

THE Welcome Visitor

"Surely I Come Quickly. Even So, Come, Lord Jesus."

Vol. 7, No. 19.
Weekly, 25 cts. per Year.

ACADEMIA, OHIO, JULY 29, 1903.

Entered June 12, 1903.
As Second-Class Matter.

THE OHIO CONFERENCE.

"And the inhabitants of one city shall go to another, saying, Let us go speedily to pray before the Lord, and to seek the Lord of hosts. . . . We will go with you: for we have heard that God is with you."

"PREPARE TO MEET THY GOD."

I HAVE been shown that some of our camp-meetings are far from being what the Lord designed they should be. The people come unprepared for the visitation of God's Holy Spirit.

GENERALLY the sisters devote considerable time before the meeting to the preparation of garments for the outward adorning, while they entirely forget the inward adorning, which is in the sight of God of great price.

THERE is also much time spent in needless cooking, in the preparation of rich pies and cakes and other articles of food that do positive injury to those who partake of them. Should our sisters provide good bread and some other healthful kinds of food, both they and their families would be better prepared to appreciate the words of life, and far more susceptible to the influence of the Holy Spirit.

OFTEN the stomach is overburdened with food which is seldom as plain and simple as that eaten at home, where the amount of exercise is double or treble. This causes the mind to be in such lethargy that it is difficult to appreciate eternal things, and the meeting closes, and they are disappointed in not having enjoyed more of the Spirit of God.

WHILE preparing for the meeting, each individual should closely and critically examine his own heart before God. If there have been unpleasant feelings, discord, or strife in families, it should be one of the first acts of preparation to confess these faults, one to another, and pray with and for one another. Humble yourselves before God, and make an earnest effort to empty the soul-temple of all rubbish, all envyings, all jealousies, all suspicions, all faultfindings.

Make a covenant with God to yield yourselves and all your powers to his service. Do not carry this undone work to the camp-meeting. If it is not done at home your own soul will suffer, and others will be greatly injured by your coldness, your stupor, your spiritual lethargy.

MRS. E. G. WHITE.

PIONEERS' MEETING, AUGUST 12.

PROGRAM.

9:30 A. M.

Song, No. 111.

Scripture Reading, Elder H. W. Cottrell.

Prayer, Elder A. G. Daniells.

Song, No. 496.

Address of Welcome, Elder H. H. Burkholder.

Response, Elder J. G. Wood.

Song, No. 833.

Sermon—Text, Heb. 10:32, 33, Elder I. D. Van Horn.

Song, No. 844.

10:45 A. M.

INTERMISSION.

11:00 A. M.

Song.

Pioneers' Experience Meeting, led by Elder Hiram Guilford.

Song.

The Organization of the Ohio Conference, by Oliver Mears.

Song.

Sketch of the Development of the Conference to Date.

THEY ARE COMING.

THE following good letter was received from an aged sister who thought she had probably attended her last camp-meeting:—

"I have been reading about the camp-meeting and thinking, 'Could I go? Could I go to one other camp-meeting?' For some time I had been saying my little means, saying nothing about it for fear some one would say, 'You can't go, you are too old.' But the longer I thought about it, the more firm I became in depending on the Lord's helping me, and he is helping me. When I read your letter to

the folks, they said, 'If I were you I would go, for you can be taken care of in the house,' (Academy). . . . I want to live so I can help lift some of the heavy burdens. It is but little I can give, but I think every little helps, and what I do, I do willingly and heartily for the Lord."

The psalmist says of the Lord's people, "Thy people shall be willing in the day of thy power." Now, just now, is the time to let this spirit of willingness come into our hearts as never before, to draw near to the Lord with the assurance of faith that he is willing and able to do for us above all we ask or think, and to give us showers of rain in the time of the latter rain. B. E. R.

CAMP-MEETING NOTES.

WEDNESDAY, August 12, will be Pioneers' Day. This feature of the camp-meeting promises to be one of much interest.

THERE will also be a convention of the young people for the purpose of securing a better organization and to lay plans for more effectual work in the future.

JUDGING from present indications the coming camp-meeting will be one of unusual interest, and will have a large representation of our people in the Conference.

ELDERS A. G. DANIELLS, president of the General Conference, H. W. Cottrell, president of the Atlantic Union Conference, and I. D. Van Horn, pastor of the Battle Creek church, are among those who have promised to attend our camp-meeting.

