



# KEY NOTE



Volume 3

October, 1940

No. 10

## October

There is something in the Autumn that  
is native to my blood,  
Touch of manner, hint of mood,  
And my heart is like a rhyme  
With the yellow and the purple and the  
crimson keeping time.

The scarlet of the maples can shake me  
like a cry  
Of bugles going by.  
And my lonely spirit thrills  
To see the frosty asters like the smoke  
upon the hills.

There is something in October gets the  
gypsy heart astir!  
We must rise and follow her,  
When from every hill of flame  
She calls and calls each vagabond  
by name.

--Bliss Carman



## BE STRONG AND OF A GOOD COURAGE

There are two kinds of courage--physical and spiritual. It is a debatable question as to which of the two is the more important. It has always seemed to me that spiritual fortitude requires more real, rock-bottom courage than that of a physical nature.

On the wall of our worship room back in the school I once attended there hung a plaque in Greek lettering. The words are a part of my store of memorized knowledge, and seem to me to be the epitome of the subject of courageous living.

### IT TAKES COURAGE:

To live according to your convictions.

To be what you are, and not pretend to be what you are not.

When mortified and embarrassed by humiliating disaster, to see in your ruins the elements of future success.

To stay home evenings and try to improve yourself.

To refrain from gossip when others about you delight in it.

To be a real man, a true woman, by holding fast to your ideals, when this causes you to be looked upon as strange or peculiar.

To be talked about, and yet remain silent when a word would justify you in the eyes of others, which you cannot speak without injury to another.

To dress according to your income, and deny yourself what you cannot afford to buy. Bravery never goes out of fashion.

"Be strong and of good courage!" More than three thousand years ago these inspiring words were spoken by a great military leader to men about to undertake a tremendous task. Some of them were dismayed. The difficulties in the path seemed insurmountable. Their minds were filled with worries and fears and anxieties, until the present was heavy with doubt and the future loomed before them dread, angry, and portentous. Their hearts were like water, until Joshua, the leader, with great confidence gave his message:


"Be strong and of a good courage--

"Only be strong and very courageous--

"Have not I commanded thee?

"Be strong and of a good courage,

"For, Jehovah thy God is with thee whithersoever thou goest."



# NEW ENGLAND HIGHLIGHTS

"Going to New England for your vacation? Why I thought you went there last year." But such remarks did not discourage T. Rose and me from "touring" New England again this summer, with Katie making the trip for the first time. There's so much of interest in the New England States that I shall just summarize a few items worth honorable mention.

Scenery.--Everywhere, including: Pilgrim Monument view in Provincetown. Mt. Cadillac and Thunder Hole in Maine. The Great Stone Face; The Flume; Crawford, Pinkham, Franconia, Kinsman, and Dixville Notches; Mt. Washington; Glen Ellis Falls, in the White Mountains of New Hampshire. Rock of Ages granite quarries and the Green Mountains in Vermont. Berkshire Hills in western Massachusetts and Connecticut. Yuza Mini Brook in Connecticut.

Cities and Towns.--Baltimore--traffic tangles. Philadelphia--good bypass. Trenton--clowning traffic cop. New York--too much of it. New Haven--Yale University. Hartford--insurance and state capitol. Providence--state capitols. Provincetown--one-way traffic. Plymouth--Rock and church yard. Boston--HISTORY. Cambridge--Ware Collection of glass flowers, Harvard University, homes of intellectuals. Concord. Lexington. South Lancaster. Melrose. Bar Harbor. Montpelier, Vt.--state capitol. Burlington on Lake Champlain. Etc., etc.

Tourist Homes.--Motel in Burlington, colonial home built in 1816 and containing the original furniture, one article of which is a high four-poster bed in which two of us slept. Mrs. Addiman's in Ardsley, N. Y., boasting on the side porch a mother cat and four wee kittens to furnish amusement for the guests.

Eating Places.--"Cock Horse," Cambridge, Mass., in house of Longfellow's "Village Blacksmith." New England Sanitarium--good breakfast, ten cents. "Martha Jane," Freeport, Me. "Mary Jane," Bar Harbor. "Wilfred's," Gorham, N. H. The Flume Restaurant--no tipping. "The Black Cat," Burlington, Vt.

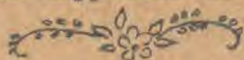
Mary Paul

# SHOWERS!



No, April with her showers has not returned to town! Dan Cupid is the cause of our "showery" September. We watched him stalking Peggy, but nobody even saw him around Kathryn till he'd already sunk his arrow. We were all so delighted at Cupid's success that inevitably there were showers in September.

Gwyn invited a dozen friends to a dinner party for Peggy at the Wyatt home. All admired the lovely wedding cake, complete with bride and groom, and their enthusiasm grew when they discovered that it contained thimble, money, ship, and even a wedding ring, all of which were supposed to indicate the finders' future fortunes. Cecil dropped by and took some movies of Peggy, her cake, and the guests. Later, while all seemed deeply engrossed in "One Man's Family," a large group of Indian-footed girls gathered on Matilda's lovely lawn, and tried to be quiet until Peggy innocently followed the suggestion to see how pretty the yard looked at night. We were almost as thrilled as Peggy, watching her open the beautiful gifts. The chorus of "I'll be loving you always" at the close was the sincere expression of our hearts, as we wished Peggy much happiness in this new venture.



