

THE WORKERS' BULLETIN

Secretary Gen'l Conf

"THE NIGHT COMETH WHEN NO MAN CAN WORK"

VOLUME 14.

DES MOINES, IOWA, TUESDAY, MAR. 24, 1903.

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Workers' Bulletin.

ISSUED WEEKLY BY THE
IOWA TRACT SOCIETY,
DES MOINES, IOWA.

WILLIAM E. PERRIN, - - - Editor.
TERMS: 25 CENTS A YEAR, IN ADVANCE.

FAITH IN JESUS.

WHEN my faith lays hold of Jesus,
With confiding trust in Him,
He my groaning heart releases,
From the guilt and power of sin.

When my faith lays hold of Jesus,
Waiting long with anxious fears,
And my trembling soul approaches
Calvary, He dries my tears.

When my faith lays hold of Jesus,
Then His righteousness is mine;
For He died the death to save us,
Give us peace and life divine.

Yes, when faith laid hold on Jesus,
Then came with it life and joy,
And the song of love He teaches,
Does my heart and tongue employ.

As my heart lays hold of Jesus,
I am justified by faith,
For His blood avails and cleanses,—
Life springs freely from His death.

—selected.

WAITING ON GOD.

"THEY that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk and not faint." Isa. 40:31. These words from the Hebrew prophet have the ring of an alpine horn. It is the voice of courage and hope to us in our work to-day. However, it is very easy to misunderstand this word "wait," and regard it as meaning inactive passivity. In the original Hebrew it signifies nerve,—to be strong enough to hold out. It expresses the idea of durability, like that of the oak which never bends nor breaks under heavy pressure. Thence, the word came to signify patience as opposed to worry and despondency.

Waiting, in this oft-quoted text, denotes a habit of mind,—a habit of devotion that loves to call upon God, a habit of submission that is ready to receive just what God sees fit to send, a

habit of obedience that is glad to do just what God commands, a stalwart habit of carrying loads as duty lays them upon the back. Such waiting upon God is required of us now in finishing the work for "Christ's Object Lessons" in this State.

Waiting on God! What may we expect?—First, That God will renew our strength. For every new occasion, every new trial, every new field of labor, we shall receive new power. If we have failed or been foiled in our purpose, God will put us on our feet again. The spiritually weak shall gain strength, and those who were strong already will wax stronger in doing the work which God calls upon us to do just now.

When the people of the world become run down in health because of excessive mental or physical toil, they repair to some health resort or spring and there wait on the babbling waters, trusting in their healing properties and taking them into their systems. Presently a new appetite for food is awakened, and new life creeps into the system. This renewal of vitality is the result of waiting on one of these health-giving fountains of water.

Just such a well-spring of spiritual force is the Captain of our salvation. If we come to Him in a respectful, suppliant, hungering spirit, He will restore our souls. He will heal our sickness, gird up our weak wills as with steel, infuse iron into our blood, make our feet like the hind's feet. Thus we can run, and not be weary. Paul had put himself into just such a connection with the source of all power when he exclaimed: "I can do all things through Christ who strengtheneth me." Truly, He is our sufficiency in finishing up our quota of "Object Lessons" within the next few weeks.

L. F. STARR.

"WHEN the sermon is too long, the end makes one forget the middle, and the middle the beginning."

"ACCORDING TO THAT A MAN HATH."

A BEAUTIFUL part to the service of Christ is that He requires of us according to that which we have, not according to that which we have not. If we have wealth, talent, or social position, it is that that we are expected to develop to the good of man and the glory of Christ. If we have neither of these, if our lot is cast amid the humblest of environments, it is expected of us that we will make the most of that which we do have, not of that which we do not have.

Not infrequently man expects impossibilities of us. Reasoning from his hypothesis, which is naught but the product of finite mental calculation, he is led to believe that we owe him that which is beyond our ability. But God expects impossibilities of no one. He may expect seeming impossibilities. He may demand that which really is far beyond the range of our vague comprehension. But He never asks of anyone that which is beyond His power to accomplish in and through the individual. In fact, all His commands are enablings. If in your path of duty there towers up before you that which is beyond your ability to accomplish, move forward by faith. It is your part to step out upon God's promises. When you have done that, He must open the way for you.

"For if there be first a willing mind, it is accepted according to that a man hath, and not according to that he hath not."

IN THE STEPS OF ROME.

