

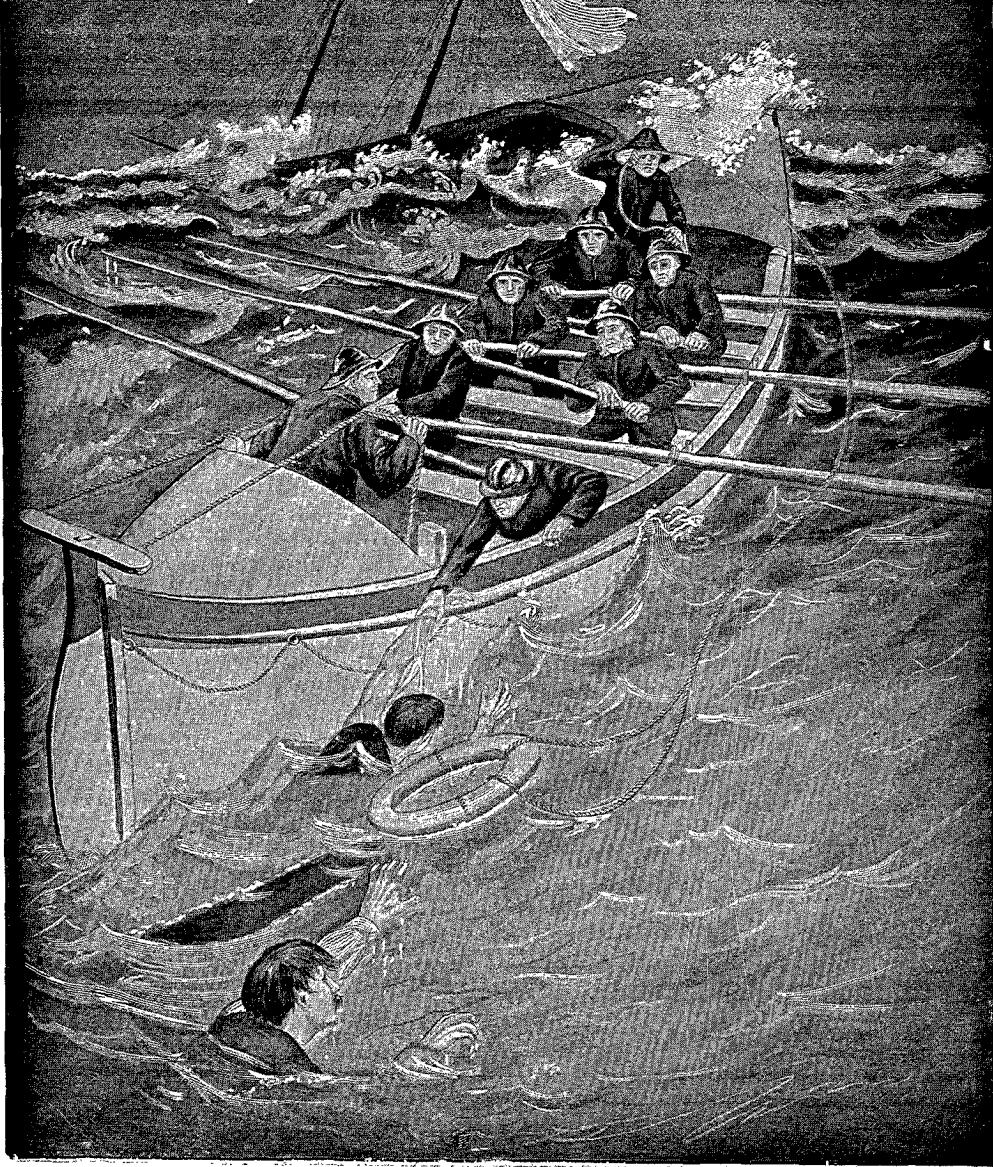
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THE LIFE BOAT



Don't Anchor this Life Boat to a Shelf

Have You An Invisible Partner?

Volume Seven
Number Eleven

436 State St., Chicago

November, 1904

"The Book of Books"



A GROUP OF OUR CHICAGO MEDICAL MISSIONARY WORKERS.

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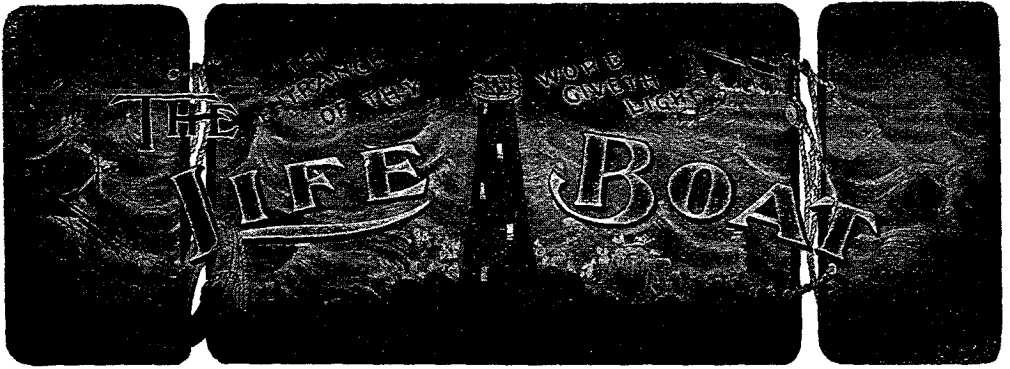
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**An Illustrated Monthly Journal Devoted to Charitable, Philanthropic,
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Volume VII

CHICAGO :: NOVEMBER, 1904

Number 11

THE LIFE BOAT.

Yearly subscription 35c

In clubs of five or more to one
name and address.....25c

Ten cents additional to foreign countries.

Address all orders and business communi-
cations to **THE LIFE BOAT**, Hinsdale, Ill.

IT COSTS SO LITTLE.

NINA MAE BAERLE.

How little it costs, if we give it a thought,
To make nappy some heart each day;
Just one kind word or a cheering smile
As we go on our daily way.

Perchance a look will suffice to clear
The cloud from a neighbor's face;
And the clasp of a hand in sympathy
May make tears to a smile give place.

It costs so little, I wonder why
We rarely give it a thought—
A smile, a kind word, a look, a touch—
What blessings by these are brought!

THE BOOK OF BOOKS.

MRS. E. G. WHITE.

All would pronounce the Bible the most inter-
esting book they ever perused if their imagi-
nation had not become perverted by exciting
stories of a fictitious character.

If we study the Word of God with inter-
est, and pray to understand it, new beauties
will be seen in every line. God will reveal
precious truths so clearly that the mind will

derive sincere pleasure and have a continual
feast as its comforting and sublime truths are
unfolded.

To the diligent Bible student new light,
new ideas, new gems of truth will constantly
appear and be eagerly grasped, for it is impos-
sible for any mind to comprehend all the rich-
ness and greatness of even one promise of
God. One catches the glory of one point of
view, another the beauty and grace from some
other point, and the soul is filled with heav-
enly light.

After the first acquaintance with the Bible
the interest of the earnest seeker grows rap-
idly. The discipline gained by a regular study
of the Word of God enables him to see a
freshness and beauty in truth that he never
before discerned.

The Bible may be studied as a branch of
human science would be; but its beauty, the
evidence of its power to save souls that be-
lieve, is a lesson that is never thus learned.
It is a leaf from the tree of life, and by
eating it, by receiving it into our minds, we
grow strong to do the will of God.

Those who bring to the investigation of the
Word a spirit of which it does not approve,
will take away from the search a spirit which
it has not imparted. We should take up the
study of God's Word with humble hearts. All
selfishness, all love of originality should be
laid aside. Long-cherished opinions must not
be regarded as infallible.

Those who study the Bible simply to find texts to prove their theory or vindicate their opinion will not be enlightened by the spirit of God. Not through controversy and discussion is the soul enlightened. We must look and live. We must search the scriptures in order to receive life for the soul.

When the heart is brought into harmony with the Word, a new life will spring up within, a new light will shine upon every line of the Word, and it will become the voice of God to the soul. Then the truth of God's Word will be regarded with new interest, and will be explored as if it were a revelation just from the courts above. Every declaration of inspiration concerning Christ will take hold of the inmost soul of those who love Him. Envy, jealousy, and evil surmising will cease. The Bible will be regarded as a charter from heaven. Its study will absorb the mind, and its truths will feast the soul.

Several times each day precious, golden moments should be consecrated to prayer and the study of the scriptures, if it is only to commit a text to memory, that spiritual life may exist in the soul. We should take one verse and concentrate the mind on the task of ascertaining the thought which God has put in that verse for us until it becomes our own, and we know "what saith the Lord."

The mind must be restrained and not allowed to wander. It should be trained to dwell upon the scriptures; even whole chapters may be committed to memory, to be repeated when Satan comes in with his temptations. Even while you are walking the streets you may read a passage, and meditate upon it, thus fixing it in your mind, and God will flash the knowledge obtained into the memory at the very time when it is needed.

We should open the scriptures with reverence, and never allow one expression of lightness and trifling to escape our lips when quoting scripture. As we take the Bible into our hands let us remember that we are on holy ground.

There is little benefit derived from hasty reading of the scriptures. One may read the whole Bible through and yet fail to see its beauty or comprehend its deep hidden meaning. One passage studied until its sig-

nificance is clear to the mind, and its relation to the plan of salvation is evident, is of more value than the perusal of many chapters with no definite purpose in view and no positive instruction gained.

If Christians would earnestly search the scriptures more hearts would burn with the vivid truths therein revealed. Their hopes would brighten with the precious promises strewn like pearls all through the sacred writings. In contemplating the history of the patriarchs, the prophets, the men who loved and feared God and walked with Him, hearts will glow with the spirit which animated these worthies. As the mind dwells upon the virtue and piety of holy men of old, the spirit which inspired them will kindle a flame of love and holy fervor in the hearts of those who would be like them in character, and as they gather the golden truths from the Word, the heavenly instructor is close by their side.

In the Word is wisdom, poetry, history, biography and the most profound philosophy. Here is a study that quickens the mind into a vigorous and healthy life, and awakens it to the highest exercise. Studied and obeyed, the Word of God would give to the world men of stronger and more active intellect than will the closest application to all the subjects which human philosophy embraces: It would give men of strength and solidity of character, of keen perception and sound judgment—men who would be an honor to God and a blessing to the world, for it enlarges the mind, expands, elevates and endows it with new vigor, by bringing its faculties in contact with stupendous truths.

Even unconsciously we imitate that with which we are familiar. By having a knowledge of Christ—His words, His habits and His lessons of instruction—we instinctively borrow the virtues of the character we have so closely studied and become imbued with the spirit which we have so much admired.

THE LIFE BOAT IN FAR AWAY NEW ZEALAND:

[From a personal letter from Dr. Eric Caro of Napier, N. Z., we quote the following extracts. Are there not others nearer home who will set aside a few hours each week to similar soul-winning work? Begin at once

and you will receive a blessing in so doing that you are not at present enjoying. Ed.]

For many months my mother and I have been using a club of seventy-two LIFE BOATS. Now I wish to enlarge it to one hundred and eight. Perhaps you would be interested to know what we do with them each month. The gentleman who holds service in our local prison every Sunday morning takes twelve papers a month for distribution among the men. My mother conducts the service with the women when any are there and always leaves them LIFE BOATS. I visit the Old Men's Home once a week with LIFE BOATS and Signs, and the north bound steamers twice a week. These steamers are in port until eight p. m., so I have time to visit them after office hours. My wife usually visits the south bound steamers which remain in port only during the morning hours.

THE LIFE BOATS are read with interest not only by passengers but also the sailors. The latter now look out for me each time they are here and always enquire anxiously and eagerly for THE LIFE BOAT. Some of our Young People's Society members sell a few at odd times, so your little paper is being scattered in this part of God's harvest field and I trust and pray that God will water this seed sown so that many a soul shall be won for our Saviour. The results we shall not know until our Saviour comes. Our duty is to sow.

A CURE FOR THE BLUES.

JOHN F. MORSE, M. D.

If you find yourself feeling unappreciative, ungrateful or gloomy just go and do something for some one who is worse off than you are. You will find that a sure cure for your trouble. While I have endeavored to appreciate the many blessings I have enjoyed, yet this principle was brought more clearly to my mind by my recent experience in connection with the Chicago work. I found that it is true of nearly all our workers who go there. If they were dissatisfied with what they had, thinking that their surroundings were not good enough for them, a few weeks' contact with the indescribable misery, sorrow and woe of the thousands in Chicago's submerged districts will cause their former blessings to seem so sweet and beautiful to them that they will hardly know how to express it.

One of the brightest experiences in my life was the three months that I spent in connection with the Halsted Street Dispensary the early part of this summer. It was worth all my efforts and it was ample reward for the

sleepless nights spent in taking long trips across the wretched parts of the city, to see how deeply these poor people appreciated my feeble efforts to help them.

In my experience I never met a person who did not show appreciation at once to some degree when something was done for them, and as their hearts enlarged their appreciation increased. The never to be forgotten parts of my experience were the opportunities that this medical work opened for me to speak a comforting word and tell a poor suffering soul some simple Bible truth. What confident joy would shine out of eyes that never read the sacred Word! The only Christianity that they knew was that which was manifested by their professedly Christian employers and came to them second or third hand and altogether too often pitifully deformed.

Our Dispensary is located in the heart of the stockyards district. The air is continually loaded with foul stockyard odors, and it seems as though the spiritual atmosphere is as densely contaminated with sin. As I would enter the Dispensary in the morning there would be a number of people waiting and as I looked into their faces I was surprised to see how many there were who looked hungry for something higher, better and brighter. It would have done your heart good to see how quickly their starved souls responded to what we had to give them.

A TRIBUTE TO THE BIBLE.

THEODORE ROOSEVELT.



Almost every man who has by his life-work added to the sum of human achievement of which the race is proud, of which our people are proud, almost every such man has based his life-work largely upon the teachings of the Bible. Sometimes it has been done unconsciously, more often consciously; and among

the very greatest men a disproportionately large number have been diligent and close students of the Bible at first hand.

Lincoln—sad, patient, kindly Lincoln, who, after bearing upon his weary shoulders for four years a greater burden than that borne by any other man of the nineteenth century, laid down his life for the people whom living

he had served so well—built up his entire reading upon his early study of the Bible. He mastered it so that he became almost “a man of one book,” who knew that book and who instinctively put into practice what he had been taught therein; and he left his life as part of the crowning work of the century that has just passed. It is an admirable thing, to have a sound body. It is an even better thing to have a sound mind. But infinitely better than either is it to have that, for the lack of which neither sound mind nor a sound body can atone, character. Character is in the long run the decisive factor in the life of individuals and of nations alike.

