

# The West Michigan Herald.

"Watchman, What of the Night."

VOL. III.

OTSEGO, MICHIGAN, MARCH 22, 1905.

No. 11

THE WEST MICHIGAN HERALD.  
Issued every Wednesday by the West Michigan S. D. A. Conference, Otsego, Michigan.  
Rate: 25 Cts. per year (50 numbers) in advance.

Entered Sept. 23, 1903, at Otsego, Mich., as second class matter, under Act of Congress of March 3, 1878.

CONFERENCE OFFICERS DIRECTORY.  
President—A. G. Haughey, Otsego, Mich.  
Vice President—S. M. Butler, Cedar Lake, Mich.  
Secretary and Treasurer—E. A. Merriam, Otsego, Mich.  
Asst. Sec'y and Treas.—Jennie Nelson, Otsego, Mich.  
Field Secretary—M. N. Campbell, Paw Paw.  
Superintendent of Education—Prof. W. E. Videto, Otsego, Mich.  
Editor West Michigan Herald, Secretary Sabbath School Assn.—Margaret Haughey, Otsego.  
Medical Supt., Dr. P. S. Bourdeau, 475 Wealthy Ave., Grand Rapids.

#### EXECUTIVE COMMITTEE.

A. G. Haughey, S. M. Butler, W. D. Parkhurst, M. N. Campbell, Joseph Smith.

### Evangelical.

#### Retrenchment.

MRS. E. G. WHITE.

My brethren and sisters, do you plead for retrenchment in evangelical work? Read the closing verses of Matthew's gospel, which contains the seal of the worker's commission. "Jesus came and spake unto them, saying, all power is given unto me in heaven and in earth. Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost; teaching them to observe all things whatsoever I have commanded you; and, lo, I am with you always, even unto the end of the world."

This commission can not be fulfilled unless workers are educated and sent forth and sustained.

God's people are to sit together in heavenly places in Christ. So long as there are souls to save, their interest in the work of soul-saving is to know no abating. If we expect to feel in our lives the moisture and dew of heaven, we must improve every opportunity to

strengthen every line of work that will extend the knowlege of God in our world. "Neither pray I for these alone," Christ said, "but for them also which shall believe on me through their word." The truth for this time must be carried to those who have never heard it. Not all can go as missionaries to foreign lands, but all can do the work waiting for them in their own neighborhood. All can give of their means for the carrying forward of foreign missionary work. All can be partakers of the divine nature.

There is not a Christian in the world but that is the fruit of Christ's death. And He gave Himself not only for those now united with him, but for all human beings.

There are schools and meeting houses to be built, and sanitariums to be established. There are new fields to be entered and we must have your help. Shall we ignore the commission given us, and thus forfeit the promise accompanying the commission. Shall the people of God become careless and indifferent, and refuse to lay by of their means for the advancement of His work. Can they do this without severing their connection with Him? They may think thus to economize, but it is a fearful economy that places them where they are separated from Christ.

Let God's people pay a faithful tithe, and let them also from parents to children, lay aside for the Lord the money that is so often spent for self-gratification. Practice self denial in the home, and then, when calls for help are made, you will have something to give.

Let those who are poor give what they can. However small the offering may be, the Lord will recognize the self-sacrifice, and will bless the giver.

#### Laborers Together.

The Lord associates with himself all His true children in the work of saving men. In the case of the minister the Lord puts His power, the Holy Spirit and the tithe against the entire time and energy of His servant. So with all classes of laborers that devote their entire time to the Lord's work; therefore these are said to be "Laborers together with God" 1 Cor. 3:9. It is not difficult to understand this; but in what sense are we ALL co-laborers? Some may reason that they pay their tithes to sustain the Lord's work, and that is their share in the work; but let us consider that for a moment: The tithe is the Lord's Lev. 27:30, and when we have paid a tithe to the Lord, we have rendered unto Him only His own, and have in no sense contributed to the cause and work of God. We have only made it possible for the Lord to devote His own towards the work of saving men. This being true, it is evident that we must add offerings out of our nine-tenths, and this constitutes us "Laborers together with God."

