



VOLUME 59

POONA, INDIA, OCTOBER 1964

NUMBER 10

# LEADERS PRAISE ALERT

S. JAMES

**A** *Alert* has been in circulation for a decade. Numerous letters that come into our office indicate that it has a great appeal to the general public and inspires others to join in the battle against tobacco and alcohol.

"I hereby express my desire to join your society for the sake of national service, inspired by a look at your *Alert*."—S. V. Shah, Bombay.

"I had an opportunity to go through *Alert* a few days ago in our local library. Having found it very valuable as well as interesting, I want to receive it regularly. I should like to state that I am interested to take part in saving our nation from the twin evils of tobacco and alcohol."—K. Sanjeeva Rao, Polur, Madras State.

*Alert's* high mission and its ability to fulfil it has arrested the attention of educators of this nation. "The National Temperance Society of India, Salisbury Park, Poona, publishes a quarterly bulletin called *Alert*, which serves as the voice of the society. We are of the opinion that a copy of the bulletin should be in the reading room of all educational institutions, including libraries."—*The Bihar Educationist*.

Justice Tek Chand, chairman of the Prohibition Study Team of the Government of India, paid this tribute: "From the point of view of education, *Alert* goes a long way

## ALERT



in supplying the need. The matter is presented to the readers in a very arresting form. The get-up of the magazine, the cartoons and the articles carry a message which does not fail to convince. What is written is thought-provoking and the manner of the writing is such that the reader's interest is maintained and not allowed to flag. *Alert* needs to be better known and in the educational institutions it deserves to be read by every student. Parents should see that their children read the magazine. If such a magazine is circulated extensively, it will make a very substantial contribution to the cause of prohibition."

The report of the above-mentioned Study Team, Part I, has 548 pages. Almost seven pages of the material is taken directly from *Alert* and *Listen* to establish a case against alcohol. In a setting for "The Christian View," the writers have presented the view of Seventh-day Adventists as published in *Alert*. On page 342 it reads:

"It is wrong to suggest that Christians do not stand squarely against the consumption of alcohol. The Biblical attitude can be gauged from over 175 warnings recorded in the Bible against

drink, drinking and drunkenness. The following declarations admit of no equivocation: (Here are quoted Proverbs 20:1; 23:29-32; 31:4, 5; Habakkuk 2:15; 1 Corinthians 6:9, 10; 3:16, 17.) Jesus Christ, who refused to drink alcohol even to relieve the agony of the cross, could not have recommended drinking."

### Give Liberally

On October 24

As you give your means you are also sharing your faith through such godsend as the Five-Day Plan to Stop Smoking, which has helped thousands give up the tobacco habit.

*Listen* and *Alert* magazines can reach thousands with their messages of better living. Your support will ensure that *Listen* and *Alert* continue to do their job even better as the world's leading journals of better living.

The hour is late. The need is urgent. Give today that millions may have life.

# The Prophetic Voice

"The Lord alone knows how much we might have accomplished if as a people we had humbled ourselves before H.m, and proclaimed the temperance truth in clear, straight lines."—*Gospel Workers*, p. 385.

"The temperance question is to receive decided support from God's people. Intemperance is striving for the mastery; self-indulgence is increasing, and the publications treating on health reform are greatly needed. Literature bearing on this point is the helping hand of the gospel, leading souls to search the Bible for a better understanding of the truth. The note of warning against the great evil of intemperance should be sounded; and that this may be done every Sabbathkeeper should study and practise the instruction contained in our health periodicals and our health books. And they should do more than this: they should make earnest efforts to circulate these publications among their neighbours."—*Counsels on Health*, p. 462.

"When temperance is presented as a part of the gospel, many will see their need of reform. They will see the evil of intoxicating liquors, and that total abstinence is the only platform on which God's people can conscientiously stand. As this instruction is given, the people will become interested in other lines of Bible study."—*Testimonies*, vol. VII. p. 75.

"In other churches there are Christians who are standing in defence of the principles of temperance. We should seek to come near to these workers, and make a way for them to stand shoulder to shoulder with us. We should call upon great and good men to second our efforts to save that which is lost."—*Counsels on Health*, p. 433.

"Because of the wickedness that follows largely as the result of the use of liquor, the judgments of God are falling upon our earth today. Have we not a solemn responsibility to put forth earnest efforts in opposition to this great evil?"—*Temperance*, p. 232.

"Of all who claim to be numbered among the friends of temperance, Seventh-day Adventists should stand in the front ranks."—*Temperance*, p. 233.

"Every true reform has its place in the work of the third angel's message. Especially does the temperance reform demand our attention and support."—*Temperance*, p. 234.



Youth told "Life is short—Don't make it shorter" at Youth Congress temperance booth.

# Thousands Grasp Help

JOHN M. FOWLER

**A** DOCTOR! A pastor! A burning zeal! And out came the now-famous Five-Day Plan to Stop Smoking, which has helped thousands to escape from the clutches of tobacco. Through this compact Plan, we now have a workable programme by which the power of medical endeavour and ministerial persuasion may be united to bring freedom to slaves of the stub.

How does the Plan accomplish this?

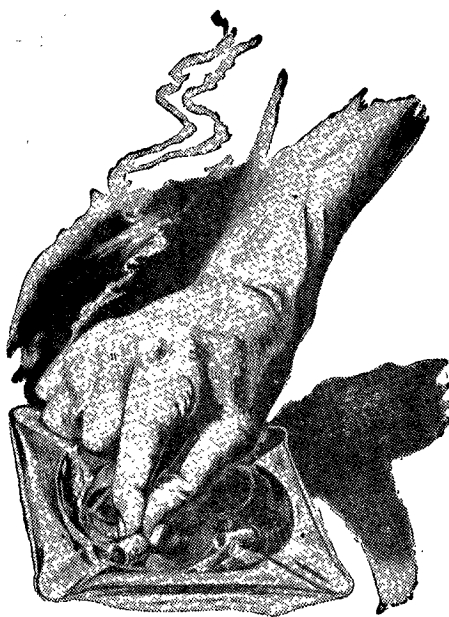
1. *The Plan meets a need.* Tobacco addicts are not in need of facts concerning the injurious effect of smoking. They don't need sermons. They crave a way out. This is what the Plan tries to do. Early this year when our health magazines carried Dr. Wayne McFarland's article on the Plan, requests for reprints flooded our offices. More than five thousand reprints have been mailed to earnest and sincere men longing for a nicotine-free life. More than eight well-circulated magazines and newspapers, including *Madras Mail*, *Kumutham*, and *The Family Doctor*, reprinted the Plan in whole or in part. Hundreds are ready to grasp the Plan which we possess.

