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DES MOINES, IOWA, TUESDAY, OCTOBER 31, 1899.

NUMBER 17

'Workers' Bulletin.

ISSUED WEEKLY BY THE

MISSIONARY DEPARTMENT
OF THE IOWA CONFERENCE,

DES MOINES, IOWA.

EDITORS:

MRS. L. FLORA PLUMMER - JESSIE V. BOSWORTH.
MRS. ADELLA HABENICHT, Assistant Editor.

TERMS: 25 CENTS A YEAR, IN ADVANCE.

OUR TEACHERS.

I HAVE been thinking much of late about our church school teachers. We all know that if the Lord would accomplish a good work through our church schools, Satan will fight this work through every avenue. He will cause unguarded words to pass from the lips of brethren and sisters that will fall as a pall of darkness upon the hearts of teachers. He will, if possible, stir up parents and pupils to speak of the weaknesses of the teacher, who is human. He will bring in sentimentalism among the scholars, and blind the eyes of parents to the dangers. He will divide the church, if possible, over the church school question.

The teacher among us has not the prestige in church schools that the secular teacher has. The latter have the law behind them, while our teachers have the parents and members of the church only. If these fail to stand together and uphold the teacher, he or she will be almost sure to sink under discouragement, and Satan will triumph. How terrible it would be to become an active agent in the hands of Satan, to stop God's work now. He will always cause us to think that we are not doing that, but that we are simply "correcting wrongs." This is his general plea. In fact he never comes to any of us to do his work asking us right out to become his agents; instead, he, being a liar, wants us to

believe that we are doing the purifying work of Christ. God keep us from this deception, and give to every one a heart to uphold the dear teacher in this new work, and so defeat Satan, and gain the victory for ourselves and for our children.

CLARENCE SANTEE.

SANITARIUM PATIENTS.

We have had much serious thought over the matter of our Sanitarium work. Faces are being turned toward our new institution for healing power, and the Lord is blessing in a marked manner from the first.

PRICES.

All know that the Sanitarium opens with no funds, and must work its way to where it can pay expenses, and then do a charity work, as far as it can, or occasion may demand. The brethren have decided that from the first they will take what might be called "endowed bed patients," those who have no means of their own, at \$4.00 per week, when recommended by the President of the Conference. When a community unite to send a person who needs help, yet has nothing, the Executive Board will donate one-half of the regular price, where they are satisfied of the inability of the patient to pay his or her way. Those who can pay for treatment should consider it a solemn obligation to do so, as the means received there go to no individual, but to assist others and to care for those who are assisting the sick to regain health.

There is an increasing demand for relief from disease and pain, and it will be so year by year until the plagues shall fall. This is taken advantage of by many of Satan's agents, and the result is that many, even of our people, are turning to these sources and are insensibly being drawn

away by the spirit of darkness that is in these agents. Satan will never loose your chains unless he knows that he can claim your future life. Better by far go to the sources that the Lord has ordained for health of body and soul.

CLARENCE SANTEE.

CLOSED MOUTHS.

THERE is no doubt but that the happiness of life would be greatly enhanced were there more closed mouths. Unkind and even wicked thoughts find expression through open mouths. Sounds proceeding from them often disturb the needed quiet of an invalid, and who can name the probable sad results?

But it is not this phase of the question that we wish to discuss. We take it up from a health standpoint. For many reasons mouth-breathing is very common. Nature has made provision for the purification of the air as it passes through the nostrils to the lungs, but if taken through the mouth no change is made in it. Added to this is another damage; for if the nostrils are not legitimately used, they become a bed for catarrh and other disease germs, and get so filled as to render it impossible to breathe otherwise than through the mouth. Do not allow a child to sleep with open mouth, even though some mechanical appliance must be utilized to prevent it. Had we no other object in view than symmetry of feature, these things should be carefully guarded; for where is the person to whom beauty or dignity is added by the practice of mouth-breathing?

It will pay to use the organs of the body only as God intended.

MRS. D. A. FITCH.

"God's warnings have as much of his love in them as his promises."

A LETTER.

