

SIGNS OF THE TIMES

WORLD EVENTS IN THE LIGHT OF PROPHECY

VOL. 40, NO. 32

Melbourne, Victoria, Australia, August 10, 1925

ONE PENNY

THE CRIME WAVE

A Sign of the Degeneracy of this Age, and a Sure Portent of the Winding Up of All Things Terrestrial

FOR a number of weeks past the city of Melbourne has been experiencing a most distressing crime wave. Citizens seem to have no guarantee that their lives are safe at any time of the day or the night. If they leave their homes they are liable to be set upon by men who seem to be awaiting any opportunity to deprive them of whatever possessions they may have with them, and they also run the risk of having their homes broken into during their absence and of having any conveniently removable valuables stolen. This latter crime may be committed while citizens are peacefully resting at home, and criminals do not stop short at murder if they

deem it necessary to the accomplishment of the object of their unlawful entry.

Commenting editorially on this serious condition of things the *Melbourne Age* says:—

“Certain local industries are said to be languishing. Crime is not one of them. It is, presumably, permissible to describe as an industry any activity carried on with so much ingenuity and persistency. Those engaged in it are enterprising; their business is constantly extending. Fired by the achievements of their seniors, gangs of juniors are evidently setting out on their own account. If there is a Fagin in our midst, he cannot complain of want of success. His pupils are surprisingly active and elusive; they



STURT STREET, BALLARAT, VICTORIA

Photo Victorian Railways

Ballarat, 74 miles in a westerly direction from Melbourne, is a splendid inland city of 40,000 inhabitants. It was founded on the great gold discoveries of 1851, but now is a busy manufacturing city with a fine farming district all around. It enjoys an excellent train service, being on the Melbourne-Adelaide main line, and is a delightful place for a holiday.

[Registered at the G.P.O., Melbourne, for transmission by post as a Newspaper.]

seem to be able to go round the city breaking into every kind of building with impunity. Each day's newspaper can be trusted to contain an announcement of some fresh startling crime. The house-breaker enters homes with the coolness of the householder; members of the family who encounter the intruder are liable to instant death by a shot from his revolver. Brilliantly lit shop windows on main streets can be thievishly emptied of their contents with a celerity the window dresser might envy. The unsuspecting suburban matron finds herself the daylight victim of the bag snatcher; the motorist and his wife who dare to pause in order to admire the beauty of the night, or of the scene, may be invited to hand over all their valuable possessions to some masked hooligans. These are types of the incidents that may at any hour of the night or day befall Melbourne's law-abiding citizens."

THE ALARMING INCREASE OF CRIME

THERE can be no doubt that crime of every description is increasing at an alarming rate. As an objection to this assertion it is sometimes stated that our prisons do not contain as many criminals as they used to. This objection is noted by the *Age*, which says: "It is proudly asserted that the prison population is only half of what it was forty years ago. No doubt it is. That is very largely the public's complaint. The other half is not now in prison, but evidently it ought to be." It would seem, however, from the ever-increasing reports of the glaring crimes that are daily committed, that considerably more than one-half of the country's criminals are outside the prisons. Many people are inclined to blame the police department for these conditions, stating that it is too inactive, and inefficient, and indifferent to cope with the situation successfully. No doubt there are some grounds for these accusations, but this failure on the part of the police department is not the root cause of the great increase in the number and the boldness of the crimes of the present day.

LOWERING THE STANDARD OF RIGHTEOUSNESS A CAUSE OF CRIME

MELBOURNE is not the only city that is suffering from the alarming increase in crime and general lawlessness, for this condition is world-wide. There are a number of causes that have contributed to bring about this state of affairs. One of these is undoubtedly the lowering of the standard of righteousness and justice as outlined in the law of God expressed in the Ten Commandments. From the mouths of hundreds of religious teachers and in numerous periodicals and books is being proclaimed the doctrine that the law of God has been abolished, and that we are no longer under an obligation to obey its precepts. We do not say that those who preach such a doctrine intend to teach that we are free to steal, lie, murder, etc., but such teaching has had, and is having, a very detrimental effect, for as Dr. Adam Clarke remarks, "A man cannot have a true notion of sin but by means of the law of God. Nor do we find that true repentance takes place where the moral law is not preached and enforced." Again he says: "It would be almost impossible for a man to have that just notion of the demerit of sin so as to produce repentance, or to see the nature and necessity of the death of Christ, if the law were not applied to his conscience by the light of the Holy Spirit; it is then alone that he sees himself to be carnal and sold under sin; and that the law of the commandments is holy, just, and

good." Where the claims of the law of God are not made plain, and the obligation to conform to them is not impressed on the hearts and minds of all, lawlessness is sure to abound.

MATERIALISTIC EVOLUTION ALSO TO BLAME

ANOTHER thing that can be justly charged with being responsible for a large percentage of the crime of this degenerate age is the materialistic conception of the origin and maintenance of the universe and all forms of life in it, including man, as it is generally expressed in the theory of evolution. When men are taught and believe that the human race has merely evolved from the lowest forms of animal life rather than that its primal progenitors were created in the image of a God to whom they were answerable for every action, their sense of responsibility to that same God and to their fellow-creatures is greatly impaired.

JUVENILE CRIME

A VERY distressing phase of the crime wave of the present age is that which involves so many of the youth and even children of this generation. The term "juvenile crime" seems to form a standing heading for the newspaper columns. Youthful criminals have organised themselves into gangs and "pushes," and their ability and audacity in the perpetration of crime rivals that of older and more experienced law-breakers. Gangs of larrikins parade the streets, making it unsafe for law-abiding citizens to pass by. Police officers who attempt to bring them to order are often attacked and severely handled. A few weeks ago it was reported that two rival "pushes" had an encounter in a Melbourne suburb. About sixty youths were engaged in the conflict, which was waged fiercely for about an hour, the principal weapons used being pickets pulled from the fences of houses in the vicinity. A policeman found it necessary to fire several shots from his revolver in order to disperse the mobs. This is not a scene from Bolshevik Russia, but from "law-abiding" Australia.

Mere youths, both boys and girls, whose ages range from about twelve to twenty years, have been implicated in daring robberies and other crimes. Concerning juvenile crime in Victoria during 1924, a newspaper report says:—

"No fewer than 3,328 cases were dealt with in children's courts last year, according to the report presented by Mr. R. H. Down, the officer in charge. Of that number the City Court heard 324, Ballarat 209, Collingwood 205, Richmond 164, Carlton 148, Fitzroy 132, South Melbourne 127, Footscray 122, Bendigo 115, and Brunswick 113."

A WORLD-WIDE CONDITION

THIS appalling condition of youth is by no means confined to Victoria or to any other state of Australia. Gene Stratton-Porter, the well-known American authoress, in an editorial in a recent issue of a popular magazine, said:—

"During the past six months my mail has been filled with letters from fathers and mothers all over the country demanding frantically to know what they are going to do to save their children. One sickening story after another fills my mail, or is poured into my ears, and a demand put that I do something about it. Very few of the writers of the letters that come to me stop to realise that I have been crying like John in the wilderness, for the past three years, since I began my editorial work, crying to fathers and mothers that they were taking the wrong path, that they were eating sour

grapes and their children's teeth would be set on edge. . . . But the letters I am receiving today, the accounts that are being carried to me by preachers and college professors and the people who are coming in contact with our young folks, will bear me out in the statement that in all God's world there never has been a bunch of youngsters in such absolute and appalling peril as confronts the young people today. And if something is not done and done quickly, right now in the year of our Lord 1925, we are going to experience the same fate that came to the people of Babylon."—*McCall's Magazine*.

WHY CHILDREN AND YOUTH GO WRONG

THE officer in charge of the children's courts in Victoria, in continuing his report from which we have quoted, stated that the chairman of the Indeterminate Sentences Board had examined records for the past four years, and found that the number of inmates in gaols who had been before children's courts was steadily growing. The lack of religious or moral training was the chief cause of juvenile crime, it was stated, and until that need was supplied crime would continue. Truancy was a fruitful cause of juvenile crime.

While lack of home training and discipline is without doubt the cause of much juvenile crime, the responsibility for a very, very large percentage of it must be charged against the moving picture theatre where sin in many of its hideous forms is daily portrayed. In Melbourne recently a girl of twelve years and two boys of similar age were implicated in various robberies and in the mischievous shooting of a horse. In answer to a question at court, the boy responsible for the latter crime said that at the pictures he had been struck with the furious way in which horses bucked when a shot was fired. This is but a typical example of the effect of the moving pictures upon the impressionable minds of children and youth.

In a book entitled "The Morals of the Movie," Mr. E. P. Oberholtzer, who for six years was a member of the Pennsylvania State Board of Censors, says:—

"The 'most important' among the 'deteriorating and destructive factors' as causes of 'minor and grave misdemeanours' coming under the notice of Dr. MacMillan—who, as superintendent of the child study department of the Chicago school system, has had an experience covering some 15,000 cases annually for a long term of years—is the moving picture. 'I could trace case after case,' he says, 'directly to the habitual frequenting of the questionable picture shows.' 'I do not think, I know,' says Warden McKenty, of the Eastern Penitentiary of Pennsylvania, 'that criminals are made in the picture houses. I study the cases of those who come to me. I ask the men how they were started on the paths which brought them to me, and they say through the moving picture.'"

