

Gleaner

Northwest Adventists in Action

SEPTEMBER 2008, Vol. 103, No. 9



12 World News Briefs | 35 FYI | 41 Healthy Choices

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EDITOR'S NOTE:

This year's presidential election creates both opportunity and conflict for...



*He will cover you with His feathers, and under His wings you will find refuge;
His faithfulness will be your shield and rampart.*
PSALM 91:4 (NIV)

“Great Blue Heron” photographed by Gary J. Haynes of Gresham, Oregon.

Feature



Americans are worried. The changes in our world that began after the September 11 tragedies have not abated. . .

6

Health

HealthyChoices

41

with Dr. Don Hall

*Exercise Boosts Metabolism for Weight Control
Risks of Sedentary TV or Computer Use
Five Ways to Live Healthier, Longer
Ask the Wellness Doctor*



SEPTEMBER 2008, Vol. 103, No. 9

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Editorial

4 **Political Overload**

5 *Did You Know*

12 *World News Briefs*

14 **ACCION**
Encontraron Sanidad

News

15 **Alaska**

17 **Idaho**

18 **Montana**

19 **Oregon**

24 **Upper Columbia**

27 **Washington**

30 **Northwest News**

32 **Walla Walla University**

34 **Adventist Health**

35 *FYI*

36 *Family*

40 *Announcements*

42 *Ask PJ*

43 *Advertisements*

Let's Talk

50 **Beyond Political Overload**

With national elections just a couple months away, we explore the historical stance that Adventists have taken towards political issues, several pertinent issues for today's potential voters, and the appropriate balance of church and state as we face a world of change.



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LITHO U.S.A.

Political Overload

“This type of ‘stuff’ adds to the confusion of an already confusing situation...”

For what seems like an eternity we Americans have been inundated by political advertising. Radio and TV ads, flyers and pre-recorded phone messages. Talk show hosts Rush Limbaugh and Michael Savage have had a heyday digging themselves into their own holes as apparently they don't like any of the candidates.

On the other side we have been bombarded by campaign ads in support of or condemnation of individuals or propositions that claim to be the ultimate solutions for the economy, health care or the war in Iraq.

According to a 2007 report on CNN,¹ the cost of all this marketing will exceed \$3 billion—twice what was spent in 2004. This should be a sufficient fix for even the most hardened political junkies to keep them satisfied for another four years.

Nearly everyone is upset to the point that ABC reported recently that Congress has an incredibly low approval rating of 14 percent. One constituent e-mailed me a few days ago wanting to confirm the validity of an Internet story. She summarized her thoughts, and probably yours, with these words: “This type of ‘stuff’ adds to the confusion of an already confusing situation,” she wrote. “I guess like everything else we need to leave it in God's hands.”

Interesting Precedent

She is right, of course. But where does that leave us? Do we just forget all this “confusing stuff” and not vote because God is ultimately in control? After all, what difference does my single vote make anyway?

In 1881 Ellen G. White was asked if Adventists in Iowa should vote for prohibition. Her answer was a swift “Yes...Everywhere, and perhaps I shall shock some of you if I say, if necessary, vote on the Sabbath day...if you cannot at any other time.”²

More Than Issues

It is interesting that at the same time she was encouraging Battle Creek Adventists to vote the incumbent mayor out of office. (So while the counsel for Iowa voters dealt with an issue, here she was clearly focused on a candidate.) He was, according to the record, a drunk, a womanizer, a gambler and a thief. He was assuming that Adventists didn't vote and particularly since the election that year was set for a Saturday. He was wrong however. They did vote. And, as a result, he was summarily ousted from office. Ellen G. White believed that as a citizen we have the right and the responsibility to vote.

Two Recommendations

So what should we do?

First, be informed. As confusing as the propaganda is and I believe sometimes intentionally designed to be, do the research, read the voter pamphlet and vote, even when necessary, for the lesser of the evils.

Second, pray earnestly between now and November 4 that the Lord's will will be done—done on this earth, in the United States, in the Northwest and in your city, as it is in Heaven. And then we with Daniel can rest assured and say, “Blessed be the name of God from age to age, He changes times and seasons, deposes kings and sets up kings...” Daniel 2:20–22.

As Fox News and CNN, Rush Limbaugh and Michael Savage and a host of others try to set the agenda for the next eight years, and as the sound bites and media ads build to a deafening crescendo, we can sleep at night knowing that His will will ultimately be done on earth.

So be involved. It is our duty. •

¹CNN Oct. 15, 2007.

²Herbert E. Douglass, *Messenger of the Lord*, Chapter 13.



Jere Patzer

NORTH PACIFIC UNION CONFERENCE PRESIDENT

Did You Know?

The Romans set the original standard by driving and riding on the left, which was adopted throughout their vast empire until the 1800s when Emperor Napoleon Bonaparte decreed it should be done on the right. French colonial influence in North America resulted in its introduction there and that's why Americans and Canadians now drive on the right.

SOURCE: historyplace.com

SEPTEMBER

ELECTION QUOTES

"In our favored land, every voter has some voice in determining what laws shall control the nation. Should not that influence and that vote be cast on the side of temperance and virtue?"

—Ellen G. White

"The price of apathy toward public affairs is to be ruled by evil men."

—Plato

"To put the world right in order, we must first put the nation in order; to put the nation in order, we must first put the family in order; to put the family in order, we must first cultivate our personal life; we must first set our hearts right."

—Confucius



LABOR DAY

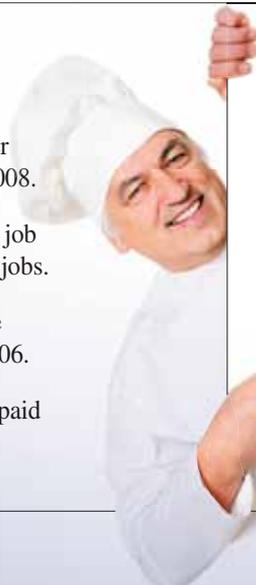
154.5 million people 16 years of age and older were employed in the U.S. labor force as of May 2008.

7.7 million Americans hold down more than one job and 288,000 of those people work full-time at both jobs.

82 percent of full-time workers ages 18–64 were covered by health insurance during all or part of 2006.

77 percent of workers in private industry receive paid vacation as part of their employment benefits.

SOURCE: U.S. Census Bureau



GETTING THE JOB DONE

7.1 million Americans are teachers.

288,000 are firefighters.

345,000 are chefs or cooks.

170,000 are professional musicians.

104,000 are tax preparers.

SOURCE: U.S. Census Bureau



**AT
FA
C**

ADVENTISTS FACING A WORLD OF CHANGE

Americans are worried. The changes in our world that began after the September 11 tragedies have not abated. Americans see the world as they have known it spinning out of control. Escalating oil prices, crumbling financial infrastructure, the threat of terrorism, topped off by the impending doom of global climate change, create the prospect of a daunting future.

And so, as presidential candidates John McCain and Barack Obama accelerate their respective campaigns toward a November climax, it is no wonder that people are eager for a more hopeful tomorrow. Many will regard the next president as a potential savior—someone who can offer a brighter future; a more stable, safe and sound America.

Adventists may have a more contextual view of the future, based on a firm prophetic outlook. But as they await the Second Coming, some members find themselves conflicted, uncertain how their apocalyptic mission can or should combine with the political concerns of this country—and the upcoming election.

They are not alone in their ambivalence toward the political world.

AMERICAN VOTER'S BIRTHRIGHT

One of Mark Twain's famous lines was a remark to a friend about the sudden demise of a politician he did not like. He

said, "I did not attend the funeral, but I wrote a nice letter approving it."

Mark Twain's cynicism, while comical, reflects an unavoidable truth about America's seeming love-hate relationship with those whom they elect to public office and the election cycles associated with them. The number of campaign commercials one wades through is just one example of the frustration many Americans experience during each local and national election.

The right to vote has been a central theme since the American Revolution, and subsequently in the aftermath of the Civil War and the Women's Suffrage movement when all of America's citizens were finally guaranteed the right to vote. In addition to the freedoms of religion, speech, the press and right to assemble, the privilege to vote is one of the most fundamental rights enshrined in our Constitution. The 14th, 15th and 19th Amendments, respectively, granted



EDITOR'S NOTE:

This year's presidential election creates both opportunity and conflict for Seventh-day Adventists. While many Adventists have historically tended to vote a traditional line, that trend is changing as party platforms become more complex. There is no official church stance on the current candidates, nor does the GLEANER or this article intend to endorse a specific person. Instead, we hope the following pages will prompt you to carefully consider your own position as an Adventist this November.

BY GREGORY W. HAMILTON

African-Americans, women and all Americans the right to vote.

This Protestant-Puritan heritage of giving every person a voice was once expressed in these words by G. Norman Collie: “Every man is entitled to express his opinions and every other man is entitled not to listen.”¹

But the democratic process, if not carefully balanced with constitutional parameters, brings potential for not only great good, but great evil, when

follows: “The act of voting when exercised in behalf of justice, humanity and right, is in itself blameless, and may be at some time highly proper; but the casting of any vote that shall strengthen the cause of such crimes as intemperance, insurrection and slavery, we regard as highly criminal in the sight of Heaven.”³

The essence of that resolution remains the core of the Adventist church position today.

Throughout Adventist church history,

The Civil War deeply impressed and shaped the world views of our church’s pioneers, as much or more than the events of 9/11 have ours.



the majority becomes a despot. Throughout their history, Adventists have understandably watched political movements with a wary eye.

EARLY ADVENTISTS AND POLITICAL INVOLVEMENT

Many early Adventist pioneers disdained the act of voting as irrelevant to their mission. Uriah Smith wrote in 1856, “To the question, why we do not with our vote and influence labor against the evil tendency of the times, we reply that our views of prophecy lead us to the conclusion that things will not be bettered...”²

However, the Civil War deeply impressed and shaped the world views of our church’s pioneers, as much or more than the events of 9/11 have ours. In May of 1865, near the end of the war, the General Conference convened its third annual session and, with James and Ellen G. White present, approved a resolution as

Ellen G. White represents an interesting dichotomy. For instance, she was known for her electoral and national reform activities—with diet and dress, abolition (i.e., anti-slavery), and prohibition (i.e., outlawing the sale of alcohol) among them. But in 1874 she stated in a letter to her husband, James, that her work “was of another character” when sharing with him the pressure she was receiving from various women to support the women’s suffrage movement.

Ellen G. White also urged caution in regard to getting emotionally stuck on personal or party loyalties. She warned against getting caught up in culturally-driven political prejudices and urban legends, or the political arena of special interests and manipulation. She specifically exhorted teachers, pastors, health care personnel, and denominational workers at all levels to refrain from agitating political disputes in our institutions.

In much the same way she viewed labor unions, Ellen G. White saw the political world as increasingly filled with strong-arm tactics, betrayals, and more becoming of a gang-related business than one of civic duty and integrity. Such caution was reflective of the Protestant attitude in her day. This, however, is what caused her to see the need for national reform, especially temperance

My INSIDE OUT VIEW on the POLITICAL SCENE

reform, and led her to be discernibly and enthusiastically pro-active.

She was not hesitant, for example, in getting Seventh-day Adventists and other reform-minded Christians to turn out of office the sitting mayor of Battle Creek, Michigan.

Some have interpreted Ellen G. White's focus on other critical areas as an indication that she advocated passive avoidance of political issues. However she strongly urged active work in favor of religious freedom: "We are not doing the will of God if we sit in quietude, doing nothing to preserve liberty of conscience."⁴

Throughout the decades of the Adventist Church's growth it has become clear that a stance on political involvement is based on a clear principle echoed in the Decalogue itself: We should work vigorously in issues that relate to man's relationship with his fellow man (the last six commandments), but carefully avoid exerting political influence to enforce man's relationship with God (the first four commandments).

CHALLENGES WE FACE TODAY

So how does this brief history lesson help Adventist members contemplate the challenges ahead? Like some of the early pioneers, should members ignore the elections and focus their full attention on giving a prophetic message? What issues are consistent with the Adventist mission today?

Three factors make this election season unlike any other.

First, no matter who wins, history will be made, with either an African American or a Vietnam War hero selected as the next President of the United States.

Second, to the dismay of many evangelical leaders like Dr. James Dobson, culturally based "wedge" issues such as same-sex marriage, abortion, euthanasia, and stem-cell research have taken a back seat to issues which are causing immediate and critical concern to the average citizen.

And, thirdly, the "savior" factor.

I had the opportunity in 2006 to serve as a legislative intern for the Washington state Senate, and spent the subsequent summer working on two local election campaigns. While I still consider myself fairly uninformed when it comes to politics, the experience did change the way I think about politics as a Christian.



1. Politics are Reactive Business. The news media seem never at a loss for problems to point out, and politicians are more than willing to solve them. The squeaky wheel gets greased, hopefully with a nice photo op for the politician doing the greasing. Hats off to those who support necessary actions before they are popular. I feel fortunate to serve a God who is always *proactive* in my life instead of *reactive* to a swirling sea of demands.

2. What's Right for Me, and You. I can vote in a way that forces my own conscience upon yours. But if I take away your freedom, am I willing to have you do the same to me (say freedom to worship on the day I choose)? God wants us to worship Him out of free will, not because of legislation. There are certainly other issues to consider when it comes to politics and morality, but I find these principles help me temper my knee-jerk reactions.

3. Render Unto Caesar. With all the conflicts and dangers, should I even participate in politics at all? I still tend to think so. But remember politics are only one way you can be involved in shaping the character of your community and country. Much like the bumper sticker "Preach the Gospel; when necessary use words" we can strive to "Change the world; when necessary use politics."

**I'm CJ Anderson and I generally approve
this message from the GLEANER
headquarters in Ridgefield, Washington.**

THE SAVIOR FACTOR

With gas prices out of control, mortgage companies failing, the hemorrhaging of Wall Street and the growing global war on terrorism waged by the Western world, and led by the U.S. and Rome, Senators Obama and McCain would be out of touch with the American electorate if they did not speak of “hope” and “change.”

This is an important element for Adventists to watch. Already, within the past few years, freedoms we thought would never be abridged have dwindled. Yet, with financial and housing values crumbling and food and fuel costs skyrocketing, many may be willing to even further mortgage long-term freedoms for short-term relief. The promises, therefore, of a “political savior” are worth careful observation.

A NEW WORLD COUNCIL

One proposal that has gained some traction during the current presidential race is the concept for a “League of Democratic Nations.”

The perception is growing that the United Nations, including the United Nations Security Council, has proven to be ineffective, and has no real power or authority to affect peace or justice throughout the world. To many in the foreign policy establishment, this new

proposal would admittedly take years to develop and would build on the already established and previously limited Cold War purposes of NATO (North Atlantic Treaty Organization). But to Adventists, this should be considered prophetically significant, because unlike the United Nations, it would possess the power to act with the use of force, if necessary, to bring about world peace. The argument is that it is the best means possible of forcing failed nations, as well as oppressive-rogue-dictatorship nations, to adopt democratic forms of governing, and in turn promote religious freedom. Those strangely contradictory aims mirror similar sentiments expressed by Pope Benedict in favor of “outside intervention” to promote the larger good.

What would take place if the Adventist mission ever crossed purposes with the “larger good” is worthy of thought.

CHURCH-STATE CONFLICT

A proposal to dramatically increase federal funding for Faith-Based Initiatives (FBIs) is also cause for concern for it includes the promise of strict governmental regulation to make sure subtle and pervasive “soul-winning” efforts do not take place. Anything beyond “humanitarian” assistance, such as feeding and clothing programs for the indigent, and drug, alcohol and shelter programs (to cite just a few examples), could be strictly prohibited. The current program has not proven heavy-handed in this regard, but the potential is nevertheless there with increased emphases.

One suggested process may either force many charitable organizations to forego their religious mission statements and pervasive religious practices—turning such institutions into mere governmental welfare programs that become almost



Americans are worried. The changes in our world that began after the September 11 tragedies have not abated.

solely dependent on governmental funding to operate—or it will end up empowering them due to potentially lax and ineffective governmental oversight.

And therein lies a problem: The more social and moral problems are likely to be solved by denominationally and independently-based charitable institutions, the more likely the same entities will secure a governmental

Moral Decalogue, which defines acts of worship, loyalty and devotion—the law of the land.

