

# The Welcome Visitor.

"Then they that feared the Lord spake often one to another."

VOL. VI.

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NO. 23

## The Welcome Visitor

ISSUED WEEKLY BY

THE OHIO S. D. A. CONFERENCE,  
ACADEMIA, KNOX CO., OHIO.

PRICE: 25 CENTS A YEAR IN ADVANCE.  
Entered at the Academia Postoffice.

### CANVASSERS' REPORT.

Mary Hubble—Orders, 6 Gt. Cont., 2 Best Stories, 15 Coming King, 8 Life Boats. Delivered, 2 Coming King. Value, \$31.50.

C. L. Wilson—18 Coming King. Value, \$18. Value of helps, \$5. Total, \$23.

John P. Gaede—Orders, 13 Object Lessons. Value, \$16.25. Value of Helps, \$1.00. Total, \$17.25.

Mrs. C. Bush—Orders, 25 Object Lessons. Deliveries, 10 Object Lessons, 2 Steps to Christ. Value, \$44.75.

C. C. Webster—Orders, 11 Object Lessons, 2 Steps to Christ. Value, \$14.75.

Fred C. Webster—Orders, 17 Object Lessons, 6 Steps to Christ. Value, \$24.25.

W. E. Bidwell—Orders, 2 Object Lessons, 3 Steps to Christ, 1 Gospel Primer, 5 Best Stories, 1 Heralds of the Morning, 3 Bibles, 1 Testament, 1 Here and Hereafter. Deliveries, 1 Object Lessons, 2 Steps to Christ, 1 Gospel Primer, 5 Best Stories. 544 pages of tracts. Value, \$19.51. 57 calls; held 5 Bible readings.

F. E. Wagner—Value of orders and deliveries, \$21.

G. P. Gaede—Delivered 20 Object Lessons, 1 Every Day Dishes, 2 Christ Our Saviour, 2 Glorious Appearing, 2 Gospel Primer. Value, \$27.75.

F. E. Wagner—Value of orders, \$21. Cash sales, \$10.90. Deliveries, \$13.50.



The new book for the church treasurers is ready. Order of the Ohio Tract Society. Price, \$1.00. Receipt book, 10 cents.

Some of the students at the Academy are taking hold of the Object Lesson work.

### THE FORWARD MOVEMENT

A Revival of the Study and Practical Application of the Physical Side of Spiritual Truth in its Relation to the Second Advent of Our Lord.

"PREPARE YE THE WAY OF THE LORD."

### AN ARISTOCRACY OF HEALTH.

Among the old Romans the cultivation of health was made the main business of life. When the Pagans ruled Rome, that city was full of the most magnificent baths. Those who have visited Italy and Rome will remember the ruins of those wonderful baths built by the Emperor Caracalla, where thousands of bathers could be served in a day. There were also the wonderful baths of Diocletian, of which the Pantheon constitutes the vestibule. These baths were in constant use by the populace, and they were patronized not simply for the purpose of cleanliness, but for health. There were also rooms provided in connection with these baths for all kinds of healthful exercises. But, unfortunately, in the early centuries of the Christian era all these things were done away with—these magnificent baths, the means of physical health, were torn down, and their stones built into churches, of which Rome already had enough. Thus Rome is today a city of churches, but there are no baths; and we have it on good authority that for a thousand years, the bath was a thing unknown in Rome; indeed, writers of those times tell us that the neglect of the body was counted among the cardinal virtues.

As a result of this false doctrine introduced during the Dark Ages the body was neglected, abused and tortured, with the idea that the soul would thus be made better. And, sad to relate, we have not seen the end of the practical workings of this theory yet. We often hear, for instance, about the ministry of sickness, when sickness is the greatest possible misfortune that a person can have. Sickness does not do any

one good in the long run. An affliction, or disappointment now and then, which breaks off one's plans, and checks his ambitions, may have a good effect upon him by helping him to see how powerless he is to carry out all his plans; but chronic sickness certainly cannot help anyone.

