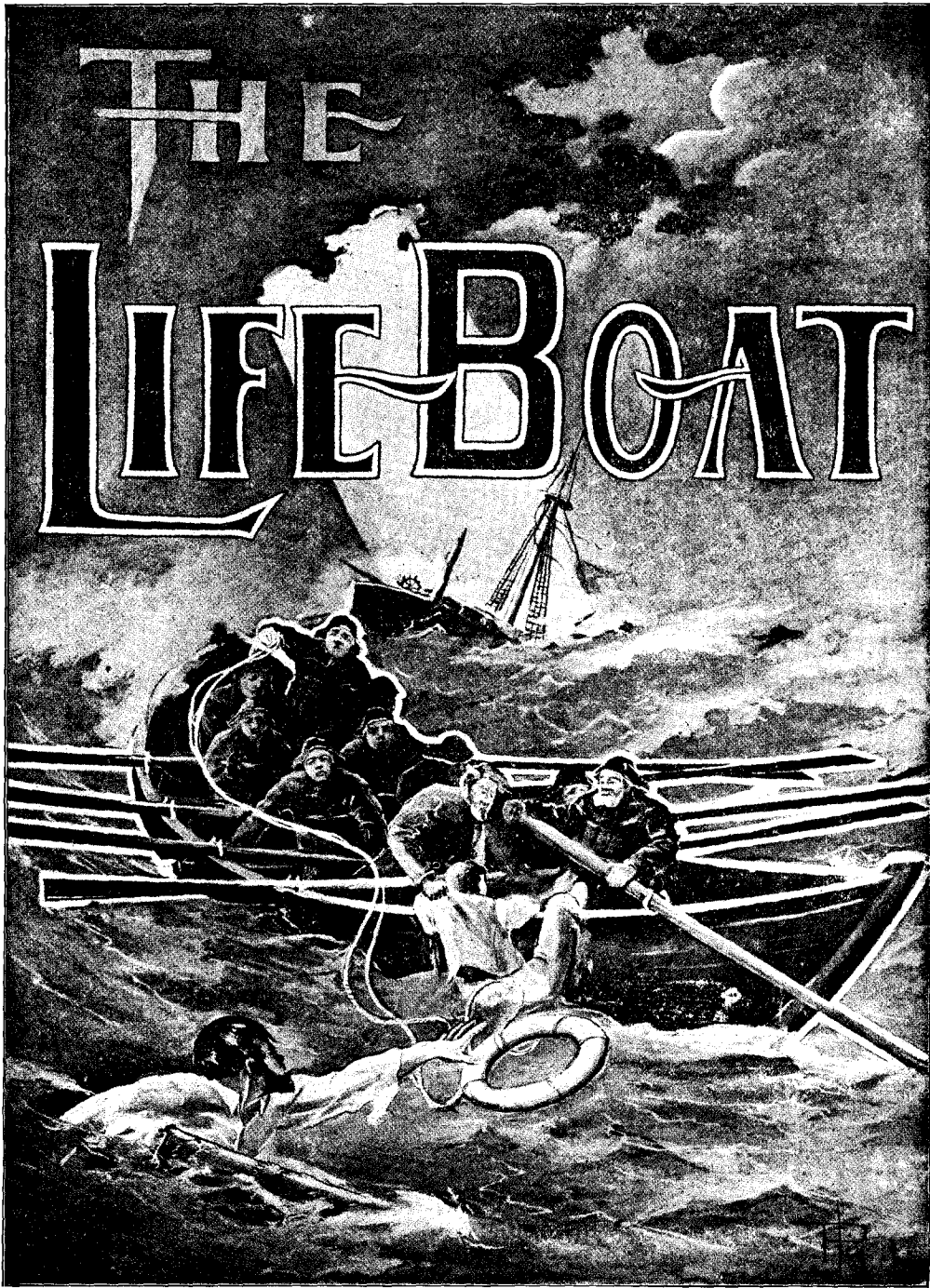


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THE LIFEBOAT

VOL IV

2 & 4 33rd Place, Chicago

NO. VIII

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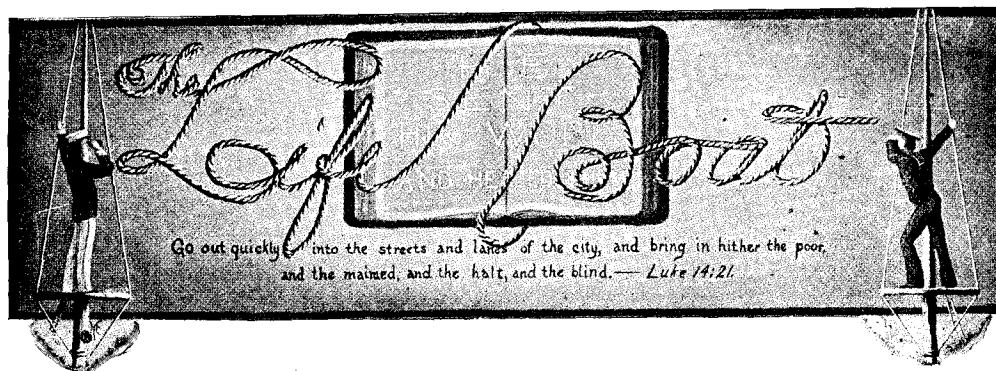
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An Illustrated Monthly Journal Devoted to City Mission Work

PRICE TWENTY-FIVE CENTS A YEAR.

Volume 4

CHICAGO, ILL., OCTOBER, 1901

Number 8

The Parallel between Leprosy and Sin.

DAVID PAULSON, M. D.

IN the Bible, leprosy is regarded as the physical type of a spiritual disease; consequently, the more we study leprosy, the more fully we shall *understand* the nature of sin. Gehazi, the servant of Elisha, was stricken with that form of spiritual leprosy which led him to enrich himself with what his master had so faithfully refused to receive. When he returned, he was stricken with real leprosy "white as snow." (2 Kings 5:20-27.) In other words, the loathsome spiritual disease which he already had, simply manifested itself in its physical counterpart. If everyone who, in these times, has spiritual disease, should become afflicted with the parallel physical malady, there would be a large number of professed Christians who would soon be camping in the pest house.

First: Leprosy is ordinarily very slow in its progress; so sin works so *insidiously* that we are generally deceived in regard to its *real* progress. Several instances are on record where the son or daughter of influential people living in a leprous district had been afflicted with leprosy for several years, but had succeeded in hiding the fact from the parents. And so, frequently, the children of most estimable Christian parents, succeed for several years in preventing their parents from discovering some form of spiritual leprosy which they have contracted.

Second: Leprosy is not contagious in the same sense as smallpox. A perfectly healthy

person who possesses good and sound vital powers, may constantly associate with a leper and never contract the disease; but when he allows his vitality to become dissipated by wrong habits of life, he becomes *susceptible* to the disease. Likewise an individual who has a healthy, progressive Christian experience, will have his soul so flooded with the love of Christ that it will be impossible for him to become contaminated by even a constant association with sinners, and by unfavorable and ungodly surroundings; for like the lily which grows amid the filth and slime of the pools and yet remains pure and beautiful, so he remains absolutely unaffected by his environment.

Third: The parts of the body which are most afflicted by leprosy, gradually lose their sensibility. In similar manner, the parts of our character over which the enemy has the most complete control, will be the very points upon which we have *least conscience*. A man may go on, day by day, violating health principles, eating things that he knows to be absolutely wrong, and yet, when some one calls his attention to it, he offers as an excuse for his course of action that his *conscience does not touch him on these points*. This is precisely the strongest proof that could be furnished that he already has spiritual leprosy in that particular portion of his soul.

Fourth: Leprosy is extremely likely to affect the eye, thus partially destroying the eyesight. Sin is apt to so blind the spiritual discernment that it is almost impossible to get a sinner to *see* the dangers that beset him if he persists in the wrong course which he is so *blindly* pursuing.

Fifth: One of the latest and most successful remedies that has been suggested for the cure of leprosy is the concentrating of sunlight upon the affected spot. The rays of the sun tend to destroy the germs, and then Nature heals the disease. Similarly, the successful way to cure sin is simply to allow heaven's light as concentrated through the Bible to flood the soul, and it will *destroy* the germs of sin. "He was that light which lighteth *every* man that cometh into the world." Suppose the poor leper with his fingers and toes ready to drop off, would complain that he did not have time to hold a sun-glass for fifteen or twenty minutes each day over the affected parts of his body, we would certainly think such a man had lost his mind. But who has not heard of Christian families that did not have time to spend fifteen minutes each day in morning worship, letting heaven's spiritual sunlight fall upon each soul? Is not such a family just as much to be pitied as the poor leper who does not have sense enough to be willing to let the sunlight fall upon him daily?

Students and Workers.

W. S. SADLER.

A STUDENT should be a worker as well. It is possible to be a student without doing any work. Frequently it is said of persons that they are good students. That is all very well; but how much better to have it said of us that we are good workers. People who do nothing but attend classes, read books, etc., soon become good students, but that does not necessarily imply that they are good workers. Those people become good workers who spend the greater part of their time doing something. There is no reason why we cannot be good students and good workers too. Our aim should be, not merely to be students, but to show ourselves workmen. (2 Tim. 2:15.) In all our study we should constantly keep in view the one thought of *work*. The only real use of studying is to make us more efficient workers. A good student can get diplomas all right, but when he is through with his course of study he may not be worth very much after all. Diplomas will not make successful workers, unless plenty of work has accompanied the studying necessary to earn them. Studies are simply the decorations of our experience. Experi-

ence must be the foundation. In importance, work should always precede study. If study precedes work, a good deal of matter has to be gone through which can never be made use of. The alphabet is all we can learn in the classroom, as it were. We must get out in the world and do something. Let us draw the bow and let God guide the arrow. If we will work, we are fairly sure to study; on the other hand, study is not always accompanied by work.

