



VOLUME 12.

DES MOINES, IOWA, TUESDAY, AUG. 21, 1900.

NUMBER 7.

## Workers' Bulletin.

ISSUED WEEKLY BY THE  
MISSIONARY DEPARTMENT  
OF THE IOWA CONFERENCE,  
DES MOINES, IOWA.

JESSIE V. BOSWORTH, Editor.

WILLIAM E. PERRIN, Assistant.

MRS. L. FLORA PLUMMER, Contributor.

TERMS: 25 CENTS A YEAR, IN ADVANCE.

### HELPLESSNESS.

HEARTS are aching for kind words  
Which your lips may speak;  
Minds are waiting for some thought  
You to them may take.

Sick ones wait for kindly deed  
Which your hands may do;  
Comfort give, that you would need  
Were each sufferer *you*.

Has God given to your heart  
Comfort from his Word?  
Quickly then the joy impart;  
It will please your Lord.

—Selected.

### THE NORTH-WESTERN IOWA CAMP MEETING.

RUTHVEN has been selected as the location for the camp-meeting for north-western Iowa because it is so easy of access, situated as it is near the center of our churches in that part of the State. Railroads run in all directions. For those coming with teams, stabling and pasturage can be obtained. The grounds selected are located in the southern part of town, on Main street. At the book-stand all our up-to-date publications will be on display. Our health foods will also be for sale. The Iowa Sanitarium will be represented by a corps of workers, and General Conference laborers are promised. Best of all we have the promise of the Lord, "There will I meet with you."

Brethren and sisters, let us make a special effort to attend this meeting. We need to study together the truth

for this time. The children and youth need the opportunities and instruction that will be given. Come, young and old.  
P. A. HANSEN.

### LABOR.

ONE definition of labor is, "exertion of mental powers, united with bodily employment." This seems to express about the right thought. In order that one may have a healthy mind in a healthy body, both mind and body need exercise. I have observed that when persons leave bodily exercise in manual labor, and go into school for a term of years, where the mind is hard at work, with little or no manual labor, by the time they are through the course of study their health is broken down, and many go to the grave in early life. God's plan is the best,—to combine hard study with hard manual labor, or with some healthy physical exercise. Of what use is it for one to get an education at the expense of his health? or, as is often the case, at the expense of his life?

I am glad that the idea of connecting labor with our schools is being revived. Parents and teachers should see that plenty of exercise is connected with our schools, if they would expect their children to make the advancement which they so much desire. There are many very useful trades, and different kinds of labor, by which one can make his time of some account financially, as well as a blessing physically. I think, however, that I would prefer the kind of labor that God first gave to man,—the cultivation of the soil.

We read: "And the Lord God took the man, and put him into the garden of Eden to dress it and to keep it." Gen. 2:15. We see by this text that God gave Adam some pleasant labor

in connection with the soil, before sin had entered our world. After the fall of man, labor must have been less pleasant and more wearisome, but nevertheless, a blessing. We read again: "In the sweat of thy face shalt thou eat bread, till thou return unto the ground; for out of it wast thou taken: for dust thou art, and unto dust shalt thou return." Gen. 3:19. After this transgression the ground brought forth "thorns" and "thistles." This made the labor more unpleasant, as at the present time.

And the service of God is made more difficult since the entrance of sin; but God has provided the needed help, so that "thou art inexcusable, O man, whosoever thou art that judgest," or that sinneth. God calls now upon the human family everywhere to "cease to do evil," and "learn to do well." Isa. 1:16,17. In carrying out the instruction of this text, we shall find a healthy exercise of both mind and body.  
C. A. WASHBURN.

### CHRISTIAN ARDOR.

"My soul followeth hard after thee." Reader, can you utter this, the expression of one who thirsts after the living God? But, before you answer, it is important that we understand what it means to follow hard after God. It means that we are dissatisfied with this world and its turmoil and deceptions; that we have proved its emptiness, and realize it to be a "broken cistern;" that we have renounced sin and Satan, and are now enjoying an acquaintance with God; that we enjoy the mercy, grace, and love of God, knowing the blessedness of acceptance in the Beloved; that we have a desire to know him more clearly and fully, to trust in him more firmly, and to hope in him more abundantly; that there is

an earnest longing after the divine image; that we are seeking a closer conformity to his blessed will; that the longing to have more of the mind that was in Christ is the burning desire of the soul.

