

# Eastern Canadian Messenger

VOL. 16

No. 45

OSHAWA, ONTARIO, NOVEMBER 14, 1916

## A Prayer 277 Years Old

Oh! that mine eyes might closed be  
To what concerns me not to see;  
That deafness might possess mine ear  
To what concerns me not to hear;  
That truth my tongue might always tie  
From ever speaking foolishly;  
That no vain thing might ever rest,  
Or be conceived in my breast;  
That by each deed and word and thought  
Glory may to my God be brought!  
But what are wishes? Lord, mine eye  
On thee is fixed, to thee I cry;  
Wash, Lord, and purify my heart,  
And make it clean in every part,  
And when 'tis clean, Lord, keep it, too,  
For this is more than I can do.

—*Minneapolis Journal.*

## One of Our Many Plans

We have something good to tell the *Messenger* family about one plan of the Young People's Missionary Volunteer Society at the Seminary. Not many of the readers require an introduction to the young people who constitute our school as well as the M. V. Society. All are here with one purpose, a strong purpose or aim to work and to learn better methods how to work for others. There are including the faculty and students forty-eight members of the senior society and ten members of the junior society. No drones exist; every one is a worker, even though it may be in a small part. We have strong leaders in Mr. Terence Martin and Mrs. Chas. Joyce. They love the youth and their untiring efforts are surely appreciated by all.

The plans for the practical missionary training must be limited, as the school study requires attention and all have their share. But if we cannot visit there is something we can do, and with this in view eight correspondence bands have been chosen. Their

work will consist of writing letters to friends or people in whom they have an interest. Accompanying each letter is a tract or under a separate cover a paper such as the *Signs of the Times* or *Watchman*. These meet the needs for truth filled literature. But we have not enough papers to carry on our work successfully. With our goal in view,—that each try to bring one soul to Christ this year,—there should be at least one paper for each person. Eighteen subscriptions have been secured, about one third the required number. Who will send in one yearly subscription for the *Signs* weekly? Or perhaps someone would feel better prepared to send us a six months subscription which would be only sixty cents. Or maybe someone who is already a subscriber would not mind passing the paper on to us after he has read it; for there is no need of a Seventh-day Adventist keeping literature that would be carrying the message to a lost soul in these last days. Pass it on; we can use it. I do not think this would hurt the work of your own home societies as it is the privilege of everyone in the home churches to make missionary visits. Here the correspondence is our endeavor. Send all money for subscriptions to our Seminary Missionary Volunteer Society Secretary, Miss Laura Sharpe.

Just a few words about our Missionary Volunteer work throughout the conference. I was pleased to receive the last quarterly reports so promptly and to note the interest that the church members are taking in the society work. The saving of our youth means the "enduring to the end" and nearer approach of the end. As our Morning Watch topic for the last week and this week is based on "Things Worth While" we have been gleaning truths from God's word why this is so. And let us pray that God's spirit may work mightily with us that we may see many souls saved as a result of our missionary volunteer efforts.

Yours in behalf of the youth,

E. V. FINCH, *Secretary*



## MARITIME

### Have You Visited Williamsdale?

Last month an Ontario girl who had been engaged in colporteur work during the summer spent a few days visiting at the Academy. She had worked hard, had some thrilling experiences, and withal had achieved success in winning a scholarship. It was her first visit to Williamsdale and she thought it a most lovely spot, an ideal location. This she expressed many times, but always with one exception, the long, slow twelve mile trip from the station.

The morning of her departure came and in bidding all her new friends goodbye she did not forget the business office. There she placed in the hands of the manager a check for ten dollars, saying, "This is a little gift to the school. It is to start a fund for the purchase of an automobile. This is a beginning—the seed. I hope it will grow."

A few weeks later the writer related the incident to one of the patrons of the school, a lady from Moncton, who was visiting us at the time. She immediately responded and gave five dollars toward it. It began to look as if the "seed" was showing signs of vitality. The next mail brought a letter from far away Bermuda. It contained a gift of twenty dollars to be applied in the same way. It begins to look as if we are really to have an automobile. Everyone is enthusiastic over the prospect.

