

The West Michigan Herald.

"Watchman, What of the Night."

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Missionary.

Who Ought To Give To Foreign Missions?

He who believes that when God said the heathen would be given to Christ, he meant it, and can and will accomplish it, and is now accomplishing it.

Who believes in the power of the Cross to conquer the world.

Who rejoices that the world is open as never before, and that the prospects are brighter than ever before.

Who feels that he has only one life to live, and wishes to make it count.

Who believes that giving is as much a Christian grace as loving or believing.

Whose ambition it is to be like Christ, who gave HIMSELF.

Who wishes to be found a faithful steward when Jesus comes.

WHO OUGHT NOT TO GIVE TO FOREIGN MISSIONS?

The man who believes that the world is not lost and does not need a Saviour.

Who believes that Jesus Christ made a mistake when he said: "Go ye into all the world and preach the Gospel to every creature."

Who believes the Gospel is not the power of God, and cannot save the heathen.

Who wishes that missionaries had never come to our ancestors and that we ourselves were still heathen.

Who believes it is "every man, for himself" in this world, who, with Cain asks: "Am I my brother's keeper?"

Who believes he is not accountable to God for the money intrusted to him.

Who wants no share in the final victory.

Who is prepared to accept the final sentence: "Inasmuch as ye did it not to one of the least of these, ye did it not to Me."

Such an one is not asked to give to foreign missions.

Selected.

"I Saw."

The apostle John in the book of Revelation, when introducing a prophetic scene, usually makes use of the expression "I saw;" but in the first, twenty-first, and twenty-second chapters he is more personal, using the term "I, John, saw."

John saw for the church, or what the church was to see down through the ages to the new earth state. What he sees and hears for the church in the last chapter of Revelation he also hears and sees for himself, for he will then be living.

What John saw prophetically concerning the remnant church we now see and hear in the tenses of our times and may properly so read some of the important scenes of the last days.

A. SMITH.

Educational.

Each Sabbath School Should Have a Home Department.

The Sabbath-school has for its avowed object the study of the Word of God. Every person needs, and will always need, the help and blessing to be obtained by the study of the Sabbath-school lessons. No other plan affords to parents and children so excellent an opportunity for a thorough, systematic study of the Bible. There are those in every community who can not attend the weekly sessions of the Sabbath-school. These persons need the instruction and inspiration which are to be gained by Bible study. A great incentive to study in any line is afforded by co-operation. A few will study the Bible by themselves, but many more can be persuaded to do so regularly when assured that they are members of a large company engaged in the same work.

The Sabbath-school should go to those who cannot come to it. Each Sabbath-school should at once take steps to establish a Home Department, for there is urgent need of a CONNECTING LINK between each school and the believers who cannot attend the school. There is no reason why this department should not be as permanent as any other division in our schools, as the conditions which create it will always exist.

Another reason why each Sabbath-school should have a Home Department is that it may be made the basis of real missionary work. There are professed believers who have grown indifferent, and who by this means have their interest revived. It is also possible to interest persons who are not believers, in the study of our Sabbath-

school lessons. Some who would not feel free to attend the Sabbath services will gladly study the lessons in their homes. We should not regard the Sabbath-school wholly as a field upon which to bestow labor, but the school itself should become an active force in working the great field within its reach.

The establishment of a Home Department strengthens the Sabbath-school.

It affords a training in missionary work to inexperienced workers.

It extends the influence of the school to those who can not attend.

It may be the means of reaching those not of our faith.

HOW TO ESTABLISH A HOME DEPARTMENT.

The officers and teachers should decide to establish such a department. In most schools it will be well to appoint a Home Department Secretary, to look after the details. This Secretary should be a person of experience, and one who can give time to the work. Home Department envelopes for the use of Home Department members, are furnished free by each State Sabbath-school Secretary and such a supply of these should be ordered as will be needed.