Which Route Have You Selected?

JULIA A. WHITE, M. D.

DURING the warm season of the year many are seeking the most inviting routes for pleasure trips. Some of these are very pleasant but others prove very unsatisfactory to the travelers who get lost in the broadness of the way. We would suggest a route which seems the most pleasant of any we have ever traveled. It is called the Strait and Narrow Way and leads from earth to the terminus of Salvation's railroad, which is Heaven.

The scenery is most beautiful and impressive. Transportation can be obtained at any time from Repentance and Belief Station and you will soon find yourself at the foot of Mt. Calvary where shines the most beautiful "Light of the world," more powerful than the strongest search-light. Farther on you may pass through the "valley of the shadow of death," but still the light from Calvary shines in the darkest places making the twilight most glorious.

Just beyond is the "River of Life" whose waters are as clear as crystal proceeding from the throne of the King of the Country. This is all in the garden of Paradise; and here is a city of gold. In the midst of the streets of the city and on either side of the river is the tree of life which bears twelve manner of fruit, a new kind each month. And the leaves of this tree are for healing.

Surely you will choose this route when you learn how cheap the rates are. Tickets are purchased without money or price, although there are no passes, half fare, cut rates or second class tickets. Through fare costs you nothing but your sins. "And the Spirit and the bride say come, and let him that heareth say come, and let him that is athirst come, and whosoever will, let him take the water of life freely."

Hints on Personal Work

No. 3.

W. S. SADLER.

God never passes judgment upon fallen human beings until they have passed judgment on themselves. So do not judge a man. If he says he desires to come to Christ let that be the signal for you to labor with him and point him to the cross. If he wants to come, do not regret that all you are to do is to hold up Christ. Don't hold up anybody or anything else, for if you do you will deceive the seeker, and when he does come he will not find what he expected and wanted to find. Many people say to a seeking soul: "I am glad to meet you, brother; come along; the Lord Jesus died to save you; just get right down on your knees, and say 'God be merciful to me a sinner,' and you won't have any trouble; just get down and pray and it will be all right."

The sinner sees things in their temporal aspect only, and when he prays, the words are tactically put into his mouth. By the failure to hold up Christ, the worker has done that man an almost irreparable injury. He will be a very difficult subject to deal with again. He will either be hardened or become a hypocrite.

All that any sinner has to do, is to come. God has nothing against the sinner; what he hates is the sin. God is reconciled to every sinner. But all sinners are not reconciled to God. Did God forsake Adam, or Adam forsake God? Did God hide himself from Adam, or was it the other way? God went to the garden after Adam had sinned the same as before.

The Creator bore the same tender relation to the creature that he ever had. "Him that cometh to me I will in no wise cast out." But suppose the man argues that he can't come just as he is? It is frequently necessary to repeat the promise several times in order that those with whom you are dealing may understand it.

Places where the person can read, it is a good plan to let him read the texts himself. The next under consideration says, "Him that cometh," etc. Ask, "Who does that mean?" When ask, "Do you really want to come to Christ?" Whether explained to the seeker or not, it should be foremost in the worker's mind that Jesus said "I, if I be lifted up, will draw all men unto me." So if you lift Christ up, he will draw the man. He said, "The Son of man is come to seek and to save that which was lost."

The two things to be considered are: first, that He is to be lifted up—that is, to indicate what you are to do with Christ—and secondly, that he himself has come to seek and to save that which is lost. Then you must bear in mind that Christ is seeking to save the sinner you are working for.

—:O:—

The Reality of Spiritual Disease.

DAVID PAULSON, M. D.

TELL a young man that he has tuberculosis of the lungs, and he is ready to take the first train to any more favorable climate that may be designated. Assure another young man equally emphatically, that he is suffering with a disastrous disease of the soul for which he should at once secure the benefits of a heavenly climate, and more than likely the advice will be treated with utter indifference, if not with scorn. The cause for this is that it is so difficult for us to grasp the reality of spiritual things.

A case that came under my own observation illustrates this point. A young lady came to me for examination of the lungs. I incidentally inquired if she was a Christian, to which she replied in the negative, emphasizing her answer with an indifferent toss of the head. To her surprise and amazement I was forced to tell her that her lungs were diseased beyond all human prospect of a cure, and I advised her to seek the Lord for a complete work of grace to be wrought in her spiritual life. She consented to have some one sit down and teach her how to yield to God, and shortly afterward she was baptized and enjoyed a progressive Christian experience the few months it was her privilege to live.

You say, "If I was certain that I had only three months to live, I would give up my evil habits and ask God to change my disposition and inspire me to live an ideal life." But bear in mind that you have no assurance that you have even three months in which to delay that most important decision that human souls are ever called upon to make. If something is impressing you while you are reading these lines, that you ought to seek some quiet spot and there dedicate your life fully to the service of God and humanity, do not smother that impression, for you may never again appreciate it so strongly as you do at this present moment.

The Stones Crying Out.

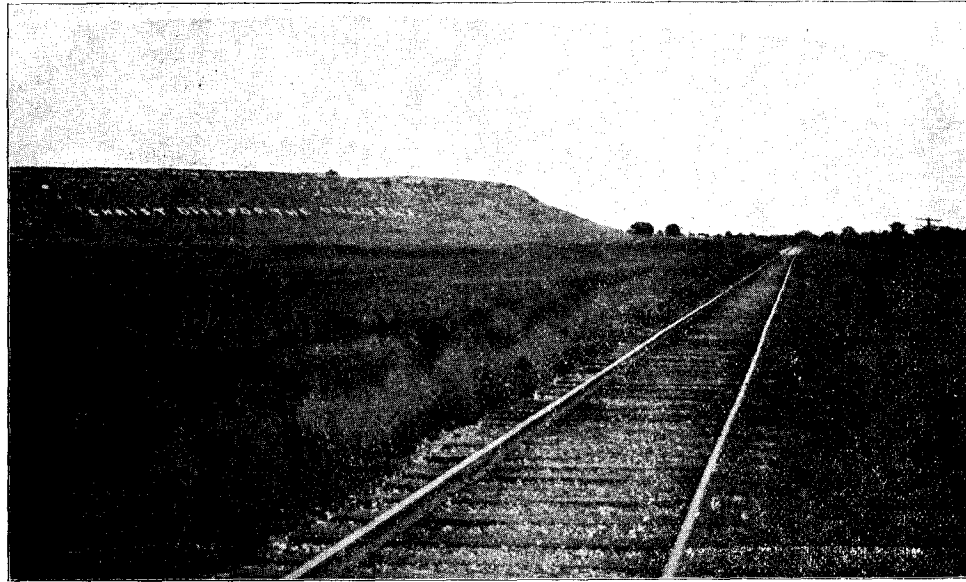
DAVID PAULSON, M. D.

SOME of the Christian people near Arkansas City, Kan., have adopted a very unique method of impressing upon the minds of the traveling public some striking gospel truths. Just before the train rolls into the city, the traveler can scarcely help noting upon the hillside, a short distance from the track, the comforting gospel assurance, "CHRIST DIED FOR THE UNGODLY." The letters are built from large stones painted white, thus causing these magic

Thank God for Trouble and Disappointment.

H. B. LINDLEY.

"IT may sound strange, but I thank God for trouble and for disappointment," said a brother at the Life Boat Mission recently. "It was only when I got into deep trouble and was the victim of keen disappointment that I sought Christ, and had these not come to me I believe I would not have been a saved man today." This is indeed true, we should thank God for trouble and for disappointment. It is only through suffering that we become strong.



CHRIST DIED FOR THE UNGODLY—FROM A PHOTO.

words to stand out in bold relief. As the train comes to a standstill at the depot, the passengers are confronted with the solemn words, "ETERNITY WHERE?" This is written on the hillside more than a mile away, but the letters are of such enormous size, that in spite of this distance, the momentous question can be read without the slightest difficulty.

Who can tell how many thousands of people have been led to reflect seriously in reference to a higher and better life by these sentences "written and engraven on stones?"

—:O:—

"God has given each of us some capacity. Your talent may be very ordinary, but use it—*use it!*"

Reader, are you in trouble? Is grief, sorrow and misery bearing you down? If so there is One who will take it all away, and instead give you peace, comfort and joy. The prodigal son would not have said "I will arise and go to my father" had he not been in deep distress. But that very distress was the means of bringing him home. And after Christ comes into the heart, the troubles that arise, the afflictions that come are all means of strength to us, for he helps us to bear them, his grace is sufficient for us and we come out of each ordeal stronger than when we entered it.

—:O:—

"God does not require us to give up anything that it is for our best interest to retain."