What would it mean to us? In the first place we might dispose of one horse, thus having one less for which to provide hay and grain. We cannot well move our school nearer the railroad station. True, the institution, while yet in its infancy was moved from Farmington to its present location; but now it is quite out of the question to ever consider moving it again. If we cannot lessen the distance, what can we do? We can lessen the time. It now requires from two and a half to three hours to go one way. With an automobile we can make the trip easily in less than an hour. In spite of the inevitable cost of the upkeep of a machine it will save many dollars to the school every year. And what a difference in time saved and the comfort gained by those visiting the school and to the student and teachers.

Have you ever visited Williamsdale? If so, come again. If not, here is your invitation. We want you to get acquainted with our work and with the best company of young people you ever met. If you want to give something toward the automobile fund, give it, and it will be accepted with our thanks. If not, come anyway, and you will be just as welcome.

CLIFTON L. TAYLOR.

### How To Reckon The Tithe

"Thou shalt truly tithe all the increase." Deut. 14:22. Perhaps all do not understand fully what would be the increase in their income.

1st. All returns for our personal labor is increase and should be tithed. The man who receives \$15.00 a week wages, would have \$1.50 to pay as tithe and the remainder would be for living expenses.

2nd. The merchant or anyone conducting a business, where there must be some expense involved in operating, should deduct the expense outside of his personal labor from the total, and the remainder, as increase, should be tithed. If the total for one week is \$100.00, and the expense of operating the business and cost of goods is \$75.00, the \$25.00 would be increase and should be tithed.

3rd. The farmer, perhaps, has greater perplexity in determining what his increase is. We cannot lay down an iron-clad rule, but it may be simplified very much by a little careful reckoning. The farmer receives something in return for his labor. This does not always come to him in cash, but is just the same as cash, for he gets the things that others pay cash for such as rent, fuel, dairy and garden products, and at times purchases by exchange flour, sugar and clothes which the farm does not produce. Now, these constitute his wages; and if he keeps a record of what he thus draws for family use, he can tithe the total. Some tithe the crops and the increase in cattle and fowls. Others measure off one tenth of the ground on which their crop is planted harvest this part separate and sell it or buy it themselves at the regular market price.

4th. Some tithe only the cash that comes into their hands, but this may not be all the "increase." The Lord is a jealous God and is particular that he receives his own, and if we will be honest with him, we shall be more than repaid in blessings.

5th. There are those who feel that they should give just as little to the Lord as they can and even try to get out of returning the tenth to him, which is already the Lord's. Some will say, "I will not go to Sabbath school today and so shall not have to put an offering in." Some feel that the Lord should not ask them to give anything to him and that he is unkind to expect it. "The Lord loveth a cheerful giver." Would you like to have the Lord give to you as you give to him? Your tithe will help place another worker in the Maritime field.

GEO. H. SKINNER.

You've been thinking of ordering some "Armageddon" to sell? Do it now.



### The Donation For Our Colored Work

The Division Conference Committee have set apart Sabbath, November 18, as the day when a collection shall be taken in all our churches to be used in the prosecution of our work among the colored people. There are about eleven millions of these people in this division. More than one-tenth of the entire population of the United States and its island possessions belongs to the Negro race. These people have been freed from slavery but about one generation. They have made remarkable progress, and are rapidly availing themselves of every opportunity of schooling, trades, agriculture, etc., within their reach. No class of people respond more heartily to help than the Negro race.

We need at the present time to enlarge the work which we are doing for this people. More schools must be established; churches must be built for this people in various places; and more evangelists. Bible workers, and teachers must be employed to meet the demands made upon us. Our people have generally responded with a liberal donation for this needy work. We trust that this present year will bring the largest donation we have yet made for the advancement of the work for the colored people. It is true that we must do much for the heathen abroad, but we have a responsibility to this dear people near at hand, to bring to them the truths of the third angel's message.

We trust that there will be a hearty response to the call for help at this time in behalf of this needy people. In many places the Lord has greatly blessed our people with means, and it will not be a great tax to make a liberal offering. Remember the date when the donation is to be taken, Sabbath, November 18

I. H. EVANS.

### The Wholesome Oatmeal

As winter advances, the morning dish of oatmeal becomes a very acceptable thing. It gives a staying power attainable by no other food. It imparts warmth to the body, a feeling of general wellbeing, a sensation of all-round fitness for work.