THE SIGNIFICANCE OF IT ALL

HAS this crime wave of the present age any significance? Most certainly it has. It is one of the many signs that we are living in the last days. Describing the conditions that would prevail just prior to His second coming, the Saviour said: "And as were the days of Noah, so shall be the coming of the Son of man." Matt. 24: 37, R.V. Of the days of Noah the divine record is: "And the Lord saw that the wickedness of man was great in the earth, and that every imagination of the thoughts of his heart was only evil continually. . . . And

the earth was corrupt before God, and the earth was filled with violence." Gen. 6: 5-11, R.V. Another description of those living in the last days, according to the Apostle Paul, is "disobedient to parents." How remarkably in accord with this prediction is the condition of the children and youth of today!

Let us not allow Satan to blind our eyes to these things, but let us realise that they are definite "signs of the times," heralds of the soon coming of our Lord and Saviour Jesus Christ. Acquaint yourself with Him now while mercy's gate is still ajar; accept the gift of salvation He so freely offers; render to Him your whole heart's allegiance, and in the great day of reckoning so soon to dawn, you will find Him an unflinching Friend and Saviour. F.

RUSSIA'S WANDERING CHILDREN

WE have spoken from time to time in these columns concerning conditions in Russia, not out of a desire to disparage or deride a people struggling to get on their feet and establish their domestic concerns on a stable and prosperous foundation, but to let our readers know what Russia is demonstrating to the world, that a nation or government which fights against God and seeks to rule Him out of the hearts and affairs of its people cannot expect to succeed. The following from the *Australian Christian World* will help our readers to see what Soviet rule has done for that unhappy land:—

Terrible admissions as to the state of Russia under Bolshevist rule are made by Lunacharsky, the Commissar for Education, in an appeal to Soviet citizens, which was quoted in the *Times*. The worst enemies of the Communist Government have drawn no more shocking picture. The Education Minister asks for money to relieve "hundreds of thousands of vagrant children, some degenerated into a state of semi-savagery, some bordering on idiocy, while others have had their wits so sharpened and excited by collision with life that they have become dangerous enemies of society." The Russian authorities confess that this problem is "the most terrible ulcer on the Soviet Union's body," and regret that they can hardly make any impression on "the dark sea of child misery and suffering which drives children into vice, crime, and hatred of society." Lunacharsky expresses the fear that unless private charity is generously exercised, the stream of vagrant children will become a flood of pollution "poisoning the entire current of life." No provision seems to be made for orphan children under Soviet rule. The *Izvestia* says that a fate no less dreadful than that of the vagrant hordes threatens every child in Russia. "Today he lives comfortably, enjoying his parents' tender caresses, but the parents' death would place him on a level tomorrow with these homeless, hungry wanderers." Bishop Weldon, in his sermon at Kingsway, expressed surprise that any working men in this country can allow themselves to be deluded as to the true nature of Bolshevism. Attempts have been made to blind our people about the wretched conditions of the Russian masses; but here we have an open confession from one of the most respectable of the Soviet rulers.

Lunacharsky looks to charity to supply what the Soviet cannot give or has not given; but charity can be exercised in large measure only by those who, through private ownership of property, have accumulated means that enables them to give away large sums. And the private ownership of property is not encouraged—if it is even permitted—by the Soviet. The case thus looks very hopeless for the wandering, homeless hordes of Russia's children. This is the country that is ruling without God, and that does not propose to brook any interference from God in its affairs. The *Missionary Review* for May has a long article on "Russia Without God," which is a compilation of the observations of numerous visitors in Russia, as they have seen the conflict between religion and anti-religion in that vast country. Admissions made by Zinovieff, the head of the Third International, make this attitude

plain. Zinovieff declares: "The Communist Party cannot tolerate any interference by God in critical moments: for candidates who hesitate to renounce God we have no room." "The Soviets are despotic and cruel as the Czar," says one observer. "The government has made the Bible a contraband book. From Petrograd to Vladivostock, the Soviet Republics remain closed to our [British and Foreign Bible] Society."

How must Heaven view these pompous declara-

tions of puny, dying men, whose very breath is in the hand of the God whom they denounce and ridicule. Truly, He seeth that their day is coming. While so many of Russia's children are becoming pitiable, wandering vagabonds, the men who form the Soviet system are no less to be pitied. They have wandered from God, and are smiting the hand that feeds them, insulting Him who gives them life, rejecting His offers of mercy, and cutting off every hope of life eternal.

DR. PHILPOTS'S RADIO ADDRESSES

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FOURTH WIRELESS ADDRESS BROADCAST BY 3LO

Cancer—Cause and Prevention



CANCER is not a new disease, but today we are greatly concerned about its alarming increase. Let me quote a few figures to give you some idea of the position. Of those now living in England five to six millions are doomed to die of cancer. In the United States of America fifteen to sixteen millions are doomed to die of cancer. To come right home to Australia, 750,000 of those now living are doomed to die of this dreaded disease, for which there is no cure known to medical science, except when the disease is found and radically removed in its very early stages.

If we look at our own Australian figures from another point of view, they indicate that it is only a matter of about ninety-five years when cancer will be so common that everybody, when they reach the cancer age—thirty-five to forty-five years—will contract that disease. A terrible state of affairs to hand on to our children's children.

This alarming increase must be stopped, otherwise we must perish. We have mastered bubonic plague, smallpox, typhoid, and other deadly diseases of the past, not by their cure, but by their prevention, and in the same way shall we overcome cancer. We are not going to find any magic drug, serum, or antitoxin to cure this disease.

The student of pathology knows that cancer is the result of a change in the once healthy, normal body cells which, for some unknown reason have taken on an abnormal function, which means, in plain language, normal cells have run mad and invaded other parts of the body by travelling in the blood stream, etc. Wherever these mad cells go they set up fresh growths.

What has been the cause of the change of these once healthy cells to a cancerous condition? It must be remembered that a healthy person will not develop cancer, and it will not attack a healthy part.

It is further known that native races living in their natural state, and on their natural foods, do not develop cancer. When they are brought in contact with the white man, adopt his customs, foods, and vices, cancer appears.

Cancer is also known to be common among the workers in certain industries. Miners in the cobalt mines develop cancer of the lungs, supposed to be due to small quantities of arsenic floating in the dust of the workings, the arsenic acting as a slow chronic poison to the normal cells. The same is

noted in the workers in aniline dye works in Germany.

Therefore a vast amount of sound evidence exists to indicate that our alarming increase of cancer is due to foreign substances, such as chemical and other poisons being absorbed into and stored in the system over a number of years.

The late Sir Frederick Treves, surgeon to King Edward, said that cancer has only advanced since we have been adding chemical preservatives to our foods. Most of our butter contains boric acid, for which there should be no need. It is only a matter of educating the public to demand foods without dangerous chemicals, and their wishes will be gratified.

I have a letter signed by the general manager of the Foster Butter Factory in Gippsland, which says that his factory has been exporting butter without boric acid, to West Australia and Great Britain, and the only complaint they get from London is that the merchants there cannot get enough of it. Now if one factory can send butter to Great Britain without boric acid being added, surely the consumer in Australia should receive the same disease-preventing service. Next time you purchase butter ask for Foster butter, and you will be doing your health a good turn.

There is yet another poison that is absorbed into the system by far too many people. That is the toxins and disease germs which abound in millions in the bowels of those who suffer from constipation.

Then again we have those who have diseased gums (pyorrhœa) and abscessed teeth. If you suffer from constipation, pyorrhœa, or have abscessed teeth, you must know from my previous statements that your system is all the time absorbing not only poisons, but actual living germs that travel in the blood stream, and set up secondary diseased conditions in remote parts of the body, such as the kidneys, liver, heart, brain, etc.

There is a lot of evidence to indicate that when these poisons have been irritating the normal cells of certain organs and parts of the body for a period of years, they may be capable of causing the change over from normal healthy cells to cancerous cells. That is putting the position in the simplest form without worrying you with a lot of technical detail.

Constipation is a very common disease in all ages. You should know that by the many advertisements for patent medicines appearing in the press. Let me point out that these so-called cures are not cures

at all. All they do is to empty the bowel, and you feel better for the time being. In many cases these patent medicines are irritants to the bowel, and cancerous conditions are commonly associated with something of an irritating nature.

The only way to rid the nation of constipation is by its prevention, and that does not mean the swallowing of drugs, but the consuming of the foods that will prevent it, namely, whole-meal bread, fruit, and raisins. Drink plenty of water between meals, and take all those foods that contain the fibrous element, that give bulk to the contents of the intestines.

When you eat white bread, meat, eggs, and chocolate, those foods are so highly concentrated that practically all of them is absorbed into the system, leaving very little residue in the bowel. Therefore the muscular actions cannot get to work properly and propel the contents along. This means stagnation and putrefaction. In other words you have a cesspool in your system, and all the vile smells and poisonous germs are absorbed into your blood; resulting in headache, giddiness, tired feeling, depression, etc. At the same time you may be laying the foundation for a cancerous growth in middle life.

I have many letters from sufferers from constipation who have been cured of this condition by the simple change of diet. Only the other day a well-known Melbourne chemist told me that he had cured a poor friend in the country by sending him up whole-meal bread every second day.

If these talks have only the effect of curing our national constipation and have no bearing on the prevention of cancer, a great health service will have been rendered the people in this part of the British Empire.

