

SOUTHEAST ASIA UNION *Messenger*

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*"We have come from Brazil with a message of peace.
In this hope we believe, for in Jesus we sing..."*



*It doesn't matter the place you live,
Or what the language you have to speak
If we can trust the same Jesus,
We are just like one:*

*One in the spirit,
One in His power,
One in the preaching of His coming,
One in His great love,
One in His faith.*

In Jesus we are one."

Harvest 90

Ending Triumphantly

God has abundantly blessed the HARVEST 90 program. More than 1,800,000 new members have been baptized. Approximately 30 Unions and Missions have already reached their HARVEST 90 goals.

Major national campaigns have been in progress in Brazil, the Philippines, Indonesia, Sri Lanka, Spain, and other countries around the world. In Papua New Guinea, 25,000 people attended one evangelistic meeting in a campaign led by Pastor Jakovac from Sydney, Australia. Thousands of people have attended seminars and other meetings held in major cities of Europe. The Mega-Mexico Multiple Metropolitan Campaign has already seen 2,500 baptisms. In Jamaica, lay member Fritz Henry has prepared 800 candidates for baptism during the past few years.

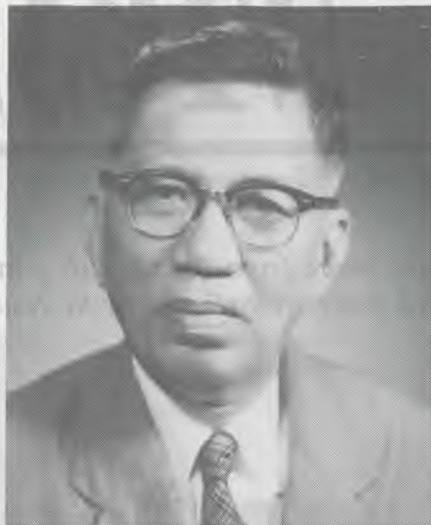
HARVEST 90 will end in only a few months. To reach the goals, local churches need to be even more active in soul-winning activities such as evangelistic campaigns, baptismal classes, Bible studies, home meetings, and frequent baptismal services.

The first quarter of 1990 is set aside for a **Global Evangelistic Explosion**. This is to include everyone: local missions, churches, pastors, and the church members. These three months should be used to present the Truth by using all means and methods. Administrators and departmental leaders on all levels are encouraged to personally participate in some type of evangelistic activity. Pastors are challenged to be involved in aggressive evangelism. But above all, 1,500,000 church members will hopefully unite with their pastors in direct soul-winning activities.

The second quarter of 1990 is the last quarter of HARVEST 90, called **90 Days of Reaping**. On Sabbath, May 26, 1990, each church around the world is encouraged to hold a **Harvest 90 Victory Baptism**. The goal is to reap a harvest of 100,000 precious souls on that one day, the biggest baptism in the history of the Adventist Church. June 30, 1990, the last Sabbath of HARVEST 90, will be a special day of thanksgiving and celebration for the wonderful victories the Lord has given the Church during HARVEST 90.

— Carlos E. Aeschliman, HARVEST 90 Coordinator,
General Conference Associate Ministerial Secretary

Obituary



Paul Yin Hee Phang, a former President of the Malaya Mission and departmental worker in the SAUM, was born on December 12, 1898 in Moy Yen, China, and passed away peacefully at the age of 90 on September 27, 1989 in Glendale, California (USA).

In 1910, at the age of 12, Y. H. Phang left China with his family. His father, Phang Nyuk Thin, was sent by his Swiss/German Mission to preach in what was known then as British North Borneo, now known as Sabah. A few years later, the family became Seventh-day Adventists as the result of the work of an SDA literature evangelist.

The family later moved to Singapore, where his father took ministerial training and became an Adventist pastor. Y. H. Phang was baptized in 1917. When he was 21, he became the first literature evangelist to work in Thailand.

He married Loh Kwi Len in 1923. After completing his ministerial training in Shanghai in 1926, he returned to what is now Peninsular Malaysia and pastored first the Kuala Lumpur church and then the Ipoh church. Later he pastored the Singapore Chinese Church until 1946.

From 1947 until 1955, he was the President of the Malaya Mission. After his wife's death in August 1955, he became the Associate Publishing Director and later the Associate Secretary of Lay Activities in the Southeast Asia Union Mission.

In 1958, he married Christine Ang Po Tin. He retired in 1960, and moved to Hong Kong. Two years later he and his wife moved to Fresno, California (USA), where he was an active lay member for several years.

Y. H. Phang is survived by his wife, Christine, and seven children, one step-daughter, 16 grand-children, seven great-grand children, two brothers and three sisters.

■ PENINSULAR MALAYSIA ■

Excitement in the Literature Ministry

How exciting it is to see God working on people's hearts. He is calling church members to become literature evangelists. November 20-25 an L.E. Training School was held in Ipoh, Peninsular Malaysia, organized by Mr. Sam Govindasamy, Publishing Director of the Peninsular Malaysia Mission.

For the meetings, Elder Howard Faigao, of the Far Eastern Division, gave the sales instructions to the 11 L.E.'s. Mr. Rayburn Smith, Publishing Director of the Southeast Asia Union Mission, covered policy and also some sales instruction. Mr. Samuel Siew, the Singapore Mission Publishing Director, joined the training school with two new L.E. recruits. He, along with Pastor G. P. Joseph and Pastor Faigao, gave the morning devotionals.

During the training school, the mornings were occupied with sales instructions. In the afternoons, everyone in the group went out to canvass. The two PEM Assistant Publishing Directors, Mr. Peter Chong and Mr. Loh Kam Kee, joined the other leaders in working with a different L.E. each day. Sales during the Training School amounted to over M\$2,500, and L.E.'s received promises of many future orders.

On the first day of canvassing, Rayburn Smith worked with Brother Standley, one of the PEM career literature evangelists, who was helping with the translation at the training school. Their first customer was a Chinese who

was president of an insurance company. He was very kind, but did not feel a need for the medical books. The two had told the businessman that the books were put out through the SDA Church. He asked whether Smith were a minister, then said that he was a Christian. Smith replied, "I have just the books for you," and continued visiting with the man while Standley went to get the Bible Story samples from his car. The company president fell in love with the books, and bought a set to give to his 100-member church. It is exciting to think of the work that these books can do in that church, among young and old alike.

Surely God is showing the L.E.'s that there is a yet-untouched field of sales to other Christians. As the L.E.'s begin working through other Christian churches and their members, God can really open doors that have been closed before.

The literature ministry is growing in Peninsular Malaysia, especially with the Tamil work. There are now 11 Tamil literature evangelists reaching people who were not being reached before. The Lord is blessing and working in this area of Southeast Asia.