AN ACTIVE EXHORTATION

So because of potential dangers or future problems, should Adventists stay away from the polls and avoid the possibility of essentially voting in a time of trouble? Our advice would be to simply

The perception is growing that the United Nations, including the United Nations Security Council, has proven to be ineffective.

powerbase to demand more of government to both fund and implement their religious and political agenda in society. Having a “place at the political table” is the pot of gold they seek. Instead of the saying, “He who owns the gold makes the rules,” the new chorus line will be, “They which share the gold makes the rules.”

When the government directly funds the church, the most powerful churches with the most established and active charitable organizations, such as Catholic Charities, will receive the most funding and thus the most political power and influence in the long run. Practically and prophetically speaking, this is where we are headed. Ellen G. White confirms this: “When the leading churches of the United States... shall influence the state *to enforce their decrees and to sustain their institutions*, then Protestant America will have formed an image of the Roman hierarchy, and the infliction of civil penalties upon dissenters will inevitably result.”⁵ Their united demand for a national Sunday law is all that is missing. This is the essential application of what she meant by the word “decrees”: making church doctrine—specifically involving the first table of the

follow your conscience. And, be mindful of both our church’s history and current stance on our privilege as both citizens of heaven and earth to follow Christ’s own exhortation to be the “salt of the earth.”

And prayerfully consider our church’s guideline for active participation in our society: “When Adventists become leaders or exert influence in their wider society, this should be done in a manner consistent with the golden rule. We should therefore work to establish robust religious liberty for all and should not use our influence with political and civil leaders to either advance our faith or inhibit the faith of others. Adventists should take civic responsibilities seriously. We should participate in the voting process available to us when it is possible to do so in good conscience and should share the responsibility of building our communities. Adventists should not, however, become preoccupied with politics, or utilize the pulpit or our publications to advance political theories.”⁶ •



¹ *U.S. Constitution and Fascinating Facts About It* (Oak Hill Publishing Co., 2004), 63.

² *Review and Herald*, Sept. 11, 1856.

³ *Review and Herald*, May 23, 1865.

⁴ *Testimonies to the Church*, Vol. 5, 714.

⁵ (*ibid.*, p. 445, emphasis supplied).

⁶ Declaration of the Seventh-day Adventist Church on Church-State Relations, www.adventist.org.

Gregory W. Hamilton is president of the Northwest Religious Liberty Association, located in Ridgefield, Washington, which mediates religious discrimination claims in the workplace, and directs legislative affairs for the North Pacific Union Conference.



WORLD NEWS

MEXICO

Youth Trained for Web Media

Through a series of one-day workshops, church leaders in Mexico have trained nearly 130 young people to produce news articles and videos for church Web sites. The training program is designed to empower young people to maintain their congregation's Web site and develop skills in Web design, news writing, podcasting, video and photography. The workshops have been hosted in five cities with additional training programs planned for next year.

SOURCE: Adventist News Network

GUATEMALA

100 Years of Adventism

Thousands of Seventh-day Adventists in Guatemala marked the 100th anniversary of the church's presence in their country with a celebration in Guatemala City. Jan Paulsen, world church president, joined nearly 9,000 participants during the July 12 celebration in the city's Polideportivo Dome. Throughout the month more than 60,000 Guatemalan Adventists participated in various celebrations.

SOURCE: Adventist News Network



GHANA

Adventist University President Receives National Honor

Seth Abang Laryea, president of Ghana's Valley View University, recently received the Order of Volta, one of the nation's highest civilian honors. Ghana's president, John Agyekum Kuffor, presented Laryea with the award in recognition of his contributions to college-level education. In 2006 VVU became the first chartered private university in Ghana.

SOURCE: Adventist News Network

W S B R I E F S

SAUDI ARABIA

King Calls for Religious Healing

Saudi Arabia's King Abdullah is making efforts to mend the strained relations between religious groups in his country. Saudi Arabia, which is home to one of the most conservative strains of Sunni Islam, recently hosted an inter-faith conference in Madrid, Spain. At that event King Abdullah told Christian, Jewish, Buddhist and Hindu participants that religion is not to blame for history's conflicts, but rather extremism. The conference was part of Abdullah's ongoing efforts to encourage religious freedom in Saudi Arabia.

SOURCE: christianpost.com

CHINA

Religious Leader Forced to Live on Streets

The Federation House Church chairman and his wife have been forced to live on the streets after being repeatedly expelled from homes and hotels by the Chinese government. According to the Christian Aid Association, a group that monitors persecution in China, Bike Zhang, pastor, and his wife were forced out of their home, a friend's home and a hotel by the government. Chinese officials say the couple are being expelled because they met with a U.S. Congressional delegation, an act seen to destroy "the harmony of the Beijing Olympic Games."

SOURCE: christianpost.com

NORWAY

Student Workers Boost Book Sales

Sales at the Seventh-day Adventist publishing house in Norway jumped 20 percent in just five weeks thanks to the hard work of 55 student booksellers. The students are from developing countries such as Kenya, Tanzania, India and Haiti, and are participating in the program to help finance their university tuition. Norway is one of the few European countries that allow denominations to hire students from outside the country to participate in literature evangelism.

SOURCE: Adventist News Network



ACCION

ENCONTRARON SANIDAD

Los esposos Angélica y Fernando López nunca habían tenido contacto con la Iglesia Adventista del Séptimo. Hasta que un feliz día vieron los anuncios en la televisión para el programa comunitario SANIDAD 2008. Desde hace algunos años Fernando padecía de un dolor de espaldas que no lo dejaba en paz. Necesitaba urgentemente ver a un quiropráctico, pero no tenía los recursos para hacerlo. Cuando llegaron a SANIDAD 2008 no sólo pudieron ver al doctor sino que también pudieron ver al Oftalmólogo. La primera noche de Sanidad la familia López Vargas aceptó venir al programa de énfasis espiritual que se presenta cada noche durante toda la semana de Sanidad. “Nos gusto escuchar la palabra del Señor” dijo Angélica. El programa de Sanidad fue tan impactante en la vida de ellos que decidi-

eron tomar estudios bíblicos y continuar visitando la iglesia. Lizet, una de las hijas de los López nos comenta: “mi mamá dice que cada vez que viene a ésta iglesia sale bien relajada.” Los niños también están bien contentos de poder atender el ARCA (la iglesia de niños). La familia López Vargas dice que su primordial deseo para el futuro es “poder conocer más a Dios y vivir completamente entregados a El.”

Algún lector se preguntará, ¿Qué es Sanidad?

SANIDAD es un programa especial que consiste en proveer atención médica completamente gratis para toda la comunidad. Entre algunas de las atenciones que se proveen están los servicios médicos, psicológicos, dental, educación de nutrición, educación para padres, información de



La Familia López encuentra un nuevo hogar en la Iglesia Adventista de Hillsboro.

recursos en su comunidad y varios otros servicios. Este año SANIDAD 2008 ofreció servicios gratuitos a más de 3,000 personas en la comunidad de Washington County. Para más información visite el sitio de internet www.tusanidad.com •

Ileana Villeda-Cortes, Union del Pacífico Norte, Asistente Ejecutiva para el departamento de Ministerios Hispánicos.



¡La Señora López alabando a Dios de manera nueva!

Todd Gessele



From left: Ken Crawford, president, with wife, Colleen; Ed Dunn, executive secretary/director of native ministries and evangelism, with wife, Cheryl; Sharon Staddon, treasurer, with husband, Thearon; and John Kriegelstein, as the director of education, communication and youth, with wife, Jeannie.

Alaska Constituents Re-elect Officers *And Recognize a New Church*

Alaska constituents voted unanimously to re-elect incumbent officers to new four-year terms on Sunday, July 20, in Palmer, Alaska, at the conference's 15th regular constituency session and considered new methods to "Share the Light."

The 214 delegates re-elected Ken Crawford, president; Ed Dunn, executive secretary and native ministries director; and Sharon Staddon, treasurer. In addition, John Kriegelstein was re-appointed as director of education, communication and youth.

In other business, constituents accepted the

Anchorage Samoan Church into the Alaska Conference of Seventh-day Adventist churches and recognized believers in Kotzebue, Alaska, as a group.

Staddon's treasurer report showed that over the past four years expenses have exceeded income (12.8 million tithe dollars) by \$331,000 resulting in a cumulative loss of 3 percent between 2004 and 2007. Traditionally, every year except 2006, there has been a slight deficit. Increased medical costs and travel expenses have offset annual gains. Staddon noted that pastoral positions have

been reduced from 17 in 2004 to 15.5 positions today. On the educational front, school attendance has also declined from 146 in 2004 to 103 students in Adventist schools in 2007. The conference tapped its operating fund

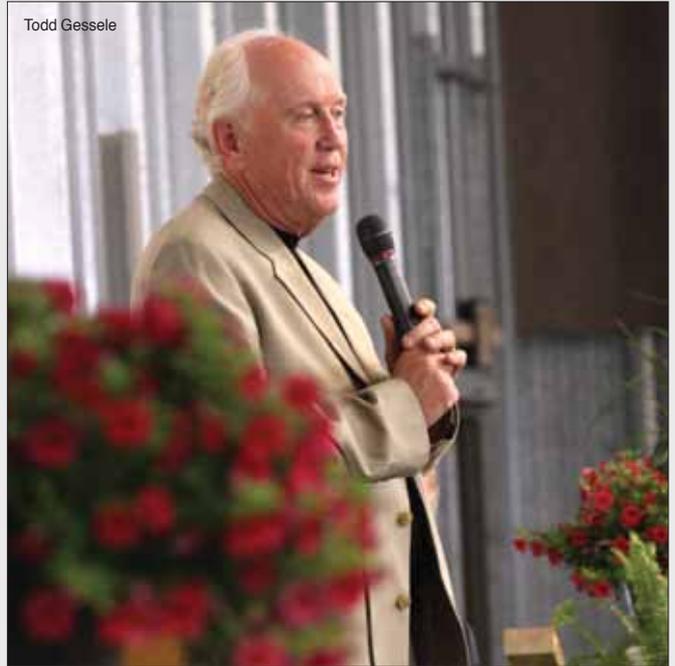
reserves several years ago and has not been in a position to replenish them to the level the North American Division recommends.

Staddon offered a two-word solution to the conference's current financial problems:





Delegates listened to various reports and proposals for promoting growth in the Alaska Conference.



Ken Crawford, president, says, "Now is the time to grow...to share the light!"

"Tithe faithfully!" She effectively showed that if existing attending members were just 10 percent more faithful in returning tithe, the conference could be on solid financial ground and have funds for new outreach projects, such as radio stations.

Crawford spoke about the opportunities and the financial challenges. "In the past, conference parsonages have been sold to help balance the budget, but now is not the time to sell, now is the time to grow. Now is the time to find people who are willing to fill positions and grow the work. Every church needs to seriously consider growing their attendance by 10 percent each year. For most churches in Alaska, that means adding two to four new people. If every church would set this as their goal, and be faithful with tithes and offerings we could turn this

trend around," says Crawford.

Delegates also approved by unanimous vote Crawford's four-year, "Share the Light" capital campaign, which aims to raise \$320,000 for radio stations and Bible workers while promoting Bibleinfo.com, the "Arctic Mission Adventure" suicide prevention projects, and establishing a \$1 million education endowment scholarship fund.

After a suggestion to change upcoming camp meeting dates to August, due to the recent unpredictability in the Bristol Bay fishing season, a vote was taken not to change already scheduled camp meeting dates. Constituents adjourned at 12:15 p.m. •

Todd Gessele, NPUC communication and media outreach associate



A delegate registers in front of a display of Alaska Conference history.

Gem State Adventist Academy Welcomes New Principal

Peter McPherson, a 1991 graduate of Gem State Adventist Academy, has accepted the invitation of the Operating Board and K-12 Board of Education to become the next GSAA principal. He assumed his responsibilities on July 1.

McPherson has a degree in history and a masters in teaching with an administrator credential from Walla Walla University. After teaching for six years at Newbury Park Adventist Academy in Newbury Park, Calif., he moved to Livingstone Adventist Academy in Salem, Ore., where he has led the history department for the past three years.

Becoming GSAA principal has long been a dream for McPherson. His initial plans include facilitating communication between the various entities of the Idaho Conference. He plans to spend time with the pastors, the elementary school teachers and with the leaders of Camp Ida-Haven and KTSY. He says, "By working together we can enhance enrollment at Gem State. I am excited to come home to Idaho and to my alma mater."

McPherson also worked 16 summers at Camp Ida-Haven. His responsibilities included serving as assistant director and leading the white-water-rafting program. During one

summer, Heather Lambie joined the staff at Ida-Haven. After camp season, Peter and Heather stayed in touch and, in 2003, the couple was married at Camp Ida-Haven. Heather is an elementary teacher.

Welcome, Peter and Heather! The couple asks for your prayers as they begin their work at Gem State. •

Don Klinger, communication director

Heather and Peter McPherson are ready to begin a new year as they lead at GSAA.



Pastors Ordained At Idaho Camp Meeting

On June 14, two Idaho pastors were ordained to the gospel ministry. Tomm Lemon, with his wife Michelle, pastor the Payette, Cambridge and Weiser congregations. He has also worked at Cloverdale

and McCall. Lemon is a third-generation Adventist pastor.

Brian Yeager and his wife Michelle have planted a new church during their time in the conference. They established The Experience four years

ago as a church to reach unchurched listeners of KTSY. Brian is a second-generation Adventist pastor. Both fathers participated in the service. The conference is blessed to have both pastoral couples serving. •



Don Klinger

Ministers gather around Tomm Lemon and Brian Yeager in support of their ordination.



Don Klinger, communication director, Tomm and Michelle Lemon, Michelle and Brian Yeager, and Steve McPherson, Idaho Conference president, stand together after the ordination service in June.

Mount Ellis Academy Hosts Summer Homeless Program

Mount Ellis Academy is home to many academy students during the school year, but during one month in the summer, the school decided to open their doors to another group of people—homeless families.

The academy works in conjunction with Family Promise of Gallatin Valley, an interfaith hospitality network and part of a nationwide organization that provides care for homeless families with children. Nine different church denominations in the Gallatin Valley work together to provide these services.

The normal rotation schedule for the network is a week at each church, but since Mount Ellis Academy can only open the dormitory during the summer they have been given one month each year.

A typical day for a family is eating breakfast in the dormitory with the help of the overnight host and then loading



Volunteers Jo and Charlie Smith (far right) help to assist a homeless family who spent one month this summer at Mt. Ellis Academy.

into the Family Promise van to go spend the day at the family day center in town. There, they can continue their search for affordable housing, receive financial or other counseling, and look for jobs if they are not already employed. At the end of the day they come back to the dormitory for the evening meal that is provided by a church volunteer who stays and eats with them. Then at bedtime another volunteer

family or couple arrives to spend the night and hosts until the next morning.

Family Promise is not a hand-out, but a “hand-up” ministry. In order to receive assistance, the individuals must have at least one dependent child, be drug- and alcohol-free, and sign a 90-day contract that they will work with the Family Promise social worker toward a solution to their unique situation.

The program has an 80 percent success rate, meaning that the family is successfully re-integrated back into the community as a contributing, self-sufficient unit.

This year the Seventh-day Adventist Church was represented by at least 70 volunteers who attended a three-hour training session to help them understand the situation of homeless families and how to relate effectively and compassionately. They were blessed as they spent many hours with a family of 11 children, ages 4 months to 12 years. The family was grateful for the month they spent on the campus of the academy.

As she was packing up to move to the next church, the mother of this family exclaimed, “I want to come back and visit your group. You’ve taken such good care of us.” Kind of reminds you of John 13:35: “By this all will know that you are My disciples, if you have love for one another.”

If you would like to know more about Family Promise or how your church can become part of the network, see the Web site www.familypromisegv.org.

Debbie King, Family Promise coordinator in Gallatin Valley, Mont.

Volunteers Jeff and Jaime Herman and their family spend the evening with a homeless family staying at Mt. Ellis Academy this summer.



Debbie King

Northwest Students Complete Leadership Expedition

In mid-July seven academy students from six academies traveled to central Oregon for a Leadership Expedition with Mountain Leadership Institute.

