

The Indicator.

"ARISE, SHINE; FOR THY LIGHT IS COME, AND THE GLORY OF THE LORD IS RISEN UPON THEE."

VOL. III.

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THE INDICATOR

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Officers of the New York Tract Society,
S. H. LANE, President.
A. E. PLACE, Vice-President.
E. N. WASHBOND, Secretary and Treasurer.
J. R. CALKINS, State Canvassing Agent.

THE BLUES.

THIS most loathsome and dreaded disease is the oldest and most destructive of any malady known. There is no part of the globe where its ravages have not been felt. It originated with Adam in the garden of Eden when he learned that Eve had eaten of the forbidden fruit. From that day to this, volumes of untold misery and wretchedness have been the result of this contagious disease. Thousands have been swept away by it in a single day. I will mention a case where over 600,000 were destroyed. They were in a wilderness going from one country to another, and they sent twelve men ahead to spy out the land. While there, ten of them got the blues. Within a few minutes after their return to the camp, the whole company caught it. So terrible were their sufferings that "all the congregation lifted up their voices and cried; and the people wept that night." The ten died within a few hours. The rest apparently recovered; but this disease is more tenacious than asthma (nothing but the power of God can cure it), and it was still in their systems. On its breaking out again, sanitary measures were

immediately administered to prevent its further spread. The three worst cases were buried alive "and all that appertained to them." Two hundred and fifty were burnt with fire. The next day one went in among them and disinfected the rest of the company, "and the plague was stayed." Now they that died in the plague were 14,700, besides the two hundred and fifty-three already mentioned. Again and again it broke out, until the carcasses of every one that had the blues were strewn in the wilderness. "Now all these things happened unto them for ensamples; and they are written for our admonition, upon whom the ends of the world are come. Wherefore let him that thinketh he standeth take heed lest he fall," and don't catch the blues.

SYMPTOMS.—General debility; confusion of thought; loss of memory; inclination to exaggerate in telling difficulties; irritability; great nervousness; fidgetiness; melancholy; tendency to insanity; blurring of vision; unnatural drowsiness; languor in the morning; pain in the head; soreness in the heart; all-gone feeling; eyes downcast; tongue coated (with distressing words); lack of energy; homesickness, thinking you are having the worst time in the world, and everybody else is having a better time; remembering all the good things you used to have, and comparing them with all the bad things you now have.

CAUSES.—There are various causes to which the blues are attributed; such as loss of friends, loss of property, sickness, heavy indebtedness, "bad luck" in some way, disappointments, trying to cross a bridge before you come to it, etc.; but the underlying cause is very little known. It is lack of faith in God.

TREATMENT.—"Take unto you the whole armor of God, that ye may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having your loins girt about

with truth, and having on the breastplate of righteousness, and your feet shod with the preparation of the gospel of peace. Above all taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. And take the helmet of salvation, and the sword of the Spirit, which is the Word of God. Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints." Another remedy: "Take, my brethren, the prophets, who have spoken in the name of the Lord, for an example of suffering affliction, and of patience. Behold, we count them happy which endure." "Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls."

To EASE THE PAIN.—"Sing unto the Lord a new song." Space forbids anything further on this subject. "Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things."—*C. F. Dart, in the Southern Review.*

Field Reports.

ROME.

AFTER I closed my meetings at Colden, I came to Rome direct. The last five days I was at Colden I was really unfit for labor, but felt that the interest demanded it and so continued, and the Lord sustained me to the close. Since coming home I have been gaining quite encouragingly. I have spoken to the church here three times. Last night (Sunday) we had a fair attendance considering the weather.

I have just received a telegram that Sister Carrie Pierce, one of our faithful canvassers in Syracuse, is dead, and for me to come to-morrow morning. From there I expect to go to Cleveland, Roosevelt, and Fulton. Those writing me will please notice that my address has been changed to 326 Mohawk St., Rome, N. Y.

I expect now to meet with the Roosevelt church Sabbath and Sunday, Dec. 16, 17, and will remain and hold meetings during a part or the whole of the week following if it shall be

deemed advisable. I hope to see a good attendance at the meeting Sabbath if at all consistent.

A. E. PLACE.

—Conference cash received Nov. 28 to Dec. 9: Roosevelt, \$3.60; Buffalo, \$42.39; South Russell, \$6.23; scattered brethren, \$57.26.

PLEDGES TO SOUTH LANCASTER ACADEMY.

Last year and this one, pledges were made at the camp-meetings for the South Lancaster Academy to be paid on or before Jan. 1, 1894. Quite a share of these pledges have been paid, yet quite an amount has not been paid. We write this to tell those that have not paid their pledges that it is very desirable that these pledges should be paid by January first. The Academy needs the funds as it is paying interest on quite a large debt. Will those that have pledged and not paid, please do so as soon as possible. Send the money to the New York Tract Society, 317 West Bloomfield St., Rome, New York.

