

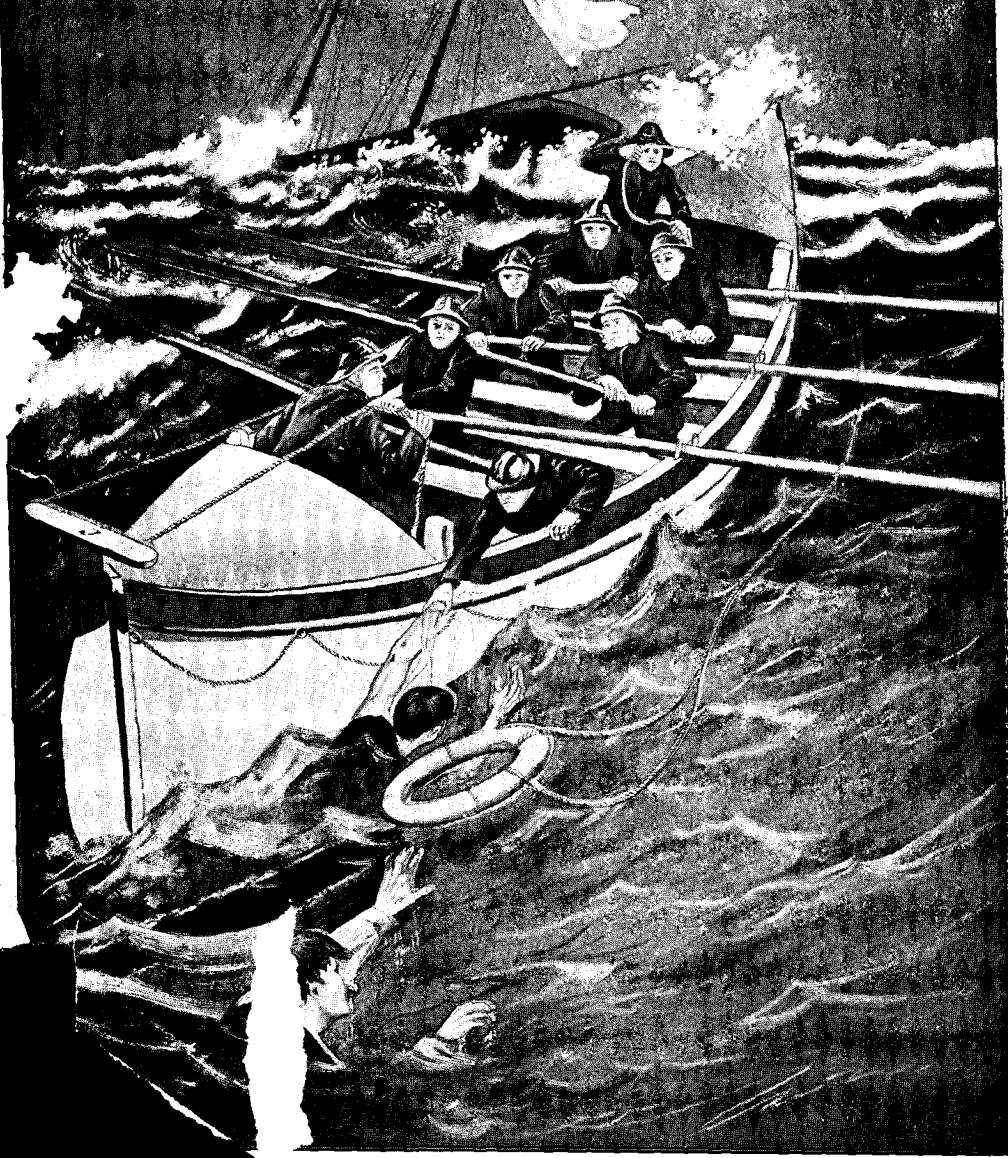
A Happy New Year

Published Monthly

January, 1903

Price, Five Cents

THE LIFE BOAT



Lonzo T. Jones

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"The magical influence of medical missionary work" — Dr. Salmon

28 33rd Place, Chicago

eed to pray?" — Dr. J. W. Kellogg

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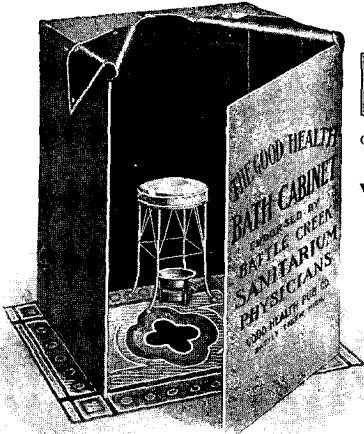
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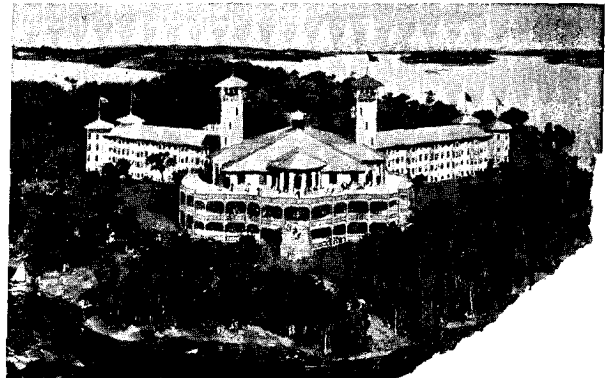
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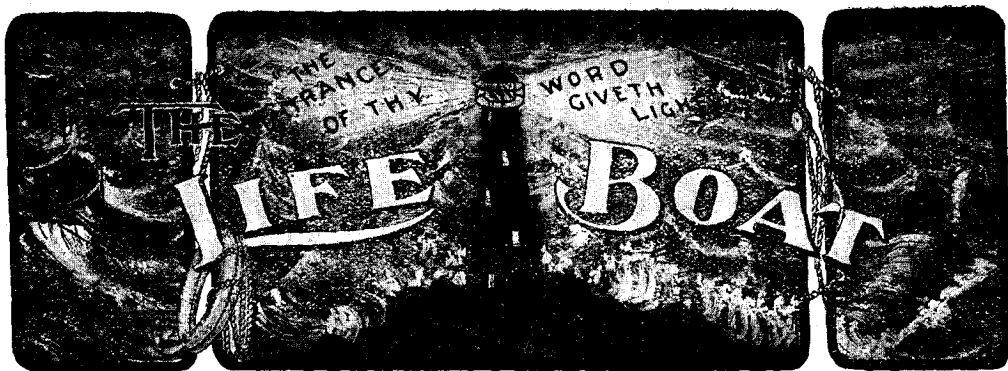
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"ROYAL MUSKOKA"



An Illustrated Monthly Journal Devoted to Charitable, Philanthropic,
Health and Soul-Saving Work

Volume VI

CHICAGO, ILL., JANUARY, 1903

Number 1

THE MAGICAL INFLUENCE OF MEDICAL MISSIONARY WORK.

REV. LEVI B. SALMANS, M. D.,
GUANAJUATO, MEXICO.

Twelve years ago in the midst of a large success in our mission work in Mexico, we were deploring our inability to compete with the terrible ostracism that met us in more than a dozen of the cities of the Republic. We felt it necessary to retire our laborers or to take up some other method. The medical agency was invoked and put to use in the capital city of Guanajuato. The general hatred of us was intense and was manifested both publicly and privately. Our church of four hundred members was decimated, the members having fled to other cities in search of means of support for their families. A maintenance had been denied to them because their profession of faith in the power of the Gospel to save from sin had become publicly known. There remained with us only a little flock of thirty-five men, women, and children, to whom we could minister from week to week.

On all festive days, the government maintained a company of soldiers in front of the best known Protestant houses, but notwithstanding this, as the processions moved past, the multitudes exclaimed: "Mueran los protestantes!"—"Death to the protestants!" and emphasized their cries with showers of stones which they were carrying with them for this purpose. This practice they had carried on for sixteen years, notwithstanding the fact that the government took hundreds of them to prison for it.

In the meantime, we saw ten thousand patients among the poor. They gathered together in the dispensary waiting room in the early morning hours and when the doctor arrived he would read to them one of those indescribably precious passages of our Saviour's dealings with the multitudes in His day and would call the attention of the sick to the fact that we were ourselves unable to satisfactorily correct the ills which our bodies suffer. When our watches are out of order, we take them to a watchmaker, so that he may mend them. So in the case of our physical disorders, we should take our bodies to the one who made them, and ask Him to heal them. His anxiety to heal our diseases is shown by the fact that His Beloved son, our Saviour, healed all who came unto Him; even those who slipped up behind Him and touched the hem of His garment, received mercy and healing. He also commanded the twelve apostles and the seventy preachers he sent out, saying: "Into whatsoever city ye come, heal the sick that are therein and say unto them, 'The Kingdom of heaven has come nigh unto you.'"

We would then all kneel in prayer and plead our necessities, asking His help for doctors, nurses, and patients. We asked particularly that we might be able to devote the new strength which He should give us to living in such conformity to His laws that we would not again fall into disease.

The patients were then prescribed for one by one, in an adjoining room, and, in still

another department, they were given treatments.

In all this work, we endeavored to manifest the life of Christ toward His erring children. The spirit and purpose of the work were manifest to all and had a most grateful response from those who were benefited by it. Our schools filled up with pupils from the families of our patients and our church with hearers of the preached Word.

At the next anniversary of the nation's Independence Day, while the soldiers were awaiting the screams and the stones of the multitude, some one cried out instead, "Vivan el dispensario!"—"Long live the dispensary!"



L. B. SALMANS, M. D.

to this the masses heartily responded. Another cried out: "Vivan las excuelas evangelicas!"—"Long live the evangelical schools!"

This brought forth equally enthusiastic cheers, and then another ventured to cry out, "Vivan las protestantes!"—"Long live the protestants," and the air rang with the "vivas" of the multitude.

The people then broke down with laughter as they went chatting on their way, evidently

surprised at the transformation in their own opinions and feelings. For sixteen years they had screamed "Death to the protestants!" and now they cried "Long live the protestants!" without a single dissenting voice.

Hundreds of new members have since joined our church, hundreds of new students have matriculated in our schools, a hospital has been built without a dollar's aid from any missionary society. The first training school in the republic for nurses, in the modern sense of the word, has been established—two of our Mexican students, a gentleman and a lady, have graduated in medicine and surgery, and are now engaged in this work with us. It has become necessary to build a new, large, and commodious edifice for the girls' school, as we have had to rent as many as three buildings heretofore for this purpose. Self-support has grown in the most cheering way up into many thousands of dollars; and the best of all is that experimental religion—personal salvation from the domination of sin in our lives—has come into the knowledge of many, many sin-sick souls.