Make a complete list of all Sabbath-keepers living within reach of your school, who do not attend the Sabbath-school regularly. Select from the regular members of the school as many Home Department visitors as will be needed to visit the Home Department members. Both brethren and sisters, youth and middle-aged visitors, will be needed. Divide the list of names among the visitors, being careful to make a suitable and proper assignment to each.

The Home Department visitor should be provided with the lesson quarterlies or lesson papers needed, and the Home Department envelopes, and should visit personally those who have been assigned to him. If he finds any who could possibly arrange to attend the Sab-

bath-school, he should give all possible encouragement to them to do so. He should fully explain the Home Department plan to all who can not attend the school, and secure their enrollment as Home Department members, writing the name of the member in the place provided on the envelope, also filling in the name and address of the Home Department Secretary at the bottom of the envelope. He should read the envelope carefully with the member, and explain in detail how the record is to be kept. If there are children who should be studying the children's lessons, he should explain how the one envelope may do for all by recording them under "Number Present" when the lesson is studied.

The Home Department visitors should report all members secured to the Home Department Secretary. The Secretary should keep the full name and address of each Home Department member of the school in a class book, or other book specially kept for that purpose, and also the name of the visitor appointed to call upon that member. If any visitor becomes unable to continue his work, his place should be filled by another. The Home Department Secretary and Home Department visitors should meet together as often as seems necessary, to relate experiences and plan for future work.

At the close of each quarter, the envelopes should be collected from the members, and new ones supplied them. The old envelopes should be handed to the regular Sabbath-school Secretary, who should then make up the report of the Home Department division from the record on the envelopes.

Judicious Home Department visitors should be selected to extend this effort to those not of our faith. Persons who can not or will not attend the school might be glad to study our good lessons in their homes, if they were provided with the facilities for so doing. One or two careful workers in each school

should be selected for this special work.

All Home Department members should be urged to attend the school when it is possible for them to do so. As the record of their attendance is kept by themselves on the envelopes provided, they would be counted as visitors when they attend the school. When they can attend the school regularly, they should be transferred from the Home Department to a suitable division.

In making out the regular quarterly reports of the school, the Sabbath-school Secretary should count the membership and average attendance of the Home Department just the same as the members of any other division. Such members are counted "present" according to the marking of their record envelope.

HOW TO SUSTAIN THE INTEREST.

If the interest is not sustained, it will soon die. The Home Department can not be maintained in any school without continued effort. The members of each Sabbath-school should feel their responsibility to extend the influence of the school to every believer, and to all others who can be reached by this mean. This duty has long been neglected, but that does not release us from its obligation. Our schools should organize for permanent service in Home Department work. Every member of the school should feel the deepest interest in the success of this work, and be ready to respond to any call that may be made for his personal efforts. The membership of this division will probably change from time to time. If those in charge are alert to see that every one who can not for a time attend the Sabbath-school, is enrolled as a Home Department member and continues the study of the Sabbath-school lessons, there will be no diminution of interest.

The visitors appointed to call upon Home Department members should do faithful work, visiting their members as often as may be

advisable, studying the Sabbath-school lesson with them, if agreeable, and keeping them informed on all matters of interest to the church or school. If prevented from visiting a member for a longer time than usual, a friendly letter will show that he is not forgotten. These visitors should prove faithful Christian friends to those who are shut in by sickness, or suffering any trouble, reporting any need of additional help or visitors to the Home Department Secretary. By careful work of this kind, devoted Home Department members may be encouraged, wavering ones may be established, and indifferent persons interested.

If the Home Department Secretary can do so, it will be well for that officer to visit each Home Department member at least once a quarter. The Secretary should be ready to supplement the work of younger and more inexperienced laborers.

The entire school should become interested in the Home Department work. Various phases of it may be presented at the Teachers' Meeting, and an occasional report may be given to the school by the Home Department Secretary. A well-looked-after Home Department in every school will cause the uplifting of thousands of hearts now heavy, and the changing of what is now an element of weakness to the denomination into an element of strength.