How can such a person be happy? How can he be calm and self-controlled? It is impossible. The fact is, a great share of the total depravity in this world is really total indigestion. One needs but to visit the jails, workhouses and prisons of our cities, to become thoroughly convinced of this. In every large prison there will be found a large number of epileptics; they are many times as numerous as in society at large. Doctor Abernethy used to say that every sick man was a rascal. That may be taking rather strong ground, but his idea was, that every sick man had been wicked in violating the laws of his being in some respect, or he would not be sick.

What a boon it would be to the race, if men would only become convinced of the value of health, and the necessity of training for it! The more gold a man has, the greater his efforts to obtain more, and why should it not be so with health? Disease makes one narrow, morose, unhappy, disagreeable and useless; while in health there is a spontaneity of energy, a delight in work, an irresistible disposition to use the faculties. Why should we live in the slums of disease and feebleness when there is a true nobility, a genuine aristocracy, a royalty of health, which may be ours if we will make it our aim and purpose in life?

J. H. Kellogg.



"When love fills the heart, it will flow out to others, not because of favors received from them, but because love is the principle of action."

"But be ye doers of the word, and not hearers only, deceiving your own selves."

Our Sabbath Schools.

SUGGESTED PROGRAM FOR SABBATH-SCHOOL CONVENTION.

Forenoon Session.

10:00-10:15—Singing by the School. Short Scripture reading and prayer. Singing.

10:15-10:50—"The work the Sabbath-school should do." 1. For its members of all ages. 2. For others. General discussion of topic. Singing.

10:50-11:20—"Our Sabbath-school Offerings: How May They Be Used?" General Discussion of topic.

11:20-11:30—Intermission.

11:30-12:00—Singing. "Daily Discussion of the Word of God." General Discussion of Topic.

12:00-12:30—"How to Improve the School from the Standpoint of the Scholar." General Discussion.

Afternoon Session.

2:00-2:15—Opening Exercises.

2:15-2:45—"Duty of each member of the school." General Discussion.

2:45-3:00—An exercise by the children. Singing.

3:00-3:30—"How May Young Teachers be Trained for Effective Work?" General Discussion.

3:30-3:45—Singing. "Co-operation of Parents and teachers." General discussion.

4:00-4:30—Opening of the Question Box. Reading of the Secretary's Report. Closing song.

SOME THINGS THAT WILL MAKE YOUR CONVENTION A SUCCESS.

1. Plan for it; work for it; pray for it.

2. Shorten or change the "Suggested Program" to meet your needs.

3. If there are other schools or lone Sabbath-keepers near you, invite them to attend and take part with you.

4. Extend an invitation to the Sunday-school workers within reach.

5. Allow at least two weeks for the preparation of the subjects by those to whom they are assigned.

6. Make several copies of the list of topics and distribute them so that

different ones may be thinking of the subjects.

7. It is well to have special ones appointed to open the discussions.

8. In presenting the topic, "Duty of each member," it will add to the force of it, if a blackboard list is made of the different points, such as "Punctual," "Regular," etc., etc.

9. Appoint some wide-awake young person who is a pupil to present the topic, "How to Improve the School from the Standpoint of a Scholar."

10.—Prepare beforehand a few good questions for the "Box," to use if enough are not furnished by those present.

11. If there are those in your school who can prepare a few select pieces of music, it will add much to the enjoyment of the occasion.

12. Appoint a good secretary who will keep a full record, giving points of interest, questions asked, etc., and send a copy of the report to the State S. S. Secretary. Also send copies of the papers read.

13. Be prompt in all the exercises. Do not let the time drag.

14. Before deciding not to have a Convention, study carefully and prayerfully these quotations from the Testimonies:

"Very much can be done for the education, and moral and religious training of our youth by well-organized, properly conducted Sabbath-schools. Time and attention should be given to this branch of the work, for its importance in its influence upon our youth cannot be estimated."

"We should see a different state of affairs, if a number of consecrated young persons would devote themselves to the Sabbath-school work, taking pains to educate themselves, and then to instruct others as to the best methods to be employed in leading souls to Christ. This is a line of work that brings returns."

