

A. G. Daniels
Tahouma Park Sta.

The West Michigan Herald.

"Watchman, What of the Night."

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Missionary.

REVIEW AND HERALD.

The "Review" visits every family in the following named churches and companies:

Cedar Lake
Bangor
Bloomingdale
Otsego
Blendon
Holton
Paw Paw
Wright
Glenwood
Orange
Decatur
South Monterey
Allegan
Lowell
Kalamazoo

Prayer in Missions.

The experience of the church in apostolic days, as recorded in the New Testament, reveals an inseparable connection between prayer and missions. Mathew relates an instance:—

"And Jesus went about all the

cities and villages, teaching in their synagogues, and preaching the gospel of the kingdom, and healing every disease among the people. But when He saw the multitudes, he was moved with compassion on them, because they fainted, and were scattered abroad, as sheep having no shepherd. Then saith He unto His disciples, the harvest truly is plenteous, but the laborers are few; pray ye therefore the Lord of the harvest that He will send forth laborers into His harvest." Matt. 9:35-36.

Christ was the great model missionary. He left His home in heaven and came to this sin-stricken world where the lost and suffering were, to save them. He went about all the cities and villages, teaching the people, and preaching the gospel of the kingdom, and healing every kind of sickness and disease among the people.

As he engaged in this blessed unselfish ministry, and saw the weary, suffering multitudes scattered abroad, as sheep having no shepherd, he was moved with compassion on them. He said to His disciples, "The harvest truly is plenteous, but the laborers are few."

Up to this point we have the situation as it existed—the pressing needs of the suffering, perishing multitudes, and the altogether inadequate supply of workers. What was the recourse recognized by Jesus and pointed out to His disciples?—It was prayer. "Pray ye therefore the Lord of the harvest that he will send forth more laborers into His harvest."

This record certainly shows that the redeemer of the world, who is the source of supplies for all true missionary enterprises, teaches the closest possible union of prayer and missions. From this time to the close of the Bible record of mission-

ary experiences in the early church, earnest, unceasing, prevailing prayer is represented as preceding, setting in motion, carrying forward, and consummating that glorious work that gave the gospel to all the world in that generation.

Has this law of the kingdom changed? Is there now another way in which the church is to be stimulated, sent forth and sustained in world-wide missionary effort?

How consistent that Seventh-day Adventists, who have been raised up to give the last warning message of the gospel—the last call of mercy—to the world, should set apart a season of time each year for special prayer in behalf of this great missionary undertaking. Oh, that there shall be earnest prayer indeed for the progress of this cause! The missionaries toiling in difficult, destitute, sin-cursed fields at home and in the regions afar off need the earnest, triumphant prayers of the church of Christ. The multitudes of suffering, misguided, disheartened, souls in all lands need the sympathetic, affectionate prayers of those who have found the help they need. The men who have been appointed by the church to carry the responsibilities connected with the general management of this great missionary movement, need the prayers of God's people. And the treasury of the church needs the prayers of the church. Every week in the year that treasury must send forth at least three thousand dollars to support the missionaries who are now devoting their lives entirely to this work. They have left homes, friends and worldly vocations to give their lives wholly to missionary service. Their provision for support is their confidence in the promise of God, "Lo, I am with you always, even unto the end of the world." The earth is

the Lord's and the fullness thereof; and He has arranged that His church shall be the visible support of His work. If the church will do her duty in prayer and giving, the Lord shall supply her with the means. I repeat—the treasury of the church needs the prayers of the church.

The time and the situation to which we have come call for the earnest, importunate, heartfelt prayers of Seventh-day Adventists at this time. Let every professed believer in the third angel's message join with all his soul in the coming week of prayer services.

One magnificent feature of the week of prayer for 1904 will be the effort to raise \$80,000 in the annual offering for missions.

This can easily be done and what a burden of care and continual perplexity it will lift from many hearts. Blessed Master, thou who hast said, "It is more blessed to give than to receive," breathe this assurance into the hearts of all thy children, leading them to give as thou hast prospered them, and as thy suffering cause needs at this very time.

