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THE FORWARD MOVEMENT

A Revival of the Study and Practical Application of the Physical Side of Spiritual Truth in its Relation to the Second Advent of Our Lord

"PREPARE YE THE WAY OF THE LORD."

THE LAWS AND THE GOSPEL OF HEALTH.

The realm of the law is domination, compulsion, condemnation. The realm of the gospel is promise, privilege, grace. The law is for the lawless, the disobedient. The gospel extends its blessings to the willing and obedient. We are to preach the gospel. This is God's plan for bringing people into harmony with the law. The law says, mostly. "Thou shalt," or, "Thou shalt not." The gospel says, "Thou mayest, and I will keep thee." The law is extended to the sinner. It commands and condemns him. The gospel wins its way to the sinner's heart, and taking the law with it, writes it upon the mind.

In this is a lesson on teaching health principles. Too often the people are held in a sort of terror-stricken condition while the "thou shalt nots" thunder about their ears, and the vivid lightnings of dire consequences flash about them, and the dreadful smoke of final extermination rolls up before the vision. The people see and realize it all and either stoically resolve to accept the consequences, whatever they may be, or helplessly ask, "What shall we eat then?" It seems to them that the prohibitions cover the entire dietetic field and no avenue of escape is left. Too often the people are left at this point. Perhaps they have left their former affinities. What now? Well, that does not appear. They have heard the law; but where is the gospel?

Would it not be better to begin with the gospel? Before the Lord mentioned any prohibitions he placed before mankind what might and should be eaten. He created the beautiful fruits and pointed to them in their luscious sweetness. He created the grains filled with the elements of strength and life. He loaded trees with nuts rich in vitality and then he told his children that all these were before them. He added his benediction and pronounced them all "very good." People only need to be taught how good they really are in order to accept them now.

What the world really needs is an education in the priv-

leges and blessings of good living. The privilege of adopting a good thing is far more attractive than the duty of dropping a bad thing to which the people have become attached. But the adoption of right habits of living carries with it necessarily the discontinuance of wrong habits. The better way wins the heart by gentle conquest, powerful and complete. And then, evil must flee as before a whip of small cords.

The mission of Christ was not to condemn the world, but to bring light and life. So let us be more anxious to present the beauty and desirability of God's plan, the fullness of his grace and promises, and his spirit will work a transformation that will form a permanent basis for every good work of reform.

G. C. Tenney.

SECOND HAND FOOD.

We naturally shrink from wearing second-hand clothing, not so much because we consider it beneath our dignity to do so, but because we object to what is likely to accompany such clothing.

It is passing strange that while the best elements of society refuse to patronize the second-hand clothing stores, they seem so perfectly willing to patronize the butcher shop, which is nothing less than a second-hand food store. The contamination which accompanies the second-hand clothing would infect only the skin, but that which is obtained from the second-hand food store is taken inside the body itself; and just to the extent that it contains disease and waste products, it will taint and contaminate the entire body.

So long as it is possible for us to secure from the lap of nature direct clean grain preparations, luscious fruits, and nutricious nut products, why should we ever for a moment entertain the idea that they can be improved by first feeding them to an ox to assist in building up the tissues of that animal?

So long as we persist in magnifying the virtues of secondhand food, we ought to be equally willing to laud the peculiar advantages and benefits to be derived from wearing second-hand clothes.

DAVID PAULSON.

THE LIFE IS MORE THAN MEAT.

People often say, "One might as well not live at all, as to deprive one's self of all the 'good things' of life." That is what Eve thought. What was the use of living if she could not have the forbidden fruit? There are not many of us that can throw stones at our common mother. But those same persons are often heard saying, "What is the use living in this misery?" and too often they put a summary end to their lives. "Is not the life more than meat?" Would it not be far better to deny the appetite, and even eat food not quite so pleasing to the palate, and always be full of life and vigor, able to enjoy everything to the full, than to have pleasure at the table and misery everywhere else? But this is an extreme statement of the case. The fact is, that the man who is content with the things that God gave to man

in Eden, as his bill of fare, gets more positive enjoyment out of the hours that he spends at the table than anybody else in the world possibly can. He alone knows the meaning of the word "delicious." Every morsel of food is a delight to him, for he alone has the "good things" of life. As he eats, he thanks God, "who daily loadeth us with benefits." And not by any means the least of the enjoyments of the clean table is the knowledge that there will be no bad taste afterwards.

E. J. Wageoner.

LET US RETURN, No. 4.

R. W. PARMELE, (SEC'Y S. W. U. C.)

We have now come to the consideration of the last two of the methods of work to which attention has been directed in these articles. "The envelope plan," and "The circulating library." We will notice first:

THE ENVELOPE PLAN.

