

a well-disciplined army, clad with the armor of God. The companies of believers, though scattered over a large territory, were all members of one body; all moved in concert, and in harmony with one another. When dissension arose in a local church, as later it did arise [over the circumcision question] in Antioch and elsewhere, and the believers were unable to come to an agreement among themselves, such matters were not permitted to create a division in the church, but were referred to a general council of the entire body of believers, made up of appointed delegates from the various local churches, with the apostles and elders in positions of leading responsibility. Thus the efforts of Satan to attack the church in isolated places, were met by concerted action on the part of all; and the plans of the enemy to disrupt and destroy were thwarted."—*Id.*, pp. 95, 96.

And thus has God knit together the body of His remnant church in the same wonderful organization, enabling it to press forward unitedly with the last note of the everlasting gospel to the very ends of the earth in these closing hours of earth's history. Diversified talents unified into one working whole, convincingly attest to the fact that the invisible Organizer and Leader is none other than the Lord God Himself.

T. E. B.

"Be Thou Diligent"

"Be thou diligent to know the state of thy flocks." Prov. 27:23. It is evident that the wise man had reference in this text to the flocks which roamed the plains, but the context emphasizes the need of diligence; and in nothing is diligence so necessary as in spiritual things.

Church officers have been chosen to fill various places of responsibility in the plan of church organization. This responsibility is exceedingly great, for it has to do with eternal things. Even the idea of leader of a flock is inseparably connected with leadership of the church.

"Know the state of thy flocks." This is good counsel, and to the careless shepherd becomes a real command. While this counsel is primarily for pastors and elders, yet it cannot be disregarded by the other officers in the church. The church treasurer, in some instances, will be able to speak to the one whose feet may be entering upon slippery places, giving him just the word which may encourage to greater faithfulness in the paying. There is nothing mentioned in the Bible which will more swiftly and surely drown men in perdition than unfaithfulness in this respect.

Surely, as leaders in church activities, a great responsibility rests upon Sabbath school superintendents, and upon leaders of the Missionary Volunteer Societies, to give to their flocks the kind of leadership which will guide into active service for the Master.

Doubtless, in a lesser degree, the responsibility of knowing the state of the flock rests upon some of the officers in the church; but even those in the church who carry no official position have much that they must do to assist in maintaining the spiritual tone of the church. In many instances, it would seem, the weight of church membership rests all too lightly upon many who have taken over the sacred position of membership in the organization on earth which receives the tenderest thought and care of a loving heavenly Father.

It appears, that, with some, the matter of church membership is one of expediency or convenience, for when pressure of one form or another comes from without, church vows are lightly regarded. We are already in the time when the line between obedience and disobedience is being tightly drawn. By precept and example church officers are to exert a holding and a molding influence in favor of obedience. We have come nearer fulfilling our obligation in the matter of precept than of example, but in both we need greater constancy. Surely precept falls far short of its intention if example is lacking.

The light which is shining upon our pathway must not be dimmed by shadows of disobedience and carelessness. Whether or not we sense our responsibility does not lessen it to any degree, but failure to sense it will bring confusion and sorrow.

"Those who labor for souls must attain to a deeper, fuller, clearer knowledge of God than can be gained by ordinary effort. . . . They are engaged in a high and holy calling, and if they gain souls for their hire, they must lay firm hold upon God, daily receiving grace and power from the Source of all blessing."—*The Acts of the Apostles*, p. 205.

BURTON CASTLE.

Home Missionary Department

PERSONAL WORK

Suggestive Program for First Sabbath Home Missionary Service

(June 2)

SONG: "Winning Precious Souls to Thee," No. 536 in "Christ in Song."

RESPONSIVE SCRIPTURE READING: John 3:1-17.

PRAYER.

CHURCH MISSIONARY SECRETARY'S REPORT.

OFFERING FOR CHURCH MISSIONARY WORK.

SPECIAL MUSIC: No. 154 in "Gospel in Song."

MESSAGE FOR THE DAY: "Personal Service," by Elder V. G. Anderson.

CLOSING SONG: "Entire Consecration," No. 316 in "Christ in Song."

Note to Leaders

The fact should ever be kept in mind that we are saved as individuals, and not as companies. However perfect the missionary organization in the church, or however extensive the plans for putting the missionary organization into operation, it is the individual in the organization whose heart is aflame with a passion for souls and who really goes to work and accomplishes the purpose of the organization, who counts. The call of God in this hour is that every man do his duty in measuring up to the utmost of his ability, and this is a call to personal, individual service. Never have we faced a time when there was greater need of sensing our individual responsibility than right now. "Vigilance and fidelity have been required of Christ's followers in every age, but now that we are standing on the very verge of the eternal world, holding the truth we do, having so great light, so important a work, we must double our diligence. Every one is to do to the utmost of his ability."—*Testimonies*, Vol. V, pp. 460, 461. May the Spirit of God so fill the heart of every pastor, elder, and leader in the contemplation and presentation of this vitally important theme, that a powerful revival of individual personal service in behalf of souls may become manifest in every church. We recommend to all leaders the book entitled "Fishers of Men," as a source of helpful material bearing on the importance of personal work.

GENERAL CONFERENCE HOME MISSIONARY DEPT.

Personal Service

BY V. G. ANDERSON

Home Missionary Secretary, Southern Union Conference

SOME of the greatest sermons preached by Jesus were addressed to the individual, the "one-soul audience." It is stated that Christ's work "was largely made up of personal interviews. He had a faithful regard for the one-soul audience. Through that one soul the message was often extended to thousands."—*Christ's Object Lessons*, p. 229.

Personal contact with souls brings results, and we are admonished to give attention to this method and to follow the example which has been set before us, as stated in the following words: "The Lord desires that His word of grace shall be brought home to every soul. To a great degree this must be accomplished by personal labor. This was Christ's method."—*Ibid.* "Among the members of our churches there should be more house-to-house labor, in giving Bible readings and distributing literature. . . . Christ's example must be followed by those who claim to be His children."—*Testimonies*, Vol. IX, p. 127.

We may readily admit that great importance is attached to the personal work method in soul winning, and we cannot fail to recognize the Example and Pattern which is our guide; and yet there are far too many church members who make no attempt to watch for opportunities or to make opportunities for vital personal contact in dealing with souls. This is because there is no real passion for souls burning within their hearts. It is time we recognize that the Lord has made us our brother's keeper, and that "we shall individually be held responsible for doing one jot less than we have ability to do. The Lord measures with exactness every possibility for service. The unused capabilities are as much brought into account as

are those that are improved. For all that we might become through the right use of our talents God holds us responsible. We shall be judged according to what we ought to have done, but did not accomplish because we did not use our powers to glorify God."—*“Christ's Object Lessons,”* p. 363.

One writer gives the following experiences and appeal: “A few years ago, in Chicago, after the terrible Iroquois Theater fire in which six hundred lost their lives, one of the fortunates who escaped, a girl of seventeen, was riding home on a street car. True, her clothes were somewhat drenched and blackened, her hair was disheveled and singed, and her hands and face were slightly burned; but she was saved. Yet instead of rejoicing over her happy escape from a horrible death, she was sobbing as if her heart would break. An elderly gentleman, sitting across the aisle, said to her, ‘Why, you ought to be the happiest girl in Chicago, after so narrow an escape. Think of the six hundred dead.’ ‘That’s just it,’ she replied. ‘It’s the six hundred that make me feel so bad. To think I was saved, while six hundred were crushed and burned to death, and I didn’t lift a finger to save them. Instead, in my rush to safety I actually trampled upon them. And I had friends among the dead. How can I be happy?’ Surely the lesson is obvious.

“A number of years ago in Alaska, after the spring thaw, the skeleton of a man was found in a deep ditch near a miner’s cabin. The unfortunate man had lost his way in a blinding snowstorm, and had fallen into the ditch. Being injured, he was unable to climb out, and so perished with the cold. After the gruesome discovery, in an unguarded moment the old miner told how one bitter winter’s night during a terrible storm he had heard a cry, ‘Lost! Lost! Help! Help!’ But because the night was dark and wild, and because his hearthstone was so warm and comfortable, he did not leave the shelter of his cabin to lend a helping hand, but retired in selfish, isolated security. Quickly the word spread, and because of his cowardly inaction, people when they passed him pointed the finger of scorn. His name was mentioned with a sneer, and among the rougher element was coupled with a curse. It became so uncomfortable for the old miner he was compelled to leave the community.

“Yet daily, all about us, souls are perishing. They have lost their way in sin’s wild, stormy night, and have fallen into the pit of destruction not far from each one of us. A few go down silently without a whisper, but on every hand we hear the moan of the lost. It is their plaintive plea for rescue. Are we loath to leave our comfortable hearthstones? Oh, then we need a new vision of the value of a human soul.

“Once there was a woman who dreamed that she had the privilege of visiting briefly the New Jerusalem to inspect the mansions prepared for the blessed. To and fro through the golden streets she walked with her angel guide. But she was ill at ease, for every one looked strangely at her. At last she said, ‘Why does every one stare at me so? Are my clothes awry? Is my hair disheveled? Is there some mark on my face?’ And the angel responded, ‘All who live here have at least one star in their crown, while you have none.’ She awoke, and lo! it was only a dream. But that dream transformed her life, and she became a mighty soul winner for God. But, alas! unless some of us are awakened here, we shall awaken later, and, lo! it will be no dream, but a fatal reality. Aye, we need a vision of the value of a human soul.”

Confessing Christ in Daily Life

The words of the Saviour recorded in Matthew 10:32, are of solemn import to us as individuals. He said: “Whosoever therefore shall confess Me before men, him will I confess also before My Father which is in heaven.” Not many of us may be called to stand on trial for our faith, and before the judge and jury to make a public confession of having accepted Christ as our Saviour and King, but every Christian is summoned to confess Christ and to witness for Christ in his home or neighborhood. But I do not believe that you and I are being faithful to this summons if our neighbors and friends are not acquainted with the fact that Jesus is soon coming back to this world, and are not informed concerning what the Bible teaches regarding the Sabbath and kindred truths.

Some time ago I called at an aristocratic home, to which I had been directed as the place where one of our church mem-

bers resided. This church member had not been attending the church services regularly, and we were anxious to ascertain the cause of her nonattendance and to help her in every way possible. During our conversation this sister made this remark: “Well, you know my acquaintances, and the members of the club to which I belong, are very much prejudiced, and I have never told them that I am a Seventh-day Adventist!” I want to ask you, Was that sister standing as a faithful witness for Christ? or was her attitude one of compromise,—hiding her “light under a bushel”?

Truly, brethren and sisters, the time has come, the hour is here, when we should make known to every neighbor, friend, and acquaintance that Jesus Christ is soon coming back to this world, and urge them to prepare to meet Him in peace.

Mr. J. Campbell White, the author of “Missions and Leadership,” offers timely suggestion by propounding four questions for personal reflection and stating the conclusion reached in his own mind. He says:

“There are four questions which I have been asking of my own heart in the recent months. I am persuaded that they are fair questions and that they strike at the root of our problems:

“1. How long would it take to make my community really Christian, if every other follower of Christ worked at it and prayed about it just as I do?

“2. How long would it take to make my whole nation really Christian, if all Christians gave their prayers and efforts and money toward it just as I am doing?

“3. How long would it take to plant the church of Christ in every community in the world and make disciples of all nations, if all other Christians were to give this great program of Christ the place in their lives that it has in mine?

“4. And the fourth question may cut deeper still. Have I any moral right to expect or demand of any other Christian, even of preachers and missionaries, any service or sacrifice for Christ that I am unwilling to give myself?

“The work of winning the world to Christ is my work as really and as fully as it is the work of any one else. Let me not avoid it or shirk it in any way. It is not a question of where I live or what my profession is that determines the quality of my life; it is my central and controlling life purpose. And that can be right, no matter where I live or what I work at to pay expenses.”

It is the man or the woman, the youth or the child, who is willing to confess Christ before men now, who will be presented to the Father in heaven as a true and loyal disciple, for whom the Saviour’s precious blood makes full atonement for sin, and upon whom the robe of Christ’s righteousness is placed. We look forward with anxiety to the hour when our cases will come up in review before the tribunal of heaven. None are exempt, “for we must all appear before the judgment seat of Christ.” If Christ is not our mediator and intercessor in that hour, we shall be eternally lost. In these closing moments of probationary time, are we giving diligent heed to making Christ known before men?