2. *The Plan works*—and works quite wonderfully. World-renowned news-magazines, such as *Time* and *Newsweek*, have given coverage of the success of the Plan. In Southern Asia, Karachi has proved that it works! The article

"Only one lease of life is granted us; and the inquiry with everyone should be, How can I invest my life so that it will yield the greatest profit? How can I do most for the glory of God and the benefit of my fellow men?" For life is valuable only as it is used for the attainment of these objects."

which our health magazines carried has brought its own share of success. One young man from Thiruchirapalli followed the Plan with a few of his chain-smoking friends. All quit. His letter is a cup of thanks, running over.

3. *The Plan is simple.* It is a group therapy originated by a dedicated doctor, J. Wayne McFarland, and a devoted minister, E. J. Folkenberg. Largely based on the health message outlined in the Spirit of prophecy, the Plan is a fitting answer to the problem of



nicotine. It involves no drugs and no colossal expense.

Sensing the urgent need of this Plan in our Division, the Temperance department is planning to sponsor a series of Five-Day Plan clinics in India. Dr. A. P. Haynal, Instructor in Public Health, Christian Medical College, Vellore, has adapted the original programme to conditions prevailing in this country. He and Pastor L. G. Lowe, ministerial secretary of the South India Union, will launch the programme in Bangalore in the near future.

The Five-Day Plan is a contribution of the Seventh-day Adventist church to the social welfare of the people. Let us pray for success against the worst of killers—tobacco.

# Karachi Proves It

Mrs. R. I. McFadden

**O**N JULY 16, 1964, the first Five-Day Plan to Stop Smoking to be held in Pakistan was completed at the offices of the United States Information Service in Karachi. Eighty per cent of the participants were successful in their attempt to break the smoking habit. Even those who failed were enthusiastic about the plan and hope to try again.

The Karachi plan was conducted by Dr. R. I. McFadden, medical director of the Karachi Seventh-day Adventist hospital, and Pastor Neil Sherwin, chaplain of the same institution. Dr. McFadden recently returned from a short leave in America, where he attended a workshop in Washington, D.C., demonstrating methods used in Dr. Wayne McFarland's Five-Day Plan to Stop Smoking. In this workshop, which was conducted at the Washington Sanitarium and Hospital, about 75 per cent of the participants were successful in overcoming the smoking habit.

The Seventh-day Adventist attitude toward tobacco was not appreciated by one tobacco company executive in Karachi. Because of it last year he discontinued his usual Rs. 500 contribution. Somehow this year when the first Five-Day Plan was conducted in Karachi, this executive and his wife were in the group. At the close, his wife raised her hand, giving the "V" for "Victory" sign. She was one of the 80 per cent who overcame the habit.

"If our people can be made to realize how much is at stake, and will seek to redeem the time that has been lost, by now putting heart and soul and strength into the temperance cause, great good will be seen as the result."—*Temperance*, p. 257.

WHAT SHALL

## WE EAT?

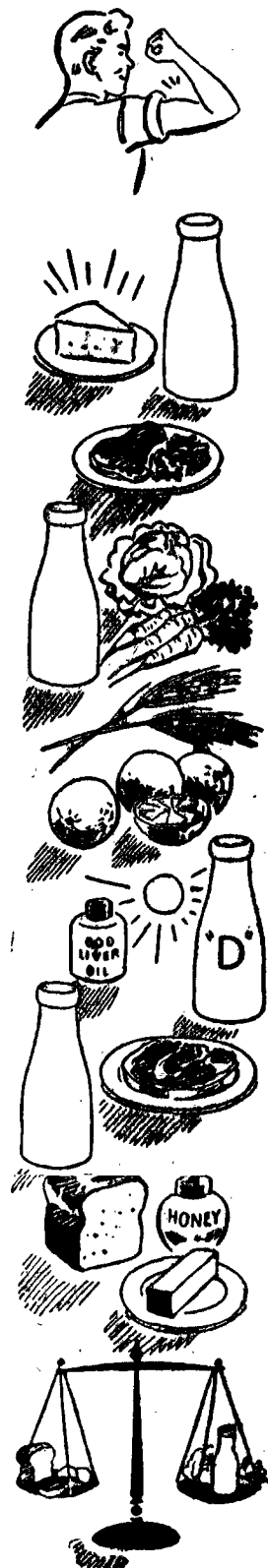
NO. 5

# VEGETABLES

A. P. HAYNAL, M.D.

*Lecturer in Preventive Medicine*

*Christian Medical College, Vellore*



**G**RAINS, fruits, nuts, and vegetables constitute the diet chosen for us by our Creator. These foods, prepared in as simple and natural a manner as possible, are the most healthful and nourishing." *Ministry of Healing*, p. 296.

Vegetables are often looked down upon as second-best food—something to eat only if there is nothing better—and then only in small quantities. But as knowledge regarding good nutrition is increasing, and people are becoming “nutrition-minded,” the humble vegetable is coming into its own.