Up to the present time, eight physicians have joined us in our labors, and of these five are still on the field, in four cities. Several other denominations have also been cheered on by this success to undertake similar work in Mexico. They have spent more than a hundred thousand Mexican dollars, which they brought from the United States, in building splendid hospitals and establishing preaching dispensaries.

The end is not yet as at least two other denominations are thinking of undertaking similar work in that field.

HER HUSBAND WAS A DRUNKARD.

"I am so much interested in THE LIFE BOAT, that if I had the money, I would have hundred of them on the road all the time. My husband had been a drunkard for years, but after reading THE LIFE BOAT for a while, he gave it up and now his old neighbors hardly know him. He is clean and tidy, holds his head up and is some one in the world. It is my prayer that every copy that I or anyone else sends out will be read and that good will come out of it."

WHY DO WE NEED TO PRAY?*

J. H. KELLOGG, M. D.

When the young ravens cry for food, God hears them. (Psalms, 147:9.) If God hears the ravens, will he not hear you and me when we are in distress? The animals cry for food and God feeds them. Will he not feed you? Some say, What is the use of praying? If there are any people in the world who need to pray, they are those who are working to uplift humanity.

Once I was lost in the woods and almost gave up in despair. When I found I was going around in a circle, I became alarmed. I soon reached a place I had passed ten minutes before, and I supposed I had been going right away from it all the time. I did not need to be told that I was lost and that I did not know the way. When I finally saw a light in a distant window, no one needed to tell me to go there and inquire for the right road, as that was what I already wanted to do. That is the way one should feel when they pray. We are lost, and the Lord is the light in the window, and prayer the going to it to inquire the right way.

One day I was visiting at a man's house, and suddenly he said, "Let us pray." He did not seem to be in any particular trouble, and it appeared strange to me that he should want to pray just then, but he had no time for any further talk or gossip. He wanted to pray for some of the large boys in his Sabbath School class. He prayed very fervently for one particular boy, and as I listened to his prayer, it occurred to me that I had better pray for him also. His prayer put me in the right state of mind, and I am certain the following story would have never been told, had I not prayed at that time. This boy seemed doomed to be a life-long cripple. While I was praying, the thought flashed into my mind that the boy needed a peculiar sort of surgical operation, so I went to see him and found it so, and in a few months that boy was perfectly well. This is an illustration of one way that prayer helps us and others, too.

True prayer is an expression of our needs, and is an appeal that the soul makes to have that need satisfied. You cannot get down on your knees and persuade God to do

something that He knows is not best. Our attitude toward God in prayer puts us in a position where we can be helped. When a man is lost and asks you for the right road, you can see the happiness in his eyes as you point it out to him. He knows that he does not know the way and so he is ready to be told. He does not think that you are trying to deceive him, but he starts off immediately in the direction you have indicated and asks no more questions. That is the way we must come to God. This is the true way to pray: "We are lost, help us—show us the way." When a man comes to God in this way, he is as sure to be helped as God lives.

The great difficulty with us is, that we do not know when we are lost. We struggle on not thinking that we are lost. We flounder around in some quagmire of circumstance until we feel the slime beginning to go over our heads, and then we begin to call on the Lord. "Then they cried unto the Lord in their troubles and he saved them out of their distresses." Ps. 107:13.

"Fools because of their transgressions are afflicted." Ps. 107:17. Man is afflicted because he does foolish things. He is attacked with disease and then he turns to God in his trouble, but how much better it would be to daily look to God for guidance so that we could be preserved from all these troubles, which are sure to befall all those who wander out of the right road.

 WILL OTHERS IN THE ARMY DO
 LIKEWISE?

I will do all in my power to help establish THE LIFE BOAT in this post, and also in the surrounding country. I saw a copy of it on one of the officer's desks, and I read an article or two, and thought it was a blessed paper.

I am a soldier and have been one for almost two years. I will always be glad if you will remember me as one of the members of THE LIFE BOAT family, and I will try to forward THE LIFE BOAT cause.

I send a yearly subscription and also will send one or two of the other boys' names. I want a few copies to show to the boys on pay day.

* Extract from a talk to our Chicago workers, Dec. 8, 1903.

BE KIND.

LAURA C. BEE.

How little we know of each other
 In this uneven journey of life—
 Of the trials, the cares, and the heartaches—
 The inward and unending strife.

We look at the wave-beaten surface
 So cold and ungenial it seems,
 We care not to know that beneath it,
 There are gems of fair luster unseen.

We read not the heart that is bleeding.
 We know not the o'erburdened mind;
 But let us, our Master's steps heeding,
 In all things, to all men, be kind.

Be kind to the weary one, toiling,
 To the one who is thoughtless and gay;
 Be kind to the sinner, the fallen;
 Be kind, O be kind while you may

Perchance you may cheer on the weary,
 The thoughtless one help with a smile,
 The sinner needs—Oh so much—kindness.
 Then be kind, yés, be kind all the while.

IS IT WRONG TO DESIRE GREATNESS?

ALONZO T. JONES.

It is right to want to be great. It is inherent in every man and God does not condemn this ambition; he only condemns the wrong way of becoming great. The disciples contended *who* should be greatest and when they could not decide that they discussed *who* should be called greatest. (Luke 9:16.)

Finally, James and John decided that they were the ones, but they had not yet decided which one should sit on the right hand and which on the left. The other ten disciples were very much disturbed because these two had gotten in their application ahead of them; yet Christ did not say that they were wrong in wanting to be great. In every instance He showed them *how* to be great and only rebuked the *way* they chose to become great. Christ holds out greatness as one of the incentives for doing and keeping the commandments. (Matt 5:19.)

"Whoever will be great among you (He does not say it is wrong to be great) let him be your minister." "Whosoever will be chief among you, let him be your servant." Matt. 20:26-27. The aspiration to be great is not

of the devil, but the selfish *way* some try to satisfy this desire is of the devil.

The world's way is to wade through blood if necessary, so that thousands shall do obeisance to them, but whosoever will be great, let him go about it in the right way, and that is the way of service, the way of ministry. Whosoever would be greatest, let him do the *greatest* service. He who serves the most people, is the greatest person. There is no other way to true greatness; and this way affords no opportunity of becoming proud or vain. "By love serve one another, for all the law is fulfilled in one word, even in this; 'Thou shalt love thy neighbor as thyself.' Gal. 5:14. So loving service is the way to keep the ten commandments, and whosoever shall do and teach them shall be called "great"!

We must learn to think rightly on the subject of greatness, for almost the entire world is thinking wrongly on this subject. Why should they think wrongly on a subject that is right in itself? Does not this show that they are wrong headed? That is why the Lord gave us a revelation as to how to think on this subject. The carnal mind is enmity against God; such a mind cannot think right, that is why God says: "Let the unrighteous man forsake his thoughts," for God's thoughts are as much higher than ours as heaven is higher than the earth. (Isa. 55:7-9.)

THE LIFE BOAT IS ENTERING THE ARMY AND NAVY.

THE LIFE BOAT is rapidly finding its way not only into the military posts in this country, but even into the military camps in our remotest possessions. That so much has been accomplished in so short a time is due to the kind co-operation that has been given us from military officers of all ranks. In not a single instance have they written us a discouraging or disparaging word. We also appreciate the kindness of military Y. M. C. A. Secretaries, who have seconded our efforts in this direction.

Correspondence has now been opened up with the commanding officers of the various squadrons of the navy and the naval stations on the Atlantic and Pacific coast and we hope that the day is not far distant when every vessel of the United States Navy will

be liberally supplied with LIFE BOATS, whenever it is within reach of postal communications.

There is already abundant evidence to show that the men in the Army and Navy will appreciate THE LIFE BOAT just as much as the general public has. We hope that our readers will not fail to send us sufficient donations to enable us to supply all these openings. Many of those enlisted in the Army and Navy will subscribe for THE LIFE BOAT for themselves when they become acquainted with it, but it will still be necessary to send out thousands of free copies to reach those who have not yet become acquainted with its character and work.

PERSONAL WORK.

E. B. VAN DORN.

Superintendent Life Boat Mission.

First.—Essential Qualifications.

- a. A knowledge of Christ as your Savior. Job. 19:25-27.
- b. A love for souls. 1 Jno. 4:11, 20, 21.
- c. How to use your Bible. 2 Tim. 2:15.
- d. Baptism of the Holy Spirit. Acts 1:8.
- e. Look for opportunities. Eccl. 9:10.
- f. Be wise and win souls. Do not drive. Prov. 11:30.

I would ask all those who would be soul winners for Christ to study the fourth chapter of John, about Jesus and the woman of Samaria. Notice that he went where he knew that he would meet her. He planned for this opportunity and went a long way to accomplish it. We are to go to the high-ways and hedges to seek those that are lost. She did not feel friendly toward him, and did not speak to him, but he asked her for a drink, and this opened up an opportunity by which he quenched that thirst which had never been quenched before.

So you may have to approach men in reference to ordinary and common things of life, and through them, we may point them to the Lamb of God that taketh away the sin of the world.

Do not look for great things to do, but be willing to help single individuals to God, and your success with the multitude will be in proportion to your success with the individual. Christ sought the *one* lost sheep, and then he found the multitude, and they heard Him gladly.

A STUDY OF BIBLE CHARACTERS.

Before Joseph could be intrusted with a position where he could "bind his princes at his pleasure" (Psa. 105:22) it was necessary for God to allow him to pass through the experience of himself being bound that he might never have the desire to unjustly bind others. (Psa. 105:18.)

Joshua owed a large share of his success to the fact that he had such a splendid opportunity to associate for years in his youth with such a great man as Moses.

The pathetic experience of Moses teaches us the tremendous loss that comes from a failure to hear at all times the voice of God and to recognize His providences.

The unparalleled success that attended Gideon and his 300 men illustrates the possibilities that are wrapped up in a corps of workers who are entirely delivered from selfish ambition.

The life of Samson teaches us that one may possess giant mental and physical endowments and be permitted by God to make master strokes in the earth, and yet one insignificant besetting sin may ruin it all and thus make a total wreck in the end.

Saul's career, which began under such favorable circumstances, teaches clearly that a splendid position and unusual opportunities are no substitutes for a substantial character.

David's life exhibits unusual weaknesses combined with a rare willingness to recognize wrong when it was pointed out to him.

Jeremiah's life of unappreciated toil ought to teach us that the possession of a pure character does not necessarily confer an immunity from persecution.

Daniel's career is a splendid example of how noble devotion to right principles is rewarded.

Elijah found it easier to bring fire down from heaven than to brave the wrath of wicked Jezebel.

A study of the experience of John the Baptist gives us a glimpse of the relation that exists between abstemious habits of life, and the power to inspire and thrill the lives of others.

The life of Solomon shows us that a giant intellect is no safeguard from sin.

One unsubdued passion in the life of Judas finally ruined his talented life.

A DISPENSARY INCIDENT.

