

# THE WEST MICHIGAN HERALD.

"Watchman. What of the Night?"

VOL. I.

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THE WEST MICHIGAN HERALD.

Issued every Wednesday by the  
WEST MICHIGAN S. D. A. CONFERENCE,  
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## Evangelical Department.

### CONFERENCE PROCEEDINGS.

THE seventh meeting of the conference convened at 7 o'clock p. m., Tuesday, December 9, 1902. Elder W. C. White occupied the time in speaking of the medical missionary work; he thought it should be given more attention than it has heretofore received. Small sanitariums, he said, should be planted in many places, where the simple remedies which God has given us for the cure of disease may be brought into practice. Sanitariums should be located in the country, surrounded by the invigorating influences of nature.

The speaker then passed to the consideration of the sanitarium enterprise at Berrien Springs. He raised the question whether such an institution is needed there, and asked the delegates to express their minds by a show of hands. The opinion prevailed that a sanitarium should be built at that place.

The eighth meeting of the conference was called to order at 8:15 a. m., Wednesday, December 10, 1902. Brother R. E. Harter led the conference in prayer. On motion the reading of the minutes of the previous meeting was waived. The Committee on Plans then reported recommendations 26-32.

On motion of C. M. Christiansen this report was adopted. Recommendations 26-28 were passed without much discussion. The system of keeping accounts mentioned in recommendation 29 was explained by Dr. Edwards. After a few further remarks by various speakers, the recommendation was passed by a rising vote.

J. B. Blosser moved to reconsider the vote of the day before, referring the selection of the canvassing agent to the executive committee. In order to get the matter before the conference in proper form, it was voted, on motion of Dr. Edwards, to refer the recommendation to the Committee on Nominations. The chairman of that committee then presented a report of the committee as follows: "Your committee would recommend that this conference invite W. H. Heckman to

take the position of conference canvassing agent."

This report was adopted and passed unanimously after some remarks.

Moved by Elder M. B. Miller that Dr. Patience Bourdeau be made the head of the Medical Department. Carried by a rising vote.

The Educational Superintendent was then called upon to give the present plan of supporting the church schools of the conference. He stated that nearly all of the schools are now maintained by contributions, and are made free to all the children in the church irrespective of the financial condition of the parents.

A list of churches by districts was read. This showed that there are sixty-three churches in this conference, with a total membership of about 4,300.

In reply to a question it was stated that the office has on hand about \$700.00 worth of tracts which will be sold at a low figure.

At the suggestion of the chair it was voted to choose nine men from the floor to form a legal corporation to hold the property of the conference. The executive committee, together with E. A. Merriam, R. E. Harter, C. R. Clark, W. D. Parkhurst and H. W. Miller were chosen to act as such board.

The conference having reached the end of its formal business, twenty minutes were taken for a praise meeting. Nearly all spoke freely of the blessings which they had received at the meeting, and expressed their determination to press on until the work is finished.

At the close of this service, the conference adjourned *sine die*. Elder Haughey closed the meeting with prayer.

A. G. HAUGHEY, President.  
S. M. BUTLER, Secretary.

### RECOMMENDATIONS PASSED BY THE WRIGHT CONFERENCE.

(Continued from last week's issue.)

26. That the conference loan to the tract society sufficient funds from the tithe to operate that department until money can be raised from the sale of books to replace it.

27. That the conference committee be asked to give immediate attention to the preparation of suitable blanks to carry into effect the action of this conference relative to the transfer of church membership.

28. That the secretary be authorized to ship to the proper church officers, upon their order, such number of

"Christ's Object Lessons" as may be needed to fill their quota, with the understanding that the books shall remain the property of the West Michigan conference until sold, and that settlement shall be made for sold books monthly.

29. That the plan of the General and the Lake Union conferences relative to handling the various funds of the churches be adopted by this conference, and that plain and explicit instruction be printed and placed in the hands of the churches so that this system can be put into use at the beginning of the new year.

30. That the West Michigan conference committee be instructed to assist in the development of medical missionary enterprises in the conference as fast and as far as the local conditions warrant such steps, by assisting in raising the funds, and by giving such advisory help as may be necessary.

31. That the establishment of a sanitarium at Berrien Springs receive the immediate attention of the conference committee.

32. That we express our heartfelt thanks to God for the privileges of this conference, and to the brethren of the Wright church for so bountifully providing for our entertainment.