I like the thought expressed by Jesus, when He said, “Ye also shall bear witness, because ye have been with Me from the beginning.” John 15:27. A person cannot confess Christ, or witness for Christ, unless he has a personal acquaintance with Christ. If you would be a true witness for Him, spend some time daily alone with Him in prayer and Bible study, and then you will be able to speak, in convincing language, of what Christ is to you and what He longs to be to every human soul. We all know that in legal affairs, a person is not qualified or accepted as a witness unless he has personal knowledge concerning the situation involved. Can it be possible that herein lies the secret as to why there is so little effective witnessing for Christ in many communities?

Not only do we have the positive assurance that Christ will testify before His Father in behalf of those who confess Him before men, but there is also another side of the picture, for He said, “Whosoever shall deny Me before men, him will I also deny before My Father which is in heaven.” Matt. 10:33. The thought of denying our Lord is closely associated with the experience of Peter, who, in no uncertain tones, boldly denied that he had any acquaintance with the Lord Jesus. We are confident we would never do as Peter did, and that if we were

asked a direct question as to our belief concerning the nearness of the coming of the Lord, or our attitude toward the Sabbath question, we would emphatically and boldly declare our true stand. Possibly so! And yet is it not possible that an individual may deny his Lord by keeping silent when he ought to speak? And if an individual has not declared to his neighbors and friends the truth of God for this hour of earth's history, is not this silence the same as a denial of his Master?

Christianity is on trial before the world today; and "Christ is Christianity."—"*Gospel Workers*," p. 232. We are called to "remember that a Christlike life is the most powerful argument that can be advanced in favor of Christianity."—"*Testimonies*," Vol. IX, p. 21. The Lord is counting on you and me to confess Him before the world. Every Christian who has experienced the joy of salvation, and has been brought to a knowledge of the truth for this time, is to stand as a witness to his neighbors and friends. My brother, my sister, are you confessing or silently denying the Lord Jesus Christ in your contact with your fellow men in neighborhood and community?

Begin anew today, and improve every opportunity to make known the message of truth for this hour. Secure a supply of our truth-filled literature, and place in the hands of every neighbor a tract or a paper on some phase of the third angel's message. After making three or four calls at every home, inquire if the people who have read the literature would like

to study the Bible in a personal way, for further light and understanding, and thus begin a series of Bible studies in the homes. If every Seventh-day Adventist would win one soul this year, the membership of every church would be vastly increased before the ushering in of 1935. God is patiently waiting to pour out His blessing upon us to this end.

Very clear and definite is the appeal brought to us through the Spirit of prophecy, as follows: "Church members, let the light shine forth. Let your voices be heard in humble prayer, in witness against intemperance, the folly, and the amusements of this world, and in the proclamation of the truth for this time. Your voice, your influence, your time,—all these are gifts from God, and are to be used in winning souls to Christ. Visit your neighbors, and show an interest in the salvation of their souls. Arouse every spiritual energy to action. Tell those whom you visit that the end of all things is at hand. The Lord Jesus Christ will open the door of their hearts, and will make upon their minds lasting impressions."—"*Testimonies*," Vol. IX, p. 38.

By every believer in the advent message this appeal should be received as a message from God, calling for thorough earnestness in translating belief into action, and holy boldness in confessing Jesus and His message to the world, so that our Saviour may present us each and every one before His Father in the solemn judgment hour.

Every Member an Evangelist

BY ERNEST LLOYD

THE call today is for all of God's people to arise and gird themselves anew for the last titanic effort—and gird themselves *individually*. The great and varied work represented by our movement cannot all be compassed by one class of workers, nor by all our agencies combined, if this truth be not deeply impressed upon our minds and hearts, that there is work for every man,—for every man in his individual sphere and with his individual gifts. The word of God teaches, and the Spirit of prophecy emphasizes, the importance of the individual responsibility of every member of the churches to propagate the faith once delivered to the saints.

This is the message, as every worker knows, in Volume IX of the "Testimonies." We are clearly taught there that "if every church member were a living missionary, the gospel would speedily be proclaimed in all countries, to all peoples, nations, and tongues." Most of our people only need a little wise leadership to make them living missionaries just where they are. How is it to be done?

Has not the time come for us, as ministers and leaders, to carry out, in a larger way, the instruction given us in the Testimonies,—that of showing the members of the churches *how* to do the work we talk and write so much about? In many churches I have visited I have heard something like this: "Brother, we would like to help advance the work in this place, but we need some one to show us *how*." We must not console ourselves with the thought that this work is a work the home missionary secretary can do and is to do. Here is a weakness. While the missionary secretaries can do much to encourage the members and bring new plans before them, and help show how to carry out those plans, yet this does not release our regular ministers from the specific instruction that they are to "devise ways and means" for church mem-

bers to labor, and teach them the great art of soul winning. (See "Gospel Workers," pp. 196-200.)

Some of our ministers and workers are doing this long-neglected work, and wherever they are doing it God is blessing and results are following. I am confident that wonderful progress awaits us if we will go to the churches and in an organized manner conduct first, perhaps, a few meetings of a revival nature, bringing hope and courage and cheer to all, and then give some instructions in personal work for others and arrange for the great business of definite and systematic effort.

Perhaps you have heard of the simple, unique, and effective method used in Korea. Let me remind you of it. A missionary thus describes the method: "Soon after my arrival I was assigned to visiting in certain homes, and a little book was given me containing the name of each believer. On each page was a second name, and when I asked what that meant, I was told that was the name of an unbelieving woman for whom

this believing woman had promised to work and pray until she became a Christian. As soon as she had become a Christian her name was transferred to another place, and the first sister would select another for whom she would work and pray. And souls were being added to the church."

This is about as definite and systematic work as that recorded in the last verse of the fifth chapter of Acts. We are told there that "they ceased not" in their work of heralding the gospel and that they visited "every house." Then came the increase of souls, and "the number of the disciples was multiplied." Acts 6:1. God grant that this experience of the early church may be ours as we go forth in the same spirit of power, earnestness, and definiteness that characterized the early disciples as they endeavored to carry out the gospel commission.

SPECIAL NOTICE

NEW AND LARGER "GAZETTE" FOR JULY.

The work of the laity, which includes the army of children and youth under the direction of the Missionary Volunteer Department, as well as adults under the direction of the Home Missionary Department, has assumed greatly enlarged proportions in recent years, and the available space in the pages of the CHURCH OFFICERS' GAZETTE has become inadequate to meet the needs. Plans are now being perfected for increasing the size of this monthly periodical. Instead of sixteen pages, there will be thirty-two pages, and there will be a change in the size of page, making it slightly larger than that of the *Sabbath School Worker*. The price of the GAZETTE remains the same,—90 cents a year for single copies, and 75 cents a year in clubs or two or more. The circulation goal, as approved by the General Conference Committee, is an average of five copies in each church.

The enlarged GAZETTE will permit the Home Missionary Department to provide greatly needed instruction for the missionary officers of the church, band leaders, and other groups of leaders and workers, and to pass on information and experiences which will tend to strengthen greatly the soul-winning work in every church. Begin now to plan for the subscriptions that should be taken by the officers and band leaders of your church.

J. A. STEVENS, Secretary,
General Conference Home Missionary Department.

The Church Missionary Service

PRAYER	2 minutes
REPORTS	4 minutes
PRESENTATION OF TOPIC	8 minutes
CLOSING	1 minute

Suggestive Missionary Service Programs

June 2

MISSIONARY TOPIC: The Science of Soul Winning.
TEXT: Proverbs 11:30.

SUGGESTIONS: We are told that "the highest of all sciences is the science of soul winning" ("Ministry of Healing," p. 398), and yet the rudiments of this science are made so clear and simple that all may comprehend, and there is not one Christian exempt from the study and actual demonstration of this science. "To save souls should be the life work of every one who professes Christ."—"Testimonies," Vol. IV, p. 53.

Let us consider a few of the primary principles in the science of soul winning:

First of all, the student of this science must enter the realm of spiritual things through the gateway of conversion; for "the natural man receiveth not the things of the Spirit of God; for they are foolishness unto him: neither can he know them, because they are spiritually discerned." 1 Cor. 2:14.

Second, he must yield himself as an instrument to be used by divine power. Just as the pen or pencil becomes effective when controlled by the hand moving under the impulse of the brain, so the science of soul winning requires a human instrument absolutely surrendered to the direction of a higher Power. "Men are instruments in the hand of God, employed by Him to accomplish His purposes of grace and mercy."—"The Great Controversy," p. 343.

Third, he must seek to become an efficient instrument: (a) By mastering "the law of service" which Christ gives to all His followers as "the connecting link which binds us to God and to our fellow men."—"Christ's Object Lessons," p. 326. (b) By improving his natural talents: "Every worker should be *understandingly efficient*. Then, in a high, broad sense he can present the truth as it is in Jesus."—"Testimonies," Vol. VII, p. 70. "All are under deepest obligation to *improve every capability* for the work of winning souls to Him."—*Id.*, Vol. IX, p. 104. (c) By manifesting animation, accuracy, and determination: "Those in the service of God must show animation and determination in the work of winning souls. Remember that there are those who will perish unless we as God's instrumentalities work with a determination that will not fail nor become discouraged. . . . He has given us a great work to do. Let us do it with accuracy and determination. Let us show in our lives what the truth has done for us."—*Id.*, Vol. VI, p. 418.

It is a delicate and solemn work to deal with souls. There must be no forcing, no compulsion, but the art of *winning* the human will to a glad surrender. The science of soul winning is not the skill to heal a leaking valve of the heart, but rather the science which involves the making of an entirely new heart. A Christian writer refers to the solemn importance attending the science of soul winning, by saying, "It is a great hour when a surgeon holds a scalpel, at the end of which is life or death for the patient. It is a greater hour when a lawyer faces a jury with the conviction that if he makes a mistake an innocent man will hang and a family be disgraced forever. But the greatest hour any human being ever faces is the hour when he stands as God's representative before a man hastening to his condemnation, commissioned to offer him a pardon that is to last for the eternities."

May God help us all to be diligent students and yielded instruments in His hand for the winning of souls. "It is not a vain thing to serve God. There is a priceless reward for those who devote their life to His service."—"Test.," Vol. IV, p. 107.

June 9

MISSIONARY TOPIC: Food Conservation Measures.

TEXTS: John 6:12; Luke 9:17.

SUGGESTIONS: The Gospels clearly present the responsibility

of the church to minister to the needy. One of the greatest of all the parables of the Lord, the parable of the good Samaritan, has to do with the believer's duty toward any who may be in need. The epistle of James illustrates saving faith by acts of benevolence. He says, "If a brother or sister be naked, and destitute of daily food, and one of you say unto them, Depart in peace, be ye warmed and filled; notwithstanding ye give them not those things which are needful to the body; what doth it profit?" James 2:15, 16. Much is said in the writings of the Spirit of prophecy concerning our responsibility to follow the instruction given in the fifty-eighth chapter of Isaiah. We do well to study it.

Hundreds of our churches are well organized and doing a strong work in ministering to the needy, both members and nonmembers, and thousands of people have been given substantial help. Great blessings have come to the churches engaged in this work. But the opportunity to minister to the needy is ever widening before us, and at this season of the year plans must be worked out to provide the necessary food supplies that will be required to feed the hungry during the coming autumn and winter. Wonderful has been the response of the public to our appeals in many localities. Whole carloads of apples and potatoes have been freely given to us. Railroads have given favors in shipping these foodstuffs, auto freight lines have carried such things without cost, cold storage plants have stored perishables without cost, and municipal authorities have provided trucks and drivers to haul vegetables donated by truck farmers.

Just now the season is beginning for canning fruits and vegetables, and in nearly every community there are growers who will cheerfully donate supplies to our Welfare or Dorcas Societies for canning or drying. Green corn may be cut from the cob and dried, as well as canned. Apples, peaches, and other fruits may be evaporated as well as canned. No doubt many canneries would can tomatoes if they were furnished, and donate the cans. Later in the season potatoes, carrots, cabbage, etc., can be solicited from the growers, either farmers or truck gardeners. Such vegetables, including squash and pumpkins, can be stored in some storage plant free of charge; or where such storage is not available, they may be stored in old-fashioned pits, where brethren have a piece of ground available. Such a pit may be made by piling up the dirt about a foot above the surrounding soil, covering it with a good layer of straw. Stack the potatoes, carrots, or whatever is to be stored on this platform. Cover first with straw, and then with sufficient dirt to keep out frost. Such a pit may be opened during cold weather, and needed supplies will thus be kept well into the winter season.

