

# THE WEST MICHIGAN HERALD

"Watchman, What of the Night?"

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## Evangelical Department

### "Courage in the Lord, Brethren"

Accompanied with a thrill and pathos that bespeak the Divine presence and heavenly endorsement, these words were uttered in my hearing nearly fifty years ago, by one of the pioneers in this cause, who now sweetly sleeps in Jesus.

It required courage in those days, when the number of believers was small, and prejudice and opposition knew no bounds, to take a stand on the message for the last generation in the face of all that was to be met, and that was actually met. Those who then embraced this message under such circumstances, did have that courage and heroism, reminding those who heard and knew them, of the courage and heroism of martyrs, of early Christians, and of all the saints whose lives are chronicled in Holy Writ.

And we need the same courage and heroism today that all of these had, and it is our privilege to possess these excellent qualities. But how shall we possess them? In giving way to unbelief and in talking unbelief, as did the spies that brought back an evil report from the promised land? Or by cherishing and talking faith, as did Caleb and Joshua? Shall we be characterized with much genuine courage and heroism, if we, with a perishing world around us, fold our hands in listless indifference, and do not by faith ven-

ture to do deeds of heroism to help in rescuing from the thralldom and bondage of sin, those who are outside of Christ and unprepared to meet him at his coming?

There is courage and courage heroism and heroism; in other words, there are two kinds of these traits: one that is of Satan and of the world; another that is of God and of his Spirit. There is a courage that is in self, that is based on self, and has for motive and animus the promotion of self and worldly fame, as Peter before his conversion, when he boastfully asserted that he could follow his Master into prison and lay down his life for him. There is another courage that is in the Lord, based on the Lord, and has for motive and animus the promotion of God's glory, and that fame and honor which comes from God alone, like Peter after his conversion, when, having felt his own utter weakness, he exalted the Lord and performed deeds of valor before a large concourse of people on the day of Pentecost, and saw thousands converted to the Lord as he had been.

Before his conversion, Peter displayed a kind of heroism in unsheathing his sword and wielding it to the cutting off of the right ear of a soldier whom he had aimed to kill. There are thousands today who display the same kind of heroism, who are, nevertheless, pusillanimous in the highest sense of that expression, when it comes to slaying of self, and standing nobly for Him who died for them, as did Peter when possessed of true courage and genuine heroism after his conversion to the Lord.

There is not a command of the Lord from Genesis to Revelation

for us to be discouraged. Everything in the plan of salvation is of a character to lift the clouds of gloom and discouragement from those who humble themselves, repent, and believe in the Lord Jesus Christ. Moses as a type of Christ said to his people before their entrance into the promised land: "Be strong and of a good courage, fear not, nor be afraid of them, for the Lord thy God, he it is that doth go with thee; he will not fail thee nor forsake thee." Deut. 31:6. And these words are as applicable to us as they were to ancient Israel. And we have more to encourage us than the Israelites had to encourage them in the days of Moses. The heavenly Canaan is near, and soon, if faithful and believing, we shall enter into it, and possess it with all its wealth and inconceivable glory.

There is nothing that encourages like walking in the ways of the Lord and enjoying the presence and operations of the Spirit of God. By faith we may walk in God's ways, and receive His spirit without measure, that it may work through us mightily to the furtherance of the best of causes. Jesus informs us that we shall have tribulation in the world; but immediately adds: "But be of good cheer, (have good courage. French Translation) I have overcome the world." John 16:33. It were vain to talk of courageous deeds, of valor, if difficulties were not to be met. It is when meeting difficulties and the deadly foe, that the good soldier shows courage and heroism.

Brethren and sisters, let us by faith be strong and courageous in the Lord, and magnify his grace by doing valiantly for him and his cause, that we may at last receive the "Well done, good and faithful servant, from the lips of our dear Saviour and Exemplar, of whom it is written: "He shall not faint nor be discouraged." Isa. 42:4. D. T. Bourdeau.

## Educational Department

### Church Schools No. 1

BY G. W. MORSE.