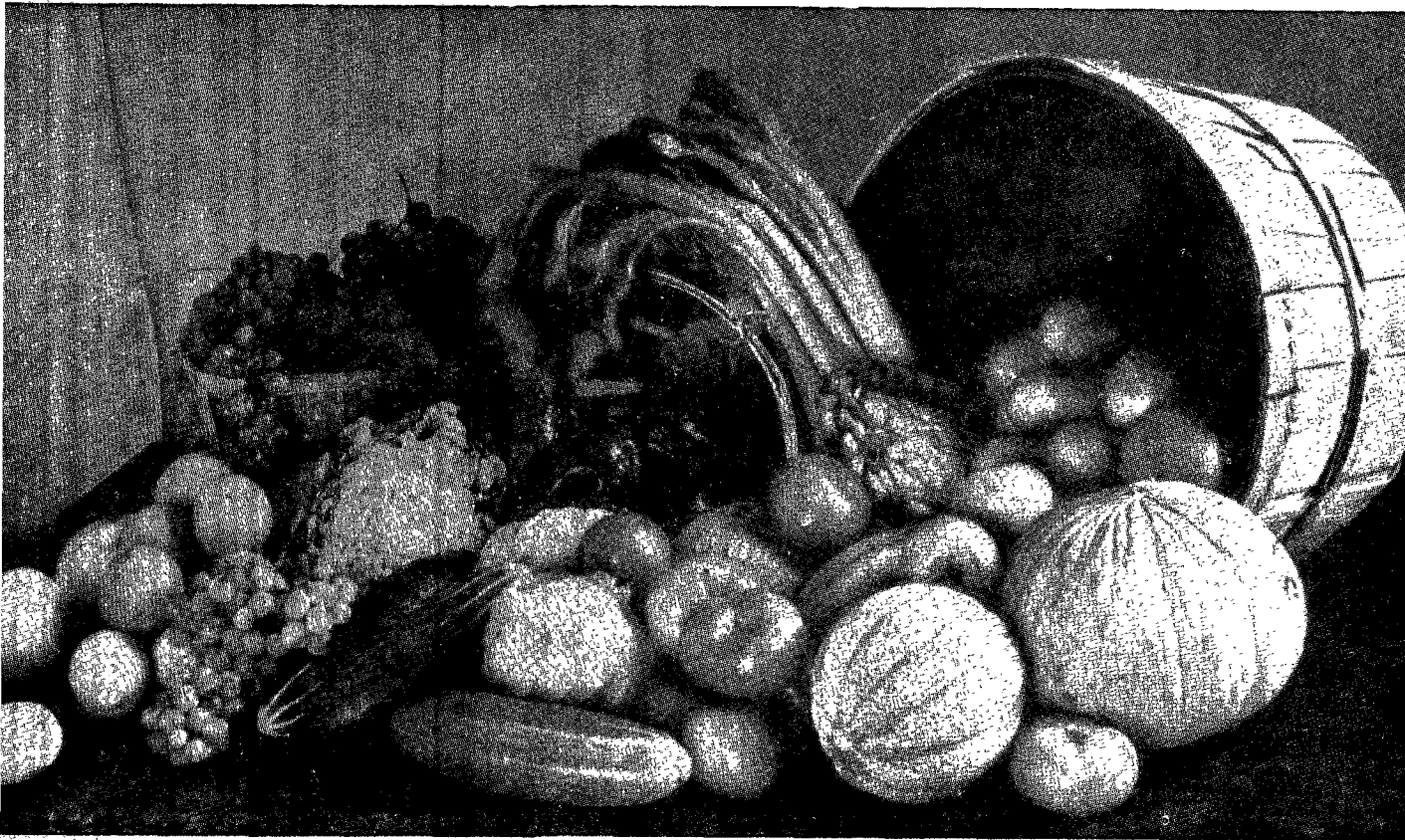
There are two types of vegetarians in South Asia. The first includes those who, either for religious or good health reasons, restrict their diet to grains, fruits, nuts and vegetables. The second, and a very large group, may be termed "economic" vegetarians. These include the millions who cannot afford non-vegetarian foods except perhaps on some annual festival days. These are, for all practical purposes, almost as strict vegetarians, as the first group. In either case, it is important to establish nutritionally whether or not such a diet is adequate to meet the needs of the body mechanisms and maintain the best of health.

At the risk of over-simplification, the question really boils down to whether adequate quantity and quality of protein is available in the vegetarian diet. Space does not permit citation of the large volume of research work which has gone into answering this question. Suffice it to say that with the sole exception of nursing infants, the answer for the rest

of us is a categorial "yes." Strict vegetarianism is compatible with the very best of health because, as Mrs. E. G. White puts it, "In grains, fruits, vegetables, and nuts are to be found all the food elements that we need."—*Counsels on Diet and Foods*, p. 313. This includes proteins as well as the other essential nutrients. Modern scientific investigation has proved this to be absolutely correct.

Though some protein is available in grains, the principal vegetarian source of dietary protein is that important class called the **PULSES**. South Asia is greatly blessed with a large variety of pulses, more perhaps than any other part of the world. Their ready availability and suitability to the requirements of the people and climate make them an ideal staple food in all parts of this area. Those pulses most commonly available include the grams—Bengal, black, green, red, horse, cow, etc., karamoni, lentils, beans and peas. The groundnut, discussed in article No. 4, also belongs to this group. The soybean, unfortunately is not readily available except in some areas in the north. It is, without doubt, the best source of the very best protein in nature. Fortunate indeed are those who can include this marvellous bean in their diet.

All of the above are excellent sources of protein, containing fully as much, weight for weight, as do flesh foods. Some are more complete proteins than others, but if a variety is taken it is possible to meet all the protein requirements of the body from this source alone. For example, a combination of approximately three parts of



*"Grains, fruits, nuts, and vegetables constitute the diet chosen for us by our Creator. These foods, prepared in as simple and natural a manner as possible, are the most healthful and nourishing. They impart a strength, a power of endurance, and a vigour of intellect, that are not afforded by a more complex and stimulating diet."*

groundnuts together with one part of Bengal gram provides all the essential protein body building blocks.

As a rule, many people find pulses somewhat difficult to digest. There is a great variation both among pulses and among people. Easiest seem to be red and green grams, while the dried beans and peas are more difficult. Whole gram is superior to split gram and sprouted grams are easiest of all to digest. The sprouting seems to change the protein to a more readily digestible form. Sprouting also adds Vitamin C in significant quantities. Sprouted grams are best eaten raw. Pulses should be cooked in a minimum of water to avoid loss of food value. To make them easier to digest they may be ground to a paste after cooking. This is especially important for young children. Tomatoes, mustard

seeds, jaggery or asafoetida added to the raw grams when cooking seems to make them more digestible and cause less gas.

Unfortunately, most people, and particularly children, do not eat sufficient quantities of pulses. Consequently protein malnutrition is a common disorder. The common practice is to prepare a small quantity and make a gravy "sambar" which is so thin as to be of little value as a source of protein. The dhals should be prepared as a thick paste and eaten undiluted as a side-dish in addition to the "sambar." The pulses in one form or another should appear on the menu in every home at least once a day.