But, what are the evidences of Christian ardor? If we follow hard after God, he will be the subject of our constant meditation; he will have our thoughts and affections, and there will be a delight in the ordinances of the Lord's house. An ever growing attachment for the Word of God will not be wanting; in it we will "meditate day and night," and its sacred pages will be turned when the one who leads gives out the texts. Are we departing from this old-time zeal? How it must grieve Him who said, "Search the Scriptures," when his people go to divine service leaving their Bibles at home. The tithe belongs to God; and we, as stewards of his grace, will give it to him. As one of old said, "Draw me, we will run after thee," so may we follow hard after God, and in so doing be one in Jesus Christ.

L. F. STARR.

#### SECONDHAND STORES.

In every city there are secondhand furniture stores, secondhand book-stores, secondhand clothing stores, and secondhand food stores. Perhaps you have never heard of this latter kind, but I will tell you about them. First, we will pay a visit to the farmer, and see what he is doing. The summer past, and the bountiful harvest gathered in, we gratefully think of these things as man's natural diet; for they contain all the elements necessary to his sustenance. Could these good grains, fruits, and vegetables be dispensed to the consumer in the natural state, all would be well; but in many cases they are converted into the flesh of the lower animals to prepare (?) them for our use. At first hand they contain an average of more than 75 per cent of the nutritive elements. Several pounds of this wholesome but inexpensive food is fed to swine and bees, to make a pound of meat, which will average perhaps less than 25 per cent of nutritive value. At secondhand it is rendered dangerous, not only because it contains the natural wastes of the creature's body, but it is more than likely to carry with it tuberculosis and kindred diseases.

In the furniture or clothing store

no one expects to pay for the old what would be charged for new; but in the secondhand food store we do just the opposite, we pay more for what is worth less. Let us, as the people of God who are expecting to meet his dear Son, cease this unprofitable business; for "among those who are waiting for the coming of the Lord, meat-eating will eventually be done away; flesh will cease to form a part of their diet. . . . I can not think that in the practice of flesh-eating we are in harmony with the light which God has been pleased to give us."—*Christian Temperance*, p. 119.

MRS. D. A. FITCH.

#### FROM THE SANITARIUM CHAPLAIN.

It has been some little time since I have reported through the BULLETIN, as my work is of such a nature that I hardly know what to report. I am largely engaged here at the Sanitarium, but I avail myself of the privilege of meeting Sabbaths with some of our churches in the vicinity of Des Moines. Last Sabbath Eld. E. E. Gardner and I met Eld. L. F. Starr at Winterset, and assisted in the church election at that place. Some difficulty had been experienced in selecting an elder; but by the blessing of God, it was satisfactorily settled.

We are enjoying our seasons of morning worship regularly held at the Sanitarium. A goodly number of earnest souls meet in the parlor to seek God together, and he comes very near. Our Sanitarium is quite well filled, in spite of the perplexities by the way. May the unseen hand of God guide us as a Conference.

J. W. ADAMS.

#### COMPLAINING.

It is said of the Israelites that "when the people *complained*, it *DISPLEASED THE LORD* and the *LORD HEARD IT*." Is complaining any more pleasing to the Lord *now* than it was *then*? Do you think he hears *you* when you complain? Would it not be well if we ceased our complaining and do something that will please the Lord better? David says, "I *complained*, and my *spirit was overwhelmed*." This is always the result of complaining, no matter what the cause of complaint may be. Murmuring and complaining will close the doors of the kingdom of heaven to every one who indulges in these sins. If they were admitted into the New Jerusalem, they would

still find something with which to find fault, and the peace and joy of heaven would be marred by their presence. Do you complain about anything? Perhaps you have done so without thinking how sinful it is. Let us put away every kind of complaining now and forever.—*The New Zealand Advance*.

#### TRUTH VS. ERROR.

TRUTH will shine the brighter for being questioned; in every effort to overthrow, will stand more firm; bears the light; "crushed to earth will rise again;" is everlasting; never has called for, nor will accept of, the support of the sword; will never cause a pang to the possessor; makes a man like its God.

*Error* brooks not to be questioned; with every effort to make it stand more firm, is nearer its overthrow; will cry out if lifted from darkness; will die with its possessor; clamors for the support of the sword; will take peace from the heart; makes a man like *its* god. "Choose ye this day whom ye will serve." CLARENCE SANTEE.

It is never the one that is wronged or injured who is the real loser, but the one who does the evil. He who suffers and sins not, but keeps loving and sweet, is enriched by what seems losses. His heart is at peace, and this fills the world with beauty for him.—*D. L. Moody*.