Medicial.

Some Rules For Health.

In answering the question, "What is the secret of good health?" I would state that the most essential part of the secret is the old injunction "know thyself." The next step is the exercise of wisdom in the observance of Nature's law.

The following rules may serve as a guide:

First—Develop the chest, increase the lung power and breathe an abundance of fresh air.

Second—Drink water freely the first thing every morning, between meals and on retiring.

Third—Never partake of food til the appetite calls for it. Masticate thoroughly. The less number of articles of diet at a sitting the better. Have the mind and body rested, and at ease, before, during and after each meal. Remember that the great tendency is to eat too much and too fast.

Fourth—Rise early, retire early and fill the working hours of each day with a moderate amount of both mental and physical labor.

Fifth—Have an aim in life with a reasonable conception of right and justice, together with moral courage sufficient to execute.

Sixth—Cultivate placidity, cheerfulness and hope, control inherited passion, nervous fear and any desire for stimulants, anodynes or anything injurious to health.

Seventh—Be moderate in all things. If in doubt on any question go slow, feeling the way cautiously. When sure that you are right and safe then go ahead.

Eighth—Never encourage the thought of ill-health, old age, weakness or fear of contagion. Avoid drug medication as much as possible.

Ninth—Never forget that "cleanliness is next to godliness," and that a vast amount of waste matter passes off unobserved through the pores of the skin. Each time after taking a full bath the skin should be rubbed to a gentle glow.

Tenth—Remember that the machinery of the human system is designed by its architect to run at a certain rate and that it requires a reasonable amount of care and attention. If managed as outlined by these rules it should run, be healthy and be useful for one hundred to one hundred and fifty years, instead of forty to sixty years.

—Selected.

"It is good for a man that he bear the yoke in his youth."

Financial.

August Tithe Receipts.	
Agnew	\$ 50
Bangor	11 50
Battle Creek	21 26
Bauer	19 05
Bedford	100 00
Berrien Springs	12 85
Burlington	2 65
Bushnell	64 25
Carlton Center	14 25
Carson City	11 20
Cedar Lake	83 82
Coldwater	1 00
Covert	8 07
Denver	21 36
Emerald	7 38
Grand Rapids	133 11
Grandville	8 00
Greenville	438 02
Holton	21 64
Individual	56 94
Lowell	6 35
Mecosta	6 22
Medical Department	15 00
Monterey	28 42
Morley	9 00
Orange	24 26
Otsego	77 56
Potterville	5 00
Sand Lake	3 00
Sturgis	9 00
Trufant	2 83
Vermontville	10 00
Waverly	14 05
Total	\$1,247.53

August Receipts.

Haskell Home	\$ 3 21
Home Missions	25
India Missions	30 29
Jewish Tract Fund	22 22
Merchandise	125 24
Midsummer Offerings	57 53
Mission Board Offerings	11 62
Nashville Memorial Church	4 30
On Account	127 93
Review and Herald Rebuilding Fund	2 00
Sabbath-school Offerings	78 11
Self-Denial Fund	67
Southern Missionary Society	41 88
Tent and Camp-meeting Fund	327 58

Tithe	-	1,247	54
Washington Fund	-	2	50
Weekly Offerings	-	115	51
West Michigan Herald	-	4	85
		\$2,203	23

Camp-Meeting Collections.

Sabbath-school Offerings	\$	42	91
Weekly Offerings	-	72	26
Hindustani Mission	-	30	29
Jewish Tract Fund	-	22	22
Southern Missionary Society		40	88
Bookstand Sales	-	450	00

Distribution of Laborers.

TENT COMPANIES.

M. S. Burnham, R. C. Horton,
J. D. Reavis; Benton Harbor.
W. C. Hebner, James Irving;
near Sturgis.
Fred Brink, H. C. Pitton; Lake
Odessa.
J. W. Hofstra; Zeeland.
Edward Collier, B. F. Kneeland;
Bloomington.

