

Signs of

# The **TIMES**

*Canada's Journal of Hope and Health*

15¢

The Greatest Announcement  
in Human History

(See pages 6, 7)

Seven Troubles Soon to  
Come Upon the Earth

(See pages 8, 9)

WILLIAM H. GARDNER



# THE WORLD AS WE SEE IT

*A Prophetic Interpretation of Current Events*

## ★ Things Hidden

HIDDEN taxes call forth as many editorials as anything with which we are acquainted. Economic experts assert that there are 150 taxes on a loaf of bread, and more than one hundred on a suit of clothes. They say that every commodity carries its burden of "hidden" taxes. These hidden taxes, of course, are in addition to those that are levied openly as the "poll tax," the "property tax," the "income tax" and others.

Automobiles, according to the Canadian Automobile Association, carry more than their share. To begin with there is a fifteen per cent excise tax on automobiles, parts, tires and tubes. This brought the government the tidy sum of \$89,883,000 in the course of a single year. But in addition to this a ten per cent sales tax is imposed. This netted \$72,117,000 more. Or the hidden tax take of the two combined was \$162,000,000.

The Canadian Automobile Association said: "The excise tax and sales tax combined amounted to more than the total amount of wages paid in the automobile industry."

This is thought to be a "painless" method of taking money away from Mr. John Citizen. When he buys a loaf of bread he does not stop to consider the 150 hidden taxes he is paying, or the one hundred or more when he buys a new summer suit. And it is likely that when he buys a new car he thinks but little of the sales and excise tax that "hidden" in the total add twenty-five per cent to the cheque he writes or the indebtedness he assumes.

What, then, is wrong with this "pain-



ANNE SHRIBER

Little girls may have innocent secrets, but secret taxes are not so innocent.

less" method of financing the federal treasury? It is this: All these accumulative hidden taxes are added to the selling costs as the commodity passes from manufacturer to manufacturer, and from supplier to supplier until at last the whole thing is paid by Mr. Consumer. And the consumer is the man who eats the bread, wears the suit and drives the automobile.

This makes for higher prices, and high prices make for higher wages, and high wages and high prices make for inflation. This adds up to an unhealthy condition of the economic body. The business blood stream becomes sluggish, and soon the entire system is poisoned.

This provides a good illustration of some other "secret" and "hidden" things that poison the body and defile the soul.

I am thinking of secret sins. Once while in a grove of large, beautiful trees, I noticed that one giant of the forest had fallen. It looked sound, and I wondered what caused such an apparently sound tree to crash. But when I looked at the base where it had broken off the mystery was solved. Worms had attacked the tree, and there out of sight had inflicted the death blow. Rot had set in, and although the outside appearance of the bark remained the same, yet inside the weakening process was going on and on until at last the wind blew just strong enough and this beautiful tree, green with foliage, crashed to the earth.

That is the way it is with "secret" sins. Sometimes we are shocked when we learn of the fall (the crash) of

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some man in the community in whom we had confidence. To all outward appearance he was sound and good. He occupied an important position, he dressed well, he attended church, he was a leader in community welfare projects; yet, suddenly he crashed. And why? Secret sins had been busy within eating away his moral strength until at last to the consternation of his friends it was shown that he had embezzled a large sum at the bank where he worked.

Beware of secret sins! They poison the spiritual blood stream, and at last bring total loss to the soul. To please God the Christian must be wholly genuine through and through. He must, as we say, "be all wool and a yard wide." There will be no pretenders in heaven. Jesus is building no mansions for hypocrites. The Christian, to be saved, must "fight the good fight of faith," daily, and against Satan's entering wedges, the "small," "secret," "hidden" sins. It is the little foxes, the Bible says, that spoil the vines. Such being true, then, it is the "little foxes" that we must guard against.

Is heaven, eternal life, worth the struggle?

Yes. God says that "Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love Him." I Corinthians 2:9. Again we are told that God "hath raised us up together, . . . in heavenly places in Christ Jesus. That in the ages to come He might shew the exceeding riches of His grace in His kindness toward us through Christ Jesus." Ephesians 2:6, 7.

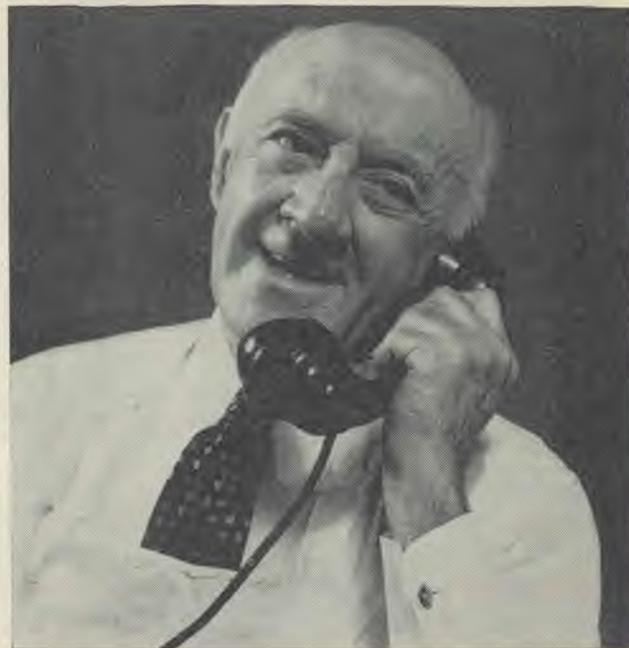
Whatever the struggle against hidden, secret sins, heaven is cheap enough.

### ★ Charity Rackets

It is a pretty wonderful thing when individuals and organizations are willing to support worthy, worth-while charities. But it is a pretty mean and awful thing when racketeers operating in the guise of bona fida charitable solicitors take tens and hundreds of thousands of dollars from unsuspecting, philanthropic minded men and women.