Corn can be solicited and made into hominy without extensive experience. Wheat can be solicited and ground free of charge at some near-by feed mill, to make fine whole-wheat porridge, and corn can be turned into corn meal in the same manner to provide corn bread and porridge. One of our brethren in the corn States has distributed tons of corn meal in the last few years. The corn is given to him by the growers, and a friendly miller grinds it free of charge.

Honey is a useful item of food value, and many producers will donate generously. A ton was given to one of our "Penny-A-Dish" restaurants. In some sections it will be possible to solicit peanuts, and in other sections it will be possible to secure refined cotton seed oil for cooking purposes. Still other localities will provide pecans or other nuts. Opportunities for helpful service confront our churches on every side. Surely God would use the church at this time as the agency for bringing to the needy the things He has abundantly provided for supplying these needs. May each church measure up to the opportunities in its community.

June 16

MISSIONARY TOPIC: Soul-Winning Experiences.

TEXT: Psalms 74:12.

SUGGESTIONS: As in David's time, so in these closing days of earth's history, God is "working salvation in the midst of the earth." It will be an inspiration and encouragement to hear what God has done through the church members in "working salvation" in the midst of neighborhood and community centers,—what contacts have been made, what opportunities

afforded, what results have been seen, what omens apparent, what cases needing special prayer and help. It may be that some are tempted to feel discouraged because they have so little to report. Possibly there is no definite result to speak of, but mention can be made of "impulse" which, though an intangible element in missionary reporting, is nevertheless of eternal value wherever the divine impulse has been obeyed. Here is the promise: "Every impulse of the Holy Spirit leading men to goodness and to God, is noted in the books of heaven, and in the day of God every one who has given himself as an instrument for the Holy Spirit's working will be permitted to behold what his life has wrought."—*Testimonies*, Vol. VI, p. 310. So glorify God by making mention of the "impulse," and may all truthfully testify, "I was not disobedient unto the heavenly vision."

June 23

MISSIONARY TOPIC: The King's Pocket League.

TEXTS: Psalms 126:5, 6; Ecclesiastes 11:1, 2.

SUGGESTIONS: Tracts are "gospel seed," and one of the slogans of the King's Pocket League is, "Sow as You Go," because everywhere there is soil prepared to receive the seeds of truth. It is the daily business of the King's Pocket Leaguers to scatter tracts, and the goal is "At Least a Tract a Day." The King's Pocket League is not just a name for tract distribution, it is the insignie of a great army of soul winners. Men, women, and young people throughout the world belong to this league. They carry with them a choice selection of tracts, and are ever vigilant to place a tract where it may serve as the guiding light into the fullness of God's message for today. This is in harmony with the counsel of God to His remnant people: "Carry with you, wherever you go, a package of select tracts, which you can hand out as you have opportunity. . . . Important results will follow."—*Mrs. E. G. White, in Review and Herald, June 10, 1880.*

"A Tract a Day!" What a simple goal the Pocket Leaguer has to fulfill. And yet "there never was a day that did not bring its own opportunity for doing good that never could have been done before and never could be done again." The time of this brief service would fail us to recount the many wonderful things that are happening through this simple tract ministry. A young woman gave a tract to a young man, praying that God would impress him with its message. The man was on his way to his wedding at the time, and his mind was bent on other things than religious literature, so he tore the tract into small pieces and tossed it through the car window. A fragment of the sheet was caught by the wind and borne back through the window, landing on his knee. He picked it up and read there just one word—"God." Turning it over he read one more word—"Eternity." When he reached the home of his fiancée, the first question he asked her was, "What about God and eternity?" Thinking he had become unbalanced, she was alarmed, until he explained the circumstances of the torn tract, and then, before their wedding, they agreed together, on their knees, to give themselves to Christ.

One of our workers in South America recently related the following interesting experience of tract ministry:

"While my wife and I were canvassing in Bahia Blanca (Argentina), we gave a tract to a woman who had a stand in the market. She was a Protestant who had recently moved to this city. Before coming here the woman had asked her pastor if there were any Protestants in Bahia, and was told by him that there were some, but was warned to keep away from them. The tract we gave the woman spoke about the Sabbath. She was very much surprised when she read it. A few days later she met my wife and said to her: 'I have been anxiously waiting for you to explain the tract to me. Do you keep the Sabbath?' My wife told her she did, and explained why. As the woman wanted to know more, a time was set for us to visit her home. When we arrived, she had many questions to ask. We had a good Bible study, at which the lady who owned the house was also present. I asked her if she had enjoyed the study, and she replied in the affirmative, stating that we should bring her a Bible the next time we came, because she was anxious to learn more about the truth. We continued visiting these people, and it was not long before they joined the church. A daughter of the first-mentioned woman took her stand, and after a little while another lady and her daughter, all living in the same house, followed their Lord in baptism. Five people rejoice in the truth as a result of the message contained in one little tract."

We are without excuse if we neglect to participate in this

thrilling, fruitful method of winning souls. Never in all our history have we had such fine tracts at such a small cost. A supply of tracts sufficient to last a whole year at the rate of "A Tract a Day" costs far less than to fill your gasoline tank. Your Book and Bible House carries a stock of King's Pocket League tracts, also a handy pocket container for keeping the tracts clean. Surely every brother of the church will gladly dedicate a pocket to the King's Pocket League, and every sister will dedicate space in her handbag for the tract pocket, and thus "be ready always to give an answer to every man that asketh you a reason of the hope that is in you with meekness and fear."

Where can you scatter tracts? Everywhere,—in the stores, automobiles, the post office, shop, waiting rooms, library, on trains, on ferryboats and ships, in the park; in fact, wherever people congregate, there is soil for seed sowing. Hospitals and prisons offer a good field for tract distribution, and it is always proper to insert a small tract in a letter. The very singularity of the place where the tract is found may impress the finder and induce him to read.

How can you become a member of the King's Pocket League? It is a very easy matter. All you need to do is to read Home Missionary Series Leaflet No. 7, order the King's Pocket League outfit, sign the little service covenant, and go to work, handing out at least "A Tract a Day."

June 30

MISSIONARY TOPIC: Home Bible Study League Report.

TEXT: Luke 16:10, 11.

SUGGESTIONS: In churches where the Home Bible Study League is at work, an interesting report will be forthcoming at this time, which should inspire the hearts of all church members to join the league, both as workers and as financial supporters, for considerable money is required to purchase the large amount of literature used each week.

But the sad fact is that so few churches have established this very fruitful line of home missionary work. In North America we have about 2,500 organized churches and companies, and of this number there are only 323 carrying on the league work. It can hardly be expected, therefore, that the remaining two thousand and more churches will be prepared to render the report called for at this time. But for the benefit of these churches we are giving a recent report received from a true apostle of the Home Bible Study League work,—Brother H. D. Middleton, of Lacombe, Alberta, Canada. For a number of years this brother, who has passed his seventy-first birthday, has led out in this work in a strong way, and the following report is for the year of 1933:

"We are still carrying on the good work. During 1933 we sent out 9,000 books, papers, etc., and 1,200 people received the literature. As a result of the year's work, we know of twenty-three dear souls now keeping the Sabbath. It cost about \$5 each to bring them in and keep in touch with all the new believers. And since the beginning of 1934 we have two families, consisting of eight people, who are keeping the Sabbath as the result of reading the literature. Of course they will have to be helped some yet, by Bible studies and further literature. But when people accept the truth through reading, they stay with it, and they are very active in bringing in others. Eighty-five people have been won to the message through literature ministry since we started this work several years ago.

"Due to the financial situation at the close of the year, the church elder and I wondered if we should make a call for money with which to continue the Home Bible Study League work in 1934. After due consideration, we decided to ask for \$100, but we really expected to receive about half that amount. But after we presented the need to our church people, occupying about ten minutes, we received an offering amounting to \$104.50, and since then about \$30 more has been received. I think the Lord must be in this work. We are planning on a greater work in 1934 than we have attempted before, using *Present Truth*, both Canadian and English editions. But what is the matter with our churches everywhere? Why do they not get busy and bring in more souls with our splendid literature? Very soon it will be too late. How can they meet the Judge of all the earth?"

Are you prepared to answer these searching questions coming from the heart of a veteran leader in Home Bible Study League work? The best answer will be to organize the work at once, and put on a program which will include every member of the church in weekly, systematic, prayerful work.

THE MISSIONARY VOLUNTEER SOCIETY

Officers' Page

Our Theme for June: "Discovering Jesus' Principles for Our Lives"

This Month's Theme

JESUS is our example. How similar to ours are the four phases of His life! Repeat in concert Luke 2:52. Repeat once or twice in the first meeting; then next week repeat again. The 40th verse explains why it was possible for Him to develop continually, as He did. A month is a short time in which to discover the principles in Jesus' life that we want to incorporate in our own.

1. Am I training my mind to value the passing moments? Every one is precious. Do I thank God daily for the gift of a mind to train for His service? Do I ask Him for wisdom from on high? James 1:5.

2. Is my body a fit place for Jesus to dwell—inside? outside? Am I eating what will build strong, clean tissues? Am I always clean and tidy? Do I dress in a becoming yet inconspicuous manner? Would others looking at me want to be Christians?

3. Have I grown in favor with God since last year? last week? yesterday? If not, why not? Consecration is a daily matter. Do I know every day that my uppermost desire is to find favor with God? Ask Him to keep that desire foremost in our hearts.

4. Are my recreations clean, wholesome, and uplifting? Would I enjoy the company of Jesus in all of them? Could I invite Him to be present? Am I helping another young person to find the right associations?

5. No program is given for the fifth week in this month, but the topic, "Lives of Great Men All Remind Us" (patriotic), is suggested. Make it such as to bring out the points in the lives of great men that are worthy of emulation by a Christian.

E. E. H.

S. D. A. Books in Public Libraries

It is estimated that there are about 6,500 public libraries in the United States, besides public reading rooms in such associations as the Y. M. C. A. Many, many of these do not have our helpful books. "Steps to Christ," "The Desire of Ages," "The Great Controversy," and others of our denominational books would be appreciated. Mission books that tell of the progress of our message in foreign lands, and a history of our denominational organization and work, such as "Origin and Progress of Seventh-day Adventists," or "The Story of the Advent Message," would be enlightening to the public mind. One of our workers recently gave a stereopticon lecture at a public school. The teachers and boys and girls were astonished at the extent of S. D. A. mission work, and one of the teachers asked if she could give a donation to such a wonderful work. A young man in a barber shop, conversing with a Seventh-day Adventist customer, asked if we had a book that told of our denominational work. He had often wondered. And more directly on the point of placing books in public libraries is this experience of G. E. Hutches, of Nebraska:

"I presented to the city library two copies of the book entitled, 'Belief and Work of Seventh-day Adventists.' The librarian received them very graciously, and stated that she had been called upon numerous times for authentic material on Seventh-day Adventist teaching."

This type of home missionary work is an excellent opportunity for your Missionary Volunteer Society. Our periodicals, the *Watchman*, the *Signs*, and our *Youth's Instructor*, also would be welcome literature in many public reading rooms.

E. E. H.

The King's Pocket League

THERE is one phase of personal work that every Christian young man and woman is qualified to have a part in,—that of the free distribution of literature. It is a work which brings definite results in souls won to the truth, and it therefore brings courage and blessing to the one engaging in it. All of our young people need the inspiration which will come to them through this kind of ministry. Every year hundreds of people are led into the light of truth through the silent messengers which they read, and it is evident that if more tracts and papers were circulated, a larger number of people would accept the message. As leaders among the young people, let us do all that is possible to encourage them to engage more generally and systematically in this line of work.

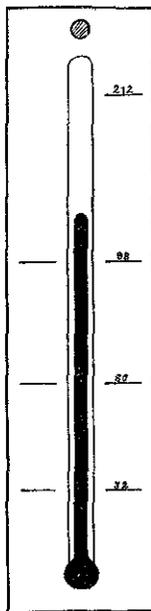
It was for this purpose that the King's Pocket League was formed. Its members all promise to distribute at least a tract a day, and provide themselves with a little tract case which may be carried in a pocket or a hand bag, so that a supply of tracts will always be in readiness. Your Book and Bible House carries a King's Pocket League envelope, which sells for 50 cents. This contains seventy-two tracts, a neat, durable carrying case, a badge pin indicating membership in the league, and the pledge that the members sign.