#### OBITUARY.

COUTANT.—Died, at Radcliffe, Iowa, August 5, 1900, Stephen Roe Coutant, aged 72 years, 4 months, and 5 days.

Bro. Coutant was born in Ulster county, N. Y. At the age of twenty-six he was converted, and united with the M. E. Church, where his faithful labors as an exhorter were the means of bringing many souls to Christ. He afterwards accepted the S. D. Adventist faith, and died in hope of a part in the first resurrection. He leaves a wife and three children to mourn. Funeral services were held at the Christian church, and words of comfort were spoken by the writer to a large congregation. A good impression was made, as the Spirit of God revealed the truth and hope as it is in Jesus.

Sister Coutant is now the only witness for the truth in Radcliff; let us remember her at the throne of grace, that she may be a true witness for her Lord and Master. N. C. BERGERSEN.

THE BOOK WORK.

CANVASSING FOR JESUS.

CANVASSING not for wealth or fame.  
Canvassing not for ease or gain,  
Canvassing neither for a name;  
We're canvassing for Jesus.

"How can you afford it?" some do say;  
"Times are so hard, it does not pay;  
And then you've no certain place to stay,"  
It is easy to work for Jesus.

Courage! Workers, be of good cheer,  
Our Saviour's coming draweth near;  
Signs are fulfilling, soon he'll be here,  
And then with him we'll reign.

—Selected.

IN THE FIELD.

PERHAPS a little account of my work during the past week will be of interest to the readers of the BULLETIN.

I left Des Moines Tuesday, August 9, for Chariton. There I found Sisters Cora Davis and Phebe Vosburg nicely located in a room at Sister Kubitshak's. They are enjoying the work very much. Chariton has the name of being a hard town for canvassers, but they have sold about seventy-five books. At Ladoga I found Sister Carrie Wallace at present assisting her mother, whose health is not good, with the housework. But she has had good success while at work, and hopes to engage her entire time in the field after September 15.

I met with the church at Clarinda on Sabbath, and had the opportunity of presenting our duties and privileges in the line of missionary work. They had fifty copies of the Independence Signs; and as the present is always the very best time to carry out good resolutions, we decided to go to work at once. Sister Hortense Heivilin responded to the call for volunteers; and having studied our paper, we were ready for work Monday morning at 9:30. A little late, you may say, but we could not well begin earlier, on account of the heavy rain of the night before. She took the residence portion of the town, while I canvassed the business men. We worked about four hours, selling all our papers and taking one subscription, while several others promised to subscribe later. Sister Heivilin said that she did not find the work nearly as hard as she had anticipated, and she is planning to enter the canvassing field next year. The effort was a real inspiration to me, and I would recommend others to try it.

W. L. MANFULL.

"LOYALTY to the Lord is seen in love to the lost."

EXTRACTS FROM LETTERS.

MARY HASKELL, KELLOGG: "I never suffered so much from the heat as last week, but I am well and of good courage. Each day I ask the Lord to give me the words to speak that will impress hearts with the precious truth. I realize as never before the importance of this branch of the work, and I want to do my part faithfully."

MR. AND MRS. C. E. VOSBURG, DENISON: "The Lord is doing the work, and we are only carrying the books from house to house for him. Many times after we have said all that we could, the Spirit of the Lord has come in, causing the people to decide to take the books. We can truly say that it is sweet to work for Jesus."

ARTHUR RHODS, ONSLOW: "How willing the Lord is to impress the hearts of the people to buy, when we work humbly trusting him fully. In canvassing among the Bohemians the work seems slow, but I believe the Lord will lead me to the honest."

IN the highest class of God's school of suffering we learn, not resignation nor patience, but rejoicing in tribulation.—J. H. Vincent.

CANVASSING REPORT FOR WEEK ENDING AUG. 10, 1900.

	Hrs.	Ord.	Val.	Helps.
THE COMING KING.				
Susan Haskell.....	20	9	\$ 9.00	\$1.00
Nelle Schoberg.....	18	3	3.00	.25
Arthur Rhoads.....	42	15	15.00	1.45
Mrs. Arthur Rhoads.....	36	9	8.90	3.10
Christine Henricksen.....	36	13	13.00	1.50
Phebe Vosburg.....	15	5	5.00	1.45
Cora M. Davis.....	18	10	10.00	1.25
*Nettie E. Brown.....	27	17	18.00	.25
Mrs. C. E. Vosburg.....	7	3	3.00	1.00
Carl Bauer.....	47	9	9.00	2.65

DESIRE OF AGES AND COMING KING.