"Our Sabbath-schools are nothing less than Bible societies, and in the sacred work of teaching the truths of God's word, they can accomplish far more than they have hitherto accomplished. The Sabbath-school, when rightly managed, possesses marvelous power, and it is adapted to doing a great work, but it is now what it may and should be."

15. Will not an earnest effort to hold a convention be a step in the di-

rection of better and more effective work in your school?

16. If so, how can you refuse to make the effort?

FROM THE FIELD.

I spent Sabbath, April 12, with the brethren at Middlefield. We celebrated the ordinance of the Lord's house. Two were added to the church. A blessed time was experienced, because the spirit of the Saviour was present.

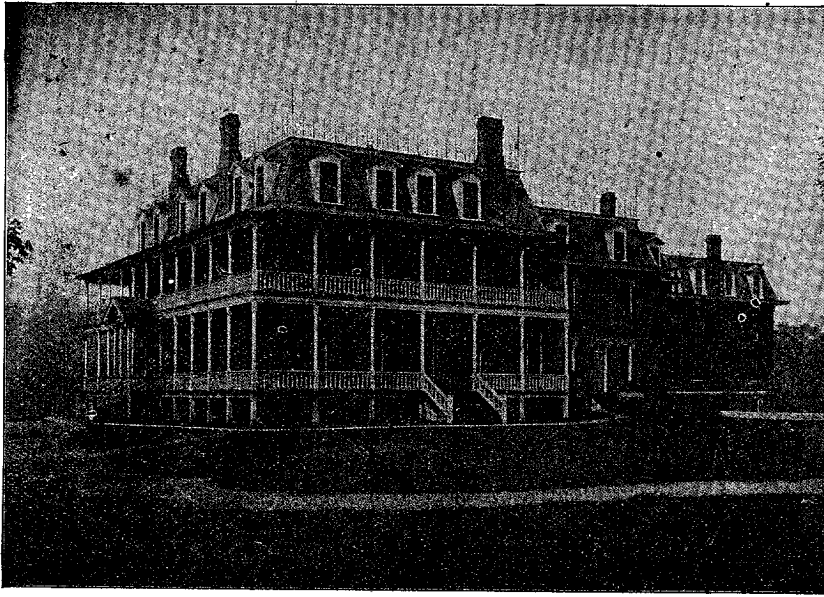
The following Sabbath, April 19, I had the privilege of holding the quarterly meeting services with the Grand River church. The Lord came very near by His spirit and we had a blessed time together. One dear soul took a firm stand for the truth. He said he wanted to serve God from now on, and then and there united with His people. His wife and two daughters have been members of the church ever since its organization, and have been praying for this time to come. Tears of joy filled the eyes of all present. I have had many precious experiences in the "Christ Object Lesson" work, and will say to all that if you wish to realize the presence of the spirit of Christ and His approval, go into this work as soon as possible. Since March 1st I have sold over 80 Object Lessons, 16 Steps to Christ, 8 Sunbeams. To the Lord be all the glory.—C. C. Webster.

Adelphi, Ohio.

Dear Readers of the Visitor—I am of good courage in the Lord. It is a great consolation to me to know that the books that have been sold by others in this locality are doing their work. They have been read, loaned out, returned and read again. The denomination known as the "Saints" are holding meeting in the neighborhood where I make my delivery. They are giving especial attention to us as a people. I was called from my work on account of my little boy getting seriously bitten by a strange dog. We trust that it will not result in hydrophobia. The situation has cast a shadow in our home, but we are trusting in Him "who doeth all things well."

E. E. Nothstine.

"Abide in me, and I in you."



MT. VERNON ACADEMY.



WORDS FROM THE STUDENTS

The earnest testimonies of students from Mt. Vernon Academy, at the late Camp-meeting held at Canton, Ohio, put a desire into my heart to attend this particular school. The Lord opened the way and I came. I can truly say it has been a year of spiritual blessing. The harmony and love existing among teachers and students is truly of the Lord. It has not been my privilege to attend school for several years, but the knowledge gained in this year's work has far exceeded my expectation.