In the following series of articles it is proposed to study this subject from the standpoint of the underlying principles upon which it rests. It is purposed to consider the relations that exist between the church and the educational question, and between church schools and state schools. There are several other phases of the question, and allied interests, that must be considered in this connection in order to arrive at correct conclusions regarding the subject.

#### Definition of Church Schools

By "church schools" is meant schools founded, supported and operated by the church, independent of the public schools operated by the state. The purpose of founding and operating church schools, is that the children and youth affected thereby may be educated in such a way as to establish them in the religious faith of the church, and that they may be prepared to lead lives of greatest usefulness in the world, and glory to God.

Church schools are institutions of the church, and are, therefore, evangelical and ecclesiastical in character. They are gospel institutions. If true to name they are founded and operated for the grand purpose of securing the salvation of souls. If true to name, the church cannot engage in any line of work that is more thoroughly evangelical in character than church schools. If they are not true to name, there is no occasion for their existence.

#### Position in the Catalogue of Lines of Church Work

Since the educational work begins with the infant, it is at once evident that it stands first on the list of work for the church to espouse. Nothing else should precede it. This work has the first claim upon the church, and this

claim should be met, and met properly. Not that all the resources of the church should be expended here, not that other lines of work should be ignored while providing for this; no, not that. But the educational work, being, as it were, the first rung in the ladder, the first layer in the foundation wall of the structure, the initial movement in the onward march of the church to its final triumph, must be given requisite consideration at the outset. And, as there is a continual and never-ceasing stream of recruits to the generation of beginners in life, candidates for the army of students, prospective subjects of salvation, so this initial work of the church—the educational work—must ever and always constitute a first claim upon the resources and abilities of the church. If this be neglected, the requirement is, "Return and do thy first work."

#### The Responsibility of the Church in this Matter

In Psalm 127: 3, we read: "Children are an heritage of the Lord, and the fruit of the womb is his reward." Here the Lord distinctly and unequivocally states his relation to children as they come into the world—they are his heritage, the reward of his creative power and preserving care. He announces his claim upon them, they are his property. This claim applies to all children who come into the world.

Now take the instruction given by the Saviour regarding the divine claim above quoted: "Suffer little children to come unto me, and forbid them not, for of such is the kingdom of heaven." Thus the Saviour reiterates the claim made by the Lord, as before quoted.

In these words the Saviour also recognizes the fact that children are subjects for gospel labors and influences as well as adults. Again: just before his ascension to heaven, in speaking to Peter as the repre-

sentative of the church, Christ said very emphatically, "Feed my lambs." To make this exhortation the more important he repeated it the second time, being, perhaps, the only instance of the kind in his teaching while on earth. By these words Christ gave to the church as an organized body, a special commission properly to educate children, and he presented this work as the first test of love to himself. Then to show that the church should continue its gospel labors with an individual all through life, Christ said to Peter as a further test of love, "Feed my sheep." Thus we have the most conclusive testimony direct from the great Head of the church, that the responsibilities of the church in the matter of the education of human beings begins at the cradle and lasts to the close of life.

#### Important Meeting of the Board of Trustees of Emmanuel Missionary College

The Board of Trustees of the Emmanuel Missionary College held a meeting at the College on September 8, there being present: Wm. Covert in the chair

A. G. Haughey	E. A. Sutherland
Allen Moon	P. T. Magan
J. H. Haughey	N. H. Druillard
S. E. Wight	E. R. Williams

The meeting was one of the pleasantest ever held by the Board, and a spirit of interest in the school and courage for the future was manifested by all. The Study Hall building, which is being erected, was talked over at considerable length, and plans laid for finishing it.

It was unanimously voted to take up the work on "Christ's Object Lessons" again, as soon as possible, in all the conferences which form the constituency of the Emmanuel Missionary College. The conference presidents present were of good courage over the work on "Christ's Object Lessons," believing that it is God's own

**Educational Department**

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means of establishing this school.