In Great Britain today, the people fully realise all the grave dangers to health associated with constipation, and are not only consuming more and more whole-meal bread, but are actually sprinkling bran on the whole-meal bread and butter to make certain of preventing constipation. They have also been told by eminent medical men, "If you want to die of cancer eat white bread." "The whiter your bread the sooner you are dead."

When the public realise the seriousness of our present disease-producing foods, and a change is made over to health-sustaining and disease-preventing foods, we will find less need for surgical operations and the wholesale swallowing of drugs that do not remove the cause of disease.

If I have interested you in the great cause of the prevention of cancer and you are hungry for more information, with every confidence I refer you to that great book that has caused such a stir all over the world—"Cancer: How It Is Caused, and How It Can Be Prevented," by J. Ellis Barker.

The following extracts are from a personal letter written by that famous author in London on March 10:—

"Dear Dr. Philpots,—

"I am much obliged to you for your interesting letter of the 18th January, just received. Of course things take a long time, and the public is always rather entertained and amused than instructed for its own good, and the only thing one can do is to persevere in the hope that in course of time it will dawn upon the public that one is doing valuable work. It is most satisfactory for me to hear that you like my cancer book. It ought to do a great deal of good in Australia, where over-feeding on protein ought to lead to a great deal of health troubles, and things would probably be worse

if it were not for the good air and sunshine which offset indiscretion in eating and drinking. I imagine that your people must suffer pretty severely from all the diseases of civilisation.

"It seems that the well-to-do everywhere pin their faith in doctors, medical treatment of every kind, and expensive apparatus. It is, of course, very unpleasant for people who live over-well to abandon high-class cooking and turn to plain living. Still, it is the only thing that will do any good in heaps of cases. Here one meets the same difficulty, and also in America.

"You are quite right about the danger of chemicals in food. The worst is that the action of many of these chemicals cannot easily be ascertained because they act cumulatively after a great many years in ways which are little suspected. We have discovered only now that certain cancer poisons bring about the disease after twenty, thirty, or more years. Chemicals, and especially chemical poisons, should be shunned.

"Believe me,

"Very sincerely yours,
"J. ELLIS BARKER."

THEY LOVE TO HAVE IT SO

GOD has been faithful to the world in giving it warning after warning against evil and the consequences thereof, and in setting before the people the glorious goal of life eternal, the reward of righteousness. But He has also told us in language that cannot be misunderstood that the tendency of the times and the general inclination of the people is downward. He has declared that the people would heap to themselves teachers having itching ears who would tell them pleasant things instead of the truth, who would refuse to warn them of their danger; moreover, that the people would love to have it so.

So great has become the moral declension of a great portion of the public that even secular journals are issuing from time to time the warnings which should be shouted from the housetops of the spiritual guides of the people. True, the people do not want to be warned; but that should make no difference to the one whom God has appointed to warn them. They like the things of sense, the things that amuse, the things that pander to the animal propensities; but that should make no difference to those whom God has appointed to hold up before the people the banner of truth and righteousness and purity. And God has pronounced a woe upon the spiritual leaders who do not lift up and hold up such a standard and who do not warn of the danger ahead. The following cutting from the *Australian Christian World* will show how some men of the world look upon the tendency of the times:—

Dr. Argyle, the Chief Secretary, has been commending an *Argus* article which severely commented on the low moral tone of many plays he presented to the public. He says it is the fault of the public, which "seems to like vulgar stuff." Evidently the patrons set the moral standard of the stage since, as Colley Ciber said, the stage "must please to live." But Dr. Argyle goes on to state that the support or lack of it even recently to Alan Wilkie, the Shakespearian producer, "was a disgrace and a scandal to the community." He suggests a censorship of plays as in London, and says the Theatres Act should be altered to provide one. Referring to picture shows, he foreshadowed legislation giving increased censorship.

The theatre and the moving pictures are among the greatest educational features of the day; but the education they are giving is decidedly downgrade.

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SIGNS OF THE TIMES

World Events in the Light of Prophecy

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The Key to Christian Victory

THE key to Christian victory may be said to be a fourfold key. It is composed of submission, loyalty, perseverance, and service; and without any one of these there is no victory, no progress. The Christian missionary who, in the heart of Africa, died upon his knees was winning victories all along the way. He was fully submissive in his Christian living; he was loyal to the principles of the Redeemer's kingdom so far as he knew; he persevered in spite of the greatest obstacles; and there was no let-up in his service. He died upon his knees pleading for Africa's enlightenment and salvation. God is answering his prayers; Africa is no longer the closed continent; doors are opening there in every direction for the promulgation of the gospel. He had the key, and the lock opened under his manipulation.

It matters not how bright genius may be, without perseverance, genius will find its way to the gutter or to the refuse heap, and the world be no better for it. It is perseverance that wins, in the Christian life as well as in any other. George Müller was anxious for the salvation of his three friends. He determined to pray for them until they yielded. He prayed unceasingly; they yielded, and he rejoiced. He knew they were going to become Christians: for he was going to keep on praying until they did. A few students of Yale University who were earnest Christians desired the conversion of their friends in the institution. They began to pray; they did more than begin—they kept on. The ice began to break under the pressure of their prayers, and they had the satisfaction of seeing the entire student body converted to Christ.

A Christian woman desired the conversion of her husband. She prayed about it and spoke to him about it. Finally he told her that she must not speak to him again about the matter. Then she determined to pray for a period of twelve months for his conversion. She kept to her determination; but at the end of twelve months her husband showed no more signs of conversion than he did when she began. She decided to pray for another six months. Still there was no change. Then in her desperation she made up her mind that she would pray until her husband gave his heart to God. That very day he came home before his usual time, went to their room, and closed the door. Thinking there must be something wrong, that he must be ill, she went to the room to investigate. There she found him on his knees, making his surrender to God. God had answered her prayer when she came to the place where she was determined that no length of time should stand between her and his conversion.

It is true that prayers are not always answered just when we would expect them to be, nor always in the ways that we would like to have them. Never

mind; God says, Ask; and He is responsible for the answer given. Paul prayed three times for the removal of that thorn in the flesh. God answered, but not in the way Paul would have chosen. But God had something better for Paul than what Paul was choosing for himself. When he came to the place where he was resigned to God, willing for God to have his way, then God added blessings with which He could not have entrusted him before.

God invites us to come to Him and to prove Him. He says: "Call unto Me, and I will answer thee, and shew thee great and mighty things, which thou knowest not." Jer. 33: 3. God has richer and deeper and higher and broader experiences for us; but often He dare not entrust us with them lest we misuse them and turn from Him the Giver. The Psalmist understood the matter: "I waited patiently for the Lord; and He inclined unto me, and heard my cry." But David had to learn the experience of waiting patiently for God's time. He may have had the other three features of the key; but he needed the feature of perseverance. When he found that and used that, then the Lord inclined unto him and heard his cry, and brought him up out of a horrible pit, set his feet on a rock, and established his goings, and put a new song in his mouth, even praise to God. Ps. 40: 1-3.

It is not God's hand that is shortened that makes it unwise for Him to answer every prayer in the way that we would like. It is our iniquities that are separating between us and Him. With our hearts un sanctified; with our wills unsubmitive; with our own desires taking precedence over the purposes of God; God's answer of many of our prayers in the way that we would have them answered, would spell ruin for our souls.

But to outline where the trouble is, is not to prove the case hopeless. Rather, it is the first step on the road to success or victory. And God has promised not only to show us where the difficulty lies, but to give us the help we need to put matters right. He declares that as far as the east is from the west, so far will He remove our transgressions from us. He has even promised to sink them in the depths of the sea and remember them against us no more for ever. He is willing to do anything possible in righteousness in order to get sin out of us and out of His sight. Then He says, when He has done all that, that the Father and the Son will come in to us, and will make our abode with us. That is our guarantee of eternal salvation. That means for us a personal Christ, an indwelling Christ. Then can we become in truth the temple of the Holy Ghost.

There is no fact in all the universe of so great importance to us as the fact of sins pardoned and Christ within, the hope of glory. To have the living Christ and the Father come to us and make their abode with us, is the consummation of the plan of redemption. Those who are so happy as to have a part allotted to them in the eternal inheritance will have with them the actual, visible presence of Father and Son in the capital of the universe for ever. But we, if submissive and loyal and persevering in the Christian way, may have that spiritual presence and that holy influence with us here and now. Furthermore, if we do not have Christ within, the hope of glory, we shall never have any hope of glory. But we cannot have Him *within* unless we, in the power of God, compel sin to remain *without*. Christ will never divide the throne of the human heart with any other power or person. If we want victory in Him, we must let Him have His way in us. There is only one plan of salvation. That includes freedom from

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The Sanctuary or the Dwelling Place of God

FREDERICK LEE



THE most wonderful and instructive study in all the Bible is that found in the record of the sanctuary. Like a parable, it is filled with allegory and illustration. In this great parable, all truths centre. In its light, mystery stands revealed; and by a great prophetic beam shining from its centre, the future is opened to man. It is wonderful as we study this subject how we are led, step by step, up to the throne of God, and find ourselves standing in His presence, washed and cleansed from every defiling sin, and unafraid in the midst of divine glory. The sanctuary is heaven brought to earth—a place where the mysteries of salvation are revealed.

In an age when the light of truth was very dim, when the appointed people of God had become ignorant of His love, blind to His leadings, and unconscious of their heaven-appointed duty, God came to earth and dwelt among His people. God said: "Let them make Me a sanctuary; that I may dwell among them." Ex. 25: 8.

