

The West Michigan Herald.

"Watchman, What of the Night."

VOL. II.

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THE WEST MICHIGAN HERALD.
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Missionary.

Invest a Stamp to Save an Infidel.

DAVID PAULSON.

There are thousands who have been driven into infidelity by hell fire doctrine and other monstrous perversions of Bible truth. God loves these people and will bless our efforts to bring the Bible before them in its original and fascinating beauty. With that end in view we shall issue the November LIFE BOAT as a special number for infidels and skeptics. We should not despair of leading many of this class to the feet of the Master and to the acknowledgement of present truth.

Elder Butler, who was once an infidel, will write his experience for this number, calling the attention of skeptics especially to the study of prophecy. Mrs. E. J. White, S. N. Haskell, W. S. Sadler, and other leading workers will contribute telling articles for the Old Book that the Spirit of God may burn into the hearts of many

unbelievers. Almost every page will contain the most incontestable evidence of the power of the gospel to transform human lives.

Send us the names and addresses of all the skeptics and infidels with whom you are acquainted, and a two cent stamp for each, and we mail them a marked copy of this special number. Or order a number of extra copies at two cents each and distribute them yourself. Do not forget to ask God to water the seed to be sown. The paper will be ready October 20.

Address the Life Boat,
Hinsdale, Ill.

Report on Missionary Campaign.

(Actions taken by the General Conference Committee Council, at College View, Sept. 18.)

1. WE RECOMMEND, That a mighty missionary campaign be inaugurated this fall which shall know no cessation until this gospel of the Kingdom is carried to every nation, tongue and people, and that such varied and effective plans be developed in every conference and church as will assign a specific place in this movement to every man, woman and child among us.

OUTLINE OF THE PLAN.

2. This campaign to be introduced in the following manner:—

(a) By devoting the month of November principally to the circulation of periodicals and tracts, and the month of December to the sale of "Object Lessons," "Story of Joseph," and such other literature as may be adapted to the development of interests already created.

(b) That missionary conventions of all our churches everywhere be held on Sabbath, October 29, and Sabbath, November 26. On the first Sabbath, October 29, the following topics would be considered:

A Call to Service, Mrs. E. G. White.

Continuance in Welldoing, A. G. Daniells.

Best Ways of Using Periodicals and Tracts, Various Writers.

Our Young People, their Privileges and Responsibilities, M. E. Kern.

In the second convention, Sabbath, Nov. 26, consideration would be given to the following topics:

Dedicated Literature, W. C. White.

The Development of House-to-House Workers, H. H. Hall.

Mission of Our Large Books, E. R. Palmer.

Family Bible Studies and How to Conduct Them, S. N. Haskell.

3. The readings and a suggestive program with detailed plans for the campaign to be published in the Review; and in order that this essential information and the valuable instruction and interesting reports from the world-wide field which this paper contains may be studied by all our people,—

WE RECOMMEND, That during the month of October, the librarians, church elders, and conference laborers seek to place it in the home of every Sabbath-keeper.

FOLLOW UP WORK.

4. To make this movement most effective and economical,—

WE RECOMMEND, That special attention be given to the work of following up every effort made by securing yearly subscriptions to our periodicals, holding family Bible studies, making missionary visits, etc.

MISSIONARY CAMPAIGN SUPPLIES.

5. That the periodicals to be given particular prominence be the Third Angel's Message series of the Signs of the Times, the special signs number of the Southern Watchman, and such special issues of Life and

Health, and our foreign papers as may be announced later.

6. Among the tracts, the use of which we would suggest, are "The Last Generation Message," "Heralds of His Coming," "Waymarks to the Holy City," "Who Changed the Sabbath," "Family Bible Teacher," and the new envelope series of the Religious Liberty leaflets.

7. We suggest the following books as being particularly appropriate in this movement as they may be used anywhere and at any time without consultation with the canvassing agent: "Object Lessons," "Story of Joseph," "Education," "Mount of Blessing," "Things Foretold," "Cobblestones," "Thoughts on Daniel" (paper), "Thoughts on the Revelation" (paper), "Great Nations of To-day," "Little Folks' Bible Nature," "Sunshine at Home," in foreign languages, "Steps to Christ," and "Power for Witnessing."