The spiritual truths which have been presented each day have brought me nearer my Saviour, and created a longing in my heart to enter the broad harvest field, and help gather the sheaves that are ready and waiting to be gathered.

Della Burroway.

As I look back upon the three years spent in this school, I am made to rejoice that the Lord has given me the privilege of being here. They truly have been the most profitable years of my life, and I can say it is a place where one can receive a true and practical education.

The harmony that exists between teacher and student, also student and student, shows plainly that God is

with us in a marked manner. I know that the experience I have had and lessons learned here will go with me through life. My desire and ambition to work for my Master has been strengthened. My earnest prayer is that God may impress the minds of His people to bestow their means upon the youth by sending them to His schools, where they can prepare for His work; for the "harvest truly is great and the laborers are few."

Mayme Wells.

I am truly thankful that I have been permitted to attend this school, (Academy) where such a Christian spirit prevails among all, both teachers and students. This school is not like the numerous public schools which educate their students for some high position in the world, but is a school of "God's own planting" for the sole purpose of educating young men and women to enter the broad harvest field. It is doing its work faithfully, and already a large number have left here and have gone out into different parts of the world, and are there doing the work that their Master has called them to do.

It is my desire to return and get such an education as will fit me for actual service in any part of this wide world, where the Lord may call me. The way does not seem to be opened for me to return yet, but I know that if it is the Lord's will, it will be opened. I can heartily recommend the Mt. Vernon Academy to all who desire a Christian education.

Will M. Johnson.

In order to show my appreciation of the good which I have received from Mt. Vernon Academy, I feel it my duty to publicly state, in a few words of commendation, facts which but slightly express its merit. I will not attempt to tell all the ways in which I have been benefited during my seemingly short stay.

It is pleasant and helpful to be associated with a company of Christian young people who are aiming to accomplish the same end, that is, usefulness in the Master's vineyard. The Bible study has been a great help to me, as that part of my education has never received special attention. For some time I have anticipated something which would meet my need spiritually, and I am glad to say that my desire has been realized to a great extent.

The young peoples' meetings have been helpful, and the missionary meetings are of such a nature as to inspire each one with the true missionary spirit. I can heartily say that it is good to be here.

Laura Hutchinson,  
Buffalo, N. Y.

God has dropped many pebbles into the stream of human existence, some large and some small; and as His word never returns unto Him void, all have spread in a million wavelets for weal or woe. Mt. Vernon Academy is one of these, and already we see the ripples of its influence extending to the utmost corners of this state, in far parts of our own country, and even beating upon the uninviting shores of foreign lands.

The Lord said, "Let there be," and there was. And so we thank Him with all our hearts that we have been permitted to have a connection with this institution for a little time. Strong statements are not necessary. The school speaks for itself to those who have been touched by its influence ever so slightly, more eloquently than tongue or pen can portray.

If Mt. Vernon Academy helps every one of its students as it has helped the writer, then surely it will have fulfilled a grand mission in the world. We look through the school to the teachers, and through the teachers up to the great Giver. Thanks be to Him for giving us teachers that He can work through

THE WELCOME VISITOR.

for the benefit of all who are under their charge.

Robert B. Thurber.

OUR LAST UNION MEETING.

A large number of students met in the chapel late Sabbath afternoon, April 19, to hold our regular third-week union gathering. The Lord, who is an ever-present blessing and an ever-blessing presence to all, was at hand to second every effort made; and much benefit was gained from the words spoken. All joined in singing, "Give Me the Bible," and then drew near to God in prayer. An octet sang an anthem, after which Mr. Benson spoke of the love of God and our duty as Christ's light bearers to enter with earnestness into the work God has planned for each one. Illustrations were cited from nature and experience to show that if we determine to cross the mountains toward the goal, Heaven is ever ready at hand to aid. Inaudibly we joined with the quartet, which after this helpful talk sent a song-prayer to the Lord for guidance. The remainder of the time was occupied by Miss Pedicord in presenting "The Cleansing of the Sanctuary." In this we were deeply impressed with the solemnity of our times. As this great and vital truth was being presented the thought and desire of every heart was:

