



THE KANSAS WORKER.

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Physical Law, God's Law.

In order that men of all generations might have a transcript of the law of Heaven, God engraved with His own finger, in tables of stone, ten eternal principles, by these principles every man's life was to be regulated, and by them his character is to be judged. Any violation of this law is declared to be sin. The imprint of divine law is seen in every form of vegetable and animal life, from the lowest to the highest orders, and any infringement or violation of the laws governing their growth caused deformity or death. "The same law obtains in the spiritual as in the natural world."—MOUNT OF BLESSING, p. 126.

"God's law is written by His own finger upon every nerve, every muscle, every faculty which has been entrusted to man."—UNPUBLISHED TEST., AUG. 30, 1896. "Jehovah has given a specimen of himself; for man was made in the image of God."—UNPUB. TEST., Jan. 11, 1897. "We are God's workmanship, and His word declares that we are 'fearfully and wonderfully made.' He has prepared this wonderful habitation for the mind; 'it is curiously wrought; a temple which the Lord himself has fitted up for the indwelling of the Holy Spirit.'"—SPECIAL TEST. ON EDUCATION, p. 33.

How carefully, then, should men treat these "temples," that every member may be kept "fit for the Master's use." "For ye are bought with a price; therefore glorify God in your body and in your spirit, which are God's." 1 Cor. 6:20. "Our first duty, one which we owe to God, to ourselves, and to our fellow men, is to obey the laws of health." TEST. VOL. III, p. 164. "It is just as much sin to violate the laws of our being, as to break one of the ten commandments, for we cannot do either without breaking God's law."—TEST. VOL. II, p. 70. "God has formed laws to govern every part of our constitutions, and these laws which he has placed in our being are divine, and for EVERY TRANSGRESSION there is a fixed penalty, which sooner or later must be realized." E. G. W. in HEALTH REFORMER.

For many years God has been calling the attention of Seventh-Day Adventists to the principles of healthful living, emphasizing the point that "the health reform is a part of the Third Angel's Message, and is just as closely connected with it as the right arm is to the body." Then, let us not neglect the "right arm," for it is one of the chief members of the "body," and should be carefully nourished

Let us embrace every opportunity of becoming intelligent in regard to the laws governing our physical well being, for God has let His light shine upon these principles that we may walk in and live by them. Thus we will be prepared physically as well as spiritually for translation at his coming. "There can be no divided interest in this, for the whole heart, and mind and strength comprise the entire man."—TEST. VOL. IV, p. 119.

LYDIA E. PARMELE, M. D.



Shall We Take Heed?

For some time I have been thinking that many of our people are being, as they seem to think, almost forced to disregard the plain instruction of the Lord in one thing, while trying to obey Him in another. Now God does not work to cross purposes with Himself. There is danger in many places, and when He warns us of one danger, He does not intend that we should run into a greater, to escape the one. This would greatly please the enemy of course, but it would certainly defeat the plan of God and result in as great evil, as if we were wholly unconcerned when the Lord in mercy warns us.

Now it does not follow that God is to blame for this state of affairs. It is our fault altogether. The blame and the confusion belongs to us. It all comes because we delay so long before we act, that another warning comes of another danger, before we have heeded the first. Then in our confusion we are in danger of forgetting where the former trouble was.

In the particular case to which I refer now, the first warning was to get out of the cities with our families. We must not pitch our tents toward the Sodoms of today, even if the land does seem to be "well watered." The dangers are too great to risk a sojourn in Sodom. But we have not heeded this warning. Later, we were warned of the dangers of allowing the world to educate our children. If the world educates our children certainly it will educate them for itself. God wants them educated for His Kingdom. But our people are to a great extent in, or near the cities. Our churches are in the cities. Our schools are located where the churches are for convenience. Therefore our brethren in the country, if they wish to send their children to a church school move into, or near the cities. But in most cases it would be better if our children were never educated than to be exposed to the evils of the city. A church school in the city is just as far away from what God wishes us to have, as in a public school in the country. In the city, the advantages which might be gained in the wholesome instruction of a church school, is demoralized by unwholesome surroundings. While the wholesome surroundings in the country may be offset by our children being educated for the world in a public school. (Of course you can see that a public school in the city is clear out of the question and needs no consideration at all.)

Let us stop and find our bearing. Two things are sure.