Last spring the matter of insuring the College buildings was discussed by the Board. To insure our buildings to two-thirds their value, and two-thirds the value of the contents would cost in the neighborhood of \$1,000 per annum. At the former meeting it was decided to ask the advice of a number of the leading lay members in the conferences on this matter. The school cannot possibly pay from its regular operating funds, \$1,000 per annum for insurance. This would be altogether too heavy a tax. The only sure way of paying this amount would be from donations. The Conference presidents sent letters to the undersigned, giving the names of the leading lay members in their conferences. There were eighty-four such names sent in, and a letter stating the facts in the case was sent to each of these brethren. Thirty-one replies were received, twenty-eight of which were opposed to insuring, largely on account of the great expense, while three were in favor of it. At the meeting just held, the Board decided, on account of the practically unanimous decision of our leading lay brethren, that we would not insure the buildings for the coming season.

The school will be opened again for students on the 21st of October, at which time we hope to welcome a number of earnest young men and women who wish to prepare for the Master's service.

P. T. Magan,

Sec'y of Trustees of E. M. C.

We should awake out of sleep and put forth the entire energy of the church in behalf of the children.

"The teaching of the Bible should have our freshest thought, our best methods, and our most earnest effort."

**Medical Department****Fruits**

Of all classes of foods, there are none that, to the unperverted appetite, are eaten with more relish than fruits. This is especially true during the summer months when fruit is so abundant. But fruit may be eaten at all seasons with great profit, not because of the great nutritive value, but on account of the organic acids, sugar, and pure water they contain. Ripe fruits are a predigested food, being made so by nature, and are ready to be absorbed into the blood. They contain no starch, fat, and practically no proteid, and, therefore, need no digestion.

Many people entertain much prejudice concerning fruits, claiming that they cause disorders of the bowels, indigestion, etc. These are altogether erroneous ideas, for the exact opposite is true. Germs cannot live in an acid media when the alimentary tract is disturbed by the presence of germs causing fermentation and putrefaction. If fruit juices not containing cane sugar be freely taken, they will cleanse the digestive tract and make the person much more comfortable, if not completely cure him.

Fruits taken alone form an ideal third meal. They not only cleanse the digestive organs but are quickly absorbed, giving the organs time to rest before their work the next day.

When the juice of one lemon is added to one ounce of water and allowed to stand for one-half hour, all the disease-germs in that water are dead. This fact makes the use of fruit juices an excellent food in fevers, such as typhoid and intestinal disorders.

Rheumatics often experience great relief from the free use of ripe fruits. They should, however, not be taken with large quantities of cane sugar, but rather use sweet fruits, as figs, prunes, raisins, pears,

and sweet apples to sweeten sour fruits. A fruit diet is an ideal one for persons who are too fleshy. The fruit fills the stomach, thus satisfying the desire for food, and yet furnishes but little nourishment. Have the morning and evening meals consist wholly of fruit, and the noon meal of a more solid substance. The same is true of persons suffering from biliousness. A coated tongue on rising in the morning may be changed to a normal condition by a few exclusively fruit meals.

The acids in the fruits stimulate increased peristaltic movements, and thus often cure chronic constipation. Take the fruit at the beginning or just before the meal when relief of the above trouble is desired.

Periodic sick headaches and nervous prostration may be greatly helped by partaking freely of a fruit diet. Before the headache is expected, confine your diet to fruits for a day or two.

When fruit is used exclusively, four meals a day are better than three. The fruit should be well masticated.

P. S. Bourdeau, M. D.

**Resolve**

To keep my health.

To do my work.

To live.

To see to it I grow, and gain, and give.

Never to look behind me for an hour.

To wait in weakness, and to walk in power,

But always fronting forward to the light,

Always and always facing toward the right.

Robbed, starved, defeated, fallen, wide astray—

On, with what strength I have, Back to the way.

—Charlotte Perkins Stetson.

"LEISURE and I have taken leave of each other," said John Wesley at 24.

