# North Pacific Union Conference

September 16, 1985 Volume 80 Number 18



## God's Thistle

By Connie Compton

In nature itself are messages of hope and comfort. There are flowers upon the thistles, and the thorns are covered with roses

Steps to Christ, p. 10

Nature is God's second book, but what if it's a dreary day with briars pricking your skin and wet grass dousing your clothes? The love is still evident, but sometimes it's through an unusual "sniffing" lesson.

I was depressed — really low. My whole world had been turned upside down. I knew life consisted of ups and downs, but this was the worst down yet.

Unable to sit any longer, I decided to go for a walk in the woods. Maybe a little time in nature would lighten my burdened heart. Outdoors, in God's creation, I could feel His love and concern for me better.

It finished raining as I started off. The late summer foliage stood high, drenching my pant legs. The sky still hovered dark gray and threatened to dampen the rest of me.

"God shows His love through nature." I mused. "Give me a small testimony of your love, Lord."

I trudged up a steep hill, further soaking my sodden jeans. A lack of recent exercise left my breath coming in short, painful gasps and my muscles screaming for relief as they tied themselves in knots.

"I used to run up this hill as a child." The thought rankled through my bewildered mind. The hard climb matched my gloomy disposition as I determined to make it to the top. One foot in front of the other, I proceeded step by agonizing step.

Reaching the summit, I stopped to wait for my heart to quit hammering in my throat and return to its rightful place in my chest.

Looking up, I found no trace of anything resembling sun in the blackened sky; looking around, I found a maze of tangled undergrowth.

"How can I find peace in this mess?" I wondered.

Discouragement swallowed me as I

Connie Compton writes from St. Anthony, Idaho.



observed the dismal, dripping day. The scowling heavens suited my melancholy so I tramped through the rangy weeds.

"Evidence, Lord! I need a demonstration of your love!"

The briars and thistles tore at my legs, a few of them stabbing through the thick blue denim and tearing at my flesh.

"Do you still love me, God?" I cried in desperation.

A faint whiff of something sweet tickled my nose. Walking a little farther, the sweetness filled my mind. I closed my eyes and took a deep breath, savoring the heavenly fragrance.

"Your evidence? Yes, I smell it, Lord. Your love is a sweet savor." The pleasant perfume penetrated my bitter soul and drove the ugliness away.

"Where is it coming from?" I searched around me. But tall grass, brambles and thistles were all I saw.

"Ouch!" A thistle barb bit into my bare hand. I looked at it with disgust and noticed the purple blossom adorning the top.

"Such a delicate flower for such a nasty weed," I thought.

As I bent over the bloom to examine it, the sweetness engulfed my senses. The perfume was coming from the lovely, feathery flower of the thistle. How like life! Many thorny trials and tribulations come our way. But if we will only be patient and trust in our loving Savior, we will eventually find the beauty from that very trial and it will be as a sweet savor.

## Letters

Letters are welcomed for publication. The editor reserves the right to reject letters and where necessary, to edit for continuity and space requirements. Letters must be signed and should not be over 250 words in length except, where, in the editor's discretion, more space is available. Address letters to Editor, Box 16677, Portland, OR 97216.

#### God and Death

A letter in the June 17 GLEANER stated that "God . . . does not kill . . . anyone." This is not correct!

Many times God has killed wicked people or given orders to kill, according to the Bible and Ellen G. White. For instance, Genesis 7:23 GNB says "The LORD destroyed all living . . . human beings, animals, and birds" in the Flood except those in the boat. Ellen G. White agrees that "the Lord brought a flood of water . . and swept away the wicked inhabitants." Review June 15, 1897. Exodus 32:27-28 GNB reports "The Lord God of Israel commands every one of you [Levites] to . . kill your brothers, your friends, and your neighbors." The Levites obeyed, and killed about 3,000 men that day."

# Gleaner

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#### **About the Cover**

Photographer Charlie Swanson, College Place, Wash., calls the cover picture "Love Letter from God." He took the picture in Horseshoe Cove National Forest Campground in Northwest Washington. For this picture he used a Pentax Spotmatic SP with a Super-Takumar f/2.8 105mm. lens with a 9 mm. extension tube. He used Ektachrome-X film.

Ellen G. White adds: "those who performed this terrible work of judgment were acting by divine authority, executing the sentence of the King of heaven." Patriarchs and Prophets, p. 324. Leviticus 10:2 NIV relates that "fire came out from . . . the LORD and consumed" Nadab and Abihu; with Ellen G. White confirming that "fire went forth from His presence and destroyed them." 3 Testimonies, p. 295. Revelation 20:9 decrees that at the end of the Millennium "fire came down from God . . and devoured" the wicked; with Ellen G. White also insisting that "fire was breathed from God upon them, and consumed them. . . The same fire from God that consumed the wicked, purified the whole earth." The Present Truth, Nov. 1850, pp. 86-87.

To say that God has not and will not destroy wicked people, therefore, is to reject the Bible

and Ellen G. White writings.

Edward Eugene Ross Grants Pass, Ore.

I was very much interested in the letter in the June 17 GLEANER with the statement: "He does not kill innocent babies, or anyone."

You overlooked I Samuel 15:3; "Now go and smite... both man and woman, infant and suckling," Then II Samuel 12:15, 18: "And the Lord struck the child that Uriah's wife bore unto David... that the child died." In both incidents God killed babies and children.

Then you add 'or anyone.' ... He killed a world full of people at the flood. That was a direct act of God. There are many records where God killed. Nadab and Abihu, Levitus 10:1-2, Joshua 10:11

True, God is the author of life, yet He is the author of death, Genesis 2:17. He was the first to mention death, . . .

Okay Hill Spokane, Wash.

#### Catch the Caboose

Editor's Note: We receive many letters but rarely one as bitter and vitriolic as the one printed below. Because of its length we have had to excerpt portions of it. The letter does give a picture of how Adventists are perceived by some not of our faith. We assume from her letter that Ms. Swaig is a member of a church. We hope her congregation manifests a charitable position toward its Adventist neighbors, an attitude not apparent in at least one of its members.

I and many of my neighbors here in Walla Walla know quite a few Adventists. This seems to be a center for Adventism. Do you know how most of us feel about you? You think you're too good to mingle with the rest of us Christians because you keep Saturday and observe Jewish health laws and pride yourselves on being keepers of what you call ''the Truth.'' You don't get involved in civic affairs. You don't join in our community Christian programs. You don't invite us over to dinner. And if we happen to be in your house — as I have been many times — you don't even offer us anything to eat or drink in the name of hospitality!

Instead, you cluster in ghettoes like College Place and patronize what is virtually a closed system of service stations, health stores, restaurants, schools, grocery stores — even an Adventist credit union and a hospital! Once a year at Christmas you become "friends" — long enough to collect donations for your own welfare program. Small wonder that many of us slam the door in your faces!

When I chanced to pick up an Aug. 19 GLEANER at a relative's house and saw the letter ridiculing handshaking in church, it chilled my blood and then made it boil. The rest of us Christians can get along without you: we have each

other. But what about the lonely, hurting, discouraged souls in your own churches? They come to church to get love. Who hugs or touches and thus comforts them as part of the weekly service of love? Even babies will eventually die if they are neglected and not comforted. "Thou shalt not kill." even by neglect.

Maybe you don't read much about Jesus, even though he is called 'the Truth.' You Adventists seem awfully preoccupied with prophecy. Maybe you should spend more time reading the Gospels, like in Matthew 21:43, where Jesus says it isn't 'truth' but fruit that counts in the Christian life — 'fruit' like giving away water and food and lodging and clothes and visits (Matthew 25:35, 36) and probably hugs — in church!

I understand you Adventists aspire to lead a great "Latter Rain" revival. Well the Gospel Train, loaded with the joyous redeemed, is already pulling out of the station. If you can thaw yourself out and run hard, you might get aboard the caboose. Somebody is already at the throttle — somebody called "The Comforter."

Sara Lyn Swaig Walla Walla, Wash.

#### To Shake Hands or Not

churches based on tradition. This ceremony of handshaking and hugging is a beautiful expression of love and a part of worship to God, based on the John 13:34 commandment given to us by God through Jesus. We should not be afraid to express caring and love for one another through a handshake or a hug, yes, even a hug!

In fact I've received many "hugs" from God, by feeling His presence in the worship service. And if God communicates His love to me, why shouldn't I be able to relate love to brothers and sisters in the Lord the same way? I know my Heavenly Father is given some measure of joy as He views this ceremony.

Carolyn Walter Junction City, Ore.

. . . Please read the scripture in II Corinthians 13:12, also I Corinthians 16:20 and I Corinthians 3:1-9.

"Amen" to reverence in the sanctuary but also there should be unity in love and warmth of friendlines. God is love. I John 4:16-19; Ephesians 6:12-18.

There should be a lot more handshaking and arms around one another, in the love of God, in or out of the sanctuary. Look around you, where is the love that God has given so freely?...

Mrs. Cleo Markusson Reedsport, Ore.

Certainly visitors to our churches should be greeted pleasantly and invited to return. In many of our churches, especially the smaller ones, entrances are narrow and don't provide space enough for more than a signature on the guest book and the passing out of bulletins.

Visitors couldn't be expected to wait outside the building, especially in inclement weather. They would normally go directly to their cars after dismissal.

In some churches the names of visitors are read from the guest book at the beginning of the church service and persons are asked to stand for recognition.

We should remember that "a fault is a virtue carried too far." Usually only those near should shake hands at this time. Others shouldn't cause disorder by leaving their seats. If they are guests, they may smile and nod. Some might like to call the guest by phone later in the day or week and invite them to come again.

Gladys Reid Walla Walla, Wash. Comment on Ted Martsch, Payette, Idaho, "shaking hands in church." True, this should be done in a quiet and orderly manner but it should be done!!

The truth of God's word surely will settle in one's heart and mind but the warmth and genuine love and concern for our fellowman will be the spark that ignites the unbeliever to allow the Holy Ghost to work. And I mean on a one to one basis. I know for I am one of those who was touched by the honest love and affection shown to me by an Adventisit many years ago.

Subsequently, her love was carried on by those in the church she attended. It was the love shown to me in an affectionate handshake or hug that made me want to know what it was that made these people that way. It was their love for Christ and His love for them and they were showing that to me. I wanted it.

Keep the genuine warmth and affection in the church for without it the love of Jesus will never be fruitful.

Connie Best Philomath, Ore.

I agree with Mr. Martsch, that we need more reverence in our churches, because it is the House of God.

I disagree with him about the shaking of hands. In the churches I have attended, we were told to turn to the person behind us and welcome them to our church. I have never seen anyone putting their arms around others of the opposite sex.

At camp meeting, at the early morning meeting, Pastor Henri asked us to turn to someone we did not know, shake hands with them, and give them our name and where we lived and attended church. I met three people that way; one of them lived in the same town that I live in. I think it was a very good experience.

When we welcome those around us, it makes our visitors feel welcome, instead of just getting a hand shake at the door on the way out. Praise God for friendly church members.

Maxine Miller Battle Ground, Wash.

LETTERS continued on page 23



In the morning, at  $1\frac{1}{4}$  hours before sunrise, look for Mars (E — near horizon), Venus (E — nearly  $\frac{1}{4}$  way up), Capella (E — near sky center), Regulus (E — near horizon), Deneb (NW — nearly  $\frac{1}{4}$  way up), the Dippers and Cassiopeia. In the southern skies, look for Aldebaran (S —  $\frac{1}{4}$  way up), Rigel (SSE —  $\frac{1}{4}$  way up), Betelgeuse (SE —  $\frac{1}{4}$  way up) (both of Orion), Sirius (SE —  $\frac{1}{4}$  way up), Castor and Pollux (E —  $\frac{1}{4}$  way up) and Procyon (ESE —  $\frac{1}{4}$  way up)

In the evening, in the southern skies, at 1¼ hours after sunset, look for Jupiter (SSE — ¼ way up), Saturn (SW — above horizon), Antares (SW — near horizon), Vega (SW — near sky center) and Altair (SSE — more than ½ way up). In the northern skies, look for Capella (NNE — near the horizon), Arcturus (W — ¼ way up), Deneb (E — more than ¾ way up) and, of course, the Dippers and Cassiopeia.

On Sept. 21, Venus is close to Regulus. On Oct. 4 Venus is close to Mars, and Jupiter reverses its apparent course and starts forward again.

Information supplied by Earl L. Shepard, Pendleton, Ore.



Many visitors and relatives joined the members of the Farmington Church to observe the 100th year of worship in the Farmington community.

# Farmington, Wash., Church Has Centennial Celebration

By Ed Schwisow

The Germanic twist of the names still tantalizes outlanders as they grind their vocal gears to pronounce "Schlotthauer," "Schlehuber," and "Getzlaff."

A glance down the roster of names in any week's church bulletin is bound to contain at least one reference to a "Schroetlin," descendants of German pioneers who moved into the area decades ago,

For more than 100 years now, the Seventh-day Adventist Church members of Farmington, Wash., have been known for their "Little German Church" because of the nature of the community in which it was established Aug. 15, 1884.

Under the pastoral care of Adventist pioneer A. T. Jones, the congregation organized that year, and in true German fashion, the center aisle marked the supposedly inviolate separation of the sexes. For more than 50 years, the tradition stood, until, in the mid-1930s, a young married woman challenged the custom by sitting beside her husband during church, according to Hazel Wagner.

Soon, other couples began mingling dur-

ing services, and gradually, to the discomfort of the charter members still in attendance, the center aisle lost one of its major social applications.

Today, the town of Farmington claims fewer than 200 residents, a drastic drop from its heyday earlier in the century. As in many farming communities, the young have chosen to move on in search of professional or city jobs. But the Farmington Church has survived the exodus, and remains strong, with a registered membership of 146.

Lore and legend among the members indicate that some of the early Germanic pioneers came from Russia, where they had been invited to move by the Czar during the 1800s. When difficulties arose there, however, they set their sights on the United States, and Eastern Washington offered them the farmland they needed.

Members still recall the orchestra organized by J. J. Wagner, one of the patriarchs of the German family which still calls Farmington, Wash., their home, though many descendants of that family have since moved elsewhere.

August Wagner, at a spry 94 years of age, still attends church nearly every week, and he and his wife took an active part in the centennial celebration.



Dr. and Mrs. Jess Holm tell of their mission experiences in the Far East, and of their medical work together, now, in Bothell, Wash.

These current members were born soon after the church was established, and their memory of the early days remains vivid.

They also attended the first known German-language church school established in Washington state in 1893. The school belatedly switched to English textbooks in 1910.

Church records indicate that during that period of time, the church was visited by J. N. Loughborough, the conference president.

At the time of organization, it was said that there were 40 German-speaking members and 25 English-speaking ones. Services were conducted in the tongue of the majority, though sermons prepared and presented by A. T. Jones was apparently translated from the pulpit.

The early decor of the sanctuary apparently contained a mural chart of the Ten Commandments, and Lillian Wagner recalls

Ed Schwisow is assistant editor of the GLEANER.



Mr. and Mrs. August Wagner tell of their early recollections of the Farmington Church when husbands and wives followed German customs and would sit on opposite sides of the center aisle during services.

a painting of a beast with "snarly teeth," which was used in illustrating sermons on Daniel and Revelation.

One legacy which the members of today bring down from the pioneers is the feeling that "we can be proud of our faith." The early orchestra helped bring home that point, according to Mrs. Wagner.

Freda Schwartz Schultz, of College Place. grew up in Farmington, where both her and her husband's parents lived. Her family moved to Farmington on April 2, 1929, and she recalls the move because of the "muddy roads" and the deep ruts carved by buggy wheels.

That era of time is significant, however, because it was the highpoint of the town itself. Farmington could boast a train and bus depot, physicians, a drugstsore, a bank and several stores.

"From that time, the town went down and became more or less the farming community it is today," Mrs. Schultz says.

The Schwartz family, soon after arriving, began cleaning the rocks off their rented land, and planted lentils, a legume for which the Farmington area is world-famous. The methods of tillage developed by the Adventist lentil growers are now being emulated throughout the world, according to Al Schroetlin.

A more recent comer, Bob Grenz, who is a mechanic for the Chrysler dealership in Palouse, notes several reasons for settling in Farmington in 1968.

"It's safe, quiet, inexpensive, and a great place to live in this time of earth's history,' he says.

"Besides, there are three churches in town and only one tavern-cafe, and that's a pretty favorable ratio," he concludes.

During the time he has lived in Farmington, however, there has been no home construction, and the population has remained between 150 and 200 persons.

The centennial celebration, held earlier

this year, marked a bittersweet moment for the church. The memories, the anecdotes, the visits from relatives and friends, some of whom had driven more than a thousand miles to attend, brought a true homecoming flavor to the occasion.

But guest speaker Richard Fearing, president of the North Pacific Union Conference. presented a more somber side.

"I think that A. T. Jones would be very, very surprised to see us here today, 100 years later," said Fearing. "The Adventist pioneer expected, in his day, that Christ's return was imminent," he said.