CITY LABORERS.

W. D. Parkhurst, Mr. and Mrs.
Fred Hutchinson, Jennie DeYoung,
Grace Howard; Grand Rapids.
Edna and Edith Wilbur; Muske-
gon.
H. Nicola, G. W. Morse, W. H.
Heckman; Battle Creek.
Mabel Jaffray, Bangor.
M. N. Campbell resigned his po-
sition as Field Secretary of the
West Michigan Conference to take
charge of the work in Kalamazoo.
S. D. Hartwell, former Secretary
and Treasurer of the Canadian
Union Conference, has accepted the
position of Field Secretary of the
conference.
W. E. Videto will teach Bible
and History in the Emmanuel Mis-
sionary College. Elder A. G.
Haughey will have charge of the
educational work of the conference.
J. C. Brower has accepted a po-
sition in the Cedar Lake Academy.
Elder E. VanDeusen and G. W.
Amadon will connect with the con-
ference as pioneer laborers.
Anna Kemstra will attend Cedar
Lake Academy.

News and Notes.

Brother S. D. Hartwell spent last Sabbath with the church at Alle-
gan.

The East Michigan camp-meet-
ing will be at Holly September
12-19.

The fall term of the Emmanuel
Missionary College begins Wednes-
day, September 13.

S. D. Hartwell, Field Secretary
of the West Michigan Conference,
will locate in Otsego.

We have a supply of Sabbath-
school lesson quarterlies for the
fourth quarter of 1905. Send in
your orders early.

The Tract Society are prepared
to fill orders for the book entitled
"Practical Lessons from the Exper-
ience of Israel," by Elder F. C.
Gilbert.

Will all the isolated Sabbath-
keepers who cannot attend church
and Sabbath-school PLEASE send
their names and addresses to Mar-
garet Haughey, Otsego, Mich.?

The Bangor, Hartford, and Cov-
ert churches will hold a general
meeting and Sabbath-school con-
vention at Bangor September 22-
24. We hope that many will plan
to attend.

At a recent convention of the
Christian Endeavor held in Balti-
more 66,772 local organizations
were reported, with a membership
of 4,000,000, and representing 10
denominations.

Mrs. Edith E. Bruce, who has
been connected with the medical
work in Grand Rapids for some
time, has gone to the North Michi-
gan Conference to engage in the
work. She is located at Hancock.
She writes that she has a large
house and will open up treatment
rooms soon.

"Let no man despise thy youth."

"Flee also youthful lusts; but
follow righteousness, faith, charity,
peace; with them that call on the
Lord out of a pure heart."

"I write unto you, young man,
because ye have overcome the
wicked one."

"Do all the good you can
In all the ways you can,
To all the people you can,
As long as ever you can."

Speech.

Grace is poured into thy lips.
The Lord God hath given me the
tongue of the learned, that I should
know how to speak a word in sea-
son to him that is weary.

Let your speech be always with
grace, seasoned with salt, that ye
may know how ye ought to ans-
wer every man.

Let no corrupt communication
preceed out of your mouth, but
that which is good, to edify profit-
ably, that it may minister grace
unto the hearers.

Sound speech that cannot be
condemned; that he that is of the
contrary part may be ashamed,
having no evil thing to say of you.

—Bible.

Life's Lesson.

BY HATTIE SUMMERFIELD.

Teach me, oh life, that I may be
Contented in adversity!

That when my heart is crushed with woe,
My face no trace of it may show.

How when my soul with yearning's filled,
That yearning may by me be stilled.

That when injustice in my breast
Is rankling, it should seem 'tis best.

Not when life's well, but when 'tis ill,
To bear it and be cheerful still.

Teach me, oh life, ere yet we part
To take this lesson well to heart.