Mary L. Haskell.....	31	7	\$11.50	\$1.50
Elbridge Adams.....	38	8	10.25	2.85

DESIRE OF AGES.

Pearl D. Bascom.....	24	2	\$ 6.00	\$ .90
Coral U. Bascom.....	29	2	6.00	.60
Harriet C. Fuller.....	23	4	12.75	

PROPHECIES OF JESUS.

Lewis Hilliard.....	43	7	\$10.75	\$4.00
C. E. Vosburg.....	31	3	6.75	1.95

DELIVERIES.

	Books.	Value.	Helps.	Lost.
J. P. Gaede.....	29	\$45.25	\$ .50	3
Henry Baetke.....	37	59.85		1
C. E. Vosburg.....	1	1.75		
Pearl D. Bascom.....	1	3.50		
Cora M. Davis.....	1	1.00		
Mrs. Arthur Rhoads.....	4	3.90		
Carl Bauer.....	1	1.00		

SUMMARY.

No. of agents.....	19
" " orders.....	126
Value of ".....	\$157.90
" " helps sold.....	\$ 26.20
Total value.....	\$184.10
Value of deliveries.....	\$116.25
*Two weeks.	

THE SABBATH-SCHOOL.

CONDUCTED BY MRS. JESSIE L. ADAMS.

THE OTTUMWA CONVENTION.

ACCORDING to announcement, we held our Sabbath-school convention at this place, August 12. Bro. B. E. Fullmer was with us and acted as chairman. Two sessions were held, each of which was opened by a short song service. Three papers were read, on the following subjects: "The Object of the Sabbath-school," "Music in the Sabbath-school," and "The Work of the Sabbath-school Teacher." Good thoughts were brought out and freely discussed. Opportunity was given for questions, and quite a number were asked, the President of the Sabbath-school Association answering them. The day's program was closed with a short children's meeting.

We had feared the heavy rain of the night before would prevent some from coming, but instead it prepared the dusty roads for more pleasant travel. There were representatives from Eddyville, Sigourney, Mt. Pleasant, Libertyville, Bluff Creek, Bladensburg, and Omaha, Neb. A few friends from this city came in also. All took a personal interest, and many expressed a determination to put into practise the truths presented. This thought was especially emphasized: "Parents, set aside a little time each day for the study of the Sabbath-school lesson with your children."

Dinner was served in the big tent. As a tent company we appreciate the effort that our brethren and sisters made to attend this meeting, and trust that God will bless the work here, and in each school represented.

ANNIE A. WILSON.

EXTRACTS FROM LETTERS.

MRS. HARRIET WESTPHALL, NEW MARKET: "In April we organized our Sabbath-school, which is progressing nicely, and growing in numbers and interest. We know that Satan is working against us in every way possible, but we are praying, and trusting in God for strength to overcome."

FRANCES E. MONTGOMERY, OSCEOLA: "I have made a birthday offering to the Orphan's Home. I was eleven years old in May. I earned the most of the money I send. I like to read the *Little Friend* very much."

# Workers' Bulletin.

DES MOINES, IOWA, AUG. 21, 1900.

—RUTHVEN camp-meeting, Sept. 4-9.

—BRO. HENRY BORAM, with his wife, has been visiting his mother Mrs. Belle Boram, in this city.

—BRO. AND SISTER J. C. BARCUS, of the Sanitarium, went last week to visit home friends at Blencoe.

—BRO. C. W. SMOUSE spent Sabbath, August 11, at Burlington, and reports the work there prospering nicely.

—ELD. C. F. STEVENS went last week to take his place with the corps of tent workers at Malvern, visiting the tent company at Griswold on his way.

—THE BULLETIN is issued a day earlier than usual this week, on account of the special announcements relative to the Parkersburg camp-meeting.

—A SEVERE wind-storm completely destroyed the old meeting tent at Missouri Valley last Monday night. A new tent was immediately shipped to that place.

—THE tent company at Sibley have been invited to pitch at Ruthven in time for the camp-meeting, with the design of remaining if the interest there demands further labor.

—BRO. AND SISTER S. O. JAMES are about to change their residence from Knoxville to Spirit Lake. They are visiting relatives in Des Moines this week, also favoring the friends at the Sanitarium with a call.

—SISTER L. FLORA PLUMMER will be unable to attend the meetings at Parkersburg and Ruthven, as had been hoped. She is now in attendance at the Ohio camp-meeting, following which she will visit her parents in Indiana.

—MISS CALLIE CHARLTON, returning from Keota, spent last Sabbath with Des Moines friends. She went from here to Boulder, Colorado, where her sister Mrs. Ella Cartwright lives, expecting while there to take a short course of instruction at the Sanitarium.