J. W. MACE.

Young people just home from academy or college should be enlisted in active M. V. or S. S. service.

Take Your Society Temperature

If your conference Missionary Volunteer secretary has not introduced a score-check-up system for your Missionary Volunteers, you could work out one for yourself, settling upon a definite number of points to be allowed for an hour of Christian help work, a Bible study given, literature given away, and all lines of missionary work in which your Missionary Volunteers are engaged.



Boiling.—Enthusiastic, goes to meeting, gets others to go, prays for M. V. Society, co-operates in meetings and band activities, always on time.

Blood Heat.—Very much alive, goes to meeting, prays and speaks when asked, usually on time.

Temperate.—Alive, goes to meeting, takes part occasionally, usually found on the back seat, often late.

Freezing.—Dying, goes to meeting occasionally, never takes part.

Zero.—Dead, never goes to meeting.

What is your temperature?

Keep Papers on File

EVERY Missionary Volunteer Society, large or small, ought to keep a file of the *Review*, the *Instructor*, and the *GAZETTE*; or at least clippings from these papers should be kept for future use. Occasionally, back numbers are referred to in connection with the *GAZETTE* programs, but if definite reference is not made, the alert leader will find many up-to-date reports of our world-wide work in them, and bring them into the society meeting. The *GAZETTE* must go to press three months in advance, while the *Review and Herald* often gives items only two weeks old when it reaches you. Watch for these reports of the progress of our work, and make brief, spicy comments thereon in the meeting. Especially is it good to give a mission experience just before taking the offering.

E. E. H.

Our Study and Service League

IN the March Officers' Page you learned that there is to be a Study and Service League urge in at least one program each month during 1934. Our special meeting for June is a devotional service, "In Favor With God," by C. Lester Bond. Every member of this league surely needs renewed consecration as he goes out to win souls. And July is strong on our league's work with the meeting, "Why We Are Seventh-day Adventists." It was the program planners' thought that just here you would begin study of our denominational history; but if some of you are ahead (or behind), the program can be an inspiration that will reach forward or back. August brings us another meeting right to the point on the league work, "Evangelism." Note the varied phases of service implied in that one word. Each of us can have some part in the evangelization of the world for Christ. On September 8 we have another denominational history program, "To Every Tribe and Nation," or the beginning of mission work by Seventh-day Adventists. Following that, in October, comes one on "What Can We Learn From the Experiences of Others?" based on experiences of some of our pioneer workers. "The Other Husbandman" is the title of our service meeting in November, and during December at least three out of the five programs bear upon the studies and work of the Study and Service League. Two meetings are on the Bible and our practice of studying it, and the last meeting of the year affords opportunity for reports from all bands in your Missionary Volunteer Society. Surely this will include a stirring report from the Study and Service League! If your connection with it has been a blessing to you or through you to others, we would be glad to have you tell us about it. Write to your local conference, Missionary Volunteer secretary, or address the General Conference Missionary Volunteer Department, Takoma Park, D. C.

E. E. H.

Senior Missionary Volunteer Meetings

True Wisdom

(Program for June 2)

BY L. L. MURPHY

NOTES TO SENIOR LEADERS: Since this program deals with the topic "True Wisdom" and mind training, it will be well for you to supplement the material presented with the story of the education of some church or national hero, e. g., John Wesley, Theodore Roosevelt.

Scripture Reading: Proverbs 4.

Bible Study: "True Wisdom," p. 12.

Songs: Nos. 185, 130, 106, 87, 1, 8 in "Gospel in Song."

Axioms: "True Wisdom." Assign axioms the week before the meeting. Ask each person to whom you give an axiom to bring a text of Scripture or a quotation from the Spirit of prophecy to be read in connection with his axiom.

Axioms: True Wisdom

1. HONOR thy father and thy mother.
2. Strive prayerfully for a Christian education.
3. Stumble not over the faults of others.
4. Trust not your confidence to strangers.
5. Make the subject of courtship and marriage a subject of earnest prayer.
6. Accept no flattery.
7. Cultivate your mind to find pleasure only in that which is pure and upright.
8. Read the very best in literature.
9. Take not to drink or the use of tobacco.
10. Dance not at all.
11. Tease not a sensitive soul.
12. Keep away from places where you cannot invite Jesus to go with you.
13. Forget self in the service of others.
14. Find a balance for your life on the side of Christ, and keep it.
15. Dony not your faith in God.

Talk: True Wisdom—the Gift of God

TRUE wisdom is a most valuable gift of God to man. In James 1:5 we read, "If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him."

Knowledge is obtained from books, but wisdom comes as a gift from God. Wisdom teaches a man how best to relate himself to his fellow men. The fact that Jesus increased in wisdom made the other statement possible, that He grew in favor with God and man.

From the time He worked with Joseph at the carpenter's bench until He took the bitter cup, Jesus was a constant example of true wisdom. You can see it in His first recorded words, "Wist ye not that I must be about My Father's business?" and again in one of His last requests, "Father, forgive them; for they know not what they do."

The secret of His wisdom was His constant communion with heaven. His heavenly Father taught Him, until it was the marvel of His enemies, "How knoweth this man letters, having never learned?" And again, "Never man spake like this man."

Thus we too may learn true wisdom and find the place where God can best use us in His vineyard. The disciples had been with Jesus, and that was the secret of their wisdom and power.

"You need not go to the ends of the earth for wisdom, for God is near. It is not the capabilities you now possess, or ever will have, that will give you success. It is that which the Lord can do for you. We need to have far less confidence in what man can do, and far more confidence in what God can do for every believing soul. He longs to have you reach after Him by faith. He longs to have you expect great things from Him. He longs to give you understanding in temporal as well as in spiritual matters. He can sharpen the intellect. He can give tact and skill. Put your talents into the work, ask God for wisdom, and it will be given you."—"Christ's Object Lessons," p. 146.

Surely in such a promise there is a note of courage for our Seventh-day Adventist youth around the world. Let us remember that we serve the God of Moses, Daniel, and Solomon.

Now is the time to lay definite plans to attend school next year.

With Him all things are possible. True wisdom is the promised gift of God.

If You Were Busy

If you were busy being kind,
Before you knew it you would find
You'd soon forget to think 'twas true
That some one was unkind to you.

If you were busy being glad,
And cheering people who are sad,
Although your heart might ache a bit,
You'd soon forget to notice it.

If you were busy being good,
And doing just the best you could,
You'd not have time to blame some man
Who's doing just the best he can.

If you were busy being true
To what you know you ought to do,
You'd be so busy you'd forget
The blunders of the folks you've met.

—Author Unknown.

Adorning Our Body Temple

(Program for June 9)

BY MRS. C. P. SORENSEN

NOTES TO SENIOR LEADERS: Use Luke 2:40, 52 as a black-board text. A brief record of the early life of Jesus, but how significant! Read chapter seven in "The Desire of Ages." If we follow Christ's example in faithfulness, trust, and obedience, then we, too, may claim these words spoken of Him by the Father.

Our physical body is the temple of the heavenly Guest. 1 Cor. 6:19, 20. We should so seek to adorn this temple inwardly and outwardly, that our Guest may delight to dwell with us and in us.

Testimony Study: "Health and Dress." God through the Spirit of prophecy in years past has given us an abundance of light on how to live healthfully and how to dress appropriately. We have been slow to accept this light. Today in the world men and women are advocating the very principles of health that God gave to this people long ago. Have we been guilty of hiding this light? Have we failed to live it in our lives, to show it in our mode of dress?

Bring to your meeting a full set of the "Testimonies" and other books by Mrs. E. G. White. Take the "Index," and from such topics as "Health Principles" and "Dress" choose such references as point out principles, and have these read. Discuss such topics as the following: (1) Relation of physical, mental, moral health to correct habits of eating. (2) Health and our service to God. (3) Health and character. (4) God's people an object lesson. (5) Health as taught by Christ. (6) Healthful dress. (7) Appropriate dress. (8) Oddity in dress. (9) Idolatry in dress. (10) Dress and conversation.

Caution: In our earnestness to live rightly and to dress rightly, let us guard against being driven beyond the will of God to extremes, and so hinder rather than help the cause of God. We are to take care of our personal appearance, our cleanliness, our clothing, so as to be attractive to our fellow men. It is a positive duty to be attractive in dress, deportment, and appearance. This is one way to grow "in favor with God and man." Some one has said, "God wants His people to be good advertisements of the gospel." Have you ever known the cause of God to suffer because some Christian people were careless in matters of personal cleanliness, and wore dowdy, ill-fitting, unattractive clothes?

"A refined taste, a cultivated mind, will be revealed in the choice of simple and appropriate attire."—"Testimonies," Vol. IV, p. 643.

"There should be no carelessness in dress. For Christ's sake, whose witnesses we are, we should seek to make the best of our appearance."—"Testimonies," Vol. VI, p. 96.

Poem: "Consecration." See Junior program, p. 14.

Symposium: "The Things That Count," p. 13.

Symposium: A Wholesome Life

Introduction by Leader

We have all met them and we like them—people who are wholesome, who just seem to bubble over with health of body, mind, and spirit. They are like the breath of a vigorous autumn day. They invigorate us. We like to be with them. Such ought every Christian to be. This is the ideal. There are handicaps. Some inherit weaknesses. Some not properly cared for in childhood awaken in their teens to the fact that they are not well. Some because of wrong living undermine

their bodies and minds. The fact nevertheless remains that the ideal Christian is the one who is wholesome in every way. "I am come that they might have life, and that they might have it more abundantly." More life and fuller of everything worth while; life bubbling over with health, and joy, and gladness, and appreciation, and with God's nearness and care and love—this was what Jesus wanted us to have and came to give.

Talks: "How to Have This Wholesome Life"

1. **THE BODY.**—We must take care of our body if we want to have a wholesome time. It is the utmost folly to deny the importance of the body, or to think we are good because we are weak or have a bad liver or a weak heart. Those are calamities that we may have to cope with, but they never are to be mistaken for religion. Now how shall I so take care of my body that I may have a wholesome life?

There are certain laws of the *physical* which must be obeyed. You must discover what is best for you if you would be well and obey these laws. Thomas Edison contended that four hours of sleep a day was sufficient. I suspect that he dozed off in his chair and got many a wink that he did not count in; but most of us would find that not *sufficient sleep*. There are certain *foods* which may agree with others, but which do not agree with us. We must discover what these are and not eat them, if we would be well. There are certain *habits* which we find hurt our bodies. These we must refrain from if we would be well.

2. **THE MIND.**—The power of the mind over the body has become so obvious that an entirely new science has lately arisen, called psychiatry. In a recent book on the subject the author points out the physical effects of mental conditions, such as anger and fear and joy, on the organs of the body. You can notice some of these yourself. For example, excessive fear may cause dryness of the mouth. Sorrow may bring a bitter taste in the mouth. Fear may cause temporary paralysis of speech or muscles. There are more permanent effects, however, not so easily discernible. For example, fear continued will increase blood pressure, affect the heart, cause nervousness, etc. Anger causes excessive secretions of poisonous liquids in the body which will actually poison the system. Obviously, then, we cannot be well in body unless our mind is healthy. Harboring wrong thoughts, whether of anger, malice, jealousy, sensuality, will have physical effects that are detrimental to health.

3. **THE SPIRIT.**—As the mind controls and affects the body, so in some mysterious but vital way the spirit controls the mind. "Keep thy heart with all diligence; for out of it are the issues of life," is a very vital and needed counsel. Jesus taught us not to be overcautious about anything, but fully, truly to trust God and do His will.

Here, then, lies the solution of the problem, "How have a truly wholesome body?" We must have *faith* in God enough to trust Him and obey Him; to trust Him enough not to worry; and to obey Him, knowing that therein lie our own best interests. Paul tells us that our physical body is the temple of the Holy Spirit, and therefore we should take proper care of it.

You know how it is when some one, especially some one you like, is coming to visit you in your home, or is to stay for a few days. How meticulous you are that everything is *just right* for your guest! Do you think more of a human guest than of the divine? God wants to live in us. Would He be pleased to live in a slovenly, ill-kept body? Cleanliness is a part of godliness. I cannot conceive of a dirty Christian. —Howard K. Williams (Adapted).