Sometimes, in rightly putting the stress that we do upon intelligence, we forget the fact that there is something that counts more. It is a good thing to be clever, to be able and smart; but it is a better thing to have the qualities that find their expression in the Decalogue and the Golden Rule.

The immense moral influence of the Bible, though of course infinitely the most important, is not the only power it has for good. In addition there is the unceasing influence it exerts on the side of good taste, of good literature, of proper sense of proportion, of simple and straightforward writing and thinking.

This is not a small matter in an age when there is a tendency to read much that even if not actually harmful on moral grounds is yet injurious because it represents slipshod, slovenly thought and work, not the kind of serious thought, of serious expression, which we like to see in anything that goes into the fiber of our character.

If we read the Bible aright, we read a book which teaches us to go forth and do the work of the Lord; to do the work of the Lord in the world as we find it; to try to make things better in this world, even if only a little better, because we have lived in it. That kind of work can be done only by the man who is neither a weakling nor a coward; by the man who in the fullest sense of the word is a true Christian, like Great Heart, Bunyan's hero. We plead for a closer and wider and deeper study of the Bible, so that our people may be in fact as well as in theory “doers of the word and not hearers only.”

[Extracts from an address to the Long Island Bible Society June 11, 1901; published in *THE LIFE BOAT* by special permission.]

Do you want a beautiful Oxford pocket Bible absolutely free? Read the third page of the cover.

PREJUDICE.

Someone has said that prejudice is like a cork in a bottle, as it will allow nothing to come in and nothing to get out. Have you ever stopped to consider to what extent you are afflicted by prejudice?

VOICES FROM THE ANCIENT RUINS.

DAVID PAULSON, M. D.

Just at a time when Bible critics were beginning to make thousands of people believe that the Old Testament narratives are practically pious myths, on a par with nursery tales, the explorer's spade began to unearth thousands of tablets, bricks and cylinders from the ancient ruins of Egypt, Babylon, and Nineveh, written all over with a mysterious language which was, after years of patient toil, perfectly deciphered, and then, lo and behold, they furnished the most absolute corroborative proof of the truthfulness of the Bible records.

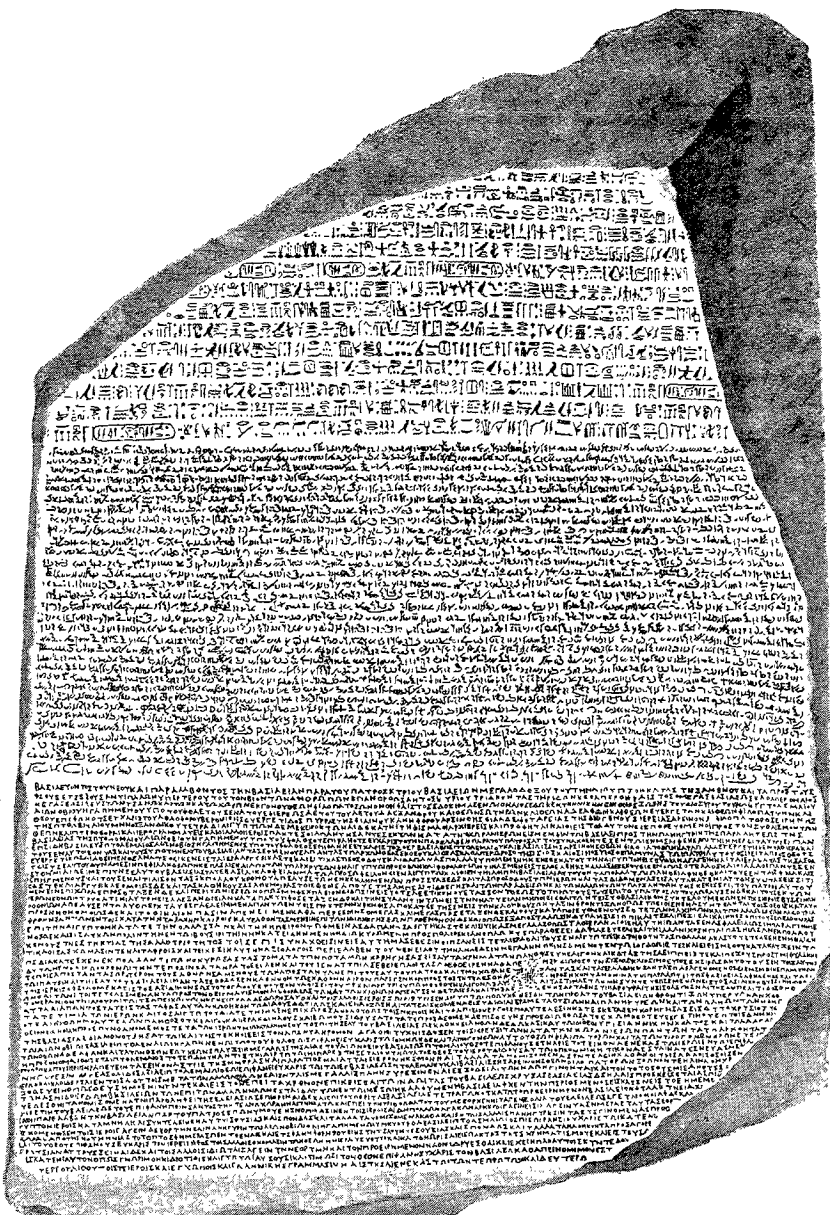
Prof. Price, of the University of Chicago, in speaking of the tenth chapter of Genesis, says: “Of this formerly mysterious list of proper names the inscriptions verify the accuracy of more than thirty by indicating both places and people.”

A hundred years ago scientific critics maintained that the oldest authentic history we possessed was Greek history, and that Greek civilization was the oldest on earth; so the Bible history of a high state of civilization dating back several thousand years earlier, was received with derision, but now there have been unearthed from Egyptian ruins inscriptions almost without number that clearly reveal the fact that there lived in the valley of the Nile a people possessing a remarkable knowledge of arts and sciences, and enjoying the highest state of civilization even generations before Israel served there as slaves.

In 1887 there were discovered some 300 tablets which proved to be international letters or dispatches between two Egyptian kings and various other rulers in Asia concerning political conditions, social relations, and various propositions, similar to what diplomats would issue to-day, but these were written four thousand years ago.

Prof. Price writes, in his book, “Monuments and the Bible”: “In this mass of material we are finding not only new evidences of the greatness of the old civilization of the Nile valley, but also testimony to the accuracy of the records and hints of the Old Testament regarding the character of the ancient Egyptians.”

Dr. Bartlett, ex-president of Dartmouth College, writes that there are traditions of the flood found in no less than eighty-seven widely scattered tribes or races. Forty-seven of these were found on the American continent all the way from the land of the Eskimo to Brazil. There are tablets in the British museum dug up in Nineveh written four thousand years ago whose inscriptions bear striking resemblance to the Bible accounts of the flood. The traditions and tablets all agree with reference to the following essential facts: That a wicked world was destroyed, and that only one righteous family was saved in the ark or boat together with the animals and



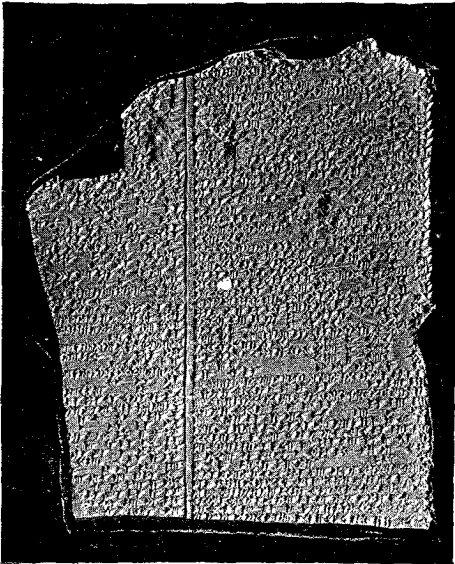
From "Monuments and the Old Testament."
 THE ROSETTA STONE.

A French engineer accompanying Napoleon in his campaign into Egypt in 1799 discovered a black granite about three feet and a half high and a little over two feet wide and eleven inches thick. The top of the block was written in Egyptian hieroglyphics, while the middle was written in another ancient but now unknown language, while the lower part was written in readable Greek. This treasure was finally secured for the British museum, where it now can be seen by the public. It was at once assumed that the three different writings all told the same story. By spending nearly a lifetime of patient study scholars have finally succeeded in reading these strange characters. This enabled them at once to read the unknown language that was written all over the various obelisks and on the tablets that are being unearthed from the old Egyptian ruins, and which have confirmed in such a marvelous way various Bible accounts that were before regarded by many critics as pious myths.

that the ark finally rested on a mountain and birds were sent out and an altar was built.

Deletzsch, in his lecture to the German kaiser and court, calls attention to the story of the deluge upon the Nineveh tablets, the last part of which reads: "On the seventh day I brought out a dove and released it. The dove flew hither and thither, but as there was no resting place it returned again." Then later a swallow was released and returned again, and finally a raven was sent out which did not return to the ship, etc."

All the ancient civilized nations have left behind inscriptions calling attention to some of the great events mentioned in the Bible. In



NINEVEH DELUGE TABLET.

From "Monuments and the Old Testament."

the book, "The Monuments and the Old Testament," the author says: "Their common elements point to a time when the human race occupied a common home and held a common faith." The early races of men, wherever they wandered, took with them those primeval traditions, and with the varying latitudes and climes their habits and modes of life have carried these and present them to us today in their different dresses. One ancient religion did not borrow these universal traditions from another, but each possessed primitively these traditions in their original form. A careful examination of all these traditions shows that the Genesis record is the purest, the least colored extravagances and the nearest to what we must conceive to have been the original form of these traditions."

It is worth a trip to Europe to visit the British museum and see thousands of these

original tablets and read the English translation describing Sennacherib's invasion of the land of Judah and his war with Hezekiah, or to read the verification of and supplement to the Bible accounts of Ahab, Jehu Omri, Hoshea, etc. Here Cyrus comes forward and tells in detail his side of the story of the taking of Babylon. The Bible pictures Nebuchadnezzar as saying: "Is not this great Babylon that I have built?" and nine out of ten of the bricks taken out of its ruins to-day have his name stamped upon them.

PROPHECY AN EVIDENCE OF THE INSPIRATION OF THE BIBLE.

GEO. I. BUTLER.

Prophecy may be properly defined as "history in advance." History is a record of the events of the past; prophecy a prediction of the events of the future. Genuine prophecy and true history will agree perfectly in the final outcome.

The famous Henry Ward Beecher when called upon to explain his part in a certain embarrassing experience, facetiously remarked that had his foresight been as good as his hindsight he might have done differently. But he knew as every other person knows that to foretell correctly future events is an impossibility for mortal man. A person with great natural ability finds as great difficulty in this respect as the most ignorant.

Napoleon Bonaparte ventured the prediction that within fifty years all Europe would be either Republican or Cossack. The fifty years have long since passed and his words have proved to be wild guess, yet he was one of the most remarkable of men.

We may examine the famous books of Confucius, the great Chinese sage; the Vedas and other sacred writings of the Indian religions of Asia, the Koran of Mohammed, the Arab leader, and it is safe to say that not *one* clear, explicit prophecy reaching into the mysteries of the future that can possibly be verified as true is to be found in them all.

When we come to the grand old Bible, the book of books, however, we find multitudes of such predictions wonderfully fulfilled. As an illustration let us notice one of them, which is found in the book of Daniel, second chapter, commencing at verse 31. We invite the reader to take his Bible and read it all; for the sake of brevity I will merely refer to some portions and quote others.

Nebuchadnezzar the great, the builder and beautifier of the city of Babylon until it became one of the seven wonders of the ancient world, was one of earth's greatest conquerors. In the height of his power he had conquered the known world, and had captured Jerusalem, and brought Hebrew captives to be trained for positions of responsibility in his court. Among them was Daniel, a pious, devoted worshipper of the true God. One night Nebuchadnezzar

dreamed a remarkable dream, but could not recall the substance of it. Daniel was brought in, and he related the dream as follows: The king saw a great and terrible image, whose head was of gold, his breast and arms of silver, sides of brass, legs of iron and feet and toes partly iron and partly clay. And while he observed it closely a stone cut out of a mountain came down and smote the image upon its feet. It was shivered to atoms and carried away by the winds, but the stone began to grow till it finally filled the whole earth.

Such was the dream. Then the prophet of God told him what it meant. He said in substance that the head of gold represented the kingdom of Babylon. It was the mightiest kingdom on earth. The prophet continued: "After thee shall arise another kingdom inferior to thee." This was represented by the breast and arms of silver. Every student of history knows that Cyrus the Great, king of the Medes and Persians, conquered Babylon some three hundred years before Christ, and ruled the known world for ages. The scriptures say the same. Dan. 5:28.

The prophet continues: "Another third kingdom of brass, which shall bear rule over all the earth." The Bible says this was the kingdom of Grecia. Dan. 8:21. Every student of history knows that Alexander, the Great conquered the Medes and Persians and ruled the known world for nearly two hundred years, giving place to the iron kingdom of Rome, the great Colossus that for some six or seven centuries held the known world under its sway. But that kingdom was finally subdued by the barbarian hordes which swept down upon Rome and divided its territory into what history calls the "ten kingdoms of modern Europe" which stand to-day as the great representatives of political power in our world. Clearly these can be none other than the kingdoms represented by the ten toes of the image. And these are finally to be destroyed and swept out of existence by the stone cut out without hands, which represents God's everlasting kingdom that never will be destroyed. Verses 44, 45. Here are simple facts of history symbolized and announced to the world nearly twenty-five centuries ago, by a Bible prophet.

The writer was once so unfortunate as to be a skeptic, who did not regard the Bible as inspired. He freely admits that he never knew how to explain away these few verses about the great image in the second chapter of Daniel, and in fact he has never found a skeptic who could. The facts of history are so plain that a mere lad may know they are true. The language is plain and unequivocal, hence the conclusion is inevitable that the facts of history were clearly foretold nearly twenty-five centuries beforehand. Can any other book present such a record?

"But," says the skeptic, "they must have been written after the events were fulfilled." That plausible explanation is exploded by the well-known historical fact that the Hebrew old testament containing the book of Daniel was translated into Greek over five hundred years before Christ under the reign of Ptolemy Philadelphus, the Greek king of Egypt. It was the Septuagint version that was in common use in Christ's time. The above prophecy is in it, hence these words could not have been written after the events transpired.

This prophecy is the grand prophetic outline of all prophecy. All other prophecies merely complete this outline and show us where we are in the world's history, as seen at the very close of it. The kingdom of God will soon be set up under the whole heaven.

Dear reader, you who may be skeptically inclined, you can never realize how much you are losing while you neglect to study "the more sure word of prophecy," which is a light in a dark place "until the day dawn." Fully one-fourth of the Bible is prophetic in its nature. The writer, who traveled that road for years of his life, but has through God's mercy found a better way, greatly desires you also to find the happiness of that new way.