What is it and how opperated? If the church has been faithful in contributing to the support of the society and the members have paid to the Librarian the prices they should for supplies, there will be money in the treasury of the society. With some of this money purchase a good supply of tracts. Place in envelopes of convenient size the tracts you wish to loan to your neighbors. About three tracts on different subjects in each envelope is generally sufficient. On the envelopes something like the following should be printed;

"RELIGOUS READING.

THIS PACKAGE OF TRACTS IS LOANED BY THE -MISSIONARY SOCIETY

In the hope that you may be benefited by reading the same, The package will be called for in about one week. If you desire to retain the tracts they will cost you — cents."

When the first package is called for, a second, supplied with tracts on other themes, is loaned; this is followed with the third and so on until the work is developed. It may not be wise to continue this work too long, but it is certainly a good entering wedge.

Do not be discouraged if you do not see fruit at once. Remember Paul sows, Appollos waters and God eventually gives the increase. Of course care should be exercised not to prejudice the people; but do not be so fearful of this that you withhold from your readers the message for our time.

Not many years ago a gentleman was walking along a basy thoroughfare in one of our great cities, when suddenly there fell a tract on the walk just in front of him. It had been wafted high in air by a whirlwind, and as it came so quietly down in front of this gentleman, it seemed to him a Heavenly visitant. He picked it up and the Spirit of God used that one little tract to bring that man the truth that we hold so dear.

Yes, it will pay, but I have already filled my alloted space and must leave the "Circulating Library" to claim our attention in the next issue.

HOW SHALL WE STUDY OUR SABBATH-SCHOOL LESSONS?

There is one important matter I wish to call your attention to at this time; and that is in regard to the Sabbath-school lessons for this quarter. As we have already realized, they are very deep. They contain the message for this time, and it is very important that we get all that there is in them. To do this we must study. We must apply our minds to understanding. Please read the second chapter of Prove for a rule of study.

Now the matter I want your attention especially called to is this: The majority of the pupils do not have good lessons, and as the teacher is to impart knowledge to others, he must first have possession of that knowledge before he can impart it to others. Now let the teachers prepare themselves to teach. Then after Sabbath-school is over, let some one give a Bible reading, from the Bible upon the same subject, not useing the lesson quarterly, but directly from the Bible. This plan might be tried for a few Sabbaths at least, and if it fails to be beneficial to the schools then drop it. But I know this, that we can't get to much knowledge upon this subject.

The lessons contain the message for this time. God has had them prepared for us. They are meat in due season. The Lord says "blessed is that servant who is so found when his Lord cometh." The Lord tells us that "wisdom is the principle thing." So let us study these good lessons over and over, and the Lord will bless our efforts.

Your Brother in Christ,

T. GODFREY.

THE CAUSE OF FAILURE IN SABBATH-SCHOOL WORK.

We often hear said, "Our Sabbath-school is a failure," "our Sabbath-school is not what we would like to have it," with many other kindred remarks. Now there is a just cause for all this. God's design in the Sabbath-school Work, is not failure, but a Christian progress and a coming up to the highest standard of a holy life and success.

One cause of failure is in being "satisfied with following a certain dry order, of going through a round," and thus failing to do the real work that should be done. Others are critical and faultfinding, not willing to co-opperate with officers and teachers, but with him who is the author of confusion. Sature for with all that God did, and he declared his work and pours upbuty and unjust. As long as this spirit prevails within our Sabbath schools, that long failures and disappointments will meet them in spite of all that can be done. For this cause so many of our young men and women are leaving the Sabbath-school unsaved, without God and without hope; and surely God will require their blood at your hand.

Heaven knows of no such thing as failure; that is of this carth. Heaven is success and all that are united with God, Christ. Angels and the Holy Spirit in the work of saving fallen humanity, will succeed in their work; but "without me, says Jesus, ye can do nothing." Let all officers and teachers join themselves to the Lord. Work in harmony; pray together and for each other; pray for the unconverted of your school and thus make it a missionary field. Work the field until you have gathered in both the old and the young to the fold of Christ.

The Sabbath-school, when rightly managed, possesses marvelous power and is adapted to doing a great work. This work must be done by men and women who love and fear God, men and women who realize the responsibility of their position as those who are watching for souls and must render an account to God for the influence they exert over those under their charge.

Dear co-workers, know no failure. Join yourselves to the Omnipotent one for success. Lay hold on the arm of God until you have gained the victory, like as Jacob of old, and see if God will not bless you in all your Sabbath-school work. Yours for the work,

A. E. Johnson.

"Men and women are wanted now who are as true to duty as the needle to the pole,—men and women who will work without having their way smoothed, and every obstacle re moved."

REPORT OF TITHE FOR QUARTER ENDING MARCH 31, 1902.

