

The Indicator.

“ARISE, SHINE ; FOR THY LIGHT IS COME, AND THE GLORY OF THE LORD IS RISEN UPON THEE.”

VOL. V.

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No. 41.

DISAPPOINTMENTS.

BY J. P. LORENZ.

We meet with disappointments
While in this land of woe,
We often are discouraged
'Cause things don't go "just so."
Our hopes and expectations—
However strong they be—
Will often turn out different
Than we expect to see.

We often in our visions
Behold the future bright.
And our imaginations
Know nothing of the night.
We make our plans, expecting
That all will go just right,
Forgetting that the future
Is dimmed before our sight.

'Tis best to be submissive,
Wait patiently and still,
And trust the darkened future
To the Almighty's will.
Some day these clouds of darkness
That often dim the light,
And cause our disappointments,
Will vanish out of sight.

Field Reports.

SYRACUSE, UNION SQUARE, AND WILLIAMSTOWN.

FRIDAY, Sept. 27, I spent a little time in Syracuse with Brother N. J. Walsworth, and Sister Keim, in looking over the present condition, and considering some plans for the winter. I was glad to find Sister Keim much better physically and of good courage. The opening for the work in Syracuse seems to be good for the winter. Some necessary repairs have been made upon the building, 109 Harrison Place, which has added to the attractiveness of the place. Some more work will be done soon, and then the place will better represent the cause of truth. We trust the winter's exper-

ience will be a source of great encouragement to the Syracuse church.

In the afternoon I went to Union Square, and Sabbath day met with the Pulaski church. The meeting was held in the house of a brother who has lately embraced the truth. We had a good meeting. This was my first visit to this church in about two years. In the evening I spoke again in the school-house near Brother A. H. Robinson's. The church seems to be of good courage.

I planned to go to Vermillion to visit Brother and Sister Chesbro, Sunday ; but on account of the rain was hindered. Monday forenoon, Brother Jason Lane took me in his carriage to Williamstown, where I had appointed to speak in the evening. The brethren here are expecting to have their new church enclosed this fall. The location is good and the foundation is a beauty indeed. It was laid by Brother George Waggoner as a donation toward the church. The brethren expect to have a good substantial building. May the Lord bless them to this end is our prayer. Now is the time for every brother and sister to say, "Courage in the Lord." Let no discouraging report be raised or brought into the camp. We are well able to go up and possess the goodly land.

On account of a heavy rain, the brethren did not come out this evening.

A. E. PLACE.

Williamstown, Sept. 30.

PIERREPONT AND DICKINSON CENTER.

I MET the Pierrepont church according to appointment. Sept. 28, 29, and had an excellent meeting. The Sabbath-school and social meeting were good and encouraging. Several of the brethren and sisters from South Russell were present, and their cheering testimonies gave us hope and courage. On Sunday one from South Russell was baptized.

On Monday my wife and I drove to Dickin-

son Center with horse and carriage, and after having gone to Moira to secure a place to hold meetings, and not being able to engage a building for that purpose until the following week, I returned to Dickinson Center to be with them during the quarterly meeting. The meetings, both Sabbath and Sunday were excellent indeed, because the good spirit of the Lord was there. This church is growing daily, and is now a strong and healthy church; their tithing and Sabbath-school donations show this, as well as their daily lives.

Sunday we baptized three precious souls who will be added to the already goodly number here. And so the good work goes on. I now go to Moira to begin labor there.

S. M. COBB.

OSWEGO COUNTY.

THE brethren in the Pulaski church secured the use of the Union church at Daysville, and invited me to hold a series of meetings there. It is occupied and controlled largely by the Methodists; hence our meetings must be held when it does not conflict with their regular appointments. We have now held five meetings, with a fair attendance, and apparently some interest; but prejudice is quite strong, and opposition is already apparent. Last Sunday evening a local exhorter exploded the whole Adventist theory from A to Z, in his estimation; but it was apparent from remarks at the close that all were not so well satisfied. We expect that the church will be closed against us; but we shall occupy till that occurs, if the interest will warrant it.

P. Z. KINNE.

ELLENVILLE.

WE came to this place last Thursday, and the providence of God has opened up a nice hall for a very small rent. We expect to begin meetings in a very few days. Our last Sabbath at Wurtsboro was one long to be remembered. Six precious souls were buried with their Lord in baptism, and there are others now ready.