THE following extract from a letter received from Mrs. Harry Adams, formerly of Smithland, Iowa, which was written from Stony Creek, Saskatchewan, Canada, will be of interest to many of our readers:—

"The people here know nothing of the third angel's message, and many never heard of a Seventh-day Adventist. Some are becoming interested, and are reading up on different points of our faith. The majority of the professors of religion think it no harm to dance, and play cards, but they are careful that strangers coming here shall observe Sunday. They notified my husband and son-in-law that they must not go hunting on Sunday. As we were on our way to the farm one Sunday, with enough feed along for the team, we passed a schoolhouse just as meeting was dismissed. The minister said, 'Mr. Adams, I am sorry you do not care for the sentiments of Christians.' A conversation followed, in which he spoke as though he were angry, and said that Sunday labor must stop. They have sent in to have a magistrate appointed to see that the law is enforced. We leave in a few days for the States, and our daughter is the only Sabbath keeper that we know of in this part of the country. We ask your prayers for her, that she may be faithful, as they have told her that the only way she can be let alone is by keeping Sunday. If there are any of our people living near, will they please write to her. Address Mrs. Estella Foster, Fletts Springs, Saskatchewan, Canada."

FIELD REPORTS.

DAKOTA CITY.

THE little company at Dakota City have been greatly helped and encouraged by a visit from Bro. B. L. Dieffenbacher, who came here in response to an invitation from the Non-Sectarian Society of this place, to fill their pulpit, Oct. 22. Bro. Dieffenbacher preached two sermons in the Non-Sectarian church, taking for his subject "Christ, —the Human and Divine." There was a good attendance of the best and most prominent people in town. All say that it was the best sermon ever given in the Non-Sectarian church, and express a hope that he will come again soon.

Bro. Dieffenbacher held two services with our own little company,

some of whom had become discouraged and indifferent. The word spoken was attended with power, and all hearts were touched and softened. I am sure that all of our members have taken new heart, reconsecrating themselves to the service of God and the cause we all love so dearly. Pray for the little company at Dakota City.

NEVADA MATOTT.

BURLINGTON.

I AM sorry to say that we can not report the success that we wish to see, but still the work is moving onward. Since the short series of meetings held in Des Moines after camp-meeting last spring, Bro. J. H. Wierts and I have been laboring in Burlington. We began a series of meetings in the Latter-day Saints church, with Eld. D. P. Gaede's assistance at the first; but after trying for two weeks to obtain a hearing without any success, we changed our method of working. Eld. Gaede went to visit his friends in Kansas and Oklahoma, and Bro. J. H. Wierts began canvassing, and was soon busy in that line. I have been visiting from house to house, and the Lord has blessed the effort. We rejoice that one more sister has been keeping the Sabbath since I came home from the Columbus Junction camp-meeting, and I have hopes that her father will soon follow in keeping the commandments of God. I hope you will all remember the German work in Burlington.

GEORGE EBEL.

DAVENPORT.

I GREATLY enjoyed another meeting with the Davenport church, on the occasion of their regular quarterly services, Oct. 14 and 15. The church is receiving much help and encouragement by a work that is being done there by the Battle Creek Sanitarium. Dr. John Froom and an able corps of sixteen helpers,—doctors, nurses, and canvassers,—have been placed in that field, with headquarters at 118 W. 15th St. They have entered upon the work of educating the people in the principles of right living, the care of their bodies, etc. To place the work on a substantial, self-sustaining basis, these workers are canvassing the territory outside, within a radius of thirty miles around the tri cities of Davenport, Rock Island, and Moline. They are meeting with flattering success selling health works; such as, "Home Handbook," "Ladies' Guide," etc. As the severe weather comes on they

will make a house to house canvass of the three cities, talking strictly health reform, selling books, and securing, if possible, a class of one hundred or more in each city, to form a school of health. They will then have experienced lecturers, nurses, and cooks sent to educate the people on the principles of healthful living, cooking, etc.

The Lord tells us that health reform principles will be as an entering wedge, to be followed by a religious influence; and, "Much of the prejudice that prevents the truth of the third angel's message from reaching the hearts of the people might be removed if more attention were given to health reform." —*Healthful Living*, pp. 36, 37. This work cannot fail of doing good; in fact it is already removing prejudice as nothing else could. By this means, also, some of the first families of these cities are being benefitted physically by the treatment rendered by the doctor and his assistants. To the Lord be the praise and glory. As this work is strictly in line with instructions from the Spirit of God, I thought the BULLETIN family would be glad to hear of it. I returned home greatly encouraged by coming in contact with this work there, and I feel sanguine that the church will reap a spiritual benefit thereby.

T. F. KENDALL.

Thomson, Ill.

FONTANELLE.

