

No. 18 is missing

THE SOUTHWESTERN UNION RECORD.

C. E. R. Palmer
267 West Main St.

OFFICIAL ORGAN OF THE S. W. U. CONFERENCE

VOL. 2

KEENE, TEXAS, MONDAY, MAY 18, 1903.

NO. 19.

The Gentle Art of Forgiving.

How good we feel when we forgive
Another who has done some wrong!
It thrills us like the cadences
Of some joy-laden, lifting song.
We feel the true nobility
Of gentleness, of how to live;
We mark his thankfulness with pride
When we forgive.

To know that we may rise above
The pettiness of rage and hate
And wipe away all trace of hurt
Is something fine and truly great.
To let our deep resentment flow
Like heedless water through a sieve,
It makes the better men of us
When we forgive.

To clasp hands with the erring one
And vow that what is past is past
Will coax the sun of gladness out
Where now the sky is overcast.
Ah, life is happy, after all,
And more than worth the while to live.
We always realize our good,
When we forgive.

We understand the weakness of
The other man, and so at length
We come to grasp the wondrousness
Of our transcendent moral strength.
When we forgive, we only learn
Our better part and do not see
That we are being kind to one
As bad as we!

Selected.

CURRENT MENTION.

THE Isthmian canal treaty has been ratified by the United States Senate, and now only awaits ratification by the Columbian Senate. When this is done, work upon the great ditch will commence in earnest. Plenty of money has been provided. After paying Columbia ten millions and the French company forty millions of dollars there will still be ten millions available with which to carry on the work for the present. It is estimated the cost of the canal when completed will be \$135,000,000.

THE system of railroads directly owned by or under the control of George Gould has a mileage of over 17,000 miles, and their net earnings

each year will exceed \$35,000,000.

THE great Anthracite Coal strike commission has at last made its report, which is considered a victory for the miners. They are awarded apartments, exclusive of salaries, an increase of pay, which for the ninety thousand men will amount in a year to \$6,000,000, and are given ten hours pay for nine hours work. The Commission severely scored some of the boycott methods used in the late strike and declares, "it is conspiracy at common law, and merits that it should receive the punishment due to such a crime."

THE new canal recently completed at Ste Marie, Michigan, will furnish about 60,000 horse power on the American side, and about one-half as much on the Canadian side. The power on the American side is to be used in the manufacture of steel steamships. It will be estimated that \$10,000,000 will be expended during the next year in that industry there.

General Conference Recommendations.

THE FOLLOWING is a partial report of the committee on plans at the late General Conference:

RECOMMENDATIONS ON SABBATH SCHOOL WORK.

FINANCE.

We recommend,—

1. That the needs of the mission fields be kept before our Sabbath Schools, as an incentive to liberal contributions.
2. That our Sabbath Schools set apart the contributions of one or more Sabbaths in each quarter, as may be necessary, for the expenses of the school, all the contributions of the remaining Sabbaths to be given to missions. It is understood that this does not effect the established plan of giving to the Orphans' Home two yearly donations.
3. That Sabbath School contribu-

tions be not used for local church and church school expenses.

4. That the office expenses of the state conference Sabbath School department, exclusive of salaries, when not entirely met by conference funds, be paid for from Sabbath School donations, such sum not to be more than a tithe of the donations.

LESSONS.

5. That a series of Sabbath School lessons to be prepared for the senior and junior divisions, which will present the distinctive points of our faith in a simple, direct, and concise manner.

Whereas, The South is expressly a field peculiar to itself; and,

Whereas, The Spirit of prophecy has stated that it should have a literature prepared especially to meet its peculiar needs; therefore, *We recommend*:

6. That our laborers in the South be permitted to adapt our future Sabbath School lessons to the needs of their field, by simplifying the same, and by adding such helps and explanatory notes as in their judgment may seem advisable.

LOCATION.

7. That the headquarters of the General Conference Sabbath School Department be connected with the headquarters of the General Conference; also,—

ORGAN.

8. That the Sabbath School department in the *Advocate of Christian Education* be discontinued, and that the *Sabbath School Worker* be re-established as the organ of the Sabbath School work and be connected with the Sabbath School Department of the General Conference.