Most people consider it a privilege to have a part in a worthy charity. Almost everyone likes to lend a hand to the fellow who has had a run of bad luck, the fellow who is down and out. We like to provide means whereby the kid born on the wrong side of the tracks can have a break. We see Canada's charitable nature expressed in a hundred cities from one island to the other in the yearly Red Feather campaign. Millions of dollars are contributed to Community Chest drives that

**Charity rackets, which take millions of dollars annually from philanthropic minded people, make it hard for those who work in behalf of legitimate needs.**



go to help the poor, the sick and the unfortunate.

All this, we say, we like to do. But the thing we don't like is to be "taken over." We don't like to give a gift to a charity to have it end up in the pockets of racketeers. The New York State legislature is considering legislation under the following five points:

1. That for all agencies raising funds, with the exception of religious, educational, fraternal and social organizations, be required to register with the state department of social welfare, and to submit annual statements of income and expenses which will be open to public inspection.

2. That professional fund raisers be required to register annually, paying a fifty dollar annual fee and posting five thousand dollar bond.

3. That unauthorized use of a name in connection with fund solicitation be illegal and punishable as a misdemeanor.

4. That the attorney general be empowered to prosecute violations of the proposed laws.

5. That out-of-state fund-raising agencies be required to register in the state and be subject to the same laws as in-state agencies.

But this legislation, we suspect, if adopted will not wholly correct the abuse. As long as an easy dollar can be made, unscrupulous persons will deceptively make them. It is with them as Jesus said to the Pharisees: "Ye are of your father the devil." John 8:44.

Satan was a deceiver from the beginning. That is the way he obtained his angelic following, and that is the way that he obtains his human following

today. Were he to reveal himself as he is every person would turn away in horror and fear. But the Bible says that he presents himself as an "angel of light."

At the start of this world's history he entered the Garden of Eden disguised as a beautiful serpent (the serpent was very beautiful before the curse). There he deceived Eve. He led her to think that God did not mean what He said. He told her that she would be as God. He implied that God was withholding some good thing from her, and that if she did as he advised she would be greatly benefited. But in doing as Satan suggested she disobeyed God, and separated herself from the Source of all life.

In the millenniums since the Garden Satan's methods have not changed. He is still the great deceiver. He still destroys by leading to the disobedience of God's divine commandments. He points out the pleasant ways of transgression, and multitudes delude themselves into thinking that God is not "particular." That it won't make any "difference." That God is good and indulgent, and will not do as He has said (burn up sinners in the lake of fire). The deceiver leads millions in transgression of God's law and God's Sabbath. He leads other millions in the service of pleasure and lust. And those who would turn to God he deludes with the saying, "Wait, don't do it now. There is plenty of time. Tomorrow will present more favourable circumstances."

Christians, pilgrims, on their way to the "eternal city" do well to be "alert," to refuse to be deceived by Satan, the arch-deceiver of both angels and men.

# In the Footsteps of the GREAT PHYSICIAN

unfortunate woman. He heard. The healing power of God began to work. Slowly but certainly the afflicted woman struggled back to life and health.

The prayers and the treatment received in the mission institution greatly impressed the humble villager. Here was indeed a power with which she had never before come in contact. Here indeed was the living God.

"Your Swami has made me well," the woman smiled just before leaving the dispensary. "We asked our swami for help but he could do nothing for me. Your Swami has healed me. Now we will worship your Swami!"

What a vivid fulfilment of Psalm 46:10: "I will be exalted among the heathen." Today in many heathen lands the living God is being exalted through the work of the medical missionary. Thousands are finding spiritual as well as physical healing in the wards of Christian medical institutions.

While upon this earth Jesus Christ was the greatest Physician of all time, and in representing His great and noble work medical missionaries are today labouring in many lands, following in the Master's footsteps by bringing health to body and soul where before sin and sickness oppressed.

Daily, through our mission hospitals and clinics in Southern Asia pass streams of patients suffering from every imaginable disease. They come from all walks of life and represent every religion of the east and west. Describing his work among these people one of our mission doctors from a busy hospital recently wrote me:

"We ask the Lord to take charge in all matters. There is a vision before our eyes of what can be done in this place. As you remember us in your prayers please picture the majority of our patients—poor, ignorant, half-starved, almost naked, dejected villagers, and picture the Lord Jesus Christ and us becoming merged together until we are indistinguishable, so that we (that is He in us) go forth to minister the divine fire of love and faith to them."

Only as the poor, ignorant villager sees the healing power of God and the life of Christ exemplified in the life of the Christian medical worker can the dark precincts of his mind be pierced and awakened into a realization of his need for something better. Medical missions today in Southern Asia are responsible for the salvation of more

souls than many realize, and only in the hereafter will the full record be revealed. When broken and diseased bodies are healed, prejudice is removed and the mission worker can tell the story of Jesus, the Master Physician who saves men spiritually as well as physically.

Near the little village of Palaniappapuram in South India there lived a family belonging to the Nadar community—all Hindus. This family was particularly prejudiced against the Christian missions and lost no opportunity of manifesting their hostility to the gospel work we were conducting in that place. However, one day the wife and mother of the family was taken severely ill and as a result of being treated by an untrained native physician developed septicemia. Her condition became so critical that for four or five days she lay unconscious, hovering between life and death.

When hope seemed gone, the husband finally consented to have his wife removed to our little dispensary operated by David, a compounder trained at our Giffard Mission Hospital. For some days David carefully and prayerfully treated her. After some time she began to rally and slowly struggled back to normal health and strength. The kind and efficient treatment accorded this Hindu wife during her stay as an in-patient in the dispensary completely dispelled her prejudice and each Sabbath she joined in the worship of the true God. When last I visited this mission station some weeks after she had been discharged from the dispensary, I found this Hindu family among those regularly attending our mission church services.