Quite a few subscriptions for periodicals were taken among those interested. Regular meetings have been established, and a living zeal is shown. Last Friday we went to Monticello.

The quarterly meeting there was indeed a season of refreshing, and as this new church went forward in the ordinances of the Lord's house, a spirit of divine love entered our hearts, and we felt the Lord's nearness. We were glad to see Brother J. E. Frazee present at this meeting. Come again, Brother Frazee. Brethren, as the time grows shorter we need more prayers for the success of the work. Remember us at the throne of mercy.

W. A. WESTWORTH,
W. W. WHEELER.

Oct. 8.

JAMESTOWN.

It was my privilege to attend the quarterly meeting with the Jamestown church, Oct. 12, 13. The brethren and sisters are of good courage, and are enjoying their house of worship. Brother and Sister Stow were at this meeting. Six were added to the church, and two letters were granted, they were to Elder H. G. Thurston and wife; they will unite in California.

An effort ought to be made in Jamestown, for our people are scarcely known there: Brother Sherwin had difficulty in finding any of our people.

D. A. BALL.

GALWAY.

THE little company at Galway are still rejoicing in the present truth. We have one more, a sister, who is investigating, and also taking part with us in our Sabbath-school and meeting. Sabbath, Sept. 28, Brother Smith, and Sisters Cameron and Greenfield, from East Galway, were with us. The spirit of the Lord was with us, and we had a good meeting. The writer spoke on the signs of the times, with words of encouragement to faithfulness. I also met with my home church, Sabbath and Sunday, Oct. 5, 6. Sister A. P. Bump, of Washington Co., also Sister May Harris, of Schuylerville, were with us. A good degree of the spirit of the Lord was with us, and we had a good meeting, and I believe all felt the solemnity of the occasion in celebrating the ordinances of the Lord's house, and the prayer of the writer is that we may always retain the spirit of the Lord which was manifested, and land victoriously in the earth made new.

A. H. OSBORN.

The Canvassing Work.

Report for the Week Ending Oct. 11.

Post-office.	County.	Agent.	Hrs.	Days.	Ords.	Value.	Miscel.	Del.	Val.
Bible Readings.									
Auburn,	Cayuga,	J. S. Fritts,	36	5	10	\$19.00			
Charlotte,	Monroe,	Horace Church,	39	5	18	29.25	2.00	1	1.00
Charlotte,	Monroe,	Mrs. Horace Church,	20	4	6	10.00	.75		
Rome,	Oneida,	M. A. Vroman,	60				4.75	159	308.75
Rome,	Oneida,	F. G. Mc Alister,	5	1	1	2.50	2.25		
Belfast,	Allegany,	G. F. Evans,						79	173.25
Galway,	Saratoga,	A. H. Osborn,	11	3	5	9.75	.50		
Salisbury Mills,	Orange,	G. W. Wright,	24	4	8	16.00			
Great Controversy.									
Kingston,	Ulster,	J. E. Frazee,	18	3	15	32.25			
Patriarchs and Prophets.									
Rochester,	Monroe,	M. A. Millington,	19	5	8	18.50	11.00	23	45.25
Miscellaneous sales,						21.25			
Totals,		10 Canvassers,	232	30	71	\$158.50	\$21.25	262	\$528.25

JUST A WORD.

SOME time ago we issued a supplement to the INDICATOR, giving a list of our different Health Foods, and were pleased to find that the interest which our people should take in these things was not dead. However, as it seems to be subject to spells of drowsiness, we again venture to address a word to the INDICATOR readers.

That we should have a lively interest in the topic of healthful living, and every subject pertaining to our welfare here, no one will deny; but that sometimes that interest wanes through press of other matters is also true. There is no contradicting the statement that our bodies are the Temple of the Holy Ghost, and that as such they should be in the best possible condition of health, not only physical, but also mental and spiritual. Who of us would think of inviting even a friend into a room that was filled with all manner of filth and dirt, and yet many of our bodies are filled with the rubbish of disease, and our minds so befogged that we cannot discern the truths that God would teach us, and we lose many of the rich blessings that he would be so glad to pour out upon us. Let us look into the testimonies for a few minutes and see what Sister White, as the mouth-piece of God, says on this subject. There is so much there that it is difficult to know what to choose for a short article like this; but we will select some short extracts.