Health Thoughts

(Have two charts before the society: Health Thoughts on a white chart; Disease Thoughts on a black or dark chart.)

A SICK body is an insane body; an insane mind is a sick mind. Most bodily ailments are the by-products of unhealthy thoughts.

Health Thoughts: Work, Love, Faith, Principles, Humor.

Disease Thoughts: Self-pity, Fear (worry, superstition), Cynicism (pessimism), Hate (revenge), Envy (jealousy).

All the health thoughts flow outward, the disease thoughts inward. The more you think of other people, of things and interests apart from yourself, the healthier you are. The more you brood over yourself, the more you are liable to morbidity.

Work Thoughts.—Every minute you employ in thinking about your work, what you are doing, and what you are going to do, the clearer your brain and the truer your hand. Doing is the best antiseptic.

Principles.—Things you have thought out and settled, never reopen nor argue. For instance: To be honest always. To avoid sex imaginings. To keep your temper.

Love.—Love is to the mind and body what light and heat are to the plant. It is an absolutely essential condition to

health. A person not in love with somebody or something cannot be healthy.

Faith.—Doubt breeds microbes, produces moral lesion. Belief, particularly in a God who is good and just, is an essential to normality. Also soul and body turn sour without belief in good and just people.

Humor.—The natural play of a healthy organism. Fun, laughter, frolic, are the best-known germicides.

Self-pity.—First and deadliest of all poisons. Sheer auto-intoxication. The self-pitier is on the way to nervous breakdown, indigestion, insanity.

Fear.—Rivals self-pity as a man-killer. Includes fear of the unknown, or superstition; fear of the future, or worry; fear of self and of others.

Hate, Including Revenge.—Don't bear grudges. Forget them. Returning good for evil is not for the other fellow's sake, but for yours; you'll live longer and sleep better.

Envy, Including Jealousy.—A disease of egotism. Displeasure at another's success is mental cancer. It spoils everything good in you.

Cynicism, or Pessimism.—The philosophy of morbidity. The religion of dyspepsia. Upsets every function, cripples.

All the gymnastic exercises in the world cannot make you sound, vigorous, and healthy if you have a sickly mind.—Dr. Frank Crane (Abbreviated).

Things That Count

THE proper shoes and the proper hats,
And the prettiest party frocks,
Often they open a hundred doors
That are closed with snobbish locks!

But the things that matter to thoughtful folk,
To the ones who really care,
Are the loveliness of your eager heart,
And the garments your soul shall wear!

A surface tinsel, a smart veneer,
May dazzle a thousand eyes;
But tinsel has never mattered much
To the folk who are really wise!

It's the courage you show at times of stress,
And the stand you dare to take,
And the words you say in a friendly way,
And the vows you never break!

—Margaret Sangster.

Where Are the Sowers?

(Tune: "Christ In Song," No. 548.)

OH, where are the sowers who sow for health,
Who know that their strength is their greatest wealth?
Who study to learn and obey God's word,
Whose hearts by the message of health are stirred?

CHORUS:

Where are the sowers? Oh, who will go
By deed and by word the seeds of truth to sow?
In diet, in dress, in habits right,
The blessing of God will increase their might.

Go out in the highways and hedges, too,
And live what you teach with a purpose true;
New life will spring up as you do your best,
The church will awake, precious souls be blest.

The fields are all ready this truth to hear,
The sick and afflicted are everywhere;
The sowers are few, and the work is great,
Oh, come to their help ere it be too late.

So come, all ye people, come one, come all,
And follow the Master, oh, heed His call;
The message of healing make haste to give,
That all may hear, and obey, and live.

—Mrs. Martha W. Howe.

"In Favor With God"

(Program for June 16)

BY C. LESTER BOND

NOTES TO SENIOR LEADERS: The program for today emphasizes only one phase of the all-round experience that God expects every Christian to enjoy—that of the spiritual life. It

Are there not some in your society who can sell the "Watchman Magazine" and earn a scholarship?

is hoped that this program may be a real inspiration to the members of the society, so that each one may be led to a deeper Christian experience.

Special Song: No. 22 in the "Junior Song Book." If you prefer, use the melody of No. 22 with the words which appear in No. 45. The words of either of these songs will be very appropriate.

Talk: This Is Life

JESUS came into this world not only to give Himself a ransom for lost humanity, but to demonstrate the fact that by the grace of God it is possible for man to meet God's ideal. He has left us an example that we may follow in His steps. He says to each one of us, "Learn of Me." The lessons we need cannot be learned in a day, but the decisions of a single day may so change the life that thereafter the daily experiences meet God's mind and lead one into greater favor with Him.

This is well illustrated in the life of Jesus on that memorable visit to Jerusalem with His parents. He had come to the age of accountability, and therefore must make His own decision. His decision was to make His relationship with God above everything else in His life. Because of that decision the record says of Him, "Jesus increased in wisdom and stature, and in favor with God and man."

The life of Christ was a progressive one. The older He grew, the broader became His vision, the more fully He comprehended God's word, and the more efficiently He carried on the work that He came into this world to do. So will it be with those who learn of Him and follow in His steps. *This is life.*

When speaking of the things they are doing, young people who are giving themselves over to the world and its attractions often say, "This is life." Such an experience is only a counterfeit life. It has its thrills, its glamour, and its appeal to the lusts of the flesh; but in the end it is death. *Genuine* life finds expression in worth-while things. It, too, has its thrills, but these thrills come through a close association with the Master, and in doing things that bring blessing into the lives of others. In other words, the more we increase "in favor with God," the more of *life* we shall enjoy, for "in His favor is life."

There are certain things that help us to increase "in favor with God," and we do well to take advantage of these. The wise man said, "He that diligently seeketh good procureth favor."

Whatever is worth having is worth working for; and nothing that is worth while is obtained without effort. This is true in the Christian life as well as in the material world. To obtain favor with God one must continually, diligently seek that which is good. The word "diligently" in the text implies that in order to procure favor one must give himself wholly to the seeking of that which is good. This does not mean that he is to seek for a *theory* of that which is good, but through his study and prayers and effort he is, by the grace of God, to develop traits of goodness in his life, so that in his contacts with others the goodness of God may be revealed through him to such an extent that they also may be brought into favor with God.

The thought is again emphasized by Solomon in Proverbs 13:15: "Good understanding giveth favor." How may we gain such knowledge? Through a careful and prayerful study of God's word. This will mold the life and transform the character to such an extent that our every thought and desire will meet the mind of God.

Those who are in favor with God will bear fruit to His glory. In view of these facts the youth "should not seek for amusement or live for selfish gratification. The salvation of souls is to be the motive that inspires them to action. In their God-given strength they are to rise above every enslaving, debasing habit. They are to ponder well the paths of their feet, remembering that where they lead the way, others will follow."—*Gospel Workers*, p. 67.

Among the things that will help us to meet these qualifications are the lessons provided in the Study and Service League. We would do well to master these lessons which will help us to be more efficient in our service for God.

Nothing in this world is of greater value than to increase in favor with God. It is worth more than houses and lands, more than silver and gold, more than anything this world can offer. (Read Prov. 22:1.) The person who is determined to increase in favor with God will not for any consideration sidestep from the path of virtue and uprightness, but will in all things seek to please his heavenly Father.

This lesson is beautifully illustrated in an experience which recently came in the life of Robert Harkness, the noted hymn writer. One of the State societies at Los Angeles was holding an annual reunion. Thousands of people had gathered under the trees of the beautiful park and had partaken of a hearty lunch. The president of the society announced that a musical program would be given. Mr. Harkness then presented a few of the old sacred melodies with variations, which were received with enthusiasm. Following this the president announced that three young women would perform a special dance, and he asked Mr. Harkness to play for them. Much to his surprise and chagrin he received a polite negative reply. The president appeared before the throng and announced that Mr. Harkness had refused to play. Mr. Harkness arose and said, "My reason for not playing for the dance is simply that my talent is not my own. It is devoted wholly to the service of Christ."

Let us as young people endeavor to put first things first in our experience, seeking diligently that which is good, increasing daily in favor with God. This is life.

Talk: Always Please Him

IN His relationship to His Son, God demonstrated what He desires to do for every one of His children. And through His relationship to the Father, Jesus left an example for every Christian to follow. (Read what He says of this relationship. John 8:29.)

Christ came into a world marred by sin. His life was touched on every side by that which is vile and demoralizing, yet His life was not contaminated. He knew no sin. His one purpose was to please God. That purpose ever burning in His heart kept Him so close to the Father that He had a present help in every time of need. The true follower of Christ will likewise shun that which is evil. (Read 2 Tim. 2:19, last part.)

It is through continual surrender of the heart to God that we please Him. Because of this it is impossible for an unconverted man to please God. Paul expresses it this way: "They that are in the flesh cannot please God." God loves the sinner, but He is grieved at the sin. On the other hand, when an individual turns from his wicked way, God is pleased and joy is brought into His heart. The true Christian will, with the apostle Paul, endeavor to have always "a conscience void of offense toward God, and toward men."

It is possible for one to live in that close relationship to the Master that he may have the assurance that his life pleases God. We read of the patriarch Enoch, "Before his translation he had this testimony, that he pleased God." Enoch's relationship to God was not a spasmodic one. He lived in daily association with his heavenly Father. And through that association his friendship and companionship with God deepened until finally God took him home with Him. It is possible for us today to walk with God as did Enoch of old. We are told that "while engaged in our daily work, we should lift the soul to heaven in prayer. These silent petitions rise like incense before the throne of grace; and the enemy is baffled. The Christian whose heart is thus stayed upon God cannot be overcome. No evil arts can destroy his peace. All the promises of God's word, all the power of divine grace, all the resources of Jehovah, are pledged to secure his deliverance. It was thus that Enoch walked with God. And God was with him, a present help in every time of need."—*Messages to Young People*, p. 249.

Solomon said, "When a man's ways please the Lord, he maketh even his enemies to be at peace with him." In other words, when a man's ways please God there will be no room in his life for wrangling, faultfinding, criticism, or backbiting.

In order to please God we must have implicit trust and confidence in Him and in His word, for "without faith it is impossible to please Him."

It is important also that we guard carefully our words, for it is possible for us either to please or displease Him by our speech. 1 Kings 3:10.

Christianity is very practical, and touches life in all its experiences. It is not something that is practiced in the church alone or on the Sabbath only. The true Christian will find ample opportunity for expression of his Christianity every day—in the home, in the shop, on the street, at work or play.

As Christian youth looking for the soon return of Christ, we would do well to give careful thought to the suggestion found

in 1 Thessalonians 4:1. We may please God daily. But we must not take our eyes off the Master for a single moment. (Read 2 Tim. 2:4.) We are volunteers in the great army of God—Missionary Volunteers. Shall we not today make a new surrender of our lives to our great Captain and by His grace endeavor in every way to please Him?

Living With Him

Does Jesus speak through me today,
And do I tell all He would say
To weary travelers by the way,
Or lonely ones that weep?
Does my voice echo soft and clear,
That hope may take the place of fear,
And other hearts be of good cheer,
Down where the shadows creep?

Does Jesus walk with me today,
And do I learn from Him to pray,
Though passing hours refuse to stay
For converse all so sweet?
Is my life fitting for my Guide,
Fitting for Him who lived and died,
That I might yet be glorified
In blessedness complete?

Does Jesus live with me today,
A Brother, Friend, without dismay?
And do I copy or betray
That life that is divine?
O Jesus, I would ever be
Lost in love's converse here with Thee,
Trusting at last Thy face to see,
Where suns eternal shine!

—Robert Hare.

"In Favor With . . . Man"

(Program for June 23)

BY S. A. RUSKJER

NOTES TO SENIOR LEADERS: It is not sinful for young people to be full of life and vitality. It is only proper that youth shall be filled with ambition, courage, strength, and a determination to do things. What young people need is to know how to use that vitality so that it may be expressed through helpful channels.

Our text for this month, Luke 2:52, emphasizes the need of a balanced program of living. It is not balanced unless provision is made for mental, physical, spiritual, and social development. The fourth division we shall study today. It naturally involves the question of the attitude of Seventh-day Adventist youth toward social and recreational activities.