Occasionally in his mission work the Christian doctor encounters the humorous as well as the pathetic. From a village in the mountains near the border of Tibet a man walked eighty miles to obtain medicine for his sick wife. The doctor gave a certain mixture and on the bottle pasted the usual instructions, briefly telling the villager what to do. The man returned to his village and three months later, when the mixture was all finished, he came back again, this time with his wife. Yes, she had become somewhat better, and they wanted



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**A** VILLAGE woman with a very bad leg infection was brought to one of our small dispensaries in South India. She had smeared the wound with cow dung and a varied assortment of leaves and herbs in a vain attempt to arrest the rapidly spreading infection. When "natural remedies" failed she turned next to her gods. A kid was slain, its flesh cut in ribbons and offered as a sacrifice to her deities. In desperation the poor woman performed every rite she knew in order to appease the wrath of her *swami* (god). In spite of it all she grew steadily worse until the infection threatened her life. As a last resort her relatives brought her for treatment to our humble little dispensary where upon first examination it seemed that only amputation of the leg would save her life.

The mission doctor went to work in an effort to save the afflicted limb. Everything within his power was done to bring her safely through the crisis. Earnest prayers to the Great Physician ascended frequently on behalf of the

By  
R. H. Pierson

more medicine, but they both insisted that they wanted some different kind of medicine—they didn't want any more of that "shaking" medicine.

"Shaking medicine?" the doctor queried, "What do you mean?"

Then he received this story: The man had taken the medicine home and without clearly understanding the instructions for giving the mixture, took firm hold of his wife and shook her first.

The wife protested, but he said, "Yes, it is the doctor's order that you must be shaken well before you take this medicine."

So three times a day, against her vain protests, the little sick woman was vigorously shaken and then given her mixture. Now they had come for more medicine, but they said, "We don't want any more of that 'shaking' medicine."

We smile, but such experiences help our doctors. Now and again a little touch of the humorous helps to lift the burden of the tragic that constantly rests upon the heart of the Christian doctor.

A Hindu *palmyra* (sugar palm) climber from the Tinnevely District had an infected foot. As so frequently is the case, he treated his wound with cow dung and herbs from a quack native physician. Consequently the infection grew worse and finally he was taken to the mission hospital for treatment. By this time the infection had become so deep seated that the doctor could push his probe clean through the man's foot.

While the villager remained an inpatient at the hospital he was visited by the local evangelist and given gospel literature to read. The man became interested in the things he read and as soon as he was able to hobble about went to all the meetings in the little church next to the hospital. As the wound began to heal the man became restless to go back to his work, and despite all the hospital authorities could do he left a week earlier than he was supposed to. As a result he soon had to return for further treatment and this time he had to stay an extra month.

However, this extra month made it possible for him to hear more of the gospel story and all that he heard he accepted. His wife was very much opposed to his accepting this new religion, doing everything possible to dissuade him from attending the meetings. She even resorted to hiding his clean clothing to try to keep him away, but wearing his old clothing he would always arrive at church on time with a happy smile on his face. Surely the Christ who works through His humble ministers is powerful to save yesterday, today, and forever.



## BIBLE ANSWERS



Do you have unanswered Bible questions? If so, you are invited to send them to the EDITOR, Box 398, Oshawa, Ontario.

**Why is it wrong, according to the teachings of some, to wear jewellery?**

It is evident that had God in the creation wanted to adorn Adam and Eve with jewellery He could easily have done it. Jewellery worn to adorn the person engenders pride, and pride was the downfall of Lucifer in heaven. The Bible condemns the wearing of adornments on that basis. The prophet Isaiah has this to say:

"Therefore the Lord will smite with a scab the crown of the head of the daughters of Zion, and the Lord will discover their secret parts. In that day the Lord will take away the bravery of their tinkling ornaments about their feet, and their cauls, and their round tires like the moon, the chains, and the bracelets, and the mufflers, the bonnets, and the ornaments of the legs, and the headbands, and the tablets, and the earrings, the rings, and nose jewels." Isaiah 3:17-21.

"In like manner also, that women adorn themselves in modest apparel, with shamefacedness and sobriety; not with broided hair, or gold, or pearls, or costly array; but (which becometh women professing godliness) with good works." 1 Timothy 2:9, 10.

Addressing women the apostle Peter says: "Whose adorning let it not be that outward adorning of plaiting the hair, and of wearing of gold, or of putting on of apparel; but let it be the hidden man of the heart, in that which is not corruptible, even the ornament of a meek and quiet spirit, which is in the sight of God of great price. For after this manner in the old time the holy women also, who trusted God, adorned themselves, being in subjection unto their own husbands: Even as Sarah obeyed Abraham, calling him lord whose daughters ye are, as long as ye do well, and are not afraid with any amazement." 1 Peter 3:3-6.

**How is it that Christ has power to forgive sins the same as does the Father?**

It is true that Christ has power to forgive sins. He affirmed that fact when He was upon earth. "The Son of man hath power upon earth to forgive sins." Luke 5:24. Christ has this power because it was given Him of His Father. It is resident in the fact that Christ is

God (divine) the same as is God the Father. He belongs to the divine family because He is the only begotten Son of God. God gave His Son all the powers and prerogatives of deity. "For as the Father hath life in Himself; so hath He given to the Son to have life in Himself." John 5:26.

In giving consideration to this question we do well to remember that Christ did not begin His existence at the time of His birth of the virgin. He who gave His life a ransom for sinners existed with the Father from the beginning. Paul says: "In whom we have redemption through His blood, even the forgiveness of sins: Who is the image of the invisible God, the *first born of every creature.*" Colossians 1:14, 15.

Christ, as Paul says, was "first born." He was before any creature in the universe. Of course we do not believe that He was born in the sense that humans are propagated, but He was given existence in the divine way. He is of the same essence and substance as the Father. He partook of the same divine powers, among which was the power to forgive sins. From Revelation we read:

"Unto the angel of the church of the Laodiceans write; These things saith the Amen, the faithful and true witness, *the beginning of the creation of God.*" Revelation 3:14.

Christ can forgive sins the same as the Father because He is divine and so possessed of all the prerogatives of divinity.