OUR quarterly meeting was held Oct. 7 and 8. We were indeed thankful for the presence of Eld. J. W. Adams, who came to comfort us in love. The Holy Spirit was with us in a marked manner, and perfect union and harmony seemed to prevail, as was evidenced in the election of officers. Bro. A. W. Jacobs was ordained to the deaconship. We truly enjoyed a love feast; the only thing that brought in sadness was the act of disfellowshipping some. How sad to break the heavenly family circle! How angels must weep as this action is endorsed in heaven! May God help us so to strengthen the weak that they may not drop out by the way.

S. D. LAW.

PERRY.

OUR little company here in Perry are all of good courage. We meet every Sabbath in the People's church, to have our Sabbath-school and prayer and social meeting. Bro. Henry Johnson was with us over Sabbath and Sunday, and we had good meetings, with some outside interest. May the Lord water these seed sown, that it may bring forth fruit abundantly.

L. P. ROBERTS.

THE BOOK WORK.

"EVERY MAN TO HIS WORK."

"EARNEST work for the Lord is a recipe for mind ailments; and the helpful hand to lighten in lifting the burdens Christ has borne for all his heritage will lessen our burdens, so they will not be worth mentioning." "The individual believer reaches the individual sinner." "The word is given from the throne of God, 'Every man to his work, each to do his best.'"

We often think, as we have scattered tracts and given papers to our neighbors and friends, that all has been done that can be done; but I read this sentence in the tract on "Home Missionary Work:" "We are to preach the word of light to those whom we may judge to be as hopeless subjects as though they were in their graves. Though they may seem to be unwilling to hear or to receive the light of truth, without questioning or wavering we are to do our part."

Nothing would seem to be more hopeless than the condition expressed above. Now, as the time has again come for our fall and winter work, dear brethren and sisters, let us order a supply of tracts and copies of our good pioneer paper, the *Signs of the Times*, and with God's help put in good, faithful, earnest work. We are admonished: "In the morning sow thy seed, and in the evening withhold not thine hand: for thou knowest not whether shall prosper, either this or that, or whether they both shall be alike good." Many times we think that if we do not see immediate results our work is not accomplishing much, but how often a tract or a paper has been the instrument God has used to direct an honest soul to the light of truth. So let us not be weary in well doing, but labor on with our eyes fixed on the prize at the end of the race. "The humblest can work and have a share in the work, and a share in the reward when the coronation shall take place, and Christ, our Advocate and Redeemer, becomes the King of his redeemed subjects."

W. L. MANFULL.

FROM THE CANVASSERS.

H. B. TILDEN, GRINNELL: "I am getting along nicely with my delivery. The majority of the people seem anxious to get the books. The Lord is working in behalf of his truth, and will assist those who put forth an effort to promulgate it."

MARY L. HASKELL, IOWA CITY: "Before we began work here, we heard many discouraging reports; but the Lord was on our side, and we left results with him. I was told several times that it would be of no use for us to canvass the Catholics, as they would not take any books; but I worked my houses just as they came, and took orders from the Catholics as well as the Protestants."

J. S. FRY, MONTEZUMA: "I am trying to get rid of everything that would hinder me in my work. I want to give my entire time to the canvassing work next year. The more I study the message the more I love it. It is all love."

CANVASSING REPORT FOR WEEK ENDING OCT. 20, 1899.

	Hrs.	Ora.	Val.
THE COMING KING.			
Mary L. Haskell, Iowa City.....	26	7	\$7.00
Cora Countryman, ".....	19	8	8.50
Susan Haskell, Keokuk.....	25	8	8.00
Nettie E. Brown, ".....	18	5	5.50
A. J. Scott, Centerville.....	3		5.00
PROPHECIES OF JESUS.			
Lewis Hilliard, Algona.....	38	7	\$11.75
HERALDS OF THE MORNING.			
Lloyd Manfull, Arlington.....	25	3	\$3.75
Sarah Eernisse, Le Mars.....	14	1	1.25
DANIEL AND THE REVELATION.			
Edward Everett, Osheyan.....	16	1	\$2.25
MISCELLANEOUS.			
H. F. Lamb.....	8	2	\$19.00
S. B. Lee, Danbury.....	16	10	6.50
Belle Rame, Ames.....		35	12.50

DELIVERIES.

	Books.	Value.	Lost.
H. B. Tilden.....	80	\$80.00	0
P. W. Atkinson.....	23	41.55	4
Pearl D. Bascom.....	36	36.00	8
Lloyd Manfull.....	22	28.75	4
Lewis Hilliard.....	2	3.50	3
Christine Henriksen.....	130	130.50	10
*E. A. Warner.....	3	3.00	0
+Pearl Bascom.....	116	118.00	5
Burton Church.....	1	1.00	2
J. S. Fry.....	13	13.00	2
Susan Haskell.....	1	1.00	0

SUMMARY.