"Let us resolve today that there will not be another century on earth," he preached, to the resounding "Amens" of the congregation.

Today, the Farmington Church bears few of the early Germanic distinctions that form its heritage. The younger generations have lost the accents that their forebears brought from the old country.

But the survival of the congregation and the light that continues to shine in this, the lentil capital of the world, are a testimony to the work of pioneers with names like Wagner, Adler, Schoepflin, Kreiger, Links, Leibel, Kammerzell and Hagens.

Another century, they believe, will not

# **Our Life Together** A Dangerous Mistake

By Charles Scriven

The way we use words can bewitch us into holding views that are misleading and even dangerous. This is true of one way, at least, in which we use the word "church."

Consider these sentences: "I have confidence in the church." "The church should crack down on the new theology." "The church has made unwise investments." "The church is listening to the laity."

In sentences like these the usual function of "church" is to refer to clergy, especially administrators. And this gives life to a completely unbiblical idea, the equation of "church" with "institution," with The Organization, with the rights and duties of ordained officials.

If we trace out the history of our

Charles Scriven is an assistant professor in the School of Theology at Walla Walla College.

English word "church" we come eventually to kurios, the Greek word for "Lord." (You can see that the words are similar in sounding and spelling.) Sometime after the New Testament period, in the region where Turkey is today, a slight variation of kurios came to mean "the Lord's community." And it is from this later Greek word (not found in the New Testament) that our "church" derives.

So in its original meaning "church" does not refer to clergy or administrators; it refers to the community of the Lord, all of it. And this matches the vision of the Bible itself, where the ekklesia, rendered "church" in English Bibles, is understood to be to the congregation or assembly of those who are loyal to Christ. (See, for example, Acts 20:28 and Romans 16:16.)

All this suggests that in faithfulness to Scripture we must never use "church"

to mean the administrative structure or the officers who run it. The church is all of us, not just the officers, and every time we use the word to mean something less than this we mislead ourselves and

Do we even put ourselves in danger? I think so. For this particular misuse of "church" fools us into thinking that clergy and administrators bear the full responsibility for the health of Adventism. In good times we give them too much of the credit; in bad too much of the blame. But the truth is different: we are all in this together; we all share the responsibility for how things go with our life and mission.

The Good News is this: we are not just any group pursuing a dream; we are the church, the Lord's community, and that is reason enough to forge ahead in hope. The Lord's community does not bear responsibility in vain.

# Alaska Members Enjoy Annual Camp Meeting

By Morten Juberg

Some of the guest speakers included:



Theodore Carcich



Maurice Bascom

G. Ralph Thompson



Waiting to go on the platform for the Sabbath morning service are, from the left, Richard Beck, newly elected secretary-treasurer of the conference; North Pacific Union Conference Secretary Jack Harris; Nome hospital administrator Jane Sabes, Nome Pastor Thearon Staddon; and Stephen McPherson, newly elected Alaska president.



Some of the special music at the Alaska Camp Meeting came from four young men. From the left they are Andrew McPherson, Dave Tschoepe, Ron Jerabek and Wesley Burden.



The Anchorage North Church choir directed by Clarice Sumpter rehearses outdoors before presenting special music for the Sabbath services.

The Alaska Camp Meeting at Palmer is like many other similar sessions but there are some vital differences.

One hears the same message that Jesus is coming again and that there is work to be done. There is no difference in the zeal or dedication of the members.

While temperatures often reach the 90s in other camp meetings, the thermometer rarely reaches 70 degrees and this was the case at the just concluded session. Cool, showery weather prevailed until Sabbath morning when the sun broke through for a delightful day of worship.

Midweek audiences in the older, more established camp meetings are composed largely of older gray-haired people. In Alaska the opposite is true. Young adults compose a large percentage of the audience.

It has been only a few years ago that the camp meeting was held at a Girl Scout camp with the 100 or so present crowded into a couple of small rooms. Things have changed since then.

With the construction of an auditorium, restroom facilities and other auxiliary buildings, the campground at Palmer has leaped from the primitive to the modern stage. Those attending past sessions recall the dining tent where one dodged the drips from ceiling when it rained. That, too, is now in the past.

Morten Juberg is editor of the GLEANER.



An important and appreciated addition to the campgrounds is the new gymnasium and classrooms built by members of the Palmer Church.

The Palmer Church constructed a spacious gymnasium with extra classrooms this past year. This year this facility housed the kitchen and cafeteria and furnished meeting rooms for children's divisions.

Jane Sabes, a Nome hospital administrator prayed, "Our spiritual umbrellas are down and we pray for a spiritual drenching." It came in the preaching of Theodore Carcich, a retired vice president of the General Conference. While many men fade into oblivion, beset by the ravages of old age, Carcich is still one of the church's most fervent preachers at 80. An astute observer of world conditions, he linked these with Bible prophecies in his nightly messages.

Other speakers included G. Ralph Thompson, secretary of the General Conference. Others from the world headquarters were Irma Vhymeister, Health and Temperance; William Jensen, ADRA; and Maurice



Special music for the camp meeting came from the Chuck Fulmore Trio from Placerville, Calif.

Bascom, Personal Ministries. North Pacific Union Conference secretary Jack Harris spoke during the morning devotional services.

The Alaska Camp Meeting might have been regarded in the past as an insignificant session. Today it has taken its place as a major meeting well worth the time and expense of those who attend.

Visitors enjoy the rugged beauty of the surroundings, the warmth of the Alaskan members, the excellent music, the temperate climate and above all, the fervent preaching.



Every seat was filled in the main auditorium for the Sabbath services.

Annual Alaska Mission Territory
Offering Scheduled

for Sept. 28

Some of the most significant work being done for North American Natives is in the mission territory of the Alaska Conference as shown on the accompanying map.

Accessible only by air or by freight barges, the seven villages present a continuing challenge, not only to Alaska members but to the constituency of the North Pacific Union Conference.

This is our mission territory.

Work continues to go forward in these isolated areas but it's much more expensive than the Alaska Conference can manage with its limited finances.

Because of these continuing challenges, members of the North Pacific Union join their Alaska counterparts in an annual offering for the mission territory.

This year the Alaska mission territory offering will be received in all Adventist churches in the Northwest on Sabbath, Sept.

Your generosity will continue the work in these needy areas.



# Delegates to Special Constituency Reaffirm Decision to Close Laurelwood Academy

By Morten Juberg

Delegates to the special education constituency session on Aug. 18 left little doubt as to their feelings when they reaffirmed previous decisions to have only one boarding academy in the Oregon Conference.

Meeting in South Salem, the delegates by a 413 to 158 margin voted to "reaffirm actions and decisions made at the Feb. 24 and Jan. 13 meetings to operate one boarding academy." The February meeting designated Milo Adventist Academy as the boarding school for the conference.

Probably no meeting in recent years has evoked as much interest as this special constituency. The session was called because a constitutional provision gave those who weren't satisfied with previous decisions the right to request a special constituency meeting if they could get 20 percent of the delegates to agree.

For the past 11 years the conference has wrestled with the problem of declining enrollments and the need to cut back on the number of boarding academies. At a session held on Feb. 6, 1977, delegates voted to make Columbia Adventist Academy a day school instead of a boarding school. This action did not alleviate the financial crunch of

operating the two remaining boarding academies.

On Jan. 13, 1985, at a full-scale constituency meeting, those in attendance voted to have only one boarding academy beginning with the 1985-86 school year. They also empowered a special panel to make the decision on whether the school to be closed would be Laurelwood Adventist Academy or Milo Adventist Academy. On Feb. 24 the members of this group voted 91 to 51 to close Laurelwood Academy. Dissatisfaction with this decision resulted in the Aug. 18 session.

In other significant actions the delegates at the session voted to:

- Cease indefinitely all further study of a new central boarding academy.
- Have the same committee studying the central academy question now consider the feasibility of selling the Gladstone campgrounds, with the Laurelwood Adventist Academy campus being converted to the Oregon Conference campground and retreat center, and to report their findings to the triennial session May 4, 1986, thus deferring any sales action on Laurelwood until after the reports are presented.
- Have the Oregon Conference establish and solicit donations for an endowment fund to support the Christian boarding academy.
   A report is to be given at the triennial session in May 1986.

Oregon President Edwin C. Beck, making one of his first public appearances after gallbladder surgery two weeks before, delegated the chairmanship of the session to conference Secretary John Todorovich. Ample materials had been provided in advance for the delegates so they could make their decisions.

Primary opposition to the closing of Laurelwood Academy came from Adventists for Christian Education (ACE). John W. Boyd, a retired pastor, made the presentation for this group. In printed material supplied to the delegates previous to the session, the ACE members submitted figures from the conference Lay Advisory Committee indicating the cost of a new central academy would be in excess of \$34 million.

They suggested that cost projections for both Laurelwood and Milo for a 10-year period for capital improvements and maintenance would be \$3,320,700, claiming a savings of \$31 million.

Also in the ACE proposal was a plan for increasing enrollment and school income.



Conference President Edwin C. Beck opened the special session.



Speaking for those opposed to the closing of Laurelwood Adventist Academy was John W. Boyd, a retired pastor representing Adventists for Christian Education.



Assistant Treasurer Warren Dick, left, gets ready to tally the votes as other volunteers bring the results to him.



A delegate offers his opinion at the education constituency meeting as church representatives listen.

While delegates didn't accept the idea of two boarding academies, the information presented on the cost of a central academy probably led to the demise of any further study on this topic.

A criticism of previous sessions indicated delegates weren't always certain as to the wording of the motion they had under consideration for voting. Todorovich made sure delegates at this meeting had no doubt about the motions being considered, repeating them over and over, almost to the point of monotony.

Though delegates approved rules for the session, one of which called for voting by secret ballot, they suspended the rules in several cases, choosing to vote by raised hands.

When the crucial motion about reaffirming the previous decision to close Laurelwood Academy was presented, several delegates moved to cease debate. However, both Beck and Todorovich asked the body to allow discussion on the issue, and this was done.

Delegates also turned thumbs down on a proposal to create a board that would study the feasibility of converting Laurelwood into a technical training school.

Another motion delineating how funds from the sale of major conference capital assets were to be used, died abruptly when a motion was made to adjourn.

#### North Pacific Union Conference

#### Comparative Statement of Tithe and Mission Offerings

7 Months (30 Weeks)

Ended July 31, 1985

#### COMPARATIVE STATEMENT OF TITHE

				Increase or	% Increase
Conference	Membership	Tithe 1984	Tithe 1985	Decrease -	Decrease
Alaska	1,846	840,322.59	802,092.36	-38,230.23	- 4.55
Idaho	4,473	1,160,078,60	1,290,801.11	130,722.51	11.27
Montana	3,203	746,598.60	772,330.45	25,731.85	3.45
Oregon	25,732	6,997,029.92	6,902,164.06	-94,865.86	-1.36
Upper Columbia	18,846	4,922,247.57	5,133,753.74	211,506.17	4.30
Washington	11,971	3,319,033.69	3,288,576.29	-30,457.40	-0.92
Union	66,071	17,985,310.97	18,189,718.01	204,407.04	1.14

#### COMPARATIVE STATEMENT OF MISSION OFFERINGS

			Increase or	% Increase	Per Capita	Per Week
Conference	1984	1985	Decrease -	Decrease -	1984	1985
Alaska	68,223.79	54,543.02	-13,680.77	-20.05	1.34	0.98
Idaho	103,966.82	100,736.27	-3,230.55	-3.11	0.78	0.75
Montana	66,759.89	64,167.81	-2,592.08	-3.88	0.70	0.67
Oregon	566,364.55	568,967.21	2,602.66	0.46	0.74	0.74
Upper Col.	420,047.49	397,795.05	-22,252.44	-5.30	0.75	0.70
Washington	235,384.07	223,857.89	-11,526.19	-4.90	0.67	0.62
Union	1,460,746.61	1,410,067.24	-50,679.37	-3.47	0.75	0.71

# TODAY'S CHRISTIAN EDUCATION

# Students Tell Why They Chose Adventist Education

By Ed Boyatt

You've heard the reasons for not sending your child to an Adventist school. "Cost." "Distance." "There isn't any difference."

But as morals, instructional quality and discipline decline in the public education system, more students and parents are voicing their beliefs in attending Adventist schools.

"I want my child to learn from a Christian teacher."

"A study of the themes of Scripture is essential."

"Our Adventist elementary school is the best place for my daughter to grow as a Christian."

"Where better could my son gain respect for the Seventh-day Adventist Church and its mission in this world?"

Invariably, the first reasons you give for the support of Christian education are either spiritual or academic in nature. But as I listen to parents and students, I hear other reasons from another dimension of our philosophy.

"I send my son to our church schools so that his closest friends will be Adventist Christians."

"I didn't participate in many of my high school's social events because of the Friday night activities; I don't want my daughter to miss these activities."

"I'm here because my friends are here."

"What better place to find an Adventist spouse than at WWC?"

Yes, the social dimension of our childhood, adolescent, and young adult years is very important. Social graces and interpersonal expertise form the basis of all future successes, and such skills are best learned in a Christian setting.

Leadership training is one of those social skills that is of particular value to a growing and dynamic church. In nurturing this talent, it is crucial that we give our young people every advantage. A Christian school offers this setting — one especially conducive to developing leadership potential.

Just what are these advantages? What does an Adventist school offer our future leaders

that a public high school or college does not? The Christianity, of course, but there is more to the package.

The chance to develop a wide circle of Christian friends and the many chances to be invovled in leadership positions are unique to an Adventist academy or college campus. Three WWC students took some time recently to note the positive influence Adventist schools have had on their development as leaders.

Thane Plummer, the 1984-85 president of the Student Association at WWC, states, "You are just better known in a smaller school. Students are open and friendly. As a result it's easier to be involved and to experience success."

Twila Threadgill agrees that a smaller school setting is "more conducive to meeting other people." A recent graduate of WWC, Twila held leadership positions in three campus clubs while holding membership in five organizations. This involvement developed leadership skills that recently resulted in her employment as a teacher at Tualatin Junior Academy. "I'm glad I attended smaller church schools. They gave me more opportunities to be involved and learn valuable leadership skills."

Randy Hafner, a recent Laurelwood graduate and student leader, sees the advantages of a small Christian academy. "The students are more supportive and encouraging. It was a pleasure serving this kind of student body."

These testimonies can be duplicated by scores of alumni from our Adventist schools. The friendships made and the leadership skills developed are lasting benefits of an Adventist Christian education. They may be some of your best reasons for sending your young people to an Adventist school.



# People in Transition

#### NPUC

Leighton and Betty Lynne Holley from the Michigan Conference have accepted a call to the North Pacific Union Conference where Holley will be an evangelist.

Born in China, the son of missionary parents, he has been associated with public evangelism in almost all of his church experience.

After graduation from Emmanuel Missionary College, now Andrews University, Holley began his denominational work as a ministerial intern in the Texas Conference. He later joined his uncle, Roger Holley, an evangelist, for several years of public ministry.

Following a year as a pastor in Birmingham, Ala., he spent an additional 11 years as the conference evangelist in Wyoming, Ohio and Michigan.

His wife, the former Betty Lynne Sharp,

is from Birmingham and has a secretarial degree from Andrews University. The Holleys have three children. They are Maria Lynn, an occupational therapy student at Loma Linda University; Leighton III ("Skip"), a student at Southern College; and Cason, who will be starting his first year of academy.



Leighton Holley

Ed Boyatt is Vice President for Student Affairs at Walla Walla College.

#### Pacific Press

Louis P. Schutter, editor of *Our Little Friend* and *Primary Treasure* for the past 22½ years, has announced his retirement. Prior to entering the publishing work, Schutter spent 17 years as a pastor in California. They will retire in Redlands, Calif.

Taking over as editor of the two publications is Lawrence Maxwell, past editor of Guide and Signs of the Times.



Lawrence Maxwell and Louis P. Schutter

#### Alaska

Richard Beck, vice president for development at Walla Walla College, has been elected secretary-treasurer of the Alaska Conference.

Beck, a 1969 business graduate of Walla Walla College, has served in several capacities in the 21 years he has been associated with the college.

As vice president for development for the past three years, Beck has been involved with developing broader support from Walla Walla College alumni for student scholarships, endowment funds, and capital campaigns.

Prior to his most recent position, Beck was vice president for financial affairs from 1977 to 1982.

In 1974 he was instrumental in separating the student financial aid office from the student finance office and served as its director until 1977.

From 1969 to 1977, Beck served as director of the student finance office.

He replaces **Donald W. Upson**, who accepted a call to be the treasurer of the Southwestern Union Association.



Richard Beck

Several moves involving Alaska personnel have been announced. Richard Allison, former pastor in Wrangell and Petersburg, is the new Youth, Education and Health Services director. Larry Beardsley moves from his former post as Adventist Book Center manager to assistant treasurer. The new ABC manager is Gary Beck, the former pastor of the Chugiak Church.