Damascus is undoubtedly the oldest existing city in the world. Benares and Constantinople, exclusive of Chinese towns, come next in point of age.

Arkansas & Department.

THERE has been no copy received from the Arkansas contributors this week. As they are always so faithful we cannot account for this except by supposing sickness has prevented.

A PERSONAL letter brings the sad intelligence of the death of the eldest daughter of Elder J. A. Sommerville recently at her home at Washburn, Mo. No further particulars are at hand; but probably a more extended notice will appear soon.

A Prison Incident.

IT is said that there are no more horrible prisons than those found in certain provinces in Russia. A traveler, just returned from these provinces, gives an interesting incident in connection with prison life there. A Colonel was appointed to take charge of one of the most noxious of the prisons. It was situated in the center of an important province, and was filled with turbulent men and abandoned women. Harsh discipline, poor food, insufficient ventilation, uncleanliness and hopelessness—all conspired to brutalize the inmates.

Especially was this true of the women. The longer they were imprisoned the more depraved and unmanageable they became, until it needed a disciplinarian of the severest type to keep them under control. The Colonel could manage the men, but the women defied him, and he began to think that he must resort to flogging to subdue them.

One morning the Colonel's young wife took a walk in the prison yard. She was a gentle enthusiast, who had made up her mind when her husband first entered upon his official duties, to reform, if possible, the women prisoners by kindness. This purpose she failed to accomplish, for kindness seemed to have no more influence over them than solitary confinement. As she walked in the yard one morning she became apprehensive and nervous lest some harm might be done to her baby, which the nurse carried beside her, and for the first time had taken into the enclosure.

As soon as the women prisoners caught sight of the child they ran to it, gesticulating wildly. The mother gave a shriek and stood at bay before them, prepared to defend her babe

from violence. The guard came running up. But instead of the abusive language which had heretofore greeted the young wife, the poor women broke into raptures over the babe.

"Oh, the darling! Let me hold him." One after another stretched out her marred arms in entreaty towards the obdurate nurse.

"Isn't he the innocent?" exclaimed the vilest of the prisoners. At that word several of them peered into the pure face of the child, and then broke down, tears streaming down their cheeks.

Begging to hold the baby, the laughing, crying, gesticulating women crowded around the child. The eternal motherhood lighted up their embruted faces, and the sight of unimpeachable innocence softened every stony heart.

Then the Colonel's wife had a happy thought. "The best conducted woman of you all at end of the week will be allowed to tend the baby for half an hour."

The women, whom neither kindness nor punishment had been able to restrain, became docile to every word and order. At the end of the week it became almost impossible to decide which one had earned the coveted reward. The baby made weekly visits to the prison yard, and the gentle, humanizing effect upon the women seemed almost miraculous. Innocence is irresistible.—*Yonk's Companion.*

Teeth of the Beaver.

THE beaver is armed with two long chisel-like teeth in each jaw. These teeth are exceedingly powerful and are to a beaver what an ax is to a woodsman. One such tooth taken from the lower jaw of a medium sized skull (they can be removed with difficulty, unlike the most of ours) is bent into nearly a semicircle and measures five inches along its outer curve. Only one inch of this length projects from the skull. The corresponding one from the upper jaw is bent into more than a complete half circle and measures upon its outer face four inches, of which less than an inch protrudes from its bone casing.

In width each tooth is five-eighths of an inch. Examination of one of them reveals the secret of how a beaver can perform such feats as chopping down a birch tree sixteen inches in diameter,

not to speak of softer woods, like the basswood, of much greater size.

The tooth is composed of two materials. Along the outer face or front of the tooth is a thin plate of exceedingly hard enamel. On the inner, forming the body of the tooth, is a substance called dentine. The dentine, being softer, wears away with use. The thin enamel remains comparatively unworn, so that the tooth assumes the shape of a keen chisel that never grows dull. The tooth is hollow at the base for half its length and is filled with a nourishing substance which keeps it constantly growing.

Interesting Surgery.