CHURCH.	TITHE.	Lebo	34 96
Abilene		Lehigh	144 02
Altoona	\$ 51 55	Lowe	77 32
Argonia	40.80	Manhattan	29 35
Atchison	109 75	Marion	10 00
Bern	100 10	Marquette	
Beverly	8 55	Medicine Lodge	68 85
Bir ! City	37 17	Miltonyale	31 10
Beloit	111 00	Moline	94 62
Bland	lee oo	Narka	
Buffalo	37 16	Newton	42 23
Centerville	102 00	swego	101 15
Cherryvale	49.00	Ottawa	7 00
Clay Center	227 41	Otis	516 55
Concordia	49.72	Ozawkie	21 65
Columbus	71.86	Palco	251 95
Clyde	186 23	Palermo	11271
Council Grove	100 20	Parsons	60 50
Danville	64 00	Pittsburg	6 98
Devizes	22 87	Pleasanton	8 35
Dwight	87 67	Pamona	16 30
Eliporado	31 16	Pontiac	3232
Elk City	18 17	Portis	95 32
Eureka	89 04	Preston	4 20
Elsmore	21 57	Rose Creek	1 20
Ellsworth	47 00	Salina -	4 20
Emporia	57 91	Severy	41 39
Fowler		Seward	4 04
Fellsburg	97 00	Spring Hill	15 00
Grand Summitt	14 00	Sterling	8 80
Galena	170 54	Tampa	9 50
Greenleaf	43 81	Thayer	88 54
Halstead	529 90	Tiscale.	6 09
Harvey Center		opeka	207 33
Herndon	7 80	Toronto	24 30
Herington		Udall	12 60
Hillsboro	42 90	Valeda	
Horton	1000	Vernon	65 63
Holton	28 51	Wellington	
Howard	26 10	Wichita	132 51 11 02
Hutchinson	16687	Williamsburg	11 02
lola	178 39	Wamego	18 53
Isolated	174.75	Windom	12 06
Jefferson.	110 58	Winfield	32 15
Kansas City	133 70	*Clinton *Great Bend -	20 37
Kirwin	28 18	*Logan	20 01
Larned	5 03	Logan	
Lawndale	9 57	*Unorganized	\$5,78292
Leavenworth	48 78	T I EAG	GLE, Treas
Lebanon	16 23	1. b. EA	TT., I TTOMS

SENTINEL OF CHRISTIAN LIBERTY.

One of the valuable articles in the May Sentinel of Christian Liberty will be "The Civil Sabbath: Its Alliance with Legal Rum," which is the first publication of a striking address delivered by Mr. Paul P. Lyon, of Ormsby, Penn., at the Annual Convention of the Young People's Prohibition League in New York on April 5. It sets forth cogently and plainly the real relation between the liquor trade and the "civil Sabbath," showing how a great evil has resulted from the attempt of men to regulate "Sabbath" observance. This article will be illustrated by one or two appropriate pictures.

An excellant article by W. N. Glenn will also appear, It is entitled "Perverting Right Ways," and shows how democracy, majority rule, which came in the effort to secure greater liberty and freedom for the individual, is now being perverted by some into the work of restricting freedom of conscience. The argument that the majority has the right to rule in religion is a live one and will become more so as time goes on. You need to become thoroughly informed regarding it.

Copious extracts from a remarkable article that has just appeared, predicting the outcome of present industrial and economic conditions, will be presented. No one who has any interest whatever in the social and political developments of these times, from what standpoint he may view them, can afford to leave this article unread. It will be headed "Feudal America."

The much-talked-of mission to the Vatican from the Government will be considered and the frontispiece will emphasize the significance of the same.

There will also be an article dealing with the United States in its relation to its "possessions," and especially calling attention to what the last few months have brought forth in this matter.

Subscription price \$1 per year. Address orders to the Kansas Tract Society.

IT IS NEVER TOO LATE.

Some are sending in their order for the Southwestern Conference Bulletin and are asking if they are too late to be entered as subscribers. I wish to announce to all, that it is never too late to do a good deed, whenever possible and it is possible to secure the Bulletin at any time for the next month or so. We are planning to get out some extra copies, for the reason that we are certain that some of our brethren will be disappointed and wish that they had secured the Bulletin while the Conference was in session So send in your subscriptions and you will be supplied with all back numbers as well as future issues. It is only twenty-five cents. Some changes have been necessitated in the form of the Bulletin and in the name as well; in order to obtain the second class postal privilege. It is possible that there may be more than five issues, at all events, it will contain full reports of the Conference. Some very important actions have been taken by the Conference and you should be made aware of these at once. R. W. PARMELE.

SWEDISH "HEALTH MANUAL."