As in the grains, damage by insects and moulds is a problem. From the economic standpoint it is most desirable to store pulses throughout the year, having a good

supply laid in during the season when prices are low. Commercially the insect problem has been solved in a manner similar to that used for grains. The gram is split, the germ and pericarp (the most nutritious part) removed, and sold for cow feed. Dried split dhal does not mould and naturally insects want more nutritious food. Perhaps it is wise to return to the old-fashioned method of home storage involving coating of the dhal with red earth, drying in the sun, and then sealing in mud pots. This is especially important to the vast multitudes who find the usual market prices of dhals during off-season too high to permit provision of sufficient quantities of this valuable protein-food for their families.

Let us get our protein from God's own sources—the pulses—and be assured that this can be done at no risk whatever to our health.





## TEMPERANCE SABBATH—OCTOBER 24, 1964

### What to do on Temperance Sabbath

1. Join the people of God in thanking Him for the total abstinence—from alcohol, tobacco, tea, coffee, and other narcotics—stand of your church.
2. If any violation of your church's temperance stand corrupts your conscience and cripples your constitution obtain victory through the power of Christ.
3. Sign the temperance pledge, if it is presented to you, and join the temperance society of your church.
4. Give a liberal offering so that many may receive the light of our temperance truth.
5. Decide to encourage others in the temperance way of life, remembering that "This is one way in which we may become fishers of men."—*Temperance*, p. 252.

● Pastor B. S. Moses reports that a leading layman at Gumuluru, Andhra, knows neither reading nor writing, but he is a loyal church member and takes care of the church activities with great enthusiasm. He recently attended the layman's institute and learned the technique and art of handling the simple "Bible Made Plain" booklet. He enrolled several persons and had them study the ten easy lessons. He first memorized the answers from the worker and then effectively conducted the classes. He had his students read the questions and then look for the text in the Bible. In this way they read the verse and wrote the answer in the right place. This layman is now preparing seven for baptism.

● Readers of Adventist periodicals around the world are familiar with *These Times*. Published by the Southern Publishing Association, Nashville, Tennessee, it is the missionary journal used by our churches in the southern and eastern sections of America. It en-



joys a current monthly circulation of some 170,000.

The editor of this attractive journal, Kenneth J. Holland, paid a short visit to Poona during the second week of September. His inspiring messages to the students at Spicer College and to the workers of the publishing house will long be remembered.

## Sub-Divisional Officer Reads and Quits

B. NOWRANGI, *Evangelist*

Patna, Bihar

**I**N MAY 1963 my wife and I took a group of Falakata students, and went Uplifting in adjoining towns and bazaars. One morning we met a Nepali young man in one of the towns near the Bhutan border. This young man was introduced to me as a former student of Raymond Memorial Higher Secondary school. He told us that he was working for the Bhutan government in the town of Samchi and that we could go with him to visit this town. So we drove across the Bhutan border and within minutes we were in the mountain kingdom.

We were very much captivated by the beauty of the country which is said to be one of the most beautiful of the world. The people look very much like the Tibetan people and are very similar to Tibetans in nature, religion and language.

We thought it our first duty to pay respect to the highest government official, the Deputy Commissioner who rules one-third of Bhutan. After paying our respects we gave him the regular Uplift canvass. Very patiently he heard everything we had to say and at once gave us Rs. 501. We were thrilled at this and thanked him most kindly. We also gave him several of our truth-filled tracts. With his permission we sang some Christian choruses on the verandah of his bungalow. The Bhutanese officer sat motionless and listened to the first gospel message in song ever preached in that country.

A few months later, on the advice of my Union committee I made another trip to Bhutan to inform the D.C. that the Falakata school was ready to reserve several seats for the Bhutanese students. He was very happy for this message and immediately took up the matter with the Director of Edu-

cation for Bhutan. Today about half a dozen students from Bhutan are studying in Raymond Memorial Higher Secondary school on their government's scholarship plan.

Again this year in May my wife and I had the pleasure of visiting Bhutan in connection with our Uplift programme. This time we visited the town of Phuntsling which is on the gateway to Thimpu, the capital of Bhutan. We had the privilege of calling on the Sub-Divisional officer of that area. Incidentally his office is situated next to that historical building where the late Prime

Minister of Bhutan was assassinated.

The Sub-Divisional officer told us that he was very much impressed by the Medical and Educational work which is carried on by Seventh-day Adventists in India. He is acquainted with "Your Radio Doctor" programme and has read much of our literature. As a result of reading our papers he has given up smoking and now he is trying to give up his drinking. He requested us to send him more literature which he wishes to send to interior Bhutan for the people to read. The officer encouraged us to go to the capital to see the Maharaja for necessary permission to start work for the people of Bhutan. In fact he promised to make the necessary arrangements for us to make the trip. When we left he said, "Please come again and do something to help the people of Bhutan."



Mr. and Mrs. Peter L. Parker, Trevor 11, and Lorna 10, arrived in Bombay August 13. Originally from Great Britain, Mr. Parker's most recent appointment was in Newfoundland. He is now joining the English department of Spicer Memorial College.



*Drs. Philip Nathaniel and Moses Christian in surgery at Nuzvid.*

**T**HE SECUNDERABAD Express was ready to leave—the signal had been given, the guard had waved his flag, and the engine driver had blown the warning whistle. As I settled myself on my berth, I sensed a feeling of depression I had not felt on my trips before. This was not my first trip away from home. I have been travelling now for years. The train speeded through various unknown small stations and still this apprehensive feeling remained. Could it be that my peculiar feelings resulted from the fact that I was now to enter a period of the unknown or of uncertainty? Where was I going, and why did this feeling of uncertainty persist? Could it be because I was on my way to conduct three Weeks of Prayer. I had conducted Weeks of Prayer before in other churches and schools. Or was this feeling due to the fact that two of the Weeks of Prayer was to an entirely different group than I had hitherto addressed.

Where was I to conduct these Weeks of Prayer? One was to be at the Giffard Nursing School and Hospital, one at Narsapur High school and the final one was for the Seventh-day Adventist faculty and students attending the Christian Medical College at Vellore. Could it be possible that I was afraid to “preach the Word” to these men and women of medical

science? Maybe I was!