### THE WORK IN NORTH MICHIGAN.

THE Christ's Object Lessons' work is nearly done. With one voice let every member of the church shout victory. Now is the time to put forth every energy to complete this work. The work is the Lord's and who dare dispute with him by saying, "I am not able to do the work thou hast given me to do?"

I hope you will carefully compute the number of books your church is to sell, and take it to the Lord and ask him to give you wisdom to take up this work. God tells us that this is a test. Who will prove himself in this time of peril? "It is not by might, nor by power, but by my Spirit, saith the Lord."

Not a discouraging word should be heard in all the ranks. When God speaks, Israel is to move forward. Do not view the walls of Jericho from a human standpoint. You and I are to do what God says, and leave the walls to be thrown down by him. Though it may take seven days to do this work, our part is to shout victory and press on, not stopping until the work is finished.

S. E. WIGHT.

### Medical Department.

#### PRECAUTIONS IN GIVING FOMENTATIONS.

THE proper application of a fomentation consists of the following operations: (1) Preparation of the patient; (2) wringing the fomentation flannels; (3) renewing the applications; (4) finishing the treatment.

If the treatment is to be given daily, it is well to first rub the surface of the skin with a little massage cream or vaseline. The clothing and bedding of the patient should be so arranged as to prevent wetting. This precaution is necessary to avoid taking cold. Care must also be taken to keep the extremities warm. If there is cerebral congestion a cold compress should be applied to the head, and continued during the treatment,

When very hot water is used, the fomentation cloths should be wrung quite dry; otherwise there is danger of scalding the patient. As a further precaution against this, two or three thicknesses of dry flannel should be applied next to the skin so that the heat may reach the skin gradually. The thickness of the dry flannel will depend upon the temperature of the water used for the fomentation. It is better, however, to have the water hot enough so that two thicknesses will be necessary, as the heat will be retained longer. The fomentation should cover an area three or four times that of the part affected. Change the fomentation frequently. If left on too long the temperature will fall considerably, and an effect will be produced the opposite of that which is desired.

In removing the fomentation cloth, care must be taken to avoid chilling the patient. To prevent this leave the dry wrapping flannel in place; wring out the fomentation as quickly as possible, and replace. If continuous heat is required, use two fomentation cloths, applying the second as soon as the first is removed.

If necessary to apply heat for several hours, as is sometimes the case to relieve pain, the hot compress should be replaced every thirty minutes by a well-wrung cold compress for one or two minutes. In case of paralysis or diminished sensibility care must be taken to avoid burning the patient.

As a fomentation usually produces more or less perspiration, it is necessary to protect the patient after its removal. If the patient has perspired quite freely it is better to sponge the whole body with tepid or cool water, but to sponge the part to which the application is made with cold water from four to thirty

seconds. For this purpose it is well to use a towel folded and wrung quite dry out of cold water. Cover well the entire area which has been heated. Afterward dry thoroughly by rubbing lightly with a dry towel. If for any reason the patient can not take the cool sponge bath following the fomentation, dry the whole body thoroughly and cover sufficiently to prevent taking cold.

T. CAROLYN LEMONS.

#### SELECTED PARAGRAPHS ON HEALTH.

(THE following extracts from the spirit of prophecy have been very helpful and encouraging to me, and I feel sure that they will inspire in all who read them a greater realization of the importance of this message of health.—P. S. BOURDEAU, M. D.)

"GOD gave his only begotten Son for the body as well as for the soul, and our entire life belongs to God to be consecrated to his service, that through the exercise of every faculty he has given, we may glorify him."

"Man is very dear to God because he was framed in his own image." "Jesus did not ignore the claims of the body. He had respect for the physical condition of man and went about healing the sick, and restoring their faculties to those suffering from their loss."

"Christ is to live in his human agents and work through their faculties, and act through their capabilities." "It is our duty to study the laws that govern our being, and conform to them." "A practical knowledge of the science of human life is necessary in order to glorify God in our bodies." "The study to which to give thought is that which concerns natural life, a knowledge of oneself. This living machinery should be understood. *Every part of its wonderful mechanism should be carefully studied.*" "Study that marvelous organism, the human system, and the laws by which it is governed. Reason from cause to effect. It is of the highest importance that men and women be instructed in the science of human life, and in the best means of preserving and acquiring physical health." "The Lord will not work a miracle to preserve any one in health who will not make an effort to obtain knowledge within his reach concerning this wonderful habitation that God has given." "A responsibility to spread the knowledge of hygienic principles rests upon all who have enjoyed the benefits of health reform. This responsibility should be felt by every man and woman who claims to be a Seventh-day Adventist."