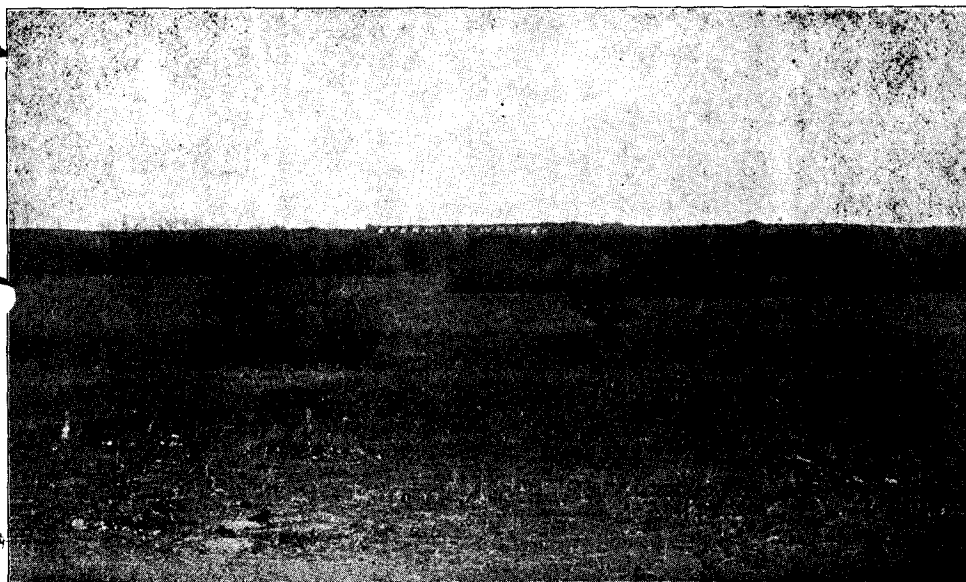
Seek God To-day.

W. S. SADLER.

"AND ye shall seek Me, and find me, when ye shall search for me with all your heart." (Jer. 29:13.)

A man will get converted the minute he seeks for God with his whole heart. So you will have to go into this thing whole-heartedly.

ing he ever liveth to make intercession for them." (Heb. 7:25.) You will never come to God or to Christ and find him off duty. You can come any day, any hour, day or night, in youth or in old age, and you will ever find Him with out-stretched arms, ready to save and forgive; and he will not scold you, nor upbraid you, but will take you just as you are.



"ETERNITY WHERE?"—FROM A PHOTO.

In Luke 19:10 we have these words: "For the Son of man is come to seek and to save that which was lost." When a lost man is seeking for God with all his heart, and Christ is seeking for that man who is lost, it will not take them very long to find each other. Christ keeps trying to get hold of the lost soul but the sinner keeps running from him. Christ will never forcibly capture you; but if you will throw up both hands and surrender, he will find you without delay. You cannot see Him because you are lost, but he knows where you are all the the time. When you have a great sinner seeking God, and a great Saviour seeking that sinner, when they meet there will be a *great salvation*.

"Wherefore He is able also to save them to the uttermost that come unto God by Him, see-

One Week Worth Thirty Years.

(Testimony given at the Life Boat Mission.)

"One week ago I came here. I took an inventory of the past thirty years to see what I had. I had a 'ruined character,' a 'lost reputation'—friends were gone, home gone; wealth had vanished, and I had only a few rags on my back. I had served Satan faithfully; he had paid me well. I closed accounts, and took my departure. As I did that, I came in touch with Jesus, and heard him say 'follow me,' and the past week has been more to me than all the thirty years in the service of sin. I haven't much of this world's goods now, but I have a peace the world can not give, neither can it take away; and moreover, I know that He who has begun the good work is able to perform it to the end.



Why I am Working at the Life Boat Rest.

MARY F. SMITH.

IT has been six months since I came to the Life Boat Rest, and I praise God to-day that he led me to Chicago to engage in this work. When I see the awful sorrow and sin that are in the dark places of this great city, my heart is filled with gratitude and love to the Lord for preserving me from such a life. I asked to be allowed to work in this part of Chicago, for I felt that God had a work for me to do here, and my prayer each day is that I may become more and more like Him, that I may have more and more of the love of Christ in my heart that I may be able to show forth to the world that "God is love."

The day that McKinley was buried and the nation was in mourning, I went to another funeral—that of a little colored girl, the child of a widow who washes for a living, and whose home is in a back room on a dirty street. The little coffin stood with a dish on the lid to receive donations of money with which to defray the funeral expenses. As we sang "Nearer my God to Thee," the mother exclaimed "How glad I am to know she died a Christian." Life is uncertain to all of us no matter what our station. The greatest man in the nation and perhaps the poorest child were buried on the same day. If you had been stricken down, would you have been prepared?

We next went to the basement of an adjoining house where a poor woman lay dying, alone, except for a little boy whom she had adopted. She said, "I have lived seventy-eight years and have had sorrow and trouble, but through it all God has been very good to me." If you were dying alone in a dark dirty basement without food or the comforts of life, have you enough of Christ in your heart to praise him?

On the way home a poor girl met me and told me how miserable her life was, how home and friends had been taken away because of sin. She asked me if I thought God would forgive her when she had not only gone wrong

herself, but had led many others astray. How glad I was that I *knew* the verse, "Though sins be as scarlet, they shall be white as snow."

As we go out to sell LIFE BOATS, we ask God to go with us. We sell them to help support our work, and to give the gospel to the people. Do you know many of the girls save every cent of THE LIFE BOAT. They read them and hope that some day they will love this same Jesus that helps so many people.

A girl came to us one day asking us to write to her people asking if she could come home. She said the first day that she was in Chicago, we came into that very saloon with the flowers that had been sent us from the Haskell Home, and as we gave her the flowers with the Bible verse tied to the bouquet, she began to cry and think of home. In a few days she left and came to us. We wrote to her mother, and how glad she was to welcome her child home again, especially as she had now given her heart to God. If you could read the grateful letter that mother wrote you would not think our work in vain. We also received a letter this week from one of our girls who had a very serious operation at the Training-School. When I was nearly gone we prayed "Lord let her live she will work for thee." And when the cheerful, loving letter came telling us how well a contented she was, and of her determination to live right and do the work God had for her, we thanked the Lord for his promises and hear and answer prayer. May he send more workers and means to assist in this blessed work for souls in this needy city.

—:O:—

What can I do to Help the Life Boat Rest and its Rescue Service?

1. You can become a monthly contributor to the support of the Life Boat Rest. Any sum will be acceptable. If you desire to help in this way, write to us.
2. You can pray for the workers at the Life Boat Rest, as they carry forward their trying and difficult work.
3. You can join our One Dollar Club, composed of those who subscribe one dollar a month to our Relief and Fund.
4. If consistent, you can open the doors of your home to receive some soul reclaimed from sin, and thus help us help these helpless ones to help themselves.
5. You can send rugs, towels, sheets, pillow-slips, so pillows, or table-cloths.
6. You can send good magazines, books and religious papers. Back numbers will not be of much use.
7. You can tell some one about the work of the Life Boat Rest and get them interested to help us and pray for us.

Our Experiences at the Life Boat Rest.

MRS. L. K. MORGAN.

WE had a busy time at the Rest this month. There has been much sickness in our neighborhood and Miss Smith, our nurse, has been called to attend many cases. In one family five children have been very ill with typhoid fever. For five weeks the nurse has devoted about two hours a day to them, giving each child treatment. These people are very grateful for the nurse's kindness to their sick children.

One of the girls that we have been especially interested in has been very sick with typhoid fever at the Cook County Hospital. Some of us have gone every day for five weeks to take her some refreshments and speak a hopeful word to her. Her life hangs in the balance, but she has given her heart to God and is willing to give up this life, which has been very sad. She says, "I am prepared to meet my God in peace."

A very sad case came to our notice a few weeks ago. In one of the houses on Sherman Street, one of the worst portions of the city, a nurse was asked to visit a sick child. After climbing a flight of stairs we entered a little backroom. In one corner stood an old rocking chair. In it was a little girl fourteen years old. She lay on pillows with an old comforter wrapped about her wasted form. She seemed so lifeless I spoke. This aroused her and she whispered, "Mamma has gone to get something for me." I picked up a fan to keep the flies from her face. She smiled saying "God is good." In a few moments the poor old mother came in. She had taken the last cent she had to get something to check the cough that was wearing her child's life away. The mother told me that five months ago her little girl had taken a severe cold. Now it had developed into consumption and she was expecting that any day would be her last. Just then the little girl was seized with a fainting spell. The mother hurried to her side. With bowed head she said "God be merciful to my child." Then she said "Pray, Violet, to your Father to make it easy." The child whispered, "Mamma, I can't, I am too weak, I am dying." The mother said "Pray in your heart." The child's face lit up with a glorious light, saying "I am ready, come dear Saviour." This poor colored woman was a widow and old, but, by washing at nights when the child rested, and ironing at times when she

could leave her, this mother kept her home and gave her child as many of the necessities of life as she could. But, best of all she has given her child the assurance that God was love and that, even if their home was miserable and poor, God was there in his tender mercy, to make death easy. She had taught the child to praise Him even if the hot sun was pouring into the curtainless windows and when the last mouthful of food had been eaten and they did not know whence the next would come. How great would be the joy in this life if all who profess to be Christians had the faith of this poor ignorant colored woman!

Our home has been very pleasant this month. The girls here have tried to make the work at home light so that the workers might spend more time out in the city caring for the sick and searching for our unfortunate sisters. Sister Saunders, who was with us at the beginning of our work here, recently spent four weeks with us, and we were very grateful for her help.

Friends, no doubt you notice that at times our best workers leave this work for a few months and then they return. The reason for this is that the workers here receive no money for their work. All that they expect is their board and they largely solicit their food from the merchants here in the city. There comes a time when clothing is needed and then they must go to work where a salary can be given for a while. But it is a disadvantage to the work here, for when an experienced worker leaves, it takes a long time for a new one to become so accustomed to the work, that she can fill the place.