A. G. DANIELLS.

Set The Members To Work.

There are scores who have real ability, who are rusting from inaction, and yet many of these do not know how to set themselves at work for the Master. But let some one who has ability to devise ways whereby this talent may be utilized, lay out before these inactive ones the line of work that they could do, and let them understand that this is expected from them, and many who are now unemployed will become true laborers.

The parable of the talents should be explained to all. The members of the churches should be made to understand that they are the light of the world, and, according to their several ability, the Lord expects that His professed followers will enlighten and bless those around them. Those who have

heard so much preaching ought certainly to know that if they undertake to work for the Lord, they will have divine aid.

Do not pass by the little things and look for a large work. You might do successfully the small work, but fail utterly in attempting a large work, and fall into discouragement. Take hold wherever you see that there is work to be done. WHETHER YOU ARE RICH OR POOR, GREAT OR HUMBLE, GOD CALLS YOU INTO ACTIVE SERVICE FOR HIM. It will be by doing with your might what your hands find to do that you will develop talents and aptitude for the work, and it is by neglecting your daily opportunities that you become fruitless and withered. This is why there are so many fruitless trees in the garden of the Lord.

MRS. E. G. WHITE.

Medical.

What To Do For An Acid Stomach.

If the stomach sours immediately after meals, the cause is not fermentation, but the formation of an excessive quantity of hydrochloric acid. There is no harm in this, for there is also formed a sufficient amount of pepsin whereby the acid may be neutralized. Without pepsin, hydrochloric acid is simply an irritant. If the pepsin is present, the acid combines with the principal elements of the food, and thus aids digestion and does not irritate the stomach.

One cause of hyperpepsia is an inactive skin. Another is the excessive use of salt in the food. It is hence clearly indicated to discard the use of salt and to render the skin active by means of sweating baths. A sweating bath should be taken at least three times a week, a couple of hours before the principal meal is the best time. Food should be chewed very thoroughly. It is on this account best to eat the food dry. An eminent English physician requires his patients to chew each morsel of food one hun-

dred times. Long chewing creates a liberal quantity of saliva, which permits of the formation of pepsin. An excess of starchy foods should be avoided. Meat gives temporary relief, but at the expense of making things worse, by exciting the gastric glands, so increasing the amount of acid formed. Some of the best articles of food for those suffering from hyperpepsia are the following; Yolk of eggs hard boiled, or soft boiled and well mixed with granose flakes; zwieback, or twice baked bread.

The moist abdominal girdle should be worn at night. This consists of a towel wrung out of very cold water, wrapped tightly about the body, covered first with a mackintosh, then several thicknesses of flannel, sufficient to maintain a warmth and prevent chilling. Any person who will faithfully follow the simple suggestions made will rarely fail to be benefited.

J. H. KELLOGG.

Ideal Homes.

Some of the happiest and most ideal homes, where peace, contentment and harmony dwell, have been the abodes of poor people. No rich carpets covered the floors, no costly paintings were on the walls, and there were no pianos, no works of art, but there were contented minds, and unselfish and devoted lives. Each member of the family contributed as much as possible to the happiness of all, endeavoring to compensate by kindness and intelligence for the poverty of their surroundings.—Success.

"We often do more good by our sympathy than our labors."

"If the burdens of life be too heavy for thee call in the Burden-bearer."

"The under side of every cloud
Is bright and shining
And so I turn my clouds about,
And always wear them inside out,
To show the lining."

Haskell Home Fund Oct. 1 to Nov. 16, '04.