### Missionary Department.

#### A WARNING FROM THE CHURCH AT EPHESUS.

"NEVERTHELESS I have somewhat against thee because thou hast left thy first love. Remember, therefore, from whence thou art fallen, and repent, and do thy first works; or else I will come unto thee quickly, and will remove thy candlestick out of his place, except thou repent."—Rev. 2: 4,5

"At first the experience of the church at Ephesus was marked with childlike simplicity and fervor. An earnest, lively, heart-felt love for Christ was expressed."

This is fully shown by Paul in Eph. 1:15,16. The definition of the word "Ephesus" is desirable, which may well be taken as expressive of the church in its first state. The early Christians had received the doctrines of Christ in their purity, and they enjoyed the blessings of the gifts of the Holy Spirit. As we study the Acts of the Apostles we see that they were noted for their labors and patience. That same power that worked in the early church and led its members to go to the ends of the earth to proclaim the gospel, "awaits our demand and reception."

There are many lines of missionary work that God, through his people, has brought into use. I will speak of only one line at this time; namely, our tract work. We are prepared to furnish all of our tract societies and scattered brethren in the West Michigan conference with a full line of tracts and books published by our people.

I wish we might all wake up and use our tracts as the early pioneers in the message did. "Were there the same diligence and self-sacrifice manifested at the present stage of the work as at the beginning, we should see a hundred times more than is accomplished."

There should be an awakening of ministers and people, and all should go to work as did the early Christians. God calls upon us to return to our first love. May he roll upon us the burden of souls to that extent that we shall begin the work of repentance in our own hearts. Then we shall be able to reach those in our families who are unsaved, and those of our neighbors who are out of Christ, and to carry this message to the ends of the world.

W. C. HEBNER.

"Train up a child in the way he should go, and when he is old he will not depart from it."

### Educational Department.

#### THE ADVOCATE FOR MARCH.

THE March number of *The Advocate of Christian Education* is being prepared with special reference to the public school teachers. No systematic effort has yet been made by us to reach this class through our educational literature. And yet no class is more worthy of our efforts. Many of them have labored long and faithfully, bringing great intelligence into their work. If God has given us light concerning education, we are under moral obligations to pass it along to those who are playing so important a part in shaping the character of the rising generation.

This number of the *Advocate* will contain articles on such subjects as "Duties and Responsibilities of Teachers," "What Becomes of the Children you Teach?" "Universal Education—Its Results," "Should the Child's Spiritual Nature Receive Attention?" etc. These are subjects of deepest interest to educators. Why not make a mighty effort to place this number in the hands of every teacher in our conference? No better missionary work could be undertaken by our Sabbath schools.

The price of the paper is five cents per copy, or four cents in clubs. The regular offerings of the Sabbath school should not be used to purchase these papers. We suggest that on Sabbath, February 14, a special offering be taken for that purpose. This fund might be called the "Teachers' Fund." Let each one give to this fund according to the interest that he has in the teachers of his community. The money raised should be sent to the West Michigan conference, 220 Plainfield Ave., Grand Rapids. We are making an effort to secure the names and addresses of all of the teachers in the conference through the county commissioners. These names, with the money received from the schools, will be sent to the publishers of the *Advocate*, who will mail the journal to as many teachers as possible with the money.

Thus the number of teachers who will be reached by this effort will depend entirely upon the liberality of the schools.

MRS. S. M. BUTLER.

#### SUPERINTENDENTS, TAKE NOTICE

YOUR attention is very respectfully called to the article concerning the March *Advocate*. We feel that this is an opportunity which our Sabbath schools can not afford to let pass unimproved. No one has more to do with shaping the destiny of the children and youth of our conference than the public school teachers. You will readily recall

the influence that your own teachers had upon your life. A little effort put forth in behalf of the teachers will be repaid many times over, for any truth which they may receive will in turn be imparted to those whom they instruct. When we deal with those who are leaders of thought we are accomplishing far greater results than are possible with people of ordinary influence.