Stephen L. McPherson, pastor of the Anchorage O'Malley Church for the past four years, has been elected president of the Alaska Conference. He replaces William Woodruff, who is the new president of the Arkansas-Louisiana Conference.

A third generation Adventist pastor, McPherson was born in Scocia, Calif. After graduation from Pacific Union College and spending a year at Andrews University, he began his work for the church in the Arizona Conferece.

He was then called to the Minnesota Conference as an evangelist in 1970, a post he held for four years. He then became the Personal Ministries and Sabbath School director for the next seven years.

Mrs. Sharon McPherson is also a California native. The family includes three sons, Andrew, Peter and Stephen T.



Stephen and Sharon McPherson

#### Oregon

John Todorovich, Oregon Conference executive secretary, has decided to stay at this position in Oregon and not to accept a call to pastor a church in Northern California, as had been previously announced.

**Dick Donaldson,** recent pastor of the Laurelwood Academy Church, has moved to California where he will pastor the Merced Church.

**Reuben Hubbard**, health evangelism director in the Portland area, has gone to Andrews University, where he will teach at the Seminary.

William E. (Bill) Skidmore, manager of the Oregon Adventist Book Center since 1978, has accepted the position of assistant to the vice president of marketing, Review and Herald Publishing Association, Hagerstown, Maryland.

After 39 years of pastoral service for the



Bill Skidmore



Larry Boyd

denomination, Larry N. Boyd is retiring. Recently pastor of the South Park and Canby congregations, Boyd has spent most of his years of service in the Oregon Conference.

A graduate of Union College, Lincoln, Neb., he first pastored in Wisconsin and then in Nebraska before coming to Oregon.

He is married to the former Mavis Betts of College View, Neb. They have three grown children: Marvin, Terry and Clarissa.

Retiring from the post of field representative, Trust Services, is Wilton D. Bresee.

A graduate of Union College, Lincoln, Neb., Bresee both taught church school and pastored in the Oklahoma Conference, beginning in 1946. From 1951 to 1960, he served in pastoral and evangelistic work for the Illinois Conference, before coming to Oregon, where he has spent 25 of his 40 years of denominational service. Many of these years he has been camp meeting supervisor on the Gladstone campground.

His wife Bess is a secretary. The Bresees have two grown sons: Gerald and Eugene.

Filling the position left open in Trust Services by the retirement of Wilton Bresee, is Ronald M. Smith, recently senior pastor of the Hood View/Pleasant Valley District.

Smith received his B.A. in Theology from Southern College in Tennessee and completed graduate studies at Andrews University Seminary. Before coming to Oregon he served as a pastor in the Florida Conference for 10 years.

During this summer he attended a Trust Services seminar, sponsored by Andrews University and the General Conference Trust Services Department.

Smith came to Oregon in 1976. His wife,



Wilton Bresee



Ron Smith

the former Kathleen Detamore, is a registered nurse. Their children are: Daryl, Darlene, Laurel and Lauren.

Floyd White, principal at Columbia Adventist Academy, has accepted a call to be assistant educational director of the Northern California Conference, Richard Serns, vice principal and guidance counselor at CAA, has been named principal of the academy.

Harold Hampton, recently Laurelwood Adventist Academy principal, is now principal of the Portland Adventist Academy. Lisa Bissell, PAA vice principal, has moved to Loma Linda Academy in California where she will also be vice principal.

#### Community Services Centers Aid Needy Ones

The main purpose of Adventist Community Services Centers is to help those in need and by so doing, share some of Christ's love. In just five days' time at one center, there were some unexpected responses:

"You are forcing me to become a Seventh-day Adventist," the man cried, with tearful voice, and misty eyes. "People are treated with such kindness here! I've got to start attending your church." That was Thursday.

The phone rang. No one was supposed to

# Conference News





CHILD DEDICATION. Three children were recently dedicated by Pastor Tim Ruskjer at the Madras, Ore., Outdoor Church service. These were, from left: Scott Bissell, pictured with his parents, Lee and Janet Bissell and older brother, Brett; and Joe and Emily Anderson, pictured with their parents, Sybil and Phil Anderson.



MADRAS BAPTISM. Devan Koehn, left, and Rosiland Frasier were recently baptized at the Madras Church by Pastor Tim Ruskjer. Rosiland had attended a Revelation Seminar. Beverly Ruskjer



BABIES OF NEW MEMBERS DEDICATED: Both Tarna Ann White, left, and Matthew Curtis Rice, right, are held by their recently baptized fathers, Pat and Curt. The proud mothers are Teresa, left, and Cindy, right. Pastor Kevin Wilfley, center, officiated at both of these special services at the Hood River Church.

Bonnie Sanford Communication Secretary



EVANGELISM CONTINUES IN SPRINGFIELD. "Evangelism has not slowed down during the busy summer months here in Springfield, Ore.," according to Pastor Glenn Gingery. In addition to the nine young people pictured, who were recently baptized, there were four others baptized and one joining the church by profession of faith. Also, 15 others have been studying, in preparation for baptism at the close of the summer or early fall.

From left are, front row: Stephanie Ward, Kim Cratty, Nicole Ward, Darlene Biehl and Francie Atkins. Back row: Steve Miller, Brett Long, Ervin Coffee and Jason Arnsen.

Virgil Phillips Communication Secretary be at the Center, but someone was. A state agency was asking for food for a man and his wife. But now another person was at the door. The man came in, head down, well educated, jobless, savings all gone, and now he was having to beg. Receiving encouragement and food, he left, head up, saying, "I'd like to come to your church." That was Monday.

OPEN TO THE PUBLIC — DAYS; so many people, so many needs. One man wanted to talk. He said he had attended the Adventist church once or twice and now was seeing love in action. He felt compelled to come again — regularly. That was Tuesday.

One center — five days' time. Three special people, their needs ministered to, their confidence won are now following Him. Three openly responding. Three out of more than 70 others in those five days whose lives had been touched by Christ's love at one Dorcas Community Center.

This is but one center, like some 60 others in the Oregon Conference, doing the work of Caring by Sharing to those in special need.

We say, "Dorcas Is Alive in '85."

Luella Van Tassel

Oregon Federation President

#### Revelation Seminar

Norton, Washington, Adventist Church

October 5 to November 2

Sat., Sun., Mon., Tues. and Wed. at 7:15 p.m. featuring: Evangelist Thomas & Brooke Stafford



Send names of interests, friends or relatives for a personal invitation to: Pastor Gale Hendrick, Morton SDA Church, Hwy. 508 and Kosmos Lane, P.O. Box 819, Morton, WA 98356



CRUSADE BAPTISM IN HOOD RIVER: Conference Evangelist Paul Johnson and his wife Corleen, right, rejoice with Pastor Kevin Wilfley, and his wife Dolly, left, at the baptism of five persons. They are, from left, Mitch Osmer, Hanna Brown, Nadine and Joe Holt and Teresa and Pat White. Photo by Ben Brewer.

#### Washington



#### New Teachers Introduced At Nelson Crane School

When the school bell rings again at Nelson Crane Adventist School in Puyallup, three new teachers will begin their duties, facing rooms full of eager, happy, smiling faces.

The church family had a personal introduction to each new teacher when they took over the church worship service recently. Participating in the various roles of the program presented, was Dan Wister, who will be principal and teacher. Wister graduated from Loma Linda University with a B.A. degree. He was a student missionary in Indonesia.

He taught in Medford, Ore., and Redlands, Calif. He also was principal and teacher in Hilo, Hawaii. He left the Shelton Adventist School after teaching there four years to come to Puyallup. He is married and has two children.

Sue Keating brings with her many talents

and hobbies in photography, traveling, cycling and reading. She graduated from the University of Wisconsin with a B.S. degree. She also did graduate work at Andrews University and Walla Walla College, majoring in elementary education and psychology. She is married.

Don Mundy will be teaching grades 7 and 8. He graduated from Walla Walla College with a B.S. degree. He spent a year working as a Migrant Title I teacher, helping students in reading, math and phonics. He began denominational teaching at the Cedar Home Church School in Arlington in 1979. By the time school starts their first baby will make its debut.

Wendy Lilienthall will continue on at Nelson Crane Adventist School where she has been teaching since 1983. She graduated from Walla Walla College with a B.S. degree in elementary education and a minor in music and French. She was a student missionary in Port-Au-Prince, Haiti, West Indies, where she taught English as a foreign language and music to secondary and college students. Miss Lilienthal lists her hobbies and interests as reading, cycling, camping, music and volleyball.

"We've searched prayerfully and we think we will have the finest dedicated teaching staff ever," said Ila Zbaraschuk, school board chairman.

> Marion Pattee Communications Secretary









New teachers at the Nelson Crane School in Puyallup are from left, Dan Wister, Sue Keating, Don Mundy, and Wendy Lilienthal, teaching there since 1983.





GRAHAM CHURCH NEWS. On a recent 13th Sabbath Graham members enjoyed hearing from the children. From the kindergarten Kalan and Kadra Remer, top, sang the memory verses for the quarter. Their mother, Marilyn, wrote the music for the verses. The primary and junior division presented a program depicting the marriage customs prevailing when Jesus was on earth.

Another happy occasion for the Graham Church was welcoming Joe Hurst, bottom, as a new member after his baptism. Joe attended Revelation Seminar at Tacoma Southside Church this spring but decided to join the Graham Church because it is nearer to his home. He is pictured here with pastor Pete Tadej.

Louise Craig Communication Secretary

#### Montana Evangelist Has Meetings in Winlock

An "Abundant Life Celebration" concluded the six-week prophetic revelation series held recently in Winlock by Jim Reinking, evangelist from the Montana Conference.

Eight persons joined the local congregation, and Pastor Ron Stroud is continuing studies with several more interested people.

The Sabbath morning of the Abundant Life Celebration, Reinking studied the gifts which the Holy Spirit brings to the newly born Christian.

At the evening celebration, several told of their backgrounds, and the leading of the Spirit. One young man had for some time been praying that he could find people who really followed the Lord so he could join them. When he received the advertisement in the mail concerning the Abundant Life Seminar, an inner voice told him, "These are the people you have been asking Me about." At each seminar session this man's questions were answered point by point.

The entire congregation at Winlock benefited from this series, and they appreciate Montana's loan of Jim and Donna Reinking.

> Elmer E. Wild Communication Secretary



SCHOLARSHIPS AWARDED. The Alumni Association of Auburn Adventist Academy awarded \$300 scholarships to six returning students to the Academy. The dollars result from endowment gifts made by alumni of Auburn Adventist Academy. Endowment gift information can be obtained from Joyce Merry, secretary to the Principal, Auburn Adventist Academy (206) 939-5000. Five of the six scholarship recipients paused on graduation day with Duane Clark, left, president of the Alumni Association, and Sue Duncan, vice president, far right. Pictured, left to right, are Cathy Conard, Tony Silcox, Debbie Pike, Shannon Black and Jonathan Bartell. Not pictured: Lanetta Lewis.



Pastor Ron Stroud, right, and Evangelist Jim Reinking flank new members of the Winlock church family.



#### Craig Members Dedicate Newly Constructed Church

Sabbath, Aug. 3, was a double high day for the church at Craig, Alaska. In spite of heavy rain, the church was filled with more than 100 in attendance. The morning service was climaxed by the ordination of Pastor Rollin Hixson. The key feature of the afternoon service was the dedication of the brand-new church.

Church members at Craig don't know the meaning of the word "can't." As they started their building project in August of 1984, the church gathered together for a prayer session and asked God to provide dry weather so that the foundation and other important work could be finished. It didn't rain for 10 days, although rain clouds passed nearby. The new structure, a credit to the church and the best-looking church in the town, is located in the center of the prosperous logging and fishing community on the west coast of Prince of Wales Island approximately 60 air miles west of Ketchikan in extreme southeastern Alaska.

At the potluck between the two services, many a friendship was renewed after almost 40 years. It was especially a privilege to have Stewart Emery present. He had been the pastor in the early 1940s who had founded the church and established a strong work among the Tlingit Indians of both



As a part of the dedication services for the Craig Church, Pastor Rollin Hixson was ordained. He and his wife Kathleen first came to Alaska as student missionaries in Togiak. Then they served as Taskforce volunteers and later moved into full-time pastoral ministry.

After working several years in Bethel and Gambell, they completed their formal education at Andrews University in 1982. They have been in their present district for the past three years.



# Wishes of a Diabetic

by Gloria Duncan, R.N.

Six months ago I had the privilege of welcoming Richard and Dixie Hitchcock, an attractive couple in the prime of life, as guests at Total Health Foundation.

"I'm here to gain better control of diabetes, which has made an ugly dent in my life for five years. Besides, I'm concerned about the funny feelings in my feet," Richard said,

And Dixie added, "And I came along to observe and learn so I can support Richard in every way possible, I, too, need to lose weight with a family history of high blood pressure, high cholesterol, and alleviate the high-risk factor for stroke and heart attack."

Richard shared his goals with me, as his nurse.

"In order to renew my private pilot's license, I need to shed this excessive weight, lower my high blood pressure and get my elevated blood sugar of 256 down. Maybe here I can control it without Diabenese. And I'd sure be happy to get rid of my chronic low back pain."

Richard's family doctor encouraged him to go through Total Health Foundation's program for the best control possible of diabetes. His doctor knew that help now would enable him to avoid complications from diabetes such as heart trouble, ulcers and amputations of extremeties, kidney failure, and diabetic retinopathy of the eyes which can

cause varying degrees of blindness.

Richard had much to live for – four children, a happy family life, a successful business of several lumbermills in the state of Washington, plus his weekend hobby of horseracing activities.

During his 24 days at Total Health Foundation Richard's fasting blood sugar dropped from 256 to 188, cholesterol from 224 to 159, risk ratio 6.05 to 4.68, triglycerides 274 to 212, 2-hour blood sugar 241 to 176, weight 244 to 228 pounds, and he was able to be off the Diabenese. He walked an average of five miles per day.

A few days ago I talked with Dixie.

"How are things going?" I asked, "Richard is still off the Diabenese and has lost another nine pounds. I, too, am continuing to take off more pounds than the nine I lost while at Total Health Foundation. That funny feeling in his feet has not returned, nor has the chronic back pain. Though he's very busy at work, we manage to walk at least two miles a day."

Knowing the Hitchcocks live in a beautiful country home overlooking the city, I asked, "Did you feel comfortable living in our three story country mansion?"

"Very much so. We felt perfectly at home. We'd known of Total Health Foundation for a long time, but when Richard's dad died, so many extra pressures from the family lumbermill business faced Richard. With his diabetes and the danger symptoms, plus the heavy stresses on the job, the decision to attend a session at Total Health was not hard to make. Richard soon relaxed and enjoyed the calm, peaceful environment. He benefitted from the invigoration of the hydrotherapy treatments and we learned a lot of new ideas,



Dixie and Richard Hitchcock

facts, and concepts from the three daily lectures.

"How about the change in diet?"

"Surprisingly, we had very few problems adjusting to this new lifestyle change. Who wouldn't eniov the low fat and low sugar food so attractively prepared, especially when we felt satisfied following meals? We're having fun doing the same recipes at home, especially with all the fresh fruits and vegetables from our garden. Even our twin teenage daughters are delighted with how good our food tastes, and think the pizza spins are out of this world. At first Richard used some decaffinated and sugar-free drinks, but now he's content with six to eight cups of cool fresh water."

"Have your friends noticed the changes?"

Dixie smiled proudly, "All of our friends and relatives talk about the big change in Richard. I've had to take all his clothes in for alteration. He enjoys remarks like, "You look so much better." But he wants to lose 20 more pounds, which should allow for his blood sugar to drop down to 150 mg. Then he'd be able to renew his private pilot's license."

"How do you manage when you take your horses to races on the weekends?"

"We're learning how to maintain the quality of lifestyle we adopted while at Total Health Foundation even in restaurants. Oriental, Japanese and Mexican menus are the best, especially when we ask the waiter to hold the cheese."

Dixie had a special glee in her eyes as she added, "So you see, it can be done! We know our lifestyle has much to do with how we look and feel. If we party we'll go down hill fast adding wrinkles and looking older earlier than need be. With the Lord's help Richard and I will continue to approach healthful living with zest and enthusiasm. I'm so thankful we chose to come to Total Health Foundation before the enemies of disease had a chance to do unredeemable damage."

# **Surprising Diabetic Research**

by David C. Trott, M.D.

