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An Interpreter of the Times

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MEN AND INSECTS (PAGE 8)



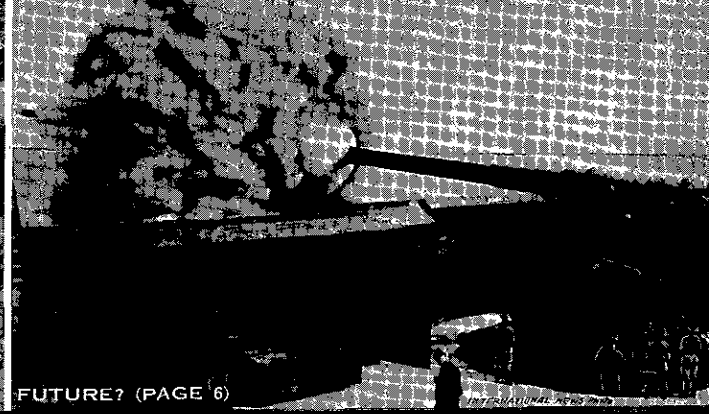
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INTERNATIONAL HARVEST



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Is Nature Cruel?

NATURE is just as cruel as gravity—when a man grows careless and falls off a high building, or suicidal and jumps off. Nature is just as cruel as water when it drowns a man, or as fire when it burns him. In fact, gravity and water and fire *are* Nature.

And yet how beneficent and kind are gravity and water and fire! It is not that nature is cruel or loving. It is how we relate ourselves to Nature that counts one way or the other.

Nature—which is of God—is governed by law. If its laws are obeyed, it blesses; if its laws are disobeyed or ignored, it curses. There is no other or better way to maintain life and achieve happiness.

Men in high governmental office are saying that nature is much more cruel than man, because it works willy-nilly, striking in unexpected places, treating certain classes in a wretched manner, and making favorites of other classes. That is the way it seems; but look at it on all sides.

Nature's God has placed a law of compensation to work in the world. It is surprising, when you come to think of it, how every man has his day of prosperity and his day of adversity. We are prone to think we are always getting the worst of it, but that very feeling on the part of all proves that the evil and good are passed around quite impartially. Why fret about the weather since it still remains a fact that "it is an ill wind that blows nobody good"?

Outside of compensation, however, men usually bring on themselves what comes to them. They may do it ignorantly, and with all good intent, but they do it. Nature's laws take no account of intent. I may mean well by touching the fire, but I get burned.

Man may denude the country of forests to build houses and make furniture and tools and vehicles, but thereby cause a drought, which deprives him of food and clothing.

If we will be greedy and selfish, let us take the consequences without blaming Nature or Providence. When

we deliberately disobey a well-known and inexorable law that works for our good when we obey it, why whimper when the lash strikes?

Thousands of years ago God told men to avoid the evils of surplus by resting from manufacture and planting every seventh day, every seventh year, and every fiftieth year. If we refuse to do it, drive our factories and men and transportation systems and soils without regard to rests, relaxations, and recreations, just because we are greedy for more dollars, shall we weep and complain when what we raise and make piles up so high that its prices go so low that we can't make a decent living? We flouted God's (Nature's) law with our eyes open. Why close them now with salty tears?

The only reason why nature cuts down surpluses by heat, floods, and insects,—methods we do not like,—is because we have refused to cut them down ourselves in the ways we can learn to like even though for the moment they stop our headlong grab for more, more, more.

If we would turn science to finding out how God works, and to leading us to work *with* Him, instead of to forming theories and wild guesses of how He does not work, and trying to force ourselves to believe these theories and to work *against* Him, we would be far on the road to an economic Utopia right now.

Honest ignorance of Truth will not be held against us; but ignoring the Truth will destroy us eventually. Man is responsible for what he *may* know of how God works in economic, political, and spiritual realms. If he becomes the victim of circumstances it is his own fault. But even though he is down now, God will help him to become the master of his surroundings, if he will cooperate with divinity.

Americans have left God out of their reckoning. And they cannot be indifferent to Him without serious consequences. God is love whatever way the weather goes. He waits our bidding to turn the weather, and everything else, in our favor. But it first requires obedience and faith on our part.

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FLASHES

• The *Christian Herald's* Annual Report of Church Statistics shows a total net gain in church members in 1933 of 655,482. The full membership of all denominations in the United States is given as 60,812,874. The proportion of church members to the total population of the country is 48.19 per cent. The church is gaining members; but is it gaining ground?

• The British and Foreign Bible Society issued 10,935,203 Bibles during 1933; and translated the Book into eleven additional languages.

• Adding force to what has already been found concerning the evil effects of soda on the human body, recent researches and tests by Dr. Lloyd Arnold show that soda taken for indigestion, or cooked in vegetables, or too much in biscuits, does great harm. Elderly people are especially susceptible to its bad effects. It neutralizes stomach acids and so allows poisonous bacteria to invade the upper reaches of the digestive tract, and there start diseased conditions.

• If we could only plow under a third of the crops of crime, greed, and selfishness!

• The Goodwin Plan for commercializing church membership is succeeding, we are told. It was sure to, for according to Bible prophecy, the popular churches of today are to fail in their mission, and to the degree Goodwinism succeeds, the churches fail.

• Insurance statistics show that a passenger on an airplane takes 66 more chances of being killed than anyone on the ground. If only that element of gravity could be eliminated—

• The movies are actually cleaning up, under united pressure of a Catholic, Protestant, and Jewish "Legion of Decency" campaign. And, true to form, the devil, unable to stop the purging, is succeeding in getting some churches to screen their own movies for Sunday night services.

• The *American Magazine* is the authority for saying that the American public spends \$2,000,000 a year on various forms of fortune telling. Are we a nation of gamblers? A very vocal minority in the country believes we are; and so advocates legalized gambling, that it may be taxed, and so save us paying taxes in the direct way. In other words, support the nation on the revenue from licensed crime. The more wicked we get, the more prosperous we will be. How about that?

• A Russian scientist claims a new cure for cancer. It is a serum obtained from glands which have been subjected to high water pressure. It has already proved highly successful. We are convinced that there is a sure cure for cancer. If it comes out of Russia, hail to Russia!

• A report of church union in the United States over a four-year period predicts eventual union of three fourths of Protestants. We are most concerned with what Protestantism will do with union when it achieves it. Bible prophecy answers that question.

• Zaro Agha, the Turk who claimed he was 160 years old, died recently in his native land. Medical men who performed an autopsy claimed he could not have been over 90 or 100.



The Fourth of July marked the death of Madame Marie Curie, at the age of 67. Here she is shown at her work. She was one of the greatest scientists of the world and co-discoverer with her late husband of the element radium, which has brought relief to thousands of cancer sufferers.

• A 30 per cent increase in lunacy in New York State is explained by the fact that not more people are becoming lunatics, but that more lunatics are being found than were recorded before. But that does not subtract from the fact that there are many more insane people than we thought. And insanity is on the increase.

• During 1933 the motion picture industry paid 110 persons larger salaries than President Roosevelt receives. Are we willing to pay more to be entertained agreeably than to be governed efficiently?

• While it is said that any effort to measure the cost to America of the well-known depression is perfectly futile, yet some experts are measuring it all the way from 107 to 250 millions. At least it was costly.

• A Home Economics Convention speaker has decided that the husband should rule the home. Wife-ruled homes are less happy he says. The Speaker at the first Home Economics Convention decided that. His audience consisted of Adam and Eve. See Genesis 3:16.

• An Italian scientist has discovered element 93. That means that, so far, science declares that all material things are made up of 93 basic substances. Science also corroborates the fact that human bodies are composed of elements exactly the same as some found in the soil of the earth. We took a "short cut" to that long ago, when we believed the Bible statement that man was made of the dust of the earth.

• "Public Enemy No. 1," the bandit-killer Dillinger, was shot to death by Federal officers as he emerged from a Chicago theater. There is an echo of "good riddance" throughout the nation, but another "No. 1" will soon appear, for the glamour of crime still intrigues the American public. By-standers at Dillinger's death, reports say, hastened to dip their shoes in the criminal's blood. Others wiped it up with pieces of paper and sold the pieces at 25 cents each. Are many of our people far from the rankest heathenism?

• By using X-Ray with television and some other new inventions, medical science is now able to take pictures of human internal organs in color, and send the messages by wire from hospital to hospital.

• Science (?) has just made another jaw-sagging announcement concerning the ancestry of man. He got his lower jaw from the *Acanthodian*, a "hitherto little-known fish which swam in the ancient Silurian and Devonian seas, the first creatures with a distinct lower jaw." Is this where the expression "poor fish" originated when applied to man? We prefer to trace our lower jaw to Adam, whom God made, even if it did bite the fruit and bring all of us much trouble.

Find the Dove of Peace

THE assassination of Premier Dollfuss at the hands of Austrian Nazis threatens, at this writing, another European war. The iron-handed little dictator of Austria was at the last the victim of the strife between governmental systems which rends many a European nation today. He was killed just twenty years to a day from the breaking of relations between Austria-Hungary and Serbia, which break brought on the World War. Is Europe destined for another blood bath?

Italy mobilizes her army on her northern border. The integrity of Austria must be maintained, according to the Italian reasoning; for Austria is a good buffer between warring states, and her attempted annexation or division by any power or powers would certainly precipitate a general European war. Germany's neighbors are determined that she shall not add Austria to her territories, and have ringed Hitler's government around with a band of steel and paets to circumvent any such eventuality.

The European political situation has enormous amounts of dynamite in it, and sparks are flying freely. But the powers directly involved are not predominant in world affairs. It is well not to get our eyes off the world stage while watching the tempest in Austria.

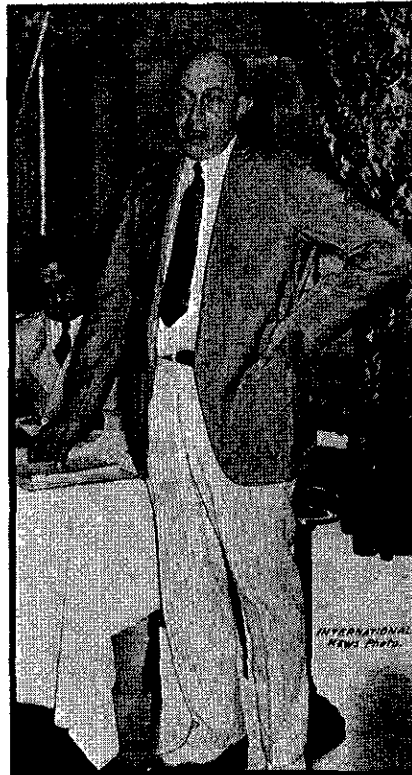
Significant events and tendencies that are leading on to Armageddon are more or less quietly transpiring in Asia. Persia, ruled by an ambitious sovereign who is styled "The King of Kings," has "broken, denounced, and torn up all important concessions previously held by the Great Powers except that of the Anglo-Persian Oil Company, Ltd., of which concern the British Government is a majority stockholder." Persia is not able to throw off all British influence, yet. But, says Shah Riga, "Persians must learn to do without all foreigners."