AMY R. HUMPHREY.

We print the following pathetic incident written by one of our senior medical students, because we believe it will make you more contented with your lot, and because you will get a glimpse of what a blessing the clothing is that you are sending us.—Editor.

A short time ago, we received a call to visit a sick woman on Halsted street. Arriving at the place, we found such a picture of poverty and woe as it has seldom been my lot to see.

One poorly ventilated room constituted the home for a family of four and only a board partition separated this family from their neighbors in the rear of the building. In one part of this room was a bed on which lay the sick mother, also near by was a cot on which was a little girl of five years and a baby of fifteen months. In the opposite side of this room was a table with a few dishes, while a smaller table in the corner did service as a sink.

A small stand by the mother's bed, an old chair and a rusty little cooking stove, completed the furniture of this home.

After relieving the wants of the mother, we learned something about the family. The father had been an invalid for several years from tubercular hip disease, and the mother was the only one to contribute to the family support.

If one can imagine how a woman can support her husband, herself and two children on the small amount she can earn by doing washings then it is easy enough to imagine what the condition would be when such means of support is cut off.

Little Annie, the five year old girl, was very much interested in a tiny doll and two little cheap toy chairs that some one had given her, the only toys she possessed.

The baby was as pretty and happy a little child as ever gave joy to a mother's heart. As she sat on the dirty floor with her filthy rags of clothing around her, my heart rose in revolt to think that such an innocent child should be forced to live in surroundings like these.

A few days later, I was sent for in haste, as the mother needed immediate attention. After several hours, she was left in compara-

tive comfort, the services performed having probably saved her life, and much future misery.

A day or two later the father came to the dispensary and had his hip examined. The condition was frightful. The whole hip was covered with ugly ulcers and fissures, resulting from the deep seated disease and lowered vitality of the whole body. The same day little Annie came to the dispensary to have a sore on her head treated. This came as a result of the head lice from which so many of these poor children suffer. After treating her, I got a bundle of clothing which was selected from among the articles that have been sent us, for we decided that if ever a child was needy, this one was. In fact her mother told us, she kept Annie in the house all the time because she hadn't anything to wear. A glance at the child was enough to convince anyone of the truth of this statement. I clothed the child in clean underclothing, a little partly worn brown blouse suit, and a warm brown hood found in a barrel of carefully prepared clothing which I am sure was sent by some kind hearted and careful mother.

The child's delight was something pleasing to see, as she danced back and forth before me. The next time I called, Annie met me at the door. I noticed that she had no dress on, so I inquired about it. Her mother told me she was keeping it for Sunday, as she was afraid Annie would get it dirty if she let her wear it all the time.

If this should be read by mothers who are in the habit of discarding the children's partly worn clothing, remember there is a wide field of usefulness for such articles in Chicago.

From our supply, we clothed the father of this family and also the baby, and sent two quilts to keep the mother warm while she was in bed.

The present situation is this: An invalid father, a mother unable to work for a while, two little children, fuel almost gone, the only food for the family is what the neighbors give them, and a landlord wanting to turn them out.

We have done as much as our limited means will allow and shall report the case to the Bureau of Charities.

This is only one of the many incidents which occur in the work done by our American Medical Missionary College Dispensary on Halsted street. We shall go on doing what we can to relieve the suffering about us, trusting God to prepare us for our opportunities, and to touch the hearts of those who have means to help us in this work.



Life Boat Mission



LIFE BOAT MISSION.

Attendance at meetings	2,582
Meetings held	498
Testimonies given	498
Hands raised for prayer.....	462
Missionary visits	5
Testaments given away	
Tracts given away	
Life Boats sold and given away.....	800
Pages of literature distributed.....	2,364
Lodgings given at 10c each.....	91
Penny meals	200
Garments given away	21

THANKSGIVING AT THE LIFE BOAT MISSION.

T. LEGG.

Thanksgiving was observed at the Life Boat Mission in a very appropriate manner.

The afternoon meeting grew from what was intended to be only a song service, into an earnest praise service. Here was repeated the sweet story that never grows old—redeeming love and boundless mercy to a sinful world. The interest became so intense, and all were so eager to speak a word of praise for the Master that it was difficult to bring the meeting to a close.

At the evening service, testimonies were given by some who had recently been in prison cells. The thought was emphasized that although we had not all been behind prison bars, yet each had been bound by fetters far more difficult to break—the bondage of sin.

A short musical program was rendered.

The following are a few of the many testimonies which were given:

“I am glad I am here on this Thanksgiving night. I am in different company than I was in a year ago tonight. I thank God I am here a free man tonight. Free from sin and from all desire to sin; out of prison and darkness.

“I remember one Thanksgiving day especially, when I was almost a boy. I was then in a New York penitentiary. There we were allowed a visit from our loved ones on holidays and as each name was called, we could see the faces of the prisoners light up as they would go forward to meet their friends. My mother had written me that she would send my little sister. It seemed to take a long time for them to reach my name, and I finally asked if there had not been some mistake. I was informed that I had broken the rules and should be punished by being denied the privilege of seeing my sister. I went to my cell, and thought my heart would break; but what is that to compare with the time when the last day shall come, and the Re-

WILL YOU BE ONE OF A HUNDRED?

The rent of The Life Boat Mission is one hundred dollars a month. Until three months ago, this entire amount was donated by one firm but now we are dependent entirely upon your donations. There is no one who has made an investment in the Life Boat Mission who will be sorry for it in the day of God. We want a hundred men and women to give a dollar each month for this purpose.

Several months ago we began to serve hygienic meals at The Life Boat Mission and God has added His blessing to this effort.

We are now installing treatment rooms in the basement, so that the sick can receive the necessary medical attention. This will be a very valuable feature; and it will probably be self-supporting when it is opened. But the electric light baths, sprays, massage tables, and other equipments require an immediate outlay. How many of our readers have a desire to have a share in this splendid effort for God and humanity?

The Life Boat Mission holds up an inspiring Gospel to discouraged souls and furnishes at little more than bare cost a wholesome meal for the body, and rational treatments for the afflicted. Is not this fulfilling the Master's command: “Heal the sick, preach the Gospel?”

Will those who cannot be one of the hundred to pay the rent send us in a donation to help us get these treatment rooms fully established?

ording Angel is there with the list, and we are waiting for our names to be called. God grant that no one present tonight shall be disappointed, 'When the roll is called up yonder,' and hear the words that they 'have broken the rules and must be punished.'" Another said:

"Nine months ago I was a debauched, depraved creature. But right in this blessed room, I was rocked in the cradle of salvation. I now have many friends; while a year ago I did not have a friend on earth, and did not expect to have any in heaven; but I am glad to know tonight that I am redeemed and kept by the power of God. I inherited an appetite for drink, and was a thief from the time I was fourteen years of age; but God saved even me. If I were not a saved man, I would be in a theater, or some place of amusement on this Thanksgiving night.

"Nine months ago, I sat in a back seat in this Mission, but I kept getting up a little further toward the front. I am in it for all there is in it. There is only one thing I need, and that is more of God's love and faith."

Another said: "I never was locked up, but I deserved to be. I have had severe trials and many struggles. I have had chains fastened about me until I could not help myself. My friends endeavored to break them, but they became so heavy that they dragged me down and down. I can scarcely remember when I did not like intoxicating drink; I was compelled to leave college on this account. I had positions given me, lucrative and responsible, but each and every one I either left or was compelled to leave on account of my habits. I made desperate efforts all this time to break these chains; I joined the order of Good Templars; signed pledge after pledge; three times took the Keeley cure. I took a trip to South America where white men had never been seen before, trying to break loose from habits which were dragging me down. When I came back, and landed in the city of New York, the first place I visited was a saloon. I finally drifted to Chicago just before the World's Fair and bought a saloon, engaging in that business until 1899, when I was compelled to sell it.

"Oftentimes in midwinter I would go out and make a little money, and would then come

and drink until the last dime was left, and finally, I would spend it for drink, and then go out and sleep in a wagon with the thermometer down to zero. My credit was gone, and I could not get another drink; so I went into a second hand place, and sold the shoes on my feet for 30 cents. *That is what rum will do;* but when I came into this Mission and heard these testimonies; heard men tell what God in His wonderful mercy had done for them; I thought if He had power to lift such men up perhaps he would listen to me and lift me up; but I did not know how to reach Him. I did not raise my hand for prayers, but after services were dismissed, I went to my lodging house and went to bed, but I did not stay there. I could not, for I was under conviction. God had stirred my heart. All night I tried to pray to God, but I did not know how to pray. I had never received any religious training at home. I cried to God: 'Take away this curse, and make me a *gentleman,*' but God did not do it: not until I learned to pray, 'God, be merciful to me a *sinner.*' It was then he heard my prayer and lifted me up. I have nothing of which to boast. My only desire is to go forward serving Him faithfully and meet you at last when He comes to make up His jewels."

FROM MILITARY CIRCLES.

The following extracts are from a few of the many letters I have received from various military officials, Post Chaplains, Army Y. M. C. A. Secretaries, relative to THE LIFE BOAT.—Editor.

I could use to advantage twenty-five copies of THE LIFE BOAT monthly—thanking you for your kind offer—from San Juan, Porto Rico.

I would recommend that fifty copies be sent for distribution to the Guard House and Hospital.

LIFE BOATS addressed to the above named libraries and company reading rooms will be distributed at once where the men can see them.

The General desires me to express his thanks for your praiseworthy intentions in this matter.

I am directed by the Commanding Officer to thank you for the copy of THE LIFE BOAT and to say that two copies can be used to advantage in this post.

I could place some copies of your paper each month where they would do good. We might begin with ten copies—I will watch results—get opinions and report if more are called for.

I shall be glad to add to the reading material for the detachment any copies of your paper that you may feel disposed to supply. I have read the copies which you sent me and found them both sensible and entertaining.

I thank you for your generous proposition. I could use to advantage a hundred copies of THE LIFE BOAT. Kindly send me what you can. I shall be glad to receive them and distribute them among the men, and assure you that they will be welcome.

I think copies could be used to good advantage in each of the two guard houses, and one in the post reading room, and one would be greatly appreciated by the sick in the hospital. Trusting that this request is not for more than you care to send—

We will be pleased to place in all the reading rooms of this post, copies of your excellent publication, also distribute them among the prisoners in the Guard House which we visit every Sunday afternoon. We have received several large packages of THE LIFE BOAT which we have distributed among the men, and will use any number that you may see fit to send.

I have received the one hundred and fifty copies of THE LIFE BOAT which you sent me, and have distributed them through the Barracks, Guard House and Hospital. I have no doubt that the reading which this paper contains will prove very helpful to the men and will be greatly blessed. I thank you for your kind interest in our work and for this helpful literature, and await the one hundred copies of the December number which I will distribute as soon as they are received. May the Lord richly bless all work of faith and labor of love.