It will soon be winter and we must be prepared for it. Coal must be solicited. We must have a supply of grains and fruits, such as beans, dried fruit, peas, and corn. We have been well supplied with vegetables, but they will soon be gone. Cold weather will bring many needs, but we are sure God will impress some one to help us for we are striving to do the work which he has commanded us to do.

—:O:—

—, OREGON, September 16, 1901.

Chicago Medical Mission,
Chicago, Ill.

DEAR BRETHREN:—I subscribed twenty-five cents a month to the Life Boat Rest. I have sent it to you for the first six months of this year and enclose one dollar and fifty cents for the last six months. This is a good work. I only wish I might do more for it.

Your Brother,

✦ The Mission Meeting ✦

A Temperance Lesson at the Life Boat Mission.

DELLA HINSHAW.

Recently, one of the senior medical student of the American Medical Missionary College, had charge of the Friday evening services at the Life Boat Mission. He began by reading 1 Cor. 3:16,17. "Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you? If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are." In a clear and convincing manner he pointed out the evil results arising from the use of alcohol. The following statements contain a few of the many instructive principles which were presented.

"Alcohol is an irritant. If I pour a little of it on my hand, it evaporates so quickly that the hand becomes cold and numb; but, if I cover it up with something so it cannot evaporate, there is the opposite result. My hand begins to burn, it becomes red, and perhaps a blister is raised. When taken into the stomach, alcohol has a similar effect. The lining of the stomach is irritated, inflamed, and sore, and any food taken in remains largely undigested. However, if alcohol or whiskey is taken regularly, the lining of the stomach soon becomes calloused. It is in a state of chronic inflammation and is frequently covered with little ulcers, but it is not now so sensitive as formerly."

"In the stomach of a man suffering with delirium tremens, there are likely to be great, ugly ulcers, which destroy the gastric cells that cover the membrane of the stomach, causing a greater or less destruction of the lining membrane of the stomach. Consequently, there are areas of raw surface which are readily irritated. This is the principal reason why a man with delirium tremens is continually vomiting. His stomach must have a rest and a chance to heal over, and nature provides this means of securing this rest. Sometimes, not a particle of food can be retained in the stomach for several days. When the alcohol has passed from the stomach into the intestines, it has precisely the same effect there as it had in the stomach."

"The work of the liver is to drain poisons from the blood. Such poisons as arsenic, for instance, are arrested by the liver and deposited there, thus often saving the life of the individual. God has, certainly, blessed us in providing us with such a wonderful mechanism. However, when such poison as alcohol is continually taken into the system, it finally so far destroys the liver, that it is no longer able to do its work and then the whole body is continually flooded with poisons."

Some further impressive lessons were brought out by the speaker and then Brother E. B. Van Dorn followed, comparing the progress of the evil results of alcohol in the body to the terrible effect of sin upon the soul. It is the *first* drink that eventually makes the drunkard, so the *first* insignificant sins pave the way for greater ones until the conscience finally becomes calloused.

After the song, "Yield Not To Temptation," several of the men present testified to God's power in saving them from the liquor habit and preserving them from it day by day.

:o:

Testimonies given at the Life Boat Mission.

"I thank God that I recognized the fact that I was a sinner, and came and plead for mercy before Almighty God. Power came down from heaven and thoroughly cured me from drunkenness, and all other sins back of it that led up to drunkenness. That was not my first start on the downward career. I thank God that when I fell before the cross of Jesus Christ he accepted me and cleansed me and I am clean tonight."

"I rejoice that I am saved through the blood of Jesus Christ. I used to be a drunkard myself. The only way to get rid of the drink habit is to get rid of sin. Jesus Christ did not come and ask me to quit swearing, or drinking, or stealing, but to quit sinning. If we believe on Him he will take the whole business out of your heart. I praise God to-night that he took it out of me completely."

Can the Gospel Keep a Man?

DAVID PAULSON, M. D.

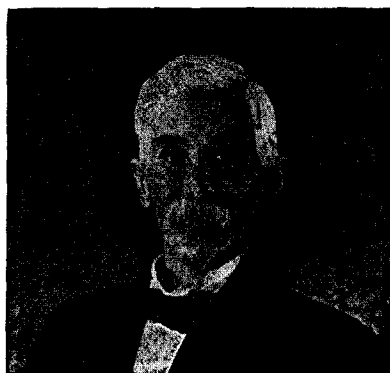
THE burning question in all city mission efforts is what are the *results*? What becomes of the men who hold up their hands for prayer? Will the mission convert ever get out of the wilderness and into the promised land? To these questions, first the general reply may be given that not all the children of Israel entered the promised land, but that did not prevent Moses from extending his efforts in their behalf. Surely a backslidden mission convert should be no greater source of discouragement to the true Christian worker, than a backslidden church member would be. If either is restored and saved it will only be by the power of the gospel. The Christian worker can no more *keep* a man saved, than he could *save* him in the first place. His first duty was only to plant the seed, and now his only duty is to *continue* watering it, if need be, even with his tears, but the responsibility of growth and fruit rests entirely with the Lord; and the Day of Judgment alone will reveal the real results of the gospel efforts which have been put forth in behalf of that class of humanity for which the church feels so little responsibility. Only a small percentage of the people for whom Christ worked, were converted. The nine lepers that were cleansed failed to appreciate the blessing which had been bestowed upon them. It is not surprising that we should meet similar experiences.

It has been our blessed privilege to see sufficient results from our city mission work in Chicago, to inspire us to put forth still more determined efforts to reach others. A most encouraging example is "Uncle Joe." When only a boy he learned to drink and use tobacco, and when we began our mission work in Chicago, his hair was already white, yet he had never succeeded in securing deliverance from these habits. He was one of the first men to take advantage of the opportunities offered by our medical missionary work, when it was opened up at 42 Custom House place. The simple treatments which he received in that basement dispensary, and the penny bowls of hygienic soup furnished just the physical uplift which he had long struggled for, but which he knew not how to obtain.

The gospel message touched his heart, he yielded himself to God and was converted.

Seven or eight years have passed away, and from the moment of his conversion there has never been a time when "Uncle Joe" has felt the least hankering for tobacco, or a particle of thirst for liquor. The very next day after he was converted, the smell of tobacco sickened him, and when he thought of liquor, it only disgusted him.

From that time to this, whenever circumstances have permitted him, "Uncle Joe" has always borne a living testimony to the *keeping* power of the gospel, for the encouragement of new converts. The sallow, diseased looking skin now possesses a healthy hue; the bleared eyes have become clear, and a determination shines out from them which is helpful to others. I never



UNCLE JOE.

see "Uncle Joe" but I feel impressed to seek the Lord that I may have manifested in my life more of the transforming power that can take a decrepit sinner, make of him a new man, and free him from the slavery in which sin has held him for nearly half a century.

:O:

"I tried the world and its so-called pleasures for twenty years and I found nothing but pain, sorrow and misery. I was a miserable drunkard, an outcast, no friends and ready for suicide. I got hold of a copy of **THE LIFE BOAT** and sought God here in this Mission and he saved me. I am standing now on the Rock, Christ Jesus."

(From an experience given at the Life Boat Mission.)

The San Francisco Helping Hand Mission.

H. W. ROSE.

THE work being done in this Mission is encouraging. Excellent services are held every evening and are well attended. That the Spirit of the Lord is present is very frequently seen, for numbers of sin-sick souls nightly are to be observed holding up the hand as a signal of distress, bodily or spiritual. Could the friends and supporters of the work at the Helping Hand Mission be at the meetings we are sure they would be gratified to see the good it is enabled to do. Immediately before the evening service, which begins at 7.30, the workers assemble in the little ante-room and have a short Bible reading, which is followed by a season of earnest prayer. The need is strongly felt of the guidance of the Lord during the meeting of the evening. It may be that some poor weary sinner, who has for years and years been tossed about this cold hard world, without a kind word or consoling thought from a fellow creature will be sent us for help. Hundreds and even thousands of such tired-out souls come to the services and hear the glorious news of a Saviour for all, and many times the Word is not without good effect. Men who have almost grown gray in the service of Satan, at last find a haven of rest and an anchorage for their souls. They hear the oft-repeated but ever new invitation "Come unto Me, all ye that labor and are heavy laden, and I will give you rest." They hear, they come, and they find the rest.

During the past few weeks as many as thirty have declared themselves as having accepted the Saviour, and many others have stood up in the testimony meeting and said they were once Christians but had backslidden and now have returned to the Lord. May the reclaimed ones ever stand faithful and true under the flag of Him who died for all men. Several workers from the Laguna street church attend the Mission services, and by singing, testifying, and in other ways help to show the men who go there that some one does indeed care for their souls. One interesting case is that of a brother who has by accident been deprived of his legs just below the trunk, and who gets about by propelling a carriage on which he rests. Talking with this brother the other evening he told the writer that he fully believed that his affliction was sent him for his good, and it was pleasing to notice the absence of discouragement and

complaining that might perhaps have been almost expected in such a person. Truly the Lord does indeed bless us all more than we deserve—more even than we can ask or think.

Our chaplain, Brother G. B. Douglas, who faithfully holds up a risen and crucified Christ night by night, has gone on a vacation to see his home folks whom he has been separated from for a considerable time. During his absence the evangelistic work has been heartily taken hold of by workers living at the Workers' Home, 1219 Buchanan street, and others. No-body ever went to a service at the Helping Hand Mission, and took real earnest hold of the work there, but came away richly blessed and glad of the privilege of working for the Master in that section of the city.

