

THE KEY NOTE

Volume 4

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July 1941



I pledge allegiance to the
Christian flag, and to the Saviour
for whose Kingdom it stands; one
brotherhood, uniting all mankind
in service and love--

1941

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I pledge allegiance
to the flag of the United
States of America and to the
Republic for which it stands;
one Nation, indivisible, with
liberty and justice for all.

"And the most thrilling thing. . . ."

As might be expected of folk who spend most of their days at desks with backs turned on even the every-day-at-home scenery, beauties of nature take precedence.

Elizabeth Zeidler and Margaret Weir put lovely Lake Louise first.

Margaret and Mrs. Mace took an evening hike along the shore. Returning about 9:15, the setting sun cast a rosy glow over mountains, glacier, and lake, making a picture never to be forgotten.

Mayme and Cecil Higgins spent Sabbath at Lake Tahoe. Sabbath sunset over the lake and encircling mountains gave Mayme the thrill of her life--"it was as if the mountains were all on fire

bel Hinkhouse enjoyed the bears in Yellowstone Park--two families especially a black mother and a brown one, each with two babies. "They're precious."

ma Howell had so many thrills she found it hard to choose one--the deer Yosemite, the redwood trees, the scores of good friends she met. She'd like to take another vacation by auto--"most any kind of car provided it's Oldsmobile, fluid drive!"

na Borm was amazed by the beauty and vastness of the country, and by "wide open spaces"--undeveloped, unused. She was also deeply impressed by the variable friendliness and brotherly kindness shown representatives of every nation and country, especially in view of the present strained international situation. Truly we are "one body" in Christ.

ry Paul loved the youthful song sparrow, sitting on a trash can in Civic Park, in the heart of San Francisco, practising the song his daddy was teaching him.

is Burnett was in a romantic mood. Her big thrill was seeing Kathryn Jensen Nelson so happy with her family, hearing Arlene call her "Mother";" using their mutual understanding and affection. Her second thrill was receiving a card--a business card--from Alice Love Fagerstrom while on her honeymoon.

HAVE WE TOLD YOU YET ? ? ? ? ? ? ? ? ? ? ? ?

That during June

Nora Buckman bought a car. . . Alice and Milton Fagerstrom moved into their brand new abode at 903 Prospect Avenue. . . Elsie Winders turned benefactress and furnished us all with money (by request) when the checkless June 15 rolled around. . . Ruth Edward's husband was accepted as a student of medicine at Loma Linda. . . Jewell Hatcher worked her first day in the General Conference. . . Thelma Wellman's mother returned home after five weeks in the hospital. . . Mabel Smith had a birthday. . . Myrtle Chrisman, Marian MacNeil, Esther Nivison, LaVerne Case, Matilda Wyatt, Genevieve Melendy, June Norton, and Alice Fagerstrom had vacations. . . Bethel Rice "operated" while Genevieve was away. . . Stella Thompson and Thelma Wellman practically went around in circles for a while when Elder Bowen was sick and practically everyone needed passports and the like. . . Nell Nunter solicited the building for the U. S. O. . . Kathryn Haynal went landscape painting along the Potomac and used Potomac water to mix her colors. . . Marjorie Marsh's canaries, which Mr. Finch kept in the mimeograph room, practically sang their heads off. . . Mildred Davis, along with others, got stuck in the elevator between second and third floors. . . the Home Study rooms were redecorated. . . Helen Porter, Dorothy Ford, Edna Helms and Yvonne Olsen played early morning tennis two or three times a week. . . T. Rose wrote "And the most thrilling thing" appearing on page 2 of our journal. . . Carol and Jimmie Crabtree celebrated their 6th anniversary on the 27th. . . Dolly Long brought Alan Molitor to the office one afternoon. . . The opening night of the Sunset Symphonies found a goodly number of our music lovers present. . . Nora Buckman, Carol Crabtree, Dolly Long, Edna Helms, Kathryn Haynal, and Helen Porter got out their biking togs and pedalled around Hains Point. . . Elsie Winders electrified us all by announcing her wedding date - July 3. Long live Mr. and Mrs. John Minesinger !

INTRODUCING -

Jewell Hatcher, who arrived just last week to join the Keepers of the Keys. Jewellis to work in the M. V. Department for Elder Ochs. She comes to us from the Michigan Conference office where she has worked since her graduation from Emmanuel Missionary College in May, 1940.

We hear she had a bit of trouble with her baggage and almost lost her violin--but luck was with us--we may get to hear her play it sometime, and if we coax a little, she might consent to sing for us too.

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ALOHA -

To Virginia Butler, who must have been reading something by Horace Greeley--at any event, she "went west." We'll miss her of course, but we can't help wishing her lots of luck in her new job. She's working for Elder E. F. Mackman, president of the Northern California Conference, and we think it very nice that her sister, Alberta, can be there working in the same office too. According to available statistics, Virginia started working in our mailing room in the fall of 1937. She says she likes California very much, BUT she is already planning to spend her first vacation in Washington. We'll be waiting for you, Virginia.

* * * *

For the "poem of the month" we nominate --

"God keep a clean wind blowing through my heart:

Wind from far

Green pastures, and from shaded pools where still

Waters are:

Wind from spaces out beyond the first

Twilight star. . . ."

(If you like it, get Flame in the Wind from our library and finish this poem by Grace Noll Crowell.)

HEALTH IN SUMMER --

- † Dress appropriately. That is, wear white or light-colored clothes. They not only look cooler but are cooler.
- † Sunlight is good medicine, but do take it in moderation when at the beach or open bathing pool, else sunburn or sunstroke may result. Sun and air baths (preferably in the nude) enhance the circulation of the skin and make it pliable, firm, and elastic.
- † Eat freely of raw vegetables and fruits. Let the meals consist chiefly of raw and cooked vegetables and fruits.
- † Don't overeat. The warmer the climate the lighter the food should be.
- † Avoid iced foods. They lower the vitality and may cause heart congestion. If taken at all, they should be eaten slowly--iced drinks sipped slowly.
- † Don't eat between meals ever, and especially during hot weather. For additional summer suggestions, read "July by the Calendar" in the July, 1941, Life and Health, and don't fail to follow them. **HERE'S TO SUMMER HEALTH.**

--Kathryn Haynal

COOL MUSIC FOR JULY --

Water Gate Sunset Symphonies

- July 2 - All-patriotic program, directed by Charles O'Connell.
- July 10- Antonia Brico, America's outstanding woman conductor, Jessica Dragonette, soprano soloist.
- July 14- All-Gershwin program, directed by Alexander Smallens.
- July 17- "An Evening at the Opera" featuring William Hain, operatic tenor, and Abrasha Robofsky, baritone.
- July 24- All South American program, featuring Elsie Houston, Brazilian soprano.
- July 28- Guest conductor Erno Rapee, musical director of Radio City Music Hall.

Beginning July 8 and continuing for six weeks, the Starlight Chamber Music Concerts, to be given at Meridian Hill Park, will provide Washington with a demonstration of vocal chamber music, featuring the Trapp Family Singers, who appear in their native Tyrolean costumes. Everywhere, the handsome wife, five daughters, and two sons of Baron Georg von Trapp have won extraordinary praise for their unique artistry, which began with a hobby for a cappella singing of beautiful old music.

-- Thelma Wellman