An interesting surgical feat was last week performed at a hospital in Brooklyn, N. Y.: A man named Inselman, six weeks ago had a fall and struck his head. This soon developed paralysis of the right side, including loss of sight in the right eye. Physicians diagnosed his case as tumor of the brain, and the rapidly increasing growth was located on the left side of the head. The medical men decided on a heroic operation as the only way of saving the patient's life. Inselman was taken to the hospital and the doctor who had charge of the case, assisted by the hospital staff, performed the operation. To reach and remove the large growth on the brain it was necessary to cut out a piece of the skull twelve inches in size, lift this and remove the tumor. The latter had spread and so entwined itself among the brain matter that part of the brain was necessarily taken out with the tumor. The surgeons estimate that one-eighth of the entire brain was taken out. Inselman quickly rallied, and on the day following the operation the paralysis began to disappear, and sight began to come back to the blind eye. It is believed that he will be fully recovered in a few weeks.

Whole cloves strewn about the pantry shelves will keep red ants away, and are said to abolish moths.

The world now consumes 6,300,000,000 pounds of tobacco yearly, or 2,812,500 tons. This is worth \$200,000,000. In other words, the world's smoke bill is just \$5,000,000 a week.

The Union Record.

A WEEKLY JOURNAL

Published by the Southwestern Union Conference of the Seventh-day Adventists.

C. N. WOODWARD, - - - - - Editor and Business Manager.

Subscription Price, per year, - - - \$.50
Clubs of Ten, one year, - - - - - 4 50

AGENTS:

Oklahoma Tract Society, Oklahoma City, Oklahoma.

Arkansas Tract Society, Springdale, Arkansas
Texas Tract Society, Keene, Texas.

All papers will be discontinued when the time expires, unless promptly renewed.

Subscribers who do not receive their paper regularly should notify the office of publication and not the Tract Society, as the latter are not responsible for the mailing of the papers.

Money, or letters, should not be sent to individuals. All business communications should be addressed, and all remittances and money orders made payable to the S. W. U. RECORD, Keene, Johnson County, Texas.

Entered October 24, 1902 at Keene, Texas, as second-class matter, under Act of Congress of March 3, 1879.

Encouraging.

A LETTER just received from Elder N. P. Nelson tells of an interesting time on the occasion of the dedication of the Cooper, Oklahoma church a week ago last Sunday. About three hundred people attended the dedication, and much courage and enthusiasm was shown in the work of the Lord.

Brother Nelson also stated that he is closing up his work in Nebraska as fast as possible and making preparations to cast his lot with us. He will reach this field about the middle of July, in time for the Arkansas camp meeting. The Nebraska brethren have not only released him to come and help us, but they have opened their purse strings and made a substantial donation to assist in getting the work in the Union Conference on its feet. The Southwestern Union Conference has never been strong financially, and this help will be greatly appreciated, and it is hoped it may be the means of putting the Union Conference not only on its feet, but where it can also lend a helping hand to other portions of the vineyard that are weak. Let us all take courage at this instance of the goodness of the Lord and the in-

terest of the brethren, and push the work with more vigor than ever.

C. N. W.

ELDER G. G. Rupert left Keene last Tuesday for Oklahoma. It is understood he will hold a series of meetings at Mangum, Oklahoma. He has been planning for this a long time, but has never seen the time before.

AN ORDER was received yesterday for some of our little pamphlet, "The Events of the Thousand Years." There is still a good stock of them here, and they contain just as much truth for this time as ever. Are there not many others who would like to have some of them to sell or loan to their neighbors? The price is in quantities 5 cents each postpaid.

ELDER Andrew Nelson, of Manitoba, has been recommended by the General Conference to labor in the Southwestern Union Conference, making Texas his principal field. This action was accepted at the late meeting of the committee and we shall hope to see Elder Nelson before long.

Postage Stamps Are Very Modern.

THE MAN who has a mania for collecting postage stamps is known technically as a philatelist. Philately was much ridiculed in its early days, and is now by those not acquainted with its value.