The quality of oatmeal is judged by its weight and color. The color depends upon the harvest weather. If dried quickly in the sunshine while on the field, the color is light, and consequently the flavor fresh and good. If the oats have to be exposed in damp weather for some time, the color darkens and the flavor deteriorates.

Oatmeal forms wholesome and firm flesh, for it has a rich percentage of nitrogenous substance, no less than fifteen per cent. This substance makes the red and white corpuscles of the blood, builds every

muscle and nerve cell, is the active agent in forming new tissue when wounds are received, and yields the blood the great bulk of its own good. The rest of the food that the blood takes up consists of minerals and salts. These, too, oatmeal supplies.

Oatmeal feeds the nerves. Those who use it regularly will not fear neuralgia — often a sign of starved nerves. It contains all the elements that are in meat, eggs, or milk, and that in greater abundance.

Oatmeal has enough fat to provide its eater with working energy. It is a carbon, akin in nature to coal. There is seven per cent of vegetable fat in oatmeal, a little less than half of its flesh-making percentage, but it is enough, considering that bread has only two parts per hundred and rice but one. Even beans, so rich in all materials for the making of the human body have only two and one-half parts of fat per hundred.

Porridge made with water alone is a sufficiently wholesome and good food, as will be seen from its high percentages of flesh and fat attributes. Made with cream, it becomes one of the richest of all possible diets, as the bland richness of the little globules that make up cream is added to its own wealth of body-forming material.

Oatmeal makes bone. It has two per cent of mineral matter, which is more than either rice or bread contains. It has more than beef, or sugar, or potatoes, but is equaled by beans and cheese. There is a very large amount of starch, too, in this notable cereal, in union with some amount of sugar.

#### Oatmeal Soup

Boil one cupful of oatmeal in one quart of water, add one tablespoonful of butter, one teaspoonful of sugar, the grated rind of one lemon, one slice of onion, one bay leaf, one blade of mace. Salt to taste, and boil gently for twenty minutes. Press the whole through a sieve, return to the saucepan, add one cupful of milk, and when hot serve with toast sippets. After heating, the beaten yolks of two eggs mixed with one cupful of cream may be added if desired.

#### Oatmeal Porridge

Put three cupfuls of water on to boil, add one teaspoonful of salt. When boiling point is reached, dredge in one cupful of fine oatmeal, stirring all the time with a wooden spoon. Allow the porridge to simmer slowly for one hour, stirring it frequently. After this it may be turned into a double boiler to save stirring, as it is impossible for it to burn, but it will require at least one hour's additional cooking.—

*Marion Harris Neil, in The Mother's Magazine.*



# Eastern Canadian Messenger

OFFICIAL ORGAN OF THE  
EASTERN CANADIAN UNION CONFERENCE OF SEVENTH-DAY  
ADVENTISTS

Office Address - - - - - Oshawa, Ont  
Edna Leach - - - - - Editor

Entered as second-class matter. Price, 50 cents a year  
in advance.

## Quebec Conference Report for September, 1916

Churches	Tithes	Miss.	Sab. S.	Misc.	Total
Fitch Bay	\$ 18 77	\$14 70	\$4 26	\$ 5 00	\$ 42 73
Individuals	24 25	44 80	44 82	28 47	142 34
Mont'l Eng	139 12	3 48	44 02		186 62
Mont'l French	13 50	18 00	15 87	5 00	52 37
Namur			1 00		1 00
North Hatley	26 82		13 40		40 22
Sherbrooke	99 96	2 89	23 20		126 05
South Bolton	3 47	7 36	7 20		18 03
South Stukely	90 37	25 04	28 20	7 50	151 11
<b>Total</b>	<b>\$416 26</b>	<b>\$116 27</b>	<b>\$181 97</b>	<b>\$45 97</b>	<b>\$760 47</b>

F. E. DUFTY, Secy.

## Newfoundland Report for Quarter Ending Sept. 30, 1916

Churches	Tithes	Miss.	Sab. School	Total
St. John's	\$339 60	\$148 33	\$113 86	\$601 79
Bay Roberts	45 00		32 21	87 21
Catalina	52 80	62 00	32 11	126 91
Moreton's Harbor		2 50		2 50
<b>Total</b>	<b>\$417 40</b>	<b>\$212 83</b>	<b>\$168 18</b>	<b>\$798 41</b>