— *Rayburn Smith, Publishing Director, SAUM*

■ SABAH ■

Singers Invited to G. C. Session

The Perdana Singers, a men's singing group from the Sabah Mission, has been invited to present several songs during the General Conference Session in Indianapolis, Indiana (USA) in July 1990. The male chorus was formed in 1983 under the leadership of Mr. James Lai.

In 1985, Mr. Nelton Bingku took over as the music director. Although the group is now larger than it was to begin with, their original objective has not changed — "To evangelize through singing."

The Perdana Singers have participated in many evangelistic crusades and outreach activities in Sabah.

Their musical presentations continue to bring joy and comfort to all who take time to listen. The group has already made two cassette recordings since its inception.

At present, the Perdana members are working hard to raise enough funds for the costly trip to sing at the General Conference Session. Although not all of the members will be able to go, every one is pitching in.

— *Connie Gaban, Shepherdess Coordinator, Sabah Mission*

"Just to Know Him Is To Love Him"



Group of young ladies taking the Physical Fitness honor. Instructor — Mr. Nasol Gabu.

"Just to know Him is to love Him" was the theme of the Sabah Mission Senior Youth Camporee that took place November 14-19. The members of the different clubs from all over Sabah had looked forward to and worked hard for this glorious occasion because they had one goal — to know and to love Jesus Christ.

Distance, difficulties, and weather did not hamper the spirit of the young people as they gathered by the beautiful beach of Dantai, owned by the Sabah Mission. More than 700 young people put up their camps along the beach. Soon they were busy with many organized activities such as honors and classes. There were honors in seven areas, and talks were presented on topics of interest such as Premarital Counseling; Love, Courtship and Marriage; Management of Life; Christian Music; How to Witness; Health and the Spirit of Prophecy. All of the activities were centered around the theme of loving Christ by knowing Him.

Leading out in the camp were Dr. David Wong, SAUM Church Ministries Director; Pastor B. U. Donato from the Far Eastern Division; Dr. Elvin Chong, a medical doctor; and Pastor Shupinar Koubong, the SAUM Associate Church Ministries Director. Two Andrews University (USA) personnel also met with the young people and encouraged them to seek a Christian education.

Sabbath morning was the climax of the camporee, with seven baptisms and the investiture of seven Master Guides. More than 1,000 people, including campers and members from surrounding churches, witnessed the occasion.



Senior Youth Camporee attendance.

*— Shupinar Koubong,
SAUM Associate Church Ministries Director*

■ SARAWAK ■

First Iban Marriage Seminar



On September 1, Pastor and Mrs. Joebenny Keli and Pastor and Mrs. Daniel Walter conducted the first Marriage Enrichment Seminar among the Ibans. The programs were held in the Kepayang village church. For the weekend event, there were 35 couples plus another 15 individuals whose spouses could not attend.

Although approximately one-third of the participants were illiterate, there was excellent participation except in separating the couples from the group into individual "couple talk," which did not go along with their community culture concept. Written materials for the seminar, for those who could read, were adapted to the level and culture of the people and were translated into the Iban language.

Understanding and exploring God's plans and ideals for the family unit was a new experience for all of the participants. Learning to understand and appreciate the needs, feelings and emotions of their spouses is essential to couples wishing to experience Heavenly happiness. Those who attended the seminar expressed their great joy in what they learned.

The Walters, who are leading in the Home and Family Services of the Sarawak Mission, are attempting to train Pastor and Mrs. Keli and at least five other couples to conduct various family seminars in Sarawak. Education in Christian views and values is much needed in the homes and families throughout Sarawak.

— Daniel Walter, President, Sarawak Mission

Stewardship Revival Meeting in Pasir Church

Stewardship Revival Meetings are much in demand in the Sarawak Mission, as more requests come in for such programs. Members of the Pasir Church, located in Serian, about 30 miles from Kuching, have recently held such a program.

Pastor Gilbert Tan, Stewardship Director for the Sarawak Mission, and Pastor Shupinar Koubong, Associate Church Ministries Director for the SAUM, conducted the meetings. Topics presented to the group included The Origin of Stewardship, You Are Not Your Own (on the body-temple), God's Abilities (about talents), What Is Your Time for God, The Richest Man that Ever Lived (on treasures), and Your Motive — God First in Everything. Various young people, as well as the choir directed by Mrs. Harry Saru, presented messages in song. During the daytime, the Stewardship team visited members in their homes and prayed with them.

The Pasir Church is a beautiful, new church building, one of the largest SDA churches in Sarawak. Members, who are mostly government workers, sacrificed their time and put aside their usual work to attend the week-long stewardship revival meetings. Attendance remained good in spite of bad weather.

The Sabbath morning divine worship was the conclusion of the revival meetings. It was thrilling to see all of the church members stand and later sign cards to make a covenant before God to be faithful in stewardship and put God first in their lives.



Church Members of Pasir Church.

— Shupinar Koubong,
SAUM Associate Church Ministries Director

Mission Delegation Visits State Ministers over Sabbath Exams

The threat to religious freedom appearing now in the form of mandatory school examinations on the Sabbath has become progressively more serious. Thus, all the Mission pastors and the principals of Sunny Hill School and Ayer Manis School in Sarawak went to the State Building on September 7 to visit three key ministers, with appeals for them to use their influence and positions to defend religious freedom.

The three ministers, who prefer to remain anonymous, welcomed the delegation and were deeply impressed with the appeals made. Each one has acted on the appeals as far as possible, but the three are somewhat limited, in that the Education Department is a Federal entity. These ministers are all sincere Christian men, and Sarawak Mission workers pray that God will continue to impress and direct them in their efforts to preserve religious freedom for all.

— *Daniel Walter, President, Sarawak Mission*

Sunny Hill Receives Government Recognition as a College

Sunny Hill School in Kuching, Sarawak, has a new name, a new building, and a new status with the government of Malaysia. The Ministry of Education in Malaysia and the State Education Department have granted college status to "Kolej Sunny Hill," as it is now known, as of June 1989.

This Seventh-day Adventist school is the first private school in Sarawak to receive college status by the local government. This has been granted in recognition of the important role the school plays in business education. It offers the Form 6 STPM (a Malaysian higher school certificate exam), the LCCI (London Chamber of Commerce and Industry) program, as well as English and TOEFL (Test of English as a Foreign Language) preparation studies.

Sunny Hill School has a total enrollment of approximately 800 students, the highest ever. About 400 of those are in the college program (forms 5 and 6); the others are in the primary and secondary schools.

To accommodate the increasing number of students



and the college program, it has become necessary to construct a new building. All the existing classrooms were fully occupied, classes were meeting in the auditorium, and there was no possibility for expansion.

