Sudan and Ethiopia.

ADRA's executive director, R. R. Drachenberg, and its Africa Bureau director, William H. Jenson, have gone to Khartoum, Sudan, to begin operation of a maternal-child health care program for 75,000 that will be under the direction of David Taylor.

Funded by USAID, the program will concentrate on catching malnutrition at the critical point for the child, between 0 and 5 years of age. Thus, besides children, both pregnant and nursing mothers will receive food supplements and nutrition education. The program will operate through existing government health centers.

Pastor Taylor, the project director, has been an administrator in South America for the past 17 years. He served as a youth director, pilot, and president of the Ecuador and then the East Bolivia conferences.

Taylor emphasized the necessity of the maternal-child health care program in

Sudan, which has experienced a drought for the past two years and where Ethiopian refugees are placing further strains on the country's resources.

Six thousand pounds of seeds, enough to plant 10,000 gardens, were airlifted to Ethiopia on Jan. 28. The vegetable seeds — beans, carrots, cabbage, tomatoes, and others — form part of the Ethiopian diet and will be used for an agricultural seminar to be conducted March 25 to April 4 in southern Ethiopia. The seminar will train 40 Ethiopians in agricultural methods that they can in turn teach people in their villages.

Funded by Dutch Inter-Church Aid, the 11-day seminar will emphasize ways to minimize the effects of drought and increase yield. By concentrating gardening efforts in the West and South of the country where the drought has had much less impact, ADRA hopes to prevent the massive suffering and starvation prevalent in the North. The seeds were donated by the Burpee and Harris seed companies.

C. Elwyn Platner is communication director of the Oregon Conference.

Commissioner Rules Against Couple in 'Religious Harassment' Case

By C. Elwyn Platter

The Oregon Bureau of Labor and Industries presented a complaint against Bob and Gloria Sapp, a Portland, Ore., Adventist couple in 1983 and conducted a hearing on the matter last April. The final administrative decision handed down Jan. 31, issued an order against them.

Commissioner Mary Roberts' findings were that they had discriminated against a former employee because the Sapps had conducted the office with a religious display offensive to her. As a result they will be required to pay more than \$10,000 in back pay, damages and interest on the back pay.

Mr. and Mrs. Sapp, who owned and operated a real estate business in east Portland at the time of the alleged incident, were accused of having created an intolerable working environment because of religious conversations and discussions in the work place which constituted "religious harassment."

The claimant in this case "contended that the constant discussions of religion and remarks made to her caused her a great deal of stress and difficulty in her work," Roberts said in a press release. This "eventually led to an argument . . . (in) which she believed she had been fired."

The commissioner's statement went on to say that "comments and discussions went well beyond reasonable and constituted harassment."

At the hearing conducted by the Bureau of Labor in April, 13 witnesses testified on behalf of the Sapps. All had been former employees in Sapp's Realty. So when the decision was rendered by the commissioner, Mr. and Mrs. Sapp were shocked and dismayed.

In response to the final order Mrs. Sapp contends that the commissioner's decision has been based on a number of inaccuracies which need further clarification. But she was not prepared to say whether or not the case would be appealed or what other action might be forthcoming.

Attorney Herald Follett, who represented the Sapps, noted that the decision by Roberts does not create precedent unless appealed by one side or the other and a ruling is issued. However, it does serve to provide certain guidelines by which the Bureau of Labor and Industries will operate in the future unless they are successfully challenged. Because of the lack of these guidelines prior to this case being adjudicated, the decision seems unfair to some.

In light of this decision, Arthur Lickey, public affairs director of the North Pacific

Union Conference, was quoted as saying that he did not question the need for civil rights laws, but hoped that Roberts' decision would not be misunderstood or given more emphasis than the facts of the situation would warrant.

"We don't want to move into an area of infringement of free speech," he said. However, this case seems to modify this right and the employer must cease discussion of religion if the employee objects to its continuation, he added.

He cautioned that this decision would have a chilling effect upon the employer's free speech to the point where he would be fear-

ful to ever discuss religion.

Roberts underscored that her decision was made from her assessment of the actions of the Sapps and felt that such behavior was not mandated by the church of which they are members.

She has dealt with many Seventh-day Adventists during her public service and her earlier contact has given her an acquaintance with Adventist Sabbath employment situations.

Several individuals close to this case indicated that its effect could be far-reaching as it relates to other religious groups in Oregon.

People in Transition

ADRA

Aileen Andres Sox, former assistant editor of the *Adventist Review*, has joined the Adventist Development and Relief Agency (ADRA) as editor for Resource Development.

A graduate of Pacific Union College, Mrs. Sox taught school for two years and worked in the Theological Seminary as a secretary before moving to Washington D.C., and joining the *Review* staff.



Aileen Andres Sox

Upper Columbia

Russell J. Jensen, who has been the treasurer of the Pennsylvania Conference, has accepted a call to be assistant treasurer of the Upper Columbia Conference.

Fritz and Martha Martinsen return to the conference after serving for three years in

Norway. They are located in the Newport/Diamond Lake district.

Two Walla Walla graduates will join the conference staff as ministerial interns after graduation. They are Terry Moran and Dave Woodruff.

Montana

Bruce and Loma Boyd have moved to Missoula where he will pastor the Missoula-Stevensville district. He is transferring from the Shelby-Choteau district. He replaces Roland Shorter who has moved to pastor the Tempe, Ariz., church.

William and Cindy Whitney from Rio Pico, Ariz., will be moving to the Shelby-Choteau district.

Moving from the Plentywood-Sidney district to Sacramento, Calif., are David and Jill Wellman.

Richard and Fern Knapp will take over the leadership in the Livingston-Big Timber district. They come from Arpin, Wis. Bob and Jan Ash, formerly in Livingston have accepted a call to Mt. Vernon-Friday Harbor, Wash.

Replacing Jan Ash as administrative secretary in the conference office is Karen Schiller, former ABC store manager. She is being replaced by Mrs. Raelene Rasmussen.

Elwood and Doris Boyd from Orofino, Idaho, have assumed the pastorate in Havre.

Conference News

Washington



Alaska



Idaho



NEW MEMBERS IN FERNDAL. Pastor Doug Johnson of the Ferndale Church has had eight baptisms recently. Back row left to right: Karen Grummond, Jay Miller, Aaron Grummond, Pastor Johnson, Heather Crinch, Amy Grummond. Some of the new members attended the Revelation Seminar.

Loreen Peabody
Communication Secretary



KIRKLAND HEALTH PROGRAMS. Each quarter the Kirkland Church conducts a series of health programs for its neighbors. At the recent Five-Day Plan to Stop Smoking, 31 of the 33 in attendance gave up the smoking habit. The program was conducted by Pastor Jerry Brass assisted by Roger Anderson, M.D., Scott Campbell, D.D.S., and Juliette Church, R.N.

A member of the September class served as one of the counselors, giving valuable assistance through her own recent experience of becoming a non-smoker. At the close of the program, the class members gave donations totaling more than \$300. One of the members, in accepting Pastor Brass's invitation to visit church, has been attending regularly since the program.

Beverly Brass

Kenai Students Travel To See Beached Whale

The children at the Kenai Elementary School in Kenai, Alaska, were surely surprised one December morning when their teacher, Ralph Walter, informed them that they would be taking a trip to see something that not many people get to see . . . a very large finback whale!

The 40-50 ton, 58-foot creature had beached itself upon the Nikiski Beach and had met its inevitable death. In order to get to the whale, however, they would have to drive 40 miles on the highway, take a short four-wheel drive road, and hike through a thorny-bushed path.

Then the students found that they would need to rope over a rather steep bluff to get to the beach. All six of them (including two first-graders), the teacher, and the teacher's aide finally reached the sight of the great whale. It was a wonderful sight to see and well worth the arduous trip! The whale was

enormous and just beginning to show signs of decay. It was quite an adventure for all of them. It isn't every day you can see a whale!

Cathy Walter
Teacher's Aide

Student Missionary Gets Visit from Former Aide

Terry Soule', son of Mr. and Mrs. Milt Soule' of Payette, Idaho, received a visit recently from Sotoko Kotani of Kagoshima, Japan. The two first met in July of 1982 while Terry was a student missionary serving as an English language teacher at Himiji for a year. At that time, Sotoko was a branch director at the Adventist English school. After two years she took a similar position at Kagoshima, which is the southernmost city on the island of Kyushu.

According to Sotoko, Japanese young people are required to study English before their 7th grade. Then to improve their pronunciation and versatility in conversational English, many enroll in English schools. Students in the schools include youth as well as business individuals. Enrollment in these schools may run up to 100 per school.

Sotoko states that there are seven Adventist English Language Schools maintained by the church with the purpose of soul winning. Many of the churches are the result of language schools. The Himiji Church with a membership of about 40 was primarily started as a result of the school's activity.

Student missionaries and students of the language schools tell others about the schools. By mixing with the citizens, giving personal invitations and by use of posters these church-maintained language schools are advertised.

The schools also sponsor parties, games, discussion groups, tours and ski camps. The students and their friends are encouraged to take part in all the activities which expose the student to practical ways of using the English language, Sotoko says.

Each year in her work, Sotoko has helped new students to adjust to her culture and the assignment given to them as student missionaries. Usually she works with three students at a time. When these are well prepared for their work, they are replaced with the next group. This year Sotoko is working with three girls.

Sotoko states that the Treasure Valley area reminds her of the northernmost island of Japan, where cattle are raised and dairies exist. She was delighted with the visit the two made to a dairy in Fruitland.

Since Kyushu lies in a semi-tropical area and Himiji, where Sotoko had previously been, was very mild, the Japanese visitor had rarely seen snow. Her stop in the valley presented her with a view of plenty of such! She was also impressed with the open spaces of Idaho and the great distances between cities. In Japan, she noted, "a one- or two-hour plane trip was a long distance."

When it came to food, Sotoko was delighted by a gift of crisp, delicious apples. She expressed surprise during a meal upon seeing canned apricots. These she had heretofore seen "only in jam."

Sotoko's family lives in Himiji on the island of Honshu. Her father, who is now retired, had worked with a farm co-op. The family, according to Sotoko, are "nominal Buddhists" in that they attend funerals and services on New Year's.

It was while attending Himiji English Language School that Sotoko became interested in Bible classes. She became an Adventist three and a half years ago. At present the family remains Buddhists, but Sotoko is aware that she is quietly being watched as she lives out her faith.

Joyce D. Klocko
Communication Secretary



Terry Soule of Payette receives visit from Sotoko Kotani of Japan. The two first met when Terry served as a student missionary in Japan.

Oregon



Oregon ABC WATS Line Expands Order Coverage

When you call the Oregon Adventist Book Center on the WATS line, that pleasant voice at the other end of the line is usually

Marian McGhee. It's a voice many have become familiar with.

Marian has served in the ABC since 1975 and grown in responsibility — so much so that when her service and experience were reviewed recently by the ABC management they decided to offer her greater responsibility.

She has been given the title "customer service coordinator." Her work, however,



Marian McGhee

won't change much, says Bill Skidmore, ABC manager.

In addition to caring for order requests on the WATS line, she prepares invoices for the orders, answers other book inquiries, cares for special orders and meets a select number of book sales representatives. She also cares for certain customer problems.

"Marian is particularly capable for this post because of the wide knowledge she has accumulated about our book inventory," Skidmore says. "In addition we spend hundreds of dollars each year to provide the resources she needs to deal with a broad range of Christian literature."

When she first came to the Oregon Conference, Marian was secretary to the ABC manager, Orvis Braman. She gradually worked into other areas of responsibility in-

cluding handling school book orders and billing.

Then it was decided to try expanding ABC service to include a free wide-area telephone service (WATS) line by making it more convenient to place book and literature orders. Marian was placed in charge of this service and given other part-time help.

At times she is flooded with calls all day long. "People expect us to know about all the books on the Christian bookseller's market, so I've developed a memory for what is available," she explains. "I read ads that come through and watch the magazines and catalogues from booksellers and sometimes order samples to check them out to make sure they are what we want to have on our shelves. We are selective and careful," she adds.

"If the book has a generally good approach which will relate well to Adventist doctrine, we'll place an order for a supply," Marian says.

By contrast she noted that the mail-in orders are fewer than in the past because so many people place orders by phone.

Marian has two children whom she has helped put through college. Both are now in denominational service. Her son, Bobby, teaches physical education at Columbia Adventist Academy, and her daughter, Louanne, is working with Adventist Health System/West, in Roseville, Calif.

In her dedication to the book center Marian is often seen working well past closing time in an effort to keep up with the orders she receives each day.

"It's all part of the Lord's work, and I feel that if I can help someone to a closer relationship with God through reading our books, I've accomplished a little bit for His cause," she says.

Church Time Can Be Sharing Time

Church members should not expect a sermon every Sabbath, according to Ellen White (*Testimonies to the Church*, vol. 7, p. 19).

In fact, it would be better sometimes to have the people share their own personal experiences at the worship service. Pastors Harvey Corwin and Cliff Hoffman of the Portland's Mt. Tabor Church have taken that admonition to heart. For the last two years they have set aside a Sabbath for members to share how the Lord has been working in their lives. The people seemed to be enthralled by the experiences of their fellow members.

One experience was the story of Dennis Day, who was recently rebaptized. He

shared how a lack of real commitment had led to discouragement. He told about how drinking caffeinated drinks had brought devastation to his marriage, temperament, health and relationship with the Lord.

At one time he was drinking each day seven quarts of caffeinated pop and coffee. On June 14, 1984, he knelt down and committed his life to the Lord and laid his problem in the Lord's hands. Through difficult times of withdrawal in the days that followed, he clung to the Lord and His strength.