"LIFE BOAT RELIGION."

NINA NEWELL CASE.

"Tell me how to be that kind of a Christian" earnestly pleaded a woman of one of our Life Boat workers. "It's all theory with me, I am a Christian, but I am not happy or having victories in my own life. Do you know I have just been longing to get some of THE LIFE BOAT religion ever since I bought one of you the first time. You looked so happy, and seemed so earnest. Tell me your experience, and what lead you into this work and how did you get hold of this experience?"

Another young man, a clerk in a bank, said as I handed him a LIFE BOAT, "I was afraid you were not coming this month, I am always glad to get the paper. It is so different from most reading. It seems as if it talked to me. It's the most inspiring thing I ever read."

THE LIFE BOAT goes with its pages filled full with the sweet, glad message of a complete salvation. A practical message of freedom from sin. It creates a longing and hungering for a better and happier experience and you know God has promised to satisfy every longing soul, and fill all those who "hunger and thirst after righteousness." Its business is to make people hungry for truth. It is hard work to feed a person who isn't hungry, but when once hunger is created, then it is hard work to keep him from eating. Our lives should be so pure and happy, that all whom we meet will be made to feel more keenly the emptiness of a selfish, sinful life.

THE LIFE BOAT is bringing many men and women to us seeking for truth. It reaches people we could never reach otherwise. It preaches sermons we could never preach and furnishes opportunities of doing personal work of which we never dreamed.

Try it, and you will find more opportunities opening up before you than you can fill.

Alice Richardson writes from Ola, Texas:

"We sold four hundred LIFE BOATS in three days, also five copies of Christ's Object Lessons, and a dozen copies of the Advocate of Christian Education."

Our friends in Genoa, Wis., are busy collecting and preparing clothing, quilts and other articles for THE LIFE BOAT Mission in Chicago.

Neighborhood Gospel Work

E. P. Augur, of Montreal, translates portions of THE LIFE BOAT for the use of the French W. C. T. U. in that city.

L. D. Santee writes: "I think the last three numbers of THE LIFE BOAT are just splendid. They are the best I have ever seen."

M. H. Sexton, of Barryton, Mich., sends several subscriptions and says, "I took these orders in about twenty minutes at a depot while waiting for a train."

T. E. Bowen, Rome, N. Y., writes: "I think it is an excellent idea to make an effort to get THE LIFE BOAT into the Army and Navy. The Lord found faithful servants in the old Roman Army. There was one very devout man in the Roman army to whom the Lord by special revelation sent Peter. Serving in the army will certainly not debar a man from being a soldier of Jesus Christ."

Mrs. B. D. Eckler, Reynolds, N. D., writes: Wood costs \$8.00 and coal \$15.00. So it taxes us poor people to keep warm and get enough to eat, but I would rather go without a few meals than to miss the visits of THE LIFE BOAT. Shall look forward with pleasure to the next year's visits.

Mrs. D. A. Eddy, of Castile, N. Y., sends us one dollar to help defray the expense of sending THE LIFE BOAT to the Army and Navy.

She writes that she earned this money by washing and she thanks the Lord that she had the strength to do it.

JOPLIN, Mo.

I received the Club of LIFE BOATS last week and two of the children went out yesterday evening after school and sold ten in a very short time.

Next month I think we will send for a large club.

MEDA KERR.

Arthur McClintock, Dunlap, Ia., writes:

"I sold about fifty LIFE BOATS on the business street here, and yesterday I made a trip to two towns near here and sold sixty more. I was afraid I could not sell THE LIFE BOAT where I was a stranger but I had good success, for which I praise the Lord. I expect to sell the remaining thirty five to-morrow."

You will never know until eternity the good the articles in THE LIFE BOAT are doing. Often when my spiritual temperature is low because of some discouraging experiences, I have picked up a copy containing some article that has put new life into me, and I want to do all I can to assist in the work that THE LIFE BOAT is doing.

H. C. MENKEL.

E. H. Huntley of St. Paul writes:

You will soon receive an order from us for a couple of hundred LIFE BOATS. We want them to use in the jail and workhouse, and for our children to sell. What are the best terms in lots of five hundred or more?

You will no doubt be pleased to learn that we are doing regular work in the jail and city workhouse.

WHAT IOWA DID FOR THE OCTOBER LIFE BOAT.

There have been ordered through the Iowa Tract Society, three thousand seven hundred and ninety-eight October LIFE BOATS, and they have recently sent in one hundred and eighty-two yearly subscriptions.

FIRST TRIAL.

Flagstaff, Ariz.

I must tell you of our good experience with THE LIFE BOATS. Our little boy had fine success. This is his first trial here. He went out with the twenty-five copies and in one and a half hours had them all sold. He wants the ribbon and more LIFE BOATS sent to him.

Your Sister in Christ.

TO MY DISCOURAGED AND DIS- HEARTENED SISTERS.

If you are discouraged; if life is a burden; if you feel lonely and that there is no one to help you in your hour of trouble; if you feel desperate and are even sometimes tempted to end your life, and God impresses you after reading this article to write to me, please do so. Do not hesitate because of timidity or fear of publicity. We will consider all such correspondence as confidential.

My dear sister, I feel deeply impressed that I must hold out to you this offer again, praying that God will use our correspondence to your good.

The Scriptures teach us that we should each be our brother's or our sister's keeper; and I am asking you to correspond with me simply because I desire to be a help and encouragement to as many people as God will give me the privilege of helping.

If you are impressed to write to me, do not delay.

Address the writer, Mrs. David Paulson, M. D., 28 33rd Place, Chicago, Ill.

"CAST THY BREAD UPON THE WATERS."

Mrs. Flora Plummer writes from Minneapolis, Minn., that she used some of her spare moments in selling the Temperance number of *THE LIFE BOAT*. She mentions one especially interesting experience. She offered one to a poor fellow who was under the influence of liquor.

He looked at her in surprise, and then said, "Lady, these are the first kind words I have heard for many a day." In response to a few questions, he said, "I used to have as bright prospects as any boy ever had, but I got to drinking and now I can't stop. I'm a disgrace to my folks." At mention of his mother, whom he said was living, the tears came into his eyes. He was told of the power the Saviour had to overcome his appetite for drink. He listened attentively, and finally promised to ask God for help to overcome. He was then on his way to take the train for Northern Minnesota, so no further talk was possible.

Mrs. Plummer has always taken a deep interest in *THE LIFE BOAT* and the movement which it represents.

BETTER THAN KITCHEN WORK.

A short time ago a young girl applied for an opportunity to work in our Sanitarium kitchen at ten dollars a month. There was no vacancy there, so we suggested that she try selling *LIFE BOATS*.

It was a new idea to her, but she tried it, and the first evening she earned a dollar. She has had splendid success ever since, and has gained a brighter Christian experience.

Are there not many young people all over our country who could do well selling *THE LIFE BOAT*?

A WORD TO THE YOUNG READERS OF THE LIFE BOAT.

If Christian young people do not have before them in their meetings, the consideration of some active missionary work, they will soon degenerate into either a sort of a mutual admiration society or else die out entirely. The missionary fire requires missionary fuel. "Where no wood is, there the fire goeth out." Prov. 26:20.

All should be encouraged to relate their missionary experiences, no matter how simple they may be. Supplement these by reading some live extracts from *THE LIFE BOAT*, and other missionary literature. Repeat from memory missionary Bible texts, but more important than all, devise an active missionary campaign for the neighborhood. Take copies of *THE LIFE BOAT* to the jails. If there are some poor, helpless people about, do some kindly act for them. If there is a drunkard in the community, have special seasons of prayer for him, and then begin to plan some means for helping him. You will be surprised at the results.

Study how to bring wayward young people under better influence without at first giving them any reason to suspect that this is your object. Become at least as interested and enthusiastic in charitable, philanthropic, health, and soul-saving work, as the average college student is over the success of the foot-ball team. No opportunities were ever so favorable as the present. Young people are inclined to fritter away precious time and golden opportunities that never can be recalled.

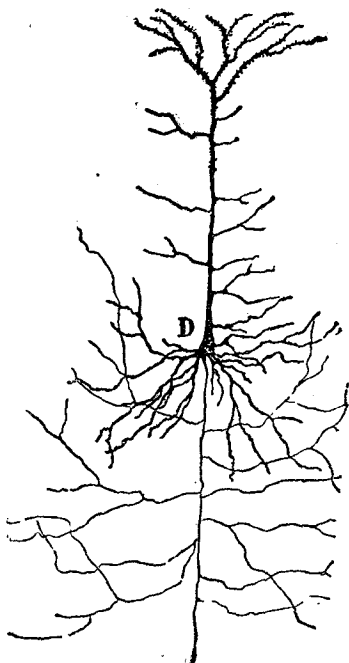
♣ Notice Our Premium Offers ♣

THE EFFECT OF ALCOHOL UPON THE NERVE CELLS.

Thousands of men are continually drinking liquor, little thinking of the destructive changes that it is producing in their bodies. The first cut represents a normal brain cell with its various branches and fine tendrils. The brain is made up of millions of these cells, and its activity demands that each fine branch of these nerve cells should be intact.

The other cut represents a nerve cell from the brain of a drunkard. Notice how the fine branches are beaded, and that some of them are shrivelled up.

This injury, which takes place in the nerve



HEALTHY NERVE CELL.

cells explains the changes that are readily observed in the drunkard's mind and disposition.

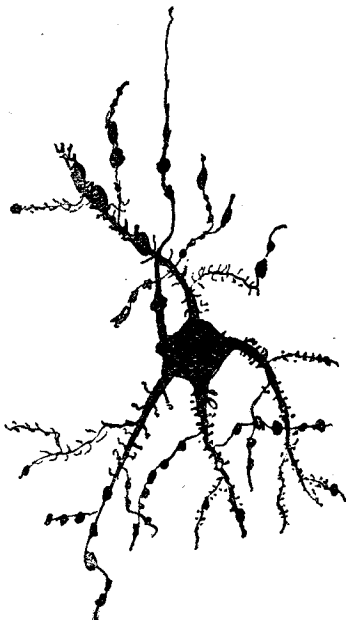
M. Allen Starr, the eminent nerve specialist, says:

"Without exception, the only reformed drunkards of whom I have had any knowledge are those who have been saved, not through medical, but religious influences.—*Quar. Journal of Inebriety* April, 1901, p. 160.

HOW TO START A NEIGHBORHOOD HEALTH CRUSADE.

No one is any longer considered either freaky or eccentric because he is interested in health subjects, for all the popular magazines devote considerable space to the consideration of health topics.

This is a golden opportunity to push the health question to the front. Send for ten copies of *The Good Health* at 5 cents each. Distribute them to ten different families, calling their attention to some especially interesting article, telling them that you will call again in a few days for the magazine. By that time, they will not only have read the article



A DRUNKARD'S NERVE CELL.

you mentioned, but many others. When you make your second call, if they do not wish to buy it, then loan it to some other neighbor.