I was comfortably settled in the guest room of the Giffard Mission Hospital and Nursing school at Nuzvid. I had begun to wash some clothes when I heard a knock on the door. Before I was able to reach the door a young man walked in. I could hardly object. Dr. Philip Nathaniel had been one of my boys when I was at the dormitory at Spicer Memorial College several years ago. Philip, a graduate of Christian Medical College, Vellore, had recently joined the staff of the hospital together with Moses Christian, an-

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other of my boys at Spicer Memorial College. I had begun to feel easier already.

“Tell me, Philip, what kind of young people are there here?” I asked.

“Oh, just the same kind as anywhere else, I guess—same problems, having the same sense of enjoyment as other young people.”

The meetings began. I prayed earnestly and long that the Lord would bless us together during that week. And how He did bless! I associated with the young people in their classes, in the laboratory, in the operating theatre and on the playground. Daily we counselled together with young people and members of the staff. Many victories were won. At the Friday vesper service the only two young people who had not been baptized expressed a desire for baptism at the first opportunity.



*Nuzvid's MV's prepare to go for branch Sabbath schools.*



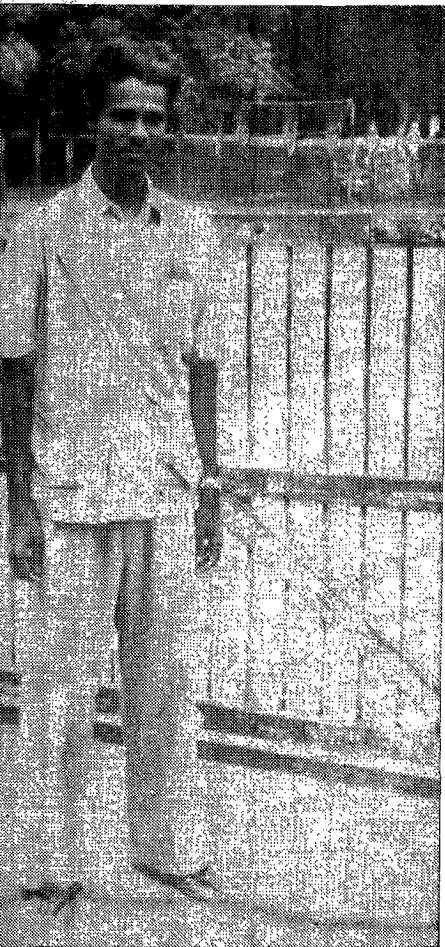
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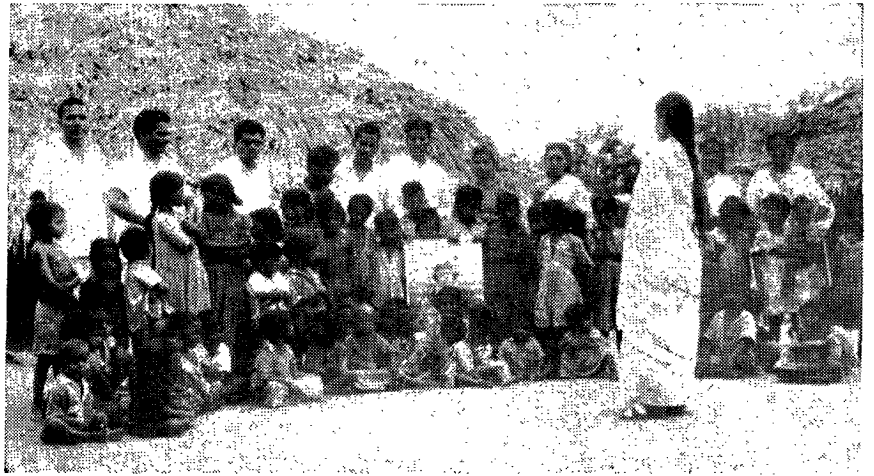
our and Vellore

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On Sabbath afternoon I visited four branch Sabbath schools conducted by the students under the able sponsorship of P. T. Isaac, MV leader. A gatekeeper at the hospital, now a Seventh-day Adventist, is one of the fruits of a branch Sabbath school conducted several years ago by nursing students. Venkatarathnam, a first year nursing student, is now helping to



Kanakumbaram, gatekeeper, fruit  
m a Nuzvid branch Sabbath School.



Venkatarathnam, Nuzvid first-year nursing student, (standing first in back row at left) attends a branch Sabbath school in the same village where he decided to become a Christian.

conduct a branch Sabbath school in the same village where he decided to become a Christian. That was several years ago when he was a young member of a branch Sabbath school.

Early Sunday morning before I left, Philip, Moses, his wife Lena, and Brother P. T. Isaac, joined me in a prayer circle as we thanked God for what He had accomplished. As they accompanied me to the bus station I felt so much happier than when I came to Nuzvid a week earlier.

That evening we had our first meeting with the young people of our Narsapur High school. This is our largest boarding school in Southern Asia. More than 250 young people were singing lustily as we came on the platform. Here again the Spirit of the Lord was evident and on Friday evening when a call was made for those who wanted to be baptized, thirty-four over the age of fourteen responded. Pastor R. H. Jones, principal, informed me that there would be a baptismal class of over one hundred members.

Missionary Volunteers of Narsapur conduct nine branch Sabbath schools and recently concluded a Voice of Youth effort.

The morning after I left Narsapur I got into Madras Central Station at about 6:30 a.m. The Mysore State Transport express bus was to leave for Vellore at 7:30.

I got into a queue for a taxi and sheltered myself from the rain with an umbrella. It was thirty minutes before I turned up at the head of the queue. When I reached the bus depot I was told that all the seats had been reserved and I would have to wait until five minutes before the scheduled departure of the bus. Then if any who had reservations did not turn up I would have a chance to get on. I told the conductor I had a very important appointment and hoped he could somehow get me on. Just before the bus left he motioned to several who were in line before me and then pointed to me in the rear of the line to get on. There were three extra passengers on the bus and the back bench usually meant for four now accommodated six. I was given the conductor's seat. This large-hearted gentleman stood all the way to Vellore.

Eight doctors, some with their families, and several students attended the first meeting held in Dr. Patt's home. Subsequent meetings saw more in attendance as Adventist students invited their friends. Before the regular Friday evening vesper service I was invited by the group of college students to conduct a prayer meeting for the second year medical students in the college chapel.

