

*A. G. Danville
Tacoma Park Sta.*

The West Michigan Herald.

"Watchman, What of the Night."

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THE WEST MICHIGAN HERALD.

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Waiting And Trusting.

"I know not what to-morrow's sun,
May bring of ease or pain,
I only know whatever's done—
I shall not dare complain.
Since every day my Father's hand
Doth lead me where he will,
And when I cannot understand,
I wait—and trust him still.

—Selected.

Missionary.

Service in the Home.

How many times we find Christians manifesting a desire to do a great work for the Lord and in their imagination they are looking forward to some project that THEY cannot possibly attain, overlooking the work that already lies at their door, for there is a work for every child of God to do, and any work that belongs to the Lord, no matter how humble it may seem to us is of utmost importance.

The very best place to begin this work is in the HOME. Each moment and hour that go to make up the days and weeks of a lifetime should be spent "as unto the Lord."

How can God be glorified and Christ be lifted up in performing

the humble work that belongs to household duties is a question that perplexes the mind of many an honest but tired, housewife. In the first place we must remember that God knows all about our surroundings. So much depends upon the attitude we hold toward the work. Cheerfulness and real love for the work will lighten the burden and make the most humble task truly a pleasure. Work thus performed is as much the Lord's work as preaching the gospel. I believe that God is just as well pleased with a nicely made bed and a well swept floor as He is with a well written page for our periodicals that go out to the world and reaches the hearts of men. He who has said that the very hairs of our heads are numbered notes all the little details of our everyday life.

The cleanest, neatest, best kept home in the world where love and harmony prevails should be the Seventh-day Adventist home. The healthiest and happiest children to be found should be those reared in the home where the coming of the Lord is eagerly looked for. Our neighbors are watching us ready to criticise. Let us hold up the standard and set an example to our neighbors in neatness as well as in other things.

Surely the Lord has been grieved at some of our slackness in our homes. We do not need a palace or grand furnishings to make our homes attractive and inviting. Can we truly have the abiding presence of Christ and the angels of the Lord encamping round about us in homes that are in a state of confusion and uncleanness. If we would have our children love home more than any place else on earth, if we would have influence with our friends and neighbors, if we would have the

highest ideal of a Christian life, if WE WOULD PLEASE the DEAR LORD let us begin by making our everyday home life a delight. This should not involve a heavy burden upon one person and that one the wife and mother, but each one of the household SHOULD feel a common interest and responsibility.

Let each child, boy as well as girl, be taught to do some task and thus all working together, home will be kept bright and clean, and all the members of the family will have time to do other missionary work as well, and will be a real blessing to the community in which they live. Much trouble which arises in the home work is in the putting off work that SHOULD be done at once til some future time. "Never put off until tomorrow what you can do to-day" is a motto which should be practiced in the home above every place else. It is so easy to put off performing some task until a LITTLE later—a habit that will always bring confusion and perplexities.

Poorly cooked food is due more to putting off work than anything else. Let the work be well planned and plenty of time given each task and then will our work be accomplished without worry and fretting. In this as in other work for the Lord, let it be done to His glory then will we be blessed and happy and will be better prepared to enjoy the mansions He has gone to prepare for those who have been "faithful over a few things He will make ruler over many things."

EDITH E. BRUCE.

"Let your light so shine before men, that they may see your good works and glorify your Father which is in heaven."

"Ye are the light of the world. A city that is set on a hill cannot be hid."

News From the Field.

CHARLOTTE.

We are glad to be able to pay all of our accounts and have money left in our treasury. Last winter we sold "Signs" on the street which added a neat sum to our treasury, and we paid \$1.77 on our Sabbath-school supplies.

At the present we are sending out mail to our friends. Our society is sending out ten copies of the "Signs" each week, and we get some encouraging reports from those who are receiving them.

MRS. EMMA PRICE,
Librarian.

NUNICA.

Ever since September 2nd I have been at Nunica with Brother Kneeland. The Lord is blessing our work at this place. Four precious souls are keeping the Sabbath as the result of our labors. There are others who are much interested and we believe they will accept God's saving truth for the last generation.

We have been holding public meetings in the town hall but they closed Sunday night, October 16th, and we will do house-to-house work with those who are interested.

We have secured a church about seven miles from here where we expect to hold meetings when we leave here. However we expect to look after the work at this place.

J. W. HOFSTRA.

MUSKEGON.

The Lord is manifesting His guiding hand in the work here. And while we labor and do our part we look to Jesus for success. We must sow the seed and God will gather the fruit if not to-day, tomorrow, if not for us; for others.

Some of the people here are deeply interested in the study of the truth, and others have come to the deciding point. Remember the work in this place before the throne of grace. There are those who are just beginning the study of the

truth. It is a problem to know how to reach the people and get them interested. Sometimes we have to become interested in them and the work they are doing in order to get an opportunity to reach them. I do thank the Lord that He never fails to go before us to prepare the way.

ANNA KEMSTRA.

GRAND RAPIDS.