No. of agents.....	19
" " orders.....	90
Value of ".....	\$89.00
" " helps sold.....	\$41.90
Total value.....	\$130.90
Value of deliveries.....	\$456.30

*Per Burton Church.

+Per W. L. Manfull.

THE SABBATH-SCHOOL.

CONDUCTED BY MRS. JESSIE L. ADAMS.

KINDERGARTEN.

The intelligent mother with her little ones is the real kindergarten teacher. Owing to the actual interest and pleasure she has in them, she comes near to their young hearts, spontaneously entering into, and calling

forth, their expressions. Aside from the Master, we have none better than the mother for illustration of what the teacher of the wee ones should be; for she is natural. She, in her fondness, forgets observers, and is unconscious of those occurrences which distract the made teacher.

Children will give their attention as long as their senses of seeing and feeling are satisfied, as they do not in their earlier years perceive so much by hearing. Here is one advantage then. Noise which is not directed to them does not divert their attention, so we may teach them even where older people are studying or reciting aloud. But as they see much, they should at least be separated from other parts of the Sabbath school by a curtain or screen. Another room is better, so they may have full freedom with their songs, as that is so important a part of a complete Sabbath-school service with little people. They deserve it as much and need it more than older ones, and it has been a source of regret for us to know of so few places where they may have this advantage. But we should do the best by them with present opportunities.

Having learned that children learn argely by two sense perceptions, there is possibility of double impressions being made upon their minds. Therefore let us be careful what our lessons are and how we teach them. A feeling of reverence should always be maintained in each Sabbath-school lesson.

Children do not easily weary of repeated lessons, so we should never consider the work done until at least one good impression is made. We all know of cases where a child will say to its mother, "Sing about the stars," or "Tell about the birdies," or some other preferred subject, which he may have heard dozens of times, and they like every possible story adapted to their own experience. I know a mother who changed the names in a little song, to her own two little sons' names; and if she would sing it as written, little Rolland, the younger, would say, "Sing it Rowell and Rolland, mamma." It made it more real to the little fellows, and we may make all lessons as vivid if we feel them ourselves. The Saviour must come into the teacher's heart.—*Selected.*

A CONVENTION will be held by the Fontanelle Sabbath-school November 7 and 8. LULU MILLER, Sec.

Workers' Bulletin.

DES MOINES, IOWA, OCT. 31, 1899.

—ELD. J. W. ADAMS spent Sabbath and Sunday with the church at Sandyville.

—HARRY GRAHAM, coming from Oxford Mills, has joined the church school at Des Moines.

—ELD. WM. GUTHRIE spent a few hours in Des Moines last week, going from here to conduct a funeral service at Afton.

—BRO. E. H. ADAMS writes that two have accepted present truth at Columbus Junction since the camp-meeting held there.

—ELD. W. L. H. BAKER and family left Grinnell, last Thursday, returning to their distant field of labor in Australia.

—BRO. HENRY EIDE, of this city, went last week to Sioux City, to participate in the Scandinavian meeting now in session there.

—MISS EMMA BEAMAN, of the Des Moines church, has accepted a call to go to Louisville, Kentucky, where she will teach a church school.

—MISS MARTHA YOUNG, accompanied by her mother, passed through Des Moines last Tuesday on her way to Sandyville, to continue the church school work. She had been home for a few days' visit.

—DR. W. L. GARDNER passed through Des Moines last Tuesday on his way from Battle Creek to College View, and spent a few hours while here in counsel with Eld. Santee concerning matters pertaining to Sanitarium work.

—MISS HELEN CHITTENDEN, of San Francisco, Cal., accompanied a patient to Des Moines last week. Miss Chittenden is a member of the Oakland church, and is a professional nurse. She will remain in Des Moines during the winter.

—MRS. R. A. HART and Miss Lucinda Morrison, while on their return trip from Colorado and Nebraska, to Battle Creek, Michigan, called on Des Moines friends yesterday, and will visit relatives in Sandyville, and a sister in Jamaica.

—WE had the pleasure of a few hours' visit with Eld. J. H. Morrison last Friday. He was returning from Battle Creek, Michigan, and went to Sandyville to spend the Sabbath, expecting to go from there to attend the Scandinavian convention at Sioux City.