During the last five months he has not had one caffeinated drink of any kind. He was surprised to see such a difference in his temperament and health. He has been so ex-

cited about the Lord's help that he has written to 17 relatives and friends sharing the good news of victories in his life.

Florene McFarland shared her experience of witnessing to a lady camping-area manager where she camps. She told about the lady's excitement as a result of books Florene had shared with her. She was especially excited about the Sabbath truth. Her husband, when visiting Florene in her home later asked, "Would anybody mind if my wife and I started attending your Adventist Church in Hood River?" The wife also asked an interesting question, "How come you don't advertise about your Sabbath? Everyone should know about it!"

Florene also shared with the church about her battle with leukemia. She had been in and out of remission for 16 years. Through these years much of the medication she used had gradually become ineffective.

Recently at the University of Oregon Hospital a new medicine was tried and it has been effective thus far. Florene is convinced of the power of prayer. Even though she was told she would not live beyond Christmas of 1984, her body has responded and is now in remission.

Her medicine often makes her sick. So to get her mind off herself, she listens to one of her pastor's sermons on tape. At her last treatment about 100 doctors were present to observe her response to the new medicine. Because of the number of spectators, she was taken to a large surgical room with a viewing balcony. The doctors refused to let Florene take her tape recorder into the surgical room. Instead they played Pastor Corwin's sermon over the speaker and everybody had to listen. The sermon was played twice. The doctors observed that while Florene was listening to the sermon she was able to endure the pain much better.

Barbara Brooks, who was recently baptized, told how her life had been in



LAURELWOOD ADVENTIST ACADEMY SENIOR OFFICERS. Laurelwood Adventist Academy's 1985 senior class officers are front row: Jennifer Perry, historian; Chris Hayden, president; Kim Lizzi, chaplain; and Angie Beck, sponsor. Back row: Chuck Morrison, sponsor; Cheryl Hughes, secretary; Mike Jacobus, sergeant at arms; Russell Jurgensen, sergeant at arms; Lori Wahto, vice president; Matt Birmingham, treasurer; and Carol Pifer, sponsor. **Chuck Morrison Class Sponsor**

shambles. She was at rock bottom when she began noticing a change occurring in her mother who had recently been baptized.

One night to her mother's surprise Barbara called and said she wanted to go to church with her. Her mother, Lucille Darden, and a friend, Debbie Reynolds, began giving her Bible studies and bringing her to church. Barbara found out that she needed to give up smoking to be baptized. She had been smoking three to four packs of cigarettes a day for 20 years.

Barbara made a decision to lay her cigarettes down and claim Bible promises of victory. On this day, four weeks later, she shared that God had given her complete victory. She had not had a cigarette or even craved one. Also in two months time she had read 10 books, two of which were *Desire of Ages* and *The Great Controversy*. Before this she had not enjoyed reading.

Mt. Tabor members were thrilled with these and other experiences shared that Sabbath. They were certainly convinced that there is still a God up there performing miracles in behalf of His people.

Construction to Begin On Hockinson Church

The construction of another Adventist Church is well under way in Hockinson, Wash.

The forming of this new church body began three and a half years ago with the inspiration of a special group of dedicated and enthusiastic members. This is the second church that this group is responsible for starting. The first one is located 10 miles away in Orchards.

As soon as the Orchards Church was completed and free of debt, this committed group of members felt the need to spread still further out into the community. So they promptly set about to accomplish their mission by organizing a church in the Hockinson area.

A local church of another denomination consented to rent their church for a meeting place for this new group. Since then this nucleus of members has been busy raising funds and preparing for the building of yet another church.

The first major hurdle was to find a piece of land on which to build the new church. Many sights were investigated and one was finally chosen to be a suitable location. The only draw back was that the property had to be rezoned. After several meetings and hearings the county granted a building permit to be obtained so that a church could be built on this beautiful five-acre tract. Because of the zone variance, the building permit was given a time limit in which to begin construction. So as soon as plans were laid and sufficient funds were acquired, preparation of the land got under way.

To keep costs down as far as possible, much of the materials and all of the labor has been donated by church members. Lumber has been donated for the frame by Bob and Betty McBain from timber on their own property. Rock for the exterior and some lumber has also been donated by John and Virginia Baccus. Another member, Don



Pastors Cliff Hoffman, left, and Harvey Corwin, right, share pulpit during church time with Dennis Day, Barbara Brooks and Florene McFarland for personal victory experiences in the Mt. Tabor Church.



TOTAL HEALTH IMPACT

Volume 7 Number 2

Magazine of Total Health Foundation

VALUES Money vs. Health

I am an attorney at law. Since 1957 people have been paying me for advice on how to handle their affairs. Right now you may have a session with me that could save you thousands of dollars and give you great satisfaction. And I'll never send you a bill!

To advise I must predict. To predict, I must understand motives. I've discovered that most people are motivated by the need for security and self-expression, called the pursuit of money. Most of my clients evaluate their self-esteem, their success and their security by how much money they have. Usually they contact lawyers about preserving or recovering money, but neglect or ignore their most important capital asset, their health, until it is nearly bankrupt.

I, too, must plead guilty. For years I ignored the laws of health, particularly stress management. Even my strong constitution broke and I faced the diagnosis of congestive heart failure. Suffering from heart tachycardia and arrhythmia, in my terms, heart irregularity, fluid buildup and extreme difficulty in breathing upon exertion. I knew I must make some real changes in my life style. Suddenly, the truth became crystal clear: money is without value when I've lost my health!

I came to Total Health a physical wreck in February 1980. The staff and atmosphere gave me a chance to start over. Twenty-four days later I felt much better, had

lost 27 pounds, (mostly water) and my heart rhythm had stabilized. I had received carefully supervised medical care while I learned the laws of health. If I chose to practice them, I could protect and improve my health rather than allowing it to deteriorate into bankruptcy with catastrophic medical, hospital, and personal costs.

Now for your free consultation from an attorney who can from experience advise and predict an action plan that works.

I would like to discuss your action plan.

I assume:

1. You or someone close to you has severe health problems or you wouldn't be reading this.
2. That most probably you or that someone has contacted one or more doctors.

3. That you are on medication.
4. That you may have been hospitalized for this condition.
5. That the health problem is interfering with your enjoyment of life and is certainly disrupting your security and self-expression.
6. That the health problem is not improving, but instead seems to be getting worse.
7. That you would like to avoid medical bankruptcy and the huge medical and family costs that would entail.
8. That you don't know where to turn.

My advise to you is to decide to take action. You can't solve the problem by yourself. Treating the symptoms hasn't worked. Don't lose any more time. Prevent further deterioration by learning to follow the laws that will improve your health. But you say "I'm not feeling well and I hate to spend the money." Relatively, the cost is like the oil filter ad. You can pay for an oil filter now or an engine later. The only difference is that in real life your engine is *irreplaceable*.

Try praying about it. Could it be that the Lord is trying to lead you to the Total Health Foundation program? Certainly He has the power to heal you without any effort on your part. Certainly He made you and gives you the breath of life. However, if you had not broken the health laws you probably wouldn't be sick;

Continued on page D



Charles T. Schillberg

Can Water Heal?

By Eileen Lantry

My neighbor gave me a credulous look and shook his head.

"You can't tell me that hot and cold water will take away this splitting headache and relieve my aching back."

"Since you don't want to hear my sales pitch, would you give me just one chance to show you? It won't cost you anything but your time. From the way you look, I doubt you'll be able to go back to work this afternoon anyway."

"Sounds kooky to me, but my head's pounding so hard, I'm willing to submit to anything. Where do we start?"

"How about a hot foot bath to relieve your congestive headache?"

"It's my head, not my feet, that hurts!" he muttered.

I followed him into the house. His wife, Gloria, who'd been listening, whispered to me, "He's an old goat, especially when he's sick."

Aloud she asked, "Anything you need?"

"Yes, a tub or bucket big enough for Paul's feet, a blanket to keep him warm, some plastic to protect your carpet, a bowl of ice cubes and a wash cloth."

She quickly brought the necessary items and Paul eased himself into a comfortable chair.

"Are you able to take off your shoes and socks and roll up your pants legs?" I asked.

He groaned in pain as he bent over, so his wife came to the rescue.

"I'll help you this time, but don't expect permanent service," she said.

Placing the plastic on the carpet, we put Paul's feet in the bucket of hot water deep enough to cover his ankles. I tested the water with my elbow to make sure it wasn't too hot, about 104



degrees F. I draped the blanket around him covering the bucket. Then, using ice water, I put a cold compress on his forehead.

"Gloria, please add hot water from time to time to increase the temperature gradually to 110 degrees F. Don't let it cool. Be sure to remove Paul's feet first before adding the water. And change the cold compress frequently. I'll dash home and get my fomentation pads and covers and my canning kettle. Would you please have several old towels, a wool blanket and an oral thermometer ready when I return? Be back in twenty minutes. By that time, Paul, you should be feeling better."

Paul actually grinned when I entered the house and admitted, "My head's quit pounding. Maybe I'll go back to work."

"But Paul, this is only the beginning. We haven't treated your back yet. I'm ready to give you hot fomentations now."

"Not yet. As a newspaper man, I want to know *WHY* my headache disappeared when you only treated my feet. I didn't take either Tylenol or aspirin."

"I treated lots more than your feet, Paul. But your treatment isn't finished until I give you the final

thrill. I'm going to pour ice water over your feet."

"Yeeoowww!" he yelled, "so you torture your patients just when they begin to relax and feel better!"

"You'll feel great in moments, tingling with new life."

"And I'm suppose to believe that?" he exclaimed.

"Just wait and see. There are many reasons why hydrotherapy has such tremendous results. Drugs nearly always have some toxic effects often resulting in harm to our bodies. But water therapy, in all its forms, arouses the body to aid in its own recuperation and healing. It seems to enhance the immune response and activates the circulation."

"What do you mean, water therapy in all its forms?"

"Each has tremendous possibilities, from the steam to water at various temperatures to ice."

"But I've experienced depressing effects from prolonged cold while working outdoors in winter and prolonged heat on a hot, humid day. I suppose location and duration must be factors?" Paul was getting interested.

"Right, very important factors. Moderate heat stimulates the life processes like basking in the sun on a warm spring day. Though you aren't aware of what's happening, the sunshine quickens your circulation, pulse rate and respiration. Your digestion proceeds more rapidly and your muscles react more quickly. Even sensations from the skin are more quickly perceived and are more accurate."

"But what's that got to do with hot and cold water?" he interrupted.

"Moderate hot water for a comparatively brief duration acts as a stimulant. Your body reacts in a similar way to brief contacts with cold water."

"How's that?"

"When you experience cold your body endeavors to counteract or overbalance this anticipated depressant action by increasing the vigor of your vital processes. Your heart beats more

rapidly, your circulation is whipped up, and your nerves tingle with the stimulus."

"So that's what happened when you poured ice water on my feet."

"Remember how you gasped for breath? Your rapid respiration quickly slows down and becomes deeper. The great feeling is that your muscles seem energized with a new power for work. Tremendous body reactions, don't you think?"

"Right. Now teacher, see if I've learned," Paul grinned. "Short heat and short cold produce tonic and stimulating effects; long heat and long cold, depressant effects on the body."

"You deserve an A+. Notice how red your feet are now. You have an increase of blood in that area. Right after the cold you felt a tingling effect, didn't you?"

"Right, but what caused my headache to go away?"

"When we put your feet in the hot water, the heat dilated the blood vessels of your feet and legs, which increased your circulation there. The blood which had congested in your internal organs and head had a place to go. The increased blood flow through your skin caused you to feel warm, thus relaxing your tense muscles. At the same time the white blood cell activity increased. For these same reasons the hot foot bath can prevent a cold, relieve sinus and chest congestion, and pelvic cramps."

"Wow, I never dreamed so much happened inside my body by just increasing the circulation of my blood!"

"When you consider that about one-thirteenth of your body weight is blood, and about one-fourth to one-third is lymph, the results produced are of no small account. Almost this entire quantity of fluid is acted upon when we apply hot and cold to any considerable extent. You can see the working of the circulation in one area brings benefits to the whole system."

"Sounds like a great way to cut down on medical bills. Water's cheap, easy to get, simple to use and safe. No dangerous toxic side effects. Must be something new."

"Not at all. Water treatment has been used successfully for centuries. You've read how the Scandinavians sweat in homemade saunas and then plunge into an icy lake? During the 1918 flu epidemic hospitals that used hydrotherapy saved 98 percent of their patients. Those that didn't lost 80 percent."

"Then why isn't hydrotherapy practiced more frequently?"

"Takes time and effort. Most people demand immediate results, content with a pill that only treats symptoms."

"Guess I've been one of them. But I'm ready now to learn how to use water to treat disease. I'm amazed how it relieves pain and tension, and maybe you'll continue to share what you know on how to fight all types of infections and restore the body's normal functions."



Nutrition Corner

By Nola Bowen, R.D.

Cooking for the Heart

The American Heart Association recommends that no more than 30 percent of your calories come from fat to prevent heart diseases. If you already have a problem, the therapeutic diet should contain only 15-20 percent of the calories from fat. In addition, the diet should contain large amounts of complex carbohydrates - foods with a lot of indigestible fiber - and it should be moderate or low in salt.

The following recipes are two examples of these principles. Velvety sauce can take the place of a cheese sauce over vegetables, in macaroni dishes, in Italian dishes and any place you would use a creamy cheese sauce.

Oat bran is especially useful in the treatment of high cholesterol. It is very bland in flavor and non-gritty in texture so can be sprinkled over foods at the table or added to various entree dishes, beans or breads, or even cooked as a cereal.