In this way, with a few hours' work each month, you can bring health principles to the attention of many families, and in almost every instance, they will appreciate the effort; and some will subscribe for *Good Health*. Many of those who have not been, will become interested each month.

Why not adopt this simple plan for propagating health principles in your community? Address *Good Health*, Battle Creek, Mich.

Rescue Service

"THE PERSONAL TOUCH MUST BE CLOSELY APPLIED."

FANNIE EMMEL.

Matron Life Boat Rest.

A year ago Dr. Colloran and Miss Smith cared for a girl who was sick, and they did all they could for her, and earnestly invited her to come to The Life Boat Rest and begin to live a good, true life. She was not quite willing to make a complete surrender, although she appreciated the physical and spiritual help that they had given her.

Time passed on and Miss Smith kept in touch with her, visiting her as often as possible, and constantly trying to inspire her to a better life. A few weeks ago as we were assembled at worship in our sitting room, the door bell rang, and this woman came in. Her first words were: "Miss Emmel, I want to come in, I have made up my mind that I must lead a different life. Will you let me come in and keep me until I can go home?" She was invited in, and made one of our family. We told her that we would not be able to keep her very long as our accommodations were so limited and the calls were so numerous, but she was glad to come, and we did all we could to make her comfortable. She was in a terrible condition physically, as she was a total wreck from the use of morphine, cigarettes and liquor, and if she had not forsaken her old life, she could not possibly have lived much longer.

She placed herself entirely in our hands, and gave us the address of a widow, whom she thought would be willing to help her.

We wrote the lady telling her all about the girl's condition, and of her determination to lead a better life, and in a short time we received a reply, saying she was willing to take the poor girl into her home, and do what she could for her.

We arranged for her transportation and Miss Smith put her on board the train, and sent her on her way rejoicing, and we thanked God for this opportunity of snatching another poor girl from the awful pit of despair and eternal death.

DOES IT PAY?

MARY F. SMITH.

Life Boat Rest.

Nearly every day we hear the same old story, "It did not pay." "We worked for the devil, he promised to pay, but he did not." We know he is a liar from the beginning, and that he does pay and his wages is *death*.

I was talking with a girl in the jail a few days ago, who had served the devil for a long time. I asked her if she had had a good time. She replied, "No, nothing but sorrow and trouble all the while, and if it were not for the future world I should want to die."

Last Sunday we met a young girl who had never wilfully lived a wicked life, yet she had never given her heart to God. She was in a cell without comfort or friends—only a few hours with bad company and this the result. It pays to serve God! He gives us peace and happiness in this world and eternal life in the world to come.

A woman while relating her experiences, told me how she had hoped to gain riches and friends by doing wrong when young; now she is old, having served Satan for years, and, as she said, money, health and friends, and everything that we hold dear in this world is gone, "all because she trusted in Satan instead of God."

LIFE BOAT REST FOR GIRLS.

Public meetings held.....	40
Aggregate attendance at meetings.....	150
Pages printed matter distributed.....	4,000
Scriptures distributed	10
Articles clothing distributed	50
Calls made	
Medical services rendered	40
Treatments	66
Free baths	63
Free lodgings	50
Free meals	126
Positions secured	2
Number received from police.....	
Number admitted to rest.....	5
Number in Maternity ward.....	
Number in hospital	
Number professing conversion.....	28
Requests for prayer.....	35
Girls returned home.....	2

PRISONERS' DEPARTMENT

ANOTHER PRISONERS' NUMBER OF THE LIFE BOAT.

The prisoners' issue of "The Life Boat" last spring was so signally blessed by God that we feel convinced we should issue another prisoners' number next April. We shall print an edition of at least 125,000; thirty-two pages in size. We shall send it not only to all the state prisons, but shall also seek to enlist the interests of every sheriff and jailor to place it in every jail and county prison in this country.

If all the readers of "The Life Boat" could have had our opportunity to meet splendid men who had become soundly converted as the result of "The Life Boat" prison campaign, they would all join us in helping to make this effort next April even a greater success for the Master than the former issue. How much will you donate toward this great Missionary effort?

DONATIONS FROM A PRISONER.

The following is a letter from a prisoner who in some way succeeded in earning a few pennies each day. His heart has been touched by the work that is being done in Chicago and he wishes to help it. There are plenty of men behind the bars whose hearts respond quickly to the Gospel message:

MICHIGAN CITY, IND.

DEAR FRIENDS:

I see by your little LIFE BOAT that you are friends to every one and I hope you are to me. It is not because I am in prison that I write you this letter, no, it is because I need a friend; yes, a kind word to me from some one in the outside world. I did have a friend or two, but I think they have forgotten me. If I had known as much when I was out as I do now I would have written to you then and asked you to be my friend.

My mother died when I was two years old, and my father when I was twelve, so you see I have had a hard time of it. May I ask you if you will pray for me that I may be

a better man and live near to the Lord Jesus and do right.

They are all good to us here if we try to do right. You can see that I do well, for at my work I make thirty cents a day and I take our LIFE BOAT and love to read it. It does me so much good. I know I am in prison, but, my dear friends, I will send you from twenty-five to thirty cents a month to help those poor girls and the sick, too. If I was out and knew what I do now, I would send you more. But as it is I will do all I can. What I send you I know will go to them that are in need of home and bread. And I know the Lord will hold a warm place in my heart for so doing. I cannot write so good, but I hope that you can read it all right. My prayer is, May God be with you in our good work.

WHO WILL HELP THE ATLANTA PRISON?

I send for one dollar's worth of LIFE BOATS, then sell some, and give the rest to the prisoners, but I do not have half enough. There are two hundred and forty prisoners in jail here, and then we have the stockade; also the chain gang, and the Federal prison, where there are over two hundred and fifty prisoners, but with my meager means the few I reach is but a drop in the bucket to what ought to be done.

Can you not tell the needs of the Atlanta, Georgia, prisoners through THE LIFE BOAT so that people who have means and have not so many prisoners in other places as we have here, can help some? I have worked very hard to keep THE LIFE BOAT work up, and I have to work for my living besides, but I have received many blessings in selling and giving away THE LIFE BOAT. I always give them to the very poor people. I wish I could do more.

MRS. C. WELLEFORD.

(We shall donate fifty copies for this prison work each month. We know the Lord will move some one to pay for them.—EDITOR.)

A LETTER FROM A PRISONER IN ALABAMA.

It is with a feeling of deep gratitude that I tender the thanks of myself and companions for your generous gift of *THE LIFE BOAT*.

I love to read the letters of my fellow-prisoners in the different States.

It is a source of great comfort to me, to know through the medium of *THE LIFE BOAT*, that I have comrades in other prisons, who, like myself, have enlisted under the blood-stained banner of Jesus Christ.

My heart goes out to them, for I know what kind of a struggle they have, and I would say, "Courage, lads, 'twill not be long, ere you shall chant the victor's song."

It will be encouraging for you to know that as men who are wrecked on the rocks of sin, in the awful storm of life, we hail the appearance of *THE LIFE BOAT*, with feelings of joy and gratitude.

mission among other men in here. Of the "Anti-Cigarette Number," I ordered through our chaplain, twenty copies, and distributed these the best I knew how; and I have heard that one man decided to stop smoking cigarettes after reading that number. The using of tobacco is an inveterate habit among the far greater number of men here, and it is a hard thing to convince them of its folly. But, thanks to God, victories are won; truth shall prevail, and the good shall conquer. Oh, may God through His spirit, help me and all His children to separate from all wrong, to abstain from every form of evil, wholly and uncompromisingly. I also ask you to send me some extra copies. I will pay you for these when I renew my subscription, and then I will also send you \$1.00 to help your work.

That is the way I have decided to spend my tobacco money.

Pray for me.

Respectfully, your humble servant,

EARNING MONEY FOR PRISONERS' FUND.

Bessie Sidler writes the following in reference to *THE LIFE BOAT* work among her pupils:

"I received your letter concerning December number and read it before the children. They decided that together they could sell fifty. We have decided to use the surplus money coming from the sale of *THE LIFE BOATS* for the purpose of getting a club of *THE LIFE BOATS* into the State Prison. The children are all enthusiastic over the plan. I am sure the Lord is blessing the work."

HOW A PRISONER SPENDS HIS TOBACCO MONEY.

I am a subscriber to *THE LIFE BOAT*. I have lately finished reading the November number, and I like the paper very much, and I know it is a power for good in reclaiming the lost, raising up the fallen, and establishing and strengthening the weak.

It is my desire to aid in advancing this work what little I can. After I have read my *LIFE BOAT*, I generally send it forth on its

DO YOU WISH TO CORRESPOND WITH SOME ONE?

Why do so many write us they are without friends when Christ is every man's Friend and Savior? He is a friend that "sticketh closer than a brother." We are always glad to hear from those who are confined in prisons, and shall be glad to answer any letters we may receive. We will also send *THE LIFE BOAT* regularly to those prisoners who are not able to pay for them; but feel that they would receive a real benefit from reading the helping and inspiring things that are found in its pages.

We are also in correspondence with many good men on the outside who will gladly extend a helping hand to some prisoner at the expiration of his sentence. Does your sentence expire soon? Do you honestly want to make a man of yourself? When you are released are you willing to work on a farm for some good Christian family? We shall be glad to hear from you and will be glad to write a personal letter to every one of you. Address David Paulson, 28 33rd Place, Chicago.



PHYSICAL REDEMPTION



"THIS PLACE HAS CHANGED HANDS."

After a business has been conducted in such a manner that the entire neighborhood considers it a wretched failure, if some new parties come to take control of it, they sometimes find it to their advantage to hang out a new and conspicuous sign, bearing the words: "THIS PLACE HAS CHANGED HANDS," or "UNDER NEW MANAGEMENT."

Dear Reader, can you truthfully say of yourself: "This body has changed hands?" It is no longer under the old management of sin, selfishness, the tobacco habit, glut-



tony or sensuality, but under a "new," even a Divine management. Instead of being in the hands of Satan, you have now "changed hands," and behold all things have become new. If you have never thought seriously of changing managers, do so at once. The One who desires to be the new manager is standing at the door, knocking, anxious to come in and take charge of your affairs. Will you let Him in?

We will be glad to correspond with anyone who has any difficulty in "changing hands," and thereby coming under "New management."

MUST GOD DWELL IN A DEFILED TEMPLE?

God dwells in your body and presides over every function. If you use tobacco or are addicted to any other evil habit, you are compelling God to dwell in a defiled temple. If you are yielding yourself to Him, seeking Him with your whole heart, He is cleansing your bodily temple, even as He cleansed the temple of old.