**Did the people in Christ's time sing as we do today?**

I wouldn't say that they sang exactly as we do, but they sang—hymns. Speaking of Jesus and His disciples the Bible says: "When they had sung an hymn, they went out into the mount of Olives." Matthew 26:30.

Paul admonished his converts at Ephesus to do this: "Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord." Ephesians 5:19.

Again the apostle says: "Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord." Colossians 3:16.



Said Jesus: "I will come again." This promise has constituted the Christian's hope from that day to this.

# The Greatest Announcement In Human History

By Carlyle B. Haynes



**N**INETEEN centuries ago a Person from another world visited this planet. He then returned to the world from whence He came.

While here His presence was little noticed. Men refused to believe His heavenly origin. His claims were rejected and He was charged with criminality and executed.

Short-sighted, unbelieving humans thought this disposed of Him permanently. It did not. He rose from the tomb. He returned to the heavens from whence He came.

Since then His importance to humanity has grown with the centuries. Now men see more clearly what that first coming has meant and is still to mean to this world.

Without any exaggeration it is now admitted that this Being from another world has become the greatest figure in human history. He has wielded a greater influence in human affairs than any other.

And the news is, the greatest news of this immediate hour: Jesus Christ, the divine Son of the living God, is about to appear the second time on earth.

His second coming, now immediately impending, bringing an end to human history, will be the culminating point

of the entire history of this planet and the race upon it.

## *The One Divine, Far-off Event Now Drawing Near*

The "one, divine, far-off event," sung by poets, foreseen by prophets, announced by angels, and eagerly hoped for by saints, is now no longer "far-off," but is about to take place.

The announcement has come from heaven, from Jesus Christ Himself, that His second coming, His return to earth, to close up human affairs forever, is about to occur. He has made it plain that His return is to take place in this present generation. It will occur in our time.

Such an announcement transcends in importance everything, no matter how great, that is now taking place among men. It is the most stupendous announcement in human history.

There are mighty movements on foot among men at present. Kingdoms and nations are toppling into the dust. The whole world is in a state of fear. Things are taking place all about us that are staggering in their immensity.

But far superior in importance to them all is this stupendous news that the Son of God, the Saviour of the

world, is coming back to this earth to take over the rule of this planet.

When He was here the first time He laid the foundation of human salvation.

When He comes again He will carry to completion that divine plan of salvation. He is about to put into effect the eternal principles of His kingdom, and establish righteousness, justice, equity, and peace in all the earth.

The positive certainty of the second coming of Jesus Christ to this earth rests upon the most substantial and absolute authority the world has ever known. That authority is the infallible word of Jesus Christ Himself.

There is something altogether unique and startlingly different about the words of Jesus Christ. There has been, there is now, nothing in the world like them.

## *The Most Absolute Authority on Earth*

We are only now beginning to realize the striking significance of His own statement when He said of His words, "Heaven and earth shall pass away: but My words shall not pass away." Mark 13:31.

Jesus Christ was the Son of God. He came down from God. He was the Teacher sent from God. He spoke with authority.

This authority was not of Himself; He spoke as God gave Him utterance. Absolute reliance can be placed on what He said. For nineteen centuries His words have proven true.

The words He spoke were miraculous words. They have lived through all the centuries. They live today.

Ordinarily there is nothing quite so transient and evanescent as words. People use them all the time. People have been using them from the beginning of the world. Millions and millions have

talked from childhood to the grave, and not a single word they ever uttered has been remembered. Other millions are talking now, and everything they say is forgotten five minutes after they say it.

But of the words He spoke, Jesus said they would not pass away. He did not record His words. He wrote no books. His speeches were not reported in public journals.

But His words have lived. They live today. They live in the records of His apostles. They live in the literature of the ages. They live in the hearts of His people. They live because the power of life is in them.

Jesus actually claimed that the words He spoke were given Him of God. He claimed that they would outlast the world. He claimed that they would judge men at the last day.

These claims have been fulfilled. They have been proven true. They have demonstrated their truthfulness. The words of Christ have lasted through the centuries. They will continue to last until men are on earth no more. Not one of them can ever fail.

Consequently the words of Jesus can be relied upon. They are dependable. They constitute the most substantial and absolute authority on earth.

### **The Certainty of the Return of Jesus**

So if Jesus said that He is coming again the second time, that alone settles forever the whole question of the certainty of His return. And Jesus has said just that.

Just before His death, He said to His disciples, "I go to prepare a place for you. And if I go and prepare a place for you, *I will come again*, and receive you unto Myself; that where I am, there ye may be also." John 14:2, 3.

Here in the words of the greatest Authority on earth is a clear-cut, unequivocal promise and pledge, the meaning of which there is no possibility of mistaking. Jesus Christ Himself said, "I will come again."

In the 28th verse of John 14, He repeats it, "I go away, and come again unto you."

To the unbelieving Pharisees and scribes just before His betrayal, He declared, "Ye shall not see Me henceforth, till ye shall say, Blessed is He that cometh in the name of the Lord." Matthew 23:39.

Replying to the question of His disciples as to what should be the sign of His coming and the end of the world (Matthew 24:3), Jesus said, "Then shall appear the sign of the Son of man in heaven . . . and they shall see the Son of man coming in the clouds of



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heaven with power and great glory." Matthew 24:30.

On the occasion of His trial, when adjured by the high priest, Jesus replied, "Hereafter shall ye see the Son of man sitting on the right hand of power, and coming in the clouds of heaven." Matthew 26:64.

In the last chapter of the Bible this same Jesus repeats three times to His servant John this great truth of His second coming. "Behold, I come quickly;" "And, behold I come quickly;" and, "Surely I come quickly." Revelation 22:7, 12, 20.

Certainly every person who accepts Christ as his guide and teacher must have a conviction created in his heart regarding the certainty of the second coming of Christ by this uniform testimony of his Master. These things admit of no doubt. Jesus is coming again.