Justin Walker and Joni Dickerson from Livingstone Adventist Academy; Phillip Workman from Upper Columbia Academy; BJ Colvin from Walla Walla Valley Academy; Tad Freeman from Milo Adventist Academy; Chris Hill from Rogue Valley Academy and Shasten Sprague from Portland Adventist Academy each received scholarships to join the expedition. Students were chosen based on their leadership abilities as class and student association officers, sports captains and resident assistants. Les Zollbrecht, Bible teacher and climbing

club sponsor at PAA and the founder of MLI, was also on the trip.

The expedition started with a five-day climb to the 10,000-foot summit of Hope, the middle of the Three Sisters mountain peaks. The journey took hard work and determination, but “the reward at the top was worth it,” says Sprague.

The last days of the expedition were spent at Smith Rock where students learned basic safety as well as the physical skills of rock climbing. At the end of the eight-day trip, students gained not only new physical skills and spiritual refreshment but also leadership and interpersonal skills and tools to apply in their schools.

“This trip gave me a



From left (top row): Tad Freeman, Phil Workman, BJ Colvin, Justin Walker and Jared Wolcott. From left (bottom row): Les Zollbrecht, Joni Dickerson, Shasten Sprague, Donnelly Kuhlman and Chris Hill participate in a leadership climbing expedition.

chance to step back from the distractions of life and focus on my relationship with God,” says Sprague. Dickerson added, “The lasting friendships that I formed along with seeing God’s creativity up close made an amazing and unforgettable trip of a lifetime.” •

Shasten Sprague, PAA senior, with Liesl Vistaunet, PAA public relations director

Kelso-Longview Connects With Vege-burgers

It almost didn’t happen, but in the end Annette Koelsch, Kelso-Longview church member, rounded up a crew of more than 75 people to run a vege-burger booth at the annual Go Fourth July 4th celebration in Longview for the 17th year in a row. This four-day event draws more than 50,000 people, including a long line of church members and many community members. Often they ask for recipes for vege-burgers and haystacks.

Betty Coleman, head of the local Community Service Center, has served at the booth every year since it opened. She loves participating in the event because the proceeds go to buy school clothes for needy community families.

Koelsch had decided not to operate the booth this year because the Fourth was on a Friday night. However, with the encouragement of many church members, she contacted the Go Fourth Committee.

Amazingly, the committee had held the spot, far beyond the application deadline, hoping she would change her mind. They even gave the team special permission to close early Friday evening and to tear down on Sunday, as opposed to the other booths, which were required to stay open late and tear down on Sabbath. •

Linda Wilson, communications leader



The Kelso-Longview vege-burger stand has been a mainstay at the area’s July 4th celebration for the past 17 years.

Lents Mission Trip Reveals Spiritual Gifts



Lents members pose with Dominican children outside a free medical clinic.

Lents Church members discovered hidden talents during a June mission trip to the Dominican Republic. From evangelism to medical work to brick laying, the group of 34 exercised old skills and developed new ones during a 10-day stay in the coastal city

of San Pedro de Macorís.

Paul Cole, retired pastor, and Jean Aguilar, Lents church member, organized the trip, which supported three separate projects. Each day, the group split into teams. One team assisted at free medical clinics held throughout the city by Restaurando Corazones (Restoring Hearts)—a

health ministry supported by the local conference. As news of the clinics spread over an Adventist radio station, the team stayed busy providing basic health screenings to more than 1,000 patients.

Members of the second team laid the groundwork for six new classrooms at an Adventist school on the outskirts of town. Several months prior to the group's arrival, workers had

begun digging the foundation, but a severe storm had filled it with water, halting the project. Despite stifling heat and a lack of pumps, team members spent

days bailing water by hand and laying rows of cinder block. As the trip ended, the foundation was nearing completion.

In the evenings, the medical and construction teams joined forces and traveled to five local churches delivering sermons and health presentations. For many, it was the first time they had ever preached. Other group members translated the messages from English into Spanish. "It was amazing how God used our group," comments Ashley Wilkening, Lents youth leader. "The Lents Church will really benefit from the spiritual gifts that our members discovered on this trip."

The trip was especially memorable for one member in the group. Larry Skinner, Lents elder, had the privilege of helping Cole baptize his son Eric, his daughter-in-law Heidi

and his grandson Austin in the Caribbean Sea. Charlene, his wife and Lents music director, and Jordan, his granddaughter, were also there to share in the family's joy. •

John Press, mission trip participant



Paul Cole, Lents pastor (now retired), catches a ride to an evening evangelistic meeting.



Jean Aguilar, mission trip coordinator, chats with Dominican children at the construction site.

(Left:) Larry Skinner, Lents elder, helps Paul Cole, retired Lents pastor, baptize Austin Skinner, his grandson, in the Caribbean Sea.



Gladstone Camp Meeting *Makes Lasting Memories*

With his first shot at memory making at the Oregon Conference Camp Meeting, Art Harding, a recently baptized member of the Pleasant Valley congregation, recalls what made an impression on him. “My favorite memory is the sense of family I found. Everybody was so friendly and welcoming,” explains Harding. He gave his life to Jesus after faithfully attending the meetings by Shawn Boonstra in Portland this past February.

In Oregon people have been attending camp meeting for 130 years. For many, the tradition goes back several generations with so many vivid and unforgettable experiences.

This year, thousands came

to Gladstone in RVs, trailers, tents, cars and on foot to “Ponder Anew What the Almighty Can Do,” create new memories, and inspire new traditions of faith.

Some 12,000 people came to hear Miroslav Kis and Robert Folkenberg Sr. speak in the Plaza Pavilion. Children and youth tents saw sometimes dramatically increased numbers, while the volunteers at the young adult meetings had to set up extra chairs several times during the week to accommodate the overflow.

New this year were the addition of several community outreach workshops and classes. In addition to general seminars and workshops,

Adventist Community Services Disaster Response Training, and Faith Community Nursing classes were offered. There was also a Fun Run/Walk on Friday morning to kick off InStep for Life, the new North American Division wellness program.

Education Day was held for the second year. Camp meeting goers were encouraged to wear school shirts and a special program was held in the Plaza Pavilion in the evening.

Adult meetings were geared toward practical ways of living the “Commission Culture” to make an impact locally, sharing Christ’s love and winning souls for Jesus. Workshops offered practical topics including parenting skills and child

safety, financial stewardship, prioritizing Christ in our families, giving Bible studies, choosing a Bible, and even gardening and landscaping.

Children enjoyed programs based on the Incredible Race theme. Races, field trips, crafts, and water-based activities were all part of the fun.

Next year Gladstone Camp Meeting will be held July 14–18. Plan now to join the fun. •

Krissy Barber, Oregon Conference communication intern, with Glenn Wachter, Oregon Conference freelance writer



Gary McLain

A young camp meeting goer splashes down the water slide located next to the Children’s Amphitheater.



Gary McLain

John Wesslen, pastor, uses his small motor bike to patrol the grounds while working security.



Jeremy Barber

The staff of Big Lake Youth Camp visit the Youth tent on Sabbath morning for song service.



Lary Brown

The Oregon Central Korean Church Choir performs for the Wednesday evening Plaza Pavilion meeting.



The Plaza Pavilion hosted Miroslav Kis and Robert Folkenberg Sr. as main speakers this year.

Gary McLain

Oasis Improv Brings in the Unchurched



John Manuel

Debbie Pierce and Jenny Darrow act out a scene for True!Improv.

It's another Saturday night with the True!improv Troupe. A woman on stage says, "Give me the name of an unlikely charity." Her attentive audience throws back a flurry of responses, "IRS, Microsoft, Superman..." A few moments later, two people act out an improvised scene influenced by the suggestions. Responding with chuckles and laughter, the

audience is clearly enjoying themselves.

True!improv performs monthly and is an improvisational acting troupe ministry based out of the Seventh-day Adventist Church—The Oasis Christian Center in Vancouver, Wash. For the group of eight volunteer actors, it's a chance to inspire and share laughter with the greater purpose of ministering to the unchurched community members and giving back to the Vancouver community.

Larry Witzel, an Oasis elder and founding member of True!improv, says he knows firsthand that God is changing lives through the ministry. "We see unchurched people in the audience at every performance," says Witzel. "I've been excited to see many of them showing up at church a week or two later.

"There is one family with elementary school-aged kids who came to one of our first



John Manuel

Collin Hayes, Jenny Darrow and Andrea Crawford are volunteer actors with True!Improv.

shows," he continues. "The following week, they were at church and a couple of weeks later the father stopped me in the hallway and said, 'thank

you for showing us that being a Christian could be so much fun. We love it here!'"

"We all improvise in our daily lives," says Jenny Darrow, another Oasis elder and True!improv director. "This is a safe and fun environment for people, both actors and audience, to explore and connect with personal experiences, emotions and concepts. As a result, True!improv has proved to be a meaningful experience."

To learn more about the ministry, visit www.trueimprov.com.

Liesl Vistaunet, Oasis Church member



22nd Annual Oregon Christian Women's Retreat

October 24-26, 2008
Sunriver Resort, Sunriver, Oregon

Calling all girlfriends, sisters, mothers, daughters... for a family reunion!

This retreat is all about girlfriends forming strong bonds, keeping each other accountable, encouraging spiritual growth, supporting each other, celebrating the good times, praying each other through, and connecting with each other.



Photo by Becky Dewey

Check out speakers and break-out sessions on the web at www.oregonconference.org (click on departments, Women's Ministries, Christian Women's Retreat.) Or dial Diane or Corleen at 503-850-3500 or email diane.pestes@oc.npuc.org. Register before price increases September 10.

We Are Family



Professional rider The "Cliff Hanger" jumps the band as the crowd chants "Just say no!"

Eugene Area Adventists Sponsor Drug-free Rally

Emerald Christian Academy presented "High on Life," a drug- and violence-free rally for more than 200 children and their parents from the Eugene area in June.

Christian recording artists Relentless Pursuit and Michelle Winters shared their love of Jesus on stage. The Christian

Motorcycle Association rumbled in to present the flag, and local agencies came to share their resources for drug prevention and rehabilitation. The county fire department was there with a fire engine for children to explore, and the local police joined in with two officers and their K-9s

for a demonstration that was a huge crowd pleaser. McGruff, the crime dog, encouraged children to stay drug- and violence-free, and the crime prevention specialists shared their expertise along with fun give-aways.

The highlight of the day was Team Suzuki. They showed how important it is to care for professional motorcycles, just as taking care of our bodies is important, by comparing different parts of the bike to body organs. Then the trick-rider did amazing stunts as the crowd cheered and chanted, "Just say no."

"I can hardly wait to come again," said one 8-year-old boy. "I'm going to make good choices so I can be a strong fireman when I grow up!"

Don Bryan, school principal says, "It is important for the community to recognize Emerald Christian Academy and the local Seventh-day Adventist churches as people who thrive on healthy choices and are excited to share this in engaging ways." •

Kim Bryan, event organizer

Michelle Winters, singer, Bob Sparenberg, and Cliff Giles, rider, teach children about healthy bodies in comparison to a well-tuned motorcycle.



Young People Spread Gospel In Silverton and Beyond

The Silverton Church wants to recognize a group of young people who, under the banner of Oregon Youth Challenge, planted "apple seeds" in Silverton and surrounding areas for a whole week. No, not on a neighboring farm or orchard, but right here.

As Brian Stone put it in his mini-sermon to the Silverton congregation on July 12, spreading the gospel through the distribution of literature reminded him of the famous story of "Johnny Apple Seed"

who planted apple seeds over a vast area of the United States. In time they grew into large orchards.

Similarly, it was the hope of the 14 young literature-evangelists who went door to

door that their labors would produce an abundant harvest—not only in the lives of others, but in their own. As Stone puts it, at first it definitely took him out of his comfort zone, but "God uses these experiences

On behalf of the Silverton Church, 14 young literature-evangelists spread the word about Jesus in the area this summer.



to help me grow. My goals and outlook on life have changed."

Sarah Partmenn, from Coos Bay, has spent four summers knocking on doors. She enjoys seeing lives change through prayerful ministry. "Many people are experiencing major problems and a prayer—even by a stranger—brings encouragement to them," she says. •

Enid Hands, Silverton Church correspondent

Othello Members *Share Ministry in the Park*



The booth at Othello's Sun Faire attracts community members who are waiting for water or a balloon creation.

The “Water People”—that’s the nickname given by the community to the Othello Church members. Water bottles, labeled with Bible verses, were given out during Othello’s Fourth of July Sun Faire at the park. Sun

Run participants especially appreciated the water at the end of the 5K and 10K races.

Church members set up tables with ice water along with children’s and adult literature, and a guessing game with prizes. But the favorite part

of the booth was the balloon hats and animals created by church members. This event is repeated, on a larger scale, at the Adams County Fair in September.

Traditional evangelistic meetings have not been well

attended in Othello in recent years. So the church members decided to take on a new approach of monthly outreach projects to the community. It really developed as an expansion on the monthly Share Your Faith by the local Pathfinder club. Now the whole church family participates in a variety of monthly activities.

Friendship evangelism is successful as, throughout the year townspeople associate Othello church members with their trademark, water. But the real message is on each bottle of water, “...whosoever desires, let him take of the water of life freely— Rev. 22:17.” •

Cindy Johnson

Clark Fork Church Members *Celebrate Freedom*

Members of the Clark Fork Church were excited as they put the finishing touches on their patriotic-religious float for the Fourth of July parade in Clark Fork, Idaho. This was the first year the church participated in the parade. It was a red, white and blue theme as Wally Remitz’s polished blue truck pulled a decorated trailer with signs that read: “Celebrate the Freedom of America” and “Celebrate the Freedom of the Sabbath.”

Members with trumpets, trombone, keyboard and

guitar played patriotic songs while riding on the trailer; other church members walked and handed out bags of carefully selected literature to bystanders. The float was well received by the community and

won the trophy for best adult float in the parade. The pastor and members all agreed the event was a great witnessing tool and great fun! •

Jay and Eileen Lantry



Education Sabbaths *Build a Godly Heritage*

Three years ago, Streams of Light hosted its first education rally in Sandpoint, Idaho. Thirteen rallies later, Upper Columbia Conference was still excited about the education Sabbaths and launched another three-year cycle with the theme “Building a Godly Heritage.” Streams of Light is a \$6 million capital campaign sponsored by UCC with \$4 million going to scholarships.

“Each event gives church members opportunity to embrace our children wherever

they are and wave the flag for Adventist education,” says Patsy Wagner, UCC director of philanthropy and coordinator for each event.

The goal is to hold a rally in as many places as it takes to give every school in the conference a chance to participate. “It’s nice to include all our children,” says one church member from the St. Maries area, “public, home, and church school children.”

Each hour-long “Celebrate Children” Sabbath School program involves a variety of people and ages. Some contribute musically, while others share testimonies.

Thomas and Lori Cometto told their story at the second education Sabbath in Sandpoint, Idaho, held this spring. Unable to find a Catholic school in the area, they sent their children to public school. Still looking for

an alternative, they did some more research and found Sandpoint Junior Academy.

“We wanted to give our kids a solid religious foundation as well as an academic one,” says Lori.

Whenever possible, visiting students and musicians from academies also join the group. Danielle Shull, an Upper Columbia Academy student from Alaska, told how her family hit financial crisis. She lived in a tent when she had nowhere else to go. Because of scholarships, she has been able to attend UCA—“the happiest place in my life.”

In the afternoon, youth spread out in the community to do a service project. Research shows that most students who are actively involved in service-learning programs raise their GPAs.

The Kids in Discipleship afternoon seminar shows parents and church members how to integrate each child into the heart of worship, ministry



Danielle Shull, Upper Columbia Academy student, at “the happiest place of my life.”