The Friday evening audience at our vesper service included Mary Taber Sebastian who is mentioned



*Narsapur Voice of Youth effort speakers.*

in *Dr. Ida* as the little girl brought up by *Dr. Ida*, founder of Vellore Christian Medical College. At this service nearly everyone testified of victories gained during the Week of Prayer and renewed their dedication to the finishing of God's work in Southern Asia.

On Sabbath I witnessed one of the best organized Sabbath schools in Southern Asia. The children's division comprised three members. During the lesson study they separated into two classes—one member in the kindergarten and two in the primary class. Seldom have I seen such preparation and care even in larger Sabbath schools.

In the afternoon the MV's of this church separated into groups for singing bands and a branch Sabbath school. The latter was conducted in a village about a mile and a half away. Alexander Job played his accordion during the service. David Thomas led out in the programme with elaborate visual aids while Hepsibah Koilpillai taught the lesson. Over thirty children participated in this programme along with half a dozen adult onlookers. I spoke in Hindustani to the non-Christian headman of the village in whose home the Sabbath school was conducted. He had been seriously ill several weeks ago and testified that only prayer had saved him. Thirteen young people from this village are now attending our schools at Tanjore and Bangalore.

Saturday night a farewell programme was held for *Dr. Moses Dass* who answered a call to join the staff of the Seventh-day Adventist hospital at Surat.

Before I left Vellore on Sunday morning one of the doctors on the faculty said, "Pastor Christo, we are grateful that you did not speak

of science to us. We doctors need the message in a simple way just as anybody else does."

The Bombay Express was ready to leave Madras Central station for Poona. The signal had been given. The guard had waved his flag and the engine driver had blown the warning whistle. As I settled myself on my berth I sensed a feeling of joy I had not felt on my trips before. This was not my first journey home. Could it be possible that this feeling of joy resulted from the fact that the Lord had helped me bring the message of His love, His forgiveness and His sustaining power to a group of medical men and women. Maybe it was!

"The Lord gave the word." Ps. 68:11.



*Seventh-day Adventist doctors at Vellore. Left to right: A. P. Haynal, A. J. Patt, Mohan Samuel, W. Lennox, Joan Israel, K. P. George, Moses Dass, C. S. Small, Sadananda Rao.*



*Medical doctors and students at Vellore.*

## INTERNATIONAL BIBLE CONTESTANT VISITS POONA

Every three years the Government of Israel sponsors an International Bible Contest. Open to participation by all countries, it attracts world-wide attention to the Sacred Scriptures and to the importance of being familiar with their teachings.

In preparation for the finals which were held in Jerusalem this September, twenty-two nations held local and national contests during the summer months to



select their representatives for the international event.

The Australian finalist was Mr. Graham Mitchell, an accountant from the Sanitarium Health Food Co., of Wahroonga. Besides this young man, two of the other six state finalists in Australia who competed for the national honour of representing their country in Jerusalem were Adventists. One of these, a housewife, came second to Brother Mitchell in the national contest.

Three years ago, it may be remembered, an Adventist sister from Brazil tied with a Rabbi for top place in this international competition at Jerusalem.

Mr. Mitchell paid a short visit to Bombay and Poona on his way from Australia to Jerusalem. He spoke to the Division and Voice of Prophecy workers at morning

## Many Witness in North India

P. G. MATHEWS

*Home Missionary Secretary  
North India Section*

**F**ROM THE PLAINS of Punjab, through the hills of Himachal Pradesh, to the valleys of Kashmir and Ladakh, stretches the North India section. Thousands of villages dot the plains and crown the ridges. Cities glow with electric lights but most of the three crores of people have not yet received the light of truth.

I invite you to visit several laymen who faithfully witness in these communities. Come first to the mountain village of Kotgarh. Let us sit in the shade of an apple tree beside the home of two respected brothers, Sunny and Harrison John. Each week these two families conduct Sabbath school even if the worker is absent. People are eager to listen to the truth which is quietly spoken.

Next let us take a drink from one of the four mountain streams which converge in the village of Ani. One of these streams provides power to grind flour for the village. Brother Balwant Masih waits at his flour mill for villagers to bring wheat for grinding. While the flour is being ground, customers receive the "Bread of Life" from the lips of our aged brother. Because of his honesty and age, Brother Balwant Masih is affectionately known as "Mamu"—a term which means Patriarch. The writer recently baptized five in one of these mountain streams.

At our headquarters church in Jullunder we find Bro. Moorti, Sr. Titus and Sr. Prashad actively dis-

tributing literature, visiting absent members and conducting branch Sabbath schools. Sr. Lawrence, a nurse, is witnessing to patients and friends.

Our largest church is located in the village of Phulriwala. Most of the men of this church work in



*Sunny John conducts class at Kotgarh.*

England or Singapore. But Brethren Mali Kartar and Arij are bearing a double share of responsibility. When the pastor cannot be present these two care for the church service. Immanuel, Bro. Mali's son, provides music for the branch Sabbath school. A baptismal class is conducted by Bro. Mali.

As we get down from the bus in Nakodar we may be met by our one-armed Seventh-day Adventist rickshaw puller. He faithfully shows travellers both the way and the truth. Four whom he interested have recently been baptized. In the same village Bro. Nasib Chand sits in the shade of a tree making or repairing shoes. As a result of his witnessing several have had their feet shod with the gospel of peace and are preparing for baptism.

In the Hoshiarpur district we find the Methabpur church where Bro. Ramet Masih is witnessing in

worship September 9. Not only was his message inspirational, but also his very presence, which seemed to be a symbol of unexcelled acquaintanceship with the Word of God that should characterize the experience of every Seventh-day Adventist.

### Ellen G. White 'Review and Herald' Articles

This 6-volume set is a reprint of all the articles that were published in the *Review and Herald* from the pen of the author, from the very first issue down through the sixty-five years that followed. About 85 per cent of this material has never appeared in any other form. These facsimiles of the original pages also show hundreds of incidental articles by denominational pioneers. An important feature of this set is the index in volume six. It carries an alphabetical listing from each of the six books of all article titles, key words in titles, plus special groupings of major subjects, sermons, and biographical accounts. Each volume contains approximately 600 pages, and the size is  $9\frac{3}{4} \times 13\frac{3}{4}$  inches.