—SISTER MAMIE BEAMAN writes from Creston: "There is a dear sister in this company who would take an old lady and make a home for her. She would want her to keep the Sabbath and take care of her little boy, four years old, while she is out canvassing." The address of this lady is 1504 Lake St., Creston, Iowa, and she will be glad to correspond with any one wishing to accept her invitation.

—MRS. D. A. FITCH, 1400 Division St., Burlington, Iowa, wishes to correspond with any one who knows of a child in need of a home. Her preference is for a little girl from five to ten years of age, but others may apply. Her motive is purely philanthropic, and she would not expect the child to be up to the standard or in perfect health. Further particulars can be obtained by writing to her.

—A LITTLE leaflet has been printed headed "Helpful Suggestions." It is intended for those desiring to sell the World's Harvest Number of the *Signs*, and contains many helpful hints. It might be well for each of our missionary secretaries to order from the Office here a small supply of these to use in the work for this paper in their respective localities. We will mail copies to any desiring them.

—BRO. W. L. MANFULL was called from Birmingham to Buchanan county, to look after the delivery of Sister Pearl Bascom's books. She has been quite ill; but is now much better and writes that she is gaining in strength daily, the timely treatment administered, with God's blessing, having averted the threatened siege of typhoid fever.

—THE attention of our missionary secretaries is called to the exercises provided for use at the missionary meeting to be held Sabbath, Nov. 11, and which are published in the October *Missionary Magazine*. All who do not have this periodical should subscribe at once.

—IN response to the appeal from Bro. Carl Jensen, for papers to use in his work among the inmates of the prison at Ft. Madison, Mrs. M. J. Newby, of the Davenport church, has donated a club of twenty *Life Boats* for three months.

—THE donations for the International Tract Society should be sent to the MISSIONARY DEPARTMENT OF THE IOWA CONFERENCE.

—"SIN may be clasped so close that we cannot see its face."

THE SANITARIUM FUND.

THE following cash donations have been received on the Sanitarium fund since the last report:—

A Friend.....	\$100.00
Clara Peterson.....	25.00
Wm. Christopher.....	25.00
Alberta Blythe Caviness.....	15.00
Eden Randell.....	10.00
Jasper Wayne.....	10.00
Andrew Christensen.....	5.50
Tom Hibbs.....	5.00
Mary Wright.....	5.00
Oliver.....	4.00
Wm. E. W. Fortney.....	1.00
Annie Magarrell.....	1.00
Dobby Tucker.....	1.00
Hartley S. S.....	.75
A Friend.....	.50

FURNISHING ROOMS.

J. W. and Dr. Mary Frederick.....	\$75.00
W. J. Smith and wife.....	30.00

SUPPLIES DONATED TO THE SANITARIUM.

IOWA CITY: Mrs. B. J. Carpenter, 1 quilt, 2 sheets; Mrs. M. L. Robertson, 1 sheet, 1 pair pillowcases, 6 towels, 1 bedspread, old sheets; Bro. David Wilson and family, 2 pair blankets, 1 bedspread, 6 towels, 2 sheets, and old clothes for the Christian Help Band. M. E. Graham, Leighton, 1 pair blankets, 2 sheets, 2 towels, old cloths, half bushel popcorn; Mrs. M. Johnson, Ames, 2 sheets, 2 pillowcases, 6 towels, old cloths; Mrs. R. M. Roberts, Clarksville, 1 comfort, 2 sheets, 2 pillowcases, dried apples; Sanitarium helpers, piano stool; Mrs. D. Crandal, Iowa Falls, 1 quilt; Mrs. Martha Newton, Ticonic, 3 bedspreads, 4 yards table linen, 11 turkish towels; J. M. Whitney, Nevada, 21 pounds of honey; Mrs. M. C. Mantz, Keota, 1 crate of plums; Mrs. H. C. Mitchell, Nevada, 1 crate currants.

ANOTHER OPPORTUNITY.

THE Christian Help Band re-organized, Wednesday, Oct. 18, 1899, with Mrs. E. Grahamas President and Mrs. Sarah Kane as Vice-President. The BULLETIN readers are all aware of "what God wrought by us" last winter; and with your co-operation, under the direction of our Great Leader, we hope to do as faithful and efficient work this winter. Doubtless each church has its own burden to bear in this respect, but it is surely a fact that there are more destitute people here, as compared with the working members of the church, than in any other place in the State. Therefore, thanking you most heartily for the responses that were made to previous calls for aid, we entreat your further co-operation for this season's work. Contributions of all kinds (money will also be thankfully received) may be sent to 603 E. 12th St., Des Moines, Iowa.

MRS. E. GRAHAM, Pres.