#### **TABLE 1: Glycemic Index of Selected Foods**

Food	Glycemic	Index	Food	Glycemic	ndex
Maltose (malt s Glucose Potato (Russett Honey Cornflakes Potato (instant) Bread (wheat,	, baked)	152 138 135 126 119 116 100	Grapes	heat, white)	67 66 66 62 61 60
Bread (wheat, Shredded whea Rice (brown) Raisins		99 97 96 93	Bread (rye, v Dried green Kidney bean Apple Ice cream	peas	58 56 54 53 52
Sweet corn Sucrose (table sugar) Oatmeal Rice (white)  Banana Frozen peas Yam All-bran cereal Potato (sweet)		87 86 85 83 79 74 74 73 70	Milk (whole) Garbanzos Pear Milk (sklm) Lentils Peach  Grapefruit Plum Cherries Fructose (fru Soy beans (c		49 49 47 46 43 40 36 34 32 30 22

What raises your blood sugar more: a baked potato or table sugar? A slice of whole wheat bread or an orange? It may surprise you that a baked potato will raise your blood sugar more than an equivalent amount of table sugar, and whole wheat bread results in a larger increase than an orange. These are the results of some recent research involving diabetic individuals and non-diabetic volunteers.

Traditionally, diabetics have been counselled to avoid simple sugars and use complex carbohydrates (starches) instead. But recently researchers decided to test this theory and see what people's actual blood sugar response would be to various foods. Scientists in several institutions around the world have measured blood sugar levels after giving 50 grams of a specific food. This response is then compared with that individual's blood sugar after 50 grams of white bread. The ratio between these two values is called the "glycemic index." What they discovered was quite surprising.

Table 1 lists some of the results.

White bread is assigned the value of 100. Values higher than 100 represent higher blood sugar levels than after a white bread meal. If the number is below 100, less blood sugar elevation was experienced compared with white bread. The values in the table are a compilation of results from five different research centers. Their findings were all very similar.

The explanation for these results is as follows:

- (1) Glucose is absorbed directly by the body to form blood sugar. Since maltose is two glucose molecules linked together, it obviously has the highest glycemic effect. Sucrose is half glucose and half fructose, thus giving less blood sugar elevation. Fructose is neither rapidly digested nor completely converted to glucose in the blood which results in a low glycemic index.
- (2) Legumes are rich in several types of dietary fiber that have anti-calorie effects. In other words, these specific types of fiber block the absorption of some of the calories contained in the food (a la "starch blockers"). Legumes also contain enzyme inhibitors that slow digestion. These factors are responsible for the low blood sugar level measurements after legume meals. The fiber in grain products does not have this same blood sugar control effect.
- (3) Foods that are high in fat and protein are digested more slowly and thus give less of a blood sugar rise. Milk, ice cream, and other dairy products fit in this category. However, these foods should be used sparingly by diabetics due to the association between high fat diets and hardening of the arteries to which diabetics are especially prone.
- (4) In the past diabetics have been instructed to use fruits very sparingly if at all. But as you can see from Table 1, the glycemic index of fresh fruits ranges from a high of only 79 to a low of 32! This is because of their high fructose concentration.

No satisfactory explanation has been offered for potato's high glycemic index. But apparently a diabetic should not eat a meal consisting of only potatoes!

It is not yet clear how this information will affect dietary counselling of diabetics. But keep your eye on this line of research. It may revolutionize our understanding of diabetes.

# Diabetes in a Nutshell

by Nola Bowen, R.D.

Diabetes is a defect of the insulin-producing function in the pancreas which causes the body not to properly use glucose (sugar) which then builds up in the blood stream. There are at least two separate diseases called diabetes. One is now designated Type A (insulin dependent – formerly called juvenile diabetes) and Type B (non-insulin dependent or adult diabetes). Each type have separate physical manifes-

tations and origin but briefly, Type A results from a virtual shutdown of insulin production while Type B results from a sluggish insulin production and/or an inability of the body cells to properly utilize the insulin produced. Therefore, Type A requires insulin injections, along with proper diet and exercise to control it; Type B can be contolled through diet and exercise, weight control, and sometimes an oral medication designed to stimulate



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the pancreas to an appropriate level of insulin production.

The goals of all therapy for diabetes are the same, to maintain an appropriate level of blood sugar and decrease the incidence of the disease's side effects such as pains in the limbs from damaged nerves (neuropathy), loss of vision from diabetic retinopathy, increased infections from the white blood cells decreased ability to function as bacterial "scavangers" and early onset of heart diseases.

There are three basic methods that "lifestyle" medicine uses to help reduce the insulin need in Type A diabetics and control the disease without medication for Type B diabetics:

- 1. Stress Control. Stress quite often causes a flareup of symptoms caused by out-of-control blood sugars. Stress is often the triggering factor – the straw that breaks the camel's back - in an already faltering glucose control mechanism. Stress is usually accompanied by irregular and erratic eating habits: snacking, binging, or skipping meals. By learning ways to deal with stress and emotional upsets, instead of letting them control you, these stresses will have less effect on your body function and health.
- 2. Exercise. Regular, aerobic exercise helps to bring or keep weight under control. Less weight means fewer fat cells needing insulin or resisting insulin, so blood sugars are more easily stabilized. Aerobic exercise strengthens the heart, helping resist the early onset of heart disease, increases the circulation thus decreasing the neuropathy or pains in the legs often associated with the disease.
- 3. **Diet.** Regular, balanced meals are of tremendous importance for all diabetics. Because it was assumed diabetics could not tolerate any starches or sugars, the original diet prescribed was high in fat and protein and low in carbohydrates of all kinds. But were the early deaths from heart diseases caused from diabetes or some other factor? As more atten-

tion was focused on the need for a low fat, high complex carbohydrate diet for those preventing or treating heart disease, the realization dawned that maybe the diabetes was not causing the heart disease. Could it be the diet forced on them, the same high fat diet (minus the sugar) that caused heart disease in everyone else?

The focus of the diabetic diet now is low in fat and high in complex carbohydrates (contained in whole grain breads and cereals, legumes, vegetables and raw fruits that are fibrous). The simple sugars are still kept to a minimum.

Oats, especially the bran of oats, and legumes have a very stabilizing effect on blood sugar and should play a major role in the diet of diabetics.

The following recipes utilize the above ingredients and have become favorites in the Total Health menu.

#### RECIPES

#### Pizza Spins'

#### Sauce:

11/3 c. canned tomatoes, drained 1/3 c. tomato paste 3/8-1/2 t. oregano 3/8-1/2 t. garlic salt

#### Filling:

1 c. 2% cottage cheese
1/4 c. chopped onion
1/4 c. chopped olives
1/4 c. mushroom pieces
2 T. chopped green pepper
1 pkg. Branola English muffins (6)

Toast 12 muffin halves on baking sheet at 475 degrees (about 7 minutes). Meanwhile combine all Sauce ingredients together, mashing well with potato masher. Combine all Filling ingredients together also. Spoon 2 tablespoons Sauce, then 2 tablespoons Filling on each muffin half. Bake at 475 degrees for 10 minutes or until cottage cheese is melted. Yield; 12 Pizza Spins. 86 calories/spin.

\*This is the recipe mentioned by Dixie on the front page article as a favorite of her girls. She uses "Carnation" 1% cottage cheese and says it melts better than any other brand she's tried.

#### An Oat Bran Muffin

This recipe was given in Vol. 7 #2 of the "Impact."

Oat bran can be purchased at most supermarkets in 1 lb. boxes on the hot cereal shelf. It is produced by "Quaker Oats"; health food stores often carry it with a "Mother's" label. It can be used as a cooked cereal.

#### Soy-Oat Patties With Tomato Sauce

1 c. soaked soybeans
1/2 c. water
2 Tblsp. flake or powdered
Brewer's yeast
1 Tblsp. soy sauce
1 Tblsp. oil
1/2 tsp. onion powder
1/4 tsp. garlic powder
1/4 tsp. Italian seasoning
1/2 tsp. salt (or to taste)
1 c. rolled oats

Combine all ingredients except rolled oats in blender and chop fine; or, beans may be ground in a food chopper and combined with other ingredients. Place in bowl. Add rolled oats and let stand 10 minutes to absorb moisture.

Drop from tablespoon or ½ c. scoop on oiled baking pan or electric skillet. (Use Pam or other spray.)

Baké at 350 degrees for 15 minutes until nicely browned. Turn. Bake 15 minutes. Cover and bake additional 20 minutes. Reduce heat and cook 10 minutes more. Serve with tomato sauce. Yield: 4 2-patty servings. (1/4 c. patty)

Calories 361, Protein 23 gms., Fat 14.2 gms. P/S ratio 6/1 NA 720 mg. These values include sauce. (2 patty servings) Craig and Klawock. Also present were a number of the members of the James and Thomas families who were the backbone of the church in the 1940s.

The combined celebration of the dedication of the church and the ordination of Pastor Hixson had been suggested by Embert James, whose mother, Mrs. Maggie James, is fondly remembered for her outstanding Christian witness in the community. She had a large family but her door was always open to children who needed a home or a meal. Maggie passed to her rest a number of years ago but her presence was felt at the reunion.

Alaska President Stephen McPherson led out in the ordination of Pastor Hixson. He was joined in the service by Jack Harris, secretary, North Pacific Union Conference, William Jensen of ADRA in Washington, D.C., and Frank Stokes, Sabbath School/Personal Ministries director of the Alaska Conference and a former pastor of the Craig group during the 1940s.

The fine new church in Craig will serve as an evangelistic center for the west coast of Prince of Wales Island. The members are active in spiritual outreach. Starting in August they are sharing their pastor with the Ketchikan group, because Pastor Hixson will now have charge of both churches.

Frank Stokes
Personal Ministries Director

# Cove Youth Have Skit For Sabbath School Program

On a recent Sabbath the youth group of the Cove Church presented the Sabbath school program. The program was presented in the form of a skit which covered the subject of that week's Sabbath study lessons.

The skit was on the fall from grace. It was presented in the modern setting of Gem State Adventist Academy. The "conference president" portrayed by Lance Simmons introduced two new students, Adam and Eve, to the academy grounds and made regular visits to them. Darin Pantekoek was Adam and Josette Simmons was Eve.

Adam and Eve were allowed to participate in any activity but were not allowed to snack from the cafeteria between meals. Eve was tempted by a cafeteria worker and talked into eating some fruit before dinner. She shared the fruit with Adam. Marni Sass portrayed the cafeteria worker. Her brother, Randy Sass, took the part of the conference president's son who voluntarily took the punishment for Adam and Eve.

The presentation was a refreshing new look at the story of mankind's fall and was well-received by the Cove Church.

Randy N. Simmons Cove Communication Secretary



Cove youth who took part in a skit for Sabbath school included from the left, Randy Sass, Lance Simmons, Josette Simmons, Darin Pantekoek and Marni Sass.





COVE PICNIC. The Cove Church recently enjoyed a picnic which included fellowship and games at Catherine Creek State Park near Union, Oregon. Members and friends attended and enjoyed a beautiful day together.

Randy N. Simmons

## Upper Columbia



#### Investiture Held For Omak School Students

The Central Okanogan Valley Adventist School recently portrayed the play "Stone Soup" depicting townspeople sharing food to provide ingredients for soup for some visiting soldiers. This took place at the gymnasium adjoining the Omak Church. Afterward soup and sandwiches were served the 65 people attending.

Everyone then went next door to the sanctuary for the Investiture program, where an Adventist Junior Youth meeting was presented. Each of the 12 students took part in it.

Anna Warren, one of the students who had not attended church school before, earned four levels of Adventist Junior Youth requirements — Busy Bee, Sunbeam, Builder, and Helping Hands. Billy Hines, also new to church school this year, was invested as a Busy Bee and Sunbeam.

Each of the rest of the students completed his or her appropriate level of Adventist Junior Youth classwork. They were: Sara Grable and Jay B. Ham, Busy Bee; Jimmy Edwards and Penny Webster, Sunbeam; Heidi Ham and Star Hines, Builder; and Herbie Edwards, Jill Nanpuya, Brenda Webster and Jesse Willard, Helping Hands.

Joyce Barlow Communication Secretary



The choice is yours.



OUR HOPE
Convocation

October 4 - 5, 1985

Wenatchee, Washington

#### With Special Guests:



Elder H. M. S. Richards, Jr. Director-Speaker Voice of Prophecy



Chuck Fulmore Trio Popular Gospel Recording Artists



Mrs. Irene McCary
Dynamic and Inspirational
Christian Motivator

#### And Featuring. . .

- General Conference Session NAD Video Report
- Youth Programs from Cradle Roll to College Age
- ABC Sale of Books, Records and Food
- Inspirational Musical Programs

#### Omak Members Take Part In Annual STOKER Race

A Sunday late in March was the setting for the second annual STOKER (Summit to Omak Kinetic Euphoria Race). This year, five Omak church members were involved in the actual "racing" part, besides others who helped officiate and encourage the participants.

The course consisted of more than 2 miles of alpine skiing, 14 miles of nordic skiing, 6.7 miles of running, 21.5 miles of bicycling and 10 miles of canoeing — about 54 miles altogether.

Of the 67 teams registered for the event, 64 finished. Their times varied from 4 hours 20 minutes to 8 hours 30 minutes. Each participant received a lavender long-sleeved T-shirt with a STOKER logo.

George Grable, head elder at Omak, was one of the Ironmen, which means he did the complete course alone. His time for the course was 5 hours 53 minutes 52 seconds. He came in second out of the five local Ironmen and tenth overall in that division.

The four women from the church who were on a team, called FeMale Challengers, came in in 6 hours 16 minutes 31 seconds. The team captain, Karen Kuiken, did the alpine skiing; Patti (Fahre (non-member) the nordic skiing; Terri Grzbielski (non-member) the running; Jennie Pierson the cycling; and Kelly Nearents and Vicky Edwards the canoeing.



George Grable (at right with oar and life jacket) makes a final spring to the finish line after completing the STOKER.

Their team came in first out of the four local women's teams and fifth overall in that division. It was felt that the church gave a good representation to the townspeople through their participation in this local event.

Joyce Barlow Communication Secretary

#### Teacher Uses Swimming Party to Meet Students

Shouts of laughter rang through the air as children enjoyed a two-hour swim in the Jefferson Park pool in Walla Walla hosted by Miss Janice Smith.

Miss Smith is second-grade teacher at Milton-Stateline School, located between Milton-Freewater and Walla Walla. She invited grades one through four of the 1984-85 school year to join her in an afternoon of fun at the pool, where she could become acquainted with new students coming into her room and visit with those she has previously taught.

As temperatures edged toward 100°, the swim in the pool was a most welcome respite.

Jacquie Biloff Public Relations Chairman



Students from Milton-Stateline School enjoy a summertime swim.



The happy "FeMale Challengers" team consisted of, left to right: Mrs. Karen Kuiken, Mrs. Patti Fahre, Mrs. Terry Grzbielski, Miss Jenni Pierson, Mrs. Vicky Edwards, and Mrs. Kelly Nearents. Standing behind Terry Grzbielski is George Grable, Ironman.

#### Montana



#### A Book in a Cabin Leads To Conversion of Couple

When Jim and Janie Rawlins came to western Montana from Ohio they only meant to move to the mountains in peace. What they got was a whole new family!

Jim wanted to buy a cabin in the woods so he contacted a realtor and was shown an ideal location. The cabin was owned by Norm and Yolanda Boyd, members of the Iron Mountain Company in Superior. In the course of the negotiations Jim and Janie stayed in the cabin for a few days. While they were there Janie picked up a book they had on a shelf, *Preparation for the Final Crisis* by Fernando Chaij.

She began reading but didn't get it finished before they had to leave. She called Norm and asked if she could keep the book till she had finished reading it. He was delighted to say "yes" and said, "I have some other books like that if you'd like to read them." He gave her *Project Sunlight* and several others.

The Rawlins didn't buy the cabin, but Janie read the books. A few months later when Pastor Dan Tworog held an evangelistic series with multimedia presentations, the Rawlins came — because they knew Norm and Yolanda.

This spring when Norm held his first Revelation Seminar the Rawlins were there. At the end of the meetings Jim and Janie were among the first of the class members to say, "Yes, I want to become part of the Adventist family."

Recently church services were held by the banks of the river and Jim and Janie Rawlins were baptized into the Lord and the Adventist Church. Only a few minutes after their baptism they participated in their first communion service. Friends of theirs from Ohio came to see them be baptized and participated in the ordinances of footwashing and communion with them. And now those friends are attending church every week — and helping with Vacation Bible School, where Janie was the craft leader. And all because the Lord used a cabin and a book and a layman who wouldn't give up.

Marilyn Tworog



# NOTICE OF NONDISCRIMINATORY POLICY AS TO STUDENTS

The following Seventh-day Adventist Schools in the North Pacific Union Conference admit students of any race, color, national and ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to students at the school. They do not discriminate on the basis of race, color, national and ethnic origin in administration of their educational policies, admissions policies, scholarship and loan programs and athletic and other schooladministered programs.