I WOULD request all who are planning to attend the camp-meeting to come prepared to board themselves if at all possible. This will lighten the burdens at the dining-hall and give to others an opportunity to attend the meetings, who would otherwise be denied this privilege, which they very much desire and need. H. H. B.

MISSIONARY.

IN response to an appeal from Brother E. Pilquist for a printing press for the mission in Honan, China, Dr. H. W. Miller, who is under appointment to that field, has secured a Washington hand press from a firm in Chicago. These friends not only donate the press, but will pack it ready for shipment, so that it can be sent with the company that sails in October. Dr. Miller writes that this is wholly in answer to prayer. More gifts and more prayers are needed for the work in China and the many other unentered fields.

MEDICAL MISSIONARY WORK.

THE Lord has spoken to us many times through his servant to the effect that there should be treatment-rooms established in every city large enough to support them. We are told that this line of work will be as an opening wedge for other branches of the message. Whenever the Lord speaks in regard to a certain work and says that it should be carried out, that work is the Lord's, and it will prosper, too, if those connected with it are willing to let him work in and through them.

One year ago last May, treatment-rooms were opened at Mount Vernon. They are well equipped to give all of the Sanitarium treatments, and have rooms in connection so that patients may remain there while taking treatment. The Lord has blessed in the work from the beginning. The rooms paid expenses the second week and have not run behind a cent since. From five to eight nurses have been employed all along, and at times half a dozen more could have been used.

In May of the present year, those who started the work at Mount Vernon, feeling that it had become established on a solid basis, thought it would meet the mind of the Lord to establish new rooms at some other place. Newark was the city chosen, and a beautiful location was soon secured, and equipment begun, so that on June 22 all was ready, and the "Newark Sanitarium Treatment Rooms" were opened to begin a battle against sin and sickness. This is one of the best equipped institutions of its kind in this part of the country, and it is large enough to accommodate quite a number of patients. The outlook for its work is bright, and the Lord has already begun to bless us in a marked manner.

We need more good nurses, and if there are any such who read this arti-

cle we would be pleased to correspond with you. These institutions are established to do good and not as money making enterprises, and we want good Christian nurses to help carry them on.

Brethren and sisters, pray for us that we may have wisdom in directing this work aright. Pray for the medical missionary work in Ohio.

W. L. SECOR, *Supt.*

CALCUTTA, INDIA.

THERE are as many people in India who speak the English language as comprise the whole population of Australia. Is not this an evidence that God is opening the door for the entrance of his Word in this land? And can we not see him going out before us, and hear in the wide diffusion of English education in India the voice of God saying, "Now, just now, is the time to take hold in earnest in the East?"

Come along then, brothers and sisters in the home land, you who have heard the call to India ringing in your ears. Delay no longer. Twenty people die every minute in this land. As the second hand moves around, every third second some one dies who never learned to love our Lord. Every year more than eight million die not knowing that "God so loved the world that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life."

Think not of home and country while issues so great are at stake, and souls are dying whom you might help to save. There are trials and perplexities to be met, but there are victories to be gained, and men and women to be saved. Some people get suddenly frightened when India is mentioned. They think of the bubonic plague, the excessive heat, the cholera, and the snakes, but if such things as these hold us from doing our duty, what shall we do in the swellings of Jordan? There are three thousand foreign missionaries in India, and some have lived here fifty years. Any one who is young and of reasonable health should be able to work in India. We say to you, "Come," if God bids you, "come, come on."

There are the unentered fields of Africa and China, with their cry of human woe ascending to God. What shall we do? What can we give? These are questions this denomination must answer, and answer soon. Our faith demands a consecration not less than *all*. "Whosoever he be of you that forsaketh not *all* that he hath, he cannot be my disciple."

J. L. SHAW.

CAIRO, EGYPT.

DEAR WELCOME VISITOR: We read with interest in your columns concerning the progress of the work in the Ohio Conference, and rejoice in the evidences of advancement which you chronicle. Your issue of June 10 has just reached me; and in the outline of tent companies for the summer campaign, I note with pleasure the fact that more than one half of the workers are former students of Mount Vernon Academy. May these young men be getting an experience in real gospel work that will fit them to answer calls from the "regions beyond" in God's appointed time.

One great need in Egypt is a tent in which to hold meeting in the towns and villages where no other meeting house can be obtained. We hope to secure at least one tent by the close of the hot season. The summer heat puts somewhat of a quietus on active operations here; but we are doing what we can in a quiet way to keep the ball rolling. We are holding a somewhat informal evening Bible school in which Bible and the English language is taught, and incidentally some lessons on healthful living. About eight or nine young men (natives) are in more or less regular attendance.