The Lord does not in terms state just how much we shall give, but He regards it robbery if we withhold, Mal. 3:8, because he has taken us into His association to accomplish a certain work. The Lord has not left us without a guide in the matter of offerings. First, we are to remember that it is the Lord that gives power to get wealth Deut. 8:18. The earth yields her fruit at his command, and He expects His true children, at least, to recognize this fact, and then in return He looks for them to purpose in their hearts what proportion they will devote to His work in the earth 1 Cor. 16:2.

It has seemed wisdom to our

leading brethren to arrange that our foreign missionaries should receive their support largely from the offerings of the people, and if the Lord's plans were followed, and we all purpose in our hearts to offer a sum equal to one-half our tithe, there would be ample means for the present. We have not yet attained to this simple proposition of the Lord to have some fixed purpose of giving on the basis of His prospering hand upon us; and now we are admonished to contribute at least ten cents a week for missionary purposes. This would be only five per cent of two dollars each week. If the Lord is pleased with this meager sum, we certainly ought to be content to pay it. Let each one think this matter over for himself, and then act according as God gives wisdom. The Lord is soon coming, and the nations must hear the message, and the children of God in Christian lands must receive the reward of the faithful.

ALLEN MOON.

#### The Ten-Cent-a-Week Plan.

One brother writes: "We think the ten-cent-a-week plan is the best thing that has ever yet been devised for raising money for foreign missions. Our little church for one year gave \$18.40. We introduced the ten-cent-a-week plan, and nine months of the next year we raised \$388.50. Nearly all of our church take hold of this plan with enthusiasm, and each week finds them ready to contribute to help foreign missions."

Another brother writes: "We believe this plan ought to be universally adopted. It brings good cheer, hope and confidence to those who endeavor to carry it out."

An elder, mentioning their effort to average ten cents a member says: "This plan works hardship to no one. In our church where some are so poor that they are not able to give so much as ten cents per member, we have them give what they can, and the rest of us make it up. It is a real blessing to our church."

If all would take hold of this ten-cent-a-week plan what an impetus it would be to foreign mission work! An income of over three hundred thousand dollars a year would mean nearly three times as many workers in the field as we are sustaining at the present time.

We believe that if every member of the denomination will faithfully adopt this plan of donating to missions, they will reap a double blessing therefrom. One blessing will be in the distant fields where missionaries are sent to win souls to Christ, and the other blessing will be in their own souls.

We trust this coming season every church in the United States will take up this systematic plan of giving.

MISSION BOARD.

#### The Michigan Home For Girls "Sunshine Villa."

In a recent letter from the president of the "International Sunshine Society," of New York, she asked the privilege of helping our work for girls. The name "sunshine" is necessary in order to be recognized by the members as worthy of help. In reply to Mrs. Alden's letter, I told her we would be glad to give to our Home the private title of "Sunshine Villa," as I BELIEVED in sunshine, which was the life of Him who is the "Light of the World," and "who gave Himself" for the world. Our legal name will remain as it is, but the farm home name will be known henceforth as "Sunshine Villa."

How forcibly this incident has brought to my mind the many beautiful devices of the enemy to deceive souls, as noticed among Christian Scientists especially. It is a serious breach of faith, not to be smiling and cheerful. A lady once said to a friend, "I knew you were a Scientist, you look so happy. How sad a commentary on many a professed christian, that THEIR religion kills happiness and good cheer, making rather an at-

mosphere of gloom wherever they go.