Postage stamps, as but few are aware, are of recent invention, and it is only since 1840 that letters have been stamped. With the advent of postage stamps rates were greatly lowered. Before that in England the charge for sending a letter the shortest distance was sixpence; but with the introduction of the stamp it fell to a penny. The introduction of the postal system as it at present exists in nearly every country on the globe is credited to Great Britain, which in 1840 issued covers and envelopes to prepay letters all over the kingdom. This plan was adopted through the exertions of James Chalmers, although the honor has long been given to Sir Rolland Hill.

The first country to follow England was Brazil. In 1842 a set of three stamps was issued, consisting simply of large numerals denoting the value printed in black. Then came the cautions of Switzerland and Finland laborers for the harvest truly is ripe."

with envelopes which to-day are very rare; next came Russia, United States, France, Belgium, Spain, Bavaria, and other countries followed in the train.

From "The Talmud."

PRIDE is the sign of the worst poverty—ignorance.

Who is rich? He who is satisfied with his lot.

Man is generally led the way he is inclined to go.

Commit a sin twice and you will think it perfectly allowable.

Do not confine your children to your own learning for they were born in another time.

Better eat onions all thy life than dine upon geese and chickens once, and then long in vain for more ever after.

To be unmarried is to live without joy, without blessing, without kindness, without religion, and without peace.

There are three who are especially beloved of God: He who is forbearing, he who is temperate, and he who is courteous.

Blessed is he who gives from his substance to the poor; twice blessed is he who accompanies his gift with kind, comforting words.

A pan of lime set on the shelves near jellies, fruits and jams, will prevent their molding.

[Continued from third page.]

ing not the cup containing the wine of Babylon's doctrines of error to the kings of the earth; but the cup of the preciousness of the truths of redemption, and we must drink of it ourselves so our lives can be brought into captivity to the will of Christ, and then He can put upon us His own superscription. God wants us to come to the front, speaking the words He gives us. He wants us to show that we place a high estimate upon humanity, humanity that has been purchased by the precious blood of our Saviour. God can work with those only who will accept the invitation,

"Come unto me, all ye that labor and are heavy laden and I will give you rest." We pray that the Lord may send forth more

Texas Department.

KEENE ITEMS.

ONLY two weeks more of school this school year.

MR. Dan. Scantlin had the misfortune to have his hand mashed in one of the rolls at the bakery last week, necessitating the loss of one finger.

MRS. J. M. Humphries started yesterday for her old home at Hammond, Louisiana, where she will visit friends.

MISS Violet England took advantage of the excursion rates to New Orleans, and started for her home at Welsh, Louisiana, yesterday morning.

MATTERS concerning the Academy faculty seem to be progressing favorably, and it is hoped that something definite can be announced soon.

ELDER C. W. Miller expected to start a series of meetings at Krum, Texas, last Friday. Elder W. A. McCutchen went there to assist him in starting. Two young men, Brethren Louis Brandon and W. F. Mayers will assist in the work there.

A STRONG effort is to be made at Coleman City, Coleman county. Meetings were to commence last Friday night. Elder T. W. Field and H. B. French will take charge of the work, assisted by W. M. Cubley and wife, Nathan Willess and wife, and N. J. Etheredge. With this strong force much should be accomplished.

A PARTY of young people consisting of David Beck, Robert McCutchen, Gilbert Jamison, R. W. Maker and Miss Ellen Richardson, left last night for Battle Creek to enter the nurses' training class. These are all some of our best young people, and they will have the best wishes of this community for their success in this work.

THE Keene church held a successful Sabbath school convention last Sabbath. A programme had been very carefully prepared, and was well rendered, and there can be no doubt about the result being beneficial. The entire work of the day was suspended, and all the time given to the convention, beginning at the regular hour for Sabbath school, 9: 45 A. M. An afternoon session was held beginning at 3: 00 P. M., Nine papers or addresses were presented

upon the different lines of Sabbath for him to do. Pray for him that he school work, and at the close of each may yet be a light bearer for God to a brief general discussion was had to his own people even though he is past bringing out any additional points. Be-

sixty-eight years. Between these papers were interspersed songs by the different divisions of the school, and several choice selections by quartettes. Altogether it was a most enjoyable occasion, which other schools might have also.

From the Gold Coast.

I HAVE not much time to write, but thought the readers would like to hear what we are doing. We landed safely the third of March.