Each Saturday evening I am holding a Bible study with a company of Greeks and Armenians. We arrange the different nationalities on opposite sides of the room. My Greek translator sits on one side and the Armenian on the other, and they interpret simultaneously what I have to say, or read the passages of Scripture I announce. I am getting somewhat used to this method of presenting the truth, but sometimes I am tempted to wish for the gift of tongues in this most polyglot city. But it is ours to sow the seed beside all waters, and trust to the Lord of the harvest to give the increase.

We are endeavoring to strengthen the church work here in Cairo. The arrival of Dr. Keichline has been a source of encouragement to us all. He will be a valuable assistant in the work here. He is forming many acquaintances among the Mohammedans, while studying the language and getting ready for medical work.

Except feeling somewhat oppressed by the heat, we are all usually well, for which we thank God. We ask to be remembered at the throne of grace by the readers of the VISITOR.

W. H. WAKEHAM.

June 29, 1903.

"THE eyes of the Lord are upon the righteous, and his ears are open unto their cry."

HEALTH AND STRENGTH.

LESSON X.

Thursday Dinner.

Cream Rice Soup
 Scalloped Potatoes Turnips au Gratin
 Stuffed Potatoes
 Bread Raised Johnnycake
 Bananas Canned Pears
 Apple Pie

RECIPES.

Scalloped Potatoes.

Pare potatoes and slice them thinly into a baking pan in layers, sprinkling each layer with minced onion and dredging it with flour. At the last pour on sufficient milk to cover, and bake in a slow oven until tender. To avoid curdling do not salt until potatoes are nearly done. If preferred, salted nut milk may be used in place of dairy milk, or thinly sliced nutmeat or protose added to each layer and salted water used in place of milk. Much depends upon very slow cooking.

Turnips au Gratin.

Pare and slice turnips and cook in a small amount of salted water until tender, then drain if necessary. Have ready some nice light bread torn into small pieces and arranged in the baking dish with a layer of bread in the bottom, then a layer of cooked turnip, salt if necessary, another layer of bread and another of turnip. Pour on sufficient rather thin gravy to fill and cover well, sprinkle top with bread crumbs and bake till it boils up well and browns on top.

Chicken Dressing.

Take stale slices of nice light bread and arrange them in layers in a pan or basin, sprinkling each layer with powdered sage and minced onion, and pour on sufficient hot salted milk to moisten. Cover and bake nearly an hour in a rather cool oven, then remove and stir with a fork, and return uncovered to the oven to brown and dry out well. Lastly sprinkle a little milk on top, cover and return to the oven to steam through.

Stuffed Protose.

Cut the center from a can of protose or nutmeat, fill cavity with chicken dressing, cover and bake. Slice and serve with a gravy.

Raised Johnnycake.

3 cups light bread sponge, 2 eggs, 3 tablespoonfuls sugar or molasses, 1 tablespoonful salt, 3 tablespoonfuls nut butter or cream, 2 cups cornmeal, 1 cup flour.

Emulsify nut butter in a little water, stir ingredients well together, pour into oiled tins, put in a warm place, and when light bake nearly or quite an hour in a moderate oven.

F. O. RAYMOND.

WHY NOT EAT MEAT?

VEGETARIANISM is as old as the Bible. It was established by God himself. To the representatives of the race, God said, "Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat." Gen. 1:29. This bill of fare embraced the nuts, fruits, grains and vegetables only.

This same principle the Lord set before his representative people again when he called them out of Egypt to make of them a pure, holy and happy people. He deprived them of a flesh diet and gave them instead the bread of heaven. The Lord would have given them flesh had it been essential for their health and strength. He promised them on conditions of obedience to bless their bread and water and take away all sickness from among them, and that there should not be a feeble one in all their tribes. (Ex. 23:25.) The Lord understood what effect the eating of a flesh diet would have on the human system. But they craved the fleshpots of Egypt, and wept and said, "Who shall give us flesh to eat?" Num. 11:4.) What followed this unwise course? "And he gave them their request; but sent leanness into their soul." Ps. 106:15. "And while the flesh was yet between their teeth, ere it was chewed, the wrath of the Lord was kindled against the people, and the Lord smote the people with a very great plague." Num. 11:33.