"Whether therefore ye eat or drink or whatsoever ye do: do all to the glory of God." 1 Cor. 10:31.

THE POSSIBILITIES OF LIGHT.

Sunlight is a wonderful power. Without it there would be no life. It is only within the last few years that we have begun to discover the wonderful possibilities there are in light for curing disease.

Several years ago, Dr. Finsen, of Copenhagen, found that, by directing the electric arc light in a certain way to the skin for a considerable length of time each day, in a short time some of the most desperate and incurable forms of skin disease were readily cured.

There has recently been added to the equipment of our Chicago work one of these remarkable instruments.

Some of the most obstinate skin disorders yield rapidly to this treatment. How grateful we should be that God has enabled man to discover the remarkable curative properties of light, at this time when it is so much needed.

GOD USED IT TO SAVE A DRUNKARD.

While in Nebraska a lady told us an encouraging experience in reference to **THE LIFE BOAT**. She said that she sent in several names of drunkards to whom the August **LIFE BOAT** was to be sent. One of these who received it had been a drunkard all his life and had a family of several children. He was a very bright man when he was not under the influence of liquor. After reading **THE LIFE BOAT** he immediately determined not to drink any more. Since then he has not drunk any liquor and he is living a straight-forward life and is taking care of his family.

UNNECESSARY FUNERALS.

Fifty thousand of our most promising youth annually lose their lives by typhoid fever. This means that at least half a million have the disease each year and yet it may be prevented almost as easily as frost bite. It is impossible for any individual to contract it unless he swallows either contaminated food or water. As the typhoid fever germs are readily destroyed by heat, the only precaution that is necessary is to boil every particle of food or drink, when there is any reason to suspect typhoid fever contamination. At such times, it is equally important to avoid washing in unboiled water, fruit or vegetables, which are served without cooking.

The fact that many who are exposed do not contract the disease, shows the importance of building up vital resistance. For this purpose nothing is so effective as daily cold baths followed by vigorous friction sufficient to bring on a good reaction. The best physicians now use cold baths in the treatment of fever, and what will cure the disease after it has set in, will certainly cure it before it begins.

The most effective way to treat a typhoid fever patient is to wrap him in a sheet that has been wrung out of water at 75 degrees, then wrap several dry blankets around him for a few minutes until the sheet is warmed, then wrap him in another cold sheet, and repeat this, until the temperature has been reduced to about 101—then apply over the entire abdomen, a cold compress which should be changed as often as it becomes heated. Before the temperature again rises to 103, the cold sheet treatment should be repeated.

Another effective method is to put the patient in a bath at a comfortable temperature, then cool it, so that in twenty minutes it will be down to 80 or even 75 degrees. Meanwhile one or two attendants should rub the patient every moment. This should be continued until the temperature is brought down to 101 and repeated as often as it rises to 103. This kind of a bath is now used in all the great hospitals of Europe, and is used in the best hospitals of this country; and it has undoubtedly saved thousands of lives.

The diet should consist of fruits, fruit juices and gruels made from Granose Bis-cuit or gluten, and no harm will result from

using small quantities of zwieback, softened in fruit juice.

When patients are treated in this way, they rarely become delirious and are not likely to have the dangerous symptoms which are so commonly seen.

There is scarcely a community that does not have some deaths from typhoid fever each season. This has prompted us to devote this brief space to its consideration.

For the benefit of those who wish to satisfy themselves whether their water supply is contaminated or not with typhoid germs, we would suggest that they send us by express a quart of the water, securely packed to avoid breakage, and then write us a letter instructing us that it has been sent; giving your name and address and enclosing one dollar to pay the charges, and we will have a thorough analysis made.

Considerable expense may be saved if several persons in the same community will send us samples packed in the same box.

FROM A GRATEFUL PATIENT.

Last spring a gentleman came to our hospital ward suffering from paralysis in arms and legs. It proved to be a curable case, and in a couple of months he went home, profoundly grateful.

We quote the following from a letter recently received from him, which shows his interest in THE LIFE BOAT, and our hospital work:

"I have secured six LIFE BOAT subscribers and all are well pleased. One of them came into my store one night while I was reading my LIFE BOAT, and I asked him how he liked it. He said it was the best paper he ever saw; that he had lived a tough life when he was a boy, but now by a power above, he was living a better life. I told him that there was also a change in my life and that I thought it a noble thing for anyone to live a pure and good life.

Words cannot express how happy I feel. When I left the hospital I weighed 132 pounds, now I weigh 146. I am still living on a hygienic diet. I am doing all in my power to interest people in your good work by selling them THE LIFE BOAT.

W. M. CULVER.



Children's Department



CHRISTMAS AMONG THE SLUM CHILDREN.

L. L.

The Life Boat Mission Sunday School teachers decided to have a Christmas tree for the little folks. So through THE LIFE BOAT we asked for money for our slum waifs. Little children all over this country sent in their pennies and with these and some money solicited from Chicago friends, we bought popcorn, candy and little presents enough for all who might avail themselves of this privilege.

Two weeks before Christmas the children at Sunday School were told that there would be a Christmas tree and they were all invited, as well as their brothers, sisters and little playmates.

In the meantime the presents and apples were left at the Mission and the popcorn and candy were taken to the Life Boat Rest. Dr. J. H. Kellogg kindly gave us forty-eight pounds of Sanitas food candy. A leading merchant of Chicago gave us the tree.

Tuesday night, before Christmas, some of the Sunday School workers gathered at the "Rest" and filled the little stockings with popcorn and candy. Early Wednesday morning we went to the Mission, strung corn and cranberries, decorated the tree, arranged the presents, and by two o'clock all was ready.

All day long eager eyes were peering in at the windows, anxiously awaiting the time when they might enter. At one o'clock they began to gather at the mission door. Poor, dirty little waifs, many of them were there with only thin cotton dresses and with little tattered scarfs tied across their ears. No cloak, no mittens, and some without even a covering for their heads. Such longing glances as went to that Christmas tree!

One gentleman acted as doorkeeper, while other workers superintended the seating. At last, when all were in, there were seated about one hundred and twenty in all.

Such a babble of voices, as the superintendent of the Sunday School appeared on the platform near the tree; it seemed as

though all were trying to talk at one time—"O see, teacher, what yer goin' ter give us?" "Am I goin' to git one?" "I want one of them handkerchiefs." "Give me a mouth organ." "Oh, teacher, teacher," etc.

A short program was then given, consisting of several gospel songs, and such enthusiastic singing ne'er was heard outside of a Mission Sunday School.

Three little girls sang Luther's Cradle Hymn, Little Lorena Van Dorn recited "The Somewhere Land." Dr. David Paulson gave a short talk, telling the children where this money came from and why we were giving them this treat. Dr. J. Edgar Colloran then talked with them a few minutes, telling of his experiences when a boy and of the need of prayer in their daily life. The children eagerly listened to this very interesting talk.

The presents consisted of handkerchiefs, mittens, stockings, and useful articles. Each child received a present, and a little bag of popcorn and candy and an apple.

Children of all nations and tongues were present; among them were six little Chinese children. Among the little ones present were two little girls, sisters of little Tommy, of whom you read in the December LIFE BOAT. These little girls were made supremely happy by their presents, and after the others had gone, they were given something for each member of their family.

During the exercises two teachers tried to manage a "gang" of about a dozen newsboys from Plymouth Place. By some tact and patience they were won over and as long as the leader was kept in good humor the others obeyed him. When they got too noisy, he or the two larger boys who seemed to be his special friends, would turn to the others saying: "Sit down or I'll knock you down."

One teacher took two or three little girls home, and when they reached the poor substitute for a home, one little girl dashed upstairs, never stopping to thank the teacher or say "Good Bye," but rushed in exclaiming, "Oh, I've got a doll." She was made per-

fectly happy by the gift of a small doll and sack of popcorn and candy! Think of it, children, are you not glad you sent in your pennies for this glad time? This day, no doubt, was the happiest day of their lives.

How I wish you could have been here; it would certainly have been a bright spot in your Christmas joys. After all, it is these little things that make life worth living. Try to picture this Christmas gathering in your mind and I am sure you will the better appreciate your many blessings.

to eat or drink those things which are destructive to their health.

Most of our great men and women laid the foundation for their greatness in their childhood. Almost one-half of the children born in the world die before they are five years old, and half of those who live, soon begin a career of life-long invalidism.

May God bless the boys and girls, who, like Daniel, resolve in their childhood to be genuine reformers.



YOUNG REFORMERS.

Several years ago, we had the pleasure of giving some talks on the Gospel of Health, in San Jose, Calif. After one of these, two four-year-old twin sisters said in their childish way that they would only eat those things which were wholesome and good.

We secured a photograph of these two youthful reformers and we present it to THE LIFE BOAT readers, with the hope that it may encourage many other children to refuse

A boy writes: "I have received the November LIFE BOAT. It cheered my heart. I was a little discouraged at the time but such an influence goes with THE LIFE BOAT, that it cheers one up. My two brothers and myself have decided to take fifty copies of the next number."

WHAT A NINE-YEAR-OLD GIRL DID.

I am a little girl nine years old. I like to sell LIFE BOATS. I sold about seventy cents worth in one day. I canvassed for LIFE BOATS when I was about six years old. To-day I send you three new orders. I am going to church school, but will try to get more orders.

VESTA D. AVERY.

A LITTLE MISSIONARY TO THE MEN IN BLUE.

THE LIFE BOATS came all right, and the first day we could go out, I went and stayed where I could see that everything was all right and let my little daughter go out among the old soldiers on the street, and in less than one hour she had sold every copy.

I send you forty-five cents of that money, for which please send me some more, as we want her to have a chance to try again, and if she has success, we will send for more next time. I believe she will easily sell fifty here among the two thousand soldiers, when she gets better acquainted and has more experience.

Our little Eunice was a picture of earnestness, as she told the "men in blue" that the little paper would tell them of Jesus, and how they could get rid of any bad habits.

Editorial Department

David Paulson, M. D.

LAUNCH THE LIFE BOAT.



Your friends and neighbors have just as much right to get acquainted with "The Life Boat" as you have. God permitted it to fall into your hands.

If you love the soul of your neighbor and want to have your skirts clear of his blood in the day of judgment,

why not adopt this plan?

Send us their names and addresses and a two-cent stamp for each. That will take much less money than many men who are no richer than yourself are using for tobacco and other harmful and useless things.

Then we will send a copy of "The Life Boat" and a letter to each, calling their attention to it, telling them that one of our representatives will call on them in a few days to solicit their subscription. We want the one who sends in the names to make this call and these will be easy visits to make, for they will be expecting some one to come. We will write and tell you when we send the papers, so that you will know when to visit them.

You will never know what a great blessing there is in trying to do some good for others until you have done this. Don't put this off until tomorrow. Go work in my vineyard TODAY.