Jesus went about "doing good;" and everyone who looks with joy to His soon coming, will surely show it in the countenance, and in works. This society of which I write has members all over the world "whose mission is to be helpful to others." We greatly appreciate this kind interest from total strangers, not of our faith, and it will surely scatter "sunshine" in many a heart to help care for some homeless wanderer, whom we may be unable to take into our own homes. There was a request made in this letter to let our needs be known, as they wished to help our work along. In reply I am saying we very much need furnishings for our house of twenty rooms; especially towels, table linen and bedding. Possibly some of our young people would like to have a Life Boat Club to sell papers so as to furnish a room in the Home, for some poor, needy girl they may know of. There is no more blessed work than living out Isa. 58, which combines good deeds with Sabbath keeping. We forget many of our own sorrows by thinking of others.

MRS. W. H. MCKEE,

Matron.

(We believe that the young people of the West Michigan Conference could furnish a room in this home. If you desire more information address Mrs. W. H. McKee, Byron Center, Mich., R. D. 64.—Ed.)

#### What God Hath Wrought.

Some years ago an old sister worked almost a week to sell a copy of "Thoughts on Daniel and Revelation." A lady bought it finally out of sympathy and laid it on her parlor table. A neighbor happening in saw the book, looked it over and asked to borrow it. He read it and conviction fastened on his heart and he accepted the Third Angel's Message and is now one of its most successful preachers. Thus the Lord co-operates with the self-

denying ones who labor to scatter the printed page.

A badly deformed and crippled sister in a western city some years ago sold a number of copies of "Thoughts on Daniel and Revelation." She placed a full morocco copy in one home composed of father and mother and seven children. As the result of reading that book the whole family embraced the message. The father has brought a score of others into the truth. The oldest son became a minister and he has been instrumental in bringing hundreds more to the truth. The oldest daughter is a nurse, another a church school teacher and some of the rest of the family are preparing for service in the Lord's work. ALL THE RESULT OF ONE BOOK SOLD BY THE WEAKEST OF THE WEAK.

These are two examples of the hundreds that might be cited to show the mighty power of our books in carrying the message.

M. N. CAMPBELL.

#### Notes For Canvassers.

"The longer I live the more I am certain that the great difference between men, between the feeble and the powerful, the great and the insignificant, is energy, invincible determination. That quality will do anything that can be done in this world and no talents, no circumstances, no opportunities will make a two-legged creature a man without it."—Sir Fowell Baxton.

"Energy, invincible determination, with a right motive, are the levers that move the world."—President Porter of Yale.

An ancient Norseman chose a pick ax for a crest with the motto "I'll find a way or make one."

The following is from a personal letter I have just received from an old friend who left a good position as tailor in Hutchinson, Kan., and went into the canvassing work more than twelve years ago. He says:—

"I have been canvassing for twelve years, and I aim to continue in the work until the Lord says it is enough. We moved to Texas two years ago. I do not owe a cent, so you see a canvasser can make a living for a family all right. We have a home of our own here, and are making a good living. I have a buggy, two ponies, and a cow all paid for.

"A. J. JENSEN."

Brother Jensen has been what we usually term a resident canvasser. He has worked the counties in which he has lived a number of times, and has made a constantly increasing number of friends each visit. We believe his experience is worthy of being passed along.

H. H. HALL.

Review and Herald 11-3-1904.

---

#### From The Field.

---

BERRIEN SPRINGS.

We are now in the third week of our meetings and the interest and attendance are increasing. The whole town is being stirred over the Sabbath question which is being presented this week. Two have already taken their stand and others are deciding. Several appointments for Bible studies have been made.

Elder E. K. Slade spent several days at the Emmanuel Missionary College. Sabbath, Mar. 11, he gave an interesting talk on the sealing work of these last days.

W. E. VIDETTO.

#### Quincy and Coldwater.

Sabbath Feb. 25-28 I met with the Quincy church and found them all of good courage in the Lord. All have the weekly visits of the good Review. I secured one subscription to the West Michigan Herald." They take a club of Signs for missionary work.