APROPOS of a recent murder at Buffalo, New York, Rev. George Whitman, of the Fayette Baptist Church, that city, said: "America is fast following in the steps of the old Roman empire. The home is despised; children are an encumbrance,—a poodle dog is of more value than a baby. Wealth and pride consume the lifeblood of the nation, and

aristocratic weakness saps our democratic vigor."

Rome fell. "Like causes produce like results;" and so, America, the grandest country ever organized by man, "the land of the free and the home of the brave," the asylum for the oppressed of all other lands, will totter and fall. And already we see the causes at work that will produce this result. But the fall of America will mean much more than the fall of Rome meant, for following in the wake of the downfall of America comes the destruction of the world.

The world knows that trouble is brewing, although it does not know what the ultimate outcome will be. Then should not we who have the light of the more sure Word of Prophecy realize that the times are ominous, and prepare for the intense conflict into which we are now entering. "When ye shall see Jerusalem compassed with armies, then know that the desolation thereof is nigh. Then let them which are in Judea flee to the mountains; and let them which are in the midst of it depart out; and let not them that are in the countries enter thereinto." How very specific is this admonition, and how very specific we should be in giving heed to the principles enunciated.

THE INCREASE OF FACILITIES.

A GREAT work must be done all through the world, and let no one conclude that because the end is near, there is no need of special effort to build up the various institutions as the cause shall demand. You are not to know the day nor the hour of the Lord's appearing, for this has not been revealed, and let none speculate on that which has not been given him to understand. Let everyone work upon that which has been placed in his hands, doing the daily duties that God requires.

When the Lord shall bid us make no further effort to build meeting-houses and establish schools, sanitariums, and publishing institutions, it will be time for us to fold our hands, and let the Lord close up the work; but now is our opportunity to show our zeal for God and our love for humanity.

We are to be partners in the work of God throughout the world; wherever there are souls to be saved we are to lend our help, that many sons and daughters may be brought to God. The end is near, and for this reason we are to make the most of every en-

trusted ability, and every agency that shall offer help to the work.

Schools must be established that the youth may be educated, that those engaged in the work of the ministry may reach higher attainments in the knowledge of the Bible and the sciences. Institutions for the treatment of the sick must be established in foreign lands, and medical missionaries must be raised up who will be self-denying, who will lift up the cross, who will be prepared to fill positions of trust and be able to educate others. And besides all this, God calls for home missionaries. The workers for God, in the field or at home, are to be self-denying, bearing the cross, restricting their personal wants, that they may be abundant in good fruits.

A faith that comprehends less than this denies the Christian character. The faith of the gospel is one whose power and grace are of divine authorship. Let us make it manifest that Christ abides in us, by ceasing to spend money on dress, or needless things, when the cause of Christ is crippled for want of means, when debts are left unpaid on our meeting-houses and the treasury is empty. Let the work advance as it began, in simple self-denial and faith.

Use your means to create, rather than to diminish, agencies for good. Let no one listen to the suggestion that we can exercise faith and have all our infirmities removed, and that there is therefore no need of institutions for the recovery of health. Faith and works are not dissevered. Since the Lord is soon to come, act decidedly and determinedly, to increase the facilities, that a great work may be done in a short time.

Since the Lord is soon coming, it is time to put out our money to the exchangers, time to put every dollar we can spare into the Lord's treasury, that institutions may be established for the education of workers, who shall be instructed as were those in the schools of the prophets. If the Lord comes and finds you doing this work, He will say, "Well done, good and faithful servant, enter thou into the joy of thy Lord!"—*Mrs. E. G. White.*

TRY IT FOR A MONTH.

PRAY three times a day for a month, and note the general effect on your daily life.

Pray daily for the salvation of one or more souls, and see how God will change them.

Pray for those who despitefully use and abuse you, and observe how fervently you will learn to love them.

Pray for a pure heart, for a sanctified nature; "for this is the will of God, even your sanctification," "and if we ask anything according to His will, we know that He heareth us."—*Selected.*

"DEPEND upon it, that, if a man talks of his misfortunes, there is something in them that is not disagreeable to him; for where there is nothing but pure misery, there never is any recourse to the mention of it."

FIELD REPORTS.

HARTLEY CHURCH SCHOOL.