S. H. LANE.

SOUTH RUSSELL.

Last Sabbath I spent with the South Russell church, the day was a beautiful one; had there not been a funeral in the neighborhood, the attendance would have been complete, but as it was, some went to the funeral, as the deceased was an old school-mate of some of the brethren and sisters. The sermon was appreciated, and the social meeting was a good one; nearly everyone, except children, took part in it.

The new church building is nearly ready for the painter's brush and the plasterer's trowel. It is as nice a church building as one often sees in the country. It will be, when fully completed, an ornament to the neighborhood.

I expect to spend next Sabbath and Sunday with the Bucks Bridge church.

S. H. LANE.

DEAR INDICATOR: The three ministers in West Winfield recognized "Bible Readings" as containing Sabbath doctrine, etc. One gave a recommend. I am glad to have a part in placing substantial truths in so many homes.

FRED McALISTER.

The Canvassing Work.

Report for the Week Ending Dec. 8.

Place.	Agent.	Hours.	Days.	Orders.	Value.	Miscel.	Delivered.	Value.
Bible Readings.								
Cortland,	W. A. Wilcox	21	4	8	\$18.50	\$5.78		
West Winfield,	Fred McAlister	25	4	8	20.75	.50		
Sterling,	N. S. Washbond			2	4.50	2.25	30	\$67.50
Castile,	O. G. Parmele	8	2	2	4.50			
Smithville,	H. B. Damon	27	5	5	10.50	14.75		
Cortland,	C. S. Coon	21	3	7	16.50	8.45		
"	Mrs. C. S. Coon	21	3	2	4.00	8.00		
W. Bloomfield,	Perry Tufts	35	5	8	18.50	4.50		
Tioga,	J. S. Fritts						94	220.75
Newburgh,	A. F. VanDuzer			2	5.00			
West Seneca,	Geo. Lesch	6	2	5	15.50	.60		
Potsdam,	Seth Eells	13	2	4	10.00			
Rome,	G. Russell Israel	12	2			3.75		
Clarence,	O. E. Tuttle	14	7	18	14.50	9.00		
Binghamton,	C. W. Hardesty	1	1	1	4.25	3.00	1	4.25
Allegany,	N. W. Irish	15	2	8	21.25	1.50		
Patriachs and Prophets.								
Binghamton,	J. Deeley	12	7	6	16.75	4.50	9	26.50
Great Controversy.								
Springville,	Clara B. Rider	31	5	3	6.75	.25		
					Miscellaneous sales,		64.83	
Totals, 18 Canvassers		262	54	89	\$283.58	\$34.83	134	\$319.00

WEEK OF PRAYER APPOINTMENTS FOR OUR CHURCHES.

WE would be glad if we were able to supply all of our churches with ministerial aid during the week of prayer, but this is impossible from the fact that our churches outnumber our ministers. We have arranged the work so as to save as much traveling expense as possible, and have appointed at places the farthest from the starting point of the minister, so that the last point will be nearest his starting point, and thus he will not have much expense to reach home or his field of labor, as their ministerial R. R. tickets expire the last day of the month, and if near his starting point, his full railroad fare will not be any great amount, and thus save expense to the conference.

We request each of the following named ministers to visit the churches immediately preceeding his name:—

Cortland, Dec. 23, 24; Locke, Dec. 26, 27, 28; Auburn, Dec. 30, 31; Eld. P. Z. Kinne. Syracuse, Dec. 22, 23, 24; Fulton, Dec. 26, 27, 28; Rome, Dec. 30, 31; Eld. A. E. Place. Jeddo, 22, 23, 24; Newfane, 30, 31; Eld. J. W. Raymond. Buffalo, Dec. 22, 23, 24; Steamburg, Dec. 30, 31; Eld. F. Peabody. Colden, Dec. 23, 24; Bro.

H. L. Bristol. Lancaster, Dec. 23, 24; West Valley, Dec. 30, 31; Bro. J. B. Stow. Jamestown, 22, 23, 24; Sinclairville, 30, 31; Bro. S. Thurston. Wellsville, 23, 24; Black Creek, 26, 27, 28; Olean, 29, 30, 31; Eld. D. A. Ball. Newburgh, 23, 24; Eld. H. G. Thurston. Keene, Dec. 23, 24; Bro. W. A. Westworth. West Bangor, 23, 24; Bucks Bridge, 30, 31; Eld. S. M. Cobb. West Pierpont, 23, 24; So. Russell, 30, 31; Eld. C. O. Taylor. Adams Center, 23, 24; Mannsville, 26, 27, 28; Pulaski, 30, 31; S. H. Lane. Roosevelt, 23, 24; Williamstown, 30, 31; Bro. J. R. Calkins.