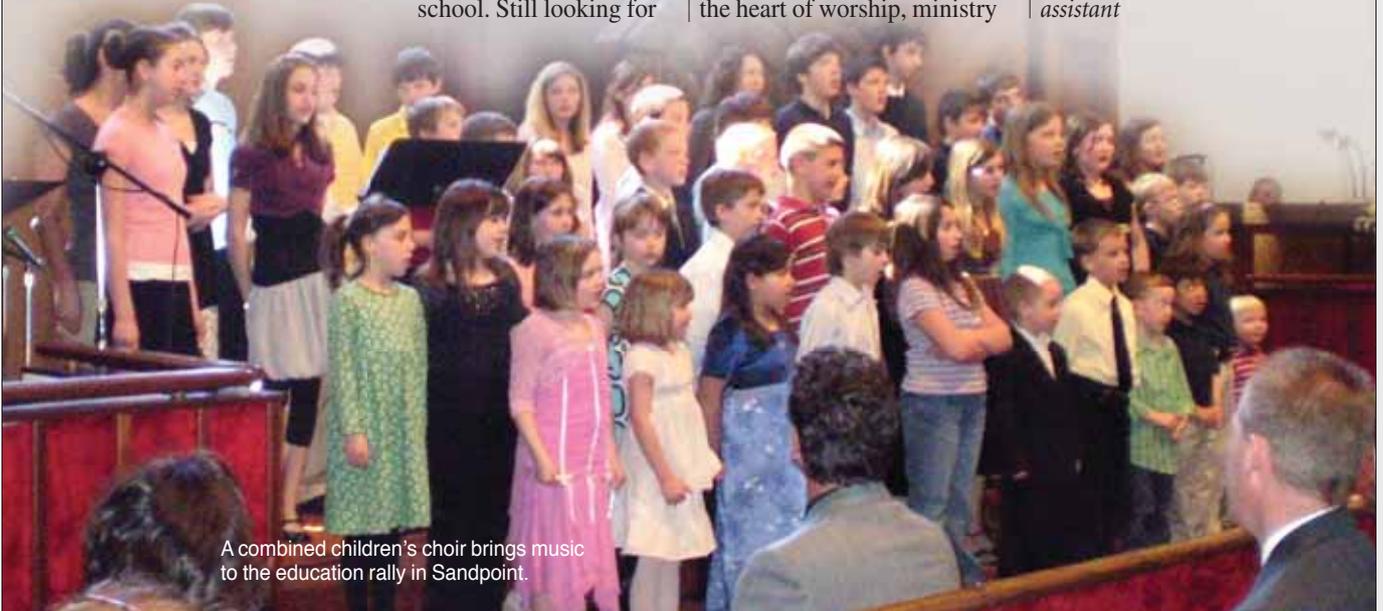
and mission of the church.

The next “Building a Godly Heritage” event will be in October in Colville, Wash., with Mark Witas, Cascade Christian Academy principal, sharing his story. Several more education Sabbaths are scheduled through 2010. Be watching for information about the “Building a Godly Heritage” events coming to your area or go online at www.uccsda.org/development/Calendar.

Heidi Corder, Streams of Light/philanthropy administrative assistant



Terry Mace, Streams of Light chairman, interviews Thomas and Lori Cometto.



A combined children's choir brings music to the education rally in Sandpoint.

Granger Welcomes Community Children to VBS

The Granger Church held its annual Vacation Bible School in June. More than 50 children ages 4–12 attended. Community children joined

church children in singing songs, hearing Bible stories and doing crafts. Although the church doors did not open until 6:30 each evening, community children came early. Many of the children walked to VBS each night, with older brothers and sisters. One mother from the community who brought her children

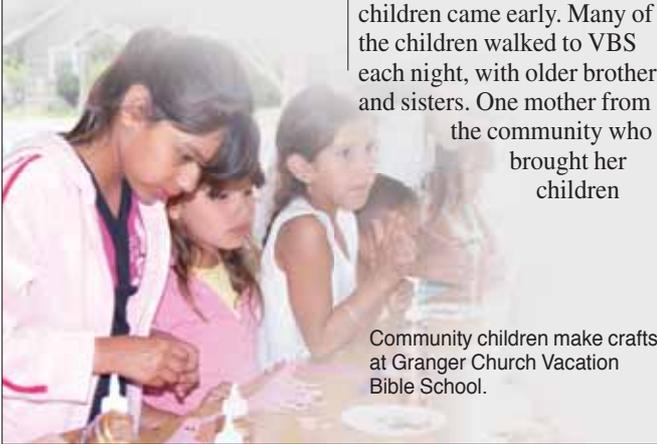
reminded about when she was a child and attended VBS at the Granger Church. Although too old to attend VBS themselves, there were several teenagers who brought younger siblings and then asked if they could stay to help.

On the final night, children put on a program for their parents. The 4- to 6-year-olds sang, while the 7- to 9-year-olds performed a skit and the 10- to 12-year-olds led the audience with memory verses. Pathfinder club members also did a special presentation and invited the community children who were 10 years and older

to join them on their next Pathfinder outing.

Church members agree that Vacation Bible School is one of the most successful tools for reaching out to the community and sharing the message of Jesus' love. Because of previous Vacation Bible Schools there are community children who regularly come to Sabbath School. •

Angela Waymire, VBS assistant coordinator



Community children make crafts at Granger Church Vacation Bible School.

Kamiah Men's Weekend

Reaps Spiritual Lessons

The Kamiah Church held a men's camp out in early June. Men stayed in tents and campers; some even slept in their cars.

Dan Cole, pastor, led a discussion titled "Every Man's Marriage." Men shared experiences and solutions to overcoming problems in their relationships.

On Sabbath morning, Seth Korponay led a two-hour discussion on the first chapter of James. The object of the discussion was to make faith a reality. In the afternoon, Bill Bosse, who is part of

the church's Pathfinder staff, encouraged men to take a nature walk. The object of the walk was to find something in nature that teaches you about

God's salvation and share what you found when you returned.

Sabbath evening, Michael Cordes challenged the group to hold each other accountable

and to put into practice what they learned.

As a result, men learned how to be more Godly husbands and better spiritual leaders for their families. Every man said it was a worthwhile venture they really enjoyed.

The group is planning to start a monthly men's group and also hopes to have another camp out yet this year. •

Cindy Nichols, church member

The Kamiah men's retreat combined study, nature and bonding with young and old.



Sequim Builds Relationships Through Community Service

The Sequim Adventist Community Services has been a light to the city of Sequim for many decades. In its early days, excess clothing was sent to Adventist Development and Relief Agency via a conference truck, and the amount of food in stock was limited.

When an accident put the conference truck out of commission, Iris Stober, ACS director, decided they would have to change the course of the ministry. Stober decided to give the clothing to whoever came and to stock more food so

they could serve more clients.

Since this decision, the church has learned the meaning of community as they build a network where the common goal is serving those in need. For example, Northwest Harvest provides 1 ton of goods to the Sequim Church's program every month. A local organic farm donates 150 to 300 pounds of fresh vegetables each week. St. Vincent's brings bread each week, as well as referrals. An inter-denominational aid organization refers people

needing clothes and food. Goodwill accepts excess clothing. Citizens donate small household goods like appliances, fabrics and toys.

Each week, 12 to 15 volunteers greet and help nearly 60 to 70 clients. This ministry even led to the church's most recent baptism. By serving the community, the Sequim Church has learned even more about what being a part of a community means. •

Jay Richmond, Sequim Church secretary



Sequim Church members Beth Freitas and Betty Lou Boyd sort through piles of donated clothing to ensure the items are in good condition for giving to clients.

Teens Flood Chehalis With Grace and Service

Chehalis resident Roberta was making a snack when authorities told her she had 20 minutes to leave before flood waters engulfed her house. Leaving behind 80 years of memories and memorabilia, Roberta lost nearly everything this past winter.

Several months later, she's still piecing together her life. When Adventist volunteers met her recently, Roberta's birthday was just two days away. After singing "Happy Birthday," the teenage volunteers helped Roberta clean her house.

Adventist volunteers continue to help and serve the community after last winter's flood in the Centralia-Chehalis area.

"Not too many organizations and volunteers stick by for



Teen volunteers and adult sponsors help with a variety of clean-up and recovery projects around Chehalis.

that long, and the community is impressed," says Colette Newer, a volunteer from Bothell, who has volunteered in the Chehalis area several times. "We made an impression in the community because we've

been there meeting people in their moment of need."

Sixty adult and teenage volunteers, including Pathfinders and youth groups from across Western Washington, were involved

in a weekend mission trip in Chehalis called "Flooded with Grace" in July.

The teenage volunteers and adult sponsors were able to share and show their faith by cleaning up debris and giving out free gifts of water bottles, flowers, popcorn, Vacation Bible School invitations and colorful balloons.

"A lot of groups came down at the beginning," says Doyleene Cook, Lewis County Adventist School teacher and trip coordinator, "but Adventists have kept coming. Our presence has made an impression." •

Raschelle Casebier, Washington Conference communication apprentice

Music Teacher Receives Statewide Honor

Clarita Burden now has a special honor—and a medal. She was inducted into the Washington State Music Teachers Association Hall of Fame at a banquet in late June. She is the first Lewis County music teacher to receive this honor.

According to a profile in the Lewis County newspaper, *The Chronicle*, Burden revitalized the Lewis County chapter of the music teachers association in the late 1970s and has held nearly every office in her local chapter.

“Even though she’s retired from teaching now, the Hall

of Fame seemed like a good way to honor her,” says Robin Chadwick, Lewis County Music Teachers Association president, in *The Chronicle*.

As a young girl, she would try to avoid music practice. As a teenager, though, she fell in love with music.

“Music,” says Burden, “is one of God’s greatest gifts to us.”

Burden holds a bachelor’s degree in music from Lamont School of Music at the University of Denver and



Retired music teacher Clarita Burden was recently inducted into the Washington State Music Teachers Association Hall of Fame.

Burden plays the organ regularly at the Chehalis Church and each year at Washington Camp Meeting.

Seventy years after those first few piano lessons, the practice has paid off in an honor Burden never anticipated receiving. •

a master’s degree in piano performance and music education from Pacific Union College in Angwin, Calif.

The Burden family moved to Chehalis, Wash., in 1973.

Heidi Martella, Washington Conference associate communication director

North Cascade Church Catches Spark of Service

The spark of service caught on for a women’s Bible study group during a North Cascade Church retreat two years ago. A Skagit Community Action Agency representative was at the retreat and presented a list of service opportunities.

Shortly after, with the agency’s wish list in hand, the Bible study group began collecting food items and treat bags for adults and children.

Their excitement spilled over to students at Skagit Adventist School and children’s Bible study church groups. They joined the service projects, with some classrooms adopting homeless families for Christmas in place of a classroom gift exchange.



When a women’s Bible study group in Burlington, Wash., decided to participate in a community service project, they sparked a churchwide flame of involvement in community service.

More opportunities opened up as a local shelter remodeled and expanded their space. The Adventist volunteers went into action, painting, furnishing, decorating, and feeding Home

Depot volunteers.

Even more Bible study groups began to join in and help. One adult class adopted an apartment and common area in the shelter, and a children’s

class decided to decorate a child’s bedroom.

Because of the North Cascade Church’s involvement, Cindy Hartley, the group coordinator, was selected as Volunteer of the Year for the Washington State Coalition for the Homeless. The Community Action Agency also intends to honor North Cascade Church during the dedication for the new family shelter and will have one of the pastors lead out in prayer.

It only takes a spark to get a fire going and the congregation at North Cascade is actively fanning the flames of community service. •

Cindy Hartley, group coordinator

Graham Teacher Shares Lifetime of Love for Children



For 44 years, Bobbi Eicher has told generations of young children about Jesus.

At Graham Church, everybody knows Roberta (Bobbi) Eicher: Children give her hugs, parents praise her love for children and leaders marvel at her weekly commitment to 44 years of children's ministry.

"Bobbi has a good heart for getting kids excited about God," says Brad Brown, pastor. "She's taught many generations of children, and the kids see her as a surrogate grandmother."

Eicher, a mother of five children, began teaching children's Sabbath School classes in 1964 when her youngest child was a toddler. She taught at various children's levels at Tacoma South Side, Puyallup, and Graham churches, and enjoyed the youngest children's divisions best.

"I love the little ones," Eicher says, "because they are so impressionable. The children

love Jesus right away, and their faces just light up."

Just as the children love Eicher, so do the parents. "The kids want to come to Sabbath School," says parent April te Nijenhuis. "Bobbi always makes them feel special."

Nancy Egnew began working with Eicher two years ago as Eicher's replacement, and says, "You know the Bible verse about the first must be last? Well, Bobbi lives that."

Eicher is still adjusting to the adult Bible study program. "I think in terms of Jesus, and I kept waiting for them to mention Jesus in the lesson," she says, after her first adult Bible study class in July. "Sabbath School should be all about Jesus." •

Heidi Martella, Washington Conference associate communication director



Through a newly constructed garden, PSAA students are learning firsthand about nature and the environment.

A Garden Grows in Kirkland

A newly planted idea is growing on the campus of Kirkland Seventh-day Adventist School and Puget Sound Adventist Academy.

The school has created an outdoor garden where students can experience nature and learn about various wildlife.

"Nature is one of the best places to learn, and it offers us many teaching tools," says Javier Krumm, teacher and supervisor for the project. "Nature gives us the chance to connect our students with God, His creation, and at the same time learn about wildlife."

The garden is located at the south end of the campus between the school playground and the neighboring property fence.

The students will maintain the garden even as they watch it

grow and develop. Classes will occasionally be taught outdoors amidst the garden environment, giving teachers a fresh way to teach students about wildlife. Students will have the opportunity to learn about conservation and experience hands-on projects.

Overall this new habitat center will help PSAA have a more complete and integral program, based in the physical, mental, social and spiritual development of students. The garden has been made possible through funding from a Don Keele award. •

Raschelle Casebier, Washington Conference communication apprentice



Puget Sound Adventist Academy students prepare the soil for their new garden habitat.

Javier Krumm

Northwest Missionaries of the Blind *Reach Beyond the Printed Page*

Ruth Edwards is 84 and just joined the Missionaries of the Blind. In fact, she is one of 11 people in the North Pacific Union Conference who belong to the MOB organization.

MOB is an outreach initiative of Christian Record Services for the Blind, the General Conference ministry serving the blind and visually impaired. CRS publishes magazines and books in braille, audio and large print; it also maintains a lending library of audio and braille books.

In addition, CRS operates National Camps for the Blind, which gives children and adults who are blind the chance to attend summer or winter camp.

CRS representatives minister to people who are blind who

“They’ll appreciate your visit and you’ll appreciate getting to know them,” Hiscock says. “You might just become good friends.”

live within their assigned districts in the U.S. and Canada. However, CRS serves more than 23,000 people, and many of these people live in areas where there is no CRS representative.

Therefore, they rely on volunteers like Edwards to help them.

Edwards, a member of the Spirit Lake Church in Idaho,

visits two visually impaired ladies—Maxine and Patty Lou—at least once a month. Although she joined the MOB in January, Edwards has been visiting her visually impaired friends for about four years. She meets with Maxine and Patty Lou at their assisted living residence. They have prayer together, and Edwards reads the scriptures for them.

From CRS Maxine receives library audio books, and Patty Lou receives the audio books and also Vantage Point, a “talking” magazine on audiocassette.

Volunteers with the MOB can visit one or more blind persons who live in their local area once a month or more. Like Edwards, they can pray with their blind friends, encourage them, and simply be there for them. Volunteers might also invite their blind friends to church or a church social event. And if a volunteer is unable to visit the individuals personally, he or she can call them for a phone visit.

Another volunteer, Rachel Hiscock, of Centralia, Wash., is a twenty-something music teacher. She has been a staff member at one of CRS blind camps for the last two summers. Hiscock was invited to teach a hand chimes choir at Camp Leoni Meadows in California and found it to be a lot of fun.

“I’ve made some good friends,” Hiscock says.

Theresa, one of Hiscock’s friends from the chimes choir, recently called her to share some good news. Theresa will be getting married—to a blind man who was also a member of Hiscock’s choir. Hiscock had



Douglas Pond

(Left:) Ruth Edwards, Spirit Lake, Idaho, member, volunteers as a “missionary” by visiting two visually impaired ladies at least once a month.



Blind camp staff member Rachel Hiscock (right), music teacher from Centralia, Wash., enjoys a moment with Theresa, one of her hand chimes students.

spoken well of Theresa to the man, and he didn't forget her remarks.

One of the people Hiscock currently visits is Gabe, a 13-year-old who attended CRS summer camp at Sunset Lake in Washington.

To those who are thinking of reaching out to people who are blind, Hiscock says, "Don't be afraid to try it." She has found that people who are blind tend to be very welcoming and understanding.

"They'll appreciate your visit and you'll appreciate getting to know them," Hiscock says. "You might just become good friends."

Aimee McHenry is another volunteer. Although McHenry is 90-years-old and her eyes are failing, she says, "I may be disabled, but I'm not out of the game yet."

She and her husband were missionaries in India,

and as she mentioned, once a missionary, always a missionary. Now, McHenry has been assigned four visually impaired persons to contact. The telephone is her way of reaching her visually impaired friends.