### **The Greatest Event in the Immediate Future**

Not only did Jesus Christ make these plain, positive statements, giving assurance of His second coming, but during His public ministry He uttered many parables in which He forcefully presented this same great truth.

He spoke of the parable of the ten virgins in Matthew 25:1-13. In this He admonishes His people to "Watch therefore, for ye know neither the day nor the hour wherein the Son of man cometh," and appeals to every disciple to be ready for that great day.

He spoke of the parable of the talents in Matthew 25:14-30. In this He represents Himself as the "man travelling into a far country." Before going away, He delivered His affairs in this world, the work of human salvation, into the stewardship of His servants, giving them special privileges and opportunities to carry forward His work. "After a long time," now very nearly at hand, He will come again and reckon with them all in a final judgment. They will be required to render an ac-

count of their stewardship, as a result of which they will receive awards of punishment according to their works.

He spoke of the parable of the tares in Matthew 13:47-50. The teaching here of the coming of the final judgment is connected with His second coming.

He spoke the parable of the forgiven servant in Matthew 18:23-35. This is to receive its fulfilment at the time of the judgment and the return of our Lord.

He spoke the parable of the labourers in the vineyard in Matthew 20:1-16. Here, too, the lesson is regarding the future accounting with reference to the work of the Lord's servants when "the burden and heat of the day" is finished, the labour assigned is completed, and the time of the reward comes.

He spoke the parable of the marriage of the king's son in Matthew 22:2-14. Here the invitation of the gospel is sent out, and not answered. It is sent out again, and made light of. It is sent out again with great urgency, and good and bad are gathered in, furnishing the wedding with guests. Wedding garments are furnished the guests representing Christ's own righteousness, and only those having these on are allowed at the marriage supper, those not having them are cast "into outer darkness."

So in parable after parable Jesus Christ set before the world in His public teaching the truth of the coming of His kingdom, at which time final judgment of the world and ultimate rendering of rewards and punishment takes place.

Plainly, then, the immutable word of God teaches the second coming of Jesus Christ.

This great event will yet take place. Nothing can prevent its occurrence.

Unbelief will not hinder it: opposition will not prevent its onward progress; fear of it will not keep it from coming.

It is predicted in the infallible word of God. It is bound to come.

# Seven Troubles *Soon to Come upon the Earth!*

**J**OHN the Revelator looked down through the centuries to some of the very closing moments of this world's history. John sees on God's television screen of Divine Revelation a picture which he describes fully:

"And I saw another sign in heaven, great and marvellous, seven angels having the seven last plagues; for in them is filled up the wrath of God." Revelation 15:1.

Until recently men had but a hazy conception of the unlimited potential of the atomic universe, and consequently knew but little of the power of the God who created the atom and every blazing sun. Today men are beginning to understand something of the tremendous power of God, for it should be remembered that it took just as much power to create an atom as is expended by the explosion of an atom. Thus our minds are drawn to the Creator of all things.

The great atomic scientist, Doctor Harold Urey of the University of Chicago, has this to say about the devastating effects of just one atomic explosion:

"In an atomic explosion, thousands die within a fraction of a second. In the immediate area there is nothing left standing. There are no walls. They are vanished into dust and smoke. There are no wounded. There are not even bodies. At the centre—a fire many times hotter than any fires we have known has pulverized buildings and human beings to nothingness.

"The heart of a great city like London, representing centuries of human struggle and art and sacrifice would simply vanish in a flash of fire and light. If such a bomb should be dropped on London—tomorrow there would be no London . . . there would be no Londoners." He goes on to say, "The end of our civilization is at hand." If this could happen to London—it could also happen to Montreal and Toronto and Vancouver.

The important thing is that the universe *does* contain such power and that the kind and loving mercy of our heavenly Father will one day come to an end and will allow some of those same powers of the physical universe to be unleashed in all their fury.

Joel, the prophet, was given the honour of seeing the cataclysmic events of the last days as related to the seven last plagues, for we read:

"Alas for the day! for the day of the

Lord is at hand, and as a destruction from the Almighty shall it come." "For the day of the Lord is great and very terrible; and who can abide it?" Joel 1:15; 2:11.

Daniel, too, was greatly impressed as he wrote of this time:

"And there shall be a time of trouble, such as never was since there was a nation even to that same time: and at that time thy people shall be delivered, every one that shall be found written in the book." Daniel 12:1.

How thankful we may be that there will be a people who "shall be delivered" from the effects of these seven last plagues and that not a single child of God will be harmed. Remember, dear friend, that you are precious in God's sight and He longs to deliver you.

John describes the first plague to fall upon the wicked of earth in these graphic words: "And the first went, and poured out his vial upon the earth; and there fell a noisome and grievous sore upon the men which had the mark of the beast, and upon them which worshipped his image." Revelation 16:2.

Those who receive the seven last plagues will be those who "worship the beast and his image, and whosoever receiveth the mark of his name." Revelation 14:11.

And then the very next verse goes on to give the comforting assurance that the people who do not receive the seven last plagues are those who "keep the commandments of God." Yes, John makes this very clear as he says, "Here is the patience of the saints: here are they that keep the commandments of God, and the faith of Jesus." Revelation 14:12.

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By

Richard A. Rentfro

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Those who keep the commandments of God need not fear the plagues because God assures the commandment keepers that they will be protected in that hour.

The second and third plague breaks with great fury upon the earth:

"And the second angel poured out his vial upon the sea; and it became as the blood of a dead man; and every living soul died in the sea. And the third angel poured out his vial upon the rivers and fountains of waters; and they

became blood. . . . For they have shed the blood of saints and prophets, and Thou hast given them blood to drink; for they are worthy." Revelation 16:3, 4, 6.

The fearful implications of such a plague are almost too fantastic for the human mind to comprehend, but let us imagine the sea, the rivers, the lakes and all the sources of water turned to blood in that day. From the taps in millions of homes flows blood instead of water. What a terrible thing to fall into the hands of a righteous God. His mercy has been spurned through the long years and finally the plagues fall.