Velvet Sauce

Blend in blender until smooth and creamy:

3/4 c. water

1/2 c. cooked potato, mashed down

1/4 c. cooked carrot, mashed down

1 Tbl. oil

1/2 tsp. salt

1 Tbl. lemon juice

Yield: 22 calories per 2 Tbls. servings with .8 gms. fat. Compare this with an average cheese sauce yield: 70 calories per 2 Tbls. servings with 5 gms. fat.

Oat-Bran Muffins

2 1/4 c. oat bran (if coarse oat bran is used, blend in blender)

2 Tbl. honey

1/4 tsp. salt

1 Tbl. oil

2 tsp. baking powder

1 c. skim milk

1/4 c. raisins or shredded carrots are optional

Heat oven to 425° F. Spray 12 muffin cups with vegetable spray or line with paper baking cups. Combine dry ingredients. Add milk, honey and oil. Mix just until dry ingredients are moistened. Fill prepared muffin cups 3/4 full. Bake at 425° F. for 15-17 minutes or until golden brown. Yield: 98 calories per muffin, 2 gms. fat = 17 percent fat.

therefore, it is presumptuous to ask the Lord to heal you while you go right on putting yourself in peril by breaking His laws of health. Remember the Bible account of

Satan taking Jesus to a rooftop and taunting Him to jump saying the angels will catch you? Jesus refused since He knew it would be a sin to place Himself in a position of peril.

To get some real security and

self-expression, preserve your health! Why not invest a little in Total Health to secure those major gains in your biggest financial asset — your health.

Signed: Charles T. Schillberg, Attorney at Law



Do-It-Yourself Coronary Bypass

by David Lackey, R.N.

Wouldn't it be wonderful if you could perform your own coronary artery bypass with out having painful, expensive surgery? A growing body of scientific evidence says you can.

The heart, a hollow, muscular pump, like any muscle, requires a continuous supply of oxygen delivered by blood. Blood supply to the heart is especially critical because the heart never gets a chance to "rest up" if it gets tired. This blood, supplied by the coronary arteries, branch to supply blood to every area of the heart.

Several factors, including high blood pressure, cigarette smoking, and heredity can damage the lining of the vessels. This roughened lining accumulates fatty deposits, cholesterol and other "garbage" until the artery is nearly plugged by plaque. At this point the person will experience angina (chest pain), indicating that an area of the heart is not receiving enough blood. If the artery becomes completely blocked off, the portion of the heart muscle supplied by that artery will die: a heart attack.

The surgeon stitches a plastic tube or a vessel from the leg onto the artery before the blockage and the other end onto the artery after the blockage, allowing blood to flow around the plaque. If the plaques are not too widespread or in the smaller branches, bypass surgery can be very helpful, relieving angina or preventing a heart attack.

Unfortunately, bypass surgery is not always possible or effective. Unstable patients cannot undergo major surgery. Some have so many arteries blocked that it would not be feasible to bypass

them all. And the same process which has blocked the artery will often continue, blocking others. But a do-it-yourself bypass can help.

When muscles have a repeated demand for more blood as in exercise, the body responds to this demand by growing new blood vessels. The heart muscle is no exception. When vigorous exercise forces the heart to work and require more blood, new blood vessels, called collateral circulation, will grow to feed areas insufficiently supplied with blood.^{1,2} This new blood flow may diminish or eliminate angina and reduce the size of a heart attack if the coronary artery blocks off completely.

Not just any exercise will stimulate the heart to grow new blood vessels. Your body requires aerobic exercise, which increases the heart rate and consists of repetitive movements of the legs: walking, jogging, cycling, swimming and some sports. It must be intense enough to achieve a training heart rate. If you are over 35 and previously sedentary or have suspected heart disease, see a doctor before you start. He will help you choose a training heart rate, probably with the help of a treadmill test. Fifteen to twenty minutes of training heart rate with warm up and cool down period at the end will add up to anywhere from 25 minutes to an hour a day, depending on the vigor of the exercise. Improvement requires four or more sessions per week.

Progress comes not from an occasional stroll around the block but requires a commitment to a regular, vigorous exercise program

which continues even in bad weather or during visits from the grandchildren.

Why grow new blood vessels only to plug them up with fat? Try a low fat, high complex carbohydrate, high fiber diet. Your best sources: natural, unrefined foods of plant origin like fruits, vegetables, grains, legumes, limited nuts and seeds and low fat dairy products. Enjoy *Total Health Cookery*, full of recipes and ideas for delicious menus which will keep your arteries clean.

Another important factor: if you don't have the peace that comes from knowing that God is in control of your life, changes in diet and exercise can be simply added stress. Gratitude, love and joy come with the "heart transplant" that God promises in Ezekiel 36:26, and these attitudes benefit the physical heart as well.

Does it work? When Dot came to Total Health she had chest pain requiring nitroglycerine when she walked half a mile. After 24 days she walked three times as far without chest pain and without nitro or any other heart medicine. Naomi improved her treadmill performance by 300 percent, with 24 days of diet, exercise and trust in God. Two miracles because Dot and Naomi chose to cooperate with God's built-in healing mechanisms. Why not let him work for you?



¹"Exercise Training in Patients with Coronary Heart Disease," *Journal of American Medical Association*, 1984;252:1291-1297.

²"Effects of Exercise on Collateral Development," *Journal of Applied Physiology: Respirational Environmental Exercise Physiology*, 56(3): 656-665, 1984.

Haynes, with the cooperation of other members, has managed to raise \$9,812 to boost the building fund by recycling newspapers, cardboard, glass and misc.

The expertise of a local area builder and member of the new church, Dale Jackson, has been vital to the building project. Under his supervision the land has been prepared to insure proper drainage and the foundation is nearing completion.

Framing of the church is scheduled to begin this spring. Anyone wishing to aid this project should contact: Hockinson Adventist Church, P.O. Box 201, Brush Prairie, WA 98606.

Pam Rossi
Communication Secretary

Many Churches Have Good Reports in Ingathering

Church members in the Oregon Conference raised \$187,060 during the 1984 Ingathering campaign, an amount \$15,000 above the Conference basic goal. Gladstone Park Church, under the leadership of Pastor Dick Warner and Ingathering coordinator, D. Durbin, raised \$6,000, the largest amount raised by any church in the Conference.

The Medford, Vancouver, Woodland and Eugene churches also raised more than \$5,000 each. The seven churches at Mill City, Reedsport, Clatskanie, Woodland, Monitor, Ocean Park and Myrtle Point all exceeded the Silver Vanguard goal, which is a per capita of \$25 per member.

This is the largest number of churches in the Conference to reach the Silver Vanguard goal in recent years. The church at Mill City, under Pastor Eric Kreye, and Ingathering Coordinator, Henrietta Hiebert, achieved a per capita of \$93.85 per member, which was 1,340 percent of their basic objective.

The Reedsport Church led by Pastor Mike Leno and Ingathering Coordinator, V. Schreiner, raised a per capita of \$55.83 per member, which is eight times the basic objective. Pastor Steve Bukojemsky and Vesta Thomas led the Clatskanie Church to raise more than five times their basic goal.

In addition, the Vancouver, Mill City, Estacada and Coos Bay churches all raised more than \$1,000 above what they raised in 1983.

Fifty-six of the Oregon Conference churches raised more funds than they did in 1983 and a total of 68 churches went over their basic objective.

Members are being encouraged to follow-up on the contacts made during the home-to-home visitation. Many people asked for prayer. A number of inactive members were contacted and people from all areas of the conference requested Bible studies.

Ron Watts
Personal Ministries Director

Upper Columbia



YOUTH PROVIDE HELP. "Raleigh, will you be able to play for the different divisions for our VBS program?" asked the leader. "I'll have to hurry but I'll try," responded Raleigh. The VBS children enjoyed singing when Raleigh played the piano.

"Ryan, I need some help with my shadow box," pleaded a five-year-old. "I'll be right there when I finish helping Douglas," said Ryan, working with crafts in the kindergarten VBS.

Listening to the laughter and cheering from the playground, the VBS leaders knew Laura, with the help of Tiffany, Mark, and Chriss, was doing an excellent job directing kindergarten playtime.

If it's the Lord's Ordinances or Christmas caroling or helping to direct 13th Sabbath programs, Umapine church members have enthusiastic help from its young people.

From the left, in the back row are Chriss Clough, Mark Camarillo, Tiffany Camarillo, and Raleigh Clough. In the front are Laura Benedict and Ryan Clough.

Ruby Sievers

Yakima Couple Give Love To Handicapped Children

Roger and Sherrie Pryor have a special love for children who are handicapped and generally regarded as being not adoptable.

Joey was adopted a couple of years ago by the Pryors. He has cerebral palsy and had suffered child abuse before coming to them. But with their love and patience, Joey has come a long way — and adjusted beautifully.

Maria came to the Pryors as an infant. Suffering from rubella syndrome and cerebral palsy, she was blind and deaf at birth. Her sight has been restored somewhat, but she remains deaf. This is mainly from the rubella syndrome.

Maria also has a faulty heart — but through the love and devotion of the Pryors, she is a lovable little girl.

Joey and Maria are only two of the children at the Pryor home. Thirteen-year-old David has Cornelia DeLong Syndrome, and seven-year-old Armando has cerebral

palsy. There are two little sisters, five-year-old Pauline and three-year-old Julie (who is deaf). The two little girls had also been abused.

The Pryors and their daughter Pammie have opened their hearts and home to these little ones and others on a day-to-day basis.

Each child has been taught the love of God and utters the name of Jesus in prayer whether orally or using sign language. Each one attends Sabbath school regularly, and each child has a special place in our hearts.

Because of their handicaps, Mrs. Pryor has a special class for her children. When you're in Yakima, stop by Fairview and visit our class. It's unique!

Bonnie Reiter
Communication Secretary

Wenatchee Church Enjoys Variety of Activities

Sabbath School

The juniors in the Wenatchee Church have no trouble remembering their offerings. They need to bring \$21 each month to help Medardo Lopez Macias of Ecuador, their adopted child. The 25 juniors are having no trouble meeting their goal.

Five-Day Plan

Four individuals attended a reunion to celebrate their success with breaking the smoking habit one week after completing a stop-smoking clinic. The clinic was conducted by Sam Knutson with the assistance of Don Potts and Roger Cumbo.

Boys' Choir

The Wenatchee Boys' Choir, under the direction of Hugh Winn, displayed their abilities once again in a special Valentine's program at the Wenatchee Adventist School Auditorium. The group, made up of 13 boys from the Wenatchee Church and 15 boys from the community, has performed for a number of groups. A few of these include the St. Paul's Catholic Church, the Kiwanis Club, and the Rotary Club. The Boys' Choir has been invited to sing with the Pacific Northwest Boys' Choir of Seattle.

Family Life Seminar

Dr. Darold Bigger and his wife Barbara recently conducted a four-part Family Life Seminar in Wenatchee. Eleven families participated in an experimental workshop for parents and children. Using exercises, discussions and films they created an illustration of what the word "family" means to them. They identified spiritual needs and goals and how a family can achieve those goals. They shared the unique strengths, values and traditions of each family and explored ways in which the family could positively influence others.

'Nuthin' Ever Happens 'Round Here'

By Margaret Schroeder

"Nuthin' ever happens round here? Pastor Richard Holmes of the Walla Walla City Church invited his congregation to think about the following "happenings" for 1984 before repeating that complaint.

Reporting for the pastoral staff; the pastors

- drove 45,726 miles in ministering to our needs,
- preached 142 sermons,
- held 171 Bible studies,
- made 1,750 calls to our homes and nursing homes and hospitals.
- were on the phone an estimated 11,000 times,
- worked on the new building approximately 500 hours, which included one 16-foot fall onto the cement without any broken bones,
- married off one daughter,
- passed one kidney stone,
- prayed daily for 670 people,
- fed and entertained at the Holmes' house alone more than 500 people,
- anointed people with oil and they were healed,
- prayed for people without oil and they were healed.

(The last two statements were followed by several "amens.")

To further consider the statement that "Nuthin' ever happens 'round here," Pastor Holmes asked our church clerk to tell us what had happened in her books during the last year. She told us that in January of 1984, our membership stood at 656. During the year the names of 102 individuals were dropped from our books and those of 80 persons were added. Most of those dropped were people moving away from the Valley, transferring to other churches. Five of our members died during the year and a few no longer wanted to be counted, but those we continue to pray and work for. We welcomed 76 who joined by letter, especially the six who were baptized.

Sabbath School

Mrs. Tillman of the Sabbath School Department and some of her leaders gave thrilling reports of the reverence that is being taught to our children for the house of God and also the way many of the little ones are learning to talk directly to Jesus as they

build characters for Him. The faithfulness of all our Sabbath school leaders, teachers and secretaries cannot be overestimated. One of these leaders is Cheryl Saranto, who conducted such a vibrant and successful Vacation Bible School last summer. We are blessed with a happy, growing children's department for which we are all most thankful.

Another wonderful part of our Sabbath school that we see little of is our Youth Department led by LeahRae Holmes. She reported that she has a really growing and "neat" group in there because they love to dive in and help with the department. She gets them organized and they take it from there. They have a new organizational system they are working that was presented at the Youth Leadership Workshop in which the "youth" (who range in age from 15 into the 30s, including young marrieds) are each members of committees. They are excited about his new system.

They have an Outreach Committee, a Social Committee, a Public Relations Committee and other committees that are formed as the need arises. They have 205 names on their list of former members of that department and they say, "We don't know where all those former members have gone, but we are going to do our best to find out." They are getting busy at calling and inviting, and trying to reclaim by various means, including what the Social Committee can do. Mrs. Holmes says, "Many young people will come to a social who won't come to Sabbath school at first; then when they get acquainted and enjoy these new friends, they want to join us."