These policies apply to all of the following

#### North Pacific Union Conference Academies

Auburn Adventist Academy, Auburn, Washington Columbia Adventist Academy, Battle Ground, Washington

Gem State Academy, Caldwell, Idaho Milo Adventist Academy, Days Creek, Oregon Mount Ellis Academy, Bozeman, Montana Portland Adventist Academy, Portland, Oregon Upper Columbia Academy, Spangle, Washington Walla Walla Valley Academy, College Place, Washington

#### **Elementary Schools and** Junior Academies

#### Alaska Mission

Anchorage Junior Academy Delta Junction SDA School Dillingham SDA School Fairbanks SDA School Juneau SDA School Kenai SDA School Ketchikan SDA School Kodiak SDA School Matanuska Valley SDA School (Palmer) Nome SDA School Sitka SDA School

#### Idaho Conference

Baker SDA School (Oregon) Boise Valley Junior Academy Caldwell SDA School Eagle SDA School Elgin SDA School (Oregon) Enterprise SDA School (Oregon) Heyburn SDA School Homedale SDA School Idaho Falls SDA School Jessie Clark Christian Elementary (Pocatello) La Grande SDA School (Oregon) Magic Valley SDA School (Twin Falls) McCall SDA School Salmon SDA School Treasure Valley SDA School (Payette)

#### Montana Conference

Adaskovich SDA School (Shelby)

Central Acres SDA School (Billings) Choteau SDA School Glacier View SDA School (Ronan) Hamilton SDA School Havre SDA School Libby Adventist School Mount Ellis Elementary School (Bozeman) Mt. Helena Adventist School (Helena) Mountain View SDA School (Missoula) Palisades SDA School (Great Falls) Shining Mountains SDA School (Lewistown) Valley SDA School (Kalispell) Valley View SDA School (Glendive)

Oregon Conference

Bandon SDA School Brookings SDA School Canyonville SDA School Central Valley SDA School (Tangent) Coquille SDA School Emerald Junior Academy (Pleasant Hill) Falls City-Dallas SDA School

Fir Grove SDA School (Vancouver, Washington) Florence SDA School Gibson SDA School (Madras) Gold Coast SDA School (North Bend) Grand Ronde SDA School Grants Pass Junior Academy Hood View Junior Academy (Boring) Kelso-Longview SDA School

(Washington) Klamath Falls SDA School Laurelwood Elementary School (Gaston) Lebanon SDA School Lincoln City SDA School Livingstone Junior Academy (Salem) Madrone SDA School (Cave Junction) McMinnville SDA School Meadow Glade SDA School (Battle Ground, Washington)

Mid-Columbia SDA School (Hood River) Milo Elementary School (Days Creek) Newport SDA School Pleasant View SDA School (Astoria)

Portland Adventist Elementary School Rivergate SDA School (Gladstone) Riverside SDA School (Washougal,

Washington) Rogue River Junior Academy (Medford) Roseburg Junior Academy Sutherlin SDA School The Dalles SDA School Three Sisters SDA School (Bend) Tillamook SDA School Tualatin Valley Junior Academy (Beaverton) Veneta SDA School Woodburn SDA Bilingual School Yoder SDA School (Canby)

Upper Columbia Conference

Adventist Heritage School (Deer Park) Beacon School of SDA (Lewistown, Idaho) Brewster SDA School Central Okanogan Valley Adventist School (Omak) Central Valley Junior Academy (Wapato)

Cheney SDA School Clara E. Rogers Elementary School (College Place) Colville SDA School Ellisforde SDA School (Tonasket) Endicott SDA School Fairfield SDA School Farmington SDA School Goldendale SDA School Grandview Junior Academy Harris Junior Academy (Pendleton, Oregon) Hermiston Junior Academy (Oregon) Irrigon SDA School (Oregon) Kittitas Valley SDA School (Ellensburg) Lake City Junior Academy (Coeur d'Alene, Idaho) Maranatha SDA School (Ione) Milton-Stateline SDA School (Oregon) Mission SDA School (Oregon) Moses Lake SDA School Mountain View SDA School (Leavenworth) Orofino SDA School (Idaho) Palouse Hills Adventist School (Moscow, Idaho) Pend Oreille Valley SDA School (Oldtown, Idaho) Republic SDA School St. Maries SDA School (Idaho) Sandpoint Junior Academy (Idaho) Silver Valley SDA School (Osburn, Idaho) Spangle Adventist Elementary School Spokane Countryside School Spokane Junior Academy Spokane Valley SDA School Tri-City Junior Academy (Pasco) Wenatchee SDA School Whispering Winds SDA School (Quincy) Yakima Junior Academy

Washington Conference

Adventist Christian School (Hadlock) Bakerview SDA School (Bellingham) Buena Vista SDA School (Auburn) Burien SDA School (Seattle) Cedarhome SDA School Cypress Adventist School (Lynnwood) Elma SDA School Enumelaw SDA School Forest Park SDA School (Everett) Forks SDA School Grays Harbor SDA School (Hoquiam) Kirkland Adventist School Kitsap SDA School (Bremerton) Lewis County SDA School (Chehalis) Marysville SDA School Morton SDA School Nelson Crane SDA School (Puyallup) North Puget Junior Academy (Burlington) Oak Harbor SDA School Olympia SDA School

Poulsbo Adventist School Seguim SDA School Shelton Valley SDA School Sky Valley SDA School (Monroe) Spring Glen SDA School (Fall City) Tacoma Adventist School Yelm SDA School

#### Walla Walla College

#### College Lays Plans For Three-Year Fund Raising

Walla Walla College is launching a threeyear \$1,039,000 fund drive.

The money will largely be allocated for student financial aid through loans, scholarships, grants, work programs, or endowments.

If the goal of \$936,000 is met, WWC will be rewarded with an additional \$103,000 from the Business Executives' Challenge to Alumni (BECA II) grant. The BECA II grant is providing \$1.4 million to be divided among 12 Seventh-day Adventist colleges and universities as fund drive incentives.

This three-year campaign follows WWC's recent notification of a significant cut in the amount of new monies it will receive for the National Direct Student Loan (NDSL), a major part of WWC's student aid program. Its allocation of new funds is plunging from last year's \$78,419 to \$17,145.

This campaign for student aid carries specific goals. The main directive is to build a substantial student aid endowment to reduce dependency on federal student aid monies. In addition to raising the money, WWC hopes to boost the percentage of alumni who give to 36.5 percent and increase the amount of the average non-restricted gift to \$62.

The effort to raise \$1.03 million for student aid comes on the heels of a five-year (1980-1985) fund drive, also sponsored by BECA, that increased WWC alumni giving by nearly 21 percent. During that campaign, WWC raised \$1,291,709, the majority of which funded student aid and student endowments.

The BECA grants are funded by the Seventh-day Adventist Church and a group of 14 professionals. These challenge grants are coordinated by the Adventist Church's Office of Philanthropic Services to Institutions in Washington, D.C.

#### WWC to Hold Inauguration Ceremonies for President

The inauguration of Walla Walla College's seventeenth president, Dr. H. Jack Bergman, will be held the weekend of Nov. 15-17 on the college campus.

"It is a chance to gather old and new friends to celebrate a fresh beginning," says John Brunt, chairman of the School of Theology and chairman of the inaugural committee. "It is a time for the school to come together to celebrate our mission, our purpose, and our future. Inaugurations bring the entire college community together in rededication to the Lord and the task that we have as a school," says Brunt.

All constituents of the North Pacific Union Conference are invited to attend the weekend events. The inauguration ceremony will be held at 2 p.m. Sunday, Nov. 17, in the WWC church.

For more information please contact the inaugural committee at (509) 527-2194.

#### Fifth Annual Phonothon Set for Oct. 20-Nov. 7

Walla Walla College kicks off its Annual Fund campaign with the fifth annual phonothon scheduled for Oct. 20-Nov. 7.

The phonothon is the single largest fundraising activity of the year for WWC. Each year almost 200 volunteers phone alumni, former students and faculty, and friends of WWC asking for their support of Christian education at WWC.

The phonothon is coordinated by the

WWC development office and is held in the Havstad Alumni Center.

Monies donated to WWC during the phonothon for the Annual Fund are allocated by an administrative team to aspects of the college which need a financial boost. As in years past, the area which will benefit most from the phonothon is student financial aid.

The donations gathered for the Annual Fund will be largely allocated to student financial aid through loans, scholarships, grants and work programs.

A student endowment fund will also be supplemented to continue WWC's support for its students. The college is seeking to reduce its dependency on federal student aid monies.

The Business Executives' Challenge to Alumni group has challenged WWC to raise \$292,000 from 4,858 donors during the 1985-86 Annual Fund campaign. If the goals are met, BECA II will award WWC a grant of \$41,000. The BECA II grants are funded by the Seventh-day Adventist Church and a group of 14 professionals.

# General News

#### Explanation Given Of Supreme Court Decision

Employers are still required to follow the religious accommodation provisions of Title VII of the Civil Rights Act even though the U.S. Supreme Court ruled, on June 26, 1985, that the Connecticut Sabbath accommodation law violated the Establishment Clause of the First Amendment.

Concurring with Chief Justice C. J. Burger, who delivered the opinion of the Court, Justice J. J. O'Connor wrote: "I do not read the Court's opinion as suggesting that the religious accommodation provisions of Title VII of the Civil Rights Act are similarly invalid. These provisions preclude (forbid) employment discrimination based on a person's religion and require employers to reasonably accommodate the religious practices of employees unless to do so would cause undue hardship to the employer's business. . . . Since Title VII calls for reasonable rather than absolute accommodation and extends that requirement to all religious beliefs and practices, rather than protecting only the Sabbath observance, I believe an objective observer would perceive it as an anti-discrimination law rather than an endorsement of religion or a particular religious practice."

The Connecticut law-stated: "No person who states that a particular day of the week is observed as his Sabbath may be inquired by his employer to work on such day. An employee's refusal to work on his Sabbath shall not constitute grounds for his dismissal."

#### Court Reviews Law

Donald E. Thornton, a Presbyterian, was fired because he would no longer work on Sunday, his Sabbath. Claiming that his rights had been denied under the Connecticut law, he went to court. The case, Thornton vs. Caldor, Inc., was reviewed by the Court "to decide whether a state statute that provides employees with the absolute right not to work on their chosen Sabbath violates the Establishment Clause of the First Amendment," said Chief Justice Burger, who delivered the opinion. The key word in his statement is "absolute."

The Court ruled, "We hold that the Connecticut statute, which provides Sabbath observers with an absolute and unqualified right not to work on their Sabbath, violates the Establishment Clause of the First Amendment." "... the statute goes beyond having an incidental or remote effect on advancing religion. ... The statute has a primary effect that impermissibly advances a particular religious practice."

The Connecticut law could not pass constitutional muster because it left no room for the rights of the employer or of fellow employees. Its provisions were unyielding and absolute. The court said that the "State has . . . decreed that those who observe a

Sabbath any day of the week as a matter of religious conviction must be relieved of duty to work on that day, no matter what burden or inconvenience this imposes on the employer or fellow workers. The statute arms Sabbath observers with an absolute and unqualified right not to work on whatever day they designate as their Sabbath."

Quoting a case from the Second Circuit Court of Appeals (Otten vs. Baltimore & Ohio R. Co. 1953), the Court said, "The First Amendment . . . gives no one the right to insist that in pursuit of their own interests, others must conform their conduct to his own religious necessities."

It is helpful to contrast the Connecticut Sabbath law with Title VII of the Civil Rights Act, which is the law under which the Department of Public Affairs and Religious Liberty of the Seventh-day Adventist Church seeks accommodation for the religious needs of its members.

#### No Consideration Given

The Connecticut law was absolute and arbitrary. It gave no consideration to the employer's needs, or the rights of fellow employees. In every instance the rights of the Sabbath observer were paramount. By contrast, Title VII of the Civil Rights Act is not absolute. It requires the employer to "reasonably accommodate to an employee's or prospective employee's religious observance or practice without undue hardship on the conduct of the employer's business." The Connecticut law was unvielding, and has been declared unconstitutional. Title VII gives the employer some room to move as he seeks to accommodate the religious needs of an employee. Under Title VII the employer is not required to accommodate if he can show that accommodation would result in undue hardship on his business.

From my perspective as the Director of Public Affairs and Religious Liberty in the North Pacific Union, I cannot fault the Court's conclusion about the Connecticut law. As Seventh-day Adventists we need to realize that we cannot expect everyone else, employers and fellow employees alike, to step aside, to give up their rights, to endure "undue hardship," so that we can always come through on the "main track." There are times when we as Christian Sabbath keepers may lose our jobs over the Sabbath. So be it, Serving the Lord is not always the easy road.

However, Title VII of the Civil Rights Act still stands and your Department of Public Affairs will continue to assist church members who need accommodation for Sabbath observance, Sabbath tests, labor union problems, or whatever,

True, there is misunderstanding in the mind of some employers concerning the meaning of the Supreme Court's ruling. Educating employers, and others, who do not understand, will be a high priority task. Such education will be given as particular Sabbath problems arise.

When faced with Sabbath work problems, church members should first contact their pastor, who, in turn, will advise them to contact, if necessary, the Department of Public Affairs and Religious Liberty in the North Pacific Union Conference. We will do all that we can to give assistance.

We must always keep in mind that our primary strength and help come from our God and not the laws of the land. Learning to trust Him in such a vital part of being a Christian.

Arthur R. Lickey
Director of Public Affairs and
Religious Liberty
North Pacific Union Conference

#### GLEANER Cover Pictures, 1986

Each fall the GLEANER purchases transparencies for the next year's covers. This year the cover judges will look at transparencies during Nov. 18-20. The following rules will apply. Read them carefully.

 All transparencies must be mailed or delivered in person so as to be in the GLEANER office by Friday, Nov. 15. For mailing from distant areas you should allow a week or 10 days.

 Each photographer may submit up to 10 transparencies. Submissions of greater amounts won't be considered. (Slides and transparencies mean the same to us.)

Transparencies should be 35 mm. only.
 Don't send color negatives or prints. They can't be used.

 All transparencies must be of a vertical format.

 The slides must be taken in the Northwest, which includes the states of Alaska, Washington, Oregon, Idaho and Montana.

Put your name and address on each submission.

Don't send duplicate slides. They won't be considered.

 Slides submitted shouldn't be similar to covers used during the past two years. If you have recognizable people in the picture, you should be prepared to furnish a model release for each one.

 Be prepared to furnish your biographical information as well as data on your picture

if it is purchased.

10. The GLEANER pays \$35 for a one-time cover use for each transparency purchased. All slides submitted will be returned promptly. Those selected for publication will be held for approximately two months or until color separations are completed.

11. We will return entries at regular postal rates, which we pay. If you want your materials insured or handled in a different manner, include extra postage.

12. Submissions for GLEANER covers should be mailed to GLEANER, Box 16677, Portland, OR 97216.

# Announcements

#### **Combined Workshop**

A combined Personal Ministries Leaders' and Sabbath School Superintendents' workshop is scheduled for the Gladstone Convention Center, Friday, Sept. 27, from 7 p.m. through Sabbath, Sept. 28, 9 p.m. Lynn Martell, newly elected director of Church Ministries for the North American Division, will be guest speaker for the devotional meetings. The theme of the Sabbath School workshop is, "Sabbath School Plus." The workshop will feature such topics as, "Education Plus," "Song Service Plus," "Programs Plus," "Missions Plus," "Small Groups Plus," "Hospitality Plus," and "Socials Plus."

The theme of the Personal Ministries workshop will be, "Every Member a Minister," Items discussed will be, "How to Use the Gifts of Your Members in Planning Ministry in Your Church," "How People Flow into the Church," "How to Win People Through Webs of Relationships," "How to Organize Small Groups for Mission,"

and "How to Incorporate New Members into the Church Family." Speakers will include Pastors Al Long, Kurt Johnson, Larry Evans and Gwynne and Ione Richardson, Sophie Fresk, Dorothy Watts, Marcia Mollenkopf and Ron Watts.

Both workshops will feature "Models of Church Socials that Win, Nurture and Hold Members."

#### Psychology Class

A seminar giving instructions in how to present principles of Biblical and Spirit of Prophecy psychology to pre-school and elementary age children will be conducted in the following churches: Salem Central, Sept. 21-22; Walla Walla City, Sept. 23-26, evenings; and Yakima, Sept. 28-29. Open to the public at no charge. Lois Eggers and Sharon Clark of the Common Sense Psychology Foundation in Paradise, Calif., will be the instructors.

#### College View Alumni

Alumni Homecoming Weekend for College View Academy/Union College Academy will be held Oct. 11-13 in Lincoln, Neb. Honor classes are 1975, 1970, 1965, 1960 and 1955. Honor class reunions will be Friday evening. Sabbath speaker will be Murray Deming. A pancake feed will be held on Sunday at 10 a.m., at Pioneer Park.

#### Ridge Dell Dedication

The Ridge Dell Church, 311 N.W. 179th St., Ridgefield, Wash., will hold special dedication services Sabbath, Sept. 28. The all-day event will begin at 9:30 a.m., with conference President Edwin C. Beck as guest speaker for the 11 a.m. worship hour. This will be followed by a noon luncheon and a 2:30 afternoon service.