"I do enjoy talking to people and visiting," she says. "The only thing is that it makes me want to get out and do more."

When asked what advice she would give people who are thinking of becoming missionaries of the blind, McHenry says, "Get at it—as fast as you can, because it will help you more than the blind." •

Richard Clark Jr., Christian Record Services for the Blind assistant editor

Would you like to join the MOB?

Christian Record Services for the Blind directly serves 927 blind and visually impaired people living in the North Pacific Union Conference. That doesn't include the individuals who receive CRS reading services indirectly through libraries, schools and nursing homes.

The NPUC territory's 11 missionaries of the blind visit about 25 blind and visually impaired people each month. More people are needed to join the MOB—dedicated, mission-minded volunteers who want to be a friend to people who are blind.

If you would like to know more, please contact Personal Ministries at Christian Record Services for the Blind at 1-877-288-1188, or e-mail personalministries@christianrecord.org. You may also visit the Personal Ministries Web page at www.christianrecord.org/pm and click on "M.O.B. Volunteers."



Professor's Unexpected Journey

Reveals Undaunted Courage

The day before his birthday in June 2007, Ken Wiggins boarded an airplane and prepared for the long flight to Hong Kong. Wiggins and his wife, JoAnn, were headed there to teach; he in mathematics, she in business.

They had visited China before, getting to know the culture and the people and were looking forward to going back.

During the flight, Wiggins grew weak. He wondered if he would even survive the flight.

Upon arrival, he stumbled into a waiting wheelchair. Those were the last steps he took unaided.

Within two days, Wiggins's body was completely paralyzed from his arms down. Wiggins had acute transverse myelitis caused by a vaccination he had received one week before leaving for Hong Kong. Instead of teaching, Wiggins spent the next six weeks in hospitals.

Once JoAnn's classes were over and Wiggins was ready, they took a medical evacuation flight on a commercial airliner to Vancouver, British

Columbia, Canada. From there he was taken in a small air ambulance to St. Mary Medical Center in Walla Walla. "When we got to the hospital, there was a large contingent from the university holding a wide welcome

banner," says Wiggins. "Seeing such a tangible display of support was a moving experience."

Wiggins spent more than five weeks in the hospital, primarily in the rehab unit adjusting to life in a wheelchair.

When he first arrived, he could not sit up for more than a few minutes without fainting. By the time he left the hospital, he could sit in a wheelchair for an extended time. However, he still could not stand without fainting, even with the help of a tilt table.

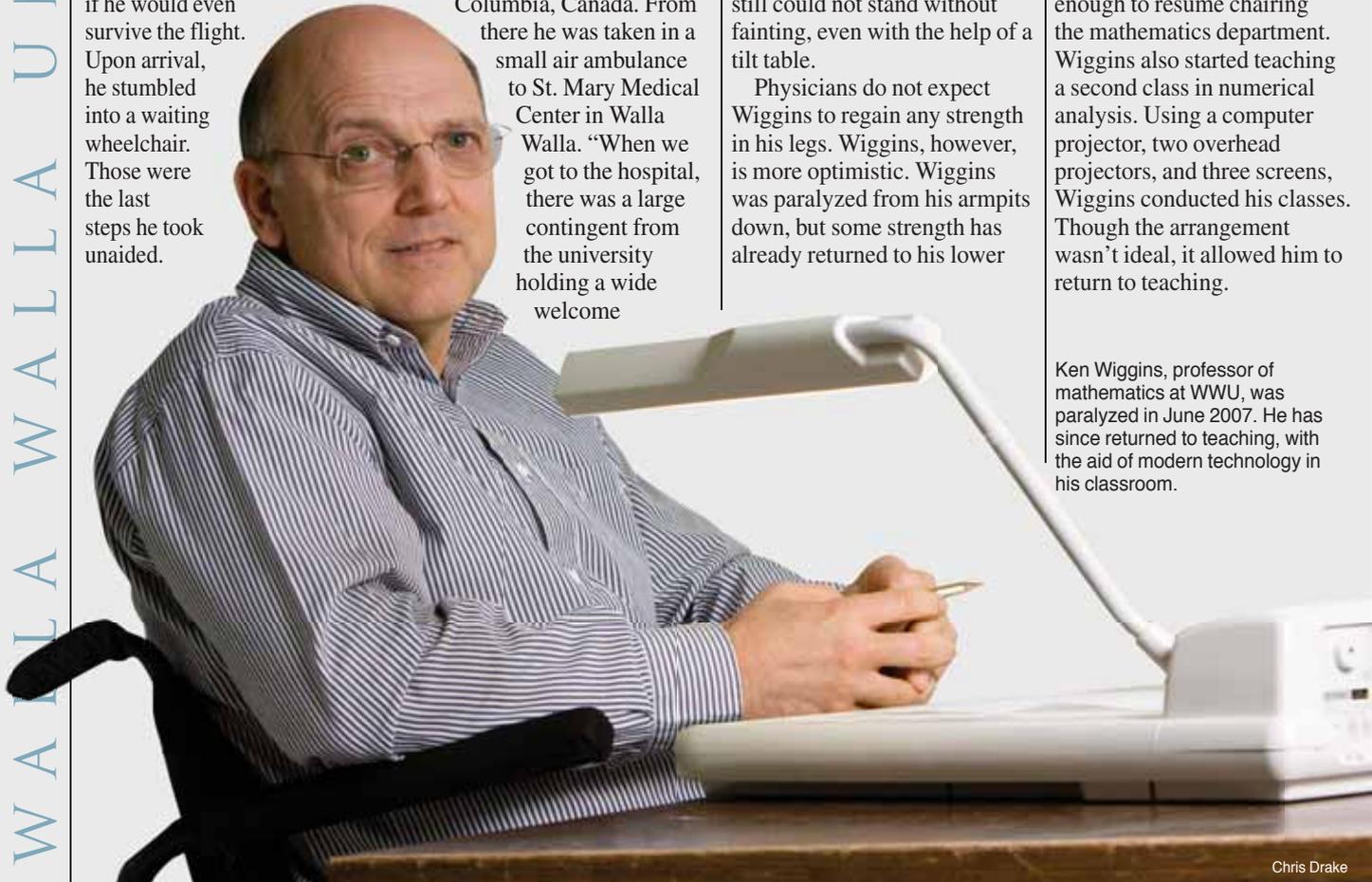
Physicians do not expect Wiggins to regain any strength in his legs. Wiggins, however, is more optimistic. Wiggins was paralyzed from his armpits down, but some strength has already returned to his lower

back and abdomen. Though he cannot yet do sit-ups, Wiggins is gaining strength, and his balance has improved.

"It's surprising how many muscles a healthy person uses doing something as simple as sitting in a chair," says Wiggins.

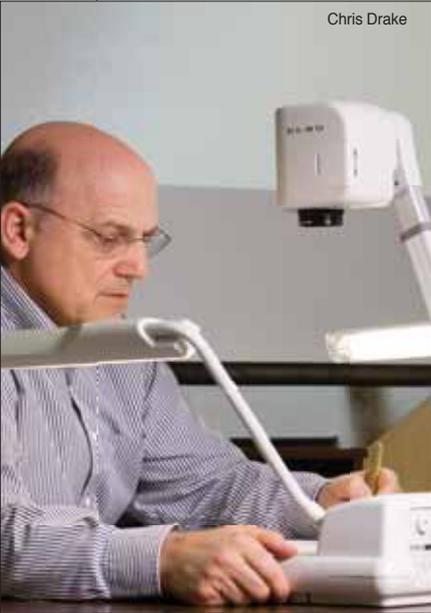
By September 2007, Wiggins was back in the classroom, teaching a course in advanced calculus. By January 2008, he felt strong enough to resume chairing the mathematics department. Wiggins also started teaching a second class in numerical analysis. Using a computer projector, two overhead projectors, and three screens, Wiggins conducted his classes. Though the arrangement wasn't ideal, it allowed him to return to teaching.

Ken Wiggins, professor of mathematics at WWU, was paralyzed in June 2007. He has since returned to teaching, with the aid of modern technology in his classroom.



Chris Drake

WALLA WALLA UNIVERSITY



Chris Drake

His classroom equipped with high-tech equipment, Ken Wiggins can continue teaching classes, in spite of his paralysis.

In May, Wiggins purchased a car and had hand controls installed. The left-hand control lever operates by pushing to engage the brake, and rotating to activate the accelerator pedal. "Now I'm driving again, and that feels great!" Wiggins says with a grin.

Wiggins can even get in and out of the car by himself. He has learned to shift his weight just right to get out of the wheelchair and into the driver's seat. From there he disassembles his wheelchair into six pieces and stacks them in the car.

Over the months, Wiggin's close friends have been there to help. Several called him regularly while he was in the hospital in Hong Kong. Two of them built a ramp for easy access to his house. One took care of the yard work all summer. Once, a group brought Sabbath School to his hospital room. One friend continues to

come to Wiggin's home almost every day to help him stretch.

"The university administration has been so supportive," says Wiggins. "At first I didn't want to accept the designated parking place they offered, but a friend wisely advised me to take it." Now he is always guaranteed a place close to the math building.

No one has been more supportive, however, than JoAnn. "She still has never said a single word to suggest that I have been an inconvenience to her in any way," says Wiggins.

Throughout this ordeal, Wiggins has remained positive. Grinning, he points out that having the chair is quite nice on shopping trips with his wife. He has often wished for a place to sit down, and now he has it, he jokes. "There are other advantages too," says Wiggins.



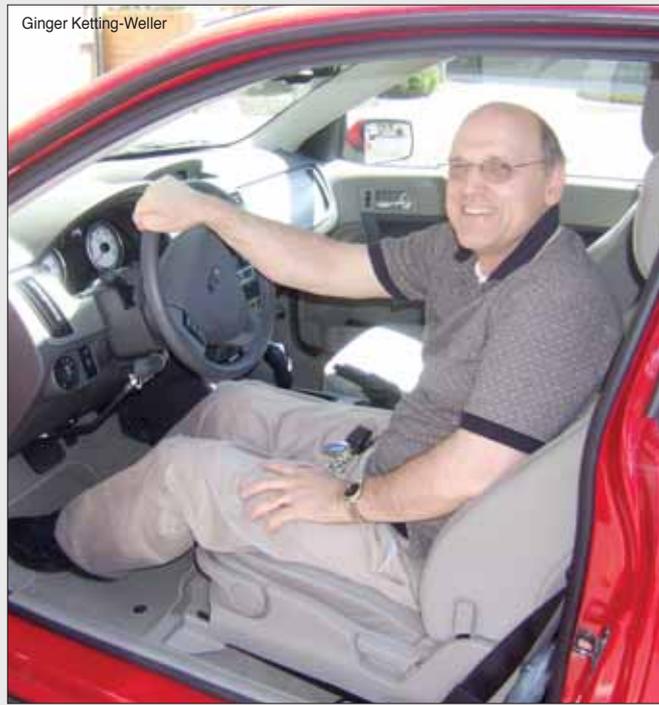
Ken's wife, JoAnn, has been there to support him through this entire experience.

"When I go uphill I get much-needed exercise. When I come back down I get a fast, sometimes thrilling ride!"

On a more serious note, Wiggins adds, "We sometimes find ourselves in twists and turns that we hardly could have anticipated, circumstances that change our lives dramatically and not necessarily for the better. At these times we can dwell on negativity and even despair, or we can follow the advice given by Paul in Phil. 4:8: '...whatever is true... whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.'"

"In truth, Ken has been the one who has encouraged us," says Ginger Ketting-Weller, academic administration vice president. "His upbeat attitude, his openness and sense of humor, his steady faith, and his commitment to teaching even while adjusting to his new challenges have all been an inspiration to faculty, staff and students." •

Becky St. Clair, WWU GLEANER correspondent



Ginger Ketting-Weller

After almost a year of being reliant on others, Ken can now drive a car equipped with special hand controls.

Adventist Health News Notes



Hospital plant services personnel confer with CEO and incident commander, Wayne Ferch (with back to camera). The team worked hard to clear defensible space around the hospital, which included removing trees and bushes, and spraying the facility with fire retardant.

Paradise Camp Fire Closes Hospital for 10 Days

A summer blaze—dubbed the Camp Fire—forced the evacuation and closure of Feather River Hospital in Paradise, Calif., in early July. The fire grazed 53,000 acres of Butte County, and came within 400 yards of the hospital. Ten firefighter strike teams with 50 engines guarded the facility, which opened again July 18 after 10 days. Before the hospital could open its doors, however, the entire facility was sanitized—from floor to ceiling—and all medical equipment was inspected, recalibrated and recertified.

Additionally, \$400,000 in pharmaceuticals was replaced due to the lack of temperature

control during the evacuation. After the clean up—and thanks to volunteers from throughout Adventist Health—surveyors from the California Department of Public Health and the Office of Statewide Health Planning and Development cleared the facility after a four-hour inspection.

“It was a long 10 days,” says Wayne Ferch, FRH president and CEO, who along with several employees, worked round the clock in the Incident Command Center. “We’re thrilled to be open and back at work caring for our patients.”

For more details about the crisis, or to see photographs, please visit: www.frhosp.org.

Portland Hospital Receives Five Stars

Adventist Medical Center received a national five-star community value rating for the second consecutive year. The Community Value Index® Five-Star Hospital Award is a national recognition that denotes a commitment to meeting the health care needs of the community in a financially responsible manner.

The national evaluation, conducted by Cleverly Associates, assesses three key areas: financial viability and plant reinvestment, cost structure and charge structure. The hospital won the five-star rating because it ranked in the top 20 percent of more than 3,000 hospitals included in the study.

Excellent Quality in the Walla Walla Valley

Walla Walla General Hospital received an award of excellence in health care quality from Qualis Health at the Northwest Patient Safety Conference in Seattle. Qualis Health, a private nonprofit organization, serves as the quality improvement organization for Medicare in Washington. The Award of Excellence in Healthcare Quality recognizes organizations that make significant contributions to health care through innovative, measurable improvements

in care. WWGH staff and physicians have focused continued efforts to improve the hospital’s core measures, also known as the National Hospital Quality Measures. These measures represent evidence-based best practices, and WWGH now consistently attains near perfect compliance in each area (acute myocardial infarction, heart failure, pneumonia and surgical care). Compliance rates in 29 of the 30 measures monitored have reached 100 percent. The 30th measure is at 99 percent.

Wildfires closed the Feather River Hospital near Paradise, California, for 10 days in July.



Shawna Malvini, Adventist Health correspondent



THE ADVENT MOVEMENT

Harold Altamirano returned from seminary July 1 and is serving as the assistant pastor of Hillsboro Spanish/ The Rock Group in Oregon. **Julio Chazarreta** left the Portland/Hood River/University Park (Ore.) Spanish district in August to pastor the Beaverton/Tualatin (Ore.) Spanish Company. **Pedro Careaga** left the McMinnville/Tualatin (Ore.) Spanish Company in August to pastor the Portland/University Park (Ore.) Spanish Group. **Merrill Caviness** from the West Wilmington (Del.) Church in the Chesapeake Conference is the new pastor of the Riverside/Stevenson (Wash.) district. **Cheri Corder** left her position in June as Sabbath School and Community Services director of Upper Columbia to serve as Oregon Conference Family Life director. **Saul Flores** from Denver South Hispanic Church became senior pastor of the Hillsboro Spanish Church in July. **Eddie General** has accepted the pastoral position of the Filipino-American Church in Seattle, Wash. beginning Sept. 1. He comes from the Hawaii Conference and will replace **Lowell Teves**, pastor, who is retiring. **Del Griebel** left his position as associate pastor at the Bend (Ore.) Church in August to serve as interim pastor at The Dalles/Wahkiacus (Ore.) district. **Juan Pacheco**, former assistant pastor of the Hood River (Ore.) Spanish Company, became Intern of Woodburn and McMinnville (Ore.) Spanish churches in June. **John Wiltenberg**, a former intern at the Roseburg/Glide (Ore.) district became assistant pastor at the Medford (Ore.) Church in June.

Auditions for 2009 Pathfinder Camporee Drama Production

Auditions are being accepted now for the nightly play, *Chosen, The Courageous Story of Esther*, to be featured during the 2009 International Pathfinder Camporee, Aug. 11–13, in Oshkosh, Wis. The Center for Youth Evangelism is looking for talented actors and actresses for the nightly program during the camporee. DVD audition submissions must be postmarked by Oct. 30, 2008. More information is available at www.camporee.org.