Building Committee

A big part of our report came from Dale Visger for the Building Committee. He was excited about the work on the fellowship hall near the church. What better way to implement the plans the youth leader just mentioned? The new building, started just eight and a half months ago, is nearing completion on the outside and really moving along in that direction on the inside. It is to the place that the General Conference Insurance representative has insured it for \$500,000. God has impressed so many of our members to help, both with funds and with hours and hours of volunteer labor.

Pathfinders

Cheryl Saranto gave us an inspiring report of the projects that have kept the Pathfinders

busy this past year earning the money they will be needing for their trip to the Pathfinder Camporee. This was a project that seemed impossible . . . taking our Pathfinders 1,200 miles to the Rocky Mountain camp in Colorado, but their projects have raised several thousand dollars with God's help and blessing. Pastor Holmes assured that we were a church most blessed to have this ambitious and energetic lady as our Pathfinder leader.

Community Services

Our Community Services leader reported that the ladies of the church have spent an estimated 745 hours sewing this quarter, even though we still have no official center. (They are watching the new building with more interest than most.) We meet in one of the Sabbath school rooms of the church and keep things stored in our homes while we wait for our new quarters.

Two hundred twenty persons were given help this quarter. One burned-out family was given help and another family was given a cord of wood. Thanksgiving and Christmas food boxes for 47 families were prepared and delivered. The Pathfinders' canned food collection was a big help with this project and we thank all the people who donated a total of \$640 worth of "fillings." We have big plans for the future.

After hearing these and other good reports of the activities in and about our church family, we are wondering why anyone would say — "Nuthin' ever happens 'round here!"

Irrigon Students Work As Hospital Volunteers

Responding to requests for help in the newspaper and on the radio, students from the Irrigon Elementary School and the Columbia River Academy in Irrigon recently became volunteers at a local hospital.

Each student spends two hours once per week in a program, much like Candy Strippers, which is sponsored by the Good Shepherd Hospital in Hermiston. The



Students from the Irrigon Elementary School are giving service as volunteers in a local hospital. From the left are Maryann Osterkamp, Jolene Buckner, Tammie Tall, Beth Lancaster and Stephani Lancaster.

Margaret Schroeder is communication secretary of the Walla Walla, Wash., City Church.

members are called Junior Volunteers.

Included in the group are: seventh grade, Maryann Osterkamp; eighth grade, Stephani Lancaster; freshmen, Tammie Tall and Jennifer Matlack; and sophomores, Beth Lancaster and Jolene Buckner.

The six girls, ranging in age from 14 to 16, attended their first meeting in October and began work in December on medical and surgical wards. Training was required before the juniors were allowed to work on the floors. Comprising their "in-servicing" was wheelchair safety, instruction in the hospital's call light systems and how to react if a patient chokes. They will also receive training in CPR.

Working in conjunction with eight students from other area schools, the group of 14 alternately work weekdays from 4 to 6 p.m. and weekends from 11 a.m. to 1 p.m. The volunteers are available to help during

mealtimes, the busy time of the day for nurses.

What do Junior Volunteers do? "We talk to people and cheer them up," said Stephanie Lancaster. In addition the juniors fill drinking glasses with fresh water, read to patients, prepare them for mealtime, serve trays and help feed patients as well. They also deliver flowers and newspapers and even help in maternity.

The Irrigon school volunteers are all interested in entering medical fields. Stephanie and sister Beth plan to be respiratory therapists. The rest of the girls favor nursing as a career.

While school credit and practical experience are gained, the students are providing an invaluable community service and faith witness in action.

Judy Miller
Communication Secretary

major will lead to a bachelor of science degree.

Forty-seven percent of the major is made up of clothing/textiles and interior designs courses from the Home Economics Department. Approximately 35 percent of the major includes business courses and 15 percent comes from art courses. The major will also include one quarter of field experience in a metropolitan area. Graduates will be able to choose work experience in a retail firm, design studio, museum, manufacturing plant, or cooperative extension.

The Home Economics Department sees great possibilities for the new major, particularly in regards to career opportunities. A study completed by the U.S. Department of Agriculture indicates 7,305 home-economics-related jobs will go unmet each year through 1990.

The occupational clusters where the greatest number of openings are or will be occurring are: administration and management; marketing, merchandising, and sales; design, manufacturing, and processing. The new major will allow students to choose business electives that will prepare them for the areas of their greatest interest.

Walla Walla College

College Summer Session Has Variety of Courses

Walla Walla College's 1985 Summer Session will offer a wide variety of courses for freshmen, teachers, and others interested in pursuing short- or full-session classes.

Registration for this session, which runs from June 17 through Aug. 9, will be held Sunday, June 16.

Smart Start

Smart Start, a special tuition-break program for incoming freshmen, will be offered for the fifth year in a row. This program is designed to allow freshmen to "try WWC" at minimal expense.

Mini-Sessions

Interested in a short class in aviation? Word processing? Computers? WWC will offer special mini-classes in those and many others, including: computerized engine control, unibody repair, backpacking, introductory drawing, and a new class on America in the Korean and Vietnam Wars taught by a guest lecturer.

Classes for Teachers

A full schedule of classes for teachers, especially elementary, is slated for this summer. A wide variety of Bible classes (including Bible certification for teachers), the Union Writing Workshop, Physical Science for Teachers, Microbiology for Teachers, Learning Styles, Art in the Elementary School, Photography for Teachers, and the continuation of Small Schools Seminar, Cy-

cle II, are just a few of the classes scheduled especially for teachers.

Special Education Classes

Short- and full-session classes in special education will be offered this summer, including Communication Disorders and Instruction for Exceptional Children.

General Education Classes

Complete a full quarter of general education classes at WWC this summer. Choose from classes in all of the general education areas, including English, math, the humanities, language arts, social studies, physical education, science and theology.

College Preparatory Classes

Need a little extra background in math, reading or English? WWC is offering classes in these areas for students who need additional background before beginning college or early in their college curriculum. Preparatory classes are offered at a special reduced tuition rate.

For more information, write Director, Summer Session, Walla Walla College, College Place, WA 99324, or call (509) 527-2395.

College to Offer New Interior Design Major

Beginning in the fall of 1985, the Walla Walla College Home Economics Department will be offering a new interdisciplinary four-year major titled "Interiors and Apparel, Marketing and Management." The

Concert Puppetry Subject Of Next College Lyceum

Walla Walla College's Lyceum Series will present Llords' "International" on Saturday, March 30, at 8 p.m. in the WWC Alumni Gymnasium, Fourth and Davis, College Place.

Llords' "International" is a musical theatrical experience involving the visual pageantry of marionette-work with the music of Mozart, Mendelssohn, Stravinsky, Handel and others.

Daniel Llords, an acclaimed virtuoso in the field of puppetry, has a colorful background to his credit. As a child of seven, he was involved as a piano soloist with a symphony orchestra conducted by Otto Klemperer. At the age of 10, he began a four-year career in motion pictures in which he appeared as a singer and actor. After 23 movies, he began designing sets for such acting greats as Gilbert and Sullivan and Mae West. Llords has made his hobby into a career: the art of concert puppetry.

Tickets may be purchased at the Bank of the West, Earthlite Bookstore, Eastgate Booksmith, and the Havstad Alumni Center, Walla Walla College. For more information, call 527-2615.

Academy Seniors to be Guests at College Days

Attention Academy seniors! You are invited to attend the 1985 College Days at Walla Walla College, April 14 to 16. Your meals and lodging will be provided and you'll get a chance to visit college classes,

go on campus tours, participate in social and sports activities, visit various departments, and make room reservations for next year.

Financial aid counsellors will be available to talk to, as well as representatives from the student employment offices. Math placement tests and music auditions will also be scheduled.

You even get a chance to demonstrate your athletic skills in sports events for all the visiting students. Included in the schedule are track and swimming meets as well as a chance to display your "Bjorn Borg" tennis skills! You'll want to bring your swimming suit, sports clothes, and any other sports gear you think you'll need.

If you want more information, you can call us toll free at the admissions/financial aid office. Our number is 1-800-541-8900; in Washington call 1-800-572-8964.

Sears Roebuck Foundation Makes \$1,800 Grant to WWC

After granting a total of \$37,725 to Walla Walla College since 1962, The Sears Roebuck Foundation, in concert with the local Sears store, has contributed \$1,800 again this year.

Upon presenting the gift, the Sears representative stated: "Walla Walla College faculty and administrative officers continue to aggressively pursue a common goal of excellence in education which we feel justifies our annual gift."

WWC Professor Receives Grant for Sleep Study

Charles Amlaner, assistant professor of biology at Walla Walla College, has just received a \$54,000 grant from the National Institute of Mental Health for his continued research on sleep.

The federally funded grant will extend the support of his research for another year.

Amlaner graduated from Andrews University, Berrien Springs, Mich., in 1974 with a bachelor of science degree in biophysics. He received his master of arts degree in biology from Andrews in 1976 and completed his doctoral work at Oxford University, England, in 1980. He began teaching at WWC in 1980.

"We are studying the sleeping habits of gulls and are focusing primarily on the significance of sleep," says Amlaner. "All animals and humans sleep, but the reasons why they sleep are not well understood."

Amlaner was on sabbatical during the past fall quarter, during which time he worked on documenting his research results for publication in scientific journals. He also applied for the new grant to extend his research support through funds provided by the National Institutes of Health.

Since the studies began in 1976, Amlaner and his associates have been able to continue

Walla Walla College Visits Treasure Valley

Several members of the Walla Walla College staff will join WWC choral group, *I Cantori*, in southern Idaho on April 5 and 6. The weekend schedule is as follows:

Thursday, April 4	7:30 p.m. Baker, Ore., <i>I Cantori</i>
Friday, April 5	11:00 a.m. Boise Valley School, <i>I Cantori</i> 7:30 p.m. Boise Central Church, <i>I Cantori</i> 7:30 p.m. Caldwell Church, Dr. Sakae Kubo
Sabbath, April 6	11:00 a.m. Caldwell Church, <i>I Cantori</i> 11:00 a.m. Gem State Academy, Dr. Donna Webb 11:00 a.m. Eagle Church, Dr. Ed Boyatt 11:00 a.m. Nampa Church, Dr. Sakae Kubo 11:00 a.m. Emmett Church, Dr. Ralph Koorenn 11:00 a.m. Meridian Church, W. Paul Turpel 2:30 p.m. Caldwell Church, Dr. Donna Webb "Coping With Life's Transitions" 3:00 p.m. Boise Church, Dr. Ed Boyatt and Dr. Sakae Kubo "Is Christian Education Worth the Cost?" 8:00 p.m. Gem State Academy, <i>I Cantori</i>

their experiments throughout the year. In fact, during the last field season, which was from May through August, his colleagues were able to maintain around-the-clock surveillance of the gulls' behavior.



Charles Amlaner

Amlaner is being assisted in his work by Nigel J. Ball, a post-doctoral researcher from Oxford. Jim Shaffery, also a post-doctoral researcher from Oxford is helping by studying the sleep habits of young birds. Mark Opp, a graduate of WWC who is working on his doctoral degree from Washington State University, also assists Amlaner. Two graduate students at WWC are also involved in the project: Jim Nestler, who is working on hearing ability during sleep; and Bill Hayes, who is studying sleep behavior in rattlesnakes.

Several WWC undergraduate students are also assisting Amlaner in his work: Tom Zirkle and Rick Barrons, both senior engineering majors, are working on data acquisition and the development of computer control for environmental chambers. Robert Shaw, a junior electrical engineering major, is developing a portable computer data-collecting system; and Kurt Johnson, a junior biology major, assists as a technician.

Amlaner is the principal investigator and oversees the entire project, he also develops radio tracking and biotelemetry devices (wireless radio transmitters for sending body temperature, heart rate and brainwaves.)

General News

Public Health Classes Continue at Gladstone

Professor Albert Sanchez from the School of Health at Loma Linda University taught

a three-day class in Public Health Nutrition recently, at the Gladstone Campground. This class was a part of the ongoing Masters of Public Health Program in the North Pacific Union. The M.P.H. program is



Albert Sanchez

coordinated by Frank Baker, the health director of the Oregon Conference.

Every three months a professor from

Loma Linda University comes to the Portland area to instruct in the program. Upon completion of the program the participants will be awarded an M.P.H. degree in Health Promotion.

The next class in the M.P.H. program is scheduled for April 26 - May 1 at the Gladstone Campgrounds. The class will present all aspects of the communication process. Persons interested in a healthier lifestyle, health behavior change, the latest in nutrition research or preventive care concepts may obtain more information by contacting the Health Services Department of the Oregon Conference.

WWGH Has Opening For New Addition

Walla Walla General Hospital recently held an open house to officially open a new addition which will serve several departments of the facility.

Much of the 5,000-square-foot addition provides five rooms for the radiology department, housing various pieces of equipment. The admitting area for emergency, radiology and other outpatient services has been expanded, according to Robert Walker, vice president.



Jerry Pogue cuts the ribbon officially opening the addition to Walla Walla General Hospital as Rodney Applegate assists.



Technician Lee Zollman, right, explains the working of the recently acquired CT scanner to some visitors.



A monitor enables personnel in the emergency room area to check on the condition of patients coming to the hospital by ambulance.

"The hospital was originally designed for decentralized outpatient admitting, where admissions were made in each department," he said. "As outpatient services has increased, we found it necessary to redesign our system for a centralized admitting area."

Much of the interest at the open house was focused on the recently purchased CT Scanner. Jerry Pogue, hospital board chairman, called the acquisition "state of the art equipment."

Hospital President Rodney Applegate told visitors the new unit would save money for patients. He said in the past those needing this type of X-ray were transported by ambulance to another area hospital.

"Ambulance costs were almost as much as the charge for the CT Scanner," he noted.

Technician Lee Zollman, who explained the operation of the scanner to visitors, said the X-ray tube rotates around the patient.