#### Organ Concerts

Organ concerts Oct. 12 and 13 featuring Craig Scott performing on the internationally famous Johannus Classical Organ, Trinity United Methodist Church, SE 39th and Steele, Portland. For further information contact Ogden Music Co., (503) 777-2666.

#### Lord's Day Seminar

Dr. Samuele Bacchiocchi, recognized spokesman on the Sabbath, will be speaking three times during the weekend of September 27 and 28 — at the Treasure Valley Bible Church, 7960 Northview, Boise, Idaho.

Church, 7960 Northview, Boise, Idaho.

Friday Night, Sept. 27, at 7:30 he will speak in "My Search for the Lord's Day at

a Vatican University."

Sabbath morning at the worship service his subject will be "Divine Rest for Human Restlessness." He will share seven ways in which the observance of the Sabbath enables Christ to enrich your life with His peace and rest.

Sabbath evening at 6 p.m. he titles his talk "Holy Day or Holiday?" An interesting presentation on the change of the Sabbath. A question and answer period will follow. For more information call (208) 377-8447 before noon weekdays.



Dr. Samuele Bacchiocchi

#### **Rockwood Meetings**

David Castro from Stone Mountain, Ga., will present a series of revival meetings in both English and Spanish at the Rockwood Church in Portland. Messages in English will be on Sabbath, Oct. 5, at 11 a.m. and 3 p.m. Then Monday, Wednesday and Friday meetings from Oct. 7 to 18 at 7 p.m. will also be in English, as well as vespers on Sabbaths, Oct. 12, 5:45 p.m. and 19 at 3 p.m.

Spanish meetings will be Sundays, Tuesdays and Thursdays, Oct. 6 to 17, at 7 p.m. Castro will also speak to the Spanish people on Sabbaths,

Oct. 12 and 19 at 11 a.m.

David Castro has been involved in preaching and singing at evangelistic meetings worldwide. He sang at Gladstone camp meeting in 1984. He is a recording artist and will have tapes and records in Spanish and English available.

Bring a friend and enjoy the spiritual feast at the Rockwood Church, 1910 S.E. 182nd Ave.,

Portland, Ore.

#### Tabernacle Anniversary

The 70th anniversary of the Portland, Ore., Tabernacle Church will be celebrated Sabbath, Sept. 21, at the church, 26 S.W. Condor Way (off Barbur Blvd.)

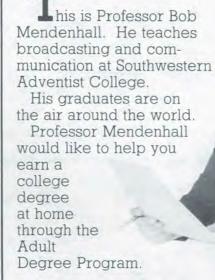
Special recognition will be given to charter members. Three former pastors will speak: Lloyd Summers, Portland attorney, will teach a general lesson study at the Sabbath school which will begin with music at 9:15 a.m. Gerry Fisher, now stewardship director of the Rocky Mountain Conference, Denver, Colo., will give the 11 a.m. worship sermon, and Pastor Harvey Corwin, Portland Mt. Tabor Church, will conduct the 5 p.m. vespers.

There will be a potluck meal at noon and a light bread and salad potluck supper after vespers. This will be followed by a social evening in the new gym and fellowship room.

All former members and pastors are especially invited.

SAC TALKS TO YOU

for october Seminar



For information write or call collect 817-645-2271.



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#### Sunnyside Film Series

Hooked on Life — a four-part film series on moving from stuck to starting over will be shown at the Portland Sunnyside Church, Fridays at 7:30 p.m., Sept. 27 through Oct. 18.

Whatever you're stuck in, recovery is available. Proven principles are given for cutting destructive attitudes and behaviors from your life. Distinction is made between short-term results and long-term recovery.

The church address is 10501 S.E. Market, near Portland Adventist Medical Center.

#### ASM Outdoor Church

The Portland Chapter of Adventist Singles Ministries is planning a Sabbath program at Hidden Springs, Clackamas, Sept. 21 for adults only.

The day will begin with a song service. The Sabbath services will be followed by a fellowship dinner, a gospel concert and hiking. To end the day there will be a corn roast, a watermelon feed and sundown vespers with special music and a sing-a-long. Speakers include Dr. Lyle Cornforth and Dr. Jim Johnson.

Bring Bible, casual clothes, blanket to sit on, one dish for fellowship dinner, one can juice, three or four ears of corn, watermelon, and table carriers

Directions: South Foster Road to Highway 212 at Damascus. Left to Royer Road, turn right at Plaid Pantry. Go two and one-half miles to Drake



Rene Noorbergen

Noted author and journalist will speak on the Seductive and Fatal Allurements of the Occult and Secrets of the Lost Races Friday, Oct. 18, 7:30 p.m. and Sabbath, Oct. 19, 11 a.m. and 4 p.m. at the Portland Adventist Elementary School gym.

Road, third street on right. Turn right, go short distance. Watch for signs. Turn left up long driveway, seven-tenths mile. For further details phone Lucille Darden, (5093) 761-7419 or Hidden Springs, (503) 658-2795.

#### Alaskan Reunion

The Alaskan Reunion will be held the weekend of Oct 11 and 12 at the Walla Walla College Marine Biology Station, Rosario Beach, Anacortes, Wash. Each one should make his own reservation with Myrna Lent, 174 Rosario Beach, Anacortes, WA 98221. Phone (206) 293-2326.

#### Marriage Encounter

Marriage Encounter's near future weekend retreat schedule is as follows:

Oregon — Nov. 1-3, Gladstone, Registration deadline: Oct. 1, 1985. Call: (503) 648-2962 or 692-1512.

Eastern Washington — Nov. 8-10, Camp MiVoden. Write: SDA Marriage Encounter, P.O. Box 19039, Spokane, WA 99219.

Western Washington — Nov. 1-3. Call: (206)

British Columbia — Oct. 18-20, Hope, B.C. Call: (604) 592-6579.

Marriage Encounter strengthens marriages. Spend a special weekend with your spouse.

#### Management Seminar

What's your problem? Smoking? Stress? Overweight? Marriage going sour? Whatever it is, there are principles which you can learn which can be successfully applied to any problem.

Behavior change, through self-directed behavior, is the most studied, most tested, most successful method known to modern man for solving problems. This seminar will be held on Thursday evenings beginning Oct. 10, 7:20 p.m., at the Mt. Tabor Church's Conference Room, 1001 S.E. 60th, Portland, Ore.

The program concludes Dec. 19. To preregister, call (503) 233-7606, or write to the church office.

Walter and Alice Sanders have one daugthter, Eileen Allan, and three grandchildren, Malvin, Ann and David.

be active in the Touchet, Wash., Church, where

they have been beloved members for the past 27

Walter and Alice Sanders

#### Sixty-Fifth Anniversary

Leslie and Rose Janke celebrated their 65th wedding anniversary Aug. 4 with a reception at their home in Walla Walla, Wash.

They were married Aug. 2, 1920, in St. Charles, Ill., after which they attended Emmanuel Missionary College. The Jankes are members of the Walla Walla City Church. They have lived in the area for 36 years. Mr. Janke was a business man before retiring. They will both be 90 years old this fall.

They have three daughters, Lillian Camarillo, Veulah Morse and Beulah Janke all of Walla Walla, and two sons, Everett, Wapato, Wash.; and Bernie, Milton-Freewater, Ore.



Rose and Leslie Janke

# Milestones

#### WASHINGTON

#### Sixty Years of Marriage

Daniel and Olga Miller celebrated their 60th wedding anniversary with dinner at Mary McCrank's Dinner house, Chehalis, Wash., last month.



Olga and Daniel Miller

The Millers arrived to find a surprise party hosted by their son and daughter-in-law, Dr. and Mrs. Harley Miller, Chehalis, for friends and relatives. In addition to their son and his wife, the Millers have six granddaughters.

The couple was married on May 21, 1925, at Roscoe, S.D., and lived and ranched northwest of Eureka, S.D., until 1958. They moved to Lodi, Calif., for 20 years, and came to Chehalis seven years ago, They are now in the apartment rental business and reside in Newaukum Heights.

#### **UPPER COLUMBIA**

#### Fiftieth Wedding Anniversary

June 26 marked an auspicious milestone in the marriage of Walter and Alice Sanders — their 50th wedding anniversary.

Married in Blaine, Wash., in 1935, Walter and Alice lived in Chewelah, Wash., for the next 23 years. They have resided in College Place, Wash., since their move from Chewelah in August 1958. After coming to College Place, Walter worked for Harris Pine Mills at Pendleton, Ore., until his retirement in 1974.

The Sanderses joined the Adventist Church in the 1940s. They have both served in various church offices through the years and continue to

# Births

Matthew Robert Axford born July 29, 1985, to David and Debora Johnson Axford, Prosser, Wash.

Andrew LaMont Culver born June 20, 1985, to Jack Jr. and Marcia Culver, Salem, Ore.

Ryan Anthony Ford born Aug. 8, 1985, to Greg and Rhonda Casper Ford, Longview, Wash.

Curtis Edward Grant born June 13, 1985, to Ed and Cheryl Grant, Salem, Ore.

Ashley Pauline Haigh born July 28, 1985, to Bill and Anita Haigh, Puyallup, Wash. Kenneth Scot Jenkins born June 27, 1985, to Rick and Beverly Jenkins, Milton-Freewater, Ore.

Benjamin Irvin Jewkes born April 18, 1985, to David and Eleanor Jewkes, Colbert, Wash.

Theresa Sue Kitts born July 19, 1985, to Kraig and Susan Kitts, Tacoma, Wash.

Ashley Patrice Knittel born July 16, 1985, to Monty and Patty McIntyre Knittel, Missoula, Mont.

Breanna Nichole Macpherson born July 25, 1985, to Charles and Elizabeth Marie Theil Macpherson, Battle Ground, Wash.

# Weddings

David Birky and Helen Jenkins, Aug. 8, 1985, in Hamilton, Mont. They are making their home in Corvallis, Mont.

Charles Fredrick Cornforth, IV, and Kelly Renee Blue, July 13, 1985, in Fort Casey on Whidbey Island, Wash. They are residing in Kirkland, Wash.

David Vaughn Dorgan and Tyla Lynn Norton, March 31, 1985, in Pendleton, Ore, They are living in Pendleton, Ore.

Lyle R. Jensen and Susan C. Forgey, Aug. 11, 1985, in Walla Walla, Wash. They are residing in College Place, Wash.

Todd Andrew Johnson and Laurie Lannette Wilson, Aug. 18, 1985, in Gaston, Ore., where they are making their home.

Harris Jones and Adele Syphers, April 7, 1985, in Post Falls, Idaho. They are living in Post Falls.

Jeff Hilde and Dena Gilbert, July 5, 1985, in Walla Walla, Wash., where they are making their home.

Donald Austin Kellogg, Jr., and Robyn Michelle Bryson, Aug. 18, 1985, in Roseburg, Ore. They are making their home in Medford, Ore. Regarding the friendliness of our churches; My family and I have had the opportunity to attend church services at 28 of our Adventist churches during the past four years — churches that are located from British Columbia, Canada, to Washington, Oregon, California, Arizona and Guaymas, Mexico. We did not encounter an unfriendly spirit at any of the churches we attended. Our memories are full of the enthusiastic greetings we received, the invitations to join a particular lesson study class, invitations to potlucks and individual homes for dinner.

Perhaps there are some individuals who have encountered an unfriendly spirit at one time or another. This seems to be the exception. I would like to suggest that as Adventists we are friendly Christians. Rather than spend additional time discussing whether we are friendly or not, let us apply our friendly spirit further to meet the spiritual and physical needs of all those that enter our church.

Dan Clendenon Portland, Ore.

The handshaking ceremony announced by someone from the platform forces each person in church to appear either unfriendly or uncooperative unless he complies.

It is a period of bedlam in the sanctuary. However, in the comment printed in the Aug. 19 issue, your bias is apparently for the ceremony.

Friendliness is so rare we adopt this ceremony of non-Adventist churches without hesitation and to watch our congregations perform it, seemingly without embarassment over dealing in its debased form.

Marion Van Tassel Hillsboro, Ore.

Yes, we are for some sort of visitor recognition. During the past few years we have received many letters from members about the coldness of Adventist churches.

Maybe we could learn a lesson from rapidly growing churches whose only claim to survival is warmth, kindness and hospitality. We weren't aware these attributes could be called "debased."

Yes, Ted Martsch has brought up an interesting issue in his letter. I agree that we can be very irreverent in our churches at times.

I am not against friendliness in the church. There is not enough — far, far too many are turned away by seemingly uncaring people who claim to have the love of Jesus.

I come from the "Deep South" where hospitality and warm friendship are in great abundance. As in all churches, visitors are greeted at the door and made to feel welcome. Their names are announced from the pulpit during the preliminaries before the sermon starts. Most important, someone (all take turns) invites them home for dinner.

Hospitality and friendship are very important! (I am not saying that we Southerners are better than anyone else.) Jesus was hospitable and left out no one!

Anything that we do in God's house can be reverently or irreverently done, such as the ordinances, church dinners or whatever. What we say, think or do makes the difference. The very same can be said about the handshaking. It all depends on individuals all working together, to solve the problem.

Marvin L. Stacks

A Good Suggestion

Portland, Ore.

In response to Bro. Ted Martsch in the Aug. 19 GLEANER re: "Shaking Hands in Church," I too am concerned about reverence in the sanctuary. I suspect that he is part of the older genera-

tion as am I at age 65. Us (or we) older folk seem to be thought of as more conservative.

I was born and raised in the church but drifted out in my late teens, returning at age 35 with the concern to raise my children in the church. My experience since then had not been consistent and some 10 years ago I absented myself from church for something over a year. In time I realized that life wasn't worth the bother without God.

Through the years as an adult member I had seen people baptized into our faith, come to church with enthusiasm and glowing faces, and then see the enthusiasm wane and die and they would be gone. And my conscience would hurt. But it is difficult to reach out to someone else when you feel some of that same loneliness.

Sociologists tell us that we all need friends — not just someone to say hello to on Sabbath. They also tell us that a large majority of us are basically bashful. We need an excuse to reach out to someone else. We have a tendency to wait for the other person to make the first move.

With this in mind and having been asked to be Sabbath school chorister when I came back to church some 10 years ago, I happened onto the idea of asking the members to stand and welcome the visitors while they remained seated. I did this at the end of the song service just before the Sabbath school began. It may be that it had been done before but I was unaware if that was the case. Since then the idea seems to have spread and I heard that they have done it, or are doing it at Loma Linda University, but now it is being done with variations (apparently) between services.

One can call it "ceremony" but if it breaks the

One can call it "ceremony" but if it breaks the ice and warms a heart, can't we feel that it has God's blessing? On any Sabbath there can be someone there with a heavy load of care and even sorrow that needs a friendly touch. And I feel sure that many friendships have started in this way.

Mel Ojala Portland, Ore,

Reader Ojala has proposed what we feel is an excellent means of welcoming visitors without making them feel overly conspicuous.

#### A Tribute

that dear Anne Stratton was given only the briefest possible notation in the obits (July 15) when she had served so long at Portland Sanitarium and Hospital. She was director of nurses for years and was retained as a teacher after she retired. She was associate or assistant dean with Fred Hansen of the WWC School of Nursing. When she was a student at WWC, she is the one who organized and helped name Aleph Gimel Ain. She had a master's degree in nursing from Columbia University. (She was) dear, humble, loyal, "utterly there" Anne.

Mrs. Oliver S. Betlz Loma Linda, Calif.

#### About Adopted Children

I feel strongly compelled to respond to the letter from R. J. Leiske (Aug. 19). It is unclear whether the writer is an adoptive parent, but it doesn't surprise me that a voice of opposition is coming from the adoptive family. The most vocal opposition to adoptees searching for their biological family comes from the adoptive family.

Over and over again I have heard the sentiment "I've done all the work raising this child and I'm not going to let some other parent take over." This is a disgusting attitude. We're talking about human beings — not some prize show dog you raised. A parent with truly loving motives will support the needs of his child — even if they are not easy for the parent to accept.

While releasing a child for adoption is often an unselfish and loving act which greatly enriches

many families, it was not always a clear choice for birth mothers in the past. As a member of an adoptee's support group, I have talked with many, many birth mothers who felt that the adoption was their only option due to the overpowering stigma and lack of resources in the community. No matter how good the birth mother feels about her decision, the difficulty of what she is doing has always been greatly underestimated.

Twenty-five years ago a Multnomah County Court sealed my past in a file and made decisions on my behalf that I do not support. My efforts to locate my true identity have been fruitless. At the agency which passed me out like a Cabbage Patch Kid I have only encountered self-righteous and unfriendly social workers who had the gall to sit in front of me reading the coveted file, a file I am prohibited by law from seeing.

I have also had well-meaning but terribly uninformed Christian people attempt to make me feel guilty for my desires, but to them I can only point out the tremendous amount of space in the Bible given to tracing family lines, and the story of Moses, a celebrated adoptee who found his birth parents.

> Sarah Atkins Beaverton, Ore.

, . . 1 am inclined to disagree with R. J. Leiske's letter concerning whether or not to publish accounts of those who have chosen to seek for their natural parents.