The next move of the "King of Kings" was to pay a very friendly and cordial visit to Dictator Kemal of Turkey. Kemal wants Persian oil for the Turkish fleet. A new road is being completed between the two nations. Western Asiatic nations are getting together, and making common cause against European nations and all foreigners.

No, not all foreigners. Strangely, but not so strangely after all, Turkey is reported to have turned down British

armament firms, and to have ordered ten new Turkish cruisers built in—Japan. "The peoples of Islam are intensely admiring the Japanese," said a Turkish official recently. "The Japanese have made themselves strong *without rejecting their ancient faith or patting with Christianity.*"

These are tremendously potent phrases pointing to tremendously important events. In view of the swelling cry, "Asia for Asiatics," Japan's dominance over the Orient, the Western Powers' gradual withdrawal from the East (as witness the United States



Donald R. Richberg in a characteristic speaking pose. He was appointed to a post which amounts to "Assistant President of the United States" while President Roosevelt was on his visit to Hawaii.

freeing the Philippines, and British power slipping in India) and the widening gulf between East and West, between the white and the colored races, between professed Christians and non-Christian peoples, we are seeing the political background of Armageddon developing before our eyes.

Japan has just recently started a new freight service to Central and South American countries. She is challenging

Britain and America for the trade of the world, and is getting it. The very economic existence of the two Anglo-Saxon countries depends on enormous foreign trade. A trade war of world proportions is on. And trade wars precede political wars.

Watch Persia and Turkey. Watch Japan. See the rapidly progressing preparations for the fulfillment of Revelation 16:12-16. But above all, watch that He who comes as a thief (verse 15) may not find us unprepared.

"Legion of Decency"

LED by a group of Catholic bishops who have formed what they term a "Legion of Decency," there is a wide demand on the part of all religionists for a clean-up of the salacious motion picture shows. Reforms have been urged and promised before to give the American public smut-less pictures, but always the movie magnates have either not made good or lapsed after a feeble start.

Now, boycott is the weapon, and it is working. At least Hollywood is taking strict notice and is eliminating objectionable films and scenes.

There are two sides to the matter. The movie men claim that they are giving the people what they want when they picture sex and crime extravaganzas. The church people claim, on the other hand, that the people do not want such pictures, and are being educated by the screen to lower tastes. Dollars are the test. The picture makers will picture anything that brings in the money. And they say that clean pictures do not pay for production. At least the present show-down will go far toward proving what the people want.

We are on the side lines in this question, personally, for the people whom THE WATCHMAN represents do not attend the movies. As for ourselves, we are not so much interested in cleaning the movies as we are in keeping our minds clean by staying away from them. But our small absence affects them little. However, we do want to help make movies clean for people who will attend them, no matter what they show. They are the only churches and schools millions have.

We look for them to go back to their old ways when this reform move is past. For, after all, they are a reflection of their patrons. It is the American



George Joseph P. Kennedy, newly appointed chairman of the Securities and Exchange Commission. He will have virtual control of the New York Stock Exchange and will regulate that money center in the interests of the New Deal.

people who need reforming. Let the church begin at the root. Shame on religion, to turn from the power of God to the power of boycott! It is a sad admission of spiritual failure. Let hearts be cleansed by the blood of Jesus Christ, and a most effective "legion of decency" will be formed. This is the way God reforms, and it is the only successful way. But He knows men will not have it that way; so soon He will send Jesus.

As the Farmer Prospers---

so prospers the nation. From the soil come nearly all the basic products for human well-being. Hence, the husbandman's contentment—or lack of it—is a reliable gauge of prosperity.

Is the farmer getting his due at the hands of capital? It would seem not, from the fact that all of us have been plunged into the worst financial depression in a century. And one of the causes given is that the cultivator has raised too much. Surpluses of cotton, grain, hogs, etc., have glutted the market, reduced prices, and made it impossible to earn a decent living by agricultural pursuits.

But the surplus has not come because the farmer uses machines, works too hard, or has too good soil and weather.

For there are millions in the world who lack the very items of surplus, and go hungry and naked because they cannot get the grain and vegetables and cotton and wool.

It is not a problem of the farmer raising too much, and any remedy which strikes at that is entirely inadequate. It is a problem of poor distribution of stuff and the means to buy it. Let any man have the wherewithal to supply his needs, and this earth with its modicum of good soil could not possibly raise too much food and clothing.

It is our economic system, not the farmer, that needs reforming. The prophet James used no figure of speech when he forecast for our day with the words: "Behold, the hire of the laborers who have reaped down your fields, which is of you kept back by fraud." (James 5: 4.) It is significant in this connection that farm laborers in the United States are not under a code, and so may be paid as little as they will work for. Let capital take its foot off the neck of the tiller of the soil, and a high degree of prosperity will return.

But greedy capital will not do it. For the same prophecy says (in verses 1-3) that the only effective cure will come when God takes the money of the rich and heats it white hot to burn their flesh as it were fire. This awful fate of the selfish rich will come at the second advent of Christ. "Be patient therefore, brethren, unto the coming of the Lord." Verse 7. With the same patience which the farmer exercises when he waits for the crop to mature—through dry weather, insect pests, winds, and soil blown away—so he waits for Jesus to come again as the only sure and final way out of financial worries and into a prosperity that never fails.

We are one with the patient, Christian farmer who waits for justice till the consummation of all things when Christ returns to earth in the near future.

Can We Choose?

A WRITER in the June *Atlantic Monthly* under the title, "Our Burden of Choice," concludes that Americans, in common with other nationals who are committing their thinking and choosing to dictators, have largely lost the power and will to choose for themselves. She finishes her essay by saying: "If, moreover, the reasoning presented above is sound,—if the burden of choice imposed by the conditions of modern society is

too heavy for us to bear, if we are suffering from, and seeking to shift, the weight of that burden,—then the implication is clear. We need a unifying faith, by means of which some part of the responsibilities that we are now carrying may be lifted from us, in the light of which our way may be made clearer before us. We need a body of convictions in harmony with our corporate welfare by which our decisions may be weighed. We need a way of life which only faith can blaze."

Exactly! Although none of us will be able to make our way alone through the maze of perplexity and trouble that is just ahead. Americans have largely abandoned the faith of their fathers which has led them hitherto. That faith was founded in the Bible, now too much a maligned and discarded Book. Modernist criticism has sapped the strength and made faith seem foolish.

The burden of choice, the decisive necessity to choose between God and worldliness, will never be taken from us. But, decision for God once made, He will guide us by His Book and personal direction to make no mistakes in all the minor choices that we must make. We point all to the system of Bible truth advocated by this magazine as the "body of convictions" which will light the way before us.



Admiral Kleisuke Okada, new Premier of Japan. In his appointment Japan is said to be preparing for strong demands for naval parity with the United States and Great Britain, to be settled in the conference of 1935-36.

WHAT OF THE FUTURE?

Man Forecasts . . . God Forecasts

• By WALTER P. MCLENNAN •

NOTHING so emphasizes the absolute certainty of divine prediction, as do the predictions of man, when, in contradiction to the prophecies of Holy Writ, he essays to tell what the future holds for us. It is then that man's finite limitations stand out in boldest relief, and the words of Scripture are recalled: "Thou knowest not what a day may bring forth." Proverbs 27: 1.

To illustrate, let me call your attention to the assertions and predictions made by some of the world's leaders of thought just prior to the World War. Early in 1914, the National Peace Council, the strongest organization of its kind in England, said through its secretary: "War, the product of anarchy and fear, is passing away under the growing and persistent pressure of world organization, economic necessity, human intercourse, and that change of spirit, that social sense and newer aspect of world-life, which is the insistent note of the age."

"Before 1914," says Sir Philip Gibbs, the famous journalist, "civilization seemed safe and rather good. It seemed to most of us who thought about the matter at all—the majority of people took it for granted—that we had definitely beaten the evil forces that make for the misery of mankind.

"Then, in Europe, everything crashed. The brute beast was unchained again, not dead, but terribly alive. All the nice little code of decency and kindness, all the dreams of poets, the hopes of idealists, the watchwords of religion, the manners and morals of a generation without brutality went down in the pits where men blew one another into bits with high explosives. . . . It was, of course, inevitable that the tremendous shock of the war should have broken the faith of many people from its old moorings. It smashed the foundations of philosophy in the minds of many men and women who had believed them to be so strong and enduring."

Elmer Davis, in *Forum Magazine*, May, 1931, wrote: "Even in Europe, where I was living when the year [1914] began, the average man had never felt so secure. . . . So war seemed an outgrown bogey man of the childhood of the race. Was there a crisis? Well, there had been a crisis year before last and

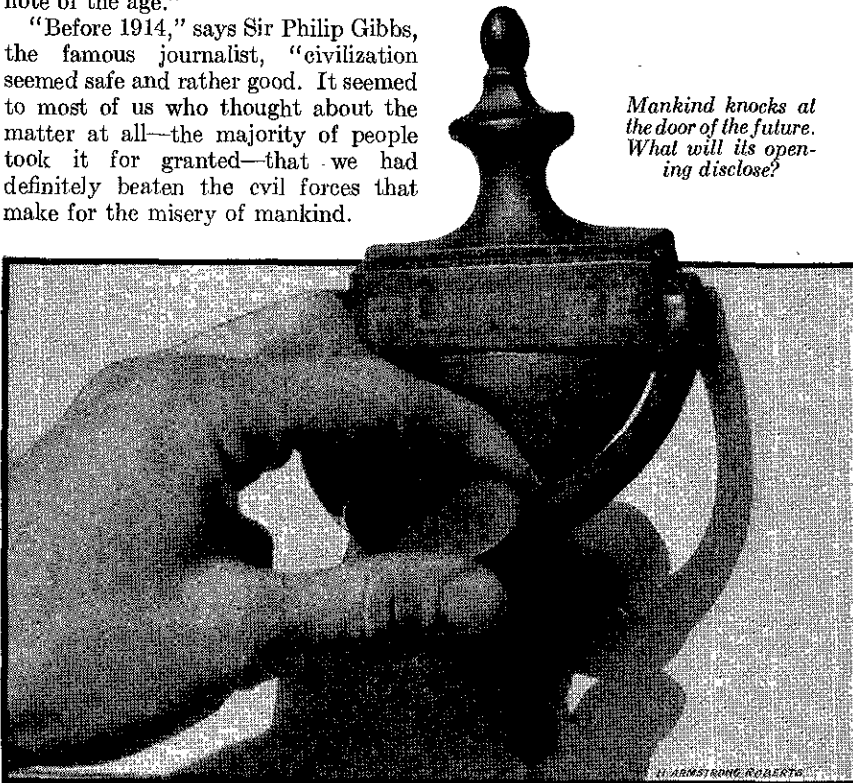
would be a crisis year after next; but the issue would be no more than a diplomatic triumph of one side or the other, the resignation of one Minister of Foreign Affairs, and the decoration of his rival. Mr. Norman Angell had lately demonstrated that war was no longer profitable even to the victors; so if the danger ever became real, the international bankers would prevent war. Or the international socialists; or, if all else failed, the German emperor, whose quarter century of peaceful rule we were just then celebrating, would interpose his unanswerable veto."