"Rather than having a flat frontal look, we can now look at a slice of the patient, like looking at a slice of bread from a loaf," he said.

Dr. Dewayne Brueske, who works in the emergency room, said the scanner would be a great help in trauma situations.

"It allows you with precise detail to visualize tumors, blood clots in the brain, and bleeding in organs of the body," he stated. "It allows you to see things you can't see any other way, a big help in the emergency department."

Another area of the hospital which was opened about three months ago is the Mental Health Unit with five beds. It is located in a wing where the large windows look out on the nearby mountains, as well as Yellow Hawk Creek, which runs along one side of the hospital.

Announcements

Shaffer Centennial

In the early 1880s, two Adventist ministers, L. R. Conradi and S. S. Schrock, began preaching among the German immigrants in Rush County, Kans. This resulted in the organization of the Shaffer Adventist Church, which will celebrate 100 years of continuous ministry on June 14-16.

All former church members and/or their descendants, former pastors, and former school teachers are invited to be honored guests at the Centennial.

For information about the program or accommodations write P.O. Box 356, Otis, KS 67565. Phone (913) 387-2377 or (913) 387-2322.

Addresses Needed

Laurelwood Academy class of 1965 needs the following addresses for alumni April 5 and 6.

Yvonne Ames, Juanita Brock, Sharon Hens, Sandy Hillman, Lowell Ingold, Dennis Jones, James Junti, Terry Kivett, Sally Ann LaVoie, Gary Meyers, Dale Meyers, Carol Morrison, Brenda Van Allen, Bruce Wallace. Send information to: Anne Miner, 225 S.E. Evelyn, Gresham, OR 97030.

UCA Music Benefit

Upper Columbia Academy Music Department Presents "MUSIC-A-RAMA"

Date: March 23

Time: 7:30 p.m.

Doors open at 7 p.m.

Place: Academy Gymnasium

Admission charged

Participating organizations: Concert Band under the direction of Jerry Lange, Choir and Choraliers under the direction of John Neumann, Keyboard

Department under the direction of Leila Van Der Molen.

Don't miss this outstanding concert featuring combined instrumental, choral and keyboard compositions.

All proceeds will go for needed equipment in the music department.

For advanced reserved tickets contact Jerry Lange, c/o of Music Department, Upper Columbia Academy, Spangle, WA 99031.

Portland WWC Alumni

The Portland chapter of the Walla Walla College Alumni will meet at the Old Spaghetti Factory, 0715 S.W. Bancroft St., in Portland. All graduates, former students and friends of WWC are invited to come on Tuesday, April 30, at 6:30 p.m. There will be a small charge for the meal. Please come and enjoy fun and fellowship.

Well Drillers Needed

Experts in well-drilling are needed urgently in Africa. R. R. Drachenberg, executive director for ADRA (Adventist Development and Relief Agency), has just returned from a trip to Ethiopia, Kenya and Sudan. Government officials in those countries told him that at this time, their most critical need is for water.

ADRA has secured equipment to drill wells, but needs personnel to run the equipment. To apply or obtain more information, write to R. R. Drachenberg, ADRA, 6840 Eastern Avenue, N.W., Washington, D.C. 20012, or call (202) 722-6770.

Hood River Seminar

"Hope for the Family" Seminar by Pastor Harvey and Kathy Corwin, is coming to Hood River Adventist Church at 13th and Oak Streets in Hood River, Ore., March 30.

The seminar begins at the 11 a.m. worship service and continues through the evening. The subjects covered will be: Love Takes Time; Your Marriage Can Grow; Self-esteem; Acceptance; Depression; Childbearing and Working Mothers; Divorce and Loneliness; What Constitutes a Good Marriage; Ideal Man and Woman; How to Have a Good Fight; Anger; Money and Romance. The conclusion will be a wedding ceremony and reception.

This seminar is for anyone interested in the family; married, divorced or single. There is a registration fee per person and pre-registration is suggested. Call (503) 386-3220 or 386-2300 day or night.

Just Coasting?? Climb Up . . .

LEARN

The BARRIERS to communication
How to IMPROVE listening skills
How to INTERVIEW people
How to WRITE reports
How to READ body language

Graduate credit available

Communication Seminar

April 26 - May 1, 1985
Gladstone, Ore.

Contact:

Frank Baker (503) 652-2225
Area Coordinator

or

LLU School of Health
Office of Extended Programs
1-800-854-5661

WWC Alumni Homecoming

"Something for Everybody" is the plan for the 1985 Walla Walla College alumni homecoming April 18-21. Honor classes this year are 1935, 1945, 1955, 1960, 1965 and 1975. Five graduates will receive special recognition for their outstanding accomplishments.

Featured speakers include Dr. Alexander Zaphiris from the University of Houston, an internationally recognized authority in the area of child abuse. Other speakers are Cliff Walters, M.D., from Loma Linda University; Norman Versteeg, pastor from Irvine, Calif.; Dan Matthews, director, Faith For Today; Ray Watts, the Batelle Corp.; Gary Fresk, Foster and Marshall-American Express; Donna Webb, Ph.D., WWC;

Cathy Wesley, Portland Adventist Medical Center; as well as special features by the WWC biology, home economics, and industrial technology departments.

In addition to outstanding music, there will be two new features. One is the first-ever alumni 5k "fun run" on Sunday morning. Those wishing to enter should send their name and address along with a check for \$4 (to cover the cost of a T-shirt) to Gary Hamburg, Health and Physical Education Department, Walla Walla College, College Place, WA 99324. Sunday morning will feature an antique and classic auto show on the lawn in front of the ad building. All graduates, former students, and friends are invited to enter their vehicles by submitting a request to the alumni office at WWC.

Upper Columbia Federations

The spring Community Services federation meetings are as follows:

March 24	Sunday	South Central	Kennewick
March 25	Monday	Southeast	Lewiston
March 26	Tuesday	Northeast	Colville
March 27	Wednesday	Northwest	Ephrata
March 28	Thursday	Southwest	Goldendale

The time is 10 a.m. to 3 p.m. Plan for a potluck lunch. The guest speaker will be Ron Watts, Personal Ministries director of the Oregon Conference.

SAC SERVES YOU

This is Dr. Marie Redwine. She teaches home economics and food services at Southwestern Adventist College.

Her graduates are cooking around the world.

Dr. Redwine would like to help you earn a college degree through the Adult Degree Program.

For more information write or call collect 817-645-2271.



Southwestern Adventist College
Keene, Texas 76059

Affordable excellence . . . check it out!



Call Now
for April Seminar

Alumni Weekends

Adelphian Academy, April 12-13; Kingsway College, April 26-28.

LAA Class of '80

After the Sabbath school and church service on Laurelwood Academy's alumni weekend April 6, the class of 1980 will have a potluck/get-together at the home of Jan Pifer (King), who now resides in the boys dean's home. For information contact Jan at (503) 985-7790. Plan to join us!

Gem State Homecoming

Date: April 12, 13
Honor Classes: 1975, 1965, 1960, 1955, 1945, 1935
Vesper Service: 7:30 p.m.
Sabbath School: 9:15 a.m.
Worship Service: 10:50 a.m.
Alumni in Action: 3:30 p.m.
Sundown Vesper Service: 6:30 p.m.
Echoes of the Past: 8:15 p.m.

Come and join us.

Addresses Needed

The Silverton, Ore., Church is seeking the current addresses for the following:

Richard and Deborah Ellery, Judith Maddox, Bruce and Tracy Martinsen, Richard L. Miller and Clyde Sorrell.

Please contact June Martin, Clerk, 1159 Oak St., Silverton, OR 97381.

Yelm Lectureship

The spring Lectureship at the Yelm, Wash., Church features Herbert E. Douglass, vice president of Editorial Development at Pacific Press. He will speak on the Harvest Principle on Friday, May 3, 7:30 p.m. and Sabbath morning and afternoon at 2 p.m. and 4 p.m.

Cashmere Celebration

The Cashmere, Wash., Church will hold a celebration weekend March 29-30. We will remember what God has done in the past with the work in Cashmere. All former members and friends are invited to share. For further information contact Pastor Peter Beck. Phone (509) 782-4636.

GSA Alumni Dinner

All who attended Gem State Academy during the 1930s and '40s are invited to join a fellowship dinner at noon in the Bible room of the school. This is a potluck meal. Bring your family also. The 1935 class is the 50 year honor group.

Correction

A photo caption appearing on page 6 of the Feb. 18 GLEANER was in error. The youth leader pictured was David Shasky of the Idaho Conference.

Leavenworth Groundbreaking

Members of the Leavenworth, Wash., congregation will break ground for their new church on Sunday, March 31. For further details contact Loren Brownlow, (509) 548-7161.

Milestones

OREGON

Golden Anniversary

Mr. and Mrs. Willis Bruce of Battle Ground, Wash., were honored recently on their 50th wedding anniversary at the Columbia Academy cafeteria.

Present for the celebration were faculty members of Columbia Academy and La Center Public Schools, students that Mr. Bruce taught through his 33 years of teaching and their parents, college classmates and many church friends from as far away as southern Oregon.

The program included Claire Johnson, who played and sang; Caroline Hanson, who sang and was accompanied by Ina Fishner; Ira Jackson, who talked of days gone by when he and Mr. Bruce taught at Columbia Academy; Al Pitzer, principal of La Center Public schools, who gave his love and respect to Mr. Bruce who he had spent a happy 17 years teaching with; and Caroline Hanson gave special tribute to Mrs. Bruce for the years she served as food service director at Columbia Academy.

Those who made this precious program possible were the couples: Dutch and Willa Stewart from the Meadow Glade Church, and Curt and Nancy Ramsey and Craig and Bev Frantz from the Orchards Church.



Mr. and Mrs. Willis Bruce

ASI Northwest Chapter Retreat Gladstone Campground, Portland, Ore. May 2-4

Featured Speakers

Jay Gallimore, Wash. Conf.
Kenneth Livesay, General Conf.
Jack Harris, NPUC
Tom Sanford — Project Patch
Gene Lambert, NPUC

Special Speaker

Mike Postlewait
"Understanding and Using
Your God Given Strength"
He is outstanding! Hear him
Friday morning!

Registration Information

Gladstone Convention Center	May 2, 4-5:30 p.m.
Meals	\$11 per day, per person
Lodging	\$7.50 per night, per person
Campers with hookups	\$5 per night
Campers without hookups	\$3 per night
Cabins	\$3.50 per night, per person
(NO LINEN OR OTHER NEEDS SUPPLIED FOR CABINS)	(Maximum of \$11)

CONTACT ASI OFFICE

Box 16677, Portland, OR 97216
Applications due April 22, 1985

ASI Retreat Application Blank May 2-4, 1985

Name _____

Address _____

Telephone _____

Number attending

Adults _____

Children 3-14 _____

Children under 3 _____

Camper with hookups _____

Camper without hookups _____

Total enclosed _____

Non-members welcome — meals and lodging only cost
No registration fee

(18, 1, 15)

Wedding Reception Marks Anniversary

Dr. Samuel and Alicia Werner of Merlin, Ore., were married on Christmas Day 1934 in Mountain View, Calif. A 50th wedding reception was hosted by their children, Charles and Unice Werner, on Dec. 16 in the Grants Pass church school auditorium.

Different friends of the couple gave a program of musical numbers and readings. Pastor Charles White told the highlights of the history of the Werners' lives.

After Dr. Werner practiced medicine five years in Bellflower, Calif., and served in World War II, the family moved to Merlin in 1947. Dr. Werner practiced in Grants Pass for 32 years. It was in 1948 that the Werners commenced operating their health center in Merlin, The Merlin Health Retreat.



Dr. Samuel and Alicia Werner

50th Wedding Anniversary

Clarence and Ruby Bishop observed their 50th wedding anniversary at a vow renewal ceremony and reception on Feb. 10 in Portland, Ore.

The reception was given by the couple's nine grandchildren, one great-granddaughter and three daughters: Kay Johnson, Betty Teeter and Maxine Young.

The Bishops were married Feb. 11, 1935, in Pocatello, Idaho.

After living in Aberdeen, Idaho, Pendleton, Ore., and College Place, Wash., the couple moved to their current residence in Battle Ground, Wash., in 1973 after Ruby retired from 24 years of hospital service. Clarence is a retired barber and carpenter.



Ruby and Clarence Bishop

UPPER COLUMBIA

Fifty Years of Marriage

Paul and Verna Blood celebrated their 50th wedding anniversary as they exchanged wedding vows in the Edgemere, Idaho, Church. They were married Sept. 12, 1934, in Coeur d'Alene, Idaho. They have three children: Louis, Othello, Wash., Clarence, Edgemere, and Letha Merklin, Worley, Idaho.

Most of their married years were spent in the Edgemere community until 1971 when they moved to the Peace River area in northern Alberta, Canada.



Verna and Paul Blood

MARCH IS MUSIC MONTH



Your ABC and Chapel Records have combined to bring you the best in Christian music. All month long the music of your favorite artists will be featured.

When you visit your ABC be sure to notice these new albums:

GOD INVENTED KIDS, vol. 2 (S,C,7020)—The Chuck Fulmore Trio. Selections include "Itsy Bitsy Creatures," "God Is Bigger," and "A Little Can Do a Lot."

I KNOW NOW (S,C,5475)—tenor Rod Schrenkel sings "We Shall Behold Him," "Oh How He Loves You and Me," "Battle Hymn," and others.

SOFTLY AND TENDERLY YOURS (S,C,5473)—instrumental album featuring such songs as "How Great Thou Art," "I'd Rather Have Jesus," and "Amazing Grace."

SMALL WONDERS (S,C,2319)—Susan York. Songs written and sung by the artist include "My Jesus," "Poor and Lonely Sinner," and "Love Unsurpassed."