Sure that God was leading, school personnel began fund raising in earnest. Principal Gordon Chong visited with one of the government ministers. Impressed with the proposal, in a few weeks' time this State minister was able to secure a donation of M\$170,000 for the project. A local businessman didn't even finish listening to the request before he said, "I am very happy about your building plan," and straight away wrote out a check for M\$10,000. Construction began in May 1988, and was completed in April 1989, at a cost of M\$460,000.

The new four-storey building has 16 classrooms-cum-lecture theatre, and has open space on the ground level to make another five classrooms if the need arises. All college classes are now meeting in the new facility.

Established in 1927, Sunny Hill School has educated thousands of young people, many of whom have come to know God and are now serving their country and their fellow men in important positions in the private sector, in denominational work, and in the government.



Accounting class with 65 students in new building.

— *Gordon Chong, Principal, Sunny Hill School/Kolej Sunny Hill*

The Charms Must Burn!

Two pastors were recently conducting evangelistic meetings in a certain village when one of the baptismal candidates asked what he should do with his old devil worship charms hanging over his bed. The evangelist asked the man if he needed or trusted in them any more. The response was an emphatic "No."

They opened their Bibles to Acts 19:18-19 and read to the man what the people in Ephesus did in Paul's time. They brought their charms out and publicly burned and completely destroyed them.

Other villagers heard this and declared that they, too, wanted to get rid of their old links with devil worship. When the people asked about the clay pots, and the ceramic dishes among the charms of sticks and leaves, the pastors reminded them of the experiences of others who had tried to simply throw such things away — the devil had brought them back! So, it was decided that everything should be purified with fire, and the unburnables would be smashed to small bits in the ashes. All connections with the devil must be completely

destroyed. As Paul wrote to the Corinthians (II Cor. 6:14-18), there can be no union or harmony between God and the devil!

Just before Sabbath School time on that Sabbath morning, the pastors entered various homes and prayed that God would send His peace and His protection to fill these homes that were being cleansed for Him. Then, the people cut away the filthy strings which suspended the charms over the mosquito nets. All the dusty, sooty things were crammed into gunny sacks and hauled to the center of the village. When all had heaped their old charms upon the wood, the fire was lit, and the people stood by watching excitedly as their old links with the devil were sent up in smoke and reduced to ashes. The unburnables were then smashed, and the people tramped triumphantly to Sabbath School, and afterward to the baptism in the nearby river.

— *Daniel Walter, President, Sarawak Mission*

Segendar Church Dedicated

It was February 1953, and a wanderer suddenly returned to his old hometown, Braang Village, about 40 miles from Kuching. As soon as he reached the longhouse, he began to tell the villagers about God. He also began a school for them.

For six months this young man, Martin Sasun, received no financial aid, but the village students contributed rice and salt toward his subsistence living while he was teaching.

By April 1954, three villagers were baptized as a result of his efforts. But the baptism made the other villagers angry. They wanted nothing to do with the converts. Finally, due to the opposition, the new Christians moved to another place, which they called Segendar. There they built a simple bamboo longhouse with a thatched roof. Their longhouse had three living sections, and a little church where they met every Sabbath for worship.

The faith and loyalty to God which they demonstrated became a testimony to many others. For many years, however, the membership in Segendar remained at 17. Then it began to grow again. By the end of 1988, the church membership was 120.

In 1984 the members began thinking of building a bigger place to worship. With the help of the Sarawak Mission, a donation of approximately M\$20,000 from the Sarawak State government, and various other sources, they have now completed their church building.

On October 14, 1989, the Gereja Advent Hari Ketujuh



Segendar — the Seventh-day Adventist Church of Segendar Village — was dedicated to the glory of God. Leading out in the dedication service were Pastor George Johnson, President of SAUM, who gave the sermon; Pastor Edmund Liah, Secretary of the Sarawak Mission; and Pastor Daniel Walter, President of the Sarawak Mission, who gave the dedication and dedicatory prayer. The Kuching Male Chorus sang for the special occasion.

A wanderer returned home. Pastor Martin Sasun has seen a dream come true, as he invited his fellow villagers to seek a new home, a Heavenly home with his Saviour, Jesus Christ.

— *Martin Sasun, Segendar Church Pastor, and Set, Village Chief*

■ SINGAPORE ■

King's Heralds Quartet Sing for Singapore

Historically Singapore has been a cultural crossroads for the world. For Seventh-day Adventists it is a hub of activity for all of Asia. From November 14 to December 17, Singapore has welcomed a new group of visitors to the island, the King's Heralds quartet from the Voice of Prophecy in Brazil, South America.

Through the inspiration and support of a Singaporean businessman, Mr. Tan Hian-Tsin, the quartet has become an integral part of two evangelistic series being held in the Thomson Road Chinese Church and the Balestier Road Church.

Their contribution has not been limited to Seventh-day Adventist churches, however. On four consecutive Sundays they were invited to perform for other Christian churches. The International Baptist Church, the Tamil Methodist Church, Paya Lebar Methodist Church, and the Tamil Anglican Church received the quartet with warm enthusiasm.

The quartet members, Eclair da Cruz, Josue de Castro, Fernando Iglesias and Erlo Braun, were accompanied by Jader Santos at the keyboard.

While in Singapore, the King's Heralds prepared and recorded a cassette tape for distribution through the Music Ministries project of the Singapore Adventist Mission. Mr. Santos, accompanist for the quartet, and local musician Rena Phua have also made a recording of hymn arrangements on the keyboard. Both of these cassettes will soon be available for purchase at a minimal cost.

In Brazil, the music of the King's Heralds quartet is heard on more than 400 radio and television stations and throughout other countries where Portuguese is spoken.

Prior to coming to Singapore, the members of the

group worked very hard to learn many songs in English. (Only two of the five speak any English.) After arriving in Singapore, they worked even harder to learn several songs in Mandarin for the evangelistic series at the Chinese Church.

The quartet has preached the gospel of the love of Christ and His soon second coming through their music in a very special way during their visit to Singapore. As they return to South America, may their efforts to spread the message of God's love be a blessing to all who hear them.

— John Neumann, SAM Music Ministries Project Director

Thomson Road Church Evangelism Looks at the Dragon

While Pastor Chapman Wong, the secretary of the South China Island Union Mission, was attending the Far Eastern Division annual meetings in Singapore, he conducted the first part of the annual crusade at the Thomson Road Chinese Church from November 12 to 18. The theme of the crusade was "The Origin of the Dragon."

Pastor Wong's talks were interlaced with many relevant anecdotes or legends which pointed to the fact that the "god" whom the ancient Chinese worshipped was actually the God Creator in whom Christians believe. Being a scholar in Chinese history and literature, he was able to "decode" many Chinese characters which further substantiated his message. Each evening, Pastor Wong also showed some of his slides taken in China.