Senator Theodore E. Burton, in the leading article of the *Saturday Evening Post* of December 6, 1913, said: "Just as there has been great progress in doing away with war, there has been equal progress in the peaceful settlement of disputes, especially in the last ninety years. From 1815 to 1900, more than two hundred controversies between nations were settled by arbitration. Since 1900, there have been some fifty more; and each successive bulletin adds to the list."

Edwin D. Mead said, through the *Sunday School Times* of May 13, 1911: "International peace must come, and is coming in the world, because the world is becoming civilized, and war is not a civilized method of settling international disputes."

In November, 1911, Mr. Taft, then president of the United States, said through a special bulletin of the American Association for International Conciliation: "Rules of conduct which govern men in their relations to one another are being applied in an ever increasing degree to nations. The battlefield as a place of settlement of disputes is gradually yielding to arbitral courts of justice. The interests of the great masses are not being sacrificed, as in former times, to the selfishness, ambitions, and aggrandizement of sovereigns, or to the intrigues of statesmen unwilling to surrender their scepter of power."

Mankind knocks at the door of the future. What will its opening disclose?



In the *World's Work* for June, 1912, Dr. David Starr Jordan said: "War is dying. It dies because it cannot pay its way. It dies because, through the spread of education and the demands of commerce, no part of the civilized world can be suffered to engage in a life and death struggle with any other part."

From an editorial in *Shield's Magazine* for October, 1909, on "No More War," I quote: "There is no further doubt of it, . . . war is a thing of the past. Verily, the sword shall be turned into the plowshare, and the Springfield rifle into the picket fence."

Ex-secretary of War Baker says: "Why, in 1914, I said, 'War in Europe, a general European war, is impossible and unthinkable'; and you said it."

Many more such utterances of assurance could be given, but these are sufficient to show what the world leaders in general believed before Austria declared war on Serbia, on July 29, 1914.

Chester H. Rowell, editor, university professor, and a man who has held important positions in governmental affairs, took occasion in his daily column in one of the great metropolitan dailies, to confess his own failure of prediction, and closed by saying: "Seeing how predictions fail, who shall now be rash enough to anticipate the rest of our century." And possibly Sir Philip Gibbs had the same thing in mind, when he asked in the *New York Times* of November 11, 1928: "Who can prophesy ten years hence?" I must also direct your attention to the confession of Dr. Harry Emerson Fosdick: "Up until 1914 most of us were fairly confident of the result, fairly easy about the future. We talked glibly of the direction and goal of human evolution, and of the bright prospects of the race. But now we know that we did not know. We were misled by superficial hopes, blinded by false assumptions. Those four years of slaughter, and those added four years of chaos and misery that have followed since the Armistice, have given us a perspective we did not have before. We see now the abyss upon the edge of which the race is standing.

But how the picture changes when we turn to divine prediction! The Scriptures are literally packed full of predictions. And God himself refers to these prophecies as a challenge to all other gods and to infidelity, as we learn from such texts as Isaiah 48: 3; 42: 9 and 41: 22, 23. From these texts we learn that the power to foretell the future is a

(Continued on page 9)



The three doctors of New York City's health service who have allowed themselves to be vaccinated with a new vaccine for infantile paralysis. Their lives may be sacrificed to save others. But what a small sacrifice even this may be as compared with that greater one made by Christ for mankind

The GREATEST QUESTION

Man Ever Asked---and God's Answer

By John L. Shuler

THE greatest question man ever asked, or can ask, is found in Acts 16: 30, where the jailor asked Paul: "What must I do to be saved?" If we find the right answer, we gain everything. If we find the wrong answer, we lose all.

No man can give this question the right answer merely by living a good moral life. God has decreed that by grace we are saved through faith, and not by works lest any man should boast. (Ephesians 2: 8, 9.)

No man can answer this question merely by keeping the Ten Commandments. God has decreed that by the works of the law no flesh shall be justified. (Romans 3: 20.) There is only one way by which you or I or anybody else ever has been, or ever can be, saved, and that is by faith in the Lord Jesus Christ. "Believe on the Lord Jesus Christ, and thou shalt be saved." (Acts 16: 31.)

Many people think that they have believed on Jesus Christ when they have not truly believed on Christ according to the Scriptures. A nominal faith in Christ which merely mentally accepts Him as the Saviour of the world can never save any person from sin. Saving faith is a spiritual transaction by which we actually receive the Lord Jesus as our personal Saviour.

In John 1: 12 it is made plain that to really believe on Jesus is to receive Him into the individual life. Saving faith in Jesus includes three things:

To believe on Jesus means, first of all, that we accept of Him as our Sin-bearer, and that we actually lay our sins on Him by repentance and confession. It means that we accept of His blood for our cleansing from sin. All who thus believe on Jesus shall receive the remission and pardon of all their sins. (Acts 10: 43.)

Second, to really believe on Jesus means to be born again to live a life of righteousness. Thus in John 1: 12, 13 we are told that those who receive Jesus by believing on Him are born, not of flesh and blood, but of God. To believe on Jesus in this way will produce a transformation in their lives. They will put off the old nature of sin and put on the new nature, which is patterned after God in righteousness and holiness.

Thirdly, to really believe on Jesus means that we will so receive Christ that we will have Christ dwelling in us and living His life in us each day. This is what the great apostle Paul means when he said, "Christ liveth in me." (Galatians 2: 20.) When Christ thus lives in us, our lives will be lives of righteousness and obedience to all of God's commandments, so far as we have knowledge of them. But it will not be us keeping God's commandments, but it will be Christ in us living the life of obedience to God. Thus the righteousness of the law of God is fulfilled in us (not by us) when we "walk not after the flesh, but after the Spirit." (Romans 8: 4.)

WE ARE in the midst of a world war, and the combatants are

MEN and INSECTS

ON SOME warm day in spring or early summer a pretty white butterfly sports about the cabbage patch pausing here and there on the plants. You think the lovely creature has stopped to sun itself and rest a bit, but really what has happened at each pause is the depositing of eggs which will soon hatch a mass of worms to feed upon the leaves of the cabbage. These larvæ are recruits in the great insect army against which man is waging a losing battle.

What type of army is this which man fights with the nozzle of his spray and dusting gun? Sometimes the enemy can be seen with the naked eye, but often he can be detected only through the powerful lens of a microscope. His habits may be known, but, on the other hand, to tell his next move may be pure guessing. In the greater number of cases, the poison that will give him chemical indigestion is discovered too late to stop his destructive advance, when it is sometimes cheaper to let him satisfy a ravenous appetite than to go broke trying to buy recommended chemicals to stop him. The intelligence, instinct, or natural common sense, whatever it is, of the bug is fast discouraging mankind in this huge battle for the sustenance of the earth.

For instance, where there are a few aphids today there are a million tomorrow. When this pest gets onto the underside of a leaf causing the leaf to curl around him, then the battle is lost as far as man is concerned in the fracas. This same strategy is used by the spider mite, tiniest of trouble makers, as he makes himself at home on the underside of some leaf, possibly also spinning a web to keep out the discomfort of being sprayed with sulphur dust. The grasshopper, one of the most obnoxious of pests, can be hatched from unfertilized eggs; these fatherless insects are always females. It is conditions such as these that are discouraging the scientists in their counter attack against the destructive battalions of countless pests.

A research worker in an eastern university announced after some years of investigation that the insects were

slowly winning ground in their fight with humanity. He said, "All the millions poured out in the United States in the battle against pests are being wasted, in the long run.

"The insects are winning because they are, on the whole, more intelligent and better adapted to life on earth than man."

Thus the world wags on with the fury of battle never retreating, never marking time, but ever onward to decide who shall have sole ownership to the foliage of the earth. It takes but little foresight to vision the calamity that would result from giving in to the creeping and crawling forces of the pest horde—yet that is what we find slowly taking place. The problem of insect control is recognized as one of the world's major troubles. One journalist described it as a "They win—you lose" proposition, and it means that the food supply intended for mankind will be consumed by larva, moth, or beetle.

In speaking of the movement of man against the bug as a battle, it is a literal program of offensive action to overcome the pests. It was back in 1920 that the Department of Agriculture recognized the growing danger in the development of a wireworm in the Northwest. At that time Merton C. Lane was commissioned to chase down this little underground borer. His job was to find some means to stop its advance. For fourteen years this man has been on the trail of this elusive wriggler, and now after this long-drawn-out job a recent report stated, "For the first ten years it looked as if the worm might win, but for the past three years or so the distance between the runners has been narrowing until it really begins to appear that the race may be over—sometime. Not that the worm is out of the running or that it is likely to be completely vanquished very soon."