Sunday Bro. McCormack came to Bro. James Thompson's to a Bible study and I went home with him. Monday he took me up to visit Brother Titus' family. They have a nice family of children who

should have the privilege of attending Sabbath and church school. Bro. Titus held membership with the Ransom church while it existed. But because of deaths and removals it went down, and he has never applied anywhere for membership. He subscribed for the Review. We had a good visit and left them greatly encouraged.

Wednesday I went to Coldwater and remained with them over Sabbath and Sunday. In company with Bro. T. V. Canright, the elder, I visited all the members in the city. A large per cent of the members are sisters and several quite advanced in years. This makes it quite difficult for them to get to meetings, especially in bad weather.

I secured ten subscriptions for the West Michigan Herald and two for the Review.

The meetings held in the hall Sabbath and Sunday seemed to impart new life and courage to all present. For which we praise God and take courage.

W. C. HEBNER.

---

#### Educational.

---

##### Refusing to Take Responsibilities.

One of the things we have noticed of late as we have been among the churches, is the number of people who refuse to bear responsibilities. The Sabbath-school superintendent finds it very hard to get some one to review the school or teach a class. The young members of the church, often because of bad example set them by older members, say "I'll not act" when the Sabbath school or the church desire them to fill some office. Is this proper conduct for soldiers of the cross? How long would such a spirit be tolerated in the armies of this world? Yet it is more important that the soldier of the cross hold himself ready for service than for those who fight with carnal weapons, for the conflict is sterner, the results to be achieved infinitely greater.

The fall of Adam made it neces-

sary for Christ to take the office of high priest. What did he see before him if he accepted the office? A life of poverty in the midst of the severest labor, hostility and fault-finding with all that he did. With all this before him, his great love for a lost world led him to take the responsibility. How would it have fared with this world if Jesus had shown the spirit of many his followers, and refused to act. In view of the example of our Lord we ought to be sure that we have the best of reasons before meeting the call for service with "I'll not act."

W. E. VIDETO.

### "The Relation of the Sabbath-school to the Church-school."

In order to see the relation existing between these two organizations, it is necessary that we understand the object toward which each is working. The Sabbath-school has two purposes; the conversion of the unconverted, and the training of missionaries. The aim and object of the church school is to aid in restoring the image of God in the soul, and also training workers for God's cause. For this reason it is evident that they must be CLOSELY RELATED in aim and object.

The Sabbath-school and church-school are sister organizations, and while only the children and youth have the advantages of the latter, both OLD and young may avail themselves of the privileges of the Sabbath-school. For the Sabbath-school is the church organized for a systematic study of God's word.

We have been told, and have also found by experience that one hour's work each week in the Sabbath-school is not a sufficient means of spiritual training for our children, so we have established the church school, where they may secure a mental, moral, and physical training. And what a broad work we find opened before us, what a responsibility we find resting upon us, and what an excellent

opportunity we church-school teachers have for helping on the Sabbath-school work! But how can we do it? By encouraging a more thorough study of the Sabbath-school lesson. If the children have studied the Sabbath-school lesson, and have learned from it items of interest to them, will they not be anxious to come to Sabbath-school and recite their lesson on the Sabbath? This will help to solve one problem of discipline in the classes, also. A child enjoys talking of the things he knows about, and in helping him to know and properly understand his Sabbath-school lesson, certainly the church-school teacher is co-operating with the Sabbath-school teacher, and is helping to bring the Sabbath-school up to the standard set before us.

The work of the church-school should be a continuation of the Sabbath-school work. That is, the children should be assisted through the week in putting into practice the truths learned in the Sabbath-school. To TRAIN children is not to give them an occasional lesson; but it is to keep continually at it, and instruct them in such a way that all their energies may be enlisted in the particular work for which they are being trained.

The Sabbath-school offers an excellent field for gaining an experience in missionary labor. If the church school pupils as soon as they reach a suitable age, are given an active part to perform in the Sabbath-school, it will give them an experience which will be a benefit to them in their labors in after years, and also help them in the Christian life while gaining this experience.