First, God wants us out of the cities. Second, He wants church schools. It seems certainly true then that He wants our church schools in the country. But says one, "How shall we remedy evil?" When Abraham was called, "He went out not knowing whither he went." This is faith. The language of unbelief is, "How can these things be." Which is best, to step out by faith, or to doubt and question?

I offer the following as a suggestion, which I believe would if carried out, help at least in the solution of this important problem:—Where a few families of our people own farms in a suitable place and need a school, let them find what are the openings for brethren who may desire to buy or rent farms in the vicinity with the view of having a school started. Such information could be reported to our school superintendent. I feel sure that he would be glad to have such information as he could also keep a list of any brethren who might desire to move to such a place for the sake of starting a school after God's own order. Shall we take heed and move out as God may lead? His promise is "I am with thee and will keep thee in all places whither thou goest." Shall we lay plans in harmony with His will?

I. A. CRANE.

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Are We All Lifting?

When a great weight is to be lifted, one of the most important points is to so arrange it that a large number of people can get hold to lift, and if some can only lift a few pounds if enough can get hold, it will go; but you must also have the people who have an interest in the undertaking and are willing to make some exertion to see it accomplished.

Every Seventh-Day Adventist who is one because he understands that the Message that makes him a Seventh-Day Adventist, is the last Message that will ever be given to the world, is willing to put forth earnest effort to accomplish the work to which this Seventh-Day Adventist denomination is called. The work of carrying the message to all the world.

It requires much money to accomplish this work, and the Mission Board has called for \$205,000 to use in support of the work already begun in the various parts of the world. Does this look like a large sum? It would be a large sum if it must be raised by only a few, but if all of the sixty-thousand members in this country will take hold and lift just to the amount of ten cents per week there will be over \$300,000 raised. Now the practical question is, Will we do that? Let us take it up as individuals and encourage others to do so by talking it to them, and that which looks like a great sum to raise will be raised and no one will feel the load to be great, simply because so many have a hold and are lifting a small portion.

Will you take this up anew? Many have never adopted that plan which is so easy to follow, if entered upon with a will. Have you the interest in the undertaking? Will you lift every week that much? This money must be raised, Who will do it? It will be a great relief to those who are called upon to send out this money, if we will all just now, at once, adopt the ten-cents-per-week-plan. May the Lord help you to say "I will," and then to fulfill the vow.

C. McREYNOLDS.

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A Talk With The Young People.

The Young People's Society is an organization not independent or separate from the church, but it is a department of the church work, therefore the church should have a general oversight of its work. It is not necessary to

have more than one class of members. Let all be active members. The benefits you receive do not come from membership, but from activity. You should come together to study the Bible and plan to carry on missionary work. Conduct your work so that every one may have opportunity to develop his talents. It is proper for the elder members of the church to attend, and we should be glad to have them do so, but we should not expect them to do all the work. The object of your meetings is to develop workers, not listeners. We need "Old men for counsel and young men for strength." in this missionary work.

Allow me to suggest that the Weekly Study in the Instructor form a basis for your regular lessons, and individually try this thought for missionary work. While perusing the "Youth's Instructor," "Life Boat" or some good book as "Steps to Christ," "Object Lessons" "Power for Witnessing," etc. undoubtedly you will find some thought which is of particular interest to you. Having received comfort, think of some acquaintance with whom you have influence and carry the paper or book to them, requesting that they read this particular article or chapter. You should be the leader of the conversation, and in this way introduce your work. Either sell or loan it to them, and when you call again in a few days, ask what they think of it if they have read it. Carry with you something which you have found in the meantime which you think will interest them. In this way, you will be planning and doing something definite, and you should stick everlastingly at it, too. At first, you should not endeavor to interest them only in the Sabbath and other doctrinal points, which would close the way for the very work which you wish to accomplish, but manifest a real personal interest in them, carry them as a burden upon your heart and study and pray much that you may really be a blessing to them.

In this work you will indeed feel the need of coming together as young people to pray with and for each other and to talk over the work each is doing. Mention the good thoughts you received from the article which you handed out, and also how it was received, etc. Further, plan for definite work, the following week. Then your meetings will be full of interest and life for all. Thus, you can help and comfort each other, and be a blessing to others.

B. E. HUFFMAN.

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Delegates.