The success of this effort will depend largely upon the attitude assumed toward it by the superintendents. If they are imbued with its importance they will make the members of their schools feel it also. On the other hand if they are apathetic they will not arouse much enthusiasm on the part of others for this work. It is possible that there may be more depending upon this effort to reach the educators of our conference than we realize. Let us ask God to help us to see what it means, and to relate ourselves to it rightly. Kindly call the attention of your school to the matter, Sabbath, February 7, that all may bear it in mind during the week. Then on February 14 read the article, "The Advocate For March," before the offering is taken. If February 14 should be a stormy day, or if for any other reason you should have a light attendance, please take the matter up again the following Sabbath. You can afford to devote the time of the review exercise to this work if it is necessary.

May God bless your people and put it into their hearts to do what they can for this enterprise at this time.

S. M. BUTLER.

#### ACADEMY NEWS.

Some of the students have been cutting wood on the farm of Mr. Adams north of the lake.

Irving Hall, of South Haven, was recently elected by the students to serve as librarian of the school.

The carpenters' class has moved into the basement of the school building, there being no means of heating the warehouse.

All of the rooms on the second floor of the dormitory are now filled. We can receive five or six more girls, but our accommodations for boys are about filled.

Some of the students are holding meetings in school houses in the vicinity of Cedar Lake. Others are engaged in canvassing for our publications, while others are making missionary visits Sabbath afternoons. All report a good time.

After careful consideration, it has been decided not to issue the *Acad-*

*emy News* as a regular newspaper, and so all money received on subscriptions for the same will be returned. The paper will be issued from time to time, and notice will be given through the WEST MICHIGAN HERALD of each issue. Sample copies will be sent free to all who may desire them. If any who have paid their subscription fail to receive the money which is due them we shall be thankful if they will notify the Academy.

The Principal desires to make very emphatic one important thing relative to mail sent to the Academy: All mail upon business should be addressed to Academy, Cedar Lake, Mich., or to the full legal title, Cedar Lake Industrial Academy, Cedar Lake, Mich. This will insure prompt attention to any matters of business that can be attended to without the immediate presence of the Principal. Letters intended for the Principal may be addressed to the Principal of Cedar Lake Academy, Cedar Lake, Mich. Personal letters should be addressed to J. G. Lamson as heretofore. Requests for catalogues, and many other matters of that kind, are frequently received during the absence of the Principal and the answer delayed because the letters are addressed as though personal in nature.

It is a matter of much gratification to the management of the Academy that our attendance is so good this term. We have a total enrollment of fifty-six students, with a present actual attendance of fifty-five. This is the largest attendance in the history of the school. Three years ago we enrolled sixty-three all told, but our attendance did not average above fifty-five at any time during that term. This enrollment, with that in the church school, is very gratifying to all interested in the Academy. From the way this term has started in it bids fair to be the best in the history of the school in the matter of progress in text-book work. The long evenings and the disposition of the students to get all that they can for the money they are investing, make rapid progress possible in all classes. We believe that at the end of the term the students will be able to look back upon the most pleasant period of their lives.

J. G. LAMSON.

The most powerful and lasting impressions are made during childhood.

We are responsible not only for what we are, but for what we might be.

We owe it to our children to give them that kind of education that will fit them for the greatest usefulness in life.

### News From the Field

#### LAWRENCE.

Two men have come into our midst quietly, and without the trappings of ostentatiousness, but simply preached the gospel; they have told the old, old story of God's love and free salvation. Some have said to the reporter and others, "I like it." How well some may "like it" these men may not know, while others may choose the better way of life before they leave Lawrence. Rev. R. C. Horton and Rev. R. E. Harter have been conducting these meetings for more than three weeks and have met with willing assistance from our people. Mrs. Webster has given to the grand success of these gatherings the free use of her building, furnishing light and heat,—excepting some small collections taken—and Mr. Mercer has each night attended to the comfort of the audience. Miss Camp has officiated at the organ and assisted in the singing, which has been of a good kind. The attention has been good, typical of a people desirous of gospel truth. The meetings continue this week.

Lawrence, like the rest of the world, needed this awakening; [it was] in need of instruction such as only the Scriptures can give, [ gleanings ] of wisdom from its sacred pages gained by men unwilling to offend, but determined to "hew to the line, let the chips fall where they may." May they have fallen in good places is the hope of Christians and all good people.—*Lawrence Times*.