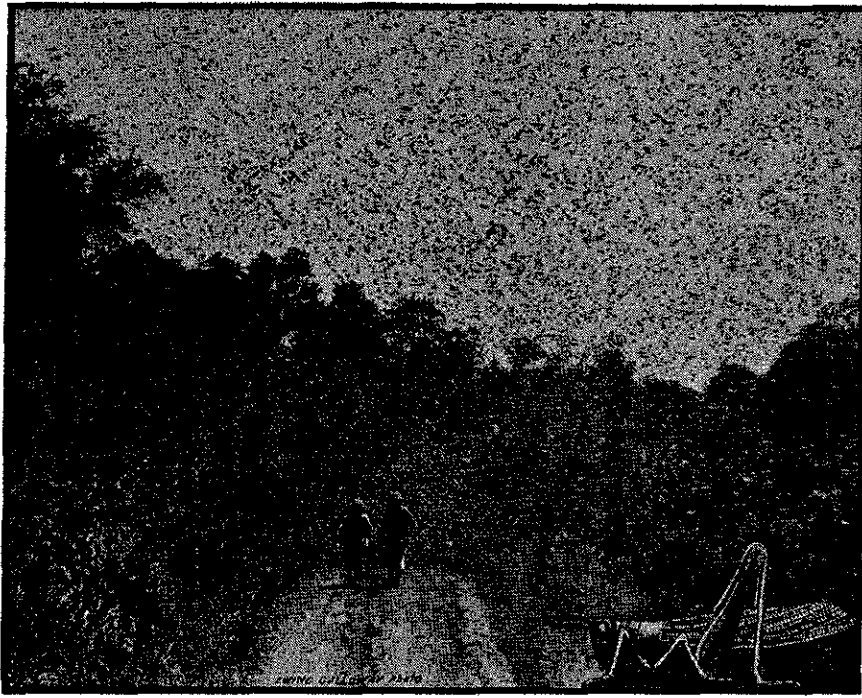
By
**HOWARD
JENNINGS**

This wireworm is the offspring of the Great Basin beetle and lives through a course of two or three years doing its damage to potatoes, grain, and garden produce. It is fortunate that in such insect families their span of life is very short, sometimes a day or a week, and at the most a very few years.

Crickets as large as mice have appeared in several farming districts in the United States. They are known as the Mormon crickets and were noticed first in Utah where they derived their name from the early Mormon settlers in that state. A newspaper account of the recent advance made by this pest says they "travel along the ground in military formation, eating everything in their path." They can be heard a quarter of a mile away as they chirp with a rasping sound in the surrounding hills. The fight with chemicals against this insect is almost deadlocked because of the damage done by the poison to the sheep pastures. So we find it a complicated affair, this battle against a foe whose number is legion.

From Germany comes the word that a mild spring has developed a plague of May bugs. "Thousands of school children and 'voluntary labor' men are on the warpath, and municipalities buy dead bugs by the bushel. They are dried and sold for chicken feed." This is one report from Europe concerning this situation. It seems that the inroad of pests is a growing menace the world over; no nation or continent is exempt from the skirmish of battle with them.

In reality there are two insects where one is named in the majority of cases. The term "corn borer" represents the moth, the layer of the eggs, and the caterpillar who has the ap-



A swarm of locusts as seen in Central Africa.

petite. Similarly, the codling moth passes through the stages of larva, pupa, and the adult, which repeats the generations of growth. Such forms of insect life constitute a wonderful process of nature, although in the end a very costly one to mankind.

In addition, there are two types of insects to be combated: first, the kind that actually eats the foliage or tissue of the plant; and, second, the kind that sucks the juices of the plant but do not chew or eat. It is on knowledge of these two ways of feeding that the means of eradication must be based. The insect that chews can be given a poison in its diet. The one that sucks must be reached with a contact dust or some irritating spray. All this is learned about each pest in the tremendous research program that is carried on from year to year by the Department of Agriculture.

Again speaking of the corn borer—it appeared in the United States about the year 1919, entering in shipments of corn from Southern Europe. That was fifteen years ago, and now it has infested thirteen states. To further illustrate the growing power of a pest we bring to light the “phony peach disease” which has entered the peach-growing areas of Georgia. Since its entry it has accumulated strength to affect 90 per cent of the commercial peach orchards in that state. The attack is centered on the root system of the tree and causes a dwarfed condition of both the tree and the fruit, also giving the fruit a dis-

agreeable taste. There is only one other state, Alabama, that has been affected; but the thoroughness of the job of destruction as the disease goes along is the reason for a growing condition of alarm.

The realization that the fight against the insect world is a losing one in spite of the fact that modern science is better prepared than any generation in the past, gives a feeling of deep concern. The question looms before the human race, “Why should the insect pests gain ground when we in our day have chemicals and research laboratories unthought of in other times?” To students of the Bible there can be only one answer, that which is found in the Scriptures: “There shall be famines, and pestilences, and earthquakes, in divers places.” “Then shall the end come.” Matthew 24: 7, 14.

Surely this is being proved a true prophecy. The intricate chemical processes by which science bravely carries on the losing fight are feeble efforts compared to the tactics of devastation used by evil powers to carry forward the advance of pestilences. “Be sober, be vigilant,” the Bible warns, “because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour.” 1 Peter 5: 8. Satan, the one who is responsible for it all, knows that his time is short, and that soon sin and sinners shall be no more.

The earth as well as man has been bearing the curse of sin from the time of

Eden. The face of the earth is scarred with the continued pressure of sin, and the famines, earthquakes, and pestilences of prophecy are appearing as signs of the soon coming end of time. “The whole creation groaneth and travaileth in pain together until now. And not only they, but ourselves also, . . . even we ourselves groan within ourselves, waiting for . . . the redemption.” Romans 8: 22, 23. Until that day of redemption there will be a situation of calamity and of men’s hearts “failing them for fear, and for looking after those things which are coming on the earth.” Luke 21: 26.

It is for a new creation that the followers of God look, knowing that the trials of our days are forebodings of a final climax when sin will be dethroned and there will be instead “a new heaven and a new earth.” Today the men of science wage a bitter battle against odds that outdistance them in spite of all the knowledge in our present age. It will not be so in the earth and life that is to come. In that land men “shall build houses, and inhabit them; and they shall plant vineyards, and eat the fruit of them. . . . They shall not labor in vain, nor bring forth for trouble.” Isaiah 65: 21-23. “The floors shall be full of wheat, and the fats shall overflow with wine and oil. I will restore to you the years that the locust hath eaten, the cankerworm, and the caterpillar, and the palmerworm. . . . And ye shall eat in plenty, and be satisfied, and praise the name of the Lord your God, that hath dealt wondrously with you: and My people shall never be ashamed.” Joel 2: 24-26.

What of the Future?

(Continued from page 7)

distinguishing characteristic of the true God, and that it stamps the Bible as a divine book.

We find in the Bible approximately one thousand prophecies, and about eighty-five per cent of these have been completely fulfilled to date. Prophecy is indeed God’s great miracle of utterance. And as stated by Thomas H. Horne: “The man who reads a prophecy and perceives the corresponding event is himself the witness of the miracle; he sees that thus it is, and that thus by human means it could not possibly have been.”

Bible prophecy as to what the nations of earth would be saying and doing in the matter of war in the last days, is absolutely arresting. In Joel 3: 9-13

(Continued on page 18)

Is the Revolution W Today in the World

A NE



The world is looking to President Roosevelt of the United States for a new birth of freedom through the New Deal.

BECAUSE OUR forebears gave us the Declaration of Independence and the Constitution, we believed that the fight for liberty was forever settled. We forgot that eternal vigilance is the only price of liberty.

"The twentieth century has discovered," declares Gilbert K. Chesterton, noted British author and philosopher, "that it is not enough to put a declaration of rights of man on a piece of paper. It was put on one very noble piece of paper, and America has proved how worthless that piece of paper might become."

One of the great outstanding truths of history, he observes, "is that *there must be an economic basis for the rights of man*. . . . Democracy is only possible when the citizen is economically independent."

And now comes Samuel D. Schmalhausen, one of America's leading students of present-day conditions, with an address in which he asserts that the workers of America have been exploited by the industrialists even as the serfs of the Middle Ages were exploited by the wealthy and privileged landowners. Socially, he believes, we are still living in a feudal age. In short, full democracy is only an illusion.

And why all this? Instead of democracy ruling, we had given way to the erection of a super-government of wealth, privilege, and power, which was stifling the freedom of opportunity.

Then, too, so long as we still labored under the illusion of freedom of opportunity offered by a vanished frontier, we took no serious thought whither democracy was drifting.

Democracy seemed to be powerless to prevent the greatest concentration of financial and industrial power in the United States the world has ever seen. Fully one third of all American business became dominated by 200 of the larger corporations; 400-odd lesser corporations became dictators of another third of our business; and the remaining third of our business was scattered among ten million small business men.

With the preponderance of business control in the hands of a few financial and industrial dictators, we can see one big reason why 76,000,000 Americans are living below the standard of a decent and comfortable living—why 10,000,000 or more citizens have lost their right to earn their own bread. "Every man has a right to life," states President Roosevelt, "and this means that he has also a right to make a comfortable living. He may by sloth or crime decline to exercise that right, but it may not be denied him."

But what has happened? We face a condition in which millions have been deprived of that unalienable right. No wonder Mr. Roosevelt in his famous speech on "The Philosophy of Government," in 1932, asserted: "We are steering a steady course toward economic oligarchy, if we are not there already." And Mr. Roosevelt has since proved that he knows his United States.

As far back as 1912, Woodrow Wilson in his book, "The New Freedom," wrote, "Some of the biggest men in the United States are afraid of somebody or something. They know that there is a power somewhere so organized, so subtle, so watchful, so interlocked, so complete, that they had better not speak above their breath when they speak in condemnation of it."

"It is because the laws of this country do not prevent the strong from crushing the weak. The strong have crushed the weak. The strong dominate industry and the economic life of this country."

"All over the Union people are coming to feel that they have no control over the affairs of government. We know that something intervenes between the people and the control of their own affairs at

In this Article

L. Ervin Wright says:

"Unless we do solve the economic independence of all the American people our democracy cannot long endure. The unalienable rights of man as laid down in our two most sacred documents—the Declaration of Independence and the Constitution—must have a sound economic basis. No wonder there is all this talk of Fascism and dictatorship, and that the 'times are ripening for anything to happen.'"

Washington. It is not the people who have been ruling there. . . .

"The great money lenders of this country are in arrangement with the manufacturers of this country by which they control the markets. They do not propose to see their control of the markets interfered with by the people."

Today we are witnessing a noble attempt to restore democracy to its rightful place. The people through their representatives in Washington have conferred upon the president 77 extra powers to meet the emergencies of our

Are Witnessing

W BIRTH OF FREEDOM?

By
L. ERVIN
WRIGHT

national debacle. Some people call it near-dictatorship. Other people call this talk of dictatorship mere propaganda of that "somebody or something" of which Wilson wrote, mere propaganda of special interests, to defeat the people in control of their government. The people, they say, have pitted Roosevelt and Congress against the real American dictatorship—big business.