As it is nearing the time for the July quarterly meetings, and this will be the last quarterly meeting season before the Annual Camp-meeting and Conference which will be held the last of August, closing Sept. 7. It is very necessary that all should be reminded of the fact that we are to elect delegates according to our former custom. Our experience last year was sufficient to convince all of the folly we were guilty of in trying the plan of not electing delegates. It is perfectly proper that all who are present be invited by vote of the delegates, if they choose to vote it, to participate in all of the business of the Conference; but each church that wishes to be regarded as a church should choose their delegates. One for the church, regardless of size and one for each 15 members. Don't neglect this. If you have no elder, let the deacon conduct the election, if no deacon, let any officer of the church, which includes librarian, clerk, treasurer or Sabbath-school superintendent. Call the election, you can attend to it at the close of Sabbath meeting the first or second Sabbath in July, and send names of those who were elected, to N. B. Emerson, 821 West 5th Street, who is the Conference Secretary. Please do not fail to attend to this on time.

C. McREYNOLDS.

Religious Liberty Tracts Cheap.

On account of a fire next door and a slight water damage, most of this stock on the edges is more or less spotted as tho with ink, and many of the tracts are shelf worn and sunburned, but make very good missionary material.

We have a proposition to make concerning this stock, and that is if it is put into actual active missionary use, and not stored away in some room or on a shelf, we would be glad to send these R. L. L. tracts out at the rate of 20 cents per pound, which would simply cover the cost of postage, wrapping and delivery to the P. O. here.

We would send assorted packages, 25 in a package, and they cover such subjects as,—

- Religious Intolerance in the Republic.
- Sunday Laws in the United States.
- Appeal and Remonstrance.
- The Bible and the Public schools.
- Religious Liberty and the Mormon Question.
- The Meaning of the Four Centuries.
- Christ and the Pharisees.
- Protestantism, True and False.
- Congress on Sunday Legislation,
- Our Answer Concerning Sunday.
- The Sabbath Question in Parliament.
- The Puritan Sabbath for Physical Rest.
- The Papacy and Prophecy.
- Papacy and Persecution.

All that we insist on is that the tracts be actually distributed from house to house or otherwise. We have perhaps a ton of these tracts. Will be sent out in lots of from 1 pound to 20 pounds. Would not think it advisable to send out more than from 10 to 30 pounds to any one church or company, but will renew the order or shipment when those are disposed of.

PACIFIC PRESS PUBLISHING CO.,
18 West 5th St., Kansas City, Mo.

This Will Interest You.

The Correspondence School for nurses connected with the Sanitarium Medical Missionary Training School will begin a new class the first of July 1903. Lessons are sent weekly to students who are unable to leave home duties in order to take a regular course at one of our Sanitariums. This is the fifth year this work has been in progress, and hundreds are availing themselves of it. Our pupils during the year of 1902 nearly doubled in number to those of any previous year. Studies in eleven subjects are given, among which Christian Help Work, and care and treatment of the sick are prominent. Our lessons have recently been rewritten and enlarged and are in every way improved.

The tuition fee is five dollars for the entire course. This amount is to cover the cost of sending out lessons, correcting the replies, and returning the reports to the pupils. The few text-books required for this work are furnished at actual cost price. We shall organize a new class in July which will continue one year. By taking double lessons some students finish in six months. We shall be glad to hear from all who are interested. A descriptive circular giving full particulars, also testimonials from those who have taken the course, will be sent free on application. Address Correspondence Dep't. Sanitarium Training School, Battle Creek, Mich.

A Letter.

Dear Readers of the WORKER:—

The number of April 8th has just been read and my heart thrilled with thankfulness to God for what is be-

ing done to advance the Message in Kansas. It does me good to see the canvassing force enlarged and my prayers continue for the success of this branch of the work as well as the others.

Among the many rich experiences given me, since coming here, is that of assisting in the special "Object Lesson" campaign. It is good to be here,—in Emmanuel Missionary College.

ANNA C. ANDERSON.

Family Schools.

We wish to say a word in regard to family schools. Many families are so situated that they cannot attend a regular school. There may be several children in the family, and all need the benefit of systematic Bible Study. To all such we would say, organize a family school, following as nearly as possible the plan of a regular school. Have a superintendent and secretary, a stated time, when the school is to be held, a regular program, and require all to be prompt and faithful. If the heart is in the work, it may be made the happiest and most interesting hour of the day. This school should report directly to me at 821 W. 5th St., Topeka, Kans. Write me at once so that I may know how many letters to prepare to send to the schools at the close of the quarter.