Brother J. M. Hyatt came a week later. I then visited Brother Hay-

ford to look for a place to locate my family. The old mission farm did not

suit me as I could not obtain good water there. While up there in the interior with him I found a very high hill above all the surrounding country as far as I could and about half way down the side was a beautiful spring.

Not very large but I think of pure water. This is the first spring that I have seen in Africa. I inquired diligently from the natives but found that there were no swamps near.

I asked if the spring ever went dry and they said it grew smaller but always had some water in it. I asked the God; and with a prayer on our lips,

man when the spring began, he said, "When the mountain was made". and He blessed us far beyond our

So I suppose that it is everlasting. I am going there with my family. The children have been bothered some with the fever here, but if I can get them into a camp on that Mountain I think that all will be well with

them for some time to come. Our great trouble now is means to build a suitable house. I shall have a camp erected at once, but I will have to have a house to make it permanent.

I had the first baptism since landing on the coast this morning. I baptized 4 just as I was leaving before, and this is the fifth on the coast. He is an old Wesleyan minister but was thoroughly convinced of the truth and has been awaiting baptism for a long time. He was using tobacco and had been for forty years, but when I presented it to him he quit short off.

He spoke in very strong terms about the Methodists forbidding it in their discipline, but lightly passing over it.

He seems very anxious to do all that the Lord has said

I had several Bible lessons in my setting room when I arrived on the coast, and from them several young men are interested, and I hear that some are keeping the Sabbath. Sickness prevented my following up the work as I would have liked. I expect to leave for the interior tomorrow, but Brother Hyatt will remain in Cape Coast, and follow up the work begun there.

Pray that we may have health to get the work fully started on this coast.

D. U. HALE.

FROM THE CANVASSERS.

P. H. FISHER, G. A. LAGRONE, G. W. HOLTZCLAW,—“We are glad

to be able still to report the Lord's blessing both in spiritual manifestations and orders. We have enjoyed

the work very much during the past week. The Lord has blessed us with

success that far surpassed our ex-pectation. It is marvelous how the

Lord has opened the hearts of the people in the town of Huntsville to

the blessed truth. We began work last Monday morning in the fear of

God; and with a prayer on our lips, asking Him to help us in our work;

“When the mountain was made”. and He blessed us far beyond our

expectations. Our work so far has been mostly with the colored people.

We praise the holy name of God for sending us to this place. Oh, how grand it is to be in the Master's

work!

This is a very needy field so we are putting forth our greatest effort to get the truth before the people. If we will only place ourselves in the hands of the Lord, and be daily connected with God, our words and

deeds may be a savor of life unto life,—exerting a saving influence. If we make a failure in this work, it is because we have not connected ourselves with God. If we only have a theory as to how the work should be done, and do no feel our dependence in God, we may expect a failure.

We pray that the Lord may give the

canvassers courage and success in car-

rying this blessed message to the

world. We must remember that in

handling these books we are present-

[Continued on fourth page.]

SOUTHWESTERN UNION RECORD.

Names Wanted.

The young people of Guadalajara, Mexico, are publishing a little paper, entitled the "Third Angel's Message"; in the Spanish language, and they are anxious to get names of Spanish-speaking people to whom to send their paper. If our canvassers or others would send them such names it will be appreciated by them and may be the means of putting the truth before many who would not otherwise receive it. Names should be sent to Mrs Dr. J. W. Erkenbeck, care Sanitarium, Guadalajara, Mexico.

A Summer School of Mathematics and Science.

Will be held in Keene Academy, at Keene, Texas, for a term of twelve weeks, beginning June 8, 1903.

The instruction will be adapted to the needs of teachers in elementary schools, as well as to those of students pursuing a regular academic course.

Either class or private instruction will be offered in the following subjects:

Higher Arithmetic.	Physics.
Elementary Algebra.	General Chemistry.
Plane Geometry.	Qualitative Analysis.
Solid Geometry.	Botany.
Higher Algebra.	Physiology.
Plane Trigonometry.	Bible Nature.
	Psychology.

TERMS: One subject, \$2.50 per month; two subjects, \$4.00 per month; three subjects, \$5.00 per month. Additional subjects \$1.00 each.