My Saviour, thou hast sweetly entertained  
The outer court-yard of my soul, and  
ed in  
Would penetrate my body-temple  
through;  
And I have sacrificed for thee upon  
The altar at the gate. The fire was  
hot;  
And yet 'twas joy for me to bear for  
thee.  
Thou camest near and I gladly washed  
ed  
My guilt-stained heart within the  
laver where  
Thy blood was shed—that fountain  
pure and free  
That springeth up to everlasting life.  
I pushed aside the outer wall that  
thou  
Might bring thy blessed presence  
closer still.  
Mine eyes beheld the bread of pres-  
ence spread.—  
My hungry soul to feed,—And I did  
feast

In ecstasy upon the banquet rich!  
Thy glory lighted seven lamps of  
truth;  
And then I shone with tender glow  
abroad.  
O great High Priest, the sacrifice is  
vain,  
The cleansing useless, and the feast  
is naught,  
My Spirit lamps will dim illumine, un-  
less  
Thou enter within the veil and make  
Complete atonement for my sinful  
life.  
Dethrone the monarch there and  
reign supreme  
Forever on the mercy-seat of love.  
—A Student.



OBJECT LESSONS

Sent from the Tract Society office and ordered from the Review office since April 14, 1902:

Mt. Vernon Academy	513
W. E. Bidwell	8
Beaver	152
G. P. Gaede	8
Leesburg	44
J. O. Miller	11
Spencer	20
Cincinnati	95
Flora McCollister	44
B. L. House	66
J. O. Young	26
Hamler	100
Kenneth R. Haughey	100
Ida M. Walters	250
Harvey Cassell	150
Toledo	500
Alice Edwards	3
R. R. Kennedy	63
Miscellaneous	9
Total	2162



Mineral, Ohio.

Dear Welcome Visitor—I succeeded in taking orders for over fifty books the past week. I worked thirty hours. We find the mining towns excellent places for the canvassing work. My desire is to ever be humble and teachable like our Saviour, and be used to glorify His name at all times. My sister and myself have covenanted together, by the help of the Lord, to do all we can to place our good books in the homes of those who live near us. We want to be as willing as was the man out of whom Jesus cast the unclean spirit, saying unto him, "Go home to thy

friends and tell them how great things the Lord hath done for thee; and hath had compassion on thee." There is a family in Nelsonville that is deeply interested in Christ's Object Lessons. I saw that they were hungry for the truth, and as they were not able to purchase books I left C. O. L. and the "House We Live In" for them to read. I hope to be able to guide them to the heaven of rest. I took orders for 5 Object Lessons, 13 Christ Our Saviour, 5 Coming King, 13 Best Stories, 9 Gospel Primer, 6 Bibles, 3 Testaments. We delivered 3 Object Lessons, 4 Best Stories, 1 Bible, 1 Gospel Primer. My sister is going to canvass in Murray City. She has a large delivery to make in Athens about May 1st. I have 90 books to deliver in Nelsonville May 25-June 15. May we all let God use us in my prayer.—Mrs. Phema Greenup.



ITEMS OF INTEREST.

The total cash received on the "Relief of Schools Funds" up to April 4th is \$40,129.25.

The Sabbath school at Greenspring, Ohio, will hold a convention May 23-25.

Several of the workers gave the office a call last week as they started out in the Object Lesson work.

Charles Clymer went to Clyde last week. He will teach the Spring term of the church school at that place.

We notice that our old friend, the "Review," has put on a new dress, which makes it seem like a stranger. It will bear acquaintance.

We would be pleased to have the name and addresses of those who are interested in the truth and want to read our literature.

During the institute at Newark the workers, together with some of the brethren of the Newark church, sold and took orders for 220 Object Lessons. This was done while canvassing a little while in the forenoon. They spent the afternoon and evening in institute work.

Dr. Ruth Merritt is laboring in the Ohio Conference in the Medical work. She is located at Newark at present. We extend to her a hearty welcome and pray the Lord to bless this line of work in Ohio.

All churches who need a supply of tithe envelopes please send to the Ohio Conference S. D. A.