YOU MAY LEARN THIS OUTSIDE OF PRISON.

A prisoner in the Michigan State prison writes:

"While I was sitting in my cell last night I picked up a little book that they call *THE LIFE BOAT*, and the more I read it the more I like it for it fetches peace and comfort to my soul. After reading the prisoner's confession I felt like I had some confession to make myself, for I have to meet my God in the judgment day. My life hereafter will be a Christian life; I have lived in drunkenness long enough. If you know of some good Christian who would write to me I would like to correspond with him. I have four years at Jackson prison. I have property, but when I leave this world I can not take anything with me. I am only thirty-two years old. I am glad that there is a better and a brighter life that every one of us may reach.

AN ILLUSTRATED ARTICLE BY W. S. SADLER NEXT MONTH, ENTITLED "HOW WE GOT OUR BIBLE." YOU WILL WANT TO READ IT.

MIRACLES AND MYSTERIES.

WILLIAM JENNINGS BRYAN.

In my college days I worried about the miracles and mysteries of the Bible, and they are still stumbling blocks to some, but I have since learned that there are many things more mysterious than the miracles. I have not yet fathomed the feeding of the multitude with the few loaves and fishes, but how many can explain the mysteries that are constantly manifested in plant and animal life? We plant the little black radish seed in the ground, and after a while you go back and see the radish. Whose brush, working down there in the dark of the soil has painted this? The top is green, the center is white and transparent, and the outer part is red. Who took the red of the sunset sky and put it in there under ground in the skin of the radish? If we should refuse to eat until we understood the mysteries of growth we should die.

We do not let mysteries bother us in the dining room; it is only when we meet them in the churches. But to me there is something even more mysterious than this; and that is the transformation that can take place in the human heart to cause him to hate what he once loved and to love what he once hated; that can change a selfish man to one who is a center from which good goes out.

[Extracts from our notes of Mr. Bryan's lecture on "The Prince of Peace," delivered at the Rockford Chautauqua.]

THE GOSPEL OF HEALTH IN DARKEST CHICAGO.

W. S. SADLER.

(Abstract of an Address given in Hall of Congresses, World's Fair, Battle Creek Sanitarium Day.)

Ten years ago there was not a single place in all Chicago where a poor man could get a free bath, or where he could obtain a vegetarian meal. It was at that time that Dr. Kellogg proposed to take a sum of money given him by two brothers from South Africa, and go down to Chicago, and open up the Chicago Medical Mission, and thus enable the unfortunate ones of the slums to share some of our physical and spiritual blessings. Not all of the people in the slums are vicious; poverty holds them there; they know of nothing else in the world. Jacob Riis has well said, "One-half does not know how the other half lives."

The police district where this work was first established is declared to be one of the worst

in the world, as one person out of every four is arrested in this precinct every year.

It was right in this district at No. 42 Custom house place, that the first free baths in the city of Chicago were established, and the foundation laid for the many-sided work which has since grown out of that humble beginning.

From time to time to meet changing conditions and shifting needs, various lines of work have been inaugurated and carried forward at different places in the city. The conditions in the slums of a great city are like the shifting sands along a great river, ever changing and never presenting exactly the same conditions of need. In all this work a continuous effort is made to hold up before discouraged men and disheartened women, the transforming power of the gospel of Jesus Christ for mind and soul and the regenerating power of righteous living in behalf of the physical nature. Accordingly, you would expect to find in our work, existing side by side, the gospel of grace and the gospel of health.

On the way to the station the other night, as I was about to leave Chicago, I copied the menu as written in front of a restaurant, and then another block further on, I wrote down the articles composing the bill of fare in a second restaurant. And now I want you to compare these two menus with that of the Workingmen's Home, where we serve a hygienic meal, at a penny a dish, which is just about enough to cover the cost of food. The poor man can get a good square meal here for four or five cents,—all he wants to eat. When the principles of the Battle Creek Sanitarium invaded Chicago's slums, the only food a man could get in this section of the city was that sure to develop a whiskey appetite. Now listen while I read this menu, and see if you don't think it is enough to drive any man to drink who would undertake to live upon it.

Pork Chops,	Roast Beef,
Pork Sausage,	Red Hots,
Hamburger Steak,	Hot Tamales,
Ham and Cabbage,	Liver and Onions,
Corned Beef,	Kidney Stew,
Roast Pork,	Ham and Eggs,
	Mexican Hash.

Now I want to ask, what you think social reform, or even temperance agitation, can do for men who partake of such stuff as that three times a day?

Now let us look at the second menu (and these two are simply types of all of them):

Clam Chowder,	Shrimps,
Pickled Pigs' Feet,	Little Neck Clams,
Coffee and Doughnuts,	Frankfurts and
Fried Oysters,	Sourkraut,
Liver and Bacon,	Spare Ribs,
Sardines,	Calves' Brains,
Cheese Sandwich,	Ham Sandwich,
	Finnan Haddie.

Now let me read by way of contrast, the list of what a man can get at the Workingmen's Home, and you will see what the dietetic reform is doing in the slums of Chicago. And remember that here a good wholesome meal can be had for about five cents:

Bean Soup,	String Beans,
Corn on Cob,	Granola,
Baked Potatoes,	Granose,
Sweet Potatoes,	Zwieback,
Boiled Rice,	Apples,
Macaroni,	Peaches,
Peas,	Grapes,
Sliced Tomatoes,	Caramel Cereal
Poached Eggs,	Milk.

Now, my friends, the opportunity to get good nutritious food, hygienically prepared, is worth more to the inhabitants of the slums of a great city, than all the theoretical preaching and the prosy writing you can ever offer them. The average cost of a meal at the Workingmen's Home will be five cents, while the average cost of meals in the restaurants where the abominations of earth are served, is fifteen cents. In other words, it costs just three hundred per cent more to eat poor food and get a whiskey appetite than it does to enjoy good food, without a thirst for alcohol.

Another thing: and that is the principle of natural treatments, or what are sometimes termed the physiological remedial agents used at the Battle Creek Sanitarium. I want to say to you, my friends, that these methods are just as effective when used in the slums as when used in a great medical institution. I have found that cold water sobers a drunken man just as quickly whether run out of an ordinary garden hose or through a nickel-plated nozzle. These principles of rational treatment as well as those of dietetic reform are susceptible of the most successful application in the slums of a great city. We would not know how to carry on our work in behalf of the submerged tenth, if we did not have combined with our ministry these powerful weapons contained in the principles of the gospel of health.

At the Life Boat Mission any night, you will find a peculiar audience: men and women from the higher walks of life who come to see what the grace of God can do for shattered and wrecked humanity; poor men, discouraged and disheartened, who have lost all hope; unfortunate women who have been invited from some gilded haunt of sin. Are these poor people not worthy of at least one chance? Shall they not be offered a friendly hand, and be told of the principles of physical and moral regeneration? For my part, I believe we should reach out a helping hand to these unfortunate fellow-creatures, and give all who desire an opportunity to rise.

The services in this Mission are very simple. The addresses are short and pointed. Men and women here are told the story of

the saving power of Christ's gospel, and after they are converted, how to eat and drink, and live so as to promote health. In this connection, I want to say—and I have been in this work a number of years,—that I have never yet seen a converted man who has learned to live on a simple diet, give up the use of meat, tea and coffee, mustard and other condiments, spices, etc., go back to their use, but he has likewise gone back to his whiskey bottle. I do not say he had to do it; I simply give you my experience and I have not yet seen a case where he did not do it.

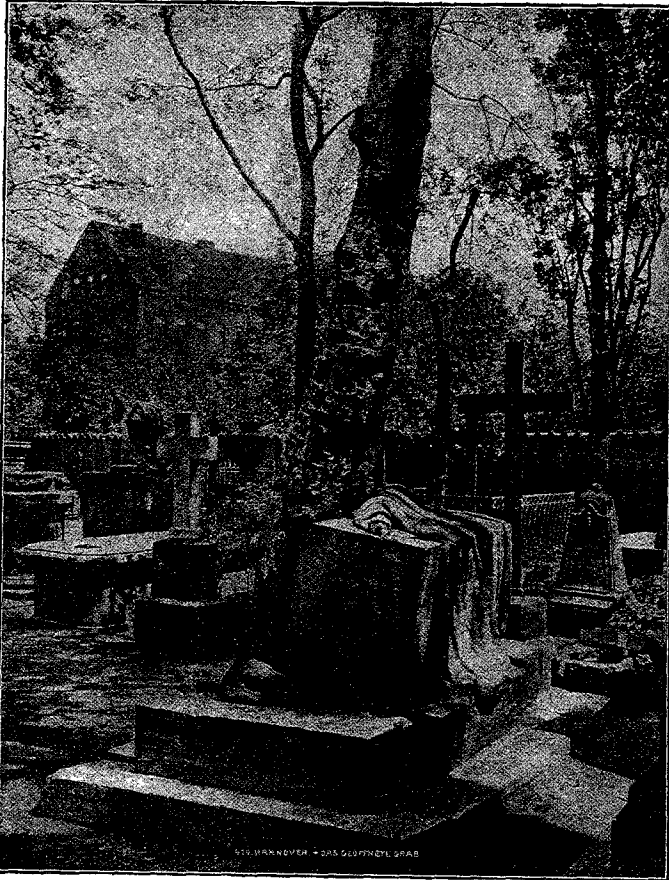
In the Life Boat Mission, you would see men stand up and glorify God, who have been prisoners behind the bars. Some have served one, two, and three terms. You could not help believing there is power in the gospel to transform a man, when you would see the veteran criminal stand up and plead with his former comrades in crime, to take hold of these principles, and have his life transformed; for you must recognize that these principles of truth for soul and body which have proved the transformation of so many men and women in our great sanitariums are just as efficient in uplifting and helping the social and moral incurables in the slums of a great city.

I have no faith in the doctrine that criminals are born; that men and women must be drunkards because their parents were. Humanity is dragged down by a defective social system, vicious habits of life, and unholy environment. I believe we should hold out to these imprisoned souls the liberating truth of the grand old gospel, and then teach them how to live so as to elevate the mind, purify the morals and regenerate the body.

I don't for a moment advocate that a man can be converted by changing his habits of diet, but on the other hand, many a converted man has ruined his spiritual possibilities in life by not changing his manner of living.

Now, my friends, as these redeemed men and women stand up and tell their story, it makes a profound impression upon their hearers, and it would impress you, too, if you were there; and if you are ever in Chicago, it will be worth while to spend an evening in the Life Boat Mission, and remember the meeting is held every night in the year. And I want to extend a hearty invitation to you, one and all, to visit the Life Boat Mission at 436 State street, and see for yourselves what the proclamation of the whole gospel for mind, soul and body is doing to reclaim, reform, yea transform, even apparently the most hopeless victims of drunkenness, morphinism, crime, and sin.

NOT A SIGH IS BREATHED, NOT A PAIN FELT, NOT A GRIEF PIERCES THE SOUL, BUT THE THROB VIBRATES TO THE FATHER'S HEART.



THE OPEN GRAVE AT HANOVER, GERMANY.
Showing How the Roots of the Tree are Forcing The Rocks Apart.

"THE OPEN GRAVE."

DAVID PAULSON, M. D.

Years ago in Hanover, Germany, there lived a woman who was a pronounced atheist. Before her death she built a tomb of solid masonry, and enormous cut rocks were placed over it which were held together by solid iron bars. It is said that it was her intention that God Himself should not be able to open it. The day she was buried, the seed of a tree dropped in between the massive rocks and later some dust was blown in, and then a few drops of rain trickled down, and it began to grow up through the crack and finally reached the surface. As it continued to grow it began to force the great stones apart and

the iron bands gave way and now a large tree is growing there and the rocks have been forced so far apart that the bottom of the grave can be seen, thus showing how easily in a few short years the simple forces of nature have defeated the proud woman's defiant design.

Dear reader, you may be hard-hearted and realize that the iron bands of evil habits are fastened upon you, but if God can develop so much power from the tiny germ of life which he imparted to that seed that it could force those mammoth stones apart, He certainly can also impart similar spiritual power to you, so that you can as readily burst the bands of sin that are now holding you.

NEARLY THREE HUNDRED NEW SUBSCRIPTIONS FROM ONE PRISON.

ALTA CHAPMAN.

[We are not surprised to find long lists of new subscriptions coming in from people generally, for we have abundant reason to believe that God is blessing in a special manner those who are endeavoring to circulate THE LIFE BOAT, but our faith had not grasped the possibility that there were 300 men behind prison bars in one prison who had become so interested in the message THE LIFE BOAT contains that they would gladly part with thirty-five cents to secure the regular visits of THE LIFE BOAT, but it only shows that even in the rough places of earth God is putting into the hearts of men a desire for better things and a better life. We quote the following from a letter recently received from Alta Chapman concerning her experience in the Michigan State Prison.—Ed.]

"The Warden readily gave me permission to solicit subscriptions from the prisoners. In two hours I took sixty-nine. It was a wonderful experience for me, and the prison officials said we could never know the full amount of good it would do the men to read the paper regularly. I am rejoicing over this for God only knows what the reading of THE LIFE BOAT will do for these men. One thing is certain: that when we are willing to be used God will surely make good use of us. I have an ever-increasing interest in this branch of the Master's work."

Later she writes:

"I finished my work at the prison yesterday. In all I took 220 new subscriptions. I can't begin to tell you all of my good experiences in this prison, but it marked a new epoch in my life, and I believe souls will be saved in the kingdom of God as a result of it.

"There are nearly fifty subscriptions which will be sent in later, so that will mean nearly three hundred more readers of THE LIFE BOAT, and no one knows how many of them will be led to Christ. I praise God for His goodness and this victory."

Send us the name and address of every infidel and skeptic in your community, with two cents for each, and we will mail them a copy of this number of The Life Boat.

THE WORD OF GOD.

S. N. HASKELL.

The Word of God carries its own credentials. In it God is speaking and it is for man to listen. The Word itself is synonymous with God, "In the beginning was the Word, and the Word was with God, and the Word was God." John 1:1, 2. This is the Lord's own testimony of the Word. No man hath seen God, neither can any man see His face and live, but we have His word. It comes to us full of the life and power of God. "The Word of God is quick and powerful and sharper than any two-edged sword, piercing even to the dividing asunder of the soul and spirit . . . and is a discerner of the thoughts and intents of the heart." Heb. 4:12. It is also synonymous with Christ. "The Word was made flesh and dwelt among us, and we beheld His glory, the glory as of the only begotten of the Father." John 1:14. Christ was once here upon the earth. He was the Living Word clothed with humanity. Fallen humanity became the dwelling place of God's only Son. "In Him dwelt all the fullness of the Godhead bodily;" sinless, yet bearing the sins of the whole world upon Him. We see Christ no more as He was seen when He walked the earth, but we *have* His words while in human flesh. His words reveal His attitude toward the human family in all conditions and relations in life, towards the sick, the weak, the strong, and the sinful. He was "tempted in all points like as we are." He knows how to help the tempted. With His human arm, He encircles every son and daughter of Adam, and to all He says, "Come unto Me, all ye that are weary . . . take my yoke upon you . . . and ye shall find rest unto your souls." Matt. 11:29. We know Him in all His relations by the Word, for He is the Living Word.