In Spanish: **A SU TIEMPO** (S,C,1554)—Evangeline. Selections include "Perfecto Corazón," "Virtud del Cielo."

See your ABC today.

Brought to you by Chapel/Bridge Records

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Births

Kari Anne Christensen born Dec. 31, 1984, to Stan and Debbie Larson Christensen, Milton-Freewater, Ore.

Mark Boyd Dearing born Feb. 9, 1985, to Lorie and Raneer Roberts Dearing, Portland, Ore.

Alisha Marie Lewandowski born Feb. 11, 1985, to Arnie Herman and Marilyn Jean Beck Lewandowski, Portland, Ore.

Nicole Marie Lompa born Dec. 27, 1984, to Robert and Kitty Lompa, Beaver Creek, Ore.

Brady Justin Sharp born Jan. 19, 1985, to Douglas L. and Susanne Reiber Sharp, Shelton, Wash.

Tyson Michal Slusarenko born Jan. 20, 1985, to Mr. and Mrs. Don Slusarenko, Milton-Freewater, Ore.

Donald Clayton Snyder born Jan. 5, 1985, to Donald and Laura Snyder, Lake Stevens, Wash.

Ginessa Marie Yost born Sept. 6, 1984, to Timothy and Karen Logan Yost, Auburn, Wash.

Weddings

Stan D. Christensen and Debbie L. Larson, Dec. 26, 1981, in Milton-Freewater, Ore., where they are making their home. (Submitted 2-22-85)

Brent Edgerton and Debby Stephens, Dec. 29, 1984, in Altamonte Springs, Fla., where they are living.

Paul Francis Gaupp and Peggy Irene Maish, Dec. 30, 1984, in Fall Creek, Ore. They are residing in Dexter, Ore.

Barry Locklear and JuneAnne Konker, Jan. 13, 1985, in Puyallup, Wash. They are living in Springfield, Ore.

Brant Lewis and Carlene Waters, Oct. 28, 1984, in Boring, Ore. They are residing in Orlando, Fla.

Vernon Troy Loeks and Janet M. Durbin, Oct. 7, 1984, in Hood River, Ore. They are making their home in Hillsboro, Ore.

Fred Ruano Umayam and Toni Kay Bigler, Dec. 16, 1984, in Seattle, Wash. They are living in Mountlake Terrace, Wash.

McMAIN—Inez McMain was born July 16, 1906, in Ferdinand, Idaho, and died Sept. 24, 1984, in Lewiston, Idaho. Survivors include two sons: Otis Johnson, Wallowa, Ore., Edward Johnson, Veradale, Wash.; two sisters: Lois Knezevich, Clarkston, Wash., and Ava Storey; four brothers: Horace Woodworth, Anchorage, Alaska, Glenn Dale Woodworth, Anchorage, Albert Woodworth, Craigmont, Idaho, and Lester Woodworth, Tacoma, Wash.

MELKER—Edith Louise Melker was born Nov. 14, 1902, in Lawrence, Kans., and died Dec. 10, 1984, in Renton, Wash. She is survived by a daughter, Mrs. George (Betty) Hall of Renton, Wash. She was preceded in death by her husband, Frank, in 1964. She was instrumental in the establishment of an Adventist Church in West Seattle, Wash., with the first meetings being held in her home.

MITCHELL—Nettie Lee Mitchell was born Feb. 23, 1895, in Powhatan, Ark., and died Jan. 19, 1985, in Walla Walla, Wash. She is survived by two daughters: Thelma Davis, College Place, and Cora Martell, Marion, Mont.; a son, Willis Mitchell, Moses Lake, Wash.; three sisters: Laura Parker, Hot Springs, Ark., Dolly Wells, Powhatan, and Lizzie Culver, Black Rock, Ark.; four brothers: Taylor Beary, Galesburg, Ill., Dolf Beary, Jackson, Ark., Thomas Beary, Hoxie, Ark., and Jessie Beary, Pleasantville, Ark.

NORDYKE—Joy A. Nordyke was born Oct. 8, 1899, in Bayfield, Colo., and died Jan. 12, 1985, in Yakima, Wash. She is survived by her husband Glen, Yakima, a son, Robert, Tucson, Ariz.; a daughter, Barbara Faith, Selah, Wash.; a sister, Mrs. LaVern Long, Horseshoe Bend, Idaho.

PETERS—Uma Peters was born Oct. 10, 1903, in Baker, Ore., and died Oct. 18, 1984, in Boise, Idaho. Surviving is a son, Danny Peters, Sacramento, Calif.

PHILPOTT—Lela M. Philpott was born March 13, 1894, in Eddyville, Ore., and died Nov. 13, 1984, in Rogue River, Ore. Survivors include five daughters: Leone Garvin, Rogue River, Zelma Edmonds, Riddle, Ore., Berniece Rahr, Corvallis, Ore., Doris Bond, Eugene, Ore., and Pat Cummings, Reno, Nevada; and one son, Dee Philpott, Portland, Ore.

RANDALL—John Milton Randall was born April 5, 1896, in Spokane, Wash., and died Dec. 25, 1984, in Payette, Idaho. Survivors include his wife Marguerite, Ontario, Ore.; and a son, Jack Harold Randall.

ROSENBACH—Anna Merle Rosenbach was born Dec. 29, 1896, in Falls City, Neb., and died Jan. 6, 1985, in Aberdeen, Wash. She is survived by two daughters: Jane Smith, Glendale, Calif., and Jean Reynolds, Calistoga, Calif.; a daughter-in-law, Doris Rosenbach, Montesano, Wash.

Obituaries

CLARK—Mildred Clark was born April 27, 1901, in Winona, Minn., and died Jan. 15, 1985, in Grandview, Wash. She is survived by a daughter, Charlotte Savaria, Grandview; and two sons: Roy, Boardman, Ore., and Albert, Wenatchee, Wash.

FRICKLE—Philip Frickle was born April 26, 1915, and died May 10, 1984. Survivors include his wife Helen; a son, Dan, Spokane, Wash.; two daughters: Delva Frickle and Bonnie Ruegamer, both of Hardin, Mont.; three brothers: Henry, Billings, Mont., Alex, Livingston, Mont., and William "Willie" of Hardin; four sisters: Millie Lind and Mrs. Fred (Esther) Lind, both of Hardin, Mrs. Marie Heinbichmer of Billings, and Mrs. Ed (Clara) Hochhalter of Lacey, Wash.

GRAB—William Grab was born Feb. 10, 1910, in Portland, Ore., and died Nov. 8, 1984, in Tacoma, Wash. Survivors include his wife Enid and one daughter, Peggy Williams, Seattle, Wash.

LANE—Richard Walter Lane was born Sept. 4, 1929, in Longview,

Wash., and died Dec. 5, 1984, in Milton-Freewater, Ore. He is survived by his wife Hazel, Milton-Freewater; four sons: Patrick, Amity, Ore., Leonard, Carlton, Ore., David, Newberg, Ore., and Dick, Seattle, Wash.; five daughters: Dawna Jo McCarther, Lynnette Lane, Phyllis Conn, Gwenith Lane and Lori Conn, all of Carlton, Wash.; one stepson, Mark Riddle, Palmer, Alaska; two stepdaughters: Mrs. Scott (Dahnielle) Wells, Milton-Freewater, and Mrs. Barry (Janet) Ganson, Chetwynd, B.C.; four brothers: Charlie and Albert, both of Gladstone, Ore., Edward Lane, Pacific City, Ore., and John, of Milwaukie, Ore.; and two sisters: Grace Dunkel, Milwaukie, and Lois McMillon, Clackamas, Ore.

LUNDQUIST—Grace Alberta Lundquist was born Aug. 13, 1885, in Ada Township, Mich., and died Jan. 20, 1985, in College Place, Wash. She is survived by three stepdaughters: Helen Guth, College Place, Mary Lou Evers, Altamonte Springs, Fla., and Claire Welkin, Coos Bay, Ore.; two stepsons: Robert Green, Mesa, Ariz., and Gordon Lundquist, San Diego, Calif.

Classified Advertisements

Classified Advertisement Rates: \$12 for 30 words or less; 40 cents for each extra word; 10 percent discount per insertion for three or more consecutive insertions without copy changes. Boxed ads are \$35 per column inch, one inch being the minimum size.

Rates for advertisers residing outside of North Pacific Union Conference: \$22 for the first 30 words; 80 cents each additional word, 10 percent discount per insertion for three or more consecutive insertions without copy changes.

Ads reaching the GLEANER office less than three weeks before publication will appear in the following issue.

Classified advertising for the GLEANER is not solicited and adver-

tizing appears as a service to the membership of the North Pacific Union. Advertising in the GLEANER is a privilege, not a right.

The GLEANER management reserves the right to refuse any advertisement. The rejection of any advertisement shall not be construed to constitute disapproval of the product or service involved.

First-time advertisers should include the signature of their pastor or of an authorized individual from the local conference office.

Payment in advance must accompany all advertisements with the exception of established accounts, institutions and perpetual ads.

Automotive

Datsun and Ford cars and trucks. For prices and delivery information call Don Vories at Teagues Ford-Datsun. (509) 529-5093 or (509) 525-1520. (P 18, 4, 18)



Invest in lasting diesel Mercedes-Benz or Volvo at factory delivered savings. Explore Europe as you wish. Contact your SDA franchised dealership, Auto Martin, Ltd., P.O. Box 1881, Grants Pass, OR 97526, (503) 474-3360. (P 18, 1, 15)

Order Your '85 Model Cars Now. We lease or sell all makes and models of cars, trucks and vans. Call Tom Wilson, Portland, Ore. (503) 223-8955. (P 4, 18, 1)

Buy Any New Car or Truck foreign or domestic at a fraction above dealer cost. Lowest possible prices available. Kramer Auto Sales and Leasing, David Kramer or Cary McClain (503) 252-2021. (P 18, 4, 18)

Employment

Clinical Dietitian to review M.D.'s order and modify patient's diet, instruct patient in diet therapy, advise on preparation of therapeutic diets, and advocate a vegetarian diet. Must be registered with the American Dietetic Association. Apply to Bill McGregor, Personnel Director, (215) 775-8203, Reading Rehabilitation Hospital, R.D. #1 Box 250, Reading, PA 19607. (4, 18)

Physicians Needed in Wasco, Calif. OB-Gyn., General Surgeon, Internist. New offices, adjacent to hospital, waiting. For details call Joe Emmerman, Administrator. (805) 758-5123. (4, 18, 1)

Assistant Director of Food Service position available. Must be registered dietitian with minimum three years food management experience. Master's degree desirable. Responsibilities include teaching in dietetics and food service. Full-time position open June 1985. Interested parties send resume with references to Personnel Director, Andrews University, Berrien Springs, MI 49104. An EEO employer. (4, 18, 1)

May 1985 Opening for Full-Time Certified Medical Technologist for 6-physician multispecialty clinic. Experience with hematology/chemistry procedures required; minimal bacteriology. Attractive, modern working environment; generous benefits. Annual salary \$15-18,000. If interested, call (503) 994-9191 or send resume to Personnel Director, Lincoln City Medical Center, P.C., 2870 West Devils Lake Road, Lincoln City, OR 97367. (4, 18)

Internist and Family Practitioner needed in 7-doctor multi-specialty practice. Rural N. Central Washington community. 200-member SDA church and 9-grade school. Contact manager, Community Medical Center, Brewster, WA 98812. Telephone (509) 689-2525. (18, 4, 18, 1)

Registered Physical Therapist—We are seeking a qualified individual to assist in the development and management of an expanding Physical Therapy Department. Salary in the 25K range. Moving expenses reimbursed. For more information write or call Gary Crowley, Administrative Assistant, Tidewater Memorial Hospital, Route 2, Box 256, Tappanahock, VA 22560. (804) 443-3311. (18, 1, 15)

Teacher—Evaluators (preferably Washington — certified) and skilled secretaries in Portland-Vancouver area needed for evangelical program dealing with families and children. Retirees welcome. Call Moores at Washougal. (206) 835-2736. (18, 1, 15)

Need a Job? Need an Employee? We serve employment needs by bringing people together. Contact us for current Northwest listings. Western Employment Services, 20 S.W. 4th, College Place, WA 99324. (509) 525-5542. (18, 4, 18)

Loma Linda University has some full-time positions available in the Maintenance Department. The positions are for experienced Air Conditioner Maintenance Mechanics and an Experienced Electrician. If these or other areas may be of interest to you, please send a resume or contact: Loma Linda University, Personnel Department, 201 University Arts Building, Loma Linda, CA 92350. (714) 824-4340. (18)

Position Open for Director of the Central Dental Laboratory at LLU School of Dentistry. Director is responsible for production, quality control, supervision of six technicians. Also participates in laboratory services and student instruction. Proficiency in dental lab technology, with experience as a laboratory owner or manager is desirable. Salary plus exceptional benefit package. Please send resume to Assistant Director Personnel Dept., Loma Linda University, Loma Linda, CA 92350. (714) 824-4340. (18)

Director College Buildings and Grounds

Now Open: An exciting opportunity to combine your experience in building maintenance, mechanical systems, and grounds with excellent people management skills. Must be able to manage large staff of full-time personnel and students and be able to run a highly productive and cost-effective department. Experience in effective budget management a must.