MRS. BELLE EMERSON.

Sabbath-School Conventions.

Kansas City.

On Sabbath, May 16, the Kansas City church held a very profitable Sabbath-school convention. The Lord, by His Holy Spirit, was present to give weight to the things that were spoken. Many of our people seem to think they have no talent to help in a meeting of this kind, but this effort proves that just common home talent, under the influence of the Spirit of God, can do wonders.

Two papers by children were a surprise to older heads, and shows the practical value of both church and Sabbath-schools. Bro. and Sister Emerson were with us, and their efforts in the meeting were greatly appreciated by all present.

These conventions are surely of value to any school, especially new ones, and old schools that are in danger of running into ruts. Brethren and Sisters, don't be afraid to try, and God will give you success.

C. F. PARMELE.

Kinsley.

According to the previous arrangements of the Kinsley Sabbath-school, we met for a convention at Kinsley May 15. Four Sabbath-schools were represented, altho several, who had been assigned a part were not present, yet we all felt that we were greatly blessed and benefitted by our coming together.

We were indeed disappointed in not having Bro. Thorn with us, whom we fully expected, but the Lord was with us, and as we discussed the subjects of the Sabbath-school work, we more fully realized that it is He only that can give us the blessing in the Sabbath-school work. That unless the officers and teachers are filled with the love of God, our Sabbath-schools will come to naught. Each one took an interest in the meeting. There were several who came 30 miles or more, yet they felt that they were richly paid for their trip. All went home with more zeal and courage to press forward in the work of the Sabbath-school. Also believing that we should meet oftener in convention. We all returned to our homes with better courage in the Lord.

S. T. SHAFER.

THE KANSAS WORKER

Bro. I. C. Sultz and wife have returned to Kinsley and will take up the canvassing work there.

Sister Anna Patzkowski, of Hillsboro, has just returned from Union College and will canvass for Coming King.

Christ in Song, flexible, cannot be procured now. The cloth binding can be bought at 50 cents, and the board at 40 cents each.

M. C. Ladwig, superintendent of the Atchison Sabbath-school, writes that they will have a Sabbath-school convention June 7. All are cordially invited to attend.

This is the saddest week in the history of Topeka, as the whole of North Topeka is nearly under water. No accurate estimate of the loss of human life can be made at this time.

We are dropping the names of those subscriptions that have expired following our next issue of the WORKER. Please renew promptly, and do not miss any numbers. Only 25 cents per year.

The June number of "The Life Boat" will be a thirty-two page issue. A new department was opened, called the Hospital Life Boat Work. This excellent number should reach every Hospital in the land, and we hope our brethren will take hold of this work eagerly. The papers can be distributed on visiting days.

Three of those special tracts which have had such a wide circulation will soon be published in the German language. The first entitled, "We Would see Jesus" is now ready for the press. In order to sell them at the same price as the English, large orders must be sent in. We trust our German churches will talk this matter over at once, and let us know how many they can use.

Monday evening, May 18th, the Battle Creek Sanitarium, was again visited by fire. Despite of all the efforts put forth by the fire department, the structure was totally destroyed and with it thirteen fine horses, all their buggies, carriages, etc. Two men were in the building when the fire started, one of whom succeeded in making his escape. The remains of the other, Bro. J. B. Paul of Galt, Kansas, was found after the flames subsided. It is stated that Bro. Paul was an old friend

of the care-taker of the barn, and requested that he might room with his friend in the barn. Only about a month ago, Bro. Paul came thru this city, stopping over night with the writer, enroute for Battle Creek, accompanying his son-in-law, Bro. J. F. Balzer and wife who expect to take the nurses' course. He expected to stay with his children at Battle Creek for a while, and then visit friends in Maine. We were made sad to learn of this news, and his words of admonition, as an old soldier for Christ are still fresh in memory. Bro. Balzer and wife and the bereaved relatives have our sympathy in this hour of sorrow.

J. C. B.

Brother Rutledge Drowned.