This set of 6 volumes sells for \$120 at the *Review and Herald* Publishing House in Washington, D.C. Spicer Memorial College has a new set of these volumes which they will sell for Rs. 455.62. Please address your inquiries to

Dr. C. H. TIDWELL  
Spicer Memorial College  
Ganeshkhind, Poona 7

several villages. Last year one family was baptized. In this district one of the believers, Bro. Aziz Masih, was very sick for the past year. Because of this illness it became necessary to shift to another village where his wife could find work. Now a number of neighbours have become interested through regular attendance at their home Sabbath school. Bro. Lal, another layman in this district, led our pastor to a non-Christian village where fifty people now attend Sunday night meeting.

In the Gurdaspur and Batala districts our laymen are witnessing and assisting with music.

Bro. Dewan Masih is a barber by profession. In the evenings he goes from village to village with his pressure lantern and interests people first with songs. Then he teaches the truth.

Bheni Miah Kahn is known as the "Worker Supply Church." More than twenty workers have come from this church. Recently a new church building has been completed here. In this area, Bro. Feroze, a tonga driver, witnesses

to passengers as he drives them over dusty village roads.

In Amritsar Bro. and Sr. S. M. Dass have been rewarded by seeing two baptized during the past year. Bro. and Sr. I. M. Francis and family conduct a branch Sabbath school in their home.

On our way to beautiful Kashmir we stopped overnight at the home of Bro. and Sr. Elwin Singh in Jammu. This family conducts a day school for more than three hundred children. Several teachers and friends attend their Sabbath school on the Sabbath day.

In Shrinagar we find a Voice of Prophecy student conducting a Sabbath school with as many as thirty fellow VOP students in attendance.

We believe that "When the members of the church of God do their appointed work in the needy fields at home and abroad, in fulfilment of the gospel commission, the whole world will soon be warned, and the Lord Jesus will return to this earth with power and great glory." *Acts of the Apostles*, p. 111.

## Students Build At Roorkee

R. E. Rice

**T**HE ROORKEE High School, under the principalship of E. A. Streeter, is in the throes of an expansion programme involving the physical plant and the academic set-up as well. Additional buildings being constructed will substantially increase accommodation for both staff members and students. The switch-over to English medium of instruction will better prepare finishing students for advanced studies. This year six graduates are enrolled in Spicer Memorial College.

The purchase of twenty acres of land adjoining the campus to the rear of the buildings provides employment for students close to the school. A new tube well with a six-inch pipe was sunk which provides an ample amount of water for both irrigation and domestic purposes.

This building programme is being personally supervised by Mr. Streeter with the help of his staff members. While of necessity certain masons and other labourers are hired, yet much student labour is also utilized. A number of students were employed full-time during the vacation. After school opened these and others are working as class loads permit.

The new buildings are in various stages of construction. For some only the foundations have been laid. The Industrial Arts buildings is ready for the roof and plastering. The new dining hall, already taking shape, is designed to accommodate all the students, thus eliminating the inconvenience of eating meals in the respective hostels. The plan includes a kitchen, a wash-up room

and a storage space. A big improvement is the removal of the farm buildings, barn and cattle shed to the far end of the recently acquired farm land.

The wings of the new administration and class-room building come together on the sides of a pentagonal enclosure—an open courtyard which will be set in lawns and flower gardens. Funds available at present will permit the construction of the auditorium

and one wing for class-rooms and office space. The over-all plan includes new staff homes. Foundations for these have been dug. New roads will aid in improving the beauty as well as the utility of the campus.

From the Engineering University of Roorkee Mr. Streeter is able to obtain ready assistance in the way of suggestions and ideas on the latest building materials and methods. This help plus his

acquaintance with the language enables him to better manage the workmen and has resulted in rapid progress in the whole building programme.

An excellent spirit exists in the school. With facilities now being provided, a well qualified and dedicated staff, and a student body eager to train for service in the cause of God, the future is indeed bright for this institution of the Lord's planting.



## Chuharkana School Puts on a New Face



*Chuharkana boys cheerfully camp in open while second story is added to hostel.*



*E. A. Streeter supervises new building at Roorkee*

*Boys work with mistris at Pakistan Union school hoping to finish hostel addition by October 1.*



# Tither Receives Full Payment

LALHLUNA, *Evangelist*

*North Chin Hills*

**I**N FALAM, a pastor was renting a printing press. I was called to run that press in 1952. After three years, the pastor and I, with another man, went into business on a share basis.

At this time an Adventist preacher came to Falam. I decided to follow the Sabbath truth.

Soon after this, the treasurer of our printing press died from eating a poisonous substance. After he died we checked our accounts. My share was about K. 1,000 and my friend's a little less. But his wife said, "My husband did not keep any money at all."

Since we had no money to live on we had to collect from various people who owed us small amounts. Out of this money I regularly paid my tithe. Although I had little money I felt that the one-tenth was not mine but belonged to the Lord.

We soon lost hope of receiving our share of the money. My partner suggested that we put the case

up to the magistrate, but I told him I did not want to. I would rather have lost all of my share. Since there seemed to be no hope of recovering my money, I decided to return to my home in Assam.

One day Brother Lalkhuma came and told me that word had been received from our Section president inviting me to go back to school for further studies. When I arrived back at Falam I learned that my co-worker had received K. 700 of my share. After that he received his own share so he gave me my share. Then the treasurer's wife was able to sell her house for a good price and we received money from her also.

So after having lost all hope of receiving my money back, still I received nearly a thousand kyats. To me this was a reward for having been a faithful tithe payer. I urge you, my Adventist friends, to be very faithful in this matter and you, too, will gain a great blessing from the Lord.

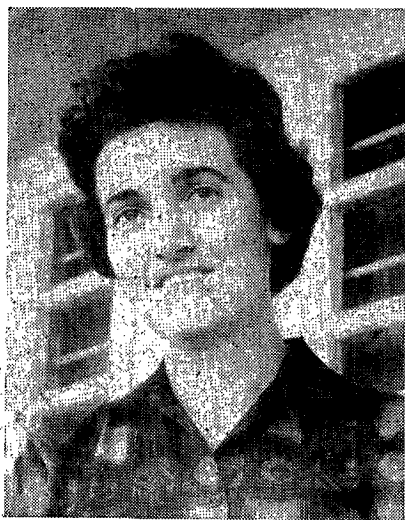
## NEWS

● June 27, thirteen persons were baptized as a result of the evangelistic effort held in Galle, Ceylon. Pastor Scott worked with C. Ederasinghe in the Galle area for a few months this spring. A church was organized in Galle with 19 charter members. This is a real encouragement to our work here. The work has been on and off there for years but never with real strength or an organized church. This group is a fine group. Two families in particular were real leaders in their community, now will be fine leaders in the new church.