For a while it seemed that it would be impossible to hold a school here this winter. However, one family having the number of children that the Lord has said demand a school, moved forward in faith, and the way opened. We had a home school, meeting from day to day in an upper room, as met the disciples of old, and the Lord blessed us abundantly. All took hold in the right spirit, and I never saw greater progress made in the same length of time. Our opening exercises consisted of Bible nature studies. These studies will enable us to see the spiritual lessons God has written in the things of nature as we take up work through vacation. Physiology became a sacred study as we considered the underlying principles of health reform, and learned that the violation of the laws of our being is sin just as truly as is the breaking of the commandments. In our Bible class we studied the history of the children of Israel, thus making the Sabbath-school lessons a review of the week's work. In this work we entered Canaan just at the close of the school. Each one resolved that as Israel should have driven out the Canaanites and possessed the land, he would conquer the enemy within him (that is, self) during vacation.

We took a club of one hundred *Life Boats* and spent one day each month selling them, beside doing other missionary work.

One of the pupils and I are canvassing during a three weeks' vacation, after which several families will unite in supporting a spring term. I am glad to have a humble part in this work while the Lord is waiting.

PEARL BASCOM.

THE BOOK WORK.

FIRM AS A ROCK.

UNSHAKEN as the sacred hills,
And fixed as mountains stand;
Firm as a rock the soul shall rest
That trusts the Almighty hand.

Not walls, not hills, could guard so well
Fair Salem's happy ground,
As those eternal arms of love,
That every saint surround.

—Isaac Watts.

WHAT A LITTLE BOOK DID.

THE following letter from an old canvasser will be of interest to those spreading our literature:—

"I want to tell you the results of placing one of our small books in a home. I had occasion to call on a family a few days ago, and found one of the young men busily engaged in reading a copy of 'Gospel Primer,' which he said his mother had bought seven years ago, but had laid it away and then forgotten about it until a few days before I called. He said he was deeply impressed with the doctrine it taught. He remarked that he knew I was an Adventist and must have books on Adventist doctrines, and that he would call in a few days and get one. In a couple of days he came bringing a neighbor with him. After quite a lengthy talk he wanted a book covering all the Adventist doctrines. I spoke of 'Bible Readings,' and although I did not have a copy to show him, he paid me in advance for the book. Since then several of the neighbors have been to hear more of our doctrine. To my mind this illustrates how the truth may be sown and forgotten, and then afterwards bear fruit to the glory of God."—*Selected.*

CANVASSING REPORT FOR WEEK ENDING MAR. 13, 1903.

	Hrs.	Ord.	Val.	Helps
HERALDS OF THE MORNING.				
Peter Jacobsen.....	34	3	\$ 4.25	\$5.00
LADIES' GUIDE.				
Elsie Fulton.....	27	1	\$ 2.20	\$.80
MISCELLANEOUS.				
Lizzie Keat.....	28	22	\$ 9.15	

DELIVERIES.

	Books.	Value.	Helps.	Lost.
Elsie Fulton.....	1	\$ 3.00		

SUMMARY.

No. of agents.....	3
" " orders.....	26
Value of ".....	\$ 15.60
" " helps sold.....	\$ 5.80
Total value.....	\$ 21.40
Value of deliveries.....	\$ 3.06

THE SANITARIUM.

CONDUCTED BY EMMA A. PERRINE, M. D.

A WEEK'S BILL OF FARE.

MONDAY BREAKFAST.

GRANOLA and Hot Nut Cream

Potato Balls Nutmeato with Brown Gravy

Baked Apples Bananas

Bread

RECIPES.

Home-made granola.—1½ lb. of white flour, ½ lb. of graham flour, ½ lb. of steel cut oatmeal or cornmeal. Soak the oatmeal thirty minutes. Make a stiff dough, knead thoroughly, roll out one-fourth of an inch thick, prick, and bake clear through. Grind in a coffee mill.

Nut cream.—Dissolve ½ cup of nut butter in about 3 cups of hot water, bring to a boil, thicken with a little flour if desired, and salt.

Potato balls.—Season mashed potatoes with salt, minced onion, and thin cream. Form into balls, brush with cream, and bake to a nice brown.

Nutmeato.—½ cup of nut butter, 1½ cup of water, 1 cup of cooked and sifted navy or lima beans, 1 cup of zwieback crumbs, 1 tablespoonful of cornstarch, 1 tablespoonful of white flour, salt and sage to taste. Beat all together, pour into an oiled can, and steam three hours.

Brown gravy.—¼ cup of nut oil (olive or Wesson's), ½ cup of white flour, ¼ cup of dark brown flour, 1 qt. of water, 2 medium onions. Cook thirty minutes, strain, and salt.