We are much pleased to note the progress of the medical work in City of Grand Rapids. Our doctor and nurses have been very busy during the past months. Many precious souls are being reached, and some leading minds are accepting the precious message. We are very much encouraged over the outlook for the progress of the medical work. We are thoroughly convinced that by and through the medical work the better class can be reached in our large cities. We hope to see much greater efforts made by all of our conferences along this line.

A. G. HAUGHEY.

CEDAR LAKE.

I spent Sabbath, October 15th, with the church and school at Cedar Lake. We had a very precious experience with the brethren at this place. The Lord came very near and the hearts of the brethren were touched. Every family that were not already readers of the "Review" gave their subscriptions at the close of the morning meeting. This is the first church I have visited in the interest of the special campaign, and am very much pleased to be able to report so favorably.

A number of copies of Object Lessons were taken at the afternoon meeting, and again in the meeting with the students they decided to make a special effort in distributing literature during the fall and winter. We believe the blessing of the Lord will attend their efforts.

A. G. HAUGHEY.

Medical.

GRAND RAPIDS.

During the past three months our medical work in Grand Rapids has been steadily increasing so that we have been able to keep two nurses busy in the office and treatment rooms.

We now have a very good class of patients who appreciate the fact that they can receive Battle Creek Sanitarium treatments in Grand Rapids.

One patient came to us from a distant state and received treatments for nearly three months. As she began to improve in health, there was manifested by her a spirit of inquiry as to the reasons why we are Seventh-Day Adventists, which we tried to meet as far as time and opportunity would permit. Each time she came for treatments, it was difficult to determine which she cared most about, the efforts put forth for her physical restoration or the religious instructions given. When she left for her home, we promised to send reading matter each week. In every letter received from her, she speaks of how she likes the papers sent her, giving us to understand that she reads every word in them with much interest.

Another patient came from a city not far distant, and was able to stay with us just two weeks. She had never even heard of rational treatment, but took to them very readily and improved so rapidly that her parents were very much surprised to see the change that had been effected in so short a time and without her being dosed with strong medicine.

In a letter received from her last week she writes thus, "Since returning home I have been studying the leaflets you gave me and have become much interested in the Sabbath question. I cannot find any good reason for the observance of Sunday as the Sabbath. As to the mode of baptism, I am satisfied that immersion is the only right way. I regret that while I was

with you, I did not learn more than I did. I missed the Bible as much as I did the treatments after I came home."

These cases show us how God will work physically and spiritually for those who are disposed to accept the means and instructions he offers so graciously.

After Miss Lemons went home in July for a needed vacation the Sanitarium kindly sent us Miss Mary Wilbur, who has for over two months done faithful work, which has been greatly appreciated; now that she returns to the Sanitarium, Mrs. Edith E. Bruce comes to work with us, Miss Lemons having decided that duty calls her home for the present.

While we are very sorry that Miss Lemons, who has proved such efficient help in this medical work from its beginning, cannot continue with us, we are pleased to know that Mrs. Bruce comes to us feeling a real burden for this work, and are encouraged, knowing that God is leading.

PATIENCE S. BOURDEAU, M. D.

Health Notes.

"Health is a great treasure. It is the richest possession mortal can have. Wealth, honor, or learning is dearly purchased, if it is to be at the loss of the vigor of health."

"None of these attainments can secure happiness if health is wanting. It is a terrible sin to abuse the health God has given us. Every abuse of health enfeebles for life, and makes us losers."

"There is a distinction between recreation and amusement. Recreation, when true to its name, recreation, tends to strengthen and build up. Calling us aside from our ordinary cares and occupations, it affords refreshment for mind and body, and thus enables us to return with new vigor to the earnest work of life."

"The whole body is designed for action; and unless the physical

powers are kept in health by active exercise, the mental powers can not long be used to their highest capacity. By pursuing one line of thought exclusively, the mind often becomes unbalanced. But every faculty may be safely exercised if the mental and physical powers are equally taxed, and the subjects of the thought are varied."

"Since the mind and the soul find expression through the body, both mental and spiritual vigor are in a great degree dependent upon the physical strength and activity; whatever promotes strength, promotes the development of a strong mind and a well-balanced character. Without health, no one can as distinctly understand or as completely fulfill his obligations to himself, to his fellow-beings, or to his Creator. Therefore the health should be as faithfully guarded as the character."

Educational.

"Education is but a preparation of the physical, intellectual, and moral powers for the best performance of all the DUTIES OF LIFE."

"It is the nicest work ever assumed by men and women to deal with youthful minds. The early education of youth generally shapes their character for life."

"It is not education or intellectual ability that will bring souls into the light of truth. The power to move souls will be found when you practice the lessons you have learned in the SCHOOL OF CHRIST."

"It is not the highest work of education to communicate knowledge merely, but to impart that vitalizing energy which is received from the contact of mind, of soul with soul. It is only life that can beget life."

"True education means more than taking a certain course of

study. It is broad. It includes the harmonious development of all the physical powers and mental faculties. It teaches the love and fear of God, and is a preparation for the faithful discharge of life's duties."

"The great object of education is to enable us to bring into use the powers which God has given us, in such a manner as will best represent the religion of the Bible and promote the glory of God. For all the talents, which God has intrusted to us, we are indebted to Him who gave us existence."