On the other hand we have the example of Daniel, one of the most celebrated men of the Bible. While under the most trying and unfavorable circumstances, he voluntarily refused a flesh diet, choosing instead the blessing of God on the divinely appointed food. He held the promises of the Lord in high esteem. He was willing to put himself upon record as one who was in harmony with God's revealed will. And from every human standpoint of observation and reason put his life in peril rather than show indifference or treat with the least degree of disrespect the word of God on this question we now have under consideration. What was the outcome? A grand victory for the cause of God and a glorious triumph for his faithful servant.

Now, dear brethren and sisters, to what time was the book of Daniel sealed, and by what people will it be studied and understood? I hear you say, "Time of the end; and by those who believe in, and are looking for, the coming of Christ." Then for whose special benefit was this instruction on

the question of diet recorded? For us. In concluding this article I ask for a careful study of the words we here give from the pen of another recognized source of authority.

"Greater reforms should be seen among the people who claim to be looking for the soon appearing of Christ. Health reform is to do among our people a work which it has not yet done. There are those who ought to be awake to the danger of meat eating, who are still eating the flesh of animals, thus endangering the physical, mental, and spiritual health. Many who are now only half converted on the question of meat eating will go from God's people to walk no more with them.

"Ministers should be strictly temperate in their eating and drinking, lest they make crooked paths for their feet, turning the lame—those weak in the faith—out of the way. If while proclaiming the most solemn and important message God has ever given, men war against the truth by indulging wrong habits of eating and drinking, they take all the force from the message they bear."—*Review and Herald*, No. 21, 1902.

"All are now being tested and proved. Many to whom precious light has been given desire to return to the fleshpots of Egypt. Many who are supported by the tithe from God's storehouse are by self-indulgence poisoning the life-giving current flowing through their veins. Disregarding the light and warnings that God has given during the past twenty-five or thirty years, some continue to gratify their desire for flesh meat.

"We are not to make the use of flesh-meat a test. But we may and should consider the influence that professed believers who use flesh-meat have over other churches. Those who use flesh-meat disregard all the warnings that God has given concerning this question. They have no evidence that they are walking in safe paths. They have not the slightest excuse for eating the flesh of dead animals.

"As God's messengers, shall we not bear a decided testimony against the indulgence of perverted appetite? Will those who claim to be ministers of the gospel, proclaiming the most solemn truth ever given to mortals, make the stomach a cesspool? God has provided an abundance of fruits and grains which may be healthfully prepared and used in proper quantities. Why, then, do men continue to choose flesh-meats? Can we possibly have confidence in ministers who at tables where flesh is served join with others in eating it?"—*Pacific Union Recorder*, Vol. 2, No. 5.

H. H. BURKHOLDER.

The Welcome Visitor

ISSUED WEEKLY BY THE

Ohio Conference of Seventh-day
Adventists

Price, 25 Cents a Year in Advance.

N. W. LAWRENCE - Editor.

Sabbath begins July 31 at 7:18 P. M.

THE Conference Committee was in session Sunday and Monday at Academia.

CINCINNATI, O., July 13, 1903: Born to Mr. and Mrs. W. H. Granger, a daughter.

W. H. EDWARDS, Auditor for the Lake Union Conference, was in Academia last week auditing the Conference and Academy books.

THE Conference workers are now at Academia preparing the grounds, pitching tents, and perfecting arrangements for the camp-meeting.

AN opportunity for some missionary society to HELP where it will count for much is suggested in the article on page two of this issue entitled "Cairo, Egypt."

THE tent effort held at Lebanon, by Elders J. O. Miller, M. C. Kirkendall, and associates, was concluded Sunday, July 19. Nine signed the covenant and others are under conviction.

MANY of the readers of the VISITOR will be interested to know of the marriage of Dr. Harding and Miss Elsie Weaver, at the home of the bride's parents in Columbus, Tuesday morning, July 27, 1903. Elder R. R. Kennedy pronounced the couple "man and wife," after which they started for a few days' visit to Michigan.

"SAVE the Boys" is the title of a booklet of twenty-four pages, also of a magazine of eight pages. These are directed against the twin evils of tobacco and liquor, and are an aid in the home in leading the young in the ways of temperance. Just the thing for our young people to use in missionary work. Price of the paper, single subscription 30 cents. One subscription free to any person sending five names and \$1.50. Cash commission will be given to those who will work for the paper. Send two-cent stamp for terms. To those who will do missionary work with them, the tracts will be sent postpaid at the following price: 40 cents for 50, or 75 cents for 100 tracts. The paper for 2 cents per copy in lots of 20, 40, or 100, or 10 copies to one address for one

year for \$2. The paper and the tract will readily sell for 3 cents each, or 5 cents for the two. Address the publisher, Elder H. F. Phelps, Minneapolis, Minn.