Walla Walla College provides an excellent benefit package and innovative leadership opportunities. Send resume in confidence to Personnel, Walla Walla College, College Place, WA 99324. (18)

Semi-Retired SDA Couple with apartment management experience desires employment which furnishes housing with or without cash stipend. Can relocate. Also experienced in bookkeeping and light maintenance. Available April. Please write to: Advertiser, 2640 Koniku Loop, Walla Walla, WA 99362. (509) 522-1319. (18)

Manager to Maintain Orchard — on a percentage of income basis plus good gardening soil and climate. Contact: NEW START HEALTH CENTER, Rt. 1, Box 514, Kettle Falls, WA 99141. (18, 1, 15)

Pharmacist: Clinical Coordinator Pharmacist to assist in the development of new clinical programs and education. Full-time day position in a 356-bed acute care hospital. Excellent salary and benefits. Twelve-grade academy on campus. Call: Pat Coleman (303) 778-5611, Porter Memorial Hospital, 2525 S. Downing, Denver, CO 80210. (18)

For Sale

Oregon Grown Filberts (hazelnuts) kernels, raw or dry roasted in 3 lb. vacuum packed can. No preservatives. 3 lb. can raw \$12.95; 3 lb. can dry roasted \$14.80. Price includes postage anywhere in the U.S. Make checks payable to: The 'Phil'bert Co., P.O. Box 315, Gaston, OR 97119. (18, 1, 15)

Be a missionary. Send SIGNS.

Church Furnishings: Top-quality pews, cushions for existing pews, stack and platform chairs, pulpits, communion tables and chancel furnishings, offered by Oakcrest Church Furniture, 1811 18th Ave., P.O. Box 346, Forest Grove, OR 97116. For more information and brochure, write or call (503) 357-6163. (P 4, 18, 1)

Troy-Bilt Tillers at Discount Prices. Liberal stock on hand. Discontinuing business for health reasons. Phone for available models (206) 887-8049. Willie H. Darrow, 1017 N.W. 289th St., Ridgefield, WA 98642. (18, 4, 18)

In Your Own Kitchen, make tasty nutritious white milk and green cheese in only minutes, from carrots and alfalfa or clover. Attractive informative book in 2nd printing \$3.50 postpaid. Alfa-milk, Box 1049, Orofino, ID 83544. (4, 18, 1)

Miscellaneous

Float Idaho Whitewater: Salmon Middlefork, River of No Return, Hell's Canyon. Individual, group or family. Experienced Adventist outfitter. Sabbath camps. Vegetarian food. DRURY FAMILY, Box 248, Troy, ID 83871. (208) 835-2126. (18)

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You'll find a world of difference in sound, right at your fingertips.



JOHANNUS

is today the world leader in classical organs of all sizes and outproducing all American companies, combined. Also, 12 other lines of top European, Japanese and American organs and pianos, plus electronic keyboards, accessories, etc.

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4035 S.E. 82nd, Portland, OR 97206 (opposite Eastport Plaza) Phone (503) 777-2666 Aurora (503) 678-5330. (18, 1, 15)

Computerized Health Risk Appraisal evaluates your lifestyle and gives recommendations for optimizing your health. Excellent motivational tool. Plain English printout designed by major university. Presently being used by business, industry, schools, churches, hospital and fitness groups. Send \$7.50 for questionnaire and processing. Group rates available. Health Resource Group, P.O. Box 1398, Walla Walla, WA 99362. (18, 1, 15)

Adventist Singles Ministries

Portland/Gladstone
Mini-Campmeeting
March 29, 30 and 31

Featuring Gary Rust,
Youth Ministries, Ore. Conf.
& ASM Pres., Garland Day
\$43 members,
\$53 non-members
\$5 discount if paid by March 22
Seminar day rates available
Meal res. deadline March 22
Info. (503) 245-0134
Res. (916) 967-6178
Paid reservation on
1st-come-1st-serve-basis
Bring sleeping bags
Saturday night pie auction
Guys and gals willing to bring
a pie call Virginia Nichols at
(503) 666-3132.

(18)

Would You Assist Us? The Walla Walla Eastgate Church begins building a sanctuary March 1, 1985. Skilled and unskilled volunteers needed. Contact Mr. Kim Boyd, (509) 529-9800 or (509) 525-7103, Rt. 5, Box 68, Walla Walla, WA 99326. (18, 4, 18)

A Fully Accredited Boarding Academy

set in the rugged wilderness of coastal British Columbia. Three-day campouts every month featuring canoeing, hiking, skiing and mountaineering make attending our school an ADVENTURE. Contact: Principal, Bella Coola Adventist Academy, Box 187, Bella Coola, B.C. V0T 1C0. (604) 799-5910 or 799-5602.

(18, 1, 15, 6, 20, 3, 17, 1, 15, 5, 19)



Magee Aircraft. Airplanes for sale. All makes and models including jets and prop jets. Financing available. Keith Magee, Pangborn Field, Wenatchee, WA 98801. (509) 884-7166. (P 4, 18, 1)

Real Estate

Established Shelter Care Home available to loving Christian buyers. Four patients — waiting list; complete inventory, room for expansion; gross \$3,950/month. Living quarters in basement. \$82,500, 20-25% down, 10½% APR financing. Ruth Stentzel, Poleson Realty, 627 Bryden, Lewiston ID 83501. (208) 746-3331 or 743-1264. (18)

Mini Farm — 5-bedroom, 2 bath, 2,520 sq. ft. (2 levels) on 1½ acres near Homedale, Idaho. Church school. Two fireplaces, \$72,000. Earl Dupper, Sweet Home Realty, Nampa, Idaho. (208) 446-0770. (18, 1)

Battle Ground, Wash.: 2 blocks to Columbia Academy, grade school and church. Modern 3 bedroom, 2 bath, 1,573 sq. ft. ranch-style home, with a large country kitchen, double fireplace, and cozy family room. Double attached garage, all weatherized on older treed park-like acre. Assessed at \$79,800, bargain at \$69,800. (206) 687-2520. (18)



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Red Cross

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your hands?
We could use
those hands.
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2 Lots — Puget Sound Area. S. Arlington — Native setting, stream, privacy, black top, close to SDA school, church, shopping. Septic, design appraised \$55,000. (Free VW Rabbit with cash purchase.) Call (206) 775-6700. (18)

Portland Home for Sale! Exceptionally nice 3-bedroom English home with cozy fireplace, formal dining room, wife-pleaser kitchen, basement, storm windows, steel siding and double garage at 4111 N.E. Failing. Only \$52,500. Mert Allen, Mt. Tabor Realty. (503) 252-9653. (18)



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Vacation at Sunriver: Luxurious condo retreat — 3 bedrooms, 2 baths, fully equipped, sleeps 8. Outdoor pool, tennis courts, indoor spa — no charge. \$75/night, \$30 cleaning fee. Taking reservations now for ski weekends or summer vacations. Call (503) 645-3945 or (509) 525-1687.

(P 18, 1, 15)

195 Acres, dairy barn, shop, \$340,000. Would sell small acreage. Also 8-acre home site, \$30,000. Both properties have frontage on Brownlee Reservoir, Richland, Ore. Good retirement area, close to church. (503) 568-4397.

(18, 1, 15)

4 1/2 Acres, Mobile Home 14x64, 1976 Model. Family room added. Shop. Apples, pears, grapes, berries. Garden space and meadow. City water. 1/4 mile Columbia Academy and grade school. (206) 687-3316.

(18, 1)

Country Freedom—1 acre, 2 miles from Walla Walla College, 10-room, 4-bedroom, 3-bath, 2-level home. Finished daylight basement, utility room, fireplace, family room. Lots of storage closets, double garage, 12x18 steel shed, timed underground sprinkler, beautiful landscaped yard, fruit, nuts, grapes and berries. \$95,000, 25% down, balance at 8%. Write: 66 Onyx, Walla Walla, WA 99362, or call (509) 529-6266.

(18, 1, 15)

Spacious 4-Bedroom, 2-Bath Home with Office, located on 18.10 acres, fenced. Wood heat, plus fireplace. 15 minute drive to either La Grande or Elgin school and church. 8% assumable loan available. T. Kelsay, Rt. 1, Box 124, Summerville, OR 97876. (503) 534-4000.

(18)

Hawaiian Special! Better hurry for this, 6 nights Waikiki hotel, hotel transfers, and round trip air from Portland or Seattle. ONLY \$365 per person double, or \$275 air only. Mert Allen, Mt. Tabor Realty, agent for Kennedy Travel. (503) 252-9653.

(18)

Does Your Business Really Have To Be in the City?

Wouldn't you prefer a beautiful rural location with fresh air and low overhead? An industrial complex with 23,000 sq. ft., including abundant living space, is available for \$165,000. The facility overlooks the scenic Kettle River ten miles from the Canadian border. 15 minutes from picturesque Curlew Lake, 30 minutes from Canadian ski slopes, and within walking distance of a sandy swimming beach. Wildlife in abundance. UPS service daily. "New Addition" presently leased to Republic SDA School (33 students in innovative work/study program). Unlimited out-reach potential!

Phone (509) 779-4621
Write: P.O. Box 178,
Curlew, WA 99118

(18)

Relax at the Coast in Gearhart: 2-bedroom, 2-bath condominium on golf course. Fireplace and pool. Good beach access. All comforts of home. Call (503) 245-3967 for reservations.

(P 18, 1, 15)

For Rent: Rural S.W. Washington — Chehalis area. 2 bedroom 14x66 mobile home on 8 acres. Double garage, woodstove. Good SDA neighbors. Ideal for retirement. Call for information (503) 238-3766.

(18, 4, 18)

Quality Three-Bedroom Home. 1 1/4 irrigated acres. Custom cabinets, circulating fireplace with wood burning insert, electric backup. 1/8 mile Rogue River Jr. Academy. \$74,000. Good assumable loan. Telephone: (503) 776-3830.

(18, 4, 18)

Hawaiian Condominium for rent. Overlooking ocean, island of Maui. One/two bedroom units, fully furnished. Pools, tennis, golf, sandy beach, write or call NAZARIO-CRANDALL CONDO, 724 East Chapel St., Santa Maria, CA 93454. (805) 925-8336 or 937-3077.

(18, 4, 18)

Elbow Room—with million dollar view on 1.85 acres at town's edge with trees, garden, berries, older 7 room mobile/modular home, shop, garage, fruit room. \$60,000 with terms. Church and church school. Tom Dacus, Broker; STROUT REALTY. Salesperson, Janice Gomes, Ralph Howell, Elgin, Ore. (503) 437-6205.

(18, 4, 18)

Bargain—Private, comfortable home you'll love, southern exposure, view, 4 bedroom, den, rec. room, fireplace, etc., economical heating system, winterized on 2+ acres near Columbia Academy. Owner forced to sell. \$69,900. (206) 892-3577 or (206) 574-4291.

(18, 4, 18)

Hawaii—Guest rooms in our modern spacious home. Away from congested Waikiki — minutes to beaches and island attractions. Private entrance, kitchenette and lounge. Economical airline ticketing for your flight to Hawaii and neighbor islands, and car rentals. Free information. Emma Sargeant, 47-600 Hui Ulii Street, Kaneohe, HI 96744. (808) 239-7248.

(4, 18)

At Walla Walla College, Washington, for SALE or RENT lovely home, 3 bedrooms, 2 baths, fireplace, COMPLETELY FURNISHED. Nice garden, grapes, raspberries, fruits. Price right! Call (509) 529-0507. Miriam Savage.

(4, 18, 1)

Sunriver Resort. Enjoy luxurious 3 bedroom, 2 bath completely furnished Quelah Condo. Sleeps 8. Sleigh riding, cross-country skiing, ice skating, unique shops, spa and fine dining. Twenty minutes to Mt. Bachelor. Make your reservations now! \$75/night, \$30 cleaning fee. Call (503) 396-5137 or (206) 272-9285.

(4, 18, 1)

Established Health Food Store with 2-story house. \$50,000. Owners wish to retire. Call (208) 267-2315 or (208) 267-2955 or write Box 37, Bonners Ferry, ID 83805.

(18, 1, 15)

Inn of the Seventh Mountain Condominium, Bend, Ore. Closest lodging to Mt. Bachelor. Condo sleeps 8. Fireplace, fully equipped kitchen, close to pools, jacuzzis, sauna, ice skating, restaurants. Easy access to XC ski and snow mobile areas. Jim and Sheila Reynolds. (503) 638-6255.

(P 18, 1, 15)

Enjoy a Vacation at the Beach! For rent: 3-bedroom, 2-bath condominium in Lincoln City, Ore. Good beach access, daily and weekly rates, completely equipped for cooking, sleeps 8. Contact Claudia Blair, (503) 256-1820, from 9 a.m.-5 p.m.

(P 18, 1, 15)

Hawaii Condo for rent on Waikiki: One bedroom, fully furnished with washer/dryer, color TV, air cond., view, 2 blks. from beach. Sleeps 4. Reasonable, by week or month. Marion and John Pattee, 1511 9th St., S.E., Puyallup, Wash., (206) 845-5928 or 848-1551.

(P 4, 18, 1)

Maui Beachfront Condo for rent. Sleeps 4. Beautiful view. Sauna and pool. High and low season rates. Now renting for April 1985 onward. Goble, (206) 825-3017.

(7, 21, 4, 18, 4, 18, 1, 15, 6, 20)

Christian Witness Needed in Craigmont, Idaho. Closest Adventist churches 30 miles. Comfortable, sturdy older 2-bedroom house, walking distance to store. \$12,000 total, half down, \$100/month. Ruth Stentzel, Poleson Realty, 627 Bryden, Lewiston, ID 83501. (208) 746-3331 or 743-1264.

(18)

Energy Efficient Solar Home amidst Yakima Valley, Wash., orchards. Mountain view. 2,242 sq. ft. plus solariums on two levels. Three bedrooms, 2 1/2 baths, family room, covered patio, custom kitchen, storerooms, 3-car garage on 4.4 irrigated acres, alfalfa, pond, birds. Six miles to church, bus to church school. \$155,000. Terms (509) 829-6216.

(18, 1, 15)

Services

Attorney, SDA Semi-Retired — Many years of personal injury experience. Accepting a limited number of personal injury cases. Call (503) 283-3938 or (206) 573-3763.