The Word is also synonymous with the Spirit. Said Christ, "It is the spirit that quickeneth; the flesh profiteth nothing. The Words that I speak unto you, they are spirit and they are life." John 6:63.

The treasure we have in the Word of God can not be expressed in language. It is God, it is Christ, it is the Holy Spirit. When we read the Word carefully, considering the expressions used, *God talks to the soul*. It convicts of sin and transforms the character. It becomes the divine agency for sound conversion to God. The Spirit never speaks to a soul contrary to the written Word, for that is God's voice to human beings.

An infidel of my acquaintance was persuaded by his friends to read the Bible, and apply all its good teachings personally to himself. He had not read long before there was begotten in his heart a longing after God. He felt himself a sinner, and almost before he was aware of it he began to pray. He longed to be a better man. Finally, before he was half way through the Bible he gave his heart

to God, and to-day is working for humanity. None can read its sacred pages with a real desire for help without receiving strength, wisdom, and light from above, for it is God that speaks. Christ reveals His character and the Holy Spirit impresses the mind and changes the heart.

It is not a dry and lifeless essay, neither does it furnish arguments. When the soul becomes imbued with its influence, the *life* becomes an argument. The one who thus receives it becomes a *living* epistle known and read by all. Such a life is the best commentary ever written.

The Word of God says to those who are troubled, "Rest with us." To those who are fearful, "Sit thou on my right hand until I make thine enemies thy footstool."

Are you weak in moral power? Let the Word of God be your constant companion. It says to the weak, "Be strong." "I have hid Thy Word in my heart that I might not sin against Thee." Do you feel condemned because of your past sins? Hear Him, "I will remember thy sins no more." "The iniquity of Israel shall be sought for, and there shall be none; and the sins of Judah, and they shall not be found; for I will pardon them whom I receive." "As far as the east is from the west so far hath He removed our transgressions from us. Like as a father pitieth His children, so the Lord pitieth them that fear Him; for He knoweth our frame and remembereth that we are dust." On a round world they would ever be on the opposite side. "Behold, for peace I had great bitterness, but thou hast in love to my soul delivered it from the pit of corruption; for thou hast cast all my sins behind thy back." Such is the experience of the one that readeth, and believeth the Word of God.

LIFE BOAT READING RACKS.

MRS. D. K. ABRAMS.

The first time that I visited my old home after my conversion, I sold THE LIFE BOAT and was a witness for Jesus. It was a wonder unto many that after living such a wicked life for years, I should come home so changed, and go about telling the story of Jesus. Some of my old friends could not understand it, but that visit with mother was the most profitable of all my life. I felt I did not want to go unless I could do or say something for Jesus and so I went to the Lord in prayer about it. I felt impressed to secure permission from the superintendent of the railroad to put THE LIFE BOAT reading racks in the depots for the benefit of the railroad men as well as the traveling public. I wrote him stating my object and enclosing a copy of THE LIFE BOAT. He replied that he had no objection, and now I am glad to say that the racks are up and filled with good reading matter.

I also sold THE LIFE BOAT and God gave

me many blessed experiences. I had opportunity to pray with a number and several became interested in the work and expressed a desire to visit the Life Boat Mission when in Chicago.

I do hope and pray that this may encourage others to see if they can put up reading racks in all the depots so that the gospel may go to every nation and kindred and tongue and people, and that souls may be brought to the light and a saving knowledge of the truth. There are many souls to be watered and hearts to be touched and drawn nearer the Lord. We may safely leave the results with God, knowing that He doeth all things well.

LEFT IN A GARBAGE CAN.

MRS. DAVID PAULSON.

A few months ago the little boy whose picture accompanies this was found in a garbage can in the streets of Chicago. He had been placed there by his mother while she was in a house of sin close by, drinking that which



was taking away all her natural affections. The child was found by the police and turned over to us to care for.

Little Eddie has been a real joy in our Suburban Home for several weeks. We have now found a permanent Christian home for him in an adjoining State where we expect

soon to send him. Our work at the Home brings us in contact with mothers, many of them very young, whom we are training to care for their own children and encourage in them natural affection. In this way we hope not only to save the mother but also her little one.

Who can help us in this work? We must pay our rent each month and also get fuel to keep the babies warm. Send all donations to my address, Hinsdale, Ill.

THE PRIESTHOOD OF CHRIST.

ALONZO T. JONES.

The Priesthood of Christ is the one great subject of the book of Hebrews. The subject is there presented in two phases: *first*, the basis of the priesthood; and *secondly*, the actual ministrations and effect of that priesthood. The *first* phase of the subject will be considered in this article.

The basis of His priesthood is the thought of the first seven chapters of the book of Hebrews. Then in the first and second verses of the eighth chapter the matter is summed up thus: "Now of the things which we have spoken, this is the sum: We have such an high priest, who is set on the right hand of the throne of the majesty in the heavens, a minister of the sanctuary, and of the true tabernacle which the Lord pitched, and not man."

Note that this "sum" is not so particularly that we have an high priest, as it is that "we have *such* an high priest"; such signifying "of that kind; of a like kind or degree,"—"the same as previously mentioned or specified, not another or different." That is to say, in the preceding chapters, there have been specified certain things concerning Christ as high priest, that are now summed up in the words, "We have *such* an high priest." Therefore in discovering the true weight and import of the words "*such* an high priest" and which is "the sum" it is necessary to study all that has preceded.

By looking at what has preceded we find that the whole of the seventh chapter is devoted to a discussion of this priesthood of Christ. The sixth chapter closes with the same thought; the fifth chapter is almost wholly occupied with it; the fourth chapter closes with it; the third chapter opens with the exhortation, to "consider the Apostle and High priest of our profession, Christ Jesus"; and as the conclusion of the argument presented in the first and second chapters, the second chapter closes with the thought of His being "a merciful and faithful high priest."

This concluding thought of the second chapter is fully stated thus: "Wherefore in all things it behooved Him to be made like unto His brethren, *that He might be a merciful and faithful high priest in things pertain-*

*ing to God; * * * for in that He himself hath suffered, being tempted, He is able to succor them that are tempted."* In this it is declared that Christ's condescension from heaven to earth; His likeness to mankind; His being made flesh and dwelling among men, tempted as men are tempted; was all in order "that He might be a merciful and faithful high priest."

But in order to know the real measure and meaning of His condescension in coming to the earth as man, as it is related in the second chapter, there is given in the first chapter a view of His exaltation in Heaven as God. There it is related that by Him God made the world; that He was the brightness of His Father's glory, and the express image of His person ("the very image of His substance." R. V.); that He has "*by inheritance* obtained a more excellent name than they"—that is the name of God; that accordingly the Father speaking to the Son calls Him "God," saying: "Thy throne, O God, is forever and ever; a sceptre of righteousness is the sceptre of thy kingdom. Thou hast loved righteousness and hated iniquity, therefore God, even thy God, hath anointed thee with the oil of gladness above thy fellows." Heb. 1: 8, 9.

Then in the second chapter it is related that this same Son of God, who was one with God, of the nature and substance of God, higher than the angels as God—this exalted one, we see as Jesus, made lower than the angels, the son of man, one of mankind, of the nature and substance of man, tempted in all points as men are tempted,—in all things like His brethren. And this in order that He might be a merciful and faithful High priest in things pertaining to God; * * * for in that He hath suffered being tempted. He is able to succor them that are tempted."

Such is the thought of the first two chapters of Hebrews, and upon this the third chapter opens with the beautiful exhortation: "Wherefore, holy brethren, partakers of the heavenly calling, consider the Apostle and High priest of our profession, Christ Jesus; who was faithful to Him that appointed Him." Having had presented to us Christ in the flesh, made in all things like the children of men and our nearest of kin, we are now asked to consider Him in His faithfulness in that position. The first Adam was not faithful. This last Adam "was faithful to Him that appointed Him, as also Moses was faithful in all his [God's] house. For this man was counted worthy of more glory than Moses, inasmuch as he who hath builded the house hath more honor than the house. For every house is builded by some man; but he that built all things is God. And Moses verily was faithful in all his [God's] house, as a servant, for a testimony of those things which were to be spoken after; but Christ [was faithful] as a son over His own house; whose house are we, if we hold fast the con-

fidence and the rejoicing of the hope firm unto the end." Heb. 3:2-6.

Next is cited Israel, who came out of Egypt, who were not faithful; who failed of entering into God's rest, because they believed not in Him. Then upon this the exhortation is to us to "fear, lest, a promise being left us of entering into his rest, any of you should seem to come short of it. For unto us was the gospel preached, as well as unto them; but the word preached did not profit them, not being mixed with faith in them that heard it. For we which have believed do enter into rest."

Believing in Him who gave Himself for our sins, we enter into rest in the forgiveness of all our sins. And believing in Him who was faithful in every obligation and under every temptation of life, we also enter into rest and there abide by being partaker of His faithfulness, in which and by which we also shall be faithful to Him who has appointed us. For in considering Him "the high priest of our profession" in His faithfulness, we are ever to consider that "we have not an high priest which can not be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin."

When we have *not* an high priest who can not be touched with the feeling of our infirmities, we *have* an high priest who *can* be touched with the feeling of our infirmities. And the way in which He can be and is touched with the feeling of our infirmities is that He was tempted in all points like as we are. There is not a point in which any soul can be tempted but that He has been exactly so tempted, and has felt the temptation as truly as any human soul can feel it. But though He was in all points tempted like as we are and felt the power of it as truly as any one can, yet in it all He was faithful: through it all He passed "without sin." And by faith in Him—in this His faithfulness—every soul can meet all temptation and pass through it without sinning.

This is our salvation, for He was made flesh as man, and in all things it behoved Him to be made like unto His brethren and to be tempted in all points like as we are, that He might be a merciful and faithful high priest in things pertaining to God. Not only to make reconciliation for the sins of the people, but also to succor—to run under, to run to the aid of, to assist and deliver from suffering—they that are tempted. He is our merciful and faithful high priest to succor—run under—us when we are tempted, to keep us from falling under the temptation and so to keep us from falling into sin. He *runs under* us *in* temptation, so that we shall not *fall under* the temptation, but shall conquer it and rise in victory over it, sinning not.

(Continued in next number.)

LIFE BOAT WORKER'S EXPERIENCE WITH AN HONEST SKEPTIC.

JAMES A. SKINNER.

Recently while traveling on the train from Buffalo to Chicago a gentleman sat beside me. Conversation soon drifted into religion and Christianity. He frankly admitted that he did not "take any stock" in religion or the Bible. He had seen so little real, genuine Bible Christianity that he believed it was all a fake.

He said finally, "I want to ask you a fair question. Do you believe in a God that would punish a poor sinner in endless torment, in a lake of fire?" Being a humane and naturally kind-hearted man he said he could not bear to see any creature suffer, not even a dog, and a religion that taught such a doctrine, or a God that would show such vindictiveness and cruelty, he had no use for; and for that reason he had drifted into infidelity. To his utter surprise I told him that I quite agreed with him on that point. I told him I did not believe a doctrine that had driven more honest souls into infidelity than any other infamous misrepresentation of a God of love that had ever been promulgated. I also said that I was glad to assure him that the Bible did not teach any such monstrous proposition.

I began at the creation and showed him that when God made man, He made him complete and perfect in every respect, except that he was, as yet, inanimate, without life. Just as a mechanic would build an engine, all complete, every wheel, rod and piston, the steam chamber, all in perfect running order, yet needing steam to set it in motion, so God "breathed into his nostrils the breath of life" to set him in motion and man became a living soul.

I then showed him that eternal life is the gift of God through Jesus Christ. (Rom. 6:23.) And that it is bestowed *only* upon the righteous, and that as the unrighteous do not possess immortality they can not live throughout eternity, but are utterly destroyed in the lake of fire which is the second death.

He was deeply interested and we talked the entire night until the break of day. When we parted his eyes were moist with tears and he said he had never heard anything in all his life that seemed to fill the vacancy or longing in his heart as this conversation, and the truth which it had brought to his

mind, and he said that henceforth he would study the Bible with a new interest.

ENCOURAGING LIFE BOAT EXPERIENCES.

ALBERTA WIEST.

I have had some rich experiences here in Minneapolis that, should I have had the least doubt of God, or be in the least inclined to go back again to infidelity, I could not do so. A week or so ago I was out selling LIFE BOATS when a lady accosted me. She afterward told me that she felt drawn to me, and felt that she wanted comfort and sympathy in her trouble. As I talked with her my heart went out to her, and never was it harder for me to talk of the love of Jesus, for I felt it was like the case Dr. J. Hudson Taylor wrote of in his book, for I felt that the woman was in need of immediate material aid, and I had no money to help her with. As I walked down the street I prayed, knowing that my Father is rich. I said: "Lord is it because you can not trust me that I haven't the money to help this fellow-being in her extremity?" I had only gone a few steps when I met a gentleman to whom I had sold a paper several different times. He stopped to talk a moment and asked me if I could use any money in my work that morning, and then he handed me five dollars.

How my heart rose in praise and thanksgiving to Him who is able to abundantly supply all of our needs, even above all that we can ask, or even think.

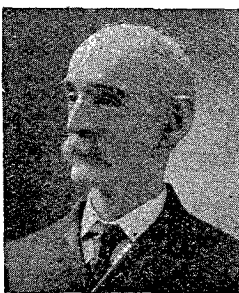
Mrs. Jeffries (who has been a co-worker with me here) and I visited the State Penitentiary at Stillwater. We were very kindly received by the officials. They told us of several prisoners who were taking THE LIFE BOAT and who were better men on account of it. They said they would be glad to grant us permission to interview these men, so after we were shown all over the prison two of these men were called into the reception room. One of them was there for life, and had already been there for ten years, and no one had ever called on him. On his face were depicted the same emotions that would appear on our faces when some great event happens in our lives. When he learned that we were LIFE BOAT workers and knew Mrs. Paulson his joy knew no bounds, and he commenced to tell us all THE LIFE BOAT was to him, that he read it before any other paper, and that it had led him to give up tobacco; and the officials corroborated his statement. This man has hardly any hope of freedom, but yet I have never met a man in prison who appreciates more anything that will teach him about the Christlike life. He is anxious that he may live to redeem himself.

These experiences did my soul good and I am more than ever encouraged to go on with the good work.