Suzanne La Follette, in *Current History*, October, 1933, tells us the Roosevelt "revolution" is far from being the abolition of our capitalistic system. She says: "Mr. Roosevelt is far from wishing to abolish the economic system which involves the injustice against which he is tilting. Otherwise he would not be in the White House. . . . There is no widespread discontent with the existing economic system; there is only discontent with its inevitable working out in hardship for the vast majority and enormous wealth for the few."

This writer goes on to say that "it is a tremendous power which Mr. Roosevelt is trying to 'check and counterbalance,' for it is concentrated in a very few hands."

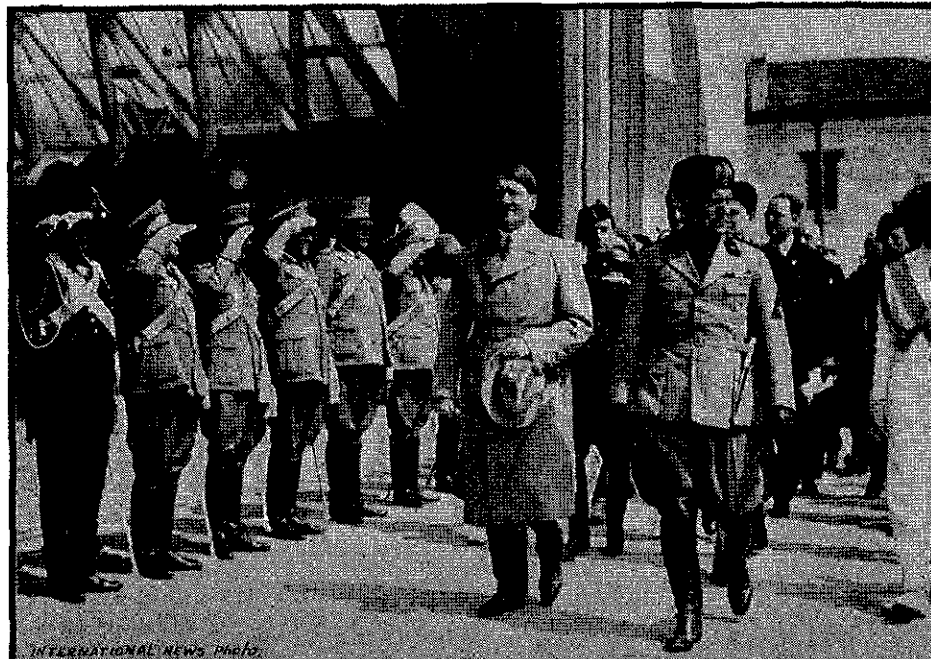
It is obvious from President Roosevelt's own words and actions that he desires to reform capitalism by control and not to abolish capitalism. Jay Franklin, in *Liberty*, says: "The final test of Roosevelt's 'socialism' is whether he is destroying the profit system. He is interfering with it in that he is outlawing certain types of profit. He has forbidden you to wring a profit out of child labor, phony securities, unfair competition,

September, 1934

dangerous patent medicines and cosmetics, bootlegging, or banking skull-duggery. That is different from abolishing the profit system, and, at every point in the New Deal, Roosevelt has been careful to preserve the profit motive as the mainspring of our business life." Profit is the incentive of business.

Whether you can really reform or manage capitalism without cutting out the profit appendix is another question think the Technocrats and others. Many think if the New Deal fails it will be because the profit element cannot be controlled. The criticism that has been heaped upon the NRA from Senators Nye and Borah, and from small business men and others in the NRA code revisions is because monopoly and big business have in many instances circumvented the social justice ideals of the New Deal by writing up the codes in

Herr Adolf Hitler, chief of the Nazis in Germany, and Il Duce Benito Mussolini, dictator of Italian Fascism, meet in Venice. Each is certain that his system of government will give the world what it needs.



favor of big business. It remains to be seen how closely capitalism can be curbed.

Secretary of War Dern, in a Washington Day address (1934), said: "A constitutional revolution is being waged by the administration to restore the liberties for which George Washington and the colonists fought. . . . A serious attempt is now being made to minimize exploitation and legalized robbery."

Now the very trouble with the profit system has been that there has been a very unequal distribution of the national income. Big business has never shared with labor a sufficient part of the profits of industry to enable the working people to buy and consume the very commodities they produce in sufficient quantities to keep industry always busy. Since Mr. Roosevelt is not a Socialist, he is attempting to reform capitalism by having capitalism give labor a bigger share of the profits of business in the shape of higher wages. Mr. Roosevelt thinks in the philosophy of socialism but acts in the terms of capitalism. He believes in the distribution of wealth but not in the terms of socialism.

The President believes that managed capitalism can be made to give better results to human beings than any of the schemes of Fascism, Communism, or Socialism.

But it is becoming apparent that a show-down must come before long. In this show-down will "business leaders" keep control and establish a monopolistic cartel system? Or will government, that is, the people, take over business and run business for the sake of all the people?

Unless we do solve the economic independence of all the American

(Continued on page 19)

Come Back to

SABBATH KEEPING

By C. S. WIEST

THERE are three rival Sabbaths, each one representing a system of religion; namely, Mohammedanism, Judaism, and Christianity, which includes Catholicism and Protestantism. These three outstanding religions are each commemorating a memorial in honor of their system.

The Mohammedan religion is based on the Koran, and celebrates Friday, the sixth day of the week, for its memorial. Judaism claims that God gave its memorial as a recognition of His creative power and that God himself rested upon that day when He made the weekly cycle and commands all men to rest upon the seventh day in honor of creation. As proof for their faith, they take the prophetic writings of the Old Testament. Catholicism takes for its memorial the first day of the week. Its authority for doing so is based upon the traditional writings of its church fathers. While Protestantism forsook much of what was Catholic, it did not separate itself from the Catholic memorial; therefore Protestantism honors the same day.

Now which day should one observe? There is but one answer—search the Scriptures. No minister, no spiritual hero, no man, no religious system can substitute any other memorial but the one given to us by the loving Saviour. "The Son of man is Lord even of the Sabbath day." (Matthew 12: 8.)

Judaism has the Lord's memorial (Sabbath) but not the author, the Christ. Christendom, expressed in Catholicism and Protestantism, has the Christ, but not His memorial. Mohammedanism has neither Christ nor His memorial in its system of religion.

Too often there are those who separate Sabbath keeping from their Lord and join themselves with a day over which He is not Lord. Christ said that He did not come to destroy the law. "Think not that I am come to destroy

the law or the prophets: I am not come to destroy, but to fulfil. For verily I say unto you, Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled." Matthew 5: 17-19.

* According to this, no change was made by Christ in the commandments. Therefore, teachings that have been

accepted by religionists after the crucifixion which are not in harmony with the law of God cannot be ascribed to the doctrine of Christ.

In Romans 3: 19, we read; "Now we know that what things soever the law saith, it saith to them who are under the law: that every mouth may be stopped, and all the world may become guilty before God." In this law we read that the seventh day is the Sabbath of the Lord our God, and that God blessed it, hallowed it, and requires His people to keep it holy and to remember it by resting from their labors. It is a day of worship. It cannot be called Jewish, for Christ Jesus is the author of it. He made it when He created the earth. (John 1: 1-3, 14.)

It pleased God the Father that by His dear Son all things were "created, that are in heaven, and that are in earth, visible and invisible, whether they be thrones, or dominions, or principalities,"

(Continued on page 17)



—From the Nashville Tennessean

The Sabbath is the day on which we take our bearings.

WHY?

1. Why do you call yourselves "Seventh-day Adventists"?

Because we obey the fourth commandment and look for the soon return of Jesus Christ.

"Remember the Sabbath day, to keep it holy. Six days shalt thou labor, and do all thy work: but the seventh day is the Sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: for in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the Sabbath day, and hallowed it." Exodus 20: 8-11.

"Be ye also patient; stablish your hearts: for the coming of the Lord draweth nigh." James 5: 8.

"And there shall be signs in the sun, and in the moon, and in the stars; and upon the earth distress of nations with perplexity; the sea and the waves roaring; men's hearts failing them for fear, and for looking after those things which are coming on the earth: for the powers of heaven shall be shaken. And then shall they see the Son of man coming in a cloud with power and great glory. And when these things begin to come to pass, then look up, and lift up your heads; for your redemption draweth nigh." Luke 21 : 25-28.

2. Why do you keep the old law which Christ did away?

Because Christ did not do away with the Ten Commandments.

"Think not that I am come to destroy the law, or the prophets: I am not come to destroy, but to fulfill. For verily I say unto you, Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled." Matthew 5: 17, 18.

3. Why do you keep the Jewish Sabbath instead of the day Jesus gave His disciples as the memorial of His resurrection?

Because the seventh-day Sabbath is not Jewish, having been given by God to the whole race in Eden, many centuries before there was a Jew. Jesus himself kept it, and directed His followers to keep it after His ascension. They kept it after His death, and will keep it in the new earth. Baptism, not Sunday, is the memorial of the resurrection.

"Thus the heavens and the earth were finished, and all the host of them. And on the seventh day God ended His work which He had made; and He rested on the seventh day from all His

work which He had made. And God blessed the seventh day, and sanctified it: because that in it He had rested from all His work which God created and made." Genesis 2: 1-3.

"And He came to Nazareth, where He had been brought up: and, as His custom was, He went into the synagogue on the Sabbath day, and stood up for to read." Luke 4: 16:

"Pray ye that your flight be not in the winter, neither on the Sabbath day." Matthew 24: 20.

"And the women also, which came with Him from Galilee, followed after, and beheld the sepulcher, and how His body was laid. And they returned, and prepared spices and ointments, and rested the Sabbath day according to the commandment." Luke 23: 55, 56.

"And Paul, as his manner was, went in unto them, and three Sabbath days

reasoned with them out of the Scriptures." Acts 17: 2.

"For as the new heavens and the new earth, which I will make, shall remain before Me, saith the Lord, so shall your seed and your name remain. And it shall come to pass, that from one new moon to another, and from one Sabbath to another, shall all flesh come to worship before Me, saith the Lord." Isaiah 66: 22, 23.

"Know ye not, that so many of us as were baptized into Jesus Christ were baptized into His death. Therefore we are buried with Him by baptism into death: that like as Christ was raised up from the dead by the glory of the Father, even so we also should walk in newness of life. For if we have been planted together in the likeness of His death, we shall be also in the likeness of His resurrection." Romans 6: 3-5.

Scripture Problems Solved

This is a service department where questions on religion, ethics, and Bible interpretation will be answered. Send questions to the editor.

KEYS OF HEAVEN

What are the keys to the kingdom of heaven?