Allegan	\$13 06
Allendale	1 78
Benton Harbor	6 10
Berrien Springs	1 19
Blendon	5 00
Brookfield	2 68
Burlington	2 59
Carlton Center	3 03
Carson City	4 70
Clifford Lake	2 40
Climax Sabbath-school	3 43
Charlotte	4 15
Coldwater	2 43
Decatur	70
Denver Sabbath-school	4 86
Diamondale	2 81
Douglas	3 35
Eaton Rapids	3 50
Edmore	2 37
Emerald S. S.	25
Fremont	5 00
Frost S. S.	2 10
Glenn S. S.	71
Glenwood	2 19
Grandville	3 00
Greenville	15 36
Grand Rapids	8 20
Hartford S. S.	1 00
Hastings S. S.	1 76
Hesperia	2 77
Holton	2 76
Holton S. S.	2 75
Individuals	75
Kalamazoo	2 48
Kellogg S. S.	1 67
Kinderhook	50
Lakeview S. S.	1 56
Lowell	4 57
Lyons	75
Mendon	2 00
Mendon S. S.	6 00
Maple Grove	2 67
Monterey	5 07
Mt. Pleasant	2 94
Orange	5 94
Paw Paw	1 83
Potterville	3 28
Quincy	4 04
Rothbury S. S.	50
Sand Lake	1 88
Shelby	13 75
Sturgis S. S.	3 41
Trufant	4 08
Vermontville	7 72
Waverly	4 00
Wright	9 68

209 05

From The Field.

OTSEGO.

The church school has an enrollment of ten pupils.

Brother Snow of Charlotte has located his family here.

Sunday evening services are held at the church now. Brother W. E. Videto spoke last Sunday evening.

The following named persons attended the convention here last Sabbath: Brother and Sister Rumery of Hopkins; Lloyd and Carlton Brackett and Miss Laura Kellogg of Allegan; Sister Margaret Snow and grand-son, Charles Smith, of Kellogg.

Several of the brethren and sisters spent Sunday at the home of Sister Martha Carpenter, who resides about three miles from town, doing some practical missionary work in the way of making comforts for the Huntsville school at Alabama. We have been informed that the brethren did their part well. Some helped to tie comforts and ALL helped to dispose of the food that was provided for the occasion.

We are glad to report a good time at the Sabbath-school convention last Sabbath. Instead of holding the regular Sabbath-school short interesting exercises were conducted for the children and youth. After a short intermission the following subjects were discussed: "Object of the Sabbath-school Work; Its Relation to Other Branches of the Message," "How May the Sabbath-school be Made Effectual for the Conversion of Our Children and Youth," "The Relation of the Sabbath-school to the Church-school," "How Can the Opening Exercises be Made More Interesting," "What the Sabbath-school has Done for Me." A good interest was manifested throughout. At the close it was decided to hold another one sometime in the future.

NUNICA.

Our series of meetings at this place closed Oct. 16th. Much work, however, has been done since then in giving Bible readings and instructing the converts. The work has been carried on under many difficulties, but none were so great that the Lord could not overcome it. As a result of the work done here ten have already begun keeping the Sabbath. These with one brother, who lives about four miles from here, form the nucleus for a nice little Sabbath school of twenty members which has just been organized. Several who have not yet decided to obey are still searching the Scriptures to see if these things are so, and we are visiting them each week to aid them in the search for truth.

Since Oct. 20, we have been holding meetings at a church about six miles from Nunica, called the Nortonville Chapel. Here the church is well filled nearly every night. So much interest has been manifested that the minister who preaches at the Chapel on Sunday, and who has professed great friendliness for us has become frightened and is trying to stem the tide. But the people are anxious to hear the truth, and we earnestly desire the prayers of God's people that the whole gospel may be brought home to their hearts by the Spirit of God.

B. F. KNEELAND,
J. W. HOFSTRA.

"Instead of complaining of the thorns among the roses, we should be thankful there are roses among the thorns."

"I will lift up mine eyes unto the hills, from whence cometh my help. My help cometh from the Lord, which made heaven and earth. He will not suffer thy foot to be moved; he that keepeth thee will not slumber."

Notice.

The Michigan Sanitarium of Kalamazoo, Mich., will hold a special nurses course beginning Jan. 4th, 1905. T. H. Midgley, Manager.

Educational.

Greeting.