THE TRANSFORMED SAFE-BLOWER.

DICK LANE.

(Dick Lane was probably the most notorious safe breaker in the country. For his crimes he spent years in various leading state prisons. Nine years ago he became a transformed man, and is to-day filling a position of responsibility in one of the prominent business concerns in this city. We quote the following from his talk given at The Life Boat Mission, October 8, believing it will prove not only interesting but helpful to all our readers.—Ed.)



Fifty years ago an old gentleman used to come to see me every month in my cell in the penitentiary in Philadelphia. While there he used to tell me what God had done for him through life, and when he was gone I would walk up and down my cell for hours, wondering if he told me the truth. Little did I think when I was in there, as a felon, that at some

future day God in His infinite mercy would take me from the very doors of hell, and transform me into a new man.

In 1861 the officers were hunting me in Philadelphia for a robbery which was committed in Washington, and before leaving I went to spend the evening with my cousin who had just married. He was a good young fellow but a pronounced infidel; so was every member of his family. In the course of our conversation, strangely enough for me, I came to ask him, "Sam, did you ever read the Bible?" He said, "No, I never did." "Now," I said, "Sam, will you do me the favor when you are at home here evenings to read the Bible?" He called his wife and said, "Is there a Bible in the house?" She replied, "No." I said, "Will you read it if I get one?" He said, "Yes." I brought him a Bible that I took away with me from the penitentiary. Years after I went back there and went down to his house, and as I went in I saw that Bible upon the table. I said, "Sam, I see you have that Bible yet, after all these years." He said, "Yes, and I believe it." And that young fellow was a true Christian, the only member of the whole family who died one.

Men, this life that I am living now does not belong to me, because if God Almighty had not converted me nine years ago, I should not be on earth, for I was down at the bottom of the ladder, and had lost my grip, and had lost all confidence in man.—I could not get a body of men around me that I dared to trust; and a man working in that line re-

quires two or three trusty men to help him. The clouds hung so low that I did not dare to look up, and what to do I did not know. But when I heard men testify in that Mission that night, it surprised me. I had never heard anything like it before. In fact I had never been in a rescue Mission, and I thought, "I wonder if I could get to be what those men are, as far down as I am." And the devil would say, "Of course not, Dick, didn't you tell the chaplain in Jackson, Mich., that you did not want him to come around to your cell bothering you about religion?" All these things came back to my mind.

I was raised up a thief almost from my cradle. Once when mother was ill, as I stood by her bedside sympathizing with her, I put my hand under her pillow, and taking her purse I put it behind my back, and took coins out of it, and then put it back under the pillow. A man who would rob his sick mother would do anything. How could anybody expect me to become a Christian? And yet God did not help me because I was Dick Lane, what He did for me He will do for any one. I do thank God to-day that I am here and that God thought me worth saving, and listened to my prayer, when I told him that if he would help me to a better life I would try to *live* it.

When the news of my conversion got over to Jackson, Mich., the Chaplain there threw up his hands and said, "Glory to God, the worst man that ever came to prison!" and he would not fully believe it until he came over himself, with his wife, to see me.

One day Mr. Kohlsaas told me that when I began to work for him two detectives came to his office, and said, "Do you know that you have one of the biggest robbers in this country working for you? It will only be a few days before he will rob you." I said, "What did you say to them?" He said, "I told them that I would not be afraid to trust you with thousands of dollars." Men, when you are clean and doing right, you have got friends and if God Almighty is for you, who can be against you?

But it was hard for me to get where I am. The police said, "He ought not to be at liberty. He has committed enough crime to spend the rest of his life behind bolts and bars." But I have God with me, who is greater than all, and I knew that I was a transformed man, as well as I know that this is my right hand.

But, oh my dear friends, don't think that I had smooth sailing. The devil attacked me on those points where he knew I was so weak, and where he had thrown me down so many times, and that had caused me to suffer so many years behind bolts and bars. But the great God of heaven was stronger than the devil, and delivered me. He said, "Be patient, be firm. It is better farther on."

When I came to God I never had done an

honest day's work in my life outside of the penitentiary, and in there I was the laziest man living. I refused to work in the quarry, in the summer time, and lay thirteen days in the dark cell, with only a piece of bread half the size of a hand, and a glass of water every twenty-four hours, and nothing to sleep on. I put my shoes under my head. When I think of it, I think I was not fit to live. But when God came into my life He set me to earning my living by the sweat of my brow, and put me at the hardest kind of labor, and I had to work my way up.

The vast sums of money that I had secured had landed me in the penitentiary sixteen times, but when I was out it cost me ten to fifteen dollars a day to live. After I was converted my first salary was seven dollars a week, but I said to myself, "Now if I can live this life, and get enough to eat, and something to wear, I shall be satisfied; and I would go to my little room, heated with an old gas stove, and there sit with my back against it, for hours to take out the pains produced by the hard work, for I was a physical wreck when I came to God. Now when evening comes I go to the North side, and when I enter that sweet little cottage that I own over there, it looks like a palace to me. Oh men, I don't see why you, who are dying and without God and without a hope in the world, and know these things, as well as you do, why you don't give this religion of Jesus Christ a trial and see what there is in it. It is as free for you as the water that flows in the Mississippi River.

Men in Chicago have had to acknowledge that there has something come into my life that they do not understand. The officers at the central police station were skeptical for a long time. Now they say, "Dick has got something that we don't know anything about."

I recently met an officer who used to arrest me frequently and he said, "How are you? It is a good many years since I saw you. Dick, I am surprised. You look better than you did thirty years ago," and I said, "That's a fact. I am doing better than I ever did before in my life." And then he told me what had become of all my old acquaintances, that they were either in prison or dead. And he said, "It pays to live straight, don't it?" I said, "Most undoubtedly."

Ungodly men, whom I know all over the city say to me, "Aren't you afraid that you will go back to the old life?" They ask me that question, because they don't know the nature of the transformation that has come into my life.

One night I was severely tempted, but I got out clean, and when I got home, I knelt down at the foot of my bed, and lifted my heart in gratitude to God that He had brought me to my room as clean as when I left it. And there is nothing I appreciate so much

as this clean life that I got from God Almighty. It is a mystery to me how a man after he becomes converted, enlightened, and knows that God Almighty will call him to account for what he does in this life, can turn around to the beggarly elements of this world and go back and wallow in sin, and poison himself,—oh, I don't understand it. I would rather go to the penitentiary to-night, and be locked up there, and live on bread and water as long as I lived, if I might only remain with God. That is how much I think of this clean life I got from Him.

I shall never forget when I stood on the drawbridge, with my arms folded, looking down at the old Mississippi, and said, "I wish I was at the bottom of that river." Now, I don't feel that way to-night, praise His holy name! When I crossed the river and got over into Rock Island, I was ordered out of there. Then I went to Moline, and lo, I got notice to get out of there. Then I said, "Where can I go?" I had been driven out of every city from Minneapolis to Davenport, and then I came to Chicago. No doubt the Spirit of God led me here, and as I often say to Mr. Kohlsaas, "Do you know that it was the hand of God that led you to take me by the hand and give me a chance in life?" "Dick," he says, "I believe it."

When I started in this life, the people up along the Mississippi River where I was so well known, and where they wanted me hung several times, could not believe I was converted, and they sent the pastor of one of the churches down here to see whether it was so, and he wired back that he had heard me pray for a soul. Now, when I go there they are always ready to ask me to speak in some church. The last time I was in Muscatine, Iowa, the crowd got so big that they had to have the union service in the public square, and as I rose on that grand stand to speak to those people I thought of the difference and how it came about,—only by the help of God Almighty; and this thing that I have got is as free to you as it was to me. And bless God I would not give it up to-day for anything in the world.

WILL YOU HELP SUCH MEN TO GET THE LIFE BOAT?

A prisoner in the Illinois state prison writes: "I have received THE LIFE BOAT for some months past and can assure you that I have taken great comfort from the same. I hope God will bless and help you in your good work. I am here under a life sentence but I thank the good Lord that He has allowed good kind Christians to write a book like that to comfort poor unfortunate prisoners like myself. Through the kindness of our good

Chaplain who brings THE LIFE BOAT to us we learn that there are still good kind Christians who think of us poor unfortunates."

A VISIT TO THE NEBRASKA STATE PRISON.

DAVID PAULSON, M. D.

On Sunday, September 24, we visited the Nebraska State Prison and attended the services and Sunday School. The new building which has taken the place of the one that was destroyed by fire is of the most modern construction. The warden of the prison explained to us the perfect system of ventilation which makes the air in the cell rooms almost as pure as the outdoor air.

By the invitation of Chaplain Williams we had an opportunity to address the prisoners, and later to teach a large class in the Sunday School. We felt the Lord blessed our soul as we tried to speak words to inspire hope and courage to a class of men who are too often regarded by the public as hopeless.

HOW I CAME TO ENTER THE LIFE BOAT PRISON WORK.

MRS. C. WILLEFORD.

Atlanta, Ga.

I visited the jail with a friend one Sunday morning and spent nearly the whole day. I found some very promising young men and wished that I had something to take them to read, and then I thought of THE LIFE BOAT. I soon decided to work with THE LIFE BOAT in prisons; as I talked to my friends about it they gave me some donations and I ordered fifty copies for three months and carried them to the jails, and I secured Bibles for the men. One young man told me that he was to be sent to the federal prison and asked me to visit him there. Some of the inmates saw my name in THE LIFE BOAT and corresponded with me and I visited them afterwards.

After the three months were up I bought larger quantities of THE LIFE BOATS and sold many of them to the people and gave the rest to prisoners, until there came to be such a demand for THE LIFE BOAT that I could not satisfy all of them. I then began to visit the various jails, hospitals, stockades and prisons, and gave papers to the officers to carry out to the men who worked in the chain gang. I

supplied the federal prisoners with Bibles, receiving Bibles and papers from all over the country for this purpose, as the people learned about my prison work.

There is no paper that reaches the prisoners that they think so much of as *THE LIFE BOAT*. In the Atlanta Jail the men said *THE LIFE BOAT* had run card playing out of their cage, and when one of them got the blues they would get *THE LIFE BOAT* and read it. They said that was their remedy now. The Chaplain said, "You are in a grand and noble work and I hope the Lord will bless you."

The Lord has used me as His instrument to cheer up many sad and drooping souls, but as I have taken up the Lord's work He has given me of His strength and fitted me for the work.

A prisoner attendant at the Atlanta prison said I was just throwing away my time going there and that I did not know the men as he did, but I *know* some of those prisoners are now real, true Christians. One

young man about twenty years old, who is not converted, but loves *THE LIFE BOAT*, says he is not ready to be a Christian now, but he writes me not to give him up as I am the *only* friend he has.

The most appreciative of all were some sailors who were brought in while I was giving out *LIFE BOATS* and one young man came up and asked me if I would give him one; then he told me about his mother and that he was not used to such places as that.

In Savannah we had access to the jails and I talked to the prisoners. When I went to visit one jail the second time with *THE LIFE BOAT* the men all said they had been reading it.



MRS. C. WILLEFORD.

SOUL-WINNING WORK IN FACTORIES.

A good way to reach factory people is to work with them and watch for opportunities to reach their souls. We met a young lady in St. Louis who had secured employment in a factory for that purpose. She said she found it difficult at first, as her fellow workers tried to annoy her in many ways to test her Christianity, but after a while her consistent life won their respect. When she was made assistant to the one in charge of the department it aroused a spirit of jealousy on the part of some others, but nevertheless she has found it a splendid missionary field, and suggests this plan to other missionary workers.

WHY I BELIEVE THE BIBLE IS THE INSPIRED WORD OF GOD.

W. S. SADLER.

1. Because it inspires me—even as it has inspired thousands of other mortals, to be better men, truer husbands, nobler fathers and more dutiful sons.

2. Because Jesus Christ, whom I accept as a Divine Being, called the Old Testament scriptures "The Word of God." (Mark 7:13.)

3. Because of the remarkable prophecies of the Bible, many of which have been fulfilled with such exactness that it was known on just what day a nation would fall—and it *did* fall. In the first advent of Christ, the rise and fall of nations, and in other fields, the prophecies of the Bible convince me of its supernatural origin.

4. Because a book uninspired could not be written by thirty men in sixty-six sections, covering a range of 1,500 years, presenting infinite variety yet affording no bona fide contradictions. This is proof enough for me of a master mind which indited the whole Book.

5. Because of its lofty, superior, superb standards, and its acknowledged divine ideals. It is the only piece of literature presenting to mankind the goal of perfection, and the definite means of attaining thereto.

6. Because the Grand Old Book has survived the combined attacks of its enemies, and the neglect and slights of its professed friends; while many of our human productions are extinct, even though no effort was made to exterminate them.

7. Because it is the oldest book in the world. It has withstood the discoveries of the ages, and stands to-day alongside the researches of modern science, undaunted by all the scoffing and ridicule which the worldly wise have heaped upon it. To-day thousands of true scientists bow to the divine authority of the Bible.

8. Because the Bible has power to transform the lives of men and women who believe it and practice its precepts. This Book has changed my life; I know it. I also know scores of others who have been made into entirely new and different beings by this Book of Books—the Bible.

9. Because it is the only history we have of the "beginning" of things. Without the

Bible we know not whence we came nor whither we go. As an ancient history it stands without a peer; with it we know the whole story of creation, sin, salvation and redemption; without it, we know nothing of this world's past, but little of its present, and absolutely nothing of its future. For my part, I prefer to hold on to the only guide book the race has ever had.

10. Because the Bible presents a complete and consistent philosophy of life here and hereafter. It provides all I crave and more too. It recognizes my weakness and sin, and offers me strength and a Saviour—a real, living Redeemer. It satisfies my soul longings. I believe it is true. The better I understand it and the more I read it, the better it suits me, and the more I am convinced that the Bible is the Word of the Living God.

11. Because I discover more and more that the Bible is the "fountain of truth." I find it an inexhaustible mine of beautiful gems. I am just beginning to learn why so many thousands in ages past were willing to die rather than disbelieve or dishonor its sacred precepts. The better I know its pages, the more I love it.

12. Because there is something within me—I believe it is the Holy Spirit—which tells me the Bible is God's Word. Now this Good Spirit (the same voice that always tells me to do right, be honest, and avoid sin) has always told me the Bible was the Word of God. Did this monitor in your soul ever tell you anything different?

13. Because I have observed that very many who presume to doubt the Bible and reject its teaching quickly go wrong. I look out now, on the sea of life and behold the drifting wrecks of scores of youth who once thought I was superstitious because I believed the Bible. They have missed their port. They have neither chart nor compass. Do you blame me for sticking to my Bible?

14. Because the Bible is the only book I ever read that appealed to me and impressed my mind as being the Inspired Word of God. I never read in any other book such solemn language as "The Word of the Lord came unto the prophet saying," etc. It is the only message direct from heaven to earth, from God to man.