From November 20 to 25, Pastor Matthew Yuen, the Thomson Road Chinese Church pastor, continued the meetings. He gave a more strongly spiritual emphasis. Woven into the nightly programs were songs by the Voice of Prophecy quartet of Brazil (South America). Each evening a different individual gave a testimony at the end of the meeting.

A fellowship dinner was held at the end of the two-week evangelistic effort for the visitors and the church members. Approximately 100 attended each night, and 40 interests are being followed up. The Church has invited these people for Bible study and for the Christmas Eve program on December 24.

— Ang Seok Yen, teacher, San Yu High School



The King's Heralds singing by popular request at the Southeast Asia Union College graduation weekend potluck lunch.

Bible Quiz Contest '89

On Sabbath afternoon, November 11, about 200 members of the eight Singapore churches converged at the Jurong Church for an exciting Bible quiz contest, organized by the Church Ministries Department of the Singapore Mission.

Representing their local Adventist Youth groups, 21 young people participated in a three-round quiz, planned and directed by Pastors Pham Kow Seng and Ng Kah Seng. The winner, Balestier Road Church, received the challenge shield with their name engraved in one section. The first, second, and third place winners also received gift vouchers for the Adventist Book Center.

The youth had good fun through the contest, but the main objective was something more important. It concerns the urgent need of each one to study the Scriptures, not just to know the facts, but to know Jesus Christ personally and to experience the power of salvation.

The second annual Bible Quiz Contest is scheduled for November 10, 1990.

— Danson Ng, Church Ministries Director, SAM



Balestier AYF receiving the challenge shield from SAM officers.

Youngberg Adventist Hospital

Participation in National Health Fair

Youngberg Adventist Hospital was invited to participate in the first National Health Fair, organized by the Ministry of Health in Singapore. The fair was held at the World Trade Center from October 28 to November 10.

With the theme "Your Health in Your Hands," the fair

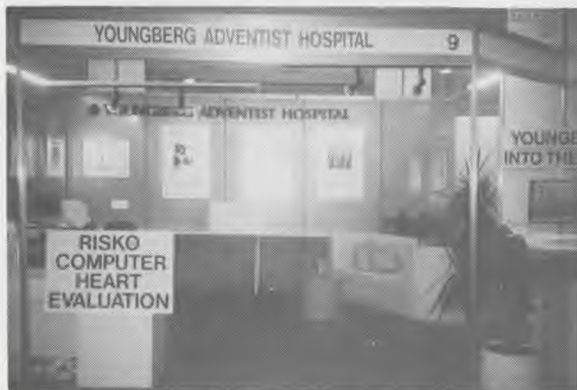
covered topics such as nutrition, dental care, smoking, stress management, heart disease, high blood pressure, cancer, diabetes, sexually transmitted diseases, AIDS, hepatitis, exercise, marriage and parenthood.

Hospital staff from YAH worked very hard to manage two exhibition booths, and helped out in a coronary risk screening program in which over 4,000 people participated. During the fair, YAH Vice President Dr. Dave McFadden presented a talk on "Tips to Quit Smoking." On two occasions, Public Relations Director Jonathan Ng shared with the young people concepts on "Adolescent Sexuality."

More than 400,000 people visited the Health Fair. As a result, many people became acquainted with the various health promotion and education programs of Youngberg Adventist Hospital. The 5-Day Plan to Stop Smoking was recognized by the Singapore government as an outstanding smoking cessation program in the country.

YAH staff praise the Lord for this unique opportunity of witnessing.

— Jonathan Ng, Public Relations Director, YAH



Youngberg Adventist Hospital exhibition booth at the National Health Fair.

Newstart Introduces People to the Lord

"Nothing will open doors for the truth like evangelistic medical missionary work. This will find access to hearts and minds, and will be a means of converting many to the truth." *Evangelism*, p. 513

"The more health work we do, the more convinced I am that God gave us a special health message because He has a work for us to do," says Dr. Clarence Ing, the director of Youngberg Adventist Hospital's NEWSTART programs since the first one was held in February 1985.

NEWSTART is a health education program with a difference. Whereas most health centers and courses focus primarily on nutrition and exercise, NEWSTART emphasizes every aspect of life. Its very name represents its various dimensions:

Nutrition

Exercise

Water

Sunlight

Temperance

Air (fresh air)

Rest

Trust in Divine power.

The spiritual aspect, the trust in God for total physical and mental health, is emphasized in every program. Believing that God knows which persons they can share the Good News with, Dr. and Mrs. Ing pray earnestly for months before each 5-day NEWSTART session that God will hand-pick people to send to them. They ask for Him to send people who not only want to make a change in their lifestyle but also are searching for spiritual health.

After one program, one of the "guests," as the participants are called, phoned to say, "Dr. Ing, I was not at all interested in spiritual things before I came to NEWSTART, but after hearing you talk about the wonderful God you love, I would like to know more about God." After each NEWSTART, one or more of the guests

ask the Ings to study the Bible with them. For the past few years, the Ings have had a regular Bible study group meeting in their home on Monday evenings, consisting primarily of former NEWSTART guests and their friends and family members. They invite many of the guests to attend church with them on Sabbaths, and then after church their home is open house for lunch and more Bible discussions.

Sometimes it takes years for these individuals to take the step to become Seventh-day Adventists. Since the first NEWSTART program in Singapore in 1985, about 8-10 people have been baptized as a direct or indirect result of the NEWSTART programs. The most recent baptism was held on December 2, when three ladies publicly affirmed their decision to accept Christ as their Lord and Savior.

— May Ing, Health Education Staff Member, YAH

New Assistant Nursing Director



Miss Jean Goh recently returned to serve as Assistant Director of Nursing Services at Youngberg Adventist Hospital after receiving her Master of Nursing degree at the University of Washington (USA).

Miss Goh, a Singaporean, graduated from Union College (USA) with a Bachelor of Science degree in Nursing in 1981, and worked in a Michigan hospital for two years. In 1983 she returned to Singapore, where she worked briefly at YAH, then at other hospitals until she proceeded to the USA for graduate studies.

Miss Goh expressed her excitement over the redevelopment plans of the hospital, and noticed that hospital staff are optimistic about the future.

YAH welcomes Miss Goh to the hospital family, and trusts that the Lord will richly bless her leadership in the Nursing Department.

— Jonathan Ng, Public Relations Director, YAH



Laughter Therapy Seminar

Dr. Stanley Tan, a faculty member of the Loma Linda University School of Medicine (USA), conducted two scientific lecture sessions on Laughter Therapy on October 19, sponsored by Youngberg Adventist Hospital. The first session was held for the YAH medical and nursing staff and invitees from the community hospitals, while the second session was opened to the general public. Both sessions were well-attended.

Dr. Tan, who is doing research on psycho-neuro-immunology, was in Singapore in conjunction with the Far Eastern Division medical/dental conference.