In addition to these tuition fees, students in physics and chemistry will pay a laboratory fee of \$2.00 for each course, to cover cost of materials used.

Intensive methods will be employed, and opportunity afforded for rapid progress, according to the student's ability and application. For further information apply to

PROF. W. H. BUXTON.

Keene, Texas.

The Signs.

Are you taking and reading the Signs of the Times? If not, you are missing a treat each week. It comes each week laden with good things from the first to the last of its sixteen pages. It has always been a good paper, but it seems now to be better than ever, which will be the judgment of all who will give it a trial for three months. Price \$1.50 a year; shorter

terms in proportion. Address any Tract Society, or Signs of the Times, Oakland, Cal.

Wanted

Young man to learn baker's trade. Must have good health and be willing to work. Permanent position for right party. References required

LONE STAR PURE FOOD CO L'T'D
may 10 4t Keene, Texas.

FOR SALE.

A NICE new four room cottage, beautifully located, convenient to Academy, Sanitarium, Bakery, and stores, on the nicest street in the village, well improved, set to fruit, good cistern, and other conveniences; also my household goods—furniture, organ, stoves, cooking utensils, dishes, etc., etc.

5 4 4t FLORA H. WILLIAMS.

FOR SALE

A HOUSE, stable, and one and one-fourth acres of land three blocks from academy campus Keene, Texas. There are quite a number of peach and plum trees, also grape vines and blackberry bushes all in bearing condition, on the place. For terms address

E. T. Russell, College View, Nebraska; or Frank Green, Keene, Texas
4 27 4t

PIANOS & ORGANS.

I am prepared to offer you Pianos and Organs, shipped directly from the factory to your home.

All Middle Men Knocked Out.

Come to see my line, and get prices and terms.

J. A. LONG.

Cleburne, Texas.

Missouri, Kansas, & Texas Railroad.

Time of trains at Keene, Texas.

North bound.	South bound
6:55 A. M.	8:50 A. M.
11:15 "	1:00 P. M.
8:20 P. M.	9:25 "

SANITARIUM
DRESSMAKING PARLOR.

KEENE - - - TEXAS

Work Satisfactory. Rates Reasonable



Canvassing Reports for One Week Ending May 9, 1903.

Name.	Address.	Book	Hours	Exh	Ord s.	Value.	Helps	Del'd.	Value
Texas.									
Mrs. A. M. Saunders	San Antonio	C K	7	2	\$ 4 00	\$			
I. T. Raynolds	Marshall	P P	38	32	98 00				
A. J. Jensen	Clifton	C K	43	39	33 50				
C. Freiesen	Eagle Lake	C K							
Jacob Duerksen	"	C K							
E. F. Seat	Wood Co	G C	40	24	55 00	50			
G. A. Lagrone	Walker Co	D A	25	58	211 75	4 50			
G. W. Holtzclaw	Walker Co	D A	31	60	231 00	4 45			
J. T. Harper	Fannin	P P	46	11	26 25	5 00			
P. H. Fisher	Walker Co.	D A	30	32	118 50	5 80			
A. S. McCully	Upshur Co.	D A	27	15	55 00	1 25			
Total:				287	273	833 00	21 50		

616.25

Oklahoma Department.**FIELD REPORTS.**

HARPER, OKLAHOMA.—At Brother Haffner's request I came to this place together with Brother Hickman, and we began meetings Friday evening. I found the old school house well filled with interested hearers. After presenting the testing truths of the message in four sermons, eleven willing souls were buried in baptism.

A church was organized of sixteen members. Two of these were the result of Brother Lieven's work a year ago. One sister from the East Cooper church, and these two brethren were the only Sabbath-keepers here when Brother Hickman began work. The prejudice was very strong at first, but now quite a number of the neighbors come into our meetings on the Sabbath, and the truth has a respectable hearing. Several others will be ready for baptism soon. Others who desired baptism were not able to attend the meetings. If the brethren and sisters at Harper continue in the faith, the prospect is good for a growing church.

C. SORENSEN.

May 11, 1903.