OUR brethren, C. A. Watkins and R. B. Thurber, report: "Five adults and eight children have decided to keep the commandments of God as a result of the tent effort at Piqua. The church, which for several years has been without organization, will be re-organized and start out with renewed courage. Several are convinced, whom we hope may yet follow. Some of the new members will attend the camp-meeting at Academia. We praise God for victories."

THE Toledo church has recently elected the following officers for the ensuing term of Sabbath-school: W. S. Huffaker, *Supt.*; L. M. MacAbee, *Asst. Supt.*; Ettie L. Elsten, *Sec.*; Olive Humphrey, *Asst. Sec.*; Florence Pierce, *Organist*; Mary Stevens, *Asst. Organist*; W. S. Huffaker, *Chorister*; A. W. Half-rich, *Librarian*. We have a very interesting school, all of good courage and enjoying the blessings of a deeper experience in the message than ever before.

ETTIE L. ELSTEN.

CANVASSERS' INSTITUTE.

IN view of the great call from the Lord at the present time for many to enter the canvassing work, we have decided to hold an institute immediately after the camp-meeting for the benefit of those who may desire to enter that branch of the work. So we hope that all who have any intentions in that direction will come prepared to remain at least two weeks after the close of the camp-meeting and take the instruction.

M. C. KIRKENDALL, *State Agent*.

CANVASSERS' REPORTS.

(For week ending July 17.)

Floyd Gibson, Washington County.—Great Controversy: value of orders, \$7.75; helps, 2.50; total value, \$10.25; deliveries, \$10.25.

J. E. Osburn,* Jackson County.—Bible Readings: value of orders, \$40; deliveries, \$76.

Mrs. George W. Spies, Covington.—Coming King: value of orders, \$17; helps, \$7.25; total value, \$24.25.

Fred Trout,† Wayne County.—Miscellaneous: value of orders, \$20; deliveries, \$25.37.

F. E. Wagner,* Wayne County.—Miscellaneous: value of orders, \$3; deliveries, \$17.45.

Mrs. C. A. Watkins, Piqua.—Miscellaneous: value of orders, \$26.25; deliveries, \$11.25.

*Two weeks. †Four weeks.

CAMP-MEETING.

THINGS TO REMEMBER.

THE meeting begins August 6 and closes August 17.

THOSE who have secured rooms at the Academy are requested to bring one quilt to be held in readiness in case of a sudden change in the weather.

DON'T forget that a Teachers' Institute is to be held at Academia immediately after camp-meeting. Let all our church school teachers plan to attend, and bring with you as many prospective teachers as you can.

REMEMBER that you will not get a reduction of railroad fare unless you buy your ticket on August 3, 4, 5, 6, 7 or 8, and get a certificate bearing one of these dates signed and stamped by the agent of whom you purchase your ticket.

TWO mails will be received at the camp-ground each day during the meeting, and two will be sent out; but in order to be sure of this accommodation, have all your mail addressed to Mount Vernon, in care of Seventh-day Adventist Camp-ground.

REMEMBER that in the inspired description of the people which we profess to be, it is written of them, first of all, "Here is the patience of the saints." Rev. 14:12. It may be that you will be tested on this very point when you arrive at the camp-ground or in securing your location. Be sure that you stand, if tested.

DAILY PROGRAM.

(Standard Time.)

Rising Bell.....	5:00 A. M.
Youths' Meetings.....	} 5:30 A. M.
Devotional Services.....	
Breakfast.....	7:00 A. M.
District Meetings.....	} 8:00 A. M.
Children's Meetings.....	
General Meetings.....	10:00 A. M.
Dinner.....	12:30 P. M.
Preaching.....	3:00 P. M.
Children's Meetings.....	} 5:30 P. M.
Youth's ".....	
Conference Laborers'.....	} 7:30 P. M.
Preaching.....	

SABBATH SERVICES.

Sabbath-school.....	9:00 A. M.
Preaching.....	10:30 A. M., 3:00 P. M., and 7:30 P. M.

SUNDAY SERVICES.

Preaching.....	10:30 A. M., 3:00 P. M., and 7:30 P. M.
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