Nut salmon.—1 cup of nut butter, ¾ cup of strained tomato, ½ cup of water, 2 tablespoonfuls of cornstarch, salt. Beat all together, pour into oiled can, and steam three hours.

Barley fruit pudding.—1 cup of cooked barley, 1 cup of tart, chopped apples, ½ cup of seeded raisins, ½ cup of boiling water, 2 tablespoonfuls of sugar. Mix and turn into a pudding dish, set into hot water, and bake until the apple is tender. Serve with or without sauce.

NOTES.

SISTER NETTIE LARSON, of Waukon, recently donated a nice quilt to the Sanitarium.

MISS BERTHA YOUNG, of New York Mills, Minnesota, has come to enlist in the missionary training school for nurses.

THE SABBATH-SCHOOL.

CONDUCTED BY MRS. FLORA V. DORCAS.

THE OBJECT OF CONVENTIONS.

THE object of a convention is that those composing the convention may become better informed along certain lines. Thus, a convention should be decidedly educational. If Sabbath-school topics are considered, the convention should cause us to be better prepared to act our part in the school. Each discussion should leave important, helpful points standing out clearly before the mind of every one. We believe the plan of holding conventions is a good one, for we can see so much more in a subject when we take time to consider it fully. For this reason it was decided to hold religious liberty conventions. The Lord has said that we need to be informed as to the dangers of the present time. Old and young need to become acquainted with the situation as it is. The children will have a part to act in the coming conflict, and shall we not help them to understand the principles of religious liberty?

For some time comparatively little thought has been given this subject. If we become familiar with it, we can not fail to be interested. Let us educate ourselves in regard to these things; then that which at first may seem dry and uninteresting will appear as it is, that which we need to prepare us for the troublous times ahead and for the work we have to do.

We hope to receive a convention report from each school.

THE RELIGIOUS LIBERTY CONVENTION AT DES MOINES.

THE Des Moines Sabbath-school held its religious liberty convention Sabbath, March 14. The regular program was carried out fully, with the addition of some extra music. All seemed interested in the different subjects presented, and as the review questions were asked it was very pleasing to see that many were prepared to answer promptly. At the close of the service an appeal was made for the *Sentinel*, and as a result eighteen subscriptions were taken. This paper is a trumpet sounding an alarm, loud and clear, that our people may awake and fully realize the situation.

The time is near at hand when we shall be brought before councils, and every position of truth which we hold severely criticised. Soon the liberties of God's people will be entirely destroyed and He will be their only hope. May we search the Scriptures more diligently that we may be able to give a reason for our faith. It is very necessary for us to be educated upon this question that we may intelligently perform the work God has intrusted to us.

NELLIE McWILLIAM.

Workers' Bulletin.

DES MOINES, IOWA, MAR. 24, 1903.

—BRO. A. L. HOYT, of Ottumwa, spent the Sabbath in Des Moines.

—"INTENSE study of the Bible will keep any writer from being vulgar in point of style."

—MRS. ERNEST HUSTED, of Sutherland, visited with Mr. and Mrs. J. T. Spriggs, of the Sanitarium nurses' class, while in the city on business last week.

—ALL should bear in mind that Sabbath, April 4, is the date for the next semi-annual collection for the Haskell Home and the James White Memorial Home, and should prepare to make a liberal offering.

—THE Iowa delegation to the general conference, Elds. L. F. Starr, J. H. Kraft, and E. G. Olsen, and Bro. C. H. Parsons, expected to meet at Omaha, Nebraska, last evening and proceed together to California.

—THE Iowa Industrial Academy at Stuart closed its winter's work last Wednesday. A number of the students stopped in Des Moines as they returned home, among whom were, Messrs. Fred Henrickson, Fred Caviness, Henry King, Fred Dietel, and Harry Peterson, and Misses Tillie Hanson and Tillie Dietel.

—WE would invite short, newsy reports from our various churches and companies. The IOWA WORKERS' BULLETIN is the bulletin for the work and workers in Iowa; but he who is running can not read of the progress of the cause in this State unless it is BULLETIN-ed. Then send in your reports. But be sure to boil them down and to write them carefully. If you do this yourself, it will save you the embarrassment of having us do it for you.

—WRITING of the work for "Christ's Object Lessons," one missionary secretary says: "Our deacon has paid for one hundred and seven books and has put nearly all of them out somewhere. And he did it some time ago under trying circumstances, as he could not stay away from home over night. While selling these books he has intruded on the territory of no one else. He has given away ten or eleven copies, one of which was to the public library." Surely this is a good record, one that should stir others to more earnest effort.