We are now located at Otsego, and have begun our work as educational secretary. The educational work in West Michigan has been placed on a solid basis through the active labors of those who have had charge of this department of the work. We now have nineteen schools in operation. Those teachers who have written take a bright view of the situation and seem to be filled with hope and cheer. We expect to visit all the schools as rapidly as possible and shall send reports from time to time.

We trust the teachers will all feel it a privilege as well as a duty to co-operate with us in making the Educational Department of the "Herald" all that it should be. These columns should serve as a means of communication among the teachers, that each may gain fresh inspiration and courage from the experiences of others. If you are receiving a blessing in your teaching, if you have learned something that might help some other teacher, send it to the "Herald." We wish that parents and patrons of the schools would tell us through the "Herald" what the Lord is doing for your children. How has the Lord rewarded your faith in placing your children in Christian schools? Your testimony may turn the balance in the mind of some hesitating parent who is debating whether or not he shall place his children in a church school.

W. E. VIDETO.

Academy Notes.

S. M. Butler spent Sabbath and Sunday with the company at Rothbury.

The Academy family were pleased to again welcome in their midst Mr. Ray Clarke, a last year's student, who arrived Thursday, Nov. 17th.

Prof. J. G. Lamson gave an in-

teresting discourse on education to a full house Sabbath, Nov. 12. He emphasized the thought that the youth should not be satisfied with anything but the best in education.

The Academy is much in need of three or four good cows. Perhaps our brethren, who are able, will feel that it would be good missionary work to donate one each to the school. Those interested may correspond with S. M. Butler, Cedar Lake, Mich.

One acre of sugar beets was grown on the Academy farm this season as an experiment. Beet growing is a new industry in this locality, so that it is not yet known whether it is a profitable crop to raise on this soil. Ours have been sent to the factory, and the readers of the Herald will learn the results later.

The pipe which conveys the water from the well to the barn has been relaid, and is now five and one half feet below the surface. It is thought this is far enough below the frost line to afford protection against freezing. A permanent building with a stone foundation and filled walls is now being erected over the water tank. This will be shingled, sided, and painted the same color as the barn. The work is being done by Mr. Clard Rosinquist one of the students.

The chapel exercises at the Academy, held from half past eight to nine o'clock each morning, are especially interesting. Each Monday morning a missionary study is conducted. Tuesday, current events. Wednesday, miscellaneous. Thursday, the science of common things, and on Friday, the Sabbath school lesson is studied. For the present, the missionary study is on the life of Joseph Bates. "Why moisture appears on a lamp chimney when it is lighted, "Why the sun gives light upon the earth" and "Why fire burns" are the "common" things to be considered at the next science study.

News and Notes.

The Third Annual Session of the West Michigan Conference will be held January 20-25, 1905.

Do not forget that Sabbath, November 26, is the time for our second missionary convention.

The week of prayer will be Dec. 10-17. The readings for that time will be published in the "Review."

This blue pencil mark is to inform you that your subscription expires with this number. We hope you will renew at once.

"The sowing has past, the harvest has come,
The garners are filled; ring out the glad song.
Let the autumn frosts freeze and the winter
blasts chill,
Thanksgiving to God, we are safe from all ill."

We have a large supply of the tract entitled "The Gospel Message for To-day." This is a good tract to use in the campaign work. Price 1 cent each; 70c a hundred. Send in your order at once.

We quote the following from a recent communication which E. A. Merriam received from H. E. Osborne, who went to California some time ago on account of failing health: "I am thankful to be comfortable physically and my appetite is good."

Whenever you get in a tight place and everything goes against you till it seems as if you could not hold on a minute longer, never give up then, for that is just the place and time when the tide will turn.
—Harriet Beecher Stowe.

Dr. Patience S. Bourdeau and two nurses, Mrs. Bruce and Mrs. Waggoner, went to Dutton one evening last week in the interest of the medical work. Dr. Bourdeau gave a talk on hydrotherapy and the nurses gave demonstrations. They had a good audience and a good interest.