Those of us who sat in open-mouthed amazement at Kathryn's announcement party in mid-August, were triumphant when we actually surprised her with a shower at LaVerne's home! Kathryn had made the statement that in her opinion an attractively set table would amply make up for her lack of experience in the culinary art! As she opened her lovely gifts, which seemed to be mostly linens and dishes, she became more convinced that hers was the right theory. The book of recipes and menus will help, too, she's sure. (Don't forget to add your contribution--it's not yet too late.) The climax of the evening came when Kathryn was led to the dining room, to discover a table set with her very own exquisite china--the gift of a group of the girls.

# SHOWERS !!



If we are to judge Kathryn's ability as a homemaker by her career in the nursing world, we know it will be outstanding. In spite of the fact that she is to be away up in Minneapolis, we are glad for her happiness, both present and future.

But that wasn't the end! Oh no! We naturally claim Kathryn as our very own; but so do the Ladies' Auxiliary, and so do the good folk out at the Sanitarium. These two groups joined in a second shower for Kathryn, in the Review and Herald Chapel on Sunday evening, Sept. 22. Mrs. H. M. Walton, Miss Metta Hudson, and Mrs. L. H. Christian were the hostesses. Now Kathryn is holding "open house" for all her friends to come and see these many tangible evidences of love and good wishes, which have well-nigh overwhelmed her.

--Irma Lee Hewett



"Ten little fingers, and ten little toes" --couldn't you just picture them on the evening of Sept. 23, after seeing all the beautiful baby gifts showered upon Dolly Long? There were wee dainty white dresses, pillows and blankets, cuddly pink and blue buntings, precious bonnets so tiny we wondered how any head could be small enough to fit inside, soft kimonos and jackets, and even miniature hot water bottles to keep baby's tootsies warm. And still more--a basket, and a bathinette, and yes, even a bed! My, what a wealthy girl (or did I hear someone say BOY?) the future Home Missionary baby will be! We wish Dolly and Charles all the happiness we know will be theirs when the little stranger arrives.

--Helen Porter

FOR WORRY TAKE A WALK

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The next time worry claims you,  
Straighten up and take a walk;  
It's useless to keep brooding,  
And above all--do not talk.  
When once you're in the open  
Fill your lungs brim full of air;  
Enjoy each breath and motion  
Taken thus, with time to spare.

Exercise will harmonize  
All your thoughts, then you'll agree  
That worry is expensive,  
And that happiness is free.  
Though great may seem your trouble,  
Do not give up in despair.  
There's something which will help you--  
Take a walk in God's fresh air.

--Selected.

Hazel Shadel

A RECIPE FOR A DAY

IN

Take a little dash of water cold,  
And a little leaven of prayer,  
And a little bit of morning gold,  
Dissolved in the morning air.  
Add to your meal some merriment,  
And a thought for kith and kin,  
And then as your prime ingredient,  
A plenty of work thrown in.  
And spice it all with the essence of love  
And a little whiff of play;  
Let the wise old Book, and a glance above,  
Complete the well-made day.

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--Amos R. Wells.

Mary Scott

## THE KEY NOTE

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Having established their daughter Elizabeth in school at Southern Junior College, Mr. and Mrs. Chrisman returned home by way of the "Smokies" and Skyline Drive. While in the South, they made brief visits to our schools at Fletcher and Pisgah.

"Some other hand the task can take,  
If so it seemeth best,--the task  
By us begun."

Lela Wilcox had to leave her desk in the General Conference two and a half years ago, but her years of faithful service left her memory lingering in our halls. "She was always the same," says Mr. Rogers, for whom she worked more than thirty years. We shall miss her. But we are glad to lay our floral tribute of love on her resting place--she suffered so much and so long. We know she rests in Jesus.

## JOURNEYINGS

Hazel Peter and her husband drove to South Bend, Indiana, Sept. 3, to visit Mr. Peter's "folks." From there they went to Berrien Springs, Michigan, spending a short time with Hazel's sister. They returned to Takoma Park on the 6th.

Blue skies were particularly welcome to Edna Edeburn the week-end of Sept. 11, as her parents from California and her uncle and aunt from Ohio were visiting her. They did much sight-seeing and left with a good opinion of Washington. Edna accompanied them on their return trip as far as Gettysburg.

Mrs. Chrisman and her family left on Sept. 8 for a short trip into the Southland.

# UP and DOWN <sup>T</sup>he CORRIDORS

Esther Benton was happy to have her father with her for three or four days the first part of September.

During the week of September 8 Thelma Durrell entertained Miss Josephine DiBenedetto, who works in the New York Conference office.

Have you any extra insects? If so, call Irma Lee Hewett who is tenderly nursing a praying mantis, which, by the way, got too hungry the other day and ate its mate.

Labor Day saw Alice Love taking another trip to the Skyline, but this time it was for a farewell visit with her parents who have been spending some time camping there.

We find that Marguerite Perkins no longer presides at her desk in the Educational Department, but that Mrs. Dale Smith has taken her place. However, you are one and the same to us, Peg!

Mildred Davis attended the Fair in New York with Yvonne Olsen the week-end of September 20 and reports that it is "better than ever." She especially liked the patriotic touch in many of the exhibits.

On the afternoon of September 17, the Treasury Department experienced the pleasure of an outing at Great Falls, on the Virginia side of the Potomac. They enjoyed seeing the harvest moon, and the camp fires by the Falls.

Friday the 13th--and Louise Surface was fortunate enough to have a birthday on that date! One of the surprises accompanying the event was the receipt of a newspaper from a friend in San Francisco headlining the news of her birthday. Have you seen it?

Going up? Not by elevator! Inquirers for Erna Borm, whose office was next to Mr. Cobban's on first floor, are now referred to second floor. Miss Borm is located in the office just beyond Elder Gilbert's, and Mabel Smith is using the office previously occupied by Miss Borm on first floor.