IMPORTANT NOTICE TO YOUNG PEOPLE.

We want to secure immediately the names and addresses of all the young people who are earnestly desiring to live a life of genuine usefulness. Write at once telling us whether you are a Christian or not, what education you have had, what you are doing at present, what are your real aims and purposes in life. Enclose stamps for we shall write to you.

HAVE YOU NOTICED OUR PREMIUM LIST?

Our readers are asked to notice the splendid premiums which are offered on the third and fourth cover pages. All of our premiums are purchased from the most reliable firms in the city, and they will be sure to please you.

THE LAST NUMBER OF THE LIFE BOAT.

The orders for the December LIFE BOAT poured in at such a rate that THE LIFE BOAT office force had to be increased in order to properly supply the unusual demand. We trust that the Lord will abundantly bless the seed that has been sown in human hearts by this issue of THE LIFE BOAT.

WE WANT A HUNDRED YOUNG PEOPLE FOR CHICAGO.

As soon as the severe winter weather is over a hundred young people can earn a good support by selling LIFE BOATS in Chicago. Young ladies are more successful in this than young men, but both classes can find a useful field of labor in this work. Begin at once to plan for this and open up correspondence with us.

Address, The Editor of THE LIFE BOAT, 28 33rd place, Chicago.

LOOK AFTER YOUR FRIEND'S SUBSCRIPTION.

See that your friend does not allow his subscription to expire. This is a busy world, and somebody is certain to be so busy now that they may not be saved by and by, so it is not surprising that some people forget to renew their subscriptions to this magazine, which God is using to do so much good in the world.

Have you friends whose subscription is about to expire? Just a word from you may be all that is necessary to persuade them to renew, and that may mean additional stars in your crown. Will you speak the word?

A HAPPY NEW YEAR.

Do not let the words: "A Happy New Year," be simply a beautiful sentiment or an empty phrase. If you have gone through the past year with bowed head, covering the altar with your tears, mourning for your sins and shortcomings, do not imagine for a moment that you have been pleasing the Lord by so doing. He has plenty of encouraging experiences to give you if you are willing to accept them at His hand. Study the cheering, helpful promises that there are in the Bible; begin to make life pleasanter for some one else and you will be surprised at the glow of happiness that will come into your own life.

If you cannot find the way we will gladly aid you by personal correspondence.

DO NOT LET YOUR SUBSCRIPTION EXPIRE.

Several thousand subscriptions expire at this time of the year: When you read this, send us a quarter, whether your subscription has expired or not and we will extend your subscription for a year from the date of expiration. It is so easy to forget such a small sum as twenty-five cents, but do not let your subscription expire! We do not want to lose a single one of our large family.

"The Life Boat" will be better during the coming year than ever before. If you feel that you cannot afford to renew your subscription, go out and get five of your neighbors to subscribe and we will send you "The Life Boat," free for one year.

HOW TO TALK TO A LARGE AUDIENCE.

Have you sometimes dared to think that the Lord would ever use your voice to reach the ears of an audience of five or ten thousand people? Perhaps you may never secure such an opportunity, but if you have helpful, interesting and encouraging missionary experiences; or if God has given you some inspiring truths, you can sit down and write them out and send them to us. If they are then printed in THE LIFE BOAT, they will be read by more than a hundred thousand people. Is it worth while? We cannot promise to print everything that is sent in, but we often make good use of even that which we do not print by forwarding it to some one else.

THE CHICAGO MEDICAL MISSIONARY TRAINING SCHOOL.

If the Lord has called you to medical missionary work there is no place on earth that affords such unparalleled opportunities for training and experience as the Chicago Medical Missionary Training School. For further information address the Secretary, Dr. Mamie W. Paulson. 28 33rd Place, Chicago.

DO YOU WANT A POCKET-BOOK?

We have on hand a liberal supply of the most valuable pocket-books that you have ever seen. They are the books Matthew, Mark, Luke, John, Acts or Romans, just the size that fits the vest pocket. *We will furnish any one of them for one new subscriber to THE LIFE BOAT.* Prices in quantity will be quoted on application. They make splendid presents.

HOW YOU CAN HELP US REACH THE PEOPLE OF CHICAGO.

One of the best ways of teaching important truths concerning the human body is by means of the magic lantern or stereopticon. We can have duplicates made from Dr. J. H. Kellogg's magnificent collection to use for this purpose. The actual expense will be only \$25.00 or \$30.00, but it will wonderfully enlarge our field of usefulness here in Chicago.

Who will help us to give lectures on the Gospel of Health in Chicago?

WHAT DO YOU DO WITH YOUR CAST OFF CLOTHING?

Barrels of clothing are being sent in to us by thoughtful friends, who regard this as a better plan than selling them for a few pennies to the rag man, but those of you who have not been stirred upon this question, will you not read Miss Humphrey's article in this LIFE BOAT, entitled "A Dispensary Incident." Then take it around and read it to your neighbors, and then gather up a lot of clothing, especially women's and children's. See that it is reasonably clean and mended and then send it by prepaid freight to THE LIFE BOAT, 28 33rd Place, Chicago, and write us a letter telling us that it has been sent. When it reaches us and is distributed, we will try to write you about it.

APPRECIATIVE WORDS FROM A NOTED MEDICAL MISSIONARY.

Dr. Salmans was the first medical missionary to enter Mexico. Seventeen years ago, he was sent there as an evangelical missionary, by the Methodist Board. After several years of almost fruitless efforts in trying to reach the Mexicans with the preaching of the Gospel, he began to take up medical missionary work as described in his interesting article in this issue. With it, he sent the following appreciative words in reference to THE LIFE BOAT.

Who will send us a donation to enable us to send THE LIFE BOAT each month to cheer and encourage the hearts of hundreds of faithful missionaries, who are working in many of the dark corners of the earth? They would appreciate it just as much as Dr. Salmans.

GUANAJUATO, MEXICO.

My Dear Doctor Paulson:

So great has been the inspiration that has come to me from month to month in reading the many touching scenes depicted in your LIFE BOAT that I cannot resist telling you how much cheer and comfort it has brought me in my hours of fatigue and discouragement, while struggling with the many and varied trials of our work, so like your own.

If your paper affects others as it does me, of which I have no doubt, it will bring forth its scores and hundreds of efforts of evangelism similar to your own in the great and needy cities of our beloved home-land.

Your loving brother in Christ,

LEVI B. SALMANS, M. D.

AN INTERESTING BOOK.

Our readers have from time to time read helpful articles from the pen of Col. H. H. Hadley. He has recently written a book, "The Blue Badge of Courage," which sets forth the story of his wonderful conversion and relates many interesting experiences connected with his extensive mission work in New York city, also his recovery at the Battle Creek sanitarium, and his experiences in the extensive temperance movement which he has organized.

The price of the book is \$1.25. Arrangements have been made with the publishers whereby we can furnish two yearly subscriptions of THE LIFE BOAT and the book for the price of the book alone. Send us two new yearly subscriptions and seventy-five cents additional and we will mail you a copy of this book.

OUR NEEDS THIS MONTH.

More men and women to give a dollar a month to pay the rent of the Life Boat Mission.

Help to maintain several free beds in our hospital wards, for especially distressing cases among the most needy poor.

Liberal donations to assist in completing treatment rooms in the Life Boat Mission.

Help to support our visiting nurses' work.

Donations for the purpose of making duplicates of Dr. Kellogg's stereopticon slides for Gospel of Health lecture work in Chicago.

Donations to place The Life Boat in the hands of the military men in this country and our remote possessions.

Help to defray the running expenses of the Life Boat Rest.

Clothing and useful articles to distribute among the sad cases among the needy poor.

Dear reader, do not glance over this list thoughtlessly. Ask God how much He means for you to do.

LIFE BOAT RIBBONS.

We have a neat, blue ribbon on which is printed in plain gilt letters the words: "Life Boat Crew," and beneath the words is a gilt anchor. This is worn by many of our workers when they are selling LIFE BOATS in the cities. It identifies them at a glance.

Price ten cents. We will furnish one free with every order for twenty-five or more LIFE BOATS.

The Youths Instructor prospectus for 1903 is out. There is every indication that it will continue to be the coming year as it has in the past, one of the most wholesome and helpful and instructive of all the papers published for young people. Price 75 cents a year. Address Youths Instructor, Battle Creek, Mich.

Various health journals have come and gone, but the Good Health Magazine has been as a light shining in a dark place on the great subject of physical health for a quarter of a century. If you are not taking the Good Health, you do not know what you are missing. Price, \$1.00 per year. Address, Good Health Publishing Co., Battle Creek, Mich.

NEWS AND NOTES.

Mrs. Ruthven has returned to assist in teaching in our Nurses' Training School.

Lucy Winegar has gone to Battle Creek for a vacation.

THE LIFE BOAT'S mailing department has outgrown its old quarters and moved into a larger office, at 3545 Vincennes avenue.

Dr. Kellogg spent a few days with us assisting in laying plans for the enlargement of the Sanitarium work in Chicago.

Dr. J. Edgar Colloran has recently connected with the Life Boat Mission and is assisting in opening up the Dispensary there.

Mr. S. J. Hoyt has recently taken the position of office clerk at the Branch Sanitarium. Lillie Holaday has accepted a position in THE LIFE BOAT office.

Miss Maud Ellingson, one of the St. Helena, Cal., nurses, has spent a few weeks in connection with the Chicago work.

Mrs. H. N. Garthofner has been called to her home in Wisconsin, on account of the illness of her father.

Selma Dahl has been appointed head nurse in our hospital.

Mrs. Carrie Clough has returned to her home in Minneapolis.

Dr. Levi B. Salmans of Mexico, recently visited our Chicago Sanitarium and was very much interested in the different departments or our city mission work.

Our Chicago Medical Missionary Training School has recently filled calls for nurses in Huron, S. Dak.; South Haven, Mich.; Milwaukee, and Kenosha, Wis., and Kankakee, Ill.

A gentleman in a commercial college in an adjoining state bought a copy of THE LIFE BOAT, and after reading it he decided to come to our hospital for treatment for the tobacco habit.

Have you seen the Bible Training School? If not, you will find it an excellent investment to send a stamp for a sample copy to The Bible Training School, 363 Grand avenue, Brooklyn, L. I.

The indications of the depressing effects of alcohol are very numerous. It is well recognized now that troops do more sustained work without alcohol than with its use. —Dr. C. A. Herter, Bellevue Medical School.

Our Directory.

American Medical Missionary College, 2 and 4 33rd Place.

Chicago Branch Sanitarium, 28 33rd Place.

Chicago Medical Mission, 2 and 4 33rd Place.

Workingmen's Home, 1339 State Street.

Life Boat Mission, 436 State Street.

Life Boat Rest for girls, 425 S. Clark Street.