When a distinguished visitor visits a city, he is often welcomed by being given the "key to the city." That is, he is granted the way to get into the hearts of the people, and he has freedom to do as he pleases while a guest. In the same way we understand the keys to heaven symbolize the way to get in by right of citizenship. Christ proclaimed Himself "the door." (John 10: 7.) He is "the way." No man comes unto the Father but by Him. (John 14: 6.) In Revelation 22: 14 we read: "Blessed are they that do His commandments, that they may have right to the tree of life, and may enter in through the gates into the city." As every Christian puts on Christ, is converted, he receives the key to the kingdom of heaven, by virtue of having Christ, who is the key. This for his own salvation.

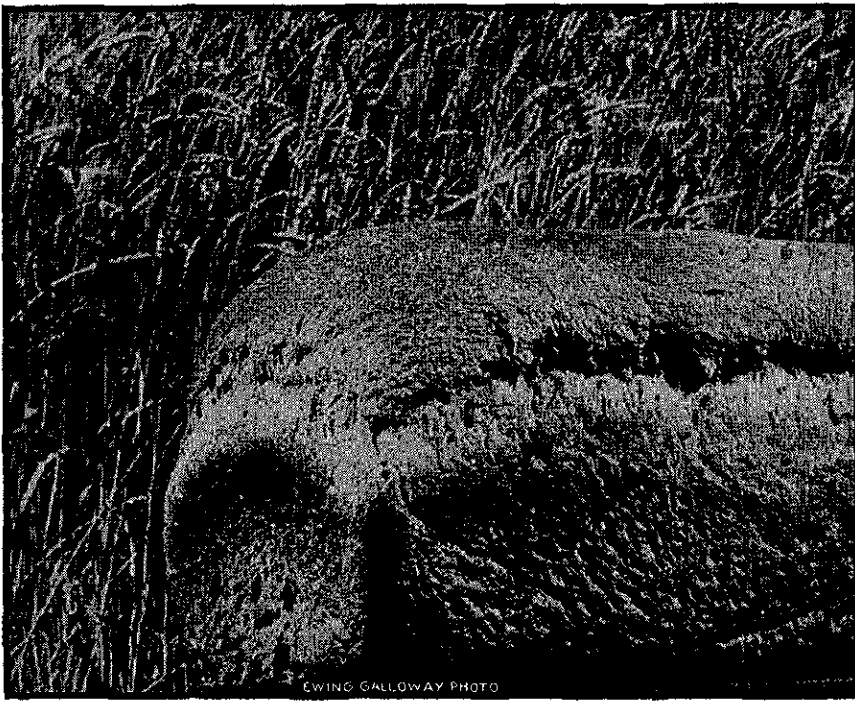
The church, as an organization, receives the keys to the kingdom by being given important responsibilities as ambassadors of Christ on earth. The church's decision, as a body, is respected by God as binding in heaven. That is, God works through His church to save men, and in no other way. The combined talents of the church will enable it to pass safe judgment under the guidance of the Holy Spirit. (Matthew 16: 19; John 20: 23.)

HIDDEN MANNA—WHITE STONE

Please explain Revelation 2: 17.

We suppose the query is on the "hidden manna" and the "white stone." It is said that the Jews, to this day, when they observe the Passover Feast, have three cakes, which are supposed to represent the Father, Son, and Holy Spirit. During the ceremony the middle cake, for the Messiah, is broken into two parts. One of these pieces is hidden under a pillow on the couch of the host, and the other part is eaten at the supper. The part hidden, called *Aphikomon*, or secreted manna, is afterward brought forth and a small portion given to each of the persons around the table. The host jealously guards the manna while it is hidden. It is very precious to him. The spiritual lesson is obvious.

As to the white stone, it was common in ancient times, and is even in some places today, to perpetuate a friendship between two persons, or tribes, by taking a small stone and breaking it in two, each party taking a half. In years to come they could identify each other and renew and confirm the friendly relationship by each one producing his half of the stone and making the parts fit together at the broken edges. We understand that the names of the contracting parties were carved on the stones, so that identification could be more complete. Christ pledges perpetual friendship to those who overcome in His name.



The crust of whole-wheat bread. Can there be anything better on which to chew, chew, chew?

STARCH indigestion is of such common occurrence that frequently those suffering from it are advised to give up the use of starchy foods. Is this wise?—I think not. Starch is one of the most important food elements, hence it is abundant in all the foods derived from the earth—the cereals, legumes, and vegetables. It can, however, be absorbed and utilized as food only by being converted into sugar. This change takes place in the alimentary canal. Starch is not soluble in water. Suppose I should take a little starch, oatmeal porridge, or corn starch, and stir it into a glass of water. In a very short time it would settle to the bottom of the glass, leaving the liquid above clear, demonstrating that starch is not soluble in water, and hence it cannot be absorbed as starch. Should I take a little sugar and stir it into a glass of water, it would dissolve and no residue would be found in the bottom of the glass. We see from this that sugar is soluble and starch is insoluble and that starch must be converted into sugar in order to be absorbed and utilized as body fuel in the production of heat and energy.

The object of mastication is to divide the starchy food thoroughly and mingle the saliva with it. Saliva aids in converting the insoluble starch into soluble sugar. The mouth, although not regarded so, is one of the most important

organs of digestion. Food should not be permitted to pass through this portal without receiving the needed preparation for the stomach and intestines. If we could have a view of the interior of the stomach of a person who has hastily eaten *soft* starchy foods, as puddings, porridges, and starchy soups, we would find a condition similar to what we have found in this glass; the insoluble starch would be at the bottom of the stomach and the liquid on top. Stomach juice, being acid, cannot digest starch, since starch does not digest in an acid medium. It requires an alkaline or neutral medium for digestion. If the saliva is not added in the mouth, starch leaves the stomach as starch.

Let me demonstrate the effect of saliva upon starch. I will take a small piece of the crust of bread. The crust is usually well baked and requires chewing. I will masticate this piece of crust thoroughly. One ounce of bread crust masticated for five minutes will produce about *two ounces* of saliva. An ounce of the inside of an ordinary loaf of bread masticated for the same length of time produces only *one ounce* of saliva, while an ounce of porridge masticated for five minutes produces only *one fourth* of an ounce of saliva. Who ever heard of anyone masticating porridge? No one would even think of retaining porridge in the mouth for that length of time. It glides down into the stomach too readily, and the saliva mixed with it

CHEW, CHEW, CHEW,

IF YOU WOULD AVOID
STARCH INDIGESTION

(A demonstrated lecture given in the Washington, D. C., Sanitarium parlor)

By
**Daniel H.
KRESS, M. D.**

amounts to practically nothing. Anything that is well baked, like the crust of bread, produces from eight to ten times the amount of saliva that is formed by masticating starch as served in porridges for the same length of time.

I will demonstrate how readily starch, if properly treated, is converted into maltose, a form of sugar. After I have chewed this crust, I will chew a piece of the inside of this loaf of bread. I will place both mouthfuls in test tubes side by side, and add a little warm water to each, then allow them to stand for three minutes. Here is a little diluted iodine, known as Lugol's Solution, which produces a dark purple color in the presence of starch. I will now add a few drops of this to each tube. One contains the crust of the bread, and the other the inside of the loaf. Each has been well masticated. If the starch is digested, the color will remain unchanged when the iodine test is applied, for it is no longer starch, but a form of sugar. The tube containing the crust you see remains unchanged, while the tube containing the inside of the loaf gives a distinct starch reaction. This demonstrates that the starch in the crust has been digested, while the starch from the inside of the loaf is not digested. We see from this that starch is not a harmful food, as is held by some, providing it is properly prepared and well masticated. It is in fact one of the

easiest of all foods to digest. You have observed that in less than three minutes it was converted into a form of sugar known as maltose.

Suppose we see whether the starch in the bread crust that does not give a starch test has actually been converted into sugar. The sugar test is made with Fehling's Solution. I will take a little of this preparation and will make a sugar test. By adding a little of it to sugar and water, and boiling it, a brick-red color is obtained. Let us test the starch of the crust of bread that has been acted upon by the saliva. We obtain the same results as we did with the sugar. If the starchy food leaves the stomach in the form of sugar, intestinal indigestion is not apt to occur.

Starch is really one of the most important food elements. It is present in practically all of the foods upon which we subsist. It is found liberally in all of the cereals, legumes, and vegetables. If it is a food that is to be shunned, then the Creator made a terrible blunder in providing it so freely and saying to mankind, "Behold, I have given you every herb bearing seed, . . . to you if shall be for meat."

The stomach has another office to perform aside from the digestion of foods. At the end of the first half hour after food enters, the contents become acid. The stomach then acts as a disinfecting chamber. All food is retained in the stomach a sufficient length of time for germs which may enter with the food to be destroyed. A normal quantity of normal gastric juice will do this. Germs cannot survive much longer than an hour if the normal stomach acid is present. Germs operate chiefly in the small intestine and colon. They have to pass through the stomach to reach the base of operation. The stomach in this way becomes a disinfecting chamber in addition to an organ of digestion. The amount of gastric juice has to be diminished in order for germs to reach the intestines and colon.

Gastric juice when in excess is irritating and is apt to produce an "all gone" feeling; and if greatly in excess, it may produce local distress and pain. When food is taken at frequent intervals, it absorbs a certain amount of the stomach acid, and the distress for the

time being disappears. Soda will also neutralize the acid. Many who are afflicted in this manner have made the discovery that frequent eating and the use of soda give temporary relief. They are then liable to fall into the habit of eating frequently or to resort to the use of bicarbonate of soda. But both frequent eating and the use of soda stimulate the gastric glands, which results in the production of more gastric juice. The relief obtained by frequent eating or by the use of alkalies, is therefore temporary. The actual condition is made worse. Ulcers of the stomach are in this way brought about. When the stomach is in an irritable and inflamed condition, it should be given less to do. Eating should be less frequent. A longer interval should elapse between meals. Even fasting for a short period is often beneficial. The food, if taken, should be bland and non-irritating. The use of milk with a little cream added is often beneficial.

Doctor Beaumont made some experiments years ago on a Frenchman named Alexis St. Martin, by which he found that vinegar, pepper, mustard, (Continued on page 18)

The Doctor Replies to Health Queries

Medical and hygienic information of interest to the general reader is given here by a practicing physician. Inquirers may address the editor.

ARTHRITIS DEFORMANS

I have been a sufferer from Arthritis Deformans for the past six years. I have tried many doctors, and many remedies, and have received no help. I have a deformed hand and leg. What can you advise me to do in the way of hydrotherapy and massage for some relief of my condition? M. J. B.