"But," you say, "what of the righteous? How will they be sustained if all the water is turned to blood?" Dear friend, God is able to protect your every step and care for your every need even in that fateful day. Isaiah says, "bread shall be given him; his waters shall be sure." Isaiah 33:16.

"And the fourth angel poured out his vial upon the sun; and power was given unto him to scorch men with fire." Revelation 16:8.

The scorching heat of the intensified sun blazing upon this blood drenched world causes pandemonium beyond the imagination of man. Sun-worship is the most ancient and wide-spread of all forms of idolatry. In this plague God manifests His anger. That which men have worshipped as a god now becomes a plague and tormentor. Thus it was with the plagues of Egypt. Those things which the Egyptians had worshipped became scourges to them rather than sources of blessing.

Under the influence of this terrible judgment from God one might believe that men would repent of their evil ways, but wait, John describes the next scene:

"And men were scorched with great heat, and blasphemed the name of God, which hath power over these plagues: and they repented not to give Him glory." Revelation 16:9.

But even now the plagues have not run their full course, for Revelation 16:10 says: "And the fifth angel poured out his vial upon the seat of the beast; and his kingdom was full of darkness; and they gnawed their tongues for pain."

This plague strikes at the very seat of the great apostasy of the latter days, the Papacy. It will doubtless be similar to the plague of Egypt in which the



CANADIAN PACIFIC RAILWAYS

In view of the Seven Troubles soon to come upon the earth, Christians should book passage on the good ship Zion, and take refuge in the walled city, the New Jerusalem.

darkness was so intense that it could "be felt." (Exodus 10:21-23.) The papal power, the supposed disseminator of spiritual light and the possessor of all truth, is now enshrouded in midnight darkness.

The plagues are almost finished. "And the sixth angel poured out his vial upon the great river Euphrates; and the water thereof was dried up, that the way of the kings of the east might be prepared." Revelation 16:12.

This, we understand, refers to the drying up of the Turkish Empire by the great world powers preparatory to the battle of Armageddon when the powers of the East meet the powers of the West in the last terrible war of human history. There, on the plains of Megiddo will be consummated the setting up of God's eternal, indestructible kingdom.

Fomented by the spirit of Satan, the nations make ready for Armageddon. "For they are the spirits of devils, working miracles, which go forth unto the kings of the earth and the whole world, to gather them to the battle of that great day of God Almighty. Behold I come as a thief. . . . And he gathered them together unto a place called in the Hebrew tongue Armageddon." Revelation 16:14-16.

The time has now come for the final plague. "And the seventh angel poured out his vial into the air; . . . And there were voices, and thunders, and lightnings; and there was a great earthquake, such as was not since men were upon the earth, so mighty an earthquake, and so great; . . . and the cities of the nations fell." Verses 17-19.

Along with this frightening earthquake great hail-stones fall from the heavens, each weighing about sixty-four



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pounds which is the weight of a talent. John describes it thus: "There fell upon men a great hail out of heaven, every stone about the weight of a talent: and men blasphemed God because of the plague of the hail; for the plague thereof was exceeding great." Verse 21.

Jesus speaks today to your heart. You are precious in His sight and He longs to save you for eternity. He is the Good Shepherd and you are one of the lambs He was willing to give His life to save. The door of His mercy still stands ajar. How long probation's hour may continue no one knows; but this we do know—Jesus today is calling for His people and His people will hear His voice and follow Him.

"I heard another voice from heaven, saying, Come out of her, My people, that ye be not partakers of her sins, and that ye receive not of her plagues. For her sins have reached unto heaven, and God hath remembered her iniquities." Revelation 18:4, 5.

In the days of antiquity a noble prince, his lovely wife and their two beautiful children stood before King Cyrus who was about to decide the fate of his vanquished foe. Turning to the prince King Cyrus said: "What would you give for your freedom?" To which the prince replied, "Your Majesty, I will give half my kingdom for my freedom." "And," continued the

king, "What would you give if I should give these two fine children their freedom also?" "Your Majesty," the prince replied, "I will give you all of my kingdom and all that I possess for the freedom of my two children." Finally, Cyrus looking at the young prince's wife said, "And now what will you give for the freedom of your wife?" "Your Majesty," he said, "I will gladly give my life."

King Cyrus was so moved by the devotion of the prince for his family that he gave them all their freedom. When the family was back safely in their own home with the children tucked in bed, the prince said to his wife: "Wasn't the king handsome as he sat there on his throne?" To which she replied: "I didn't notice anything particular about him." "Then, where were your eyes?" the prince said. "My eyes were on the man who was willing to give his life for me."

Today, dear reader, are your eyes on the One who was willing to give His life for you on that cruel cross of Calvary? Remember, Jesus paid it all and He says to you just now, "Come unto Me all ye that labour and are heavy laden and I will give you rest." Jesus offers you true peace of mind, and the marvellous anticipation of the new earth and eternity. Accept Him today and the promise is yours.

# The Doctor's Favourite Prescription

HERE is a story of a Persian farmer on the banks of the Indus river who was contented because he was wealthy, and wealthy because he was contented. A Buddhist priest came along and told him about diamonds which he considered to be crystallized sunshine, and were to be found in the white sand on the banks of a river running between two high mountains, in some distant land. That night the farmer did not sleep. He was now discontented because he thought himself poor, and was poor because he was discontented. He sold his farm and went on a lifelong, fruitless search for diamonds, which unfortunately he did not know existed in the sands of the Indus almost at his own threshold.