If we expect our children to be missionaries we must see to it that their training and education is such as will impress them with the fact that they were sent into the world for a purpose, that their lives were given them not to be spent in idleness, but to be used in blessing

others. This training begun in the home and Sabbath-school and continued in the church school cannot fail to cause the children to realize that they each have a special work to do and a special place to fill in God's great plan. And as we see them going forth in loving service for their Master, will we not be able to see a very close relation existing between the home school, the Sabbath-school and the church, and one which has been well worth our untiring effort to obtain.

MILDRED WILSON.

(Read at a Sabbath-school convention held at Bauer, February 25, 1905.—ED.)

### Some Rules For Studying The Sabbath-School Lessons.

1. Examine every reference, believing John 1:1, 2, 14; 6:63.
  2. Before the Word, occupy the position of Mary in Luke 10:39.
  3. Read every text audibly, according to Neh. 8:8.
  4. Go over them the second time, according to the apostle's directions in 2 Tim. 2:7; 1 Cor. 10:15.
  5. Make the references a matter of careful thought, according to 1 Tim. 4:15.
  6. If you are a teacher, be sure to follow 2 Tim. 2:15.
  7. If connected with a family, heed the example of Christ, and let the lesson be the topic of conversation at meal time. Acts 1:4, margin.
  8. Ever remember the Saviour's words in Matt. 4:4.
  9. Be guarded and place no mystical meaning upon the Scriptures, but heed Gabriel's instruction to Daniel in Dan. 10:11. Study the words.
  10. Follow as far as possible Christ's instruction in John 15:20, first line, and Acts 20:35.
- If the instruction contained in the preceding texts is carefully followed, no one will fail to have a good lesson, and the memory will be greatly strengthened. We shall be glad to hear from any one who find it difficult to get out of the Sabbath-school lessons what the writer intended, after following these rules for one month.—S. N. Haskell.

**SUPPLEMENT.**

**Shall We Give the Gospel to the Jews?**

The work which God has entrusted to us is to go to every nation, kindred, tongue and people. This certainly includes the Jew. Yet thus far in our experience we have done very little if anything for them. The Lord has spoken definitely to us as a people that work for the Jews ought to be done and to this end a young man was raised up some thirty-five years ago and was connected with the publishing house in Battle Creek. See Vol. 3, Testimonies for the church, page 206.

Not very long since Elder F. C. Gilbert received a communication from Sister White, in which is contained the following concerning the Jewish work: "The slumbering faculties of the Jewish people must be aroused.....Souls will be saved from the Jewish nation, as the doors of the New Testament are unlocked with the key of the Old Testament.....Many of the Jewish people will by faith receive Christ as their Redeemer."

Elder F. C. Gilbert has recently written a tract for the Jewish people.

size. It is written in two languages, parallel pages, Jewish and English. Now will not all our people take hold and distribute this tract? The Jews are found everywhere, and they are very willing to read anything to-day bearing on the gospel. Who has anything for the Jews to-day as Seventh Day Adventists have? Every truth we hold so dear, the Jews once possessed before us. Shall we not give to them the gospel message for to-day?

The tract will be sent in any quantity to all who desire to circulate it, and it is hoped that thousands of them will be distributed. The tracts are sent FREE, but if you desire to send a freewill offering when you send for some, it will assist the work along so much more. Send all orders to Elder F. C. Gilbert, who has the oversight of the work. Address him at South Lancaster, Mass., or orders can be sent to Central New England Tract Society, South Lancaster, Mass. Be sure and send for some of these tracts. "God hath not cast away His people which He foreknew." Will you?

A. E. PLACE.

**News and Notes.**

E. A. Merriam spent Tuesday of last week in Grand Rapids purchasing some office supplies.

Elder A. G. Haughey spent last Sabbath at Paw Paw. The quarterly meeting was held at that time.