According to YAH Assistant Nursing Director Jean Goh, the presentation by Dr. Tan was well received by all participants. She came away with a strong impression that positive attitudes of a person, including laughter, have a positive effect on the immune system of the body and therefore lead to better health. That concept will certainly impact on patient care and nursing process. YAH administration is appreciative of the services of Dr. Stanley Tan.

— Jonathan Ng, Public Relations Director, YAH

Week of Prayer

Dr. R. R. Standish, Director of Health and Temperance of the Southeast Asia Union Mission, shared with the staff of Youngberg Adventist Hospital the importance of trusting God for answered prayer during the Week of Prayer held at the hospital conference room November 20-24.

Dr. Standish testified from his personal life experience and from his experience as President of Bangkok Adventist Hospital and Penang Adventist Hospital to the fact that when people humble themselves and turn to God for guidance, He will richly bless their efforts. Both hospitals where he worked suffered financial setbacks and were able to turn around when workers unitedly sought God in prayer. Dr. Standish quoted his favorite text, Matthew 6:8, "Your Father knows what you need before you ask Him."

The Brazilian Voice of Prophecy quartet, the King's Heralds, and a singing group made up of YAH staff members provided the daily music.

The timely messages given by Dr. Standish have greatly inspired the staff to trust God earnestly in providing the means to continue serving the community, especially during the period of redevelopment.

— Jonathan Ng, Public Relations Director, YAH

■ THAILAND ■

Mision College — Process and Providence

Building and site development are continuing at an increased pace at the Muak Lek campus of Mission College in Thailand. The courage of the workers is good, but much work remains to be done before the college is ready to open in June 1990, the projected date for the beginning of the first term at Mission College. While the theology program is now in operation, the English, accounting and business administration programs will only begin in June.

Three major buildings are now in progress — the women's dorm, the men's residence hall, and the classroom/administration complex. The latter structure is only in the beginning stages, but, hopefully, with careful planning and extra shifts the work can be completed on time.

A major long-term effort was completed when the application for government accreditation was turned in during late October. The document is really a full-size book containing the goals, curriculum, faculty, financial budgets and plans, and much more. It even includes the school symbol and its explanation. Now the

administration awaits the government's reply, which should come in the next two months. They do not anticipate problems and feel that the proposal is a sound one. The document was a team effort by many people, especially in the latter stages, but the one who worked longest and hardest from the start has been Dr. Helen Sprengel.

Mission College leaders are very encouraged and thankful to God for the way He has led people to contribute financially to this project. To date, work has never had to slow down because of finances. The next few months are crucial ones as the construction pace is accelerated. The school still lacks several million bhat for the completion of the buildings now in process that must be finished by June, but surely the funds will come. God has not let Mission College down in the past, and its leaders believe He won't now.

— Jon Dybdahl, Vice President,
Muak Lek Campus, Mission College

Lay Training Horticulture Seminar Held in Mae Tang

From August 1 to November 2, ten Karen students attended a Lay Horticulture Training Seminar at Chiangmai Adventist Academy. The three-month training course was to train students to spread the gospel in the remote areas of Northern Thailand through a practical work.

During the course, the students learned the techniques



Seven young men and three young women are being trained in the Karen Lay Training Program directed by Pastor Aw Gaw Paul in Mae Tang.

of growing various crops as well as pruning and budding. They learned the art of making brooms and garden tools, methods of solar drying and storing vegetables and fruit, and the making of septic tanks.

The group received eight hours of training each day, six days a week. Of that time, half was dedicated to spiritual education, and the other half to the horticultural training. With this training, the students can go out "under a tree" or "in an elephant hut" and share what they have learned of the practical courses with villagers. Once confidence has been established, the young people can then share the message of salvation.

The training program was the long-time dream of Pastor Aw Gaw Paul. Assisting him in the program were Dr. and Mrs. W. S. Bassham, Pastor David Wong, Pastor Santi, Pastor Rangsit, Mr. John Connell from Chiangmai University, and Mr. Pieter Slotegroaf, a retired agricultural officer from Australia.

Pastor Aw Gaw Paul plans to conduct another horticultural training course in late 1990.

— Aw Gaw Paul, Karen Pastor

Mission College Administration Arrives

Dr. Jon Dybdahl, the Vice President for Mission College, and his wife Kathy have just arrived back in Thailand to take up the responsibility of the Mission College program on the Muak Lek campus. Mrs. Salinee Navamaratna, President of Mission College, will be working with Dr. Dybdahl to bring about the reality of a long-held dream.

The Mission College nursing program is already in full swing. Dr. Dybdahl is setting a target date of June 1990 for the beginning of the Business stream of the college, which will lead to a Baccalaureate degree.

Dr. Dybdahl comes with a rich background of school administration and missionary experience. He and his wife Kathy were pioneers in opening the Tribal Center in North Thailand, which later developed with the Thailand Adventist Academy into the Chiangmai Education Center.

Prior to their return to Thailand, Dr. Dybdahl was teaching in the Theology Department at Walla Walla College in the USA. Mrs. Dybdahl is a nurse, but will be serving as Registrar and Hostess at the college, as well as helping with English correspondence.

The Dybdahls have three children. Daughter Jonna is married, and graduated last June from Walla Walla



Dr. Jon Dybdahl

Mrs. Kathy Dybdahl

College with a degree in Elementary Education. Their son Paul is a student missionary this year, working in Thailand at the Phanat Nikhom refugee camp as an English teacher. Their youngest daughter, Krista, is a freshman at Walla Walla College.

The Thailand Mission extends a hardy "Welcome Home" to the Dybdahls, and pray that the Lord will bless them as they once again take up pioneering work.

— Steve Bassham, President, Thailand Mission

Progress in the Radio Ministry

Competition for listeners is tremendous in Thailand. The country has 304 government-operated radio stations, with 52 in Bangkok alone. At the end of 1989, the Thailand Mission is operating five active stations, reaching out to people in various parts of Thailand.

In the past 25 years of SDA broadcasting in Thailand, listeners have always been invited to write in for Voice of Prophecy course enrollment and for free literature. Realizing, however, that listeners in the city of Bangkok, with its population of eight million, were too busy to write, beginning in October listeners were invited to telephone in their responses. This has yielded a much better response, and has given the opportunity to communicate more easily, to find out more about the respondents, and even to invite them to church.

After listening for some time to broadcasts such as "Air Magazine," "Joy in the Morning," and other health, religion and psychology programs on the SDA radio station, a blind man contacted the station. As a teacher in a school for the blind, he decided he must have the programs for the school library so that his students could also listen to them. He sent 50 blank cassettes to the radio station to have all of the previous programs copied.

Besides producing the radio broadcasts, the Thailand Mission Radio Department has been working on other projects. During 1989 they have completed a set of three

cassettes including 165 children's Sabbath School songs in the Thai language. Now children can learn how to sing praises to God where there is no pianist or organist to help them with the tune.