The sanctuary became a primary school to the people of God, in which they learned the fundamentals of true religion. In His mercy and love, God let down a pattern and an object lesson of heavenly things, a kindergarten for the teaching of the plan of salvation. After instructing Moses concerning every detail of the sanctuary and its articles of furniture, God said, "And look that thou make them after their pattern, which was showed thee in the mount." Ex. 25: 40. Later, when recording the history of the construction of the sanctuary, the writer of Hebrews said that these all "serve unto the

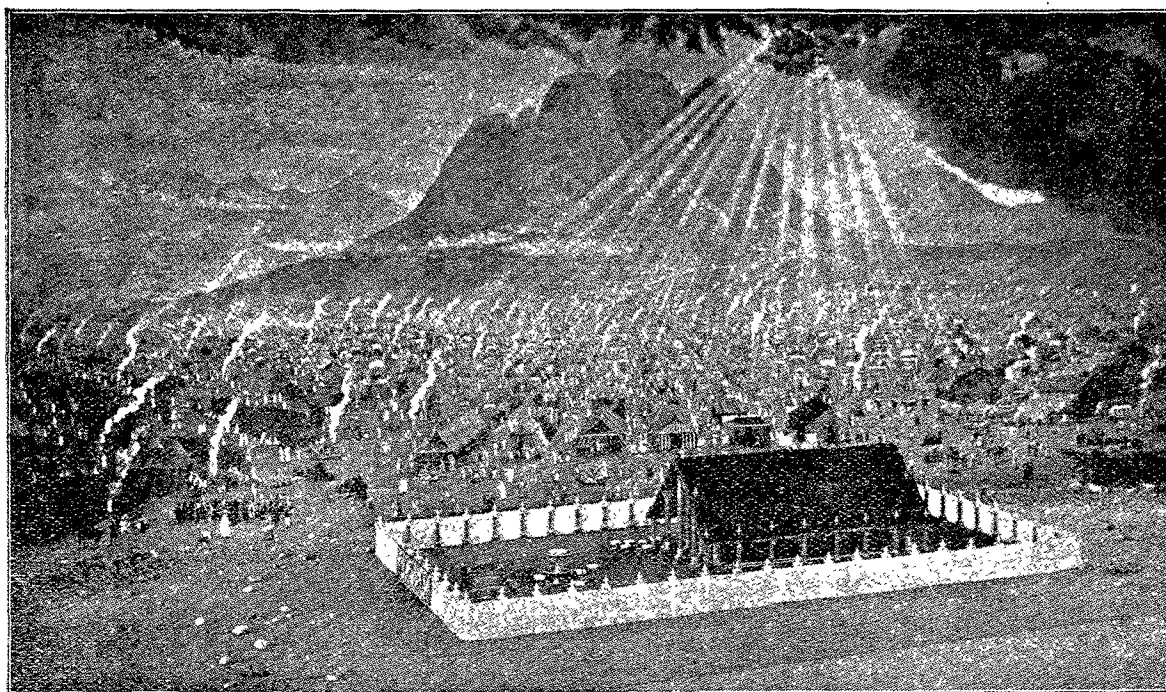
example and shadow of heavenly things: . . . for, See, saith He, that thou make all things according to the pattern showed to thee in the mount." Heb. 8: 5.

Thus by pattern and object lesson, the children of Israel were taught of heavenly things, with God as their teacher. But like many children today, they did not appreciate the blessings and privileges of school, and neglected their wonderful opportunities. Thinking only of obtaining a passing grade, they partook of only the shell of the lessons God would teach, while the living kernel fell to the ground. Herein we have the reason for Israel's failure. If they had fully heeded the teachings of God in the sanctuary school, they would have become the foundation of God's kingdom in the world, and, no doubt, the day of salvation would have come ere this.

SAMPLE HAPPENINGS

REGARDING the experience of the children of Israel in the wilderness, we read: "Now all these things happened unto them for ensamples: and they are written for our admonition, upon whom the ends of the world are come" (1 Cor. 10: 11), and they "did all eat the same spiritual meat; and did all drink the same spiritual drink: for they drank of that spiritual Rock that followed them: and that Rock was Christ." Verses 3, 4.

Christ, the great spiritual truth, the sum and substance of all teaching, the beginning and end of all learning, is the great central theme of the sanctuary service. It is the spirit of Christ, the life of



THE SANCTUARY AT MT. SINAI

The most wonderful and instructive study in all the Bible is that found in the record of the sanctuary. For the Israelites God intended that it should be an object lesson of heavenly things, a kindergarten for the teaching of the plan of salvation.

Christ, the salvation of Christ that is taught in every ceremony and object of the sanctuary, and in every experience of the children of Israel. The great purpose of God in leading His people out of Egypt was that He might reveal to them His Son Jesus. Israel was fed with this spiritual teaching, and they drank of it day by day.

But when Christ came to earth in person, Israel was as a people without spiritual instruction. They slew the Christ of whom they had been taught throughout the centuries, in every lamb that was slain in the sanctuary service, in every ceremony that was performed, and in every festival that was observed. Though they had been graduated from the sanctuary school of theory and ceremony, the lessons which they had been taught little affected their lives.

WRITTEN FOR TODAY

THESE things were written for our learning today. The heavenly truths which God endeavoured to teach the children of Israel through the services of the sanctuary are as bright and important now as they ever were. In fact, they have become more and more important as the time for the full completion of the sanctuary service in heaven draws near, for God is soon to lead His people out of spiritual Egypt into the land of the heavenly Canaan.

In the study of the symbols and ceremonies of the sanctuary, we should note its spiritual teachings and its prophetic teachings. The spiritual teaching centres in Christ, and the prophetic teaching centres in the judgment. If we understand the meaning of the sanctuary arrangement, its furniture, and the daily ministration, we shall have a fuller and more wonderful knowledge of the work of Christ in behalf of mankind. We have here revealed in astonishing clearness, every step in the plan of salvation. We have here a record of the whole work of Christ. We see Him "in the beginning"; we see Him on the cross; we see Him on the judgment seat; we see Him in glory. By a careful study of the prophecies which are closely related to the sanctuary, we may better understand the imminence of the investigative judgment. By no other subject may we so fully understand the character of Christ, which is altogether lovely, and by no other study may we become so fully awakened to the importance of the times in which we live.

PLAN OF THE SANCTUARY

THE general plan of the sanctuary which Moses built, and which we are told is the very pattern of the true sanctuary in heaven, "which the Lord pitched, and not man" (Ex. 26: 30; Heb. 8: 2), is as follows: The size of the tabernacle structure was thirty cubits by ten cubits. Ex. 26: 16-24; 36: 28-30. Thus structure was divided into two rooms. The inner room was called the most holy place. The outer room was called the holy place. Heb. 9: 2, 3; Ex. 26: 33. A curtain separated the two rooms. This was called the veil. Ex. 26: 33.

Surrounding the tabernacle was a large court—size one hundred cubits by fifty cubits. Ex. 27: 9, 18. This was a wall of protection, making the tabernacle more sacred. In the court and in the rooms of the tabernacle were placed certain articles of furniture which had to do with the services carried on, and which were also patterns of articles in the heavenly sanctuary. Ex. 25: 40.

The centre of the whole service of the sanctuary was the most holy place. Here was placed the ark of the covenant. Ex. 40: 3, 21. Upon the ark was

laid a cover called the mercy seat. Ex. 25: 21. This represented the throne of God. Here was the holy dwelling place of God (Ex. 25: 8, 22; Lev. 16: 2), which was a type of the new earth when the glory of the Lord will fill it. Num. 14: 21. Then, in truth, God will dwell with men. Rev. 21: 3. To this most glorious place all Israel looked with awe and reverence, and no man dared of himself enter therein.

Standing in the door of the court (Ex. 40: 33), with our backs to the east (Eze. 8: 16), we view the divine brightness issuing from the most holy place. By day, this glory is like a pillar of cloud, and by night it is like a pillar of fire. Num. 9: 15, 16. To this place all hearts turn, and in moments of deep heart-searching, there is a yearning to be worthy to enter into the presence of the glorious One. The holy and the most holy places represent heaven, God's throne (Isa. 66: 1; Ps. 11: 4), and the court represents the earth, God's footstool. Isa. 66: 1.

APPROACHING GOD

TAKING a few steps from the door of the court, we come to the altar of burnt offering (Ex. 40: 29), the place of sacrifice and the shedding of blood. Just beyond is the brilliant laver containing pure water, representing the twofold truth of the law and the gospel. Verse 30. These articles represent the first steps in man's approach to God. But there are other experiences, represented by the various articles in the tabernacle, through which we must pass in order to come unto God.

The first veil (verse 28), the veil of sin, is cast aside, and we pass through into the holy place. The closer we come to the presence of God, the greater our yearning to be near Him. Turning to the right, we see the table of shewbread. Verse 22.

We then turn to face the bright and shining candlestick (verse 24), which reminds us that we must learn to shine continually before we can enter into the presence of God; for by shining we become purified. We next come to the altar of incense (verse 26), where we are to learn the secret of true communion with God.

We have now come to the inner veil, the only intervening thing between us and God. Here we can feel the warmth of His presence, and see much of His glory; but we cannot see Him face to face. We stand before the veil with our hearts cleansed and purified, our souls nourished and strengthened by the study of the Word and by a life of service and communion with God. It is only the veil that separates. With assurance, we await the time when that veil of separation will be torn asunder. Christ, our Redeemer, removes that veil at His second coming, and ushers us into the very presence of the great God. What a wonderful way is here revealed!