Our hearts are full of rejoicing as we see fruits of the labors put forth from day to day. The good, wholesome food provided at the lowest possible prices and served in clean attractive style, is evidently much appreciated. We have numerous patrons who speak highly of the excellent food served, and it frequently happens that the comments made by visitors on the kind of food provided at the Mission open the way for an interesting little chat on the subject of health reform, and kindred subjects. The readers of THE LIFE BOAT are asked to remember this work in their prayers, and they are also invited to give proof of their love for and sympathy with this work, by sending in gifts of food, clothing, literature or anything else that they think could be made use of in our work for the poor and needy.

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—, June 15, 1901.

MY UNKNOWN FRIEND:—I now sit down to write you a few lines to be able to get a copy of THE LIFE BOAT. I have been an outcast all my life; have roamed over land and sea. I have went through a hard life and a sinful one. I could not read or write when I was committed to prison, and I got THE LIFE BOAT quite a while before I could read it. I used to take it out and have it read by a friend of mine and I became so interested that I went to school, and now I can read and write, and I thank God for it. I take much pleasure in reading THE LIFE BOAT and in hearing of the good work you are doing and I hope the day will come when I can thank you in person for the good THE LIFE BOAT has done me. I have asked the Lord to forgive me, a sinner, and I feel that he has and I am glad to say that I take pleasure in reading in his holy book. I am praying for you and the workers of THE LIFE BOAT every day and I hope the Lord will hear my prayer. Well, I will close for this time by sending my best wishes to you and the brothers and sisters; so good-by, till I hear from you, and many thanks for THE LIFE BOAT.

The Life Saver.

F. M. ROSSITER, M. D.

FROM THE LIFE BOAT a life line has been cast to many a man sinking beneath the billows of sin, and hundreds to-day rejoice in a knowledge of the Great Life Saver through the agency of these pages; but still unnumbered thousands are being tossed upon the great ocean of sin, and in search of these THE LIFE BOAT is being sent out that perchance it may rescue some who are about to perish.

When Christ went into the country of the Gergesenes, a committee waited upon him and "besought him that he would depart out of their coasts." He never forces his presence upon any individual, but he will never disappoint those who long for his presence or his help.

When a poor weak woman who had been sick twelve years and had "spent all her living upon physicians" heard of this Life Saver, her heart rejoiced and her courage revived. She concealed her presence in the crowd because of timidity. She lingers behind and then seeing an opportune moment, she stretches forth her hand and touches the garment of this Man. Her body thrills with life and she is well!

"And behold, there came a leper and worshipped him saying, Lord, if thou wilt, thou canst make me clean. And Jesus put forth his hand and touched him, saying, I will; be thou clean. And immediately his leprosy was cleansed."

When Peter attempted to walk upon the sea, his faith wavered and he began to sink. His appeal was that of a desperate man; "Save me Lord." How quick was the response! Peter's danger was no more real than that which surrounds the man or woman who indulges in sinful passions; and the saving help given to the sinner who cries "save me Lord, else I perish," comes just as quickly and is just as real.

One night some men started across the sea of Galilee with Christ as a passenger, asleep, in the rear of the boat. The wind began to blow and soon it became a veritable hurricane which threatened them all with destruction. The disciples labored hard, but in spite of all their efforts the boat began to fill. In a few moments they must go down. Suddenly they remember the Christ aboard. In their great necessity they rush to him and cry "Lord, save us; we perish." "Then He arose and rebuked the winds and the sea; and there was a great calm."

This illustrates the experience of every human being. In health and in prosperity few think of Him who is ever near. The presence of the Christ is forgotten, perhaps for years, but in time of adversity, in sickness, in pain; in time of moral shipwreck with death staring us in the face; then we remember the sleeping Saviour, "Lord, save me; I perish," is the appeal. The raging tempest of sin is rebuked and there is "a great calm."

He is safest who always recognizes the presence of the Life Saver.

How God Blessed Our Work at the Police Station.

MRS. ABRAMS.

THE readers of THE LIFE BOAT will be glad to know how God has blessed our work at the Police Station. We have been able to help a great many girls in different ways and some have been saved. A short time ago one of our workers wrote an article for THE LIFE BOAT mentioning the fact that six girls, ranging in age from thirteen to sixteen years had given their hearts to God as a result of the gospel service which the dear Lord permits us to hold every Sunday morning from 9:30 to 12:00 o'clock. One of these six girls, a bright promising young woman, sixteen years old, has proved faithful, and comes to the service and gives her testimony to the glory of God. She is making her home with her sister, and God gave me the privilege of visiting them. We had prayer together and the unconverted sister wept and expressed her desire to be a Christian, and I asked her if she would like to have me send a Bible worker to her home to teach her more about Jesus. She said she certainly would. In our talk I learned that they did not have any Bible. I started out to solicit money for a Bible and soon had enough to get it. I presented it to her and it was thankfully received. The Bible worker visits this family twice a week and they are very much interested. We hope they will soon know the truth, as the truth makes us free; and we believe the girl will be the means used by the Lord in saving this entire family, as well as many of her lost sin-sick sisters.

Does the work pay? Yes. Pray for this girl that she may ever be found faithful in the work of the Lord.

In despair he wished to end his life.

E. B. VAN DORN.

A YOUNG man in Arizona lost both father and mother and the home being broken up he came to Chicago. He was dazzled by the glitter and tinsel and ensnared in the follies of city life. His money was soon gone and he was obliged to find some means of procuring a livelihood. For a while he sang comic songs for the price of something to eat and a place to sleep. After a time he lost his voice and having no resources, he drifted into a criminal life; but the former associations of his home life were brought to his memory by the gospel songs sung in front of the Life Boat Mission. He was invited to stay at the Mission. He did so. The past came up vividly before him, and Satan tried to make him think his life had been too bad to be changed, and in despair he started to the lake to end his misery, but he was followed by a worker and by the help of God was persuaded to return. We read from the Bible the assurance of God's willingness to receive the repentant sinner and blot out the record of sin. The young man fell upon his face and cried to God for mercy. He complied with the requirements of 1 John 1:9, and received the assurance of forgiveness and went on his way rejoicing.

It is a constant pleasure to see this young man daily growing in grace through the study of the Word of God and obedience to its requirements; and while we rejoice for the opportunity of being co-laborers with God in working for the lost, there is also joy among the angels over one sinner that repenteth more than over those that "went not astray."

The devil places before our eyes the gilded palace, the pleasure resort, the gaudy garment—in every way he endeavors to make sin appear attractive, and he seeks to conceal the trap he has set for unwary feet. We are dazzled by the glittering show and grope our way in blindness. Sooner or later our eyes are opened to the sad fact that we like our first parents, have lost our robe of innocence, and we find that we are "wretched and miserable and poor and blind and naked." The remorse which follows this awakening often impels the poor sinner to try to hide from his conscience in the deeper shadow of crime. When the devil points out the miserable condition of a sinner, he tries to make him think that God has brought all this sorrow upon him and there

is no more hope. In this extremity the tempter whispers the suggestion that he had better end it all by jumping into the lake or taking in some way the life which only God can give. The devil deceives, defrauds and torments his victims till they are ready to give up in despair. Sin is the violation of right principles and "sin when it is finished, bringeth forth death;" but thank God, the gospel "is the power of God unto salvation to every one that believeth," and the loving Saviour is ever looking for those who have fallen on the Jericho road. He is more than willing to bind up their wounds and take them to the inn, yea he will stay with them through the night of sorrow for sin, to heal and to bless. To as many as receive Him he gives "power to become the sons of God, even to them that believe on his name," and "He that believeth on Him hath everlasting life."

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Deliverance from a Railroad Wreck.

[Recently while traveling in one of the South-western States, we overheard a well known gospel worker relate a remarkable experience of being delivered in a providential way from a railroad wreck. He was persuaded to write out this experience for the encouragement of THE LIFE BOAT readers.—ED.]

After having spent the entire summer in evangelistic work, the time came at last when I should return home. I was in the city of Logansport, Ind., twenty-five miles from my home. It was necessary for me to change cars, in order to reach my home which was located on the Pan-handle railroad. In response to my enquiry the agent told me that I could not get a train out before one in the morning, so I concluded to make the best of the time, and seating myself in the depot, I took a book from my valise and began to read. In a few moments I heard a voice saying, "Take the train and go by Bunker Hill." I supposed that this was a conversation being carried on by two men. I looked around and to my surprise, found no one in the depot save myself. I supposed then that the voice I had heard was on the outside of the depot. Resuming my reading, a voice nearer to me said, "Take the train and go by Bunker Hill." I put my book into the valise, stepped down to the agent, and asked him when I could get a train to Bunker Hill. He said I could get one immediately, as the train was standing on the track in front of the depot ready to go. He

said to me, however, that it would not be necessary for me to go that way, for it was about as far again, via Bunker Hill, as it was on the direct road, which I could take by waiting until one o'clock in the morning. Further than that, he said that I could not get a train out of Bunker Hill until one o'clock in the morning, so I would not reach home before the time at which the train on the Panhandle road would arrive.

I bought a ticket, however, for Bunker Hill and passed the night in a dirty, dingy, smoky depot, at a railroad crossing. Finally I took the train on the Lake Erie and Western railroad. As we neared the city, we ran near the Panhandle railroad, and as I looked out of the window, I saw the train which I would have taken, had I remained in Logansport, coming down the road from Chicago. I looked further down the track, and saw another train coming in the opposite direction, from Cincinnati. These two trains collided, while running at the rate of about thirty miles an hour. Every car save the sleeper on each train, was telescoped. Quite a number of persons were killed outright, and many others were injured. I stepped off my train in time to help to remove the wounded and distressed from the debris piled about as a result of the great wreck.