15. Because the Bible is true to Life. It fearlessly exposes and condemns the misdeeds

of its greatest and grandest characters. In this Book of Books I find not the hero of the novelist. Sin is condemned in the great, and virtue is commended in the prisoner. There is a sincerity and fearlessness about the Bible which, combined with its tenderness and mercy, profoundly impresses me that no mere man, unaided by the Divine Mind, ever penned its pages and then palmed them off on the world as inspired.

You may believe what you will, but as for me, for these reasons and others which I know not how to express, or describe, I shall live happily and die peacefully because I believe the Bible, worship the God of the Bible, and have accepted as mine the precious sinner-Saviour of the Bible.

THE INFLUENCE OF A CHRISTIAN HOME.

[Some of those who will read this are now heads of families, but unfortunately can not cherish hallowed memories concerning any sweet Christian influence which pervaded the home of their childhood. But they can see to it that their own children shall enjoy what they were deprived of and God will abundantly bless them in their efforts.

While we were at the Old Salem Chautauqua giving health instruction we had the privilege of hearing Bishop Vincent, Chancellor of the Chautauqua institution, deliver a very impressive lecture, and in the following words he paid a beautiful tribute to the lasting influence of the Christian atmosphere in the home of his childhood.—ED.]

"Family religion in my father's house was so much a reality, so much a part of life, that for us children to doubt the religion of Jesus Christ would have been well nigh impossible. We had family prayer every morning and every evening. It was never omitted. The Scriptures were read, we sang a hymn, and my father offered prayer. Family worship twice a day was the law of the household. So inwrought into the very texture of my early life were these religious functions, and the corresponding religious character which accompanied them, that I never think of going to libraries to find the evidences of Christianity or arguments in favor of its divinity. I go back in memory to my mother's face and daily life, my father's voice, the open Bible, and the daily family prayers; these things are worth more than all the volumes of Chris-

tian evidences that could be collected. These all served a most important purpose; but they became doubly effective when sustained by the corroborating power of home atmosphere and home example."

HOSPITAL LIFE BOAT EXPERIENCES.

About a year and a half ago we began to take THE LIFE BOAT each month to the patients in Chicago hospitals. This work has grown until now it includes thirty-five of the most important hospitals in this city, and it has proven to be a most blessed work.

If you ever had a limb broken, or for other reasons were confined to your bed for a number of weeks, perhaps you can remember how tiresome it seemed to you, although all the members of the family were doing their best to wait upon you and entertain you. Now imagine yourself in a great hospital ward hearing the groans of others still more wretched than yourself, with the kind and patient nurse trying to do her duty to a number of other patients beside yourself. Suppose you were a stranger in the city and so no friend came to visit you; then imagine, if you can, a cheery-faced Life Boat worker coming in and handing you a LIFE BOAT and volunteering to write a letter for you, or in other ways endeavoring to let a few rays of sunshine into your darkened life. If you can only partially imagine all this, you surely will be interested in our hospital Life Boat work.

You ask, "Where does the money come from for all this?" And that is an important question. Interested friends are this year providing a regular support of five dollars a week for Mrs. Odell, from which sum she manages, in this expensive city, to room, board and clothe herself, defray all her other expenses, and extend a hand of charity in many different directions. She feels that the Lord has been especially good to her, as last year she carried on the same work without any regular support. But it takes something to pay for the printing of the thousands of LIFE BOATS that are used for this purpose. Are there not some of our readers who will be willing to assist a little in this work? If so, they may send donations either to THE LIFE BOAT, Hinsdale, Ill., or to Mrs. Helen Odell, 28 Thirty-third place, Chicago.

It is gratifying to note that hospital Life Boat work is being taken up in various places,

and we hope there are many others who will soon begin this blessed work. Mrs. Odell will be glad to give suggestions to all who wish to do so. Enclose a stamp when writing.

LIFE BOAT WORK AMONG THE SICK AND SUFFERING.

MRS. H. W. ODELL.

Sup't Hospital Life Boat Work.

In conversation with a nurse in one of the hospitals where we have been distributing LIFE BOATS for more than a year, we asked her if she ever heard any good words for THE LIFE BOAT, and she exclaimed "Yes" from the depths of her heart.

I had the privilege of meeting with the Busy Bee Club a few weeks ago. Their working principle is worthy of emulation. By their constitution they are forbidden to beg for anything, but must earn all they get or so interest their friends that they offer donations to assist in the work. They make quilts, sell LIFE BOATS to pay for linings, etc., and then sell their quilts for funds to help the needy. They have remembered the Suburban Home and also the Mission Sunday School, and have gone with us to hospitals to cheer the patients by our visits.

During the past few days we have learned that the distribution of LIFE BOATS in the hospitals is but the beginning of the good work they do. In some places where they have been read and re-read they are gathered up and sent to prisons, reformatories, etc. This is very encouraging to us, and is also a great inspiration to go on in the great work of placing this little gospel messenger in the hands of as many people as possible, knowing that the Spirit of God will direct the work if we will but let Him, and also, knowing that THE LIFE BOAT does not land in the waste basket.

"Yes, I hope so," was the response of an old man to my question: "Have you brought the Saviour with you to this place?" His face bore not only traces of present suffering, but also of evil habits in his life. A few words, prompted, we believe, by the Comforter, helped him to grasp the promise of the True Light that lighteth every man that cometh into the world. (1 John 1:9.) Before we left we had the satisfaction of hearing him say that he could trust the Word of God when it was

told him that forgiveness was his, upon confession of sin, just as surely as the copy of THE LIFE BOAT was his upon acceptance of it when we handed it to him. Truly are the invisible things understood by the things that are made, 'so that they are without excuse.' Romans 1:20. As I turned to go, he grasped my hand and said, "Oh, I am so glad you came here to tell me all this. It is plain to me now, and I know that my sins are forgiven because He says so." We sought out this man's nurse and asked her to help him to "follow on to know the Lord." Hosea 6:3.

A physician who had taken considerable time and trouble to investigate our work, and conduct me through the hospital with which he was connected, extended his hand as we parted at the front door, and said: "I wish there were more people who would come to this hospital and not only bring good cheer with them, but leave brightness behind, and lift the patients out of themselves and their troubles and into Christ."

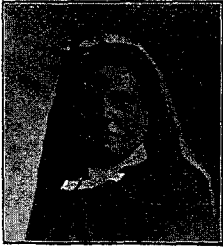
There are many who write to me, expressing a desire to take up Hospital Life Boat work, but are afraid they could not do it acceptably. To all such I would say, yield yourselves as a channel through which Christ's love can flow, then by frequent "knee-drill" and constant study of the Word of God keep the fire of love for others burning brightly in your own hearts, and it will burn its way into the hearts of those whom you desire to help. Undertake no part of it in your own wisdom or strength. Be content to sow the seed and leave the results with God, being sure, however, that you do all in your power to answer your own prayers for the salvation of souls.

We recently went with one who for more than a year had been distributing flowers in some of our city hospitals. As we passed from room to room she handed out bottled sunshine in the form of bouquets, and I gave LIFE BOATS. We heard many a "Thank you," and saw the look of weariness and pain fade from the patients' faces, as we had opportunity to tell the sufferers of a Father's love and watch—care over them, even though they must at times pass through trying experiences.

During the winter months when flowers are not obtainable, the Flower Mission workers will use LIFE BOATS, and we are sure they will be blessed in so doing.

DO YOU DESIRE A BETTER EXPERIENCE?

MRS. N. H. RICHMOND.



Are you longing in your hearts to do something for humanity and thus receive a blessing that you have never had, and enjoy an experience which will lift you up, and cause you to know something more of the power of God than you have yet known? If so, just take **THE LIFE BOAT** and go out among the

people, and you will soon secure the experience your soul is longing for. Give to someone the truths God has given to you, and then there will be room for you to take in more to give to someone else, and so the good work will go on.

God is pouring out His spirit "upon all flesh" and men and women everywhere are hungering for salvation. It is the fulfillment of Joel 2:28. God is just as able now to raise up workers out of stones as in the days of Christ, and He will do it; then you, my dear readers, will *lose* the blessing that might have been yours.

THE LIFE BOAT is the best introduction card I have ever had. It reaches all classes, for there is a message of salvation in it for all who read it. I have worked with it for three years and shall continue to do so until God calls me to something else.

Do not begin and then drop it in discouragement if you meet with some little unpleasant experience, for Satan will try to make you give it up if possible, that is his special work, but Christ met and conquered him, so you need have nothing to fear.

The promise to Joshua was that not a man should be able to stand before him all the days of his life and any place that the sole of his foot should tread upon was to be given up to him. (Joshua 1:2, 3.)

That promise is for you and me, and all others who would do God's work. There are experiences to be gained in this work that nothing else will give you. It reaches the high and low, rich and poor, and all are to have a chance, for God is no respecter of persons. He does not look at the clothes we wear or our standing in the social world, but at the heart. "But the Lord said unto Samuel, Look not on his countenance or on the height of his stature, because I have refused him, for the Lord seeth not as man seeth, for man looketh on the outward appearance, but the Lord looketh on the heart." 1 Sam. 16:7.

The Lord wants honest, earnest men and women, those whom He can trust to endure hardships like good soldiers of Jesus Christ.

(2 Tim. 2:3.) These, and only these, can He use, and they are the ones who will make up the company that will hear the "Well done" said to them, and will enter in through the gates into the city. Now if you want to be one of that company, go to work *in earnest* for the message to all is "*awake* thou that sleepest and arise from the dead and Christ shall give thee light." Eph. 5:14.

FROM RAGS TO RICHES.

We wish it were possible for all our readers to spend at least one night at the Life Boat Mission and see the wonderful spiritual, physical and financial transformations wrought by the gospel. Men who, a year or two ago, came into the Mission clothed in rags, with spirits crushed, and in utter despair, now have good positions, are working for souls, and in splendid health, and have noble ambitions. That is what the gospel can do. It is a manifestation of the same power that created Adam in the first place, that called Lazarus from the grave, and that cleansed the leper. Have you almost lost faith in it? If so, take fresh courage. God is "the same yesterday, and to-day, and forever." Heb. 13:8. And with Him "there is no respect of persons." Col. 3:25. Cast yourself at His feet. Have faith in Him, and your faith will make you whole.

A FEW WORDS TO HONEST DOUBTERS.

E. B. VAN DORN.

Supt. Life Boat Mission.

"We can not but speak the things which we have seen and heard." Acts 4:20. "We have not followed cunningly devised fables, but were eyewitnesses of His majesty." 2 Pet. 1:16. Peter evidently met the same questions we do: whether there really is a power that can take possession of a man and change his nature, and whether a person who has never known anything but evil can come to do that which is good.

For the benefit of those who are unacquainted with such miracles of transformation I will present some instances illustrating the power of God to change in a marvelous way the lives of men.

During the last seven years it has been my privilege to labor in the wreckage and slums of Chicago, into which men from every walk of life drift, just as dregs settle at the bottom of the wine cup. In this Mission we have presented the gospel as "the power of God unto salvation" to men and women, many of whom once stood at the head of

their professions, as bankers, lawyers, ministers, or were sons and daughters of such. Nearly all have seen the final result of their course and have tried in their own strength to break away; but like a man in the quicksands, the more they struggled to extricate themselves, the deeper they sank into the mire. Many of them have fallen into absolute despair, feeling that there was no help for them, and settled down to perish.

Anyone who will spend an evening at the Life Boat Mission, can but admit that there is something genuine about this, after hearing a large number of just such people stand up and tell what God did for them when every other source of help was gone, and when all desire for better things was practically dead.

Two and one-half years ago a young man came in one evening and sat down in the last row of chairs. He slept during the first part of the meeting, for he had been on a drunken spree for several weeks, during which time he had scarcely tasted food, neither had proper rest. He had committed almost every known sin, and broken almost every law. He heard the testimonies of men who had been redeemed from the same kind of life that he was living. He called upon God to help him, and was helped. The next day he secured employment. Now he has a good business in this city and spends his spare moments in trying to lead souls to Christ. Whereas once his life was without hope and purpose, to-day he is established, settled, and doing all he can to induce others to accept the same power that made him what he is.

A few weeks ago a minister's wayward son who had deserted his home, and scorned the entreaties of a loving father and mother, drifted into the Mission. He called on the Lord, and He heard his cry and delivered him out of all his distress. Now he is earning an honest living and spending his evenings in trying to induce some other mother's boy to do as he did.

Another witness said he had used thirty grains of morphine at once. Not content with that he would drink a pint of whiskey at the same time, and was also addicted to the opium smoking habit, and other drugs. As a consequence his body, mind, and soul were wrecked. He had tried again and again to quit, but in vain. His friends had endeavored to save him; imprisonment could not change him; but when in this sad condition he called on God, he received divine help, and immediately was enabled to dispense with all those things, and has not felt the need of them since, for he received something better. To-day he is a living monument of God's re-creating and transforming power. He that hath eyes to see let him see, and "he that hath ears to hear let him hear."

Reader, if *your* soul is hungry and thirsty, come to the same divine storehouse where

there is something that really satisfies human desires and needs. If you have never experienced this personally I ask you to "taste and see that the Lord is good." Psa. 34:8. I will be glad to correspond with anyone who is honestly trying to step into the light and liberty of the gospel.

THE LIFE BOAT MISSION RENT FUND.

Again we desire to bring to the notice of our friends and readers the needs of the Life Boat Mission. Winter is upon us, and the demands for help are more than ever. The expense for fuel has increased, and so again we come to our friends and ask for help with the rent.

We are especially anxious to get regular contributors to the rent, so that the time of our workers can be devoted to soul-winning work, instead of trying to raise funds to pay our rent from month to month. It is but a small matter if a large number of our friends could donate twenty-five or fifty cents a month, and the rent would soon be made up. As it is at present, we have only about fifteen dollars regularly contributed. The rest must be worked for, and sought individually each month. Now let us take hold and provide the rent for the Mission for the next year, and let the faithful workers go on with their work, not having to worry over this rent continually.

Who will respond at once? See the blank elsewhere, in this paper, and fill it out. Underline what you will give each month—a dollar, fifty cents, twenty-five cents, or ten cents, and send to the Superintendent, E. B. Van Dorn, or to the undersigned, at 436 State Street, Chicago.

W. S. SADLER,
Treasurer, Life Boat Mission.

LET OTHER CHILDREN TRY THIS.

Harold Andrews, a twelve-year-old boy in Denver, Colo., disposes of about a thousand LIFE BOATS each month after school hours. In a letter recently received from his mother was the following: "Harold is simply elated each time the LIFE BOATS come. I am surprised at his enthusiasm. He calls it his work. There is nothing he likes so well as selling THE LIFE BOAT. It is a source of rejoicing to me and the proceeds help to keep up expenses."