The funeral of Sister Harriet Jones was held in Otsego last Sunday. May the Lord sustain those who are left to mourn.

Elder J. E. White spoke in the church at Otsego Monday evening, March 13. He gave a brief history of his work among the colored people of the South. Elder White has spent ten years laboring for this race of people and the Lord has blessed his efforts.

Sabbath April 1st is the date for the semi-annual collection for the Haskell Home for orphans. We hope our churches and Sabbath-schools will remember this date.

Brother Ezra Brackett, superintendent of district No. 2, spent Friday and Sabbath in Otsego. He spoke in the church on Sabbath calling our attention to the coming of Christ and the "manner of people we ought to be," and that we ought to be willing to give ten cents a week to help carry the message to those who know it not.

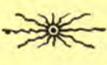
Brother J. W. Hofstra is holding meetings in a school house in Ottawa county ten miles from Zeeland. He is working in the interest of the Holland people. On Thursday evening he speaks in the English language. He has organized a Sunday school for the benefit of the children who do not understand the Holland language. He reports a good interest in the meetings.

It may be of interest to those who are planning to attend the General Conference at Washington, D. C., May 11-30 to know something about the price of board, tents, etc. Tent with one bed and furnishings \$9.00. Tent with two beds and furnishings \$11.00. Board will be 50 cents a day for breakfast and dinner. Evening lunch on the European plan. Trunks one way 50 cents. Hand bags one way 25 cents.

The reports of the next General Conference will be published in the Review. There will be no Bulletin published this year. During the conference and for a few weeks following, the Review will contain thirty-two pages. The price of the Review at that time will be fifty cents for three months, but if you will subscribe now it will cost you \$1.50 a year, \$1.00 for eight months, 75 cents for six months, 50 cents for four months. Now is the time to subscribe for the Review.

**ובא לציון  
גואר ורשבי  
פשע ביעקב  
נאום יהוה  
ישעיה נב, פסוק"ב.**

אין דער ערשטער זאל קומט אין ציון און אונזערע  
זינד פון יעקב. האט געוואלט יהוה ישעיה נב, פ. כ.



AND THE REDEEMER SHALL COME TO ZION, AND TURN  
AWAY TRANSGRESSION IN JACOB, SAITH JEHOVAH.  
Isaiah 59:20. Hebrew Translation.

The cut in this article illustrates the first page of it, in a reduced

We hope that our Sabbath-school secretaries will send in their reports PROMPTLY. We hope every report will be in by April 15.

The following is the program for the Sabbath-school convention that is to be held in Grand Rapids, Sabbath, March 25.

MORNING SESSION 10:00 O'CLOCK.  
 Voluntary, Mrs. W. H. McKee  
 Twenty-third Psalm Responsively.  
 Hymn—"Shepherd Divine,"  
 Congregation  
 Prayer— Eld. D. T. Bourdeau  
 Objects and Importance of Sabbath  
 School Conventions,  
 Dr. Patience S. Bourdeau

Male Quartet—  
 Paper—Duties of Sabbath School  
 Officers, Eld. W. D. Parkhurst  
 Discussion led by—  
 Mrs. Anna C. Martin, The Supt.  
 Miss Nina M. Parkhurst, The Sec'y  
 Mrs. W. W. Long, The Music  
 Song—"My Sabbath Home,"  
 By The Children

Paper—Object of Sabbath School Work  
 and Its Relation to Other Branches  
 of Our Work, Mr. B. F. Kneeland  
 Discussion led by Mr. W. M. Crothers  
 Missionary Exercises by the Children  
 COLLECTION.

Paper—Importance of Consecrated  
 Teachers—(a) Art of Teaching. (b)  
 Duties of Scholars.