I am the father of a son I haven't seen in a little over nine years. If the Lord were to want my son to find me, I would hope that he would do so with no thought or concern about whether or not the story would be published.

D. L. Blakely Moscow, Idaho

#### The Better He Looks

A comment on the article Charles Scriven wrote in July and the letter Esther Hinkle wrote in August.

When we measure what happened in Bible times by our standards, it truly is hard to understand, especially when we single out one story by itself.

Ellen White said the best way to study our Bibles is, "as a whole." That means all 66 books, not leaving out any stories. She also said the only way to set and keep people right, is to tell the truth about the character of God.

Do we understand well enough to explain and defend the character of God? . . .

I appreciated Charles Scriven's comments about our focusing point being Jesus, meaning simply as Jesus said it, if you have seen Me, you have seen the Father. . . . .

I see a fantastic God that is willing to risk His reputation in the preserving of my freedom and to get me to listen, meeting me where I am. The longer He waits for us to get the proper picture of Him, the better He looks.

Ed Sager Gresham, Ore.



# **Obituaries**

McCRARY—Georgia (Nell) McCrary was born Feb. 23, 1914, in St. Clair County, Ala., and died July 14, 1985, in Lake Charles, La. Survivors include four sons: John, Lake Charles, Tom, Monterey, Calif., Vernon, Paradise, Calif., and Reid, Brewster, Wash.; one daughter, Betty Wheat, Chester, Calif., two brothers: Bill Records, Clear Lake, Calif., and James Aly, Australia; a sister Margaret Richards, Stockton, Calif.

MURRY—William R. Murry was born May 24, 1885, in Huntsville, Mo., and died June 25, 1985. He is survived by his wife Elizabeth; daughter Lavina Bartholomew, Ponoka, Alberta, Canada; and a son Thomas, Eugene, Ore.

NICKERSON—Amanda Joline Nickerson was born June 3, and died June 4, 1985, in Waldport, Ore. She is survived by her parents Robert and Ellen Nickerson, Jr., Waldport, Ore.; and three sisters.

PERKINS-David M. Perkins was born Nov. 25, 1910, in Moab, Utah, and died July 12, 1985, in Pendleton, Ore. His survivors include his wife June, Pendleton; two daughters: Emilee Christenson, Pendleton, Ore., and Mary Torres, Phoenix, Ariz.; two sons: Tom, Pendleton, and David, Henderson, Nev.; two stepchildren: Violet Kostelny, Showlow, Ariz., and Felix Murphy: four sisters: Bessie Chinook, Mont., Bernice Baird, Moab, Utah, Joy Borchardt, Nucla, Colo., and Patsy Howell, Blanding, Utah; two brothers: Clyde Perkins, St. George, Utah, and Allen Perkins, Myton, Utah.

SPADY—Rachel Block Spady was born July 22, 1902, in Leduc, Alberta, Canada, and died July 20, 1985, in Bellingham, Wash. She is survived by her husband Edward. Bellingham; three sons: Edward, Jr., Auburn, Wash., Dr. Kenneth, Everson, Wash., and Eldon, Pendleton, Ore.; a daughter, Dorothy Naiman, Beckley, West Va.; three sisters: Esther Huether and Clara McEvers, both of Sequim, Wash., and Phoebe Endsley, Lake Oswego, Ore.; and a brother Sam Block, Colton, Ore.

STOBER—Sara Stewart Stober was born April 5, 1921, in Durant, Okla., and died July 15, 1985, in Redmond, Wash. She is survived by her husband Alvin H., Bothell, Wash.; one son Douglas K., Bothell; and one daughter Dyvonne R., Bothell; two brothers: Paul Stewart, West Monroe, La., and Donald Stewart, Fountain, Colo.; two sisters: Betty Massey, Fort Worth, Tex., and Ann Park, Monroe, La.

TURNER—Rheda E. Casebier Coalson Turner was born Dec. 5, 1900, in Guthrie, Okla., and died May 8, 1985, in Redding, Calif. Survivors include her husband Joey, Escondido, Calif.; sister, Helen Schnoor, Oakdale, Calif.; brother George E.

Casebier, Cave Junction, Ore. Her first husband W. F. Coalson and two sons: Dwight and Verle preceded her in death.

VAN TASSEL—Donald K. Van Tassel was born Dec. 14, 1926, in Redmond, Ore., and died July 14, 1985, in Hillsboro, Ore. Surviving are his wife Marion, Hillsboro; two daughters: April Curfman, Corbett, Ore., and Cherry Danilson, Amity, Ore.; a son Jimmy, Corona, Calif.; parents Newell and Ione, Redmond; and brother Dean, Oregon City, Ore. He was a teacher in Adventist schools for many years.

VORIES—Pastor C. Leonard Vories was born Feb. 23, 1897, near Crawfordville, Ind., and died June 18, 1985, in Walla Walla, Wash. He is survived by his son Eldon, Walla Walla; two sisters: Marie Floyd, Monticello, Ind., and Myrtle White, Walla Walla; and brother Ray, West Point, Ind.

WATERS-Ernest F. Waters, Sr., was born April 10, 1891, in New York, and died June 11, 1985, in Cochise, Ariz. He is survived by his wife Mabel, Cochise; five daughters: Ruby Sanders, Cochise; Grace Norris, Clearwater, Fla., Hazel Perry, Reading, Penn., Myrtle Sumerlin, Spangle, Wash., and Juanita Tupper, Auburn, Wash.; four sons: David. Redmond, Ore., Herbert, Battle Ground, Wash., Ralph and George, both of San Francisco, Calif.; two brothers: Pastor Norman Waters, Nocatee, Fla., and Fred Waters, Asotin, Wash.; a son and a daughter Pastor Ernest F. Waters, II and Ellen Plumb preceded him in death in 1968 and 1981 respectively.

WAY—Chester Fremont Way was born March 11, 1889, in Greentop, Mo., and died July 10, 1985, in National City, Calif. Survivors include a daughter Mary Hadachek, Carlsbad, Calif.; two sons: Claris, Tillamook, Ore., and Charles Victor, Carlsbad. He was preceded in death by his wife Hazel and one son Glenn Irvine, of Sunny Valley, Ore.

WEIS—Christian Robert Weis was born March 3, 1914, in Leader, Saskatchewan, Canada, and died July 6, 1985, in College Place, Wash. He is survived by his wife Elsie, College Place; one son Dallas, Calgary, Alberta; one daughter Charlene, College Place; one brother Pastor Carl C. Weis, Orlando, Fla.; three sisters; Rachel Tetz and Leona Weis, College Place, and Ophelia Brucks, Peoria, Alberta; a stepbrother, John Wentz, Portland, Ore., and a stepsister Lillian Eltz, Paradise, Calif.

WELLER—Emilia Weller was born April 5, 1891, in Johannesburgh, Russia, and died May 12, 1985, in Colville, Wash. She is survived by three children: Leona Parr, Chewelah, Wash., Richard, Auburn, Wash., and Ruth Crumley, Silver Spring, Md.

WELLS—Leah Gant Wells was born Feb. 22, 1897, in Gyman, Okla., and died April 10, 1985, in Loma Linda, Calif. Survivors include her husband George, Loma Linda; her daughter lola Martin, Seattle, Wash., her son Dale Wells, Hesperia, Calif.; brother Julian Gant, M.D., Loma Linda; and sister-in-law Clara Beltz.

WHITE—Lillian Emma Mary White was born March 26, 1912, in Portland, Ore., and died June 9, 1985, in Tacoma, Wash. Her survivors are her husband Lloyd, Tacoma; son Greg, Gallatin, Tenn.; daughter Janice Dancel, Colton, Calif.; brother Vernon Gertz, Portland, Ore.

WILLIAMS—Roxie V. Williams was born Aug. 31, 1903, in Chelsea, Iowa, and died June 25, 1985. Surviving are her husband C. L. Williams, Eugene, Ore.; daughter, Lois M. Harrington, Eugene; and her sister Lois Wilcott, Osseo, Wis.

WINSLOW—Byron Francis Winslow as born in Sparta, Wis., and died May 26, 1985, in The Dalles, Ore. Survivors include six daughters: Helen Ley, Lancaster, Calif., Ruth Balser, Kent, Wash., Janece Day, Vancouver, Wash., Lois Blanck, Goldendale, Wash., Izel Bohlman, College Place, Wash., and Lorraine Peterson, Irvine, Calif.; one sister, Hattie Smith, Roswell, N.M.

YOUNG—Inez Marie Young was born March 27, 1909, in Red Willow, Alberta, Canada, and died May 23, 1985. She is survived by her daughter Twila, Bellevue, Wash.

ZELL-Marion Zell was born Oct. 14, 1895, and died Feb. 13, 1985.

CORRECTION BIERWAGEN— Reinhold Bierwagen's obituary was listed in the July 1 issue. His sister's name was incorrectly spelled. It should be Clara Leno.

# Classified Advertisements

Classified Advertisement Rates: \$12 for 30 words or less; 40 cents for each extra word; 10 percent discount per insertion for three or more consecutive insertions without copy changes. Boxed ads are \$35 per column inch, one inch being the minimum size.

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Ads reaching the GLEANER office less than three weeks before publication will appear in the following issue.

tion will appear in the following issue. Classified advertising for the GLEANER is not solicited and advertizing appears as a service to the membership of the North Pacific Union. Advertising in the GLEANER is a privilege, not a right.

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(16, 7, 21, 4, 18, 16)

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(P 16, 7, 21)

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(P 19, 2, 16)

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Obstetrician—Gynecologist Needed: Opening for Board Certified or Eligible specialist in Walla Walla, Wash. Well established practice available immediately. For further information contact Timothy Blackwelder, M.D., at (509) 525-0480 or (509) 529-5541. (19, 2, 16, 7)

Manager and Assistant Manager for 50 unit Retirement Center under construction in desirable rural Western Washington. Accessible to SDA elementary schools, academy, and church. Send résumé or call Steck Memorial Clinic, 1299 Bishop Road, Chehalis, WA 98532. Phone (206) 748-0211. Attention H. Miller, M.D. (2, 16, 7, 21)

Emergency/OP Supervisor, Brighton, Colorado: New 58-bed AHS/EMA hospital needs ER/OP Supervisor. Desire critical care, emergency nursing experience and BSN. 20 miles from Denver; SDA church school. Contact Jackie, Platte Valley Medical Center, 1850 Egbert, Brighton, CO 80601. (303) 659-1531. (2, 16)

#### For Sale

Concord Grapes will be available approximately the last of September through October at 10c/lb. U-pick, 15c/lb. We pick. For information call (503) 922-3392 or 922-5724.

(16, 7, 21)



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(15, 5, 19, 2, 16, 7)

40 Foot 5th Wheel. 1984 Teton. Two bedroom, air conditioner, electronic slide out living room, microwave, awning. Dennis Crabbe, 33838 River Dr., Box 59, Creswell, OR 97426. Message phone: (503) 895-4600.

(19, 2, 16)

1973 Pace Arrow Motor Home. Has everything including C.B. in very good condition. Cost new today \$30,000 sell for \$8,500. 21 S.E. 4th, College Place, WA 99324. Phone (509) 522-1635. (2, 16, 7)

Conn-Organ Rhapsody Deluxe Model. Two manual and rhythm section. 25 bass pedals, like new. Good for home or church. \$3,000/Offer. (503) 363-3282. (16)

#### Miscellaneous

Send Your Jewish Contacts the New Israelite. Published quarterly by the General Conference, The New Israelite is the church's outreach journal to the Jews. Send their name and \$4.95 to: The New Israelite, 6840 Eastern Ave., N.W., Washington, D.C. 20012. (B 16, 21, 18)

Magee Aircraft. Airplanes for sale. All makes and models including jets and prop jets. Financing available. Keith Magee, Pangborn Field, Wenatchee, WA 98801. (509) 884-7166.

(P 2, 16, 7)

Walla Walla College Aviation Training Program desires to lease suitable primary and complex training aircrafts. Please contact Fred Fox, (509) 525-8782 or Allan Fisher (509) 529-9370. (19, 2, 16, 7)

Last Call for affordable 6-night "Love Boat Cruise" from Acapulco to San Diego, departing Dec. 15. \$1,200 group discount available. Offer expires Oct. 5. Don't miss the boat, call Mert Allen, Mt. Tabor Realty Travel Club (503) 252-9653. (16)

Help! Want to locate young man driving red 4-wheel drive pick-up who witnessed accident in College Place, Wash., Aug. 3, on S.W. Davis. Call collect (509) 547-8739. (16)

Looking for Jewish Adventists! If you are an Adventist of Jewish background, or are simply interested in reaching the Jews with the gospel, you need to contact us: Write to The New Israelite, 6840 Eastern Avenue, N.W., Washington, D.C. 20012.

(B 16, 21, 18)

#### Real Estate

Vacation at Sunriver: Luxurious condo retreat — 3 bedrooms, 2 baths, fully equipped, sleeps 8. Outdoor pool, tennis courts, indoor spa — no charge. \$75/night, \$30 cleaning fee. Taking reservations now for ski weekends or summer vacations. Call (503) 645-3945 or (509) 525-1687.

(P 16, 7, 21)

Riverfront Property on North Umpqua near Glide, Ore., 3.8 acres, 3 bedrooms, 3 baths, 1,850 sq. ft., double garage, orchard, garden, berries, Christmas trees. Underground sprinkling. Owner will carry contract. (503) 496-0479 or 496-0542. Bill Clements, 15327 Northbank, Roseburg, OR 97470. (16, 7)

Just in Time for School! \$51,900, 3-bedroom, 11/2-bath home in good College Place location, 2 blocks to store, 4 blocks to church. Fireplace with insert and shaded back yard. Family oriented 4-bedrom, 2-bath, 2-fireplace home that offers great living for the right family, roomy fenced lot, beautifully cared-for lawn with trees, quiet but convenient College Place location, \$79,900. Top Walla Walla location 2-bedroom first house or rental in a very good neighborhood for \$38,900, large FHA 91/2 % assumable loan. We also have many other listings at all price ranges. Call Petersen Properties, Inc. Realtors, 318 West Main, Walla Walla, WA 99362. (509) 529-3211. (16, 7, 21)

Large Nice Home—8 separate rental units, fruit and nut trees. Close to SDA college and schools. Rental units make part payments. Terms! Excellent condition; large 5 bedrooms, 2 baths, 8 acres, Stateline location; out building, irrigation, (near SDA schools and college). Terms! (503) 938-6429. Call Carla — Evenings 938-7624, Wrinkle Real Estate, Milton-Freewater, Ore. (16, 7)

½ Interest in Sun River Vacation Home. Has good rental program. Adventist partners. Located in Fairway Island. Your value in \$52,000. Asking \$11,000 for equity and assume \$33,000 loan balance. For information contact Phil, days (503) 474-1901; evenings and weekends 476-3681.(16)

Retiree Mobile Home, Healing Waters Estates, Desert Hot Springs, Calif., 20 minutes from Palm Springs Church, newly decorated, completely furnished, deluxe carpets, levelors, F/A/H, refrigerated air, bedroom, new queen mattress, sleeps six, new cabana, patio, landscaped, stream, recreation center, pitch putt golf, sauna, mineral-Olympic pools, vespers, sacrifice. \$18,500. (818) 886-2606.

For Sale. 2-bedroom house downtown Okanogan, Wash. 4 miles to church/school. Partly fenced, garden, corner lot, basement, weatherized older house. Well maintained. Sheds, garage. \$25,000. Contact Chuck Williams, Strout Realty (509) 422-6066 or (509) 529-7045 Collect. (16)

Tri-Level Home on secluded 1-acre, 4-bedroom, 2½-bath, air conditioning, wood stove, barn, jr. academy, bus line, \$70,000, assumable loan, Eagle Creek. 11447 S.E. Abbey Lane, Clackamas, OR 97015. (503) 658-5507. (16, 7, 21, 4)

82-Acre Farm with panoramic view. 50-acre mercantile timber, 10-acre young table grapes, and fenced pasture. 2,200-sq.-ft. home, 1977 Skyline 24x60 mobile home, 3 barns, 3 wells, 3 springs, 1-acre pond, extensive berry patch, garden and variety orchard. Lebanon, Ore. \$230,000. (503) 658-5741. (16, 7)



Be the first on your block to learn how to save a life.