#### COLDWATER.

THE latter part of December I was with the church at Coldwater, where we had some excellent meetings during the week of prayer. The good Spirit of the Lord was present to tender hearts. Some confessions were made, and nearly all reconsecrated themselves to the service of God. Some not of our faith were present at the meetings, and as the result one lady took a firm stand for the truth. Four others are much interested.

I am of good courage in the Lord, and feel to praise him for his wonderful goodness to the children of men.

W. D. PARKHURST.

#### THE HASKELL HOME SCHOOL.

IN this beautiful home, providentially provided for the care of the orphans, four rooms are set apart for school purposes. The first three years of their school life the little ones are under the care of the kindergarten teacher, and then they are passed on to the primary department

It is in this division that the writer has been called to labor. There we meet with juvenile representatives of nearly all nations, and it is our studied effort to so instill the truth into their young hearts that, when older, they will become missionaries to their own people.

The workers here desire to ever learn of the great Teacher, that they may train these little children according to the plans of his word.

Every effort is being made to fit the teachers to do thorough work in this school. A special training class is conducted for their benefit. This class studies such subjects as kindergarten work, physical culture, physiology, nursing, Bible, etc. Workers go forth from this class each year into the work in other parts of the field.

LOTTIE BELL.

### Obituary

COON.—I was born in the town of Dryden, Tompkins Co., N. Y., April 16, 1820. With my parents I moved to Rockport, Cuyahoga Co., in 1838. I was married to Harriett S. Munn in 1841. We lived in Rockport sixteen years, and then went to Wakeham, Huron Co., Ohio, where we lived twelve years. In the spring of 1866 we moved to Hillsdale Co., Michigan, and lived there twenty-four years. To us were born eight children, three of whom died in infancy. My wife died in 1889, and in 1890 I was married to S. P. Cleveland.

My first religious association was with the Freewill Baptists, and all of my father's family were of that faith. My attention was first called to the second coming of Christ in 1843 by hearing a lecture on the subject by Charles Fitch. In 1853 the the third angel's message was brought to my attention by Elder J. N. Loughborough. With my family I began keeping the Sabbath in 1862, and have since tried to live in harmony with the teachings of the word, fellowshiping with the Seventh-day Adventists.

WARREN COON.

Nearly eleven years have passed since the above sketch was written by Brother Coon in 1892 to his daughter, Mrs. Frank Armstrong of this city. I was called to the home of Brother Armstrong January 15, 1903, to speak words of comfort and cheer to a number of friends who had gathered to pay their last tribute of respect to one who had lived a long life of usefulness. Brother Coon was taken to Bay City and laid to rest beside his first wife to await the resurrection.

A. G. HAUGHEY.

### News and Notes

"God is Love."

Brother H. M. Spear is canvassing this city for "Great Controversy."

Next week we shall publish the constitution of the conference as adopted at Wright.

If any of our brethren desire to assist in securing subscriptions for the Washington (D. C.) church they can procure blanks for the purpose by addressing this office.

One of our Sabbath school workers writes: "I am ready to spend and be spent in the Lord's work, whether in the Sabbath school, or in any other place that he wants me." May God give us all the same resolution.

The HERALD is now on the exchange list of several of the papers of our sister conferences. We take this opportunity of thanking the publishers for their courtesy, and of wishing them continued success in the work which these papers represent.

On account of the severe climate, and the distance from the place of meeting, the Robinson Sabbath school is much broken up. The secretary, however, writes that one family will continue the school until the return of warm weather, when they hope for a revival of the interest. This is the spirit that brings success.

Next Sabbath, the 7th, contributions will be made in all of our churches for the sanitarium work in England. The way seems to have been providentially opened to secure a very desirable property there for a sanitarium, and now we trust that all of our brethren will show a substantial interest in the enterprise by giving as liberally as their circumstances will permit.

Brother Thomas Benjamin, for several years one of the elders of the Grand Rapids church, with the assistance of his family, has sold over sixty copies of Christ's Object Lessons since the beginning of this campaign. They bid fair to reach the one hundred mark by the time this paper reaches its readers. This family has shown a commendable zeal in the work.

Volume VII of "Testimonies For The Church" is now ready for delivery. This is a neat little work of about three hundred pages, bound in cloth and limp leather. It is safe to say that this is one of the most important volumes of the series, as it deals with the great questions relating to the closing up of the gospel message. Every Sabbath keeper should read this instruction. Order from this office. Prices \$.75 and \$1.25.