FAULKNER.—Sabbath and Sunday, 2nd and 3rd of this month I met with the new company that Brother Bagby has gathered together during the last few months. We had some very good meetings, and the Lord came very near. On the Sabbath we organized a church of eighteen members, and the officers of the church were elected. On Sunday we met at Brother Bagby's place, and after a sermon we went to the water, where four precious souls were baptized. After baptism we had another meeting, and the Lord came still nearer. The power of God was manifested, all hearts were broken under the influence of the Holy Spirit, and another brother and sister joined the church. The brother united by vote and baptism, and the sister by vote. This brother could not longer resist the power of God, and we returned to the water and baptized him. It seemed that every heart was filled with the Spirit of God.

There will be about five or six more who will join this church in the near future for they are already keep-

ing the Sabbath. May the Lord Nelson is a man of long experience bless this new church, and add many more to its number. G. F. H.

PANTHER CREEK INDIAN TERRITORY.—May 1st I visited the Claremore, Indian Territory church. I found them all of good courage and hope. On Sabbath all came together to take part in quarterly meeting. It was an occasion of much refreshing.

All the members thought the time had come to have elders ordained, and there were two ordained to that work. I am now busy holding meetings five miles out in the country. We have a splendid interest. Five made a start last Sabbath night; others will soon. Two were baptized last Sabbath. The rains hindered our meeting some, but the interest seems to keep up. M. H. GREGORY.

Church Dedication at West Cooper.

ON THE 9th and 10th of May the church at Cooper was dedicated to the Lord. The German churches near by were invited, and a large number came. Every available space in the house was filled. Elder Westphal, from Union College, Elder Nelson, president of the Southwestern Union Conference, and the writer were present. Elder Westphal preached the dedicatory sermon in German, and Elder Nelson in English. The Lord blessed His servants. The prayer was offered by the writer.

Our brethren from Dakota have prepared a neat house. They bought by previous labor, since the very act the building from a Methodist of thinking burns up solid particle, church; and then refitted it. The as every turn of the wheel or screw brethren not only dedicated the of the steamer is the result of wooden building to the Lord, but sumption by fire of the fuel in the they also dedicated themselves to furnace. The supply of consumed Him. We hope the Lord will bless the brethren in their new house of worship.

G. F. H.

ITEMS OF INTEREST.

ELDERS Shultz and Nelson stopped a few hours with us here in the office last week. Their short stay was a source of encouragement. We are sorry to think that Elder Shultz is moving his family out to California for fear we shall not see him very often here in Oklahoma. Elder Nelson now has charge of the Southwestern Union Conference. Brother

Nelson is a man of long experience in the work, hence he will be a good help to us all around. We heartily welcome him in our midst.

BROTHER James Butka called at the office last week on business. He is kept real busy now by the canvassers. He is of good courage.

BROTHER Harzman, from Keene, Texas, passed through the city, and made us a pleasant call at the office. We were glad to see him. Brother Harzman went to Keene to study the Spanish language, contemplating work among that people.

BROTHER Etchison and McCoy meet with good success in their canvassing work at Quartermaster. Brother Etchison says, "The people seem hungry for the truth contained in our books. I never was in better courage. The Lord has blessed us all the way. We have excellent headquarters at Brother and Sister Chafin's, for which we are thankful."

Sleep the Best Brain Stimulant.

WHEN A MAN feels too weak to carry anything through, the best possible thing for him to do is to go to bed and sleep as long as he can. This is the only recuperation of brain power, the only recuperation of brain force, because during sleep the brain is in a state of rest, in a condition to receive and appropriate particles of nutrient from the blood which take the place of those which have been consumed by previous labor, since the very act of thinking burns up solid particle, of the steamer is the result of consumption by fire of the fuel in the furnace. The supply of consumed brain substance can only be had from the nutritive particles in the blood which were obtained from the food eaten previously, and the brain is so constituted that it can receive and appropriate to itself those nutritive particles during a state of rest, of quiet and stillness of sleep. Mere stimulants supply nothing in themselves. They goad the brain, and force it to greater consumption of its substances until it is so exhausted that there is not power enough left to receive a supply.—*Exchange*.