Take the Red Cross CPR course. Hawaiian Condominium for rent. Overlooking ocean, island of Maui. One/two bedroom units, full furnished. Pools, tennis, golf, sandy beach. Write or call Nazario-Crandall Condo, 724 East Chapel St., Santa Maria, CA 93454; (805) 925-8336 or 937-3077. (2, 16, 7)

Milton-Freewater, Ore.: Owner Anxious. 3,100 sq. ft. on 2 acres. Many extras. Paid \$140,000, sell for \$110,000. Contact W. Wettstein, (619) 247-3874 or (619) 243-3360. (2, 16, 7)

Country Home for Sale: 3 bedroom, 2 bath on 1 acre. Family room, fireplace, insert and well. 4 miles from Columbia Academy and on Meadow Glade elementary bus line. \$78,900. Terms. C. LeMoine (206) 573-1263. (2, 16, 7)

Nice Setting with Stream, near church, shopping, bus line, and college. Custom 3-bedroom, formal dining, fireplace, double garage. \$57,500. P.O. Box 156, College Place, WA 99324. (509) 525-0789. (2, 16, 7)

Spacious Rural Home Near College Place, Wash. Panoramic view, 4 acres, sprinkler system, 4 bedrooms, 3½ baths, cathedral ceilings, fireplaces, screened patio, sewing room, library, business office, recreation room with piano, pool table. 3-car garage, 4-horse stable, family orchard, garden. Perfect place to rear family. (509) 529-2313, Dr. Kincaid, Route 1, Box 284, Walla Walla, WA 99362. (2, 16, 7)

Country Living on approximately 1¾ acres. Older home, 5 bedrooms, 2 baths, separate dining room with woodstove. Stream and fruit trees. Also included 2 well-set rental mobile homes. Near Stateline Church and school. Must see to appreciate. \$69,000 cash. Phone (509) 525-6323. (2, 16, 7)

3-Bedroom Home, I block to Walla Walla College, large lot, garage, workshop, large shade tree, all furnished. \$35,000 cash. 21 S.E. 4th, College Place, WA 99324. Phone (509) 522-1635. (2, 16, 7)

For Sale: 140 acres near Inchelium, Wash., all timbered, good access, remote company of SDA members on reservation. House and garden 1½ miles off highway. P.O. Box 891, Kettle Falls, WA 99141. (19, 2, 16)

Country Setting: View of Montana mountains, S.E. exposure, 5 acres. Beautiful 2,700 sq. ft., 3 bedrooms. Tri-level. Large kitchen, living room. Two outbuildings. 7 miles from Coeur d'Alene and church school. Reduced sale to \$97,500. (208) 667-1740 after 8 p.m. (16, 7)

Picture Perfect! \$69,500. Enjoy one of Gresham's nicest areas. 3 bedrooms, 2+ baths, 2 fireplaces, nice yard and more. Professional decor—must see! Call Kraig or Julie at (503) 245-6108 or 639-9811. (16)

For Rent: 2-bedroom apartment, upstairs. Prefer lady with older children. First and last, plus deposit. Call (503) 254-3862 or 760-3589.(16)

Inn of the Seventh Mountain Condominium, Bend, Ore. Reduced rate through Nov. 15. Sleeps 8. Full kitchen, fireplace. Complete recreational facilities. Call Jim and Sheila Reynolds. (503) 638-3615.(P 2, 16, 7)

Enjoy a Vacation at the Beach! For rent: 3-bedroom, 2-bath condominium in Lincoln City, Ore. Good beach access, daily and weekly rates, completely equipped for cooking, sleeps 8. Contact Claudia Blair, (503) 256-1820, from 9 a.m.-5 p.m.

(P 16, 7, 21)

Hawaii Condo for rent on Waikiki: One bedroom, fully furnished with washer/dryer, color TV, air cond., view, 2 blks. from beach. Sleeps 4. Reasonable, by week or month. Marion and John Pattee, 1511 9th St., S.E., Puyallup, Wash., (206) 845-5928 or 848-1551.

(P 2, 16, 7)

Sunriver Resort. Relax at our luxurious 3-bedroom, 2-bath fully furnished Quelah Condo. Enjoy private tennis courts, swimming pool, and spa. Bicycle on miles of paved trails. Hiking, golf, canoeing, fishing, horseback riding, bird-watching, unique shopping, and fine dining are only some of the fun at Sunriver. Make your reservations now! \$75/night, \$30 cleaning fee. Call (503) 396-5137 or (206) 272-9285.

(P 2, 16, 7)

Maui Beachfront Condo for rent. Sleeps 4. Beautiful view. Sauna and pool. High and low season rates. Now renting for April 1985 onward. Goble, (206) 825-3017.

(17, 1, 15, 5, 19, 2, 16, 7)

Hawaii-Guest Rooms in our modern spacious home. Minutes to beaches and island attractions. Guest kitchenette and private entrance. Economical airline ticketing to Hawaii, neighbor islands and car rentals. Emma Sargeant, 47600 Hui Ulili St., Kaneohe, HI 96744 (808) 239-7248.

(5, 19, 2, 16, 7, 21)

Beautiful 24 Acres, 15 level, gravity flow spring, streams, lovely home, wood or electric, mobile rental, much more. Write #20 Windy Creek Rd., Glendale, OR 97442 or phone (503) 832-2803. (19, 2, 16)

College Place Duplex—10 years old, separate double garage, central heat and air conditioning. Potential for expansion to 4 units. Will sell below appraised value. Call collect (503) 575-1582 days; (503) 932-4417 evenings. (2, 16, 7)

#### Services

Elzora Retirement Center newly opened, offers you security, well balanced meals, vegetarian meals available. Meals served "home style." Transportation to local church. For further information, contact Don or Sylvia Demaline, 1010 N.E. 3rd, Milton-Freewater, OR 97862. (503) 938-6871. (P 19, 2, 16)

Pest Control-Houser Pest Control. Your Adventist owned and operated Pest Control Company for the best in quality performance and professionalism. See us for all of your commercial and residential pest control needs. Carpenter ants/termites/fleas/ roaches/rodents, etc. Realtors special, same day services in most cases for FHA, VA and conventional inspections. State licensed and insured Senior citizens discount, plus 10% discount to all who say they called because of the ad in the GLEANER. Please call collect or direct. Portland. (503) 667-9316. VISA — Master Card (P 19, 2, 16) gladly accepted.

Adventist Attorney in Tacoma available to help you. Barton Lowell Jones, Attorney at law, 911 Tacoma Ave. So., Suite 100, Tacoma, WA 98402. (206) 383-5955. (P 19, 2, 16)

Little Footsteps, Adventist Owned Child Care Center caring for children ages 6 weeks to 6 years. Bible, nature, stories, activities, vegetarian meals. Come and visit us. 2225 East Burnside, Portland, OR 97214. (503) 236-2177. (P 16, 7, 21)

The Village Retirement Center — a community all its own, with peace and security all wrapped up in 12 beautiful acres of single-story cottages located in a country setting. Send for free brochure. The Village, 4501 W. Powell Blvd., Gresham, OR 97030; (503) 665-3137. Slide presentation of Village SDA Church available.

(PB 15, 19, 16)

Dr. Charles P. Darey, Adventist Physician and Surgeon of the foot, has been serving the Walla Walla and Tri-City area for 10 years. If you have a foot or ankle problem call (509) 525-2863 or (509) 582-9196.

(P 16, 7, 21)

Having Trouble With Your Medical Insurance Claims? Do you need help in sending them in? I can help you in the east Portland/Gresham suburban areas. Reasonable fees. Call (503) 668-5488. (1, 15, 2, 16, 7, 21)

Healthfoods Express. Best selection of fresh nuts and dried fruit. Complete selection of your favorite health foods from Loma Linda, Worthington, Cedar Lakes and Millstone delivered to your door, Substantial year-around savings and no case purchases required, Send now for your order forms to Healthfoods Express at 2015 E, 5th St., Tempe, AZ 85281.

(PB 16, 21, 18)

Personalized Fittings. 9 kinds of Breast Prosthesis, 5 different bras. Also nursing, jogging, support and strapless up to 40-E. Will do mail order. Call in order. We ship C.O.D. or Visa. A-Bra Boutique, 2540 S.E. 122nd Avenue, Portland, OR 97236. (503) 760-3589. (P 2, 16, 7)

Dr. Robert J. Sklovsky, Pharm. D., N.D., Naturopathic Physician; natural methods of healing and health care. Clackamas Clinic of Natural Therapeutics and Preventive Medicine, 10808 S.E. Hwy. 212, Clackamas, OR 97015. (503) 656-0707.

(P 19, 2, 16)

The Weidler Retirement Centernow renting studios, alcoves, and bedroom units. New Adventist Health Systems West facility. Come for complimentary meal and tour. Gateway District. Send for brochure. Weidler Retirement Center, 1825 N.E. 108th Avenue, Portland, OR 97220. Call (503) 255-7160. (C 17, 5, 16, 4)

Old-fashioned Battle Creek Therapy Treatments, hydrotherapy massage, steam baths, poultice wraps. We teach you how to enjoy a more complete health program. "European-trained," licensed corrective therapist. C. E. Miller, 9224 S.E. Foster Rd., Portland, OR 97266. Hours 8-6, Sunday-Thursday. Call (503) 771-3333.

(P 19, 2, 16)

Piano Rebuilding: Complete restoration, restringing, etc. Registered craftsman, Kawai and Charles Walters dealer. SDA discounts. Langlois Piano Shop, 1623 Shore Rd., Port Angeles, WA 98362. (206) 457-1858.

(P 19, 2, 16)

Fashion Eyewear, Contact Lenses: For the greatest selection and the best service ask for your prescription and take it to Blue Mountain Vision, 5 South First, Walla Walla, Wash., (509) 529-1153. (P 16, 7, 21)

Walla Walla Area Adventist Optometrist available to serve all your vision care needs. Contact Dr. Allen A. Panasuk. Five South First, Walla Walla, WA 99362. (509) 529-1153. (P 16, 7, 21)

Retirement Living: With distinctive SDA characteristics, this churchowned retirement village has its own chapel and good Sabbath environment. Write Ventura Estates, 915 Estates Drive, Newbury Park, CA 91320. (805) 498-3691. (2, 16, 7)

Portland Area Live-In Program of lifestyle health education. Emphasizing 8 natural laws. Instruction in nutrition, vegetarian cooking, fitness, weight management, stress control. Home hydrotherapy, exercise, cleansing health habits taught. Exam by Naturopathic physician. SDA operated. Write: Crystal Springs Ranch, 22988 S. Dayhill, Estacada, OR 97023, (503) 630-2862.(2, 16, 7)

Hair Design: SDA fashion hair stylist offering complete men's and women's hair care. Contact Beth Larson at (509) 529-2323, 718 S. College Avenue, College Place, WA 99324.(P 19, 2, 16)

Blue Mountain Medical Group To provide more adequately for your health care needs a new Adventist multispecialty group practice has been formed in Walla Walla. Services available include

- -Family Practice -Internal Medicine
- Orthopedic Surgery
- Sports Medicine
- -Pulmonary Medicine

—Cardiology For information or appointments, call (509) 522-0100.

(19, 2, 16)

Breast Prosthesis-weighted, sized. Will ship C.O.D. Send current size and \$3 for full details. A-BRA Boutique, 2540 S.E. 122nd Ave., Portland, OR 97236. (503) 760-3589.

(P 19, 2, 16)

Dr. R. Newman, LPT, DC, is pleased to announce a new and unique service providing licensed physical therapy and chiropractic care. Both services now available at 17882 S.E. McLoughlin Blvd., Milwaukie, OR 97222. (503) 653-8974.(P 19, 2, 16)

Room for Elderly Person in family environment, beautiful country setting. Portland area, total care. Includes special diets, attention to individual needs. Gardening, crafts, activities. Licensed RN and physician nearby, (503) 663-6206. (P 19, 2, 16)

#### Person-to-Person

Advertisements for this section are accepted from North Pacific Union Conference single adults only. Each ad must be accompanied by a letter from an NPUC Adventist pastor indicating that the person is an NPUC member in good standing.

The charge for each ad is \$14 per insertion for 50 words or less, 50¢ for each additional word. Payment must accompany the ad. There is no billing.

If you wish to respond to an advertisement, the following rules apply: You must be an NPUC member in good standing and must attach a letter from your pastor indicating this. These letters are kept on file. If a person has advertised or responded to an ad in the past, it isn't necessary to send an additional pastoral letter of approval.

The GLEANER assumes no responsibility as to the marital status of respondents or advertisers except that they are North Pacific Union Conference members in good standing.

Put your letter to the individual in a stamped, sealed envelope and place the identification number on the outside. Put this letter in another envelope and mail it to Person to Person, GLEANER, Box 16677, Portland, OR 97216.

Please put your FULL NAME and RETURN ADDRESS on ALL envelopes you send to us. We do not forward unmarked mail.

Christian single man, 30, interested in meeting young ladies who sincerely love Jesus. I enjoy wildlife, hiking, swimming, canoeing, reading, good conversation and laughter. If you're a communicator, honest, trustworthy, and really enjoy living, I'd like to hear from you. Southern/Central Ore., area. Please send photo if possible, (16)

I would like to meet a 55- to 60-yearold Christian lady companion who enjoys the outdoors (hiking, etc.) Must be a good cook and an intelligent conversationalist. I'm a young 70-year-old man with a ranching background, semi-retired and in very good health.

# Sunset Table

Daylight- Saving Time	Sep. 20	Sep.	Oct.	Oct.
Anchorage	8:07	7:45	7:22	7:01
Fairbanks	8:00	7:35	7:09	6:44
Juneau	7:04	6:44	6:24	6:04
Ketchikan	6:51	6:33	6:15	5:57
Boise	7:46	7:34	7:21	7:09
La Grande	5:54	6:41	6:27	6:15
Pocatello	7:32	7:19	7:07	6:55
Billings	7:16	7:03	6:49	6:36
Havre	7:22	7:07	6:52	6:38
Helena	7:30	7:16	7:02	6:49
Miles City	7:05	6:52	6:38	6:25
Missoula	7:39	7:25	7:11	6:57
Coos Bay	7:18	7:06	6:53	6:41
Medford	7:13	7:00	6:48	6:36
Portland	7:13	6:59	6:46	6:33
Pendleton	6:57	6:44	6:30	6:17
Spokane	6:52	6:38	6:24	6:10
Walla Walla	6:55	6:42	6:28	6:15
Wenatchee	7:04	6:49	6:35	6:22
Yakima	7:04	6:50	6:37	6:23
Bellingham	7:13	6:58	6:43	6:29
Seattle	7:12	6:57	6:43	6:29

Add one minute for each 13 miles west. Subtract one minute for each 13 miles east.

#### Adventist Book Centers

Alaska

6100 O'Malley Road Anchorage, AK 99516 (907) 346-2378

Idaho

7777 Fairview Boise, Idaho 83704 (208) 375-7524

Montana

1425 West Main Street Bozeman, Montana 59715 (406) 587-8267

Oregon

13400 S.E. 97th Ave. Clackamas, Oregon 97015 (503) 653-0978

Toll-free number for ABC orders Oregon only: 1-800-452-2452. Washington orders 1-800-547-5560.

Upper Columbia 3715 Grove Road

P.O. Box 19039 Spokane, Washington 99219 (509) 838-3168

College Place Branch 508 S. College Ave. P.O. Box 188

College Place, Washington 99324 (509) 529-0723

Washington

(16)

20015 Bothell Way S.E. Bothell, Washington 98012 (206) 481-3131

Auburn Branch 5000 Auburn Way S. Auburn, Washington 98002

(206) 833-6707 Tuesdays and Thursdays 12:00-6:00 p.m. only

#### NORTH PACIFIC UNION CONFERENCE DIRECTORY

10225 E. Burnside Mail Address: P.O. Box 16677 Portland, OR 97216 Phone: (503) 255-7300

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Local Conference Directory

ALASKA-Steve McPherson, president; Richard Beck, secretarytreasurer; 6100 O'Malley Road. Anchorage. AK 99516. Phone: (907) 346-1004.

IDAHO-Paul Nelson, president; Don Gray, secretary; Reuben Beck, treasurer; 7777 Fairview, Boise, ID 83704; Mail Address: P.O. Box 4878, Boise, ID 83711. Phone: (208) 375-7524.

MONTANA-Herman Bauman, president; John Rasmussen, treasurer; 1425 W., Main St., Bozeman; Mail Address: P.O. Box 743, Bozeman, MT 59715. Phone: (406) 587-3101, 3102.

OREGON-E. C. Beck, president; John Todorovich, secretary; Ted Lutts, treasurer; 13400 S.E. 97th Ave., Clackamas, OR 97015. Phone (503) 652-2225.

UPPER COLUMBIA-Donald G. Reynolds, president; Jere Patzer, secretary; Dale Beaulieu, treasurer; S. 3715 Grove Road, P.O. Box 19039, Spokane, WA 99219, Phone (509) 838-2761. WASHINGTON—Bruce Johnston,

president; Lenard Jaecks, secretary; Roy Wesson, treasurer: Mail Address: 20015 Bothell Way S.E., Bothell, WA 98012. Phone: (206) 481-7171.



During the holiday season wouldn't it be nice to share some Christian warmth and friendship with your acquaintances by giving them a subscription to Signs of the Times?

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To send your gift subscription, fill out the order form and mail with check or money order for the exact amount to:

Signs Christmas Desk, P.O. Box 7000, Boise, Idaho 83707 or give this order to your church personal ministries secretary or your Adventist Book Center.

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