Thus I become satisfied as never before that it is *always* best to listen to the voice of God, for I am sure that in this case it was heaven speaking to me, and doubtless my life was saved because I listened to that "still small Voice."

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What Waters Your Soul?

ARTHUR W. GEORGE, M. D.

DID you ever stand by a stream of water coursing swiftly down a mountain slope, and notice how clean and white are the pebbles in its shining bed? And have you noticed the stagnant stream flowing lazily through the valley, how the unshapely stones in its muddy channel are covered with slime and filth? What makes the difference? It is the swift flowing stream that burnishes the stones, and cuts its way in the rocks. Keep a stream of the clear water of life from the living fountain of God's Word, swiftly flowing over the mind to keep its thoughts clean and pure; keep the living stream always flowing. Let it be continually fed from every spring on the mountain side of Truth. And the thoughts, the impulses, and imaginations of the heart, will sparkle with purity, and shine out in the life, in words of truth and deeds of love.

A Good Opening for Health Missionary Work.

DAVID PAULSON, M. D.

PERHAPS no class of society suffers so keenly from the effects of an unwholesome and unsuitable dietary as college and university students. They generally tax their mental powers to the utmost of their capacity, and they are so ambitious to lay a good foundation for a successful career that they are often led to very unwisely neglect the physical exercise and out of door recreation that is really essential to health. Under such circumstances, the ordinary hotel and restaurant fare, composed of juicy beef-steaks laden with waste products, strong tea and coffee, spices and condiments, and other foods that are practically ruined by unscientific preparation, all tend to put the student's brain in such a condition that he is virtually half chloroformed a great deal of the time. A number of students in almost every one of our large schools have learned that they marvelously increase the real efficiency of their work when they subsist upon pure food preparations, and many of this class of students actually board themselves because they cannot find hygienic restaurants where foods are served upon such a plan that they will nourish the body instead of undermining its health.

There has been a rapidly growing sentiment, recently among the students of the University of Chicago, favoring the establishment of a hygienic cafe, where healthful meals can be procured. In order to meet this demand we have secured suitable quarters in the immediate vicinity of the University buildings, and in a few days a well equipped hygienic cafe will be in operation. It will require an outlay of at least five hundred dollars to inaugurate this enterprise. Are there not some readers of THE LIFE BOAT who recognize the missionary possibilities in this enterprise to such an extent that they will assist us in defraying the expenses necessary to establish this health missionary enterprise?

Donations may be sent to THE LIFE BOAT specifying that they are to be used to help start the University health restaurant.

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"A failure to care for the living machinery is an insult to the Creator."

PRISONERS DEPARTMENT

When.

H. W. ROSE.

When our hearts are sad and weary, and are burdened with a load,

'Tis so sweet to hear the voice of Jesus say

"Come to Me all ye who labor, who by burdens are bowed down,

Only come, and I will take it all away."

When some overwhelming sorrow causes us to sorely weep,

And the fountains of our eyes we cannot stay,

'Tis a source of welcome comfort, in the Word of God to read,

Of the time when God will wipe all tears away.

When by Satan's cruel agents we are very sorely pressed,

And around us arrows keen and sharp are hurled,

'Tis a source of strength unfailing, to recall the words of Christ

"Be of good cheer, for I have overcome the world."

When we feel that we are sinners of the very basest kind,

'Tis a source of deepest joy indeed to know,

That we have the Lord's assurance, as recorded in His Word,

"Though our sins be as scarlet, they shall be as snow.

When we think we are unworthy in the love of Christ to share.

That we are by far too wicked and depraved,

Let us not delay a moment but go to Him as we are,

For "whosoever calleth on Him shall be saved."

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Prison Ministry.

J. A. DOLSON.

THE following extracts from the recent address of the Rev. S. B. Campbell at San Francisco on our penal institutions, not only strikes the keynote of practical philanthropy, but contains also admirable suggestions for the guidance of those who are anxious for the solution of the vexed questions surrounding the knotty prison problems of to-day:

"And now!" he says, "the prison bespeaks our concern. We are confronted with startling facts. There are over 100,000 men in our state prisons. The *New York Herald* recently

stated that there are 250,000 accepted criminals in this country maintained at an annual expense to the people of one thousand million dollars. The facts discover the problem, the analysis suggests the remedy. The cause of crime cited make it clear that the solution should antedate the problem. 'An ounce of preventive is worth a pound of cure.' The facts demand better parents and better homes.

. . . that the children be taught to work: the total destruction of the drink curse. . .

. . . Lead the prisoner to Christ. Fortify him against the evil day by enriching mind and heart with Christian literature. Care for him at the outer gate. The world is suspicious and sometimes cold. Show him kindness. Be his patron. Hold him up. Great will be your reward in heaven. . . . Let us have good men, capable men; men who love their kind, who would rather carry a bruised and bleeding lamb to the Great Shepherd than have the riches of these golden shores."

We shall be held responsible in the Judgment for the way in which we have discharged our duty toward these unfortunate fellow beings. Let us read what the divine Master says on this supremely important subject: "When the Son of man shall come in all his glory and all the holy angels with him, then shall he sit upon the throne of his glory. And before Him shall be gathered all nations and he shall separate them one from another, as a shepherd divideth his sheep from the goats: and he shall set his sheep on his right hand, but the goats on the left. Then shall the King say unto them on his right hand, Come ye blessed of my Father, inherit the kingdom prepared for you from the foundation of the world. For . . . I was in prison and ye came unto me." (Matt. 25:31-36.) Here the Saviour addresses those who had taken a personal interest in prisoners as "blessed of my Father." Those who have neglected this duty are next dealt with,

"Lord," say those on the left hand, "when saw we thee . . . in prison and did not minister unto thee?" "Then shall He answer them saying, Verily, verily, I say unto you, Inasmuch as ye did it not to one of the least of these, ye did it not to me. And these shall go away into everlasting punishment; but the righteous into life eternal." (Matt. 25:44-46.)

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She did not know where her husband was.

FRED WERKENTHIEN.

WHILE holding our services as usual, one Sunday morning at the Harrison street police station, one of those poor unfortunate men asked me if I would not go to his wife to let her know where he was, so that she might not worry. I said I would go. As I walked up the street, looking for the number, I saw a woman and a couple of children looking very anxiously out of a window; and when I ran up the stairs, that poor woman trembling all over, asked me if I was from the Cook County Hospital.

I said "No, your husband is well. He only got arrested for a little quarrel out on the street."

I knew she expected the worst by her asking if I was from the hospital. The worry all night and morning was too much for her, and she fainted. As I saw her lying there and thought of the man behind prison bars, I had to say it is the work of the devil. Yes, I know too much of this; Satan brought me down once as far as any man can go, but my blessed Christ *raise me up*. Glory be to His name!

I called a doctor to see the poor woman. He said she was in no danger, so I left, and went on an errand for a colored boy who was in the police station. This boy had a good home as clean and nice as it could be, but he would go out and get drunk and so got arrested; and if a man once gets into the police station he is apt to get there again unless he gives his heart to God. I know this by personal experience.

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Bread Upon the Waters.

"I received a copy of THE LIFE BOAT when a prisoner in the work-house in Buffalo more than a year ago, and I have been a miserable man ever since. I have wandered in the ways of sin, but I find no peace, no happiness, all is darkness. I want the prayers of you Christian people that I may come out of this darkness into the light."

(Request made at the Life Boat Mission.)

The California Prisoners' Mutual Aid Society.

J. A. DOLSON.

A PRISONERS' Mutual Aid Society was recently formed in San Quentin prison by a little assemblage of long-term convicts. Its purpose is to afford aid to prisoners on their release, as the state makes no provision for the men thus thrown upon the world without money and with blighted lives.

John Gilligan, serving fourteen years for burglary, is president of the society, and Joseph King who will be released on the twenty-second of December this year, holds the important position of treasurer and outside representative. On King's release he will commence a lecture tour of the state, under the auspices of the Women's Christian Temperance Union, or some of the other kindred sympathetic societies. King has prepared a series of five lectures in which he will describe the chances for and against a man's moral improvement in prison and after his release. An admission fee will be charged, and the money collected after deducting the lecturer's traveling expenses, will be kept in trust by the Prisoners' Mutual Aid Society. Discharged prisoners will be assisted to find honest employment and to get a fair start in life, thus removing them from the list of subjects for indiscriminate charity. President Gilligan has been in frequent correspondence with a number of philanthropic people, all of whom promise the new movement a hearty support.

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A Signal of Distress.

MRS. E. B. VAN DORN.

ONE Sunday recently, when at the conclusion of the usual Sunday morning services at the police station we asked how many wished us to pray for them, five men responded by thrusting their hands between the iron bars of their cells. God only knows how much it meant to those men to ask to be remembered in prayer. A very little thing to do, you think. Yes, it is, but to a sinner it means much. It means that he is in distress and this is a signal for help. How glad we are that there is a friend that never fails; One who loves "with an everlasting love," and who will tenderly welcome all who will come to Him for he has said "Him that cometh to me I will in no wise cast out."

THE LIFE BOAT

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Have You Tried It?

Is there not, within your immediate circle of friends and relatives, some soul for whose personal salvation you feel especially anxious? Have you observed such an one growing a little more indifferent and careless in regard to the sacred and solemn realities of life? Has it ever occurred to you that it is possible that if a personally addressed LIFE BOAT should make twelve successive visits to this person, God in his providence might use some message from its pages to change and transform that entire life? It would only require twenty-five cents and the little trouble necessary to send it to us; but if God impresses you to act upon this suggestion, can you *estimate* the eternal good that *may* result from simply heeding it?