This in the main is a translation of that good old book by Dr. J. H. Kellogg, the "Household Manual." The translation has been made by Dr. P. A. Levin and is a good one.

The following chapter headings will give some idea of what the book contains:

Domestic Hygiene; Foods and Drinks; The Hygienic System; Health; Drugs Kill, Nature Cures; Simple Remedies for Common Diseases; Accidents and Emergencies; Baths; Packs; Fomentations, etc. Useful Hints and Recipes; Recipes for Healthful Food; Health and Diseases of Women, etc.

This is the scope of the "Health Manual." Under eash of these headings are of course many sub-headings too numerous to mention.

It is the most valuable book in the Swedish language treating upon the subject and should be found in every Swedish home.

On account of having a large stock of this book on hand the publishers have greatly reduced the price. It once sold, and was cheap, at \$1. We now offer it to any one for twenty cents.

Order of the Kansas Tract Society.

It is a truth that "God is no respector of persons; but in every nation he that feareth Him, and worketh righteousness, is accepted with Him." This was not a new truth in the days of Peter, but has ever been true, for God is always the same. The fact that men have usually been slow to perceive it, makes no difference with the fact. Men may fall to recognise the power of God, but that does not make Him any the less powerful; so the fact that the great mass of God's professed followers have usually failed to recognize that He is perfectly impartial and have supposed that he loved them to the exclusion of other people, has not narrowed His character.

E. J. WAGGONER.

Elder W. H. White reports a good interest at his meetings at Achilles.

This week's Worker is somewhat late on account of the Extra Worker that was issued, containing the reports of the Union Conference.

After the May number of the Missionary Magazine, its publication as a separate journal will be discontinued. It will be merged into the Review.

An interesting letter from Elder J. W. Westphal, our former president, but now of South America, has been received at this office. Look for it in our next issue.

RESIGNATION.

TOPEKA, KANSAS, April 27, 1902.

I respectfully tender my resignation as president of the Kansas Conference of Seventh-day Adventists, as I have been called to other duties.

I have enjoyed my labor among you and I highly appreciate the cordial treatment I have received from all the brethren.

I sincerely hope that you will stand by my successor in office as you have stood by me. And my prayer is, that God may bless the conference work in the future as it has never been blessed in the past. As we near the coming of Christ, we should expect greater things of the Lord.

Your brother in Christian love,

E. T. RUSSELL.

Why is it that nations after becoming great and powerful lose their prestige and finally fall in irretreivable ruin? This is a question that should be of profound interest to every American. It is plainly answered in an article on "The Dissipation of Self-Government" by Alonzo T. Jones in the May Sentinel of Christian Liberty. When you have read this article you will realize that the prime cause of national ruin, the real cause of the fall of the great empires of the past-Babylon, Medo-Persia, Greece and Rome-is something which should not be ignored by any human being, for it is first the cause of individual and personal ruin. The principle set forth in this valuable article applies equally to the life of the most obscure individual and the career of the most extensive and powerful empire. The question as to how stands it with the United States to-day in this matter -whether or not self-government, and therefore national virility, is being conserved or dissipated by the people -is considered, and will be followed out in succeeding articles. Read them yourself and circulate tnem as widely as possible.

Marvel of Nations in German, Swedish and Danish languages, will be ready for delivery May first.

All that have not subscribed for the WORKER, containing the reports of the Union Conference, should do so at once. Full sets can be obtained at this office Only 25 cents.

Wanted.—Work on farm, with our people, for my son, twenty years old. Able bodied, large and willing. I soon move to Paola, Kansas. Address E. A. Merrell, 719 Highland Avenue, Kansas City, Mo.

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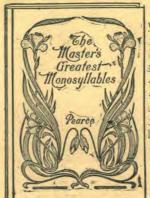
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w The mansas made society.



REPORT OF COLPORTER WORK FOR TWO WEEKS, ENDING APRIL 11.

Name	Plac	ноптв	EX	p of A	D&R	9 0	OK	Hrld	HHB	r ade	Mscl	ord	val	pel	val
W B Roberts	Argonia	80	77			23					23	46	\$ 7350	49	\$ 63 29
J A Friesen	Lehigh	-	-									1		16	50 00
G Boulby	Danville	12	68			8					14	22	31 00	24	41 50
J D Wells	Oswego	67	84		11						41	52	49 25	3	100
Jens Jensen	Baker		34						3		20	23	6450	14	34.75
A S Bringle	Great Bend	58	54						6			8	2875	2	75
Mrs Ella Bring		16	25							3		3	9 00		
Grace Bringle		15	30									5	800	2	75
Jessie Roberts		37	83							8	1	9	24 25	1	25
Lusebia Nott	Pittsburg	26	60			1	2				1	4	5 00	3	375