ORGANIZATION.

8. The president, missionary secretary, conference agent and superintendent of Young People's Work to be recognized as a committee in each conference to direct this campaign; but in view of the necessity of immediate action, we urge every church elder and librarian to begin this work at once.

Recommendations on the Canvassing Work.

(Adopted by General Conference Committee Council, College View, Sept. 19.)

Since the winter missionary campaign, beginning Nov. 1, has for its object the enlistment of the rank and file of our people, in a vigorous forward movement in the circulation of our small publications, and as this campaign should develop a large number of successful workers, who by proper encouragement and instruction would become efficient in the regular canvassing work, therefore

1. WE RECOMMEND,—

a That our conference and church officers and laborers make

note of all these workers that give promise of success as canvassers, and that they send their names promptly to the state agent or the State Tract Society secretary.

b. That as soon as possible after January 1, a series of canvassing classes be held in every conference into which shall be gathered these newly developed canvassers.

c. That in large conferences, and where these workers are widely separated, several classes be conducted simultaneously.

d. That the talent and experience of our successful canvassers be recognized and made use of by selecting from their number those best adapted to give instructions to classes where the state agent cannot be present.

e. That the conference officers arrange for suitable remuneration for these instructors while engaged in this class work.

f. That these classes devote at least half of their time to canvassing, thus putting into immediate use the instruction given.

2. WE RECOMMEND, That all canvassing agents be requested during the months of November and December, to unite with other workers in actual canvassing, to the end that their future work may be thus vivified and strengthened by fresh personal experiences.

Reasons For Lean Christians.

They own Bibles, but feed on newspapers.

They sing about peace, but do not surrender to get it.

They pray that the kingdom of heaven may come, but block the way by worldly living.

They listen to sermons on unselfishness, but pamper themselves in food and dress.

They wear crosses, but shrink from bearing them.

They praise Christ with their lips, but declare the things he did to be wholly impractical now.—Selected.

"Go ye therefore and teach all nations."

Extracts from a Talk Given by Mrs. E. G. White at the General Conference Council.

As I have considered the poverty and needs of the southern field I have been greatly distressed. I have earnestly desired that some method might be devised by which the work for the colored people could be sustained. One night as I was praying for this needy field, a scene was presented to me, which I will describe.

I saw a company of men working, and asked what they were doing. One of them replied "We are making little boxes to be placed in the home of every family that is willing to practice self-denial, and to send of their means to help the work among the colored people of the south. Such boxes will be a constant reminder of the needs of this destitute race, and the giving of money that is saved by economy and self-denial will be an excellent education for all members of the family."

I have written concerning these boxes and the self-denial they will encourage, and I now ask if you will not respect the light that God has given to His people. These boxes should be used more than they have been. And let no one ever by pen or voice hinder their circulation.

Let every mother teach her children lessons in self-denial. O, how much money we waste on useless articles in the house, on ruffles and fancy dress, and on candies and other articles we do not need. Parents, teach your children that it is wrong to use God's money in self-gratification. Tell them of the poor colored people, and their needs and encourage them to save their pennies whenever possible to be used in missionary work. They will gain rich experiences through the practice of self-denial, and such lessons will often keep them from acquiring habits of intemperance.

Let the work of these self-denial boxes be carried on more than it has yet been. And do not become

weariness of their use. We also ask you to give of your clothing such articles as you do not need.

The Saviour commended the widow who cast her mite into the temple. Others had put in of their abundance, but she had given of living, all that she had.

The Lord calls upon every one to whom He has entrusted means, to give for the support of his work. And he will greatly bless those who follow His example of self-denial.

Medical.

Acne Continued.

TREATMENT.

While Acne is usually an obstinate disease it is curable; and when treated thoroughly in its early development, yields most readily. Each case must be studied and treated by itself as the indications demand. The treatments may be divided into two—general and local.