Christ said: "I am the way, the truth, and the life: no man cometh unto the Father, but by Me." John 14: 6. In the sanctuary, we are shown how true this is. Indeed, every article of furniture and every curtain, from the door of the court to the ark of God in the most holy place, represents the footprints of Jesus, each step opening some wonderful mystery in the plan of salvation. Christ is marked on every instrument of the sanctuary service; and as we advance step by step to the glorious place, truth and life become brighter and more assured.

May we all walk this narrow path of the sanctuary which leads us up into the very presence of God. As we learn the beautiful meaning of every instrument of its service, and apply its spiritual truth to our sinful lives, we shall be preparing day by day to stand in God's presence without fear, and we shall be changed from glory to glory.

What the Bible Teaches Concerning the Second Appearing of Christ

R. A. SALTON



THE Son of God was incarnated in our human flesh, appeared upon earth as a man, and was sacrificed for the sins of the world; this was His *first* appearing.

"So Christ was once offered to bear the sins of many." Heb. 9: 28.

"God was manifest in the flesh." 1 Tim. 3: 16.

"Christ Jesus: who, being in the form of God, thought it not robbery to be equal with God: but made Himself of no reputation, and took upon Him the form of a servant, and was made in the likeness of men: and being found in fashion as a man, He humbled Himself, and became obedient unto death, even the death of the cross." Phil. 2: 5-8.

"Now once in the end of the world hath He [Christ] appeared to put away sin by the sacrifice of Himself." Heb. 9: 26.

After His work on earth was finished, Jesus ascended to heaven, there to be our Mediator, our Advocate, our great High Priest.

"He ascended up on high." Eph. 4: 8.

"There is . . . one mediator between God and men, the Man Christ Jesus." 1 Tim. 2: 5.

"He ever liveth to make *intercession* for them." Heb. 7: 25.

"We have an *advocate* with the Father, Jesus Christ the righteous." 1 John 2: 1.

"Seeing then that we have a *great High Priest*, that is passed into the heavens, Jesus the Son of God, let us hold fast our profession." Heb. 4: 14.

While interceding for us in heaven, He is also preparing a place for His people.

"In My Father's house are many mansions: if it were not so, I would have told you. *I go to prepare a place for you.*" John 14: 2.

When Christ's work in heaven of preparing a place for His people, and His work on earth of preparing a people for that place, is finished, He will come to take His people to that place.

"And if I go and prepare a place for you, *I will come again*, and receive you unto Myself; that where I am, there ye may be also." John 14: 3.

"And this gospel of the kingdom shall be preached in all the world for a witness unto all nations; and then shall the end come." Matt. 24: 14.

"And, behold, *I come quickly*; and *My reward is with Me*, to give every man according as his work shall be." Rev. 22: 12.

Not as "a man of sorrows" will He come the second time, but as a King, at the head of the armies of heaven, even the angels of God.

"When the Son of man shall come in His glory, and all the holy angels with Him, then shall He sit upon the throne of His glory." Matt. 25: 31.

"And I saw heaven opened, and behold a white horse; and He that sat upon him was called Faithful and True, and in righteousness He doth judge and make war."

"And the armies which were in heaven followed Him upon white horses, clothed in fine linen, white and clean."

"And He hath on His vesture and on His thigh a name written, KING OF KINGS, AND LORD OF LORDS." Rev. 19: 11-16.

The angels will accompany Christ at His appearing to gather together God's people.

"And He shall send His angels with a great sound of a trumpet, and they shall gather together His elect from the four winds, from one end of heaven to the other." Matt. 24: 31.

Referring to the final gathering of the nations of the world, Joel says:—

"Assemble yourselves, and come, all ye heathen, and gather yourselves together round about: *thither cause Thy mighty ones to come down, O Lord.*" Joel 3: 11. Compare Ps. 103: 20.

The second appearing of Jesus Christ will be visible to all the living.

"Behold, He cometh with clouds; and every eye shall see Him." Rev. 1: 7.

"For as the lightning cometh out of the east, and shineth even unto the west; so shall also the coming of the Son of man be." Matt. 24: 27.

At the coming of Jesus, His voice will be heard by the living and will awaken those who have died in Christ.

"For the Lord Himself shall descend from heaven with a shout, with the voice of the archangel, and with the trump of God: and the dead in Christ shall rise first." 1 Thess. 4: 16.

"We shall not all sleep, but we shall all be changed, in a moment, in the twinkling of an eye, at the last trump: for the trumpet shall sound, and the dead shall be raised incorruptible." 1 Cor. 15: 51, 52.

"The hour is coming, in the which all that are in the graves shall hear His voice, and shall come forth; they that have done good, unto the resurrection of life; and they that have done evil, unto the resurrection of damnation." John 5: 28, 29.

At His appearing the righteous living will be changed into immortality and translated to heaven.

"We shall not all sleep, but we shall all be changed, in a moment, in the twinkling of an eye, at the last trump: for the trumpet shall sound, and the dead shall be raised incorruptible, and we shall be changed. For this corruptible must put on incorruption, and this mortal must put on immortality." 1 Cor. 15: 51-53.

"Then we which are alive and remain shall be caught up together with them [the resurrected ones] in the clouds, to meet the Lord in the air: and so shall we ever be with the Lord." 1 Thess. 4: 17.

The wicked will be unprepared for the appearing of Christ; they will be so terrified that they will desire their own destruction.

"And the kings of the earth, and the great men, and the rich men, and the chief captains, and the mighty men, and every bondman, and every free man, hid themselves in the dens and in the rocks of the mountains; and said to the mountains and rocks, *Fall on us, and hide us from the face of Him that sitteth on the throne, and from the wrath of the Lamb: For the great day of His wrath is come; and who shall be able to stand?*" Rev. 6: 15-17.

The earth itself at that great event will be thrown into a state of desolation and chaos, for all the cities

will be broken down, the atmospheric heavens will depart, and there will be no living man left.

"I beheld the earth, and, lo, it was without form, and void; and the heavens, and they had no light. I beheld the mountains, and, lo, they trembled, and all the hills moved lightly. I beheld, and, lo, there was no man, and all the birds of the heavens were fled. I beheld, and, lo, the fruitful place was a wilderness, and all the cities were broken down *at the presence of the Lord*, and by His fierce anger. For thus hath the Lord said, *The whole land shall be desolate.*" Jer. 4: 23-27.

"And the heaven departed as a scroll when it is rolled together; and every mountain and island were moved out of their places." Rev. 6: 14.

All who are not prepared for the appearing of Christ will be slain and will then be like refuse upon the ground; they with all the unsaved who have died before them will remain dead for a thousand years.

"And the slain of the Lord shall be at that day from one end of the earth even unto the other end of the earth: they shall not be lamented, neither gathered, nor buried; they shall be dung upon the ground." Jer. 25: 33.

"But the rest of the dead lived not again till the thousand years were finished." Rev. 20: 5.

At the second appearing of Christ the righteous will enter upon a grand march to heaven, receive an abundant entrance through the pearly gates of the New Jerusalem, a glad welcome to the home above and to the tree of life for ever.

"Lift up your heads, O ye gates; and be ye lift up, ye everlasting doors; and the King of glory shall come in. Who is this King of glory? The Lord strong and mighty, the Lord mighty in battle. Lift up your heads, O ye gates; even lift them up, ye everlasting doors; and the King of glory shall come in. Who is this King of glory? The Lord of hosts, He is the King of glory." Ps. 24: 7-10.

Christ the King of glory will lead the hosts of the redeemed home to glory as the trophies of His mighty battle with Satan and sin.

"Blessed are they that do His commandments, that they may have right to the tree of life, and may enter in through the gates into the city." Rev. 22: 14.

The second coming of Christ will be His glorious appearing.

"Looking for . . . the glorious appearing of the great God and our Saviour Jesus Christ. Titus 2: 13.

"For whosoever shall be ashamed of Me and of My words, of him shall the Son of man be ashamed, when He shall come *in His own glory, and in His Father's*, and of the holy angels." Luke 9: 26.

There will be but two classes among those living on the earth when Christ appears—the one prepared, the other unprepared.

"And it shall be said in that day, Lo, this is our God; we have waited for Him, and He will save us: this is the Lord; we have waited for Him, *we will be glad and rejoice* in His salvation." Isa. 25: 9.

"And the kings of the earth, and the great men, and the rich men, and the chief captains, and the mighty men, and every bondman, and every free man, hid themselves in the dens and in the rocks of the mountains; and said to the mountains and rocks, Fall on us, and hide us from the face of Him that sitteth on the throne, and from the wrath of the Lamb: for the great day of His wrath is come; and who shall be able to stand?" Rev. 6: 15-17.

All who will be ready for His appearing will be looking for this event as a blessed hope, and will be purified in character through the grace of Christ.

"Looking for that *blessed hope.*" Titus 2: 13.

"Unto *them that look for Him* shall He appear the second time." Heb. 9: 28.

"Every man that hath this hope in him *purifieth himself, even as He is pure.*" 1 John 3: 3.

The Bible closes with a promise of His appearing and a prayer for that great event.