● July 3, Colombo—The new VOP building was finished at last and the offices moved into. This new office will add much to the efficiency of the VOP work. The old VOP office was remodelled into much needed space in the mission office.

● July, missionary Volunteer month of evangelism has resulted in unprecedented blessings to the church in Southern Asia this year. Reports from four of the seven unions indicate that attendance at the two hundred and seventy Weeks of Prayer in these unions were twelve thousand four hundred and ninety-four. Of these two thousand and forty-six accepted Christ for the first time. Two thousand one hundred and eleven have joined baptismal classes and one hundred and fifty-four were baptized at the conclusion of the month of Missionary Volunteer evangelism.

● Miss Florence Dagoberg, an American nurse from the Penang Sanitarium and Hospital of Malaysia, paid a short visit to Poona in September on her way home on furlough. Other places in India which she visited are Delhi, Mussoorie, and Bombay. She stated that the magazines published at the Oriental Watchman Publishing House were read and appreciated in Malaysia, particularly at the hospital in Penang.



Coming from the Greater Sydney Conference in Strathfield, Australia, Miss Dorothy Davison arrived at Bombay on the Himalaya August 16. Miss Davison has accepted appointment as secretary to the Division President.



Miss Rhae Howell arrived at Bombay from Australia on August 16, accepting appointment as secretary in the treasury office. Prior to this appointment, Miss Howell was employed at the Sanitarium Health Food Company head office for Australia and New Zealand, Wahroonga.

## Living Epistles

T. R. TORKELSON

SOMETIMES editors and publishers are permitted to see tangible results of good accomplished by their work. This sort of pay-off came one morning recently to Mr. J. S. Dason, editor of *Nalwazhi*, our popular Tamil monthly. In his mail was a letter from the secretary of a young men's literary society in Tamil Nad. Across the face of the envelope as well as on the printed letterhead was the motto that the society had recently adopted: "*Evvwazhi Nalwazhi, Avvwazhi Namwazhi.*" Literally translated,

this means, "Which way good way; That way our way."

Editor Dason was not only cheered by this tribute, but also greatly solemnized. Just to think, here was a group of serious-minded youth who had come to have such implicit confidence in our magazine that they had unreservedly accepted it as their guide. What a responsibility this places upon an editor!

Looking at the subject more broadly, what a responsibility also to be "a living epistle of Christ known and read of all men." Are

people favourably impressed by the gospel as demonstrated by our conduct, so favourably indeed that they will adopt the Christian way as their way? Would a person who visited a Sabbath service in your church go away saying, "If it's all as good as this, I want to be a Seventh-day Adventist?" Will shopkeepers with whom you do business, recognizing in your dealings principles of courtesy and integrity be drawn to Christ's way of life?

This is the challenge which that letter brought to Editor Dason and to all of us here in the Publishing House. We want to be sure our way is God's way. We accept for ourselves anew the motto: "Which way's Heaven's way; That way's our way." Only then can we be assured that our example will be worthy of being followed.



Mr. and Mrs. A. W. Matheson and family arrived at Calcutta from Canada July 30. Children in picture: Murray 14, Margaret 9, Lester 12, Douglas 7 and baby Gerald, 5 months. Bro. Matheson has been appointed principal at Vincent Hill school.

● Andhra section reports 126 baptisms during the second quarter. Of these fifty souls are won by the faithful work of laymen.

● Philip Jonahs, first year medical student at Vellore has recently been informed by the Ministry of Education, New Delhi, that he is awarded with a national scholarship for his meritorious pass in his Pre-University Course examination taken at Kerala University, Trivandrum.

● Returning from furlough, Pastor and Mrs. W. G. Lowry arrived at Bombay August 13. Pastor Lowry has been appointed President of the East India section with headquarters at Ranchi.

● Misses Elizabeth Giles and Elaine Speers left Bombay August 26 after having spent upwards of two years in secretarial work at the Division office.

## Southern Asia Tidings

Official Organ of the  
SOUTHERN ASIA DIVISION  
of the General Conference  
of Seventh-day Adventists

EDITOR Mrs. C. B. GUILD  
ASSOCIATE EDITORS R. S. LOWRY  
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## Our Times Writing Contest, 1965

The Editorial Board of *Our Times* is sponsoring a repeat contest for articles in the following two categories:—

### I. Theological

- A. Plan of Redemption—includes wide range of subjects such as love of God, meaning of the cross, problem of sin, etc.
- B. Second Coming of Christ and Prophecies related thereto.
- C. Law of God.
- D. Bible, inspiration of, place of in believer's life, etc.

### II. Features

- A. Family life, parent-child relationships.
- B. Miscellaneous: human interest features, devotional topics, biography, messages for youth, etc.

Prize for the best entry in each category: Rs. 100.00

Prizes for next ten best entries irrespective of category accepted for publication: Rs. 25.00 each.

Other usable ones to be accepted at regular rates of payment.

### Rules:

1. Work must be original.
2. Open to all SDAs in good and regular standing above 18 years of age.
3. Length of manuscript: 1,000 to 1,200 words.
4. Deadline: midnight, March 31, 1965.
5. Decision of judges to be final.
6. Manuscripts to be typewritten and double-spaced.
7. All articles submitted to become the property of the Oriental Watchman Publishing House.

### Criteria according to which decisions are to be made:

1. Originality of thought and expression on part of author.
2. Interest-gripping quality, i.e., use of illustrations, etc.
3. Theological accuracy
4. Lucidity of style; choice of words, use of metaphors, etc.
5. Relevance to Southern Asia situation.
6. Correctness of form of manuscript, including spelling, grammar, etc.

Designate your article as an entry for *Our Times* Contest and send to

Editor, *Our Times*  
Box 35  
Poona 1, India