Another important project is the Bible in Living Sound. About two years ago, work began on translating 120 episodes, or stories, into Thai. On October 23, the second phase of the project was completed, the recording of the script. The last phase is mixing the voices, sound effects and music all onto one tape. According to Mrs. Paulene Barnett, who with her husband and others has been instrumental in producing these programs in several parts of the world, it takes almost four hours just to mix one story. The first story is being mixed and made ready to broadcast on December 23 to commemorate the birth of Christ. From that date onward, the Thailand Mission radio stations will regularly broadcast the Bible in Living Sound.

The radio work is going forward in progress to reach people right in their homes. The radio broadcasts are a year-round, non-stop evangelistic effort, reaching many that the literature evangelists or pastors might not otherwise be able to reach.

— *Danny Pung, Radio Department Director, TAM*

Literature Evangelists Meet in Phuket

On October 10-19, literature evangelists from all over Thailand convened at Phuket Adventist Hospital for their annual Institute. Jerry Potter, Publishing Director for the Thailand Mission, had planned an eventful week. Charmee Atakit, the Assistant Publishing Director, presented sales instruction in the Thai language.

Hospital personnel provided training in water therapy. This knowledge will help the L.E.'s in selling their books on water treatments. Rayburn Smith, the SAUM Publishing Director, presented a series on prayer. He explained how it affects the life of the L.E. and gave ideas on how to have a strong prayer life.

On the L.E. team in Thailand, three are former pastors of other denominations. One, Sookjai Boonma (third from right in the photo), shared how the Lord had brought him along with his whole congregation into the Seventh-day Adventist Church. There have been six baptisms during 1989 as a result of his contacts as an L.E.

During a brief awards presentation, Mr. Boonma received a briefcase as a token of appreciation for having



the highest number of baptisms. Mrs. Sansiri received an award for having the highest sales during 1989 in the Thailand Mission.

— *Rayburn Smith, Publishing Director, SAUM*

■ SOUTHEAST ASIA UNION COLLEGE ■

1989 Graduation

The night of November 25 was a memorable time for 19 students of SAUC. That night, 13 finished a four-year program, and six others completed either a one-year or a two-year program. Of those in the four-year programs, seven completed business administration majors, four took elementary education, and two majored in religion

or theology.

Most of those finishing the four-year program have applied to Walla Walla College (USA) for the Bachelor of Science degree. By June 1990, a total of 46 students from SAUC will have received college degrees from Walla Walla College.



Where Do Students Come from And What Do They Study?

Students at Southeast Asia Union College come from a wide variety of countries. Although the majority are from Southeast Asia, there are some from Bangladesh, Burma, Cambodia, Ethiopia, Guam-Micronesia, Hong Kong, Korea, Pakistan, the Philippines, Taiwan, and the USA.

As of November 1989, the student enrollment breakdown by country of origin is:

Malaysia	79
Singapore	26
Indonesia	20
Thailand	6
Other countries (as above)	46
Total	181

Of the 181 students in the college, 34 are studying in the Remedial English program. Seven students are taking part-time classwork in selected courses. The regular students are enrolled in major areas of study as follows (November 1989 figures):

Business Administration	57
General Studies	31
Elementary Education	21
Theology/Religion	17
Office Administration	14

New Programs

SAUC has begun offering two-year programs in the areas of Management Information Services (MIS) and Computer Science. These will attract more students and make it possible for some to stay longer before transferring to other schools.

The college also plans to offer selected courses in the evenings to attract working persons. Courses from the computer, secretarial and religion departments are being considered. During January-March 1990, a course in Introduction to Biblical Languages (Greek) will be offered in the evening.

SAUC wants to meet the needs of the Seventh-day Adventist Church in the region of the Southeast Asia Union Mission. Your suggestions as to how SAUC can

better meet your needs are welcome. One item needs attention right now. The SAUC administration wants to know if there is a need for an English Language major. Dr. Mary Wong, head of English instruction at SAUC, is interested in starting a four-year program affiliated with Walla Walla College which can offer a Bachelor's degree in English. Please write to the college administration if you or anyone you know is interested in this program.

Registration for the 1990 school year is January 2. Will we see you here?

— *Ralph Jones, Academic Dean, SAUC*

Students in Community Services

Leaders of the SAUC Student Association have actively promoted community projects this school year. The two major projects of the 1989 school year took place during the fourth quarter.

On October 2, students and Seventh-day Adventists from all over Singapore took part in a Fund Jog to raise funds for needy patients needing renal dialysis at the Singapore National Kidney Foundation. With the common goal "Run for Life, Save a Life," the Student Association was able to contribute a total of S\$8,000 to the Foundation to help save the lives of those suffering from kidney failure.

On October 13, the Mobile Blood Bank was on the campus for another community service project of the Student Association. Altogether 42 students and faculty members offered their blood, with 35 actually being accepted. (Those rejected had recently been ill, taken medicines, or travelled in mosquito-infested countries.) For many of the donors it was the first time, others had donated before. One student received a medal of appreciation, as it was his tenth donation to the Singapore



Blood Transfusion Services. Afterwards, several students and staff suggested that the blood donation project should be an annual Student Association event.

— *Marilyn Johnson, Student Association Sponsor*

Student Association Youth Evangelism

The Student Association of SAUC held a youth crusade for the college students on October 2-6. Nine student speakers spoke on various topics related to the theme "The Truth Shall Set You Free," taken from John 8:32.

The various subjects of the student sermons included forgiveness, true contentment, love, law, and true joy. Students or faculty provided special music each meeting. Various students also gave testimonies after the messages.

At the end of the week, many students expressed that they wanted Christ as their personal Saviour. Two expressed a desire for baptism, and two others requested Bible studies. A large number pledged to rededicate their lives to the Lord.

— *Tony Pasillas, SAUC student*

■ ADVENTIST WORLD RADIO ■

Adventist World Radio (AWR) has been on the air since March 1987. Constructed at a cost of US\$5 million, from donations of Adventists around the world, it costs US\$1.2 million to operate each year. Every hour of broadcasting costs US\$115, although many of the operators are volunteers.

The cost is small, however, when compared to the worth of one soul for the heavenly kingdom. It is estimated that 9,000 people have enrolled in Bible correspondence school courses as a result of AWR broadcasts. Six new churches have been reported. Hundreds have been baptized in Indonesia alone because of AWR.

From the nearly 12,000 letters received from listeners this year, encouraging messages continue to pour in. One writer said, "I have become a loyal listener to your

international broadcasts because they are so interesting and helpful. They not only help me understand the Bible better, but your programs make me feel so close to God. Can you send me some books because I deeply want to know more about Jesus Christ. I'm a professor at a local university."