Sabbath-School Notes.

A few of our Sabbath-school secretaries have not sent in their quarterly reports. If you are one of the few we hope you will send in your report at once.

"If the time that is worse than wasted in gossip, in ministering to pride, or for the gratification of appetite, were devoted with equal interest to the study of the Bible, what an encouragement would be given to our Sabbath-schools!"

In order for the Sabbath-school machinery to run smoothly it must be oiled by the spirit of God. "Let all things be done decently and in order, for God is not the author of confusion." Let us have the spirit of God with this order, and then our Sabbath-school work will not become irksome.

"The Sabbath-school affords to parents and children a precious opportunity for the study of God's Word. But in order to gain that benefit which they should gain in Sabbath-school, both parents and children should devote time to the study of the lessons. Parents, set apart a little time each day for the study of the Sabbath-school lesson."

At the last session of the West Michigan Conference it was recommended that medical and Sabbath-school conventions be held at convenient points in the Conference, under the direction of the Conference Committee. You want to watch the columns of the "Herald" for we hope to have some plans made to carry out this recommendation. If you do not take the Sabbath-school Worker we hope you will subscribe for it immediately for the November number will have something on Sabbath-school conventions.

KELLOGG.

Sabbath, October 15th, I had the pleasure of visiting the Sabbath-school at Kellogg. The members of this Sabbath school are members of the church at Allegan, which is about six miles distant. On account of age and feeble health some are not able to go so far every Sabbath to attend church and Sabbath-school, so instead of having several "Home Department" members of the Allegan Sabbath-school, they have a well organized Sabbath-school which is held at the home of one of the brethren.

I was well pleased to see such a good interest manifested by both old and young, I am glad that the Spirit and blessing of God is not confined to large numbers. May God's choicest blessing rest upon all those who are trying to hold up the banner of truth in these small Sabbath-schools.

MARGARET HAUGHEY.

Items of Interest.

The organization of the church at Bangor was postponed until Sabbath, Oct. 22.

Mr Fletcher, the great doctor who advocates chewing as a remedy for disease, is a guest at the Battle Creek Sanitarium.

A mothers' meeting was held in the Sanitarium parlors Sunday afternoon, Oct. 16, at which Doctor Geisel presided.

The Cedar Lake Sabbath-school will hold an "Ingathering Service" Oct. 22.

The blue pencil mark here means that your subscription expires with this number. We hope you will renew at once.

Elders M. B. Miller and R. A. Hart had charge of the services at the tabernacle in Battle Creek, Sabbath Oct. 15. They spoke particularly of the coming fall and winter missionary campaign, and the importance of all having a part in it.

While visiting the Kellogg Sabbath-school we were glad to learn that every family takes the "Review & Herald" and the "West Michigan Herald." We wish this could be said of every Sabbath-school and church in the West Michigan Conference.

At a meeting of the Executive Committee of the West Michigan Conference held in Grand Rapids, Michigan, October 12, many important matters were considered. The following are some of them:

Voted, To assist the North Michigan Conference another year.

Voted, To assist the Emmanuel Missionary College during the school year.

Voted, to locate a laborer in Battle Creek to assist Elder M. B. Miller.

Prof. J. G. Lamson, Educational Superintendent of the West Michigan Conference and member of the Executive Committee, has been called to the same offices in the East Michigan Conference. At a meeting of the Executive Committee of the West Michigan Conference, which was held recently, it was voted that Elder S. M. Butler act as a member of the Conference Committee of the West Michigan Conference, and that W. E. Videto act as Educational Secretary to fill the offices made vacant by Prof. J. G. Lamson moving to the East Michigan Conference.

The churches of South Monterey, Allegan, Otsego and Kalamazoo will hold their quarterly meeting at Allegan Sabbath Nov. 5.

The church at Sand Lake will hold an "Ingathering Service" Oct. 30. The contribution that will be taken will go to the Haskell Home.

We are informed that they are having a fruit shower at the office of the Battle Creek Tract Society. In response to the call from Washington for canned fruit, the Battle Creek church took it up and are working through the districts and missionary societies for a donation of canned fruit for the school at Washington. Consequently, the office looks like a fruit storage room, and still it is coming in. They think they have over five hundred quarts. The children of the Haskell Home sent in 110 quarts of fruit they have gathered and canned. If they in their need have the willing hearts to do this for the Master, surely we should remember the orphans and help provide for their needs as the winter comes on.

Apples and Potatoes Wanted.

We are informed by the brethren of the Nashville Sanitarium and Training School for Nurses, that a very practical way of rendering them some much needed assistance, will be in donations of apples and potatoes or other produce that may be shipped. With the scarcity of means it will be material help to these brethren to be able to secure such provisions without the outlay of money and no doubt there are some of our brethren in Michigan who could well make up a shipment of this kind where fruit is plentiful and send it to these workers located where fruit is scarce and high priced. Of course it is desirable, if possible, to have shipments sent prepaid.

Send to Nashville Sanitarium, Church and Vine Streets, Nashville, Tennessee.

A. G. HAUGHEY.