### News from the Field

#### Mendon

Sabbath, October 3rd, was a good day for the churches at Glenwood and Decatur, as they all met at Decatur, and held their quarterly meeting together. We spoke on the importance of being united as one. If each individual would let the mind of Christ be his mind there would exist perfect harmony and all differences would cease. The power of God came into the meeting, and feelings that had been existing between some of the members cleared away. At the close of the discourse, a testimony meeting followed, and nearly every one expressed himself as having received much of the blessing of God. Some expressed the thought that we are keeping back the power of the latter rain by talking of the faults of one another instead of the love of God, "by beholding we become changed."

We returned to Glenwood and held two meetings with that church. One sister wishing to unite with this body, a vote was taken that she be received, subject to baptism. We expect to continue to labor for souls as God opens the way. The Lord will give success to those who are truly called. "It is not a call to talk, but a call to bring souls to the cross of Christ. We are to expect success, we are to expect souls won to God, and we should be alarmed for ourselves if we go and do not feed and save souls."

Oct. 8, 1903. B. Hagle.

#### Shelby

The cloud which has been hanging over our people here is rising, and God's spirit is coming in. Two united with the church at our late quarterly meeting. One sister, who came among us in July, has lately gone to Berrien Springs to take a brief course of study at Emmanuel Missionary College,

with the view of preparing to work in the field. There is a disposition on the part of some of the members, to make our house of worship more attractive. A movement is on foot also, to make substantial improvements on the church property. If these plans are carried out it will mark the beginning of a new and brighter era for the work of God for this time, in this place.

Oct. 4, 1903. H. E. Hanson.

#### An Interesting Experience

An account of an experience which reached us recently from one of our larger churches, we consider it worth passing on. When the plan for collecting the missionary offerings weekly by means of the little envelope, was being inaugurated, this church did not adopt it. But as the matter was continually agitated, they saw that they must either give the suggestion a trial, or place themselves upon record as opposed to it. The church officers decided to try it. The church became interested, and took hold with a will. The first Sabbath that the envelopes were used, 84 were returned, and the next Sabbath 169. In the two Sabbaths more than an average of ten cents per individual was donated, for the offering amounted to over forty-seven dollars, and the elder wrote that by far the larger part of that amount would never have been given for missions, had not the envelopes been used.

Others are having similar experiences. The Lord in his loving-kindness has committed to us a great work—not that he needs us to save the world, but that we need to work that our own salvation may be assured.

A weekly remembrance of the needs of the field seems a small matter, and yet if every Seventh-day Adventist will take hold with a determination to support this work in the regions beyond, the needs of our present force of laborers will be supplied, new recruits can be placed at the front, and we can quickly surround the old earth with the last message of mercy. Shall we do it?

Mission Board.

### News and Notes

At the recent Council held in Washington, D. C., it was voted that the week of prayer be held from Sabbath, December 12, to Sabbath, December 19.

The last word received from Elder Haughey brings the encouraging report that his condition is greatly improved, and it is believed he will soon be convalescent.

It was also voted at the recent Council, that all our churches, and people everywhere in this country make a special effort to sell a large number of the forthcoming issue of the *Signs of the Times*, on "Capital and Labor."

It was announced in last week's paper, that the Conference Committee met at Otsego, Oct. 15. After the matter was arranged for the press, the meeting was suddenly postponed, as Elder Butler phoned he could not leave Cedar Lake just at that time.

Sabbath, Oct. 17, Eld. Luther Warren addressed the Battle Creek Young People's Society. He made an earnest appeal for a number of young people to enter the work in the great and needy field of New York City, to which we trust some will respond.

The School of Health, arranged for the Battle Creek Church, to be conducted two weeks previous to the church Institute, Oct. 24-31, opened with a large class of earnest workers. The instruction given has been of a very practical nature, and each one in attendance has been much benefitted by the timely suggestions and hints for practical nursing, and the principles of healthful living.

The October "Bible Training School" will be a special judgment number, reminding us that in October, fifty-nine years ago, the judgment opened in the heavens. It should be placed in every home and read and studied. The Bible Training School is furnished at the following rates: 25 for 50 cents, 50 for \$1.00, 100 for \$2.00. Order from the West Michigan Tract Society, Otsego, Mich.