While Seventh-day Adventist young people certainly cannot join in much of the whirl of social life surrounding them, still they must not go to the other extreme and shut all social and recreational activities out of their lives. There is a middle road to travel. This program endeavors to point out that middle road. We hope the young people will determine to travel it in safety all the way to the kingdom.

An Object Lesson on the difference between healthful amusements and hurtful may be given by lighting a candle and watching it burn and send out its rays of light, and then lighting a twisted piece of paper on a sheet of metal and seeing it consumed. The one lights; the other burns up.

Songs: Nos. 66, 486, 383, 594, 391 in "Christ in Song."

Helps for further study: Section XIV, "Social Relations," and Section XIII, "Recreation and Amusement," in "Messages to Young People;" "Recreation," pp. 207-213, in "Education."

Talk: "In Favor With . . . Man"

As a young man Jesus developed a symmetrical life. Due attention was given to mental, physical, spiritual, and social development. He was not an extremist.

Although Jesus could not join in many of the activities of the young people around Him, still He did not shut Himself away from them to try to live the life of a hermit. The Pharisees were proudly exclusive. Christ lived among men. He created a new standard. His sociability was broad. Although His friendship was courted by Nicodemus, the ruler, He did not on that account look down on Matthew, a despised taxgatherer. The aristocratic Pharisees invited Him to their tables, but that did not raise Him above the poor fisher folk, for He even called them to be His disciples. A rich young ruler once knelt before Him, yet He sat by the well and talked freely with an outcast Samaritan woman.

Christ's broad sociability was always consistent with holiness of character. This is the difference between His social life and that of many of our friends. He never went where a child of God ought not to go. He was active in friendly contacts, but they did not destroy His religious life. He must often have been wearied in His social life, but never too weary to unroll the book of the law and read. It was at a social function—a wedding feast—that Christ performed His first miracle. He was invited as a stranger to eat with the two of Emmaus, but He did not neglect to return thanks and thus bear witness to God.

Christ's broad and consistent sociability was inspired with the purpose of saving men. His motto might well have been "Social to Save." To Zacchæus he said, "Today I must abide at thy house. . . . For the Son of man is come to seek and to save that which was lost." He moved in society with the one object of winning men for God.

As Seventh-day Adventist young people, we cannot join unconverted youth in their pleasures and parties and social activities. How important then that we should engage in our own work and play in a way that will reveal high ideals, modesty, purity of heart and life, and a companionship with Jesus.

Story: An Outing Prayer

A BUSY man, granted a day's holiday, decided to spend at least a portion of the time at the beach with his wife and children, anticipating a pleasant and profitable day socially and physically. Before leaving home he asked the Lord to help him to improve opportunities to succor those who needed spiritual encouragement or instruction, if any came his way. Not forgetting his prayer, he kept watch for persons whom the Lord might send to him for help.

Walking along the pier, the man saw a lad in trouble over his crab line. He helped the boy out of his difficulty and then volunteered needed counsel about the habit of swearing.

Our friend still kept in mind his prayer to be of help. And on his way home a larger opportunity presented itself—the opportunity of cheering and encouraging one who was endeavoring to drown sorrow and loneliness in drink, but who was ashamed of the fact—the opportunity of showing real friendliness that may in time win one to Him who is the Friend of all sinners and to the last gospel message of mercy to the world.

Talk: Recreations

MRS. WHITE said: "I was shown that Sabbath keepers as a people labor too hard, without allowing themselves change or periods of rest. Recreation is needful to those who are engaged in physical labor, and is still more essential for those whose labor is principally mental. It is not essential to our salvation, nor for the glory of God, to keep the mind laboring constantly and excessively, even upon religious themes."—"Testimonies," Vol. I, p. 514.

To possess a strong, well-developed, healthy, pure body should certainly be the ambition of every Missionary Volunteer. Outdoor exercise and clean sports are very beneficial in developing a strong physique. It is helpful to spend a few minutes now and then in invigorating, health-giving sports to relax the nerves and give us an opportunity to react from the spirit of intensity with which we must cope today. It is not uncommon to find young men of twenty-five with their nerve system shattered and their physical health in a state that would be far more natural at sixty-five than twenty-five.

The extremes to which sports are being carried in the world around us constitute nothing short of idolatry, with millions worshipping at the shrine of pleasure. But the fact that sports have very largely been commercialized and honeycombed by sin is no reason why Seventh-day Adventist youth should not demonstrate that in both work and play they can be true to the high ideals God has placed before them.

Why should not Seventh-day Adventist young people find real pleasure and relaxation in walks or hikes among the scenes of nature, where the lovely flowers, birds on the wing, stately trees, and winding brooks challenge their attention at every step? Why should not relaxation and a pleasant and happy pastime be found in spending a limited time at reasonable intervals in playing innocent games, such as croquet, tennis, base-

ball, golf, volley ball, basketball, if such games are played in a Christian and sportsmanlike way, out in the open air where they result in real physical improvement and health-giving exercise?

In mentioning these games we are not discussing them as commercialized games. We do not believe in commercialized nor highly competitive sport. The servant of God has warned us against some of these very sports when carried to the extreme point where they become a species of idolatry. It would manifestly be wrong to have standing baseball organizations among our youth. But there is a vast difference between having two regularly organized teams, developing a spirit of competition that can easily take on serious proportions and result in a spirit of hatred and strife between members of the two teams, and having a group of youth choose sides for the one day and game only, and then play the game in a Christian and sportsmanlike manner, which cannot but result in true character development and the repairing of the broken-down tissues of the human mechanism.

"Exercise in a gymnasium, however well conducted, cannot supply the place of recreation in the open air."—*Education*, p. 210. Real recreation must re-create.

Why should not Seventh-day Adventist youth find a very profitable pastime in swimming, provided the swimming is engaged in under proper circumstances, with proper associates, and in modest dress for that sport?

Some of the finest Christian young people follow the happy, balanced program of being diligent in their work, whether mental or physical, earnest in their devotion, and rational in the amount of time devoted to innocent pleasures. They enter into the hour of clean sports enthusiastically, but without permitting sport to militate against their Christian experience or unbalance the equilibrium of their daily Christian program. They realize that the vitality God has placed at their disposal, if spent in this way, will bring no regrets or disappointments.

Mrs. Wesley's Rule

SUSANNA WESLEY, in writing to her son John, offered the following advice:

"Would you judge of the lawfulness or unlawfulness of pleasure? Take this rule: Whatever weakens your reason, impairs the tenderness of your conscience, obscures your sense of God, or takes off the relish of spiritual things—that thing is sin to you, however innocent it may be in itself."

Play the Game

PLAY the game and play it fairly!
Meet the odds against you squarely,
Know the rules which men have fashioned,
And be governed by them, too;
When the other fellow's gaining,
Don't start whining or complaining,
Play the game a little harder,
Stand right up and see it through!

If in team play you are entered,
Let your every thought be centered
On contributing your efforts
To the glory of the whole;
For if you're a plaudit seeker,
By that much the team is weaker;
'Tis the victory you're after,
Not the credit for the goal.

Play the game and take the bruising;
Play it well, though winning, losing;
Be too big for petty meanness,
Be too big to foul a foe;
Put your heart and soul right in it,
Fight with all your strength to win it,
But don't think you should be favored
And be spared from every blow.

Life's a game! How oft we say it!
We're the children who must play it,
Gain and loss forever blended,
By the rules which guide us all;
Give your best to home and neighbor,
At the day's task bravely labor,
Have a creed to shape your conduct;
By the right thing stand or fall!

—Edgar A. Guest.

Junior Missionary Volunteer Meetings

True Wisdom

(Program for June 2)

BY L. L. MURPHY

NOTES TO JUNIOR SUPERINTENDENTS: If there is time for another talk on your program it would be interesting to have told briefly the story of the education of some national or church leader. The 1934 Reading Course book entitled, "Boy's Stories of Great Men," gives material that may be used.
Songs: Nos. 34, 98, 59, 53, 29 in "Junior Song Book."

Bible Study

1. WHAT is better to possess than gold? Prov. 16:16.
2. What is foolishness with the Lord? 1 Cor. 3:19.
3. Who prayed while a young man for wisdom? 2 Chron. 1:9, 10.
4. What was the result? 2 Chron. 1:11, 12.
5. How can we obtain wisdom? James 1:5.
6. Who is to be our wisdom? 1 Cor. 1:30.

Story: True Wisdom

FROM the time Emily was old enough to pick out the letters stamped on the front of the "Round Oak Stove" in the Robinson's living room, she had shown a decided interest in books. Miss Patterson, the first-grade teacher, was surprised to find little Emily already quite familiar with the alphabet, the numerals, and some combinations of the same. In fact, at times it seemed the child should be promoted to the second grade, where the class work would be more interesting and somewhat advanced. When promotion time came, there was no doubt about Emily. In reality, during the entire year Miss Patterson had felt but one disappointment in the child. She didn't get along well on the playground. While Miss Patterson was an experienced instructor and in every way familiar with the courses offered in the schools, she knew of no textbook devoted to teaching the child how to be unselfish and charitable to others.

A glimpse into the Robinson home found it well ordered, immaculate, and affording such material things as are not found everywhere. Miss Davis, the second-grade teacher, was invited there to dinner one evening. She noted that Emily was not very sweet about setting the table and answering the telephone. The next day the teacher determined to stress the ability to get along with others. She took for her object lesson Margaret, a sweet child in the second-grade room. Margaret came from a home where the necessities were sometimes lacking. She was one of five children. She had to help a great deal with the work at home and often had little time to study. Because of this her marks were much lower than those of Emily. On the playground, Miss Davis chose Emily and Margaret as captains for their game. They were delighted and entered into the competition with much enthusiasm. Margaret's team lost—they complained that Emily had cheated and was not fair. Emily's team won—but why was it she felt a wee bit disappointed in this victory? Something inside her told her she did not deserve it. But her attention turned to Margaret and the losing side, who were laughing and determining among themselves to win next time. In the middle of the next game Emily's boys and girls were getting tired and she freely scolded about their failures. They lost the game, and she pouted. The dainty lunch mother had prepared did not suit her. The whole day was cloudy and disappointing. Miss Davis asked Emily to remain a moment after school closed. Puzzled as to what was wanted, Emily waited impatiently for the last child to say "Good night."

Drawing Emily to her side, the teacher explained that promotion time was almost here again. She was worried about Emily's getting through. "But," said Emily, "haven't I had A's on my report card each month, and isn't my daily class work better than any one else's in the room?" "Yes," replied Miss Davis; "but Miss Miller, the third-grade teacher, is very particular

In order to do efficient work, your society should be receiving at least two copies of the GAZETTE.

about the deportment of her children on the playground, and I am afraid your A's won't help you much there." Then she explained in a brief way that true wisdom does not all come from books.

The years drew on and Emily found herself with fewer and fewer friends. Why was it that other girls, much less attractive than she, with more modest homes and less expensive clothes, were besieged with invitations and she was overlooked. Then she reviewed mentally the various lessons she had pursued through the grades—she had learned them well—her examination papers were not blue-pencilled. But she would give anything to be like Margaret. Margaret was patient with her little brothers and sisters when they mislaid her library book or wore her prettiest scarf. When the local missionary society entertained the new pastor and his wife, Margaret proved a charming little waitress, serving dainty refreshments with six other crisp-aproned little misses, while Emily looked on. To be courteous and gracious is an art. Where were Emily's grades in these subjects? Determined to learn the art, in her search for a source book she picked up the Bible. She turned the pages and found there this text: "As ye would that men should do to you, do ye also to them likewise." Perhaps this was the secret of Margaret's popularity, for she was forever thinking of the comfort and pleasure of others.

Emily determined to begin at home by being thoughtful for mother and father. How surprised they appeared; how pleased mother was when she found Emily taking it upon herself to be helpful! No more arguments about setting the table and arranging the flowers. The girls in the neighborhood noticed the remarkable change in Emily. They wanted her to be with them in their next get-together. She was capable of taking part in their literary pursuits, and now that she had acquired this interest in others and their problems she was most attractive.

Strange to say, Emily found herself seeing the world in a different light. She found herself actually enjoying the thought of a new day in which to do something for others. She had learned that true wisdom is not confined between the two covers of a book, but in taking the Bible as a guide, giving unselfish service, playing fair, and being a good loser.

MARJORIE NIXON-REY.