GORDON SMITH, Treasurer

## Notice

Since the announcement of the raise in price on "Christ in Song" the demand has been so heavy that the Review and Herald has not had nearly enough books to fill the orders. Because of the advance price on stock it has been decided to put the new prices on "Christ in Song" into effect at once. The prices therefore, from this on will be 60 cents a copy in the cloth; \$1.25 in half morocco; \$2.50 in turkey morocco; and \$3.00 for levant flexible.

CANADIAN PUBLISHING ASSOCIATION.

## Colporteurs' Report, Week Ending Oct. 14, 1916 Ontario

Name	Book	Hours	Value	Total	Del.
John Heaver	BR	35			\$321 50
G W Sowler	Mag		\$32 30	\$32 30	32 30
Louis Antone	Misc.		44 80	44 80	
*C D Terwillegar	GC		6 00	17 75	19 10
James Campbell	BR	22	43 00	45 80	
<b>Total</b>		<b>57</b>	<b>\$83 10</b>	<b>\$94 85</b>	<b>\$372 90</b>

\*Two weeks

## OBITUARIES

**BATES**—Fred Alfred Bates of Waterville, Quebec, died October 22, aged 54 years. He leaves a wife and five children to mourn their loss and also many friends who bear testimony to his kindness and uniform Christian life. Nine years ago brother Bates heard the third angel's message at a tent meeting conducted by Brethren G. H. Skinner and H. W. Ingham at East Angus and fully surrendered his will to God. We laid him to rest in Cookshire cemetery to await the call of the Saviour. Words of comfort were spoken by the writer from 1 Cor. 15: 55, 56 which words were repeated by Brother Bates just before his death.

WM. C. YOUNG.

**COOK**—Joseph Cook was born at Dorchester Cape, N. B., June 1841, and died October 28, 1916 at his home in Hopewell Cape, where he lived an industrious life for more than forty years. He was married to Miss Rebecca Bishop, but four years later was called upon to lay her away in death. About 1881 Brother Cook was united in marriage to Mrs. Jerusha Robinson, who preceded him in death just one month to the hour. Brother Cook was always ready to lend a helping hand to those in need, and his hospitality was known to many. More than twenty years ago he and his wife were baptised and became members of the Hopewell Cape S. D. A. church, having accepted the message through the labors of Elder Langdon. The church will greatly miss Brother and Sister Cook but will look forward to the time when all the faithful ones will meet again. Many friends were gathered in the home to honor the one who had lived so long among them. The Baptist minister assisted the writer. Job 3:13, 17, "There the weary be at rest" was appropriately used as the basis of the message of the hour. We believe that Brother Cook sleeps with the blessed hope of coming forth in the first resurrection to join the faithful of all ages. We laid him in the family burying ground in a quiet resting place. When Jesus comes there will be a mighty shaking in these dusty beds and many shall awake to immortality.

GEO. H. SKINNER.

**SMITH**—Mrs. Ellen Smith was born in England in 1839 and died at Blytheswood, October 9, 1916. She was 77 years, 4 months and 2 days old. Mrs. Smith came to Canada with her parents at an early age and with the family settled at Woodstock. From this place they moved to Ruscomb, where she was united in marriage to Mr. Charles Smith who died about five years ago. To this union two children were born, the eldest having passed away six years ago leaving Jesse who was present at his mother's funeral. Sister Smith became a Christian early in life, joined the M. E. church and lived a faithful devoted life. In the spring of 1893 a tent was pitched near their home where the third angel's message was presented. Sister Smith along with many others cast her lot with the people who are keeping the commandments of God and the faith of Jesus, and ever lived to help spread the message which was so dear to her heart. She leaves to mourn one son, three brothers, two sisters, one grandchild and a host of friends. The writer spoke words of comfort from Heb. 13:14, "For here have we no continuing city, but we seek one to come. Sister Smith was laid away in the city of the dead to await the call of the Lifegiver who will soon come to claim his own.

J. W. MCCOMAS