Miss Florence Kelsey  
 Discussion led by—  
 Mrs. Edna Wagner, The Teacher  
 Mrs. Lemons-Martin, The Scholar  
 Recitation—"The Sabbath School  
 Teacher," - Ruth Martin  
 Hymn—"To the Work," Congregation  
 Benediction—

AFTERNOON SESSION 3 O'CLOCK.  
 Voluntary, Miss Esther Bradwell  
 Hymn—"In the Beauty of Holiness"  
 Congregation  
 Prayer, Mr. W. M. Crothers  
 Ladies' Quartet—

Paper—Relation of Church School  
 Work to the Sabbath School,  
 Miss M. G. Henry  
 Discussion led by Mrs. J. McCallum  
 Duet, { Mrs. J. M. Wilbur and  
 { Mrs. W. H. Heckman

Paper--Do the Present Plans for the  
 Young People's Meetings Meet Our  
 Demands, Mrs. Edith E. Bruce  
 Discussion led by Adrian Benjamin  
 Male Quartet—

Paper—How to Make our Sabbath  
 School More Interesting and Effect-  
 ive for Our Children and Youth,

Miss Jessie Counselman  
 Discussion led by W. W. Robinson  
 Song—"Little Lights," Children  
 Home Missionary Reports—given  
 by Five Children

What the Sabbath School Has  
 Done for Me.  
 Hymn—"We Praise Thee, Oh God,"  
 Congregation  
 Benediction.

**Telephone Directory.**

West Michigan Tract Society,  
 Otsego, Mich., Long Distance Bell  
 Phone No. 29.

Elder A. G. Haughey, Otsego,  
 Mich., Long Distance Bell Phone  
 No. 149.

E. A. Merriam, Otsego, Mich.,  
 Long Distance Bell Phone No. 139.

Eld. W. D. Parkhurst, 927 Quig-  
 ley Ave., Grand Rapids, Mich.,  
 Long Distance Bell Phone No.  
 South 178.

Dr. Patience S. Bourdeau, 475  
 Wealthy Ave., Grand Rapids, Mich  
 Long Distance Bell Phone No.  
 1503. Citizens Phone No. 3358.

M. N. Campbell, Paw Paw,  
 Mich., Bell Phone Rural Line No.  
 95.

**Mission Notes.**

From Cuba Bro. J. M. Clark  
 writes: "It is going to be far more  
 difficult to give the message to  
 Cuba because of the delay. Every  
 year increases the difficulty. While  
 the sea-breezes, good drainage, and  
 sanitation in the cities have helped  
 to make this a very healthful island,  
 the enormous use of tobacco by  
 both sexes from early life, the fried  
 foods, and strong drinks make sick-  
 ness much more common among  
 the Cubans than among the Amer-  
 icans.

While the majority of the peo-  
 ple are Catholics, few attend church

or care much about religious mat-  
 ters. There are good openings for  
 schools and sanitariums. Many  
 hundreds continue to come."

**REVIEW AND HERALD.**

The "Review" visits every family  
 in the following named churches  
 and companies:

- Cedar Lake
- Bangor
- Bloomington
- Otsego
- Blendon
- Holton
- Paw Paw
- Wright
- Glenwood
- Orange
- Decatur
- South Monterey
- Allegan
- Lowell
- Kalamazoo
- Fremont
- Lyons
- Carson City
- Bushnell
- Frost
- Carlton Center.
- Urbandale
- Bedford
- Grand Ledge
- Berrien Springs
- Benton Harbor
- Eaton Rapids
- Mt. Pleasant
- Douglas
- Denver Center
- Charlotte
- Ainger
- Ceresco
- Homer
- Augusta
- Greenville
- Grandville
- Mendon
- Sturgis
- Coldwater
- Quincy
- Kinderhook
- Burlington
- Hesperia.
- Freemont
- Denver Center
- Shelby
- Edmore
- Lakeview
- Howard City
- Sand Lake
- Trufoant
- Belding
- Rothbury.
- Waverly
- Nunica
- Orange