"He which testifieth these things saith, *Surely I come quickly. Amen. Even so, come, Lord Jesus.*"

The Christian should live and long, work and pray, for the appearing of Christ; the worldling should repent and prepare to meet his God. There will be no hope of salvation after He comes; every case will then have been decided for everlasting life or eternal death. "Now is the day of salvation"; "now is the accepted time" in which to make one's "calling and election sure."

Reader, how will it be with you? You yourself can decide your future destiny. Make the full surrender to Christ, take Him as Saviour, Sanctifier, and King, and all will be well.

A Life Owed to a Bible Reading

IN a sketch of the life of Colonel P. Donan, an American orator, which appears in a Pittsburgh journal, it is stated that the colonel's life was once saved by his giving a Sunday morning to Bible reading instead of a game at cards. Some years ago, during a journey from New Orleans to St. Louis, he was invited by some friends to join them in a game of poker in the cabin. It was Sunday morning, and although the colonel made no profession of religion, his early training made the suggestion seem shocking to him. He refused, but his friends persisted, and to prevent further pressure, he retired to his state-room.

While in his cabin, he analysed his feelings, and it seemed to him that he had objected to the game somewhat inconsistently. He was not a Christian, yet he had denied himself on Christian scruples. He remembered that he had a Bible in one of his portmanteaus, given him by a Christian friend. He had promised to read it, but had not yet done so. He thought he would look into it at once, and see where he stood. He found it, and became interested. The poker game was forgotten, and he read for more than an hour. He was aroused at last by a terrific explosion, which shook the steamer from stem to stern. He ran to the deck, and as he passed the cabin, he saw that the explosion had been just under it, and every one of the friends who had made up the poker party was dead. The steamer was sinking, but Colonel Donan managed to get a place on one of the boats with the other passengers, and was picked up three miles down stream. Probably few persons owe their lives, as he did, to a reading of the Bible; but there must be an immense number who owe to it the salvation of their souls, which is much more important.—*Selected.*

Our Father's Love

LIFE is full of broken things:
Every joy some sorrow brings;
Every beam of purest light
Surely darkens into night.
So amidst time's raging gales
Trust His love, this never fails;
Trust His love, it gives the best;
Trust His love, *herein is rest.*

—S. Trevor Francis.

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Foundation Facts Commemorated

W. R. CARSWELL



ANY of the public holidays observed in our land are memorials designed to keep before the mind some great person or event. We have the King's birthday, the Prince of Wales's birthday, Foundation day, Christmas day, and so on. The design of these holidays is to perpetuate the memory of the person or event with which they are connected.

Christmas day is observed by the Christian world (at least professedly) to keep before Christian worshippers the wonderful condescension of the Son of God in taking our human flesh, and being born in the stable of the inn at Bethlehem. Doubtless many who make Christmas a festal day do not pause to inquire whether God appointed the observance of the day or not, and are equally careless of its intended significance. As a matter of fact there is no Scriptural injunction to make Christ's birthday either a *holy day* or a *holiday*. Neither can it be proved that the season of its observance is the season of the year when our blessed Lord and Saviour was born in Bethlehem.

OTHER MEMORIALS OF CHRIST

BUT Inspiration is not silent concerning other divinely-appointed memorials of other great facts in the Master's earthly career. "For I delivered unto you first of all that which I also received, how that Christ *died* for our sins according to the Scriptures; and that He was *buried*, and that He *rose again* the third day according to the Scriptures." 1 Cor. 15: 3, 4. Have these great facts of Christian belief any divinely appointed memorials? Assuredly, because our salvation depends upon faith in these foundation facts of the gospel. Jesus through His birth did not assure salvation to all who believe and obey Him. But when He gave the triumphant shout, "It is finished," the way to salvation was opened for the repentant sinner through faith in His great sacrifice. But because He rose again and "ever liveth to make intercession for them" (Heb. 7: 25), we are "saved by His life." Rom. 5: 10.

A THREEFOLD CORD

THESE great facts, three in number, are attested in a threefold manner, which I purpose briefly to notice. The Scripture says that "a threefold cord is not quickly broken." Eccl. 4: 12. The strands of this threefold witness are prophecy, fulfilment, and commemoration. First I will cite a few *prophetic* statements concerning the death of our Lord. Daniel was told by the angel Gabriel that the "Messiah" would "be cut off." Dan. 9: 26. Isaiah foretold that He would be "cut off out of the land of the living," and that He "poured out His soul unto death." Isa. 53: 8, 12. His crucifixion was foretold in Ps. 22: 16-18 and Zech. 12: 10; 13: 6. Space forbids fuller reference to the price paid to His betrayer, the words of our Saviour when apparently forsaken by the Father, and the many other prophetic statements concerning His sufferings. See Zech. 11: 12; Ps. 22: 1; Isa. 53: 3-5.

Isaiah foretold the burial of Christ with the wicked in man's purpose and with the rich in reality, and the Psalmist foretold that His resurrection would be so speedy that decomposition of the body would not begin. See Isa. 53: 9; Psa. 16: 10. Hosea 6: 2 indicated the hope of a resurrection brought to believers through the resurrection of Jesus on the third day; and Jonah's experience in the belly of the great fish was prophetic of the experience of

Better Meals for All



MONOTONOUS dietary is not the best. Introduce some suitable variety from day to day. One of the following cookery books, or all of them, should have a place on your kitchen shelf. Consult them frequently. They will not only teach you how to cook better meals, and how to have a healthful and delightful change from time to time, but they will give you valuable information about food, and this information will mean better health to you and a consequent saving of doctor's and druggist's bills. The three booklets, in fact, cost little more than a single bottle of medicine, and will help to make such things unnecessary in your home.

"A FRIEND IN THE KITCHEN"

Written by Mrs. Anna L. Colcord, it is brimful of good, wholesome recipes and good, practical advice. Shows how to make appetising and nourishing soups, breads, rolls, toasts, and wheatmeal gems, and healthful and pleasing desserts. Gives much instruction on the making of salads, the cooking of legumes (peas, beans, and lentils), and all the various vegetables—cauliflower, cabbage, potatoes, marrows, pumpkins, beets, carrots, parsnips, sweet corn, etc., etc. Also tells how to make many savoury and tasty substitutes for meat. These substitutes will be found cheaper than meat and more healthful. How to prepare simple dishes for the sick; how to dry apples, make cottage cheese, apple butter, lemon butter, hop yeast and potato yeast, etc., etc. Gives instruction on right food combinations, the nutritive values of foods, canning, etc. Contains valuable "Rules for Dyspeptics." Its 128 pages are packed with useful, all-round information. Cloth (postage 3d. extra), 3/-. Paper covers (post free), 2/-.

"GOOD HEALTH COOKERY BOOK"

Written by a Sanitarium lady physician, Dr. Lauretta Kress, it goes into the theory of foods and dietetics, and also gives many choice recipes in regard to the cooking of wheatmeal and oatmeal, fruits, legumes (peas, beans, and lentils), and the making of various delightful and healthful fruit drinks, or beverages. Gives also a great many tasty ways in which the various Sanitarium nut meats can be used, also Gluten, Granola, Granose, etc. Cloth (postage 3d. extra), 3/6. Paper covers (post free), 2/-.

"FOOD AND COOKERY"

By H. S. Anderson, Expert Dietitian

Several chapters are devoted to a discussion of foods and their uses in the body, food values, food economy, food preparation, the principles of successful cookery, right combinations and menu-making, sample menus, planning the meal, etc.; and then there follows a series of twenty systematic and splendid cooking lessons, covering the full range of healthful cookery. To mention only a little: How to make lactosa, nut and fruit bars, cereal coffee, fruit coffee, and grano coffee; unfermented batter breads, as wheat puffs; unfermented dough breads, as cream rolls, wheat sticks, fruit crisps, date rolls, etc.; and fermented, or yeast, breads, as "mother's bread," bran biscuit, "entire whole wheat bread," wheat bread, fruit bread, "diabetic bread," etc. Soups, legumes, vegetables, desserts, salads, sandwiches, fruit ices, cooking for the sick, home canning, etc., etc., are also covered. Cloth (postage 5d. extra), 3/9.

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Christ. See Jonah 1: 17; Matt. 12: 40. Ps. 68: 18 also foretold His ascension.

EVIDENCES OF FULFILMENT

MATTHEW continually refers to the fulfilment of prophecy in the life of Jesus, saying "that it might be fulfilled"; "Then was fulfilled that which was spoken." Matt. 1: 22; 2: 17. In Matt. 27: 45-60; 28: 1-10 the fulfilment of the prophecies concerning the death, burial, and resurrection of Jesus is clearly shown. Mark 15: 33-46; 16: 19; Luke 23: 44-53; 24: 5, 6; John 19: 28-42; 20: 11-18 also record the fulfilment of these great facts as foretold in the words of the prophets. And this thing was not "done in a corner," as Paul said to Agrippa. Acts 26: 26. At the Passover season, when Jesus died and rose again from the tomb, millions of Jews came to Jerusalem to worship, and would know the facts of the case. Yet none ever successfully controverted the narrative of the apostles. Moreover, about 500 witnesses saw Jesus after His resurrection, and spoke with Him. Acts 15: 6. Surely here was overwhelming evidence of the reliability of prophecy.

COMMEMORATION

"FOR as often as ye eat this bread, and drink this cup, ye do show the Lord's death till He come." 1 Cor. 11: 26. In every Christian assembly, where the emblems of Christ's broken body and spilled blood are partaken of, there is a solemn yet joyful testimony that the Son of God died for sinful men, in order that He might save them from sin. Matt. 1: 21; 26: 26-29; Luke 22: 19, 20; Mark 14: 22-25. Thus the sacred ordinance of Jesus' own appointment is an indisputable evidence that the inspired statements of prophecy and history are true—and Jesus died for sinners.