It may be truthfully said that in very nearly all cases the question of diet is of the greatest importance. If the patient is eating very heartily, benefit may be derived if the quantity of food taken be reduced. Certain foods are most certain to produce Acne in some persons. Those having this tendency are pastries, hot breads, cheese, meat, (especially pork) any fried foods, chocolate, excess of sweets and starches. Of course alcohol, tea and coffee should be absolutely prohibited. One might just as well do nothing for a patient as to try to treat him while he persists in using tobacco in any form.

A diet consisting chiefly of fruits, grains and some of the lighter vegetables, will usually produce a great change in the condition of the patient. Generally speaking, it is advisable to cut off from your diet many of the so-called luxuries of life.

Systematic out-of-door exercise is of the greatest importance; next comes frequent bathing. A daily morning cold bath, and two warm,

but not hot, baths per week taken before retiring. The baths should be followed by brisk friction with coarse towels or with the flesh brush until the skin is glowing. Common salt may be used in the water or rubbed on the skin with much benefit.

Dyspepsia and constipation must be corrected when present. All habits must be regulated in harmony with the laws of hygiene.

When the face shows accumulations of pus it must be removed by opening the superficial and deeper purulent collections with a long needle. If blood flows from these slight wounds, it should rather be encouraged by bathing the parts with water as hot as can be borne for several minutes at a time, using antiseptic cotton for applying the water. Following this treatment use an ointment on the parts, which your physician has prescribed. Allow this to remain on all night. There are many reasons why it is preferable to do this operation at night than in the morning. This treatment should be continued every night until all the pustules have been thoroughly emptied; then rub the face with good toilet soap and warm water; after thoroughly washing the soap off with clear water, anoint the parts with a sulphur ointment. In the morning the face must be washed with cold water. If the case is a severe one, this steaming, soaping and anointing may have to be performed twice a day, in which case care should be taken not to get dust on the parts after the ointment has been applied. Usually the improvement which follows this local treatment is very satisfactory to the patient.

Any habit tending to congest the blood vessels of the face, such as tight collars, compression at the waist, should be discontinued.

While this disease never can be regarded as serious, so far as immediate death is concerned, the symptoms are certainly most unpleasant and should be removed by systematic treatments.

PATIENCE S. BOURDEAU, M. D.

News From the Field.

BIG PRAIRIE, NEWAGO CO.

On account of the soldiers' reunion at White Cloud we closed our meeting, Sept. 26. We held ten public meetings and had a good attendance and the interest was good.

No one accepted the truth but we believe that seed was sown on good ground that will grow.

While visiting the people we took seven orders for Christ's Object lessons, and a number of small books.

To the Lord we give all the praise.

A. L. EVANS.

GRAND RAPIDS.

The progress of "the message" in this city is encouraging to say the least. Almost every day the workers are finding openings for the introduction of the truth, the people seem not only willing, but anxious to hear. I had a very interesting conversation with a Presbyterian minister the other day, he was very sociable and friendly and asked me many questions concerning our faith. He expressed satisfaction at the scriptural answers I gave to his questions, and said he was glad he had opportunity to learn what he had, and would be pleased to learn more if the opportunity offered.

God is working upon the hearts of the people, and many among all classes hear "the truth" gladly. Several persons have come to me of late requesting baptism. We are of good courage and so THANKFUL that God is permitting us to have a part in heralding the good news of "Salvation" and a soon coming Saviour.

W. D. PARKHURST.

HOWARD CITY.

The meeting closed at this place Sept. 18. Four more went forward in baptism. One of the new converts requested brethren Thorp and Evans to go to Big Prairie, and hold meetings as there has never

been any work done at that place.

I am glad to say that our church is in a good working condition.

WILLIAM DRIER.

Tithe Report for September.