Have the regular visits of THE LIFE BOAT tended to broaden your Christian experience? Why not assume that they will accomplish the same for your friends? "As every man hath received the gift, even so minister the same to another."

The Passing Away of an Old Land Mark.

The five year lease on the building which has been used for our Training-School headquarters has just expired, but we have secured new and more suitable quarters in the building located at the corner of Cottage Grove avenue and Thirty-third place, which is just adjoining the Branch Sanitarium.

We cannot abandon the building where we have spent so many happy hours without experiencing a feeling of sadness, but we are glad that we are able to secure accommodations which are in reality much better suited for the further development of our missionary operations in this great city. A more detailed description of our new quarters will be given next month.

Is it Worth While?

RECENTLY we met in Lincoln, Nebraska, a young lady who had readily secured twenty-five new subscribers for THE LIFE BOAT, and so had received a premium. She was so enthusiastic over this experience that she immediately began planning to secure fifty more subscribers, when she would be entitled to receive the beautiful watch which is given as a premium for this number of new subscribers.

Are there not a number of boys and girls who would like to do the same? Not so much for the sake of securing a valuable timepiece, but rather for the sake of being the means in the hands of God, of sowing seeds the full harvest of which they will never fully appreciate until "We shall know as we are known."

The Planting of a New Medical Missionary Center in Chicago.

For a long time it has seemed very desirable that some medical missionary enterprise should be undertaken in the thickly populated portion of South Halsted Street. Various obstacles have seemed to stand in the way until the present time; but now, a suitable building has been secured for a medical missionary dispensary, where missionary physicians and nurses will be in attendance to render suitable aid to the large number of sick and suffering in this congested area. A cut of this building and a further description of the work will appear in the next issue of THE LIFE BOAT. Meanwhile, we trust that our readers will remember this new enterprise not only with their prayers but also with their means.

The *Youths' Instructor*, published at Battle Creek, Mich. comes to our table every week loaded with instructive, and inspiring things for young people. In these days when there is so much cheap literature passed off under fascinating names and given wide publicity by shrewd advertising it is very refreshing to find a magazine so clean, wholesome, and helpful as the *Youths' Instructor*. Price seventy-five cents per year.

Interesting Brevities.

BERTHA HERRICK has returned to her home in Manitoba.

Leon Sittser has recently visited friends in Buffalo and Battle Creek.

Pliny Haskell spent a part of his summer assisting Dr. Froom, at Moline, Ill.

Mrs. A. S. Steele, of Chattanooga, made a brief call at the Training-School recently.

Dr. W. B. Holden, after spending some months studying in Europe, has lately returned.

Elder E. J. Hibbard has accepted a call to instruct the Bible classes in the Healdsburg (Cal.) College.

Master Dell Olson paid a brief visit to his brother Alfred, who was in charge of the gentlemen's ward.

Frank Babcock has returned from his home in Minnesota and resumed his work at the Branch Sanitarium.

Lura Collins, from Albia, Iowa, has recently connected with the Chicago Medical Mission to assist in stenographic work.

J. C. Musselman will take direct supervision of the new hygienic cafe that is just being opened up near the University of Chicago.

Mrs. Frank Dold, accompanied by her little son, recently spent a week at the Training-School, visiting her brother J. C. Musselman.

Dr. Julia A. White is enjoying a well earned rest at her home in Skippers, Va. Dr. Lydia Kynett is acting as house physician in her absence.

J. Edgar Colloran has sent us a long list of subscribers from Montana. We hope that other of our friends will try to emulate his example.

Miss May Goodison, of the senior medical class, has done some splendid work for THE LIFE BOAT and the Life Boat Rest during her summer vacation.

Elder E. S. Butz, who was formerly a worker in the Friendly Islands, spent some time at the Medical Mission, and addressed the Training-School family several times.

Della Hinshaw, after enjoying a two months rest at the Battle Creek Sanitarium, has returned and taken up her former duties as stenographer at the Branch Sanitarium.

Alfred Olson, who has had charge of the gentlemen's ward of the Training-School for the past few months, has now commenced work in the treatment rooms of the Branch Sanitarium.

Fannie Emmel, matron of the Life Boat Rest, who has been enjoying a much needed rest during the past month with friends and relatives at her old home in Ohio, has returned.

Dr. Elmer Otis visited the Raymond, Wis., church, and other churches in that vicinity and gave several "Health Talks." He gives a good report of the interest manifested in the Medical Missionary work in Chicago.

Cora Cole of Bethel, Wis., Lillian Sensiba of Two Harbors, Minn., Alice Burghart and Arthur and Mabel Kennedy of Sleepy Eye, Minn., Cassie Best of West Superior, Wis., and Hannah Peterson of Alcester, S. D., are among the arrivals of the past few weeks. These young people come to join the Medical Missionary Training-School class.

W. A. Spicer, lately from Calcutta, India, recently spent a day visiting the different branches of the Chicago Medical Mission. He was particularly impressed with the far reaching results of the work that is being accomplished by our sisters in the Life Boat Rest. In the evening he gave a talk to the workers and the patients at the Branch Sanitarium on the subject of "India."

Through the courtesy of Mr. Kimbell of Hinsdale, a number of the workers connected with the Chicago Medical Mission and the Life Boat had the opportunity of spending a couple of weeks at the Fresh Air Home at Hinsdale, one of Chicago's suburban towns. This home is under the efficient management of Mrs. S. W. Golding, and our workers greatly appreciated the many kindnesses which were extended to them during this brief season of rest from their arduous duties.

Dr. and Mrs. Paulson, who have been spending a few weeks in the southwestern states in the interest of medical missionary work, have returned to their respective posts of duty. They report a deep interest among the people everywhere in the gospel of health, and particularly a marked enthusiasm on the part of the young people to secure the necessary training to become efficient workers for the Master. Some of these will soon become members of the Chicago Medical Missionary Training-School.

IMPORTANT NOTICE.

All who expect to enter the Chicago Medical Missionary Training-School this fall should make suitable arrangements at once, as the new class is limited to twenty-five, and this number will soon be made up.

SAN FRANCISCO HELPING HAND MISSION

641 Commercial Street

Established Feb. 27, 1898. Telephone Main 5793.

Under the supervision of the California Medical Missionary and Benevolent Association.

J. A. DOLSON, Superintendent.

E. E. PARLIN, Secretary. G. B. DOUGLAS, Chaplain

R. A. BUCHANAN, M. D., Physician.

EVANGELICAL SERVICES

Gospel Meetings Every Night at 7.30.

Good Music. Short Talks. All Welcome.

HELPING HAND HOTEL

643 Commercial Street

A Temperance Home for Working Men and Boys. Good Clean Beds, 10c. and 15c.

Free Baths. Free Laundry.

Free Employment Office.

HELPING HAND RESTAURANT

641 Commercial Street

MENU:

Bean soup..... 1 cent	Wheat mush..... 1 cent
Pea soup..... 1 "	Corn mush..... 1 "
Rice & tomato soup 1 "	Dish tomatoes..... 1 "
Cup coffee..... 1 "	Dish protose..... 2 "
Cup milk..... 1 "	Dish beans..... 1 "
Bowl rice..... 1 "	Dish cabbage..... 1 "
Bowl stew..... 1 "	Dish cauliflower..... 1 "
Nut roast..... 2 "	Dish peas..... 1 "
Dish macaroni..... 1 "	Dish pudding..... 1 "
Dish potatoes..... 1 "	Half pie..... 3 "
Dish fruit sauce..... 1 "	Dish nut butter..... 1 "
Dish sugar..... 1 "	Dish dairy butter..... 1 "
Plate of crackers..... 1 "	Plate zwieback..... 1 "
Plate bread..... 1 "	Plate granose..... 1 "
One bun or roll..... 1 "	One apple..... 1 "
One banana..... 2 "	One orange..... 1 "

Everything neat and clean.

Meals served on the European plan—pay for what you get.

HELPING HAND FREE DISPENSARY AND TREATMENT ROOM

641 Commercial Street, Ground Floor

Physician's hour, 12 to 1 P. M.

Summary of Work Done in the San Francisco Helping Hand Mission during the past Month.

Gospel meetings held.....	31
Attendance at gospel meetings.....	1,085
Requests for prayers.....	150
Professed conversions.....	17
Treatments given.....	11
Surgical operations.....	1
Examinations.....	2
Lodgings given.....	1,915
Penny dishes served.....	29,078
Free Lodgings.....	495
Free penny dishes.....	9,121
Garments given away.....	200
Free baths.....	450
Suits fumigated.....	397
No. of men using free laundry.....	120
Men furnished temporary employment.....	450
Men furnished positions.....	72
Pages literature distributed.....	1,965

Donations to Helping Hand Mission.

A Friend.....\$5 00	Mrs. E. C. Haworth...\$3 00
Los Angeles..... 2 00	A. Munginger..... 50
Total.....\$10 50	

Donations to Prisoners' Fund.

Jas. White.....\$2 00	Mrs. C. Plowman....\$1 00
A Friend..... 50	Mr. Neal..... 50
Total.....\$4 00	

What may be done with The Life Boat.