—Do not overlook the advertisement of "Easy Steps." We advertise this book, not to fill up the paper, but because it is an excellent little work, which as yet has not been fully appreciated. It is written by Adelaide Bee Cooper, and this fact alone should appeal to readers of the *Instructor*. When you order more books for the children, get a copy of "Easy Steps."

—MANY renewals for our periodicals are being received at this Office, for which we are glad. But, possibly this will remind others that it is time they were sending in some renewals or new subscriptions.

—"HE who in his work meets with trials and temptations, should profit by these experiences, learning to lean more decidedly upon God. He should feel his dependence every moment."

—HAVE you forgotten your decision to give ten cents a week for foreign missions? If you have, suppose you begin now to lay aside ten cents each first-day.

—THE conference committee was in session last week at Stuart, considering matters pertaining to the camp-meeting and to the Industrial Academy at Stuart.

—MR. FRED HENRICKSEN, who has been attending the Industrial Academy at Stuart, expects to assist at the Pure Food Cafe, this city, until camp-meeting.

—BRO. CHAS. H. WARE has returned to Des Moines from Kansas City.

"CHRIST'S OBJECT LESSONS."

TOTAL NUMBER ORDERED, - 17,900.
YET TO BE ORDERED - - - 3,100.
CASH SINCE LAST REPORT, \$161.50.

BUSINESS NOTICES.

UNDER this head, business notices not exceeding eight lines in length will be inserted at twenty-five cents per issue.

WANTED.—A S. D. Adventist to work on a farm for the season. Wages \$20.00 per month to the right person. T. E. Moore, Blencoe, Iowa.

APPOINTMENTS.

QUARTERLY MEETINGS.

WINTERSSET, April 4, 1903.
We trust that all of our members will report in person or by letter.

A. J. STIFFLER, *Elder*.

DES MOINES, April 4, 1903.
J. W. DORCAS,
W. E. PERRIN.

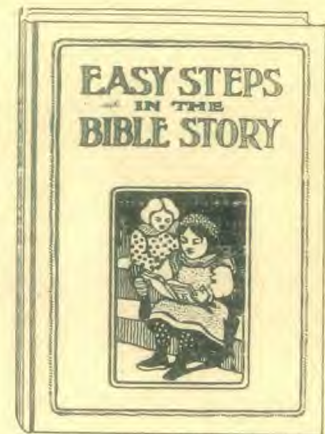
- : FRESH IOWA SEEDS : -

For 15 cts we will send postpaid 6 pkts garden seeds and 6 pkts flower seeds, together with our illustrated catalogue for 1903.

Choice mixed sweet peas 4 cts per oz ¼ lb 10 cts. All pkt seeds sent postpaid.

Farm - Seed - and - Seed - Corn
Our Speciality

Sacks furnished free of charge.
F. C. GRAVES SEED CO., DES MOINES.



A CHILD'S BIBLE IN SIMPLE FORM.

Written with a view of presenting to the growing mind a consecutive knowledge of Biblical history. The order of the Bible narrative is not changed and a practical application is made of all the lessons taught.

"The Best Book for Children."

Thoroughly illustrated. 160 pages. 25 and 50 cts.

Iowa Tract Society, Des Moines.

UNEMPLOYED MEN AND WOMEN

It will pay you to read every word of the following unsolicited letter from one of our salesmen:—

BATTLE CREEK, MICH.

During the past few months I have been canvassing more or less in Battle Creek for the Magic Pocket Vaporizer, and have found that well-directed efforts meet with success. One prominent business man remarked, "It is the best selling thing I ever saw, because everybody wants it."

I find little difficulty in getting recommendations from influential people, having secured half a dozen testimonials from among the clergy of this city. The canvasser needs but little capital in selling this instrument, as deliveries are made as fast as opportunity affords, and in this way he will find his influence constantly increasing. A splendid opportunity is also afforded to do missionary work among the suffering, and the canvasser can make good wages besides.

I predict a large sale for the Magic Pocket Vaporizer.

WM. ARNOLD.

MAGIC POCKET VAPORIZER

is the most effective means yet devised for applying healing remedies to the diseased mucous membrane found in catarrhal affections of the nose, throat, and lungs. Write the Modern Medicine Co., 242 Champlon St., Battle Creek, Mich., to-day, and name your choice of territory.