People come to us every day who need clothing. Make up a barrel. Send it freight prepaid to E. B. Van Dorn, 436 State street, Chicago.



Editorial Department



DAVID PAULSON, M. D.
EDITOR

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A FEW WORDS TO CANDID SKEPTICS.

We observe that just to the extent that anything in nature comes in harmony with its law to that extent it prospers. The same is true of man, but we find that generations of departure from right ideals and correct standards have left hereditary marks upon our mental, moral and physical natures, and many have grown up under unfavorable environments, the full danger of which they either were unaware of or they felt unable to cope with, therefore multitudes feel that they are utterly unable to plant their feet on higher ground and so are borne down still lower.

We would naturally expect that a beneficent Creator, whose character we see more or less clearly manifested in many of the operations of nature, would certainly have provided an efficient remedy for the condition in which so many of poor suffering, despairing humanity is found.

When our Government discovered in Cuba several years ago the real cause and the true method for stamping out yellow fever it was certainly their duty to announce it to others, so that they could take advantage of it.

We have found in the Bible the real cause of the wretched condition of mankind, and we also find in it a full and complete description of its cure. We have ourselves successfully experimented with it; we personally know of a large number of others who have experienced genuine transformations and we are satisfied that it is as general a provision that humanity can become endowed by Christ with spiritual power as it is for the plant to be changed to animal tissue when it is eaten. We know that there are thousands who would *eagerly* accept this wonderful fact if they only were convinced of its reality. For this reason we have issued this special LIFE BOAT. If you do not grasp this great truth in all its simplicity, if you will write us stating your difficulty we will gladly endeavor in a personal letter to make it still clearer to you.

A HAPPY FUTURE.

The ideas that so many entertain respecting God are only a contracted human conception. God's feeling toward us for the present and future is expressed in this verse: "For I alone know the thoughts that I entertain respecting you, saith the Lord, thoughts of peace, and not of evil, to give you a *happy* future and hope." Jer. 29:11. (Heb.)

ARE YOU READY FOR MOVING DAY?

No doubt you remember that the last time you moved there was a lot of rubbish which you did not consider worth saving, so you burned it up. The Lord will soon have a great moving day, when He will transfer to the new earth everything that is worth preserving, and in order to have a clean universe, with nothing in it that defiles, He will destroy everything that does, root and branch. What else could He do? Are YOU ready for moving day?

HAVE A NEW-FASHIONED THANKSGIVING.

We are constantly hearing of the old-fashioned Thanksgiving Day. The principal features, in many instances, seemed to be the stuffed turkey, gormandizing, general feasting and the doctor's visit the following day. Suppose you reverse the order and have a thanksgiving this year which will leave behind no remorse of conscience nor pangs of physical pain; have the kind of thanksgiving feast in this the twentieth century that Christ recommended in the first. "When thou makest a feast, call the poor, the maimed, the lame, the blind; and thou shalt be blessed; for they can not recompense thee: for thou shalt be recompensed at the resurrection of the just." Luke 14:13,14.

Suppose you look around your neighborhood a little more thoroughly than usual, and see if there are not some poor orphans who need winter shoes. Perhaps you will find some poor broken-down mother who is almost in despair because of her outlook for the winter. Plan what you can do for some of these, and you will have a thanksgiving day that will do you good all the rest of the winter. If everybody in your community is so blessed that there is no opportunity for you to have that kind of thanksgiving at home, send us a liberal donation to help us develop one on a large scale in the vicinity of the Life Boat Mission.

WHAT WOULD YOU DO WITH FIVE THOUSAND DOLLARS?

Have you sometimes imagined what a wonderful investment you would make for the good of humanity if only you had five thousand dollars to spare? You can satisfy yourself as to what you would do with this sum of money by noting what you are doing with the extra five dollars that you actually could part with at the present time. If the five dollars is locked in your pocket so closely that it can not flow out and bless humanity, that is precisely what would happen to the five thousand dollars if they were yours. Perhaps one reason why God has not entrusted you with more money is the selfish use you make of the little He has already given you.

THE TRANSFORMATION OF A MORAL SWAMP.

A man who is one of the most successful soul-winners in this country and has been used by God to reclaim thousands of fallen men and women to a life of uprightness, purity and happiness, was ten years ago a drunken brute on the streets of Chicago and a most desperate character. His only child would flee from the house when she heard him coming, and his wife dreaded his return. On the very day he was converted he had attempted to kill her with an ax.

That evening he was coaxed into a mission, and although dazed with drink, for the first time he grasped the thought that there was a transforming power to which he was a stranger. This power had come into the lives of men who had been his companions in sin, and he resolved that night to lay hold of it. This he did, and since then has established more than a dozen important missions.

His home, which was then a "habitation of dragons" (Isa. 35:7), has been transformed into a rescue home, in which scores of fallen girls have begun to live lives of purity and sweetness. If any of our readers doubt the truthfulness of these words we shall be glad to put them in touch with the man himself, so that they can learn from his own lips or pen what divine power can do when it is *permitted* to come into the hearts and lives of men.

Reader, if you are bound down by sinful habits, you know that it takes something more than a mere sentiment or passing emotion to

effect such a transformation. Don't forget that the same power which transformed this man is as available for you. "Come unto Me all ye that labor and are heavy laden, and I will give you rest." Matt. 11:28.

BELIEVING ONLY WHAT IS UNDERSTOOD.

Many deprive themselves of sweet blessings because they are unwilling to believe some spiritual truth that they can not fully understand or satisfactorily explain. Yet they do not hesitate to send a telegram to some distant friend, although no one understands the electricity that transmits the message any more than the Christian understands the Holy Spirit which transforms him.

They will plant a little seed in the ground, and in a few weeks see a tiny spear lifting a clod of earth nearly a million times its own weight, and they can no more satisfactorily explain how this is accomplished than the poor weak mortal can explain how he receives divine help to unload a burden of sin and evil habits a thousand times stronger than he is. We can not understand either process, but surely it is as easy to believe the one as the other.

YOU WOULD LOVE GOD IF YOU ONLY KNEW HIM.

The real God satisfies the longing of every human heart. "All the paternal love which has come down from generation to generation through the channel of human hearts, all the springs of tenderness which have opened in the souls of men, are but as a tiny rill to the boundless ocean, when compared with the infinite, exhaustless love of God. Tongue can not utter it; pen can not portray it."

Every good instinct in your soul is prompted by God and every determination to repress that which is evil is inspired by Him. Christ is the desire of all nations. It is He that pardoneth iniquity, that passeth by the transgression of the remnant of his heritage, who delights in mercy. (Micah 7:18.) In other words God takes peculiar pleasure in treating you and me *better* than we deserve. He not only does that, but He has compassion upon us and will subdue our iniquities and will cast all our sins into the depths of the sea. (Verse 19.)

RENEW YOUR SUBSCRIPTION.

Can you afford to part with *THE LIFE BOAT*? Do you know any way in which you can invest thirty-five cents and receive better returns? Look on the wrapper that you tore from this paper and you will see when your subscription expires; renew at once, while your attention is called to the matter.

THE BEST THING YET.

We have at last secured just what we have been wanting in the way of a beautiful pocket Bible. It is one size larger than the ordinary pocket Bible, consequently has larger type. It is a regular Oxford Bible, pearl, 24 mo., contains six maps, size $5\frac{1}{4}$ by $3\frac{1}{2}$ inches, and only three-quarters of an inch thick. It is beautifully bound in French Morocco, divinity circuit, round corners, red under gold edges; yet we will send it postpaid for only six new subscribers.

WE MIGHT LEARN FROM THE JAPANESE.

A military correspondent who has been at the front with the Japanese in almost all their recent battles writes: "I doubt if there is any other infantry in the world that can compete with the Japanese on long marches, and the soldiers do all this on a rice diet."

The *New York Medical Record* calls attention to the fact that the Japanese troops have not been attacked by typhoid fever, cholera, or plague, although they have been subjected to conditions that would have been sure to have produced pestilential epidemics among other troops.

The war correspondent of *Leslie's Weekly* accounts for this because of their plain and simple diet. While other armies consume heating foods, drink strong coffee, gorge themselves with bacon and canned beef, which bring on intestinal troubles and lower the vitality of the system, the Japanese soldier is temperate and therefore able to resist the onslaught of disease.

The editor of *American Medicine* considers the Japanese the most healthy of all people and attributes it largely to their habit of living in the air and sunshine. The typical Japanese house is open on all sides.

The *New York Medical Record* again calls attention to the fact that the death rate

among children is lower in Japan than in Europe or America, and as their houses are built a foot or two from the ground and have no cellars, the air inside is as fresh as that outside; and further, that in Tokio everyone takes a bath daily. A million people each day visit the public baths, and there are in addition tens of thousands of private baths.

THE SECRET OF A HAPPY LIFE.

The secret of a happy life is to make others happy, "With what measure ye mete, it shall be measured to you again." Matt. 7:2. This law is as unerring in its operation as the law of gravitation.

If there is a hospital in your community will you not arrange to supply the patients each month with *THE LIFE BOAT*? We furnish papers for this purpose at actual cost.

The reading of the *THE LIFE BOAT* has given to thousands of prisoners a glimpse of a better life. Will you see to it that the prisoners in your local jail have the same privilege?

As you determine, by the Lord's help, to make your community better because you are living in it, a sweet inexplicable peace and satisfaction will begin to steal into your own life.

For every plague spot in your neighborhood that you purify, you will not only get a personal blessing, but will start a wave of influence, the results of which you will be glad to meet in the day of judgment.

SIMPLE BUT WONDERFUL.

A few years ago Mr. Horace Fletcher, a wealthy New York business man who resides in Venice, Italy, found himself breaking down prematurely. The services of the best physicians failed to give him any permanent benefit. He was strongly impressed that inasmuch as the only part of the digestive tract directly under our control is the mouth, perhaps nature required a much more thorough mastication of the food than is ordinarily practiced. He soon observed that when he masticated his food thoroughly he extracted a larger amount of taste from it, and also observed that during mastication the back of the tongue was raised against the roof of the mouth in such a way as to close the mouth cavity entirely from the throat, and as fast as the food was sufficiently masticated the back of the tongue would permit it to slip by in small quantities instead of it being passed back to the throat in one lump as it is in ordinary hasty eating.

He soon discovered that he ate a smaller amount of food, and that his head was clearer. Other distressing symptoms began to disappear and he began to acquire a physical strength and a sense of well-being that he had not enjoyed for years. His son-in-law, who is an able English physician, became interested in the matter, and also began to practice thorough mastication. He soon noted similar beneficial results and found his appetite also became satisfied with a smaller quantity of food. He called the attention of eminent British medical men to the subject and this led Dr. Michael Foster, one of the greatest physiologists living, to invite Mr. Fletcher and his son-in-law to Cambridge, England, and submit to a series of critical investigations and experiments in his laboratory. Dr. Foster speedily became convinced that Mr. Fletcher had unearthed a great truth, and partially through his influence ten of the greatest living physiologists in England, America, France, Russia and Japan took up the same investigation.

By invitation of Prof. Chittenden, of Yale, he submitted to the most critical test of all, for a number of weeks. He demonstrated the fact that when masticating the food as he did he only ate about one-third as much as men ordinarily do, and although fifty years old and out of practice, he daily went through without any inconvenience or soreness the severe physical exertion that the athletic crew was being put through.

This aroused so much interest that the United States Government detailed a squad of soldiers for a number of months to be under the closest scientific observation to further demonstrate the universal application of this simple principle. These tests have been made and completed and the results of them will soon be published. They corroborate in every particular Mr. Fletcher's claims. This summer the physiologists at their International Conference in Brussels fully confirmed the value of Mr. Fletcher's experiments and observations.

Some years ago Mr. Fletcher employed several tramps for some dietetic experiments, one of the factors being thorough mastication. A few days later one of them came to him with a dollar in his hand, saying, "Boss, this is the first time in years that I have had a dollar and have not used it for whiskey. Since I began this way of eating I have lost my whiskey appetite."

It is faulty nutrition and excessive waste matter in the system that often creates a demand for stimulants.

Food that is eaten in excess of the needs of the body is a greater hindrance to a man than if he carried heavy dumb-bells in his pockets. It is only to the extent that food is properly masticated that it really satisfies the taste. So when it is imperfectly masticated it frequently happens that the stomach is full while the man is still hungry. Proper masti-

cation develops a natural appetite which craves simple foods.

Recently while Mr. Fletcher was passing through Chicago, he kindly consented to meet a group of our Chicago Medical Missionary workers and explain to them the remarkable results which follow proper mastication, and the progress this truth is making in the scientific world. We will present a synopsis of this talk in our next LIFE BOAT. Meanwhile we shall be glad to hear from those who have undertaken to "Fletcherize" their food.

THE MICHIGAN HOME FOR GIRLS.

DEAR LIFE BOAT—Since my last letter the Lord has been working most wonderfully. A dear brother wrote that he felt impressed to come to help us put up and finish our buildings, and offered his services free. His specialty was housebuilding and finishing, and he felt that the hand of God was in our work, and wished to have a part in it.

Then a sister in another place wrote to know just how to go to work to assist us. I wrote her to ask the farmers for grain for our animals, and seed for next year's crops; and to ask their wives for bedding, sheets, pillow-cases, towels, napkins, quilts, and canned or dried fruit or corn, and beans. When once we get the farm in proper condition we will not need to ask for these things.

When we get our industrial lines of work going, we will have an income; but such a business requires money to prepare the way for a profitable income. When dear girls come to us with loathsome sores, and vermin, we must have a place to properly care for them, and we praise the Lord we are in a way to finish the buildings before cold weather. If we had money to hire some help for a few weeks it would be of great help.

Realizing that mental training is a most essential accessory to the moral, physical, and spiritual training, I prayed to the Lord for some one to feel the burden for this branch of the work. In answer to this appeal a dear young woman is coming to begin a home school to teach our precious girls how to do many things that are essential; among them, domestic and sanitary science, healthful cooking, sewing, stenography, manual training, horticulture, bee-keeping, poultry raising, and a common school education. Then if there are those who desire to go farther, we shall open

the way for more extended knowledge. Laundry work, fruit canning, and in fact, all the practical duties that every woman should know, will be taught. And best of all, we shall be able to teach our dear ones the knowledge of God's Word, and of Him, "whom to know is life eternal." Thus we shall have represented in the work here, the evangelistic work, the medical missionary work, the health and temperance work, the social purity work, and all planned along the line of God's Word, and its principles.

We feel very grateful for the kind interest of friends, and still there is room for more to assist in the work of the Master.

Our dormitory needs furnishing with bedding, and rugs, curtains, etc. We have a call for another bed right now, and not another sheet in the house. It takes plenty of bedding to keep all our beds clean and neat. We need money to buy school books and desks, maps and charts, etc., for the school room. As we can, we are going to build a school chapel on the place, and have it for use on the Sabbath, for the worship of God.