A few days ago while at Enid, Oklahoma, we met two ladies who are using from a thousand to fifteen hundred copies of THE LIFE BOAT each month, for missionary purposes. They find that the public is eager to buy it, and the commission which they receive by ordering a large number of the papers at one time, enables them to largely support from their earnings some other missionary enterprises in which they are engaged. May not this be a helpful suggestion to many other readers of THE LIFE BOAT, who have a genuine desire to do good for humanity, but who are so situated that they cannot undertake many of the ordinary lines of missionary work. We should be glad to correspond with such persons in reference to terms and the best methods of carrying on this work.

THE LIFE BOAT

PUBLISHED MONTHLY ILLUSTRATED
(Entered at the post-office in Chicago)

Published by the International Medical Missionary and Benevolent Association, at 1926 Wabash Avenue, Chicago, Ill.

PRICE 25 CENTS A YEAR

FOREIGN SUBSCRIPTIONS, AND IN CHICAGO, FIFTY CENTS

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TO THOSE SENDING DONATIONS:

Clothing, food etc., should be forwarded by freight, prepaid, to the Chicago Medical Mission, 1926 Wabash Avenue, Chicago, Ill. Do not fail to mark each box or package with the full name and address of the sender. Compliance with these suggestions will save much delay in acknowledging receipt of your donations.

Cash donations should be sent by P.O. Money Order, Express Order, or Draft on Chicago. If money is sent, the letter should be registered. Make all orders or drafts payable to the Chicago Medical Mission, and address to 1926 Wabash Avenue, Chicago, Ill.

Monthly Summary of the Work of the Various Institutions and Departments of the Chicago Medical Mission

Treatments given.....	400
Examinations.....	15
Prescriptions.....	5
Office treatments.....	36
Surgical operations.....	2
Admitted to surgical ward.....	7
Garments given.....	100
In Children's Christian Home and Branches.....	25
Days nursing.....	150
Meals served (penny lunches).....	18,611
Lodgings given.....	3,076
Used free laundry.....	3,076
Attendance at gospel meetings.....	3,750
Gospel meetings held.....	60
Bible classes conducted.....	20
Testaments and Bibles given.....	100
Pages of other literature distributed....	57,000
Requests for prayer.....	180
Testimonies given.....	550
Tracts distributed.....	500

:O:

Donations to the Chicago Medical Mission and Allied Charities.

CHICAGO MEDICAL MISSION.

Mrs. L. Franabarger \$1 00	H. L. Shaffer.....	\$5 00
Total.....		\$6 00

CHILDREN'S HOME.

Mrs. L. E. Hill.....	\$ 25
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DISPENSARY.

Mrs. L. E. Hill.....	\$ 25
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THE LIFE BOAT MISSION.

F. E. Endriss.....	\$ 50	George Green.....	\$ 25
Dr. J. H. Kellogg....	10 00	Percy Miramontez..	40
A. A. Maybiew.....	5 00	A. T. Yeaton.....	2 50
Total.....		\$18 65	

THE PRISONERS' FUND.

R. Kirkham.....	\$ 50	Clara Wright.....	\$ 50	
Mrs. H. Zoerb.....	50	Total.....		\$ 1 50

THE LIFE BOAT REST

Mr. J. W. Andrews..	\$ 60	Mrs. Doerr.....	\$ 50
Gustav Engel.....	25	F. E. Endriss.....	50
Mrs. D. A. Eddy....	1 00	Mrs. B. M. Heald....	25
Mrs. M. E. Heacock.	20	Mrs. Miller.....	1 50
Mrs. W. H. Parshall.	25	D. N. Potter....	1 00
Mrs. L. J. Swauk....	25	Fred Werkenthien..	1 00
A. T. Yeaton.....	2 50	Mrs. H. C. Zoerb....	50
Total.....		\$10 30	

Grand total	\$36 95
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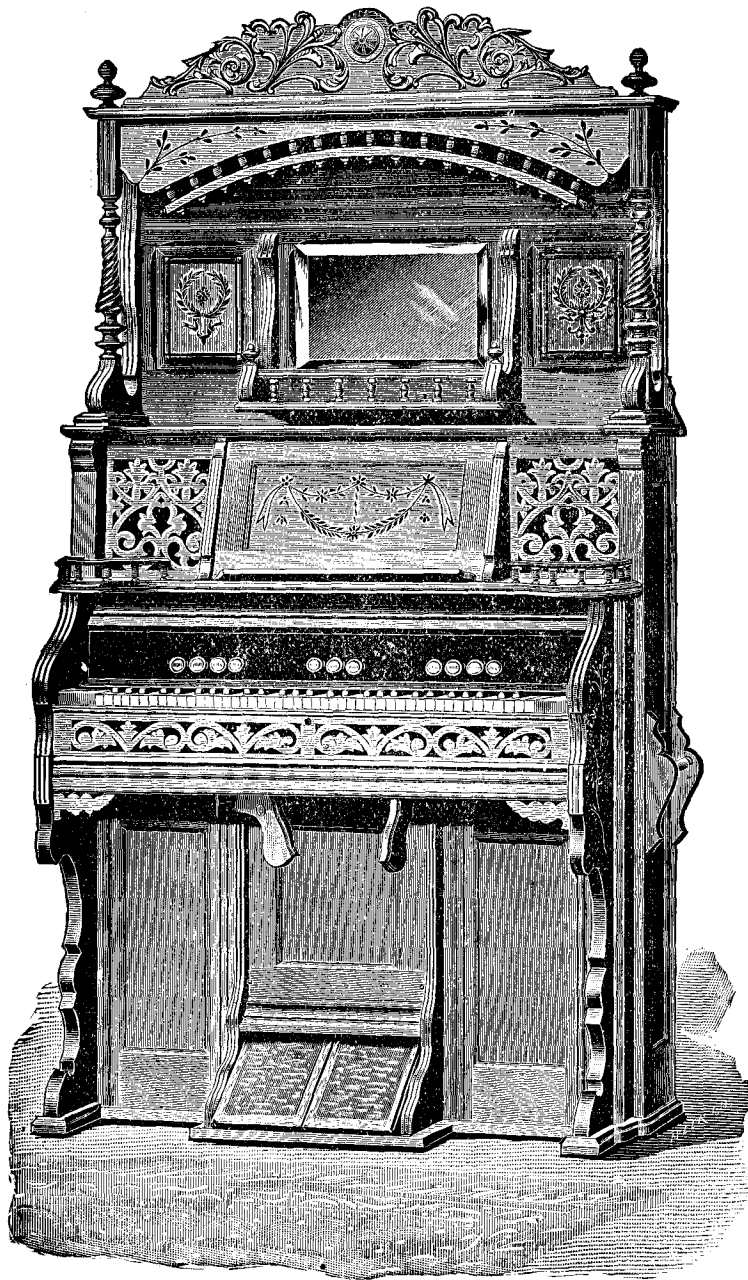
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THE LIFE BOAT SUPPLY DEPARTMENT.
1926 WABASH AVENUE, CHICAGO.

WATCHES

These watches are guaranteed by the manufacturers. We herewith present descriptions of a few of our Hunting Case Gold and Silver Watches.



Price with 7-jewel Century Movement.....\$3 75
Elgin or Waltham Movement 6 25

987. Men's Silver Filled Watch, 18 size, guaranteed for 25 years.

7-jewel Century Movement 4 75
7-jewel Elgin or Waltham Movement..... 6 90

992. Gold Hunting Case Watch, filled case, 5 years guarantee, new design, elegantly engraved, fancy chased edge.

7-jewel Century Movement 6 50
7 jewel Elgin or Waltham Movement..... 9 00

1412. Ladies' 6-size Hunting, 14-k Gold Filled Case, stem wind and set, assorted styles of engravings, guaranteed by the manufacturer to wear 5 years. Price, complete with New York Standard 7-jewel, nickel American made movement. Price complete.....\$6 00

1106. Ladies' 14-k Gold Filled Watch, 6-size, stem wind and set, Hunting case, fine engine turned and engraved, guaranteed to wear 10 years. Price complete with
7-jewel New York Standard (nickel)..... 6 00
7 jewel Waltham or Elgin..... 8 85
15-jewel Waltham or Elgin..... 10 00

1105. Ladies' 14-k Gold Filled Watch, 6-size, Hunting case, stem wind and set, assorted designs with bird and flower engravings.

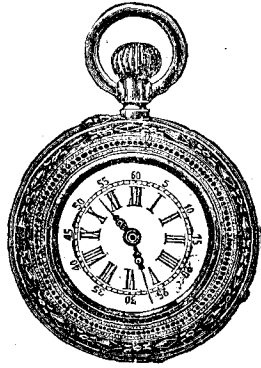
The Life Boat Supply Dept.,

1926 WABASH AVE.

CHICAGO.

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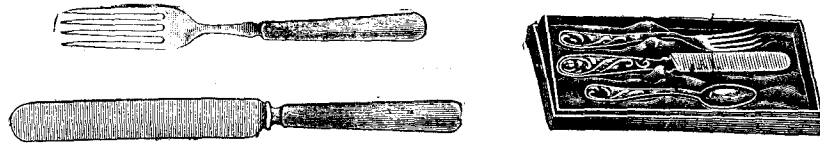


Anyone sending us 50 yearly subscriptions, at 25 cents each, will receive a Ladies' Silver Case, richly engraved, open face, good jeweled movement Watch; or Boys' plain polished, open face, good movement Watch, either of which is worth, retail price, \$5.00.

For 25 subscriptions, we offer a set of Sterling Silver-Plated Knives and Forks, retailed at \$5.00.

For 10 subscriptions, a set of Sterling Silver-Plated Nut-Picks and Nut-Cracker; retailed at \$1.00.

For 5 subscriptions, one set Sterling Silver-Plated Child's Knife, Fork and Spoon.



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