BURIAL AND RESURRECTION

How are the great facts of our Lord's burial and resurrection commemorated? Let Inspiration answer. "Therefore we are buried with Him by baptism." Rom. 6: 4. "Buried with Him in baptism, wherein also ye are risen with Him through the faith of the operation of God who hath raised Him from the dead." Col. 2: 12. Thus through a burial in the watery grave and an instant rising from it, the believer testifies to his faith in the risen Saviour. And the consecrated life of the baptised one is the best witness that Jesus has risen indeed, and is ministering divine grace to His people from the sanctuary above.

FORM AND PURPOSE CHANGED

It is true that this memorial has been lost sight of almost entirely by the bulk of Christians. While repentance and faith in the Lord Jesus are the Bible prerequisites to baptism (Acts 2: 37, 38; 8: 36, 37), when Christianity had become contaminated by heathen ideas babes of a few days old were considered fit subjects for baptism. Such infants could neither repent nor believe. Moreover there was no semblance of a burial in sprinkling a few drops of water on the babe's forehead. So the divinely appointed memorial of the burial and resurrection of our Saviour has been corrupted, and well nigh lost. But when observed as God gave them, these blessed memorials are a strong confirmation of prophecy and sacred history. The threefold cord is not quickly broken.

Dear reader, do you show your faith in the death of your Saviour by partaking at regular seasons of the emblems of His broken body and spilled blood? Take another step in faith, by being buried with Him and raised up to walk in newness of life. Thus shall you prove the Bible true in your own experience.

Is the Soul Immortal?

A. W. ANDERSON

A CORRESPONDENT who has been reading the SIGNS OF THE TIMES for several months has written an interesting letter concerning the immortality of the soul, in which he says, *inter alia*:

"What composes the soul?—Flesh-dust, and God's breath of life. All this does not die. The dust body, except the essence, dies for ever; but the breath of life, God gave to all of us (He did not lend it, He gave it). This part of a soul never dies, never can die, it is a part of God. . . . This breath of God, that is, our personalities, combined with each essence of each fallen body—each essence of each body remains when all our bodies return to dust."

We can endorse what our correspondent says concerning the composition of a living soul, viz., a combination of flesh-dust and God's breath of life, for this is in harmony with the inspired record of the creation of man. But we can hardly follow our friend when he declares the breath of God to be "our personalities." The breath of God is the life of God which He gives to each of us, and which sustains each of us while we live, "For in Him we live, and move, and have our being." It is this life principle which enables us to develop our personalities. Personality is something which is more than mere flesh and blood; more than life; yes, more even than a combination of life and dust. Therefore it cannot be defined merely as flesh, or even as the life that animates the flesh.

Personality is individuality, and it is really that which is the development of the individual as a result of training, education, religion, environment, and all that goes to produce in us our ego. Of course, the breath of life is essential for the development of the personality; and, so is the flesh and blood and bones and sinews and mentality; but the body without the life can never develop personality. Both are essential. Therefore the personality must be something which is produced by a combination of life and dust, plus experience, training, education, and life habits. This idea can be illustrated by the development of a seed.

A seed is cast into the ground; it contains the germ of life, which enables the seed to develop its own particular individuality. By a natural process of development, in course of time it grows into a tree, by absorbing those elements which it needs for its development and growth, by breathing in the car-

bon-dioxide of the atmosphere and converting it into sugar and starch and cellulose by a wonderful chemical process, until it becomes a fully grown tree with its own personality. What is this personality? Is it the life, or is it the combination of all the elements that the life-power has brought into affinity in order to develop its individuality or personality?

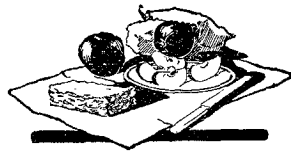
Apply this illustration to man and his development. In his embryonic state he possesses latent powers which are undeveloped. By the life power given to him day by day from God these latent powers gradually develop into a perfectly formed infant. Then through education, through experience, through environment, and a hundred other things, personality gradually is developed. That personality which is produced is not only the life, but it consists of an individuality composed of life, and all the other things associated in its development which the power of life makes possible. The life is not the personality, any more than the steam in the locomotive boiler is the engine. Without the steam the locomotive could not move of itself, and without the locomotive the steam could not pull the train. So the steam is not the personality, the locomotive which is operated by the steam is the real personality, not the steam.

Friends with God

WILLIAM J. GILSON

JUST before Christ was torn from His disciples to undergo the agony of Gethsemane and the tortures of Calvary, He gave to those followers of His the reassuring, comforting message contained in John, chapters 14-16. Beginning with the exhortation, "Let not your heart be troubled," and ending with the admonition, "Be of good cheer," every sentence seems to have been spoken with the idea of awakening in the hearts of His companions a confidence in Him and His mission that would sustain them in the trying hour through which they were so shortly to pass.

And here, right in the centre, as it were, of this last sustaining heart-to-heart talk with His followers, we find the greatest of all statements which express the measure of His love for them and for us. "As the Father hath loved Me," it commences, and here we pause and try to comprehend the capacity of the Father's heart to love that only Son of His, bearing His own image and reflecting in every phase of His life the attributes of His Father's character.



A sensible luncheon

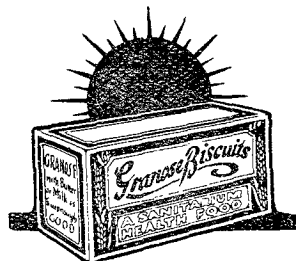
Most mothers pack fruit in the youngsters' lunch bags. When they add Granose Biscuits they put up a perfect meal. For every flake of Granose is a grain of wheat, and whole wheaten grains are rich in elements essential to the making of rich blood, sturdy bone and sound teeth.

GRANOSE BISCUITS

Granose is good for grown-ups too. Many a man enjoys an office lunch of fruit and Granose Biscuits. The crisp flakes are so tasty and so good. Their grainy substance calls for a certain amount of mastication, and this induces the flow of saliva, a valuable digestive aid.

Obtainable at all grocers and at all Sanitarium Health Food Shops.

G.B. 16-9-25



A SANITARIUM HEALTH FOOD

But our efforts are vain. How can finite man fathom the depths of infinite love? We read again, "As the Father hath loved Me, so"—in the same manner, to the same degree, "have I loved you." Here is the simple statement of a wondrous love, so simple, and yet eternity will not afford us sufficient time to learn all that statement means.

"These things," He continues, "have I spoken unto you that My joy might remain in you, and that your joy might be full." Fullness of joy! Well may we rejoice as we contemplate the measure of that matchless love. What worse than folly, to drink from the broken cisterns of the world's pleasures, when such a well-spring of joy as this is offered freely!

And then He makes us that wonderful offer of friendship, "Ye are My friends, if ye do whatsoever I command you," followed by a declaration of the basis of that friendship which is confidence. "Henceforth I call you not servants; for the servant knoweth not what his Lord doeth: but I have called you friends; for all things that I have heard of My Father I have made known unto you." We are not in ignorance. Our loved Master has taken us into His confidence. He has told us just what He intends to do. And so we wait for Him, calmly, in the confidence of one keeping an appointment with a friend who never disappoints. The Master comes seeking us with this wonderful offer of friendship—the friendship of one who sticketh closer than a brother. He invites our confidence, offering us His own. "Ye are My friends." Am I indeed His friend? I may be. If I give Him my confidence as He has offered His, I can commune with Him then as Moses did face to face as a man speaketh with his friend.

What shall I do with this wonderful offer He makes me? I cannot reject a love for me that measures with the Father's love for His Son. Nay, rather will I accept Him as my friend, my companion; rather will I yield my heart to His claims, and placing all my confidence in Him, await His coming with the assurance that my beloved Friend will soon be here.

"He calls me His friend,
He gives me His love,
He tells me His plans
To return from above.

"He asks for my heart
He wants for His own;
I yield to His will,
Let my heart be His throne."

The Key to Christian Victory

(Concluded from page 6)

sin, freedom in Christ, and then Christ our all and in all.

The soul that has this has all that is needed to guarantee to him heaven and eternity and the fulfilment of Christ's purpose for him. O soul, *surrender* to God, and let Him make you a victor; be *loyal* to Him, so that He may use you for mighty things; *persevere* in His service, that He may be able to depend upon you in any and every emergency; lay your all upon the altar in *service* for God and humanity, and be a living stone in the temple of God for ever.

THERE'S music in the sighing of a reed;
There's music in the gushing of a rill;
There's music in all things, if men had ears:
Their earth is but an echo of the spheres.

—Byron.

Important Light on the Great Sabbath Question



IN every part of the world, thoughtful men and women, young and old, are now looking into this great subject. In the British Isles, France, Germany, the Netherlands, and every other European country from sunny Spain and Mohammedan Turkey to the icy firds of Iceland and Norway and the plains and rivers and mountains of Russia, men and women are considering it. Likewise in India, Burma, China, Japan, the Philippines, and practically every other country in Asia; in Canada, the United States, Africa, all the countries of South America, Australasia, and the Pacific Islands, some of them wild or cannibal—men and women are considering this great and important question.

The Sabbath question is the question of the hour.