(18, 1, 15)

The Village Retirement Center — a community all its own, with peace and security all wrapped up in 12 beautiful acres of single-story cottages located in a country setting. Send for free brochure. The Village, 4501 W. Powell Blvd., Gresham, OR 97030; (503) 665-3137. Slide presentation of Village SDA Church available.

(B 18, 15, 20)

Hidden Springs Adult Care. Damascus-Portland area. Individualized care for elderly or adults in a home atmosphere in the country. Will consider short- or long-term. Recommendations. (503) 658-2795. (P 4, 18, 1)

Draperies: Call Dorothy Nathan SDA Drapery Consultant (503) 297-5406. Affiliated 25 years with Dale's Draperies, 12540 S.E. Division Street, Portland, OR 97236. (503) 761-2810. All types of window treatments available with special prices for GLEANER readers. Call Dorothy today for free estimates entire Portland metro area. Free UPS delivery anywhere in Northwest. (18, 1, 15)

Breast Prosthesis—weighted, sized. Will ship C.O.D. Send current size and \$3 for full details. A-BRA Boutique, 2540 S.E. 122nd Ave., Portland, OR 97236. (503) 760-3589.

(P 18, 1, 15, 6, 20, 3, 17)

Dr. R. Newman, LPT, DC, is pleased to announce a new and unique service providing licensed physical therapy and chiropractic care. Both services now available at 17882 S.E. McLoughlin Blvd., Milwaukie, OR 97222. (503) 653-8974. (P 18, 4, 18)

Room for Elderly Person in family environment, beautiful country setting. Portland area, total care. Includes special diets, attention to individual needs. Gardening, crafts, activities. Licensed RN and physician nearby. (503) 663-6206.

(P 18, 4, 18)

Dr. Charles P. Darcy, Adventist Physician and Surgeon of the foot, has been serving the Walla Walla and Tri-City area for 10 years. If you have a foot or ankle problem call (509) 525-2863 or (509) 582-9196.

(P 18, 1, 15)

Cedric Hayden, DMD, MPH, Family dentist to the Adventist family. 1606 Chambers St., Eugene, OR 97402. Phone (503) 342-3613 collect.

(P 18, 4, 18)

Insurance: Individual and group, medical and life. Call Bob Brooks or Wayne Gayton at Brooks, Turner & Associates. (503) 238-3516.

(P 4, 18, 1)

Dr. Robert J. Sklovsky, Pharm. D., N.D., Naturopathic Physician; natural methods of healing and health care. Clackamas Clinic of Natural Therapeutics and Preventive Medicine, 10808 S.E. Hwy. 212, Clackamas, OR 97015. (503) 656-0707.

(P 18, 4, 18)

Hair Design: SDA fashion hair stylist offering complete men's and women's hair care. Contact Beth Larson at (509) 529-2323, 718 S. College Avenue, College Place, WA 99324. (P 18, 4, 18)

Insurance: Life, Health, Disability Income Protection, Auto, Home, I.R.A. Ask for your free insurance review, call Harry E. Hansen, III, at Metropolitan Insurance Company. (503) 667-6649 or 777-8217. (P 18, 4, 18)

Income Tax: Confidential, expertly prepared in friendly, quiet atmosphere. Reasonable rates. Questions answered and individual problems discussed. Appointments at your convenience. Special attention ministers. Linda's Tax Service, 11220 S.E. Stark, Portland, OR 97216. (503) 255-3733. Ask for Grace Spillman; 9 years' experience as a tax preparer.

(7, 21, 4, 18, 4, 18, 1)

Elzora Retirement Center newly opened, offers you security, well balanced meals, vegetarian meals available. Meals served "home style." Transportation to local church. For further information, contact Don or Sylvia Demaline, 1010 N.E. 3rd, Milton-Freewater, OR 97862. (503) 938-6871. (P 18, 4, 18)

Complete Travel Service for groups and individuals. Featuring June 1985 East and West European camp trip with experienced SDA guides and drivers. Save by camping and high U.S. \$ Travel Consultants, Inc., N. 9421 Newport Highway, Spokane, WA 99218. (18, 4, 18)

Adventist Attorney in Tacoma available to help you. Barton Lowell Jones, Attorney at law, 911 Tacoma Ave. So., Suite 100, Tacoma, WA 98402. (206) 383-5955. (P 18, 4, 18)

Little Footsteps, Adventist Owned Child Care Center caring for children ages 6 weeks to 6 years. Bible, nature, stories, activities, vegetarian meals. Come and visit us. 2225 East Burnside, Portland, OR 97214. (503) 236-2177. (P 18, 1, 15)

Its Your Wedding Day — You have been planning for this day for a long time. Why not hold the memories of it for a lifetime with professional photographs by Kight Photography, serving Oregon and Washington. Kight Photography, 1410 E. Powell, Gresham, OR 97030. (503) 667-0937. (18, 1, 15)



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Old-fashioned Battle Creek Therapy Treatments, hydrotherapy massage, steam baths, poultice wraps. We teach you how to enjoy a more complete health program. "European-trained," licensed corrective therapist. C. E. Miller, 9224 S.E. Foster Rd., Portland, OR 97266. Hours 8-6, Sunday-Thursday. Call (503) 771-3333. (P 18, 4, 18)

Piano Rebuilding: Complete restoration, restringing, etc. Registered craftsman, Kawai and Charles Walters dealer. SDA discounts. Langlois Piano Shop, 1623 Shore Rd., Port Angeles, WA 98362. (206) 457-1858. (P 18, 4, 18)

Fashion Eyewear, Contact Lenses: For the greatest selection and the best service ask for your prescription and take it to Blue Mountain Vision, 5 South First, Walla Walla, Wash., (509) 529-1153. (P 18, 1, 15)

Walla Walla Area Adventist Optometrist available to serve all your vision care needs. Contact Dr. Allen A. Panasuk, Five South First, Walla Walla, WA 99362. (509) 529-1153. (P 18, 1, 15)

Person-to-Person

Advertisements for this section are accepted from North Pacific Union Conference single adults only. Each ad must be accompanied by a letter from an NPUC Adventist pastor indicating that the person is an NPUC member in good standing.

The charge for each ad is \$14 per insertion for 50 words or less, 50¢ for each additional word. Payment must accompany the ad. There is no billing.

If you wish to respond to an advertisement, the following rules apply: You must be an NPUC member in good standing and must attach a letter from your pastor indicating this. These letters are kept on file. If a person has advertised or responded to an ad in the past, it isn't necessary to send an additional pastoral letter of approval.

The GLEANER assumes no responsibility as to the marital status of respondents or advertisers except that they are North Pacific Union Conference members in good standing.

Put your letter to the individual in a stamped, sealed envelope and place the identification number on the outside. Put this letter in another envelope and mail it to Person to Person, GLEANER, Box 16677, Portland, OR 97216.

Please put your FULL NAME and RETURN ADDRESS on ALL envelopes you send to us. We do not forward unmarked mail.

#356
Reputable, kindly Christian gentleman, a former school teacher, 86, in good health, desires companionship of SDA wife in 50s, 60s, or . . . who would like country living in southern Oregon. House is a comfortable 3-bedroom, 1½-bath home with large garage on ½ acre. Acreage contains fruit trees, berries and grapes. (18)

Sunset Table

Standard Time	Mar. 22	Mar. 29	Apr. 5	Apr. 12
Anchorage	6:20	6:38	6:56	7:14
Fairbanks	6:13	6:35	6:56	7:18
Juneau	7:17	7:33	7:49	8:04
Ketchikan	7:04	7:18	7:32	7:46
Boise	6:59	7:08	7:16	7:24
La Grande	6:07	6:16	6:25	6:34
Pocatello	6:45	6:53	7:01	7:09
Billings	6:29	6:38	6:47	6:56
Havre	6:34	6:44	6:55	7:05
Helena	6:43	6:53	7:02	7:12
Miles City	6:18	6:28	6:37	6:46
Missoula	6:51	7:01	7:11	7:20
Coos Bay	6:31	6:40	6:48	6:56
Medford	6:26	6:34	6:42	6:49
Portland	6:26	6:35	6:44	6:53
Pendleton	6:10	6:19	6:29	6:38
Spokane	6:05	6:15	6:25	6:35
Walla Walla	6:08	6:18	6:27	6:36
Wenatchee	6:17	6:26	6:36	6:46
Yakima	6:17	6:27	6:36	6:46
Bellingham	6:25	6:36	6:46	6:57
Seattle	6:24	6:34	6:44	6:54

Add one minute for each 13 miles west. Subtract one minute for each 13 miles east.

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6100 O'Malley Road
Anchorage, AK 99516
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7777 Fairview
Boise, Idaho 83704
(208) 375-7524

Montana
1425 West Main Street
Bozeman, Montana 59715
(406) 587-8267

Oregon
13400 S.E. 97th Ave.
Clackamas, Oregon 97015
(503) 653-0978

Toll-free number for ABC orders
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Upper Columbia
S. 3715 Grove Road
P.O. Box 19039
Spokane, Washington 99219
(509) 838-3168

College Place Branch
508 S. College Ave.
P.O. Box 188
College Place, Washington 99324
(509) 529-0723

Washington
20015 Bothell Way S.E.
Bothell, Washington 98012
(206) 481-3131

Auburn Branch
5000 Auburn Way S.
Auburn, Washington 98002
(206) 833-6707
Tuesdays and Thursdays
12:00-6:00 p.m. only

NORTH PACIFIC UNION CONFERENCE DIRECTORY

10225 E. Burnside
Mail Address: P.O. Box 16677
Portland, OR 97216
Phone: (503) 255-7300

President Richard D. Fearing
Secretary H. J. Harris
Treasurer Duane Huey
Assistant Merle Dickman

Attorney David Duncan
Church Ministries H. J. Harris
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Sabbath School

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Associate, Youth Activities,
Temperance, Health

. Allan Williamson
Associate, Stewardship

. Leonard Ayers
Communication Morten Juberg
Assistant Ed Schwisow

Data Center Eugene H. Lambert
Associate John Lawson
Associate Charles Smith
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Curriculum V. H. Fullerton
Associate, Elementary
Curriculum Erma Lee
Certification

Registrar Elaine Reiswig
Evangelist,
Bilingual Robert Goransson
Home Health Education Office
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Associate Glenn Patterson
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Director Del Suds
Trust Leonard Ayers
Assistant R. L. Burns
Treasurer L. F. Rieley

Local Conference Directory
ALASKA—William Woodruff, president; Donald W. Upson, secretary-treasurer; 6100 O'Malley Road, Anchorage, AK 99516. Phone: (907) 346-1004.

IDAHO—, president; Don Gray, secretary; Reuben Beck, treasurer; 7777 Fairview, Boise, ID 83704; Mail Address: P.O. Box 4878, Boise, ID 83711. Phone: (208) 375-7524.

MONTANA—Paul Nelson, president; Vernon L. Bretsch, secretary; John Rasmussen, treasurer; 1425 W. Main St., Bozeman; Mail Address: P.O. Box 743, Bozeman, MT 59715. Phone: (406) 587-3101, 3102.

OREGON—E. C. Beck, president; John Todorovich, secretary; Ted Luts, treasurer; 13400 S.E. 97th Ave., Clackamas, OR 97015. Phone (503) 652-2225.

UPPER COLUMBIA—Donald G. Reynolds, president; Jere Patzer, secretary; Dale Beaulieu, treasurer; S. 3715 Grove Road, P.O. Box 19039, Spokane, WA 99219. Phone (509) 838-2761.

WASHINGTON—Bruce Johnston, president; Lenard Jacks, secretary; Roy Wesson, treasurer; Mail Address: 20015 Bothell Way S.E., Bothell, WA 98012. Phone: (206) 481-7171.

Administrators Vote Rehabilitation Project



Cheri Stowers

Last fall Cheri Stowers, who is a teacher at Central Valley Junior Academy, Wapato, Wash., was involved in a serious automobile accident. She is paralyzed from the neck down. She has movement in her arms and physical therapy is expected to restore most of the use of these limbs.

At the North Pacific Union educators' meeting in Portland in January, the group voted to sponsor a fund-raising project to assist with the purchase of a van that would be fitted with a suitable lift. This would enable Mrs. Stowers to continue her teaching career.

The school administrators voted a goal of \$2 per student for Northwest schools for the project. Contributions are also invited from any others who may be interested.

Contributions should be sent to Cheri Stowers Rehabilitation Fund, Upper Columbia Conference, P.O. Box 19039, Spokane, WA 99219.



Upper Columbia Education superintendent Carl Jorgensen, left, and Dr. Gil Plubell, North Pacific Education director, look over a van similar to what they hope can be purchased for the use of Cheri Stowers.

Teacher's 23rd Psalm

The Lord is my teacher, I shall lack nothing.
He makes me lie down in fields of knowledge.

He leads me beside quiet streams of
children's learning and laughter

He restores my tattered soul after a seemingly endless day.
He guides me in paths of positive reinforcement, encouragement
and efficiency, for His name's sake.

Even though I walk through the valley of ungraded papers,
wooden paddles, parents to phone and bulletin boards to
make, I will fear no discouragement or burn-out,
for YOU ARE WITH ME!

Your rod and your staff give me courage and comfort during
constituency and board meetings.

You prepare a table before me in the presence of my students.
You load it with lots of faith, hope, love, patience,
kindness and discernment.

You anoint my head with your precious, unfailing love.
My cup overflows to each student you've entrusted to me.

Surely goodness and love will follow me in the classroom
of this earth as I strive to do your will and I will dwell in the
school of my Lord forever.

— Cheri Stowers

Note: This paraphrase of Psalms 23 was written by Mrs. Stowers prior to her accident.