The cause of Arthritis Deformans has not been definitely established, but it seems to be a disease due to a focus of infection. You should remove all possible cause of infection as a first step toward at least preventing the disease from any further progress. Your diet should be of such a nature as to act as a tonic to your system, building it up as you may be suffering from anemia due to your forced inactivity. Eat plenty of fruits, cereals, and vegetables, but avoid meats, condiments, spices, tea, coffee, and alcohol in any form. You can use hot applications to the stiffened joints, and also heat from some deep therapy lamp. Then you can also try passive motion to the

stiffened parts; but if painful, this should not be pursued. If your joints have become ankylosed, you may have to have appropriate surgical treatment of them. Out-door life and as much moderate exercise as you can take with giving the affected parts rest, will help to build you up, and to overcome at least any further progress of the disease.

MOUTH WASH

Can you suggest some mouth wash that will help to eliminate a bad breath? F. O. L.

A bad breath does not usually go away with some mouth wash that for a time covers up the bad odor present. Look for the cause of the bad breath and eliminate the cause. Bad teeth, chronic catarrh, bad tonsils, etc., may be the cause, but the most common cause is constipation, and while cleaning up other causes, get rid of your constipation by an anti-toxic diet, and food that will hasten elimination. Salt water makes a good mouth wash.

CHANGE OF INTESTINAL FLORA

I am afflicted with a terrible gaseous condition of the bowels. I try to keep my bowels open, but so long a time after I eat I begin to suffer with the gas. What shall I do? A. H.

You need to do something to change the flora of your intestinal tract. It would be good for you to get some lacto-dextrine and take two tablespoons of it twice a day in a glass of lukewarm water, in the middle of the forenoon and in the middle of the afternoon. You should also put yourself on a diet of fruits and vegetables and cereals, and help your elimination by the use of mineral oil, agar agar, or psylla seed. Chew your food well, drink no water at your meals, lie down after a meal, and put a hot water bag on your upper abdomen, just over the stomach. See that you get rest and relaxation. Eat what seems best for you, then forget what you eat, and quit worrying about anything, and if you do these things faithfully you will find that you will have a different intestinal tract.

HEART MUSIC

By CLARENCE EDWIN FLYNN

I've heard great orchestras and bands
Their choicest music bringing.
I've heard the sound of clapping hands
Applauding finished singing.
I've heard the symphonies of time,
Felt the thrill that engages
The heart with harmonies sublime
From great songs of the ages.

But there's a sound that lingers yet
Through swift years multiplying,
With music I cannot forget,
A melody undying.
It is the sound of toddling feet,
Somewhat more swift than steady,
Running to meet me down the street,
While childish lips call: "Daddy."

IN A hotel lobby recently I heard two men talking about modern youth. One of the men was about forty, and the other was just out of his teens. "There you go again," said the younger of the two, "railing on the younger generation."

I was interested, and paused a moment to see how the conversation would end. Noticing my interest, they both looked at me as much as to inquire, "Well, what is your opinion?" And I volunteered, "Well, the younger generation may be far from perfect, but if they are not what they should be, the parents are largely to blame."

Quite generally I believe this is true. Young people live by example, more than by precept. Their parents and teachers may be holding up to them a beautiful theory of life, but they haven't seen enough of it in practice.

On the train coming home that same evening, the man in the seat behind me was talking to his little girl of four years. He had just come back from the smoker for the fifth time in a hundred-mile journey. She knew father had been away for a smoke and told him she was going to smoke some day, too. He told her emphatically that he would not allow her to smoke. Most men don't want their boys to use the weed, but what must the boys think when dad whips them for doing what father does daily?

Brother and sister, age seven and nine, were being left alone, while father and mother stepped out for a short time. While the parents were putting on their coats, they heard the little ones downstairs laying plans for playing house.



He is ready for life's race. What is in his head as to where he is going? And who put it there?

The Way Youth Is Going Is the Way Parents Go

By CHARLES L. PADDOCK

As they were ready to leave the house, the parents noticed George sitting at one end of the table and June at the opposite end. Father and mother lingered quietly at the door to see what would happen. George was speaking. "Now, we will play house. I am the papa, and you are the mama. Play that we are just going to have dinner. But before we eat, let's argue." How

many children hear arguing, complaining, faultfinding, quarreling in their homes!

Little William had been sent upstairs by his mother because he had used profane language. She told his father, when he reached home, just what had happened.

"I'll teach him to swear," said father, as he started up the stairs to administer

punishment. Stumbling in the dark, he fell as he ascended the stairs, and true to form, under provocation, the oaths came freely. Then mother offered some timely advice: "You'd better come down now. Sonny has heard enough for his first lesson."

Fathers and mothers, how about your lives in the home? Are you practicing what you preach? Be assured, if there are children in your home, that some one is following in your footsteps.

Sabbath Keeping

(Continued from page 12)

palities, or powers: all things were created by Him and for Him." (Colossians 1: 16.) Since Christ Jesus has been the creator of this earth, and since He made man, animal, and vegetable life, and the weekly cycle, He therefore must have made the Sabbath. It is for this reason that He calls Himself Lord also of the Sabbath day. Thus, long before any Jew was upon earth, the Sabbath was made. This explains why Jesus worshiped on this day when on earth in the flesh. It was the day observed by the disciples. (Luke 23: 56.) It was the

memorial Sabbath kept by Paul, and Jesus admonished His followers not to neglect its observance when they would be compelled to flee when Jerusalem was destroyed in A.D. 70. It was the day proclaimed by Paul to be kept among Christian Gentiles, and it is the only day mentioned in the Bible as God's holy day. (Isaiah 58: 13.)

In the time of the first advent, the Author of the Sabbath was crucified between two thieves. This was done to rob Jesus of His sweetness and innocence, and to darken righteousness in Him.

In the time of the second advent, the Sabbath of the Lord is crucified between two thieves. This is done to rob the Sabbath of its sacredness and sweetness. It is intended to create confusion and indifference in religious thinking, and thus destroy the importance of keeping the seventh day (commonly called Saturday) as the day of rest.

Jesus was the Messiah, even though crucified and rejected by the Jews. So likewise the seventh-day Sabbath memorial is the day of rest to him who loves the Lord and Saviour. "If ye love Me, keep My commandments."

"For this is the love of God, that we keep His commandments: and His commandments are not grievous." John 14: 15; 1 John 5: 3.

PETER

By MARTHA E. WARNER

THERE came a day when Peter was very disturbing—a day when I was so busy I thought I had no time to spare, thinking about him. That he had become involved in some sort of thing and gotten his name into print, I very well knew; but, as it happened so long ago, I could see no necessity of dragging it out just to refresh my memory, at this late day. So I worked, or tried to, but because of so many interruptions, and because my mind was continually reverting to Peter, I did not make much progress. What did Peter do, or what did he not do? I hunted up the story, and this is what I read: "Peter followed Jesus *afar off*." As I thought about it, and thought about it, I wondered if I was following my Lord and Master *so far off* that the footprints I see are the footprints of the evil one. I'm still thinking about it.

DAY-DREAMING

What is the difference between meditation and day-dreaming?

Simply the difference between the informed and disciplined mind and the empty, undisciplined mind. Meditation is necessary to the ordering of life; day-dreaming is unprofitable. Meditation is the purposeful pondering, consideration, development of a subject upon which the thinker has gained knowledge beforehand, thus providing material. Day-dreaming is an aimless drifting of the mind through a chance succession of mental images. It is dreaming carried on in the waking hours. Meditation is the digestion of a mental meal well chewed; day-dreaming is the gazing at a picture of a dinner.

JEWELS

My five-year-old girl has a mania for jewels. I have talked to her of nature and adornment, and she seems to understand, but says, "Mother, I just want to play with it." I have bought her beads to play with; she has never asked to wear them outside the home. Am I wrong?

Bright things, beautiful things, even gaudy things, are not wrong in themselves. They are neither right nor wrong; they have no moral qualities. The rightfulness and the wrongful-

A Home Maker ANSWERS PARENTS' QUESTIONS

Perplexing questions on married life, home management, and child training will be answered here by a specialist on the home and its ideals. Queries may be sent to the editor.

ness exist in the attitude of mind toward them in any individual and the effects upon the mind and conduct of that individual. If vainglory, avarice, deceit, or dishonesty result, that is destructive to character. There are greater aims and more worthy objects by far than the collection of jewels; but it is not wrong to appreciate and love the beautiful in a pebble of quartz or a translucent pearl or the cold fire of a diamond.

Children vary much in their endowment of qualities, in their trends of thought and desire. Some more easily than others are brought to contemplation of nature and to appreciation of true values. But it should be the aim

and effort of every parent to cultivate this appreciation and desire of study in every child. So culture rather than repression of instincts is the parent's true course in such a case as this. The little girl will not be harmed by her love of beads and other decorative things if her mind and soul are expanding under broader culture. Daisy chain or string of beads, let her garland herself in the bosom of her sympathetic family; but fill her mind and heart all the while with love—love for the beautiful, love for the true, love for the pure, love for father and mother and brothers and sisters, love for others both strong and weak, love for all of God's creatures, and through all this, love for God.

FAMILY WORSHIP

Who should lead out in family worship in the Christian home?

A Christian. Let us hope the father is such a man; he is ordained by God to be the priest of his family. If the father is not fit, let the Christian mother do it. But make your family worship intelligent, interesting, and profitable. Send for the five-cent leaflet, "Family Worship—Its Importance and How To Conduct It."

FRENCH LOTTERIES

[The French Government, put to it to raise sufficient taxes to support national expenditures, has turned to a government lottery to supply the lack. Not to mention the evils that result from a government encouraging gambling among its citizens, the following result, as reported by P. J. Philip in the New York Times, gives us something to think about.—EDITOR.]

SINCE the national lottery was inaugurated last fall, seven honest citizens of humble means have been promoted into the ranks of the millionaires with 5,000,000-franc prizes, not to speak of many scores who won 1,000,000 francs each. In no case has a big prize brought greater happiness than the winner enjoyed before, and in some cases it has brought so much trouble that flight from all old associations was the only escape.

There was first a barber of Tarascon. What gaiety and rejoicing there was in Tarascon that first night when it was learned he had won what the French call, "le gros lot." Ever since the war the barber, with his wife and child and three employees, had led a pleasant and fairly prosperous life. He owned his shop, did a good business, and was happy.

He won 5,000,000 francs. Within an hour his troubles began. He had to rise in the middle of the night and drink with his innumerable friends. The next morning, for the first time in years, he had a splitting headache.

Then newspaper men reached him. His adventures became legendary. How he hates newspaper men now! Only the prominence of the Stavisky affair has saved him from being written up to the point of madness.