A telegram received Sunday morning from Bro. S. B. Davils of Lincoln Center, brought the sad news that Bro. Rutledge was drowned and had not been found. We are not in possession of authentic particulars, save what we noticed in Monday's "State Journal," that he was attempting to rescue J. Downs and his family. A Lincoln reporter in today's "Capital" states that the body was found Tuesday afternoon. It was lodged in a wire fence, on which he was doubtless tangled at the time of the accident. His home was at Vernon, and his father is on the way to take the remains there for burial.

During the local camp-meeting held last year at Humboldt, he felt a burden to enter the canvassing work, and remained in the work constantly, spending the winter months at Union College. From previous reports, save the last at which time he was sick with the measles and could only put in a few hours he has had excellent success. We shall certainly miss him from our corps of workers. He was consecrated to the Lord's work and was trying to do all the good he could, even in his last attempt which caused his own life.

Our minds run back at the time of the Hutchinson Institute, when we saw him last, and the writer had the privilege of rooming with him. Many evenings after meetings, in starting for home he would sell "Life Boats," and then related the rich experiences, and rejoiced in the Lord for the privilege of doing something for his Master. His business associations have always been pleasant, and was cheerful and happy for having a part in this closing work.

As one of our dear workers has fallen from our midst, this leaves more work for us. Brethren, let us work without ceasing and be faithful a little longer, "for we have no abiding city here, but seek one which is to come." We long for a better home where sorrow, and pain, and death shall be feared and felt no more.

J. C. BECKER.

REPORT OF COLPORTEUR WORK FOR TWO WEEKS ENDING MAY 29.

NAME	PLACE	Hours	Exhibs	C. K.	Meris	P of J	G. C.	R. R.	D & R.	Def A	L. Gde	Pl. F.	H. H. B.	Miscel	Orders	Value	Del	Value		
Maud Davis	Leavenworth	53	48			8								10	18	23.50	12	10.00		
Olive Humphreys	"	37	20		3									4	7	6.50	5	4.75		
Minnie Wheeler	Ft Scott	46	21			6								5	11	16.00	2	1.25		
Jennie Vonderheide	Ransom	42	37								11			6	17	38.25	11	3.25		
Frank Britt	"	35	37						4					11	15	16.00	6	2.50		
S. B. Davis	Lincoln	56	54				1	22						12	35	56.00	10	4.50		
J. A. Rutledge	"				2									10	12	9.70	1	60		
Albert Strong	Salina	20	10			7								7	16	7.5				
Ernest Strong	"	18	70											19	6	7.5	4	1.00		
J. L. Bivins	"	37	25			2								3	5	4.75	3	7.5		
Lusebia Nott	Pittsburg	15	29	1										5	6	5.75				
Osro Easley	Chanute	65	68			13								23	36	31.25	13	4.25		
Anna Easley	"	44	44								8			2	10	25.75	1	7.5		
Belle Hughes	Wakeeney	7	13						7					6	13	20.50				
C. P. Daily,	Paola	38	36						2					12	14	9.25	8	2.50		
A E Bringle	"	37	26						4					5	9	16.00	3	2.00		
Grace Bringle	Cherokee	11	5			1								1	1	25	17	16.75		
F. C. Clark	Seneca	57	74										7	22	29	33.05	22	5.30		
J. A. Minner	Blaine																	8	30.50	
Gertie Brownlee	Beverly	29	30			6								8	14	13.75	8	4.65		
N. Snavely	Concordia	30	38			9								1	10	13.00				
Albert Bland	West Mineral	37	53										5	14	19	32.50	4	3.00		
W. H. Haddon	Lawrence	30	45	9										7	16	14.00	18	20.30		
Mark Ard	Elsmore	25	4															21	47.75	
A Y Stephenson	Chautauqua	14	13							2				5	8	11.50	6	1.75		
G E Kingman	Ft. Scott	94	91			12								10	22	30.00	10	6.50		
F W Kingman	McCune	104	113											10	32	54.50	10	4.75		
R L Gregory	Elk City	45	47											1	7	10	19	25	9	10.75
28 Canvassers		1028	1075			10	21	70	7	22	11	5	19	76	198	395	\$525.50	212	\$190.10	

Union College Bakery.

The Bakery has put in a new oven and is now ready to fill all orders in bulk for our own people at reasonable prices. All goods warranted to be first class. Send for Price List. Address, UNION COLLEGE BAKERY, College View Nebr.



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