Not only is one's peace of mind affected by discontentment and other adverse emotions, but also one's health. This brings to mind the classic statement appearing in *Ministry of Healing* by Mrs. E. G. White: "The condition of the mind affects the health to a far greater degree than many realize. Many of the diseases from which men suffer are the result of mental depression. Grief, anxiety, discontent, remorse, guilt, distrust, all tend to break down the life forces, and to invite decay and death." On the other hand, courage, hope, faith, sympathy and love, promote health and prolong life. A contented mind, a cheerful spirit, is health to the body and strength to the soul. "Godliness with contentment is great gain." As Milton said, "The mind in itself can make a Heaven of Hell, and Hell of Heaven."

Frustrations are just as bad. Experimental animals who are trained to do certain things at certain signals (conditioned reflexes); develop neurasthenia if they are hindered at the psychological moment from doing that to which they have been accustomed; that is, jumping through a trap door for food when the bell rings. This principle applies to dogs, rats, chickens, and also to hu-



H. A. ROBERTS



EWING GALLOWAY

The Doctor's favourite prescription is one that comprehends "faith in God," and faith in God is that factor which does away with that health destroying worry and anxiety complex.

mans. To this extent we may become slaves of habit if we do not put thought into our work, and if we do not plan wisely for the future. This also may explain why some old timers are persuaded with the greatest difficulty to change their ideas and manner of work.

It is amazing what some persons can do as compared to others when time is carefully conserved and work is efficiently done. Dr. S. S. Goldwater, author of the monumental work, "On Hospitals," used to deal with all routine correspondence on the day it was received. This made it possible for him to start each day with a clean slate. Having a broad background of education and experience, and an orderly mind, he became one of the leading consultants in Hospital Construction in America. This brought to him a great deal of satisfaction, and of course happiness, Time, ability, and opportunity limit what is possible. All men were not created equal. We do however have the same loving heavenly Father. We each have our appointed task, which we can find elevating and ennobling, satisfying and pleasurable if we do it well and are content.

Health requires rest and relaxation. "Adults like children can find many excuses for not going to bed, regardless of consequences." The most inefficient way of handling tiredness and pressure is to take stimulants or drugs. Many misguided souls live in a veritable no-man's land. On the one hand is tea, coffee,

cola drinks, benzedrine, dexedrine, tobacco; on the other is alcohol and barbiturates (which they keep telling us are non-habit-forming and non-harmful). Dr. Jacobson the author of "You Must Relax" says: "If you want to distinguish yourself at the party just completely relax. The American airmen in the Battle for Britain found that "relaxation" worked even under conditions of great stress. Between "missions" over Germany they relaxed in their bunks—their legs, abdominal muscles, chest muscles, arms, and facial muscles. To do the latter they had to have a slight smile; this involved pleasant thoughts. They repeated over and over, 2 Timothy 1:7: 'For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.' This cut down their casualties for nervous disorders by a great deal. It can do the same in civilian life. One man is said to seize the opportunities given him by red traffic lights to settle back in his car momentarily and relax. 'The quiet evening at home' has been likened to making home a castle with the drawbridge up." Overworked men caught on a sort of conveyor belt of activity are urged to jump off occasionally and walk slowly while it whizzes past them.

Sir William Osler wrote in 1910, "the ordinary high-pressure or professional man suffering from angina pectoris may find relief, or even cure, in the simple process of slowing the engines," which is another way of saying "run at economical speed." The Empress of Asia could do twenty-three knots but her economical speed as measured by coal consumption was eighteen knots.

Organization can do wonders.

Signs of The TIMES

By

W. H. Roberts, M.D.

Churchill used to shuffle off tasks by requiring his subordinates to give him a one-page report on such subjects as these, "the latest ideas for the structure and organization of an armoured division," "information about arrangement for channel convoys," "state of Britain's food supply," "submarine losses," et cetera.

Regarding the matter of meditation, "the lost art," wrote the Royal Bank, "We have forgotten how to live; we have forgotten how to find simple things charming." "The act of taking a walk at night under the stars does something to you that not all the successful business deals, or all the 'pick-me-up nostrums' can provide. Joy in sunlight, birds and flowers is not for poets only, but also for businessmen."

Dr. Milo Brooks wrote recently in an article "Emotional nutrition for Children" as follows: "Children, also men and women, the by-products of childhood, are not simply physical beings, but dual beings with a body and a mind—or soul, if you will. It is completely useless to have a decathlon physique and a rachitic, twisted mind." He says further, "The broken body with a sound mind is a combination that has produced some of the world's greatest contributions to art, music, literature, and science. But never has a sick mind and a sound body made such a contribution. There is no division between physical health and mental health."

Dr. Brooks has listed the foundation principles in one process of character building in a child as follows:

1. Incentive To Do (A desire to do something)
2. Activity (Doing)
3. Approval (Well Done)."

He states further, "This foundation—these layers—are built like a bank account. What is deposited (incentive, activity, approval) builds the account; but one bad cheque (fear or frustration experience) can wipe out many months of steady, laborious building. The foundation of all of Christ's teaching is the power of love over hate and fear. Fear is a great robber of our bank account (out of character and security)."

The following from the pen of Mrs. E. G. White summarizes what has preceded, "Nothing tends more to promote health of body and of soul than does a spirit of gratitude and praise. It is a positive duty to resist melancholy discontented thoughts and feelings,—as much a duty as it is to pray." "Abiding peace, true rest of spirit, has but one Source. It was of this that Christ spoke when he said, 'Come unto Me, all ye that labour and are heavy laden, and I will give you rest.'"



## SHE DIDN'T WANT HER LUNCH

By Laura Gray

FOR a number of days three-year-old Susan had eaten very little lunch! Here was a sturdy youngster, usually eager for a meal, suddenly refusing all but a glass of milk and sometimes, part of a tomato or apple at lunchtime.

I coaxed, and I questioned. I let her choose. But when I set before her a scrambled egg and some canned apricots—her own order—she gulped a little of the egg with obvious effort and looked up in evident distress.

"Never mind dear, if you don't feel like eating," I said. "Run off to bed and have your nap."

"My milk first!" She gave me a relieved grin and downed the cold drink.