Any interested person may address the Matron, R. F. D., No. 64 Byron Center, Mich.

SANITARIUM DAY AT THE WORLD'S FAIR.

September 29 was designated by the managers of the World's Fair and announced in their published program as "Battle Creek Sanitarium Day." This brought together a large number of the physicians connected with various affiliated institutions, workers and former patients. The exercises began at 11 a. m. in the Hall of Congresses with demonstrations of natural methods in the cure of diseases. A hygienic lunch was served to all present and then a short address was given by Dr. Kellogg upon the Battle Creek Sanitarium system, in which, among other things, he called special attention to some of the various providences that had attended the development of this movement. Mr. Horace Fletcher, of Venice, Italy, gave an address on "Chewing Reform," which unfolded the various possibilities that are wrapped up in the proper mastication of food. Dr. Mabel Howe-Otis then gave an enthusiastic talk on rational

food reform. The philosophy of true healing was next considered in a most effective and convincing manner by Dr. Waggoner. After this A. T. Jones presented in a way never to be forgotten by those present the basis of true temperance reform. He drew a striking parallel between the symptoms of national decay that may be seen at present in this country and the causes of the downfall of the nations of antiquity.

Dr. Paulson set forth the methods successfully adopted in the battle against stimulants and narcotics. W. S. Sadler pointed out the value of natural remedies in gospel work in the dark portions of our large cities. Dr. Read, of Philadelphia, spoke from personal experience with reference to the utility and value of these methods in foreign fields. Dr. Colver gave a stereopticon account of these principles as adopted by the National Cash Register Factory in Dayton, Ohio.

Dr. Nicola, of Melrose, Mass., pointed out the progress that physiological principles have been making in medical thought. Addresses were also given by Dr. Mary Wild Paulson, Drs. Edwards, George, Hayward, Colloran and Heald. Personal testimony to the value of these principles was given by Mr. Ossig and Mr. Weinberg.

It was one of the most remarkable gatherings we ever attended. The intense interest manifested can be imagined by the reader when we state that the exercises lasted from 11 in the forenoon until 7 at night, with only a brief intermission for lunch, and nearly the whole audience stayed that length of time. Although they were upon the grounds of the World's Fair they ignored entirely for the time being its thousands of attractions. The Spirit of the Lord was present in a marked manner and every speaker was evidently conscious of special help in presenting these great truths on this important occasion.

Following the addresses a hygienic dinner was served to two hundred specially-invited guests in the dining room of the Christian Endeavor hotel adjoining the Fair grounds. Among those present were many men filling positions of great responsibility; among them the Japanese commissioner at the Exposition. A favorable impression of right principles was created by this day to an extent which we shall probably never be able to estimate in this life.

NEWS AND NOTES.

Eric Caro, Napier, New Zealand, has ordered one thousand copies of the next LIFE BOAT.

Dr. White and Dr. Eshelman visited the Chicago work and spent a night at the Life Boat headquarters at Hinsdale.

Preserve the article on "The Book of Books" in this LIFE BOAT. You will want to read it again in the future.

Dr. Kellogg was selected by the governor to represent the State of Michigan at the International Tubercular Congress, recently held at St. Louis, and was elected first vice-president for the coming year.

We trust that our readers who will yet visit the St. Louis exposition will not fail to spend a little time at the Life Boat exhibit in the educational building. It is located near the Battle Creek Sanitarium exhibit.

When it is in the heart to obey God, when efforts are put forth to this end, Jesus accepts this disposition and effort as man's best effort, and makes up for the deficiency with His own divine merit.

W. T. Dawson, Memphis, Tenn., writes:

"I was glad to receive a copy of our friend, THE LIFE BOAT. Its touching stories bring tears to the eyes, and rejoicing to the heart. One prisoner who happened to get a copy told me that the jails would not get a chance to get him again, as he had left off drinking.

"Who can tell how much good has been done to heartsick, sinsick men and women by the lifeline thrown out by this soul-winner. Keep sowing the good seed, for good seed, like good thoughts, will bear fruit in eternity."

One whose heart had been touched by the needs of St. Louis wrote: "The Lord bless you and save the troubled ones. A very low railroad rate is offered here to the Fair, making it quite an inducement, but I want to help the needy whom Jesus came to save, instead of going to the Fair, so I will enclose ten dollars. My heart is yearning to help and encourage some sad heart. The joy of His presence is so sweet that I want all to come to Him and drink of the water of life."

The Seigel & Cooper department store is one of the largest in the world. In their splendid restaurant they recently set aside a department as a Battle Creek Sanitarium Cafe. Here are provided exclusively whole-

some and up-to-date vegetarian meals. It will probably be but a short time before all the leading restaurants will take similar steps to supply the increasing demand on the part of the public for pure and wholesome foods prepared from the natural products of the earth.

An inmate of the Kansas State Reformatory writes from the State Hospital: "I was sent to the Industrial Reformatory last fall and later was sent to this hospital for treatment, but I have not forgotten THE LIFE BOAT, for it did me good when I was there. Now, I want you to send me a copy here so I can enjoy myself, for it always taught me something every time I read it, and I am lonesome here without it. Please write me a long letter and I shall feel better. No one comes out here to preach to the patients. When I get out I am going to live a good life and work for THE LIFE BOAT, for it is leading many into the paths of righteousness, and I am one that has been led."

Mrs. N. H. Richmond writes: "On my return to Grand Rapids I found everything connected with the Michigan Home for Girls in a flourishing condition. The farm has brought forth abundantly. We sat down to a splendid dinner made up entirely of food that had been raised on our own ground and prepared by a girl living in our home. The girls are all busily engaged in canning fruit for the winter. This is the happiest family I ever saw. The glory of God seems to shine out of every face. There is no discord, no back-biting, and all are trying to do their duty in a spirit of love and cheerfulness."

Mrs. F. D. Nordyke writes:

"We are making a Life Boat trip and especially interesting people in prison work. We meet many who appreciate the work of THE LIFE BOAT. I spoke before the W. C. T. U. in Worcester, Mass.; also called on the jail chaplain. All were interested in THE LIFE BOAT and will try to arrange for copies to be taken regularly next year.

"This morning we attended chapel service in the county penitentiary. THE LIFE BOAT had already entered the institution and the chaplain gave us a cordial welcome. He said: 'It is a blessed little book, and the boys enjoy it.'

"We enjoy our work very much and hope to be in Chicago to gain a deeper experience at the Life Boat Workers' convention."

PITY THE MAN IN THE WIRE ENTANGLEMENT.

An important device of modern warfare is the constructing of a maze of barbed wire entanglements through which it is almost impossible for the enemy to pass, and no one would blame a poor soldier for being caught in them.

The bad results of heredity, wretched homes and degrading environments in other respects during the early years of life are the wire entanglements which ensnare the feet and hedge up the progress of thousands of young men. Should we be surprised that some of them become entangled and are even landed behind prison bars?

It is because we take this view of the matter that once a year we send *THE LIFE BOAT* to almost every prison cell in America, and carry on all the time an extensive correspondence with these men and try to win for them friends who will hold out a helping hand to them at the expiration of their sentences. By so doing we have been able to help many a man to a useful life and have seen him reinstated into society and had the satisfaction of seeing him lay hold of divine power and thereby secure a genuine transformation of character.

Next April we shall issue another prisoners' number of *THE LIFE BOAT*. It will cost a thousand dollars to place this in the hands of every prisoner in this country, and we are entirely dependent upon the contributions of our readers to make this possible. Will you send us a liberal donation for this purpose thereby indicating the extent to which you pity the man who has been caught in modern social entanglements?

The Lord has made *THE LIFE BOAT* an evangelist, but someone must carry it around. If you have good limbs, why don't you order a few extra copies of this number and take it to your neighbors? It will preach in some of those homes when you are asleep, and over on the other shore you will have a share in the reward.

The sinner may resist Christ's love, may refuse to be drawn to Christ; but if he does not resist, he *will be drawn* to Jesus.

Lord Kelvin, the great English scientist, said that he would as soon believe that a book on botany came by itself as suppose that a flower had come by itself.

Do you want to get a beautiful Bible without its costing you a cent? Read the third page of the cover.

The 'phone number of the Life Boat Mission and the Life Boat Rest is Harrison 4772.

NOTIFY US OF MISTAKES.

We shall be very glad to have you notify us of errors which appear in our list or the failure of anyone to properly receive their *LIFE BOATS*.

A SUITABLE CHRISTMAS PRESENT

If you wish to give one of your friends a book that will be appreciated get Dr. J. Hudson Taylor's book containing an account of the thrilling missionary experiences connected with the founding of the China Inland Mission. We are sending it for four subscriptions to *THE LIFE BOAT*. We have sent out over twelve hundred of these books as premiums and all who have received them appreciate them very highly.

The November issues of the "Signs" will be special numbers. The publishers announce that they will be especially adapted to the sore, hungry needs of humanity. Twenty cents for the set of four. Address Pacific Press,

The four numbers of the November issue of *The Southern Watchman* will have illuminated covers and beautiful illustrations and the contents will be such as will prove of exceptional interest to the public.

It is designed to club these four numbers with our special Signs number, thus making a special set of five numbers for the use of the canvasser, so that each purchaser may have a supply of choicest Christian reading matter.

The price of the set of five numbers is only fifteen cents, or in clubs of ten or more ten cents per set.

Send orders to Southern Publishing Association, 1025 Jefferson street, Nashville, Tenn.

We trust this LIFE BOAT will awaken in the hearts of thousands of people a deeper interest in the study of the Bible.

If you wish to investigate advanced Bible truths send a stamp to the Bible Training School, South Lancaster, Mass., and you will receive a copy of a paper that will help you.

Why will people pay a dollar for a bottle of patent medicine largely composed of cheap whiskey and other dangerous substances, when they can secure *Good Health*, the choicest health magazine, for an entire year for the same sum?

If you do not understand why we recommend this paper so highly, send ten cents for a sample copy to *Good Health*, Battle Creek, Mich., and then you yourself will recommend it to others.

A NEW BOOK.

"Our Paradise Home" is a new book just issued. Its author, Pastor S. H. Lane, in the book treats of the permitting of sin, the fall of Satan, promises of God to Abraham, the three heavens, the three worlds, two Jerusalems, two kingdoms—of grace and glory, the transfiguration, the rest that remains, the two resurrections, the millenium, and description of the kingdom of glory and the New Jerusalem.

This book is meeting with a rapid sale, twenty thousand of them having been sold in the past three months. It cheers the heart of every reader by presenting to him in an attractive manner the glories and realities of the world to come. The book contains 128 pages, nicely illustrated; price, board binding, 25 cents; cloth binding, 50 cents. Address New York Tract Society, 317 West Bloomfield street, Rome, N. Y.

DONATIONS TO LIFE BOAT MISSION.

Laura Beamer, \$1; James Beamer, \$1; Sophia Brewster, \$4; Mrs. Catherine Clarke, \$5; Mr. and Mrs. J. E. Dennis, \$8; James Davis, \$1; a friend, \$1; Lottie Gourive, \$5; Henry Hirschberger, 15c; Lulu Kromer, \$1; Mrs. J. H. Powell, \$4; Amy Rawlinson, 75c; Mrs. Eliza Smith, \$2.80; Mrs. Mary Whisler, 15c; Mrs. Jennie Westing, \$5; Mary A. Washburn, 50c; G. A. Wayne, \$2; E. Walton, \$8; T. S. Anderson, \$1; Gertrude Atkinson, \$1.25; William Perham, 45c; H. Ricketts, 5c; Bertha Bierce, 75c; E. E.

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(Donations for other departments crowded out of this issue.)

OUR DIRECTORY.

- American Medical Missionary College, 28 Thirty-third Place.
- Chicago Branch Sanitarium, 28 Thirty-third Place.
- Workimgmen's Home, 1339 State Street.
- Life Boat Mission, 436 State Street.
- Life Boat Rest for Girls, 436 State Street.
- Life Boat Rest Suburban Home, Hinsdale, Ill.
- American Medical Missionary Dispensary, 3558 Halsted Street.
- Hygeia Dining Rooms, 5759 Drexel Avenue.
- Battle Creek Sanitarium Health Food Store, 3314 Cottage Grove Avenue, and 309 Dearborn Street.
- North Side Treatment Rooms, 76 Hill Street.
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- The Life Boat, Hinsdale, Ill.

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**The Life Boat Mission
Rent Fund**

.....190

To the Supt. of The Life Boat Mission, 436 State St., Chicago, Ill.:

I hereby promise to give the sum of 10c, 25c, 50c, \$1.00 each month for one year, to be used in paying the rent of THE LIFE BOAT MISSION.

SIGNED.....

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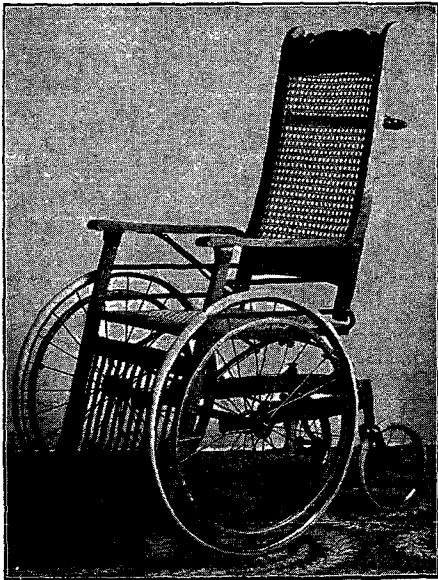
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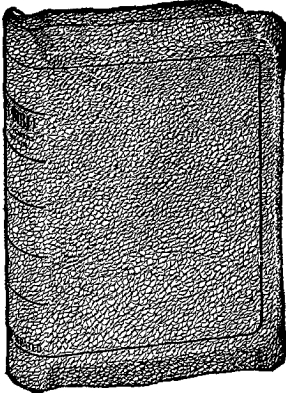
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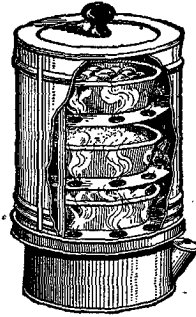


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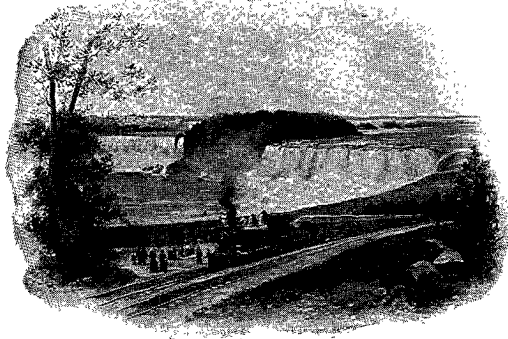


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