“The health reform, I was shown, is a part of the third angel’s message, and is just as closely connected with it as are the arm and hand with the human body. I saw that we as a people must make an advance move in this great work. Gluttony is the prevailing sin of the age. Lustful appetite makes slaves of men and women, and beclouds their intellects and stupefies their moral sensibilities to such a degree that the sacred elevated truths of God’s Word are not appreciated. . . . Some have sneered at this work of reform, and have said it was all unnecessary; that it was an excitement to divert minds from present truth. They have said that matters were being carried to extremes. Such do not know what they are talking about. While men and women professing godliness are diseased from the crown of their head to the soles of their feet, while their physical, mental, and moral energies are enfeebled through gratification of depraved appetites and excessive labor, how can they weigh the evidences of truth, and comprehend the requirements of God? If their moral and intellectual faculties are beclouded, they cannot appreciate the value of the atonement or the exalted character of the work of God, nor delight in the study of His Word. . . . Viewing matters from a high religious standpoint, we must be thorough reformers in order to be Christ-like.”
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Not only should we ourselves advance along these lines of truth; but we should strive to interest our neighbors and friends, and induce them to leave off harmful articles of diet, that when they do have an opportunity of hearing the third angel's message, they may have unclouded minds to appreciate the truths that are contained therein. It is certainly just as much a part of our missionary work to induce people to take care of their bodies by the use of Healthful Foods, as it is to induce them to read our works that their minds may grow thereby. The canvasser is certainly as much the servant of God as the minister; but is the medical missionary, or the agent who is selling Health Foods any less a servant of the Most High?

Some think that they cannot afford the Sanitarium Foods, as they regard them expensive; but in this they are mistaken. Leaving out all questions of health, and comparing them with the ordinary market products, we think they are about the same; but while the ordinary crackers are made from the cheapest and poorest flour, shortened with the refuse from the lard manufactories, and containing so little nourishment that a dog given all the crackers he could eat died nearly as soon as he would if he had been given no food, the Sanitarium crackers are made from the very best of flour, shortened with butter, or cream. Please go to your grocery and see what fruit crackers, oat-meal crackers, or even white crackers sell for,

and then compare with the Sanitarium prices. Think again, when eating these foods that are made only to sell, you are getting very little nourishment, and that of a poor quality, and burdening your systems with a vast amount of refuse matter that must be disposed of, and thus entailing upon the organs an extra amount of work; after a time they can no longer stand the strain, and the result is, the doctor. Did you remember to add his bill to that from the grocery, when you were reckoning up the cost of your living? That was where it probably belonged. Turn to Vol. 3 of the testimonies, and read the paragraph on page 50 of which this is the first sentence, "Many of our brethren and sisters in New York have been backsliding upon health reform." Let us cease this retrograde at once, and begin to move onward. It is time that we thought about these things, and it is true that we are beginning to think. Let it continue till we shall eat of that tree which gives us eternal health, and no more shall say, I am sick.

We shall be pleased to furnish any information in our power, and would solicit an interest in this work from our brethren in the New York Conference. New York Health Food Co., 323 West Bloomfield St., Rome, N. Y.

APPOINTMENT.

PROVIDENCE permitting I will meet with the Newfane church, Sabbath and Sunday, Oct. 19, 20.
A. E. PLACE.

Obituary Notices.

SNIDE.—Died at West Bangor, N. Y., Aug. 22, 1895, of cholera infantum, Vernon Clarence, aged 7 months and 15 days, only child of Fred and Clara Snide. Words of comfort were spoken by Elder E. W. Whitney.

CLARK.—Fell asleep in Jesus, at her home in Corning, Steuben Co., N. Y., Aug. 29, 1895, Marinda, wife of Jonas Clark, aged 64 years. Sister Clark embraced present truth under the labors of Elder J. W. Raymond, eleven years ago. She has been a great sufferer for nearly four years, with rheumatism of the heart. Her death was caused by heart convulsion. Her faith in the Lord was strong, and she died in hope of His soon coming. She leaves a husband and nine children to mourn her loss. Remarks by a Methodist minister.

"Ah, we must leave thee, silent in death;
Fond hopes have vanished, flown with thy breath.
Joy turns to sadness, life seems but pain;
O, shall we ever meet thee again?
Yes, we shall meet thee on Heaven's shore,
Where death and partings come nevermore:
There, will our Savior dry every tear;
Sorrowful mourner, be of good cheer."

MAY N. LEE.