SDALink: Your Church, Your Community

BiggyTV is pleased to announce the launch of SDALink for the Seventh-day Adventist Church. SDALink is a “trusted social networking” platform that combines MySpace and YouTube functionality with the services of BiggySafe Social Networking. Members can join groups that include churches, schools, colleges, hospitals and outreach ministries. In addition, the site provides an online resource for video evangelism. Check it out for yourself at www.sdalink.com.

Sabbath School Mission Resources

In connection with the Mission Quarterly stories, Adventist Mission is offering free slide shows to enhance presentations of the Thirteenth Sabbath offering projects in each quarter’s featured division. The slides are available online in both a Power Point format and a stand-alone version that will independently play the slide show. Visit www.adventistmission.org to view and download the slides.

I’m Gonna Sing

The General Conference Session Music Committee is interested in finding musically talented children for performances at the 59th GC Session. For guidelines and instructions on how to enter visit www.gcsession.org/music.

Carlson 50th

Bill and Sharon Carlson celebrated their 50th anniversary on June 22, 2008, with their family in Clackamas, Ore.

Bill Carlson and Sharon Minton met on a blind date on Friday the 13th, 1956, which they now consider to be their lucky day. They were married two years later and made their home in Huntington Beach, Calif.

Bill was a school teacher in L.A. schools for many years. In 1972 they moved their family out of the big city to Walla Walla, Wash., to begin a new venture—the Health Hut. The health food store served the community for 30 years. They currently manage the RV Resort Four Seasons in Walla Walla and hope to retire soon and travel.

The Carlson family includes Terry Carlson of Scottsdale, Ariz.; Wendy and Jerry Hardy of Kennewick, Wash.; and 3 grandchildren.

Clark 70th

Neal and Alberta Clark celebrated their 70th anniversary on Nov. 17, 2007, with a reception hosted by their family at the Vale Church.

Neal Clark married Alberta Kay on Nov. 25, 1937, in Meadow Glade, Wash., where they both lived and attended Columbia Academy. Early in their marriage they followed their dream and began a dairy farm near Vale, Ore., where they have lived since. Alberta, a nurse, also had an adult foster home for many years. Over the years they have been active church members, and Alberta continues to play the organ. Their generosity and caring ways have been an encouragement



Alberta and Neal Clark

to those around them. When asked what their secret to a long marriage was, Neal responded by saying “Hold hands a little, talk things over and treat your family with respect.”

The Clark family includes Wayne and Darlene Clark of Albany, Ore.; Ray and Deanna Clark of Haines, Ore.; Kelly and Berneata Rarey of Grants Pass, Ore.; Steve and Bernadine Brower of Pendleton, Ore.; Ray and Sheryl Waymire of Vale, Ore.; 24 grandchildren, 40 great-grandchildren and 2 great-great-grandchildren.



Phil and Evelyn Dunham

Dunham 60th

Phil and Evelyn Dunham celebrated their 60th wedding anniversary on June 8, 2008, with a reception hosted by their children at the East Salem Church.

Philip Dunham married

Evelyn Dugan on June 6, 1948, in La Sierra, Calif. Phil was a theology graduate from La Sierra College and got his masters at the seminary in Takoma Park, Md. He pastored and served in conference positions in California, Oregon, Hawaii and British Columbia, Canada. Evelyn studied elementary education at La Sierra and did secretarial and Bible work.

The Dunham family includes Diane and Tom Eysenbeck of Salem, Ore.; Dennis and Jami Dunham of Glendale, Ore.; 4 grandchildren, 5 step-grandchildren, 2 great-grandchildren and 2 step-great-grandchildren.



Ben and Naomi Green

Green 60th

Ben and Naomi Green celebrated 60 years of marriage on March 27, 2008, with friends and family in Walla Walla, Wash.

Ben Green married Naomi Craig on March 27, 1948, in Greenup, Ky. They had met three months earlier in Columbus, Ohio. Ben and Naomi attended camp meeting later that summer in Ohio where Ben enjoyed services held by H.M.S. Richards Sr. and stood to his feet during an invitation

to commit his life to Jesus. Ben was baptized and later attended Emmanuel Missionary College and Andrews University. Following the seminary, Ben served as pastor for several churches in Illinois, California, and Washington and as a chaplain at the Great Lakes Naval Base.

Naomi was a musician and teacher. She also served as a church secretary, a receptionist, and a PBX operator for Pacific Press.

They continued as an evangelistic team with crusades throughout the United States and Canada. The couple retired from the Upper Columbia Conference.

The Greens make their home in Walla Walla. Ben is an avid gardener, and they enjoy playing with their grandchildren.

The Green family includes Benita Wright (deceased); Bonnie Werth of Spokane, Wash.; Gina and Brock Mitchell of Walla Walla; Bobbi Lynn and Dave Miller of Redmond, Ore.; and 7 grandchildren.

Silvestri 50th

John and Anita Silvestri celebrated their 50th wedding anniversary with a trip to the Astoria/Seaside coast. The Seaside Church congratulated them and sang “Happy Anniversary” at their fellowship dinner. The following week their Hockinson Heights Sabbath School class, under the direction of Ken and Dotti Dunlap, gathered at a restaurant for a special dinner celebrating the Silvestri’s anniversary.

John B. Silvestri and Anita C. Anderson were married March 8, 1958, in College Place, Wash. John has enjoyed several careers, operated his own barber

shop, was a literature evangelist (publishing) leader, church growth leader for Amazing Facts conducting Sowing the Word Seminars across the country, and pastored and conducted Bible work for several churches. Anita has done executive secretarial, legal and treasurer work in various denominational offices and worked beside John in several church capacities.

The Silvestri family includes Richard "Rick" and Wendy Silvestri of Rocklin, Calif.; Gerald Silvestri who died in the line of duty (SBPD) in October 2000; and 6 grandchildren.

Sproed 50th

Robert and Sylvia Sproed celebrated their 50th wedding anniversary June 14, 2008, in Lincoln City, Ore., with a

fellowship dinner with their church family.

Robert P. Sproed and Sylvia Jo Landreth were married June 15, 1958, at the Green Lake Church in Seattle, Wash. Robert and Sylvia met in 1955 at Walla Walla College. Robert was a family practice physician in Portland, Ore., until moving to Lincoln City in 1970 where he shared a practice with Robert Kaye. Sylvia was a medical technologist and mother. In 1980 she earned her masters in counseling. They are both retired and enjoy participating in Maranatha projects and spending time with their family.

The Sproed family includes Denise Sproed Merritt of Dayton, Ore.; Devin and Jessica Sproed of Salem, Ore.; Danielle and Cam Stewart of Walla Walla, Wash.; and 9 grandchildren.

CHAMBERS-HOOVER—Laura Chambers and Loren Hoover were married July 12, 2008, in Monmouth, Ore. They are making their home in Portland, Ore. Laura is the daughter of Harry and Roberta "Bobbie" (Bindernagel) Chambers. Loren is the son of Ed and Sandy (Arct) Hoover.

COLE-GABRIEL—Clair Cole and Hailu Gabriel were married April 6, 2008, in Walla Walla, Wash. They are making their home in Spokane, Wash. Clair is the daughter of Clay and Adrienne Cole. Hailu is the son of Sablou Gabriel.

HELLMAN-HARRISON-PETERSEN—Wanda Hellman-Harrison and Clyde Petersen were married Feb. 24, 2008, in Monitor, Ore. They are making their home in College Place, Wash. Wanda is the daughter of Chuck and Nina Hellman. Clyde is the son of Christian and Mae (LaFaye) Petersen.

MELLEN-ALEXANDER—Claudia (Williams) Mellen and Tex Alexander were married June 22, 2008, in Spokane, Wash., where they are making their home. Claudia is the daughter of Clifford and June

(Burnside) Williams. Tex is the son of Harold and Nellie (Hughes) Alexander.

MUNDY-DOHERTY—Courtney Mundy and Stephen Doherty were married June 20, 2008, at Sunset Lake, Wash. They are making their home in College Place, Wash. Courtney is the daughter of Don and Kathy Mundy. Stephen is the son of Greg E. and Deborah Kay (Olsen) Doherty.

SMITH-BROOKS—Kristin Smith and Greg Brooks were married May 25, 2008, in Colton, Ore. They are making their home in Walla Walla, Wash. Kristin is the daughter of Kenneth Smith and Helen (Hall) Smith. Greg is the son of Gary and Carolyn (Iversen) Brooks.

TROWBRIDGE-INGERSOLL—Samantha Trowbridge and Nathaniel Ingersoll were married May 18, 2008, in Sequim, Wash. They are making their home in Port Angeles, Wash. Samantha is the daughter of Daryl and Elizabeth R. Trowbridge. Nathaniel is the son of Anthony and Cynthia B. Ingersoll.

ALBERTSEN—Arleigh Rei was born April 4, 2008, to Kenneth and Amy (Kolkmann) Albertsen, Palmer, Alaska.

BANEK-RIVERA—Nattalia Esther was born Feb. 18, 2008, to Mario and Claudia (Rivera) Banek, Beaverton, Ore.

DOWNES—Micah Wendell was born April 15, 2008, to Jeffrey and Alisha (Tsuchiya) Downes, Wasilla, Alaska.

EVERT—Genesis Christine was born April 18, 2008, to Anthony and Silvia (Williams) Evert, Inchelium, Wash.

HEIN—Quentin Dean was born April 29, 2008, to Matthew and Nicole (Catt) Hein, McMinnville, Ore.

PETERSON—Elsa Jane was born May 11, 2008, to Jack and Anita (David) Peterson, Vancouver, Wash.

RANSONET—Asher Benjamin was born June 13, 2008, to Benjamin and Alexa (Upp) Ransonet, Camas, Wash.

TEAGUE—Arielle Alexis was born April 29, 2008, to Derrick and Rochelle (Kruger) Teague, Mt. Angel, Ore.



Family
A T R E S T

BILBRO—Shirley B. (Johnson), 77; born Sept. 27, 1930, Teton County, Mont.; died June 12, 2008, Billings, Mont. Surviving: husband, John W., Jordan, Mont.; son, Allen, Aurora, Colo.; daughters, Linda Heibert, Salem, Ore.; Eileen Peisert, Dayton, Ore.; brother, Boyd W., Billings; sister, Joyce B. Depner, Rice, Wash.; 7 grandchildren and 9 great-grandchildren.

CARLETON—David Allen, 74; born Dec. 8, 1933, Sterling, Colo.; died June 19, 2008, Portland, Ore. Surviving: wife, Marlene (Morsey), Tillamook, Ore.; sons, Jon A., Colo, Iowa; Timothy L., Anchorage, Alaska; Russell D., Nevada, Iowa; Steven E., Salem, Ore.; brother, Richard, Westcliffe, Colo.; 10 grandchildren and 7 great-grandchildren.

CLARIDGE—Rosa N., 85; born Dec. 26, 1922, Portland, Ore.; died April 19, 2008, Stayton, Ore. Surviving: daughters, Karen Van Santen, Salem, Ore.; Vicki Nelson, Pylypovychy, Ukraine; brother, Roy Andre, Newport, Ore.; and 4 grandchildren.

CLARK—Alberta E., 90; born July 21, 1917, Alberta, Canada; died April 27, 2008, Vale, Ore. Surviving: husband, Neal; sons, Wayne, Albany, Ore.; Ray, Haines, Ore.; daughters, Berneata Rarey, Grants Pass, Ore.; Bernadine Brower, Pendleton, Ore.; Sheryl Waymire, Vale; 24 grandchildren, 40 great-grandchildren and 2 great-great-grandchildren.

CLINE—Jean M., 87; born Sept. 15, 1918, Waverly, Ohio; died June 25, 2006, Springfield, Ore. Surviving: sons, Dean M., of New Mexico; Douglas K., Pilot Rock, Ore.; daughter, Terressa J. Hubbard, Springfield; sister, Edna Whitacre, Columbus, Ohio; and 10 grandchildren.

CLINE—Ruth Ellen (Joy), 84; born Dec. 15, 1923, Gate, Wash.; died May 4, 2008, Springfield, Ore. Surviving: sons, Dean M., of New Mexico; Douglas

K., Pilot Rock, Ore.; daughter, Terressa J. Hubbard, Springfield; brothers, Donald Joy, Gresham, Ore.; Harold Joy, Twin Falls, Idaho; and 10 grandchildren.

DANIELS—Daniel L., 88; born Sept. 12, 1919, Renton, Wash.; died May 7, 2008, Roseburg, Ore. Surviving: wife, Esther (Stephens); son, Doug, Roseburg; daughters, Diane Queen, Canyonville, Ore.; Paulette Jackson, Boise, Idaho; brother, David, of Florida; sister, Mary Ellen Baker, of Washington; 7 grandchildren, a step-grandchild, 3 great-grandchildren and 2 step-great-grandchildren.

DODGSON—Arthur David, 83; born Dec. 31, 1920, Vancouver, British Columbia, Canada; died July 1, 2004, Troutdale, Ore. Surviving: wife, Erna Aldiena (Vogt); sons, Wayne A., Blaine, Wash.; David A., Portland, Ore.; daughters, Sylvia Dodgson, of British Columbia, Canada; Jannice D. Hayes, Portland; brothers, Basil, Cranbrook, British Columbia, Canada; George, Delta, British Columbia, Canada; 10 grandchildren and 15 great-grandchildren.

DODGSON—Erna Aldiena (Vogt), 84; born Nov. 12, 1923, Langham, Saskatchewan, Canada; died June 10, 2008, Portland, Ore. Surviving: sons, Wayne A., Blaine, Wash.; David A., Portland; daughters, Sylvia Dodgson, Chilliwack, British Columbia, Canada; Jannice Hayes, Portland; sister, Mary Dodgson, White Rock, British Columbia, Canada; 10 grandchildren and 17 great-grandchildren.

ENGELHART—Alva A., 88; born May 7, 1919, Brainerd, Minn.; died April 9, 2008, Walla Walla, Wash. Surviving: wife, Irene (Seibold), Milton-Freewater, Ore.; son, James, Nampa, Idaho; daughter, Diane Cook, Milton-Freewater; brothers, Bernard, Walla Walla, Wash.; Ardell, Vancouver, Wash.; and 2 grandchildren.

FREUND—Warren J., 79; born May 28, 1928, McIntosh, S.D.; May 14, 2008, Coeur d'Alene, Idaho. Surviving: wife, Shirley (Narragon); sons, Dennis, Coeur d'Alene; Steven, Sheridan, Ore.; Michael, Vancouver, Wash.; 5 grandchildren and 3 great-grandchildren.

GRAVER—E. Lorraine (Van Horn), 88; born March 12, 1919, Davenport, Wash.; died July 17, 2007, Issaquah, Wash. Surviving: daughters, Alice Graver Donnett, Fall City, Wash.; Marge Graver Arnold (deceased); Pauline Sheriff, Seattle; sons, Charles M. Graver, Cle Elum, Wash.; Walter J. Graver (deceased); 10 grandchildren, 12 great-grandchildren and 2 great-great-grandchildren.

GREEN—Patricia A. (Rothrock), 41; born April 22, 1966, Walla Walla, Wash.; died March 30, 2008, Walla Walla. Surviving: parents, Berl and Donna (Bingman) Rothrock, Milton-Freewater, Ore.; and brothers Doug Rothrock and Greg Rothrock, both of Milton-Freewater.

GRIFFITH—Thelma C. (Brackenburg) Faith, 92; born Jan. 3, 1916, Nyssa, Ore.; died June 8, 2008, Selah, Wash. Surviving: sons, William E. Faith, Selah; Robert Faith, Phoenix, Ariz.; daughter, Eva Lee (Faith) Frieson, Carson City, Nev.; 4 grandchildren and 5 great-grandchildren.

HANAN—Lyle Dean, 80; born Feb. 22, 1928, Wenatchee, Wash.; died June 29, 2008, Enumclaw, Wash. Surviving: wife, Nancy (Rice); son, Jeffrey, Pasco, Wash.; daughter, Debra, North Bonneville, Wash.; brothers, Dale, Malaga, Wash.; Darrell, Milton-Freewater, Ore.; Lynn, Issaquah, Wash.; sister, Joyce Cassity, Marysville, Wash.; and 2 grandchildren.