We trust that there will be a general attendance at all these meetings, and that all will donate to our needy missions liberally. The cause of God needs our means, and we will have use but a little longer for the same. Shall we not all lift this time as never before? We would suggest that the churches who so desire, hold their quarterly meeting the last Sabbath of the year, we trust that those who donate to the missions, will not donate the tithe for the quarter, as the tithes belong to the State Conference to carry on the work in the State. Let what is donated to the missions be free-will offerings. May the Lord bless all our church members.

S. H. LANE.

FINE, NEW YORK.

SABBATH and Sunday, Dec. 2, 3, Eld. S. M. Cobb and I held meetings at the Lamphear school-house in the township of Fine, St. Lawrence Co. There are some four or five firm believers in the truth living there. They have been faithfully trying for several years to be faithful in the truth. They seldom listen to a discourse from one of our ministers.

When we reached the school-house on the Sabbath, we found fifteen awaiting our arrival. The discourse was much appreciated, and at its close we held a social meeting in which nearly all took part. There were several Methodists present. The testimonies they gave were good and right to the point.

Eld. Cobb spoke night after the Sabbath. I spoke Sabbath and First-day forenoons. The people appreciated the discourses as we dwelt on the message up to date. The friends donated toward the erection of the new meeting-house at South Russell the sum of \$8.75, which will be a great aid.

Thus the good work goes on, and to the Lord be the praise.

S. H. LANE.

— Any Seventh-day Adventist married brother wishing to work my farm on shares next season, everything found, may address N. S. Raymond, Wheeler, Steuben Co., N. Y.

— We have just received No. 16 of the Religious Liberty Library, entitled "Our Answer: Why do Seventh-day Adventists Suffer Imprisonment rather than Keep Sunday," by A. F. Ballenger. The title explains the nature and importance of the tract sufficiently. Price 1½ cents each.

— Now is the time to order your supply of Sabbath-school Lesson Pamphlets for next quarter. The lessons are on the book of Luke, and give an interesting outline of the life of Christ. Price 5 cents.

— Miss Millie Thompson called at this office last week. She has left Albany, where she has been canvassing, and has gone to her home in Michigan for a short rest.

— Last week while Brother H. Dana was working on the new church at So. Russell, a scaffold which he was removing fell with him, bruising and spraining his wrist and arm badly. We expect and trust that he will soon recover.

— We sold 700 pounds of Health Foods last month. This shows that several families in this State appreciate a good healthful diet. Notice the advertisement in another column.

— Read and circulate "Rome's Challenge."

— **BOOKS FOR CHRISTMAS.** We give here a list of books for children, with prices; they are the best that can be found, and none need fear to leave their children in such company. The Bible Story, 587 pages, \$2.50; Story of Jesus, 316 pp., \$1.00; Talks to Children by Eaton, \$1.25; Stories of Bible Children, 50 cents; When Jesus was here among Men, 50 cents; Story of the Bible, 700 pp., \$1.00; Children's Bible Hour, 212 pp., \$1.25.

Here is a list of books that anyone will appreciate: H. M. Stanley, John Williams, William Carey, John Wicliffe "the Morning Star of the Reformation," Bishop Patteson, David Livingstone, Christian Secret of a Happy Life. These will be sent postage paid to any address for 75 cents each.

Sanitarium HEALTH FOODS

Are wholesome, healthful, and very nutritious. They contain no lard, ammonia, or other unwholesome substance, but are made from the best of material. They are thoroughly baked, and no time or attention is spared to adapt them to the cases of all, the invalid and dyspeptic as well as persons in health. We have circulars describing all the foods, telling of what they are composed, and the cases for which each food is best adapted. This will be sent free upon application. The following foods are kept constantly on hand at the Depository:—

Oatmeal Biscuit,	White Crackers,
Fruit Crackers,	Medium Oatmeal Crackers,
No. 1 Graham Crackers,	Carbon Crackers,
No. 2 Graham Crackers,	Plain Oatmeal Crackers,
Whole Wheat Wafers,	Granola,
Gluten Meal,	Gofio,
	Coffee,
	Wheat Granola.

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Send all orders to **New York Tract Society, 317 W. Bloomfield St., Rome, N. Y.**

STEPS TO CHRIST.

WE have much pleasure in announcing that we have recently added a large stock of this important and exceedingly helpful work by Mrs. E. G. White. The book is issued in a rich, though neat, cloth binding, gold and ink dies, at 75 cents per copy. Sent by mail, post free, on receipt of price. Special terms to agents. Order from **New York Tract Society, Rome, N. Y.**