The Higher Way

To stand in the hush of the twilight,
With only the stars above,
It is easy to hear God's messages,
Easy to think of His love.
But when in the din of battle
Fierce terrors around us play,
It is easy to shirk and falter,
Easy to go astray.

But the din of battle is needed;
Heart sinew is borrowed there
More than when all is pleasant,
More than when all is fair.
'Tis the mountain steep, not the valley,
That leads to the higher view;
And the dusty path of progress
Is part of the life that is true.

Yes, sweet is the hush of twilight,
And fair the gleaming stars,
Enchanting the meadow vision,
Where nothing ever mars;
But the soul is built for struggle,
And toil is God's holy plan.
Ease may be welcome and pleasant,
But courage makes the man!

—Author Unknown.

Adorning Our Body Temple

(Program for June 9)

BY MRS. C. P. SORENSEN

NOTES TO JUNIOR SUPERINTENDENTS: Stress the brief but comprehensive history of the boyhood days of Jesus. Luke 2:40, 52. Study "The Desire of Ages," chapter 7.

Song: "Where Are the Sowers?" See Senior program, p. 9.
Closing Song: "Trust and Obey."

Have you raised half of your yearly mission offering goal for the Amazon missions?

Bible Study: My Body

(To be given by a Junior. Let other Juniors respond by reading the texts.)

1. My body is a temple. (1 Cor. 6:19, first part)
2. To God it does belong. (1 Cor. 6:19, last part, 20)
He bids me keep it for His use.
3. He wants it pure and strong. (1 Tim. 5:22, last three words)
The things that harm my body,
I must not use at all.
Tobacco is one harmful thing;
Another alcohol.
4. Into my mouth they shall not go. (Ps. 141:3)
5. When tempted I will answer, "No," (Prov. 1:10)
And every day I'll watch and pray,
6. "Lord, keep me pure and strong always." (Ps. 121:5, first part)

—Mrs. Z. F. Stevens (Adapted).

Story: A Chinese Girl's Story

A LITTLE Chinese maiden, Poh Quan Yang, has come all the way from the Malay Peninsula to the Portland Sanitarium to enter the training class.

For seven years she was in a Methodist school. In some way the truth found her brother, and he sent literature to her. She was warned against it as being very deceptive, but that only aroused her curiosity; and she read it, the Spirit of God impressing her heart with its truthfulness as she read.

In her quaint way she tells her story: "While in the school I was called the leader of fashion. If other girls wore jewels in their hair, rings on their hands, and chains on their necks, I wore more. If they wore short skirts, I wore shorter ones. After I became a Seventh-day Adventist I read in my Bible that it is not the outward adorning, or the wearing of gold, or the putting on of apparel, but it is the meek and quiet spirit that God loves. When I read that, the Spirit of Jesus came into my heart and I knew I should not be conformed to the things of this world, but I should lay aside my jewelry and lengthen my skirts."

I said, "Poh Quan, now that you are in America, if you hear strange things and see our American girls wearing things you have been impressed to lay aside, you must not become discouraged or feel that you must follow them. You must stay close to the Saviour and maintain the sweet Christian experience which has proved such a blessing to you." She replied, "Why should I follow them? If they do such things, I feel sorry for them, but I follow only my Jesus, and my mother's words. She tells me a lady shows her character by the manner of her dress."—*North Pacific Union Gleaner*.

Symposium: The Things That Count

1. *John Wesley said:* "Buy no velvets, no silks, no fine linen, no superfluities, no mere ornaments, though ever so much in fashion. Wear nothing, though you have it already, which is of a glaring color, or which is in any kind gay, glistening, or showy; nothing made in the very height of fashion, nothing to attract the attention of bystanders. I do not advise women to wear rings, earrings, necklaces, lace—of whatever kind or color—or ruffles, which by little and little may easily shoot out from one to twelve inches deep. Neither do I advise men to wear glittering or costly buckles or buttons, either on their coats or on their sleeves. It is true that these are little, very little things, which are not worth defending; therefore give them up, let them drop, throw them away without another word; else a little needle may cause much pain in the flesh, a little self-indulgence much hurt to your soul."

2. *Dr. Frank Crane wrote:* "The more real culture a woman has, the less she fancies fine feathers. She abhors any hat or gown that renders her conspicuous."

3. *Mrs. E. G. White exhorted:* "Simplicity of dress will make a sensible woman appear to the best advantage. We judge of a person's character by the style of dress worn. Gaudy apparel betrays vanity and weakness. A modest, godly woman will dress modestly. A refined taste, a cultivated mind, will be revealed in the choice of simple and appropriate attire."—*Testimonies*, Vol. IV, p. 643.

"Fashion is deteriorating the intellect and eating out the spirituality of our people. Obedience to fashion is pervading our Seventh-day Adventist churches, and is doing more than any other power to separate our people from God."—*Testimonies*, Vol. IV, p. 647.

4. *Margaret Sangster wrote:* "Things That Count." (See p. 9.)

A Health Dialogue

A POOR NEWSBOY: Oh, my head aches, and I am so hot! I guess I went to sleep here on the step trying to sell my last papers. I wish my pretty mamma had not died. Poor little brother. He has such a bad cough. I must go. He will wonder where I am. Oh, but I can't move. I am so weak.

(Enter Health Builders)

BLUEBIRD OF HAPPINESS (*addressing the newsboy*): You dear child! What is the matter? Why, your suit is wet, your little bare feet are cold, and your cheeks are burning! Why are you out here? Have you no home?

NEWSBOY: My mother is dead. My little brother and I have no home. I sell papers to buy us something to eat.

BLUEBIRD: We are the builders of health and will minister unto you, that you may be well again. Knowledge, you come first.

KNOWLEDGE: I am Knowledge. Through me God pointeth out the ways of error, that man may avoid them and so have love, wisdom, and health abundantly. "Casting all your care upon Him; for He careth for you."

SUNSHINE: I am Sunshine. God's light shineth through me, and He will restore you to health. Darkness and Disease flee before me. "The light of the sun shall be sevenfold, as the light of seven days, in the day that the Lord bindeth up the breach of His people, and healeth the stroke of their wound."

COURAGE: I am Courage. Repeat with me the fourth verse of the twenty-third psalm, and you will have courage, trusting God and fearing nothing.

COURAGE and NEWSBOY repeat together: "Yea, though I walk through the valley of the shadow of death, I will fear no evil: for Thou art with me; Thy rod and Thy staff they comfort me."

FRESH AIR: I am Fresh Air. The healing breath of God is in me.

PURE WATER: I am Pure Water. Drink of me freely, and your body shall be revived. Christ is the water of life. He will restore your soul. "Let him that is athirst come. And whosoever will, let him take the water of life freely."

WHOLESOME FOOD: I am Wholesome Food, given of God that your body may be well nourished and made a fit temple of God, for He abideth within you. Jesus said, "I am the living bread which came down from heaven: if any man eat of this bread, he shall live forever."

LOVE: I am Love. There is healing in my touch. "Now abideth faith, hope, love, these three; and the greatest of these is love." I will bring your little brother here, dear child, and you shall both live in our beautiful home with us. (*Exit LOVE.*)

BLUEBIRD: And I am the Bluebird of Happiness. I relax the mind and the body, and chase away the gray clouds of worry and the black clouds of hate, both enemies of health. And now, dear child, let me put this garment of mine upon you. Love has gone to bring your little brother. When they are come, we will sing. Here they are now.

All join hands and sing, "Jesus Loves Me."

Exit NEWSBOY and brother, surrounded by Health Builders.

Consecration

I'm building a body for Jesus
To be of some service for Him;
I pray that He'll help me remember
My purpose which must not grow dim.

He says that it is His temple;
Kept holy and clean it must be.
He left us this word in the Bible;
I'm sure it was written for me.

So daily in true consecration
I bow at His feet, and I pray
That I may but realize His watchcare
O'er all my members each day.

For what is more wonderful truly
Than physical laws God has made?
Each fiber and nerve of my being
Has on it these principles laid.

Whether I'm eating or drinking,
Or working or resting, 'twere well
To do everything to God's glory,
And all selfish motive repel.

Not only for this day I'm building,
But for days that shall lengthen to years
When the harvest of souls shall be ended
And the sign of the Saviour appears.

—Author Unknown.

LIFE is not so short but that there is always time enough for courtesy.—Emerson.

The summer offers unlimited opportunities for Sunshine and Literature Band work.

"In Favor With God"

(Program for June 16)

BY C. LESTER BOND

NOTES TO JUNIOR SUPERINTENDENTS: Almost every boy and girl coming from a Christian home has a desire to reach God's ideal. The Junior age is the decision age, and the majority of people who become Christians do so during early adolescence. It is hoped that the following program may be an inspiration to the members of your society and an incentive to them to surround their hearts unreservedly to God.

Junior Superintendent's Talk: "This Is Life." See Senior program, p. 10.

Talk: "Getting Acquainted With Jesus." This should be studied and told by a Junior in his own words.

Recitation: "Your Dreams." Ask some one to memorize it.

Songs: Nos. 11, 14, 16, 32, 33, 38 in "Junior Song Book."

Talk: Getting Acquainted With Jesus

MANY of the most important decisions are made while we are in our Junior years, and these decisions affect the remainder of our lives. Because of this we should be careful always to choose just the right way. When Jesus was only twelve years of age He decided that He would always make God's way first in His life, and He said to His parents, "Wist ye not that I must be about My Father's business?"

Jesus constantly kept this purpose uppermost in His thinking and in His planning. Because of this the experiences of each day brought Him into closer relationship with His heavenly Father. He "increased in wisdom and stature, and in favor with God and man." His growth in grace was such that each day He became stronger to resist temptation and stand for the right. This experience God wants each one of us to enjoy.

God knows us very well. He knows what we do each day. He knows whether we really love Him or care to become acquainted with Him. He knows whether we are trying to do our work well or go about it carelessly and indifferently. He knows whether we are kind and trying to make others happy or fretting because others are not doing more to please us. He knows what we say about others. He knows what we think when we are all alone. In fact He knows all there is to be known about us; and the most wonderful thing is that He loves us just the same. He wants us to increase in favor with Him as Jesus did.

God desires us to become His friends because He longs to save us. We must learn to know Him and love Him before we can go to the heavenly home He is preparing for His children. Jesus came into this world that through Him we might become acquainted with His Father. Jesus once said, "He that hath seen Me hath seen the Father."

One evening after J. R. Miller had finished his sermon, a man came up to him and said, "Mr. Miller, I have forgotten everything you said but this one sentence: 'To me religion means just one thing—Jesus and I are friends.'" Boys and girls, is that what religion means to you? Are you and Jesus friends? You should be, for to know Him "is life eternal."

How can we get acquainted with Jesus? We cannot see Him, and therefore we cannot visit with Him face to face as we do with our friends. Yet He may become our closest friend. He may become as real to you as your earthly father. This friendship may even become so deep that you will recognize that He is always near; and when you are on the street, at your work, or at your play, you may talk with Jesus as with a neighbor.

Think for a minute about how you became acquainted with one of the friends you know best. You have spent much time together. You visit confidentially. Sometimes you sit together in silence. You help each other. You trust each other. You try never to give each other needless pain. You speak kindly of each other.

That is just the way to get acquainted with Jesus. Meet Him every day alone in your room. Let Him talk to you through His Book—the Bible. In your prayer open your heart to Him, tell Him about your longings and your temptations, and ask Him to help you. Take time to sit alone with Him and think how you and Jesus may become the best of friends. Read about Him in the Bible and in other books. Visit with

Christians who have known Him longer than you, and often when among your friends and in meeting tell how this wonderful Friend helps you. In all things try, by the grace of God, to please Him. Try to do something each day to make Him happy. Nothing will please Him more than for you to help some one else to learn to know Him. If you will do these things you will learn from your own experience just why some one has said, "The best friend to have is Jesus."

Is it not wonderful that each of us may have Jesus for his best friend? And how this friendship will change our lives! Luther Burbank and other men have made wonderful changes in fruits and flowers. They have taken away their objectionable features and developed their points of beauty and usefulness. So Jesus will take out of the lives of His friends things that are not good, and true, and beautiful—things that hinder them and hurt others—and will make their lives altogether lovely. This is the way we can with Jesus increase "in favor with God." It is the only way.

Your Dreams

'Tis great to dream
The dreams of youth,
Undaunted walk
The ways of truth.