HELMS—Kim Theresa, 51; born Sept. 22, 1956, Tacoma, Wash.; died May 26, 2008, Tacoma. Surviving: brothers,

Thomas, Fayetteville, N.C.; Joel, Providence, R.I.; and sister, Lynn Helms, of Rhode Island.

HOLMES—LeahRae (Schroeder), 69; born Jan. 21, 1939, Bellevue, Mich.; died July 9, 2008, Kennewick, Wash. Surviving: husband, Richard D., Walla Walla, Wash.; daughters, LaRee' Cardwell, Touchet, Wash.; Theresa Harmon, Pasco, Wash.; sister, Gay (Schroeder) Goers, Salmon, Idaho; and 4 grandchildren.

HOUP—Donald E., 87; born Oct. 13, 1920, Jarosa, Colo.; died Jan. 25, 2008, Wenatchee, Wash. Surviving: wife, Pat (Wolfe); daughters, Nancee Eichberger, St. Louis, Mo.; Katie Wheat, Oroville, Wash.; sister, Dorothy House, Puyallup, Wash.; 2 grandchildren and 2 great-grandchildren.

HOUSE—Sylvia A. (Stacey), 71; born April 1, 1936, Pendleton, Ore.; died Feb. 6, 2008, Portland, Ore. Surviving: husband, Marshall K.; sons, James D., Laurel, Md.; Joseph S., Vancouver, Wash.; daughters, Joann M. Nelson, Boise, Idaho; Jill K. Murphy, Gig Harbor, Wash.; Kristi A. Harmon, Vancouver; brother, Gary F. Stacey, Portland; and 5 grandchildren.

JACKSON—Ruth E. (Butterfield) White, 85; born Nov. 17, 1922, Chamberlain, S.D.; died April 27, 2008, Grants Pass, Ore. Surviving: son, John White, Rogue River, Ore.; brothers, Edward L. Butterfield, of Pennsylvania; Robert R. Butterfield, Fortuna, Calif.; Donald R. Butterfield, Medford, Ore.; sister, Laura Hoerster, Grants Pass, Ore.; and 2 grandchildren.

JENSEN—William "Bill" Emanuel, 85; born Nov. 6, 1922, La Center, Wash.; died June 19, 2008, Cheney, Wash. Surviving: wife, Gwendolyn R. (McEwen); son, William, Redlands, Calif.; daughters, Carolyn Bohlman and

Family
A T R E S T

Melinda Blake, both of Cheney; Diane Frost, Salinas, Calif.; Carmen Rima, Bullhead City, Ariz.; sister, Edna Craik, College Place, Wash.; 7 grandchildren and 6 great-grandchildren.

JOHNSON—Mary Myrtle (Pugsley), 87; born Dec. 25, 1920, Blackwell, Okla.; died April 1, 2008, Merlin, Ore. Surviving: sons, Gary Stegall, Moses Lake, Wash.; Chris Stegall and Mike Stegall, both of Erie, Colo.; Ed Stegall, Port Townsend, Wash.; daughter, Ann Pugsley, Bono, Ark.; brother, Ray Pugsley, Stockton, Calif.; sister, Anna Wilson, Merlin; 12 grandchildren and 4 great-grandchildren.

KRAUS—James Donald, 51; born June 26, 1956, Portland, Ore.; died June 17, 2008, Auburn, Wash. Surviving: wife, Kelly (Gasser); son, Robby, Auburn; daughter, Jaimie Kraus, Burlington, Wash.; mother, Frances, Portland; brothers, Richard and Thomas, both of Portland; and sister, Kathy Van Vactor, Portland.

MANN—Elsie (Leiter), 91; born Nov. 21, 1916, Portland, Ore.; died March 29, 2008, Battle Ground, Wash. Surviving: daughter, Vickie Rodriguez, Battle Ground; 3 grandchildren and a great-grandchild.

MOON—Larry L., 75; born Feb. 24, 1933, Cincinatti, Ohio; died July 1, 2008, Roseburg, Ore. Surviving: wife, Jacquiline (Smith), Sutherlin, Ore.; sons, Larry, Aqua Dulce, Calif.; Robert, Roseburg; Shane, Cottage Grove, Ore.; daughters, Brenda Flanders, Aqua Dulce; Shirley Barth, Oildale, Calif.; Amanda Scoggins, Roseburg; Sherry Moon, Houston, Texas; Melody Moon, Los Angeles; 24 grandchildren and 15 great-grandchildren.

NEWCOMB—Kathleen Mary (Blofeld), 93; born Dec. 19, 1914, Everett, Wash.; died June 28, 2008, Auburn, Wash.

Surviving: daughter, Keven Cauley, Salem, Ore.; 2 grandchildren and a great-grandchild.

OLSEN—E. Curtis, 77; born Nov. 8, 1930, Nevada, Iowa; March 31, 2008, Colville, Wash. Surviving: wife, Kathryn (Starlin); and sister, Alma Hein, Winchester, Ore.

PALMER—Erma M. (Canaday), 90; born Sept. 30, 1917, Crawford, Neb.; died June 20, 2008, The Dalles, Ore. Surviving: daughter, Margaret Gustafson, Pacific, Wash.; brother, Rolland Canaday, Milton-Freewater, Ore.; 3 grandchildren and 8 great-grandchildren.

PEARSON—Kenneth B., 91; born Nov. 24, 1916, College Place, Wash.; died June 16, 2008, Roseburg, Ore. Surviving: sons, Donald, Umpqua, Ore.; Jerry, Stanwood, Wash.; daughter, Melinda Strickland, Bellingham, Wash.; 5 grandchildren and 4 great-grandchildren.

RITTER—Vera Lois (Reeve), 80; born May 18, 1928, Chetopa, Kan.; died May 26, 2008, Boise, Idaho. Surviving: son, Karl R. Ritter, Durham, Maine; stepson, Thomas J. Ritter, Mansfield, Texas; daughters, Maryanda J. Tomaras, Highland, Utah; Jaunita W. Pitcher, Boise; Sharon K. Rogers, Phnom Penh, Cambodia; brothers, Ivan Reeve, Bluejay, Calif.; Leo Reeve, Fruitland, Idaho; Gaylord Reeve, Altoona, Kan.; Everett Reeve, of Kansas; sisters, Lola Ortiz, Meacham, Ore.; May Bible, Denver, Colo.; June Valdez, Florissant, Colo.; 12 grandchildren and 12 great-grandchildren.

RUSH—Ed A., 47; born Aug. 11, 1960, Barstow, Ohio; died May 2, 2008, Medford, Ore. Surviving: wife, Kathy (Freeman); daughter, Brandy Brown, Klamath Falls, Ore.; father, Edward, Klamath Falls; brother, Robbie, Klamath Falls; and sister, Sherry Gunter, Shady Cove, Ore.

SCHLADERMAN—Frederick

“Rick” B., 56; born Nov. 14, 1951, Hollywood, Calif.; died May 26, 2008, Redmond, Wash. Surviving: parents, Arthur L. and Donna L. Schladerman, Kirkland, Wash.; Elaine Whittenborn, Upland, Calif.; sister, Robyn Carter, Upland; and stepsister, Pamela Shineman, Sammamish, Wash.

SCOTT—Margaret V. (Lalka), 86; born July 4, 1921, Seattle, Wash.; died May 7, 2008, Walla Walla, Wash. Surviving: son, David, Walla Walla; daughters, Wanita Jacobs, Lawrence, Ga.; Elaine Landing, Hurst, Texas; brother, Paul Lalka, Spokane, Wash.; sister, Ann Leake, Seattle; 17 grandchildren, 2 step-grandchildren and 22 great-grandchildren.

STRONG—Sandra Jean (Strong) Correia, 65; born March 30, 1943, San Diego, Calif.; died July 1, 2008, Auburn, Wash. Surviving: daughters, Tonia Correia and Crystal (Correia) Arnold, both of Auburn; father, Ed Stone, Auburn; and a grandchild.

WAGNER—Douglas “Dub,” 59; born March 5, 1949, Spokane, Wash.; died June 21, 2008, Mission, Ore. Surviving: wife, Beryl (Spalinger); son, Justin, Athena, Ore.; daughter, Elizabeth Wagner, Mission; father, Donald, Pendleton, Ore.; brothers, Joe, Belgrade, Mont.; Jon, Spokane; Chris, Las Vegas, Nev.; and sister, Susan Esselslyn, Pendleton.

WALKER—Frederick E., 70; born May 18, 1937, Glendale, Calif.; died Dec. 5, 2007, Boise, Idaho. Surviving: wife, Charlene (Blakely), Parma, Idaho; son, James, Advance, N.C.; daughter, Jodi Lopez, Caldwell, Idaho; brothers, Robert, of Montana; William, of Washington; and 2 grandchildren.

WARD—Lora F. (Monroe), 84; born Oct. 6, 1923, Vancouver, Wash.; died May 24, 2008, Walla Walla, Wash. Surviving: sons, Richard Wallingford, Walla Walla; Morris Sandberg, College

Place, Wash.; daughters, Sandy Buckley, Walla Walla; Lynn Thomas, College Place; brother, Russ Monroe, Sacramento, Calif.; sisters, Louise Putnam, Oceano, Calif.; Judy Wilcox, Nipomo, Calif.; Shirley Hale, Walla Walla; 8 grandchildren, 10 great-grandchildren and 10 great-great-grandchildren.

WEISE—Evelyn R. (Morhardt) Hartfield, 84; born March 28, 1924, Tacoma, Wash.; died June 9, 2008, Yakima, Wash. Surviving: stepsons, William D. Weise, Oregon City, Ore.; John R. Weise, Ware, Mass.; stepdaughter, Lora Fies, Sammamish, Wash.; and 11 step-grandchildren.

WYSONG—Sarah E. (Cone), 82; born Oct. 14, 1925, Brooks County, Ga.; died May 23, 2008, Brewster, Wash. Surviving: sons, Allen Sinclair, Mt. Jackson, Va.; Steve Sinclair, Charlotte, N.C.; stepson, Dennis Wysong, Oceanside, Calif.; daughter, Karla Mobley, Chattanooga, Tenn.; stepdaughter, Carol Hardin, Brewster; sister, Edna Sinclair, Chattanooga; 5 grandchildren, 7 step-grandchildren, 5 great-grandchildren and 3 step-great-grandchildren.

WYSONG—Wilmer C., 85; born Nov. 15, 1922, Joseph, Ore.; died May 15, 2008, Brewster, Wash. Surviving: wife, Sarah (Cone); son, Dennis, Oceanside, Calif.; stepsons, Allen Sinclair, Mt. Jackson, Va.; Steve Sinclair, Charlotte, N.C.; daughter, Carol Hardin, Brewster, Wash.; stepdaughter, Karla Mobley, Chattanooga, Tenn.; brother, Don, Battle Ground, Wash.; half brother, Lyle Makin, Scappoose, Ore.; sister, Faye Moreau, Sutherlin, Ore.; 7 grandchildren, 5 step-grandchildren, 3 great-grandchildren and 5 step-great-grandchildren.



ANNOUNCEMENTS

NORTH PACIFIC UNION

Offerings

Sept. 6—Local Church Budget; **Sept. 13**—World Budget: Fall Mission Appeal; **Sept. 20**—Local Church Budget; **Sept. 27**—Local Conference Advance.

Special Days

Curriculum Focus for the Month—Family Life+

Sept. 6—Men’s Day of Prayer; **Sept. 7–13**—Nurture Periodicals (*Adventist Review, Insight, Guide, Primary Treasure, Little Friend*); **Sept. 14–20**—Family Togetherness Week; **Sept. 21–27**—Hispanic Heritage Week.

+Curriculum resource materials are published in NAD church resource journals—*Sabbath School Leadership, Celebración, Célébration, Kids’ Ministry Ideas*, and *Cornerstone Youth Resource Journal*.

WALLA WALLA UNIVERSITY

Sept. 21—Students moving into the WWU residence halls will find several faculty and staff members ready to help them unload vehicles and stock dorm rooms. **Sept. 21–27**—New students at WWU are invited to participate in getting a jumpstart on their experience at the university. For more information, call (800) 541-8900.

OREGON

Adventist Single Adult Ministries

Sept. 12–14—Sponsored by the Beaverton Adventist Singles. Silver Falls Christian Renewal Center Retreat. www.christianrenewalcenter.org. Registration starts at 5 p.m. Supper is at 6:30–7 p.m. The first seminar will feature Douglas R. Clark, Ph.D., a professor in the School of Religion at La Sierra University. He will talk about the Madaba Plains Project—Jordanian site of Tall al-Umayri. Title of seminar is “Something Old, Something New: The Latest

in Biblical Archeology!” Dress for hiking on trails (Trail of Ten Falls) and bring your Bible, bedding and favorite table games. Help us celebrate Sabbath with your musical instruments. Space is limited. For information and prices, call: Charlotte at (503) 579-9549 or Tom Terry (503) 684-7971. Maps and directions: www.beavertonsda.com. Then go to ASAM Singles Web page. Send registration to: Charlotte Miles, 9417 S.W. Manchester Place, Beaverton, OR 97007. Your check is your reservation! Save these dates: **Oct. 5**—Swim Party; **Oct. 18**—Raptors of Oregon (Day trip).

SAGE

Sept. 14—Corn feed and program at the Gladstone dining room. For more information, contact Wynn: (503) 343-9548.

Laurelwood Adventist Academy Alumni Weekend

Oct. 4—It will be held on the Gaston campus. Come enjoy Sabbath School, church and a potluck. Visit with old and new friends and learn the history of the place you called home for your schooling years. LAA invites all alumni, former students and faculty, parents and friends. A special invitation to the classes ending in “8.” For more information, contact: Penny Messenger, (503) 647-5868, Penny-Gil@AutoBodyBeautiful.com.

Concert Featuring Adrian Westney with Carl Parker and Friends

Oct. 11—Musical arranger, composer, performer and producer Adrian Westney Jr. will be in concert, 5 p.m. at Sunnyside Church, 10501 S.E. Market St., Portland, Ore.

“Music Production 101”

Oct. 12—Adrian Westney Jr. to hold music seminar. The seminar discusses making music for release in today’s media formats. Valuable information for independent artists who are interested in making their first recording or who have released one recording, and artists who want to produce

on a small budget. Sunday, Oct. 12, from 1:30 p.m.–4:30 p.m. at the Community Learning Center, 4212 N.E. Prescott, Portland, Ore. Event sponsored by People to People Ministries. For more information, contact Carl Parker at (503) 281-8596.

UPPER COLUMBIA

Cross-Cultural Training

Sept. 7–18—Spokane Central Church will host intensive cross-cultural training for church leaders and members engaged in outreach ministries. Presenters will be: John Kent, director training/church planting consultant for Adventist Frontier Missions; and Dale Goodson, associate trainer/church planting consultant for AFM. Sessions are from 6:30–9 p.m. during the week with some weekend field work. This is an opportunity to explore ways of communicating Christ in different cultural settings and world views, even within our communities. Contact Spokane Central for information and registration at (509) 328-5900 or office@spokanecentralsda.org. Training will be at Spokane Central, 828 W. Spofford Ave.

Native-American Training

Sept. 8–12—Spokane Central Church is hosting an intensive training for ministry among Native-Americans. Presenters include: John Kent, director training/church planting consultant for Adventist Frontier Missions; Dale Goodson, associate trainer/church planting consultant for AFM; and Monte Church, director for Native-American Ministries for Canada and NPUC. Sessions are daily from 9 a.m.–4 p.m. Some housing is available. Contact Spokane Central for information and registration at (509) 328-5900 or office@spokanecentralsda.org. Training will be at Spokane Central, 828 W. Spofford Ave.

Walla Walla Valley Academy Alumni Weekend

Oct. 4—Honor years: ‘98, ‘93, ‘88, ‘83, ‘78, ‘73, ‘68, ‘63 and

‘58. Come and catch up with friends from years past. All former students are invited to attend. We look forward to seeing you there. For more information, visit: www.wvva.org.

WASHINGTON

SAGE Convention Cancelled

SAGE Convention in Hope, British Columbia, Canada, scheduled for **Sept. 3–7** has been cancelled. Be looking for an upcoming exciting announcement for what SAGE has to take its place in the future. Call (253) 681-6018, e-mail joan.libby@wc.npuc.org, on the Web www.washingtonconference.org. 32229 Weyerhaeuser Way South, Federal Way, WA 98001.