Why not, yourself, read up about this great question? Why not become splendidly informed concerning it?

The following booklets are filled with important facts, and speedily give one a grand knowledge of the subject:—

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A larger work than the foregoing, and may rightly follow it. Contains Biblical and historical matter of the greatest value. Chapters 7 to 9 search the New Testament very closely to find whether it contains any authority for Sunday observance. Add this interesting and valuable work to your library, and lend it to your friends—so important are the facts it contains.

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FOR CHILDREN

Cause for Complaint

"I DON'T like grandma at all," said Fred,
 "I don't like grandma at all,"
 And he drew his face in a queer grimace—
 The tears were ready to fall;
 And he gave his kitten a loving hug,
 And disturbed her nap on the soft, warm rug.
 "Why, what has grandma done?" I asked,
 "To trouble the little boy?"
 Oh, what has she done, the cruel one,
 To scatter the smiles of joy?"
 Through quivering lips the answer came,
 "She—called—my—kitty—a—horrid—name."
 "She did? are you sure?" and I kissed the tears
 Away from the eyelids wet.
 "I can scarce believe that grandma would grieve
 The feelings of either pet.
 What did she say?" "Boo-hoo!" cried Fred,
 "She—called—my—kitty—a—quadruped!"

Snowy, the Cat Doctor

EDISON DRIVER

NIG was a very sick kitten the other morning, I tell you. He wouldn't think of drinking the saucer of nice, fresh milk the children had set for him. He went off by himself while Snowy and Slate drank every drop of it, and once in a while we could hear him "meow" very plaintively and low. There was really nothing we could do to help Nig, so we decided to let him alone to get well as best he could. The children thought it was poison, but perhaps it was just a very, very hard headache.

But anyway, the other kittens had not long finished their breakfast when they both began to prick up their ears and listen to their brother's cries. What could be the matter?

Snowy at length determined to discover the reason. Her brother's crying distressed her very much. She followed him out by the garden fence, looked at him a moment in a wise sort of way, as if she knew every last thing about sick cats, and then began to wash him all over with her rough little tongue, smoothing the tangled fur, licking long at the sticky places, and biting hard ones.

A queer way of treating such a sick kitten, wasn't it? But it seemed to soothe Nig right away. He meowed no more, and when I went to the garden half an hour later what do you suppose the two kittens were doing? Poor little black Nigger was fast asleep with his black head pillowed on patient Snowy, just as comfortable as could be.

Of course, the children were delighted with the whole affair, and they promptly re-named the white kitten "Doctor Snow."

A Little Child Shall Lead Them

A PRIMARY Sunday-school teacher had been talking to her class about home-department work, and how they could help it along in their homes.

One little girl who was a Christian, but whose parents were not, came to the teacher after school, and asked if there was not some way in which she could start a home-department in her home.

The teacher replied that there was, and taking

the child's little Testament, marked here and there a verse. Then she told her to take the Testament to the breakfast table, and, at the proper time, ask her father if she might read a verse aloud, and if he did not object, to read one of the marked verses.

She was then to ask if she might say a little prayer, and if she were allowed, to kneel down by the chair and say, "Our Father," etc.

It was a trying moment for the little girl on Monday morning; but she was true to her promise. The father did not object, and the verse was read; neither was there objection to the little prayer. With child-like faith she prayed in the presence of the father and mother, both of whom, however, remained seated at the table. Tuesday, Wednesday, and the days following, it was the same, until Sunday came.

The little girl told her teacher how she had been able to carry out her promise, and asked to have some more verses marked for her to read the following week. This was done, and the little home missionary took up her work again. Before that week was ended, both father and mother were on their knees by the side of their little girl when prayer time came.

How long this continued I do not know; but not a great while afterward the little girl was taken seriously ill. Her father, entering her room one day, saw her weeping, and asked her the cause. She replied: "Papa, I am not afraid to die, for I know Jesus will take me home; but I have just been wondering who will read the verse and say the prayer at the table when I am gone."

The heart-broken father could not stand that. Taking up his little girl in his arms, he pressed a kiss upon her lips, and said: "Those verses shall be read, and prayer offered every morning, if I do it myself."

Soon after this his little girl was taken away, but the promise was kept, and the father and mother were received into the church.

"And a little child shall lead them."—*New York Merchant.*

They Love to Have It So

(Concluded from page 5)

Where there is one act of either that is distinctly educational, there are scores if not hundreds that are positively demoralising and degrading. The present generation is being educated right away from morality by an educational process that appeals to the sensibilities through that most effective medium, the eye. The theatre and the moving picture are not only giving the people what they want, but they are at the same time educating the rising generation to want the same thing and more of it. Thus the downward grade grows steeper and the pace more swift. We should be in despair for civilisation did we not know that it is not civilisation that God is going to save, but single individual human souls, who will be saved even "so as by fire." The conditions may be hopeless so far as civilisation is concerned; but they are not hopeless for individuals. The strong arm of the Almighty can save in spite of the most adverse conditions. Furthermore, we are faithfully warned that "wicked men and seducers" would "wax worse and worse, deceiving and being deceived," and that these conditions would continue until the end. Their terrible prevalence just now—so much more striking than at any previous time—unfailingly indicates the nearness of that great event. Knowing these things, what manner of persons ought we to be in all holy conversation and godliness!

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AROUND THE WORLD

DURING the year 1924 the United States lent the governments of Europe and business corporations of the Old World about \$200,000,000.

MOSQUITOES which carry malaria are being fought in some of the American states by means of aeroplanes, from which poison is sprayed on the breeding places of the pest.

THE Imperial Airways began a new daily air service recently from Croydon (England) to Sweden, by way of Amsterdam, a flying distance of 717 miles, which will be covered in eleven hours.

AN interesting recent metallurgical product is an alloy of copper and silicon having a golden colour, says *Science Siftings*. It takes a high polish, and combines extraordinary corrosion resistance with the tensile strength and other properties of high-grade steel.

A CARILLON of fifty-three bells—the largest in the world—has been cast at Messrs. Gillett & Johnston's bell foundry, Croydon, England. This is to be installed at the Park Avenue Baptist Church, New York, as a gift from Mr. J. D. Rockefeller, jun., in memory of his mother.

WHAT is claimed to be the largest carpet in Europe has recently been laid down at Wembley. Exceeding half an acre in area, its length is 165 feet, and its breadth 135 feet. Twenty men were required to stretch it in the process of laying it. The carpet is a blue and gold Saxony, weighs five tons, and cost £1,200.

A DISCOVERY of the first importance to British industry is foreshadowed by researches now being made independently in England and Germany, says the *Daily Chronicle*. This consists in the conversion of coal into oil on a commercial basis; and the British experiments have yielded extremely hopeful results. At present Great Britain needs oil which she cannot produce, and produces coal which she cannot sell profitably abroad.

A TELEPHONE-POLE hole digger has been invented which works like an auger bit, boring a hole two feet in diameter and eight feet deep in one minute. The digger is mounted on a 10-20 horse-power kerosene tractor, and power to operate the auger is taken from a shaft running out of the transmission. Power is also supplied to operate a winch and derrick with which the poles are lifted from the ground. The tractor can be moved from the location of one hole to the next at the rate of four miles an hour. It is equipped with rubber tyres, instead of lugs, so that it can run on city pavements without injury to them.

THE number of vessels launched at Clyde (Scotland) shipyards in the first three months of 1925 was fifty-one, representing 141,708 tons.

WESTMINSTER clock (London) is regulated by electric machinery from Greenwich, and has a special contrivance for making the first blow of the hour strike exactly at the right time.

DR. EDWARD FRANKLAND ARMSTRONG, a son of Professor H. E. Armstrong, the distinguished scientist, was some little time ago appointed managing director to the British Dyestuffs Corporation at a salary of £10,000 a year.

A NEW antiseptic, recently discovered and named hezyl-resorcinol, used in Johns Hopkins hospital to clear up long-standing infections of the kidneys and urinary tract, is said to be fifty times as strong as carbolic acid in its power to kill disease germs, and yet so harmless to man that it can be swallowed without injury.

A GIFT of £1,000 was made recently to Bolton Infirmary, England, by a mill-worker. He entered the office of the secretary, threw down a packet of notes on the desk, and then disappeared after saying that he did not want a receipt, and that his name was not to be mentioned in connection with the gift. About eighteen months ago this same man gave £500 to the infirmary.

A NOVEL experiment in education is being tried, so far with signal success, says the *Daily Chronicle*, by one of the great orphanages of London. Each boy is treated as an individual, and a separate time table is drawn up for his benefit. Class work is in this way abolished altogether. A boy is encouraged to specialise in the particular branch for which he is fitted, and the confident hope is expressed that in this way those whom the institution sends out into the world will be found specially equipped for the vocation in life they are to follow.

Sweep those Cobwebs From Your Brain

REMOVE also those clogging "physiological ashes" from your body. When the housewife cannot attend to her work and feels tired and all run down, when the tradesman feels no zest in his labour, when the business or professional man feels nervy, listless, and dull in the brain, there is evidently something wrong, and time should be taken for a health-producing spell.

Go for a change to a sanitarium, or home of health. This is not an institution for consumptives, but a homelike, medical institution where those suffering from non-contagious diseases may be restored to health. Try the change of diet, the delightful change of air and scenery, and place yourself under the splendid hydro-pathic, electric, and other treatments that the Sanitarium provides.

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