Allegan	\$ 40 00
Battle Creek	660 40
Bedford	37 97
Belding	12 99
Benton Harbor	44 72
Cedar Lake	10 62
Carson City	14 23
Clifford Lake	3 94
Denver	9 58
Eaton Rapids	5 52
Grand Ledge	18 50
Grand Rapids	149 16
Hesperia	27 52
Individuals	37 72
Medical department	10 00
Mt. Pleasant	6 70
Otsego	16 04
Palo	14 50
Pottersville	24 90
Shelby	14 77
Urbandale	16 00
Wright	53 29
	1228 08

Items of Interest.

Elder A. G. Haughey has moved from Plainwell to Otsego.

The new church building at Paw Paw will be dedicated soon.

The blue pencil mark here means that your subscription has expired. Please renew at once.

We hope that all the Sabbath-school secretaries will be prompt in sending in their quarterly reports.

Brother M. N. Campbell, our field secretary, gave the office a short call on Monday afternoon. He is of good courage in his work.

On account of failing health Prof. H. A. Washburn resigned his position as president of the Emmanuel Missionary College and N. W. Kauble has been appointed to fill the vacancy.

Elder A. G. Haughey, Miss Lillian Smith and the editor spent

Sabbath in Battle Creek. We were glad to have the privilege of hearing Sister E. G. White once more. She spoke at the Tabernacle at 11:00 a. m. and at the Sanitarium at 4:00 p. m. On Sunday at 3:00 p. m. she spoke at the Tabernacle. The Lord blessed her abundantly. He gave her a message and then gave her strength to give it to the people. Her son, Elder W. C. White was with her. They expected to start for California Monday, October 3. May the angels of the Lord go with His servants.

Battle Creek News.

Elder S. H. Lane of the New York conference is in the city for a few days.

Prof. Lamson and wife expect to leave Battle Creek this week to take up their work in the East Michigan conference.

Delmer P. Wood of the East Michigan conference, is spending a few days in Battle Creek with his mother and other friends.

On Monday morning R. A. Hart went to Petosky on a little business trip; will be absent from the city for a few days.

On Sabbath a collection of about \$167 was taken up for the Haskell Home. This is much needed at that institution, as funds are running low and winter is coming on.

Brother Arthur Bayley who was invited to take a position with the East Michigan conference, at the recent camp-meeting, thinks he should not run away from his present duty just yet, and has therefore declined the nomination.

People were present from Charlotte, Grand Ledge, Kalamazoo, Marshall, Tipton, Augusta, Lansing, Otsego, Bedford and Mendon, at last Sabbath's services, to hear Sister White speak. They surely were not disappointed in the discourse, for it was most impressive.

On Sunday, Sept. 25 about thirty of the Sanitarium family went with Dr. Kellogg to St. Louis to be present at the Battle Creek Sanitarium day at the World's Fair, Sept. 29. Dr. Kellogg returned on Friday and in the evening after the Sabbath spoke to a very interested audience of patients and helpers, concerning the success of the day. He said the program, which consisted of fifteen-minute speeches by our Doctors and other friends of the institution, touching on the underlying principles of our work, together with health school demonstrations etc, began at 11 o'clock in the morning and lasted till 7 o'clock in the evening, and the audience which filled the great Congress hall, stayed all that time and listened attentively. This was a record breaker in the history of the fair, as it was the largest audience which had been obtained in that hall since the beginning of the fair, and was certainly a red letter day in the history of our Sanitarium.

Readers for the Children.

Teachers and parents will be glad to know that the first two books in the series of bible readers are ready for use this fall. Every church school and every home where there are children should be supplied. Bible Reader No. 1 sells for thirty-five cents (35c); Bible Reader Second Year, forty cents (40c.) Part one of the Bible Reader Third Year can be obtained from The Advocate Publishing Co. for twenty cents (20c). This portion of the book is printed in pamphlet form for use this fall in the church schools.

These readers deal with stories of the Bible. The vocabulary is built gradually; beginning with a few words and gradually increasing the number. The three books correlate Bible, nature study, geography, history, language, reading, writing and spelling. Each is complete in itself.

Address West Michigan Tract Society or the Advocate Publishing Company, Berrien Springs, Mich.