American Medical Missionary Dispensary, 3558 Halsted Street.

Hygeia Dining Rooms, 5759 Drexel Avenue.

Life Boat Mission Dining Room, 436 State Street.

Life Boat Mission Health Food Store, 436 State Street.

Life Boat Mission Dispensary, 436 State Street.

Chicago Medical Mission Health Food Store, 3314 Cottage Grove Avenue.

HOSPITAL REPORT.

November 1 to November 30.

Treatments given, 3,000; office treatments, 315; surgical operations, 15; operations in eye, ear, nose and throat, 5; department, 14; admitted to wards, 17; outside calls, 150; gospel services held, wards, 17; outside calls, 150; gospel services held.

HALSTED STREET DISPENSARY.

Garments given, 87; consultations, 284; operations, 7; office treatments, 221; bath treatments, 289; outside calls, 217; gospel meetings held, 7.

WORKINGMEN'S HOME REPORT.

Penny lunches served, 16,678; lodgings given, 6,126; used free laundry, 2,810.

PRISONERS' FUND.

An aged sister, \$1.00; Mrs. Abbotsen, 25 cents; J. F. Archabald, \$1.75; M. Allen, 25 cents; Mrs. A. H. Anderson, 25 cents; Miss F. E. Bossert, 25 cents; R. Bell, \$1.00; Rosena Brouson, 20 cents; Mrs. and Mr. Barnhart, \$2.00; Mrs. Della Baley, 25 cents; Miss Francis Bowen, 25 cents; S. W. Burkhardt, 40 cents; Davis Barton, 60 cents; Mrs. Addie Cockrell, \$2.00; E. L. Castill, 50 cents; Lucy J. Carter, 25 cents; E. L. Castle, 50 cents; Per. J. Edgar Colloran, \$2.00; Mrs. J. H. Dobson, 25 cents; Myrtle A. Desbro, 25 cents; A friend, 50 cents; Mrs. J. L. Goodman, 50 cents; G. H. Heald, \$4.75; M. W. Hall, 25 cents; Ida Enialie Hansen, 6 cents; W. F. Hamilton, 20 cents; Mrs. Laura Hyatt, 50 cents; Mrs. Rose Hill, 75 cents; Mrs. Millie Holtz and children, 25 cents; Mrs. J. P. Jaspersen, \$1.50; Sever Jacobson, 59 cents; Mrs. J. M. Laramouth, 20 cents; Loup City Church, 90 cents; Mrs. Mae G. Land, 30 cents; Per S. D. A. Mission Board, 50 cents; Mrs. Sarah Mosler, 25 cents; Mary H. Moore, 25 cents; A mother, 75 cents; Edgar Nelson, 25 cents; Thomas Nystat, \$2.00; O. J. Olsen, \$4.50; J. H. Powell, \$1.00; Lillian A. Porter, 25 cents; Christaine Peterson, 50 cents; Rosa Pinkham, 25 cents; Mrs. Dave Stockdale, 25 cents; G. G. Strait, 25 cents; Mrs. L. S. Sheare, 50 cents; Mrs. Della Swartz, \$1.00; Harry Shalley, 50 cents; Carl Svenson, 75 cents; Mrs. A. J. Thompson, \$1.75; Mrs. S. Troutman, \$1.00; Laura Ullery, \$3.98; Olop Welandner, 25 cents; Mrs. M. L. Wilber, 50 cents; Flora Wickline, 25 cents; Naomi Wells, 75 cents; Earnest Weaver, 25 cents; Mrs. S. M. Whitlock, \$1.00.

LIFE BOAT MISSION.

Margaret Anderson, \$1.00; Carl Anderson, \$1.00; Mr. and Mrs. Barnhart, \$2.50; Johnson Buckley, \$1.00; Battle San. Helpers, \$10.00; A. W. Bumrell, \$5.00; Robinson Barker, \$2.00; Davis Barton, \$1.00; Mrs. Croford, \$50.00; Frank and Vina Clark, \$4.00; Wm. Christopher, \$1.00; Jay W. Cummings, \$1.00; Harry S. Carter, \$1.00; John Dirksen,

\$12.00; George Dirksen, \$1.00; A friend, 50 cents; Mrs. Morris Fitch, 50 cents; Joseph W. Forbs, \$2.20; Alexandria (Ia.) Sunday School, 65 cents; Mrs. J. Garrison, 25 cents; E. E. Gardner; \$1.00; Mrs. Lottie Hennessey, \$1.00; E. P. Henry, \$1.00; Mrs. Carrie Johnson, \$2.00; N. P. Johnson and wife, \$12.00; Sever Jacobson, \$3.07; Claud Law, \$1.00; Henry Loomis, \$1.00; James Minisee, \$1.00; Per Misslon Board, 25 cents; D. W. C. McNett, \$12.00; J. W. McBride, \$3.00; O. J. Olson, \$10.00; G. A. Petrick, \$1.00; Albert Shaver, \$1.00; P. C. Shockey, \$2.00; V. Sell and wife, \$4.00; Henry Tim, \$4.00; W. A. Tisdale, \$3.00; May VanDoren, \$2.00; Mrs. M. A. Wilber, 12 cents; J. M. Whitney, \$5.00; Mrs. Carolina Wolforth, 50 cents; Alma Wolforth, 50 cents.

C. W. Smouse of Mount Pleasant, Iowa, who has carried on a number of missionary enterprises for the benefit of mission fields, now feels impressed to offer the profits on one hundred rolls of beautiful scripture mottoes, (\$100.00) for THE LIFE BOAT work.

Will you not volunteer to sell a roll consisting of one dozen mottoes at once, and let the profits of one dollar be applied to THE LIFE BOAT work?

Write immediately for full particulars.

C. W. SMOUSE,
Mt. Pleasant, Iowa.

Washing Made Easy.

The old fashioned way of washing clothes makes Monday a day dreaded by all housewives. Why continue this drudgery?

The Champion Washing Tablets

Are a wonderful invention far ahead of the washboard and washing machines. They will remove the dirt without rubbing; contain no acid. Warranted not to injure the hands or the most delicate materials and guaranteed to do the washing better, cleaner, cheaper, and quicker than any other preparation in the market.

The saving in Clothes, Time, Fuel, Money, Labor and Health, more than pay for their cost.

Send ten cents for samples and prove the truthfulness of the above statements.

I have a good proposition to make to Agents.

Address **W. L. SIMS,**
Redding, Calif.

General and Local Agents wanted everywhere.

BOOKKEEPING AT HOME!!

Complete course only \$5 00. Write for particulars to
Fireside Accounting Institute,
Battle Creek, Mich.

In every home ought to be a copy of
"The Song of the Angels." Send your address and 12 cents to OTTO LUNDELL, Room 770, 324 Dearborn St., Chicago, Ill.

ANY agent to succeed needs an article that every home uses—one that sells on its own merits. We have this in our "Perfection Folding Ironing Board" 4½-feet long, 15 inches wide.

One agent sold seventeen in one day.

They will sell well and have been a winner from the start.

Name your territory and send in One Dollar for complete Board and outfit.

Address:

THE J. T. BRACE NOVELTY WORKS.
EAGLE, MICH., U. S. A.

The Best of Everything



THE through train service of the Chicago & North-Western Railway from Chicago to Omaha, Denver and the Pacific Coast on the west, the Black Hills and Dakotas to the northwest and to Milwaukee, Madison, St. Paul, Minneapolis and Duluth on the north, is as nearly perfect as modern and skillful management can make it.

The Overland Limited, a magnificent electric-lighted train, less than three days Chicago to San Francisco, daily.

The Colorado Special, only two nights to Denver from the Atlantic seaboard. Solid train Chicago to Denver.

The North-Western Limited, an electric lighted daily train between Chicago, St. Paul and Minneapolis.

H. R. McCULLOUGH,
3d Vice-President,

W. B. KNISREEM,
Passenger Traffic Manager,
CHICAGO, ILL.

We Want to Double the Circulation of

The Life Boat

THE BEST OFFER EVER MADE.—For fifty new subscribers we offer Dr. J. H. Kellogg's greatest work—**THE HOME HAND BOOK**, 1650 pages. Considering the low price of **THE LIFE BOAT**, this is a great premium offer.




For forty new subscribers we offer "**THE JUPITER**" GUITAR, standard size. Dark Mahogany finish back and sides, hand polished, spruce top; fancy colored wood inlaying around sound hole, edge inlaid with fancy colored woods and bound with celluloid, neck Mahogany finish, finger-board with pearl position dots, nickel-plated patent head, metal tail piece, nickel-plated, strung with steel strings. **Price, \$7.00.** Express charges extra.

For fifteen new subscribers we will furnish the most practical cook book ever published, "**EVERY DAY DISHES**," by Mrs. E. E. Kellogg.

For ten new subscribers we will furnish you the **MAGIC POCKET VAPORIZER** the most effective means yet devised for applying healing remedies in catarrhal affections of the nose, throat, and lungs. This is one of our best offers.

For five subscribers we offer a child's set, consisting of a knife, fork and spoon, and a small pair of scissors.

For five new subscribers we will give a year's subscription to **THE LIFE BOAT**.

For one new subscriber we will send the vest pocket edition of either one of the **GOSPELS**, or book of **ACTS** or **ROMANS**. They will please you. 

For one new subscriber we will send the booklet, "**MY FIRST DRINK AND MY LAST**," by S. H. Hadley, Supt. of Jerry McAuley Mission, New York.

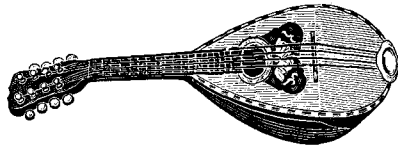
Or "**THE MIRACLE OF MY CONVERSION**," by Col. H. H. Hadley.

Or both for two new subscribers.

Unparalleled Premium Offers



For fifty new subscribers we offer a seven-jeweled, gold-filled watch, ten-year guarantee case, beautiful design, with famous Seth Thomas movement. We will furnish the same style in coin silver hunting case.



For forty new subscribers we offer "The Jupiter" Mandolin. Ribs, dark Mahogany finish with black inlaying between, broad fancy colored wood inlaying around sound-hole and edge, celluloid bound, high varnish finish, spruce top, Mahogany finish neck, rosewood finger-board and tortoise celluloid guard plate, pearl position dots, nick G F Knapp Nickel shell pattern tail-piece. Price, \$7.00. Express charges extra.

For twenty-five new subscribers we offer a beautiful set of sterling silver-plated knives and forks.

For fifteen new subscribers we offer a first-class gold-pointed fountain pen.

For ten new subscribers we offer a handsome set of nut picks and cracker.

For five new subscribers, a complete, stamping outfit, consisting of complete alphabets, numerals, etc., of rubber type. It will be found useful for marking linen, printing cards, etc. Something all children will appreciate.