—ELD. L. F. TRUBEY and the corps of workers associated with him have moved from Charles City to Parkersburg. Their large tent will thus be of service at the Parkersburg camp-meeting, after which a special effort will be made to follow up the interest. Others having had experience in Bible work or who can assist in the singing, may be invited to remain and assist.

—HAVE you noticed the splendid organ premium offered to those securing one hundred and fifty subscriptions for the *Signs* at \$1.00 each? This is an excellent opportunity for Sabbath-schools or churches to secure a good instrument,—simply a little co-operative effort on the part of the brethren and sisters, in which even children can take part. And in going out to get the *Signs* into the homes of the people, we know the brethren and sisters will experience the blessing and joy which come from working for the salvation of souls; for it is the "pioneer," bringing to the people the precious truth for these times, which will make them "wise unto salvation."

—ELD. WM. GUTHRIE spent last Sabbath and Sunday at Fontanelle. Next Sabbath he will visit the Bladensburg church and remain there for a time, having been recommended to make that part of the State his field of labor the remainder of the tent season. The Guthrie Center company has disbanded, as the old tent was rendered unfit for further use by the winds of last week, and sufficient funds to warrant the purchase of a new one have not been received. It is expected that Bro. Frederick will labor in the western or south-western part of the State.

—BRO. J. S. FRY, of Columbus, Mississippi, writes: "There are many opportunities for missionary work here. Many people come to town every week who are just hungry for reading. I can use hundreds of papers. Can some of the Iowa brethren and sisters send me copies of the *Signs*, *Review*, *Instructor*, etc.? Please send postpaid. Sister Mollie Long's letter reminds me of experiences I am having."

—ELD. A. T. JONES and Dr. J. H. Kellogg are expected to attend the Parkersburg camp-meeting, probably arriving Thursday. It is also quite probable that some one will be present to represent the International Religious Liberty Association, either Eld. A. Allen Moon, President of the Association, or Eld. C. P. Bollman, of the *Sentinel of Liberty*. Word was not received in time to make these announcements last week.

—BRO. W. L. MANFULL spent the Sabbath at Milo, coming from there to Des Moines. He will be in attendance at the Parkersburg camp-meeting.

—BRO. F. W. PATTERSON, of the hygienic cafe, left last Wednesday evening for a short stay at Battle Creek, Michigan.

—MRS. IVA J. TURNER returned Sunday to her home at Moravia, benefited by her stay at the Sanitarium.

—OUR Corresponding Secretary returned to the Office last week, improved in health by her six weeks' vacation.

## THE CHURCH SCHOOL INSTITUTE.

THE Church School Institute appointed for this place to begin Tuesday, August 28, will be conducted by Prof. B. G. Wilkinson, of Union College. Prof. W. T. Bland, President of Union College, and Prof. E. A. Sutherland, President of Battle Creek College, are expected to assist one week each in September. No tuition will be charged those taking schools in the State. A tuition of \$1.50 for the term will be expected of others. Board and lodging will be furnished at actual cost. All are requested to bring bedding. It is hoped that every one intending to teach a church school in our State will attend this Institute, entering at the opening if possible.

## A CHANGE IN CAMP-MEETING APPOINTMENTS.

ON account of a street carnival to be held in Ottumwa, Sept. 17-23, it is requested that the camp-meeting for that place be dated one week later than appointed, or Sept. 25-30; and the one at Exira placed last, dating Oct. 9-14. All will please note this change. We trust it may better accommodate the most of our people in these respective districts.

IOWA CONFERENCE COMMITTEE.

## DONATIONS TO SANIARIUM FUND.

THE following donations have been received since our last report:—

D. Smouse .....	\$100.00
Thos. A. Owen .....	75.00
H. Nicola .....	50.00
E. H. Brown .....	50.00
L. W. Baylies .....	25.00
Mr. and Mrs. A. W. Johnson .....	25.00
J. W. Crouse .....	20.00
Emil Anderson .....	5.00
W. S. Booten .....	5.00
Etta Rogers .....	1.00

## APPOINTMENTS.

### LOCAL CAMP-MEETINGS.

RUTHVEN,	Sept. 4-9, 1900.
Ottumwa,	" 25-30, "
Exira,	Oct. 9-14, "
SUTHERLAND,	August 27, 28, 1900.
Hartley,	Aug. 31-Sept. 2, "
Baptism will be administered if desired.	
H. NICOLA.	