Another listener writes, "This is the first time I heard about your good words of God. Many of my friends did not know about Christ, but through your broadcast we learned more about Him." And from still another, "Dear AWR, I like to hear your broadcasts because KSDA serves me the good news of Christ Jesus. Every time I hear your program I feel something excellent in my heart."

Why not serve your friends and family something excellent for their hearts? Share AWR with them today.

AWR-ASIA D-89 FREQUENCY SCHEDULE					8 Pm	Filipino	13720	270	21
November 5, 1989 through March 25, 1990						Mandarin	11980	315	25
					9 Pm	Korean	9650	330	31
S'PORE TIME	LANGUAGE	FREQUENCY	SLEW	M.B.					
8 Am	English	15125	270	19	10 Pm	Burmese	13720	285	21
	Mandarin	15225	315	19		Mandarin	11980	315	25
9 Am	Burmese	15125	285	19	11 Pm	Indian	13720@	285	21
	Mandarin	15225	315	19		Mandarin	11980	315	25
10 Am	English	13720*	315	21	12Pm	Indian	13720☆	285	21
	Mandarin	15225*	315	19		English	11980	285	25
11 Am	Mandarin	13720*#	300	21	1 Am	SIGN OFF			
	Mandarin	15225*	315	19					
12 Pm	Mandarin	13720*	300	21	4 Am				
	Mandarin	15225*	315	19		Mandarin	9495	315	31
1 Pm	Mandarin	13720*	300	21	5 Am				
	Mandarin	15225*	315	19		Mandarin	9495	315	31
2 Pm	Mandarin	13720*	315	21	6 Am	Indonesian	15125	255	19
	Mandarin	15225*	315	19		Mandarin	15225	315	19
3 Pm	Mandarin	13720*	315	21	7 Am	English	15125	270	19
	Mandarin	15225*	315	19		Mandarin	15225	315	19
4 Pm	Mandarin	13720*	315	21	* Broadcasts Saturday & Sunday only # Cantonese, Shanghainese on Saturday & Sunday @ Sun, Wed, Sat — Tamil; Mon, Thur — Malayalam; Tue, Fri — Marathi ☆ Sun, Tue, Thur, Sat — Hindi; Mon, Wed, Fri — Telugu				
	Mandarin	15225*	315	19					
5 Pm	Mandarin	13720*	315	21					
	Mandarin	11980	315	25					
6 Pm	English	13720	255	21					
	Mandarin	11980	315	25					
7 Pm	Indonesian	13720	255	21					
	Mandarin	11980	315	25					

AWR-ASIA ENGLISH PROGRAM SCHEDULE			
S'PORE TIME	Sun	Mon-Fri	Sat
7:00 Am	MicroSnaps	Parent Scene	Mailbox
7:15 Am	Focus on Living	Bible in Sound	Bible in Sound
7:30 Am	DX Asiawaves	Voice of Prophecy	Power to Cope
7:45 Am	Probe	Voice of Prophecy	Power to Cope
8:00 Am	Your Story Hour	Parent Scene	Story Hour
8:15 Am	Your Story Hour	Bible in Sound	Story Hour
8:30 Am	Voice of Prophecy	Greatest Story	Voice of Prophecy
8:45 Am	Voice of Prophecy	Voice of Prophecy	Voice of Prophecy
10:00 Am	AWR Magazine	-----	Mailbox
10:15 Am	AWR Magazine	-----	Focus on Living
10:30 Am	DX Asiawaves	-----	Power
10:45 Am	Probe	-----	Power
6:00 Pm	AWR Magazine	Parent Scene	Mailbox
6:15 Pm	AWR Magazine	Bible in Sound	Bible in Sound
6:30 Pm	It is Written	Greatest Story	Focus on Living
		DX Asiawaves (Mon only)	
6:45 Pm	It is Written	Voice of Prophecy	Probe
12:00 Pm	AWR Magazine	Parent Scene	MicroSnaps
12:15 Pm	AWR Magazine	Bible in Sound	Mailbox
12:30 Pm	Power to Cope	Greatest Story	DX Asiawaves
12:45 Pm	Power to Cope	Voice of Prophecy	Probe

■ SIGNS OF THE END ■

In recent months, there has been an easing of religious restrictions in some countries, such as the USSR, while in other parts of the world religious freedom diminishes.

In Turkey, Christians have been suffering considerable persecution. The Christian population of Turkey includes about 200 ethnic Turkish people and members of some other minority groups such as Greeks and Armenians. Commencing in February 1989, foreign and Turkish citizens have been regularly arrested for practicing Christianity. Despite the fact that the courts have consistently freed each of these individuals by finding them not guilty of any crime, the arrests have continued. (*Christian in Crisis*, July-August 1989)

In Southern Mexico, religious leaders have made a large number of attacks upon various religious groups, including Seventh-day Adventists. They have destroyed the homes of four Adventist families who would not attend holiday parties held on the Sabbath. Further persecution occurred when three Adventist men were hung by their feet from the limbs of trees, and a number of others were tied to trees while one of the religious leaders called out to them, "This will let you know that we are against all Adventists!" A new law is being demanded which would enforce two days of free labour in each week, one of which must always be on the

Sabbath. These religious leaders have also appealed to the State Government to prevent Adventist evangelists from holding meetings. (From *Christian in Crisis*, September-October, 1989)

In the United States the American Bar Association is considering the possibility of suing ministers for the counsel which they give to their church members. Such legal action could seriously damage church finances and undermine the pastoral ministry.

For Your Information...

Tithe income and distribution

The majority of the tithe income for the world budget comes from the North American Division. Of the tithe received in 1988, 47% was appropriated to the World Divisions. The North American Division only received 21%, and 32% was given to the General Conference and the GC Institutions such as Andrews University and Loma Linda University which serve the World Field.

■ HEALTH ■

The Wonders of Water

Airplane pilot Antoine du St. Exupery and his mechanic were forced to crash-land their small plane on the Sahara Desert. For three days they wandered over the burning sand, searching for help, dying of thirst. Finally, only hours away from death, they stumbled into a Bedouin camp, where they found water and help. Later the pilot wrote, "Water, thou hast no taste, no color, no odor.... Not necessary to life, but rather life itself." (from *Wind, Sand and Stars*, by Antoine du Saint-Exupery)

Ellen G. White wrote, "In health and in sickness, pure water is one of heaven's choicest blessings.... Drunk freely, it helps to supply the necessities of the system, and assists nature to resist disease." (*Ministry of Healing*, p. 237)

About 70% of the surface of the earth is covered with water. A pineapple is about 80% water, and a tomato about 95%. The human body is about 60% water, which means that a person who weighs 60 kg. is carrying around at least 35 kg. of water.