Sky Valley Reunion

Sept. 13—Come and join us for Sky Valley Adventist School and Monroe Union School reunion at Sky Valley Adventist School, 200 Academy Way, Monroe, Wash. 98272. Sabbath School and church with potluck following. Bring photos with you. Questions? Contact Steve Gohl: (360) 794-6061; e-mail SWGohl@aol.com.

Kent Church Benefit Auction

Oct. 19—The second annual Kent Church benefit auction will be Sunday, Oct. 19. The silent auction begins at 4 p.m. in the fellowship hall, followed with dinner and a live auction. Proceeds benefit the church building renovation project. To donate items or purchase tickets, contact Sally Herigstad at (253) 631-5938, or e-mail sally@herigstad.com. For more information, visit kentsda.org. Church is at 25213 116th Ave. S.E., Kent, Wash. 98030.



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HealthyChoices

with *Dr. Don Hall*



Exercise Boosts Metabolism for Weight Control

Regular physical activity is important for overall health and fitness. It also helps control body weight by increasing the calories you expend each day in two ways:

1. As you exercise you burn four to 10 times as many calories per minute as when watching TV or working on the computer. For instance: Walking 4 mph burns five times the calories per minute as sitting; biking burns seven times the calories; and jogging burns at least 10 times the calories as sitting.
2. Exercise also builds muscle which results in burning more calories all day long, even at rest. For weight loss, aim for 30 to 60 minutes of physical activity daily. Find how much energy you expend doing your favorite physical activities at: www.wellsource.org/met.pdf.

Risks of Sedentary TV or Computer Use

A new study gives evidence that sedentary time, involving prolonged sitting and absence of whole-body movement, is an independent risk factor for health problems, including increased abdominal fat, blood sugar levels and blood pressure. Even though all of the people in the study were physically active for at least 30 minutes a day, long periods of inactivity still resulted in poorer health and increased risk for serious health problems. Excess TV viewing or computer use can replace healthier activities such as household chores, gardening or playing with the kids. If you just have to watch a lengthy movie or football game, bring your stationary bicycle to the TV, or a treadmill, and put in some active miles while watching. The goal is to avoid long periods of sitting, which is a health hazard. Read more at: www.wellsource.org/hc/recreation.pdf.

Five Ways to Live Healthier, Longer

When looking at the lifestyles of healthy men who reached 90 years or older, researchers found five predictors of a long, healthy life. They are, in order of importance:

1. Don't smoke.
2. Maintain a healthy blood sugar level.
3. Maintain a healthy weight.
4. Get regular exercise.
5. Maintain a healthy blood pressure.

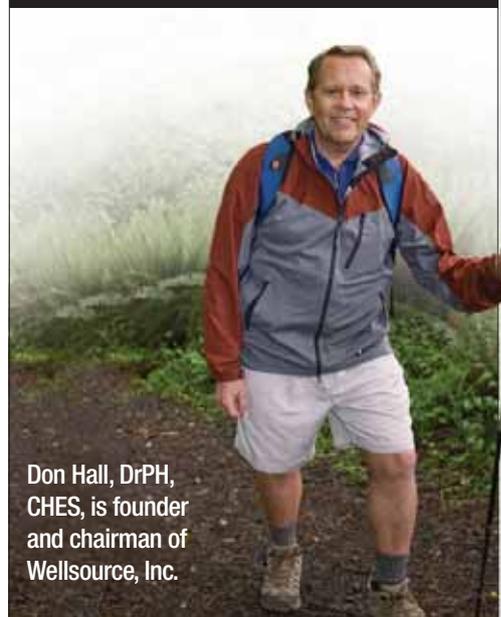
Calories Burned Compared to Sitting



Ask the Wellness Doctor:

Q: I want to start walking for fitness, but I don't know where to start. Can you help me?

A: Walking is the most popular form of exercise for most people. It's easy, gentle on the body, doesn't require special skills and provides excellent health benefits when done regularly and briskly. Read the entire answer from Dr. Don Hall at: www.wellsource.org/ask/walk.pdf.



Don Hall, DrPH, CHES, is founder and chairman of Wellsource, Inc.

Questions? Ask PJ

How Can I Avoid Temptation?

That question plagues each of us every single day. The Lord's Prayer comes to mind where Jesus says, "Lead me not into temptation" (Matt. 6:13). The simple everyday answer to this question is to follow Jesus and allow Him to lead our lives.

In his book, *Tales of the Tardy Oxcart*, Chuck Swindoll tells a story about a man who visited his attorney friend at the Federal Reserve Bank. He noticed lots of people counting stacks of paper money and asked his friend if any of the workers were ever tempted to steal some of the money. The attorney answered, "They're fine as long as they think they're only counting slips of paper. Once they realize they're handling \$100 bills, then we start having problems!"

When we think that we can hang around sin and be OK, that's when we get into trouble. However, the Bible gives us this promise in 1 Corinthians 10:13: "No temptation has seized you except what is common to man.

And God is faithful; He will not let you be tempted beyond what you can bear. But when you are tempted, He will also provide you a way of escape, so you can stand up under it."

Staying close and connected to Jesus is the best way to avoid falling into temptation. May God reach out and be close to you on your journey. As always, I'm praying for you. And remember, Keep looking up! •

P.J. Deming, Milo Academy youth pastor/chaplain



ANNOUNCEMENTS

Missing Members

The Washington Conference Church is seeking contact information on the following missing members; Dan Deakins, Marlene Deakins, Tobey Decker, Francisco Delarosa, Juan P. Delgado and Pabb Delgado. If you have information on these members, please contact Janeth Carnduff at (253) 681-6008.

WORLD CHURCH

Sligo Church Centennial

Sept. 12-14—Sligo Church invites you to celebrate 100 years of God's sovereignty over our ministry. We hope to see you! Information: (301) 270-6777 and visit www.sligochurch.org. Sligo Church, 7700 Carroll Ave., Takoma Park, MD 20912.

Whitecoats Veterans Reunion

Sept. 19-21—Whitecoats Veterans Reunion will be held at the Frederick Church Sept. 19-21. All 2,300 veterans welcome to attend this spiritual, social, educational reunion with tours of Fort Detrick and Mt.

Aetna Nature Center. Bring memorabilia for display. Contact Frank Damazo, 700 Montclair Ave., Frederick, MD 21701; (301) 662-4502; fax (301) 695-3139; or e-mail thedamazos@aol.com.

Andrews Academy Homecoming Weekend

Oct. 17-19—All alumni of Emmanuel Missionary College Academy, Andrews University Academy, and Andrews Academy, plan now to join us for special services on Friday evening and all day Sabbath. Honor classes are 1939, '44, '49, '54, '59, '64, '69, '74, '79, '84, '89, '94, '99, and 2004. For more details, contact the Academy Alumni office at (269) 471-6140, or e-mail acadalum@andrews.edu.

Lynwood Academy 50th Class Reunion

Nov. 18—Join us for Lynwood Academy's 50th class reunion on Sunday from 1-6 p.m. at Bill and Joyce Leal's home. For more information, go to www.lynwoodacademy.org.

View upcoming events online in the *Events Calendar* below *World Church News* at:



www.GleanerOnline.org

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ping/activities; 3ABN, Hope TV. **VACATIONERS**—Fully furnished 2-bedroom apartments, \$45 or \$75/night (minimum stay three nights) \$300 or \$400/week. Contact: 800-729-8017; 407-862-2646 ext. 24; www.florida livingretirement.com; or e-mail JackieFLRC@aol.com.

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September 26-27, 2008

The WORLD THROUGH SON-GLASSES

John Baldwin, Ph.D
Adventist Theological Seminary

Friday-7:00 pm
Revelation 14:7 - A Faithful God Gives Back the Earth Her Story

Sabbath-9:30 am
The God of Blue, Red and Purple

Sabbath-10:50 am
Calvary and the Geologic Column: The Rainbow Connection

Sabbath-2:30 pm
The Yellowstone Fossil Forest Challenge and God's Providential Leading

Sabbath-3:45 pm
Genesis 1 and 2 - Two Contradictory Creation Accounts?

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Payment—Payment is due upon receipt of invoice. Payment must be received before the ad is published. VISA and Mastercard accepted. Always give complete contact information (including daytime phone) to facilitate the billing process.

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Every space between characters marks the beginning of a new word. Count each unit of a date as one word unless it appears as xx/xx/xxxx, which counts as one word. The editors reserve the right to edit ads for length and to conform to GLEANER style and policy.

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Advertisers—For advertisers who are church members in North Pacific Union Conference: \$25 for 30 words or less; \$.75 for each additional word.

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Reserving Space—Display ad space should be reserved on or before the published deadline at least a month before the publication date. For large ads, call the GLEANER advertising manager regarding space availability at (360) 857-7043. Go to www.gleaneronline.org for ad policies, specifications, rates and deadlines or request the information from the advertising manager.

Submitting Materials—Submit an ad as a high-res, grayscale or RGB, Adobe Acrobat PDF file with the fonts embedded. May be e-mailed to gleaner@nw.npuc.org, placed on the FTP site, or submitted on a CD. Ad files should arrive on or before the published deadline.

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September (DST)	5	12	19	26
ALASKA CONFERENCE				
Anchorage	8:51	8:29	8:07	7:45
Fairbanks	8:52	8:26	8:00	7:35
Juneau	7:44	7:24	7:04	6:44
Ketchikan	7:28	7:10	6:51	6:33
IDAHO CONFERENCE				
Boise	8:12	8:00	7:47	7:34
La Grande	7:21	7:08	6:55	6:41
Pocatello	7:56	7:44	7:32	7:19
MONTANA CONFERENCE				
Billings	7:44	7:30	7:16	7:03
Havre	7:51	7:37	7:22	7:07
Helena	7:58	7:45	7:31	7:17
Miles City	7:33	7:20	7:06	6:52
Missoula	8:07	7:53	7:39	7:25
OREGON CONFERENCE				
Coos Bay	7:44	7:31	7:19	7:06
Medford	7:38	7:25	7:13	7:01
Portland	7:40	7:26	7:13	6:59
UCC CONFERENCE				
Pendleton	7:24	7:11	6:57	6:44
Spokane	7:21	7:07	6:52	6:38
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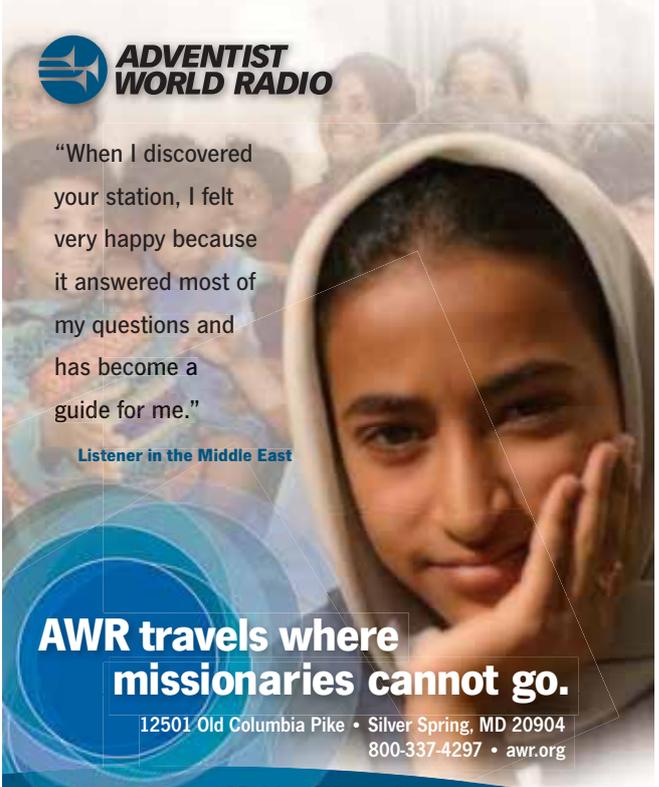
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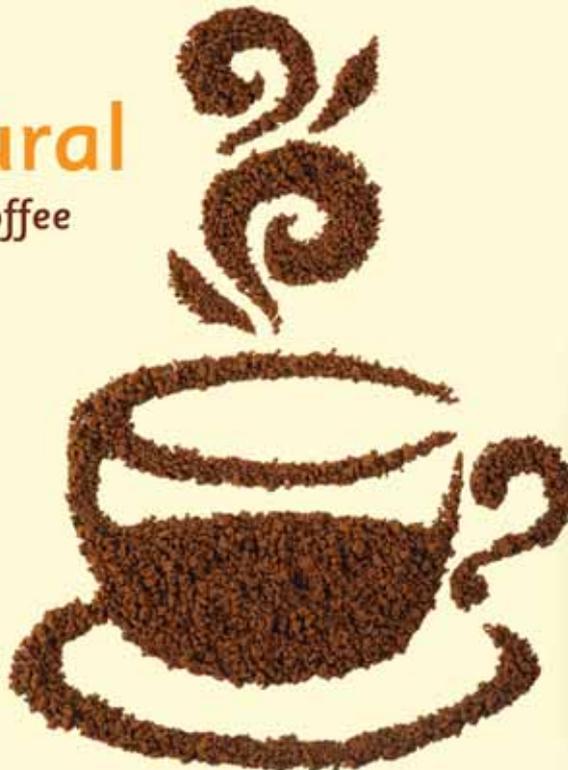
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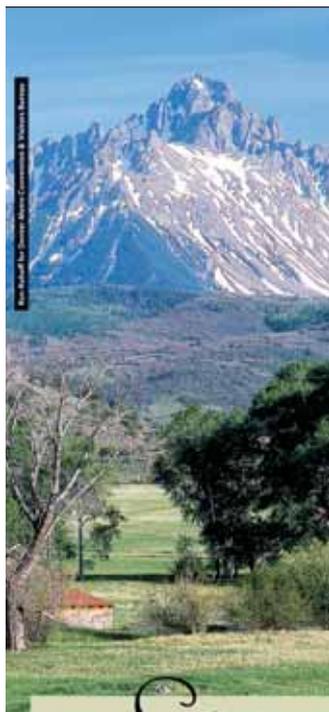
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Beyond Political Overload



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In the matter of eating, my wife and I are true opposites. For her, it’s the means to an end—fill the empty space and move on. A quick snack, and she’s back into action. She can scarf down an entire meal while I’m buttering toast.

I assure you that my dear life partner is no ravenous lumberjack of a woman. She is petite, but quick; short, but swift. She does not linger over subtle nuances while a task is at hand. She would have been part of Gideon’s army.

But consider her husband who savors food slowly and thoughtfully. Add some good conversation or a fine book, and mealtime is a mini-vacation.

Under a pressing deadline mealtime isn’t so desirable. Force me to eat or drink at a frantic pace, and you have described overload.

A Cacophony of Voices

It’s sort of like the final few weeks of this election year. A cacophony of voices will crescendo from now until November with competing messages on what and who is right or wrong. It’s like trying to drink from a fire hose, or being force-fed a meal with no time to appreciate the ingredients.

This political smorgasbord has nearly persuaded me to get up and leave the table for some peace. But, instead, I’m increasingly intrigued with this opportunity to exercise choice. A vote is a choice. And when we avoid choices like this, we lose something that seldom returns. When we choose passivity over action or turn away from an opportunity to make a difference, we break a critical synapse that may never fire again.

Some Personal Choices

Truly the opportunity to vote carries far beyond this year’s election. It’s a chance to ponder other personal choices that we have deferred. What if we personally VOTED for the following?

- Moving beyond destructive habits to a life of health and vitality.
- Prioritizing our personal and church budgets to spend less on ourselves and more on others, less on in-reach and more on outreach.
- Getting to really know our neighbors and love them as ourselves.
- Praying rather than complaining.
- Learning the names of the youth in our church and giving them personalized encouragement.
- Spending an hour a week with an elderly person in our community or church.
- Simplifying our lifestyles so that we have time and money for things of eternal value.

A vote is a decision that moves from intention to action—one step that sets a direction for the journey.

How does this all relate to the political season? I echo Gandhi’s famous quote: “Be the change you wish to see in the world.” Rather than cursing the darkness, we can choose to shine a light.

Whatever your plans may be during this political season, make your first vote a personal one. •



Steve Vistaunet, NPUC assistant to the president for communication

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