But he, at least after certain extravagances, managed to get some benefit. He bought a permanent waving machine for his shop. He bought two automobiles and a villa regarded locally as a chateau. He bought a new business and a cafe for his brother-in-law. He took a little trip into Italy. Now all he wants is peace to enjoy all this.

Second winner was a coal merchant, less than thirty years old and married to a pretty girl who worked as his stenographer. In the evening this man loved to play cards in the cafes with his friends. Then to him one night came fame and 5,000,000 francs.

Never was any man in Avignon so popular. His friends became innumerable. Some of them stopped working because they were friends of the prize winner. Those cafe keepers who used to give him credit furnished champagne at his expense for every one in the house when he entered. When he played cards and won, no one paid; when he lost, everyone claimed the stakes had been doubled.

Within two weeks he could stand it no longer. Every one was exploiting him. He began to avoid cafes, and avoid being seen in public. He took his wife to the movies for his only recreation.

By the third week, he was the most detested man in Avignon. When he was recognized, people shouted "miser" after him in the streets.

Very quietly he is making preparations to leave the town forever. He has bought a villa where he hopes to remain unknown. He will change his name. Flight was the only course possible.

Number three is a miller in the valley of the Sagne. He is a solid man of solid ancestry.

"I won't run away," he told a reporter from the Paris *Soir*. "I am a miller and shall remain a miller."

But neither he nor his wife is as happy as they used to be. Every day come begging letters or beggars. Every week come threats of kidnaping or violence if money is not paid.

"Life isn't so pleasant as it used to be," sighed Mme. Rochetillade.

Number four was a baker of Cavailon. An honest workman, 60 years old, with his wife and son, he earned an honest living by hard work. It seemed good luck to them to win "le gros lot," but within three weeks they had to leave their shop and their town. They did not know how to spend. They did not know even how to give. They never had had any money.

"We had to flee like dishonest people," his son confessed when at last discovered in hiding at Marseilles under a false name. "We don't know what to do. My father has been ill in bed for three weeks. We are all unhappy."

All they can hope for is to be able to buy a little house and garden somewhere where they are not known and live where no one will ever know they were lucky.

These are only the first four, but the stories of the others have been much the same. Very soon, some persons believe, France will suppress this disastrous national lottery.

What of the Future?

(Continued from page 9)

we are told that just before the harvest, which Jesus defined to be the end of the world (Matthew 13: 39), there would be great war preparation, and that even the heathen nations would be aroused to arm. On the other hand, we are told in Micah 4: 1-3, what the nations would be saying; namely, "Let us beat our swords into plowshares, and our spears into pruninghooks." These prophecies, which seem contradictory, are being accurately fulfilled by the incongruity of international peace movements and war preparation. This paradoxical situation struck Senator Borah with such force, that recently in his address before the "Women's International League for Peace and Freedom," he raised the question, "Why is it that, professing peace, all nations are preparing for war?"

To the student of prophecy the question is a simple one, and the answer emphasizes anew that we have come to the time when the Prince of Peace shall return; and "the kingdoms of this world" are to "become the kingdoms of our Lord, and of His Christ; and He shall reign forever and ever."

When it comes to divine prediction how true are the words of Jesus: "The Scripture cannot be broken." John 10: 35.

Chew, Chew, Chew

(Continued from page 15)

and other condiments irritated and inflamed the stomach. We all know that a mustard plaster placed on the skin will produce blisters. By placing mustard on meat, we virtually eat the mustard plaster and apply it to the inside of the stomach. In time the glands, from this continuous irritation, may become exhausted, and the acid secretions may be greatly diminished or may be entirely absent. Food then is not properly disinfected and tends to decay or ferment. The stomach becomes a rendezvous for germs. The moisture, warmth, and absence of acid makes it one of the best of germ breeders. The poisons thus formed are absorbed, and headaches and a host of other symptoms may follow. The dull feeling in the head, so common in the early morning, is frequently due to the toxins formed by the retention of food in the stomach.

In order to get the stomach back into a more normal condition, mastication becomes a necessity. Pepper and mustard and other irritants must be avoided. The use of extremely hot or

extremely cold foods must be guarded against. This is essential. It affords an opportunity for this organ to recover. If the stomach is treated in this manner, most of the digestive disturbances will in time disappear. We cannot expect immediate relief, however, any more than we expect immediate relief in a greatly inflamed eye after the particle of dust that produced it is removed.

Persons in health very frequently do harm to their stomachs by taking food too frequently, or before the stomach has had an opportunity to dispose of the preceding meal. A normal stomach requires about five hours to digest a good meal. If it has succeeded in passing the contents out at the end of that time, it should have a short period of rest. The stomach is a muscle. It manipulates the food and forces it out by vigorous contraction. When it has gotten through with its work, its owner will experience an "all gone" feeling. The muscles of the stomach are tired. This "all gone" sensation is a call for rest. The plea of the stomach is often misinterpreted, and people think that "all gone" feeling is a call for more food. It is strength, not food, that is all gone.

Food should not be taken shortly before retiring. The stomach should not work during the sleeping hours. It should have an opportunity to rest with the other members of the body. The hearty evening meal is responsible for a good deal of digestive trouble. The stomach is not capable of digesting and getting rid of a hearty meal in the evening before retiring. Those who take late suppers wake up in the morning with a thick head and coated tongue. They are irritable, impatient, and have no appetite for breakfast. When three meals are taken, by far the better way would be to take a hearty meal at breakfast, when the digestive organs are fresh from a good rest during the night, or at noon. The evening meal should be light. A nutritive drink taken in the evening instead of the hearty meal would go a long way toward getting rid of many of the digestive disturbances from which people suffer.

Two meals with something very light in the evening are better than three hearty meals. Not less than four hours

should elapse after the evening meal before retiring. By following this simple plan and masticating thoroughly the food that is eaten, digestive disturbances can be avoided or cured.

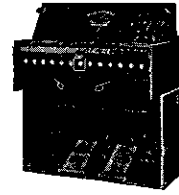
A New Birth of Freedom

(Continued from page 11)

people, our democracy cannot long endure. The unalienable rights of man as laid down in our most sacred documents—the Declaration of Independence and the Constitution—must have a sound economic basis. No wonder there is all this talk of Fascism and dictatorship, and that "the times are ripening for anything to happen."

It is high time to return to the Christian philosophy of life. It is high time to reorganize business upon a Christian basis. It is high time to come to the conclusion that we can't divorce religion from economics without eventually wrecking ourselves. We may prattle about our Christianity, and that it is "life eternal" to know God and His Son (John 17: 3); but until we really love our neighbor as ourselves we don't know God and have no hope of "life eternal." The acid test of our religion is in how we treat our fellow

men. God through Jeremiah (22: 13-16) condemned the inhumanity of man to man, the inequality of the distribution of wealth and said that *to know Him* was to judge the cause of the poor and needy. "Love to man is the earthward manifestation of the love of God." Do we really love God?



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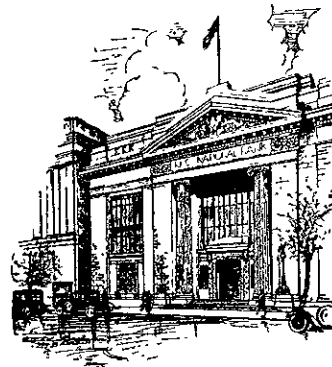
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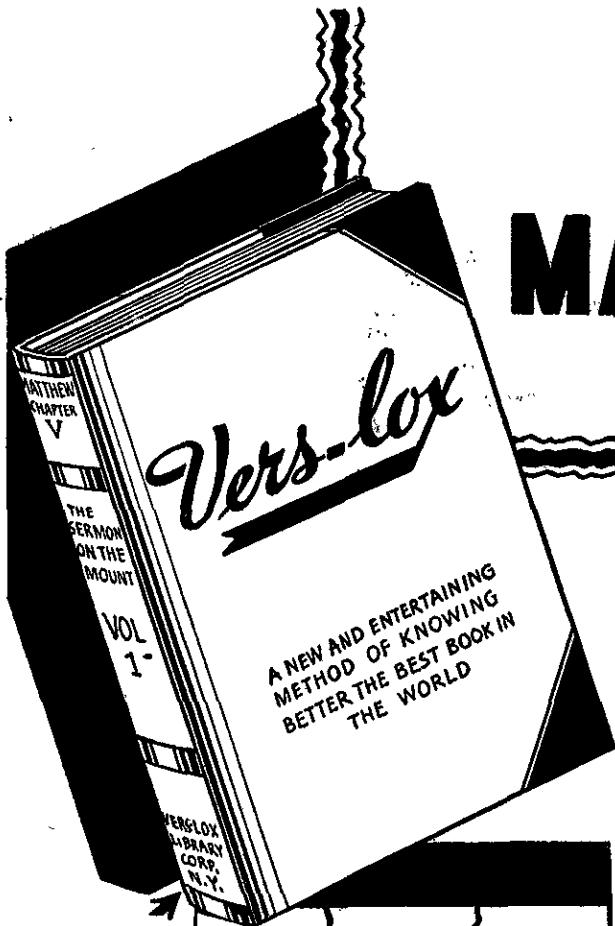
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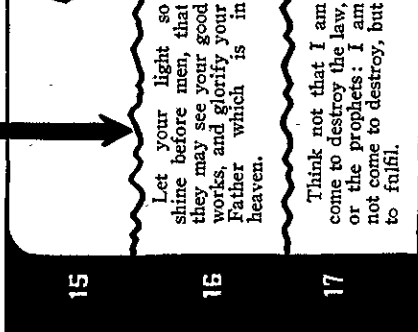
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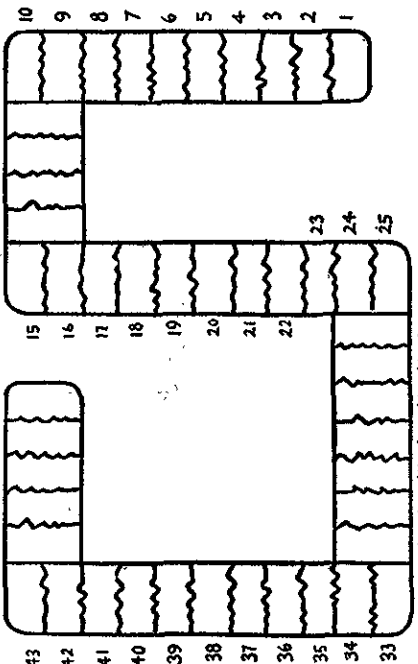
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