In the body, water has several very important functions. It helps to keep the blood the proper consistency. It moistens and warms the air going into the lungs. Water in saliva moistens the food; in the eyes it protects and washes; in the joints it lubricates. Water carries the enzymes needed for digestion, then carries the nutrients throughout the body.

For temperature control, water is essential to perspiration. Even on relatively cool days and during sleep, the body continues to perspire. In hot weather, however, much more water is lost, and must be replaced in order for the body to remain healthy.

An extremely important function of water is to remove the wastes from the body as the kidneys filter them out into the urine. Can you imagine washing your hair in a teacupful of water? Ridiculous, you say? Impossible to get out all the oil, dirt, and shampoo. Likewise, without adequate water intake, the body has to keep carrying around all the "garbage." Then a person may suffer needless headaches and fatigue, and will have less endurance.

The British team which conquered Mt. Everest proved something that the Swiss team before them had failed to realize. The Swiss failed on two different occasions, only 800 feet from the top. It was found that their climbers had been drinking less than two glasses of water per day in the ascent. The British team, however, took

equipment to melt ice and snow. Jokingly called the "lemonade expedition," they each drank at least 12 glasses of water per day. And they conquered.

The next time you suffer from a headache or unexplained fatigue, take a quick survey of how much you have had to drink that day. How many times did you pass urine, and what color was it? Often a person gets busy and forgets to drink. Or perspires more than he drinks. Then the accumulated wastes cause these symptoms.

Thirst is not a safe indicator of the body's need for water. Studies have shown that when a person drinks only as much as thirst demands, he is taking in one-third less water than he actually needs. To estimate your minimum water requirement for the day, divide your weight in pounds by 16. Thus, if you weigh 130 pounds, you should drink at least eight glasses of water each day, and more if the weather is hot. This amount does not include what you take in the form of fruit, vegetables, and other food. Nor should it include other beverages you take. It should be in the form of just plain water.

Start the day right by drinking a big glass of water as soon as you get out of bed. If possible, drink a second glass of water soon after. This helps to wash out the digestive system and prepare you for a good breakfast. Ideally, water should not be taken with meals, as it dilutes the digestive juices and slows digestion. Discontinue drinking 20-30 minutes before the meal, and wait at least one hour after eating before you drink again. Plan to drink at least once an hour, and it will be no trouble to take in your needed water for the day.

Water is truly one of "heaven's choicest blessings." Drink enough, and you will feel better. More water to drink means improved blood circulation, which leads to clearer thinking and increased energy. If you suffer from urinary infections or from constipation, drinking extra water can prove very beneficial. Water can also help to prevent or alleviate colds, flu, and other infections. Drinking can be an inexpensive beauty aid, as it may even help you to have fewer pimples and a clearer skin complexion. There are countless other benefits it offers. So...

Why not start now? Have a drink of pure, fresh water.

— Marilyn Johnson, Health & English Teacher,
Southeast Asia Union College

From here and there around the world...



I first came to SAUC under my father's wish. I had no choice, as he was the financier. But looking back today, I have no regrets. I have learned so much in SAUC: how to relate to different sorts of people, how to organize my time properly. Also I have had opportunities to practice my organization skills as well as leadership. But most of all, it was in SAUC that I truly came to know Christ personally as I never had before.

**Ellen Chung, 1989 Education graduate
Sabah**



I first heard about SAUC from a friend in 1987. It did not strike me as a possibility for my higher education, as I had always wanted to go to Britain or the U.S. to further my education. But when the time came for me to decide where to go, I realized that the places I wanted to go were beyond my financial capacity. SAUC then came to my mind, and I applied to join it. It catered to my need of a Business degree in Accountancy, as well as to my budget. It was also very close to home.

The affiliation program with Walla Walla College, offered by SAUC, is of great value as it provides the same certificate and training as one would get if he studied in the United States. So, why spend much more to go to the U.S. when you can get the same thing here!!!!

**Kumar Kulandasamy, Senior Business major
Peninsular Malaysia**



I came to SAUC to gain a Christian education to prepare myself for service to God and man. Being in a cross-cultural environment like SAUC has taught me to better understand and relate to different cultures and how to reach them with the Gospel of Christ.

Always I will treasure the practical experience and the many dear friends I have gained during my time at SAUC.

**Tony Pasillas, 1989 Education graduate
USA**

...we found what SAUC has to offer.

Come and find out for yourself!

Southeast Asia Union College

— the school with a difference.

■ DEVOTIONAL ■

Be Still

In order to have true calmness in our souls we must partake of the calmness and peace of heaven. Charles Kellogg, a noted naturalist, and a friend were walking together on Sixth Avenue in New York City amid all the noise, confusion, honking, and clanging of the great metropolis.

Suddenly Mr. Kellogg stopped and halted his friend. "Listen," he said, "Do you hear that?"

"Hear what?"

"That cricket!"

The friend was amazed. "Cricket!" he exclaimed. "How could anybody hear the sound of a cricket with all this noise going on around us?"

"Come on, I'll show you," Kellogg replied. So saying, he led his friend down a basement stairway, and there in a niche of the wall sat a small black cricket singing its bedtime serenade to New York City.

"How could anyone have ears sharp enough to hear this cricket chirping in the midst of all this New York traffic?" his friend wondered.

"Come on, I'll show you," Kellogg said again. They went back up to the street level, and the naturalist took a coin out of his pocket and tossed it on the sidewalk. People all around stopped and looked toward the spot where the coin had fallen.

"You see," Kellogg explained, "the people have their ears tuned to money. I have mine tuned to the sounds of nature."

If God should speak to puzzled, bewildered, angry, and distraught modern man, what would be His first words? Psalm 46:10 has the answer, I believe: "Be still, and know that I am God." Psalm 46 has been designated Luther's Psalm because the great Reformer, who was accustomed to singing in time of trouble, paraphrased it in his hymn "A Mighty Fortress." The psalm is a glorious song on the theme that in the midst of the upheavals of nations, God's people are safe. Here amid the thunder of world crisis and catastrophe, God reminds His people to "be still, and know that I am God."

Our omnipotent God graciously invites us to cease our helter-skelter hustle and bustle and to take time to commune with Him. To the invitation, "Be still," God adds, "and know that I am God." If these be the words of God, they place Him under a simple test by every sincere person, and He certainly will not disappoint anyone who follows the admonition. God longs for us to know Him, and if we follow His advice to "be still, and know that I am God," He will not disappoint us. But never before has it been so hard for people to listen. We are so deluged by shocks to our emotional system that we never seem to have time to recover from one blow until the next falls.

Alongside the roaring freeway of life on which civilization is rolling at ever-increasing speed stands man's Best Friend, God. To every traveler rushing by He urges, "Be still, and know that I am God."

— Leo R. Van Dolson,
from his book *God's Footprints on My Floor*

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