Susan was not ill, I decided, but why could she not eat? What had happened? How were conditions different now from what they were a month ago? Spring days had arrived, and she was able to be out of doors more. A new family of five children had come to live in our block, providing playmates for Susan. All authorities say an only child must play with other children for proper development. Susan was now out all of each morning playing. And sunshine and play should give her an appetite, not rob her of one, I considered.

However, at the end of another week Susan was definitely growing thin, and she was becoming irritable. Something had to be done. But what? No use to try to force food down her throat when she obviously had no appetite for it. I was floored.

That afternoon I met Mrs. Brown with her three-year-old, John, going shopping. Although I scarcely knew her I found myself telling her my troubles. "I just don't know what to do!" I concluded.

"Do you think Susan could be too tired to eat?" asked Mrs. Brown.

"But being tired should make her hungry," I said.

"Yes, if she is not *too* tired. I once did nursing in a child clinic. There they were careful to protect the little ones from fatigue. There were many rest periods and always one before eating. Those children you speak of are most

likely all older than Susan and play vigorously."

"They are," I answered. "They fight, snatch toys, and scream. It tires me just to watch them. They call for Susan sometimes before we've finished breakfast, and she is out playing all the morning."

"I try to keep John playing quietly at home most of the morning," said Mrs. Brown. "One hour with the other children is quite enough. Fortunately, the girl next door is the same age as John, and the two play well together, and not too strenuously."

"Thank you for giving me an idea," I said.

The next morning, at twenty minutes to eight, Susan's playmates arrived. "Can Susan come out to play?" one asked.

I spoke plainly. "Susan is only three." I looked at the youngest, a chubby boy of five. "It tires her too much to play all the morning with you. You are all older than she is. So I want her to play at home. She can't come out yet."

They went off. Then Susan burst into loud crying. "I want to go! I want to play! Boohoo!"

But I was prepared. I had on hand some new cutout books, new crayons, and a pot of paste, and I sat down and helped her use them. A small knock called me to the door. There stood red-haired Bobby, who had been going around with the five other children.

"Am I too big to play with Susan?" he asked, smiling. "I'm four."

"No Bobby, come in," I answered, and I brought out another cutout book and another pair of scissors. The lad was as pleased as could be, and Susan was delighted. The morning passed happily and restfully. A while before lunch I sent Bob home. Now he comes often. The two romp and play under my supervision, which is not generally visible but is always there. This takes time and effort—some housework goes undone—but Susan's appetite has returned, she is her own happy self once more, and she has a playmate—*National Kindergarten Association.*



# The DOCTOR'S VOICE



Send your health queries to the Doctor's Voice,  
Box 398, Oshawa, Ont.

## Weak Diaphragm

I have what my doctor calls a weak diaphragm. What causes this, and can it be cured or strengthened? I am said to have pernicious anaemia and have tingling in hands and feet. I also am subject to very frequent colds and just can't seem to check them. Chest X ray in Sept. 1953 was negative. I live a hundred miles from the nearest doctor.

Pernicious anaemia is usually associated with generalized muscular weakness. There are oral preparations for treatment of pernicious anaemia containing the important intrinsic factor, but as a rule liver extract by injection is prescribed. Liver extract is assayed according to its vitamin B<sub>12</sub> content. Formerly doses of fifteen units or micrograms of B<sub>12</sub> every two weeks were given by intramuscular injection. Some authorities have recommended lately the dose be increased to fifty micrograms. Response to this treatment is very dramatic. General health is much improved also resistance to colds. Diaphragmatic breathing strengthens the diaphragm and increase vital capacity. The important thing is to expand the lower chest and upper abdomen on inspiration and to exhale with the aid of the abdominal muscles. This takes practice.

## Bronchiectasis

I am to have an operation in the spring for Bronchiectasis. Is there anything or any way in which I can help myself in the meantime?

Bronchiectasis, as has no doubt been explained to you is due to dilitation of the terminal air sacs with an associated chronic low grade infection, usually confined to the bases of the lungs. In the past it has been recommended that the patient try postural treatment by leaning over the side of the bed in the morning with the shoulders on the floor. In this way accumulated secretions are quickly coughed up. Some have recommended that the patient elevate the foot of the bed about twelve to eighteen inches for the same purpose.

## Heart Block

Have been informed that I have a Heart Block. What are the chances of recovery? My pulse is irregular, pain in region of heart and at times pains in upper chest and across upper abdomen. What can be done to help this condition?

The average life expectancy after the onset of almost all forms of heart disease is about ten years. Naturally some live longer. Strenuous exercise of course is contraindicated. Walking on the level seems to be the best exercise to take. Climbing one flight of stairs once a day would seem to be the maximum advisable. Smoking is inadvisable. Salt and foods with high salt content should be restricted. This would include meat and fish, olives, pickles et cetera.

## Pain in Head

I have persistent pain in the back of my head. Sometimes my face itches and gets hot. I am twenty-two years old, and am otherwise in good health. Could you advise me what to do?

Sometimes headaches at the back of the head are due to eye-strain. But more often recurring headaches are due to fatigue, worry and anxiety. To combat them one must have adequate rest and regular outdoor exercise. Refuse to be worried or anxious about anything. Drink plenty of water between meals—avoid tea, coffee, alcohol, spices, and tobacco.

## Overweight

I weigh 275 pounds. I am taking injections of a mercurial diuretic for swelling of my legs. Is there anything that one could take by mouth for the same purpose, or is there any way of doing without such medicines?

There is an oral mercurial diuretic called Neohydrin. A rigid salt-free diet is often very effective in controlling edema of the legs. In your case it would seem advisable to lose considerable weight. The 400 calorie diet is very effective at the beginning of a weight-reducing programme. It is about as follows: Breakfast: one glass skim milk, one glass unsweetened fruit juice. Noon: one glass skim milk, one glass unsweetened fruit juice or tomato juice. Evening: one glass skim milk. A multiple vitamin capsule should be taken when one is on a reducing diet.