Fear not what comes,
Be brave, be true,
For Christ has blazed
A trail for you.

Your golden dreams
Do not deny.
Though dust and clouds
Oft veil the sky.

Through every cloud
The sunlight's ray
Will filter through
And light your way.

And so each task
You strive to do,
Remember God
Is helping you.

—Loyal M. Thompson.

"In Favor With . . . Man"

(Program for June 23)

BY S. A. RUSKJER

NOTES TO JUNIOR SUPERINTENDENTS: Jesus developed in wisdom, in stature, in favor with God, and in favor with man. Today we are to study this last development, without which the lives of our Junior boys and girls would be incomplete. Our Juniors must learn how to meet others, for they are in the world surrounded by all sorts of people. How to choose their associates, keep their high ideals, and find Christian recreation, is their problem. While they cannot take part in the so-called worldly pleasures of the boys and girls around them, they can enjoy very happy and useful hours in work or play associating with boys and girls of high ideals. Make it plain to your Juniors that we want them more than the world can possibly want them. We must help them to build characters which will please God and testify of Him to those with whom they come in contact.

Talk: "Recreations." See Senior program, p. 11.

Story: "An Outing Prayer," p. 11.

Object Lesson: See Notes to Senior Leaders, p. 11.

A Sand-Board Lesson: "How May I Take Jesus Into My Playtimes?" You may lead out in this object lesson. If you have no sand-board, place the moist sand on a table or box, around which you have made a shallow ledge. Build here a diminutive schoolhouse of cardboard, some swings, etc. Have one boy bring some marbles, another a pocketknife, another a ball. Prepare some "danger signals" of red cardboard, pasted on the end of small sticks or matches. Talk over the games the Juniors play; then ask them to name some of the temptations and wrongs of the playground. As these are named, have the Juniors write them on the danger signals. In what games are they tempted to cheat? Write "cheating" on one signal. To say bad words? Etc. How do we know that Jesus loves children and wants them to have good times? Read Luke 18:16; Zech. 8:5.

Sunday schools for interested people may profitably be organized during the summer months.

Talk: "In Favor With . . . Man"

How happy we boys and girls would be if we could have had the privilege for even one day of seeing Jesus as He was while a boy of our own age. We would not have found Him acting silly and careless either at work or play, and yet He would not have been found gloomy, sulky, and whining. He was a happy, cheerful boy who knew how to enter into all the problems of boys and girls. (Study Chapter 7, "As a Child," in "The Desire of Ages," and tell some of Jesus' early experiences.)

Sometimes it is hard for us to see why we should spend so much time in doing hard work. It is natural for us to want to spend more time at play. However, we shall find that there is a balanced program for us to follow in which provision is made for both work and play under proper supervision and influences. With us, it should not be all work and no play, nor all play and no work. When we work, we should work with a will and cheerfulness that will make our work pleasure and not drudgery. When we play, we should enter into it wholeheartedly and fairly. If we lose in a game, let us lose with a smile. If we win the game, let us not boast too much about it, for we may lose the next time. But whether we win or whether we lose, let us always remember to be happy and cheerful and live clean lives and speak only clean words. Christian boys and girls are real heroes at work or play.

"God wants the boys, the merry boys,
The noisy boys, the funny boys,
The thoughtless boys;
God wants the boys with all their joys—
That He as gold may make them pure,
And teach them trials to endure,
His heroes brave He'd have them be,
Fighting for truth and purity;
God wants the boys.

"God wants the girls, the happy girls,
The lively girls, the romping girls,
The cheerful girls;
God wants the girls, in tresses or curls—
That He may make them all His own,
To love, and serve; each duty done,
His daughters fair, as pillars to stand,
In temples holy, pure, and grand;
God wants the girls."

Talk: God Is Interested in Our Work and Play

How happy we boys and girls should be when we know how interested Jesus is in all our work and play. His interest in us has led Him to send some valuable instruction to us:

"In order for children and youth to have health, cheerfulness, vivacity, and well-developed muscles and brains, they should be much in the open air, and have well-regulated employment and amusement."—"Testimonies," Vol. III, p. 137.

"No recreation helpful only to themselves will prove so great a blessing to the children and youth as that which makes them helpful to others."—"Education," p. 212.

The Dependable Boy

THE boy who is bright and witty,
The boy who longs for fame,
The brilliant boy, his teacher's joy,
And the boy who leads each game,—
Right cordially I greet them,
And wish them every joy;
But the warmest part of my boy-loving heart
I give the dependable boy.

If he says he'll come at seven,
Ere the clock strikes he'll appear
At a fine, brisk pace, with a glowing face,
And a greeting good to hear.
If he says he'll mail your letter,
'Twill be mailed beyond all doubt;
He will not tuck it in some dark pocket,
And forget to take it out!

He may be bright and witty;
He may be brilliant too;
He may lead in the race, with his manly face;
He may plan great things to do;
He may have all gifts and graces;
But naught can make such joy
And pride in me as to know that he
Is a staunch, dependable boy.

—Author Unknown.

OUR FOREIGN MISSIONS

This page contains interesting material for use of church elders and conference workers in promoting our foreign mission work.

A Late Word From Emira Island

EMIRA is the island adjacent to Mussau, near New Guinea, where the late savages are all changed into humble Seventh-day Adventist believers. From a letter written to the worker in charge of this district by Nafitalai, our Fijian worker on Emira, the following is taken:

"I wish to tell you that the work of the Lord is continuing to grow on this island of Emira. The native people are very anxious to see the work of God make progress. They themselves are constantly improving, and memorizing scriptures.

"They have also paid in tithes and offerings over \$130, and the year is not yet finished. During this month of October I am going over to Kaveing to preach the gospel of Jesus Christ to the people there. Then in the month of November the district officer is coming here to inspect the people on this island and Mussau. I have had the people prepare some exercises. We have our students ready with their drills and their new *sulus* (loin cloths) with scalloped edges. By and by, sir, you may hear more about this.

"My heart is full of praise to my heavenly Father for His constant help and care over us as we work for Him on this island. I give my whole life to Him to be used in His work."

Our Zaudita Memorial Sanitarium-Hospital

We are confronted with new names as the message presses into virgin territories. The above tells us of our newly acquired (by generous gift of the king) sanitarium-hospital in Ethiopia, where the Queen of Sheba once reigned. Secretary E. D. Dick, of the Northern European Division, tells us about it, in reporting new things in their African mission territory:

"During the past year Dr. and Mrs. Bergman and Nurse Bergman started work in the Zaudita Memorial Sanitarium-Hospital at Addis Ababa. This hospital, it will be remembered, was given to us by the emperor of Ethiopia. Though the hospital was not completed when the doctor arrived, through much patience and hard labor they have things sufficiently completed to permit them to begin work, and already they report a good beginning."

Further Advancement in Mongolia

MISSIONARY OTTO CHRISTENSEN, in reporting on that which is taking place across the Mongolian border, writes:

"Prince of Durbut has issued a written permit for the construction of a small dispensary within his territory, and it is planned to put up a small building next spring. Brother Rodionoff is now in Kalgan diligently perfecting himself in the Mongolian tongue, besides learning somewhat concerning simpler treatments for the sick and minor emergency cases, prior to taking up work next year in new territory of Inner Mongolia, soon to be opened by our mission."

Seeding French Guiana

FARMERS speak of seeding certain fields. It may be grass seed or clover seed sown with some other grain. Then, lo, when the grain is harvested the ground is covered with fresh-grown grass. Missionary A. A. Carscallen tells what they are doing, in a spiritual way, for unentered French Guiana:

"I expect soon to leave for Paramaribo [Dutch Guiana], where I shall have a number to baptize. After a few days there, I plan to go on to Cayenne, French Guiana. This boat also calls at St. Laurent, and in each of these ports I hope to find some one interested enough to receive papers and distribute to those who will read them. A short time ago I got in touch with an old friend in France, and I appealed to him to send me some French papers. Now I have a nice bundle of French *Signs of the Times* and the health paper that I shall take along with me. We cannot afford to send a worker down into French Guiana at the present time, and yet we are anxious to get the work started there, so we must try to start it with our literature. I will probably be in Cayenne two days, and shall hold two meetings at least, if I can find people interested enough to attend."

Lives Yielded in Service

IN Anhwei Province, East China, of late troublous times have been experienced by our workers because of lawless banditry. Some believers have been sought out among smoking ruins and devastated villages, and baptized, having been in baptismal classes prior to bandit raids. Missionary B. Petersen then goes on to relate:

"With sadness we record one fatal incident in connection with these repeated disturbances through handit raids, namely,

the slaying of one of our faithful church school teachers, by the name of Wang Shou Chen, who was killed a day or two after he had lost his wife and youngest child through privations that they had to endure in a sacked city. His son, about ten years of age, was able to escape; but his daughter, aged sixteen—a baptized believer—was carried away to the mountains by the bandits."

Malienge's Missionary Report

HERE is a unique church missionary report. It was turned in at the Liumba Hill Mission out in Africa, and Missionary S. M. Konigsmacher tells us about it:

"Malienge, our Mawiko woman believer, has returned from her long evangelistic journey. She had a little bundle of nine straws tied together to show how many weeks she was out. In another bundle she had eleven straws to show how many piles of gods went into the fire, whose combined power could not keep them from burning. Then she had a huge pile of straws, 300, for enough medicine given; 760 for sores dressed; 400 for medicines for head and stomach; and 179 straws for villages visited. One large stiek represented a big village where the people ate snakes. One straw stood for a dancer who fell from his lofty poles and was hurt, to whom she ministered. The best bundle of straws was the one of 308 for people who accepted the Sabbath. She said they had consented to leave off beer and tobacco and other evil things, and were believers. That was a fine record for a village woman who can neither read nor write. I wondered if some of us who have had better advantages were doing as well as this Mawiko woman. She took her son and daughter-in-law with her, and God blessed them on that long journey through the jungle. I hope many will remain faithful and find a place in the new earth."

Native Believers Become a Tower of Strength

FROM Northwest India, in the Punjab, Missionary O. O. Mattison is able to send on this heartening message:

"Sabbath before last we organized our first real village Seventh-day Adventist church up in these parts. We have organized churches at our stations and in the cities, but Madar is our first village congregation organized with deacons and elders from among their own village people. The Madar believers had invited in others, and there were well over two hundred from surrounding villages that came in to meet with us. Twenty-seven persons made up their charter members list. The next Sabbath we held a like meeting in Kaker Gill, one of the first villages where I began work in India. The charter member list here was eighteen, all very fine people. In this circle we have been able to baptize over fifty believers this year, and we have many still in our classes. It seems that all our native believers are receiving the same vision of soul saving. It is really our workers living in the villages who are bringing people to Christ. In Chuharkana last Friday night one of our native teachers of the school there was ordained to the gospel ministry, for which we all are very thankful."

Early Experiences on Pitcairn

PASSING on reminiscences of early days on Pitcairn Island as related by Sister Ann McCoy, over eighty years of age, Missionary W. D. Smith writes:

"In speaking of the way the truth first came to Pitcairn, she said that it was by means of the printed page in the form of tracts and *Signs* sent by our good brethren in America, Brstheren White and Loughborough, who also wrote letters. Ten years later the living preacher appeared, and the people having carefully considered the truths contained in the tracts, etc., were ready to hear and to embrace the message, when spoken by Brother Tay. Immediately after his arrival the people began to keep the Sabbath. Later, in 1890, the mission ship, "Pitcairn," arrived with missionaries who instructed the people in the peculiar beliefs of the Adventist denomination.

"It is quite an inspiration to listen to this sister who, by the way, is now quite blind. She no longer is able to read her Bible, but one does not need to be long in her presence to find that she is well acquainted with the Lord and has fortified herself with the facts of His word, much of which she has committed to memory."

Into New Territory in Far East

MISSIONARY J. H. McEACHERN tells of plans formed at their winter division council for extending work into hitherto unentered territory (except by the advance guard of pioneering coolporteurs), despite financial problems:

"Notwithstanding the extremely difficult problems which the finance committee had to wrestle with, our men stepped out by faith and laid definite plans to open up two great mission fields—the large island of Formosa, with some 5,000,000 population, and also the Mandated Islands of the Pacific. The unions are giving up some of their workers to enter this new territory, and we believe that in time the work begun there will develop into organized fields which will eventually add two new union missions to our Far Eastern Division."

MISSION BOARD.